
 * !!! *
 * GOOD LUCK! *
 * PNA SWIMMERS *
 * at *
 * SC NATIONALS! *



April, 1981
 Pacific Northwest Association
 of Masters Swimmers
 Kathy Crandell, Editor
 11114 - 111th St. S. W.
 Tacoma, Washington 98498
 588-4879

MEET SCHEDULE & CALENDAR

NOTE NEW LOCATION!!! ↘

April 7	Board Meeting, Kathy Crandell's (11114 - 111th St. S.W., Tacoma)	June 6	Corvallis (ORE) IC
April 11-12	Mt. Hood Comm. Coll. (ORE)	June 14	Anacortes, SC
April 12	Cheney (IEA)	June 16	Board Meeting
May 1-3	SC Regional Champs., UW Pool	June 20-21	Hermiston (ORE) IC
May 5	Board Meeting, Kathy Crandell's	July 12	Mt. Hood Comm. Coll. (ORE) IC
May 22-25	SC Nationals, Irvine, Ca.	July 24-26	LC Regional Champs. (Tentative)
		Aug. 13-16	LC Natl. Champs., Canton, Ohio

BOARD HIGHLIGHTS

SEATTLE--President Judy Harrison called the meeting to order. Secretary Sue Dills read the minutes of the last meeting. Carolyn Behse read the Treasurer's Report. Fred Wiggin briefed everyone on upcoming meets. Bill Castner reported the PNA broke even on medals at the Summer meet. Cookie Justesen reported the membership drive is going well. The Board "gave three cheers" to Summer for another superb meet. Walt Reid reported 24 PNA records were broken at the Summer meet. Juanita Correa broke two national records: 50 back--:33.5 (old record--:34.8) and 200 back--2:39.5 (old record--2:42.7). Russ Hall reported PNA T-shirts, patches, and caps will be for sale at future meets. All PNA members are advised there has been a change in PNA officers since the last newsletter. Russ Hall will be president and Jim Miles will be vice-president. All women swimming at Regionals are to notify Juanita Correa, 6601 128th Ave. S. E., Bellevue 98006, 747-1734, of their 50 yard times in all strokes so she can put together PNA relays for Regionals. All men swimming at Regionals are to notify Sue Dills, 2459 - 62nd S. E., Mercer Island 98040, 232-3654, of their 50 yard times in all strokes so she can put together PNA relays for Regionals. Judy Harrison thanked everyone on the Board and all committee chairmen for a wonderful two years of service. The next Board meeting will be Tuesday, April 7, at 7:30 p.m. at Kathy Crandell's house, 11114 - 111th St. S. W., Tacoma. The May Board meeting will also be at Kathy Crandell's house on Tuesday, May 5, at 7:30 p.m. The meeting was adjourned by President Judy Harrison.

HELP IS NEEDED!!! Please check one or more of the following and return to Judy Harrison, 5505 - 127th N. E., Kirkland, WA. 98033, or call 822-3988.

Awards _____	Community Service _____	Money Raisers _____	Records _____	Travel _____
Banquet _____	Membership _____	<u>Newsletter</u> _____	Sunshine _____	Coordinator _____
Finance _____	Meets _____	Publicity _____	Stroke Clinic _____	NEWSLETTER TEAM IS RETIRING! VOLUNTEER!

Count me in. I would love to help! NAME _____

ADDRESS _____ CITY _____ ZIP _____ PHONE _____

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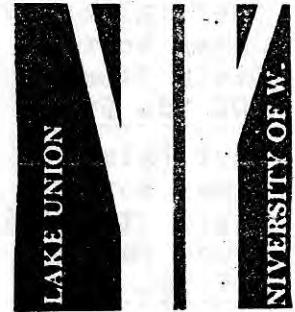
J. Wade
 G. Kinderman
 G. Lightfoot
 M. Urich 1:49.08
 200 Yd. Medley
 20 yrs.
 J. Wade 1:57.27
 G. Lightfoot
 L. Johnson
 G. Kinderman

Regional banquet will be held at the (Seattle) Sherwood Inn at the intersection of I-5 and N.E. 45th in the University District. There will be a no-host cocktail hour from 5:30-6:30 PM. (Drinks range in price from \$1.50-2.00.) Dinner will be served at 6:30 P.M. The menu includes cornish game hen, rice, tossed green salad, vegetable, rolls, dessert, coffee, tea, or milk. Price is \$10; tax and tip included. Reservations must be made by Friday, April 24th. Banquet tickets will be available for paid reservations at the awards table at the meet.

A. Wedaman
 J. Miles 2:00.77 Program will be brief.
 R. Risler
 D. Swenson



45th



RESERVATION FORM

Make checks payable to:

PNA MASTERS SWIMMERS

Deadline: Friday, April 24th

NAME _____

Mail to:

I will attend banquet.

Total number in party _____

Jan Twight
 4716 NE 45th
 Seattle, WA 98105

@ \$10

X

\$10.00

TOTAL ENCLOSED _____

NEXT NEWSLETTER

DEADLINE--MAY 5!

1981 PNA MASTERS SWIMMERS #79310
 and AAU APPLICATION

PNA/AAU for 1981 is a combined total fee of \$12.00. This includes \$6.00 for the AAU which covers mandatory insurance coverage. Senior citizens pay only 1/2 the PNA portion for a total fee of \$9.00. Send in the application no later than 3 days prior to a meet.

Please complete the form, sign it, and mail it with payment to: COOKIE JUSTESEN
 22704 - 73rd Pl. W.
 Mountlake Terrace, Wa.
 98043

DATE: _____

FULL NAME: _____ M F BIRTHDATE _____ AGE _____

ADDRESS: _____ CITY _____ ZIP _____

COUNTY: _____ U.S. CITIZEN? YES NO PHONE _____

OCCUPATION: (optional) _____ BUS. PHONE _____

1. If previously registered and you represented a different association (i.e., Oregon, IEA, Snake River, etc.) what was the date of your last competition as a member of that association? _____ PNA/AAU \$12.00
 Senior Citizens (65+) pay..... \$ 9.00

2. If you were previously registered in another association, indicate which one and the year(s): _____ TOTAL ENCLOSED \$ _____

ASSOCIATION NAME: _____ YEAR(S) _____

APPLICANT SIGNATURE _____

MAKE ALL CHECKS PAYABLE TO: PNA MASTERS SWIMMERS

FOR IEA MEETS CONTACT:
Harry J. Lewis
E. 944 - 39th Ave.
Spokane, WA. 99204

FOR ORE MEETS CONTACT:
Earl Walter
3904 S. W. 57th Ave.
Portland, ORE. 97221

FOR MONTANA MEETS CONTACT:
Montana Grizzlies, Jim Wardwell
2400 Old Ford Road, #221
Missoula, Montana 59801

Dear Swimmers:

We are so very fortunate to welcome an outstanding slate of officers. Good luck, Russ, Jim, Florence, and Bill.

Being an officer is a very large responsibility and becoming bigger as our membership grows. In the last two years we have seen our membership double and as much as we welcome the growth and as exciting as this growth is, it is doubling the time required to complete the various jobs. We have had to schedule more meets, revise and streamline our methods of doing the newsletter, and do a total revampment of membership procedures. Ugh!! What we need now is help; we need new faces with new ideas. We are all busy people, but if we believe in Masters Swimming we need to give some time.

Teams need to pay their team dues and elect team representatives to attend the Board meetings.

How can I ever thank Rosie, Bill, Jim, Jan, Cookie, Fred, Kathy, Walt, Lee, Russ, Susan, Sue, and particularly Carolyn? God bless and thaks for your patience, perseverance and your help—what a team effort!!!!

See you all at the Championships and Regionals.

Keep Swimming,
Judy Harrison

NATIONALS *** NATIONALS *** NATIONALS *** NATIONALS *** NATIONALS *** NATIONALS *** NATIONALS *** NATIONALS

Short Course--All PNA entries must be sent in through Sue Dearborn, 3401 E. Mercer Way, Seattle, 98112, by Friday, April 17, 1981.

Long Course--Contact Darlene Ferguson, P. O. Box 8513, Canton, Ohio 44711, for information.

OSES!! To Lynda Bloomquist, Gordon Uhrh, and the Sumner club for a "fabumundo" meet! To President Judy Harrison, the officers, and committees for a well-served two years! To Cookie for the cookies! YUM! To Jan Twight for sending such lovely copy to the newsletter! To Dave Addleman and Bill Castner for such a fine job on the new championship medals.

REGIONAL RELAYS--All women notify Juanita Correa, 6601 - 128th Ave. S. E., Bellevue, 98006, 747-1734, of their 50-yard times in all strokes. All men notify Sue Dills, 2459 - 62nd S. E., Mercer Island 98040, 232-3654, of their 50-yard times. Also notify Sue and Juanita of any races you are swimming back to back with a relay so they can plan the best PNA relays for the Region XII Championships.

TEAM FEE PAYMENT FORM

Team Name _____

Team Rep _____

\$5.00 Fee Enclosed _____

Make checks payable to:
PNA MASTERS SWIMMERS

SEND FORM & PAYMENT TO:
Carolyn Behse
1321 - 177th N. E.
Bellevue, WA. 98008
(747-3889)

ATTENTION ALL TEAMS! The yearly team fee of \$5.00 is due NOW. Pay Carolyn Behse as soon as possible. If there are any questions, call Carolyn.

5th ANNUAL HAWAIIAN POSTAL RELAY MEET--To be swum anytime time during April 1981. Events are 4 x 50 yd. fly, 4 x 50 yd. back, 4 x 50 yd. breast, 4 x 100 yd. free, 4 x 200 yd. free, 4 x 100 yd. IM, and 500 yd. free (50 + 100 + 150 + 200). Fred Wiggin says PNA teams could easily break some of the meet records. The meet is sponsored by the Humuhumunukunukuapua'a Club. For entries and information contact Kathy Crandell, 11114 - 111th St. S. W., Tacoma, 98498, 588-4879, or Fred Wiggin, 16741 - 15th Ave. N. W., Seattle, 98177, 542-4857.