

PNA SCM RECORDS AS OF 12-31-1995

| ***** | | M E N | ***** | | 18-24 | ***** | | W O M E N | ***** | |
|----------|----------|-------|--------------------|------|---------|-------------------|------|-----------|----------|--|
| 25.75 | 10-26-86 | PNA | MICHAEL GESSITZ | 50 | M. FREE | SHELLY MARSHALL | PNA | 11-03-79 | 28.20 | |
| 54.98 | 10-19-85 | PNA | STEVE SCHMIDT | 100 | M. FREE | PAMELA STALTER | PNA | 12-15-91 | 1:03.55 | |
| 2:28.32 | 12-15-91 | PNA | JACK TUREK | 200 | M. FREE | PAMELA STALTER | PNA | 12-15-91 | 2:16.44 | |
| 4:29.09 | 10-19-85 | PNA | STEVE SCHMIDT | 400 | M. FREE | SHARI MIKRUT | PNA | 06-27-87 | 5:25.48 | |
| | | | | 800 | M. FREE | | | | | |
| 26:06.01 | 02-21-81 | PNA | GEORGE BLANCHFIELD | 1500 | M. FREE | | | | | |
| 31.42 | 11-22-81 | PNA | RICK LIPSCOMB | 50 | M. BACK | KRISTI BARNSON | PNA | 11-03-79 | 38.80 | |
| 1:08.20 | 01-16-94 | PNA | ROBERT WELCHER | 100 | M. BACK | HEIDI HAGELSTEIN | PNA | 10-19-85 | 1:22.72 | |
| 2:29.10 | 01-16-94 | PNA | ROBERT WELCHER | 200 | M. BACK | PAMELA STALTER | PNA | 12-15-91 | 2:35.06 | |
| 33.30 | 01-15-95 | PNA | TODD DOHERTY | 50 | M. BRST | JACKIE LANDRY | PNA | 02-21-81 | 40.21 | |
| 1:12.94 | 01-15-95 | PNA | TODD DOHERTY | 100 | M. BRST | JACKIE LANDRY | PNA | 11-03-79 | 1:27.89 | |
| 2:47.74 | 01-16-94 | PNA | KIRK WALKER | 200 | M. BRST | BECKY BENNETT | PNA | 11-22-81 | 3:20.56 | |
| 27.96 | 11-22-81 | PNA | RICK LIPSCOMB | 50 | M. FLY | SHELLY MARSHALL | PNA | 11-03-79 | 32.50 | |
| 1:03.16 | 10-19-85 | PNA | STEVE SCHMIDT | 100 | M. FLY | LISA O'BRIEN | PNA | 10-19-85 | 1:16.81 | |
| | | | | 200 | M. FLY | LISA O'BRIEN | PNA | 10-19-85 | 2:46.92 | |
| 1:05.44 | 01-15-95 | PNA | TODD DOHERTY | 100 | M. I.M. | PAMELA STALTER | PNA | 12-15-91 | 1:12.61 | |
| 2:30.66 | 01-16-94 | PNA | KIRK WALKER | 200 | M. I.M. | LISA O'BRIEN | PNA | 10-19-85 | 2:46.61 | |
| | | | | 400 | M. I.M. | | | | | |
| ***** | | | | | | | | | | |
| ***** | | M E N | ***** | | 25-29 | ***** | | W O M E N | ***** | |
| 25.00 | 11-03-79 | PNA | JIM HOGUE | 50 | M. FREE | STEFANI FERSCH | PNA | 01-20-90 | 30.30 | |
| 55.88 | 05-16-88 | PNA | TOM O'BRIEN | 100 | M. FREE | BARB THRASHER | PNA | 01-16-94 | 1:06.49 | |
| 2:01.93 | 05-16-88 | PNA | TOM O'BRIEN | 200 | M. FREE | BARB THRASHER | PNA | 01-16-94 | 2:23.05 | |
| 4:25.81 | 01-20-90 | PNA | STEVE SCHMIDT | 400 | M. FREE | LISA O'BRIEN | PNA | 05-16-88 | 4:48.31 | |
| 9:25.41 | 10-29-89 | PNA | STEVE SCHMIDT | 800 | M. FREE | KAREN JOST | PNA | 10-29-89 | 11:17.49 | |
| 19:20.83 | 02-21-81 | PNA | ERIC DURBAN | 1500 | M. FREE | LISA O'BRIEN | PNA | 05-16-88 | 18:47.44 | |
| 30.20 | 11-03-79 | PNA | JIM HOGUE | 50 | M. BACK | JENNIFER OGLE | PNA | 06-24-94 | 34.42 | |
| 1:05.56 | 06-24-94 | PNA | ROBERT WELCHER | 100 | M. BACK | JENNIFER OGLE | PNA | 06-24-94 | 1:14.89 | |
| 2:26.77 | 06-24-94 | PNA | ROBERT WELCHER | 200 | M. BACK | JENNIFER OGLE | PNA | 06-24-94 | 2:40.64 | |
| 32.70 | 12-15-91 | PNA | JUSTIN FARABEE | 50 | M. BRST | MARY BETH PHELAN | PNA | 11-03-79 | 37.60 | |
| 1:10.23 | 12-15-91 | PNA | JUSTIN FARABEE | 100 | M. BRST | MARY BETH PHELAN | PNA | 11-03-79 | 1:22.80 | |
| 2:32.03 | 12-15-91 | PNA | JUSTIN FARABEE | 200 | M. BRST | JUDY HAWKSWORTH | PNA | 10-25-87 | 3:04.75 | |
| 28.26 | 11-03-79 | PNA | JIM HOGUE | 50 | M. FLY | BARB THRASHER | PNA | 01-15-95 | 33.42 | |
| 1:00.19 | 05-16-88 | PNA | TOM O'BRIEN | 100 | M. FLY | LISA O'BRIEN | PNA | 05-16-88 | 1:13.57 | |
| 2:10.91 | 05-16-88 | PNA | TOM O'BRIEN | 200 | M. FLY | LISA O'BRIEN | PNA | 05-16-88 | 2:37.48 | |
| 1:05.95 | 10-19-85 | PNA | REX FLETCHER | 100 | M. I.M. | BARB THRASHER | PNA | 01-15-95 | 1:18.86 | |
| 2:22.12 | 01-20-90 | PNA | STEVE SCHMIDT | 200 | M. I.M. | JUDY HAWKSWORTH | PNA | 10-25-87 | 2:50.84 | |
| 5:06.16 | 10-25-87 | PNA | STEVE SCHMIDT | 400 | M. I.M. | | | | | |
| ***** | | | | | | | | | | |
| ***** | | M E N | ***** | | 30-34 | ***** | | W O M E N | ***** | |
| 24.44 | 10-19-85 | PNA | DAVE HANNULA | 50 | M. FREE | SANDY DENTINGER | PNA | 06-14-87 | 29.59 | |
| 54.03 | 06-24-94 | PNA | CRAIG MALLERY | 100 | M. FREE | ZENA HERRMANN | PNA | 12-15-91 | 1:05.50 | |
| 2:02.90 | 06-24-94 | PNA | CRAIG MALLERY | 200 | M. FREE | BARB THRASHER | PNA | 05-22-95 | 2:19.20 | |
| 4:25.66 | 01-20-90 | PNA | BRAD WILLIAMS | 400 | M. FREE | AMY NEWELL | PNA | 10-31-93 | 4:57.82 | |
| 9:59.67 | 06-24-94 | PNA | PAUL SHERMAN | 800 | M. FREE | | | | | |
| 19:29.91 | 05-16-88 | PNA | STEVE LAY | 1500 | M. FREE | NININE TESTA | PNA | 10-30-88 | 23:16.79 | |
| 30.96 | 02-21-81 | PNA | GARY HAFER | 50 | M. BACK | ZENA HERRMANN | PNA | 12-15-91 | 33.33 | |
| 1:09.71 | 02-21-81 | PNA | GARY HAFER | 100 | M. BACK | ZENA HERRMANN | PNA | 12-15-91 | 1:10.68 | |
| 2:32.00 | 01-20-90 | PNA | BRAD WILLIAMS | 200 | M. BACK | ZENA HERRMANN | PNA | 12-15-91 | 2:32.32 | |
| 31.16 | 06-24-94 | PNA | KAMERON WELLS | 50 | M. BRST | CATHY WALTERS | PNA | 05-22-95 | 37.13 | |
| 1:10.35 | 06-24-94 | PNA | KAMERON WELLS | 100 | M. BRST | KATHRINE CASEY | PNA | 11-03-79 | 1:27.90 | |
| 2:38.53 | 01-20-90 | PNA | BRAD WILLIAMS | 200 | M. BRST | KATHRINE CASEY | PNA | 11-03-79 | 3:18.65 | |
| 27.37 | 06-24-94 | PNA | CRAIG MALLERY | 50 | M. FLY | BARB THRASHER | PNA | 05-22-95 | 31.52 | |
| 1:00.06 | 06-24-94 | PNA | CRAIG MALLERY | 100 | M. FLY | TAMMY BENNETT | HSKY | 05-16-88 | 1:07.34 | |
| 2:17.02 | 12-01-90 | PNA | STEVE VELA | 200 | M. FLY | TAMMY BENNETT | HSKY | 05-16-88 | 2:31.16 | |
| 1:04.23 | 06-24-94 | PNA | KAMERON WELLS | 100 | M. I.M. | SANDY DENTINGER | PNA | 06-14-87 | 1:17.20 | |
| 2:23.22 | 10-19-85 | PNA | DAVE HANNULA | 200 | M. I.M. | KATHLEEN TOIVOLA | PNA | 10-31-93 | 2:48.87 | |
| 5:31.94 | 05-16-88 | PNA | HUGH MOORE | 400 | M. I.M. | | | | | |
| ***** | | | | | | | | | | |
| ***** | | M E N | ***** | | 35-39 | ***** | | W O M E N | ***** | |
| 26.38 | 05-22-95 | PNA | BERNARD KINGSLY | 50 | M. FREE | BETH BRENNER | PNA | 10-15-89 | 28.82 | |
| 58.62 | 05-22-95 | PNA | BERNARD KINGSLY | 100 | M. FREE | WENDY BOGLIOLI | PNA | 10-31-93 | 1:04.27 | |
| 2:12.24 | 01-23-93 | PNA | BILL FENNER | 200 | M. FREE | BETH BRENNER | PNA | 10-15-89 | 2:22.08 | |
| 4:37.25 | 05-22-95 | PNA | DOUG PORTELANCE | 400 | M. FREE | BARB LINDSLEY | PNA | 09-19-87 | 5:25.93 | |
| 10:02.70 | 10-15-89 | PNA | HUGH MOORE | 800 | M. FREE | KATHRINE CASEY | PNA | 10-25-87 | 10:54.06 | |
| 19:15.76 | 05-22-95 | PNA | MATTHEW SMITH | 1500 | M. FREE | KATHRINE CASEY | PNA | 02-01-87 | 21:25.62 | |
| 29.58 | 05-22-95 | PNA | DOUG PORTELANCE | 50 | M. BACK | JULIE CORMAN | PNA | 10-19-85 | 35.72 | |
| 1:02.15 | 05-22-95 | PNA | DOUG PORTELANCE | 100 | M. BACK | BARB LINDSLEY | PNA | 05-16-88 | 1:17.20 | |
| 2:14.33 | 05-22-95 | PNA | DOUG PORTELANCE | 200 | M. BACK | BARB LINDSLEY | PNA | 05-16-88 | 2:45.68 | |
| 33.32 | 05-16-88 | PNA | GREG HARRISON | 50 | M. BRST | KATHY CLARK | PNA | 10-19-85 | 39.14 | |
| 1:10.13 | 10-15-89 | PNA | GREG HARRISON | 100 | M. BRST | S. MACLAREN-MEUER | PNA | 10-21-95 | 1:26.23 | |
| 2:28.35 | 10-15-89 | PNA | GREG HARRISON | 200 | M. BRST | KATHRINE CASEY | PNA | 02-01-87 | 3:09.93 | |
| 29.35 | 01-21-91 | PNA | STEVE FREEBORN | 50 | M. FLY | BETH BRENNER | PNA | 10-15-89 | 31.26 | |
| 1:03.72 | 05-22-95 | PNA | BERNARD KINGSLY | 100 | M. FLY | BARB LINDSLEY | PNA | 05-16-88 | 1:14.12 | |
| 2:30.27 | 10-15-89 | PNA | HUGH MOORE | 200 | M. FLY | BARB LINDSLEY | PNA | 05-16-88 | 2:52.16 | |
| 1:06.06 | 05-22-95 | PNA | BERNARD KINGSLY | 100 | M. I.M. | BETH BRENNER | PNA | 10-15-89 | 1:13.62 | |

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| 2:26.23 | 10-15-89 | PNA | GREG HARRISON | 200 | M. | I.M. | BARB LINDSLEY | PNA | 05-16-88 | 2:44.27 |
| 5:09.68 | 05-16-88 | PNA | GREG HARRISON | 400 | M. | I.M. | KATHRINE CASEY | PNA | 10-25-87 | 6:19.55 |
| ***** M E N ***** 40-44 ***** W O M E N ***** | | | | | | | | | | |
| 25.59 | 06-24-94 | PNA | RICK PETERSON | 50 | M. | FREE | KATHRINE CASEY | PNA | 10-29-89 | 31.88 |
| 57.60 | 06-24-94 | PNA | RICK PETERSON | 100 | M. | FREE | JO MOORE | PNA | 05-22-95 | 1:04.71 |
| 2:13.47 | 01-20-90 | PNA | FRANK WARNER | 200 | M. | FREE | JO MOORE | PNA | 05-22-95 | 2:25.28 |
| 4:42.43 | 12-15-91 | PNA | FRANK WARNER | 400 | M. | FREE | JO MOORE | PNA | 05-22-95 | 5:10.84 |
| 10:28.85 | 04-20-91 | PNA | GARY HAFER | 800 | M. | FREE | KATHRINE CASEY | PNA | 03-12-89 | 11:28.09 |
| 21:26.00 | 05-16-88 | PNA | J.NORRIS | 1500 | M. | FREE | KATHRINE CASEY | PNA | 12-01-90 | 21:13.85 |
| 30.49 | 12-07-91 | PNA | GARY HAFER | 50 | M. | BACK | JULIE CORMAN | PNA | 01-20-90 | 37.35 |
| 1:06.46 | 11-08-92 | PNA | GARY HAFER | 100 | M. | BACK | BARB GUNDRED | PNA | 05-22-95 | 1:17.26 |
| 2:28.20 | 12-07-91 | PNA | GARY HAFER | 200 | M. | BACK | JULIE CORMAN | PNA | 01-20-90 | 2:53.13 |
| 33.60 | 05-22-95 | PNA | JAY WALTERS | 50 | M. | BRST | KATHRINE CASEY | PNA | 10-30-88 | 39.82 |
| 1:12.11 | 05-22-95 | PNA | GREG HARRISON | 100 | M. | BRST | KATHRINE CASEY | PNA | 01-21-91 | 1:28.63 |
| 2:31.37 | 01-23-93 | PNA | GREG HARRISON | 200 | M. | BRST | KATHRINE CASEY | PNA | 01-20-90 | 3:15.11 |
| 30.33 | 01-20-91 | PNA | GARY HAFER | 50 | M. | FLY | JO MOORE | PNA | 05-22-95 | 33.30 |
| 1:06.60 | 11-08-92 | PNA | GARY HAFER | 100 | M. | FLY | KATHRINE CASEY | PNA | 01-25-92 | 1:27.86 |
| 2:34.02 | 05-22-95 | PNA | HUGH MOORE | 200 | M. | FLY | TERRI HIGHLAND | PNA | 05-16-88 | 3:31.04 |
| 1:08.41 | 06-24-94 | PNA | RICK PETERSON | 100 | M. | I.M. | LINDA MARIZ | PNA | 12-15-91 | 1:24.99 |
| 2:31.00 | 01-23-93 | PNA | GREG HARRISON | 200 | M. | I.M. | JO MOORE | PNA | 05-22-95 | 2:47.34 |
| 5:19.25 | 05-22-95 | PNA | GREG HARRISON | 400 | M. | I.M. | KATHRINE CASEY | PNA | 11-08-92 | 6:27.03 |
| ***** M E N ***** 45-49 ***** W O M E N ***** | | | | | | | | | | |
| 27.48 | 10-19-85 | PNA | LOWELL JOHNSON | 50 | M. | FREE | KATHRINE CASEY | PNA | 10-31-93 | 32.41 |
| 1:01.11 | 05-22-95 | PNA | FRANK WARNER | 100 | M. | FREE | KATHRINE CASEY | PNA | 01-16-94 | 1:11.63 |
| 2:14.17 | 05-22-95 | PNA | FRANK WARNER | 200 | M. | FREE | KATHRINE CASEY | PNA | 10-21-95 | 2:38.71 |
| 4:48.52 | 05-22-95 | PNA | FRANK WARNER | 400 | M. | FREE | SUZANNE DILLS | PNA | 01-16-94 | 5:30.02 |
| 10:13.03 | 05-22-95 | PNA | FRANK WARNER | 800 | M. | FREE | KATHRINE CASEY | PNA | 12-09-95 | 11:47.37 |
| 19:59.75 | 05-22-95 | PNA | IAN THOMPSON | 1500 | M. | FREE | KATHRINE CASEY | PNA | 12-09-95 | 22:00.59 |
| 33.09 | 05-22-95 | PNA | FRANK WARNER | 50 | M. | BACK | KATHRINE CASEY | PNA | 10-21-95 | 40.75 |
| 1:12.66 | 01-16-94 | PNA | FRANK WARNER | 100 | M. | BACK | KATHRINE CASEY | PNA | 05-22-95 | 1:24.38 |
| 2:37.73 | 05-22-95 | PNA | FRANK WARNER | 200 | M. | BACK | KATHRINE CASEY | PNA | 12-09-95 | 2:57.38 |
| 36.10 | 05-22-95 | PNA | STEVEN PETERSON | 50 | M. | BRST | KATHRINE CASEY | PNA | 01-15-95 | 40.95 |
| 1:18.78 | 05-22-95 | PNA | RICK STAFFORD | 100 | M. | BRST | KATHRINE CASEY | PNA | 05-22-95 | 1:30.56 |
| 2:51.26 | 05-22-95 | PNA | RICK STAFFORD | 200 | M. | BRST | KATHRINE CASEY | PNA | 01-16-94 | 3:18.40 |
| 32.64 | 10-21-95 | PNA | JIM MCCLEERY | 50 | M. | FLY | NADINE WHITEHALL | PNA | 11-22-81 | 37.59 |
| 1:12.43 | 10-21-95 | PNA | JIM MCCLEERY | 100 | M. | FLY | SUZANNE DILLS | PNA | 01-16-94 | 1:28.67 |
| 2:56.26 | 01-15-95 | PNA | FRANK WARNER | 200 | M. | FLY | SUZANNE DILLS | PNA | 10-31-93 | 3:18.24 |
| 1:13.97 | 10-21-95 | PNA | FRANK WARNER | 100 | M. | I.M. | KATHRINE CASEY | PNA | 10-31-93 | 1:21.75 |
| 2:42.29 | 10-21-95 | PNA | FRANK WARNER | 200 | M. | I.M. | KATHRINE CASEY | PNA | 05-22-95 | 2:58.22 |
| 5:50.41 | 05-22-95 | PNA | MICHAEL MCCOLLY | 400 | M. | I.M. | KATHRINE CASEY | PNA | 05-22-95 | 6:31.48 |
| ***** M E N ***** 50-54 ***** W O M E N ***** | | | | | | | | | | |
| 27.78 | 12-06-87 | PNA | LOWELL JOHNSON | 50 | M. | FREE | JUANITA CORREA | PNA | 01-20-90 | 32.92 |
| 1:06.13 | 06-27-87 | PNA | DAVID ADDLEMAN | 100 | M. | FREE | PINKY WALKER | PNA | 01-15-95 | 1:25.23 |
| 2:38.60 | 10-25-87 | PNA | DAVID ADDLEMAN | 200 | M. | FREE | SUZANNE DILLS | PNA | 05-22-95 | 2:38.99 |
| 4:56.82 | 05-22-95 | PNA | STEVEN THRASHER | 400 | M. | FREE | SUZANNE DILLS | PNA | 05-22-95 | 5:24.94 |
| 11:17.11 | 05-22-95 | PNA | ERIC HUTCHINSON | 800 | M. | FREE | SUZANNE DILLS | PNA | 05-22-95 | 11:12.04 |
| 19:49.34 | 05-22-95 | PNA | STEVEN THRASHER | 1500 | M. | FREE | ANN GINDROZ | PNA | 05-16-88 | 27:26.31 |
| 31.86 | 05-22-95 | PNA | STEVEN THRASHER | 50 | M. | BACK | PINKY WALKER | PNA | 01-23-93 | 43.04 |
| 1:07.76 | 05-22-95 | PNA | STEVEN THRASHER | 100 | M. | BACK | PINKY WALKER | PNA | 01-16-94 | 1:35.21 |
| 2:30.02 | 05-22-95 | PNA | STEVEN THRASHER | 200 | M. | BACK | PINKY WALKER | PNA | 01-16-94 | 3:31.17 |
| 37.16 | 12-01-90 | PNA | WALT REID | 50 | M. | BRST | CAROLYN BEHSE | PNA | 01-15-95 | 46.58 |
| 1:25.18 | 12-01-90 | PNA | WALT REID | 100 | M. | BRST | CAROLYN BEHSE | PNA | 10-31-93 | 1:40.82 |
| 3:06.12 | 05-22-95 | PNA | ERIC HUTCHINSON | 200 | M. | BRST | CAROLYN BEHSE | PNA | 05-22-95 | 3:32.49 |
| 32.58 | 05-16-88 | PNA | DAVID ADDLEMAN | 50 | M. | FLY | JUANITA CORREA | PNA | 01-20-90 | 38.02 |
| 1:15.10 | 06-26-94 | PNA | STEVEN THRASHER | 100 | M. | FLY | SUZANNE DILLS | PNA | 05-22-95 | 1:25.09 |
| 3:24.78 | 05-16-88 | PNA | FRANK NEWQUIST | 200 | M. | FLY | CAROLYN BEHSE | PNA | 05-22-95 | 3:36.09 |
| 1:12.17 | 05-22-95 | PNA | STEVEN THRASHER | 100 | M. | I.M. | PINKY WALKER | PNA | 01-16-94 | 1:34.73 |
| 2:38.51 | 05-22-95 | PNA | STEVEN THRASHER | 200 | M. | I.M. | SUZANNE DILLS | PNA | 05-22-95 | 3:03.68 |
| 5:52.05 | 06-26-94 | PNA | STEVEN THRASHER | 400 | M. | I.M. | SUZANNE DILLS | PNA | 05-22-95 | 6:33.06 |
| ***** M E N ***** 55-59 ***** W O M E N ***** | | | | | | | | | | |
| 30.58 | 01-15-95 | PNA | DAVID ADDLEMAN | 50 | M. | FREE | ANN GINDROZ | PNA | 01-16-94 | 40.43 |
| 1:09.63 | 06-27-87 | PNA | HARVEY PROSSER | 100 | M. | FREE | PAT DOTSON | PNA | 10-26-86 | 1:26.43 |
| 2:35.18 | 05-22-95 | PNA | DAVE DRUM | 200 | M. | FREE | PAT DOTSON | PNA | 10-26-86 | 3:08.52 |
| 5:41.96 | 06-27-87 | PNA | HARVEY PROSSER | 400 | M. | FREE | ANN GINDROZ | PNA | 01-16-94 | 6:57.49 |
| 800 | | | | M. | FREE | | | | | |
| 22:26.91 | 05-16-88 | PNA | TOM TAYLOR | 1500 | M. | FREE | | | | |
| 37.23 | 01-21-91 | PNA | KEN KOSTER | 50 | M. | BACK | CHAYA AMIAD | PNA | 10-31-93 | 49.80 |
| 1:27.03 | 01-21-91 | PNA | KEN KOSTER | 100 | M. | BACK | CHAYA AMIAD | PNA | 10-31-93 | 2:00.23 |
| 3:23.45 | 01-21-91 | PNA | KEN KOSTER | 200 | M. | BACK | JOY ROSS | PNA | 01-20-90 | 3:50.51 |
| 38.74 | 12-09-95 | PNA | WALT REID | 50 | M. | BRST | DORA COFFELT | PNA | 12-15-91 | 50.40 |
| 1:30.98 | 10-25-87 | PNA | TOM TAYLOR | 100 | M. | BRST | MURIEL FLYNN | PNA | 01-22-81 | 1:52.23 |
| 3:13.78 | 05-16-88 | PNA | TOM TAYLOR | 200 | M. | BRST | DORA COFFELT | PNA | 12-15-91 | 4:05.31 |
| 33.70 | 05-22-95 | PNA | DAVE DRUM | 50 | M. | FLY | PAT DOTSON | PNA | 10-26-86 | 41.79 |
| 1:33.15 | 01-21-91 | PNA | MARVIN WOOD | 100 | M. | FLY | PAT DOTSON | PNA | 10-26-86 | 1:34.41 |
| 4:14.91 | 01-21-91 | PNA | TOM FOLEY | 200 | M. | FLY | PAT DOTSON | PNA | 10-26-86 | 3:34.78 |

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| 1:21.11 | 05-22-95 | PNA | DAVE DRUM | 100 | M. | I.M. | JAN MILLER | PNA | 01-16-94 | 1:41.86 |
| 3:06.69 | 05-22-95 | PNA | DAVE DRUM | 200 | M. | I.M. | JAN MILLER | PNA | 01-16-94 | 3:34.04 |
| 7:01.23 | 05-16-88 | PNA | TOM TAYLOR | 400 | M. | I.M. | CAROLYN BALDWIN | PNA | 10-29-89 | 8:50.45 |
| ***** M E N ***** 60-64 ***** W O M E N ***** | | | | | | | | | | |
| 30.79 | 05-22-95 | PNA | DAVID ADDLEMAN | 50 | M. | FREE | PAT DOTSON | PNA | 01-21-91 | 41.79 |
| 1:10.19 | 10-19-85 | PNA | RAY FREDERICK | 100 | M. | FREE | PAT DOTSON | PNA | 06-27-87 | 1:29.78 |
| 2:41.89 | 01-16-94 | PNA | BOB MILLER | 200 | M. | FREE | JOY ROSS | PNA | 10-31-93 | 3:33.37 |
| 5:49.19 | 01-21-91 | PNA | TOM TAYLOR | 400 | M. | FREE | PAT DOTSON | PNA | 01-21-91 | 7:00.93 |
| | | | | 800 | M. | FREE | | | | |
| | | | | 1500 | M. | FREE | | | | |
| 38.71 | 05-22-95 | PNA | DAVID ADDLEMAN | 50 | M. | BACK | JOY ROSS | PNA | 01-16-94 | 53.17 |
| 1:26.13 | 01-16-94 | PNA | BOB MILLER | 100 | M. | BACK | JOY ROSS | PNA | 05-22-95 | 1:52.40 |
| 3:47.84 | 05-22-95 | PNA | TOM FOLEY | 200 | M. | BACK | JOY ROSS | PNA | 10-31-93 | 3:49.65 |
| 37.65 | 10-31-93 | PNA | AULIS KAHKONEN | 50 | M. | BRST | MURIEL FLYNN | PNA | 10-19-85 | 54.09 |
| 1:34.73 | 01-21-91 | PNA | TOM TAYLOR | 100 | M. | BRST | JOY ROSS | PNA | 10-31-93 | 2:02.30 |
| 3:26.73 | 01-21-91 | PNA | TOM TAYLOR | 200 | M. | BRST | MURIEL FLYNN | PNA | 10-19-85 | 4:05.34 |
| 34.67 | 05-22-95 | PNA | DAVID ADDLEMAN | 50 | M. | FLY | PAT DOTSON | PNA | 06-27-87 | 43.41 |
| 1:53.30 | 06-14-87 | PNA | JOHN KORUGA | 100 | M. | FLY | PAT DOTSON | PNA | 06-27-87 | 1:36.95 |
| 4:57.03 | 01-15-95 | PNA | TOM FOLEY | 200 | M. | FLY | PAT DOTSON | PNA | 06-27-87 | 3:38.76 |
| 1:21.96 | 05-22-95 | PNA | DAVID ADDLEMAN | 100 | M. | I.M. | PAT DOTSON | PNA | 01-21-91 | 1:46.44 |
| 3:10.32 | 01-16-94 | PNA | BOB MILLER | 200 | M. | I.M. | JOY ROSS | PNA | 10-31-93 | 3:53.97 |
| 8:30.79 | 05-22-95 | PNA | TOM FOLEY | 400 | M. | I.M. | JOY ROSS | PNA | 05-22-95 | 8:40.78 |
| ***** M E N ***** 65-69 ***** W O M E N ***** | | | | | | | | | | |
| 33.53 | 10-31-93 | PNA | HARVEY PROSSER | 50 | M. | FREE | DAWN MUSSELMAN | PNA | 11-03-79 | 39.00 |
| 1:15.96 | 10-31-93 | PNA | HARVEY PROSSER | 100 | M. | FREE | DAWN MUSSELMAN | PNA | 11-03-79 | 1:29.40 |
| 2:49.49 | 10-31-93 | PNA | HARVEY PROSSER | 200 | M. | FREE | MARION CHADWICK | PNA | 01-21-91 | 4:36.02 |
| 6:05.53 | 10-31-93 | PNA | HARVEY PROSSER | 400 | M. | FREE | PAT DOTSON | PNA | 10-31-93 | 6:47.05 |
| | | | | 800 | M. | FREE | MARION CHADWICK | PNA | 10-25-87 | 18:04.79 |
| 30:42.77 | 02-21-81 | PNA | JOHN DOWNEY | 1500 | M. | FREE | MARION CHADWICK | PNA | 05-16-88 | 34:07.83 |
| 45.44 | 01-20-90 | PNA | RAY FREDERICK | 50 | M. | BACK | DAWN MUSSELMAN | PNA | 11-03-79 | 48.70 |
| 2:02.42 | 01-23-93 | PNA | ROY INGHAM | 100 | M. | BACK | JULIA MORRISH | PNA | 10-15-89 | 2:03.98 |
| 3:34.47 | 11-22-81 | PNA | FRED WIGGIN | 200 | M. | BACK | JULIA MORRISH | PNA | 10-15-89 | 4:36.31 |
| 46.61 | 11-22-81 | PNA | KARL FREDERICK | 50 | M. | BRST | MURIEL FLYNN | PNA | 05-16-88 | 54.52 |
| 1:41.09 | 11-22-81 | PNA | KARL FREDERICK | 100 | M. | BRST | MURIEL FLYNN | PNA | 05-16-88 | 1:59.03 |
| 4:20.02 | 01-20-90 | PNA | ROY INGHAM | 200 | M. | BRST | MURIEL FLYNN | PNA | 05-16-88 | 4:12.82 |
| 43.72 | 05-16-88 | PNA | WARREN KLEIST | 50 | M. | FLY | NANCY LAWRENCE | PNA | 12-01-90 | 1:18.62 |
| 1:49.67 | 11-22-81 | PNA | KARL FREDERICK | 100 | M. | FLY | | | | |
| | | | | 200 | M. | FLY | | | | |
| 1:33.60 | 05-16-88 | PNA | WARREN KLEIST | 100 | M. | I.M. | MURIEL FLYNN | PNA | 05-16-88 | 1:55.76 |
| 3:30.66 | 05-16-88 | PNA | WARREN KLEIST | 200 | M. | I.M. | MURIEL FLYNN | PNA | 05-16-88 | 4:13.58 |
| | | | | 400 | M. | I.M. | | | | |
| ***** M E N ***** 70-74 ***** W O M E N ***** | | | | | | | | | | |
| 32.89 | 01-20-90 | PNA | ANDREW HOLDEN | 50 | M. | FREE | DAWN MUSSELMAN | PNA | 10-19-85 | 44.39 |
| 1:26.11 | 11-22-81 | PNA | FRANCIS JOWETT | 100 | M. | FREE | MURIEL FLYNN | PNA | 01-16-94 | 1:40.67 |
| 3:40.78 | 12-15-91 | PNA | HAL YOUNG | 200 | M. | FREE | MARION CHADWICK | PNA | 10-06-91 | 4:34.91 |
| 7:47.96 | 12-15-91 | PNA | HAL YOUNG | 400 | M. | FREE | MARION CHADWICK | PNA | 10-06-91 | 9:22.61 |
| 16:26.99 | 05-22-95 | PNA | ROY INGHAM | 800 | M. | FREE | MAXINE CARLSON | PNA | 03-04-90 | 19:08.00 |
| | | | | 1500 | M. | FREE | MARION CHADWICK | PNA | 10-06-91 | 37:28.19 |
| 51.21 | 10-25-87 | PNA | ALLAN SACHS | 50 | M. | BACK | DAWN MUSSELMAN | PNA | 10-19-85 | 54.91 |
| 1:53.28 | 01-20-90 | PNA | FRED WIGGIN | 100 | M. | BACK | MAXINE CARLSON | PNA | 03-04-90 | 2:15.45 |
| 4:00.44 | 01-20-90 | PNA | FRED WIGGIN | 200 | M. | BACK | MAXINE CARLSON | PNA | 01-23-93 | 4:51.32 |
| 47.77 | 01-20-90 | PNA | ANDREW HOLDEN | 50 | M. | BRST | MURIEL FLYNN | PNA | 01-16-94 | 58.74 |
| 2:07.56 | 11-22-81 | PNA | FRANCIS JOWETT | 100 | M. | BRST | MURIEL FLYNN | PNA | 01-16-94 | 2:06.37 |
| | | | | 200 | M. | BRST | MURIEL FLYNN | PNA | 01-16-94 | 4:25.83 |
| 37.48 | 01-20-90 | PNA | ANDREW HOLDEN | 50 | M. | FLY | PAT MATTHIESEN | PNA | 01-20-90 | 1:11.30 |
| | | | | 100 | M. | FLY | PAT MATTHIESEN | PNA | 01-21-91 | 2:38.95 |
| | | | | 200 | M. | FLY | PAT MATTHIESEN | PNA | 01-21-91 | 5:41.91 |
| 1:50.60 | 01-20-90 | PNA | FRED WIGGIN | 100 | M. | I.M. | PAT MATTHIESEN | PNA | 01-20-90 | 2:25.65 |
| | | | | 200 | M. | I.M. | PAT MATTHIESEN | PNA | 01-21-91 | 5:18.87 |
| | | | | 400 | M. | I.M. | | | | |
| ***** M E N ***** 75-79 ***** W O M E N ***** | | | | | | | | | | |
| 39.37 | 05-16-88 | PNA | ALLEN SACHS | 50 | M. | FREE | PAT MATTHIESEN | PNA | 10-31-93 | 59.94 |
| 1:32.79 | 05-16-88 | PNA | ALLEN SACHS | 100 | M. | FREE | MAXINE CARLSON | PNA | 05-22-95 | 2:14.61 |
| 3:23.38 | 01-20-90 | PNA | GENE CROSSETT | 200 | M. | FREE | PAT MATTHIESEN | PNA | 10-31-93 | 4:40.92 |
| 7:13.95 | 01-20-90 | PNA | GENE CROSSETT | 400 | M. | FREE | PAT MATTHIESEN | PNA | 01-23-93 | 9:54.01 |
| | | | | 800 | M. | FREE | LEE HOLM | PNA | 01-20-90 | 20:35.09 |
| | | | | 1500 | M. | FREE | | | | |
| 51.60 | 05-16-88 | PNA | ALLEN SACHS | 50 | M. | BACK | MAXINE CARLSON | PNA | 05-22-95 | 1:05.38 |
| 1:56.63 | 01-21-91 | PNA | FRED WIGGIN | 100 | M. | BACK | MAXINE CARLSON | PNA | 05-22-95 | 2:19.76 |
| 5:06.18 | 06-27-87 | PNA | JIM PENFIELD | 200 | M. | BACK | PAT MATTHIESEN | PNA | 12-15-91 | 4:58.02 |
| 59.01 | 10-19-85 | PNA | FRANCIS JOWETT | 50 | M. | BRST | PAT MATTHIESEN | PNA | 09-28-91 | 1:11.94 |
| 2:35.71 | 01-20-90 | PNA | EVERETT CASSELL | 100 | M. | BRST | PAT MATTHIESEN | PNA | 09-28-91 | 2:41.94 |
| 4:39.19 | 10-25-87 | PNA | JIM PENFIELD | 200 | M. | BRST | PAT MATTHIESEN | PNA | 01-23-93 | 6:11.23 |
| 58.77 | 01-21-91 | PNA | FRED WIGGIN | 50 | M. | FLY | PAT MATTHIESEN | PNA | 12-15-91 | 1:13.52 |
| | | | | 100 | M. | FLY | PAT MATTHIESEN | PNA | 09-28-91 | 2:43.37 |

1:58.51 10-25-87 PNA JIM PENFIELD 200 M. FLY PAT MATTHIESEN PNA 10-31-93 6:13.71
100 M. I.M. PAT MATTHIESEN PNA 09-28-91 2:28.52
200 M. I.M. PAT MATTHIESEN PNA 12-15-91 5:17.97
400 M. I.M.

***** M E N ***** 80-84 ***** W O M E N *****
42.24 10-29-89 PNA JIM PENFIELD 50 M. FREE MARION MUELLER PNA 01-16-94 1:09.28
1:40.52 10-29-89 PNA JIM PENFIELD 100 M. FREE MARION MUELLER PNA 01-16-94 2:35.03
3:48.13 01-15-95 PNA GENE CROSSETT 200 M. FREE
8:08.65 05-22-95 PNA GENE CROSSETT 400 M. FREE MARION MUELLER PNA 10-31-93 12:12.96
800 M. FREE
1500 M. FREE
58.03 01-20-90 PNA JIM PENFIELD 50 M. BACK MARION MUELLER PNA 10-31-93 1:09.24
2:09.94 10-29-89 PNA JIM PENFIELD 100 M. BACK MARION MUELLER PNA 10-31-93 2:26.46
200 M. BACK MARION MUELLER PNA 10-31-93 5:14.17
55.32 10-29-89 PNA JIM PENFIELD 50 M. BRST MARION MUELLER PNA 01-16-94 2:10.93
2:09.01 10-29-89 PNA JIM PENFIELD 100 M. BRST
5:15.41 01-21-91 PNA JIM PENFIELD 200 M. BRST
1:01.07 01-20-90 PNA JIM PENFIELD 50 M. FLY
2:45.39 01-21-91 PNA JIM PENFIELD 100 M. FLY
200 M. FLY
2:09.26 01-20-90 PNA JIM PENFIELD 100 M. I.M. MARION MUELLER PNA 01-16-94 3:32.48
200 M. I.M.
400 M. I.M.

***** M E N ***** 85-89 ***** W O M E N *****
49.61 01-15-95 PNA JIM PENFIELD 50 M. FREE
100 M. FREE
200 M. FREE
400 M. FREE
800 M. FREE
1500 M. FREE
1:03.30 01-15-95 PNA JIM PENFIELD 50 M. BACK
2:15.47 10-31-93 PNA JIM PENFIELD 100 M. BACK
200 M. BACK
58.39 10-31-93 PNA JIM PENFIELD 50 M. BRST
2:24.19 10-31-93 PNA JIM PENFIELD 100 M. BRST
200 M. BRST
1:04.75 10-31-93 PNA JIM PENFIELD 50 M. FLY
100 M. FLY
200 M. FLY
2:15.66 10-31-93 PNA JIM PENFIELD 100 M. I.M.
200 M. I.M.
400 M. I.M.

RELAY 200 M. FREE - WOMEN RELAY 200 M. MEDLEY - WOMEN

72 - 99 72 - 99 PNA 01-20-90 2:22.24
JULIE CORMAN BETH BRENNER
STEFAIN FERSCH CAROL BROWN
100-119 100-119 PNA 06-24-94 2:27.69
JENNIFER OGLE JENNIFER BATES
GAIL BRUNER ELLEN FORNEY
120-159 PNA 06-24-94 2:19.43 120-159 PNA 01-16-94 2:29.02
JENNIFER BATES JENNIFER OGLE
ZOE SANTILLI SHEILA MOHN LINDA MARIZ MARIA MACKAY
BARB THRASHER KATHLEEN TOIVOLA
160-199 PNA 01-20-90 2:10.05 160-199 PNA 05-16-88 2:43.96
CLAIRE GORDON JULIE CORMAN DANA BEATTY KATHRINE CASEY
CAROL BROWN JUNAITA CORREA DONNA DALY MURIEL FLYNN
200-239 PNA 05-16-88 2:36.24 200-239
KATHRINE CASEY RONDI WHITE
CYNTHIA ROSIK MURIEL FLYNN
240-299 PNA 03-04-90 3:55.78 240-299 PNA 03-04-90 4:14.84
MAXINE CARLSON MARYAN BURKE
CAROLYN BALDWIN LEE HOLM MAXINE CARLSON MARYAN BURKE
CAROLYN BALDWIN LEE HOLM
280-319 PNA 12-15-91 4:13.31 280-219 PNA 10-31-93 4:07.40
MARYAN BURKE MAXINE CARLSON
LEE HOLM PAT MATTHIESEN MAXINE CARLSON PAT DOTSON
MARION MUELLER PAT MATTHIESEN

RELAY 400 M. FREE - WOMEN RELAY 400 M. MEDLEY - WOMEN

72 - 99

72 - 99

100-119

100-119 PNA 06-24-94 5:30.67
JENNIFER OGLE
GAIL BRUNER JENNIFER BATES
ELLEN FORNEY

120-159 PNA 01-15-95 4:59.99
SUZANNE DILLS KERRI LARSON
JOANIE WILLIAMS JO MOORE

120-159

160-199 PNA 01-15-95 5:48.49
SUZANNE BIGELOW ABBIE MORRIS
EILEEN COLLOPY BETH HERRING

160-199

200-239

200-239

240-279

240-279

280-319 PNA 10-31-93 9:19.61
MAXINE CARLSON PAT MATTHIESEN
MARION MUELLER JAN KAVADAS

280-319

RELAY 200 M. FREE - MEN RELAY 200 M. MEDLEY - MEN

72 - 99

72 - 99 PNA 01-20-90 2:00.40
FRANK WARNER GREG HARRISON
STEVE FREEBORN STEVE SCHMIDT

100-119

100-119 PNA 06-24-94 1:55.62
ROBERT WELCHER KAMERON WELLS
PAUL SHERMAN CRAIG MALLERY

120-159 PNA 06-24-94 1:40.64
CRAIG MALLERY TOM SEIFTS
RICK PETERSON KAMERON WELLS

120-159 PNA 10-31-93 2:06.44
TOM SEIFTS PAUL IKEDA
PAUL SHERMAN CRAIG MALLERY

160-199 PNA 06-27-87 2:02.12
RICK ALMBERG HARVEY PROSSER
CHRIS MYERS FRAN EINTERZ

160-199 PNA 01-15-95 2:19.50
MICHAEL MCCOLLY TODD DOHERTY
ALAN CAPRON JACK ANDREWS

200-239 PNA 05-16-88 1:58.09
DAVID SCHMALZ LOWELL JOHNSON
TOM TAYLOR WARREN KLEIST

200-239 PNA 10-31-93 3:08.52
EUGENE HUNN HUGH JAMES
ROBERT GRIFFITH ROLLIE ROBERTS

240-299

240-299

280-319 PNA 10-25-87 2:51.78
ALLEN SACHS JIM PENFIELD
JOHN ROBINSON TOM FOLEY

280-319 PNA 10-25-87 3:20.47
ALLAN SACHS JIM PENFIELD
TOM FOLEY JOHN ROBINSON

RELAY 400 M. FREE - MEN RELAY 400 M. MEDLEY - MEN

72 - 99

72 - 99

100-119

100-119 PNA 06-24-94 4:14.71
ROB WELCHER KAMERON WELLS
PAUL SHERMAN CRAIG MALLERY

120-159 PNA 06-24-94 3:46.23
PAUL SHERMAN KAMERON WELLS
TOM SEIFTS CRAIG MALLERY

120-159

160-199

160-199

200-239 PNA 10-31-93 6:48.84
EUGENE HUNN HUGH JAMES
ROLLIE ROBERTS ROBERT GRIFFITH

200-239

240-279

240-279

280-319 280-319

 RELAY 800 M. FREE - MEN

72 - 99 200-239
 100-119 PNA 06-24-94 8:51.34 240-279
 ROB WELCHER PAUL SHERMAN
 ANDREW ROTH TOM SEIFTS
 120-159 280-319
 160-199 320-359

 RELAY 200 M. FREE - MIXED RELAY 200 M. MEDLEY - MIXED

72 - 99 PNA 01-20-90 2:05.82 72 - 99 PNA 01-20-90 2:21.10
 KARIN JOST STEVE FREEBORN KAREN JOST KATHRINE CASEY
 HUGH MOORE JANE MOORE HUGH MOORE BRIAN LANGLAIS
 100-119 100-119 PNA 06-24-94 2:11.85
 ROBERT WELCHER JENNIFER BATES
 JENNIFER OGLE RICK PETERSON
 120-159 PNA 06-24-94 1:58.96 120-159 PNA 05-16-88 2:18.17
 RICK PETERSON GAIL BRUNER DANA BEATTY KATHRINE CASEY
 TOM SEIFTS ELLEN FORNEY HUGH MOORE DAVID SCHMALZ
 160-199 PNA 05-16-88 2:07.72 160-199 PNA 05-16-88 2:22.64
 TERRI HIGHLAND DONNA DALY RONDI WHITE IAN THOMPSON
 HUGH MOORE TOM TAYLOR DONNA DALY LOWELL JOHNSON
 200-239 PNA 05-16-88 2:12.18 200-239 PNA 10-29-89 3:01.58
 KATHRINE CASEY MURIEL FLYNN WALT REID KATHRINE CASEY
 DAVID SCHMALZ WARREN KLEIST TOM FOLEY CAROLYN BALDWIN
 240-279 PNA 10-29-89 3:00.92 240-279 PNA 05-16-88 2:59.83
 KATHRINE CASEY JIM PENFIELD WARREN KLEIST CYNTHIA ROSIK
 MAXINE CARLSON TOM FOLEY TOM TAYLOR MURIEL FLYNN
 280-319 280-319 PNA 10-25-87 3:47.81
 MAXINE CARLSON MARYAN BURKE
 JIM PENFIELD ALLAN SACHS

 RELAY 400 M. FREE - MIXED RELAY 400 M. MEDLEY - MIXED

72 - 99 PNA 12-15-91 4:28.14 72 - 99
 JUSTIN FARABEE DAVID PARSONS
 PAMELA STALTER TAMMI KEELER
 100-119 PNA 06-24-94 4:24.04 100-119
 ROB WELCHER PAUL SHERMAN
 ELLEN FORNEY JENNIFER BATES
 120-159 PNA 01-23-93 4:36.82 120-159 PNA 10-31-93 5:30.92
 DONNA PETERS MARIA BUSKE MARY CASSAR LIB RUST
 DAVID HILL BILL FENNER WAYNE METHNER JOHN KULSA
 160-199 PNA 01-15-95 5:15.28 160-199 PNA 12-06-87 6:13.31
 DAVE ARIAN ROY INGHAM JANE MOORE LINDA CAZIN
 LINDA MARIZ BARB THRASHER HUGH MOORE TOM FOLEY
 200-239 200-239
 240-279 240-279

