

PNA LCM RECORDS AS OF 9-30-1990

*****	M E N	*****	18-24	*****	W O M E N	*****
26.89	06-26-83	PNA	BILL HAUGEN	50 M. FREE	SHELLY MARSHALL	PNA 08-12-79 29.80
58.36	07-20-86	PNA	STEVE SCHMIDT	100 M. FREE	LINDA MARX	PNA 08-05-90 1:10.11
2:24.80	07-30-77	PNA	CHUCK KRIEBLE	200 M. FREE	LISA O'BRIEN	PNA 07-21-85 2:30.29
4:34.70	08-14-76	PNA	RICK COLELLA	400 M. FREE	LISA O'BRIEN	PNA 07-21-85 5:17.56
10:39.36	08-14-88	PNA	STEVE UNDERBRINK	800 M. FREE		
17:33.20	08-14-76	PNA	RICK COLELLA	1500 M. FREE	AMY RUST	PNA 08-06-83 21:47.76
31.74	08-14-88	PNA	STEVE UNDERBRINK	50 M. BACK	MEG LLOYD	PNA 07-21-84 36.22
1:05.53	07-21-84	PNA	SCOTT SEELYE	100 M. BACK	MEG LLOYD	PNA 06-24-84 1:18.83
2:26.26	07-21-84	PNA	SCOTT SEELYE	200 M. BACK	MEG LLOYD	PNA 07-21-84 2:51.04
34.44	08-06-83	PNA	ENRIQUE MIRANDA	50 M. BRST	KAREN SWANSON	PNA 08-10-80 42.02
1:13.30	08-14-76	PNA	RICK COLELLA	100 M. BRST	LINDA MARX	PNA 08-05-90 1:34.47
2:37.60	08-14-76	PNA	RICK COLELLA	200 M. BRST	LOIS MCKENZIE	PNA -77 3:23.50
28.08	06-01-85	PNA	ROBERT MOORE	50 M. FLY	LAURIE STEWART	PNA 08-06-83 32.30
1:01.95	07-21-84	PNA	SCOTT SEELYE	100 M. FLY	SHELLY MARSHALL	PNA 08-12-79 1:12.70
				200 M. FLY	SHARON BROWN	PNA 07-30-77 4:27.90
2:33.52	07-31-88	PNA	STEVE UNDERBRINK	200 M. I.M.	MEG LLOYD	PNA 07-21-84 2:49.50
5:03.70	08-14-76	PNA	RICK COLELLA	400 M. I.M.		

*****	M E N	*****	25-29	*****	W O M E N	*****
25.54	08-24-86	PNA	DICK HANNULA	50 M. FREE	ZENA HERRMANN	PNA 06-11-89 30.10
56.45	08-24-86	PNA	DICK HANNULA	100 M. FREE	LINDA REGAN	PNA 06-14-86 1:09.30
2:06.33	08-24-86	PNA	ROBERT CRAWFORD	200 M. FREE	MEG LLOYD	PNA 08-24-86 2:28.76
4:32.24	08-24-86	PNA	ROBERT CRAWFORD	400 M. FREE	BARB LINDSLEY	PNA 07-30-77 5:18.70
9:39.10	08-14-88	PNA	STEVE SCHMIDT	800 M. FREE	AMY RUST	PNA 06-14-86 11:09.19
18:32.83	-79	PNA	BILL PENN	1500 M. FREE	LYNN BELL	PNA 08-25-77 20:14.39
30.25	08-16-80	PNA	GARY HAFER	50 M. BACK	ZENA HERRMANN	PNA 06-11-89 34.35
1:07.27	08-29-80	PNA	GARY HAFER	100 M. BACK	MEG LLOYD	PNA 08-24-86 1:14.02
2:22.34	08-24-86	PNA	REX FLETCHER	200 M. BACK	MEG LLOYD	PNA 08-24-86 2:40.62
31.74	08-24-86	PNA	ROBERT CRAWFORD	50 M. BRST	MARY BETH PHELAN	PNA 07-25-81 38.54
1:10.00	08-24-86	PNA	ROBERT CRAWFORD	100 M. BRST	LYNN BELL	PNA 08-27-77 1:25.08
2:51.05	08-26-82	PNA	CRAIG BROWN	200 M. BRST	LYNN BELL	PNA 08-28-77 3:08.45
27.60	08-24-86	PNA	DICK HANNULA	50 M. FLY	ROBIN O'LEARY	PNA 08-24-86 29.11
1:02.72	-79	PNA	BILL PENN	100 M. FLY	LYNN BELL	PNA 08-28-77 1:09.50
2:22.14	08-14-88	PNA	STEVE SCHMIDT	200 M. FLY	ROBIN O'LEARY	PNA 08-24-86 2:49.36
2:18.65	08-24-86	PNA	ROBERT CRAWFORD	200 M. I.M.	MEG LLOYD	PNA 08-24-86 2:40.47
5:19.14	08-14-88	PNA	STEVE SCHMIDT	400 M. I.M.	MEG LLOYD	PNA 08-24-86 5:45.21

*****	M E N	*****	30-34	*****	W O M E N	*****
25.27	08-24-86	PNA	DAVE HANNULA	50 M. FREE	TAMMY BENNETT	HSKY 06-26-88 30.25
56.77	08-06-83	PNA	DAVE FIELDS	100 M. FREE	ZENA HERRMANN	PNA 06-24-90 1:06.63
2:06.43	08-06-83	PNA	DAVE FIELDS	200 M. FREE	ZENA HERRMANN	PNA 06-24-90 2:27.28
4:30.35	08-06-83	PNA	DAVE FIELDS	400 M. FREE	ZENA HERRMANN	PNA 06-24-90 4:59.52
10:19.79	06-26-88	PNA	JEFF BYNUM	800 M. FREE	SUE BOOTH	PNA 06-01-85 11:36.68
18:03.53	08-06-83	PNA	BILL PENN	1500 M. FREE	BARB LINDSLEY	PNA 07-31-82 21:01.68
29.04	08-24-86	PNA	DAVE HANNULA	50 M. BACK	JULIE CORMAN	PNA 06-27-82 35.10
1:06.52	08-26-82	PNA	GARY HAFER	100 M. BACK	ZENA HERRMANN	PNA 06-24-90 1:15.09
2:30.48	08-12-85	PNA	PETE RAY	200 M. BACK	ZENA HERRMANN	PNA 06-24-90 2:38.63
33.43	06-14-86	PNA	DAVE HANNULA	50 M. BRST	MARY BETH PHELAN	PNA 04-24-84 39.19
1:11.80	-74	PNA	TONY CANLIS	100 M. BRST	MARY BETH PHELAN	PNA 08-26-82 1:22.70
2:36.33	08-24-86	PNA	GREG HARRISON	200 M. BRST	MARY BETH PHELAN	PNA 08-26-82 3:06.12
27.66	06-11-89	PNA	BRENT KRANTZ	50 M. FLY	TAMMY BENNETT	HSKY 06-26-88 31.59
1:01.93	06-11-89	PNA	BRENT KRANTZ	100 M. FLY	TAMMY BENNETT	HSKY 06-26-88 1:09.09
2:20.55	08-06-83	PNA	BILL PENN	200 M. FLY	TAMMY BENNETT	HSKY 07-31-88 2:36.08
2:17.75	08-24-86	PNA	DAVE HANNULA	200 M. I.M.	JO MOORE	PNA 06-01-85 2:52.35
5:20.61	08-12-85	PNA	HUGH MOORE	400 M. I.M.	CATHY BROOKS	PNA 08-26-82 6:14.57

*****	M E N	*****	35-39	*****	W O M E N	*****
26.05	08-24-86	PNA	GORDON CLARK	50 M. FREE	BETH BRENNER	PNA 08-20-89 30.15
58.35	08-24-86	PNA	GORDON CLARK	100 M. FREE	JULIE CORMAN	PNA 08-20-85 1:08.68
2:12.99	08-24-87	HSKY	GORDON CLARK	200 M. FREE	JULIE CORMAN	PNA 08-20-85 2:32.73
4:47.27	06-26-88	PNA	BILL PENN	400 M. FREE	COOKIE JUSTESEN	PNA 08-25-83 5:31.64
9:43.23	06-01-85	PNA	LEE CHESNEAU	800 M. FREE	KATHRINE CASEY	PNA 06-14-87 11:18.47
18:15.41	08-28-88	PNA	BILL PENN	1500 M. FREE	BARB GUNDRED	PNA 08-20-89 21:07.54
30.71	08-24-86	PNA	CASH O'DONNELL	50 M. BACK	BETH BRENNER	PNA 08-20-89 35.28
1:10.00	08-24-88	PNA	CASH O'DONNELL	100 M. BACK	JULIE CORMAN	PNA 08-20-85 1:17.61
2:30.16	08-24-86	PNA	DAVID TEMPEST	200 M. BACK	BARB GUNDRED	PNA 08-20-89 2:49.07
34.08	08-28-88	PNA	GREG HARRISON	50 M. BRST	MARY BETH PHELAN	PNA 08-24-86 38.05
1:12.48	08-28-88	PNA	GREG HARRISON	100 M. BRST	MARY BETH PHELAN	PNA 08-24-86 1:24.71
2:34.61	08-05-90	PNA	GREG HARRISON	200 M. BRST	KATHRINE CASEY	PNA 08-20-85 3:16.94
28.18	08-24-87	HSKY	GORDON CLARK	50 M. FLY	BETH BRENNER	PNA 08-20-89 32.49
1:03.33	06-14-86	PNA	NICK LECLERCQ	100 M. FLY	BARB GUNDRED	PNA 08-20-89 1:16.59
2:25.09	08-28-88	PNA	BILL PENN	200 M. FLY	BARB GUNDRED	PNA 08-20-89 2:55.36
2:31.22	08-05-90	PNA	GREG HARRISON	200 M. I.M.	BARB GUNDRED	PNA 08-20-89 2:49.30
5:15.30	06-01-85	PNA	NICK LECLERCQ	400 M. I.M.	KATHRINE CASEY	PNA 08-09-87 6:27.25

*****	M E N	*****	40-44	*****	W O M E N	*****
-------	-------	-------	-------	-------	-----------	-------

26.92	07-25-81	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	07-30-77	32.10
58.85	08-20-90	PNA	FRANK WARNER	100	M.	FREE	KATHRINE CASEY	PNA	08-20-90	1:10.69
2:10.90	08-20-90	PNA	FRANK WARNER	200	M.	FREE	JUANITA CORREA	PNA	08-29-77	2:37.96
4:43.19	08-20-90	PNA	FRANK WARNER	400	M.	FREE	KATHRINE CASEY	PNA	06-11-89	5:44.56
10:52.71	08-20-90	PNA	FRANK WARNER	800	M.	FREE	KATHRINE CASEY	PNA	08-20-90	11:39.49
19:49.45	08-20-89	PNA	IAN THOMPSON	1500	M.	FREE	KATHRINE CASEY	PNA	08-20-90	21:53.04
32.01	08-20-90	PNA	FRANK WARNER	50	M.	BACK	JULIE CORMAN	PNA	06-11-89	37.40
1:09.96	08-20-90	PNA	FRANK WARNER	100	M.	BACK	JULIE CORMAN	PNA	06-11-89	1:23.41
2:33.14	08-20-90	PNA	FRANK WARNER	200	M.	BACK	JUANITA CORREA	PNA	08-26-77	3:02.68
35.25	08-14-88	PNA	NICK CUMMINGS	50	M.	BRST	KATHRINE CASEY	PNA	08-20-90	40.69
1:17.61	08-20-89	PNA	IAN THOMPSON	100	M.	BRST	KATHRINE CASEY	PNA	08-20-90	1:31.95
2:51.02	08-20-89	PNA	IAN THOMPSON	200	M.	BRST	KATHRINE CASEY	PNA	06-25-89	3:22.17
31.51	06-01-85	PNA	ALAN NORDELL	50	M.	FLY	PATRICIA WHALLEY	PNA	07-21-85	36.88
1:12.96	08-24-86	PNA	ALAN NORDELL	100	M.	FLY	SUE DILLS	PNA	08-24-86	1:28.43
2:31.47	07-31-88	PNA	NICK LECLERCQ	200	M.	FLY	TERRI HIGHLAND	PNA	08-14-88	3:38.60
2:30.24	07-31-88	PNA	NICK LECLERCQ	200	M.	I.M.	SUE DILLS	PNA	08-12-85	3:07.72
5:37.51	08-20-89	PNA	IAN THOMPSON	400	M.	I.M.	KATHRINE CASEY	PNA	08-20-90	6:39.92

***** M E N ***** 45-49 ***** W O M E N *****

27.38	08-26-82	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	08-26-82	30.43
1:04.93	08-26-83	PNA	DAVID ADDLEMAN	100	M.	FREE	JUANITA CORREA	PNA	08-26-82	1:09.42
2:34.74	08-06-83	PNA	FRANK NEWQUIST	200	M.	FREE	JUANITA CORREA	PNA	08-26-82	2:33.11
5:37.41	06-14-87	PNA	ROBERT PROEBSTING	400	M.	FREE	JUANITA CORREA	PNA	04-24-84	5:37.53
12:03.43	06-01-85	PNA	FRANK NEWQUIST	800	M.	FREE	ANN GINDROZ	PNA	06-01-85	13:46.22
23:16.20	08-14-76	PNA	BOB MILLER	1500	M.	FREE	NADINE WHITEHALL	PNA	07-25-81	24:46.00
34.27	08-26-82	PNA	LOWELL JOHNSON	50	M.	BACK	JUANITA CORREA	PNA	08-26-82	38.70
1:21.19	08-12-85	PNA	LOWELL JOHNSON	100	M.	BACK	JUANITA CORREA	PNA	08-26-82	1:24.25
3:03.88	07-31-88	PNA	LARRY DICKMAN	200	M.	BACK	JUANITA CORREA	PNA	08-26-82	3:01.14
36.98	08-20-85	PNA	WALT REID	50	M.	BRST	MARYLOU HAUGLAND	PNA	08-24-86	43.29
1:23.23	08-29-80	PNA	RON TAYLOR	100	M.	BRST	MARYLOU HAUGLAND	PNA	08-24-86	1:35.06
3:04.92	08-29-80	PNA	RON TAYLOR	200	M.	BRST	CAROLYN BEHSE	PNA	08-14-88	3:30.16
29.81	08-24-86	PNA	ROBERT PROEBSTING	50	M.	FLY	JUANITA CORREA	PNA	08-12-85	36.11
1:09.17	06-14-87	PNA	ROBERT PROEBSTING	100	M.	FLY	NADINE WHITEHALL	PNA	09-04-81	1:41.36
2:54.27	08-24-86	PNA	ROBERT PROEBSTING	200	M.	FLY	NADINE WHITEHALL	PNA	06-06-81	3:41.94
2:51.09	08-24-86	PNA	ROBERT PROEBSTING	200	M.	I.M.	JANICE MILLER	PNA	08-24-86	3:24.19
6:23.58	08-24-86	PNA	ROBERT PROEBSTING	400	M.	I.M.	NADINE WHITEHALL	PNA	06-06-81	7:30.66

***** M E N ***** 50-54 ***** W O M E N *****

27.53	08-24-87	PNA	ROBERT PROEBSTING	50	M.	FREE	JUANITA CORREA	PNA	08-24-86	32.19
1:07.27	08-26-82	PNA	WILLIAM MCANDREW	100	M.	FREE	JUANITA CORREA	PNA	08-24-86	1:12.21
2:36.38	08-26-82	PNA	WILLIAM MCANDREW	200	M.	FREE	JUANITA CORREA	PNA	08-24-86	2:38.26
5:41.90	08-26-82	PNA	WILLIAM MCANDREW	400	M.	FREE	SUSAN DEARBORN	PNA	08-24-87	6:38.54
12:06.09	08-28-88	PNA	FRANK NEWQUIST	800	M.	FREE	SUSAN DEARBORN	PNA	10-15-88	14:23.43
22:48.35	08-26-82	PNA	TOM TAYLOR	1500	M.	FREE	SUSAN DEARBORN	PNA	08-09-87	26:36.83
35.20	08-12-85	PNA	DAVID ADDLEMAN	50	M.	BACK	JUANITA CORREA	PNA	08-24-86	39.25
1:24.93	06-01-85	PNA	DAVID ADDLEMAN	100	M.	BACK	JUANITA CORREA	PNA	08-24-86	1:27.59
3:30.91	07-21-84	PNA	WILLIAM MCANDREW	200	M.	BACK	JUANITA CORREA	PNA	08-24-83	3:04.62
38.66	06-14-86	PNA	ODD HAUGE	50	M.	BRST	MARYLOU HAUGLAND	PNA	06-11-89	47.68
1:27.92	08-26-82	PNA	TOM TAYLOR	100	M.	BRST	MARYLOU HAUGLAND	PNA	06-11-89	1:41.71
3:12.86	08-06-83	PNA	RON TAYLOR	200	M.	BRST	SUSAN DEARBORN	PNA	08-24-87	3:56.39
28.90	08-24-87	PNA	ROBERT PROEBSTING	50	M.	FLY	PAT DOTSON	PNA	08-27-77	41.72
1:08.41	08-24-87	PNA	ROBERT PROEBSTING	100	M.	FLY	ANN GINDROZ	PNA	06-26-88	2:04.58
2:42.21	08-24-87	PNA	ROBERT PROEBSTING	200	M.	FLY	ANN GINDROZ	PNA	08-14-88	4:21.42
2:46.50	08-09-87	PNA	ROBERT PROEBSTING	200	M.	I.M.	JANICE MILLER	PNA	06-11-89	3:38.15
6:08.18	08-24-87	PNA	ROBERT PROEBSTING	400	M.	I.M.	ANN GINDROZ	PNA	08-14-88	7:55.81

***** M E N ***** 55-59 ***** W O M E N *****

30.11	08-26-82	PNA	DICK CAMPBELL	50	M.	FREE	PAT DOTSON	PNA	08-24-86	38.24
1:09.34	08-26-82	PNA	DICK CAMPBELL	100	M.	FREE	PAT DOTSON	PNA	08-24-86	1:25.01
2:42.65	08-26-82	PNA	DICK CAMPBELL	200	M.	FREE	PAT DOTSON	PNA	06-01-85	3:04.10
6:05.07	08-20-89	PNA	TOM TAYLOR	400	M.	FREE	PAT DOTSON	PNA	08-24-86	6:37.52
12:40.22	08-03-86	PNA	TOM TAYLOR	800	M.	FREE	PAT DOTSON	PNA	06-01-85	13:30.19
23:47.06	08-03-86	PNA	TOM TAYLOR	1500	M.	FREE	PAT DOTSON	PNA	06-13-82	27:17.82
42.60	08-23-74	PNA	FRED WIGGIN	50	M.	BACK	DORRES FOSTER	PNA	06-01-85	46.94
1:36.47	08-29-80	PNA	CHARLES MCINTYRE	100	M.	BACK	PAT DOTSON	PNA	08-12-85	1:43.54
3:28.30	08-23-74	PNA	FRED WIGGIN	200	M.	BACK	PAT DOTSON	PNA	08-12-85	3:47.01
40.25	08-03-86	PNA	TOM TAYLOR	50	M.	BRST	PAT DOTSON	PNA	08-06-83	50.94
1:32.02	08-09-87	PNA	TOM TAYLOR	100	M.	BRST	MURIEL FLYNN	PNA	08-26-82	1:55.38
3:24.93	08-20-89	PNA	TOM TAYLOR	200	M.	BRST	MURIEL FLYNN	PNA	08-26-82	4:05.72
39.85	08-09-87	PNA	TOM TAYLOR	50	M.	FLY	PAT DOTSON	PNA	07-21-85	37.48
1:49.21	08-12-85	PNA	JOHN KRUGA	100	M.	FLY	PAT DOTSON	PNA	08-24-86	1:38.62
4:45.16	06-25-89	PNA	TOM FOLEY	200	M.	FLY	PAT DOTSON	PNA	08-24-86	3:43.16
3:18.47	08-09-87	PNA	TOM TAYLOR	200	M.	I.M.	PAT DOTSON	PNA	08-26-82	3:36.42
7:11.61	06-25-89	PNA	TOM TAYLOR	400	M.	I.M.	PAT DOTSON	PNA	08-06-83	7:55.77

***** M E N ***** 60-64 ***** W O M E N *****

31.33	07-21-85	PNA	RAY FREDERICK	50	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	36.23
1:10.13	08-24-86	PNA	RAY FREDERICK	100	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	1:25.86
2:42.58	07-21-85	PNA	RAY FREDERICK	200	M.	FREE	PAT DOTSON	PNA	07-31-88	3:10.62

6:01.50	08-24-86	PNA	RAY FREDERICK	400	M.	FREE	PAT DOTSON	PNA	06-26-88	6:51.36
				800	M.	FREE	PAT DOTSON	PNA	08-14-88	13:30.07
24:17.40	08-26-82	PNA	WARREN KLEIST	1500	M.	FREE	PAT DOTSON	PNA	07-31-88	26:09.06
43.90	07-30-77	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	07-30-77	47.50
1:29.61	08-24-86	PNA	RAY FREDERICK	100	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	1:44.68
3:25.97	08-28-77	PNA	FRED WIGGIN	200	M.	BACK	PAT DOTSON	PNA	07-31-88	3:47.69
43.60	08-14-76	PNA	KARL FREDERICK	50	M.	BRST	MURIEL FLYNN	PNA	07-21-84	53.42
1:41.50	07-11-76	PNA	KARL FREDERICK	100	M.	BRST	MURIEL FLYNN	PNA	06-26-83	1:56.97
3:42.60	08-14-76	PNA	KARL FREDERICK	200	M.	BRST	MURIEL FLYNN	PNA	06-26-83	4:07.01
40.40	08-14-76	PNA	KARL FREDERICK	50	M.	FLY	PAT DOTSON	PNA	07-31-88	44.03
1:45.70	08-23-74	PNA	GENE CADDY	100	M.	FLY	PAT DOTSON	PNA	07-31-88	1:39.56
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY	PAT DOTSON	PNA	08-14-88	3:43.84
3:27.82	07-31-82	PNA	WARREN KLEIST	200	M.	I.M.	PAT DOTSON	PNA	08-14-88	3:45.18
7:43.26	08-16-80	PNA	FRED WIGGIN	400	M.	I.M.	PAT DOTSON	PNA	08-14-88	7:49.80

***** M E N ***** 65-69 ***** W O M E N *****										
33.82	07-21-85	PNA	GERALD HEUSTIS	50	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	36.97
1:18.05	07-21-85	PNA	GERALD HEUSTIS	100	M.	FREE	DAWN MUSSELMAN	PNA	08-26-82	1:28.40
3:06.47	08-14-88	PNA	WARREN KLEIST	200	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	3:27.35
7:16.87	08-26-82	PNA	GENE CROSSETT	400	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	7:30.35
14:05.70	08-14-88	PNA	WARREN KLEIST	800	M.	FREE	MARION CHADWICK	PNA	10-15-88	18:57.12
27:48.77	07-25-81	PNA	GENE CROSSETT	1500	M.	FREE	MARION CHADWICK	PNA	08-24-87	35:09.24
43.22	08-26-82	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	08-10-80	47.31
1:37.10	08-26-82	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	1:46.95
3:29.80	07-12-81	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	3:51.56
45.20	08-12-79	PNA	KARL FREDERICK	50	M.	BRST	MURIEL FLYNN	PNA	06-26-88	56.06
1:44.75	07-08-79	PNA	KARL FREDERICK	100	M.	BRST	MURIEL FLYNN	PNA	06-11-89	2:06.50
4:00.62	08-10-80	PNA	KARL FREDERICK	200	M.	BRST	MURIEL FLYNN	PNA	07-31-88	4:25.18
43.54	07-08-79	PNA	KARL FREDERICK	50	M.	FLY	DAWN MUSSELMAN	PNA	08-16-80	1:01.39
1:52.68	07-25-81	PNA	GENE CADDY	100	M.	FLY				
4:29.72	07-25-81	PNA	GENE CADDY	200	M.	FLY				
3:33.70	08-26-82	PNA	FRED WIGGIN	200	M.	I.M.	MURIEL FLYNN	PNA	08-14-88	4:21.08
7:42.00	07-12-81	PNA	FRED WIGGIN	400	M.	I.M.	MURIEL FLYNN	PNA	06-26-88	9:08.25

***** M E N ***** 70-74 ***** W O M E N *****										
32.48	08-20-90	PNA	ANDREW HOLDEN	50	M.	FREE	DAWN MUSSELMAN	PNA	08-06-83	39.29
1:13.94	07-22-90	PNA	ANDREW HOLDEN	100	M.	FREE	DAWN MUSSELMAN	PNA	06-26-83	1:34.38
3:17.94	06-26-88	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	07-10-83	3:40.35
7:04.00	07-21-84	PNA	GENE CROSSETT	400	M.	FREE	MARY MCMAHON	PNA	07-31-88	9:21.69
15:11.08	06-14-86	PNA	GENE CROSSETT	800	M.	FREE	LEE HOLM	PNA	06-01-85	20:29.86
28:53.11	06-24-84	PNA	GENE CROSSETT	1500	M.	FREE	LEE HOLM	PNA	08-24-86	37:54.63
41.91	08-05-90	PNA	ANDREW HOLDEN	50	M.	BACK	DAWN MUSSELMAN	PNA	04-28-84	49.38
1:35.39	06-24-90	PNA	ANDREW HOLDEN	100	M.	BACK	DAWN MUSSELMAN	PNA	06-26-83	1:51.41
3:47.92	08-24-86	PNA	FRED WIGGIN	200	M.	BACK	MARION MUELLER	PNA	06-24-84	5:18.84
46.45	08-20-90	PNA	ANDREW HOLDEN	50	M.	BRST	DAWN MUSSELMAN	PNA	07-10-83	1:01.47
1:48.05	07-22-90	PNA	ANDREW HOLDEN	100	M.	BRST	DAWN MUSSELMAN	PNA	06-26-83	2:18.97
4:08.39	06-24-84	PNA	KARL FREDERICK	200	M.	BRST				
36.59	07-22-90	PNA	ANDREW HOLDEN	50	M.	FLY				
1:32.85	08-20-90	PNA	ANDREW HOLDEN	100	M.	FLY				
3:39.04	08-20-90	PNA	ANDREW HOLDEN	200	M.	FLY				
3:49.18	08-24-86	PNA	FRED WIGGIN	200	M.	I.M.	MARION MUELLER	PNA	08-24-86	7:03.07
8:21.05	08-24-86	PNA	FRED WIGGIN	400	M.	I.M.				

***** M E N ***** 75-79 ***** W O M E N *****										
37.98	08-06-83	PNA	JIM PENFIELD	50	M.	FREE	MARY MCMAHON	PNA	06-11-89	58.35
1:32.53	08-06-83	PNA	JIM PENFIELD	100	M.	FREE	MARY MCMAHON	PNA	06-11-89	2:13.04
4:07.65	06-24-84	PNA	JIM PENFIELD	200	M.	FREE	MARION MUELLER	PNA	06-26-88	5:12.62
				400	M.	FREE	MARY MCMAHON	PNA	06-11-89	9:53.01
				800	M.	FREE	LEE HOLM	PNA	08-05-90	22:17.19
				1500	M.	FREE	LEE HOLM	PNA	08-05-90	42:01.16
45.12	07-21-85	PNA	CARTER MORGAN	50	M.	BACK	MARION MUELLER	PNA	06-25-89	1:08.91
2:16.28	06-14-86	PNA	JIM PENFIELD	100	M.	BACK	MARION MUELLER	PNA	08-14-88	2:33.26
5:12.83	06-24-84	PNA	JIM PENFIELD	200	M.	BACK	MARION MUELLER	PNA	08-05-90	5:25.64
49.85	08-06-83	PNA	JIM PENFIELD	50	M.	BRST	MARION MUELLER	PNA	07-31-88	1:54.52
1:56.80	07-21-84	PNA	JIM PENFIELD	100	M.	BRST	MARION MUELLER	PNA	06-26-88	4:09.62
4:32.66	08-06-83	PNA	JIM PENFIELD	200	M.	BRST				
53.03	08-24-86	PNA	JIM PENFIELD	50	M.	FLY	MARION MUELLER	PNA	07-31-88	2:00.28
2:19.01	07-21-85	PNA	JIM PENFIELD	100	M.	FLY				
				200	M.	FLY				
4:49.41	06-01-85	PNA	JIM PENFIELD	200	M.	I.M.	MARION MUELLER	PNA	06-26-88	7:02.28
				400	M.	I.M.				

***** M E N ***** 80-84 ***** W O M E N *****										
40.74	08-20-89	PNA	JIM PENFIELD	50	M.	FREE				
1:40.67	08-28-88	PNA	JIM PENFIELD	100	M.	FREE				
4:26.91	07-31-88	PNA	JIM PENFIELD	200	M.	FREE				
				400	M.	FREE				
				800	M.	FREE				
				1500	M.	FREE				

51.82	06-26-88	PNA	JIM PENFIELD	50	M.	BACK
2:06.27	07-31-88	PNA	JIM PENFIELD	100	M.	BACK
4:49.05	10-15-88	PNA	JIM PENFIELD	200	M.	BACK
52.19	07-31-88	PNA	JIM PENFIELD	50	M.	BRST
2:10.62	08-28-88	PNA	JIM PENFIELD	100	M.	BRST
4:57.91	06-26-88	PNA	JIM PENFIELD	200	M.	BRST
53.20	06-26-88	PNA	JIM PENFIELD	50	M.	FLY
				100	M.	FLY
				200	M.	FLY
4:47.64	08-20-89	PNA	JIM PENFIELD	200	M.	I.M.
				400	M.	I.M.

***** M E N ***** 85-89 ***** W O M E N *****

52.90	08-05-78	PNA	ROBERT SIMMONDS	50	M.	FREE
2:08.30	08-05-78	PNA	ROBERT SIMMONDS	100	M.	FREE
4:39.10	08-05-78	PNA	ROBERT SIMMONDS	200	M.	FREE
10:11.90	08-05-78	PNA	ROBERT SIMMONDS	400	M.	FREE
				800	M.	FREE
38:36.50	08-05-78	PNA	ROBERT SIMMONDS	1500	M.	FREE

***** RELAY 200 M. FREE - WOMEN *****

***** RELAY 200 M. FREE - WOMEN *****

76 +				76 +			
100+	PNA	08-24-86	2:25.62	100+	PNA	08-24-86	2:23.44
	ELSIA DRIANO	CINDY WALSTON			MEG LLOYD	JUDY WESTON	
	DEBORAH KINGSLY	DEBRA LEWIS			AMY RUST	KIKO KIMURA	
120+	PNA	08-24-86	2:16.61	120+	PNA	08-24-86	2:37.63
	DONNA BROWN	KATHLEEN DYER			ANNETTE CLARK	KATHRINE CASEY	
	COOKIE JUSTESEN	RONDI WHITE			LIB RUST	ARLENE PROEBSTING	
160+	PNA	08-24-86	2:11.45	160+	PNA	08-24-86	2:28.35
	JUANITA CORREA	MEG LLOYD			ROBIN O'LEARY	MARY BETH PHELAN	
	SUE DILLS	MARYLOU HAUGLAND			JUANITA CORREA	ANN GINDROZ	
200+	PNA	07-31-88	2:46.40	200+	PNA	08-09-87	2:59.75
	JUDY HARRISON	PAT DOTSON			JUANITA CORREA	LINDA CAZIN	
	SUE DILLS	SUSAN DEARBORN			PAT DOTSON	SUSAN DEARBORN	
240+	PNA	08-24-86	3:04.13	240+	PNA	08-24-86	3:36.43
	JACQUELYN WATSON	PAT DOTSON			MARION MUELLER	JUDY HARRISON	
	MARION CHADWICK	MAXINE CARLSON			PAT DOTSON	MAXINE CARLSON	
280+				280+	PNA	08-14-88	4:59.22
					MAXINE CARLSON	MARION MUELLER	
					MURIEL FLYNN	LEE HOLM	

***** RELAY 400 M. FREE - WOMEN *****

***** RELAY 400 M. FREE - WOMEN *****

76 +				76 +			
100+				100+			
120+				120+			
160+				160+			
200+				200+			
240+				240+			
280+				280+			

***** RELAY 800 M. FREE - WOMEN *****

***** RELAY 800 M. FREE - WOMEN *****

