

PNA LCM RECORDS AS OF 9-30-2009

	M E N	*****				18-24	*****				W O M E N	*****			
24.72	08-17-08	PNA	BRIAN GOLDMAN	50	M.	FREE	SHELLY MARSHALL	PNA	08-12-79	29.80					
58.36	07-20-86	PNA	STEVE SCHMIDT	100	M.	FREE	MARION GALLAGHER	PNA	06-24-07	1:01.47					
2:09.88	08-01-99	PNA	CHRIS CUSHMAN	200	M.	FREE	MARION GALLAGHER	PNA	06-24-07	2:19.19					
4:34.70	08-14-76	PNA	RICK COLELLA	400	M.	FREE	MARY LASSITER	PNA	07-27-02	5:02.71					
10:39.36	08-14-88	PNA	STEVE UNDERBRINK	800	M.	FREE	MARY LASSITER	PNA	08-10-03	10:19.14					
17:33.20	08-14-76	PNA	RICK COLELLA	1500	M.	FREE	MARY LASSITER	PNA	08-10-03	19:59.62					
31.67	07-04-92	PNA	ROBERT WELCHER	50	M.	BACK	CHRISTIE GEIST	PNA	08-23-92	35.04					
1:05.53	07-21-84	PNA	SCOTT SEELYE	100	M.	BACK	ALISON ECKENROAD	PNA	08-19-01	1:15.39					
2:26.26	07-21-84	PNA	SCOTT SEELYE	200	M.	BACK	MARY LASSITER	PNA	08-10-03	2:44.13					
34.03	07-31-94	PNA	TODD DOHERTY	50	M.	BRST	MARY CARR	PNA	08-27-95	38.17					
1:13.30	08-14-76	PNA	RICK COLELLA	100	M.	BRST	MARION GALLAGHER	PNA	06-24-07	1:20.57					
2:37.60	08-14-76	PNA	RICK COLELLA	200	M.	BRST	MARION GALLAGHER	PNA	06-24-07	2:50.35					
27.16	08-01-99	PNA	CHRIS FANTZ	50	M.	FLY	KATIE RICHTER	PNA	06-24-01	30.58					
1:00.20	08-01-99	PNA	CHRIS FANTZ	100	M.	FLY	DANIELLE TREVINO	PNA	08-17-08	1:10.93					
2:31.27	08-01-99	PNA	CHRIS FANTZ	200	M.	FLY	SHARON BROWN	PNA	07-30-77	4:27.90					
2:25.08	07-31-94	PNA	TODD DOHERTY	200	M.	I.M.	DANIELLE TREVINO	PNA	08-17-08	2:34.09					
5:03.70	08-14-76	PNA	RICK COLELLA	400	M.	I.M.	DANIELLE TREVINO	PNA	08-17-08	5:38.30					

	M E N	*****				25-29	*****				W O M E N	*****			
25.54	08-24-86	PNA	DICK HANNULA	50	M.	FREE	LISA GOMEZ	PNA	08-27-95	28.23					
56.45	08-24-86	PNA	DICK HANNULA	100	M.	FREE	CAROLYN ACKERLEY	PNA	08-23-92	1:03.84					
2:06.33	08-24-86	PNA	ROBERT CRAWFORD	200	M.	FREE	TAUNYA ROBERTS	PNA	08-19-01	2:17.89					
4:32.24	08-24-86	PNA	ROBERT CRAWFORD	400	M.	FREE	COLLEEN PHILIPPS	PNA	08-19-01	4:54.05					
9:39.10	08-14-88	PNA	STEVE SCHMIDT	800	M.	FREE	ALLISON MOORE	PNA	07-26-98	10:50.49					
18:32.83	-79	PNA	BILL PENN	1500	M.	FREE	AURORA TALLACKSEN	PNA	08-19-01	20:09.95					
30.25	08-16-80	PNA	GARY HAFER	50	M.	BACK	TAUNYA ROBERTS	PNA	08-19-01	34.33					
1:05.89	07-26-98	PNA	TODD DOHERTY	100	M.	BACK	TAUNYA ROBERTS	PNA	08-19-01	1:12.50					
2:22.34	08-24-86	PNA	REX FLETCHER	200	M.	BACK	TAUNYA ROBERTS	PNA	08-19-01	2:37.72					
31.74	08-24-86	PNA	ROBERT CRAWFORD	50	M.	BRST	JEAN DILLON	PNA	07-27-02	37.32					
1:10.00	08-24-86	PNA	ROBERT CRAWFORD	100	M.	BRST	JEAN DILLON	PNA	08-19-01	1:19.70					
2:38.45	07-04-92	PNA	JUSTIN FARRABEE	200	M.	BRST	JEAN DILLON	PNA	08-19-01	2:50.89					
27.60	08-24-86	PNA	DICK HANNULA	50	M.	FLY	ROBIN O'LEARY	PNA	08-24-86	29.11					
1:02.72	-79	PNA	BILL PENN	100	M.	FLY	LYNN BELL	PNA	08-28-77	1:09.50					
2:22.14	08-14-88	PNA	STEVE SCHMIDT	200	M.	FLY	MAUREEN PHILIPPS	PNA	08-19-01	2:25.60					
2:18.65	08-24-86	PNA	ROBERT CRAWFORD	200	M.	I.M.	MAUREEN PHILIPPS	PNA	08-19-01	2:30.40					
5:15.17	07-04-92	PNA	JUSTIN FARRABEE	400	M.	I.M.	MEG LLOYD	PNA	08-24-86	5:45.21					

	M E N	*****				30-34	*****				W O M E N	*****			
25.05	07-04-92	PNA	CRAIG MALLERY	50	M.	FREE	COLLEEN PHILIPPS	PNA	07-12-09	28.99					
55.79	07-04-92	PNA	CRAIG MALLERY	100	M.	FREE	ZENA HERRMANN	PNA	07-28-91	1:03.08					
2:05.86	08-23-92	PNA	M.FITZGERALD	200	M.	FREE	COLLEEN PHILIPPS	PNA	08-17-08	2:14.96					
4:30.35	08-06-83	PNA	DAVE FIELDS	400	M.	FREE	ZENA HERRMANN	PNA	08-23-92	4:46.38					
10:19.23	08-10-03	PNA	KIRK NELSON	800	M.	FREE	ZENA HERRMANN	PNA	08-11-91	10:02.60					
18:03.53	08-06-83	PNA	BILL PENN	1500	M.	FREE	KAREN LEAHY	PNA	08-20-00	20:00.68					
29.04	08-24-86	PNA	DAVE HANNULA	50	M.	BACK	ZENA HERRMANN	PNA	08-23-92	32.83					
1:05.45	06-20-92	PNA	DOUG PORTELANCE	100	M.	BACK	ZENA HERRMANN	PNA	07-26-92	1:09.07					
2:22.78	06-20-92	PNA	DOUG PORTELANCE	200	M.	BACK	ZENA HERRMANN	PNA	08-23-92	2:26.99					
32.96	08-23-92	PNA	TERRY TONGATE	50	M.	BRST	LINDA HEGERBERG	PNA	04-29-00	37.83					
1:11.80	-74	PNA	TONY CANLIS	100	M.	BRST	MARY BETH PHELAN	PNA	08-26-82	1:22.70					
2:36.33	08-24-86	PNA	GREG HARRISON	200	M.	BRST	LINDA HEGERBERG	PNA	08-19-01	2:56.72					
26.34	08-17-08	PNA	JASON GOLTZ	50	M.	FLY	TAMMY BENNETT	HSKY	08-11-91	30.90					
59.24	08-17-08	PNA	JASON GOLTZ	100	M.	FLY	TAMMY BENNETT	HSKY	08-11-91	1:07.74					
2:18.52	08-17-08	PNA	JASON GOLTZ	200	M.	FLY	TAMMY BENNETT	HSKY	07-31-88	2:36.08					
2:17.75	08-24-86	PNA	DAVE HANNULA	200	M.	I.M.	ZENA HERRMANN	PNA	08-23-92	2:31.81					
5:00.68	08-17-08	PNA	JASON GOLTZ	400	M.	I.M.	ZENA HERRMANN	PNA	07-04-92	5:29.60					

	M E N	*****				35-39	*****				W O M E N	*****			
25.42	08-23-92	PNA	MIKE MCINTYRE	50	M.	FREE	MEGAN OESTING	PNA	08-10-09	27.18					
56.22	08-23-92	PNA	MARK LIST	100	M.	FREE	MEGAN OESTING	PNA	08-10-09	59.26					
2:05.72	07-12-09	PNA	KIRK NELSON	200	M.	FREE	TATA SIMSAK	PNA	07-25-04	2:26.55					
4:29.96	08-17-08	PNA	KIRK NELSON	400	M.	FREE	CATHERINE CHAY	PNA	08-11-91	5:05.14					
9:13.97	07-12-09	PNA	KIRK NELSON	800	M.	FREE	CATHERINE CHAY	PNA	08-11-91	10:27.83					
17:51.74	08-17-08	PNA	KIRK NELSON	1500	M.	FREE	CATHERINE CHAY	PNA	08-23-92	20:01.84					
28.60	08-23-92	PNA	MIKE MCINTYRE	50	M.	BACK	CAROLYN MATHEWS	PNA	08-19-01	34.15					
1:01.88	08-23-92	PNA	MARK LIST	100	M.	BACK	CAROLYN MATHEWS	PNA	08-19-01	1:12.38					
2:14.81	08-23-92	PNA	MARK LIST	200	M.	BACK	CAROLYN MATHEWS	PNA	08-19-01	2:41.78					
32.57	08-19-01	PNA	KEVIN ESKO	50	M.	BRST	MARY BETH PHELAN	PNA	08-24-86	38.05					
1:12.48	08-28-88	PNA	GREG HARRISON	100	M.	BRST	MARY BETH PHELAN	PNA	08-24-86	1:24.71					
2:34.61	08-05-90	PNA	GREG HARRISON	200	M.	BRST	RONDAMARIE SMITH	PNA	06-04-05	2:59.08					
27.40	08-10-03	PNA	C.AUGUSTINE	50	M.	FLY	TARA SIMSAK	PNA	07-25-04	30.97					
1:03.33	06-14-86	PNA	NICK LECLERCQ	100	M.	FLY	TAMMY BENNETT	HSKY	08-23-92	1:08.69					
2:25.09	08-28-88	PNA	BILL PENN	200	M.	FLY	CORY MACKIE	PNA	08-19-01	2:46.49					
2:25.77	08-17-08	PNA	KIRK NELSON	200	M.	I.M.	RONDAMARIE SMITH	PNA	06-04-05	2:41.69					
5:11.28	08-17-08	PNA	KIRK NELSON	400	M.	I.M.	CORY MACKIE	PNA	08-19-01	5:52.41					

	M E N	*****				40-44	*****				W O M E N	*****			

26.21	08-23-92	PNA	RICHARD PETERSON	50	M.	FREE	LISA DAHL	PNA	08-15-04	27.92
57.81	08-15-98	PNA	STEVE SUSSEX	100	M.	FREE	ZENA COURTNEY	PNA	08-19-01	1:04.29
2:05.86	08-27-95	UNAT	ALAN CARDWELL	200	M.	FREE	ERIN BURGMAN	PNA	07-25-04	2:31.97
4:30.33	08-27-95	UNAT	ALAN CARDWELL	400	M.	FREE	ERIN BURGMAN	PNA	07-25-04	5:22.99
9:17.93	08-27-95	UNAT	ALAN CARDWELL	800	M.	FREE	ZENA COURTNEY	PNA	08-19-01	10:17.74
18:15.66	-08	PNA	DAVID KAYS	1500	M.	FREE	KATHRINE CASEY	PNA	08-18-91	21:50.47
30.56	08-19-01	PNA	DAVID MCALPINE	50	M.	BACK	ZENA COURTNEY	PNA	08-19-01	33.80
1:06.91	08-19-01	PNA	DOUG PORTELANCE	100	M.	BACK	ZENA COURTNEY	PNA	08-01-99	1:12.37
2:25.05	08-19-01	PNA	DOUG PORTELANCE	200	M.	BACK	ZENA COURTNEY	PNA	08-01-99	2:34.18
32.49	08-23-92	PNA	RICK COLELLA	50	M.	BRST	TONYA BERG	PNA	08-19-01	39.62
1:10.53	08-23-92	PNA	RICK COLELLA	100	M.	BRST	TONYA BERG	PNA	08-19-01	1:26.88
2:32.17	08-23-92	PNA	RICK COLELLA	200	M.	BRST	TONYA BERG	PNA	08-19-01	3:05.83
27.25	08-19-01	PNA	DAVID MCALPINE	50	M.	FLY	LISA DAHL	PNA	07-25-04	30.92
1:00.71	08-19-01	PNA	DAVID MCALPINE	100	M.	FLY	CAMILLE THOMPSON	PRO	08-27-95	1:10.88
2:28.09	08-27-95	PNA	ALAN CARDWELL	200	M.	FLY	CAMILLE THOMPSON	PRO	08-27-95	2:43.16
2:18.92	08-23-92	PNA	RICK COLELLA	200	M.	I.M.	CAMILLE THOMPSON	PRO	08-27-95	2:42.41
4:57.46	08-23-92	PNA	RICK COLELLA	400	M.	I.M.	CAMILLE THOMPSON	PRO	08-27-95	5:44.96

***** M E N ***** 45-49 ***** W O M E N *****

26.64	08-17-03	PNA	DONALD GRAHAM	50	M.	FREE	LISA DAHL	PNA	-09	27.77
58.94	08-19-01	PNA	STEVE SUSSEX	100	M.	FREE	LISA DAHL	PNA	08-10-09	1:03.77
2:09.18	08-19-01	PNA	STEVE SUSSEX	200	M.	FREE	JO MOORE	PNA	07-30-00	2:32.85
4:37.64	08-19-01	PNA	STEVE SUSSEX	400	M.	FREE	JO MOORE	PNA	08-19-01	5:21.06
9:30.02	07-30-00	PNA	STEVE SUSSEX	800	M.	FREE	JO MOORE	PNA	08-19-01	10:58.29
19:07.35	08-19-01	PNA	STEVE SUSSEX	1500	M.	FREE	KATHRINE CASEY	PNA	08-28-94	22:38.15
31.50	08-17-03	PNA	DONALD GRAHAM	50	M.	BACK	LISA DAHL	PNA	08-10-06	34.21
1:08.39	08-10-03	PNA	DOUG PORTELANCE	100	M.	BACK	ZENA COURTNEY	PNA	08-10-06	1:15.58
2:29.82	08-10-03	PNA	DOUG PORTELANCE	200	M.	BACK	ZENA COURTNEY	PNA	08-10-06	2:42.68
33.28	08-10-06	PNA	JON BACA	50	M.	BRST	LISA DAHL	PNA	08-17-08	37.21
1:16.52	07-08-06	PNA	JON BACA	100	M.	BRST	TONYA BERG	PNA	08-10-06	1:30.85
2:41.13	07-20-97	PNA	GREG HARRISON	200	M.	BRST	TONYA BERG	PNA	08-10-06	3:20.61
28.05	08-21-99	PNA	DONALD GRAHAM	50	M.	FLY	LISA DAHL	PNA	08-10-09	29.57
1:03.90	05-24-04	PNA	CAMERON GREEN	100	M.	FLY	DEBBIE GLASSMAN	PNA	08-20-00	1:15.42
2:29.76	08-27-95	PNA	ALAN BELL	200	M.	FLY	DEBBIE GLASSMAN	PNA	08-23-99	2:55.97
2:28.61	08-19-01	PNA	STEVE SUSSEX	200	M.	I.M.	ZENA COURTNEY	PNA	08-10-06	2:49.89
5:25.32	07-30-00	PNA	STEVE SUSSEX	400	M.	I.M.	ZENA COURTNEY	PNA	08-10-06	6:02.03

***** M E N ***** 50-54 ***** W O M E N *****

26.89	06-09-04	PNA	DONALD GRAHAM	50	M.	FREE	MARY LIPPOLD	PNA	08-10-06	30.02
1:00.94	08-19-01	PNA	RICK PETERSON	100	M.	FREE	MARY LIPPOLD	PNA	08-10-06	1:06.39
2:15.02	08-19-01	PNA	ALAN BELL	200	M.	FREE	MARY LIPPOLD	PNA	08-10-06	2:26.14
4:39.51	06-09-04	PNA	SCOTT LAUTMAN	400	M.	FREE	BARB GUNDRED	PNA	03-26-02	5:12.40
10:20.16	08-19-01	PNA	FRANK WARNER	800	M.	FREE	MARY LIPPOLD	PNA	08-10-06	10:39.81
18:54.52	08-19-01	PNA	ALAN BELL	1500	M.	FREE	SUE DILLS	PNA	08-27-95	21:51.01
31.26	06-09-04	PNA	DONALD GRAHAM	50	M.	BACK	BARB GUNDRED	PNA	08-18-02	35.43
1:10.69	07-16-95	PNA	STEVEN THRASHER	100	M.	BACK	BARB GUNDRED	PNA	08-19-01	1:16.93
2:35.91	08-27-95	PNA	STEVEN THRASHER	200	M.	BACK	BARB GUNDRED	PNA	03-27-02	2:47.52
33.09	08-19-01	PNA	RICK COLELLA	50	M.	BRST	LYNN BELL	PNA	08-19-01	40.43
1:12.50	08-19-01	PNA	RICK COLELLA	100	M.	BRST	LYNN BELL	PNA	08-19-01	1:30.21
2:39.08	08-19-01	PNA	RICK COLELLA	200	M.	BRST	LYNN BELL	PNA	08-19-01	3:13.09
27.98	06-24-07	PNA	DONALD GRAHAM	50	M.	FLY	DEBBIE GLASSMAN	PNA	07-25-04	33.73
1:02.04	06-09-04	PNA	SCOTT LAUTMAN	100	M.	FLY	MARY LIPPOLD	PNA	08-10-06	1:14.80
2:21.40	07-25-04	PNA	SCOTT LAUTMAN	200	M.	FLY	DEBBIE GLASSMAN	PNA	08-15-04	2:57.02
2:23.45	08-19-01	PNA	RICK COLELLA	200	M.	I.M.	KATHRINE CASEY	PNA	08-23-99	3:11.46
5:05.82	08-19-01	PNA	RICK COLELLA	400	M.	I.M.	SUE DILLS	PNA	08-27-95	6:39.68

***** M E N ***** 55-59 ***** W O M E N *****

27.82	08-10-06	PNA	RONALD JACOBS	50	M.	FREE	CHARLOTTE DAVIS	PNA	08-10-06	30.56
1:02.66	08-10-06	PNA	RONALD JACOBS	100	M.	FREE	CHARLOTTE DAVIS	PNA	08-10-06	1:07.15
2:17.27	07-12-09	PNA	ALAN BELL	200	M.	FREE	BARB GUNDRED	PNA	08-10-06	2:40.69
4:49.85	07-12-09	PNA	ALAN BELL	400	M.	FREE	BARB GUNDRED	PNA	08-10-06	5:28.73
10:03.20	07-12-09	PNA	ALAN BELL	800	M.	FREE	BARB GUNDRED	PNA	08-10-06	11:16.23
19:03.16	07-12-09	PNA	ALAN BELL	1500	M.	FREE	SALLY DILLON	PNA	08-19-01	22:39.06
34.45	-08	UNAT	BUSTER YONYCH	50	M.	BACK	BARB GUNDRED	PNA	08-10-06	38.34
1:12.30	03-09-97	PNA	STEVEN THRASHER	100	M.	BACK	BARB GUNDRED	PNA	08-10-06	1:22.30
2:39.36	03-09-97	PNA	STEVEN THRASHER	200	M.	BACK	BARB GUNDRED	PNA	08-10-06	2:55.34
36.15	08-17-08	PNA	RICK COLELLA	50	M.	BRST	SALLY DILLON	PNA	08-19-01	44.54
1:14.30	08-17-08	PNA	RICK COLELLA	100	M.	BRST	SALLY DILLON	PNA	03-28-02	1:39.42
2:38.66	08-17-08	PNA	RICK COLELLA	200	M.	BRST	MARYLOU HAUGLAND	PNA	08-27-95	3:43.73
29.08	-08	PNA	SCOTT LAUTMAN	50	M.	FLY	CHARLOTTE DAVIS	PNA	08-10-06	33.26
1:03.95	08-17-08	PNA	SCOTT LAUTMAN	100	M.	FLY	CHARLOTTE DAVIS	PNA	08-10-06	1:24.72
2:26.37	06-14-08	PNA	SCOTT LAUTMAN	200	M.	FLY	RITA BELSERENE	PNA	08-10-06	3:39.35
2:24.12	08-17-08	PNA	RICK COLELLA	200	M.	I.M.	CHARLOTTE DAVIS	PNA	08-10-06	2:53.15
7:11.61	06-25-89	PNA	TOM TAYLOR	400	M.	I.M.	CHARLOTTE DAVIS	PNA	08-10-06	6:07.72

***** M E N ***** 60-64 ***** W O M E N *****

29.55	07-25-04	PNA	ROBERT PILGER	50	M.	FREE	SARAH WELCH	PNA	-08	34.74
1:10.13	08-24-86	PNA	RAY FREDERICK	100	M.	FREE	SALLY DILLON	PNA	-08	1:17.29
2:31.91	08-10-06	PNA	JAMES MCCLEERY	200	M.	FREE	SUE DILLS	PNA	08-17-08	2:51.57

5:08.80	08-10-06	PNA	JAMES MCCLEERY	400	M.	FREE	SUE DILLS	PNA	08-17-08	6:01.60
10:16.84	08-10-06	PNA	JAMES MCCLEERY	800	M.	FREE	SUE DILLS	PNA	08-17-08	12:25.86
23:40.38	08-23-92	PNA	TOM TAYLOR	1500	M.	FREE	KATHRINE CASEY	PNA	-08	25:38.95
33.93	06-24-01	UNA	GARY CHASE	50	M.	BACK	SUE DILLS	PNA	08-17-08	44.95
1:16.21	08-19-01	UNA	GARY CHASE	100	M.	BACK	KATHRINE CASEY	PNA	08-17-08	1:41.42
2:50.56	08-19-01	UNA	GARY CHASE	200	M.	BACK	SUE DILLS	PNA	08-17-08	3:24.51
36.55	08-27-95	PNA	NICK TEMPLEMAN	50	M.	BRST	SALLY DILLON	PNA	-08	47.60
1:23.90	07-05-92	PNA	AULIS KAHKONEN	100	M.	BRST	ARNI LITT	PNA	08-10-06	1:46.41
3:05.69	08-10-06	PNA	STEVEN PETERSON	200	M.	BRST	FRANCESCA DRUM	PNA	08-19-01	3:46.12
34.37	07-16-95	PNA	DAVID DRUM	50	M.	FLY	SARAH WELCH	PNA	-08	36.84
1:29.52	08-27-95	PNA	NICK TEMPLEMAN	100	M.	FLY	SARAH WELCH	PNA	08-17-08	1:26.62
4:30.90	07-30-77	PNA	GENE CADDY	200	M.	FLY	SARAH WELCH	PNA	08-17-08	3:29.21
2:54.33	08-10-06	PNA	MICHAEL MCCOLLY	200	M.	I.M.	SARAH WELCH	PNA	-08	3:14.93
6:10.23	08-10-06	PNA	MICHAEL MCCOLLY	400	M.	I.M.	SARAH WELCH	PNA	-08	7:09.23

***** M E N ***** 65-69 ***** W O M E N *****										
29.48	08-17-08	PNA	ROBERT PILGER	50	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	36.97
1:09.98	08-17-08	PNA	ROBERT PILGER	100	M.	FREE	KAREN BRYCE	PNA	06-24-01	1:27.77
2:44.71	08-27-08	PNA	ROBERT PILGER	200	M.	FREE	PAT DOTSON	PNA	08-23-92	3:23.55
6:06.41	07-30-00	PNA	TOM TAYLOR	400	M.	FREE	DAWN MUSSELMAN	PNA	08-29-80	7:30.35
13:01.39	06-28-96	FWM	TOM TAYLOR	800	M.	FREE	PAT DOTSON	PNA	07-31-94	15:12.03
24:09.18	07-30-00	PNA	TOM TAYLOR	1500	M.	FREE	MARION CHADWICK	PNA	08-24-87	35:09.24
40.10	08-15-05	PNA	WALT REID	50	M.	BACK	DAWN MUSSELMAN	PNA	08-10-80	47.31
1:28.88	08-15-05	PNA	WALT REID	100	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	1:46.95
3:15.92	08-10-06	PNA	MICHAEL NORDBY	200	M.	BACK	DAWN MUSSELMAN	PNA	08-29-80	3:51.56
40.78	06-23-07	PNA	ROY DAVIS	50	M.	BRST	MURIEL FLYNN	PNA	06-26-88	56.06
1:30.74	06-23-07	PNA	ROY DAVIS	100	M.	BRST	MURIEL FLYNN	PNA	08-11-91	2:04.53
3:18.00	08-17-08	PNA	ROY DAVIS	200	M.	BRST	MURIEL FLYNN	PNA	07-31-88	4:25.18
35.58	08-19-01	PNA	DAVID DRUM	50	M.	FLY	PAT DOTSON	PNA	08-23-92	48.49
1:50.52	07-27-02	PNA	HAROLD TAUSCHER	100	M.	FLY	PAT DOTSON	PNA	08-23-92	1:49.46
3:56.27	08-13-07	PNA	MICHAEL NORDBY	200	M.	FLY				
3:14.87	07-08-06	PNA	MICHAEL NORDBY	200	M.	I.M.	PAT DOTSON	PNA	08-23-92	3:55.51
7:00.97	08-10-06	PNA	MICHAEL NORDBY	400	M.	I.M.	MURIEL FLYNN	PNA	06-26-88	9:08.25

***** M E N ***** 70-74 ***** W O M E N *****										
32.48	08-20-90	PNA	ANDREW HOLDEN	50	M.	FREE	DAWN MUSSELMAN	PNA	08-06-83	39.29
1:13.94	07-22-90	PNA	ANDREW HOLDEN	100	M.	FREE	DAWN MUSSELMAN	PNA	06-26-83	1:34.38
3:02.95	08-19-01	PNA	TOM TAYLOR	200	M.	FREE	DAWN MUSSELMAN	PNA	07-10-83	3:40.35
6:15.04	08-19-01	PNA	TOM TAYLOR	400	M.	FREE	MARY MCMAHON	PNA	07-31-88	9:21.69
12:46.07	08-19-01	PNA	TOM TAYLOR	800	M.	FREE	LEE HOLM	PNA	06-01-85	20:29.86
24:02.17	08-19-01	PNA	TOM TAYLOR	1500	M.	FREE	LEE HOLM	PNA	08-24-86	37:54.63
41.91	08-05-90	PNA	ANDREW HOLDEN	50	M.	BACK	DAWN MUSSELMAN	PNA	04-28-84	49.38
1:35.39	06-24-90	PNA	ANDREW HOLDEN	100	M.	BACK	DAWN MUSSELMAN	PNA	06-26-83	1:51.41
3:33.58	08-19-01	PNA	TOM TAYLOR	200	M.	BACK	JANET KAVADAS	PNA	08-19-01	4:52.59
43.12	06-24-01	PNA	TOM TAYLOR	50	M.	BRST	MURIEL FLYNN	PNA	06-19-93	59.05
1:37.90	08-19-01	PNA	TOM TAYLOR	100	M.	BRST	MURIEL FLYNN	PNA	06-04-94	2:11.33
3:40.72	06-24-01	PNA	TOM TAYLOR	200	M.	BRST	MURIEL FLYNN	PNA	06-19-93	4:34.80
36.59	07-22-90	PNA	ANDREW HOLDEN	50	M.	FLY	MAXINE CARLSON	PNA	08-11-91	1:21.10
1:32.85	08-20-90	PNA	ANDREW HOLDEN	100	M.	FLY	CHAYA AMIAD	PNA	08-17-08	4:15.93
3:39.04	08-20-90	PNA	ANDREW HOLDEN	200	M.	FLY	CHAYA AMIAD	PNA	08-17-08	9:11.13
3:49.18	08-24-86	PNA	FRED WIGGIN	200	M.	I.M.	MARION MUELLER	PNA	08-24-86	7:03.07
8:21.05	08-24-86	PNA	FRED WIGGIN	400	M.	I.M.	MARION CHADWICK	PNA	08-23-92	14:40.19

***** M E N ***** 75-79 ***** W O M E N *****										
37.98	08-06-83	PNA	JIM PENFIELD	50	M.	FREE	BERNICE PHILLIPS	PNA	07-25-04	56.32
1:27.42	08-10-06	PNA	BOB MILLER	100	M.	FREE	BERNICE PHILLIPS	PNA	07-25-04	2:10.71
2:59.52	08-10-06	PNA	BOB MILLER	200	M.	FREE	MURIEL FLYNN	PNA	07-30-00	4:38.07
6:17.76	08-10-06	PNA	BOB MILLER	400	M.	FREE	MURILE FLYNN	PNA	08-15-98	8:42.80
12:56.97	08-10-06	PNA	BOB MILLER	800	M.	FREE	PAT MATTHIESEN	PNA	08-23-92	19:54.08
25:11.74	08-13-07	PNA	TOM TAYLOR	1500	M.	FREE	PAT MATTHIESEN	PNA	07-26-92	39:29.44
45.12	07-21-85	PNA	CARTER MORGAN	50	M.	BACK	BERNICE PHILLIPS	PNA	07-08-06	56.47
1:34.32	07-08-06	PNA	BOB MILLER	100	M.	BACK	BERNICE PHILLIPS	PNA	08-10-06	2:13.38
3:17.54	08-10-06	PNA	BOB MILLER	200	M.	BACK	BARBARA ALLEN	PNA	07-12-09	4:52.32
45.82	07-08-06	PNA	TOM TAYLOR	50	M.	BRST	MURIEL FLYNN	PNA	08-15-98	1:00.02
1:45.51	08-13-07	PNA	TOM TAYLOR	100	M.	BRST	MURIEL FLYNN	PNA	08-15-98	2:16.15
3:58.05	08-13-07	PNA	TOM TAYLOR	200	M.	BRST	MURIEL FLYNN	PNA	08-15-98	4:57.73
53.03	08-24-86	PNA	JIM PENFIELD	50	M.	FLY	PAT MATTHIESEN	PNA	08-11-91	1:14.60
2:19.01	07-21-85	PNA	JIM PENFIELD	100	M.	FLY	PAT MATTHIESEN	PNA	08-23-92	2:47.59
				200	M.	FLY	MARION CHADWICK	PNA	06-29-97	10:04.90
4:28.13	06-17-06	PNA	BOB DORSE	200	M.	I.M.	MURIEL FLYNN	PNA	08-15-98	4:52.55
				400	M.	I.M.	PAT MATTHIESEN	PNA	07-26-92	12:20.02

***** M E N ***** 80-84 ***** W O M E N *****										
40.74	08-20-89	PNA	JIM PENFIELD	50	M.	FREE	PAT MATTHIESEN	PNA	07-26-98	1:03.16
1:40.67	08-28-88	PNA	JIM PENFIELD	100	M.	FREE	PAT MATTHIESEN	PNA	07-26-98	2:20.62
3:51.90	07-31-94	PNA	GENE CROSSETT	200	M.	FREE	MARION MUELLER	PNA	07-31-94	5:24.16
8:19.72	07-31-94	PNA	GENE CROSSETT	400	M.	FREE	MARION MUELLER	PNA	06-20-92	12:30.61
22:32.57	08-10-03	PNA	HAL YOUNG II	800	M.	FREE	MARION CHADWICK	PNA	08-19-01	25:41.48
33:56.96	07-31-94	PNA	GENE CROSSETT	1500	M.	FREE				

51.82	06-26-88	PNA	JIM PENFIELD	50	M.	BACK	MARION MUELLER	PNA	06-19-93	1:09.98
2:06.13	08-23-92	PNA	JIM PENFIELD	100	M.	BACK	MARION MUELLER	PNA	06-19-93	2:31.83
4:41.48	07-28-91	PNA	JIM PENFIELD	200	M.	BACK	MAXINE CARLSON	PNA	08-19-01	5:22.19
52.19	07-31-88	PNA	JIM PENFIELD	50	M.	BRST	MURIEL FLYNN	PNA	07-25-04	1:05.61
2:10.62	08-28-88	PNA	JIM PENFIELD	100	M.	BRST	MURIEL FLYNN	PNA	07-25-04	2:25.38
4:57.91	06-26-88	PNA	JIM PENFIELD	200	M.	BRST	MURIEL FLYNN	PNA	07-25-04	5:12.54
53.20	06-26-88	PNA	JIM PENFIELD	50	M.	FLY	PAT MATTHIESEN	PNA	07-26-98	1:42.72
				100	M.	FLY				
				200	M.	FLY				
4:47.64	08-20-89	PNA	JIM PENFIELD	200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 85-89 ***** W O M E N *****

46.70	08-01-93	PNA	JIM PENFIELD	50	M.	FREE	MARION CHADWICK	PNA	08-10-06	1:16.47
1:57.56	06-16-93	PNA	JIM PENFIELD	100	M.	FREE	MARION CHADWICK	PNA	08-10-06	2:45.73
4:38.04	08-19-01	PNA	GENE CROSSETT	200	M.	FREE	MARION CHADWICK	PNA	08-10-06	6:20.21
10:11.90	08-05-78	PNA	ROBERT SIMMONDS	400	M.	FREE	MARION CHADWICK	PNA	07-08-06	14:30.58
20:41.60	08-19-01	PNA	GENE CROSSETT	800	M.	FREE				
38:36.50	08-05-78	PNA	ROBERT SIMMONDS	1500	M.	FREE				
58.07	06-16-93	PNA	JIM PENFIELD	50	M.	BACK				
2:07.06	08-01-93	PNA	JIM PENFIELD	100	M.	BACK	MARION CHADWICK	PNA	07-08-06	3:38.58
4:43.49	06-19-93	PNA	JIM PENFIELD	200	M.	BACK	MARION CHADWICK	PNA	07-08-06	7:23.40
1:02.86	07-16-95	PNA	JIM PENFIELD	50	M.	BRST				
2:23.06	06-16-93	PNA	JIM PENFIELD	100	M.	BRST				
5:37.67	08-22-93	PNA	JIM PENFIELD	200	M.	BRST				
1:04.95	06-16-93	PNA	JIM PENFIELD	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
5:32.99	08-22-93	PNA	JIM PENFIELD	200	M.	I.M.				
				400	M.	I.M.				

***** M E N ***** 90-94 ***** W O M E N *****

57.87	08-10-03	PNA	GENE CROSSETT	50	M.	FREE				
2:19.86	08-10-03	PNA	GENE CROSSETT	100	M.	FREE				
5:06.92	08-10-03	PNA	GENE CROSSETT	200	M.	FREE				
11:14.94	08-10-03	PNA	GENE CROSSETT	400	M.	FREE				
24:19.62	07-25-04	PNA	GENE CROSSETT	800	M.	FREE				
				1500	M.	FREE				
1:03.20	07-26-98	PNA	JIM PENFIELD	50	M.	BACK				
2:30.11	07-26-98	PNA	JIM PENFIELD	100	M.	BACK				
				200	M.	BACK				
1:09.80	07-26-98	PNA	JIM PENFIELD	50	M.	BRST				
				100	M.	BRST				
				200	M.	BRST				
1:26.07	07-26-98	PNA	JIM PENFIELD	50	M.	FLY				
				100	M.	FLY				
				200	M.	FLY				
7:02.80	07-26-98	PNA	JIM PENFIELD	200	M.	I.M.				
				400	M.	I.M.				

***** RELAY 200 M. FREE - WOMEN *****

76-99	PNA	08-23-92	1:59.98	76-99	PNA	08-23-92	2:18.05
	ZENA HERRMANN	DONA WILLIAMS			ZENA HERRMANN	DEBBIE FALSGRAF	
	YURIKO SATO	DEBBIE FALSGRAF			TAMMI KEELER	MARIA BUSKE	
100-119	PNA	08-23-92	2:09.38	100-119	PNA	08-24-86	2:23.44
	TAMMI KEELER	KATHLEEN PETERSON			MEG LLOYD	JUDY WESTON	
	ANNAMARIE TERRHAR	MARIA BUSKE			AMY RUST	KIKO KIMURA	
120-159	HSKY	08-23-92	2:05.75	120-159	PNA	08-19-01	2:15.26
	TAMI BENNETT	MARGARET LLOYD			A.PETERS-JOHNSON	JEAN DILLON	
	ANNE HEALEY	AMY RUST			KARIN HEUSTED	ANNE BERNHARD	
160-199	PNA	08-19-01	2:05.90	160-199	PNA	08-19-01	2:14.67
	DEBBIE GLASSMAN	ZENA COURTNEY			ZENA COURTNEY	TONYA BERG	
	CAROL MCCAIG	ANNE BERNHARD			DEBBIE GLASSMAN	JO MOORE	
200-239	PNA	08-10-06	1:57.21	200-239	PNA	08-17-08	2:18.19
	LISA DAHL	DEBBIE GLASSMAN			ZENA COURTNEY	LISA DAHL	
	CHARLOTTE DAVIS	MARY LIPPOLD			JO MOORE	DEBBIE GLASSMAN	
240-279	PNA	08-17-08	2:13.33	240-279	PNA	08-10-06	3:04.30
	SALLY DILLON	SARAH WELCH			CAROLYN BEHSE	KATHRINE CASEY	
	SUE DILLS	DEBBIE GLASSMAN			SARAH WELCH	SALLY DILLON	

280-319	PNA	08-10-06	3:58.69	280-319	PNA	08-23-92	3:57.53
	BERNICE PHILLIPS	KAREN BRYCE			MARION MUELLER	MARYAN BURKE	
	GAIL GLADWELL	JANET KAVADAS			BETTY KERCHEVAL	MURIEL FLYNN	

	RELAY 400 M. FREE - WOMEN				RELAY 400 M. FREE - WOMEN		

76-99				76-99			
100-119	PNA	06-08-08	5:29.82	100-119	PNA	06-08-08	6:40.96
	MEGAN BARRET	ALLYSON LAND			MEGAN BARRET	ALLYSON LAND	
	KRIS SPEIR	ALLISON BOOMER			ASHLEY RAYGOR	KRISTINE ANTILLA	
120-159	PNA	07-04-92	5:23.45	120-159	PNA	07-26-98	5:46.04
	ANITA JONES	SALLY DOBBIN			TRACY LARSON	GIGI BAKER	
	GAIL BRUNER	JENNIFER OGLE			CYNTHIA HIRST	SHARON FILIPOWSKI	
160-199				160-199			
200-239	PNA	08-10-09	4:34.90	200-239			
	LISA DAHL	SARAH WELCH					
	DEBBIE GLASSMAN	MEGAN OESTING					
240-279	PNA	07-28-91	7:48.78	240-279			
	MARION CHADWICK	JANET KAVADAS					
	MURIEL FLYNN	CAROLYN BALDWIN					
280-319				280-319			

	RELAY 800 M. FREE - WOMEN				RELAY 800 M. FREE - WOMEN		

76-99				200-239			
100-119				240-279	PNA	08-14-88	17:47.77
					MARION CHADWICK	CAROL ANNING	
					MARION MUELLER	CYNTHIA ROSIK	
120-159	PNA	07-26-98	13:25.47	280-319			
	JULIE BRUNO	JANE MOORE					
	LINDA SULLIVAN	KAREENA KING					
160-199							

	RELAY 200 M. FREE - MEN				RELAY 200 M. FREE - MEN		

76-99				76-99	PNA	08-23-92	2:04.65
					JOHN UNDERBRINK	ANDREW LOVAN	
					STEVEN SCHMIDT	JOHN POTTLE	
100-119	PNA	08-24-86	1:43.31	100-119	PNA	08-24-86	1:58.92
	GORDON CLARK	ROBERT CRAWFORD			REX FLETCHER	GORDON CLARK	
	REX FLETCHER	STEVE FREEBORN			ROBERT CRAWFORD	CHRIS HALL	
120-159	PNA	08-24-86	1:40.07	120-159	PNA	08-24-86	1:54.80
	DAVE HANNULA	CHRIS HALL			DAVE HANNULA	MIKE STIPEK	
	DICK HANNULA	DANIEL HANNULA			DICK HANNULA	DANIEL HANNULA	
160-199	PNA	08-23-92	1:46.27	160-199	PNA	08-19-01	1:58.34
	STEPHEN FREEBORN	DICK GREEN			DAVID MCALPINE	TOM SCHUTTE	
	RICHARD PETERSON	FRANK WARNER			STEPHEN FREEBORN	JOHN SYLVESTER	
200-239	PNA	08-10-06	1:46.88	200-239	PNA	08-10-06	2:00.45
	DONALD GRAHAM	JON BACA			DONALD GRAHAM	JON BACA	
	SCOTT LAUTMAN	RONALD JACOBS			SCOTT LAUTMAN	RONALD JACOBS	
240-279	PNA	08-10-06	2:15.99	240-279	PNA	08-10-06	2:28.47
	MICHAEL NORDBY	DENNIS SAWYER			WALT REID	STEVEN PETERSON	
	WALT REID	STEVEN PETERSON			MICHAEL MCCOLLY	MICHAEL NORDBY	

280-319 PNA 08-24-86 2:30.07 280-319 PNA 08-24-86 3:00.34
ALLAN SACHS RAY FREDERICK FRED WIGGIN JIM PENFIELD
GENE CADDY JIM PENFIELD JOHN KORUGA ALLAN SACHS

320-359 PNA 08-23-92 3:07.37 320-359 PNA 07-31-94 4:45.39
EVERETT CASSELL GENE CROSSETT ALAN SACHS EVERETT CASSELL
JIM PENFIELD ALLAN SACHS JIM PENFIELD GENE CROSSETT

RELAY 400 M. FREE - MEN RELAY 400 M. FREE - MEN

76-99 76-99
100-119 PNA 07-04-92 4:21.55 100-119 PNA 07-04-92 4:59.58
ROBERT WELCHER PAUL SHERMAN ROBERT WELCHER PAUL IDEKA
J.BORNHEIMER JEFF OLLIFFE PAUL SHERMAN RICHARD BEEN

120-159 PNA 07-04-92 3:56.41 120-159 PNA 07-04-92 4:40.39
RICK PETERSON S.SCHUFREIDER J.BORNHEIMER RICK PETERSON
STEVE SCHMIDT CRAIG MALLERY STEVE SCHMIDT CRAIG MALLERY

160-199 PNA 08-10-03 4:48.63 160-199 PNA 06-08-08 5:41.17
BILL REEDER ERIC DYBDAHL RICHARD SEIBERT JIM KOHNKE
STEPHEN FREEBORN GARVIN MORLAN STEVE LAHAIE DAVID PERRY

200-239 200-239

240-279 240-279

280-319 280-319

RELAY 800 M. FREE - MEN

76-99 200-239

100-119 240-279

120-159 PNA 07-26-98 11:12.83 280-319
DAN FROST JAMIE SHERMAN
PAUL IKEDA ERIC DYBDAHL

160-199

RELAY 200 M. FREE - MIXED RELAY 200 M. FREE - MIXED

76-99 PNA 08-23-92 1:55.88 76-99 PNA 08-23-92 2:04.57
DANIEL BALDERSON TAMMI KEELER MARK LIST DANIEL BALDERSON
DEBBIE FALSGRAF STEPHEN FREEBORN YURIKO SATO DEBBIE FALSGRAF

100-119 PNA 08-24-86 1:56.90 100-119 PNA 08-24-86 2:14.14
CHRIS HALL DANA BEATTY STEVE FREEBORN JUDY WESTON
BARBARA LINDSLEY STEVE FREEBORN ROBERT CRAWFORD KIKO KIMURA

120-159 PNA 08-23-92 1:55.37 120-159 PNA 08-24-86 2:02.84
CAROLYN ACKERLEY KRISTIN WILLIAMS DAVE HANNULA GREG HARRISON
TIMOTHY KLUG FRED LEATHERMAN ROBIN O'LEARY MEG LLOYD

160-199 PNA 08-17-08 1:51.63 160-199 PNA 08-23-92 2:08.07
KIRK NELSON JOHN WILLIAMS ZENA HERRMANN RICK COLELLA
DEBBIE GLASSMAN LISA DAHL ALAN BELL SUE DILLS

200-239 PNA 08-10-06 1:50.44 200-239 PNA 08-10-06 2:07.75
LISA DAHL MARY LIPPOLD ZENA COURTNEY JON BACA
DONALD GRAHAM RONALD JACOBS SCOTT LAUTMAN CHARLOTTE DAVIS

240-279	PNA SCOTT LAUTMAN SARAH WELCH	08-17-08 STEVEN PETERSON SALLY DILLON	2:10.87	240-279	PNA SUE DILLS SCOTT LAUTMAN	08-17-08 STEVEN PETERSON SARAH WELCH	2:26.43
280-319	PNA MURIEL FLYNN GENE CROSSETT	08-23-92 BETTY KERCHEVAL WARREN KLEIST	2:48.37	280-319	PNA MARION MUELLER PAT DOTSON	08-24-86 JIM PENFIELD ALLAN SACHS	3:25.20
320-359	PNA LEE HOLM JIM PENFIELD	08-23-92 MARION MUELLER ALLAN SACHS	3:46.53	320-359	PNA MARION MUELLER JIM PENFIELD	08-24-86 EVERETT CASSELL LEE HOLM	4:40.44

RELAY 400 M. FREE - MIXED

76-99				76-99			
100-119				100-119			
120-159	PNA ARNOLD KAS SUSAN HIGINBOTHAM	06-19-93 HEIDI SMITH KRIS HISLOP	5:38.55	120-159			
160-199	PNA RICHARD SEIBERT ELIZABETH KASSEN	07-12-09 TAMARA COULTER KIRK NELSON	4:37.59	160-199			
200-239				200-239			

240-279	PNA WARREN KLEIST RICK STAFFORD	08-14-88 LEE HOLM MAXINE CARLSON	7:01.96	240-279			
280-319				280-319			

RELAY 800 M. FREE - MIXED

76-99				200-239			
100-119				240-279			
120-159	PNA KAREENA KING ERIC DYBDAHL	07-30-00 THOMAS JOWETT KAREN LEAHY	11:54.90	280-319			
160-199							