

**PNA LCM RECORDS AS OF 09-30-1985**

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***** M E N ***** 18-24 ***** W O M E N *****
26.89 06-26-83 PNA BILL HAUGEN 50 M. FREE SHELLY MARSHALL PNA 08-12-79 29.80
1:01.42 08-10-80 PNA BART CARTER 100 M. FREE MEG LLOYD PNA 06-01-85 1:12.00
2:24.80 07-30-77 PNA CHUCK KRIEBLE 200 M. FREE LISA O'BRIEN PNA 07-21-85 2:30.29
4:34.70 08-14-76 PNA RICK COLELLA 400 M. FREE LISA O'BRIEN PNA 07-21-85 5:17.56
800 M. FREE
17:33.20 08-14-76 PNA RICK COLELLA 1500 M. FREE AMY RUST PNA 08-06-83 21:47.76
35.90 08-14-76 PNA R.SCHIMMEYER 50 M. BACK MEG LLOYD PNA 07-21-84 36.22
1:05.53 07-21-84 PNA SCOTT SEELYE 100 M. BACK MEG LLOYD PNA 06-24-84 1:18.83
2:26.26 07-21-84 PNA SCOTT SEELYE 200 M. BACK MEG LLOYD PNA 07-21-84 2:51.04
34.44 08-06-83 PNA ENRIQUE MIRANDA 50 M. BRST KAREN SWANSON PNA 08-10-80 42.02
1:13.30 08-14-76 PNA RICK COLELLA 100 M. BRST ELAINE DUKE PNA 06-26-83 1:34.93
2:37.60 08-14-76 PNA RICK COLELLA 200 M. BRST LOIS MCKENZIE PNA -77 3:23.50
28.08 06-01-85 PNA ROBERT MOORE 50 M. FLY LAURIE STEWART PNA 08-06-83 32.30
1:01.95 07-21-84 PNA SCOTT SEELYE 100 M. FLY SHELLY MARSHALL PNA 08-12-79 1:12.70
200 M. FLY SHARON BROWN PNA 07-30-77 4:27.90
2:39.53 06-26-83 PNA LARRY DEGROEN 200 M. I.M. MEG LLOYD PNA 07-21-84 2:49.50
5:03.70 08-14-76 PNA RICK COLELLA 400 M. I.M.

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***** M E N ***** 25-29 ***** W O M E N *****
25.60 08-12-79 PNA JIM HOGUE 50 M. FREE MARGARET BROWN PNA 08-26-82 30.84
58.36 08-28-77 PNA ALAN BELL 100 M. FREE KIKO KIMURA PNA 08-20-85 1:09.69
2:09.34 08-28-77 PNA RICK COLELLA 200 M. FREE KIKO KIMURA PNA 08-20-85 2:32.83
4:35.50 -79 PNA BILL PENN 400 M. FREE BARB LINDSLEY PNA 07-30-77 5:18.70
10:49.36 06-01-85 PNA JOHN UNDERBRINK 800 M. FREE KIKO KIMURA PNA 06-01-85 11:25.21
18:32.83 -79 PNA BILL PENN 1500 M. FREE LYNN BELL PNA 08-25-77 20:14.39
30.25 08-16-80 PNA GARY HAFER 50 M. BACK LINDA BERGLUND PNA 06-01-85 36.23
1:07.27 08-29-80 PNA GARY HAFER 100 M. BACK LINDA BERGLUND PNA 06-01-85 1:20.40
2:28.95 08-29-80 PNA GARY HAFER 200 M. BACK KIKO KIMURA PNA 08-26-82 2:51.18
34.19 06-01-85 PNA LEO KOSENKRANIU 50 M. BRST MARY BETH PHELAN PNA 07-25-81 38.54
1:13.61 08-27-77 PNA RICK COLELLA 100 M. BRST LYNN BELL PNA 08-27-77 1:25.08
2:51.05 08-26-82 PNA CRAIG BROWN 200 M. BRST LYNN BELL PNA 08-28-77 3:08.45
28.53 08-06-83 PNA STUART BOOTH 50 M. FLY BETH BRENNER PNA 08-10-80 32.60
1:02.72 -79 PNA BILL PENN 100 M. FLY LYNN BELL PNA 08-28-77 1:09.50
2:22.91 -79 PNA BILL PENN 200 M. FLY KIKO KIMURA PNA 08-12-85 2:56.33
2:20.57 08-27-77 PNA RICK COLELLA 200 M. I.M. LYNN BELL PNA 08-27-77 2:42.58
5:32.82 06-24-84 PNA HUGH MOORE 400 M. I.M. KIKO KIMURA PNA 08-26-82 6:00.21

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***** M E N ***** 30-34 ***** W O M E N *****
26.22 06-13-82 PNA MARK ROY 50 M. FREE YVONNE YOKOTA PNA 08-06-83 31.60
56.77 08-06-83 PNA DAVE FIELDS 100 M. FREE BARB LINDSLEY PNA 06-13-82 1:08.10
2:06.43 08-06-83 PNA DAVE FIELDS 200 M. FREE BARB LINDSLEY PNA 08-26-82 2:29.81
4:30.35 08-06-83 PNA DAVE FIELDS 400 M. FREE YVONNE YAKOTA PNA 08-06-83 5:19.98
10:43.26 06-01-85 PNA HUGH MOORE 800 M. FREE SUE BOOTH PNA 06-01-85 11:36.68
18:03.53 08-06-83 PNA BILL PENN 1500 M. FREE BARB LINDSLEY PNA 07-31-82 21:01.68
30.27 08-26-82 PNA GARY HAFER 50 M. BACK JULIE CORMAN PNA 06-27-82 35.10
1:06.52 08-26-82 PNA GARY HAFER 100 M. BACK JULIE CORMAN PNA 07-31-82 1:18.96
2:30.48 08-12-85 PNA PETE RAY 200 M. BACK JULIE CORMAN PNA 08-26-82 2:55.27
33.46 08-26-82 PNA DAVE SHILLING 50 M. BRST MARY BETH PHELAN PNA 04-24-84 39.19
1:11.80 -74 PNA TONY CANLIS 100 M. BRST MARY BETH PHELAN PNA 08-26-82 1:22.70
2:37.04 08-12-85 PNA GREG HARRISON 200 M. BRST MARY BETH PHELAN PNA 08-26-82 3:06.12
28.34 07-21-84 PNA ALAN BELL 50 M. FLY JULIE CORMAN PNA 08-06-83 34.98
1:03.28 07-21-84 PNA ALAN BELL 100 M. FLY BARB LINDSLEY PNA 08-26-82 1:19.20
2:20.55 08-06-83 PNA BILL PENN 200 M. FLY CATHY BROOKS PNA 08-26-82 3:09.80
2:28.17 08-26-82 PNA DAVE SHILLING 200 M. I.M. JO MOORE PNA 06-01-85 2:52.35
5:20.61 08-12-85 PNA HUGH MOORE 400 M. I.M. CATHY BROOKS PNA 08-26-82 6:14.57

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***** M E N ***** 35-39 ***** W O M E N *****
26.97 08-26-82 PNA DAVID LANDES 50 M. FREE JULIE CORMAN PNA 06-24-84 31.32
1:00.89 08-26-82 PNA DAVID LANDES 100 M. FREE JULIE CORMAN PNA 08-20-85 1:08.68
2:16.37 06-01-85 PNA LEE CHESNEAU 200 M. FREE JULIE CORMAN PNA 08-20-85 2:32.73
4:49.00 06-01-85 PNA LEE CHESNEAU 400 M. FREE COOKIE JUSTESEN PNA 08-25-83 5:31.64
9:43.23 06-01-85 PNA LEE CHESNEAU 800 M. FREE KATHRINE CASEY PNA 08-20-85 11:26.68
20:09.62 08-26-82 PNA DARRYL SWENSON 1500 M. FREE KATHRINE CASEY PNA 08-20-85 21:44.25
32.09 08-12-85 PNA CASH O'DONNELL 50 M. BACK JULIE CORMAN PNA 06-16-84 35.74
1:10.85 08-12-85 PNA CASH O'DONNELL 100 M. BACK JULIE CORMAN PNA 08-20-85 1:17.61
2:37.43 08-12-85 PNA CASH O'DONNELL 200 M. BACK JULIE CORMAN PNA 08-12-85 2:51.59
34.91 07-21-84 PNA RON KOCH 50 M. BRST KATHY CLARK PNA 06-01-85 39.67
1:21.17 07-21-84 PNA RON KOCH 100 M. BRST KATHRINE CASEY PNA 08-20-85 1:30.49
2:58.72 06-01-85 PNA IAN THOMPSON 200 M. BRST KATHRINE CASEY PNA 08-20-85 3:16.94
28.47 07-21-84 PNA RON KOCH 50 M. FLY KATHY CLARK PNA 07-21-85 34.92
1:04.91 08-28-77 PNA DAVE EMERY 100 M. FLY SUE DILLS PNA 08-26-82 1:24.90
2:26.25 08-06-83 PNA NICK LECLERCQ 200 M. FLY COOKIE JUSTESEN PNA 08-06-83 3:13.00
2:44.84 07-22-78 PNA STEVE ENGEL 200 M. I.M. COOKIE JUSTESEN PNA 07-21-84 3:00.20
5:15.30 06-01-85 PNA NICK LECLERCQ 400 M. I.M. COOKIE JUSTESEN PNA 08-25-83 6:28.35

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***** M E N ***** 40-44 ***** W O M E N *****

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26.92	07-25-81	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	07-30-77	32.10
1:03.95	07-25-81	PNA	LOWELL JOHNSON	100	M.	FREE	JUANITA CORREA	PNA	08-28-77	1:11.60
2:33.28	06-01-85	PNA	ROBERT PILGER	200	M.	FREE	JUANITA CORREA	PNA	08-29-77	2:37.96
5:40.34	08-26-82	PNA	FRANK NEWQUIST	400	M.	FREE	SUE DILLS	PNA	08-12-85	5:46.36
11:59.77	06-01-85	PNA	ROBERT PILGER	800	M.	FREE				
22:26.28	08-25-77	PNA	TOM LONG	1500	M.	FREE	KAREN KOHLER	PNA	07-25-81	27:01.41
34.74	07-25-81	PNA	LOWELL JOHNSON	50	M.	BACK	JOY ROGERS	PNA	08-26-82	40.41
1:21.85	08-23-84	PNA	WALT REID	100	M.	BACK	JUANITA CORREA	PNA	08-28-77	1:25.48
3:11.99	06-26-83	PNA	WALT REID	200	M.	BACK	JUANITA CORREA	PNA	08-26-77	3:02.68
35.74	08-12-85	PNA	NICK CUMMINGS	50	M.	BRST	CAROLYN BEHSE	PNA	08-06-83	43.65
1:22.50	08-27-77	PNA	RON TAYLOR	100	M.	BRST	CAROLYN BEHSE	PNA	08-12-85	1:34.80
3:02.50	07-30-77	PNA	RON TAYLOR	200	M.	BRST	CAROLYN BEHSE	PNA	08-12-85	3:26.11
31.51	06-01-85	PNA	ALAN NORDELL	50	M.	FLY	PATRICIA WHALLEY	PNA	07-21-85	36.88
1:13.48	06-01-85	PNA	ALAN NORDELL	100	M.	FLY	SUE DILLS	PNA	07-21-85	1:29.70
3:15.96	06-01-85	PNA	ALAN NORDELL	200	M.	FLY	CHAYA AMIAD	PNA	08-26-82	3:59.66
2:51.81	06-26-83	PNA	ERIC HUTCHINSON	200	M.	I.M.	SUE DILLS	PNA	08-12-85	3:07.72
6:15.86	06-26-83	PNA	ERIC HUTCHINSON	400	M.	I.M.	SUE DILLS	PNA	07-21-85	6:45.88

\*\*\*\*\* M E N \*\*\*\*\* 45-49 \*\*\*\*\* W O M E N \*\*\*\*\*

27.38	08-26-82	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	08-26-82	30.43
1:04.93	08-26-83	PNA	DAVID ADDLEMAN	100	M.	FREE	JUANITA CORREA	PNA	08-26-82	1:09.42
2:34.74	08-06-83	PNA	FRANK NEWQUIST	200	M.	FREE	JUANITA CORREA	PNA	08-26-82	2:33.11
5:38.83	08-29-80	PNA	KIRK ADAMS	400	M.	FREE	JUANITA CORREA	PNA	04-24-84	5:37.53
12:03.43	06-01-85	PNA	FRANK NEWQUIST	800	M.	FREE	ANN GINDROZ	PNA	06-01-85	13:46.22
23:16.20	08-14-76	PNA	BOB MILLER	1500	M.	FREE	NADINE WHITEHALL	PNA	07-25-81	24:46.00
34.27	08-26-82	PNA	LOWELL JOHNSON	50	M.	BACK	JUANITA CORREA	PNA	08-26-82	38.70
1:21.19	08-12-85	PNA	LOWELL JOHNSON	100	M.	BACK	JUANITA CORREA	PNA	08-26-82	1:24.25
3:10.60	06-24-84	PNA	DAVE ADDLEMAN	200	M.	BACK	JUANITA CORREA	PNA	08-26-82	3:01.14
36.98	08-20-85	PNA	WALT REID	50	M.	BRST	DONNA PHELAN	PNA	08-25-83	43.37
1:23.23	08-29-80	PNA	RON TAYLOR	100	M.	BRST	DONNA PHELAN	PNA	08-25-83	1:38.85
3:04.92	08-29-80	PNA	RON TAYLOR	200	M.	BRST	DONNA PHELAN	PNA	08-25-83	3:38.27
32.07	08-25-83	PNA	DAVID ADDLEMAN	50	M.	FLY	JUANITA CORREA	PNA	08-12-85	36.11
1:20.04	08-28-77	PNA	BILL MCANDREWS	100	M.	FLY	NADINE WHITEHALL	PNA	09-04-81	1:41.36
3:22.38	06-01-85	PNA	FRANK NEWQUIST	200	M.	FLY	NADINE WHITEHALL	PNA	06-06-81	3:41.94
3:02.01	08-20-85	PNA	WALT REID	200	M.	I.M.	NADINE WHITEHALL	PNA	09-04-81	3:31.03
6:52.74	07-21-85	PNA	FRANK NEWQUIST	400	M.	I.M.	NADINE WHITEHALL	PNA	06-06-81	7:30.66

\*\*\*\*\* M E N \*\*\*\*\* 50-54 \*\*\*\*\* W O M E N \*\*\*\*\*

28.80	08-12-85	PNA	DAVID ADDLEMAN	50	M.	FREE	PAT DOTSON	PNA	07-30-77	37.70
1:07.27	08-26-82	PNA	WILLIAM MCANDREW	100	M.	FREE	PAT DOTSON	PNA	07-30-77	1:29.40
2:36.38	08-26-82	PNA	WILLIAM MCANDREW	200	M.	FREE	PAT DOTSON	PNA	08-28-77	3:13.24
5:41.90	08-26-82	PNA	WILLIAM MCANDREW	400	M.	FREE	PAT DOTSON	PNA	08-10-80	6:54.07
15:48.45	06-01-85	PNA	TOM FOLEY	800	M.	FREE	JOY ROSS	PNA	06-01-85	15:03.19
22:48.35	08-26-82	PNA	TOM TAYLOR	1500	M.	FREE	JANET KAVADAS	PNA	08-06-83	32:24.99
35.20	08-12-85	PNA	DAVID ADDLEMAN	50	M.	BACK	NANCY JONES	PNA	07-21-84	46.63
1:24.93	06-01-85	PNA	DAVID ADDLEMAN	100	M.	BACK	NANCY JONES	PNA	07-21-84	1:53.69
3:30.91	07-21-84	PNA	WILLIAM MCANDREW	200	M.	BACK	JANET KAVADAS	PNA	06-26-83	4:18.43
39.05	08-06-83	PNA	RON TAYLOR	50	M.	BRST	JANET TWIGHT	PNA	08-26-82	52.53
1:27.92	08-26-82	PNA	TOM TAYLOR	100	M.	BRST	JOY ROSS	PNA	06-01-85	1:53.97
3:12.86	08-06-83	PNA	RON TAYLOR	200	M.	BRST	JOY ROSS	PNA	06-01-85	4:03.69
32.61	08-26-82	PNA	WILLIAM MCANDREW	50	M.	FLY	PAT DOTSON	PNA	08-27-77	41.72
1:22.81	08-26-82	PNA	WILLIAM MCANDREW	100	M.	FLY	JANET KAVADAS	PNA	06-26-83	2:23.02
4:18.19	07-21-84	PNA	TOM FOLEY	200	M.	FLY	JANET TWIGHT	PNA	08-26-82	5:09.92
3:10.15	06-01-85	PNA	DAVID ADDLEMAN	200	M.	I.M.	PAT DOTSON	PNA	07-30-77	3:38.30
7:11.69	06-24-84	PNA	WILLIAM MCANDREW	400	M.	I.M.	JANET KAVADAS	PNA	08-06-83	9:05.75

\*\*\*\*\* M E N \*\*\*\*\* 55-59 \*\*\*\*\* W O M E N \*\*\*\*\*

30.11	08-26-82	PNA	DICK CAMPBELL	50	M.	FREE	PAT DOTSON	PNA	06-26-83	39.34
1:09.34	08-26-82	PNA	DICK CAMPBELL	100	M.	FREE	PAT DOTSON	PNA	08-11-84	1:26.57
2:42.65	08-26-82	PNA	DICK CAMPBELL	200	M.	FREE	PAT DOTSON	PNA	06-01-85	3:04.10
6:08.15	07-25-81	PNA	WARREN KLEIST	400	M.	FREE	PAT DOTSON	PNA	08-26-82	6:43.46
16:46.09	06-01-85	PNA	BEN DOTSON	800	M.	FREE	PAT DOTSON	PNA	06-01-85	13:30.19
24:25.95	07-25-81	PNA	WARREN KLEIST	1500	M.	FREE	PAT DOTSON	PNA	06-13-82	27:17.82
42.60	08-23-74	PNA	FRED WIGGIN	50	M.	BACK	DORRES FOSTER	PNA	06-01-85	46.94
1:36.47	08-29-80	PNA	CHARLES MCINTYRE	100	M.	BACK	PAT DOTSON	PNA	08-12-85	1:43.54
3:28.30	08-23-74	PNA	FRED WIGGIN	200	M.	BACK	PAT DOTSON	PNA	08-12-85	3:47.01
42.77	06-24-84	PNA	MAX WARD	50	M.	BRST	PAT DOTSON	PNA	08-06-83	50.94
1:41.51	06-24-84	PNA	MAX WARD	100	M.	BRST	MURIEL FLYNN	PNA	08-26-82	1:55.38
3:46.82	06-24-84	PNA	MAX WARD	200	M.	BRST	MURIEL FLYNN	PNA	08-26-82	4:05.72
41.70	07-12-81	PNA	WARREN KLEIST	50	M.	FLY	PAT DOTSON	PNA	07-21-85	37.48
1:49.21	08-12-85	PNA	JOHN KRUGA	100	M.	FLY	PAT DOTSON	PNA	08-26-82	1:39.29
				200	M.	FLY	PAT DOTSON	PNA	08-06-83	4:04.08
3:26.38	07-25-81	PNA	WARREN KLEIST	200	M.	I.M.	PAT DOTSON	PNA	08-26-82	3:36.42
				400	M.	I.M.	PAT DOTSON	PNA	08-06-83	7:55.77

\*\*\*\*\* M E N \*\*\*\*\* 60-64 \*\*\*\*\* W O M E N \*\*\*\*\*

31.33	07-21-85	PNA	RAY FREDERICK	50	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	36.23
1:11.03	06-24-84	PNA	RAY FREDERICK	100	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	1:25.86
2:42.58	07-21-85	PNA	RAY FREDERICK	200	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	3:23.47

6:01.66	07-21-85	PNA	RAY FREDERICK	400	M.	FREE	MURIEL FLYNN	PNA	07-10-83	7:26.26
				800	M.	FREE	MURIEL FLYNN	PNA	06-01-85	15:51.25
24:17.40	08-26-82	PNA	WARREN KLEIST	1500	M.	FREE	LEE HOLM	PNA	08-25-77	35:05.73
43.90	07-30-77	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	07-30-77	47.50
1:34.89	08-26-77	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	1:44.68
3:25.97	08-28-77	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	3:57.75
43.60	08-14-76	PNA	KARL FREDERICK	50	M.	BRST	MURIEL FLYNN	PNA	07-21-84	53.42
1:41.50	07-11-76	PNA	KARL FREDERICK	100	M.	BRST	MURIEL FLYNN	PNA	06-26-83	1:56.97
3:42.60	08-14-76	PNA	KARL FREDERICK	200	M.	BRST	MURIEL FLYNN	PNA	06-26-83	4:07.01
40.40	08-14-76	PNA	KARL FREDERICK	50	M.	FLY	MAXINE CARLSON	PNA	08-26-82	1:09.97
1:45.70	08-23-74	PNA	GENE CADDY	100	M.	FLY				
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY				
3:27.82	07-31-82	PNA	WARREN KLEIST	200	M.	I.M.	MURIEL FLYNN	PNA	07-21-84	3:58.67
7:43.26	08-16-80	PNA	FRED WIGGIN	400	M.	I.M.	MURIEL FLYNN	PNA	07-21-85	8:32.01

***** M E N ***** 65-69 ***** W O M E N *****										
33.82	07-21-85	PNA	GERALD HEUSTIS	50	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	36.97
1:18.05	07-21-85	PNA	GERALD HEUSTIS	100	M.	FREE	DAWN MUSSELMAN	PNA	08-26-82	1:28.40
3:19.02	08-26-82	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	3:27.35
7:16.87	08-26-82	PNA	GENE CROSSETT	400	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	7:30.35
				800	M.	FREE	MAXINE CARLSON	PNA	06-01-85	19:16.24
27:48.77	07-25-81	PNA	GENE CROSSETT	1500	M.	FREE	LEE HOLM	PNA	08-16-80	38:33.47
43.22	08-26-82	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	08-10-80	47.31
1:37.10	08-26-82	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	1:46.95
3:29.80	07-12-81	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	3:51.56
45.20	08-12-79	PNA	KARL FREDERICK	50	M.	BRST	DAWN MUSSELMAN	PNA	08-16-80	1:03.38
1:44.75	07-08-79	PNA	KARL FREDERICK	100	M.	BRST				
4:00.62	08-10-80	PNA	KARL FREDERICK	200	M.	BRST				
43.54	07-08-79	PNA	KARL FREDERICK	50	M.	FLY	DAWN MUSSELMAN	PNA	08-16-80	1:01.39
1:52.68	07-25-81	PNA	GENE CADDY	100	M.	FLY				
4:29.72	07-25-81	PNA	GENE CADDY	200	M.	FLY				
3:33.70	08-26-82	PNA	FRED WIGGIN	200	M.	I.M.				
7:42.00	07-12-81	PNA	FRED WIGGIN	400	M.	I.M.				

***** M E N ***** 70-74 ***** W O M E N *****										
36.25	07-21-84	PNA	GENE CROSSETT	50	M.	FREE	DAWN MUSSELMAN	PNA	08-06-83	39.29
1:25.28	07-21-84	PNA	GENE CROSSETT	100	M.	FREE	DAWN MUSSELMAN	PNA	06-26-83	1:34.38
3:18.33	07-21-84	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	07-10-83	3:40.35
7:04.00	07-21-84	PNA	GENE CROSSETT	400	M.	FREE	LEE HOLM	PNA	07-21-85	9:59.68
15:24.93	06-01-85	PNA	GENE CROSSETT	800	M.	FREE	LEE HOLM	PNA	06-01-85	20:29.86
28:53.11	06-24-84	PNA	GENE CROSSETT	1500	M.	FREE	LEE HOLM	PNA	07-21-85	38:36.76
43.98	08-11-84	PNA	CARTER MORGAN	50	M.	BACK	DAWN MUSSELMAN	PNA	04-28-84	49.38
1:51.84	06-01-85	PNA	GENE CADDY	100	M.	BACK	DAWN MUSSELMAN	PNA	06-26-83	1:51.41
4:04.20	07-21-85	PNA	GENE CADDY	200	M.	BACK	MARION MUELLER	PNA	06-24-84	5:18.84
49.09	07-25-81	PNA	JIM PENFIELD	50	M.	BRST	DAWN MUSSELMAN	PNA	07-10-83	1:01.47
1:54.51	04-24-84	PNA	KARL FREDERICK	100	M.	BRST	DAWN MUSSELMAN	PNA	06-26-83	2:18.97
4:08.39	06-24-84	PNA	KARL FREDERICK	200	M.	BRST				
53.12	07-25-81	PNA	FRANCIS JOWETT	50	M.	FLY				
2:27.72	07-21-85	PNA	GENE CADDY	100	M.	FLY				
				200	M.	FLY				
4:10.52	07-21-85	PNA	GENE CADDY	200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 75-79 ***** W O M E N *****										
37.98	08-06-83	PNA	JIM PENFIELD	50	M.	FREE				
1:32.53	08-06-83	PNA	JIM PENFIELD	100	M.	FREE				
4:07.65	06-24-84	PNA	JIM PENFIELD	200	M.	FREE				
				400	M.	FREE				
				800	M.	FREE				
				1500	M.	FREE				
45.12	07-21-85	PNA	CARTER MORGAN	50	M.	BACK				
2:25.48	06-26-83	PNA	JIM PENFIELD	100	M.	BACK				
5:12.83	06-24-84	PNA	JIM PENFIELD	200	M.	BACK				
49.85	08-06-83	PNA	JIM PENFIELD	50	M.	BRST				
1:56.80	07-21-84	PNA	JIM PENFIELD	100	M.	BRST				
4:32.66	08-06-83	PNA	JIM PENFIELD	200	M.	BRST				
53.39	06-01-85	PNA	JIM PENFIELD	50	M.	FLY				
2:19.01	07-21-85	PNA	JIM PENFIELD	100	M.	FLY				
				200	M.	FLY				
4:49.41	06-01-85	PNA	JIM PENFIELD	200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 80-84 ***** W O M E N *****										
50.78	06-01-85	PNA	JOHN ROBINSON	50	M.	FREE				
1:56.35	06-01-85	PNA	JOHN ROBINSON	100	M.	FREE				
4:42.29	08-12-85	PNA	JOHN ROBINSON	200	M.	FREE				
				400	M.	FREE				
				800	M.	FREE				
				1500	M.	FREE				

1:04.73 06-01-85 PNA JAMES MATTHEWS 50 M. BACK  
 2:26.12 06-01-85 PNA JAMES MATTHEWS 100 M. BACK

\*\*\*\*\* M E N \*\*\*\*\* 85-89 \*\*\*\*\* W O M E N \*\*\*\*\*

52.90 08-05-78 PNA ROBERT SIMMONDS 50 M. FREE  
 2:08.30 08-05-78 PNA ROBERT SIMMONDS 100 M. FREE  
 4:39.10 08-05-78 PNA ROBERT SIMMONDS 200 M. FREE  
 10:11.90 08-05-78 PNA ROBERT SIMMONDS 400 M. FREE  
 38:36.50 08-05-78 PNA ROBERT SIMMONDS 800 M. FREE  
 1500 M. FREE

20 + RELAYS

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 200 FREE MEN BOB RAMSEY LARRY DEGROEN 06-13-82 1:51.18  
 FRANK WARNER LOWELL JOHNSON  
 200 MEDLEY MEN LARRY DE GROEN DAN FENTON 06-26-83 2:19.46  
 JAY PALMER ERIC BRADFIELD  
 200 FREE WOMEN JULIE CORMAN KIKO KIMURA 07-21-84 2:10.72  
 COOKIE JUSTESEN MEG LLOYD  
 200 MEDLEY WOMEN JULIE CORMAN JUDY WESTON 06-24-84 2:23.30  
 KIKO KIMURA MEG LLOYD  
 200 FREE MIXED PATTI CARMAN RICK INGRAHAM 06-26-83 2:03.84  
 ELAINE DUKE CLIFF WARD  
 200 MEDLEY MIXED JOHN ADDISON CARRIE VANDYCK 07-21-84 2:24.64  
 JANIS THOMPSON DAVE FIELDS  
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25 + RELAYS

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 200 FREE MEN 08-26-77 1:45.75  
 200 MEDLEY MEN 08-27-77 1:59.69  
 200 FREE WOMEN BARB LINDSLEY CAROL BROWN 08-26-77 2:05.75  
 JULIE CORMAN MARGARET BROWN  
 200 MEDLEY WOMEN JULIE CORMAN MARY BETH PHELAN 08-27-77 2:31.17  
 MARGARET BROWN NORMA HURLOCKER  
 200 FREE MIXED GARY HAFER MARGARET BROWN 08-28-77 1:54.08  
 BARB LINDSLEY FRANK WARNER  
 200 MEDLEY MIXED JULIE CORMAN DAVE SHILLING 08-28-82 2:07.26  
 GARY HAFER MARGARET BROWN  
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35 + RELAYS

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 200 FREE MEN DAVE LANDES DARRYL SWENSON 08-28-82 1:49.24  
 JIM MILES ROBERT PILGER  
 200 MEDLEY MEN 08-26-77 2:06.16  
 200 FREE WOMEN COOKIE JUSTESEN JOY ROGERS 08-28-82 2:13.38  
 CAROL DEWELL SUE DILLS  
 200 MEDLEY WOMEN CAROL DEWELL JUDY HARRISO 08-28-82 2:32.05  
 SUE DILLS COOKIE JUSTESEN  
 200 FREE MIXED DAVE EMERY MARYLOU HAUGLAND 08-28-77 2:01.01  
 JUANITA CORREA DENNIS DONOVAN  
 200 MEDLEY MIXED PAT WHALLEY WALT REID 08-06-83 2:14.35  
 NICK LECLERCQ COOKIE JUSTESEN  
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45 + RELAYS

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 200 FREE MEN DAVID ADDLEMAN WILFRED FREGEAU 08-28-82 1:53.71  
 WILLIAM MC ANDREW LOWELL JOHNSON  
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200	MEDLEY	MEN	LOWELL JOHNSON WILLIAM MC ANDREW	RON TAYLOR DAVID ADDLEMAN	08-28-82	2:13.59
200	FREE	WOMEN	JANET TWIGHT SUE DEARBORN	CYNTHIA ROSIK JUANITA CORREA	08-28-82	2:40.61
200	MEDLEY	WOMEN	ANN GINDROZ SUE DEARBORN	PAT DOTSON CYNTHIA ROSIK	08-11-84	3:08.15
200	FREE	MIXED	JUANITA CORREA SUE DEARBORN	DAVID ADDLEMAN LOWELL JOHNSON	08-28-82	2:01.62
200	MEDLEY	MIXED	JUANITA CORREA DONNA PHELAN	DAVE ADDLEMAN LOWELL JOHNSON	06-24-84	2:22.31

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55 + RELAYS

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200	FREE	MEN	CHET PALMER CHARLES MCINTYRE	JOHN KORUGA WARREN KLEIST	08-28-82	2:17.68
200	MEDLEY	MEN			08-26-77	2:49.98
200	FREE	WOMEN	MAXINE CARLSON PAT DOTSON	MURIEL FLYNN DAWN MUSSELMAN	08-28-82	2:48.33
200	MEDLEY	WOMEN	MAXINE CARLSON PAT DOTSON	MURIEL FLYNN DAWN MUSSELMAN	08-28-82	3:10.76
200	FREE	MIXED	CHET PALMER DAWN MUSSELMAN	MURIEL FLYNN WARREN KLEIST	08-28-82	2:23.84
200	MEDLEY	MIXED	DAWN MUSSELMAN WARREN KLEIST	MURIEL FLYNN CHET PALMER	08-28-82	2:58.40

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65 + RELAYS

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200	FREE	MEN	FRANCIS JOWETT FRED WIGGIN	GENE CADDY GENE CROSSETT	07-25-81	2:33.25
200	MEDLEY	MEN	FRED WIGGIN KARL FREDERICK	GENE CADDY GENE CROSSETT	08-28-82	2:55.49
200	FREE	WOMEN	DAWN MUSSELMAN MARION MUELLER	LEE HOLM MAXINE CARLSON	-85	4:02.52
200	MEDLEY	WOMEN				
200	FREE	MIXED	KARL FREDERICK GENE CADDY	DAWN MUSSELMAN MARION MUELLER	08-06-83	3:06.15
200	MEDLEY	MIXED	JIM PENFIELD MARION MUELLER	KARL FREDERICK DAWN MUSSELMAN	08-06-83	3:30.87