

T H E W E T S E T

PACIFIC NORTHWEST ASSOCIATION OF MASTERS SWIMMERS AAU

Board of Directors

President Steve Engel 839-8889
 Vice-Pres. Tom Foley 937-5585
 Secretary Audrey Gilvert 772-2438
 Treasurer Jack Miller 223-6878

APRIL 29,30 May 1 Portland, Oregon
 Regional Short Course Championship

MAY 13,14,15 Short Course Nationals
 Ft. Lauderdale, Florida

Representatives-at-large

Fred Wiggin 542-4857
 Russ Hall 631-6685
 Bob Jacobs 352-1346 (Olympia)

AUGUST 25-27 Long Course Nationals,
 Spokane, Washington

(June, July events still tentative)

Committees

Awards Sue Dills 232-3654
 Meets Fred Wiggin 542-4857
 Membership Tom Foley 937-5585
 Newsletter Susan Dearborn 329-6086
 Publicity Bob Musselman 848-1410
 Records Janet Russell 828-0640

Team Representatives

Best -Janet Russell 828-0640
 Downtown Y -Wally Hampton 447-4508
 Highline -Paul Murphy 762-6680
 Newport Hills -Sue Dills 232-3654
 Red Shield -Gary Ladd 932-4850
 Skagit Valley -Ed Johnson 336-5759
 (Mt. Vernon)
 The Other Team -Kirk Adams 282-1966

C O M I N G E V E N T S

FEBRUARY 18-20 Gonzaga U. Spokane
 Meet: Forms available 329-6086
 Entry deadline Feb. 16.

FEBRUARY 27, Sunday. Vancouver,
 Washington Open Meet, sponsored by
 the Oregon Assoc.

MARCH 6, Sunday. Anacortes, Wash. Open
 Meet, beautiful new pool, Skagit
 Valley Team is sponsoring & needs
 support to keep their pool opera-
 ting. One hour-forty-five minutes
 driving time from Seattle! Let's
 go--MEET ENTRY FORM IN THIS LETTER.

MARCH 12, 13 Walla, Walla meet at the
 Sherwood Center Pool, Whitman College.
 New group needing support!

MARCH 12, 13 Crawfish Masters Open, Baton
 Rouge, Louisiana. (Their publicity is
 very good.)

MARCH 8 Next Board Meeting, 3401 E. Mercer
 St., Seattle, 7 pm. SWIM-A-THON pledged
 money due then.

MARCH 17 PNA Board of Managers and Inspira-
 tional Swimmers Ballots due back to
 PNA Secretary Audrey Gilbert. Ballots
 in this newsletter. Vote and mail now!

APRIL 1,2 PNA Short Course Championship at
 Pacific Lutheran College. PNA Banquet
 following at The Poodle Restaurant in
 Fife (Washington)

PRESIDENT'S MESSAGE

Steve Engel

Going to Nationals in Spokane?

August 25-27 we want to go
 to Spokane and win a team national
championship!

In order to seek maximum partici-
 pation from our membership our
 Board is negotiating with the city
 park department to set up Masters
 Workouts (with coaching) at Coleman
 Pool. Secondly, we are adding a
 (preliminary) Long Course Meet to
 our schedule for late May or early
 June. Thirdly, we are setting up
 a committee for Nationals in
 Spokane (Sue Dills, chairperson,
 232-3654), to correlate entries,
 relays, and accomodations.

In the past, the Long Course
 Nationals have attracted around
 500 people. With the potential we
 have from our association, we could
 enter possibly 100 people or 20% of
 the expected meet total. That
 means, with the number of strong
 swimmers that we have, that WE
 CAN WIN!

Please start plans to attend
 and let Sue Dills know that you're
 interested. (cont. on back)

SWIM-A-THON or \$5700 +

I swam a "Thon" Sunday and
 felt marvelously invigorated. A
 "thon" to my way of thinking is
 a mile. It was heartening to
 know I could do it, so now I can
 enter the 1650 probably without
 embarrassing myself at meets.
 When I got out of the water, memory
 of my thon still dripping from me,
 Fred Wiggin and Tom Foley said,
 "already?" "Already, what?" I
 replied suspiciously since both
 swimmers are known for prodigious
 water feats which they naturally
 assume others indulge in, too.
 "What do you mean "what"?"
 they commented. "You did your 200
 laps already?"
 "No," I said, that's almost
 three thons. I only did one thon.
 Well, I was told, 200 is the usual
 figure to try for, and 24 of our
 number succeeded, and most con-
 (cont. on back)

February 1, 1977 PNA BOARD MEETING

The meeting was held at the home of Susan Dearborn, 3401 E. Mercer St., Seattle.

The nominations committee has picked the slate of officers. Information and ballots in the next newsletter. All ballots must be returned to the Secretary, Audrey Gilbert, 10415 Forest Av S., Seattle, WA 98178, by March 17. The back of the ballot is addressed, just fold, stamp & mail.

Plans are being finalized for the PNA Banquet April 2nd. This will be held after the PNA Championship Meet at PLU in Tacoma at the Poodle Restaurant in Fife (just off of I-5 near Tacoma City Limits). Happy hour is set at 5 PM. The meet will start with warm-ups at 10:00, and run from 11:00 to 4:00 PM so persons can go directly to the restaurant at the finish of the meet. Reservations will be pre-paid with meet entry.

Plans for the Swim-A-thon are in full swing for February 13, 11:00 to 5:00. There is a good response from members for sign-up swim times.

\$11.00 in checking; \$1168.00 in savings.

There are currently 179 paid PNA members, plus 20 AAU only.

First through 6th place team trophies will be awarded at the banquet for team winners at the PNA championship meet. One first place trophy will be awarded for the year's high point team.

Sue Dills volunteered to be Nationals Committee Chairman. She will begin coordinating now for a PNA Nationals Team and will appoint people to obtain information on lodging, transportation, promotion, etc.

Plans are being formulated for use of Coleman Pool for workouts during the summer for swimmers entering the Nationals Meet in Spokane in August. (25, 26 and 27).

The next meeting will be on March 8 at the home of Susan Dearborn, 3401 E. Mercer, Seattle at 7 PM (324-4945).

PRESIDENT's Message (cont.)

Also, try to contact all the former Masters Swimmers who are not swimming now--they may be interested in participating in this. And, of course, let others know who might like to join. We need all the support we can get! I hope you will start training harder for this summer. There will be more articles on the meet during the spring as well as announcements concerning the Coleman workouts.

As of now, I have not received information regarding Short Course Nationals, May 13,14,15. Our hope PNA will be well represented and I will be coordinating entries for the association again this year. Entry and accomodation information is expected by the time of our next newsletter. As you know the Short Course Nationals are to be held in Ft. Lauderdale, Florida this year.

SWIM-A-THON (cont.)

tribute, then, about \$50 to the HEART ASSOCIATION.

"Me, too," I added meekly. "That includes my parents, children, a few neighborhood acquaintances, and some of my lunch companions at 10¢ a lap."

"Good grief, you're expensive," both concluded explosively.

"Right," I replied sensitively, "and besides I think I can still use my arms for the afternoon which otherwise....on nevermind," I said.

There were 42 swimmers all together, 18 of whom did less than almost three thons and we have pledges for more than \$5700 since Bill McAndrews is probably still swimming and had pledge sheets resembling the government employment roster. Channel 4 thanked me for phoning in results and Channel 5 said they already had the information. "How'd you do that," I asked, "since I just got the results."

"Our producer says he knows, and if he says so, he does," I was reprimanded.

"Well, I bet we made over a million lira, he doesn't know that," I added while ringing off. And furthermore, he doesn't know that no one from the Heart Association showed up nor were we provided with an adequate number of receipts for pledge monies received. The latter fact gave enough headaches to those running the SWIM-A-THON to raise the question for next year of donating to mental health. And, anyway, the SWIM-A-THON was successful and we overreached our goal.