

2006 NWM PENTHALON - 9/24/2006**Results****Women 18-24 100 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Kunze, Brittany	23	Lynnwood Sharks	1:06.77
	31.62	1:06.77 (35.15)	
2 Conto, Annie	23	North Whidbey Masters	1:19.86
	36.36	1:19.86 (43.50)	

Women 18-24 100 SC Meter Backstroke

1 Kunze, Brittany	23	Lynnwood Sharks	1:16.35
	37.26	1:16.35 (39.09)	
2 Conto, Annie	23	North Whidbey Masters	1:26.56
	41.29	1:26.56 (45.27)	

Women 18-24 100 SC Meter Breaststroke

1 Kunze, Brittany	23	Lynnwood Sharks	1:22.59
	39.54	1:22.59 (43.05)	
2 Conto, Annie	23	North Whidbey Masters	2:00.30
	54.17	2:00.30 (1:06.13)	

Women 18-24 100 SC Meter Butterfly

1 Kunze, Brittany	23	Lynnwood Sharks	1:13.52
	34.80	1:13.52 (38.72)	
2 Conto, Annie	23	North Whidbey Masters	1:37.82
	40.98	1:37.82 (56.84)	

Women 18-24 200 SC Meter IM

1 Kunze, Brittany	23	Lynnwood Sharks	2:41.25 Z
	35.38	1:17.10 (41.72) 2:02.92 (45.82)	2:41.25 (38.33)
2 Conto, Annie	23	North Whidbey Masters	3:35.04
	46.10	1:35.85 (49.75) 2:45.68 (1:09.83)	3:35.04 (49.36)

Women 25-29 50 SC Meter Freestyle

1 Lotts, Kelly	29	Bellingham Masters Swim Club	29.24
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Women 25-29 100 SC Meter Freestyle

1 Keltner, Rosanne	28	Redmond Aqua Hotshots	1:26.99
	40.16	1:26.99 (46.83)	

Women 25-29 50 SC Meter Backstroke

1 Lotts, Kelly	29	Bellingham Masters Swim Club	36.97
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2006 NWM PENTHALON - 9/24/2006**Results****Women 25-29 50 SC Meter Breaststroke**

1	Lotts, Kelly	29	Bellingham Masters Swim Club	37.74
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Women 25-29 50 SC Meter Butterfly

1	Lotts, Kelly	29	Bellingham Masters Swim Club	32.59
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Women 25-29 100 SC Meter IM

1	Lotts, Kelly	29	Bellingham Masters Swim Club	1:15.06
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	36.02	1:15.06 (39.04)		
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2	Keltner, Rosanne	28	Redmond Aqua Hotshots	1:39.29
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	46.10	1:39.29 (53.19)		
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Women 35-39 50 SC Meter Freestyle

1	Hegeberg, Linda	36	Bellingham Masters Swim Club	31.24
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2	Moore, Kathy	39	Unattached	36.92
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3	Kale, Helene	36	Skagit Valley YMCA	39.56
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Women 35-39 50 SC Meter Backstroke

1	Hegeberg, Linda	36	Bellingham Masters Swim Club	35.98
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(Women 35-39 50 SC Meter Backstroke)

2	Moore, Kathy	39	Unattached	44.51
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3	Kale, Helene	36	Skagit Valley YMCA	48.34
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Women 35-39 50 SC Meter Breaststroke

1	Hegeberg, Linda	36	Bellingham Masters Swim Club	38.43
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2	Moore, Kathy	39	Unattached	50.39
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Women 35-39 50 SC Meter Butterfly

1	Hegeberg, Linda	36	Bellingham Masters Swim Club	33.85
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2	Moore, Kathy	39	Unattached	42.13
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Women 35-39 100 SC Meter IM

1	Hegeberg, Linda	36	Bellingham Masters Swim Club	1:14.99
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	34.77	1:14.99 (40.22)		
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2	Moore, Kathy	39	Unattached	1:38.56
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	44.66	1:38.56 (53.90)		
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2006 NWM PENTHALON - 9/24/2006**Results**

3 Kale, Helene 36 Skagit Valley YMCA 1:44.17
 48.30 1:44.17 (55.87)

Women 40-44 50 SC Meter Freestyle

1 Christopherson, Joanne 44 White Rock Wave 41.36

Women 40-44 100 SC Meter Freestyle

1 Spence, Debby 44 North Whidbey Masters 1:17.32

36.70 1:17.32 (40.62)

2 Hoffman, Wendy 44 Mercer Island Redwoods 1:21.10

39.99 1:21.10 (41.11)

Women 40-44 200 SC Meter Freestyle

1 Klieman, Becky 43 North Whidbey Masters 2:47.22

37.41 1:19.52 (42.11) 2:03.79 (44.27) 2:47.22 (43.43)

Women 40-44 1500 SC Meter Freestyle

1 Rodeheffer, Catie 40 North Whidbey Masters 28:24.13

33.45 28:24.13 (27:50.68)

Women 40-44 50 SC Meter Backstroke

1 Peters Johnson, Anne 41 Redmond Aqua Hotshots 37.61

2 Christopherson, Joanne 44 White Rock Wave 57.67

Women 40-44 100 SC Meter Backstroke

1 Peters Johnson, Anne 41 Redmond Aqua Hotshots 1:24.04

40.95 1:24.04 (43.09)

2 Spence, Debby 44 North Whidbey Masters 1:31.76

44.50 1:31.76 (47.26)

3 Hoffman, Wendy 44 Mercer Island Redwoods 1:38.56

49.47 1:38.56 (49.09)

Women 40-44 200 SC Meter Backstroke

1 Peters Johnson, Anne 41 Redmond Aqua Hotshots 2:55.64

39.49 1:24.15 (44.66) 2:09.86 (45.71) 2:55.64 (45.78)

2 Klieman, Becky 43 North Whidbey Masters 3:23.90

46.70 1:38.86 (52.16) 2:32.57 (53.71) 3:23.90 (51.33)

Women 40-44 50 SC Meter Breaststroke

1 Christopherson, Joanne 44 White Rock Wave 56.97

2006 NWM PENTHALON - 9/24/2006**Results****Women 40-44 100 SC Meter Breaststroke**

1	Spence, Debby	44	North Whidbey Masters	1:39.30
	47.55	1:39.30 (51.75)		
2	Hoffman, Wendy	44	Mercer Island Redwoods	1:44.69
	49.87	1:44.69 (54.82)		

Women 40-44 200 SC Meter Breaststroke

1	Klieman, Becky	43	North Whidbey Masters	3:37.38
	48.14	1:43.23 (55.09)	2:41.84 (58.61)	3:37.38 (55.54)

Women 40-44 50 SC Meter Butterfly

1	Christopherson, Joanne	44	White Rock Wave	55.53
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Women 40-44 100 SC Meter Butterfly

1	Spence, Debby	44	North Whidbey Masters	1:33.67
	43.84	1:33.67 (49.83)		
2	Hoffman, Wendy	44	Mercer Island Redwoods	1:43.86
	46.27	1:43.86 (57.59)		

Women 40-44 200 SC Meter Butterfly

1	Klieman, Becky	43	North Whidbey Masters	3:28.32 P
	42.98	1:35.31 (52.33)	2:32.97 (57.66)	3:28.32 (55.35)

Women 40-44 100 SC Meter IM

1	Christopherson, Joanne	44	White Rock Wave	1:52.96
	57.10	1:52.96 (55.86)		

Women 40-44 200 SC Meter IM

1	Spence, Debby	44	North Whidbey Masters	3:14.38
	42.17	1:32.24 (50.07)	2:29.85 (57.61)	3:14.38 (44.53)
2	Hoffman, Wendy	44	Mercer Island Redwoods	3:17.44
	46.22	1:37.92 (51.70)	2:34.14 (56.22)	3:17.44 (43.30)

Women 40-44 400 SC Meter IM

1	Klieman, Becky	43	North Whidbey Masters	6:52.70
	43.33	1:38.04 (54.71)	2:33.29 (55.25)	3:28.83 (55.54)
	4:25.11 (56.28)	5:23.01 (57.90)	6:09.14 (46.13)	6:52.70 (43.56)

Women 45-49 50 SC Meter Freestyle

1	Wagner, Carol	45	White Rock Wave	38.36
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2006 NWM PENTHALON - 9/24/2006**Results****Women 45-49 50 SC Meter Backstroke**

1	Wagner, Carol	45	White Rock Wave	48.73
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Women 45-49 50 SC Meter Breaststroke

1	Wagner, Carol	45	White Rock Wave	57.99
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Women 45-49 50 SC Meter Butterfly

1	Wagner, Carol	45	White Rock Wave	45.25
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Women 45-49 100 SC Meter IM

1	Wagner, Carol	45	White Rock Wave	1:49.53
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48.38	1:49.53 (1:01.15)
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Women 55-59 50 SC Meter Freestyle

1	Casey, Kathrine J	58	Ft. Steilacoom - Wako	36.19
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Women 55-59 200 SC Meter Freestyle

1	Casey, Kathrine J	58	Ft. Steilacoom - Wako	2:57.87
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41.85	1:27.27 (45.42)	2:13.18 (45.91)	2:57.87 (44.69)
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Women 55-59 1500 SC Meter Freestyle

1	Casey, Kathrine J	58	Ft. Steilacoom - Wako	23:23.87
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27.87	23:23.87 (22:56.00)
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Women 55-59 200 SC Meter Breaststroke

1	Casey, Kathrine J	58	Ft. Steilacoom - Wako	3:56.61
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54.83	1:54.87 (1:00.04)	2:55.72 (1:00.85)	3:56.61 (1:00.89)
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Women 55-59 50 SC Meter Butterfly

1	Casey, Kathrine J	58	Ft. Steilacoom - Wako	43.17
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Women 60-64 50 SC Meter Freestyle

1	Delgado, Joan	61	North Whidbey Masters	40.99
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Women 60-64 100 SC Meter Freestyle

1	Pronk, Bonnie	64	Masters Swimming of BC	1:22.57
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39.36	1:22.57 (43.21)
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Women 60-64 1500 SC Meter Freestyle

1	Ensign, Jeanne	60	Greenlake Aquaducks	29:34.07 P
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12.20	29:34.07 (29:21.87)
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2006 NWM PENTHALON - 9/24/2006**Results****Women 60-64 50 SC Meter Backstroke**

1	Delgado, Joan	61	North Whidbey Masters	50.92
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Women 60-64 100 SC Meter Backstroke

1	Pronk, Bonnie	64	Masters Swimming of BC	1:29.50
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43.60	1:29.50 (45.90)
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Women 60-64 50 SC Meter Breaststroke

1	Delgado, Joan	61	North Whidbey Masters	58.40
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Women 60-64 100 SC Meter Breaststroke

1	Pronk, Bonnie	64	Masters Swimming of BC	1:34.88
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44.52	1:34.88 (50.36)
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Women 60-64 50 SC Meter Butterfly

1	Delgado, Joan	61	North Whidbey Masters	53.36
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Women 60-64 100 SC Meter Butterfly

1	Pronk, Bonnie	64	Masters Swimming of BC	1:34.72
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42.96	1:34.72 (51.76)
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Women 60-64 100 SC Meter IM

1	Delgado, Joan	61	North Whidbey Masters	1:47.17
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49.44	1:47.17 (57.73)
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Women 60-64 200 SC Meter IM

1	Pronk, Bonnie	64	Masters Swimming of BC	3:17.91
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44.88	1:36.36 (51.48)	2:32.10 (55.74)	3:17.91 (45.81)
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Women 65-69 200 SC Meter Freestyle

1	Amiad, Chaya	68	West Seattle YMCA Dolphins	5:46.33
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1:19.15	2:49.18 (1:30.03)	5:46.33 (2:57.15)
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Women 65-69 200 SC Meter Backstroke

1	Amiad, Chaya	68	West Seattle YMCA Dolphins	5:29.08
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2:41.91	4:06.76 ()	5:29.08 (1:22.32)
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Women 65-69 200 SC Meter Breaststroke

1	Amiad, Chaya	68	West Seattle YMCA Dolphins	6:49.23
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1:36.97	3:22.35 (1:45.38)	5:06.73 (1:44.38)	6:49.23 (1:42.50)
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Women 65-69 200 SC Meter Butterfly

1	Amiad, Chaya	68	West Seattle YMCA Dolphins	6:37.87
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2006 NWM PENTHALON - 9/24/2006**Results**

1:31.99 3:16.62 (1:44.63) 5:00.54 (1:43.92) 6:37.87 (1:37.33)

Women 65-69 400 SC Meter IM

1 Amiad, Chaya 68 West Seattle YMCA Dolphins 12:29.13

1:30.99 3:21.04 (1:50.05) 4:50.57 (1:29.53) 6:16.88 (1:26.31)
8:02.51 (1:45.63) 9:46.17 (1:43.66) 11:07.20 (1:21.03) 12:29.13 (1:21.93)**Women 70-74 200 SC Meter Freestyle**

1 Varty, Eulah 72 Masters Swimming of BC 3:56.95

55.28 1:55.67 (1:00.39) 2:57.38 (1:01.71) 3:56.95 (59.57)

Women 70-74 200 SC Meter Backstroke

1 Varty, Eulah 72 Masters Swimming of BC 4:31.74

1:04.08 2:12.70 (1:08.62) 3:23.83 (1:11.13) 4:31.74 (1:07.91)

Women 70-74 200 SC Meter Breaststroke

1 Varty, Eulah 72 Masters Swimming of BC 4:28.87

1:03.30 2:13.81 (1:10.51) 3:23.16 (1:09.35) 4:28.87 (1:05.71)

Women 70-74 200 SC Meter Butterfly

1 Varty, Eulah 72 Masters Swimming of BC 5:12.26

1:03.60 2:21.79 (1:18.19) 3:46.34 (1:24.55) 5:12.26 (1:25.92)

Women 70-74 400 SC Meter IM

1 Varty, Eulah 72 Masters Swimming of BC 9:04.98

1:05.70 2:23.69 (1:17.99) 3:33.60 (1:09.91) 4:41.65 (1:08.05)
5:51.97 (1:10.32) 7:02.67 (1:10.70) 8:03.86 (1:01.19) 9:04.98 (1:01.12)**Women 75-79 50 SC Meter Freestyle**

1 Kavadas, Janet 75 North End Otters 1:06.02

Women 75-79 50 SC Meter Backstroke

1 Kavadas, Janet 75 North End Otters 1:11.65

Women 75-79 50 SC Meter Breaststroke

1 Kavadas, Janet 75 North End Otters 1:14.43

Women 75-79 50 SC Meter Butterfly

1 Kavadas, Janet 75 North End Otters 1:42.96

Women 75-79 100 SC Meter IM

1 Kavadas, Janet 75 North End Otters 2:43.81

2006 NWM PENTHALON - 9/24/2006**Results**

1:27.05 2:43.81 (1:16.76)

Women 80-84 50 SC Meter Freestyle

1 de Leeuw, Elsa 82 White Rock Wave 50.75

Women 80-84 50 SC Meter Backstroke

1 de Leeuw, Elsa 82 White Rock Wave 1:04.41

Women 80-84 50 SC Meter Breaststroke

1 de Leeuw, Elsa 82 White Rock Wave 1:03.15

Women 80-84 100 SC Meter IM

1 de Leeuw, Elsa 82 White Rock Wave 2:14.73

1:09.53 2:14.73 (1:05.20)

Men 18-24 50 SC Meter Freestyle

1 Ciminski, Kyle 20 North Whidbey Masters 25.05

Men 18-24 50 SC Meter Backstroke1 Ciminski, Kyle 20 North Whidbey Masters **30.78 P****Men 18-24 50 SC Meter Breaststroke**1 Ciminski, Kyle 20 North Whidbey Masters **30.90 Z****Men 18-24 50 SC Meter Butterfly**1 Ciminski, Kyle 20 North Whidbey Masters **26.33 Z****Men 18-24 100 SC Meter IM**

1 Ciminski, Kyle 20 North Whidbey Masters 1:02.82

29.01 1:02.82 (33.81)

Men 25-29 50 SC Meter Freestyle

1 Bogdan, Sander 28 Pro Sports Club 29.47

2 Densmore, Robert 28 North Whidbey Masters 31.32

Men 25-29 100 SC Meter Freestyle

1 Schuster, Brent 26 North Whidbey Masters 1:04.23

30.38 1:04.23 (33.85)

Men 25-29 50 SC Meter Backstroke

1 Densmore, Robert 28 North Whidbey Masters 37.77

2006 NWM PENTHALON - 9/24/2006**Results**

2	Bogdan, Sander	28	Pro Sports Club	39.27
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Men 25-29 100 SC Meter Backstroke

1	Schuster, Brent	26	North Whidbey Masters	1:13.48
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35.52	1:13.48 (37.96)
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Men 25-29 50 SC Meter Breaststroke

1	Bogdan, Sander	28	Pro Sports Club	34.13
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2	Densmore, Robert	28	North Whidbey Masters	37.70
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Men 25-29 100 SC Meter Breaststroke

1	Schuster, Brent	26	North Whidbey Masters	1:29.87
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42.44	1:29.87 (47.43)
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Men 25-29 50 SC Meter Butterfly

1	Bogdan, Sander	28	Pro Sports Club	32.98
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2	Densmore, Robert	28	North Whidbey Masters	36.39
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Men 25-29 100 SC Meter Butterfly

1	Schuster, Brent	26	North Whidbey Masters	1:13.49
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33.65	1:13.49 (39.84)
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Men 25-29 100 SC Meter IM

1	Bogdan, Sander	28	Pro Sports Club	1:15.52
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36.79	1:15.52 (38.73)
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2	Densmore, Robert	28	North Whidbey Masters	1:18.74
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38.36	1:18.74 (40.38)
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Men 25-29 200 SC Meter IM

1	Schuster, Brent	26	North Whidbey Masters	2:45.85
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33.59	1:14.87 (41.28)	2:06.37 (51.50)	2:45.85 (39.48)
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Men 30-34 100 SC Meter Freestyle

1	Rosaria, Steven	32	Pro Sports Club	1:01.62
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28.98	1:01.62 (32.64)
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Men 30-34 50 SC Meter Backstroke

1	Rosaria, Steven	32	Pro Sports Club	35.46
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2	James, Israel	30	North Whidbey Masters	57.61
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2006 NWM PENTHALON - 9/24/2006**Results****Men 35-39 50 SC Meter Freestyle**

1	Ness, Kerry	37	Skagit Valley YMCA	36.46
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Men 35-39 100 SC Meter Freestyle

1	Kays, David	39	Pro Sports Club	1:01.72
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30.30	1:01.72 (31.42)
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Men 35-39 50 SC Meter Backstroke

1	Ness, Kerry	37	Skagit Valley YMCA	49.34
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Men 35-39 100 SC Meter Backstroke

1	Kays, David	39	Pro Sports Club	1:13.38
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36.57	1:13.38 (36.81)
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Men 35-39 50 SC Meter Breaststroke

1	Ness, Kerry	37	Skagit Valley YMCA	45.18
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Men 35-39 100 SC Meter Breaststroke

1	Kays, David	39	Pro Sports Club	1:17.08
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36.41	1:17.08 (40.67)
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Men 35-39 50 SC Meter Butterfly

1	Ness, Kerry	37	Skagit Valley YMCA	39.30
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Men 35-39 100 SC Meter Butterfly

1	Kays, David	39	Pro Sports Club	1:08.21
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32.04	1:08.21 (36.17)
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Men 35-39 100 SC Meter IM

1	Ness, Kerry	37	Skagit Valley YMCA	1:32.57
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43.83	1:32.57 (48.74)
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Men 35-39 200 SC Meter IM

1	Kays, David	39	Pro Sports Club	2:29.51
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32.12	1:13.28 (41.16)	1:55.72 (42.44)	2:29.51 (33.79)
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Men 40-44 50 SC Meter Freestyle

1	Abshire, Jof	41	Bellingham Masters Swim Club	27.02
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2	Turner, David	44	West Coast Aquatics Masters	29.14
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Men 40-44 100 SC Meter Freestyle

1	Norman, Charles	40	Unattached	1:06.04
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2006 NWM PENTHALON - 9/24/2006**Results**

31.94 1:06.04 (34.10)

Men 40-44 200 SC Meter Freestyle

1 Fish, Bob 43 Bellingham Masters Swim Club 2:17.00

32.16 1:07.29 (35.13) 1:42.60 (35.31) 2:17.00 (34.40)

Men 40-44 50 SC Meter Backstroke

1 Abshire, Jof 41 Bellingham Masters Swim Club 34.64

2 Turner, David 44 West Coast Aquatics Masters 39.05

Men 40-44 100 SC Meter Backstroke

1 Norman, Charles 40 Unattached 1:25.99

42.88 1:25.99 (43.11)

Men 40-44 200 SC Meter Backstroke

1 Fish, Bob 43 Bellingham Masters Swim Club 2:50.48

36.31 1:14.63 (38.32) 1:52.77 (38.14) 2:50.48 (57.71)

Men 40-44 50 SC Meter Breaststroke

1 Turner, David 44 West Coast Aquatics Masters 36.20

2 Abshire, Jof 41 Bellingham Masters Swim Club 38.59

Men 40-44 100 SC Meter Breaststroke

1 Norman, Charles 40 Unattached 1:19.83

38.42 1:19.83 (41.41)

Men 40-44 50 SC Meter Butterfly

1 Abshire, Jof 41 Bellingham Masters Swim Club 30.34

2 Fish, Bob 43 Bellingham Masters Swim Club 30.39

3 Turner, David 44 West Coast Aquatics Masters 32.96

Men 40-44 100 SC Meter Butterfly

1 Norman, Charles 40 Unattached 1:14.64

33.60 1:14.64 (41.04)

Men 40-44 100 SC Meter IM

1 Abshire, Jof 41 Bellingham Masters Swim Club 1:10.23

33.07 1:10.23 (37.16)

2 Turner, David 44 West Coast Aquatics Masters 1:18.49

2006 NWM PENTHALON - 9/24/2006**Results**

36.24 1:18.49 (42.25)

Men 40-44 200 SC Meter IM

1 Fish, Bob 43 Bellingham Masters Swim Club 2:31.45

32.61 1:11.43 (38.82) 1:56.24 (44.81) 2:31.45 (35.21)

2 Norman, Charles 40 Unattached 2:44.66

33.18 1:20.74 (47.56) 2:05.91 (45.17) 2:44.66 (38.75)

Men 45-49 50 SC Meter Freestyle

1 Baca, Jon 46 Thunderbird Aquatic Club Maste 26.29

Men 45-49 100 SC Meter Freestyle

1 Chinn, Colin 48 North Whidbey Masters 1:04.41

30.94 1:04.41 (33.47)

Men 45-49 200 SC Meter Freestyle

1 Kendal, Keith 45 Msa of BC 2:33.85

35.87 1:15.23 (39.36) 1:55.29 (40.06) 2:33.85 (38.56)

Men 45-49 50 SC Meter Backstroke

1 Baca, Jon 46 Thunderbird Aquatic Club Maste 37.81

Men 45-49 100 SC Meter Backstroke

1 Chinn, Colin 48 North Whidbey Masters 1:26.72

42.74 1:26.72 (43.98)

Men 45-49 200 SC Meter Backstroke

1 Kendal, Keith 45 Msa of BC 3:02.49

44.17 1:30.65 (46.48) 2:17.05 (46.40) 3:02.49 (45.44)

Men 45-49 50 SC Meter Breaststroke1 Baca, Jon 46 Thunderbird Aquatic Club Maste **32.68 Z****Men 45-49 100 SC Meter Breaststroke**

1 Chinn, Colin 48 North Whidbey Masters 1:29.19

42.38 1:29.19 (46.81)

Men 45-49 200 SC Meter Breaststroke

1 Kendal, Keith 45 Msa of BC 3:10.34

43.90 1:32.05 (48.15) 2:21.40 (49.35) 3:10.34 (48.94)

Men 45-49 50 SC Meter Butterfly

1 Baca, Jon 46 Thunderbird Aquatic Club Maste 29.01

2006 NWM PENTHALON - 9/24/2006**Results****Men 45-49 100 SC Meter Butterfly**

1	Chinn, Colin	48	North Whidbey Masters	1:26.67
	38.11		1:26.67 (48.56)	

Men 45-49 100 SC Meter IM

1	Baca, Jon	46	Thunderbird Aquatic Club Maste	1:12.18
	36.27		1:12.18 (35.91)	

Men 45-49 200 SC Meter IM

1	Kendal, Keith	45	Msa of BC	2:54.81
	37.74		1:27.34 (49.60) 2:15.14 (47.80) 2:54.81 (39.67)	
2	Chinn, Colin	48	North Whidbey Masters	3:04.22
	40.04		1:30.93 (50.89) 2:22.68 (51.75) 3:04.22 (41.54)	

Men 50-54 50 SC Meter Freestyle

1	Mathisen, Chris	50	White Rock Wave	32.75
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Men 50-54 200 SC Meter Freestyle

1	McManus, John	52	Masters Swimming of BC	2:31.08
	34.86		1:12.55 (37.69) 1:52.16 (39.61) 2:31.08 (38.92)	

Men 50-54 50 SC Meter Backstroke

1	Mathisen, Chris	50	White Rock Wave	36.28
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Men 50-54 200 SC Meter Backstroke

1	McManus, John	52	Masters Swimming of BC	3:00.94
	41.63		1:27.98 (46.35) 2:16.01 (48.03) 3:00.94 (44.93)	

Men 50-54 50 SC Meter Breaststroke

1	Mathisen, Chris	50	White Rock Wave	41.89
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Men 50-54 200 SC Meter Breaststroke

1	McManus, John	52	Masters Swimming of BC	3:17.17
	44.18		1:33.71 (49.53) 2:25.04 (51.33) 3:17.17 (52.13)	

Men 50-54 50 SC Meter Butterfly

1	Mathisen, Chris	50	White Rock Wave	37.62
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Men 50-54 200 SC Meter Butterfly

1	McManus, John	52	Masters Swimming of BC	3:10.93
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2006 NWM PENTHALON - 9/24/2006**Results**

39.86 1:27.10 (47.24) 2:17.41 (50.31) 3:10.93 (53.52)

Men 50-54 100 SC Meter IM

1 Mathisen, Chris 50 White Rock Wave 1:25.48

37.58 1:25.48 (47.90)

Men 50-54 400 SC Meter IM

1 McManus, John 52 Masters Swimming of BC 6:16.02

40.77 1:28.60 (47.83) 2:17.87 (49.27) 3:07.68 (49.81)
4:02.32 (54.64) 4:55.96 (53.64) 5:35.72 (39.76) 6:16.02 (40.30)**Men 55-59 50 SC Meter Freestyle**

1 Joannides, Gregory A 58 Unattached 35.51

2 Carlson, Craig 59 North Whidbey Masters 35.63

3 Spence, Michael 55 North Whidbey Masters 40.93

4 Hansen, Ron 57 Skagit Valley YMCA 42.33

Men 55-59 100 SC Meter Freestyle

1 Spence, Michael 55 North Whidbey Masters 1:36.66

44.88 1:36.66 (51.78)

Men 55-59 200 SC Meter Freestyle

1 Hansen, Ron 57 Skagit Valley YMCA 3:25.43

49.16 1:41.37 (52.21) 3:25.56 (1:44.19) 3:25.43 ()

Men 55-59 1500 SC Meter Freestyle

1 Hansen, Ron 57 Skagit Valley YMCA 27:22.70

6.54 27:22.70 (27:16.16)

Men 55-59 50 SC Meter Backstroke

1 Joannides, Gregory A 58 Unattached 43.05

2 Carlson, Craig 59 North Whidbey Masters 44.06

Men 55-59 200 SC Meter Backstroke

1 Hansen, Ron 57 Skagit Valley YMCA 3:48.14

55.18 1:53.40 (58.22) 3:48.14 (1:54.74)

Men 55-59 50 SC Meter Breaststroke

1 Joannides, Gregory A 58 Unattached 41.94

2 Carlson, Craig 59 North Whidbey Masters 44.74

2006 NWM PENTHALON - 9/24/2006**Results**

3 Spence, Michael 55 North Whidbey Masters 54.52

Men 55-59 100 SC Meter Breaststroke

1 Spence, Michael 55 North Whidbey Masters 2:01.50

54.80 2:01.50 (1:06.70)

Men 55-59 200 SC Meter Breaststroke

1 Hansen, Ron 57 Skagit Valley YMCA 4:02.41

53.36 1:55.10 (1:01.74) 3:01.32 (1:06.22) 4:02.41 (1:01.09)

Men 55-59 50 SC Meter Butterfly

1 Carlson, Craig 59 North Whidbey Masters 41.69

2 Joannides, Gregory A 58 Unattached 49.07

Men 55-59 100 SC Meter IM

1 Carlson, Craig 59 North Whidbey Masters 1:30.42

43.16 1:30.42 (47.26)

2 Joannides, Gregory A 58 Unattached 1:36.92

44.80 1:36.92 (52.12)

Men 60-64 50 SC Meter Freestyle

1 Schaefer, Don 62 South Whidbey Island Masters 34.72

Men 60-64 100 SC Meter Freestyle

1 Kimball, Hugh 60 Greenlake Aquaducks 1:24.43

40.12 1:24.43 (44.31)

Men 60-64 1500 SC Meter Freestyle

1 Peterson, Steven 60 Old Olympic Peninsula Swimmers **21:55.60 P**

22.86 21:55.60 (21:32.74)

Men 60-64 100 SC Meter Backstroke

1 Kimball, Hugh 60 Greenlake Aquaducks 1:54.88

54.59 1:54.88 (1:00.29)

Men 60-64 100 SC Meter Breaststroke

1 Kimball, Hugh 60 Greenlake Aquaducks 1:47.68

50.81 1:47.68 (56.87)

Men 60-64 100 SC Meter Butterfly

1 Kimball, Hugh 60 Greenlake Aquaducks 1:39.61

2006 NWM PENTHALON - 9/24/2006**Results**

42.00 1:39.61 (57.61)

Men 60-64 200 SC Meter Butterfly1 Peterson, Steven 60 Old Olympic Peninsula Swimmers **3:35.24 P**

46.48 1:43.09 (56.61) 2:39.68 (56.59) 3:35.24 (55.56)

Men 60-64 200 SC Meter IM

1 Kimball, Hugh 60 Greenlake Aquaducks 3:40.22

1:47.85 2:52.63 () 3:40.22 (47.59)

Men 60-64 400 SC Meter IM

1 Peterson, Steven 60 Old Olympic Peninsula Swimmers 6:21.15

44.11 1:39.25 (55.14) 2:29.96 (50.71) 3:20.35 (50.39)
4:07.77 (47.42) 4:56.15 (48.38) 5:39.28 (43.13) 6:21.15 (41.87)**Men 65-69 50 SC Meter Freestyle**

1 Carlson, Lee 66 North Whidbey Masters 38.72

Men 65-69 100 SC Meter Freestyle

1 McDougall, Allan 65 North Whidbey Masters 1:20.58

38.10 1:20.58 (42.48)

Men 65-69 50 SC Meter Backstroke

1 Carlson, Lee 66 North Whidbey Masters 44.80

Men 65-69 100 SC Meter Backstroke1 McDougall, Allan 65 North Whidbey Masters **1:28.88 P**

43.49 1:28.88 (45.39)

2 Reid, Walt 66 Ft. Steilacoom - Wako 1:34.13

44.72 1:34.13 (49.41)

Men 65-69 50 SC Meter Breaststroke

1 Reid, Walt 66 Ft. Steilacoom - Wako 42.75

2 Carlson, Lee 66 North Whidbey Masters 50.33

Men 65-69 100 SC Meter Breaststroke1 McDougall, Allan 65 North Whidbey Masters **1:33.01 P**

44.31 1:33.01 (48.70)

Men 65-69 50 SC Meter Butterfly

1 Carlson, Lee 66 North Whidbey Masters 47.89

2006 NWM PENTHALON - 9/24/2006**Results****Men 65-69 100 SC Meter Butterfly**

1	McDougall, Allan	65	North Whidbey Masters	1:50.09
	49.63		1:50.09 (1:00.46)	

Men 65-69 100 SC Meter IM

1	Reid, Walt	66	Ft. Steilacoom - Wako	1:31.57
	42.34		1:31.57 (49.23)	
2	Carlson, Lee	66	North Whidbey Masters	1:42.23
	45.86		1:42.23 (56.37)	

Men 65-69 200 SC Meter IM

1	McDougall, Allan	65	North Whidbey Masters	3:16.58 P
	49.32		1:37.48 (48.16) 2:30.20 (52.72) 3:16.58 (46.38)	

Men 70-74 100 SC Meter Freestyle

1	Foley, Tom	72	Tigers	2:10.69
	1:03.32		2:10.69 (1:07.37)	

Men 70-74 200 SC Meter Freestyle

1	King, Bill	73	Oregon	3:07.67
	43.95		1:31.83 (47.88) 2:21.00 (49.17) 3:07.67 (46.67)	

Men 70-74 100 SC Meter Backstroke

1	Foley, Tom	72	Tigers	2:13.54
	1:03.23		2:13.54 (1:10.31)	

Men 70-74 100 SC Meter Breaststroke

1	Foley, Tom	72	Tigers	2:30.79
	1:10.52		2:30.79 (1:20.27)	

Men 70-74 100 SC Meter Butterfly

1	Foley, Tom	72	Tigers	2:52.61
	1:17.19		2:52.61 (1:35.42)	

Men 70-74 200 SC Meter IM

1	Foley, Tom	72	Tigers	4:59.55
	1:20.25		2:30.10 (1:09.85) 3:54.04 (1:23.94) 4:59.55 (1:05.51)	

Men 75-79 200 SC Meter Freestyle

1	Prosser, Harvey	78	North Whidbey Masters	3:18.88
	45.41		1:35.38 (49.97) 2:27.88 (52.50) 3:18.88 (51.00)	

Men 75-79 200 SC Meter Backstroke

2006 NWM PENTHALON - 9/24/2006**Results**

1	Prosser, Harvey	78	North Whidbey Masters	4:14.64
	1:02.24	2:07.83 (1:05.59)	3:14.00 (1:06.17)	4:14.64 (1:00.64)
Men 75-79 200 SC Meter Breaststroke				
1	Prosser, Harvey	78	North Whidbey Masters	4:40.37
	1:04.06	2:15.49 (1:11.43)	3:29.02 (1:13.53)	4:40.37 (1:11.35)
Men 75-79 200 SC Meter Butterfly				
1	Prosser, Harvey	78	North Whidbey Masters	5:23.60
	1:01.79	2:26.20 (1:24.41)	3:55.96 (1:29.76)	5:23.60 (1:27.64)
Men 75-79 400 SC Meter IM				
1	Prosser, Harvey	78	North Whidbey Masters	8:58.62
	1:08.79	2:32.91 (1:24.12)	4:49.58 (2:16.67)	6:02.27 (1:12.69)
	7:17.02 (1:14.75)	8:08.97 (51.95)	8:58.62 (49.65)	
Men 80-84 200 SC Meter Freestyle				
1	Strong, Doug	81	Doc IU Masters Swimming	4:42.44
	1:11.26	2:27.49 (1:16.23)	3:39.22 (1:11.73)	4:42.44 (1:03.22)
Men 80-84 200 SC Meter Backstroke				
1	Strong, Doug	81	Doc IU Masters Swimming	6:31.09
	1:37.99	3:17.36 (1:39.37)	4:55.54 (1:38.18)	6:31.09 (1:35.55)
Men 80-84 200 SC Meter Breaststroke				
1	Strong, Doug	81	Doc IU Masters Swimming	9:10.72
	2:15.69	4:41.61 (2:25.92)	7:00.39 (2:18.78)	9:10.72 (2:10.33)
Men 80-84 200 SC Meter Butterfly				
1	Strong, Doug	81	Doc IU Masters Swimming	10:24.09
	2:34.95	5:16.53 (2:41.58)	7:49.41 (2:32.88)	10:24.09 (2:34.68)
Men 80-84 400 SC Meter IM				
1	Strong, Doug	81	Doc IU Masters Swimming	15:39.71
	2:37.85	5:17.29 (2:39.44)	6:54.61 (1:37.32)	8:33.83 (1:39.22)
	11:02.39 (2:28.56)	13:24.58 (2:22.19)	14:36.21 (1:11.63)	15:39.71 (1:03.50)