

PNA LCM RECORDS AS OF 9-30-1996

26.89	06-26-83	M E N	*****	18-24	*****	W O M E N	*****		
58.36	07-20-86	PNA	BILL HAUGEN	50 M. FREE	SHELLY MARSHALL	PNA	08-12-79	29.80	
2:16.02	08-27-95	PNA	STEVE SCHMIDT	100 M. FREE	YURIKO SATO	PNA	08-23-92	1:07.15	
4:34.70	08-14-76	PNA	CHARLES ROOT	200 M. FREE	LISA O'BRIEN	PNA	07-21-85	2:30.29	
10:39.36	08-14-88	PNA	RICK COLELLA	400 M. FREE	LISA O'BRIEN	PNA	07-21-85	5:17.56	
17:33.20	08-14-76	PNA	STEVE UNDERBRINK	800 M. FREE	TAMMI KEELER	PNA	08-11-91	11:28.19	
31.67	07-04-92	PNA	RICK COLELLA	1500 M. FREE	AMY RUST	PNA	08-06-83	21:47.76	
1:05.53	07-21-84	PNA	ROBERT WELCHER	50 M. BACK	CHRISTIE GEIST	PNA	08-23-92	35.04	
2:26.26	07-21-84	PNA	SCOTT SEELYE	100 M. BACK	MEG LLOYD	PNA	06-24-84	1:18.83	
34.03	07-31-94	PNA	SCOTT SEELYE	200 M. BACK	MEG LLOYD	PNA	07-21-84	2:51.04	
1:13.30	08-14-76	PNA	TODD DOHERTY	50 M. BRST	MARY CARR	PNA	08-27-95	38.17	
2:37.60	08-14-76	PNA	RICK COLELLA	100 M. BRST	LINDA MARX	PNA	08-05-90	1:34.47	
28.08	06-01-85	PNA	RICK COLELLA	200 M. BRST	MARY CARR	PNA	08-27-95	3:11.19	
1:01.95	07-21-84	PNA	ROBERT MOORE	50 M. FLY	LAURIE STEWART	PNA	08-06-83	32.30	
			SCOTT SEELYE	100 M. FLY	SHELLY MARSHALL	PNA	08-12-79	1:12.70	
				200 M. FLY	SHARON BROWN	PNA	07-30-77	4:27.90	
2:25.08	07-31-94	PNA	TODD DOHERTY	200 M. I.M.	MEG LLOYD	PNA	07-21-84	2:49.50	
5:03.70	08-14-76	PNA	RICK COLELLA	400 M. I.M.	WENDY NEELY	PNA	07-16-95	6:08.50	

25.54	08-24-86	M E N	*****	25-29	*****	W O M E N	*****		
56.45	08-24-86	PNA	DICK HANNULA	50 M. FREE	LISA GOMEZ	PNA	08-27-95	28.23	
2:06.33	08-24-86	PNA	DICK HANNULA	100 M. FREE	CAROLYN ACKERLEY	PNA	08-23-92	1:03.84	
4:32.24	08-24-86	PNA	ROBERT CRAWFORD	200 M. FREE	CAROLYN ACKERLEY	PNA	08-23-92	2:22.38	
9:39.10	08-14-88	PNA	ROBERT CRAWFORD	400 M. FREE	BARB LINDSLEY	PNA	07-30-77	5:18.70	
18:32.83	-79	PNA	STEVE SCHMIDT	800 M. FREE	AMY RUST	PNA	06-14-86	11:09.19	
30.25	08-16-80	PNA	BILL PENN	1500 M. FREE	LYNN BELL	PNA	08-25-77	20:14.39	
1:07.27	08-29-80	PNA	GARY HAFER	50 M. BACK	ZENA HERRMANN	PNA	06-11-89	34.35	
2:22.34	08-24-86	PNA	GARY HAFER	100 M. BACK	MEG LLOYD	PNA	08-24-86	1:14.02	
31.74	08-24-86	PNA	REX FLETCHER	200 M. BACK	JENNIFER OGLE	PNA	07-04-92	2:40.35	
1:10.00	08-24-86	PNA	ROBERT CRAWFORD	50 M. BRST	DEBBIE FALSGRAF	PNA	08-23-92	37.99	
2:38.45	07-04-92	PNA	ROBERT CRAWFORD	100 M. BRST	DEBBIE FALSGRAF	PNA	08-23-92	1:22.31	
27.60	08-24-86	PNA	JUSTIN FARRABEE	200 M. BRST	DEBBIE FALSGRAF	PNA	08-23-92	3:00.21	
1:02.72	-79	PNA	DICK HANNULA	50 M. FLY	ROBIN O'LEARY	PNA	08-24-86	29.11	
2:22.14	08-14-88	PNA	BILL PENN	100 M. FLY	LYNN BELL	PNA	08-28-77	1:09.50	
2:18.65	08-24-86	PNA	STEVE SCHMIDT	200 M. FLY	ROBIN O'LEARY	PNA	08-24-86	2:49.36	
5:15.17	07-04-92	PNA	ROBERT CRAWFORD	200 M. I.M.	MEG LLOYD	PNA	08-24-86	2:40.47	
			JUSTIN FARRABEE	400 M. I.M.	MEG LLOYD	PNA	08-24-86	5:45.21	

25.05	07-04-92	M E N	*****	30-34	*****	W O M E N	*****		
55.79	07-04-92	PNA	CRAIG MALLERY	50 M. FREE	TAMMY BENNETT	HSKY	06-26-88	30.25	
2:05.86	08-23-92	PNA	CRAIG MALLERY	100 M. FREE	ZENA HERRMANN	PNA	07-28-91	1:03.08	
4:30.35	08-06-83	PNA	M. FITZGERALD	200 M. FREE	ZENA HERRMANN	PNA	08-11-91	2:15.03	
10:19.79	06-26-88	PNA	DAVE FIELDS	400 M. FREE	ZENA HERRMANN	PNA	08-23-92	4:46.38	
18:03.53	08-06-83	PNA	JEFF BYNUM	800 M. FREE	ZENA HERRMANN	PNA	08-11-91	10:02.60	
29.04	08-24-86	PNA	BILL PENN	1500 M. FREE	AMY RUST	PNA	08-23-92	20:57.87	
1:05.45	06-20-92	PNA	DAVE HANNULA	50 M. BACK	ZENA HERRMANN	PNA	08-23-92	32.83	
2:22.78	06-20-92	PNA	DOUG PORTELANCE	100 M. BACK	ZENA HERRMANN	PNA	07-26-92	1:09.07	
32.96	08-23-92	PNA	DOUG PORTELANCE	200 M. BACK	ZENA HERRMANN	PNA	08-23-92	2:26.99	
1:11.80	-74	PNA	TERRY TONGATE	50 M. BRST	CATHY WALTERS	PNA	07-16-95	38.05	
2:36.33	08-24-86	PNA	TONY CANLIS	100 M. BRST	MARY BETH PHELAN	PNA	08-26-82	1:22.70	
26.81	07-04-92	PNA	GREG HARRISON	200 M. BRST	MARY BETH PHELAN	PNA	08-26-82	3:06.12	
1:00.90	08-01-93	PNA	CRAIG MALLERY	50 M. FLY	TAMMY BENNETT	HSKY	08-11-91	30.90	
2:20.55	08-06-83	PNA	GREG COLBY	100 M. FLY	TAMMY BENNETT	HSKY	08-11-91	1:07.74	
2:17.75	08-24-86	PNA	BILL PENN	200 M. FLY	TAMMY BENNETT	HSKY	07-31-88	2:36.08	
5:11.10	08-23-92	PNA	DAVE HANNULA	200 M. I.M.	ZENA HERRMANN	PNA	08-23-92	2:31.81	
			M. FITZGERALD	400 M. I.M.	ZENA HERRMANN	PNA	07-04-92	5:29.60	

25.42	08-23-92	M E N	*****	35-39	*****	W O M E N	*****		
56.22	08-23-92	PNA	MIKE MCINTYRE	50 M. FREE	JO MOORE	PNA	08-23-92	29.64	
2:11.56	06-20-92	PNA	MARK LIST	100 M. FREE	JO MOORE	PNA	08-23-92	1:05.42	
4:42.18	08-23-92	HSKY	STEVE SUSSEX	200 M. FREE	CATHREINE CHAY	PNA	08-23-92	2:28.85	
9:43.23	06-01-85	PNA	WILLIAM FENNER	400 M. FREE	CATHERINE CHAY	PNA	08-11-91	5:05.14	
18:15.41	08-28-88	PNA	LEE CHESNEAU	800 M. FREE	CATHERINE CHAY	PNA	08-11-91	10:27.83	
28.60	08-23-92	PNA	BILL PENN	1500 M. FREE	CATHERINE CHAY	PNA	08-23-92	20:01.84	
1:01.88	08-23-92	PNA	MIKE MCINTYRE	50 M. BACK	BETH BRENNER	PNA	08-20-89	35.28	
2:14.81	08-23-92	PNA	MARK LIST	100 M. BACK	JULIE CORMAN	PNA	08-20-85	1:17.61	
33.92	08-23-92	PNA	MARK LIST	200 M. BACK	BARB GUNDRED	PNA	08-20-89	2:49.07	
1:12.48	08-28-88	PNA	DAVE HANNULA	50 M. BRST	MARY BETH PHELAN	PNA	08-24-86	38.05	
2:34.61	08-05-90	PNA	GREG HARRISON	100 M. BRST	MARY BETH PHELAN	PNA	08-24-86	1:24.71	
27.49	08-23-92	PNA	GREG HARRISON	200 M. BRST	LINDA CHAPMAN	PNA	08-23-92	3:12.27	
1:03.33	06-14-86	PNA	DAVE HANNULA	50 M. FLY	TAMMY BENNETT	HSKY	08-23-92	31.16	
2:25.09	08-28-88	PNA	NICK LECLERCQ	100 M. FLY	TAMMY BENNETT	HSKY	08-23-92	1:08.69	
2:30.53	08-23-92	PNA	BILL PENN	200 M. FLY	BARB GUNDRED	PNA	08-20-89	2:55.36	
5:15.30	06-01-85	PNA	WILLIAM FENNER	200 M. I.M.	CATHERINE CHAY	PNA	08-11-91	2:49.25	
			NICK LECLERCQ	400 M. I.M.	CATHERINE CHAY	PNA	08-11-91	5:54.70	

25.54	08-24-86	M E N	*****	40-44	*****	W O M E N	*****		

26.21	08-23-92	PNA	RICHARD PETERSON	50	M.	FREE	DEBBIE GLASSMAN	PNA	08-27-95	30.25
58.68	08-27-95	PNA	ALAN CARDWELL	100	M.	FREE	DEBBIE GLASSMAN	PNA	08-27-95	1:08.53
2:05.86	08-27-95	PNA	ALAN CARDWELL	200	M.	FREE	BARB GUNDRED	PNA	07-16-95	2:35.85
4:30.33	08-27-95	PNA	ALAN CARDWELL	400	M.	FREE	BARB GUNDRED	PNA	07-16-95	5:25.99
9:17.93	08-27-95	PNA	ALAN CARDWELL	800	M.	FREE	BARB GUNDRED	PNA	08-23-92	11:05.83
19:49.45	08-20-89	PNA	IAN THOMPSON	1500	M.	FREE	KATHRINE CASEY	PNA	08-18-91	21:50.47
30.93	08-23-92	PNA	GARY HAFER	50	M.	BACK	JULIE CORMAN	PNA	06-11-89	37.40
1:07.48	08-23-92	PNA	GARY HAFER	100	M.	BACK	BARB GUNDRED	PNA	08-23-92	1:18.65
2:33.14	08-20-90	PNA	FRANK WARNER	200	M.	BACK	BARB GUNDRED	PNA	08-23-92	2:46.56
32.49	08-23-92	PNA	RICK COLELLA	50	M.	BRST	KATHRINE CASEY	PNA	08-18-91	39.95
1:10.53	08-23-92	PNA	RICK COLELLA	100	M.	BRST	LYNN BELL	PNA	08-23-92	1:28.33
2:32.17	08-23-92	PNA	RICK COLELLA	200	M.	BRST	LYNN BELL	PNA	08-23-92	3:14.55
28.77	08-23-92	HSKY	LARRY WRIGHT	50	M.	FLY	CAMILLE THOMPSON	PNA	08-27-95	32.15
1:04.32	08-27-95	PNA	ALAN CARDWELL	100	M.	FLY	CAMILLE THOMPSON	PNA	08-27-95	1:10.88
2:28.09	08-27-95	PNA	ALAN CARDWELL	200	M.	FLY	CAMILLE THOMPSON	PNA	08-27-95	2:43.16
2:18.92	08-23-92	PNA	RICK COLELLA	200	M.	I.M.	CAMILLE THOMPSON	PNA	08-27-95	2:42.41
4:57.46	08-23-92	PNA	RICK COLELLA	400	M.	I.M.	CAMILLE THOMPSON	PNA	08-27-95	5:44.96

***** M E N ***** 45-49 ***** W O M E N *****										
27.38	08-26-82	PNA	LOWELL JOHNSON	50	M.	FREE	JUANITA CORREA	PNA	08-26-82	30.43
1:01.87	08-27-95	PNA	ALAN BELL	100	M.	FREE	JUANITA CORREA	PNA	08-26-82	1:09.42
2:17.68	07-31-94	PNA	FRANK WARNER	200	M.	FREE	JUANITA CORREA	PNA	08-26-82	2:33.11
4:48.90	08-27-95	PNA	ALAN BELL	400	M.	FREE	JUANITA CORREA	PNA	04-24-84	5:37.53
10:21.24	07-09-94	PNA	IAN THOMPSON	800	M.	FREE	KATHRINE CASEY	PNA	07-09-94	11:43.30
20:43.24	08-23-92	PNA	FRED LEATHERMAN	1500	M.	FREE	KATHRINE CASEY	PNA	08-28-94	22:38.15
33.04	06-28-96	PNA	FRANK WARNER	50	M.	BACK	JUANITA CORREA	PNA	08-26-82	38.70
1:14.15	08-27-95	PNA	DAVID TEMPEST	100	M.	BACK	JUANITA CORREA	PNA	08-26-82	1:24.25
2:34.68	08-27-95	PNA	ALAN BELL	200	M.	BACK	JUANITA CORREA	PNA	08-26-82	3:01.14
36.13	08-27-95	PNA	STEVEN PETERSON	50	M.	BRST	KATHRINE CASEY	PNA	07-09-94	41.31
1:19.53	08-23-92	PNA	RICK STAFFORD	100	M.	BRST	KATHRINE CASEY	PNA	08-28-94	1:33.94
2:54.32	07-09-94	PNA	IAN THOMPSON	200	M.	BRST	KATHRINE CASEY	PNA	07-09-94	3:24.00
29.69	08-27-95	PNA	LARRY WRIGHT	50	M.	FLY	JUANITA CORREA	PNA	08-12-85	36.11
1:06.51	08-27-95	PNA	ALAN BELL	100	M.	FLY	SUE DILLS	PNA	08-11-91	1:30.37
2:29.76	08-27-95	PNA	ALAN BELL	200	M.	FLY	TERRI FRANKLIN	PNA	08-23-92	3:32.45
2:46.11	06-28-96	PNA	FRANK WARNER	200	M.	I.M.	KATHRINE CASEY	PNA	08-28-94	3:07.76
5:42.00	07-09-94	PNA	IAN THOMPSON	400	M.	I.M.	KATHRINE CASEY	PNA	07-09-94	6:39.44

***** M E N ***** 50-54 ***** W O M E N *****										
27.53	08-24-87	PNA	ROBERT PROEBSTING	50	M.	FREE	JUANITA CORREA	PNA	08-24-86	32.19
1:04.80	08-27-95	PNA	STEVEN THRASHER	100	M.	FREE	JUANITA CORREA	PNA	08-24-86	1:12.21
2:22.21	06-20-92	PNA	STEVEN THRASHER	200	M.	FREE	JUANITA CORREA	PNA	08-24-86	2:38.26
5:06.07	08-23-92	PNA	STEVEN THRASHER	400	M.	FREE	SUE DILLS	PNA	08-27-95	5:38.01
11:11.87	07-16-95	PNA	STEVEN THRASHER	800	M.	FREE	SUE DILLS	PNA	08-27-95	11:34.28
20:08.34	08-23-92	PNA	STEVEN THRASHER	1500	M.	FREE	SUE DILLS	PNA	08-27-95	21:51.01
32.61	07-16-95	PNA	STEVEN THRASHER	50	M.	BACK	JUANITA CORREA	PNA	08-24-86	39.25
1:10.69	07-16-95	PNA	STEVEN THRASHER	100	M.	BACK	JUANITA CORREA	PNA	08-24-86	1:27.59
2:35.91	08-27-95	PNA	STEVEN THRASHER	200	M.	BACK	JUANITA CORREA	PNA	08-24-83	3:04.62
38.66	06-14-86	PNA	ODD HAUGE	50	M.	BRST	ROS BIRD	PNA	08-23-92	43.48
1:27.31	08-23-92	PNA	ERIC HUTCHINSON	100	M.	BRST	ROS BIRD	PNA	08-23-92	1:40.45
3:10.92	08-23-92	PNA	ERIC HUTCHINSON	200	M.	BRST	MARYLOU HAUGLAND	PNA	08-23-92	3:36.99
28.90	08-24-87	PNA	ROBERT PROEBSTING	50	M.	FLY	SUE DILLS	PNA	08-27-95	39.31
1:08.41	08-24-87	PNA	ROBERT PROEBSTING	100	M.	FLY	CAROLYN BEHSE	PNA	07-16-95	1:45.69
2:42.21	08-24-87	PNA	ROBERT PROEBSTING	200	M.	FLY	ANN GINDROZ	PNA	08-14-88	4:21.42
2:44.91	07-16-95	PNA	STEVEN THRASHER	200	M.	I.M.	SUE DILLS	PNA	08-27-95	3:11.56
6:08.18	08-24-87	PNA	ROBERT PROEBSTING	400	M.	I.M.	SUE DILLS	PNA	08-27-95	6:39.68

***** M E N ***** 55-59 ***** W O M E N *****										
30.11	08-26-82	PNA	DICK CAMPBELL	50	M.	FREE	PAT DOTSON	PNA	08-24-86	38.24
1:09.34	08-26-82	PNA	DICK CAMPBELL	100	M.	FREE	PAT DOTSON	PNA	08-24-86	1:25.01
2:40.55	07-31-94	PNA	DAVE DRUM	200	M.	FREE	PAT DOTSON	PNA	06-01-85	3:04.10
5:59.07	08-23-92	PNA	KIRK ADAMS	400	M.	FREE	PAT DOTSON	PNA	08-24-86	6:37.52
12:40.22	08-03-86	PNA	TOM TAYLOR	800	M.	FREE	PAT DOTSON	PNA	06-01-85	13:30.19
23:47.06	08-03-86	PNA	TOM TAYLOR	1500	M.	FREE	PAT DOTSON	PNA	06-13-82	27:17.82
38.57	06-28-96	PNA	WALT REID	50	M.	BACK	DORRES FOSTER	PNA	06-01-85	46.94
1:25.56	06-28-96	PNA	WALT REID	100	M.	BACK	PAT DOTSON	PNA	08-12-85	1:43.54
3:19.17	08-27-95	PNA	LEE CARLSON	200	M.	BACK	PAT DOTSON	PNA	08-12-85	3:47.01
40.02	08-27-95	PNA	WALT REID	50	M.	BRST	MARYLOU HAUGLAND	PNA	07-16-95	48.46
1:31.87	06-28-95	PNA	WALT REID	100	M.	BRST	MARYLOU HAUGLAND	PNA	07-16-95	1:42.72
3:24.93	08-20-89	PNA	TOM TAYLOR	200	M.	BRST	MARYLOU HAUGLAND	PNA	08-27-95	3:43.73
33.57	07-31-94	PNA	DAVE DRUM	50	M.	FLY	PAT DOTSON	PNA	07-21-85	37.48
1:37.07	06-20-92	PNA	MARVIN WOOD	100	M.	FLY	PAT DOTSON	PNA	08-24-86	1:38.62
4:32.47	08-11-91	PNA	TOM FOLEY	200	M.	FLY	PAT DOTSON	PNA	08-24-86	3:43.16
3:18.47	08-09-87	PNA	TOM TAYLOR	200	M.	I.M.	PAT DOTSON	PNA	08-26-82	3:36.42
7:11.61	06-25-89	PNA	TOM TAYLOR	400	M.	I.M.	PAT DOTSON	PNA	08-06-83	7:55.77

***** M E N ***** 60-64 ***** W O M E N *****										
31.26	07-16-95	PNA	DAVID ADDLEMAN	50	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	36.23
1:10.13	08-24-86	PNA	RAY FREDERICK	100	M.	FREE	DAWN MUSSELMAN	PNA	08-27-76	1:25.86
2:41.09	08-27-95	PNA	DAVID DRUM	200	M.	FREE	PAT DOTSON	PNA	07-31-88	3:10.62

5:48.42	07-16-95	PNA	DAVID DRUM	400	M.	FREE	PAT DOTSON	PNA	06-26-88	6:51.36
12:17.98	08-11-91	PNA	TOM TAYLOR	800	M.	FREE	PAT DOTSON	PNA	08-14-88	13:30.07
23:40.38	08-23-92	PNA	TOM TAYLOR	1500	M.	FREE	PAT DOTSON	PNA	07-31-88	26:09.06
36.33	07-05-92	PNA	AULIS KAHKONEN	50	M.	BACK	DAWN MUSSELMAN	PNA	07-30-77	47.50
1:29.61	08-24-86	PNA	RAY FREDERICK	100	M.	BACK	DAWN MUSSELMAN	PNA	08-27-76	1:44.68
3:25.97	08-28-77	PNA	FRED WIGGIN	200	M.	BACK	PAT DOTSON	PNA	07-31-88	3:47.69
36.55	08-27-95	PNA	NICK TEMPLEMAN	50	M.	BRST	MURIEL FLYNN	PNA	07-21-84	53.42
1:23.90	07-05-92	PNA	AULIS KAHKONEN	100	M.	BRST	MURIEL FLYNN	PNA	06-26-83	1:56.97
3:17.29	08-27-95	PNA	NICK TEMPLEMAN	200	M.	BRST	MURIEL FLYNN	PNA	06-26-83	4:07.01
34.37	07-16-95	PNA	DAVID DRUM	50	M.	FLY	PAT DOTSON	PNA	07-31-88	44.03
1:29.52	08-27-95	PNA	NICK TEMPLEMAN	100	M.	FLY	PAT DOTSON	PNA	07-31-88	1:39.56
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY	PAT DOTSON	PNA	08-14-88	3:43.84
3:27.57	07-16-95	PNA	DAVID ADDLEMAN	200	M.	I.M.	PAT DOTSON	PNA	08-14-88	3:45.18
7:43.26	08-16-80	PNA	FRED WIGGIN	400	M.	I.M.	PAT DOTSON	PNA	08-14-88	7:49.80

***** M E N ***** 65-69 ***** W O M E N *****										
33.82	07-21-85	PNA	GERALD HEUSTIS	50	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	36.97
1:18.05	07-21-85	PNA	GERALD HEUSTIS	100	M.	FREE	DAWN MUSSELMAN	PNA	08-26-82	1:28.40
3:06.47	08-14-88	PNA	WARREN KLEIST	200	M.	FREE	PAT DOTSON	PNA	08-23-92	3:23.55
7:16.87	08-26-82	PNA	GENE CROSSETT	400	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	7:30.35
13:01.39	06-28-96	FWM	TOM TAYLOR	800	M.	FREE	PAT DOTSON	PNA	07-31-94	15:12.03
27:48.77	07-25-81	PNA	GENE CROSSETT	1500	M.	FREE	MARION CHADWICK	PNA	08-24-87	35:09.24
43.22	08-26-82	PNA	FRED WIGGIN	50	M.	BACK	DAWN MUSSELMAN	PNA	08-10-80	47.31
1:37.10	08-26-82	PNA	FRED WIGGIN	100	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	1:46.95
3:29.80	07-12-81	PNA	FRED WIGGIN	200	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	3:51.56
41.84	06-28-96	FWM	TOM TAYLOR	50	M.	BRST	MURIEL FLYNN	PNA	06-26-88	56.06
1:36.91	06-28-96	PNA	TOM TAYLOR	100	M.	BRST	MURIEL FLYNN	PNA	08-11-91	2:04.53
3:33.30	06-28-96	PNA	TOM TAYLOR	200	M.	BRST	MURIEL FLYNN	PNA	07-31-88	4:25.18
43.54	07-08-79	PNA	KARL FREDERICK	50	M.	FLY	PAT DOTSON	PNA	08-23-92	48.49
1:52.68	07-25-81	PNA	GENE CADDY	100	M.	FLY	PAT DOTSON	PNA	08-23-92	1:49.46
4:29.72	07-25-81	PNA	GENE CADDY	200	M.	FLY				
3:33.70	08-26-82	PNA	FRED WIGGIN	200	M.	I.M.	PAT DOTSON	PNA	08-23-92	3:55.51
7:42.00	07-12-81	PNA	FRED WIGGIN	400	M.	I.M.	MURIEL FLYNN	PNA	06-26-88	9:08.25

***** M E N ***** 70-74 ***** W O M E N *****										
32.48	08-20-90	PNA	ANDREW HOLDEN	50	M.	FREE	DAWN MUSSELMAN	PNA	08-06-83	39.29
1:13.94	07-22-90	PNA	ANDREW HOLDEN	100	M.	FREE	DAWN MUSSELMAN	PNA	06-26-83	1:34.38
3:17.94	06-26-88	PNA	GENE CROSSETT	200	M.	FREE	DAWN MUSSELMAN	PNA	07-10-83	3:40.35
7:04.00	07-21-84	PNA	GENE CROSSETT	400	M.	FREE	MARY MCMAHON	PNA	07-31-88	9:21.69
15:11.08	06-14-86	PNA	GENE CROSSETT	800	M.	FREE	LEE HOLM	PNA	06-01-85	20:29.86
28:53.11	06-24-84	PNA	GENE CROSSETT	1500	M.	FREE	LEE HOLM	PNA	08-24-86	37:54.63
41.91	08-05-90	PNA	ANDREW HOLDEN	50	M.	BACK	DAWN MUSSELMAN	PNA	04-28-84	49.38
1:35.39	06-24-90	PNA	ANDREW HOLDEN	100	M.	BACK	DAWN MUSSELMAN	PNA	06-26-83	1:51.41
3:47.92	08-24-86	PNA	FRED WIGGIN	200	M.	BACK	MAXINE CARLSON	PNA	06-20-92	4:53.97
46.45	08-20-90	PNA	ANDREW HOLDEN	50	M.	BRST	MURIEL FLYNN	PNA	06-19-93	59.05
1:48.05	07-22-90	PNA	ANDREW HOLDEN	100	M.	BRST	MURIEL FLYNN	PNA	06-04-94	2:11.33
4:08.39	06-24-84	PNA	KARL FREDERICK	200	M.	BRST	MURIEL FLYNN	PNA	06-19-93	4:34.80
36.59	07-22-90	PNA	ANDREW HOLDEN	50	M.	FLY	MAXINE CARLSON	PNA	08-11-91	1:21.10
1:32.85	08-20-90	PNA	ANDREW HOLDEN	100	M.	FLY				
3:39.04	08-20-90	PNA	ANDREW HOLDEN	200	M.	FLY	MARION CHADWICK	PNA	08-27-95	9:50.30
3:49.18	08-24-86	PNA	FRED WIGGIN	200	M.	I.M.	MARION MUELLER	PNA	08-24-86	7:03.07
8:21.05	08-24-86	PNA	FRED WIGGIN	400	M.	I.M.	MARION CHADWICK	PNA	08-23-92	14:40.19

***** M E N ***** 75-79 ***** W O M E N *****										
37.98	08-06-83	PNA	JIM PENFIELD	50	M.	FREE	MARY MCMAHON	PNA	06-11-89	58.35
1:32.53	08-06-83	PNA	JIM PENFIELD	100	M.	FREE	MARY MCMAHON	PNA	06-11-89	2:13.04
3:49.28	08-23-92	PNA	GENE CROSSETT	200	M.	FREE	PAT MATTHIESEN	PNA	08-11-91	5:05.23
8:08.92	08-23-92	PNA	GENE CROSSETT	400	M.	FREE	MARY MCMAHON	PNA	06-11-89	9:53.01
16:42.51	08-11-91	PNA	GENE CROSSETT	800	M.	FREE	PAT MATTHIESEN	PNA	08-23-92	19:54.08
				1500	M.	FREE	PAT MATTHIESEN	PNA	07-26-92	39:29.44
45.12	07-21-85	PNA	CARTER MORGAN	50	M.	BACK	PAT MATTHIESEN	PNA	07-28-91	1:06.40
2:16.28	06-14-86	PNA	JIM PENFIELD	100	M.	BACK	PAT MATTHIESEN	PNA	07-28-91	2:29.82
5:12.83	06-24-84	PNA	JIM PENFIELD	200	M.	BACK	PAT MATTHIESEN	PNA	08-11-91	5:02.25
49.85	08-06-83	PNA	JIM PENFIELD	50	M.	BRST	PAT MATTHIESEN	PNA	07-28-91	1:11.16
1:56.80	07-21-84	PNA	JIM PENFIELD	100	M.	BRST	PAT MATTHIESEN	PNA	06-20-92	2:42.87
4:32.66	08-06-83	PNA	JIM PENFIELD	200	M.	BRST	PAT MATTHIESEN	PNA	08-11-91	5:56.38
53.03	08-24-86	PNA	JIM PENFIELD	50	M.	FLY	PAT MATTHIESEN	PNA	08-11-91	1:14.60
2:19.01	07-21-85	PNA	JIM PENFIELD	100	M.	FLY	PAT MATTHIESEN	PNA	08-23-92	2:47.59
				200	M.	FLY				
4:49.41	06-01-85	PNA	JIM PENFIELD	200	M.	I.M.	PAT MATTHIESEN	PNA	08-23-92	5:22.26
				400	M.	I.M.	PAT MATTHIESEN	PNA	07-26-92	12:20.02

***** M E N ***** 80-84 ***** W O M E N *****										
40.74	08-20-89	PNA	JIM PENFIELD	50	M.	FREE	MARION MUELLER	PNA	08-23-92	1:10.58
1:40.67	08-28-88	PNA	JIM PENFIELD	100	M.	FREE				
3:51.90	07-31-94	PNA	GENE CROSSETT	200	M.	FREE	MARION MUELLER	PNA	07-31-94	5:24.16
8:19.72	07-31-94	PNA	GENE CROSSETT	400	M.	FREE	MARION MUELLER	PNA	06-20-92	12:30.61
				800	M.	FREE				
33:56.96	07-31-94	PNA	GENE CROSSETT	1500	M.	FREE				

51.82	06-26-88	PNA	JIM PENFIELD	50	M.	BACK	MARION MUELLER	PNA	06-19-93	1:09.98
2:06.13	08-23-92	PNA	JIM PENFIELD	100	M.	BACK	MARION MUELLER	PNA	06-19-93	2:31.83
4:41.48	07-28-91	PNA	JIM PENFIELD	200	M.	BACK	MARION MUELLER	PNA	06-19-93	5:22.94
52.19	07-31-88	PNA	JIM PENFIELD	50	M.	BRST				
2:10.62	08-28-88	PNA	JIM PENFIELD	100	M.	BRST				
4:57.91	06-26-88	PNA	JIM PENFIELD	200	M.	BRST				
53.20	06-26-88	PNA	JIM PENFIELD	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
4:47.64	08-20-89	PNA	JIM PENFIELD	200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 85-89 ***** W O M E N *****

46.70	08-01-93	PNA	JIM PENFIELD	50	M.	FREE	
1:57.56	06-16-93	PNA	JIM PENFIELD	100	M.	FREE	
4:39.10	08-05-78	PNA	ROBERT SIMMONDS	200	M.	FREE	
10:11.90	08-05-78	PNA	ROBERT SIMMONDS	400	M.	FREE	
				800	M.	FREE	
38:36.50	08-05-78	PNA	ROBERT SIMMONDS	1500	M.	FREE	
58.07	06-16-93	PNA	JIM PENFIELD	50	M.	BACK	
2:07.06	08-01-93	PNA	JIM PENFIELD	100	M.	BACK	
4:43.49	06-19-93	PNA	JIM PENFIELD	200	M.	BACK	
1:02.86	07-16-95	PNA	JIM PENFIELD	50	M.	BRST	
2:23.06	06-16-93	PNA	JIM PENFIELD	100	M.	BRST	
5:37.67	08-22-93	PNA	JIM PENFIELD	200	M.	BRST	
1:04.95	06-16-93	PNA	JIM PENFIELD	50	M.	FLY	
				100	M.	FLY	
				200	M.	FLY	
5:32.99	08-22-93	PNA	JIM PENFIELD	200	M.	I.M.	
				400	M.	I.M.	

***** RELAY 200 M. FREE - WOMEN *****

76 +	PNA	08-23-92	1:59.98	76 +	PNA	08-23-92	2:18.05
	ZENA HERRMANN	DONA WILLIAMS			ZENA HERRMANN	DEBBIE FALSGRAF	
	YURIKO SATO	DEBBIE FALSGRAF			TAMMI KEELER	MARIA BUSKE	
100+	PNA	08-23-92	2:09.38	100+	PNA	08-24-86	2:23.44
	TAMMI KEELER	KATHLEEN PETERSON			MEG LLOYD	JUDY WESTON	
	ANNAMARIE TERRHAR	MARIA BUSKE			AMY RUST	KIKO KIMURA	
120+	HSKY	08-23-92	2:05.75	120+	HSKY	08-23-92	2:23.96
	TAMI BENNETT	MARGARET LLOYD			MARGARET LLOYD	AMY RUST	
	ANNE HEALEY	AMY RUST			TAMI BENNETT	ANNE HEALEY	
160+	PNA	08-24-86	2:11.45	160+	PNA	08-24-86	2:28.35
	JUANITA CORREA	MEG LLOYD			ROBIN O'LEARY	MARY BETH PHELAN	
	SUE DILLS	MARYLOU HAUGLAND			JUANITA CORREA	ANN GINDROZ	
200+	PNA	08-23-92	2:36.26	200+	PNA	08-23-92	2:49.11
	KATHRINE CASEY	ANN GINDROZ			CHAYA AMIAD	ROS BIRD	
	CYNTHIA ROSIK	SUE DILLS			KATHRINE CASEY	SUE DEARBORN	
240+	PNA	08-23-92	2:43.30	240+	PNA	08-23-92	3:26.85
	SUE DEARBORN	MURIEL FLYNN			PAT MATTHIESEN	DORA COFFELT	
	BETTY KERCHEVAL	JOY ROGERS			SUE DILLS	JANET KAVADAS	
240+	PNA	08-24-86	3:04.13	240+	PNA	08-24-86	3:36.43
	MAXINE CARLSON	LEE HOLM			MARION MUELLER	MARYAN BURKE	
	JANET KAVADAS	PAT MATTHIESEN			BETTY KERCHEVAL	MURIEL FLYNN	

***** RELAY 400 M. FREE - WOMEN *****

76 +				76 +			
100+				100+			
120+	PNA	07-04-92	5:23.45	120+			
	ANITA JONES	SALLY DOBBIN					
	GAIL BRUNER	JENNIFER OGLE					
160+				160+			

200+ 200+
 240+ PNA 07-28-91 7:48.78 240+
 MARION CHADWICK JANET KAVADAS
 MURIEL FLYNN CAROLYN BALDWIN

280+ 280+

 RELAY 800 M. FREE - WOMEN

76 + 200+

100+ 240+ PNA 08-14-88 17:47.77
 MARION CHADWICK CAROL ANNING
 MARION MUELLER CYNTHIA ROSIK

120+ 280+

160+

 RELAY 200 M. FREE - MEN RELAY 200 M. FREE - MEN

76 + 76 + PNA 08-23-92 2:04.65
 JOHN UNDERBRINK ANDREW LOVAN
 STEVEN SCHMIDT JOHN POTTLE

100+ PNA 08-24-86 1:43.31 100+ PNA 08-24-86 1:58.92
 GORDON CLARK ROBERT CRAWFORD REX FLETCHER GORDON CLARK
 REX FLETCHER STEVE FREEBORN ROBERT CRAWFORD CHRIS HALL

120+ PNA 08-24-86 1:40.07 120+ PNA 08-24-86 1:54.80
 DAVE HANNULA CHRIS HALL DAVE HANNULA MIKE STIPEK
 DICK HANNULA DANIEL HANNULA DICK HANNULA DANIEL HANNULA

160+ PNA 08-23-92 1:46.27 160+ PNA 08-23-92 1:58.93
 STEPHEN FREEBORN DICK GREEN GARY HAFER RICK COLELLA
 RICHARD PETERSON FRANK WARNER STEPHEN FREEBORN FRANK WARNER

200+ PNA 08-23-92 1:55.50 200+ PNA 08-27-95 2:14.33
 GARY HAFER ROBERT DORSE STEVEN THRASHER WALT REID
 DAVID HANNULA TOM TAYLOR HUGH MOORE DAVID ADDLEMAN

240+ PNA 08-23-92 2:40.14 240+ PNA 08-24-86 2:39.24
 KIRK ADAMS MANUEL CHAUS MICHAEL MC KINLAY GENE CADDY
 WARREN KLEIST JIM SLOAN WARREN KLEIST RAY FREDERICK

280+ PNA 08-24-86 2:30.07 280+ PNA 08-24-86 3:00.34
 ALLAN SACHS RAY FREDERICK FRED WIGGIN JIM PENFIELD
 GENE CADDY JIM PENFIELD JOHN KORUGA ALLAN SACHS

320+ PNA 08-23-92 3:07.37 320+ PNA 07-31-94 4:45.39
 EVERETT CASSELL GENE CROSSETT ALAN SACHS EVERETT CASSELL
 JIM PENFIELD ALLAN SACHS JIM PENFIELD GENE CROSSETT

 RELAY 400 M. FREE - MEN RELAY 400 M. FREE - MEN

76 + 76 +
 100+ PNA 07-04-92 4:21.55 100+ PNA 07-04-92 4:59.58
 ROBERT WELCHER PAUL SHERMAN ROBERT WELCHER PAUL IDEKA
 J.BORNHEIMER JEFF OLLIFFE PAUL SHERMAN RICHARD BEEN

120+ PNA 07-04-92 3:56.41 120+ PNA 07-04-92 4:40.39
 RICK PETERSON S.SCHUFREIDER J.BORNHEIMER RICK PETERSON
 STEVE SCHMIDT CRAIG MALLERY STEVE SCHMIDT CRAIG MALLERY

160+ PNA 07-04-92 5:00.16 160+

MATTHEW PALMER SCOTT LEWIS
ANDREW BERNARD FRANK NEWQUIST

200+ 200+
240+ 240+
280+ 280+

RELAY 800 M. FREE - MEN

76 + 200+
100+ 240+
120+ 280+
160+

RELAY 200 M. FREE - MIXED RELAY 200 M. FREE - MIXED

76 +	PNA DANIEL BALDERSON DEBBIE FALSGRAF	08-23-92 TAMMI KEELER STEPHEN FREEBORN	1:55.88	76 +	PNA MARK LIST YURIKO SATO	08-23-92 DANIEL BALDERSON DEBBIE FALSGRAF	2:04.57
100+	PNA CHRIS HALL BARBARA LINDSLEY	08-24-86 DANA BEATTY STEVE FREEBORN	1:56.90	100+	PNA STEVE FREEBORN ROBERT CRAWFORD	08-24-86 JUDY WESTON KIKO KIMURA	2:14.14
120+	PNA CAROLYN ACKERLEY TIMOTHY KLUG	08-23-92 KRISTIN WILLIAMS FRED LEATHERMAN	1:55.37	120+	PNA DAVE HANNULA ROBIN O'LEARY	08-24-86 GREG HARRISON MEG LLOYD	2:02.84
160+	PNA LARRY WRIGHT JUANITA CORREA	08-24-86 MEG LLOYD LOWELL JOHNSON	1:56.29	160+	PNA ZENA HERRMANN ALAN BELL	08-23-92 RICK COLELLA SUE DILLS	2:08.07
200+	PNA DAVID ADDLEMAN JUANITA CORREA	08-09-87 SUSAN DEARBORN ROBERT PROEBSTING	2:08.14	200+	PNA JUANITA CORREA ROBERT PROEBSTING	08-24-86 KATHRINE CASEY WARREN KLEIST	2:23.81
240+	PNA ANN GINDROZ TOM TAYLOR	08-24-86 MARION CHADWICK ALLAN SACHS	2:46.19	240+	PNA FRED WIGGIN JANICE MILLER	08-24-86 MARYLOU HAUGLAND FRANCIS JOWETT	2:54.12
280+	PNA MURIEL FLYNN GENE CROSSETT	08-23-92 BETTY KERCHEVAL WARREN KLEIST	2:48.37	280+	PNA MARION MUELLER PAT DOTSON	08-24-86 JIM PENFIELD ALLAN SACHS	3:25.20
320+	PNA LEE HOLM JIM PENFIELD	08-23-92 MARION MUELLER ALLAN SACHS	3:46.53	320+	PNA MARION MUELLER JIM PENFIELD	08-24-86 EVERETT CASSELL LEE HOLM	4:40.44

RELAY 400 M. FREE - MIXED RELAY 400 M. FREE - MIXED

76 + 76 +
100+ 100+
120+ PNA 06-19-93 5:38.55 120+
ARNOLD KAS HEIDI SMITH
SUSAN HIGINBOTHAM KRIS HISLOP

160+				160+
200+				200+
240+	PNA	08-14-88	7:01.96	240+
	WARREN KLEIST	LEE HOLM		
	RICK STAFFORD	MAXINE CARLSON		
280+				280+

RELAY 800 M. FREE - MIXED

76 +				200+
100+				240+
120+				280+
160+				