

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Women 18-24 50 Yard Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gallagher, Marion	23	Swim Seattle Red Hawk Masters-PN	25.20	26.43	
2 Jones, Christy	21	Old Olympic Peninsula Swimmers-P	35.30	31.41	

**Women 18-24 100 Yard Freestyle**

1 Lundres, Kacie	23	Briggs YMCA Masters Swim-PN	1:04.99	1:01.73	
30.29 1:01.73					
2 Jones, Christy	21	Old Olympic Peninsula Swimmers-P	1:20.60	1:12.99	
34.31 1:12.99					

**Women 18-24 200 Yard Freestyle**

1 Gallagher, Marion	23	Swim Seattle Red Hawk Masters-PN	1:58.50	2:03.64	
28.73 58.93 1:30.64 2:03.64					

**Women 18-24 500 Yard Freestyle**

1 Jones, Christy	21	Old Olympic Peninsula Swimmers-P	7:35.56	6:57.97	
36.49 1:16.42 1:59.18 2:42.35 3:24.75 4:07.91 4:51.94 5:35.62 6:19.08 6:57.97					

**Women 18-24 50 Yard Backstroke**

1 Jones, Christy	21	Old Olympic Peninsula Swimmers-P	48.37	35.39	
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**Women 18-24 50 Yard Breaststroke**

1 Gallagher, Marion	23	Swim Seattle Red Hawk Masters-PN	32.20	32.44	
2 Lundres, Kacie	23	Briggs YMCA Masters Swim-PN	39.74	36.95	

**Women 18-24 100 Yard Breaststroke**

1 Gallagher, Marion	23	Swim Seattle Red Hawk Masters-PN	1:09.00	1:10.48	
33.32 1:10.48					

**Women 18-24 200 Yard Breaststroke**

1 Gallagher, Marion	23	Swim Seattle Red Hawk Masters-PN	2:26.69	<b>2:33.24 Z</b>	
34.49 1:13.12 1:52.85 2:33.24					

**Women 18-24 100 Yard IM**

1 Lundres, Kacie	23	Briggs YMCA Masters Swim-PN	1:13.95	1:11.00	
34.00 1:11.00					

**Women 25-29 50 Yard Freestyle**

1 Landau, Courtney	28	Briggs YMCA Masters Swim-PN	28.00	29.75	
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**Women 25-29 100 Yard Freestyle**

1 Livingston, Megan	29	Bainbridge Area Masters-PN	56.22	56.64	
27.34 56.64					
2 Landau, Courtney	28	Briggs YMCA Masters Swim-PN	1:07.00	1:07.21	
31.96 1:07.21					
--- Vandenberg, Katie	28	Northshore Y Guys-PN	1:05.00	NS	

**Women 25-29 200 Yard Freestyle**

1 Livingston, Megan	29	Bainbridge Area Masters-PN	2:02.49	2:03.62	
28.72 59.56 1:31.77 2:03.62					
2 Vandenberg, Katie	28	Northshore Y Guys-PN	2:13.18	2:20.84	

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32.33 1:07.74 1:44.37 2:20.84

**Women 25-29 500 Yard Freestyle**

1 Vandenberg, Katie	28 Northshore Y Guys-PN	5:59.00	6:17.05
34.39 1:10.61 1:48.06 2:26.53 3:05.14 3:43.99 4:22.96 5:02.22			
5:40.33 6:17.05			

**Women 25-29 100 Yard Backstroke**

1 Livingston, Megan	29 Bainbridge Area Masters-PN	1:04.64	1:03.82
30.91 1:03.82			

**Women 25-29 100 Yard Breaststroke**

1 Crandell, Kelly	26 Unattached	1:21.00	1:20.73
38.04 1:20.73			

**Women 25-29 200 Yard Breaststroke**

1 Crandell, Kelly	26 Unattached	3:06.00	2:53.23
40.18 1:23.58 2:07.69 2:53.23			

**Women 25-29 50 Yard Butterfly**

1 Vandenberg, Katie	28 Northshore Y Guys-PN	32.00	34.32
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**Women 25-29 100 Yard Butterfly**

1 Crandell, Kelly	26 Unattached	1:18.50	1:18.01
35.04 1:18.01			

**Women 25-29 200 Yard Butterfly**

1 Livingston, Megan	29 Bainbridge Area Masters-PN	2:15.42	2:22.08
30.92 1:06.73 1:44.57 2:22.08			

**Women 25-29 100 Yard IM**

1 Vandenberg, Katie	28 Northshore Y Guys-PN	1:14.00	1:18.31
36.50 1:18.31			
2 Landau, Courtney	28 Briggs YMCA Masters Swim-PN	1:21.37	1:19.52
36.80 1:19.52			

**Women 25-29 200 Yard IM**

1 Crandell, Kelly	26 Unattached	2:53.00	2:40.35
35.08 1:17.98 2:02.48 2:40.35			

**Women 30-34 200 Yard Freestyle**

1 McRoe, Michelle	31 Badd-PN	2:14.46	2:13.15
29.48 1:02.27 1:37.54 2:13.15			

**Women 30-34 100 Yard Backstroke**

1 McRoe, Michelle	31 Badd-PN	1:14.00	1:10.71
34.83 1:10.71			

**Women 30-34 200 Yard Backstroke**

1 McRoe, Michelle	31 Badd-PN	2:35.00	2:34.35
35.62 1:14.89 1:55.06 2:34.35			

**Women 30-34 100 Yard Breaststroke**

--- Dillon, Jean	32 Lynnwood Sharks-PN	1:13.39	NS
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**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Women 30-34 200 Yard Breaststroke**

---	Dillon, Jean	32	Lynnwood Sharks-PN	2:38.13	NS
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**Women 30-34 100 Yard Butterfly**

---	Dillon, Jean	32	Lynnwood Sharks-PN	1:06.25	NS
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**Women 30-34 200 Yard IM**

---	Dillon, Jean	32	Lynnwood Sharks-PN	2:32.61	NS
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**Women 35-39 50 Yard Freestyle**

1	Werner, Haleigh	38	Tumwater Valley Authority-PN	29.50	28.31
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**(Women 35-39 50 Yard Freestyle)**

2	Rogers, Katherine	39	South Whidbey Iles Masters-PN	32.00	32.50
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**Women 35-39 100 Yard Freestyle**

1	Rogers, Katherine	39	South Whidbey Iles Masters-PN	1:12.00	1:09.88
	33.48		1:09.88		

**Women 35-39 200 Yard Freestyle**

1	Simsak, Tara	37	Bainbridge Area Masters-PN	2:08.86	2:21.17
	33.06		1:07.96	1:44.42	2:21.17

**Women 35-39 500 Yard Freestyle**

1	Ward, Jenny	35	West Seattle Y Dolphins-PN	6:05.00	5:52.58
	31.26		1:05.76	1:40.59	2:16.15
	5:17.92		5:52.58		2:51.66
					3:27.86
					4:04.37
					4:41.04
2	Rogers, Katherine	39	South Whidbey Iles Masters-PN	7:07.00	7:04.14
	37.77		1:17.79	2:00.25	2:43.80
	6:23.13		7:04.14		3:27.73
					4:11.68
					4:55.91
					5:39.63

**Women 35-39 50 Yard Backstroke**

1	Ward, Jenny	35	West Seattle Y Dolphins-PN	34.00	31.33
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**Women 35-39 100 Yard Backstroke**

1	Reykdal, Kim	35	Briggs YMCA Masters Swim-PN	1:12.00	1:12.00
	35.14		1:12.00		
---	Bussart, Megan	36	Bellingham Masters Swim Club-PN	1:20.00	NS

**Women 35-39 200 Yard Backstroke**

1	Simsak, Tara	37	Bainbridge Area Masters-PN	2:23.50	2:40.85
	39.65		1:19.90	2:00.84	2:40.85
2	Bussart, Megan	36	Bellingham Masters Swim Club-PN	3:05.00	2:42.19
	38.81		1:20.43	2:02.43	2:42.19

**Women 35-39 50 Yard Breaststroke**

1	Werner, Haleigh	38	Tumwater Valley Authority-PN	38.00	36.47
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**Women 35-39 100 Yard Breaststroke**

1	Bussart, Megan	36	Bellingham Masters Swim Club-PN	1:22.00	1:21.96
	39.06		1:21.96		

**Women 35-39 50 Yard Butterfly**

1	Reykdal, Kim	35	Briggs YMCA Masters Swim-PN	33.38	31.95
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**Women 35-39 100 Yard Butterfly**

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1 Ward, Jenny	35 West Seattle Y Dolphins-PN	1:15.00	1:12.50
32.47 1:12.50			

**Women 35-39 200 Yard Butterfly**

1 Werner, Haleigh	38 Tumwater Valley Authority-PN	2:45.00	2:33.82
33.77 1:12.30 1:52.68 2:33.82			

**Women 35-39 100 Yard IM**

1 Reykdal, Kim	35 Briggs YMCA Masters Swim-PN	1:14.05	1:12.09
32.79 1:12.09			
2 Simsak, Tara	37 Bainbridge Area Masters-PN	1:08.50	1:14.49
34.44 1:14.49			

**(Women 35-39 100 Yard IM)**

3 Rogers, Katherine	39 South Whidbey Iles Masters-PN	1:27.00	1:25.67
40.70 1:25.67			

**Women 35-39 200 Yard IM**

1 Simsak, Tara	37 Bainbridge Area Masters-PN	2:28.10	2:43.40
36.84 1:17.66 2:06.51 2:43.40			

**Women 35-39 400 Yard IM**

1 Werner, Haleigh	38 Tumwater Valley Authority-PN	6:00.00	5:17.67
33.06 1:11.58 1:54.40 2:36.26 3:20.94 4:06.51 4:42.75 5:17.67			
2 Bussart, Megan	36 Bellingham Masters Swim Club-PN	5:50.00	5:45.64
37.03 1:19.21 2:06.20 2:49.80 3:37.84 4:25.99 5:06.84 5:45.64			

**Women 40-44 50 Yard Freestyle**

1 Way, Suzanne	43 Lynnwood Sharks-PN	33.00	33.08
2 Moore, Kathy	40 Unattached	31.12	34.41

**Women 40-44 100 Yard Freestyle**

1 Way, Suzanne	43 Lynnwood Sharks-PN	1:12.00	1:13.01
35.31 1:13.01			

**Women 40-44 200 Yard Freestyle**

1 Way, Suzanne	43 Lynnwood Sharks-PN	2:39.00	2:42.31
37.46 1:17.59 2:00.04 2:42.31			

**Women 40-44 500 Yard Freestyle**

1 Hirst, Cynthia	44 Badd-PN	7:30.00	6:48.62
38.06 1:19.62 2:01.39 2:43.32 3:24.82 4:05.48 4:46.27 5:27.62 6:08.94 6:48.62			
--- Speir, Kris	43 Univ Place Aquatic Club-PN	6:45.00	NS

**Women 40-44 50 Yard Backstroke**

1 Hirst, Cynthia	44 Badd-PN	36.00	35.98
2 Moore, Kathy	40 Unattached	37.40	39.93

**Women 40-44 100 Yard Backstroke**

--- Hirst, Cynthia	44 Badd-PN	1:20.50	NS
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**Women 40-44 200 Yard Backstroke**

1 Hirst, Cynthia	44 Badd-PN	2:54.00	2:59.93
42.83 1:29.13 2:15.69 2:59.93			
2 Way, Suzanne	43 Lynnwood Sharks-PN	3:07.00	3:18.90

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46.92 1:37.70 2:29.03 3:18.90

**Women 40-44 50 Yard Breaststroke**

1 Moore, Kathy 40 Unattached 43.92 44.21

**Women 40-44 100 Yard Breaststroke**

--- Speir, Kris 43 Univ Place Aquatic Club-PN 1:25.00 NS

**Women 40-44 200 Yard Breaststroke**

--- Speir, Kris 43 Univ Place Aquatic Club-PN 3:10.00 NS

**Women 40-44 50 Yard Butterfly**

1 Moore, Kathy 40 Unattached 36.50 39.11

**Women 40-44 100 Yard Butterfly**

--- Speir, Kris 43 Univ Place Aquatic Club-PN 1:20.00 NS

**Women 40-44 100 Yard IM**1 Way, Suzanne 43 Lynnwood Sharks-PN 1:31.00 1:31.11  
43.40 1:31.11**Women 45-49 50 Yard Freestyle**1 Eide, Fran 47 Briggs YMCA Masters Swim-PN NT 33.33  
2 Ellwanger, Kimberly 48 Briggs YMCA Masters Swim-PN 35.04 34.51  
3 Maher, Karen L 49 Badd-PN NT 57.17  
--- Dymerski, Yvonne 46 Federal Way Masters-PN 30.20 NS**Women 45-49 100 Yard Freestyle**1 Dymerski, Yvonne 46 Federal Way Masters-PN 1:07.50 1:07.60  
32.45 1:07.60  
2 Eide, Fran 47 Briggs YMCA Masters Swim-PN NT 1:11.49  
34.98 1:11.49  
3 Ellwanger, Kimberly 48 Briggs YMCA Masters Swim-PN 1:16.00 1:18.44  
37.88 1:18.44  
4 Vasek, Connie 48 Briggs YMCA Masters Swim-PN NT 1:23.20  
39.99 1:23.20  
5 Byrnes, Lynn 46 Briggs YMCA Masters Swim-PN 1:40.00 1:33.70  
44.26 1:33.70  
6 Maher, Karen L 49 Badd-PN NT 2:15.56  
1:02.12 2:15.56**Women 45-49 500 Yard Freestyle**1 Byrnes, Lynn 46 Briggs YMCA Masters Swim-PN 9:15.00 9:12.10  
48.82 1:43.24 2:38.37 3:34.31 4:30.29 5:27.10 6:23.55 7:20.40  
9:12.10  
--- Dymerski, Yvonne 46 Federal Way Masters-PN 6:24.00 NS**Women 45-49 50 Yard Backstroke**1 Vasek, Connie 48 Briggs YMCA Masters Swim-PN NT 41.45  
2 Ellwanger, Kimberly 48 Briggs YMCA Masters Swim-PN 46.19 46.78  
3 Byrnes, Lynn 46 Briggs YMCA Masters Swim-PN 1:00.00 59.04  
4 Maher, Karen L 49 Badd-PN NT 1:13.33**Women 45-49 100 Yard Backstroke**

1 Eide, Fran 47 Briggs YMCA Masters Swim-PN NT 1:25.59

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42.22	1:25.59				
2	Vasek, Connie	48	Briggs YMCA Masters Swim-PN	NT	1:33.50
44.15	1:33.50				

**Women 45-49 50 Yard Breaststroke**

1	Rathbun, Terry	48	Unattached	40.00	38.47
2	Diddams, Margaret	45	Northend Otters-PN	40.11	40.30
3	Ellwanger, Kimberly	48	Briggs YMCA Masters Swim-PN	50.98	45.04

**Women 45-49 100 Yard Breaststroke**

1	Rathbun, Terry	48	Unattached	1:25.00	1:22.48
	38.94				1:22.48
2	Byrnes, Lynn	46	Briggs YMCA Masters Swim-PN	2:05.00	1:52.96
	52.66				1:52.96

**Women 45-49 200 Yard Breaststroke**

1	Rathbun, Terry	48	Unattached	3:10.00	3:00.69
	40.06				1:24.81
					2:12.27
					3:00.69

**Women 45-49 50 Yard Butterfly**

1	Dymerski, Yvonne	46	Federal Way Masters-PN	33.70	32.50
2	Diddams, Margaret	45	Northend Otters-PN	35.85	36.00

**Women 45-49 100 Yard Butterfly**

1	Dymerski, Yvonne	46	Federal Way Masters-PN	1:16.50	1:13.24
	33.02				1:13.24

**Women 45-49 100 Yard IM**

1	Rathbun, Terry	48	Unattached	1:20.00	1:15.28
	35.94				1:15.28
2	Eide, Fran	47	Briggs YMCA Masters Swim-PN	NT	1:23.21
	38.37				1:23.21

**Women 45-49 200 Yard IM**

1	Diddams, Margaret	45	Northend Otters-PN	2:47.82	2:57.83
	41.66				1:26.45
					2:17.23
					2:57.83

**Women 50-54 50 Yard Freestyle**

1	Glassman, Debbie	53	Columbia Athletic Mast-Pine Lk-PN	28.90	29.00
2	Vonrosenstiel, Liza	52	South Whidbey Iles Masters-PN	28.78	29.63
3	Kassen, Elizabeth	54	Briggs YMCA Masters Swim-PN	33.35	32.47
4	Morris, Kathy	51	Briggs YMCA Masters Swim-PN	47.50	42.32
---	Johnson, Janet	52	Port Townsend Masters-PN	34.00	NS

**Women 50-54 100 Yard Freestyle**

1	Glassman, Debbie	53	Columbia Athletic Mast-Pine Lk-PN	1:05.00	1:05.23
	31.66				1:05.23
2	Vonrosenstiel, Liza	52	South Whidbey Iles Masters-PN	1:09.00	1:06.49
	31.83				1:06.49
3	Morris, Kathy	51	Briggs YMCA Masters Swim-PN	1:45.00	2:28.97
	1:41.94				2:28.97

**Women 50-54 500 Yard Freestyle**

1	Hair, Margaret	52	Unattached	6:40.00	6:43.87
	36.67				1:17.18
					1:58.20
					2:39.89
					3:21.22
					4:02.50
					4:43.54
					5:24.47

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6:04.80 6:43.87

**Women 50-54 50 Yard Backstroke**

1	Hair, Margaret	52	Unattached	37.40	37.86
2	Kassen, Elizabeth	54	Briggs YMCA Masters Swim-PN	41.93	40.93

**Women 50-54 50 Yard Breaststroke**

1	Jaunzeme, Andra	54	Unattached	40.00	38.15
2	Johnson, Janet	52	Port Townsend Masters-PN	42.50	41.87
3	Kassen, Elizabeth	54	Briggs YMCA Masters Swim-PN	43.78	43.49

**Women 50-54 100 Yard Breaststroke**

1	Jaunzeme, Andra	54	Unattached	1:25.00	1:21.89
				39.00	1:21.89
2	Johnson, Janet	52	Port Townsend Masters-PN	1:34.00	1:33.33
				45.26	1:33.33

**Women 50-54 200 Yard Breaststroke**

1	Johnson, Janet	52	Port Townsend Masters-PN	3:25.00	3:23.32
				47.90	1:40.58
				2:33.66	3:23.32
---	Jaunzeme, Andra	54	Unattached	3:05.00	NS

**Women 50-54 50 Yard Butterfly**

1	Hair, Margaret	52	Unattached	32.90	34.28
2	Kassen, Elizabeth	54	Briggs YMCA Masters Swim-PN	38.00	37.55
3	Morris, Kathy	51	Briggs YMCA Masters Swim-PN	NT	48.96

**Women 50-54 100 Yard Butterfly**

1	Glassman, Debbie	53	Columbia Athletic Mast-Pine Lk-PN	1:14.00	1:12.84
				34.23	1:12.84

**Women 50-54 200 Yard Butterfly**

1	Hair, Margaret	52	Unattached	3:00.00	3:07.25
				42.07	1:29.01
				2:19.18	3:07.25

**Women 50-54 100 Yard IM**

1	Jaunzeme, Andra	54	Unattached	1:20.00	1:14.72
				35.63	1:14.72
2	Glassman, Debbie	53	Columbia Athletic Mast-Pine Lk-PN	1:20.00	1:16.30
				36.76	1:16.30
3	Hair, Margaret	52	Unattached	1:14.00	1:16.74
				37.09	1:16.74
4	Kassen, Elizabeth	54	Briggs YMCA Masters Swim-PN	1:24.22	1:25.36
				39.17	1:25.36
5	Johnson, Janet	52	Port Townsend Masters-PN	1:34.00	1:33.84
				48.07	1:33.84
6	Morris, Kathy	51	Briggs YMCA Masters Swim-PN	2:04.00	1:52.52
				48.55	1:52.52

**Women 55-59 50 Yard Freestyle**

1	Blackburn, Jean	55	Federal Way Masters-PN	34.80	36.35
2	Marquart, Lois	57	Fort Steilacoom-WACO-PN	38.00	37.80
---	Donoso, Joan	55	Unattached	45.00	SCR

**Women 55-59 100 Yard Freestyle**

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1 Casey, Katherine	58 Unattached	1:11.36	1:14.15
35.74 1:14.15			
2 Blackburn, Jean	55 Federal Way Masters-PN	1:19.97	1:20.58
39.64 1:20.58			
3 Marquart, Lois	57 Fort Steilacoom-WACO-PN	1:40.00	1:25.19
40.04 1:25.19			

**Women 55-59 200 Yard Freestyle**

1 Lebsack, Mel	58 Unattached	2:55.00	2:52.42
40.08 1:23.37 2:08.77 2:52.42			
2 Marquart, Lois	57 Fort Steilacoom-WACO-PN	3:50.00	3:09.73

**Women 55-59 500 Yard Freestyle**

1 Lebsack, Mel	58 Unattached	7:39.00	7:24.68
39.87 1:23.77 2:08.86 2:54.45 3:39.73 4:24.53 5:10.49 5:55.75 6:41.17 7:24.68			

**Women 55-59 50 Yard Backstroke**

1 Casey, Katherine	58 Unattached	39.73	39.77
(Women 55-59 50 Yard Backstroke)			
--- Donoso, Joan	55 Unattached	55.00	NS

**Women 55-59 200 Yard Backstroke**

--- Moore, Jane	56 Unattached	4:05.00	NS
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**Women 55-59 50 Yard Breaststroke**

1 Casey, Katherine	58 Unattached	43.35	44.17
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**Women 55-59 100 Yard Breaststroke**

--- Donoso, Joan	55 Unattached	2:18.00	NS
--- Lebsack, Mel	58 Unattached	1:55.00	NS

**Women 55-59 200 Yard Breaststroke**

1 Casey, Katherine	58 Unattached	3:34.12	3:35.46
49.38 1:43.97 2:39.76 3:35.46			
--- Lebsack, Mel	58 Unattached	3:55.00	NS

**Women 55-59 100 Yard Butterfly**

1 Blackburn, Jean	55 Federal Way Masters-PN	1:31.95	1:30.66
40.87 1:30.66			
--- Moore, Jane	56 Unattached	2:10.00	NS
--- Donoso, Joan	55 Unattached	2:07.00	NS

**Women 55-59 200 Yard Butterfly**

--- Moore, Jane	56 Unattached	4:30.00	NS
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**Women 55-59 100 Yard IM**

1 Blackburn, Jean	55 Federal Way Masters-PN	1:31.11	1:31.76
45.31 1:31.76			

**Women 55-59 200 Yard IM**

1 Casey, Katherine	58 Unattached	3:05.91	3:13.59
47.81 1:35.58 2:31.63 3:13.59			

**Women 60-64 50 Yard Freestyle**



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---	Dillon, Sally	60	North Whidbey Masters-PN	32.45	NS
<b>Women 60-64 100 Yard Freestyle</b>					
1	Dillon, Sally	60	North Whidbey Masters-PN	1:12.34	<b>1:11.34 P</b>
	35.53 1:11.34				
<b>Women 60-64 200 Yard Freestyle</b>					
1	Dillon, Sally	60	North Whidbey Masters-PN	2:40.06	<b>2:37.43 P</b>
	36.86 1:17.37 1:58.06 2:37.43				
<b>Women 60-64 500 Yard Freestyle</b>					
1	Dillon, Sally	60	North Whidbey Masters-PN	7:00.00	<b>7:04.51 P</b>
	37.11 1:17.98 1:59.74 2:42.30 3:25.92 4:09.37 4:52.76 5:37.36 6:22.19 7:04.51				
<b>Women 60-64 100 Yard Breaststroke</b>					
1	Dillon, Sally	60	North Whidbey Masters-PN	1:29.95	1:33.49
	44.02 1:33.49				
<b>Women 65-69 100 Yard Backstroke</b>					
1	Amiad, Chaya	68	Unattached	3:00.00	2:32.16
	1:13.95 2:32.16				
<b>Women 65-69 100 Yard Butterfly</b>					
1	Amiad, Chaya	68	Unattached	4:00.00	3:00.35
	1:25.52 3:00.35				
<b>Women 65-69 200 Yard Butterfly</b>					
1	Amiad, Chaya	68	Unattached	7:00.00	6:31.36
	1:32.35 3:18.11 4:58.51 6:31.36				
<b>Women 65-69 400 Yard IM</b>					
1	Amiad, Chaya	68	Unattached	12:00.00	11:47.76
	1:31.75 3:09.28 5:52.00 7:33.27 9:15.39 10:31.99 11:47.76				
<b>Women 70-74 500 Yard Freestyle</b>					
1	Sisco, Marilyn	73	Briggs YMCA Masters Swim-PN	11:10.00	11:22.15
	1:00.45 2:06.15 3:15.16 4:25.13 5:35.54 6:46.37 7:56.87 9:07.03 10:16.46 11:22.15				
<b>Women 75-79 50 Yard Freestyle</b>					
1	Tolaro, Gloria	76	Briggs YMCA Masters Swim-PN	47.43	46.19
<b>Women 75-79 500 Yard Freestyle</b>					
---	Tolaro, Gloria	76	Briggs YMCA Masters Swim-PN	11:23.51	NS
<b>Women 75-79 50 Yard Backstroke</b>					
1	Tolaro, Gloria	76	Briggs YMCA Masters Swim-PN	52.19	<b>50.51 P</b>
<b>Women 75-79 100 Yard IM</b>					
1	Tolaro, Gloria	76	Briggs YMCA Masters Swim-PN	2:08.95	2:07.04
	59.56 2:07.04				
<b>Men 18-24 50 Yard Backstroke</b>					
1	O'Hern, David	23	Huskie Masters-PN	30.56	31.91

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Men 18-24 100 Yard Backstroke**

---	O'Hern, David	23	Huskie Masters-PN	1:06.99	NS
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**Men 18-24 200 Yard Backstroke**

1	O'Hern, David	23	Huskie Masters-PN	2:24.63	2:22.64
	33.16 1:08.77 1:46.51		2:22.64		

**Men 18-24 400 Yard IM**

1	O'Hern, David	23	Huskie Masters-PN	5:23.95	5:25.41
	35.64 1:16.62 1:57.42		2:36.44 3:24.13 4:12.23 4:50.59 5:25.41		

**Men 25-29 50 Yard Freestyle**

1	Klem, Nick	28	Orca Swim Club-PN	27.00	27.81
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**Men 25-29 100 Yard Freestyle**

1	Kamikawa, Gary	29	Northshore Y Guys-PN	56.00	57.81
	27.26 57.81				

**Men 25-29 50 Yard Backstroke**

1	Snow, Mac	27	West Seattle Y Dolphins-PN	29.00	27.66
2	Kamikawa, Gary	29	Northshore Y Guys-PN	31.00	30.91

**Men 25-29 100 Yard Backstroke**

---	Kamikawa, Gary	29	Northshore Y Guys-PN	1:04.00	NS
---	Snow, Mac	27	West Seattle Y Dolphins-PN	1:00.00	NS

**Men 25-29 200 Yard Backstroke**

---	Snow, Mac	27	West Seattle Y Dolphins-PN	2:10.00	NS
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**Men 25-29 50 Yard Breaststroke**

1	Snow, Mac	27	West Seattle Y Dolphins-PN	33.00	31.70
2	Klem, Nick	28	Orca Swim Club-PN	35.00	34.97
---	Bogdan, Sander	28	Pro-Sports Club-PN	31.00	NS

**Men 25-29 100 Yard Breaststroke**

1	Klem, Nick	28	Orca Swim Club-PN	1:15.00	1:17.30
	36.82 1:17.30				
---	Bogdan, Sander	28	Pro-Sports Club-PN	1:06.00	NS

**Men 25-29 200 Yard Breaststroke**

1	Klem, Nick	28	Orca Swim Club-PN	2:50.00	2:46.20
	36.87 1:18.34 2:01.88		2:46.20		

**Men 25-29 100 Yard Butterfly**

1	Kamikawa, Gary	29	Northshore Y Guys-PN	1:03.00	1:01.55
	27.54 1:01.55				

**Men 25-29 100 Yard IM**

1	Snow, Mac	27	West Seattle Y Dolphins-PN	1:00.00	1:00.09
	27.39 1:00.09				

**Men 30-34 50 Yard Freestyle**

1	McEachern, Andrew	34	Unattached	24.00	23.90
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**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results**

2 Linderman, Ross	30 Orca Swim Club-PN	24.75	24.97
3 Austin, Brandon	34 Briggs YMCA Masters Swim-PN	24.17	25.61
4 Austin, David	32 Bellvue East Side Masters-PN	26.00	26.36

**Men 30-34 100 Yard Freestyle**

1 Alex, Casey	34 Unattached	52.54	52.22
25.57 52.22			
2 McEachern, Andrew	34 Unattached	50.00	52.27
26.28 52.27			
3 Walker, Jon	32 Tumwater Valley Authority-PN	52.52	54.02
26.39 54.02			
4 Jelen, Doug	33 Unattached	56.00	56.01
27.35 56.01			
5 Rosaria, Steven	32 Pro-Sports Club-PN	54.55	56.68
27.17 56.68			
6 Martin, Greg	32 Unattached	59.00	58.33
28.49 58.33			
7 Austin, Brandon	34 Briggs YMCA Masters Swim-PN	58.35	58.35
28.27 58.35			

**Men 30-34 200 Yard Freestyle**

1 Jelen, Doug	33 Unattached	2:00.01	1:59.30
29.12 59.35 1:29.53 1:59.30			
2 Walker, Jon	32 Tumwater Valley Authority-PN	1:55.62	2:00.04
27.74 57.22 1:27.56 2:00.04			
3 Linderman, Ross	30 Orca Swim Club-PN	2:05.00	2:05.33
28.22 59.44 1:32.26 2:05.33			
4 Rosaria, Steven	32 Pro-Sports Club-PN	2:05.01	2:05.55
29.47 1:00.54 1:33.07 2:05.55			

**(Men 30-34 200 Yard Freestyle)**

5 Martin, Greg	32 Unattached	2:10.00	2:05.74
29.20 1:00.49 1:32.85 2:05.74			

**Men 30-34 500 Yard Freestyle**

1 Walker, Jon	32 Tumwater Valley Authority-PN	5:22.81	5:18.64
29.63 1:01.34 1:33.77 2:06.50 2:38.82 3:10.92 3:43.08 4:14.90 4:46.80 5:18.64			
2 Lassen, Jason	34 Bellingham Masters Swim Club-PN	7:00.00	7:40.39
38.76 1:21.19 2:06.06 2:52.62 3:41.31 4:29.14 5:17.59 6:05.78 6:54.27 7:40.39			

**Men 30-34 50 Yard Backstroke**

1 Lassen, Jason	34 Bellingham Masters Swim Club-PN	NT	40.75
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**Men 30-34 100 Yard Backstroke**

--- Rosaria, Steven	32 Pro-Sports Club-PN	1:08.00	NS
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**Men 30-34 200 Yard Backstroke**

1 Linderman, Ross	30 Orca Swim Club-PN	2:27.39	2:27.86
34.70 1:11.59 1:49.74 2:27.86			

**Men 30-34 50 Yard Breaststroke**

1 Austin, Brandon	34 Briggs YMCA Masters Swim-PN	31.62	31.70
2 Rosaria, Steven	32 Pro-Sports Club-PN	31.25	32.23
3 Austin, David	32 Bellvue East Side Masters-PN	35.00	33.87

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4 Lassen, Jason	34 Bellingham Masters Swim Club-PN	37.00	37.52
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**Men 30-34 100 Yard Breaststroke**

1 Austin, Brandon 33.15 1:09.18	34 Briggs YMCA Masters Swim-PN	1:09.02	1:09.18
2 Austin, David 37.00 1:18.32	32 Bellvue East Side Masters-PN	1:18.00	1:18.32
3 Lassen, Jason 38.89 1:21.73	34 Bellingham Masters Swim Club-PN	1:21.00	1:21.73

**Men 30-34 200 Yard Breaststroke**

1 Lassen, Jason 39.70 1:23.55 2:10.38	34 Bellingham Masters Swim Club-PN	2:57.00	2:56.17
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**Men 30-34 50 Yard Butterfly**

1 McEachern, Andrew	34 Unattached	26.00	25.37
2 Linderman, Ross	30 Orca Swim Club-PN	26.80	27.07
--- Alex, Casey	34 Unattached	26.00	NS

**Men 30-34 100 Yard Butterfly**

1 Alex, Casey 26.22 56.97	34 Unattached	59.11	56.97
2 McEachern, Andrew 27.93 57.96	34 Unattached	58.00	57.96
3 Walker, Jon 28.02 59.60	32 Tumwater Valley Authority-PN	59.12	59.60

**Men 30-34 200 Yard Butterfly**

1 Jelen, Doug 30.34 1:04.88 1:38.84	33 Unattached	2:15.00	2:13.30
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**(Men 30-34 200 Yard Butterfly)**

2 Rosaria, Steven 35.28 1:16.84 1:58.53	32 Pro-Sports Club-PN	3:00.00	2:41.49
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**Men 30-34 100 Yard IM**

1 Alex, Casey 27.60 59.58	34 Unattached	1:01.50	59.58
2 Walker, Jon 28.08 1:01.86	32 Tumwater Valley Authority-PN	1:00.58	1:01.86
3 Jelen, Doug 29.12 1:04.77	33 Unattached	1:05.00	1:04.77
4 Linderman, Ross 30.87 1:08.14	30 Orca Swim Club-PN	1:13.00	1:08.14
5 Martin, Greg 32.32 1:08.89	32 Unattached	1:10.00	1:08.89

**Men 30-34 400 Yard IM**

1 Jelen, Doug 30.92 1:04.71 1:43.41	33 Unattached	4:50.00	4:46.71
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**Men 35-39 50 Yard Freestyle**

1 Whatley, Devin	38 Unattached	23.50	24.11
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**Men 35-39 100 Yard Freestyle**

1 Whatley, Devin	38 Unattached	51.00	52.07
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25.57	52.07								
2 Schulz, Tom		36	Briggs YMCA Masters Swim-PN	1:01.35		1:00.96			
29.56	1:00.96								

**Men 35-39 200 Yard Freestyle**

1 Whatley, Devin		38	Unattached	1:52.00		1:53.87			
27.20	55.72	1:24.77	1:53.87						
2 Nelson, Kirk		36	Huskie Masters-PN	1:56.50		1:57.78			
28.34	58.33	1:28.39	1:57.78						
3 Schulz, Tom		36	Briggs YMCA Masters Swim-PN	2:12.79		2:13.17			
30.00	1:02.77	1:37.91	2:13.17						

**Men 35-39 500 Yard Freestyle**

1 Nelson, Kirk		36	Huskie Masters-PN	5:24.90		5:20.84			
30.55	1:03.09	1:35.69	2:08.62	2:41.65	3:14.39	3:46.76	4:18.80		
4:50.53	5:20.84								
2 Schulz, Tom		36	Briggs YMCA Masters Swim-PN	6:18.56		6:16.50			
32.50	1:09.13	1:46.62	2:24.85	3:02.14	3:40.05	4:19.00	4:59.26		
5:39.00	6:16.50								

**Men 35-39 50 Yard Breaststroke**

--- Grim, Mike		38	Pro-Sports Club-PN	40.00		NS			
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**Men 35-39 100 Yard Breaststroke**

1 Schulz, Tom		36	Briggs YMCA Masters Swim-PN	1:21.56		1:21.54			
38.98	1:21.54								

**Men 35-39 100 Yard IM**

1 Schulz, Tom		36	Briggs YMCA Masters Swim-PN	1:13.48		1:14.55			
36.39	1:14.55								
--- Grim, Mike		38	Pro-Sports Club-PN	1:16.00		NS			

**Men 35-39 200 Yard IM**

--- Grim, Mike		38	Pro-Sports Club-PN	2:40.00		NS			
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**Men 35-39 400 Yard IM**

1 Nelson, Kirk		36	Huskie Masters-PN	4:45.00		4:46.46			
30.66	1:04.98	1:44.04	2:21.02	3:02.23	3:43.28	4:16.09	4:46.46		

**Men 40-44 50 Yard Freestyle**

1 Lagerberg, Brian		44	Tumwater Valley Authority-PN	NT		26.16			
2 Kabel, Joe		44	Tumwater Valley Authority-PN	26.50		26.32			
3 Turner, David		44	West Coast Aquatics Masters-PN	26.00		26.45			
4 Turcott, Michael		43	Unattached	27.77		28.72			
5 Giles, Devin		43	Briggs YMCA Masters Swim-PN	NT		30.44			

**Men 40-44 100 Yard Freestyle**

1 Turner, David		44	West Coast Aquatics Masters-PN	57.60		57.67			
27.48	57.67								
2 Lagerberg, Brian		44	Tumwater Valley Authority-PN	NT		58.43			
28.50	58.43								
3 Turcott, Michael		43	Unattached	1:03.00		1:06.34			
31.28	1:06.34								
4 Giles, Devin		43	Briggs YMCA Masters Swim-PN	NT		1:11.06			
34.85	1:11.06								

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---	Norman, Charles	40	Poseidon Aquatics Club-PN	57.14	NS
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**Men 40-44 200 Yard Freestyle**

1	Lagerberg, Brian	44	Tumwater Valley Authority-PN	NT	2:09.15
	32.00 1:02.29 1:35.60		2:09.15		
2	Turner, David	44	West Coast Aquatics Masters-PN	2:10.00	2:15.66
	29.20 1:02.53 1:38.67		2:15.66		

**Men 40-44 500 Yard Freestyle**

1	Turner, David	44	West Coast Aquatics Masters-PN	6:09.00	6:09.82
	32.82 1:09.72 1:47.38		2:25.42 3:03.27 3:41.16 4:19.69 4:57.67		
	5:34.51 6:09.82				

**Men 40-44 50 Yard Backstroke**

1	Lind, Matt	43	Orca Swim Club-PN	34.00	29.77
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**Men 40-44 50 Yard Breaststroke**

1	Giles, Devin	43	Briggs YMCA Masters Swim-PN	NT	43.56
---	Norman, Charles	40	Poseidon Aquatics Club-PN	33.41	NS

**Men 40-44 100 Yard Breaststroke**

1	Goessman, JB	42	Bainbridge Area Masters-PN	1:10.00	1:09.50
	33.01 1:09.50				
---	Norman, Charles	40	Poseidon Aquatics Club-PN	1:11.53	NS

**Men 40-44 200 Yard Breaststroke**

1	Goessman, JB	42	Bainbridge Area Masters-PN	2:35.00	2:36.96
	34.97 1:14.04 1:55.49		2:36.96		
---	Norman, Charles	40	Poseidon Aquatics Club-PN	2:33.68	NS

**Men 40-44 50 Yard Butterfly**

1	Lind, Matt	43	Orca Swim Club-PN	34.00	28.82
2	Kabel, Joe	44	Tumwater Valley Authority-PN	29.00	28.99
3	Martin, Rob	41	Tumwater Valley Authority-PN	28.00	29.30

**Men 40-44 100 Yard Butterfly**

1	Goessman, JB	42	Bainbridge Area Masters-PN	1:03.00	1:00.33
	27.78 1:00.33				
2	Turcott, Michael	43	Unattached	1:25.55	1:27.95
	40.59 1:27.95				
---	Norman, Charles	40	Poseidon Aquatics Club-PN	1:04.06	NS

**Men 40-44 100 Yard IM**

1	Martin, Rob	41	Tumwater Valley Authority-PN	1:09.00	1:10.63
	31.67 1:10.63				
---	Kabel, Joe	44	Tumwater Valley Authority-PN	1:12.00	DQ
	32.16 DQ				

**Men 40-44 200 Yard IM**

1	Goessman, JB	42	Bainbridge Area Masters-PN	2:20.00	2:21.37
	28.90 1:08.63 1:48.85		2:21.37		

**Men 45-49 50 Yard Freestyle**

1	Leigh, Jay	48	Unattached	23.68	23.85
2	Bailey, Dan	49	West Coast Aquatics Masters-PN	27.15	27.00

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3	Igawa, Allen	45	Federal Way Masters-PN	27.00	27.04
4	Byrnes, Ron	45	Briggs YMCA Masters Swim-PN	28.00	27.88
5	Oren, Ron J	47	Lynnwood Sharks-PN	29.50	29.79
---	Loudon, Richard Q	46	Issaquah Swim Team-PN	24.00	DQ
---	Bryant, John	45	Orca Swim Club-PN	26.50	NS

**Men 45-49 100 Yard Freestyle**

1	Leigh, Jay	48	Unattached	53.42	53.23
	26.28 53.23				
2	Jones, Michael	46	Unattached	57.00	57.85
	27.88 57.85				
2	Russell, Brian	49	Bainbridge Area Masters-PN	57.00	57.85
	28.20 57.85				
4	Norsen, Marc	49	Northshore Y Guys-PN	59.00	58.74
	28.76 58.74				
5	Igawa, Allen	45	Federal Way Masters-PN	1:00.00	59.61
	28.92 59.61				
6	Bailey, Dan	49	West Coast Aquatics Masters-PN	1:00.11	1:00.83
	29.67 1:00.83				
7	Byrnes, Ron	45	Briggs YMCA Masters Swim-PN	1:05.00	1:03.00
	30.27 1:03.00				
8	Loudon, Richard Q	46	Issaquah Swim Team-PN	55.00	1:05.03
	23.62 1:05.03				
9	Dymerski, Greg	47	Federal Way Masters-PN	1:18.00	1:12.54
	33.74 1:12.54				
---	McNeal, Kevin	45	Tacoma Pierce County Y-PN	59.50	NS

**Men 45-49 200 Yard Freestyle**

1	Leigh, Jay	48	Unattached	1:59.00	1:58.90
	26.98 56.50 1:27.22			1:58.90	
2	Norsen, Marc	49	Northshore Y Guys-PN	2:12.00	2:08.62
	29.08 1:00.77 1:34.29			2:08.62	
3	Wade, Steven G	48	Skagit Valley Y-PN	2:38.00	2:37.86
	36.28 1:17.11 1:58.86			2:37.86	
<b>(Men 45-49 200 Yard Freestyle)</b>					
4	Dymerski, Greg	47	Federal Way Masters-PN	2:50.00	2:42.64
	34.76 1:15.05 1:58.47			2:42.64	

**Men 45-49 500 Yard Freestyle**

1	Cary, Dale	49	Unattached	5:55.00	5:55.50
	31.59 1:05.52 1:40.74			2:16.72 2:52.97 3:29.56 4:06.08 4:42.80	
	5:19.89 5:55.50				
2	Wade, Steven G	48	Skagit Valley Y-PN	6:49.00	6:56.64
	37.46 1:18.44 2:00.54			2:43.43 3:26.46 4:09.47 4:52.46 5:35.27	
	6:17.14 6:56.64				
3	Dymerski, Greg	47	Federal Way Masters-PN	7:30.00	7:22.99
	36.49 1:16.88 1:59.66			2:44.12 3:29.66 4:16.16 5:02.82 5:49.64	
	6:36.68 7:22.99				

**Men 45-49 50 Yard Backstroke**

1	Russell, Brian	49	Bainbridge Area Masters-PN	29.50	30.37
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**Men 45-49 50 Yard Breaststroke**

1	Bryant, John	45	Orca Swim Club-PN	32.50	32.19
---	Norsen, Marc	49	Northshore Y Guys-PN	36.00	NS

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---	McNeal, Kevin	45	Tacoma Pierce County Y-PN	36.30	NS
---	Oren, Ron J	47	Lynnwood Sharks-PN	43.00	NS

**Men 45-49 100 Yard Breaststroke**

1	Bryant, John	45	Orca Swim Club-PN	1:10.50	1:11.30
	34.15	1:11.30			
2	Cary, Dale	49	Unattached	1:15.00	1:15.22
	36.39	1:15.22			

**Men 45-49 200 Yard Breaststroke**

---	Norsen, Marc	49	Northshore Y Guys-PN	2:50.00	NS
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**Men 45-49 50 Yard Butterfly**

1	Cary, Dale	49	Unattached	29.50	28.95
2	Norsen, Marc	49	Northshore Y Guys-PN	29.50	29.17
3	Bailey, Dan	49	West Coast Aquatics Masters-PN	29.40	31.50
4	Oren, Ron J	47	Lynnwood Sharks-PN	36.00	36.84
---	McNeal, Kevin	45	Tacoma Pierce County Y-PN	30.50	NS

**Men 45-49 100 Yard Butterfly**

1	Jones, Michael	46	Unattached	1:04.00	1:04.19
	31.16	1:04.19			
2	Cary, Dale	49	Unattached	1:06.00	1:05.21
	30.65	1:05.21			

**Men 45-49 200 Yard Butterfly**

1	Russell, Brian	49	Bainbridge Area Masters-PN	2:25.00	2:18.49
	32.82	1:08.23	1:44.19	2:18.49	

**Men 45-49 100 Yard IM**

1	Loudon, Richard Q	46	Issaquah Swim Team-PN	1:10.00	1:01.59
	28.97	1:01.59			
2	Bryant, John	45	Orca Swim Club-PN	1:05.50	1:07.06
	32.50	1:07.06			

**(Men 45-49 100 Yard IM)**

3	Bailey, Dan	49	West Coast Aquatics Masters-PN	1:10.50	1:09.43
	33.00	1:09.43			
4	Byrnes, Ron	45	Briggs YMCA Masters Swim-PN	1:10.00	1:12.68
	34.13	1:12.68			
5	Lloyd, Hob	46	Briggs YMCA Masters Swim-PN	1:35.00	1:17.65
	37.51	1:17.65			
6	Oren, Ron J	47	Lynnwood Sharks-PN	1:24.00	1:20.01
	36.31	1:20.01			
---	McNeal, Kevin	45	Tacoma Pierce County Y-PN	1:10.00	NS

**Men 45-49 200 Yard IM**

1	Cary, Dale	49	Unattached	2:35.00	2:30.47
	31.00	1:12.51	1:55.47	2:30.47	
2	Lloyd, Hob	46	Briggs YMCA Masters Swim-PN	2:40.00	2:46.63
	35.80	1:20.49	2:08.42	2:46.63	

**Men 45-49 400 Yard IM**

1	Russell, Brian	49	Bainbridge Area Masters-PN	5:05.00	4:57.57
	31.41	1:05.95	1:44.60	2:22.97	3:06.61
				3:50.32	4:24.58
				4:57.57	
2	Lloyd, Hob	46	Briggs YMCA Masters Swim-PN	7:46.00	5:59.18



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36.81 1:18.57 2:55.13 3:46.83 4:38.71 5:19.80 5:59.18

**Men 50-54 50 Yard Freestyle**

1 Nelson, James	51 Unattached	33.50	35.27
--- Hackett, Ted	52 Unattached	26.50	NS

**Men 50-54 100 Yard Freestyle**

1 Knowlton, Bill	54 Unattached	1:00.00	59.36
28.52 59.36			
2 Dewit, John	54 Unattached	1:00.08	1:00.88
29.53 1:00.88			
--- Moore, Hugh	52 Federal Way Masters-PN	1:03.00	NS

**Men 50-54 200 Yard Freestyle**

1 Knowlton, Bill	54 Unattached	2:10.00	2:14.84
31.00 1:05.64 1:40.14	2:14.84		
2 Dewit, John	54 Unattached	2:17.21	2:15.53
31.01 1:04.51 1:39.96	2:15.53		

**Men 50-54 500 Yard Freestyle**

1 Dewit, John	54 Unattached	6:13.11	6:14.43
33.01 1:09.04 1:46.25	2:23.86 3:01.95 3:40.45 4:19.69 4:58.05		
5:36.69 6:14.43			
--- Hackett, Ted	52 Unattached	5:58.00	NS

**Men 50-54 50 Yard Backstroke**

1 Tynan, Tim	52 Tumwater Valley Authority-PN	30.00	30.14
--- Hackett, Ted	52 Unattached	31.50	NS

**Men 50-54 100 Yard Backstroke**

1 Knowlton, Bill	54 Unattached	1:09.00	1:08.48
34.26 1:08.48			
--- Tynan, Tim	52 Tumwater Valley Authority-PN	1:05.60	NS
--- Moore, Hugh	52 Federal Way Masters-PN	1:18.00	NS

**Men 50-54 100 Yard Breaststroke**

--- Moore, Hugh	52 Federal Way Masters-PN	1:25.00	NS
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**Men 50-54 50 Yard Butterfly**

1 Portelance, Ron	50 Green Lake Aqua Ducks-PN	29.00	29.35
--- Hackett, Ted	52 Unattached	29.00	NS

**Men 50-54 100 Yard Butterfly**

1 Portelance, Ron	50 Green Lake Aqua Ducks-PN	1:05.00	1:04.99
30.87 1:04.99			
--- Moore, Hugh	52 Federal Way Masters-PN	1:08.00	NS

**Men 50-54 100 Yard IM**

1 Portelance, Ron	50 Green Lake Aqua Ducks-PN	1:10.00	1:09.74
32.06 1:09.74			

**Men 50-54 200 Yard IM**

--- Hackett, Ted	52 Unattached	2:35.00	NS
--- Portelance, Ron	50 Green Lake Aqua Ducks-PN	2:30.00	NS

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Men 50-54 400 Yard IM**

1	Portelance, Ron	50	Green Lake Aqua Ducks-PN	5:25.00	5:13.12
	32.31 1:09.25 1:51.49	2:31.35 3:16.72 4:01.70 4:38.60	5:13.12		
---	Moore, Hugh	52	Federal Way Masters-PN	5:35.00	NS

**Men 55-59 50 Yard Freestyle**

1	Clark, Gordon	55	Gordon Club Masters-PN	27.10	26.18
2	Voegtlen, Barney	58	Bainbridge Area Masters-PN	27.00	27.80
3	Penn, William	55	Tumwater Valley Authority-PN	27.30	28.12
4	Koening, Mike	55	Badd-PN	29.60	29.12
5	Batley, Richard	58	Unattached	32.00	31.61
---	Wirtz, Todd	57	Unattached	28.00	NS
---	Norris, Jim	59	Port Townsend Masters-PN	31.00	NS

**Men 55-59 100 Yard Freestyle**

1	Clark, Gordon	55	Gordon Club Masters-PN	59.10	59.08
	28.27 59.08				
2	Penn, William	55	Tumwater Valley Authority-PN	1:00.00	1:01.66
	30.11 1:01.66				
3	Voegtlen, Barney	58	Bainbridge Area Masters-PN	1:01.00	1:02.03
	29.86 1:02.03				
4	Batley, Richard	58	Unattached	1:10.00	1:09.02
	33.37 1:09.02				
5	Norris, Jim	59	Port Townsend Masters-PN	1:11.00	1:11.13
	35.36 1:11.13				
---	Koening, Mike	55	Badd-PN	1:03.20	NS
---	Wirtz, Todd	57	Unattached	1:08.00	NS

**Men 55-59 200 Yard Freestyle**

1	Penn, William	55	Tumwater Valley Authority-PN	2:15.00	2:12.44
	31.62 1:05.22 1:39.83	2:12.44			
2	Norris, Jim	59	Port Townsend Masters-PN	2:25.00	2:29.11
	36.53 1:15.40 1:53.31	2:29.11			
3	Batley, Richard	58	Unattached	2:35.00	2:34.55
	34.54 1:14.09 1:54.89	2:34.55			

**Men 55-59 500 Yard Freestyle**

1	Penn, William	55	Tumwater Valley Authority-PN	5:50.00	5:48.81
	32.70 1:07.92 1:43.78	2:20.07 2:56.15 3:31.77 4:06.52	4:41.36		
	5:16.41 5:48.81				
2	Norris, Jim	59	Port Townsend Masters-PN	6:25.00	6:28.33
	36.60 1:15.48 1:55.03	2:34.69 3:13.41 3:52.64 4:32.16	5:11.66		
	5:50.79 6:28.33				
3	Batley, Richard	58	Unattached	6:55.00	6:55.41
	36.98 1:17.81 2:00.01	2:42.65 3:25.53 4:08.27 4:50.82	5:33.34		
	6:15.67 6:55.41				

**Men 55-59 50 Yard Backstroke**

1	Clark, Gordon	55	Gordon Club Masters-PN	32.00	31.08
2	Koening, Mike	55	Badd-PN	35.90	34.91

**Men 55-59 100 Yard Backstroke**

1	Clark, Gordon	55	Gordon Club Masters-PN	1:12.10	1:11.92
	34.40 1:11.92				

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Men 55-59 50 Yard Breaststroke**

---	Joannides, Gregory	59	Federal Way Masters-PN	40.00	NS
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**Men 55-59 100 Yard Breaststroke**

---	Joannides, Gregory	59	Federal Way Masters-PN	1:40.00	NS
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**Men 55-59 50 Yard Butterfly**

1	Batley, Richard	58	Unattached	36.00	36.19
---	Wirtz, Todd	57	Unattached	33.00	NS

**Men 55-59 100 Yard IM**

1	Clark, Gordon	55	Gordon Club Masters-PN	1:07.00	1:09.40
	31.66 1:09.40				
2	Voegtlen, Barney	58	Bainbridge Area Masters-PN	1:12.00	1:14.24
	33.57 1:14.24				
---	Wirtz, Todd	57	Unattached	1:25.00	NS

**Men 60-64 50 Yard Freestyle**

1	Pilger, Robert	63	South Kitsap Masters Swim-PN	25.80	26.78
2	Leet, John	61	Unattached	29.10	29.23
3	Peterson, Steven	60	Old Olympic Peninsula Swimmers-P	28.90	29.62
4	Schaefer, Don	62	South Whidbey Iles Masters-PN	31.00	32.58
5	McKinlay, Michael	63	Bellvue East Side Masters-PN	32.02	32.89
6	Ernst, Gary	61	West Seattle Y Dolphins-PN	50.00	36.33

**Men 60-64 100 Yard Freestyle**

1	Pilger, Robert	63	South Kitsap Masters Swim-PN	1:02.50	1:03.20
	30.84 1:03.20				
2	Schaefer, Don	62	South Whidbey Iles Masters-PN	1:15.00	1:17.32
	36.90 1:17.32				
3	Ernst, Gary	61	West Seattle Y Dolphins-PN	1:45.00	1:22.45
	39.14 1:22.45				

**Men 60-64 200 Yard Freestyle**

1	Smith, Mel	64	Briggs YMCA Masters Swim-PN	2:45.00	2:38.53
	36.22 1:15.92 1:58.43		2:38.53		
2	Gray, Gordon	61	Northend Otters-PN	2:46.00	2:44.42
	38.45 1:20.80 2:02.54		2:44.42		

**(Men 60-64 200 Yard Freestyle)**

3	Ernst, Gary	61	West Seattle Y Dolphins-PN	3:45.00	3:08.63
	41.79 1:28.86 2:20.92		3:08.63		

**Men 60-64 500 Yard Freestyle**

1	Smith, Mel	64	Briggs YMCA Masters Swim-PN	7:00.00	7:00.02
	37.12 1:18.04 2:00.37		2:43.58 3:26.82 4:10.03 4:53.76 5:36.81		
	6:18.68 7:00.02				
2	Pilger, Robert	63	South Kitsap Masters Swim-PN	7:45.00	7:02.90
	35.60 1:14.67 1:56.21		2:39.28 3:24.32 4:08.32 4:52.64 5:36.65		
	6:20.09 7:02.90				
3	Gray, Gordon	61	Northend Otters-PN	7:16.00	7:05.44
	39.58 1:22.69 2:06.10		2:48.85 3:32.10 4:15.15 4:58.31 5:42.07		
	6:24.87 7:05.44				
4	Ernst, Gary	61	West Seattle Y Dolphins-PN	9:30.00	8:53.25
	43.49 1:32.10 2:28.91		3:26.75 4:23.56 5:19.19 6:14.54 7:09.79		
	8:04.15 8:53.25				

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****Men 60-64 50 Yard Backstroke**

1	McKinlay, Michael	63	Bellvue East Side Masters-PN	35.01	37.01
2	Peterson, Steven	60	Old Olympic Peninsula Swimmers-P	39.40	37.32

**Men 60-64 100 Yard Backstroke**

1	McKinlay, Michael	63	Bellvue East Side Masters-PN	1:19.10	1:28.79
	43.93				1:28.79

**Men 60-64 200 Yard Backstroke**

1	McKinlay, Michael	63	Bellvue East Side Masters-PN	2:59.01	3:05.77
	42.56				1:30.37
					2:19.08
2	Gray, Gordon	61	Northend Otters-PN	3:06.00	3:09.67
	47.03				1:34.60
					2:22.42
					3:09.67

**Men 60-64 50 Yard Breaststroke**

1	Peterson, Steven	60	Old Olympic Peninsula Swimmers-P	33.50	33.22
2	Leet, John	61	Unattached	36.90	36.83
3	McKinlay, Michael	63	Bellvue East Side Masters-PN	41.01	45.65
4	Fleisher, Jim	61	Unattached	53.00	45.91

**Men 60-64 100 Yard Breaststroke**

1	Peterson, Steven	60	Old Olympic Peninsula Swimmers-P	1:12.90	1:14.97
	36.49				1:14.97
2	Leet, John	61	Unattached	1:20.10	1:24.74
	40.24				1:24.74

**Men 60-64 50 Yard Butterfly**

1	Peterson, Steven	60	Old Olympic Peninsula Swimmers-P	32.00	33.50
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**Men 60-64 100 Yard IM**

1	Leet, John	61	Unattached	1:16.10	1:16.58
	36.65				1:16.58

**Men 60-64 200 Yard IM**

1	Leet, John	61	Unattached	3:00.10	2:57.01
	41.85				1:30.26
					2:18.66
					2:57.01

**Men 65-69 100 Yard Freestyle**

1	Nordby, Michael	65	Northend Otters-PN	1:08.00	1:12.79
	34.31				1:12.79
2	Davis, Bob	65	Washington Athletic Club-PN	1:19.00	1:19.70
	37.44				1:19.70

**Men 65-69 500 Yard Freestyle**

1	Davis, Bob	65	Washington Athletic Club-PN	8:05.00	7:52.48
	39.50				1:25.29
					2:12.62
					3:00.26
					3:49.38
					4:38.60
					5:28.14
					6:17.99
	7:06.56				7:52.48

**Men 65-69 50 Yard Breaststroke**

1	Davis, Roy	65	Unattached	40.00	38.21
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**Men 65-69 100 Yard Breaststroke**

1	Davis, Roy	65	Unattached	1:25.00	1:23.42
	40.25				1:23.42

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007**  
**Results**

**Men 65-69 200 Yard Breaststroke**

1 Davis, Roy	65 Unattached	3:00.00	2:56.65
41.08 1:25.37 2:10.80 2:56.65			

**Men 65-69 100 Yard Butterfly**

1 Nordby, Michael	65 Northend Otters-PN	1:22.00	1:26.61
38.90 1:26.61			

**Men 65-69 100 Yard IM**

1 Davis, Bob	65 Washington Athletic Club-PN	1:55.00	1:41.45
47.06 1:41.45			

**Men 65-69 200 Yard IM**

--- Nordby, Michael	65 Northend Otters-PN	1:48.00	NS
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**Men 65-69 400 Yard IM**

1 Nordby, Michael	65 Northend Otters-PN	6:10.00	6:13.46
40.32 1:27.36 2:16.12 3:03.92 3:57.76 4:51.56 5:33.27 6:13.46			

**Men 70-74 100 Yard Freestyle**

--- King, Bill	73 Unattached	1:14.00	NS
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**Men 70-74 200 Yard Freestyle**

--- King, Bill	73 Unattached	2:57.00	NS
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**Men 70-74 500 Yard Freestyle**

1 King, Bill	73 Unattached	7:40.00	7:50.46
40.39 1:24.27 2:11.32 2:59.60 3:48.65 4:37.95 5:26.88 6:16.57 7:04.69 7:50.46			

**Men 70-74 200 Yard Backstroke**

1 Foley, Tom	72 Tigers-PN	4:01.00	4:05.91
56.38 1:59.39 3:02.50 4:05.91			

**Men 70-74 50 Yard Breaststroke**

1 Rehfeldt, Don	72 Unattached	47.24	47.07
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**Men 70-74 100 Yard Breaststroke**

1 Rehfeldt, Don	72 Unattached	1:53.00	1:45.78
51.12 1:45.78			

**Men 70-74 200 Yard Breaststroke**

1 Rehfeldt, Don	72 Unattached	3:54.20	3:48.67
51.19 1:49.09 2:49.17 3:48.67			

**Men 70-74 100 Yard Butterfly**

1 Foley, Tom	72 Tigers-PN	2:16.00	2:30.92
1:10.17 2:30.92			

**Men 70-74 200 Yard IM**

1 Foley, Tom	72 Tigers-PN	4:12.00	4:23.66
1:06.48 2:09.93 3:23.36 4:23.66			

**Men 75-79 50 Yard Freestyle**

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results**

1 Larson, Herb	76 Y Nauts-PN	NT	55.69
<b>Men 75-79 100 Yard Freestyle</b>			
1 Dorse, Bob	75 Tigers-PN	1:15.50	<b>1:14.98 P</b>
35.58 1:14.98			
<b>Men 75-79 50 Yard Breaststroke</b>			
1 Larson, Herb	76 Y Nauts-PN	1:16.71	1:21.25
<b>Men 75-79 50 Yard Butterfly</b>			
1 Larson, Herb	76 Y Nauts-PN	1:12.78	1:26.75
<b>Men 75-79 100 Yard IM</b>			
1 Dorse, Bob	75 Tigers-PN	1:33.00	<b>1:35.50 P</b>
46.18 1:35.50			
--- Larson, Herb	76 Y Nauts-PN	2:39.75	DNF
1:15.25			
<b>Men 75-79 200 Yard IM</b>			
1 Dorse, Bob	75 Tigers-PN	3:45.00	3:45.69
50.68 1:55.37 3:01.33 3:45.69			
2 Larson, Herb	76 Y Nauts-PN	6:31.00	6:39.90
1:47.04 3:34.67 5:22.70 6:39.90			
<b>Women 200 Yard Freestyle Relay</b>			
<b>18+</b>			
1 Briggs YMCA Masters Swim	B	NT	2:48.52
1) Morris, Kathy 51	2) Sisco, Marilyn 73	3) Tolaro, Gloria 76	4) Lundres, Kacie 23
16.56 51.23 1:35.48 2:48.52			
<b>45+</b>			
1 Briggs YMCA Masters Swim	C	NT	2:25.28
1) Ellwanger, Kimberly 48	2) Byrnes, Lynn 46	3) Vasek, Connie 48	4) Eide, Fran 47
35.05 1:17.66 1:52.70 2:25.28			
<b>Women 200 Yard Medley Relay</b>			
<b>18+</b>			
1 Briggs YMCA Masters Swim	B	NT	2:19.12
1) Reykdal, Kim 35	2) Kassen, Elizabeth 54	3) Lundres, Kacie 23	4) Landau, Courtney 28
32.99 1:16.20 1:48.82 2:19.12			
<b>45+</b>			
1 Briggs YMCA Masters Swim	A	NT	2:48.61
1) Vasek, Connie 48	2) Byrnes, Lynn 46	3) Eide, Fran 47	4) Ellwanger, Kimberly 48
41.57 1:35.92 2:13.42 2:48.61			
<b>Men 200 Yard Freestyle Relay</b>			
<b>25+</b>			
1 Orca Swim Club-PN	A	NT	1:43.64
1) Bryant, John 45	2) Klem, Nick 28	3) Lind, Matt 43	4) Linderman, Ross 30
27.16 53.88 1:19.81 1:43.64			
2 Tumwater Valley Authority-	A	NT	1:43.99
1) Lagerberg, Brian 44	2) Penn, William 55	3) Martin, Rob 41	4) Walker, Jon 32
25.57 53.57 1:20.27 1:43.99			

**Beat the Clock 2007 USMS #0367-04 - 3/24/2007****Results****35+**

1 Briggs YMCA Masters Swim	A	NT	1:57.07
1) Schulz, Tom 36	2) Lloyd, Hob 46	3) Giles, Devin 43	4) Byrnes, Ron 45
28.15 58.82 1:29.24	1:57.07		

**Men 200 Yard Medley Relay****25+**

1 Orca Swim Club-PN	A	NT	1:56.93
1) Lind, Matt 43	2) Bryant, John 45	3) Linderman, Ross 30	4) Klem, Nick 28
30.12 1:02.25 1:30.06	1:56.93		
2 Briggs YMCA Masters Swim	C	NT	2:10.87
1) Lloyd, Hob 46	2) Austin, Brandon 34	3) Schulz, Tom 36	4) Byrnes, Ron 45
37.14 1:09.34 1:43.30	2:10.87		

**Mixed 200 Yard Freestyle Relay****18+**

1 Briggs YMCA Masters Swim	A	NT	1:53.24
1) Landau, Courtney 28	2) Schulz, Tom 36	3) Lundres, Kacie 23	4) Austin, Brandon 34
30.51 58.28 1:29.03	1:53.24		

**25+**

1 Bainbridge Area Masters-PN	A	NT	1:48.09
1) Livingston, Megan 29	2) Russell, Brian 49	3) Simsak, Tara 37	4) Voegtlen, Barney 58
25.82 51.41 1:20.75	1:48.09		

**35+**

1 Briggs YMCA Masters Swim	C	NT	2:20.96
1) Giles, Devin 43	2) Kassen, Elizabeth 54	3) Morris, Kathy 51	4) Smith, Mel 64
30.44 1:03.61 1:46.49	2:20.96		

**45+**

1 Briggs YMCA Masters Swim	B	NT	2:07.44
1) Byrnes, Ron 45	2) Lloyd, Hob 46	3) Vasek, Connie 48	4) Eide, Fran 47
28.55 1:04.17 1:36.84	2:07.44		

**Mixed 200 Yard Medley Relay****18+**

1 Briggs YMCA Masters Swim	A	NT	2:08.93
1) Landau, Courtney 28	2) Austin, Brandon 34	3) Lundres, Kacie 23	4) Schulz, Tom 36
37.58 1:08.69 1:40.93	2:08.93		

**25+**

1 Bainbridge Area Masters-PN	A	NT	2:01.32
1) Simsak, Tara 37	2) Livingston, Megan 29	3) Russell, Brian 49	4) Goessman, JB 42
35.10 1:07.63 1:34.29	2:01.32		

**35+**

1 Briggs YMCA Masters Swim	B	NT	2:41.36
1) Morris, Kathy 51	2) Giles, Devin 43	3) Kassen, Elizabeth 54	4) Smith, Mel 64
47.68 1:04.96 2:10.50	2:41.36		