

2024 PNA COACH OF THE YEAR AWARD

Diana Hermanson

Bernardo's All-Stars

(from the article published in May-June issue of The WetSet)

PNA Coach of the Year!

By Sally Dillon, PNA President

Congratulations to Bernardo's All-Stars coach Diana Hermanson – PNA's 2024 Coach of the Year honoree!

After serving as an assistant coach for many years, Diana stepped into the head coaching job after the tragic death of BERN's founder, Chad Hagedorn. She brought not only a lifetime of swimming experience but also an unmatched "level of care" to her grieving team.

Bernardo's All-Stars has flourished as Diana has developed new training programs for swimmers of all levels. She has improved the fitness and performance of the team and started a new open water program that has become very popular. Her team members consider her to be one of the most dedicated and passionate coaches they've met.

Diana shows a willingness to share her coaching skills and information with others and has mentored many young coaches. She has influenced the greater PNA community by serving as a coach for Puget Sound Masters at the 2023 Spring Nationals.



*Diana Hermanson
with award*