

**PNA LCM RECORDS AS OF 09-30-1979**

***** M E N ***** 18-24 ***** W O M E N *****										
28.40	08-14-76	PNA	R. SCHIMMEYER	50	M.	FREE	SHELLY MARSHALL	PNA	08-12-79	29.80
1:03.20	07-30-77	PNA	CHUCK KRIEBLE	100	M.	FREE	LISA ROHRER	PNA	08-12-79	1:15.70
2:24.80	07-30-77	PNA	CHUCK KRIEBLE	200	M.	FREE	LISA ROHRER	PNA	08-12-79	2:49.60
4:34.70	08-14-76	PNA	RICK COLELLA	400	M.	FREE	BETH BOEHMER	PNA	-76	6:17.80
17:33.20	08-14-76	PNA	RICK COLELLA	1500	M.	FREE	NANCY HOLMES	PNA	08-13-76	23:22.70
35.90	08-14-76	PNA	R. SCHIMMEYER	50	M.	BACK	LISA NEWELL	PNA	-77	36.70
1:16.30	07-30-77	PNA	CHUCK KRIEBLE	100	M.	BACK				
				200	M.	BACK				
				50	M.	BRST	JEAN FORBES	PNA	08-12-79	44.50
1:13.30	08-14-76	PNA	RICK COLELLA	100	M.	BRST	LOIS MCKENZIE	PNA	-77	1:33.10
2:37.60	08-14-76	PNA	RICK COLELLA	200	M.	BRST	LOIS MCKENZIE	PNA	-77	3:23.50
				50	M.	FLY	SANDI BAKER	PNA	-76	33.40
1:19.30	07-30-77	PNA	CHUCK KRIEBLE	100	M.	FLY	SHELLY MARSHALL	PNA	08-12-79	1:12.70
				200	M.	FLY	SHARON BROWN	PNA	07-30-77	4:27.90
2:42.30	07-30-77	PNA	CHUCK KRIEBLE	200	M.	I.M.	LISA ROHRER	PNA	08-12-79	3:13.10
5:03.70	08-14-76	PNA	RICK COLELLA	400	M.	I.M.				
***** M E N ***** 25-29 ***** W O M E N *****										
25.60	08-12-79	PNA	JIM HOGUE	50	M.	FREE	CAROL CUTLER	PNA	08-26-77	31.62
58.36	08-28-77	PNA	ALAN BELL	100	M.	FREE	CAROL CUTLER	PNA	08-28-77	1:10.72
2:09.34	08-28-77	PNA	RICK COLELLA	200	M.	FREE	LINDA KULCHINSKI	PNA	08-05-78	2:47.60
4:35.50	-79	PNA	BILL PENN	400	M.	FREE	BARB LINDSLEY	PNA	07-30-77	5:18.70
18:32.83	-79	PNA	BILL PENN	1500	M.	FREE	LYNN BELL	PNA	08-25-77	20:14.39
32.10	08-12-79	PNA	GARY HAFER	50	M.	BACK	KATHY BARTOL	PNA	07-13-74	39.20
1:10.10	08-12-79	PNA	GARY HAFER	100	M.	BACK	KATHY BARTOL	PNA	07-13-74	1:27.50
2:33.55	08-28-77	PNA	ALAN BELL	200	M.	BACK	KATHY BARTOL	PNA	07-13-74	3:23.30
34.70	-74	PNA	SKIP LARSCH	50	M.	BRST	KATHY BARTOL	PNA	07-13-74	42.30
1:13.61	08-27-77	PNA	RICK COLELLA	100	M.	BRST	LYNN BELL	PNA	08-27-77	1:25.08
2:54.78	08-26-77	PNA	TOM PURSLEY	200	M.	BRST	LYNN BELL	PNA	08-28-77	3:08.45
30.18	08-27-77	PNA	TOM COOPER	50	M.	FLY	LINDA KULCHINSKI	PNA	08-25-78	37.48
1:02.73	-79	PNA	BILL PENN	100	M.	FLY	LYNN BELL	PNA	08-28-77	1:09.50
2:22.91	-79	PNA	BILL PENN	200	M.	FLY				
2:20.57	08-27-77	PNA	RICK COLELLA	200	M.	I.M.	LYNN BELL	PNA	08-27-77	2:42.58
5:47.50	-74	PNA	MIKE SMITHERS	400	M.	I.M.	KATHY BARTOL	PNA	07-13-74	7:09.50
***** M E N ***** 30-34 ***** W O M E N *****										
26.50	07-30-77	PNA	PAUL MURPHY	50	M.	FREE	DONNA BURKHART	PNA	08-12-79	32.60
1:01.10	07-30-77	PNA	PAUL MURPHY	100	M.	FREE	SUE DILLS	PNA	08-03-75	1:13.20
2:23.59	08-28-77	PNA	PAUL MURPHY	200	M.	FREE	SUE DILLS	PNA	08-03-75	2:42.20
4:55.79	08-27-77	PNA	STEVE ENGEL	400	M.	FREE	SUE DILLS	PNA	08-27-77	5:41.90
19:13.83	08-25-77	PNA	STEVE ENGEL	1500	M.	FREE	SUE DILLS	PNA	08-25-77	23:15.84
34.10	-77	PNA	JIM MILES	50	M.	BACK	DONNA BURKHART	PNA	08-12-79	39.30
1:19.70	07-30-77	PNA	JIM PUCKETT	100	M.	BACK	DONNA BURKHART	PNA	08-12-79	1:27.50
2:59.60	08-12-79	PNA	MICHAEL MCCOLLY	200	M.	BACK	KATHRINE CRANDELL	PNA	-79	3:20.00
37.00	08-23-74	PNA	MACK HIRAYAMA	50	M.	BRST	KATHRINE CRANDELL	PNA	07-08-79	42.90
1:11.80	-74	PNA	TONY CANLIS	100	M.	BRST	KATHRINE CRANDELL	PNA	07-08-79	1:34.26
2:40.80	-77	PNA	TONY CANLIS	200	M.	BRST	KATHRINE CRANDELL	PNA	08-12-79	3:28.10
29.40	-76	PNA	JIM MILES	50	M.	FLY	LINDA KULCHINSKI	PNA	07-08-79	39.06
1:10.90	08-12-79	PNA	DAN RUEFF	100	M.	FLY	SUE DILLS	PNA	08-28-77	1:28.82
2:37.50	08-05-78	PNA	MIKE SMITHERS	200	M.	FLY				
2:36.70	08-05-78	PNA	MIKE SMITHERS	200	M.	I.M.	SUE DILLS	PNA	07-30-77	3:05.40
5:35.50	-75	PNA	STEVE ENGEL	400	M.	I.M.	SUE DILLS	PNA	07-30-77	6:40.00
***** M E N ***** 35-39 ***** W O M E N *****										
27.40	07-30-77	PNA	DAVE EMERY	50	M.	FREE	JUANITA CORREA	PNA	08-03-75	32.00
1:02.17	08-28-77	PNA	DAVE EMERY	100	M.	FREE	JUANITA CORREA	PNA	08-03-75	1:11.90
2:23.50	-75	PNA	MEL MCELROY	200	M.	FREE	JUANITA CORREA	PNA	08-03-75	2:46.20
5:11.50	-75	PNA	MEL MCELROY	400	M.	FREE	JUANITA CORREA	PNA	08-03-75	5:53.00
21:22.70	-75	PNA	MEL MCELROY	1500	M.	FREE	KAREN KOHLER	PNA	08-25-77	24:49.97
33.50	07-30-77	PNA	DENNIS DONOVAN	50	M.	BACK	JOY ROGERS	PNA	-78	44.87
1:14.80	08-28-77	PNA	DENNIS DONOVAN	100	M.	BACK	KAREN KOHLER	PNA	08-28-77	1:38.85
2:50.18	08-26-77	PNA	DENNIS DONOVAN	200	M.	BACK	KAREN KOHLER	PNA	07-30-77	3:31.30
43.60	07-30-77	PNA	JACK VAN LEUVAN	50	M.	BRST	MARYLOU HAUGLAND	PNA	07-30-77	41.80
1:29.10	-72	PNA	TOM LONG	100	M.	BRST	MARYLOU HAUGLAND	PNA	08-27-77	1:32.50
3:17.00	-72	PNA	TOM LONG	200	M.	BRST	MARYLOU HAUGLAND	PNA	08-26-77	3:20.50
29.00	07-30-77	PNA	DAVE EMERY	50	M.	FLY	JEAN ABRAMS	PNA	07-30-77	37.40
1:04.91	08-28-77	PNA	DAVE EMERY	100	M.	FLY	JEAN ABRAMS	PNA	07-30-77	1:39.20
2:50.74	-79	PNA	RICHARD NEWQUIST	200	M.	FLY				
2:44.84	07-22-78	PNA	STEVE ENGEL	200	M.	I.M.	MARYLOU HAUGLAND	PNA	-77	3:15.21
5:39.85	07-22-78	PNA	STEVE ENGEL	400	M.	I.M.	MARYLOU HAUGLAND	PNA	07-30-77	7:06.40
***** M E N ***** 40-44 ***** W O M E N *****										
29.90	-74	PNA	RON TAYLOR	50	M.	FREE	JUANITA CORREA	PNA	07-30-77	32.10
1:09.85	08-28-77	PNA	TOM LONG	100	M.	FREE	JUANITA CORREA	PNA	08-28-77	1:11.60
2:39.00	-77	PNA	KIRK ADAMS	200	M.	FREE	JUANITA CORREA	PNA	-77	2:37.96
5:48.20	-77	PNA	KIRK ADAMS	400	M.	FREE	MARTY DABROCK	PNA	-78	7:03.15

22:26.28	08-25-77	PNA	TOM LONG	1500	M.	FREE	MARTY DABROCK	PNA	08-06-78	27:14.20
36.50	08-14-76	PNA	RON TAYLOR	50	M.	BACK	KAREN BRYCE	PNA	08-14-76	47.10
1:24.11	08-28-77	PNA	RON TAYLOR	100	M.	BACK	JUANITA CORREA	PNA	08-28-77	1:25.48
3:31.70	07-30-77	PNA	JOHN ALLEN	200	M.	BACK	JUANITA CORREA	PNA	08-26-77	3:02.68
37.60	07-30-77	PNA	RON TAYLOR	50	M.	BRST	KAREN BRYCE	PNA	08-13-76	49.50
1:22.50	08-27-77	PNA	RON TAYLOR	100	M.	BRST	JOY ROSS	PNA	08-13-76	1:54.20
3:02.50	07-30-77	PNA	RON TAYLOR	200	M.	BRST	JOY ROSS	PNA	08-13-76	4:00.90
34.50	07-30-77	PNA	JIM DAVIES	50	M.	FLY	MARTY DABROCK	PNA	08-06-78	46.90
1:19.22	08-28-77	PNA	RON TAYLOR	100	M.	FLY	SHIRLEY LEHMAN	PNA	08-28-77	2:05.95
4:11.70	07-30-77	PNA	JOHN THOMAS	200	M.	FLY				
2:53.20	07-30-77	PNA	RON TAYLOR	200	M.	I.M.	MARTY DABROCK	PNA	08-28-77	3:52.72
7:49.60	07-30-77	PNA	JOHN THOMAS	400	M.	I.M.	MARTY DABROCK	PNA	08-05-78	7:59.10

***** M E N ***** 45-49 ***** W O M E N *****										
29.30	07-30-77	PNA	ROBERT DORSE	50	M.	FREE	PAT DOTSON	PNA	08-03-75	38.00
1:06.90	08-14-76	PNA	BILL MCANDREWS	100	M.	FREE	PAT DOTSON	PNA	08-03-75	1:29.90
2:39.80	08-14-76	PNA	BILL MCANDREWS	200	M.	FREE	JANET TWIGHT	PNA	08-12-79	3:40.00
5:45.60	08-12-79	PNA	KIRK ADAMS	400	M.	FREE	MARTY DABROCK	PNA	08-12-79	7:01.80
23:16.20	08-14-76	PNA	BOB MILLER	1500	M.	FREE	MARTY DABROCK	PNA	07-08-79	27:00.20
37.10	08-03-75	PNA	JOHN PAT HILL	50	M.	BACK	PAT DOTSON	PNA	-75	51.00
1:34.72	08-28-77	PNA	JOHN PAT HILL	100	M.	BACK				
3:46.99	08-28-77	PNA	JOHN PAT HILL	200	M.	BACK	MARTY DABROCK	PNA	08-12-79	3:57.20
40.10	07-30-77	PNA	TOM TAYLOR	50	M.	BRST	PAT DOTSON	PNA	08-03-75	49.80
1:35.54	08-28-77	PNA	TOM TAYLOR	100	M.	BRST	JANET TWIGHT	PNA	08-25-78	1:55.47
3:31.51	08-28-77	PNA	TOM TAYLOR	200	M.	BRST				
32.16	08-27-77	PNA	BILL MCANDREWS	50	M.	FLY	JANET TWIGHT	PNA	08-13-76	52.20
1:20.04	08-28-77	PNA	BILL MCANDREWS	100	M.	FLY	JANET TWIGHT	PNA	08-13-76	2:15.05
				200	M.	FLY	MARTY DABROCK	PNA	07-08-79	4:01.62
3:17.60	07-30-77	PNA	TOM TAYLOR	200	M.	I.M.	JANET TWIGHT	PNA	-78	4:10.87
				400	M.	I.M.	MARTY DABROCK	PNA	07-08-79	7:59.95

***** M E N ***** 50-54 ***** W O M E N *****										
33.20	07-30-77	PNA	JOHN STAUB	50	M.	FREE	PAT DOTSON	PNA	07-30-77	37.70
1:18.32	08-28-77	PNA	JOHN STAUB	100	M.	FREE	PAT DOTSON	PNA	07-30-77	1:29.40
3:05.32	08-28-77	PNA	JOHN STAUB	200	M.	FREE	PAT DOTSON	PNA	08-28-77	3:13.24
6:52.10	07-30-77	PNA	JOHN STAUB	400	M.	FREE	PAT DOTSON	PNA	08-28-77	6:54.80
27:26.58	08-25-77	PNA	JOHN STAUB	1500	M.	FREE	DORIS HILES	PNA	08-25-77	32:39.28
43.20	08-14-76	PNA	CHARLES MCINTYRE	50	M.	BACK	LOIS KELLER	PNA	07-30-77	54.50
1:38.10	07-30-77	PNA	CHARLES MCINTYRE	100	M.	BACK	MARYANN BURKE	PNA	08-06-78	2:25.60
3:49.71	08-28-77	PNA	CHARLES MCINTYRE	200	M.	BACK	VERA WOODWORTH	PNA	07-13-74	4:59.20
42.90	08-03-75	PNA	L.DONA	50	M.	BRST	MAXINE CARLSON	PNA	-74	55.10
1:50.40	08-27-77	PNA	M.RUBIN	100	M.	BRST	LOIS KELLER	PNA	07-30-77	2:05.30
3:35.20	08-03-75	PNA	L.DONA	200	M.	BRST	MAXINE CARLSON	PNA	07-13-74	4:38.60
43.60	08-05-78	PNA	JOHN KORUGA	50	M.	FLY	PAT DOTSON	PNA	08-27-77	41.72
				100	M.	FLY				
				200	M.	FLY				
				200	M.	I.M.	PAT DOTSON	PNA	07-30-77	3:38.30
				400	M.	I.M.				

***** M E N ***** 55-59 ***** W O M E N *****										
36.43	08-28-77	PNA	LAURENCE STRAKER	50	M.	FREE	MAXINE CARLSON	PNA	08-28-77	50.32
1:23.40	07-30-77	PNA	ISAAC LEVY	100	M.	FREE	MAXINE CARLSON	PNA	08-28-77	1:56.11
3:26.69	08-28-77	PNA	LAURENCE STRAKER	200	M.	FREE	MAXINE CARLSON	PNA	08-12-79	4:15.30
7:17.50	07-30-77	PNA	ISAAC LEVY	400	M.	FREE	MAXINE CARLSON	PNA	-77	9:15.92
				1500	M.	FREE				
42.60	08-23-74	PNA	FRED WIGGIN	50	M.	BACK	MAXINE CARLSON	PNA	-75	54.70
1:46.51	08-28-77	PNA	LAURENCE STRAKER	100	M.	BACK	MAXINE CARLSON	PNA	08-03-75	2:04.20
3:28.30	08-23-74	PNA	FRED WIGGIN	200	M.	BACK				
				50	M.	BRST	MAXINE CARLSON	PNA	07-30-75	56.70
				100	M.	BRST	MAXINE CARLSON	PNA	08-27-75	2:09.20
				200	M.	BRST	MAXINE CARLSON	PNA	-77	4:40.71
				50	M.	FLY	MAXINE CARLSON	PNA	07-30-77	1:03.20
				100	M.	FLY				
				200	M.	FLY				
3:44.30	08-23-74	PNA	FRED WIGGIN	200	M.	I.M.	MAXINE CARLSON	PNA	08-05-78	4:39.00
				400	M.	I.M.				

***** M E N ***** 60-64 ***** W O M E N *****										
37.00	08-23-74	PNA	KARL FREDERICK	50	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	36.23
1:35.00	08-05-78	PNA	JOHN DOWNEY	100	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	1:25.86
3:19.20	07-30-77	PNA	GENE CADDY	200	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	3:23.47
6:51.10	08-23-74	PNA	GENE CADDY	400	M.	FREE	DAWN MUSSELMAN	PNA	-77	7:29.90
28:23.73	08-25-77	PNA	GENE CADDY	1500	M.	FREE	LEE HOLM	PNA	08-25-77	35:05.73
43.90	07-30-77	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	07-30-77	47.50
1:34.89	08-26-77	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	1:44.68
3:25.97	08-28-77	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	3:57.74
43.60	08-14-76	PNA	KARL FREDERICK	50	M.	BRST				
1:41.50	07-11-76	PNA	KARL FREDERICK	100	M.	BRST				
3:42.60	08-14-76	PNA	KARL FREDERICK	200	M.	BRST				

40.40	08-14-76	PNA	KARL FREDERICK	50	M.	FLY
1:45.70	08-23-74	PNA	GENE CADDY	100	M.	FLY
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY
3:33.00	08-23-74	PNA	GENE CADDY	200	M.	I.M.
8:03.80	-74	PNA	GENE CADDY	400	M.	I.M.

\*\*\*\*\* M E N \*\*\*\*\* 65-69 \*\*\*\*\* W O M E N \*\*\*\*\*

36.40	08-12-79	PNA	FRANCIS JOWETT	50	M.	FREE	DAWN MUSSELMAN	PNA	08-12-79	38.40
1:29.90	07-30-77	PNA	ART ERICKSON	100	M.	FREE	DAWN MUSSELMAN	PNA	08-05-78	1:32.60
3:19.90	07-30-77	PNA	ART ERICKSON	200	M.	FREE	DAWN MUSSELMAN	PNA	08-05-78	3:43.90
				400	M.	FREE	DAWN MUSSELMAN	PNA	08-12-79	7:35.00
34:34.50	07-23-74	PNA	ED UNDERHILL	1500	M.	FREE	MARION MUELLER	PNA	08-28-77	39:55.75
49.60	08-12-79	PNA	GENE CADDY	50	M.	BACK	DAWN MUSSELMAN	PNA	08-12-79	47.50
1:47.10	08-12-79	PNA	GENE CADDY	100	M.	BACK	DAWN MUSSELMAN	PNA	08-05-78	1:50.80
3:49.23	08-28-77	PNA	ART ERICKSON	200	M.	BACK	DAWN MUSSELMAN	PNA	08-12-79	4:00.40
45.20	08-12-79	PNA	KARL FREDERICK	50	M.	BRST				
1:44.75	07-08-79	PNA	KARL FREDERICK	100	M.	BRST				
				200	M.	BRST				
43.54	07-08-79	PNA	KARL FREDERICK	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
3:45.50	08-12-79	PNA	GENE CADDY	200	M.	I.M.				
8:15.00	08-12-79	PNA	GENE CADDY	400	M.	I.M.				

\*\*\*\*\* M E N \*\*\*\*\* 85-89 \*\*\*\*\* W O M E N \*\*\*\*\*

52.90	08-05-78	PNA	ROBERT SIMMONDS	50	M.	FREE				
2:08.30	08-05-78	PNA	ROBERT SIMMONDS	100	M.	FREE				
4:39.10	08-05-78	PNA	ROBERT SIMMONDS	200	M.	FREE				
10:11.90	08-05-78	PNA	ROBERT SIMMONDS	400	M.	FREE				
38:36.50	08-05-78	PNA	ROBERT SIMMONDS	1500	M.	FREE				

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20 + RELAYS  
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200 FREE MEN

200 MEDLEY MEN

200	FREE	WOMEN	MARY MARTHA MCINTYRE S.HEPPERMAN	K.CHESELDON NELSON	08-14-76	2:27.10
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200	MEDLEY	WOMEN	MARY MARTHA MCINTYRE S.HEPPERMAN	NELSON CAHILL	07-30-77	2:41.70
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200 FREE MIXED

200 MEDLEY MIXED

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25 + RELAYS  
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200	FREE	MEN			08-26-77	1:45.75
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200	MEDLEY	MEN			08-27-77	1:59.69
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200	FREE	WOMEN	BARB LINDSLEY JULIE CORMAN	CAROL BROWN MARGARET BROWN	08-26-77	2:05.75
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200	MEDLEY	WOMEN	JULIE CORMAN MARGARET BROWN	MARY BETH PHELAN NORMA HURLOCKER	08-27-77	2:31.17
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200	FREE	MIXED	GARY HAFER BARB LINDSLEY	MARGARET BROWN FRANK WARNER	08-28-77	1:54.08
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200	MEDLEY	MIXED	K.CHESELDON MARY MARTHA MCINTYRE	W.CHESELDON CHARLES MCINTYRE	08-14-76	2:52.90
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35 + RELAYS  
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200	FREE	MEN			08-27-77	1:51.49
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200	MEDLEY	MEN			08-26-77	2:06.16
200	FREE	WOMEN	JEAN ABRAMS MARYLOU HAUGLAND	KAREN KOHLER JUANITA CORREA	08-26-77	2:18.31
200	MEDLEY	WOMEN	JEAN ABRAMS MARYLOU HAUGLAND	KAREN KOHLER JUANITA CORREA	08-27-77	2:36.59
200	FREE	MIXED	DAVE EMERY JUANITA CORREA	MARYLOU HAUGLAND DENNIS DONOVAN	08-28-77	2:01.01
200	MEDLEY	MIXED	TOM FOLEY KARL FREDERICK	SHIRLEY LEHMAN DAWN MUSSELMAN	08-14-76	2:43.20

\*\*\*\*\*  
45 + RELAYS  
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200	FREE	MEN			08-26-77	2:22.86
200	MEDLEY	MEN			08-26-77	2:26.76
200	FREE	WOMEN			08-26-77	2:54.27
200	MEDLEY	WOMEN			08-26-77	3:24.47
200	FREE	MIXED			08-28-77	2:33.96
200	MEDLEY	MIXED				

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55 + RELAYS  
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200	FREE	MEN			08-26-77	2:29.58
200	MEDLEY	MEN			08-26-77	2:49.98
200	FREE	WOMEN				
200	MEDLEY	WOMEN				
200	FREE	MIXED	DAWN MUSSELMAN FRED WIGGIN	MAXINE CARLSON KARL FREDERICK	08-14-76	2:50.50
200	MEDLEY	MIXED	FRED WIGGIN	MAXINE CARLSON	08-14-76	3:03.90