

PNA LCM RECORDS AS OF 09-30-1984

***** M E N ***** 18-24 ***** W O M E N *****										
26.89	06-26-83	PNA	BILL HAUGEN	50	M.	FREE	SHELLY MARSHALL	PNA	08-12-79	29.80
1:01.42	08-10-80	PNA	BART CARTER	100	M.	FREE	KIKO KIMURA	PNA	08-10-80	1:14.28
2:24.80	07-30-77	PNA	CHUCK KRIEBLE	200	M.	FREE	AMY RUST	PNA	08-06-83	2:40.93
4:34.70	08-14-76	PNA	RICK COLELLA	400	M.	FREE	AMY RUST	PNA	08-06-83	5:29.81
17:33.20	08-14-76	PNA	RICK COLELLA	1500	M.	FREE	AMY RUST	PNA	08-06-83	21:47.76
35.90	08-14-76	PNA	R. SCHIMMEYER	50	M.	BACK	MEG LLOYD	PNA	07-21-84	36.22
1:05.53	07-21-84	PNA	SCOTT SEELYE	100	M.	BACK	MEG LLOYD	PNA	06-24-84	1:18.83
2:26.26	07-21-84	PNA	SCOTT SEELYE	200	M.	BACK	MEG LLOYD	PNA	07-21-84	2:51.04
34.44	08-06-83	PNA	ENRIQUE MIRANDA	50	M.	BRST	KAREN SWANSON	PNA	08-10-80	42.02
1:13.30	08-14-76	PNA	RICK COLELLA	100	M.	BRST	ELAINE DUKE	PNA	06-26-83	1:34.93
2:37.60	08-14-76	PNA	RICK COLELLA	200	M.	BRST	LOIS MCKENZIE	PNA	-77	3:23.50
29.08	06-26-83	PNA	BILL HAUGEN	50	M.	FLY	LAURIE STEWART	PNA	08-06-83	32.30
1:01.95	07-21-84	PNA	SCOTT SEELYE	100	M.	FLY	SHELLY MARSHALL	PNA	08-12-79	1:12.70
				200	M.	FLY	SHARON BROWN	PNA	07-30-77	4:27.90
2:39.53	06-26-83	PNA	LARRY DEGROEN	200	M.	I.M.	MEG LLOYD	PNA	07-21-84	2:49.50
5:03.70	08-14-76	PNA	RICK COLELLA	400	M.	I.M.				
***** M E N ***** 25-29 ***** W O M E N *****										
25.60	08-12-79	PNA	JIM HOGUE	50	M.	FREE	MARGARET BROWN	PNA	08-26-82	30.84
58.36	08-28-77	PNA	ALAN BELL	100	M.	FREE	GAIL SIECHAU	PNA	07-12-81	1:10.40
2:09.34	08-28-77	PNA	RICK COLELLA	200	M.	FREE	MARGARET BROWN	PNA	08-26-82	2:33.91
4:35.50	-79	PNA	BILL PENN	400	M.	FREE	BARB LINDSLEY	PNA	07-30-77	5:18.70
18:32.83	-79	PNA	BILL PENN	1500	M.	FREE	LYNN BELL	PNA	08-25-77	20:14.39
30.25	08-16-80	PNA	GARY HAFER	50	M.	BACK	GAIL SIECHAU	PNA	07-25-81	36.42
1:07.27	08-29-80	PNA	GARY HAFER	100	M.	BACK	GAIL SIECHAU	PNA	07-25-81	1:21.38
2:28.95	08-29-80	PNA	GARY HAFER	200	M.	BACK	KIKO KIMURA	PNA	08-26-82	2:51.18
34.70	-74	PNA	SKIP LARSCH	50	M.	BRST	MARY BETH PHELAN	PNA	07-25-81	38.54
1:13.61	08-27-77	PNA	RICK COLELLA	100	M.	BRST	LYNN BELL	PNA	08-27-77	1:25.08
2:51.05	08-26-82	PNA	CRAIG BROWN	200	M.	BRST	LYNN BELL	PNA	08-28-77	3:08.45
28.53	08-06-83	PNA	STUART BOOTH	50	M.	FLY	BETH BRENNER	PNA	08-10-80	32.60
1:02.72	-79	PNA	BILL PENN	100	M.	FLY	LYNN BELL	PNA	08-28-77	1:09.50
2:22.91	-79	PNA	BILL PENN	200	M.	FLY	KIKO KIMURA	PNA	06-27-82	2:57.29
2:20.57	08-27-77	PNA	RICK COLELLA	200	M.	I.M.	LYNN BELL	PNA	08-27-77	2:42.58
5:32.82	06-24-84	PNA	HUGH MOORE	400	M.	I.M.	KIKO KIMURA	PNA	08-26-82	6:00.21
***** M E N ***** 30-34 ***** W O M E N *****										
26.22	06-13-82	PNA	MARK ROY	50	M.	FREE	YVONNE YOKOTA	PNA	08-06-83	31.60
56.77	08-06-83	PNA	DAVE FIELDS	100	M.	FREE	BARB LINDSLEY	PNA	06-13-82	1:08.10
2:06.43	08-06-83	PNA	DAVE FIELDS	200	M.	FREE	BARB LINDSLEY	PNA	08-26-82	2:29.81
4:30.35	08-06-83	PNA	DAVE FIELDS	400	M.	FREE	YVONNE YAKOTA	PNA	08-06-83	5:19.98
18:03.53	08-06-83	PNA	BILL PENN	1500	M.	FREE	BARB LINDSLEY	PNA	07-31-82	21:01.68
30.27	08-26-82	PNA	GARY HAFER	50	M.	BACK	JULIE CORMAN	PNA	06-27-82	35.10
1:06.52	08-26-82	PNA	GARY HAFER	100	M.	BACK	JULIE CORMAN	PNA	07-31-82	1:18.96
2:31.04	08-06-83	PNA	FRANK WARNER	200	M.	BACK	JULIE CORMAN	PNA	08-26-82	2:55.27
33.46	08-26-82	PNA	DAVE SHILLING	50	M.	BRST	MARY BETH PHELAN	PNA	04-24-84	39.19
1:11.80	-74	PNA	TONY CANLIS	100	M.	BRST	MARY BETH PHELAN	PNA	08-26-82	1:22.70
2:37.93	08-11-84	PNA	GREG HARRISON	200	M.	BRST	MARY BETH PHELAN	PNA	08-26-82	3:06.12
28.34	07-21-84	PNA	ALAN BELL	50	M.	FLY	JULIE CORMAN	PNA	08-06-83	34.98
1:03.28	07-21-84	PNA	ALAN BELL	100	M.	FLY	BARB LINDSLEY	PNA	08-26-82	1:19.20
2:20.55	08-06-83	PNA	BILL PENN	200	M.	FLY	CATHY BROOKS	PNA	08-26-82	3:09.80
2:28.17	08-26-82	PNA	DAVE SHILLING	200	M.	I.M.	BARB LINDSLEY	PNA	08-26-82	2:52.41
5:25.97	08-11-84	PNA	HUGH MOORE	400	M.	I.M.	CATHY BROOKS	PNA	08-26-82	6:14.57
***** M E N ***** 35-39 ***** W O M E N *****										
26.97	08-26-82	PNA	DAVID LANDES	50	M.	FREE	JULIE CORMAN	PNA	06-24-84	31.32
1:00.89	08-26-82	PNA	DAVID LANDES	100	M.	FREE	JULIE CORMAN	PNA	08-11-84	1:09.84
2:18.48	08-06-83	PNA	GREG SWAN	200	M.	FREE	JULIE CORMAN	PNA	08-11-84	2:36.77
4:58.85	08-06-83	PNA	GREG SWAN	400	M.	FREE	COOKIE JUSTESEN	PNA	08-25-83	5:31.64
20:09.62	08-26-82	PNA	DARRYL SWENSON	1500	M.	FREE	COOKIE JUSTESEN	PNA	04-24-84	22:14.94
33.50	07-30-77	PNA	DENNIS DONOVAN	50	M.	BACK	JULIE CORMAN	PNA	06-16-84	35.74
1:13.93	06-24-84	PNA	CASH O'DONNELL	100	M.	BACK	JULIE CORMAN	PNA	06-24-84	1:20.39
2:49.99	07-21-84	PNA	LARRY WRIGHT	200	M.	BACK	DONNA BURKHART	PNA	07-25-81	2:57.70
34.91	07-21-84	PNA	RON KOCH	50	M.	BRST	KATHY CRANDELL	PNA	08-11-84	40.40
1:21.17	07-21-84	PNA	RON KOCH	100	M.	BRST	KATHY CRANDELL	PNA	08-11-84	1:31.24
3:05.58	08-06-83	PNA	GREG SWAN	200	M.	BRST	MARYLOU HAUGLAND	PNA	08-26-77	3:20.50
28.47	07-21-84	PNA	RON KOCH	50	M.	FLY	PAT WHALLEY	PNA	08-06-83	35.89
1:04.91	08-28-77	PNA	DAVE EMERY	100	M.	FLY	SUE DILLS	PNA	08-26-82	1:24.90
2:26.25	08-06-83	PNA	NICK LECLERCQ	200	M.	FLY	COOKIE JUSTESEN	PNA	08-06-83	3:13.00
2:44.84	07-22-78	PNA	STEVE ENGEL	200	M.	I.M.	COOKIE JUSTESEN	PNA	07-21-84	3:00.20
5:39.85	07-22-78	PNA	STEVE ENGEL	400	M.	I.M.	COOKIE JUSTESEN	PNA	08-25-83	6:28.35
***** M E N ***** 40-44 ***** W O M E N *****										
26.92	07-25-81	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	07-30-77	32.10
1:03.95	07-25-81	PNA	LOWELL JOHNSON	100	M.	FREE	JUANITA CORREA	PNA	08-28-77	1:11.60
2:38.50	08-10-80	PNA	EMORY BUNDY	200	M.	FREE	JUANITA CORREA	PNA	08-29-77	2:37.96
5:40.34	08-26-82	PNA	FRANK NEWQUIST	400	M.	FREE	SUE DEARBORN	PNA	08-16-80	6:56.11

22:26.28	08-25-77	PNA	TOM LONG	1500	M.	FREE	KAREN KOHLER	PNA	07-25-81	27:01.41
34.74	07-25-81	PNA	LOWELL JOHNSON	50	M.	BACK	JOY ROGERS	PNA	08-26-82	40.41
1:21.85	08-23-84	PNA	WALT REID	100	M.	BACK	JUANITA CORREA	PNA	08-28-77	1:25.48
3:11.99	06-26-83	PNA	WALT REID	200	M.	BACK	JUANITA CORREA	PNA	08-26-77	3:02.68
36.04	06-24-84	PNA	WALT REID	50	M.	BRST	CAROLYN BEHSE	PNA	08-06-83	43.65
1:22.50	08-27-77	PNA	RON TAYLOR	100	M.	BRST	JUDY HARRISON	PNA	08-26-82	1:35.31
3:02.50	07-30-77	PNA	RON TAYLOR	200	M.	BRST	JUDY HARRISON	PNA	08-26-82	3:28.11
31.81	07-21-84	PNA	HARRY MEGAW	50	M.	FLY	JOY ROGERS	PNA	08-26-82	44.08
1:16.59	06-26-83	PNA	ERIC HUTCHINSON	100	M.	FLY	JILL LAKIN	PNA	08-10-80	1:45.12
4:11.70	07-30-77	PNA	JOHN THOMAS	200	M.	FLY	CHAYA AMIAD	PNA	08-26-82	3:59.66
2:51.81	06-26-83	PNA	ERIC HUTCHINSON	200	M.	I.M.	GRETCHEN ANDERSON	PNA	06-24-84	3:24.40
6:15.86	06-26-83	PNA	ERIC HUTCHINSON	400	M.	I.M.	CHAYA AMIAD	PNA	07-31-82	7:58.66

***** M E N ***** 45-49 ***** W O M E N *****										
27.38	08-26-82	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	08-26-82	30.43
1:04.93	08-26-83	PNA	DAVID ADDLEMAN	100	M.	FREE	JUANITA CORREA	PNA	08-26-82	1:09.42
2:34.74	08-06-83	PNA	FRANK NEWQUIST	200	M.	FREE	JUANITA CORREA	PNA	08-26-82	2:33.11
5:38.83	08-29-80	PNA	KIRK ADAMS	400	M.	FREE	JUANITA CORREA	PNA	04-24-84	5:37.53
23:16.20	08-14-76	PNA	BOB MILLER	1500	M.	FREE	NADINE WHITEHALL	PNA	07-25-81	24:46.00
34.27	08-26-82	PNA	LOWELL JOHNSON	50	M.	BACK	JUANITA CORREA	PNA	08-26-82	38.70
1:23.08	08-26-82	PNA	DAVE ADDLEMAN	100	M.	BACK	JUANITA CORREA	PNA	08-26-82	1:24.25
3:10.60	06-24-84	PNA	DAVE ADDLEMAN	200	M.	BACK	JUANITA CORREA	PNA	08-26-82	3:01.14
37.97	08-26-82	PNA	RON TAYLOR	50	M.	BRST	DONNA PHELAN	PNA	08-25-83	43.37
1:23.23	08-29-80	PNA	RON TAYLOR	100	M.	BRST	DONNA PHELAN	PNA	08-25-83	1:38.85
3:04.92	08-29-80	PNA	RON TAYLOR	200	M.	BRST	DONNA PHELAN	PNA	08-25-83	3:38.27
32.07	08-25-83	PNA	DAVID ADDLEMAN	50	M.	FLY	NADINE WHITEHALL	PNA	09-04-81	37.84
1:20.04	08-28-77	PNA	BILL MCANDREWS	100	M.	FLY	NADINE WHITEHALL	PNA	09-04-81	1:41.36
4:05.40	07-25-81	PNA	JOHN THOMAS	200	M.	FLY	NADINE WHITEHALL	PNA	06-06-81	3:41.94
3:02.87	08-29-80	PNA	RON TAYLOR	200	M.	I.M.	NADINE WHITEHALL	PNA	09-04-81	3:31.03
7:42.35	07-25-81	PNA	TOM FOLEY	400	M.	I.M.	NADINE WHITEHALL	PNA	06-06-81	7:30.66

***** M E N ***** 50-54 ***** W O M E N *****										
29.35	08-26-82	PNA	WILLIAM MCANDREW	50	M.	FREE	PAT DOTSON	PNA	07-30-77	37.70
1:07.27	08-26-82	PNA	WILLIAM MCANDREW	100	M.	FREE	PAT DOTSON	PNA	07-30-77	1:29.40
2:36.38	08-26-82	PNA	WILLIAM MCANDREW	200	M.	FREE	PAT DOTSON	PNA	08-28-77	3:13.24
5:41.90	08-26-82	PNA	WILLIAM MCANDREW	400	M.	FREE	PAT DOTSON	PNA	08-10-80	6:54.07
22:48.35	08-26-82	PNA	TOM TAYLOR	1500	M.	FREE	JANET KAVADAS	PNA	08-06-83	32:24.99
41.96	06-26-83	PNA	ROBERT DORSE	50	M.	BACK	NANCY JONES	PNA	07-21-84	46.63
1:39.00	08-14-76	PNA	CHARLES MCINTYRE	100	M.	BACK	NANCY JONES	PNA	07-21-84	1:53.69
3:30.91	07-21-84	PNA	WILLIAM MCANDREW	200	M.	BACK	JANET KAVADAS	PNA	06-26-83	4:18.43
39.05	08-06-83	PNA	RON TAYLOR	50	M.	BRST	JANET TWIGHT	PNA	08-26-82	52.53
1:27.92	08-26-82	PNA	TOM TAYLOR	100	M.	BRST	JANET KAVADAS	PNA	06-26-83	1:59.29
3:12.86	08-06-83	PNA	RON TAYLOR	200	M.	BRST	JANET TWIGHT	PNA	08-26-82	4:18.13
32.61	08-26-82	PNA	WILLIAM MCANDREW	50	M.	FLY	PAT DOTSON	PNA	08-27-77	41.72
1:22.81	08-26-82	PNA	WILLIAM MCANDREW	100	M.	FLY	JANET KAVADAS	PNA	06-26-83	2:23.02
4:18.19	07-21-84	PNA	TOM FOLEY	200	M.	FLY	JANET TWIGHT	PNA	08-26-82	5:09.92
3:11.62	07-21-84	PNA	WILLIAM MCANDREW	200	M.	I.M.	PAT DOTSON	PNA	07-30-77	3:38.30
7:11.69	06-24-84	PNA	WILLIAM MCANDREW	400	M.	I.M.	JANET KAVADAS	PNA	08-06-83	9:05.75

***** M E N ***** 55-59 ***** W O M E N *****										
30.11	08-26-82	PNA	DICK CAMPBELL	50	M.	FREE	PAT DOTSON	PNA	06-26-83	39.34
1:09.34	08-26-82	PNA	DICK CAMPBELL	100	M.	FREE	PAT DOTSON	PNA	08-11-84	1:26.57
2:42.65	08-26-82	PNA	DICK CAMPBELL	200	M.	FREE	PAT DOTSON	PNA	06-13-82	3:12.56
6:08.15	07-25-81	PNA	WARREN KLEIST	400	M.	FREE	PAT DOTSON	PNA	08-26-82	6:43.46
24:25.95	07-25-81	PNA	WARREN KLEIST	1500	M.	FREE	PAT DOTSON	PNA	06-13-82	27:17.82
42.60	08-23-74	PNA	FRED WIGGIN	50	M.	BACK	PAT DOTSON	PNA	06-26-83	49.64
1:36.47	08-29-80	PNA	CHARLES MCINTYRE	100	M.	BACK	PAT DOTSON	PNA	06-26-83	1:49.87
3:28.30	08-23-74	PNA	FRED WIGGIN	200	M.	BACK	PAT DOTSON	PNA	06-26-83	3:49.42
42.77	06-24-84	PNA	MAX WARD	50	M.	BRST	PAT DOTSON	PNA	08-06-83	50.94
1:41.51	06-24-84	PNA	MAX WARD	100	M.	BRST	MURIEL FLYNN	PNA	08-26-82	1:55.38
3:46.82	06-24-84	PNA	MAX WARD	200	M.	BRST	MURIEL FLYNN	PNA	08-26-82	4:05.72
41.70	07-12-81	PNA	WARREN KLEIST	50	M.	FLY	PAT DOTSON	PNA	08-26-82	40.12
1:51.83	08-26-82	PNA	WARREN LINDBLAD	100	M.	FLY	PAT DOTSON	PNA	08-26-82	1:39.29
				200	M.	FLY	PAT DOTSON	PNA	08-06-83	4:04.08
3:26.38	07-25-81	PNA	WARREN KLEIST	200	M.	I.M.	PAT DOTSON	PNA	08-26-82	3:36.42
				400	M.	I.M.	PAT DOTSON	PNA	08-06-83	7:55.77

***** M E N ***** 60-64 ***** W O M E N *****										
31.78	06-24-84	PNA	RAY FREDERICK	50	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	36.23
1:11.03	06-24-84	PNA	RAY FREDERICK	100	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	1:25.86
2:45.54	08-26-82	PNA	WARREN KLEIST	200	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	3:23.47
6:05.25	08-26-82	PNA	WARREN KLEIST	400	M.	FREE	MURIEL FLYNN	PNA	07-10-83	7:26.26
24:17.40	08-26-82	PNA	WARREN KLEIST	1500	M.	FREE	LEE HOLM	PNA	08-25-77	35:05.73
43.90	07-30-77	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	07-30-77	47.50
1:34.89	08-26-77	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	1:44.68
3:25.97	08-28-77	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	3:57.75
43.60	08-14-76	PNA	KARL FREDERICK	50	M.	BRST	MURIEL FLYNN	PNA	07-21-84	53.42
1:41.50	07-11-76	PNA	KARL FREDERICK	100	M.	BRST	MURIEL FLYNN	PNA	06-26-83	1:56.97
3:42.60	08-14-76	PNA	KARL FREDERICK	200	M.	BRST	MURIEL FLYNN	PNA	06-26-83	4:07.01

40.40	08-14-76	PNA	KARL FREDERICK	50	M.	FLY	MAXINE CARLSON	PNA	08-26-82	1:09.97
1:45.70	08-23-74	PNA	GENE CADDY	100	M.	FLY				
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY				
3:27.82	07-31-82	PNA	WARREN KLEIST	200	M.	I.M.	MURIEL FLYNN	PNA	07-21-84	3:58.67
7:43.26	08-16-80	PNA	FRED WIGGIN	400	M.	I.M.				

***** M E N ***** 65-69 ***** W O M E N *****

36.12	07-25-81	PNA	GENE CROSSETT	50	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	36.97
1:27.03	07-25-81	PNA	GENE CROSSETT	100	M.	FREE	DAWN MUSSELMAN	PNA	08-26-82	1:28.40
3:19.02	08-26-82	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	3:27.35
7:16.87	08-26-82	PNA	GENE CROSSETT	400	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	7:30.35
27:48.77	07-25-81	PNA	GENE CROSSETT	1500	M.	FREE	LEE HOLM	PNA	08-16-80	38:33.47
43.22	08-26-82	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	08-10-80	47.31
1:37.10	08-26-82	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	1:46.95
3:29.80	07-12-81	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	3:51.56
45.20	08-12-79	PNA	KARL FREDERICK	50	M.	BRST	DAWN MUSSELMAN	PNA	08-16-80	1:03.38
1:44.75	07-08-79	PNA	KARL FREDERICK	100	M.	BRST				
4:00.62	08-10-80	PNA	KARL FREDERICK	200	M.	BRST				
43.54	07-08-79	PNA	KARL FREDERICK	50	M.	FLY	DAWN MUSSELMAN	PNA	08-16-80	1:01.39
1:52.68	07-25-81	PNA	GENE CADDY	100	M.	FLY				
4:29.72	07-25-81	PNA	GENE CADDY	200	M.	FLY				
3:33.70	08-26-82	PNA	FRED WIGGIN	200	M.	I.M.				
7:42.00	07-12-81	PNA	FRED WIGGIN	400	M.	I.M.				

***** M E N ***** 70-74 ***** W O M E N *****

36.25	07-21-84	PNA	GENE CROSSETT	50	M.	FREE	DAWN MUSSELMAN	PNA	08-06-83	39.29
1:25.28	07-21-84	PNA	GENE CROSSETT	100	M.	FREE	DAWN MUSSELMAN	PNA	06-26-83	1:34.38
3:18.33	07-21-84	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	07-10-83	3:40.35
7:04.00	07-21-84	PNA	GENE CROSSETT	400	M.	FREE	MARION MUELLER	PNA	08-06-83	10:26.17
28:53.11	06-24-84	PNA	GENE CROSSETT	1500	M.	FREE	MARION MUELLER	PNA	08-06-83	41:31.00
43.98	08-11-84	PNA	CARTER MORGAN	50	M.	BACK	DAWN MUSSELMAN	PNA	04-28-84	49.38
2:00.79	07-25-81	PNA	JIM PENFIELD	100	M.	BACK	DAWN MUSSELMAN	PNA	06-26-83	1:51.41
				200	M.	BACK	MARION MUELLER	PNA	06-24-84	5:18.84
49.09	07-25-81	PNA	JIM PENFIELD	50	M.	BRST	DAWN MUSSELMAN	PNA	07-10-83	1:01.47
1:54.51	04-24-84	PNA	KARL FREDERICK	100	M.	BRST	DAWN MUSSELMAN	PNA	06-26-83	2:18.97
4:08.39	06-24-84	PNA	KARL FREDERICK	200	M.	BRST				
53.12	07-25-81	PNA	FRANCIS JOWETT	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
				200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 75-79 ***** W O M E N *****

37.98	08-06-83	PNA	JIM PENFIELD	50	M.	FREE				
1:32.53	08-06-83	PNA	JIM PENFIELD	100	M.	FREE				
4:07.65	06-24-84	PNA	JIM PENFIELD	200	M.	FREE				
				400	M.	FREE				
				1500	M.	FREE				
1:03.36	08-06-83	PNA	JIM PENFIELD	50	M.	BACK				
2:25.48	06-26-83	PNA	JIM PENFIELD	100	M.	BACK				
5:12.83	06-24-84	PNA	JIM PENFIELD	200	M.	BACK				
49.85	08-06-83	PNA	JIM PENFIELD	50	M.	BRST				
1:56.80	07-21-84	PNA	JIM PENFIELD	100	M.	BRST				
4:32.66	08-06-83	PNA	JIM PENFIELD	200	M.	BRST				
59.08	08-06-83	PNA	JIM PENFIELD	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
				200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 85-89 ***** W O M E N *****

52.90	08-05-78	PNA	ROBERT SIMMONDS	50	M.	FREE				
2:08.30	08-05-78	PNA	ROBERT SIMMONDS	100	M.	FREE				
4:39.10	08-05-78	PNA	ROBERT SIMMONDS	200	M.	FREE				
10:11.90	08-05-78	PNA	ROBERT SIMMONDS	400	M.	FREE				
38:36.50	08-05-78	PNA	ROBERT SIMMONDS	1500	M.	FREE				

***** 20 + RELAYS *****

200	FREE	MEN	BOB RAMSEY FRANK WARNER	LARRY DEGROEN LOWELL JOHNSON	06-13-82	1:51.18
200	MEDLEY	MEN	LARRY DE GROEN JAY PALMER	DAN FENTON ERIC BRADFIELD	06-26-83	2:19.46
200	FREE	WOMEN	JULIE CORMAN COOKIE JUSTESEN	KIKO KIMURA MEG LLOYD	07-21-84	2:10.72

200	MEDLEY	WOMEN	JULIE CORMAN KIKO KIMURA	JUDY WESTON MEG LLOYD	06-24-84	2:23.30
200	FREE	MIXED	PATTI CARMAN ELAINE DUKE	RICK INGRAHAM CLIFF WARD	06-26-83	2:03.84
200	MEDLEY	MIXED	JOHN ADDISON JANIS THOMPSON	CARRIE VANDYCK DAVE FIELDS	07-21-84	2:24.64

25 + RELAYS

200	FREE	MEN			08-26-77	1:45.75
200	MEDLEY	MEN			08-27-77	1:59.69
200	FREE	WOMEN	BARB LINDSLEY JULIE CORMAN	CAROL BROWN MARGARET BROWN	08-26-77	2:05.75
200	MEDLEY	WOMEN	JULIE CORMAN MARGARET BROWN	MARY BETH PHELAN NORMA HURLOCKER	08-27-77	2:31.17
200	FREE	MIXED	GARY HAFER BARB LINDSLEY	MARGARET BROWN FRANK WARNER	08-28-77	1:54.08
200	MEDLEY	MIXED	JULIE CORMAN GARY HAFER	DAVE SHILLING MARGARET BROWN	08-28-82	2:07.26

35 + RELAYS

200	FREE	MEN	DAVE LANDES JIM MILES	DARRYL SWENSON ROBERT PILGER	08-28-82	1:49.24
200	MEDLEY	MEN			08-26-77	2:06.16
200	FREE	WOMEN	COOKIE JUSTESEN CAROL DEWELL	JOY ROGERS SUE DILLS	08-28-82	2:13.38
200	MEDLEY	WOMEN	CAROL DEWELL SUE DILLS	JUDY HARRISO COOKIE JUSTESEN	08-28-82	2:32.05
200	FREE	MIXED	DAVE EMERY JUANITA CORREA	MARYLOU HAUGLAND DENNIS DONOVAN	08-28-77	2:01.01
200	MEDLEY	MIXED	PAT WHALLEY NICK LECLERCQ	WALT REID COOKIE JUSTESEN	08-06-83	2:14.35

45 + RELAYS

200	FREE	MEN	DAVID ADDLEMAN WILLIAM MC ANDREW	WILFRED FREGEAU LOWELL JOHNSON	08-28-82	1:53.71
200	MEDLEY	MEN	LOWELL JOHNSON WILLIAM MC ANDREW	RON TAYLOR DAVID ADDLEMAN	08-28-82	2:13.59
200	FREE	WOMEN	JANET TWIGHT SUE DEARBORN	CYNTHIA ROSIK JUANITA CORREA	08-28-82	2:40.61
200	MEDLEY	WOMEN	ANN GINDROZ SUE DEARBORN	PAT DOTSON CYNTHIA ROSIK	08-11-84	3:08.15
200	FREE	MIXED	JUANITA CORREA SUE DEARBORN	DAVID ADDLEMAN LOWELL JOHNSON	08-28-82	2:01.62
200	MEDLEY	MIXED	JUANITA CORREA DONNA PHELAN	DAVE ADDLEMAN LOWELL JOHNSON	06-24-84	2:22.31

55 + RELAYS

200	FREE	MEN	CHET PALMER CHARLES MCINTYRE	JOHN KORUGA WARREN KLEIST	08-28-82	2:17.68
200	MEDLEY	MEN			08-26-77	2:49.98

200	FREE	WOMEN	MAXINE CARLSON PAT DOTSON	MURIEL FLYNN DAWN MUSSELMAN	08-28-82	2:48.33
200	MEDLEY	WOMEN	MAXINE CARLSON PAT DOTSON	MURIEL FLYNN DAWN MUSSELMAN	08-28-82	3:10.76
200	FREE	MIXED	CHET PALMER DAWN MUSSELMAN	MURIEL FLYNN WARREN KLEIST	08-28-82	2:23.84
200	MEDLEY	MIXED	DAWN MUSSELMAN WARREN KLEIST	MURIEL FLYNN CHET PALMER	08-28-82	2:58.40

65 + RELAYS

200	FREE	MEN	FRANCIS JOWETT FRED WIGGIN	GENE CADDY GENE CROSSETT	07-25-81	2:33.25
200	MEDLEY	MEN	FRED WIGGIN KARL FREDERICK	GENE CADDY GENE CROSSETT	08-28-82	2:55.49
200	FREE	WOMEN				
200	MEDLEY	WOMEN				
200	FREE	MIXED	KARL FREDERICK GENE CADDY	DAWN MUSSELMAN MARION MUELLER	08-06-83	3:06.15
200	MEDLEY	MIXED	JIM PENFIELD MARION MUELLER	KARL FREDERICK DAWN MUSSELMAN	08-06-83	3:30.87