

The Pacific Northwest Association of Masters Swimmers
Local Masters Swimming Committee

proudly announces its

2026 Dawn Musselman Inspirational Swimmer
Tamara Tulou

Tamara, the Bainbridge Aquatic Masters Booster Board and additional nominators sing your praises! “Tamara embodies the spirit of inspiration, dedication, and service that this award represents, and her contributions to our swimming community make a lasting impact on swimmers of all levels.”

Your commitment to BAM is profound. Swimming to improve your own health inspires your teammates. Your coaching, backing up head coach April, provides swimmers continued guidance, structure, and encouragement in the water. Your specialty workouts – featuring 200 IMs – challenge swimmers to grow in strength and confidence.

Out of the pool, you keep BAM running smoothly via weekly emails that include news, updates, and sign-ups that keep everyone informed and engaged. With your husband Dave, you generously built a new scoreboard from scratch to replace the old broken one.

Among your most remarkable contributions is your leadership as Meet Director for BAMFest, one of PNA’s most successful local meets for many years. From fun touches like rubber duckies for heat winners to the many logistical details needing attention to make the meet run well, you have made it happen. When the timing system failed, you manually entered split data to ensure accurate and complete results.

The BAM Booster Board concludes, “Through coaching, organization, problem-solving, and her constant encouragement of others, Tamara exemplifies the inspirational spirit that the Dawn Musselman Inspirational Swimmer Award celebrates. Your energy, generosity, and commitment make our team better every day.”

Tamara, for your inspiration to the entire membership of the Pacific Northwest Association of Masters Swimmers by your example of good sportsmanship, encouragement, and commitment, the PNA is proud to recognize you as our 2026 Dawn Musselman Inspirational Swimmer.

Linda Chapman, President



Steve Peterson, Selection Committee Chair

