

PNA-BELLEVUE CLUB 02-18-07 SHORT COURSE METER P = P.N.A. RECORD Z = NORTHWEST ZONE RECORD N = NATIONAL RECORD W = WORLD RECORD	RHAE SHAW 50 M. BRST JEAN DILLON 100 M. BRST JEAN DILLON 100 M. FLY JEAN DILLON	32 PRO 22:45.75 33 LWS 38.50 33 LWS 1:23.69 33 LWS 1:14.79	PAM WILLIAMSON 1500 M. FREE CYNTHIA KRASS CATIE RODEHEFFER 100 M. BACK PAM WILLIAMSON SUZANNE WAY 50 M. BRST JOAN BRINDLE SUZANNE WAY 100 M. BRST KRIS SPEIR 50 M. FLY KRIS SPEIR CYNTHIA KRASS KATHERINE ROGERS 100 M. FLY CYNTHIA KRASS 200 M. FLY TATYANA MISHEL 100 M. I.M. TATYANA MISHEL SUZANNE WAY KATHERINE ROGERS 200 M. I.M. PAM WILLIAMSON CATIE RODEHEFFER 400 M. I.M. TATYANA MISHEL	43 WEST 6:10.75 44 CAC 22:11.03 41 NWM 26:21.76 43 WEST 1:33.32 43 LWS 1:43.11 43 UNAT 52.32 43 LWS 55.06 44 UPAC 1:34.01 44 UPAC 36.86 44 CAC 37.24 40 SWIM 43.88 44 CAC 1:23.93 44 SSRM 3:24.19P 44 SSRM 1:31.54 43 LWS 1:40.17 40 SWIM 1:40.46 43 WEST 3:17.97 41 NWM 3:44.36 44 SSRM 6:57.39
----- WOMEN 19-24 -----	----- WOMEN 35-39 -----	-----	----- WOMEN 45-49 -----	-----
50 M. FREE ERIN JACOBSON 22 WWUS 29.30 SHONA PIERCE 22 WWUS 29.64 BRIANNA VENABLE 23 UNAT 30.64 ANIKA AHMED 20 WWUS 30.93 ELISHA NAYLOR 21 WWUS 34.05 NICOLE THEBERGE 20 WWUS 37.28 100 M. FREE SHONA PIERCE 22 WWUS 1:06.08 ERIN JACOBSON 22 WWUS 1:06.78 BRIANNA VENABLE 23 UNAT 1:09.00 AMANDA SUCHANEK 23 NSYG 1:22.68 S.SLOAN-EVANS 19 WWUS 1:26.00 200 M. FREE S.SLOAN-EVANS 19 WWUS 3:09.83 400 M. FREE S.SLOAN-EVANS 19 WWUS 6:32.55 50 M. BACK SHONA PIERCE 22 WWUS 35.05 ANIKA AHMED 20 WWUS 39.11 ELISHA NAYLOR 21 WWUS 39.65 50 M. FLY BRIANNA VENABLE 23 UNAT 32.54 SHONA PIERCE 22 WWUS 34.68 ANIKA AHMED 20 WWUS 34.75 ERIN JACOBSON 22 WWUS 34.83 ELISHA NAYLOR 21 WWUS 38.26 AMANDA SUCHANEK 23 NSYG 44.50 100 M. FLY ERIN JACOBSON 22 WWUS 1:22.39 100 M. I.M. SHONA PIERCE 22 WWUS 1:17.28 BRIANNA VENABLE 23 UNAT 1:19.50 200 M. I.M. NICOLE THEBERGE 20 WWUS 3:29.44	50 M. FREE JENNY WARD 36 WSYD 29.01 LIZ SHIMIZU 38 SSRM 34.34 PATTY BREDICE 37 NSYG 35.06 KRISTINE ANTILLA 39 UPAC 37.24 JANAE MCCULLOUGH 37 UPAC 42.06 100 M. FREE MEGAN BUSSART 37 BMSC 1:11.24 PATTY BREDICE 37 NSYG 1:16.93 SHANNON SINGER 37 SVY 1:24.32 D.PROFFITT-SCHRAG 35 CAC 1:54.50 200 M. FREE PATTY BREDICE 37 NSYG 2:50.77 BLANCHE BYBEE 39 FSJ 2:59.86 400 M. FREE JENNY WARD 36 WSYD 5:10.86 MEGAN BUSSART 37 BMSC 5:20.33 LIZ SHIMIZU 38 SSRM 5:41.19 PATTY BREDICE 37 NSYG 6:09.30 BLANCHE BYBEE 39 FSJ 6:14.80 SHANNON SINGER 37 SVY 6:50.75 JANAE MCCULLOUGH 37 UPAC 7:04.72 1500 M. FREE SARA NELSON 35 OR 19:28.92 LIZ SHIMIZU 38 SSRM 22:26.24 SHANNON CALLIES 38 CAC 27:37.75 50 M. BACK SHANNON SINGER 37 SVY 47.51 100 M. BACK MEGAN BUSSART 37 BMSC 1:23.53 JANAE MCCULLOUGH 37 UPAC 1:43.00 200 M. BACK SARA NELSON 35 OR 2:52.53 50 M. BRST KRISTINE ANTILLA 39 UPAC 47.07 JANAE MCCULLOUGH 37 UPAC 56.13 100 M. BRST MEGAN BUSSART 37 BMSC 1:33.99 KRISTINE ANTILLA 39 UPAC 1:43.83 50 M. FLY JENNY WARD 36 WSYD 33.78 KRISTINE ANTILLA 39 UPAC 44.90 D.PROFFITT-SCHRAG 35 CAC 1:00.98 100 M. I.M. SHANNON SINGER 37 SVY 1:42.99 JANAE MCCULLOUGH 37 UPAC 1:54.86 D.PROFFITT-SCHRAG 35 CAC 2:13.42 200 M. I.M. SARA NELSON 35 OR 2:48.57 400 M. I.M. LIZ SHIMIZU 38 SSRM 6:41.76	50 M. FREE LISA DAHL 46 BAM 29.84 CINDY SHELTON 47 UNAT 32.15 LISA WALKER 46 UNAT 33.45 MARTHA WAYS 49 SAC 35.85 MARCIA SMITH 47 LWS 37.13 MOLLY O'NEIL 49 FSJ 42.51 TERI CAPP 47 WSYD 47.42 LESLEY WEINBERG 48 WSYD 48.05 GRACE BENNETT 46 WSYD 49.39 100 M. FREE ZENA COURTNEY 48 FWM 1:07.84 CINDY SHELTON 47 UNAT 1:13.26 MARTHA WAYS 49 SAC 1:20.47 WENDY HOFFMAN 45 MICC 1:21.25 MARCIA SMITH 47 LWS 1:22.65 GRACE BENNETT 46 WSYD 1:53.72 TERI CAPP 47 WSYD 1:54.60 200 M. FREE LISA PACE 46 NEO 2:25.57P ZENA COURTNEY 48 FWM 2:25.86 LISA WALKER 46 UNAT 2:43.59 GRACE BENNETT 46 WSYD 4:20.01 400 M. FREE LISA PACE 46 NEO 5:05.36P LISA WALKER 46 UNAT 5:41.34 MARTHA WAYS 49 SAC 6:15.02 MARCIA SMITH 47 LWS 6:19.09 GRACE BENNETT 46 WSYD 8:53.64 50 M. BACK ZENA COURTNEY 48 FWM 35.14 100 M. BACK ZENA COURTNEY 48 FWM 1:15.44 LISA WALKER 46 UNAT 1:27.78 200 M. BACK ZENA COURTNEY 48 FWM 2:41.84P MARGARET DIDDAMS 46 NEO 3:09.65 50 M. BRST LISA DAHL 46 BAM 41.82 TONYA BERG 48 GLAD 41.98 TERRY RATHBUN 49 UNAT 42.46 MOLLY O'NEIL 49 FSJ 1:04.78 100 M. BRST TONYA BERG 48 GLAD 1:30.05 TERRY RATHBUN 49 UNAT 1:31.44 200 M. BRST TONYA BERG 48 GLAD 3:13.33P		
----- WOMEN 25-29 -----	----- WOMEN 40-44 -----	-----	-----	-----
50 M. FREE ERIN BUNKER 28 TACM 32.34 MARCIA MARCY 28 UPAC 38.74 100 M. FREE ERIN BUNKER 28 TACM 1:13.79 400 M. FREE CASI HEINTZMAN 26 SSRM 6:39.84 50 M. FLY MARCIA MARCY 28 UPAC 49.34 100 M. FLY KELLY CRANDELL 27 UPAC 1:22.36 200 M. FLY KELLY CRANDELL 27 UPAC 3:11.13 100 M. I.M. KELLY CRANDELL 27 UPAC 1:18.55 ERIN BUNKER 28 TACM 1:24.73 MARCIA MARCY 28 UPAC 1:50.41 200 M. I.M. KELLY CRANDELL 27 UPAC 2:51.07	50 M. FREE KATHERINE ROGERS 40 SWIM 35.37 JOAN BRINDLE 43 UNAT 38.60 100 M. FREE KRIS SPEIR 44 UPAC 1:14.16 KATHERINE ROGERS 40 SWIM 1:19.67 SUZANNE WAY 43 LWS 1:20.41 PAM WILLIAMSON 43 WEST 1:22.64 CATIE RODEHEFFER 41 NWM 1:28.33 JOAN BRINDLE 43 UNAT 1:31.36 200 M. FREE PAM WILLIAMSON 43 WEST 2:54.47 SUZANNE WAY 43 LWS 2:58.24 400 M. FREE KRIS SPEIR 44 UPAC 5:57.27	50 M. FREE ERIN BUNKER 28 TACM 1:13.79 400 M. FREE CASI HEINTZMAN 26 SSRM 6:39.84 50 M. FLY MARCIA MARCY 28 UPAC 49.34 100 M. FLY KELLY CRANDELL 27 UPAC 1:22.36 200 M. FLY KELLY CRANDELL 27 UPAC 3:11.13 100 M. I.M. KELLY CRANDELL 27 UPAC 1:18.55 ERIN BUNKER 28 TACM 1:24.73 MARCIA MARCY 28 UPAC 1:50.41 200 M. I.M. KELLY CRANDELL 27 UPAC 2:51.07	50 M. FREE LISA PACE 46 NEO 5:05.36P LISA WALKER 46 UNAT 5:41.34 MARTHA WAYS 49 SAC 6:15.02 MARCIA SMITH 47 LWS 6:19.09 GRACE BENNETT 46 WSYD 8:53.64 50 M. BACK ZENA COURTNEY 48 FWM 35.14 100 M. BACK ZENA COURTNEY 48 FWM 1:15.44 LISA WALKER 46 UNAT 1:27.78 200 M. BACK ZENA COURTNEY 48 FWM 2:41.84P MARGARET DIDDAMS 46 NEO 3:09.65 50 M. BRST LISA DAHL 46 BAM 41.82 TONYA BERG 48 GLAD 41.98 TERRY RATHBUN 49 UNAT 42.46 MOLLY O'NEIL 49 FSJ 1:04.78 100 M. BRST TONYA BERG 48 GLAD 1:30.05 TERRY RATHBUN 49 UNAT 1:31.44 200 M. BRST TONYA BERG 48 GLAD 3:13.33P	
----- WOMEN 30-34 -----	-----	-----	-----	-----
50 M. FREE RHAE SHAW 32 PRO 32.10 100 M. FREE RHAE SHAW 32 PRO 1:09.96 200 M. FREE RHAE SHAW 32 PRO 2:38.06 400 M. FREE RHAE SHAW 32 PRO 5:37.25 1500 M. FREE	-----	-----	-----	-----

MARGARET DIDDAMS	46	NEO	3:32.03	MEL LEBSACK	59	UNAT	3:13.65	-----	
100 M. I.M.				JULIANA WILSON	55	NWM	3:18.09	WOMEN 70-74	
TERRY RATHBUN	49	UNAT	1:23.42	400 M. FREE				-----	
TONYA BERG	48	GLAD	1:25.83	JANE MOORE	57	FWM	7:32.60	100 M. FREE	
MARGARET DIDDAMS	46	NEO	1:27.44	1500 M. FREE				BARBARA ALLEN 74 UNAT 2:08.82	
WENDY HOFFMAN	45	MICC	1:33.03	BRENDA BECKETT	58	FSJ	23:58.14	50 M. BACK	
200 M. I.M.				KATHRINE CASEY	59	FTSW	24:34.49	BARBARA ALLEN 74 UNAT 59.44	
LISA PACE	46	NEO	2:45.87P	MEL LEBSACK	59	UNAT	25:31.38	100 M. BACK	
WENDY HOFFMAN	45	MICC	3:19.25	100 M. BACK				BARBARA ALLEN 74 UNAT 2:12.16	
MARCIA SMITH	47	LWS	3:34.58	KATHRINE CASEY	59	FTSW	1:31.93	200 M. BACK	
-----				JANE MOORE	57	FWM	2:03.61	BARBARA ALLEN 74 UNAT 4:50.30P	
WOMEN 50-54				200 M. BACK				-----	
-----				KATHRINE CASEY	59	FTSW	3:16.50	WOMEN 75-79	
-----				100 M. BRST				-----	
50 M. FREE				JANE MOORE	57	FWM	2:26.77	50 M. FREE	
MARY LIPPOLD	51	NEO	30.88P	200 M. BRST				GAIL GLADWELL 76 BC 1:02.08	
JO MOORE	52	BC	31.23	MEL LEBSACK	59	UNAT	4:15.82	100 M. FREE	
DEBBIE GLASSMAN	54	CAC	31.94	50 M. FLY				GAIL GLADWELL 76 BC 2:16.45	
MICHELLE MENKENS	51	FWM	33.76	CHARLOTTE DAVIS	57	NEO	34.85Z	400 M. FREE	
MARIANNE MASON	52	TVA	36.80	SANDY MCNEEL	55	NEO	1:03.10	JANET KAVADAS 76 NEO 10:00.50	
KAREN MAHER	50	BADD	1:06.91	100 M. I.M.				50 M. BACK	
100 M. FREE				JEAN BLACKBURN	56	FWM	1:42.20	JANET KAVADAS 76 NEO 1:08.11	
MARY LIPPOLD	51	NEO	1:07.16Z	LYNN MARTINDELL	59	CAC	1:44.01	GAIL GLADWELL 76 BC 1:18.86	
JO MOORE	52	BC	1:08.84	JANE MOORE	57	FWM	2:05.63	100 M. BACK	
DEBBIE GLASSMAN	54	CAC	1:13.20	200 M. I.M.				JANET KAVADAS 76 NEO 2:15.90	
MICHELLE MENKENS	51	FWM	1:15.26	CHARLOTTE DAVIS	57	NEO	2:56.37Z	200 M. BACK	
CAROLINE BROWN	50	PSC	1:15.53	400 M. I.M.				JANET KAVADAS 76 NEO 4:53.60	
MARIANNE MASON	52	TVA	1:21.39	CHARLOTTE DAVIS	57	NEO	6:10.45Z	50 M. BRST	
KAREN MAHER	50	BADD	2:40.15	KATHRINE CASEY	59	FTSW	7:16.94	GAIL GLADWELL 76 BC 1:09.38	
200 M. FREE				MEL LEBSACK	59	UNAT	8:17.27	100 M. BRST	
MARY LIPPOLD	51	NEO	2:30.63Z	-----				JANET KAVADAS 76 NEO 2:38.97	
JO MOORE	52	BC	2:30.73	WOMEN 60-64				-----	
MARIANNE MASON	52	TVA	2:55.77	-----				WOMEN 80-84	
CHRISTINE PRUNEAU	50	WSYD	3:13.64	-----				-----	
400 M. FREE				50 M. FREE				-----	
JO MOORE	52	BC	5:12.93Z	SANDI ROUSSEAU	60	OR	37.86	50 M. FREE	
MARY LIPPOLD	51	NEO	5:16.56	ARNI LITT	61	GLAD	41.45	BERNICE PHILLIPS 80 BAM 1:05.15	
CAROLINE BROWN	50	PSC	5:40.99	100 M. FREE				100 M. FREE	
MARGARET HAIR	52	INWM	6:00.06	SANDI ROUSSEAU	60	OR	1:20.90	BERNICE PHILLIPS 80 BAM 2:23.63	
1500 M. FREE				400 M. FREE				50 M. BACK	
JO MOORE	52	BC	20:51.18Z	ARNI LITT	61	GLAD	6:50.54	BERNICE PHILLIPS 80 BAM 1:00.74Z	
50 M. BACK				JOAN DELGADO	62	NWM	6:56.15	100 M. BACK	
KAREN MAHER	50	BADD	1:27.79	JEANNE ENSIGN	61	GLAD	7:55.09	BERNICE PHILLIPS 80 BAM 2:15.42Z	
100 M. BACK				1500 M. FREE				200 M. BACK	
CHRISTINE PRUNEAU	50	WSYD	1:52.71	JOAN DELGADO	62	NWM	27:48.25P	BERNICE PHILLIPS 80 BAM 4:57.93Z	
200 M. BACK				JEANNE ENSIGN	61	GLAD	30:14.85	-----	
DAWN JAEGER	51	NEO	3:06.35	100 M. BACK				WOMEN 85-89	
50 M. BRST				JOAN DELGADO	62	NWM	2:12.29	-----	
MARGARET HAIR	52	INWM	43.07	200 M. BACK				50 M. BRST	
50 M. FLY				JOAN DELGADO	62	NWM	3:51.00	LIVIA WALKER 85 GLAD 1:43.19	
DEBBIE GLASSMAN	54	CAC	35.30	50 M. BRST				-----	
MICHELLE MENKENS	51	FWM	40.30	ARNI LITT	61	GLAD	50.51	M E N 19-24	
CHRISTINE PRUNEAU	50	WSYD	48.89	100 M. BRST				-----	
100 M. FLY				ARNI LITT	61	GLAD	1:48.46	50 M. FREE	
MARY LIPPOLD	51	NEO	1:18.61Z	200 M. BRST				JORDAN RICE 23 RAT 26.78	
200 M. FLY				ARNI LITT	61	GLAD	3:49.56	RICHARD JORDAN 21 HMST 27.15	
DEBBIE GLASSMAN	54	CAC	3:10.86	50 M. FLY				SCHUYLAR SMART 24 UNAT 28.14	
MARGARET HAIR	52	INWM	3:20.97	SARAH WELCH	60	NEO	39.77P	SHINGO ITO 24 WWUS 29.29	
100 M. I.M.				SANDI ROUSSEAU	60	OR	41.31	ADAM CLUMP 24 NWM 30.65	
DAWN JAEGER	51	NEO	1:27.20	100 M. FLY				100 M. FREE	
200 M. I.M.				SARAH WELCH	60	NEO	1:40.78	RICHARD JORDAN 21 HMST 57.29	
DAWN JAEGER	51	NEO	3:03.69	SANDI ROUSSEAU	60	OR	1:40.79	JORDAN RICE 23 RAT 59.98	
400 M. I.M.				200 M. FLY				MARK FANNING 21 WWUS 1:02.23	
DAWN JAEGER	51	NEO	6:29.15Z	SARAH WELCH	60	NEO	3:39.90	200 M. FREE	
-----				100 M. I.M.				ADAM CLUMP 24 NWM 2:34.94	
WOMEN 55-59				SANDI ROUSSEAU	60	OR	1:37.98	50 M. BACK	
-----				-----				MARK FANNING 21 WWUS 31.87	
-----				WOMEN 65-69				-----	
-----				-----				100 M. BACK	
50 M. FREE				50 M. BACK				MARK FANNING 21 WWUS 1:14.14	
LYNN MARTINDELL	59	CAC	35.65	JOY WARD	65	OR	41.82Z	200 M. BACK	
JEAN BLACKBURN	56	FWM	39.19	100 M. BACK				RICHARD JORDAN 21 HMST 2:23.76P	
JULIANA WILSON	55	NWM	40.05	JOY WARD	65	OR	1:31.22Z	50 M. BRST	
100 M. FREE				CHAYA AMIAD	69	WSYD	2:47.95	SCHUYLAR SMART 24 UNAT 36.27	
CHARLOTTE DAVIS	57	NEO	1:09.11Z	200 M. BACK				ADAM CLUMP 24 NWM 41.19	
LYNN MARTINDELL	59	CAC	1:20.51	JOY WARD	65	OR	3:17.17Z	200 M. BRST	
JEAN BLACKBURN	56	FWM	1:28.03	200 M. FLY				RICHARD JORDAN 21 HMST 2:40.27	
JULIANA WILSON	55	NWM	1:29.35	CHAYA AMIAD	69	WSYD	7:03.75	50 M. FLY	
SANDY MCNEEL	55	NEO	1:36.65	400 M. I.M.				SHINGO ITO 24 WWUS 31.29	
JANE MOORE	57	FWM	1:38.95	CHAYA AMIAD	69	WSYD	13:19.35	JORDAN RICE 23 RAT 31.74	
200 M. FREE				-----				100 M. I.M.	
LYNN MARTINDELL	59	CAC	3:08.23	-----				-----	

JORDAN RICE	23	RAT	1:08.18	400 M. FREE			BRIAN HOKE	41	CAC	2:42.35	
200 M. I.M.				KIRK NELSON	37	HMST	4:34.65	MARK YANG	42	CAC	3:33.59
RICHARD JORDAN	21	HMST	2:21.70P	LUIS DIAZ	36	UNAT	6:48.43	400 M. I.M.			
-----				JASON LASSEN	35	BMSC	6:52.00	STEVE RUITER	42	GLAD	5:19.38
M E N 25-29				1500 M. FREE			MARK YANG	42	CAC	7:27.45	
-----				LUIS DIAZ	36	UNAT	26:58.94	-----			
50 M. FREE				50 M. BACK				M E N 45-49			
SANDER BOGDAN	29	PRO	29.70	MARIO DELNAGRO	35	SVY	37.81	-----			
400 M. FREE				50 M. BRST				50 M. FREE			
MAC SNOW	28	WSYD	4:46.22	TODD DOHERTY	36	BC	33.45	JON BACA	47	TACM	26.40
50 M. BACK				KAS BADIOZAMANI	39	BC	42.07	ERIC VALLEY	46	TVA	27.90
MAC SNOW	28	WSYD	30.70	JASON LASSEN	35	BMSC	42.22	DAVID TURNER	45	WEST	29.10
100 M. BACK				KERRY NESS	38	SVY	43.19	PAUL WEBBER	49	BAM	30.55
MAC SNOW	28	WSYD	1:22.52	100 M. BRST				STEVEN WADE	49	SVY	35.89
50 M. BRST				ZAC MONTGOMERY	36	WEST	1:20.19	100 M. FREE			
SANDER BOGDAN	29	PRO	34.25	JASON LASSEN	35	BMSC	1:31.38	ERIC VALLEY	46	TVA	1:01.15
50 M. FLY				KERRY NESS	38	SVY	1:37.50	DAVID TURNER	45	WEST	1:04.34
SANDER BOGDAN	29	PRO	32.46	200 M. BRST				PAUL WEBBER	49	BAM	1:06.35
100 M. I.M.				TODD DOHERTY	36	BC	2:48.60	PETER OAKLEY	46	SWIM	1:11.40
SANDER BOGDAN	29	PRO	1:14.66	JASON LASSEN	35	BMSC	3:17.74	STEVEN WADE	49	SVY	1:19.67
-----				KAS BADIOZAMANI	39	BC	3:38.35	200 M. FREE			
M E N 30-34				50 M. FLY				ERIC VALLEY	46	TVA	2:18.04
-----				ZAC MONTGOMERY	36	WEST	31.97	ERIC DYBDAHL	47	FWM	2:31.82
50 M. FREE				MIKE GRIMM	39	PRO	35.23	PETER OAKLEY	46	SWIM	2:39.17
JON WALKER	32	TVA	26.98	100 M. I.M.				STEVEN WADE	49	SVY	2:55.77
ERIC SMITH	31	WSU	27.96	TODD DOHERTY	36	BC	1:05.89	400 M. FREE			
DOUG JELEN	34	UNAT	28.76	ZAC MONTGOMERY	36	WEST	1:13.71	DAN SMITH	45	FWM	4:49.73
KELLY JAHNS	34	UNAT	30.11	MIKE GRIMM	39	PRO	1:19.71	ERIC VALLEY	46	TVA	4:55.43
100 M. FREE				TOM SCHULZ	36	UNAT	1:24.18	STEVE REESE	49	WSYD	5:11.16
JON WALKER	32	TVA	59.07	KAS BADIOZAMANI	39	BC	1:27.69	ERIC DYBDAHL	47	FWM	5:12.45
ERIC SMITH	31	WSU	1:00.96	KERRY NESS	38	SVY	1:33.96	DAVID TURNER	45	WEST	5:23.43
200 M. FREE				200 M. I.M.				PETER OAKLEY	46	SWIM	5:38.10
DOUG JELEN	34	UNAT	2:16.21	KIRK NELSON	37	HMST	2:30.19	STEVEN WADE	49	SVY	6:08.39
400 M. FREE				MIKE GRIMM	39	PRO	2:52.30	1500 M. FREE			
STEVEN ROSARIA	33	PRO	5:07.14	TOM SCHULZ	36	UNAT	3:01.69	STEVEN WADE	49	SVY	23:52.43
ERIC SMITH	31	WSU	5:16.70	-----				50 M. BACK			
1500 M. FREE				M E N 40-44				CARL HAYNIE	47	CAC	33.62
STEVEN ROSARIA	33	PRO	20:48.58	-----				100 M. BACK			
50 M. BACK				50 M. FREE				CARL HAYNIE	47	CAC	1:11.34
KELLY JAHNS	34	UNAT	36.21	PAUL GARDNER	40	WSYD	32.21	200 M. BACK			
200 M. BACK				100 M. FREE				CARL HAYNIE	47	CAC	2:40.98
STEVEN ROSARIA	33	PRO	2:57.86	TIMOTHY NELSON	42	OR	1:00.76	50 M. BRST			
50 M. BRST				RICK FERRERO	43	PSC	1:05.29	JON BACA	47	TACM	32.69
KELLY JAHNS	34	UNAT	38.02	PAUL GARDNER	40	WSYD	1:18.53	DAN SMITH	45	FWM	35.01
DOUG JELEN	34	UNAT	40.11	200 M. FREE				DAVID WARREN	47	QASC	45.62
100 M. BRST				DAVID KAYS	40	PRO	2:05.17P	100 M. BRST			
DOUG JELEN	34	UNAT	1:27.03	BRIAN HOKE	41	CAC	2:30.37	JON BACA	47	TACM	1:13.26
200 M. BRST				400 M. FREE				DAN SMITH	45	FWM	1:17.70
STEVEN ROSARIA	33	PRO	3:04.92	DAVID KAYS	40	PRO	4:22.82Z	DAVID TURNER	45	WEST	1:26.09
50 M. FLY				TIMOTHY NELSON	42	OR	4:36.53	STEVE REESE	49	WSYD	1:31.30
BRIAN KNITTLE	34	UNAT	27.94	RICK FERRERO	43	PSC	5:14.31	200 M. BRST			
JON WALKER	32	TVA	29.71	BRIAN HOKE	41	CAC	5:21.07	DAN SMITH	45	FWM	2:51.22
100 M. FLY				1500 M. FREE				STEVE REESE	49	WSYD	3:12.13
JON WALKER	32	TVA	1:05.74	DAVID KAYS	40	PRO	17:30.39Z	50 M. FLY			
200 M. FLY				TIMOTHY NELSON	42	OR	18:46.52	JON BACA	47	TACM	29.43
DOUG JELEN	34	UNAT	2:28.14	50 M. BACK				PAUL WEBBER	49	BAM	33.90
100 M. I.M.				STEVE RUITER	42	GLAD	33.95	KEVIN MCNEAL	46	UNAT	34.07
JON WALKER	32	TVA	1:07.32	100 M. BACK				DAVID WARREN	47	QASC	35.43
BRIAN KNITTLE	34	UNAT	1:09.01	RICK FERRERO	43	PSC	1:21.21	100 M. FLY			
KELLY JAHNS	34	UNAT	1:15.71	200 M. BACK				PAUL WEBBER	49	BAM	1:18.69
200 M. I.M.				STEVE RUITER	42	GLAD	2:27.76	200 M. FLY			
KELLY JAHNS	34	UNAT	2:43.09	TIMOTHY NELSON	42	OR	2:39.28	ERIC DYBDAHL	47	FWM	2:51.78
400 M. I.M.				50 M. BRST				100 M. I.M.			
STEVEN ROSARIA	33	PRO	6:16.27	JB GOESSMON	42	BAM	41.24	CARL HAYNIE	47	CAC	1:13.75
-----				100 M. BRST				DAVID WARREN	47	QASC	1:25.64
M E N 35-39				MARK YANG	42	CAC	1:44.74	200 M. I.M.			
-----				200 M. BRST				ERIC DYBDAHL	47	FWM	2:59.90
50 M. FREE				TIMOTHY NELSON	42	OR	3:02.93	DAVID TURNER	45	WEST	3:01.03
ZAC MONTGOMERY	36	WEST	27.93	50 M. FLY				-----			
MARIO DELNAGRO	35	SVY	28.20	DAVID KAYS	40	PRO	28.62	M E N 50-54			
TOM SCHULZ	36	UNAT	30.56	PAUL GARDNER	40	WSYD	39.89	-----			
KERRY NESS	38	SVY	34.48	100 M. FLY				50 M. FREE			
100 M. FREE				STEVE RUITER	42	GLAD	1:06.23	WES EDWARDS	54	OR	26.43
KIRK NELSON	37	HMST	58.97	BRIAN HOKE	41	CAC	1:12.18	RALPH BUSCH	51	NSYG	27.18
ZAC MONTGOMERY	36	WEST	1:02.07	200 M. FLY				DALE CARY	50	UNAT	29.57
MARIO DELNAGRO	35	SVY	1:03.91	MARK YANG	42	CAC	3:40.44	GARRY DUSCHL	52	UNAT	29.77
TOM SCHULZ	36	UNAT	1:06.87	100 M. I.M.				JIM GROSS	53	SVY	29.86
200 M. FREE				RICK FERRERO	43	PSC	1:18.39	MARC NORSEN	50	NSYG	30.19
TOM SCHULZ	36	UNAT	2:30.45	200 M. I.M.				DAN BAILEY	50	UNAT	30.69

DAVID KEITH	50	UNAT	31.71	BILL PENN	56	TVA	20:02.82	LEE CARLSON	67	TACM	44.24
BOB HARTWIG	52	FWM	33.66	JOHN DEWIT	55	SWIM	21:53.97	100 M. BACK			
100 M. FREE				BRIAN CARLTON	57	NSYG	23:35.31	LEE CARLSON	67	TACM	1:40.10
RALPH BUSCH	51	NSYG	1:02.18	MICHAEL SPENCE	56	NWM	29:07.51	200 M. BACK			
FREDERICK GRAHAM	50	WAC	1:05.04	RON HANSEN	58	SVY	29:08.15	LEE CARLSON	67	TACM	3:34.31
MARC NORSEN	50	NSYG	1:05.60	50 M. BACK				50 M. FLY			
JIM GROSS	53	SVY	1:07.09	GORDON CLARK	56	GC	34.97	MICHAEL NORDBY	66	NEO	37.11
GARRY DUSCHL	52	UNAT	1:07.87	DOUG THOMPSON	59	TACM	41.55	100 M. FLY			
DAN BAILEY	50	UNAT	1:08.63	200 M. BACK				MICHAEL NORDBY	66	NEO	1:35.67P
BOB HARTWIG	52	FWM	1:14.62	RON HANSEN	58	SVY	3:41.76	200 M. FLY			
200 M. FREE				50 M. BRST				MICHAEL NORDBY	66	NEO	3:42.51Z
FREDERICK GRAHAM	50	WAC	2:24.12	GREGORY JOANNIDES	59	FWM	41.58	100 M. I.M.			
DALE CARY	50	UNAT	2:26.29	DOUG THOMPSON	59	TACM	43.28	MICHAEL NORDBY	66	NEO	1:25.87P
JIM GROSS	53	SVY	2:32.40	100 M. BRST				400 M. I.M.			
400 M. FREE				GREGORY JOANNIDES	59	FWM	1:41.19	MICHAEL NORDBY	66	NEO	6:46.66Z
FREDERICK GRAHAM	50	WAC	5:10.51	RON HANSEN	58	SVY	1:48.17	-----			
DALE CARY	50	UNAT	5:14.70	MICHAEL SPENCE	56	NWM	1:59.76	M E N 70-74			
PETER BERNER-HAYS	51	PSC	5:28.60	200 M. BRST				-----			
JIM GROSS	53	SVY	5:29.86	RON HANSEN	58	SVY	4:00.51	100 M. FREE			
1500 M. FREE				50 M. FLY				BILL KING	74	OR	1:25.04
FREDERICK GRAHAM	50	WAC	21:02.22	GORDON CLARK	56	GC	33.35P	FRANK NEWQUIST	70	FWM	1:39.85
JIM GROSS	53	SVY	22:03.20	100 M. I.M.				400 M. FREE			
50 M. BACK				GORDON CLARK	56	GC	1:17.51	DAVID RADCLIFF	73	OR	5:18.28Z
WES EDWARDS	54	OR	31.57	DOUG THOMPSON	59	TACM	1:29.72	FRANK NEWQUIST	70	FWM	7:22.05
GARRY DUSCHL	52	UNAT	35.95	GREGORY JOANNIDES	59	FWM	1:35.87	1500 M. FREE			
DAVID KEITH	50	UNAT	37.16	RON HANSEN	58	SVY	2:24.22	DAVID RADCLIFF	73	OR	21:24.18Z
DAN BAILEY	50	UNAT	38.19	-----				50 M. BACK			
100 M. BACK				M E N 60-64				GEORGE THAYER	71	OR	40.73
BOB HARTWIG	52	FWM	1:39.81	-----				100 M. BACK			
200 M. BACK				50 M. FREE				GEORGE THAYER	71	OR	1:31.54
STEVE FREEBORN	52	FWM	2:53.67	ROBERT PILGER	64	UNAT	29.80	200 M. BACK			
50 M. BRST				JOHN LEET	62	FWM	32.48	GEORGE THAYER	71	OR	3:22.92
DALE CARY	50	UNAT	38.42	MICHAEL MCKINLAY	64	BEST	36.91	FRANK NEWQUIST	70	FWM	4:33.90
DAVID KEITH	50	UNAT	42.84	100 M. FREE				50 M. BRST			
50 M. FLY				ROBERT PILGER	64	UNAT	1:11.27	DON REHFELDT	73	UNAT	52.06
STEVE FREEBORN	52	FWM	31.12	JOHN LEET	62	FWM	1:14.30	100 M. BRST			
DALE CARY	50	UNAT	31.65	JEFF JACOBSEN	63	SWIM	1:27.34	DON REHFELDT	73	UNAT	1:59.02
MARC NORSEN	50	NSYG	32.63	200 M. FREE				200 M. BRST			
HUGH MOORE	53	FWM	32.73	ROBERT PILGER	64	UNAT	2:49.28	DON REHFELDT	73	UNAT	4:15.25
DAN BAILEY	50	UNAT	36.30	JEFF JACOBSEN	63	SWIM	3:17.60	100 M. I.M.			
100 M. FLY				400 M. FREE				DON REHFELDT	73	UNAT	2:03.93
BRIAN RUSSELL	50	BAM	1:07.05	GARY ERNST	62	WSYD	8:11.68	-----			
STEVE FREEBORN	52	FWM	1:14.16	1500 M. FREE				M E N 75-79			
HUGH MOORE	53	FWM	1:14.57	JAMES MCCLEERY	61	NWM	18:50.59W	-----			
200 M. FLY				50 M. BACK				50 M. FREE			
HUGH MOORE	53	FWM	2:51.33	MICHAEL MCKINLAY	64	BEST	40.98	BOB DORSE	76	TIG	36.49
100 M. I.M.				100 M. BACK				HARVEY PROSSER	79	NWM	40.06
STEVE FREEBORN	52	FWM	1:18.01	MICHAEL MCCOLLY	62	NEO	1:19.47	DICK LEVIN	75	BAM	55.13
GARRY DUSCHL	52	UNAT	1:19.24	MICHAEL MCKINLAY	64	BEST	1:31.03	100 M. FREE			
PETER BERNER-HAYS	51	PSC	1:20.84	200 M. BACK				BOB DORSE	76	TIG	1:25.45
BOB HARTWIG	52	FWM	1:31.97	MICHAEL MCCOLLY	62	NEO	2:47.86	HARVEY PROSSER	79	NWM	1:28.91
200 M. I.M.				MICHAEL MCKINLAY	64	BEST	3:16.41	400 M. FREE			
BRIAN RUSSELL	50	BAM	2:35.05	50 M. BRST				FRED LOCKE	75	UNAT	9:19.02
-----				JOHN LEET	62	FWM	40.89	DICK LEVIN	75	BAM	10:20.77
M E N 55-59				100 M. BRST				1500 M. FREE			
-----				STEVE PETERSON	61	OOPS	1:22.18P	HARVEY PROSSER	79	NWM	27:08.48
50 M. FREE				100 M. FLY				50 M. BRST			
JIM KENDRICK	55	SVY	29.13	MICHAEL MCCOLLY	62	NEO	1:35.21	JERRY GALLAHER	79	MIR	57.75
GORDON CLARK	56	GC	29.31	200 M. FLY				100 M. BRST			
BILL PENN	56	TVA	30.24	STEVE PETERSON	61	OOPS	3:16.63Z	JERRY GALLAHER	79	MIR	2:19.74
DOUG THOMPSON	59	TACM	33.63	100 M. I.M.				200 M. BRST			
MICHAEL SPENCE	56	NWM	39.22	MICHAEL MCCOLLY	62	NEO	1:21.69	JERRY GALLAHER	79	MIR	5:00.20
100 M. FREE				200 M. I.M.				50 M. FLY			
GORDON CLARK	56	GC	1:06.08	STEVE PETERSON	61	OOPS	2:52.74	DICK LEVIN	75	BAM	1:20.92
JIM KENDRICK	55	SVY	1:06.29	JEFF JACOBSEN	63	SWIM	3:56.00	100 M. I.M.			
BILL PENN	56	TVA	1:07.81	-----				BOB DORSE	76	TIG	1:48.15
JOHN DEWIT	55	SWIM	1:08.25	M E N 65-69				-----			
BRIAN CARLTON	57	NSYG	1:15.55	-----				M E N 80-84			
MICHAEL SPENCE	56	NWM	1:32.09	50 M. FREE				-----			
200 M. FREE				BOB DAVIS	66	WAC	39.40	50 M. BACK			
JIM KENDRICK	55	SVY	2:36.96	100 M. FREE				GEORGE ROUBEESH	82	BAM	1:07.55
400 M. FREE				TOM LANDIS	65	OR	1:02.12Z	100 M. BACK			
BILL PENN	56	TVA	5:00.68	BOB DAVIS	66	WAC	1:30.29	GEORGE ROUBEESH	82	BAM	2:35.54
JOHN DEWIT	55	SWIM	5:30.06	400 M. FREE				200 M. BACK			
JIM KENDRICK	55	SVY	5:35.69	TOM LANDIS	65	OR	4:55.56W	GEORGE ROUBEESH	82	BAM	5:24.26P
BRIAN CARLTON	57	NSYG	6:05.49	BOB DAVIS	66	WAC	7:19.20	100 M. I.M.			
DOUG THOMPSON	59	TACM	6:15.83	1500 M. FREE				GEORGE ROUBEESH	82	BAM	3:02.68
MICHAEL SPENCE	56	NWM	7:09.45	TOM LANDIS	65	OR	19:32.78W	-----			
1500 M. FREE				50 M. BACK				RELAYS-WOMEN	200	M. FREE	

 76 - 99
 NICOLE THEBERGE 20 PNWW 2:07.25Z
 ANIKA AHMED 20
 ELISHA NAYLOR 21
 SHONA PIERCE 22

76 - 99
 MARK FANNING 21 PNWW 1:57.10Z
 SHONA PIERCE 22
 ERIN JACOBSON 22
 SHINGO ITO 24

160-199
 CATIE RODEHEFFER 41 PNA 2:26.22
 JULIANA WILSON 55
 KATHERINE ROGERS 40
 ERIN BUNKER 28

160-199
 MARK YANG 42 PNCA 2:17.83
 LYNN MARTINDELL 59
 CYNTHIA KRASS 44
 BRIAN HOKE 41

CYNTHIA KRASS 44 PNCA 2:37.18
 SHANNON CALLIES 38
 D.PROFFITT-SCHRAG 35
 LYNN MARTINDELL 59

CARL HAYNIE 47 PNCA 2:25.57
 SHANNON CALLIES 38
 D.PROFFITT-SCHRAG 35
 LACHLAN FOSS 51

 RELAYS-WOMEN 200 M. MEDLEY

ADAM CLUMP 24 PNA 2:26.39
 MICHAEL SPENCE 56
 JULIANA WILSON 55
 KATHERINE ROGERS 40

120-159
 JANA MCCULLOUGH 37 PNUP 2:59.15
 KRISTINE ANTILLA 39
 MARCIA MARCY 28
 KRIS SPEIR 44

MAC SNOW 28 PNWS 2:30.37
 GRACE BENNETT 46
 GARY ERNST 62
 JENNY WARD 36

160-199
 ERIN BUNKER 28 PNA 2:58.28
 KATHERINE ROGERS 40
 CATIE RODEHEFFER 41
 JULIANA WILSON 55

STEVE REESE 49 PNWS 2:44.52
 LESLEY WEINBERG 48
 CHRISTINE PRUNEAU 50
 PAUL GARDNER 40

D.PROFFITT-SCHRAG 35 PNCA 3:13.86
 LYNN MARTINDELL 59
 CYNTHIA KRASS 44
 SHANNON CALLIES 38

200-239
 SHANNON SINGER 37 PNSV 2:26.23
 STEVEN WADE 49
 MARSHA HANSEN 61
 JIM KENDRICK 55

 RELAYS-M E N 200 M. FREE

 RELAYS-MIXED 200 M. MEDLEY

160-199
 JIM GROSS 53 PNSV 2:03.65
 JIM KENDRICK 55
 STEVEN WADE 49
 MARIO DELNAGRO 35

160-199
 D.PROFFITT-SCHRAG 35 PNCA 2:28.06
 MARK YANG 42
 LACHLAN FOSS 51
 SHANNON CALLIES 38

MARK YANG 42 PNCA 2:03.70
 BRIAN HOKE 41
 CARL HAYNIE 47
 LACHLAN FOSS 51

ERIN BUNKER 28 PNA 2:39.24
 JON BACA 47
 CATIE RODEHEFFER 41
 PETER OAKLEY 46

MICHAEL SPENCE 56 PNA 2:08.71
 ADAM CLUMP 24
 JON BACA 47
 PETER OAKLEY 46

SHANNON SINGER 37 PNSV 2:50.45
 KERRY NESS 38
 MARIO DELNAGRO 35
 MARSHA HANSEN 61

 RELAYS-M E N 200 M. MEDLEY

CARL HAYNIE 47 PNCA 3:04.77
 BRIAN HOKE 41
 CYNTHIA KRASS 44
 LYNN MARTINDELL 59

160-199
 BRIAN HOKE 41 PNCA 2:21.69
 CARL HAYNIE 47
 LACHLAN FOSS 51
 MARK YANG 42

Requested Splits
 800 Free Split from 1500 Free
 Men 60-64 James McCleery 9:59.43

MARIO DELNAGRO 35 PNSV 2:23.28
 KERRY NESS 38
 JIM GROSS 53
 JIM KENDRICK 55

Men 65-69 Tom Landis 10:27.01W

Men 70-74 David Radcliff 11:25.19

PETER OAKLEY 46 PNA 2:36.23
 ADAM CLUMP 24
 JOHN DEWIT 55
 MICHAEL SPENCE 56

Women 35-39 Sara Nelson 10:27.24

 RELAYS-MIXED 200 M. FREE
