

**2008 PNA Short Course Meters - 2/17/2008**  
**Hosted by the Bellevue Club, Sanction #: 0367-03**  
**Results - Welcome to the Bellevue Club**

**Women 18-24 50 SC Meter Freestyle**

Name	Age	Team	Finals Time
1 Pierce, Shona	22	Western WA U Masters-PN	29.48
2 Dowdle, Angie	19	Western WA U Masters-PN	32.65
3 Mar, Emiko	22	Western WA U Masters-PN	32.70
4 Naylor, Elisha	22	Western WA U Masters-PN	34.08

**Women 18-24 100 SC Meter Freestyle**

1 Dowdle, Angie	19	Western WA U Masters-PN	1:09.96
33.27	1:09.96 (36.69)		
2 Hillis, Tinnel	20	Western WA U Masters-PN	1:17.11
36.93	1:17.11 (40.18)		

**Women 18-24 200 SC Meter Freestyle**

1 Dowdle, Angie	19	Western WA U Masters-PN	2:36.14
36.28	1:16.01 (39.73)	1:57.00 (40.99)	2:36.14 (39.14)
2 Coulson, Emma	23	Federal Way Masters-PN	2:47.23
37.22	1:19.86 (42.64)	2:03.73 (43.87)	2:47.23 (43.50)
--- Wade, Shelby	23	Skagit Valley YMCA-PN	NS

**Women 18-24 400 SC Meter Freestyle**

1 Cox, Allison	24	Bellevue Eastside Masters-PN	<b>4:54.11 Z</b>
34.38	1:11.81 (37.43)	1:49.55 (37.74)	2:27.60 (38.05)
3:04.92 (37.32)	3:42.37 (37.45)	4:20.01 (37.64)	4:54.11 (34.10)
2 Dowdle, Angie	19	Western WA U Masters-PN	5:23.39
35.59	1:15.00 (39.41)	1:55.79 (40.79)	2:37.18 (41.39)
3:18.11 (40.93)	4:00.12 (42.01)	4:42.22 (42.10)	5:23.39 (41.17)

**Women 18-24 50 SC Meter Backstroke**

1 Pierce, Shona	22	Western WA U Masters-PN	<b>34.01 Z</b>
2 Cox, Allison	24	Bellevue Eastside Masters-PN	34.69
3 Coulson, Emma	23	Federal Way Masters-PN	37.51
4 Naylor, Elisha	22	Western WA U Masters-PN	38.98
--- Wade, Shelby	23	Skagit Valley YMCA-PN	NS

**Women 18-24 100 SC Meter Backstroke**

1 Pierce, Shona	22	Western WA U Masters-PN	1:16.09
36.77	1:16.09 (39.32)		
2 Coulson, Emma	23	Federal Way Masters-PN	1:19.42
38.26	1:19.42 (41.16)		
3 Naylor, Elisha	22	Western WA U Masters-PN	1:26.27
41.47	1:26.27 (44.80)		
--- Wade, Shelby	23	Skagit Valley YMCA-PN	NS

**Women 18-24 200 SC Meter Backstroke**

1 Coulson, Emma	23	Federal Way Masters-PN	2:45.63
38.24	1:19.81 (41.57)	2:03.08 (43.27)	2:45.63 (42.55)
2 Naylor, Elisha	22	Western WA U Masters-PN	3:09.26
41.28	1:29.17 (47.89)	2:20.05 (50.88)	3:09.26 (49.21)

**Women 18-24 50 SC Meter Breaststroke**

--- Wade, Shelby	23	Skagit Valley YMCA-PN	NS
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**Women 18-24 50 SC Meter Butterfly**

1 Pierce, Shona	22	Western WA U Masters-PN	34.36
2 Mar, Emiko	22	Western WA U Masters-PN	36.96

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3 Hillis, Tinnel 20 Western WA U Masters-PN 38.59

**Women 18-24 100 SC Meter Butterfly**

1 Hillis, Tinnel 20 Western WA U Masters-PN 1:29.49  
42.44 1:29.49 (47.05)

**Women 18-24 100 SC Meter IM**

1 Pierce, Shona 22 Western WA U Masters-PN 1:14.78  
34.88 1:14.78 (39.90)  
--- Wade, Shelby 23 Skagit Valley YMCA-PN NS

**Women 18-24 200 SC Meter IM**

1 Dowdle, Angie 19 Western WA U Masters-PN 3:06.31  
40.42 1:30.32 (49.90) 2:25.54 (55.22) 3:06.31 (40.77)

**Women 18-24 400 SC Meter IM**

--- Coulson, Emma 23 Federal Way Masters-PN DQ  
Shoulders not at or past vertical towards breast off the wall - breast

**Women 25-29 50 SC Meter Freestyle**

1 Ellis, Aaron 28 Ohana Swim Team-PN 38.53  
2 Marcy, Marcia 29 Ohana Swim Team-PN 39.19

**Women 25-29 100 SC Meter Freestyle**

1 Ellis, Aaron 28 Ohana Swim Team-PN 1:29.89  
42.36 1:29.89 (47.53)

**Women 25-29 400 SC Meter Freestyle**

1 Marcy, Marcia 29 Ohana Swim Team-PN 7:42.89  
44.99 1:37.81 (52.82) 2:36.30 (58.49) 3:35.18 (58.88)  
4:36.83 (1:01.65) 5:40.09 (1:03.26) 6:41.27 (1:01.18) 7:42.89 (1:01.62)

**Women 25-29 100 SC Meter Backstroke**

1 Foley, Jacquelyn 26 Columbia Athletic Masters-PN 1:13.92  
35.76 1:13.92 (38.16)

**Women 25-29 200 SC Meter Backstroke**

1 Foley, Jacquelyn 26 Columbia Athletic Masters-PN **2:32.34 Z**  
35.66 1:13.89 (38.23) 1:53.29 (39.40) 2:32.34 (39.05)

**Women 25-29 50 SC Meter Breaststroke**

1 Ellis, Aaron 28 Ohana Swim Team-PN 50.10

**Women 25-29 100 SC Meter Breaststroke**

--- Ellis, Aaron 28 Ohana Swim Team-PN NS

**Women 25-29 50 SC Meter Butterfly**

1 Marcy, Marcia 29 Ohana Swim Team-PN 48.25

**Women 25-29 100 SC Meter IM**

--- Marcy, Marcia 29 Ohana Swim Team-PN NS

**Women 25-29 200 SC Meter IM**

--- Lorton, Kimberly 29 Bellevue Club Masters-PN NS

**Women 30-34 50 SC Meter Freestyle**

1 Philipps, Colleen 32 Team Luna-PN **28.78 P**

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--- Schweiger, Kami 30 West Seattle YMCA Dolphins-PN NS

**Women 30-34 100 SC Meter Freestyle**

1	Philipps, Colleen	32	Team Luna-PN	<b>1:01.04 Z</b>
	29.44		1:01.04 (31.60)	
2	Demeritt, Allison	33	Queen Anne Swim Club-PN	1:12.31
	34.23		1:12.31 (38.08)	
---	Schweiger, Kami	30	West Seattle YMCA Dolphins-PN	NS

**Women 30-34 200 SC Meter Freestyle**

--- Schweiger, Kami 30 West Seattle YMCA Dolphins-PN NS

**Women 30-34 400 SC Meter Freestyle**

1	Dillon, Jean	34	Lynnwood Sharks-PN	5:11.23
	35.16		1:12.91 (37.75) 1:51.54 (38.63) 2:31.11 (39.57)	
	3:10.85 (39.74)		3:51.63 (40.78) 4:32.26 (40.63) 5:11.23 (38.97)	
2	Demeritt, Allison	33	Queen Anne Swim Club-PN	5:19.11
	35.80		1:15.66 (39.86) 1:56.05 (40.39) 2:36.72 (40.67)	
	3:17.59 (40.87)		3:58.71 (41.12) 4:39.37 (40.66) 5:19.11 (39.74)	
3	Ellis, Emlie	33	Unattached-PN	5:29.00
	35.92		1:15.40 (39.48) 1:56.37 (40.97) 2:38.84 (42.47)	
	3:21.43 (42.59)		4:03.72 (42.29) 4:46.51 (42.79) 5:29.00 (42.49)	

**Women 30-34 1500 SC Meter Freestyle**

1	Ellis, Emlie	33	Unattached-PN	21:41.82
	39.32		1:20.93 (41.61) 2:03.47 (42.54) 2:47.08 (43.61)	
	3:30.58 (43.50)		4:14.13 (43.55) 4:57.98 (43.85) 5:42.26 (44.28)	
	6:25.97 (43.71)		7:10.08 (44.11) 7:54.23 (44.15) 8:38.39 (44.16)	
	9:21.68 (43.29)		10:05.98 (44.30) 10:50.03 (44.05) 11:33.52 (43.49)	
	12:17.19 (43.67)		13:00.28 (43.09) 13:44.05 (43.77) 14:28.60 (44.55)	
	15:12.47 (43.87)		15:56.54 (44.07) 16:40.38 (43.84) 17:24.12 (43.74)	
	18:08.01 (43.89)		18:50.93 (42.92) 19:33.90 (42.97) 20:17.61 (43.71)	
	21:00.61 (43.00)		21:41.82 (41.21)	

**Women 30-34 100 SC Meter Backstroke**

--- Schweiger, Kami 30 West Seattle YMCA Dolphins-PN NS

**Women 30-34 200 SC Meter Backstroke**

1	Ellis, Emlie	33	Unattached-PN	2:58.39
	42.99		1:28.65 (45.66) 2:13.89 (45.24) 2:58.39 (44.50)	

**Women 30-34 50 SC Meter Breaststroke**

1	Dillon, Jean	34	Lynnwood Sharks-PN	37.90
2	Demeritt, Allison	33	Queen Anne Swim Club-PN	40.42

**Women 30-34 100 SC Meter Breaststroke**

1	Dillon, Jean	34	Lynnwood Sharks-PN	1:22.32
	39.80		1:22.32 (42.52)	
---	Demeritt, Allison	33	Queen Anne Swim Club-PN	NS

**Women 30-34 50 SC Meter Butterfly**

1	Philipps, Colleen	32	Team Luna-PN	32.49
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**Women 30-34 100 SC Meter IM**

1	Dillon, Jean	34	Lynnwood Sharks-PN	1:16.51
	38.15		1:16.51 (38.36)	

**Women 30-34 200 SC Meter IM**

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1	Philipps, Colleen	32	Team Luna-PN		<b>2:33.92 Z</b>
	33.91	1:13.92 (40.01)	2:00.10 (46.18)	2:33.92 (33.82)	
2	Ellis, Emlie	33	Unattached-PN		2:57.20
	40.23	1:28.00 (47.77)	2:17.97 (49.97)	2:57.20 (39.23)	
---	Demeritt, Allison	33	Queen Anne Swim Club-PN		NS

**Women 30-34 400 SC Meter IM**

1	Ellis, Emlie	33	Unattached-PN		6:18.16
	42.26	1:32.07 (49.81)	2:20.41 (48.34)	3:07.96 (47.55)	
	4:00.46 (52.50)	4:55.06 (54.60)	5:36.16 (41.10)	6:18.16 (42.00)	

**Women 35-39 50 SC Meter Freestyle**

1	Kim, Nellis	38	Federal Way Masters-PN		33.63
2	McCullough, Janae	38	Ohana Swim Team-PN		40.95
---	Singer, Shannon	37	Skagit Valley YMCA-PN		NS
---	Ward, Jenny	37	West Seattle YMCA Dolphins-PN		NS

**Women 35-39 100 SC Meter Freestyle**

1	Lassen, Megan	38	Bellingham Masters Swim Club-P		1:09.21
	33.93	1:09.21 (35.28)			
---	Scriven, Suzanne	39	GYTBS		NS
---	Ward, Jenny	37	West Seattle YMCA Dolphins-PN		NS

**Women 35-39 200 SC Meter Freestyle**

1	Lassen, Megan	38	Bellingham Masters Swim Club-P		2:37.57
	36.77	1:17.53 (40.76)	1:58.25 (40.72)	2:37.57 (39.32)	
2	Faulds, Leonore	35	Swim Seattle Redhawk Masters-P		3:29.08
	47.46	1:39.50 (52.04)	2:34.42 (54.92)	3:29.08 (54.66)	

**Women 35-39 400 SC Meter Freestyle**

1	Scriven, Suzanne	39	GYTBS		5:11.26
	35.00	1:12.99 (37.99)	1:52.06 (39.07)	2:31.51 (39.45)	
	3:11.30 (39.79)	3:51.55 (40.25)	4:31.47 (39.92)	5:11.26 (39.79)	
2	Lassen, Megan	38	Bellingham Masters Swim Club-P		5:17.17
	36.15	1:16.47 (40.32)	1:57.21 (40.74)	2:38.13 (40.92)	
	3:19.37 (41.24)	3:59.73 (40.36)	4:39.08 (39.35)	5:17.17 (38.09)	
3	Singer, Shannon	37	Skagit Valley YMCA-PN		7:00.88
	48.85	1:41.71 (52.86)	2:34.80 (53.09)	3:28.45 (53.65)	
	4:23.56 (55.11)	5:17.73 (54.17)	6:10.65 (52.92)	7:00.88 (50.23)	
4	McCullough, Janae	38	Ohana Swim Team-PN		7:05.66
	45.38	1:37.17 (51.79)	2:30.58 (53.41)	3:27.92 (57.34)	
	4:23.32 (55.40)	5:17.42 (54.10)	6:14.21 (56.79)	7:05.66 (51.45)	

**Women 35-39 1500 SC Meter Freestyle**

1	Faulds, Leonore	35	Swim Seattle Redhawk Masters-P		27:18.78
	48.56	1:41.20 (52.64)	2:33.96 (52.76)	3:28.53 (54.57)	
	4:23.94 (55.41)	5:18.67 (54.73)	6:14.30 (55.63)	7:09.03 (54.73)	
	8:04.60 (55.57)	9:00.11 (55.51)	9:55.00 (54.89)	10:49.25 (54.25)	
	11:43.55 (54.30)	12:38.27 (54.72)	13:33.24 (54.97)	14:28.49 (55.25)	
	15:22.93 (54.44)	16:18.21 (55.28)	17:12.76 (54.55)	18:07.15 (54.39)	
	19:01.83 (54.68)	19:57.03 (55.20)	20:53.23 (56.20)	21:50.08 (56.85)	
	22:44.53 (54.45)	23:39.97 (55.44)	24:35.76 (55.79)	25:30.84 (55.08)	
	26:25.19 (54.35)	27:18.78 (53.59)			
2	Singer, Shannon	37	Skagit Valley YMCA-PN		28:42.98
	53.70	1:49.01 (55.31)	2:47.45 (58.44)	3:45.01 (57.56)	
	4:42.21 (57.20)	5:40.15 (57.94)	6:39.24 (59.09)	7:38.22 (58.98)	
	8:35.35 (57.13)	9:32.87 (57.52)	10:31.01 (58.14)	11:29.13 (58.12)	
	12:26.61 (57.48)	13:24.45 (57.84)	14:22.98 (58.53)	15:20.92 (57.94)	
	16:18.80 (57.88)	17:17.68 (58.88)	18:16.07 (58.39)	19:15.47 (59.40)	

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20:13.64 (58.17)	21:10.41 (56.77)	22:07.84 (57.43)	23:03.48 (55.64)
24:01.32 (57.84)	24:59.41 (58.09)	25:56.90 (57.49)	26:54.41 (57.51)
27:50.36 (55.95)	28:42.98 (52.62)		

**Women 35-39 50 SC Meter Backstroke**

--- Ward, Jenny 37 West Seattle YMCA Dolphins-PN NS

**Women 35-39 100 SC Meter Backstroke**

1 McCullough, Janae 38 Ohana Swim Team-PN 1:49.90  
52.46 1:49.90 (57.44)

**Women 35-39 200 SC Meter Backstroke**

1 Singer, Shannon 37 Skagit Valley YMCA-PN 3:44.99  
53.59 1:50.93 (57.34) 2:49.97 (59.04) 3:44.99 (55.02)

**Women 35-39 50 SC Meter Breaststroke**

1 Hegeberg, Linda 38 Bellingham Masters Swim Club-P 37.71  
2 McCullough, Janae 38 Ohana Swim Team-PN 55.98  
--- Tinker, Angela 39 Unattached-PN NS

**Women 35-39 100 SC Meter Breaststroke**

1 Faulds, Leonore 35 Swim Seattle Redhawk Masters-P 1:58.18  
57.09 1:58.18 (1:01.09)  
--- Tinker, Angela 39 Unattached-PN NS

**Women 35-39 200 SC Meter Breaststroke**

1 Hegeberg, Linda 38 Bellingham Masters Swim Club-P 2:54.62  
41.17 1:25.49 (44.32) 2:09.96 (44.47) 2:54.62 (44.66)  
--- Tinker, Angela 39 Unattached-PN NS

**Women 35-39 50 SC Meter Butterfly**

--- Ward, Jenny 37 West Seattle YMCA Dolphins-PN NS

**Women 35-39 100 SC Meter IM**

1 Singer, Shannon 37 Skagit Valley YMCA-PN 1:44.99  
48.60 1:44.99 (56.39)  
2 McCullough, Janae 38 Ohana Swim Team-PN 1:46.73  
51.06 1:46.73 (55.67)  
3 Faulds, Leonore 35 Swim Seattle Redhawk Masters-P 1:51.05  
56.81 1:51.05 (54.24)  
--- Tinker, Angela 39 Unattached-PN NS

**Women 35-39 200 SC Meter IM**

1 Hegeberg, Linda 38 Bellingham Masters Swim Club-P **2:39.06 Z**  
35.54 1:16.27 (40.73) 2:02.34 (46.07) 2:39.06 (36.72)

**Women 35-39 400 SC Meter IM**

--- Lassen, Megan 38 Bellingham Masters Swim Club- 6:14.44  
42.84 2:18.13 (1:35.29) 3:06.12 (47.99) 3:56.86 (50.74)  
4:49.99 (53.13) 5:32.04 (42.05) 6:14.44 (42.40)

**Women 40-44 50 SC Meter Freestyle**

1 Antilla, Kristine 40 Ohana Swim Team-PN 37.13  
2 Way, Suzanne 44 Lynnwood Sharks-PN 37.99

**Women 40-44 100 SC Meter Freestyle**

1 Quistorf, Renee 44 North End Otters-PN 1:15.96

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	37.93	1:15.96 (38.03)		
2	Way, Suzanne		44 Lynnwood Sharks-PN	1:24.48
	40.77	1:24.48 (43.71)		

**Women 40-44 400 SC Meter Freestyle**

1	Way, Suzanne		44 Lynnwood Sharks-PN	6:44.24
	46.44	1:37.24 (50.80)	2:29.49 (52.25)	3:21.37 (51.88)
	4:13.05 (51.68)	5:03.96 (50.91)	5:55.32 (51.36)	6:44.24 (48.92)

**Women 40-44 1500 SC Meter Freestyle**

1	Scher, Lisa		41 Columbia Athletic Masters-PN	24:07.55
	39.70	1:24.86 (45.16)	2:13.03 (48.17)	3:02.73 (49.70)
	3:52.18 (49.45)	4:41.49 (49.31)	5:30.94 (49.45)	6:19.96 (49.02)
	7:09.64 (49.68)	7:58.44 (48.80)	8:47.05 (48.61)	9:35.93 (48.88)
	10:24.48 (48.55)	11:13.30 (48.82)	12:01.79 (48.49)	12:50.37 (48.58)
	13:38.52 (48.15)	14:26.85 (48.33)	15:15.48 (48.63)	16:03.77 (48.29)
	16:52.05 (48.28)	17:39.90 (47.85)	18:29.11 (49.21)	19:18.17 (49.06)
	20:06.19 (48.02)	20:54.51 (48.32)	21:43.40 (48.89)	22:32.32 (48.92)
	23:21.27 (48.95)	24:07.55 (46.28)		

**Women 40-44 100 SC Meter Backstroke**

1	Quistorf, Renee		44 North End Otters-PN	1:28.15
	43.72	1:28.15 (44.43)		
2	Herbert, Rachel		41 Unattached-PN	1:41.72
	50.56	1:41.72 (51.16)		
---	Way, Suzanne		44 Lynnwood Sharks-PN	DQ
	Non-continuous turning action			

**Women 40-44 200 SC Meter Backstroke**

1	Quistorf, Renee		44 North End Otters-PN	3:13.90
	43.27	1:30.18 (46.91)	2:20.62 (50.44)	3:13.90 (53.28)

**Women 40-44 50 SC Meter Breaststroke**

1	Antilla, Kristine		40 Ohana Swim Team-PN	46.81
2	Rodeheffer, Catie		42 North Whidbey Masters-PN	47.19
3	Way, Suzanne		44 Lynnwood Sharks-PN	57.35

**Women 40-44 100 SC Meter Breaststroke**

1	Antilla, Kristine		40 Ohana Swim Team-PN	1:42.62
	50.62	1:42.62 (52.00)		
2	Rodeheffer, Catie		42 North Whidbey Masters-PN	1:48.74
	53.58	1:48.74 (55.16)		

**Women 40-44 50 SC Meter Butterfly**

1	Antilla, Kristine		40 Ohana Swim Team-PN	41.84
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**Women 40-44 100 SC Meter IM**

1	Quistorf, Renee		44 North End Otters-PN	1:27.88
	40.23	1:27.88 (47.65)		
2	Antilla, Kristine		40 Ohana Swim Team-PN	1:35.84
	47.45	1:35.84 (48.39)		
3	Rodeheffer, Catie		42 North Whidbey Masters-PN	1:38.76
	49.85	1:38.76 (48.91)		

**Women 40-44 200 SC Meter IM**

1	Quistorf, Renee		44 North End Otters-PN	3:13.01
	44.45	1:32.09 (47.64)	2:30.55 (58.46)	3:13.01 (42.46)

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**Women 40-44 400 SC Meter IM**

1	Rodeheffer, Catie	42	North Whidbey Masters-PN	7:32.71
	54.95	1:58.12 (1:03.17)	2:53.36 (55.24)	3:49.20 (55.84)
	4:47.68 (58.48)	5:49.17 (1:01.49)	6:41.76 (52.59)	7:32.71 (50.95)

**Women 45-49 50 SC Meter Freestyle**

1	Dahl, Lisa	47	Unattached-PN	28.76
2	Speir, Kris	45	Ohana Swim Team-PN	33.38
3	Klieman, Becky	45	North Whidbey Masters-PN	34.06
4	Rasmussen, Joni	46	Ohana Swim Team-PN	51.75
---	Spenser, Tracey	48	West Seattle YMCA Dolphins-PN	NS

**Women 45-49 100 SC Meter Freestyle**

1	Speir, Kris	45	Ohana Swim Team-PN	1:13.24
	34.82	1:13.24 (38.42)		
2	Rasmussen, Joni	46	Ohana Swim Team-PN	2:08.63
	57.58	2:08.63 (1:11.05)		

**Women 45-49 200 SC Meter Freestyle**

1	Simpson, Suzanne	48	Unattached-SP	2:18.40
	32.40	1:07.14 (34.74)	1:42.68 (35.54)	2:18.40 (35.72)
2	Lee, Laura	47	Unattached-PN	4:40.30
	55.23	2:07.25 (1:12.02)	3:24.47 (1:17.22)	4:40.30 (1:15.83)

**Women 45-49 400 SC Meter Freestyle**

1	Speir, Kris	45	Ohana Swim Team-PN	6:01.36
	40.20	1:25.91 (45.71)	2:12.56 (46.65)	2:59.21 (46.65)
	3:45.69 (46.48)	4:32.61 (46.92)	5:18.74 (46.13)	6:01.36 (42.62)
2	Lee, Laura	47	Unattached-PN	9:41.90
	50.95	1:57.78 (1:06.83)	3:14.87 (1:17.09)	4:31.22 (1:16.35)
	5:51.15 (1:19.93)	7:10.47 (1:19.32)	8:27.66 (1:17.19)	9:41.90 (1:14.24)

**Women 45-49 50 SC Meter Backstroke**

1	Rasmussen, Joni	46	Ohana Swim Team-PN	1:07.45
---	Spenser, Tracey	48	West Seattle YMCA Dolphins-PN	NS
---	Diddams, Margaret	47	North End Otters-PN	NS

**Women 45-49 100 SC Meter Backstroke**

---	Spenser, Tracey	48	West Seattle YMCA Dolphins-PN	NS
---	Diddams, Margaret	47	North End Otters-PN	NS

**Women 45-49 200 SC Meter Backstroke**

1	Diddams, Margaret	47	North End Otters-PN	2:50.07
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**Women 45-49 50 SC Meter Breaststroke**

1	Dahl, Lisa	47	Unattached-PN	38.44
2	Klieman, Becky	45	North Whidbey Masters-PN	46.23

**Women 45-49 100 SC Meter Breaststroke**

1	Speir, Kris	45	Ohana Swim Team-PN	1:33.44
	45.02	1:33.44 (48.42)		
2	Crane, Connie	45	Skagit Valley YMCA-PN	1:56.16
	55.40	1:56.16 (1:00.76)		

**Women 45-49 200 SC Meter Breaststroke**

1	Crane, Connie	45	Skagit Valley YMCA-PN	4:04.14
	56.97	1:57.97 (1:01.00)	3:02.22 (1:04.25)	4:04.14 (1:01.92)

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**Women 45-49 50 SC Meter Butterfly**

1	Dahl, Lisa	47	Unattached-PN	31.55
2	Simpson, Suzanne	48	Unattached-SP	33.24
3	Krass, Cynthia	45	Columbia Athletic Masters-PN	37.04
4	Speir, Kris	45	Ohana Swim Team-PN	37.43

**Women 45-49 100 SC Meter Butterfly**

---	Simpson, Suzanne	48	Unattached-SP	NS
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**Women 45-49 200 SC Meter Butterfly**

1	Simpson, Suzanne	48	Unattached-SP	2:41.74
	38.11	1:18.37 (40.26)	1:59.47 (41.10)	2:41.74 (42.27)

**Women 45-49 100 SC Meter IM**

1	Klieman, Becky	45	North Whidbey Masters-PN	1:27.92
	40.37	1:27.92 (47.55)		
2	Krass, Cynthia	45	Columbia Athletic Masters-PN	1:28.81
	41.60	1:28.81 (47.21)		
---	Diddams, Margaret	47	North End Otters-PN	NS

**Women 45-49 200 SC Meter IM**

---	Krass, Cynthia	45	Columbia Athletic Masters-PN	NS
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**Women 50-54 50 SC Meter Freestyle**

1	Andrus-Hughes, Karen	50	Oregon Swimming-OR	29.72
2	Hair, Margaret	52	Inland Masters-IW	33.05
3	Brown, Caroline	51	Phinney Ridge Swim Club-PN	34.75
4	Wade, Rebecca	51	Skagit Valley YMCA-PN	46.07

**Women 50-54 100 SC Meter Freestyle**

1	Hair, Margaret	52	Inland Masters-IW	1:15.92
	37.15	1:15.92 (38.77)		
2	Brown, Caroline	51	Phinney Ridge Swim Club-PN	1:16.81
	37.58	1:16.81 (39.23)		
3	Wade, Rebecca	51	Skagit Valley YMCA-PN	1:46.87
	52.22	1:46.87 (54.65)		
4	Morris, Kathy	53	Briggs YMCA Masters Swim-PN	1:50.02
	47.68	1:50.02 (1:02.34)		
5	Logsdon, Rebecca	54	Seattle Athletic Club-PN	1:53.84
	54.86	1:53.84 (58.98)		

**Women 50-54 200 SC Meter Freestyle**

1	Brown, Caroline	51	Phinney Ridge Swim Club-PN	2:46.51
	38.77	1:21.39 (42.62)	2:05.01 (43.62)	2:46.51 (41.50)
2	Wade, Rebecca	51	Skagit Valley YMCA-PN	3:49.06
	52.45	1:51.50 (59.05)	2:52.37 (1:00.87)	3:49.06 (56.69)

**Women 50-54 400 SC Meter Freestyle**

1	Brown, Caroline	51	Phinney Ridge Swim Club-PN	5:48.35
	40.44	1:24.70 (44.26)	2:09.45 (44.75)	2:53.97 (44.52)
	3:38.18 (44.21)	4:22.19 (44.01)	5:05.79 (43.60)	5:48.35 (42.56)
2	Wade, Rebecca	51	Skagit Valley YMCA-PN	7:48.02
	52.00	1:49.17 (57.17)	2:48.29 (59.12)	3:48.85 (1:00.56)
	5:50.66 (2:01.81)	6:51.10 (1:00.44)	7:48.02 (56.92)	
3	Logsdon, Rebecca	54	Seattle Athletic Club-PN	8:45.79
	57.05	2:02.54 (1:05.49)	3:09.30 (1:06.76)	4:17.05 (1:07.75)



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5:25.21 (1:08.16)    6:34.35 (1:09.14)    7:42.56 (1:08.21)    8:45.79 (1:03.23)

**Women 50-54 1500 SC Meter Freestyle**

1	Carlsen, Jeanne	50	Calgary Masters		19:17.53
	35.32	1:12.72 (37.40)	1:50.63 (37.91)	2:28.42 (37.79)	
	3:06.48 (38.06)	3:44.49 (38.01)	4:22.35 (37.86)	5:00.17 (37.82)	
	5:37.75 (37.58)	6:15.62 (37.87)	6:53.43 (37.81)	7:31.40 (37.97)	
	8:09.36 (37.96)	8:47.45 (38.09)	9:25.88 (38.43)	10:04.45 (38.57)	
	10:43.31 (38.86)	11:22.43 (39.12)	12:01.96 (39.53)	12:41.69 (39.73)	
	13:21.29 (39.60)	14:00.99 (39.70)	14:40.79 (39.80)	15:20.63 (39.84)	
	16:00.27 (39.64)	16:39.87 (39.60)	17:19.56 (39.69)	17:59.14 (39.58)	
	18:38.66 (39.52)	19:17.53 (38.87)			
2	Muir, Guila	53	Unattached-PN		32:46.29
	54.10	1:57.98 (1:03.88)	3:02.69 (1:04.71)	4:09.63 (1:06.94)	
	5:14.86 (1:05.23)	6:19.83 (1:04.97)	7:30.00 (1:10.17)	8:34.30 (1:04.30)	
	9:39.76 (1:05.46)	10:53.75 (1:13.99)	11:57.30 (1:03.55)	13:02.47 (1:05.17)	
		14:07.00 ( )	15:11.81 (1:04.81)	16:18.51 (1:06.70)	
	18:28.33 (2:09.82)	19:33.20 (1:04.87)	20:37.66 (1:04.46)	21:43.95 (1:06.29)	
	22:48.91 (1:04.96)	23:54.10 (1:05.19)	25:01.99 (1:07.89)	26:08.00 (1:06.01)	
	27:14.09 (1:06.09)	28:21.01 (1:06.92)	29:28.44 (1:07.43)	30:35.56 (1:07.12)	
	31:42.63 (1:07.07)	32:46.29 (1:03.66)			

**Women 50-54 50 SC Meter Backstroke**

1	Andrus-Hughes, Karen	50	Oregon Swimming-OR	33.27
2	Morris, Kathy	53	Briggs YMCA Masters Swim-PN	55.06
---	Logsdon, Rebecca	54	Seattle Athletic Club-PN	NS

**Women 50-54 100 SC Meter Backstroke**

1	Logsdon, Rebecca	54	Seattle Athletic Club-PN	2:02.73
	59.56	2:02.73 (1:03.17)		

**Women 50-54 200 SC Meter Backstroke**

1	Andrus-Hughes, Karen	50	Oregon Swimming-OR	2:39.76
	39.11	1:19.34 (40.23)	1:59.66 (40.32)	2:39.76 (40.10)
2	Logsdon, Rebecca	54	Seattle Athletic Club-PN	4:16.12
	1:00.99	2:05.96 (1:04.97)	3:12.58 (1:06.62)	4:16.12 (1:03.54)

**Women 50-54 50 SC Meter Breaststroke**

1	Crabbe, Colette	52	Oregon Swimming-OR	<b>39.20 Z</b>
2	Utigard-Rathbun, Terry	50	Unattached-PN	43.60

**Women 50-54 100 SC Meter Breaststroke**

---	Utigard-Rathbun, Terry	50	Unattached-PN	NS
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**Women 50-54 200 SC Meter Breaststroke**

---	Utigard-Rathbun, Terry	50	Unattached-PN	NS
-----	------------------------	----	---------------	----

**Women 50-54 50 SC Meter Butterfly**

1	Hair, Margaret	52	Inland Masters-IW	38.49
---	Morris, Kathy	53	Briggs YMCA Masters Swim-PN	NS

**Women 50-54 100 SC Meter Butterfly**

1	Crabbe, Colette	52	Oregon Swimming-OR	<b>1:14.79 Z</b>
	36.39	1:14.79 (38.40)		
2	Hair, Margaret	52	Inland Masters-IW	1:32.43
	44.64	1:32.43 (47.79)		

**Women 50-54 200 SC Meter Butterfly**

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1	Crabbe, Colette	52	Oregon Swimming-OR	<b>2:46.13 Z</b>
	36.64	1:17.87 (41.23)	2:00.12 (42.25)	2:46.13 (46.01)

**Women 50-54 100 SC Meter IM**

1	Crabbe, Colette	52	Oregon Swimming-OR	1:16.46
	37.03	1:16.46 (39.43)		
2	Hair, Margaret	52	Inland Masters-IW	1:23.64
	40.62	1:23.64 (43.02)		
---	Utigard-Rathbun, Terry	50	Unattached-PN	NS

**Women 50-54 200 SC Meter IM**

1	Crabbe, Colette	52	Oregon Swimming-OR	<b>2:43.52 Z</b>
	36.62	1:18.13 (41.51)	2:05.01 (46.88)	2:43.52 (38.51)

**Women 55-59 50 SC Meter Freestyle**

1	Kassen, Elizabeth	56	Briggs YMCA Masters Swim-PN	35.06
2	Gray, Jane	57	Oregon Swimming-OR	42.00
3	McNeel, Sandy	56	North End Otters-PN	45.55
4	Moore, Jane	58	Ohana Swim Team-PN	47.84
5	Zimmerman, Barbara	57	Skagit Valley YMCA-PN	56.07

**Women 55-59 100 SC Meter Freestyle**

1	Gray, Jane	57	Oregon Swimming-OR	1:31.53
	42.42	1:31.53 (49.11)		

**Women 55-59 1500 SC Meter Freestyle**

1	Zimmerman, Barbara	57	Skagit Valley YMCA-PN	40:18.48
	1:13.03	2:30.76 (1:17.73)	3:46.37 (1:15.61)	5:10.88 (1:24.51)
	6:29.55 (1:18.67)	7:49.76 (1:20.21)	9:14.12 (1:24.36)	10:33.44 (1:19.32)
	11:55.59 (1:22.15)	13:15.28 (1:19.69)	14:43.09 (1:27.81)	16:03.19 (1:20.10)
	17:23.00 (1:19.81)	18:46.37 (1:23.37)	20:12.79 (1:26.42)	21:32.55 (1:19.76)
	22:52.70 (1:20.15)	24:18.08 (1:25.38)	25:36.32 (1:18.24)	26:56.27 (1:19.95)
	28:23.00 (1:26.73)	29:42.46 (1:19.46)	31:06.18 (1:23.72)	32:28.15 (1:21.97)
	33:48.81 (1:20.66)	35:11.10 (1:22.29)	36:31.96 (1:20.86)	37:53.38 (1:21.42)
	39:10.87 (1:17.49)	40:18.48 (1:07.61)		

**Women 55-59 50 SC Meter Backstroke**

1	Moore, Jane	58	Ohana Swim Team-PN	1:01.76
2	Zimmerman, Barbara	57	Skagit Valley YMCA-PN	1:07.89

**Women 55-59 200 SC Meter Backstroke**

1	Kassen, Elizabeth	56	Briggs YMCA Masters Swim-PN	3:22.53
	46.44	1:37.76 (51.32)	2:30.52 (52.76)	3:22.53 (52.01)
2	Zimmerman, Barbara	57	Skagit Valley YMCA-PN	5:17.68
	1:15.73	2:39.19 (1:23.46)	4:00.21 (1:21.02)	5:17.68 (1:17.47)

**Women 55-59 50 SC Meter Breaststroke**

1	McNeel, Sandy	56	North End Otters-PN	59.21
2	Moore, Jane	58	Ohana Swim Team-PN	1:07.62
---	Sherwood, Dianne	55	Oregon Swimming-OR	DQ
	Arms two strokes underwater			

**Women 55-59 100 SC Meter Breaststroke**

1	Kassen, Elizabeth	56	Briggs YMCA Masters Swim-PN	<b>1:40.31 P</b>
	47.83	1:40.31 (52.48)		
2	Sherwood, Dianne	55	Oregon Swimming-OR	1:47.15
	52.53	1:47.15 (54.62)		

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**Women 55-59 50 SC Meter Butterfly**

1 McNeel, Sandy 56 North End Otters-PN 1:04.31

**Women 55-59 100 SC Meter IM**

1 Zimmerman, Barbara 57 Skagit Valley YMCA-PN 2:31.50

1:10.48 2:31.50 (1:21.02)

--- Moore, Jane 58 Ohana Swim Team-PN NS

**Women 60-64 50 SC Meter Freestyle**

1 Rousseau, Sandi 61 Oregon Swimming-OR 36.54

2 Dillon, Sally 62 North Whidbey Masters-PN 36.87

**Women 60-64 100 SC Meter Freestyle**

1 Dillon, Sally 62 North Whidbey Masters-PN **1:19.31 P**

39.32 1:19.31 (39.99)

2 Rousseau, Sandi 61 Oregon Swimming-OR 1:21.32

39.77 1:21.32 (41.55)

3 Williams, Judy 60 Federal Way Masters-PN 1:34.51

45.51 1:34.51 (49.00)

**Women 60-64 200 SC Meter Freestyle**

1 Dills, Suzanne 63 Bellevue Club Masters-PN **2:54.77 P**

40.57 1:24.41 (43.84) 2:09.23 (44.82) 2:54.77 (45.54)

2 Dillon, Sally 62 North Whidbey Masters-PN 2:59.34

41.21 1:27.44 (46.23) 2:13.78 (46.34) 2:59.34 (45.56)

--- Delgado, Joan 63 North Whidbey Masters-PN NS

**Women 60-64 400 SC Meter Freestyle**

1 Dills, Suzanne 63 Bellevue Club Masters-PN **6:11.64 P**

43.96 1:30.37 (46.41) 2:17.05 (46.68) 3:03.48 (46.43)

3:50.29 (46.81) 4:37.38 (47.09) 5:24.84 (47.46) 6:11.64 (46.80)

2 Casey, Katherine 60 Ft. Steilacoom - WACO-PN 6:13.64

44.62 1:32.26 (47.64) 2:20.21 (47.95) 3:07.00 (46.79)

3:54.08 (47.08) 4:41.16 (47.08) 5:28.03 (46.87) 6:13.64 (45.61)

3 Delgado, Joan 63 North Whidbey Masters-PN 6:53.42

47.02 1:38.17 (51.15) 2:30.86 (52.69) 3:23.54 (52.68)

4:16.96 (53.42) 5:10.39 (53.43) 6:03.12 (52.73) 6:53.42 (50.30)

4 Litt, Arni 62 Greenlake Aquaducks-PN 7:02.64

44.20 1:35.32 (51.12) 2:28.55 (53.23) 3:23.79 (55.24)

4:19.17 (55.38) 5:14.37 (55.20) 6:10.04 (55.67) 7:02.64 (52.60)

5 Williams, Judy 60 Federal Way Masters-PN 7:03.22

46.17 1:38.28 (52.11) 2:32.34 (54.06) 3:27.02 (54.68)

4:21.87 (54.85) 5:17.08 (55.21) 6:12.32 (55.24) 7:03.22 (50.90)

**Women 60-64 1500 SC Meter Freestyle**

1 Dillon, Sally 62 North Whidbey Masters-PN **24:15.08 P**

42.27 1:28.72 (46.45) 2:16.36 (47.64) 3:04.11 (47.75)

3:52.40 (48.29) 4:41.38 (48.98) 5:30.50 (49.12) 6:19.86 (49.36)

7:08.88 (49.02) 7:57.76 (48.88) 8:46.78 (49.02) 9:35.54 (48.76)

10:24.49 (48.95) 11:13.25 (48.76) 12:01.93 (48.68) 12:51.11 (49.18)

13:39.59 (48.48) 14:28.89 (49.30) 15:18.32 (49.43) 16:07.37 (49.05)

16:56.11 (48.74) 17:45.53 (49.42) 18:34.55 (49.02) 19:23.41 (48.86)

20:11.83 (48.42) 21:00.98 (49.15) 21:49.80 (48.82) 22:38.66 (48.86)

23:27.18 (48.52) 24:15.08 (47.90)

2 Casey, Katherine 60 Ft. Steilacoom - WACO-PN 24:45.07

46.02 1:37.37 (51.35) 2:30.50 (53.13) 3:23.17 (52.67)

4:15.54 (52.37) 5:07.66 (52.12) 5:58.93 (51.27) 6:50.13 (51.20)

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7:40.78 (50.65)	8:31.13 (50.35)	9:21.50 (50.37)	10:11.57 (50.07)	
11:01.26 (49.69)	11:50.54 (49.28)	12:39.50 (48.96)	13:28.93 (49.43)	
14:17.83 (48.90)	15:06.44 (48.61)	15:55.25 (48.81)	16:44.03 (48.78)	
17:32.88 (48.85)	18:21.64 (48.76)	19:09.98 (48.34)	19:58.81 (48.83)	
20:47.22 (48.41)	21:35.37 (48.15)	22:23.52 (48.15)	23:11.35 (47.83)	
23:58.68 (47.33)	24:45.07 (46.39)			
3 Ensign, Jeanne	62 Greenlake Aquaducks-PN			29:38.03
54.08	1:52.47 (58.39)	2:52.25 (59.78)	3:51.54 (59.29)	
4:50.21 (58.67)	5:50.23 (1:00.02)	6:48.70 (58.47)	7:49.50 (1:00.80)	
8:48.84 (59.34)	9:47.83 (58.99)	10:47.02 (59.19)	11:47.51 (1:00.49)	
12:46.74 (59.23)	13:47.26 (1:00.52)	14:47.08 (59.82)	15:46.99 (59.91)	
16:45.87 (58.88)	17:45.21 (59.34)	18:43.89 (58.68)	19:44.04 (1:00.15)	
20:43.53 (59.49)	21:43.15 (59.62)	22:42.34 (59.19)	23:42.26 (59.92)	
24:41.44 (59.18)	25:41.54 (1:00.10)	26:41.33 (59.79)	27:41.37 (1:00.04)	
28:40.48 (59.11)	29:38.03 (57.55)			
4 Case, Carter	61 Bellevue Club Masters-PN			37:42.43
28:59.72 ( )	37:42.43 (8:42.71)			

**Women 60-64 50 SC Meter Backstroke**

1 Smith, Elizabeth	60 Winskillo Otter Masters Swim	41.09
2 Casey, Katherine	60 Ft. Steilacoom - WACO-PN	45.75
3 Dills, Suzanne	63 Bellevue Club Masters-PN	46.15

**Women 60-64 100 SC Meter Backstroke**

1 Smith, Elizabeth	60 Winskillo Otter Masters Swim	1:24.56
41.05	1:24.56 (43.51)	
2 Casey, Katherine	60 Ft. Steilacoom - WACO-PN	<b>1:35.16 P</b>
46.77	1:35.16 (48.39)	
3 Dills, Suzanne	63 Bellevue Club Masters-PN	1:37.19
47.17	1:37.19 (50.02)	

**Women 60-64 200 SC Meter Backstroke**

1 Smith, Elizabeth	60 Winskillo Otter Masters Swim	3:06.96	
42.97	1:30.14 (47.17)	2:18.67 (48.53)	3:06.96 (48.29)
2 Casey, Katherine	60 Ft. Steilacoom - WACO-PN	<b>3:20.54 P</b>	
48.35	1:38.96 (50.61)	2:30.42 (51.46)	3:20.54 (50.12)
3 Delgado, Joan	63 North Whidbey Masters-PN	3:50.75	
55.40	1:54.54 (59.14)	2:53.58 (59.04)	3:50.75 (57.17)
--- Dills, Suzanne	63 Bellevue Club Masters-PN	DQ	
Non-continuous turning action			

**Women 60-64 50 SC Meter Breaststroke**

1 Pierson, Ginger	62 Oregon Swimming-OR	43.56
2 Welch, Sarah	61 Swim Seattle Redhawk Masters-P	49.52
3 Litt, Arni	62 Greenlake Aquaducks-PN	50.73

**Women 60-64 100 SC Meter Breaststroke**

1 Pierson, Ginger	62 Oregon Swimming-OR	1:34.89
45.75	1:34.89 (49.14)	
2 Litt, Arni	62 Greenlake Aquaducks-PN	1:52.62
53.96	1:52.62 (58.66)	

**Women 60-64 200 SC Meter Breaststroke**

1 Pierson, Ginger	62 Oregon Swimming-OR	<b>3:26.73 Z</b>	
48.58	1:41.04 (52.46)	2:33.97 (52.93)	3:26.73 (52.76)
2 Litt, Arni	62 Greenlake Aquaducks-PN	3:55.11	
53.50	1:51.95 (58.45)	2:55.10 (1:03.15)	3:55.11 (1:00.01)

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1	Rousseau, Sandi	61	Oregon Swimming-OR	39.82
2	Delgado, Joan	63	North Whidbey Masters-PN	50.29
3	Williams, Judy	60	Federal Way Masters-PN	54.74

**Women 60-64 100 SC Meter Butterfly**

1	Welch, Sarah	61	Swim Seattle Redhawk Masters-P	1:32.25
	44.96	1:32.25 (47.29)		
---	Rousseau, Sandi	61	Oregon Swimming-OR	NS
---	Pierson, Ginger	62	Oregon Swimming-OR	NS

**Women 60-64 200 SC Meter Butterfly**

1	Welch, Sarah	61	Swim Seattle Redhawk Masters-P	<b>3:28.29 P</b>
	47.52	1:40.07 (52.55)	2:35.41 (55.34)	3:28.29 (52.88)
---	Pierson, Ginger	62	Oregon Swimming-OR	NS

**Women 60-64 100 SC Meter IM**

1	Smith, Elizabeth	60	Winskillo Otter Masters Swim	1:29.57
	42.00	1:29.57 (47.57)		
2	Welch, Sarah	61	Swim Seattle Redhawk Masters-P	<b>1:33.09 P</b>
	46.02	1:33.09 (47.07)		
3	Rousseau, Sandi	61	Oregon Swimming-OR	1:39.06
	47.05	1:39.06 (52.01)		
4	Williams, Judy	60	Federal Way Masters-PN	1:52.30
	57.01	1:52.30 (55.29)		

**Women 60-64 200 SC Meter IM**

1	Litt, Arni	62	Greenlake Aquaducks-PN	3:56.25
	55.76	2:01.56 (1:05.80)	3:02.99 (1:01.43)	3:56.25 (53.26)

**Women 65-69 50 SC Meter Freestyle**

1	Frid, Barbara	66	Oregon Swimming-OR	36.89
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**Women 65-69 50 SC Meter Backstroke**

1	Ward, Joy	66	Oregon Swimming-OR	42.58
2	Frid, Barbara	66	Oregon Swimming-OR	45.33

**Women 65-69 100 SC Meter Backstroke**

1	Pronk, Bonnie	66	Masters Swimming of BC	1:28.56
	42.09	1:28.56 (46.47)		
2	Ward, Joy	66	Oregon Swimming-OR	1:31.68
	44.57	1:31.68 (47.11)		

**Women 65-69 200 SC Meter Backstroke**

1	Pronk, Bonnie	66	Masters Swimming of BC	3:05.30
	43.65	1:31.72 (48.07)	2:20.46 (48.74)	3:05.30 (44.84)
2	Ward, Joy	66	Oregon Swimming-OR	<b>3:14.13 N</b>
	46.19	1:35.56 (49.37)	2:25.88 (50.32)	3:14.13 (48.25)

**Women 65-69 50 SC Meter Breaststroke**

1	Pronk, Bonnie	66	Masters Swimming of BC	42.75
2	Frid, Barbara	66	Oregon Swimming-OR	<b>47.20 Z</b>

**Women 65-69 100 SC Meter Breaststroke**

---	Pronk, Bonnie	66	Masters Swimming of BC	NS
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**Women 65-69 50 SC Meter Butterfly**

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1 Frid, Barbara 66 Oregon Swimming-OR 41.31

**Women 65-69 100 SC Meter IM**

1 Frid, Barbara 66 Oregon Swimming-OR **1:33.56 Z**  
45.40 1:33.56 (48.16)  
2 Pronk, Bonnie 66 Masters Swimming of BC 1:33.91  
44.13 1:33.91 (49.78)

**Women 70-74 50 SC Meter Freestyle**

--- Cloutier, Peg 73 Briggs YMCA Masters Swim-PN NS

**Women 70-74 100 SC Meter Freestyle**

1 Olson, Anne 70 Unattached-PN **1:34.76 P**  
45.13 1:34.76 (49.63)  
2 Cloutier, Peg 73 Briggs YMCA Masters Swim-PN 1:46.73  
51.40 1:46.73 (55.33)

**Women 70-74 400 SC Meter Freestyle**

1 Olson, Anne 70 Unattached-PN **7:19.38 P**  
51.39 1:45.48 (54.09) 2:40.04 (54.56) 3:36.79 (56.75)  
4:33.99 (57.20) 7:19.38 (2:45.39)  
2 Cloutier, Peg 73 Briggs YMCA Masters Swim-PN 8:21.96  
53.17 1:54.55 (1:01.38) 2:56.78 (1:02.23) 4:01.23 (1:04.45)  
5:08.81 (1:07.58) 6:15.64 (1:06.83) 7:22.76 (1:07.12) 8:21.96 (59.20)

**Women 70-74 1500 SC Meter Freestyle**

--- Olson, Anne 70 Unattached-PN NS

**Women 70-74 50 SC Meter Backstroke**

--- Olson, Anne 70 Unattached-PN DQ  
Non-continuous turning action

**Women 70-74 100 SC Meter Backstroke**

--- Olson, Anne 70 Unattached-PN NS

**Women 75-79 50 SC Meter Freestyle**

1 Gladwell, Gail 77 Bellevue Club Masters-PN 1:03.08

**Women 75-79 100 SC Meter Freestyle**

1 Gladwell, Gail 77 Bellevue Club Masters-PN 2:22.15  
1:07.70 2:22.15 (1:14.45)

**Women 75-79 400 SC Meter Freestyle**

1 Kavadas, Janet 77 North End Otters-PN 9:46.37  
1:10.87 3:39.81 ( ) 4:54.52 (1:14.71)  
6:08.51 (1:13.99) 7:20.73 (1:12.22) 9:46.37 (2:25.64)

**Women 75-79 200 SC Meter Backstroke**

1 Kavadas, Janet 77 North End Otters-PN 5:03.74  
1:14.83 2:33.16 (1:18.33) 3:47.57 (1:14.41) 5:03.74 (1:16.17)

**Women 75-79 50 SC Meter Breaststroke**

1 Gladwell, Gail 77 Bellevue Club Masters-PN 1:10.17

**Women 75-79 100 SC Meter Breaststroke**

1 Gladwell, Gail 77 Bellevue Club Masters-PN 2:43.87  
1:17.67 2:43.87 (1:26.20)

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2 Kavadas, Janet 77 North End Otters-PN 2:46.72  
 1:22.44 2:46.72 (1:24.28)

**Women 75-79 50 SC Meter Butterfly**

--- Kavadas, Janet 77 North End Otters-PN NS

**Women 75-79 100 SC Meter IM**

1 Gladwell, Gail 77 Bellevue Club Masters-PN 2:38.80

**Women 80-84 50 SC Meter Freestyle**

1 Phillips, Bernice 81 Bainbridge Area Masters-PN 1:07.45

**Women 80-84 50 SC Meter Backstroke**

1 Phillips, Bernice 81 Bainbridge Area Masters-PN 1:02.53

**Women 80-84 100 SC Meter Backstroke**

1 Phillips, Bernice 81 Bainbridge Area Masters-PN 2:24.88  
 1:13.50 2:24.88 (1:11.38)

**Women 80-84 200 SC Meter Backstroke**

--- Phillips, Bernice 81 Bainbridge Area Masters-PN NS

**Women 85-89 50 SC Meter Breaststroke**

--- Walker, Livia 86 Greenlake Aquaducks-PN DQ  
 One hand touch

**Women 85-89 100 SC Meter Breaststroke**

1 Walker, Livia 86 Greenlake Aquaducks-PN **3:53.32 Z**

**Women 85-89 200 SC Meter Breaststroke**

1 Walker, Livia 86 Greenlake Aquaducks-PN **8:34.74 Z**

**Men 18-24 50 SC Meter Freestyle**

1 Jordan, Richard 22 Bellevue Club Masters-PN 27.35  
 2 Fanning, Mark 23 Western WA U Masters-PN 27.65

**Men 18-24 100 SC Meter Freestyle**

1 Jordan, Richard 22 Bellevue Club Masters-PN 59.44  
 27.98 59.44 (31.46)  
 2 Whipple, Aaron 23 Unattached-PN 1:10.53  
 33.34 1:10.53 (37.19)

**Men 18-24 200 SC Meter Freestyle**

--- Whipple, Aaron 23 Unattached-PN NS

**Men 18-24 400 SC Meter Freestyle**

1 Whipple, Aaron 23 Unattached-PN 6:12.94  
 35.92 1:16.16 (40.24) 2:00.20 (44.04)  
 5:24.31 ( ) 6:12.94 (48.63)

**Men 18-24 50 SC Meter Backstroke**

1 Fanning, Mark 23 Western WA U Masters-PN 31.07  
 2 Whipple, Aaron 23 Unattached-PN 39.49

**Men 18-24 100 SC Meter Backstroke**

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1	Fanning, Mark	32.35	1:07.06 (34.71)	23 Western WA U Masters-PN	<b>1:07.06 P</b>
2	Jordan, Richard	32.60	1:07.35 (34.75)	22 Bellevue Club Masters-PN	1:07.35

**Men 18-24 200 SC Meter Backstroke**

1	Fanning, Mark	35.98	1:14.16 (38.18)	23 Western WA U Masters-PN	2:30.26
				1:53.64 (39.48)	2:30.26 (36.62)

**Men 18-24 50 SC Meter Breaststroke**

1	Jordan, Richard			22 Bellevue Club Masters-PN	35.14
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**Men 18-24 50 SC Meter Butterfly**

1	Jordan, Richard			22 Bellevue Club Masters-PN	30.01
2	Whipple, Aaron			23 Unattached-PN	36.57

**Men 25-29 50 SC Meter Freestyle**

1	Davidson, Troy			27 Bellevue Club Masters-PN	<b>24.30 P</b>
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**Men 25-29 100 SC Meter Freestyle**

1	Davidson, Troy	25.09	52.77 (27.68)	27 Bellevue Club Masters-PN	<b>52.77 Z</b>
2	Block, Jonathan	32.75	1:08.65 (35.90)	26 Lynnwood Sharks-PN	1:08.65

**Men 25-29 400 SC Meter Freestyle**

1	Ito, Shingo	32.32	1:07.52 (35.20)	25 Western WA U Masters-PN	4:56.49
		3:01.29 (38.83)	3:39.91 (38.62)	1:44.24 (36.72)	2:22.46 (38.22)
				4:18.52 (38.61)	4:56.49 (37.97)

**Men 25-29 50 SC Meter Butterfly**

1	Ito, Shingo			25 Western WA U Masters-PN	30.28
---	Block, Jonathan			26 Lynnwood Sharks-PN	DQ
	Arms underwater recovery				

**Men 25-29 100 SC Meter Butterfly**

1	Ito, Shingo	31.18	1:07.15 (35.97)	25 Western WA U Masters-PN	1:07.15
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**Men 30-34 50 SC Meter Freestyle**

1	Paramonov, Dmitri			30 Husky Masters-PN	27.04
2	Linderman, Ross			31 Orca Swim Club-PN	27.49
3	Connolly, Nick			30 North Whidbey Masters-PN	27.50
4	Walker, Jon			33 Tumwater Valley Authority-PN	27.62
5	Chmeliovas, Audrices			30 Husky Masters-PN	28.11
6	Yamasak, Adam			33 Unattached-PN	28.51
7	Rosaria, Steven			34 Pro Sports Club-PN	28.93
8	Martin, Greg			34 Unattached-PN	30.09
---	Schweiger, Joel			32 Unattached-SP	NS

**Men 30-34 100 SC Meter Freestyle**

1	Walker, Jon	28.84	59.66 (30.82)	33 Tumwater Valley Authority-PN	59.66
2	Linderman, Ross	28.94	1:00.92 (31.98)	31 Orca Swim Club-PN	1:00.92
3	Paramonov, Dmitri	29.43	1:01.21 (31.78)	30 Husky Masters-PN	1:01.21



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4	Bendig, Scott	33	Unattached-PN		1:01.44
	29.69	1:01.44	(31.75)		
5	Yamasak, Adam	33	Unattached-PN		1:02.06
	29.52	1:02.06	(32.54)		
6	Connolly, Nick	30	North Whidbey Masters-PN		1:02.25
	29.23	1:02.25	(33.02)		
7	Rosaria, Steven	34	Pro Sports Club-PN		1:03.06
	29.39	1:03.06	(33.67)		
8	Martin, Greg	34	Unattached-PN		1:04.16
	30.78	1:04.16	(33.38)		
---	Schweiger, Joel	32	Unattached-SP		NS

**Men 30-34 200 SC Meter Freestyle**

1	Yamasak, Adam	33	Unattached-PN		2:22.30
	32.53	1:08.87	(36.34)	1:46.60	(37.73)
				2:22.30	(35.70)
---	Linderman, Ross	31	Orca Swim Club-PN		NS

**Men 30-34 400 SC Meter Freestyle**

1	Walker, Jon	33	Tumwater Valley Authority-PN		4:46.05
	33.13	1:08.81	(35.68)	1:44.86	(36.05)
				2:20.97	(36.11)
	2:57.96	(36.99)	3:35.03	(37.07)	4:11.44
				4:46.05	(34.61)
2	Yamasak, Adam	33	Unattached-PN		4:57.51
	32.87	1:09.24	(36.37)	1:47.87	(38.63)
				2:26.58	(38.71)
	3:05.25	(38.67)	3:43.60	(38.35)	4:21.86
				4:57.51	(35.65)
---	Bendig, Scott	33	Unattached-PN		NS

**Men 30-34 50 SC Meter Backstroke**

1	Chmeliovas, Audrices	30	Husky Masters-PN		34.14
2	Connolly, Nick	30	North Whidbey Masters-PN		35.84
---	Schweiger, Joel	32	Unattached-SP		NS

**Men 30-34 100 SC Meter Backstroke**

1	Walker, Jon	33	Tumwater Valley Authority-PN		1:10.27
	34.71	1:10.27	(35.56)		
2	Martin, Greg	34	Unattached-PN		1:18.00
	38.42	1:18.00	(39.58)		
3	Rosaria, Steven	34	Pro Sports Club-PN		1:21.84
	40.52	1:21.84	(41.32)		

**Men 30-34 200 SC Meter Backstroke**

---	Linderman, Ross	31	Orca Swim Club-PN		DNF
	Did not finish				
	39.22	1:19.48	(40.26)	2:13.72	(54.24)

**Men 30-34 100 SC Meter Breaststroke**

1	Rosaria, Steven	34	Pro Sports Club-PN		1:21.84
	39.52	1:21.84	(42.32)		

**Men 30-34 50 SC Meter Butterfly**

1	Goltz, Jason	30	Unattached-PN		<b>26.34 P</b>
2	Bendig, Scott	33	Unattached-PN		29.81
3	Linderman, Ross	31	Orca Swim Club-PN		30.09
4	Connolly, Nick	30	North Whidbey Masters-PN		32.51
---	Schweiger, Joel	32	Unattached-SP		NS

**Men 30-34 100 SC Meter Butterfly**

1	Goltz, Jason	30	Unattached-PN		<b>57.78 P</b>
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5:20.40 (36.50)	5:56.68 (36.28)	6:33.45 (36.77)	7:10.03 (36.58)	
7:46.11 (36.08)	8:22.14 (36.03)	8:58.06 (35.92)	9:33.93 (35.87)	
10:10.53 (36.60)	10:47.06 (36.53)	11:23.55 (36.49)	12:00.01 (36.46)	
12:36.52 (36.51)	13:12.45 (35.93)	13:48.56 (36.11)	14:24.83 (36.27)	
15:01.23 (36.40)	15:37.58 (36.35)	16:13.81 (36.23)	16:49.70 (35.89)	
17:25.00 (35.30)	17:58.31 (33.31)			
<b>2 Margrave, David</b>	<b>37 Samena Club</b>			<b>21:38.98</b>
36.84	1:16.92 (40.08)	1:59.91 (42.99)	2:42.53 (42.62)	
3:24.85 (42.32)	4:07.24 (42.39)	4:49.73 (42.49)	5:33.18 (43.45)	
6:16.95 (43.77)	7:00.77 (43.82)	7:44.02 (43.25)	8:27.18 (43.16)	
9:11.14 (43.96)	9:54.77 (43.63)	10:38.72 (43.95)	11:22.21 (43.49)	
12:06.22 (44.01)	12:50.23 (44.01)	13:35.17 (44.94)	14:19.17 (44.00)	
15:03.53 (44.36)	15:48.25 (44.72)	16:32.66 (44.41)	17:17.76 (45.10)	
18:02.65 (44.89)	18:47.47 (44.82)	19:32.54 (45.07)	20:17.29 (44.75)	
21:00.79 (43.50)	21:38.98 (38.19)			
<b>3 Diaz, Luis</b>	<b>37 Federal Way Masters-PN</b>			<b>25:40.00</b>
45.25	1:32.95 (47.70)	2:21.38 (48.43)	3:12.20 (50.82)	
4:02.85 (50.65)	4:53.78 (50.93)	5:45.05 (51.27)	7:29.54 (1:44.49)	
	8:21.90 ( )	9:12.82 (50.92)	10:04.53 (51.71)	
10:55.86 (51.33)	11:47.27 (51.41)	12:40.46 (53.19)	13:31.53 (51.07)	
14:23.29 (51.76)	15:15.45 (52.16)	16:07.86 (52.41)	17:51.90 (1:44.04)	
18:44.04 (52.14)	19:36.85 (52.81)	20:28.71 (51.86)	21:21.76 (53.05)	
22:14.23 (52.47)	23:06.44 (52.21)	23:58.57 (52.13)	24:51.05 (52.48)	
25:40.00 (48.95)				

**Men 35-39 50 SC Meter Backstroke**

1 Margrave, David	37 Samena Club	35.65
2 Lassen, Jason	36 Bellingham Masters Swim Club-P	43.81

**Men 35-39 50 SC Meter Breaststroke**

1 Margrave, David	37 Samena Club	38.88
2 Sato, JJ	37 Bellevue Club Masters-PN	38.92
3 Schulz, Tom	37 Briggs YMCA Masters Swim-PN	40.47
4 Ness, Kerry	39 Skagit Valley YMCA-PN	43.26

**Men 35-39 100 SC Meter Breaststroke**

1 Schulz, Tom	37 Briggs YMCA Masters Swim-PN	1:29.34
43.19	1:29.34 (46.15)	
2 Ness, Kerry	39 Skagit Valley YMCA-PN	1:35.32
45.39	1:35.32 (49.93)	
--- Sato, JJ	37 Bellevue Club Masters-PN	NS

**Men 35-39 200 SC Meter Breaststroke**

1 Lassen, Jason	36 Bellingham Masters Swim Club-P	3:18.18
46.92	1:37.89 (50.97)	2:28.96 (51.07)
		3:18.18 (49.22)
2 Schulz, Tom	37 Briggs YMCA Masters Swim-PN	3:18.92
45.64	1:35.77 (50.13)	2:29.61 (53.84)
		3:18.92 (49.31)
--- Sato, JJ	37 Bellevue Club Masters-PN	NS

**Men 35-39 50 SC Meter Butterfly**

1 Jelen, Doug	35 Unattached-PN	29.40
2 Nelson, Kirk	38 Husky Masters-PN	30.13

**Men 35-39 100 SC Meter Butterfly**

1 Jelen, Doug	35 Unattached-PN	1:04.67
32.37	1:04.67 (32.30)	

**Men 35-39 200 SC Meter Butterfly**

1 Jelen, Doug	35 Unattached-PN	2:22.98
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34.22      1:10.57 (36.35)      1:47.17 (36.60)      2:22.98 (35.81)

**Men 35-39 100 SC Meter IM**

1	Dunn, Erin	38	Bellevue Eastside Masters-PN	1:12.10
	34.71	1:12.10 (37.39)		
2	Lassen, Jason	36	Bellingham Masters Swim Club-P	1:31.58
	44.14	1:31.58 (47.44)		
3	Ness, Kerry	39	Skagit Valley YMCA-PN	1:32.66
	45.99	1:32.66 (46.67)		
4	Diaz, Luis	37	Federal Way Masters-PN	1:38.90
	47.07	1:38.90 (51.83)		
---	Sato, JJ	37	Bellevue Club Masters-PN	NS

**Men 35-39 200 SC Meter IM**

1	Jelen, Doug	35	Unattached-PN	2:29.50
	32.14	1:11.12 (38.98)	1:58.04 (46.92)	2:29.50 (31.46)
2	Dunn, Erin	38	Bellevue Eastside Masters-PN	2:41.24
	35.93	1:21.82 (45.89)	2:07.01 (45.19)	2:41.24 (34.23)
---	Sato, JJ	37	Bellevue Club Masters-PN	NS

**Men 35-39 400 SC Meter IM**

1	Jelen, Doug	35	Unattached-PN	5:14.25
	32.94	1:10.77 (37.83)	1:51.33 (40.56)	2:30.85 (39.52)
	3:19.45 (48.60)	4:07.26 (47.81)	4:40.83 (33.57)	5:14.25 (33.42)

**Men 40-44 50 SC Meter Freestyle**

1	Schmidd, Vladimir	40	Husky Masters-PN	30.10
2	Cassidy, Sean	42	Issaquah Swim Team-PN	30.80
3	Turcott, Michael	44	Orca Swim Club-PN	33.39
4	Gore, Jay	43	Bellevue Club Masters-PN	33.69
5	McCullough, Mike	42	Ohana Swim Team-PN	39.99

**Men 40-44 100 SC Meter Freestyle**

1	Kays, David	41	Pro Sports Club-PN	56.46
	27.71	56.46 (28.75)		
2	Hollenback, David	42	Unattached-PN	1:06.07
	31.61	1:06.07 (34.46)		
3	Schmidd, Vladimir	40	Husky Masters-PN	1:07.94
	32.96	1:07.94 (34.98)		
4	Cassidy, Sean	42	Issaquah Swim Team-PN	1:11.02
	34.94	1:11.02 (36.08)		
5	Turcott, Michael	44	Orca Swim Club-PN	1:15.46
	35.79	1:15.46 (39.67)		
---	Berg, Roy	40	Inland Masters-IW	NS

**Men 40-44 200 SC Meter Freestyle**

1	Kays, David	41	Pro Sports Club-PN	<b>2:01.62 Z</b>
	28.81	59.94 (31.13)	1:31.19 (31.25)	2:01.62 (30.43)
2	Hoke, Bryan	42	Columbia Athletic Masters-PN	2:30.11
	34.21	1:12.53 (38.32)	1:52.27 (39.74)	2:30.11 (37.84)
---	McCullough, Mike	42	Ohana Swim Team-PN	NS

**Men 40-44 400 SC Meter Freestyle**

1	Kays, David	41	Pro Sports Club-PN	<b>4:20.27 Z</b>
	29.63	1:01.06 (31.43)	1:33.45 (32.39)	2:06.66 (33.21)
	2:39.81 (33.15)	3:13.44 (33.63)	3:47.21 (33.77)	4:20.27 (33.06)
2	Turcott, Michael	44	Orca Swim Club-PN	6:05.12

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	40.98	1:26.38 (45.40)	2:12.78 (46.40)	3:00.01 (47.23)	
	3:46.83 (46.82)	4:33.83 (47.00)	6:05.12 (1:31.29)		
3	Garceau, Michael	42	Greenlake Aquaducks-PN		7:00.66
	46.52	1:38.05 (51.53)	2:30.94 (52.89)	3:25.64 (54.70)	
	4:20.11 (54.47)	5:13.58 (53.47)	6:08.38 (54.80)	7:00.66 (52.28)	
4	McCullough, Mike	42	Ohana Swim Team-PN		8:00.65
	50.34	1:49.67 (59.33)	2:50.59 (1:00.92)	3:53.51 (1:02.92)	
	8:00.65 (4:07.14)				

**Men 40-44 1500 SC Meter Freestyle**

1	Garceau, Michael	42	Greenlake Aquaducks-PN		28:26.94
	48.88	1:42.79 (53.91)	2:38.28 (55.49)	3:34.97 (56.69)	
	4:31.46 (56.49)	5:27.52 (56.06)	6:23.58 (56.06)	7:19.75 (56.17)	
	8:16.93 (57.18)	9:13.76 (56.83)	10:09.96 (56.20)	11:06.32 (56.36)	
	12:03.18 (56.86)	13:01.08 (57.90)	13:58.27 (57.19)	14:56.68 (58.41)	
	15:54.92 (58.24)	16:52.52 (57.60)	17:49.73 (57.21)	18:47.20 (57.47)	
	19:45.24 (58.04)	20:42.83 (57.59)	21:41.46 (58.63)	22:38.89 (57.43)	
	23:37.23 (58.34)	24:35.22 (57.99)	25:33.61 (58.39)	26:31.41 (57.80)	
	27:29.30 (57.89)	28:26.94 (57.64)			

**Men 40-44 50 SC Meter Backstroke**

1	Gore, Jay	43	Bellevue Club Masters-PN		39.72
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**Men 40-44 200 SC Meter Backstroke**

1	Garceau, Michael	42	Greenlake Aquaducks-PN		3:39.13
	50.37	1:45.84 (55.47)	2:42.50 (56.66)	3:39.13 (56.63)	

**Men 40-44 50 SC Meter Breaststroke**

1	Berg, Roy	40	Inland Masters-IW		<b>31.62 Z</b>
2	Gore, Jay	43	Bellevue Club Masters-PN		45.53
---	McCullough, Mike	42	Ohana Swim Team-PN		DQ
	Arms two strokes underwater				

**Men 40-44 100 SC Meter Breaststroke**

1	Cassidy, Sean	42	Issaquah Swim Team-PN		1:40.36
	48.59	1:40.36 (51.77)			

**Men 40-44 200 SC Meter Breaststroke**

---	Garceau, Michael	42	Greenlake Aquaducks-PN		NS
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**Men 40-44 50 SC Meter Butterfly**

1	Schmidd, Vladimir	40	Husky Masters-PN		35.18
2	Gore, Jay	43	Bellevue Club Masters-PN		42.03
3	Turcott, Michael	44	Orca Swim Club-PN		42.49

**Men 40-44 100 SC Meter Butterfly**

1	Hoke, Bryan	42	Columbia Athletic Masters-PN		1:08.85
	32.29	1:08.85 (36.56)			
2	Hollenback, David	42	Unattached-PN		1:13.86
	34.94	1:13.86 (38.92)			
---	Turcott, Michael	44	Orca Swim Club-PN		NS

**Men 40-44 100 SC Meter IM**

1	Berg, Roy	40	Inland Masters-IW		<b>1:00.16 N</b>
	1:00.14	1:00.16 (0.02)			
2	Hoke, Bryan	42	Columbia Athletic Masters-PN		1:13.28
	34.39	1:13.28 (38.89)			
3	Cassidy, Sean	42	Issaquah Swim Team-PN		1:25.92

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	43.19	1:25.92 (42.73)		
4 Gore, Jay			43 Bellevue Club Masters-PN	1:33.34
	43.24	1:33.34 (50.10)		

**Men 40-44 200 SC Meter IM**

1 Berg, Roy			40 Inland Masters-IW	<b>2:12.16 N</b>
	27.74	1:02.30 (34.56)	1:39.93 (37.63)	2:12.16 (32.23)
2 Hoke, Bryan			42 Columbia Athletic Masters-PN	2:41.01
	32.33	1:13.79 (41.46)	2:02.14 (48.35)	2:41.01 (38.87)
3 Hollenback, David			42 Unattached-PN	2:43.31
	34.76	1:17.82 (43.06)	2:05.39 (47.57)	2:43.31 (37.92)
4 Garceau, Michael			42 Greenlake Aquaducks-PN	3:42.61
	46.74	1:46.52 (59.78)	2:49.64 (1:03.12)	3:42.61 (52.97)

**Men 45-49 50 SC Meter Freestyle**

1 Oliva, Tomas			46 Oregon Swimming-OR	26.86
2 Valley, Eric			47 Tumwater Valley Authority-PN	27.75
3 McDermott, Dave			46 Bellevue Eastside Masters-PN	27.95
4 Oren, Ron			49 Lynnwood Sharks-PN	33.55
5 Schlosser, Paul			49 Lynnwood Sharks-PN	33.88

**Men 45-49 100 SC Meter Freestyle**

1 Welbourn, Graham			47 GYTBS	56.43
	26.99	56.43 (29.44)		
2 Valley, Eric			47 Tumwater Valley Authority-PN	1:00.82
	29.46	1:00.82 (31.36)		
3 Smith, Daniel			46 Federal Way Masters-PN	1:01.95
	29.48	1:01.95 (32.47)		
4 McDermott, Dave			46 Bellevue Eastside Masters-PN	1:02.94
	29.45	1:02.94 (33.49)		
5 Oren, Ron			49 Lynnwood Sharks-PN	1:15.71
	36.50	1:15.71 (39.21)		
6 Schlosser, Paul			49 Lynnwood Sharks-PN	1:19.09
	35.37	1:19.09 (43.72)		
--- Price, Tom			45 Bellevue Club Masters-PN	NS

**Men 45-49 200 SC Meter Freestyle**

1 Welbourn, Graham			47 GYTBS	2:03.14
	28.62	59.46 (30.84)	1:31.38 (31.92)	2:03.14 (31.76)
2 Valley, Eric			47 Tumwater Valley Authority-PN	2:14.04
	32.66	1:07.16 (34.50)	1:41.26 (34.10)	2:14.04 (32.78)
--- Price, Tom			45 Bellevue Club Masters-PN	NS

**Men 45-49 400 SC Meter Freestyle**

1 Welbourn, Graham			47 GYTBS	4:20.74
	29.76	1:01.40 (31.64)	1:33.97 (32.57)	2:07.15 (33.18)
	2:40.40 (33.25)	3:13.78 (33.38)	3:47.31 (33.53)	4:20.74 (33.43)
2 Smith, Daniel			46 Federal Way Masters-PN	4:45.53
	31.56	1:06.43 (34.87)	1:42.15 (35.72)	2:18.95 (36.80)
	2:55.46 (36.51)	3:32.09 (36.63)	4:09.19 (37.10)	4:45.53 (36.34)
3 Valley, Eric			47 Tumwater Valley Authority-PN	4:47.79
	34.65	1:11.47 (36.82)	1:48.53 (37.06)	2:25.49 (36.96)
	3:02.29 (36.80)	3:38.41 (36.12)	4:14.07 (35.66)	4:47.79 (33.72)
4 Dybdahl, Eric			48 Federal Way Masters-PN	5:26.83
	37.35	1:17.89 (40.54)	1:59.54 (41.65)	2:41.53 (41.99)
	3:22.64 (41.11)	4:04.66 (42.02)	4:46.15 (41.49)	5:26.83 (40.68)
5 Ikeda, Paul			49 Orca Swim Club-PN	6:21.22

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42.60	1:30.90 (48.30)	2:20.55 (49.65)	3:09.88 (49.33)
3:59.51 (49.63)	4:48.76 (49.25)	5:36.18 (47.42)	6:21.22 (45.04)

**Men 45-49 1500 SC Meter Freestyle**

1 Dybdahl, Eric	48 Federal Way Masters-PN	21:56.94
38.22	1:20.56 (42.34)	2:04.20 (43.64)
2:47.94 (43.74)	3:31.82 (43.88)	4:16.26 (44.44)
5:00.93 (44.67)	5:45.58 (44.65)	6:30.63 (45.05)
7:14.53 (43.90)	7:57.34 (42.81)	8:39.23 (41.89)
9:24.62 (45.39)	10:08.87 (44.25)	10:54.73 (45.86)
11:38.54 (43.81)	12:23.36 (44.82)	13:07.58 (44.22)
13:51.90 (44.32)	14:35.34 (43.44)	15:18.95 (43.61)
16:04.28 (45.33)	16:49.05 (44.77)	17:33.75 (44.70)
18:18.76 (45.01)	19:02.49 (43.73)	19:45.80 (43.31)
20:30.39 (44.59)	21:14.16 (43.77)	21:56.94 (42.78)

**Men 45-49 50 SC Meter Backstroke**

1 Haynie, Carl	48 Columbia Athletic Masters-PN	31.90
2 Oliva, Tomas	46 Oregon Swimming-OR	33.78
3 Oren, Ron	49 Lynnwood Sharks-PN	42.23

**Men 45-49 100 SC Meter Backstroke**

1 Haynie, Carl	48 Columbia Athletic Masters-PN	1:08.99
33.19	1:08.99 (35.80)	
2 Dybdahl, Eric	48 Federal Way Masters-PN	1:22.94
40.88	1:22.94 (42.06)	

**Men 45-49 200 SC Meter Backstroke**

1 Haynie, Carl	48 Columbia Athletic Masters-PN	2:36.44
36.76	1:16.16 (39.40)	1:56.84 (40.68)
		2:36.44 (39.60)

**Men 45-49 50 SC Meter Breaststroke**

1 Oliva, Tomas	46 Oregon Swimming-OR	33.10
2 Ikeda, Paul	49 Orca Swim Club-PN	42.39

**Men 45-49 200 SC Meter Breaststroke**

1 Smith, Daniel	46 Federal Way Masters-PN	2:50.35
39.06	1:22.12 (43.06)	2:05.86 (43.74)
		2:50.35 (44.49)

**Men 45-49 50 SC Meter Butterfly**

1 Oliva, Tomas	46 Oregon Swimming-OR	29.58
2 McDermott, Dave	46 Bellevue Eastside Masters-PN	31.26
3 Ikeda, Paul	49 Orca Swim Club-PN	39.36

**Men 45-49 100 SC Meter Butterfly**

1 Smith, Daniel	46 Federal Way Masters-PN	1:08.95
32.08	1:08.95 (36.87)	
2 Dybdahl, Eric	48 Federal Way Masters-PN	1:17.51
37.62	1:17.51 (39.89)	

**Men 45-49 200 SC Meter Butterfly**

1 Dybdahl, Eric	48 Federal Way Masters-PN	2:54.66
39.91	1:23.33 (43.42)	2:11.19 (47.86)
		2:54.66 (43.47)

**Men 45-49 100 SC Meter IM**

1 Oliva, Tomas	46 Oregon Swimming-OR	1:08.20
33.72	1:08.20 (34.48)	
2 Haynie, Carl	48 Columbia Athletic Masters-PN	1:10.94
33.96	1:10.94 (36.98)	
3 Smith, Daniel	46 Federal Way Masters-PN	1:13.18

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	35.93	1:13.18 (37.25)		
4	McDermott, Dave	46	Bellevue Eastside Masters-PN	1:14.96
	34.84	1:14.96 (40.12)		
5	Oren, Ron	49	Lynnwood Sharks-PN	1:33.14
	43.96	1:33.14 (49.18)		
6	Schlosser, Paul	49	Lynnwood Sharks-PN	1:35.64
	43.60	1:35.64 (52.04)		

**Men 45-49 200 SC Meter IM**

1	Valley, Eric	47	Tumwater Valley Authority-PN	2:39.44
	34.32	1:19.27 (44.95)	2:05.43 (46.16)	2:39.44 (34.01)
---	Price, Tom	45	Bellevue Club Masters-PN	NS

**Men 45-49 400 SC Meter IM**

1	Ikeda, Paul	49	Orca Swim Club-PN	7:09.79
	46.41	1:42.61 (56.20)	2:39.65 (57.04)	3:35.23 (55.58)
	4:32.72 (57.49)	5:32.50 (59.78)	6:22.63 (50.13)	7:09.79 (47.16)

**Men 50-54 50 SC Meter Freestyle**

1	Brunner, John	51	Bellevue Eastside Masters-PN	29.54
2	Bailey, Dan	50	Unattached-PN	29.83
3	Hardesty, Richard	54	Bellevue Club Masters-PN	30.44
4	Keith, David	51	Columbia Athletic Masters-PN	31.31
---	Wade, Steven	50	Skagit Valley YMCA-PN	NS

**Men 50-54 100 SC Meter Freestyle**

1	Spencer, Don	51	Pro Sports Club-PN	1:03.33
	31.48	1:03.33 (31.85)		
*2	Cary, Dale	51	Unattached-PN	1:06.16
	31.89	1:06.16 (34.27)		
*2	Paul, Scott	51	Unattached-PN	1:06.16
	31.87	1:06.16 (34.29)		
4	Bailey, Dan	50	Unattached-PN	1:07.63
	32.30	1:07.63 (35.33)		
5	Hardesty, Richard	54	Bellevue Club Masters-PN	1:09.74
	33.11	1:09.74 (36.63)		
6	Rodeheffer, Bill	50	Unattached-PN	1:11.74
	32.93	1:11.74 (38.81)		
7	Keith, David	51	Columbia Athletic Masters-PN	1:15.57
	32.78	1:15.57 (42.79)		
---	Wade, Steven	50	Skagit Valley YMCA-PN	NS

**Men 50-54 200 SC Meter Freestyle**

1	Spencer, Don	51	Pro Sports Club-PN	2:28.36
	34.52	1:11.96 (37.44)	1:50.08 (38.12)	2:28.36 (38.28)
2	Cary, Dale	51	Unattached-PN	2:29.43
	34.76	1:13.11 (38.35)	1:52.81 (39.70)	2:29.43 (36.62)
---	Wade, Steven	50	Skagit Valley YMCA-PN	NS

**Men 50-54 400 SC Meter Freestyle**

1	Brunner, John	51	Bellevue Eastside Masters-PN	5:09.30
	36.23	1:14.90 (38.67)	1:53.04 (38.14)	2:31.52 (38.48)
	3:09.79 (38.27)	3:48.73 (38.94)	4:28.86 (40.13)	5:09.30 (40.44)
2	Cary, Dale	51	Unattached-PN	5:11.22
	34.66	1:12.80 (38.14)	1:52.29 (39.49)	2:32.32 (40.03)
	3:13.18 (40.86)	3:53.32 (40.14)	4:32.94 (39.62)	5:11.22 (38.28)
3	Hackett, Ted	53	Unattached-PN	5:20.62
			1:51.78 ( )	5:20.62 (3:28.84)



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4	Wade, Steven	50	Skagit Valley YMCA-PN	6:31.65
	41.45	1:27.35 (45.90)	2:16.19 (48.84)	3:07.17 (50.98)
	3:58.69 (51.52)	4:49.75 (51.06)	5:40.81 (51.06)	6:31.65 (50.84)

**Men 50-54 1500 SC Meter Freestyle**

1	Carlsen, Glenn	51	Calgary Masters	18:19.35
	34.31	1:10.60 (36.29)	1:46.83 (36.23)	2:23.32 (36.49)
	2:59.84 (36.52)	3:36.45 (36.61)	4:12.91 (36.46)	4:49.53 (36.62)
	5:26.02 (36.49)	6:02.53 (36.51)	6:38.97 (36.44)	7:15.57 (36.60)
	7:52.53 (36.96)	8:29.17 (36.64)	9:06.14 (36.97)	9:43.37 (37.23)
	10:20.32 (36.95)	10:57.35 (37.03)	11:34.42 (37.07)	12:11.42 (37.00)
	12:48.37 (36.95)	13:25.42 (37.05)	14:02.35 (36.93)	14:39.35 (37.00)
	15:16.45 (37.10)	15:53.65 (37.20)	16:30.77 (37.12)	17:07.61 (36.84)
	17:44.14 (36.53)	18:19.35 (35.21)		
2	Rodeheffer, Bill	50	Unattached-PN	22:51.86
	42.80	1:29.20 (46.40)	2:15.90 (46.70)	3:02.75 (46.85)
	3:49.26 (46.51)	4:36.19 (46.93)	5:22.42 (46.23)	6:08.86 (46.44)
	6:54.51 (45.65)	7:40.39 (45.88)	8:26.08 (45.69)	9:11.78 (45.70)
	9:58.35 (46.57)	10:44.65 (46.30)	11:31.93 (47.28)	12:17.45 (45.52)
	13:03.56 (46.11)	13:49.26 (45.70)	14:34.51 (45.25)	15:20.74 (46.23)
	16:05.96 (45.22)	16:51.52 (45.56)	17:36.93 (45.41)	18:23.09 (46.16)
	19:08.64 (45.55)	19:55.89 (47.25)	20:41.19 (45.30)	21:26.82 (45.63)
	22:10.68 (43.86)	22:51.86 (41.18)		
---	Hackett, Ted	53	Unattached-PN	NS

**Men 50-54 50 SC Meter Backstroke**

1	Keith, David	51	Columbia Athletic Masters-PN	37.34
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**Men 50-54 100 SC Meter Backstroke**

1	Freeborn, Steve	53	Federal Way Masters-PN	1:19.59
	38.30	1:19.59 (41.29)		

**Men 50-54 200 SC Meter Backstroke**

1	Brunner, John	51	Bellevue Eastside Masters-PN	2:59.00
	41.10	1:25.78 (44.68)	2:12.18 (46.40)	2:59.00 (46.82)
---	Freeborn, Steve	53	Federal Way Masters-PN	DQ
	Not on back off wall			

**Men 50-54 50 SC Meter Breaststroke**

1	Bailey, Dan	50	Unattached-PN	39.86
2	Adcock, Richard	53	Unattached-PN	41.00

**Men 50-54 100 SC Meter Breaststroke**

1	Adcock, Richard	53	Unattached-PN	1:32.56
	44.22	1:32.56 (48.34)		
---	Robinson, Dan	50	Federal Way Masters-PN	NS

**Men 50-54 50 SC Meter Butterfly**

1	Cary, Dale	51	Unattached-PN	32.10
2	Spencer, Don	51	Pro Sports Club-PN	32.52
3	Paul, Scott	51	Unattached-PN	33.05
---	Robinson, Dan	50	Federal Way Masters-PN	NS

**Men 50-54 100 SC Meter Butterfly**

1	Cary, Dale	51	Unattached-PN	1:14.77
	34.61	1:14.77 (40.16)		
2	Spencer, Don	51	Pro Sports Club-PN	1:16.68
	36.05	1:16.68 (40.63)		

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3	Moore, Hugh	54	Federal Way Masters-PN	1:16.93	
	35.19	1:16.93 (41.74)			
4	Freeborn, Steve	53	Federal Way Masters-PN	1:17.30	
	34.58	1:17.30 (42.72)			
5	Brunner, John	51	Bellevue Eastside Masters-PN	1:18.16	
	36.47	1:18.16 (41.69)			

**Men 50-54 200 SC Meter Butterfly**

1	Moore, Hugh	54	Federal Way Masters-PN	2:57.60	
	38.82	1:23.27 (44.45)	2:09.25 (45.98)	2:57.60 (48.35)	
---	Robinson, Dan	50	Federal Way Masters-PN		NS

**Men 50-54 100 SC Meter IM**

1	Paul, Scott	51	Unattached-PN	1:18.23	
2	Hardesty, Richard	54	Bellevue Club Masters-PN	1:23.71	
	40.53	1:23.71 (43.18)			
3	Adcock, Richard	53	Unattached-PN	1:27.50	
	42.57	1:27.50 (44.93)			
---	Freeborn, Steve	53	Federal Way Masters-PN		NS

**Men 50-54 200 SC Meter IM**

1	Brunner, John	51	Bellevue Eastside Masters-PN	2:51.57	
	38.31	1:21.15 (42.84)	2:13.24 (52.09)	2:51.57 (38.33)	
2	Freeborn, Steve	53	Federal Way Masters-PN	2:54.30	
	34.65	1:19.58 (44.93)	2:13.95 (54.37)	2:54.30 (40.35)	
3	Moore, Hugh	54	Federal Way Masters-PN	2:57.09	
	36.07	1:23.88 (47.81)	2:15.27 (51.39)	2:57.09 (41.82)	

**Men 55-59 50 SC Meter Freestyle**

1	Tennant, Mike	55	Oregon Swimming-OR	<b>25.94 Z</b>	
2	Krauser, Larry	55	Inland Masters-IW	27.51	
3	Mann, Steve	56	Oregon Swimming-OR	28.43	
4	Brockbank, Doug	55	Oregon Swimming-OR	28.61	
5	Clark, Gordon	57	Gordon Club-PN	29.28	
6	Kendrick, James	56	Skagit Valley YMCA-PN	29.89	
7	Reese, Gene	59	Lynnwood Sharks-PN	39.21	

**Men 55-59 100 SC Meter Freestyle**

1	Tennant, Mike	55	Oregon Swimming-OR	<b>57.52 Z</b>	
	26.77	57.52 (30.75)			
2	Krauser, Larry	55	Inland Masters-IW	1:00.77	
	30.11	1:00.77 (30.66)			
3	Kendrick, James	56	Skagit Valley YMCA-PN	1:06.67	
	31.79	1:06.67 (34.88)			
4	Sherwood, Reggie	57	Oregon Swimming-OR	1:12.21	
	33.88	1:12.21 (38.33)			

**Men 55-59 200 SC Meter Freestyle**

1	Tennant, Mike	55	Oregon Swimming-OR	<b>2:14.83 Z</b>	
	32.18	1:06.22 (34.04)	1:40.23 (34.01)	2:14.83 (34.60)	
2	Krauser, Larry	55	Inland Masters-IW	2:26.61	
	32.69	1:08.80 (36.11)	1:47.53 (38.73)	2:26.61 (39.08)	
3	Kendrick, James	56	Skagit Valley YMCA-PN	2:39.27	
	37.15	1:17.20 (40.05)	1:58.75 (41.55)	2:39.27 (40.52)	
4	Hansen, Ron	59	Skagit Valley YMCA-PN	3:13.70	
	45.30	1:35.47 (50.17)	2:26.10 (50.63)	3:13.70 (47.60)	
---	Lautman, Scott	56	Federal Way Masters-PN		NS

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**Men 55-59 400 SC Meter Freestyle**

1	Krauser, Larry	55	Inland Masters-IW	<b>4:36.79 Z</b>
	31.83	1:06.17 (34.34)	1:41.04 (34.87)	2:15.95 (34.91)
	2:51.03 (35.08)	3:26.43 (35.40)	4:01.91 (35.48)	4:36.79 (34.88)
2	Bell, Alan	57	Unattached-PN	<b>4:47.22 P</b>
	32.49	1:07.39 (34.90)	1:43.43 (36.04)	2:20.26 (36.83)
	2:57.22 (36.96)	3:34.34 (37.12)	4:11.56 (37.22)	4:47.22 (35.66)
3	Tennant, Mike	55	Oregon Swimming-OR	4:56.88
	34.36	1:11.99 (37.63)	1:50.54 (38.55)	2:28.51 (37.97)
	3:06.29 (37.78)	3:43.51 (37.22)	4:20.61 (37.10)	4:56.88 (36.27)
4	Penn, Bill	57	Tumwater Valley Authority-PN	5:13.69
	36.88	1:16.39 (39.51)	1:56.61 (40.22)	2:36.92 (40.31)
	3:16.83 (39.91)	3:56.50 (39.67)	4:35.81 (39.31)	5:13.69 (37.88)
5	Kendrick, James	56	Skagit Valley YMCA-PN	5:35.40
	38.26	1:20.15 (41.89)	2:03.00 (42.85)	2:46.06 (43.06)
	3:29.82 (43.76)	4:13.19 (43.37)	4:54.90 (41.71)	5:35.40 (40.50)
6	Hansen, Ron	59	Skagit Valley YMCA-PN	6:47.29
	47.41		2:31.29 ( )	6:47.29 (4:16.00)

**Men 55-59 1500 SC Meter Freestyle**

1	Krauser, Larry	55	Inland Masters-IW	<b>18:40.59 Z</b>
	34.27	1:11.24 (36.97)	1:48.77 (37.53)	2:26.25 (37.48)
	3:03.90 (37.65)	3:41.89 (37.99)	4:19.69 (37.80)	4:57.47 (37.78)
	5:35.19 (37.72)	6:13.01 (37.82)	6:50.63 (37.62)	7:28.48 (37.85)
	8:06.02 (37.54)	8:43.78 (37.76)	9:21.62 (37.84)	9:59.24 (37.62)
	10:37.21 (37.97)	11:14.97 (37.76)	11:53.08 (38.11)	12:30.65 (37.57)
	13:08.12 (37.47)	13:45.76 (37.64)	14:23.25 (37.49)	15:00.60 (37.35)
	15:37.46 (36.86)	16:14.80 (37.34)	16:52.53 (37.73)	17:29.92 (37.39)
	18:06.16 (36.24)	18:40.59 (34.43)		
2	Lautman, Scott	56	Federal Way Masters-PN	19:39.18
	35.56	1:13.67 (38.11)	1:52.53 (38.86)	2:31.51 (38.98)
	3:10.81 (39.30)	3:49.67 (38.86)	4:28.98 (39.31)	5:07.89 (38.91)
	5:47.07 (39.18)	6:25.93 (38.86)	7:05.65 (39.72)	7:45.30 (39.65)
	8:24.58 (39.28)	9:04.19 (39.61)	9:44.10 (39.91)	10:23.89 (39.79)
	11:03.71 (39.82)	11:43.21 (39.50)	12:22.54 (39.33)	13:02.13 (39.59)
	13:41.69 (39.56)	14:21.82 (40.13)	15:01.38 (39.56)	15:41.16 (39.78)
	16:21.28 (40.12)	17:01.17 (39.89)	17:41.04 (39.87)	18:20.52 (39.48)
	18:59.73 (39.21)	19:39.18 (39.45)		
3	Penn, Bill	57	Tumwater Valley Authority-PN	19:49.66
	36.97	1:17.16 (40.19)	1:57.92 (40.76)	2:38.55 (40.63)
	3:19.17 (40.62)	3:59.13 (39.96)	4:39.25 (40.12)	5:19.24 (39.99)
	5:59.18 (39.94)	6:39.27 (40.09)	7:19.62 (40.35)	7:59.65 (40.03)
	8:39.61 (39.96)	9:19.40 (39.79)	9:59.37 (39.97)	10:39.49 (40.12)
	11:19.42 (39.93)	11:59.18 (39.76)	12:39.04 (39.86)	13:19.27 (40.23)
	13:59.19 (39.92)	14:39.03 (39.84)	15:19.09 (40.06)	15:58.69 (39.60)
	16:37.76 (39.07)	17:16.95 (39.19)	17:55.88 (38.93)	18:34.78 (38.90)
	19:13.01 (38.23)	19:49.66 (36.65)		
4	Hansen, Ron	59	Skagit Valley YMCA-PN	27:35.19
	1:42.84	2:37.72 (54.88)	4:27.67 (1:49.95)	5:22.62 (54.95)
	8:09.37 (2:46.75)	27:35.19 (19:25.82)		

**Men 55-59 50 SC Meter Backstroke**

1	Edwards, Wes	55	Oregon Swimming-OR	31.54
2	Mann, Steve	56	Oregon Swimming-OR	32.27
3	Brockbank, Doug	55	Oregon Swimming-OR	33.65
4	Clark, Gordon	57	Gordon Club-PN	35.02
5	Reese, Gene	59	Lynnwood Sharks-PN	51.18

**Men 55-59 100 SC Meter Backstroke**

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1	Edwards, Wes	55	Oregon Swimming-OR	<b>1:06.05 Z</b>
	31.97	1:06.05 (34.08)		
2	Mann, Steve	56	Oregon Swimming-OR	1:13.70
	35.72	1:13.70 (37.98)		
3	Clark, Gordon	57	Gordon Club-PN	1:16.86
	36.64	1:16.86 (40.22)		
4	Hansen, Ron	59	Skagit Valley YMCA-PN	1:46.14
	54.67	1:46.14 (51.47)		

**Men 55-59 200 SC Meter Backstroke**

1	Clark, Gordon	57	Gordon Club-PN	2:52.00
	38.58	1:21.68 (43.10)	2:06.72 (45.04)	2:52.00 (45.28)

**Men 55-59 50 SC Meter Breaststroke**

1	Mann, Steve	56	Oregon Swimming-OR	36.52
2	Collins, Greg	59	Federal Way Masters-PN	39.68
3	Reese, Gene	59	Lynnwood Sharks-PN	44.44
4	Hansen, Ron	59	Skagit Valley YMCA-PN	46.70
---	Brockbank, Doug	55	Oregon Swimming-OR	NS

**Men 55-59 100 SC Meter Breaststroke**

1	Collins, Greg	59	Federal Way Masters-PN	1:28.87
	42.17	1:28.87 (46.70)		
2	Sherwood, Reggie	57	Oregon Swimming-OR	1:31.48
	43.27	1:31.48 (48.21)		

**Men 55-59 200 SC Meter Breaststroke**

1	Sherwood, Reggie	57	Oregon Swimming-OR	3:20.55
	45.59	1:37.37 (51.78)	2:29.11 (51.74)	3:20.55 (51.44)
2	Collins, Greg	59	Federal Way Masters-PN	3:20.66
	42.31	1:30.82 (48.51)	2:25.07 (54.25)	3:20.66 (55.59)

**Men 55-59 50 SC Meter Butterfly**

1	Lautman, Scott	56	Federal Way Masters-PN	<b>29.94 P</b>
2	Brockbank, Doug	55	Oregon Swimming-OR	32.80
---	Penn, Bill	57	Tumwater Valley Authority-PN	NS

**Men 55-59 100 SC Meter Butterfly**

1	Lautman, Scott	56	Federal Way Masters-PN	<b>1:06.25 Z</b>
	31.46	1:06.25 (34.79)		
---	Penn, Bill	57	Tumwater Valley Authority-PN	NS

**Men 55-59 200 SC Meter Butterfly**

1	Lautman, Scott	56	Federal Way Masters-PN	<b>2:25.95 Z</b>
	33.01	1:10.00 (36.99)	1:47.14 (37.14)	2:25.95 (38.81)
2	Bell, Alan	57	Unattached-PN	2:45.32
	36.59	1:17.87 (41.28)	2:01.97 (44.10)	2:45.32 (43.35)
3	Penn, Bill	57	Tumwater Valley Authority-PN	3:20.87
	42.07	1:34.69 (52.62)	2:29.72 (55.03)	3:20.87 (51.15)

**Men 55-59 100 SC Meter IM**

1	Edwards, Wes	55	Oregon Swimming-OR	<b>1:09.00 Z</b>
	30.99	1:09.00 (38.01)		
2	Mann, Steve	56	Oregon Swimming-OR	1:11.29
	33.15	1:11.29 (38.14)		
3	Sherwood, Reggie	57	Oregon Swimming-OR	1:23.79
	39.71	1:23.79 (44.08)		

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4	Reese, Gene	59	Lynnwood Sharks-PN	1:46.28
	53.55	1:46.28 (52.73)		
---	Brockbank, Doug	55	Oregon Swimming-OR	NS
---	Clark, Gordon	57	Gordon Club-PN	NS

**Men 55-59 200 SC Meter IM**

---	Reese, Gene	59	Lynnwood Sharks-PN	DQ
	Strokes out of sequence - IM			

**Men 60-64 100 SC Meter Freestyle**

1	Walker, Thomas	61	Columbia Athletic Masters-PN	1:30.35
	43.50	1:30.35 (46.85)		

**Men 60-64 400 SC Meter Freestyle**

1	Bruce, Bob	60	Oregon Swimming-OR	4:58.78
	34.03	1:11.94 (37.91)	1:50.54 (38.60)	2:29.56 (39.02)
	3:07.54 (37.98)	3:45.81 (38.27)	4:22.93 (37.12)	4:58.78 (35.85)
2	Peterson, Steven	62	Old Olympic Peninsula Swimmers	6:22.13
	43.33	1:30.88 (47.55)	2:19.53 (48.65)	3:09.36 (49.83)
	3:58.35 (48.99)	4:47.59 (49.24)	5:36.71 (49.12)	6:22.13 (45.42)

**Men 60-64 1500 SC Meter Freestyle**

1	Bruce, Bob	60	Oregon Swimming-OR	19:46.65
	36.14	1:15.89 (39.75)	1:56.42 (40.53)	2:36.46 (40.04)
	3:16.71 (40.25)	3:56.52 (39.81)	4:36.08 (39.56)	5:15.95 (39.87)
	5:55.74 (39.79)	6:35.43 (39.69)	7:14.92 (39.49)	7:55.05 (40.13)
	8:34.54 (39.49)	9:13.98 (39.44)	9:53.69 (39.71)	10:33.20 (39.51)
	11:13.01 (39.81)	11:52.59 (39.58)	12:32.30 (39.71)	13:11.93 (39.63)
	13:51.58 (39.65)	14:31.30 (39.72)	15:11.15 (39.85)	15:50.85 (39.70)
	16:30.71 (39.86)	17:10.21 (39.50)	17:50.14 (39.93)	18:30.20 (40.06)
	19:10.06 (39.86)	19:46.65 (36.59)		

**Men 60-64 50 SC Meter Backstroke**

1	Walker, Thomas	61	Columbia Athletic Masters-PN	50.33
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**Men 60-64 100 SC Meter Backstroke**

1	McColly, Michael	63	North End Otters-PN	1:18.46
	38.44	1:18.46 (40.02)		
2	Walker, Thomas	61	Columbia Athletic Masters-PN	1:48.65
	52.68	1:48.65 (55.97)		

**Men 60-64 200 SC Meter Backstroke**

1	McColly, Michael	63	North End Otters-PN	2:46.59
	39.80	1:21.61 (41.81)	2:04.36 (42.75)	2:46.59 (42.23)
2	Walker, Thomas	61	Columbia Athletic Masters-PN	3:54.48
	54.44	1:54.35 (59.91)	2:57.23 (1:02.88)	3:54.48 (57.25)

**Men 60-64 100 SC Meter Breaststroke**

1	Peterson, Steven	62	Old Olympic Peninsula Swimmers	1:23.69
	40.35	1:23.69 (43.34)		

**Men 60-64 200 SC Meter Breaststroke**

---	Peterson, Steven	62	Old Olympic Peninsula Swimmers	DQ
	Arms not in same horizontal plane			

**Men 60-64 100 SC Meter IM**

---	McColly, Michael	63	North End Otters-PN	NS
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**Men 60-64 400 SC Meter IM**

1	Bruce, Bob	60	Oregon Swimming-OR		5:55.37
	40.35	1:24.75 (44.40)	2:11.20 (46.45)	2:58.91 (47.71)	
	3:48.73 (49.82)	4:40.49 (51.76)	5:18.58 (38.09)	5:55.37 (36.79)	
2	McColly, Michael	63	North End Otters-PN		6:07.14
	40.15	1:33.21 (53.06)	2:19.59 (46.38)	3:04.66 (45.07)	
	3:56.54 (51.88)	4:47.84 (51.30)	5:28.37 (40.53)	6:07.14 (38.77)	
3	Walker, Thomas	61	Columbia Athletic Masters-PN		8:30.98
	1:00.50	2:12.20 (1:11.70)	3:18.07 (1:05.87)	4:24.97 (1:06.90)	
	5:36.47 (1:11.50)	6:46.12 (1:09.65)	7:41.86 (55.74)	8:30.98 (49.12)	

**Men 65-69 50 SC Meter Freestyle**

1	Dormann, Mine	68	Unattached-PN		1:03.11
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**Men 65-69 100 SC Meter Freestyle**

1	Landis, Tom	66	Oregon Swimming-OR		1:04.44
	30.81	1:04.44 (33.63)			
2	Freeman, Paul	65	Unattached-PN		1:30.26
	44.26	1:30.26 (46.00)			

**Men 65-69 200 SC Meter Freestyle**

1	Landis, Tom	66	Oregon Swimming-OR		<b>2:28.45 Z</b>
	34.06	1:11.97 (37.91)	1:50.23 (38.26)	2:28.45 (38.22)	

**Men 65-69 400 SC Meter Freestyle**

1	Landis, Tom	66	Oregon Swimming-OR		5:42.39
	38.31	1:20.47 (42.16)	2:03.54 (43.07)	2:47.53 (43.99)	
	3:33.02 (45.49)	4:16.84 (43.82)	5:00.38 (43.54)	5:42.39 (42.01)	

**Men 65-69 50 SC Meter Backstroke**

---	McKinlay, Michael	65	Bellevue Eastside Masters-PN		NS
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**Men 65-69 100 SC Meter Backstroke**

1	McDougall, Allan	67	North Whidbey Masters-PN		<b>1:25.91 P</b>
	42.22	1:25.91 (43.69)			
2	Norby, Michael	67	Unattached-PN		1:33.65
	45.41	1:33.65 (48.24)			
---	McKinlay, Michael	65	Bellevue Eastside Masters-PN		NS

**Men 65-69 200 SC Meter Backstroke**

1	McDougall, Allan	67	North Whidbey Masters-PN		3:04.52
		1:28.23 ( )	2:16.14 (47.91)	3:04.52 (48.38)	
2	Norby, Michael	67	Unattached-PN		3:14.43
	46.47	1:35.60 (49.13)	2:26.10 (50.50)	3:14.43 (48.33)	

**Men 65-69 50 SC Meter Breaststroke**

1	Freeman, Paul	65	Unattached-PN		50.68
---	McKinlay, Michael	65	Bellevue Eastside Masters-PN		NS

**Men 65-69 100 SC Meter Breaststroke**

1	McDougall, Allan	67	North Whidbey Masters-PN		1:32.04
	44.31	1:32.04 (47.73)			
---	Freeman, Paul	65	Unattached-PN		NS

**Men 65-69 200 SC Meter Breaststroke**

---	Freeman, Paul	65	Unattached-PN		NS
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**Men 65-69 100 SC Meter Butterfly**

1	Norby, Michael	67	Unattached-PN	1:40.44
	45.54	1:40.44	(54.90)	

**Men 65-69 100 SC Meter IM**

1	Norby, Michael	67	Unattached-PN	1:30.57
	42.55	1:30.57	(48.02)	

**Men 65-69 200 SC Meter IM**

1	Norby, Michael	67	Unattached-PN	3:13.94
		1:33.88 ( )	2:31.74 (57.86)	3:13.94 (42.20)

**Men 70-74 50 SC Meter Freestyle**

---	Newquist, Frank	71	Federal Way Masters-PN	NS
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**Men 70-74 100 SC Meter Freestyle**

1	Long, Thomas	71	Unattached-PN	1:20.06
	38.12	1:20.06	(41.94)	
2	Newquist, Frank	71	Federal Way Masters-PN	1:36.54
	46.53	1:36.54	(50.01)	

**Men 70-74 400 SC Meter Freestyle**

1	Newquist, Frank	71	Federal Way Masters-PN	7:23.92
	52.02	1:50.43 (58.41)	2:48.23 (57.80)	3:45.60 (57.37)
	4:41.94 (56.34)	5:35.98 (54.04)	6:30.27 (54.29)	7:23.92 (53.65)
2	Rehfeldt, Don	74	Unattached-PN	7:39.30
	48.45	1:43.97 (55.52)	2:42.78 (58.81)	3:42.08 (59.30)
	4:41.88 (59.80)	5:43.29 (1:01.41)	6:41.57 (58.28)	7:39.30 (57.73)

**Men 70-74 50 SC Meter Backstroke**

1	Thayer, George	72	Oregon Swimming-OR	42.07
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**Men 70-74 100 SC Meter Backstroke**

1	Thayer, George	72	Oregon Swimming-OR	1:31.25
	43.92	1:31.25	(47.33)	
---	Newquist, Frank	71	Federal Way Masters-PN	NS

**Men 70-74 200 SC Meter Backstroke**

1	Thayer, George	72	Oregon Swimming-OR	3:22.93
	46.42	1:38.61 (52.19)	2:32.27 (53.66)	3:22.93 (50.66)

**Men 70-74 50 SC Meter Breaststroke**

1	Long, Thomas	71	Unattached-PN	<b>45.12 P</b>
2	Rehfeldt, Don	74	Unattached-PN	51.64

**Men 70-74 100 SC Meter Breaststroke**

1	Long, Thomas	71	Unattached-PN	<b>1:40.97 P</b>
	48.66	1:40.97	(52.31)	
2	Rehfeldt, Don	74	Unattached-PN	1:57.92
	56.32	1:57.92	(1:01.60)	

**Men 70-74 200 SC Meter Breaststroke**

1	Rehfeldt, Don	74	Unattached-PN	4:15.26
	56.76	2:01.23 (1:04.47)	3:08.30 (1:07.07)	4:15.26 (1:06.96)

**Men 70-74 50 SC Meter Butterfly**

1	Petersen, Bert	70	Oregon Swimming-OR	<b>31.55 W</b>
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**Men 70-74 100 SC Meter Butterfly**

--- Petersen, Bert 70 Oregon Swimming-OR NS

**Men 70-74 200 SC Meter Butterfly**

1 Foley, Tom 74 Tigers-PN 6:30.44  
 1:22.02 3:05.49 (1:43.47) 4:50.59 (1:45.10) 6:30.44 (1:39.85)

**Men 70-74 100 SC Meter IM**

1 Foley, Tom 74 Tigers-PN 2:12.06  
 1:05.33 2:12.06 (1:06.73)  
 --- Rehfeldt, Don 74 Unattached-PN NS  
 --- Thayer, George 72 Oregon Swimming-OR NS  
 36.20

**Men 70-74 400 SC Meter IM**

1 Foley, Tom 74 Tigers-PN 10:36.65  
 1:19.97 4:11.94 (2:51.97) 5:26.12 (1:14.18) 6:53.49 (1:27.37)  
 8:19.21 (1:25.72) 9:29.12 (1:09.91) 10:36.65 (1:07.53)

**Men 75-79 50 SC Meter Freestyle**

1 Dorse, Bob 77 Tigers-PN 36.51

**Men 75-79 100 SC Meter Freestyle**

1 King, Bill 75 Oregon Swimming-OR **1:21.57 Z**  
 39.91 1:21.57 (41.66)

**Men 75-79 200 SC Meter Freestyle**

1 King, Bill 75 Oregon Swimming-OR **3:08.31 Z**  
 42.80 1:30.88 (48.08) 2:20.04 (49.16) 3:08.31 (48.27)

**Men 75-79 100 SC Meter IM**

1 Dorse, Bob 77 Tigers-PN 1:48.99  
 55.10 1:48.99 (53.89)

**Men 75-79 200 SC Meter IM**

--- Dorse, Bob 77 Tigers-PN DQ  
 Shoulders past vertical toward breast - back

**Men 80-84 50 SC Meter Freestyle**

1 Prosser, Harvey 80 North Whidbey Masters-PN **41.10 P**  
 2 Roudebush, George 83 Bainbridge Area Masters-PN 58.82

**Men 80-84 100 SC Meter Freestyle**

1 Prosser, Harvey 80 North Whidbey Masters-PN **1:31.34 P**  
 43.56 1:31.34 (47.78)

**Men 80-84 400 SC Meter Freestyle**

1 Prosser, Harvey 80 North Whidbey Masters-PN **7:04.66 Z**  
 47.52 1:41.15 (53.63) 2:37.76 (56.61) 3:31.49 (53.73)  
 4:26.63 (55.14) 5:22.45 (55.82) 6:15.61 (53.16) 7:04.66 (49.05)

**Men 80-84 50 SC Meter Backstroke**

1 Roudebush, George 83 Bainbridge Area Masters-PN 1:06.74

**Men 80-84 100 SC Meter Backstroke**



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1 Roudebush, George 83 Bainbridge Area Masters-PN 2:34.06  
1:15.14 2:34.06 (1:18.92)

**Men 80-84 200 SC Meter Backstroke**

1 Roudebush, George 83 Bainbridge Area Masters-PN 5:35.16  
2:45.36 ( ) 5:35.16 (2:49.80)

**Men 80-84 100 SC Meter IM**

1 Prosser, Harvey 80 North Whidbey Masters-PN **1:53.06 P**  
57.12 1:53.06 (55.94)

**Women 72-99 200 SC Meter Freestyle Relay**

--- Western WA U Masters-PN A DQ  
Early take-off swimmer #3  
1) Dowdle, Angie W19 2) Mar, Emiko W22 3) Hillis, Tinnel W20 4) Pierce, Shona W22

**Women 72-99 200 SC Meter Medley Relay**

1 Western WA U Masters-PN A 2:28.21  
1) Naylor, Elisha W22 2) Pierce, Shona W22 3) Mar, Emiko W22 4) Dowdle, Angie W19  
40.49 2:02.69 (1:22.20) 2:28.21 (25.52)

**Women 120-159 200 SC Meter Medley Relay**

2 Columbia Athletic Masters-P A 2:42.60  
1) Foley, Jacquelyn W26 2) Scher, Lisa W41 3) Krass, Cynthia W45 4) Callies, Shannon W38  
35.81 2:42.60 (2:06.79)

**Women 160-199 200 SC Meter Freestyle Relay**

1 Skagit Valley YMCA-PN A 3:15.03  
1) Zimmerman, Barbara W57 2) Crane, Connie W45 3) Wade, Rebecca W51 4) Singer, Shannon W37  
1:48.25 ( ) 2:39.72 (51.47) 3:15.03 (35.31)

**Women 240-279 200 SC Meter Medley Relay**

1 Oregon Swimming-OR A **2:41.53 N**  
1) Frid, Barbara W66 2) Pierson, Ginger W62 3) Ward, Joy W66 4) Rousseau, Sandi W61

**Men 160-199 200 SC Meter Freestyle Relay**

1 Unattached-PN A 1:58.75  
1) Yamasak, Adam M33 2) Cary, Dale M51 3) Hollenback, David M42 4) Bailey, Dan M50  
29.48 59.32 (29.84) 1:29.97 (30.65) 1:58.75 (28.78)

**Men 160-199 200 SC Meter Medley Relay**

1 Unattached-PN A 2:13.50  
1) Yamasak, Adam M33 2) Cary, Dale M51 3) Hollenback, David M42 4) Bailey, Dan M50  
33.91 1:12.28 (38.37) 1:44.18 (31.90) 2:13.50 (29.32)

**Men 200-239 200 SC Meter Medley Relay**

1 Columbia Athletic Masters-P A 2:33.09  
1) Keith, David M51 2) Hoke, Bryan M42 3) Haynie, Carl M48 4) Walker, Thomas M61  
37.24 1:17.76 (40.52) 1:50.19 (32.43) 2:33.09 (42.90)

**Mixed 160-199 200 SC Meter Freestyle Relay**

1 Skagit Valley YMCA-PN A 2:31.21  
1) Crane, Connie W45 2) Ness, Kerry M39 3) Singer, Shannon W37 4) Kendrick, James M56  
45.79 1:21.82 (36.03) 2:01.74 (39.92) 2:31.21 (29.47)

**REQUESTED OFFICIAL SPLITS**

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Men	60-64	200	Free	Bob Bruce	2:29.56
Men	60-64	100	Fly	Bob Bruce	1:24.75
Men	60-64	800	Free	Bob Bruce	10:33.20
Men	35-39	800	Free	Kirk Nelson	9:33.93
Women	50-54	800	Free	Jeanne Carlsen	10:04.45
Women	60-64	800	Free	Sally Dillon	12:51.11
Women	60-64	400	Free	Sally Dillon	6:19.86
Women	60-64	800	Free	Kathrine Casey	13:28.93
Women	60-64	400	Free	Kathrine Casey	6:50.13
Women	60-64	200	Free	Kathrine Casey	3:07.00
Women	60-64	100	Free	Kathrine Casey	1:32.26
Women	60-64	50	Free	Kathrine Casey	44.62