DAWN MUSSELMAN INSPIRATIONAL SWIMMER 2006

The Pacific Northwest Association Local Masters Swimming Committee proudly presents the 2006 Dawn Musselman Inspirational Swimmer Award to **Jeanne Ensign**.

Jeanne, you have served Masters Swimming at the local, regional, and national administrative levels since joining USMS over twenty years ago. But this award honors you for what you do at the grassroots level here in the PNA. Quoting from Jesse Pace, who submitted your nomination:

"When I grumbled after swim practice that I was on my way to jury duty, Jeanne said softly, 'This is your chance to serve your community.' These unselfish words lingered on my mind for weeks as I thought of all the time and tireless energy Jeanne volunteers not just to her community but to her swim community as well. Jeanne speaks of swimming as her true love and gives back at every opportunity.

"Since joining USMS in the mid-eighties, Jeanne has volunteered her service on committees, held USMS board positions, helped organize meets and open water events like the Fat Salmon, and even helped with local triathlons. She is presently president of PNA and treasurer of GLAD. But her personal inspiration is her encouraging gift in sharing her love of the water. She takes time for new swimmers to explain the ropes and, though she is not the fastest swimmer, her technique is solid and she is always willing to share tips. When the team became coachless, Jeanne helped keep us together by becoming coach-credentialed. She is always available in a pinch when a coach is needed.

"Her commitment to her teammates is strong and dedicated. Despite a very demanding full time job, Jeanne has taken the time to accompany and sag for teammates on long bike, run or open water swim events. She will encourage consistent swimming attendance and even inspires walks or runs around the lake afterward. She never turns down an invitation for a Saturday social bike ride or lake swim, even in the winter!

"Her words expressing her love to give back inspired me to think more about what I can do, and to *pay it forward* as she has done."

Jeanne, for your inspiration to the entire membership of the Pacific Northwest Association of Masters Swimmers, and by your example of good sportsmanship, encouragement and commitment, the PNA is proud to recognize you as our 2006 Dawn Musselman Inspirational Swimmer.

For the PNA Board:

Hugh Moore, Secretary
For the Nominating Committee:





Steve Peterson