

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 1 Women 18-24 400 Yard IM**

| Name              | Age             | Team                | Finals Time     | Points          |
|-------------------|-----------------|---------------------|-----------------|-----------------|
| 1 Kunze, Brittany | 24              | Greenlake Aquaducks | 5:11.68         | 13              |
|                   | 33.87           | 1:12.28 (38.41)     | 1:53.32 (41.04) | 2:33.17 (39.85) |
|                   | 3:16.55 (43.38) | 3:59.40 (42.85)     | 4:35.89 (36.49) | 5:11.68 (35.79) |
| 2 Coulson, Emma   | 23              | Federal Way Masters | 5:35.82         | 11              |
|                   | 36.33           | 1:20.97 (44.64)     | 2:00.90 (39.93) | 2:40.49 (39.59) |
|                   | 3:28.58 (48.09) | 4:17.23 (48.65)     | 4:57.30 (40.07) | 5:35.82 (38.52) |

**Event 1 Women 30-34 400 Yard IM**

|                    |                   |                           |                 |                 |
|--------------------|-------------------|---------------------------|-----------------|-----------------|
| 1 Nordberg, Carrie | 32                | Bellevue Eastside Masters | 5:02.49         | 13              |
|                    | 32.02             | 1:07.33 (35.31)           | 1:49.24 (41.91) | 2:30.34 (41.10) |
|                    | 3:12.51 (42.17)   | 3:55.09 (42.58)           | 4:29.35 (34.26) | 5:02.49 (33.14) |
| 2 Tulou, Tamara    | 34                | Bainbridge Area Masters   | 6:49.42         | 11              |
|                    | 43.87             | 1:37.21 (53.34)           | 2:28.93 (51.72) | 3:17.03 (48.10) |
|                    | 4:18.62 (1:01.59) | 5:19.95 (1:01.33)         | 6:06.54 (46.59) | 6:49.42 (42.88) |

**Event 1 Women 35-39 400 Yard IM**

|                  |                 |                     |                 |                 |
|------------------|-----------------|---------------------|-----------------|-----------------|
| *1 Reddoch, Jill | 38              | Federal Way Masters | 6:43.32         | 13              |
|                  | 45.92           | 1:41.14 (55.22)     | 2:33.53 (52.39) | 3:26.06 (52.53) |
|                  | 4:18.94 (52.88) | 5:13.33 (54.39)     | 5:59.66 (46.33) | 6:43.32 (43.66) |

**Event 1 Women 40-44 400 Yard IM**

|                     |                   |                   |                 |                 |
|---------------------|-------------------|-------------------|-----------------|-----------------|
| *1 Del Rio, Laura   | 42                | North End Otters  | 6:04.32         | 13              |
|                     | 41.56             | 1:27.21 (45.65)   | 2:16.55 (49.34) | 3:05.14 (48.59) |
|                     | 3:53.53 (48.39)   | 4:41.81 (48.28)   | 5:24.04 (42.23) | 6:04.32 (40.28) |
| 2 Quistorf, Renee   | 43                | North End Otters  | 6:37.76         | 11              |
|                     | 36.94             | 1:20.37 (43.43)   | 2:09.38 (49.01) | 2:58.10 (48.72) |
|                     | 3:58.60 (1:00.50) | 4:59.78 (1:01.18) | 5:50.43 (50.65) | 6:37.76 (47.33) |
| --- Reynolds, Ellen | 43                | Sawtooth Masters  | X4:57.37        |                 |
|                     | 32.85             | 1:10.57 (37.72)   | 1:48.94 (38.37) | 2:26.29 (37.35) |
|                     | 3:10.50 (44.21)   | 3:53.76 (43.26)   | 4:26.48 (32.72) | 4:57.37 (30.89) |

**Event 1 Women 45-49 400 Yard IM**

|                    |                 |                     |                 |                 |
|--------------------|-----------------|---------------------|-----------------|-----------------|
| *1 Hickel, Jessica | 49              | Federal Way Masters | 5:59.33         | 13              |
|                    | 41.47           | 1:29.80 (48.33)     | 2:14.93 (45.13) | 2:59.85 (44.92) |
|                    | 3:51.57 (51.72) | 4:43.17 (51.60)     | 5:22.45 (39.28) | 5:59.33 (36.88) |

**Event 1 Women 50-54 400 Yard IM**

|                  |                 |                  |                 |                 |
|------------------|-----------------|------------------|-----------------|-----------------|
| *1 Cooley, Cathy | 50              | North End Otters | 5:30.03         | 13              |
|                  | 36.32           | 1:15.84 (39.52)  | 1:57.46 (41.62) | 2:38.63 (41.17) |
|                  | 3:25.48 (46.85) | 4:13.05 (47.57)  | 4:52.01 (38.96) | 5:30.03 (38.02) |

**Event 1 Men 30-34 400 Yard IM**

|                   |       |                     |                 |                 |
|-------------------|-------|---------------------|-----------------|-----------------|
| *1 Nordyke, Brent | 32    | Federal Way Masters | 4:29.54         | 13              |
|                   | 27.46 | 59.00 (31.54)       | 1:35.75 (36.75) | 2:11.86 (36.11) |

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|  |                     |                 |                              |                   |          |    |
|--|---------------------|-----------------|------------------------------|-------------------|----------|----|
|  | 2:48.63 (36.77)     | 3:26.49 (37.86) | 3:59.12 (32.63)              | 4:29.54 (30.42)   |          |    |
| 2                                      | Yanasak, Adam       | 33              | Everett Masters Swimmers     |                   | 5:04.97  | 11 |
|  | 31.32               | 1:07.37 (36.05) | 1:45.60 (38.23)              | 2:23.68 (38.08)   |          |    |
|  | 3:10.04 (46.36)     | 3:55.53 (45.49) | 4:31.73 (36.20)              | 5:04.97 (33.24)   |          |    |
| ---                                    | Polito, Chip        | 31              | Oregon Masters               |                   | X4:18.74 |    |
|  | 27.49               | 58.66 (31.17)   | 1:32.96 (34.30)              | 2:05.73 (32.77)   |          |    |
|  | 2:42.73 (37.00)     | 3:19.25 (36.52) | 3:49.52 (30.27)              | 4:18.74 (29.22)   |          |    |
| <b>Event 1 Men 35-39 400 Yard IM</b>   |                     |                 |                              |                   |          |    |
| 1                                      | Nelson, Kirk        | 37              | Husky Masters                |                   | 4:44.74  | 13 |
|  | 29.81               | 1:02.78 (32.97) | 1:41.77 (38.99)              | 2:18.43 (36.66)   |          |    |
|  | 2:59.81 (41.38)     | 3:40.68 (40.87) | 4:13.63 (32.95)              | 4:44.74 (31.11)   |          |    |
| <b>(Event 1 Men 35-39 400 Yard IM)</b> |                     |                 |                              |                   |          |    |
| 2                                      | Dunn, Erin          | 37              | Bellevue Eastside Masters    |                   | 4:56.89  | 11 |
|  | 31.27               | 1:08.21 (36.94) | 1:49.68 (41.47)              | 2:29.95 (40.27)   |          |    |
|  | 3:11.95 (42.00)     | 3:54.15 (42.20) | 4:26.32 (32.17)              | 4:56.89 (30.57)   |          |    |
| 3                                      | Noah, Kevin         | 36              | Tumwater Valley Aquatic Club |                   | 5:05.71  | 10 |
|  | 29.57               | 1:04.11 (34.54) | 1:43.71 (39.60)              | 2:23.12 (39.41)   |          |    |
|  | 3:08.44 (45.32)     | 3:55.53 (47.09) | 4:30.84 (35.31)              | 5:05.71 (34.87)   |          |    |
| ---                                    | Hartley, Michael    | 38              | Hydropower Masters Swim Club |                   | X5:32.67 |    |
|  | 3:31.45             | 3:32.06 (0.61)  | 3:38.68 (6.62)               | 3:40.30 (1.62)    |          |    |
|  | 4:14.25 (33.95)     | 4:28.09 (13.84) | 4:56.04 (27.95)              | 5:32.67 (36.63)   |          |    |
| <b>Event 1 Men 40-44 400 Yard IM</b>   |                     |                 |                              |                   |          |    |
| 1                                      | Kays, David         | 40              | Pro Sports Club              |                   | 4:29.84  | 13 |
|  | 29.13               | 1:01.25 (32.12) | 1:38.89 (37.64)              | 2:15.78 (36.89)   |          |    |
|  | 2:51.05 (35.27)     | 3:32.30 (41.25) | 4:01.70 (29.40)              | 4:29.84 (28.14)   |          |    |
| 2                                      | Nelson, Michael     | 43              | Lynnwood Sharks              |                   | 5:32.78  | 11 |
|  | 37.20               | 1:14.60 (37.40) | 1:59.64 (45.04)              | 2:45.98 (46.34)   |          |    |
|  | 3:32.65 (46.67)     | 4:19.47 (46.82) | 4:57.16 (37.69)              | 5:32.78 (35.62)   |          |    |
| 3                                      | Ferrero, Rick       | 44              | South Whidbey Island Masters |                   | 5:37.87  | 10 |
|  | 34.55               | 1:13.19 (38.64) | 1:56.76 (43.57)              | 2:40.67 (43.91)   |          |    |
|  | 3:32.14 (51.47)     | 4:21.86 (49.72) | 5:00.30 (38.44)              | 5:37.87 (37.57)   |          |    |
| ---                                    | Clydesdale, William | 40              | Oregon Masters               |                   | X5:02.93 |    |
|  | 32.50               | 1:09.03 (36.53) | 1:49.34 (40.31)              | 2:29.59 (40.25)   |          |    |
|  | 3:11.92 (42.33)     | 3:54.58 (42.66) | 4:29.66 (35.08)              | 5:02.93 (33.27)   |          |    |
| <b>Event 1 Men 45-49 400 Yard IM</b>   |                     |                 |                              |                   |          |    |
| 1                                      | Grandine, Tom       | 49              | Mercer Island Redwoods       |                   | 5:15.86  | 13 |
|  | 32.98               | 1:12.36 (39.38) | 1:53.12 (40.76)              | 2:32.91 (39.79)   |          |    |
|  | 3:18.83 (45.92)     | 4:04.60 (45.77) | 4:40.77 (36.17)              | 5:15.86 (35.09)   |          |    |
| *---                                   | Valley, Eric        | 46              | Nonscoring                   |                   | X4:53.86 |    |
|  | 52.31               | 1:07.46 (15.15) | 1:46.17 (38.71)              | 4:15.30 (2:29.13) |          |    |
|  | 4:15.88 (0.58)      | 4:16.32 (0.44)  | 4:17.00 (0.68)               | 4:53.86 (36.86)   |          |    |
| *---                                   | Garcia, Doug        | 46              | Hydropower Masters Swim Club |                   | X6:04.75 |    |
|  | 41.39               | 1:30.20 (48.81) | 2:15.85 (45.65)              | 3:00.45 (44.60)   |          |    |

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3:51.32 (50.87) 4:42.62 (51.30) 5:26.34 (43.72) 6:04.75 (38.41)

**Event 1 Men 60-64 400 Yard IM**

|     |                   |                   |                          |                 |    |
|-----|-------------------|-------------------|--------------------------|-----------------|----|
| 1   | McColly, Michael  | 62                | North End Otters         | 5:25.18         | 13 |
|     | 34.28             | 1:18.40 (44.12)   | 2:00.55 (42.15)          | 2:40.12 (39.57) |    |
|     | 3:26.63 (46.51)   | 4:12.81 (46.18)   | 4:49.99 (37.18)          | 5:25.18 (35.19) |    |
| 2   | Kimball, Hugh     | 61                | Greenlake Aquaducks      | 6:37.46         | 11 |
|     | 43.72             | 1:33.18 (49.46)   | 2:29.30 (56.12)          | 3:23.34 (54.04) |    |
|     | 4:18.43 (55.09)   | 5:11.34 (52.91)   | 5:55.16 (43.82)          | 6:37.46 (42.30) |    |
| --- | Walker, Thomas    | 61                | Columbia Aquatic Masters | DQ              |    |
|     | 56.89             | 2:00.93 (1:04.04) | 3:00.77 (59.84)          | 3:59.84 (59.07) |    |
|     | 5:08.04 (1:08.20) | 6:13.73 (1:05.69) | 7:03.28 (49.55)          | DQ (43.95)      |    |

**Event 1 Men 65-69 400 Yard IM**

|     |                 |                 |                  |                 |    |
|-----|-----------------|-----------------|------------------|-----------------|----|
| 1   | Norby, Michael  | 66              | North End Otters | 6:07.11         | 13 |
|     | 36.54           | 1:23.56 (47.02) | 2:12.13 (48.57)  | 2:58.41 (46.28) |    |
|     | 3:52.10 (53.69) | 4:45.24 (53.14) | 5:26.84 (41.60)  | 6:07.11 (40.27) |    |
| --- | Landis, Tom     | 66              | Oregon Masters   | X5:23.48        |    |
|     | 33.42           | 1:12.32 (38.90) | 1:55.88 (43.56)  | 2:38.31 (42.43) |    |
|     | 3:27.09 (48.78) | 4:15.43 (48.34) | 4:50.95 (35.52)  | 5:23.48 (32.53) |    |

**Event 1 Men 70-74 400 Yard IM**

|   |                   |                   |                   |                   |    |
|---|-------------------|-------------------|-------------------|-------------------|----|
| 1 | Rehfeldt, Don     | 73                | Pna Unattached    | 8:03.77           | 13 |
|   | 56.69             | 2:12.14 (1:15.45) | 3:09.61 (57.47)   | 4:07.19 (57.58)   |    |
|   | 5:09.66 (1:02.47) | 6:13.17 (1:03.51) | 7:09.14 (55.97)   | 8:03.77 (54.63)   |    |
| 2 | Foley, Tom        | 73                | Tigers            | 9:07.78           | 11 |
|   | 1:07.36           | 2:32.12 (1:24.76) | 3:33.81 (1:01.69) | 4:36.56 (1:02.75) |    |
|   | 5:53.10 (1:16.54) | 7:07.17 (1:14.07) | 8:07.79 (1:00.62) | 9:07.78 (59.99)   |    |

**Event 2 Women 18-24 50 Yard Backstroke**

|   |                |    |                           |       |    |
|---|----------------|----|---------------------------|-------|----|
| 1 | Cox, Allison   | 23 | Bellevue Eastside Masters | 30.46 | 13 |
| 2 | Naylor, Elisha | 21 | Western WA U Masters      | 33.19 | 11 |
| 3 | DePaoli, Leah  | 23 | North End Otters          | 34.19 | 10 |

**Event 2 Women 25-29 50 Yard Backstroke**

|     |                 |    |                              |       |    |
|-----|-----------------|----|------------------------------|-------|----|
| 1   | Lochner, Lauren | 29 | Swim Seattle Redhawk Masters | 38.42 | 13 |
| --- | Marcy, Marcia   | 28 | Ohana Swim Team              | DQ    |    |

**Event 2 Women 30-34 50 Yard Backstroke**

|   |                |    |                         |       |    |
|---|----------------|----|-------------------------|-------|----|
| 1 | Casey, Shannon | 30 | Federal Way Masters     | 33.44 | 13 |
| 2 | Tulou, Tamara  | 34 | Bainbridge Area Masters | 38.66 | 11 |

**Event 2 Women 35-39 50 Yard Backstroke**

|   |                  |    |                     |       |    |
|---|------------------|----|---------------------|-------|----|
| 1 | Mesler, Jennifer | 37 | Federal Way Masters | 33.06 | 13 |
|---|------------------|----|---------------------|-------|----|

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|     |                      |    |                     |        |    |
|-----|----------------------|----|---------------------|--------|----|
| 2   | Antilla, Kristine    | 39 | Ohana Swim Team     | 40.73  | 11 |
| 3   | Singer, Shannon      | 38 | Skagit Valley YMCA  | 42.01  | 10 |
| 4   | McCullough, Janae    | 37 | Ohana Swim Team     | 42.64  | 9  |
| 5   | Colaizzi, Maureen    | 38 | North End Otters    | 42.91  | 8  |
| 6   | Fitzpatrick, Deirdre | 36 | Federal Way Masters | 48.22  | 7  |
| --- | Senkier, Kristine    | 38 | Oregon Masters      | X31.99 |    |

**Event 2 Women 40-44 50 Yard Backstroke**

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 1 | Grimm, Leslie   | 44 | Pna Unattached      | 31.84 | 13 |
| 2 | Del Rio, Laura  | 42 | North End Otters    | 39.09 | 11 |
| 3 | Moore, Kathy    | 41 | Pna Unattached      | 39.11 | 10 |
| 4 | Thill, Marcelle | 40 | Middle Aged Marlins | 50.51 | 9  |

**Event 2 Women 45-49 50 Yard Backstroke**

|      |                           |    |                              |        |    |
|------|---------------------------|----|------------------------------|--------|----|
| 1    | Spenser, Tracey           | 47 | West Seattle YMCA Dolphins   | 34.09  | 13 |
| 2    | Hickel, Jessica           | 49 | Federal Way Masters          | 39.05  | 11 |
| 3    | Main, Susie               | 49 | North End Otters             | 45.19  | 10 |
| *--- | Tomlinson-Macias, Melinda | 49 | Hydropower Masters Swim Club | X42.81 |    |

**Event 2 Women 50-54 50 Yard Backstroke**

|      |                   |    |                  |    |  |
|------|-------------------|----|------------------|----|--|
| *--- | Severin, Jennifer | 53 | North End Otters | DQ |  |
|------|-------------------|----|------------------|----|--|

**Event 2 Women 55-59 50 Yard Backstroke**

|   |               |    |                     |         |    |
|---|---------------|----|---------------------|---------|----|
| 1 | McNeel, Sandy | 55 | North End Otters    | 53.22   | 13 |
| 2 | Doonan, Cathy | 58 | Federal Way Masters | 1:12.83 | 11 |

**Event 2 Women 60-64 50 Yard Backstroke**

|      |                 |    |                |        |  |
|------|-----------------|----|----------------|--------|--|
| *--- | Rousseau, Sandi | 60 | Oregon Masters | X41.71 |  |
|------|-----------------|----|----------------|--------|--|

**Event 2 Women 65-69 50 Yard Backstroke**

|      |               |    |                |        |  |
|------|---------------|----|----------------|--------|--|
| *--- | Ward, Joy     | 65 | Oregon Masters | X38.66 |  |
| *--- | Frid, Barbara | 65 | Oregon Masters | X39.48 |  |

**Event 2 Women 70-74 50 Yard Backstroke**

|   |                |    |                |       |    |
|---|----------------|----|----------------|-------|----|
| 1 | Allen, Barbara | 74 | Pna Unattached | 51.35 | 13 |
|---|----------------|----|----------------|-------|----|

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****(Event 2 Women 70-74 50 Yard Backstroke)**

|     |                    |    |                 |          |  |
|-----|--------------------|----|-----------------|----------|--|
| --- | Hastings, Patricia | 72 | Montana Masters | X1:10.46 |  |
|-----|--------------------|----|-----------------|----------|--|

**Event 2 Women 80-84 50 Yard Backstroke**

|    |                   |    |                         |       |    |
|----|-------------------|----|-------------------------|-------|----|
| *1 | Phillips, Bernice | 80 | Bainbridge Area Masters | 54.64 | 13 |
|----|-------------------|----|-------------------------|-------|----|

**Event 2 Men 18-24 50 Yard Backstroke**

|    |               |    |                      |       |    |
|----|---------------|----|----------------------|-------|----|
| *1 | Fanning, Mark | 22 | Western WA U Masters | 27.86 | 13 |
|----|---------------|----|----------------------|-------|----|

|   |                  |    |                     |       |    |
|---|------------------|----|---------------------|-------|----|
| 2 | Johnson, Elliott | 23 | Federal Way Masters | 32.28 | 11 |
|---|------------------|----|---------------------|-------|----|

|   |                |    |                      |       |    |
|---|----------------|----|----------------------|-------|----|
| 3 | Whipple, Aaron | 24 | Olympic Aquatic Club | 32.98 | 10 |
|---|----------------|----|----------------------|-------|----|

**Event 2 Men 25-29 50 Yard Backstroke**

|     |                |    |                |    |  |
|-----|----------------|----|----------------|----|--|
| --- | Breiler, Scott | 25 | Orca Swim Club | DQ |  |
|-----|----------------|----|----------------|----|--|

**Event 2 Men 30-34 50 Yard Backstroke**

|    |              |    |               |       |    |
|----|--------------|----|---------------|-------|----|
| *1 | Arnold, Mark | 33 | Husky Masters | 27.07 | 13 |
|----|--------------|----|---------------|-------|----|

**Event 2 Men 35-39 50 Yard Backstroke**

|    |               |    |                              |       |    |
|----|---------------|----|------------------------------|-------|----|
| *1 | Lassen, Jason | 35 | Bellingham Masters Swim Team | 38.42 | 13 |
|----|---------------|----|------------------------------|-------|----|

**Event 2 Men 40-44 50 Yard Backstroke**

|    |                |    |                     |       |    |
|----|----------------|----|---------------------|-------|----|
| *1 | Kreer, Kenneth | 44 | Federal Way Masters | 45.06 | 13 |
|----|----------------|----|---------------------|-------|----|

|     |               |    |                |        |  |
|-----|---------------|----|----------------|--------|--|
| --- | Butcher, Gano | 44 | Oregon Masters | X27.87 |  |
|-----|---------------|----|----------------|--------|--|

**Event 2 Men 45-49 50 Yard Backstroke**

|   |                    |    |                     |       |    |
|---|--------------------|----|---------------------|-------|----|
| 1 | Littlefield, James | 47 | Federal Way Masters | 30.37 | 13 |
|---|--------------------|----|---------------------|-------|----|

|   |                   |    |                |       |    |
|---|-------------------|----|----------------|-------|----|
| 2 | Schafer, Jon-Eric | 49 | Pna Unattached | 33.43 | 11 |
|---|-------------------|----|----------------|-------|----|

|   |                |    |                     |       |    |
|---|----------------|----|---------------------|-------|----|
| 3 | Kennedy, Keith | 45 | Federal Way Masters | 34.03 | 10 |
|---|----------------|----|---------------------|-------|----|

|   |           |    |                 |       |   |
|---|-----------|----|-----------------|-------|---|
| 4 | Oren, Ron | 48 | Lynnwood Sharks | 36.50 | 9 |
|---|-----------|----|-----------------|-------|---|

|   |                |    |                  |       |   |
|---|----------------|----|------------------|-------|---|
| 5 | Huckabee, John | 49 | North End Otters | 43.78 | 8 |
|---|----------------|----|------------------|-------|---|

**Event 2 Men 50-54 50 Yard Backstroke**

|   |              |    |                           |       |    |
|---|--------------|----|---------------------------|-------|----|
| 1 | Baker, Loren | 53 | Bellevue Eastside Masters | 31.50 | 13 |
|---|--------------|----|---------------------------|-------|----|

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 2 | Sylvester, John | 51 | Greenlake Aquaducks | 31.57 | 11 |
|---|-----------------|----|---------------------|-------|----|

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 3 | Freeborn, Steve | 52 | Federal Way Masters | 32.31 | 10 |
|---|-----------------|----|---------------------|-------|----|

|   |                |    |                           |       |   |
|---|----------------|----|---------------------------|-------|---|
| 4 | Smith, Matthew | 51 | Bellevue Eastside Masters | 33.00 | 9 |
|---|----------------|----|---------------------------|-------|---|

|   |              |    |                          |       |   |
|---|--------------|----|--------------------------|-------|---|
| 5 | Keith, David | 51 | Columbia Aquatic Masters | 33.18 | 8 |
|---|--------------|----|--------------------------|-------|---|

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|   |                   |    |                                |                 |                 |
|---|-------------------|----|--------------------------------|-----------------|-----------------|
| 6   | Hartwig, Bob      | 53 | Federal Way Masters            | 40.10           | 7               |
| ---   | Macias, Jesse     | 50 | Hydropower Masters Swim Club   | X1:18.66        |                 |
| <b>Event 2 Men 55-59 50 Yard Backstroke</b>   |                   |    |                                |                 |                 |
| *1  | Clark, Gordon     | 56 | Bainbridge Area Masters        | 30.66           | 13              |
| <b>Event 2 Men 60-64 50 Yard Backstroke</b>   |                   |    |                                |                 |                 |
| *1  | Spencer, Rick     | 60 | Old Olympic Peninsula Swimmers | 33.91           | 13              |
| 2   | McKinlay, Michael | 64 | Bellevue Eastside Masters      | 39.94           | 11              |
| 3   | Hunn, Eugene      | 64 | North End Otters               | 48.74           | 10              |
| *---  | Stout, Jon        | 61 | Oregon Masters                 | X33.76          |                 |
| <b>Event 2 Men 70-74 50 Yard Backstroke</b>   |                   |    |                                |                 |                 |
| *---  | Jelinek, Don      | 74 | Montana Masters                | X54.97          |                 |
| *---  | Bronson, Hiram    | 73 | Skagit Valley YMCA             | DQ              |                 |
| <b>Event 2 Men 80-84 50 Yard Backstroke</b>   |                   |    |                                |                 |                 |
| 1   | Roudebush, George | 82 | Bainbridge Area Masters        | 58.53           | 13              |
| <b>Event 3 Women 35-39 200 Yard Butterfly</b> |                   |    |                                |                 |                 |
| ---   | Cuero, Patricia   | 38 | Masters of South Texas         | X3:41.88        |                 |
|   |                   |    |                                | 47.85           | 1:42.64 (54.79) |
|   |                   |    |                                | 2:42.50 (59.86) | 3:41.88 (59.38) |
| <b>Event 3 Women 45-49 200 Yard Butterfly</b> |                   |    |                                |                 |                 |
| 1   | Hickel, Jessica   | 49 | Federal Way Masters            | 3:12.49         | 13              |
| <b>Event 3 Women 50-54 200 Yard Butterfly</b> |                   |    |                                |                 |                 |
| *---  | Jaeger, Dawn      | 51 | North End Otters               | DQ              |                 |
| <b>Event 3 Women 60-64 200 Yard Butterfly</b> |                   |    |                                |                 |                 |
| *---  | Pierson, Ginger   | 62 | Oregon Masters                 | X3:12.46        |                 |
|   |                   |    |                                | 42.09           | 1:29.51 (47.42) |
|   |                   |    |                                | 2:20.24 (50.73) | 3:12.46 (52.22) |
| <b>Event 3 Men 18-24 200 Yard Butterfly</b>   |                   |    |                                |                 |                 |
| *---  | Cleary, Kevin     | 24 | Oregon Masters                 | X2:17.68        |                 |
| <b>Event 3 Men 30-34 200 Yard Butterfly</b>   |                   |    |                                |                 |                 |
| 1   | Goltz, Jason      | 30 | Pna Unattached                 | 2:03.52         | 13              |
| <b>Event 3 Men 45-49 200 Yard Butterfly</b>   |                   |    |                                |                 |                 |
| ---   | Moore, Robert     | 47 | Logger Masters                 | DQ              |                 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 3 Men 50-54 200 Yard Butterfly**

|    |                 |    |                 |         |    |
|----|-----------------|----|-----------------|---------|----|
| *1 | Spencer, Donald | 50 | Pro Sports Club | 2:35.41 | 13 |
|----|-----------------|----|-----------------|---------|----|

**Event 3 Men 55-59 200 Yard Butterfly**

|    |                |    |                     |         |    |
|----|----------------|----|---------------------|---------|----|
| *1 | Lautman, Scott | 55 | Federal Way Masters | 2:09.41 | 13 |
|----|----------------|----|---------------------|---------|----|

**Event 3 Men 65-69 200 Yard Butterfly**

|    |                |    |                  |         |    |
|----|----------------|----|------------------|---------|----|
| *1 | Norby, Michael | 66 | North End Otters | 3:18.47 | 13 |
|----|----------------|----|------------------|---------|----|

|       |                 |                 |                 |
|-------|-----------------|-----------------|-----------------|
| 44.54 | 1:35.05 (50.51) | 2:28.07 (53.02) | 3:18.47 (50.40) |
|-------|-----------------|-----------------|-----------------|

**Event 4 Women 18-24 100 Yard Freestyle**

|    |               |    |                      |         |    |
|----|---------------|----|----------------------|---------|----|
| *1 | Dowdle, Angie | 18 | Western WA U Masters | 1:01.70 | 13 |
|----|---------------|----|----------------------|---------|----|

|       |                 |
|-------|-----------------|
| 29.74 | 1:01.70 (31.96) |
|-------|-----------------|

|   |                |    |                 |         |    |
|---|----------------|----|-----------------|---------|----|
| 2 | Bonar, Heather | 18 | Gig Harbor YMCA | 1:05.52 | 11 |
|---|----------------|----|-----------------|---------|----|

|       |                 |
|-------|-----------------|
| 30.80 | 1:05.52 (34.72) |
|-------|-----------------|

|   |               |    |                  |         |    |
|---|---------------|----|------------------|---------|----|
| 3 | DePaoli, Leah | 23 | North End Otters | 1:05.78 | 10 |
|---|---------------|----|------------------|---------|----|

|       |                 |
|-------|-----------------|
| 31.28 | 1:05.78 (34.50) |
|-------|-----------------|

|   |                |    |                      |         |   |
|---|----------------|----|----------------------|---------|---|
| 4 | Hillis, Tinnel | 19 | Western WA U Masters | 1:10.25 | 9 |
|---|----------------|----|----------------------|---------|---|

|       |                 |
|-------|-----------------|
| 34.24 | 1:10.25 (36.01) |
|-------|-----------------|

**Event 4 Women 25-29 100 Yard Freestyle**

|   |                 |    |                 |         |    |
|---|-----------------|----|-----------------|---------|----|
| 1 | Crandell, Kelly | 27 | Ohana Swim Team | 1:02.34 | 13 |
|---|-----------------|----|-----------------|---------|----|

|       |                 |
|-------|-----------------|
| 29.99 | 1:02.34 (32.35) |
|-------|-----------------|

|   |                   |    |                 |         |    |
|---|-------------------|----|-----------------|---------|----|
| 2 | McCullough, Megan | 28 | Ohana Swim Team | 1:03.15 | 11 |
|---|-------------------|----|-----------------|---------|----|

|       |                 |
|-------|-----------------|
| 29.93 | 1:03.15 (33.22) |
|-------|-----------------|

|   |                 |    |                     |         |    |
|---|-----------------|----|---------------------|---------|----|
| 3 | Nordyke, Carrie | 28 | Federal Way Masters | 1:05.83 | 10 |
|---|-----------------|----|---------------------|---------|----|

|       |                 |
|-------|-----------------|
| 31.01 | 1:05.83 (34.82) |
|-------|-----------------|

|   |                 |    |                              |         |   |
|---|-----------------|----|------------------------------|---------|---|
| 4 | Lochner, Lauren | 29 | Swim Seattle Redhawk Masters | 1:06.89 | 9 |
|---|-----------------|----|------------------------------|---------|---|

|       |                 |
|-------|-----------------|
| 32.67 | 1:06.89 (34.22) |
|-------|-----------------|

|   |              |    |                 |         |   |
|---|--------------|----|-----------------|---------|---|
| 5 | Ellis, Aeron | 27 | Ohana Swim Team | 1:14.84 | 8 |
|---|--------------|----|-----------------|---------|---|

|       |                 |
|-------|-----------------|
| 35.82 | 1:14.84 (39.02) |
|-------|-----------------|

|     |                   |    |                |        |  |
|-----|-------------------|----|----------------|--------|--|
| --- | Gustafson, Aubree | 26 | Oregon Masters | X59.30 |  |
|-----|-------------------|----|----------------|--------|--|

|       |               |
|-------|---------------|
| 28.40 | 59.30 (30.90) |
|-------|---------------|

**Event 4 Women 30-34 100 Yard Freestyle**

|   |                   |    |                                |       |    |
|---|-------------------|----|--------------------------------|-------|----|
| 1 | Philipps, Colleen | 31 | Little Lebowski Urban Achiever | 54.18 | 13 |
|---|-------------------|----|--------------------------------|-------|----|

|       |               |
|-------|---------------|
| 26.28 | 54.18 (27.90) |
|-------|---------------|

|   |                   |    |                         |       |    |
|---|-------------------|----|-------------------------|-------|----|
| 2 | Livingston, Megan | 30 | Bainbridge Area Masters | 56.42 | 11 |
|---|-------------------|----|-------------------------|-------|----|

|       |               |
|-------|---------------|
| 26.99 | 56.42 (29.43) |
|-------|---------------|

|   |                |    |                |       |    |
|---|----------------|----|----------------|-------|----|
| 3 | Oesting, Megan | 34 | Pna Unattached | 56.79 | 10 |
|---|----------------|----|----------------|-------|----|

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|     |                   |       |                 |                              |          |   |
|-----|-------------------|-------|-----------------|------------------------------|----------|---|
| 4   | Nordberg, Carrie  | 26.77 | 56.79 (30.02)   | 32 Bellevue Eastside Masters | 58.62    | 9 |
| 5   | Lesh, Robin       | 28.38 | 58.62 (30.24)   | 30 North End Otters          | 1:15.94  | 8 |
| 6   | Simmons, Michelle | 35.42 | 1:15.94 (40.52) | 33 Federal Way Masters       | 1:19.59  | 7 |
| 7   | Bork, Holly       | 38.15 | 1:19.59 (41.44) | 31 Federal Way Masters       | 1:22.24  | 6 |
| --- | Kramer, Ellen     | 38.14 | 1:22.24 (44.10) | 32 Oregon Masters            | X1:02.88 |   |
|     |                   | 30.15 | 1:02.88 (32.73) |                              |          |   |

**Event 4 Women 35-39 100 Yard Freestyle**

|     |                      |       |                 |                                 |         |    |
|-----|----------------------|-------|-----------------|---------------------------------|---------|----|
| 1   | Lassen, Megan        |       |                 | 37 Bellingham Masters Swim Team | 1:00.91 | 13 |
| 2   | Barashkoff, Julie    | 29.68 | 1:00.91 (31.23) | 36 Pna Unattached               | 1:01.87 | 11 |
| 3   | Kim, Nellis          | 29.51 | 1:01.87 (32.36) | 37 Federal Way Masters          | 1:04.94 | 10 |
| 4   | Colaizzi, Maureen    | 31.04 | 1:04.94 (33.90) | 38 North End Otters             | 1:19.91 | 9  |
| 5   | Montiel, Julie       | 38.90 | 1:19.91 (41.01) | 38 Federal Way Masters          | 1:19.93 | 8  |
| 6   | Fitzpatrick, Deirdre | 37.22 | 1:19.93 (42.71) | 36 Federal Way Masters          | 1:27.19 | 7  |
| --- | Senkier, Kristine    | 42.12 | 1:27.19 (45.07) | 38 Oregon Masters               | X57.68  |    |
|     |                      | 27.93 | 57.68 (29.75)   |                                 |         |    |

**Event 4 Women 40-44 100 Yard Freestyle**

|   |                   |       |                 |                                 |         |    |
|---|-------------------|-------|-----------------|---------------------------------|---------|----|
| 1 | Speir, Kris       |       |                 | 44 Ohana Swim Team              | 1:04.78 | 13 |
| 2 | Quistorf, Renee   | 30.80 | 1:04.78 (33.98) | 43 North End Otters             | 1:07.48 | 11 |
| 3 | Del Rio, Laura    | 33.12 | 1:07.48 (34.36) | 42 North End Otters             | 1:10.68 | 10 |
| 4 | Blomberg, Audrey  | 34.45 | 1:10.68 (36.23) | 42 Middle Aged Marlins          | 1:11.21 | 9  |
| 5 | Rogers, Katherine | 34.24 | 1:11.21 (36.97) | 41 South Whidbey Island Masters | 1:11.80 | 8  |
| 6 | Way, Suzanne      | 33.92 | 1:11.80 (37.88) | 44 Lynnwood Sharks              | 1:14.85 | 7  |
|   |                   | 36.00 | 1:14.85 (38.85) |                                 |         |    |



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|     |                 |    |                     |         |   |
|-----|-----------------|----|---------------------|---------|---|
| 7   | Moore, Kathy    | 41 | Pna Unattached      | 1:15.64 | 6 |
|     | 35.25           |    | 1:15.64 (40.39)     |         |   |
| 8   | Huntamer, Nancy | 43 | North End Otters    | 1:19.54 | 5 |
|     | 37.48           |    | 1:19.54 (42.06)     |         |   |
| 9   | Thill, Marcelle | 40 | Middle Aged Marlins | 1:40.19 | 4 |
|     | 47.42           |    | 1:40.19 (52.77)     |         |   |
| --- | Reynolds, Ellen | 43 | Sawtooth Masters    | X55.96  |   |
|     | 27.66           |    | 55.96 (28.30)       |         |   |

**Event 4 Women 45-49 100 Yard Freestyle**

|     |                           |    |                              |          |    |
|-----|---------------------------|----|------------------------------|----------|----|
| 1   | Hickel, Jessica           | 49 | Federal Way Masters          | 1:06.74  | 13 |
|     | 32.57                     |    | 1:06.74 (34.17)              |          |    |
| 2   | Bulman, Janet             | 49 | North End Otters             | 1:12.20  | 11 |
|     | 34.05                     |    | 1:12.20 (38.15)              |          |    |
| 3   | Wheeler, Krissy           | 46 | South Whidbey Island Masters | 1:13.89  | 10 |
|     | 34.62                     |    | 1:13.89 (39.27)              |          |    |
| 4   | Main, Susie               | 49 | North End Otters             | 1:16.22  | 9  |
|     | 35.83                     |    | 1:16.22 (40.39)              |          |    |
| 5   | Coleman, Jan              | 47 | Middle Aged Marlins          | 1:19.07  | 8  |
|     | 37.81                     |    | 1:19.07 (41.26)              |          |    |
| 6   | Spencer, Lee              | 47 | Federal Way Masters          | 1:21.93  | 7  |
|     | 39.18                     |    | 1:21.93 (42.75)              |          |    |
| --- | Tomlinson-Macias, Melinda | 49 | Hydropower Masters Swim Club | X1:18.45 |    |
|     | 37.39                     |    | 1:18.45 (41.06)              |          |    |

**Event 4 Women 50-54 100 Yard Freestyle**

|   |                    |    |                         |         |    |
|---|--------------------|----|-------------------------|---------|----|
| 1 | Lippold, Mary      | 52 | North End Otters        | 1:01.18 | 13 |
|   | 30.06              |    | 1:01.18 (31.12)         |         |    |
| 2 | Menkens, Michelle  | 51 | Federal Way Masters     | 1:03.87 | 11 |
|   | 30.69              |    | 1:03.87 (33.18)         |         |    |
| 3 | Brown, Caroline    | 50 | Phinney Ridge Swim Club | 1:06.20 | 10 |
|   | 32.28              |    | 1:06.20 (33.92)         |         |    |
| 4 | Melvin, Sheryl     | 50 | North End Otters        | 1:10.87 | 9  |
|   | 33.71              |    | 1:10.87 (37.16)         |         |    |
| 5 | Collins, Sue       | 51 | Middle Aged Marlins     | 1:19.06 | 8  |
|   | 37.88              |    | 1:19.06 (41.18)         |         |    |
| 6 | Severin, Jennifer  | 53 | North End Otters        | 1:20.04 | 7  |
|   | 36.71              |    | 1:20.04 (43.33)         |         |    |
| 7 | Henderson, Barbara | 50 | Federal Way Masters     | 1:25.40 | 6  |
|   | 39.08              |    | 1:25.40 (46.32)         |         |    |
| 8 | Weintraub, Cynthia | 50 | Greenlake Aquaducks     | 1:35.88 | 5  |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                    |                   |                             |            |
|---|--------------------|-------------------|-----------------------------|------------|
|   | 41.13              | 1:35.88 (54.75)   |                             |            |
| 9   | Duggan, Pat        | 54                | Federal Way Masters         | 1:36.02 4  |
|   | 45.02              | 1:36.02 (51.00)   |                             |            |
| <b>Event 4 Women 55-59 100 Yard Freestyle</b> |                    |                   |                             |            |
| 1   | Casey, Kathrine    | 59                | Ft Steliacoom               | 1:13.11 13 |
|   | 35.22              | 1:13.11 (37.89)   |                             |            |
| 2   | Blackburn, Jean    | 56                | Federal Way Masters         | 1:16.87 11 |
|   | 36.88              | 1:16.87 (39.99)   |                             |            |
| 3   | Smith, Sandra      | 55                | Skagit Valley YMCA          | 2:05.75 10 |
|   | 58.06              | 2:05.75 (1:07.69) |                             |            |
| <b>Event 4 Women 60-64 100 Yard Freestyle</b> |                    |                   |                             |            |
| 1   | Williams, Judy     | 60                | Federal Way Masters         | 1:22.22 13 |
|   | 39.66              | 1:22.22 (42.56)   |                             |            |
| ---   | Rousseau, Sandi    | 60                | Oregon Masters              | X1:14.36   |
|   | 35.82              | 1:14.36 (38.54)   |                             |            |
| <b>Event 4 Women 65-69 100 Yard Freestyle</b> |                    |                   |                             |            |
| 1   | Walker, Pinky      | 65                | Thunderbird Aquatic Masters | 1:13.61 13 |
|   | 35.79              | 1:13.61 (37.82)   |                             |            |
| 2   | Olson, Anne        | 69                | Pna Unattached              | 1:24.34 11 |
|   | 40.03              | 1:24.34 (44.31)   |                             |            |
| <b>Event 4 Women 70-74 100 Yard Freestyle</b> |                    |                   |                             |            |
| ---   | Hastings, Patricia | 72                | Montana Masters             | X1:39.19   |
|   | 46.08              | 1:39.19 (53.11)   |                             |            |
| <b>Event 4 Women 75-79 100 Yard Freestyle</b> |                    |                   |                             |            |
| *1  | Gladwell, Gail     | 76                | Bellevue Club               | 2:03.38 13 |
|   | 57.75              | 2:03.38 (1:05.63) |                             |            |
| <b>Event 4 Men 18-24 100 Yard Freestyle</b>   |                    |                   |                             |            |
| *1  | Rice, Jordan       | 23                | Pna Unattached              | 52.74 13   |
|   | 24.89              | 52.74 (27.85)     |                             |            |
| 2   | Whipple, Aaron     | 24                | Olympic Aquatic Club        | 1:00.55 11 |
|   | 30.17              | 1:00.55 (30.38)   |                             |            |
| 3   | Dewey, Ryan        | 19                | Western WA U Masters        | 1:01.57 10 |
|   | 29.51              | 1:01.57 (32.06)   |                             |            |
| <b>Event 4 Men 25-29 100 Yard Freestyle</b>   |                    |                   |                             |            |
| 1   | Tourigny, David    | 28                | Greenlake Aquaducks         | 55.30 13   |
|   | 25.57              | 55.30 (29.73)     |                             |            |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|     |                   |                 |                               |         |    |
|-----|-------------------|-----------------|-------------------------------|---------|----|
| 2   | Paramonov, Dmitri | 29              | Husky Masters                 | 56.04   | 11 |
|     | 27.16             | 56.04 (28.88)   |                               |         |    |
| 3   | Breiler, Scott    | 25              | Orca Swim Club                | 1:12.49 | 10 |
|     | 33.89             | 1:12.49 (38.60) |                               |         |    |
| 4   | Marcy, Brian      | 28              | Ohana Swim Team               | 1:18.97 | 9  |
|     | 37.72             | 1:18.97 (41.25) |                               |         |    |
| --- | Wilkins, Paul     | 26              | Masters Swim British Columbia | X48.41  |    |
|     | 23.72             | 48.41 (24.69)   |                               |         |    |

**Event 4 Men 30-34 100 Yard Freestyle**

|   |                 |                 |                              |         |    |
|---|-----------------|-----------------|------------------------------|---------|----|
| 1 | Arnold, Mark    | 33              | Husky Masters                | 51.91   | 13 |
|   | 25.09           | 51.91 (26.82)   |                              |         |    |
| 2 | Linderman, Ross | 31              | Orca Swim Club               | 53.71   | 11 |
|   | 25.57           | 53.71 (28.14)   |                              |         |    |
| 3 | Yanasak, Adam   | 33              | Everett Masters Swimmers     | 55.51   | 10 |
|   | 27.04           | 55.51 (28.47)   |                              |         |    |
| 4 | Rosaria, Steven | 33              | Pro Sports Club              | 55.84   | 9  |
|   | 26.12           | 55.84 (29.72)   |                              |         |    |
| 5 | Carden, Melvin  | 33              | Ohana Swim Team              | 1:00.39 | 8  |
|   | 29.32           | 1:00.39 (31.07) |                              |         |    |
| 6 | Brittle, Zach   | 34              | North End Otters             | 1:02.48 | 7  |
|   | 30.24           | 1:02.48 (32.24) |                              |         |    |
| 7 | Durkin, Chris   | 33              | Tumwater Valley Aquatic Club | 1:14.79 | 6  |
|   | 36.99           | 1:14.79 (37.80) |                              |         |    |

**Event 4 Men 35-39 100 Yard Freestyle**

|   |                   |               |                              |       |    |
|---|-------------------|---------------|------------------------------|-------|----|
| 1 | Williams, John    | 39            | Federal Way Masters          | 51.82 | 13 |
|   | 24.85             | 51.82 (26.97) |                              |       |    |
| 2 | Margrave, David   | 37            | Samena Club                  | 53.99 | 11 |
|   | 26.23             | 53.99 (27.76) |                              |       |    |
| 3 | Montgomery, Zac   | 36            | Gold's Aquatic Masters       | 54.60 | 10 |
|   | 25.87             | 54.60 (28.73) |                              |       |    |
| 4 | Dunn, Erin        | 37            | Bellevue Eastside Masters    | 54.70 | 9  |
|   | 26.81             | 54.70 (27.89) |                              |       |    |
| 5 | Noah, Kevin       | 36            | Tumwater Valley Aquatic Club | 54.85 | 8  |
|   | 26.64             | 54.85 (28.21) |                              |       |    |
| 6 | Schmidt, Vladimir | 39            | Husky Masters                | 56.16 | 7  |
|   | 27.01             | 56.16 (29.15) |                              |       |    |

**(Event 4 Men 35-39 100 Yard Freestyle)**

|   |             |                 |                         |         |   |
|---|-------------|-----------------|-------------------------|---------|---|
| 7 | Schulz, Tom | 37              | Briggs YMCA Master Swim | 1:00.08 | 6 |
|   | 28.76       | 1:00.08 (31.32) |                         |         |   |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|      |               |       |                               |        |
|------|---------------|-------|-------------------------------|--------|
| *--- | Hooper, James | 36    | Masters Swim British Columbia | X55.42 |
|      | 26.66         | 55.42 | (28.76)                       |        |
| *--- | Dunn, Tim     | 35    | Sawtooth Masters              | X56.13 |
|      | 26.75         | 56.13 | (29.38)                       |        |
| *--- | Diaz, Luis    | 36    | Federal Way Masters           | DQ     |
|      | 33.51         | DQ    | (35.11)                       |        |

**Event 4 Men 40-44 100 Yard Freestyle**

|     |                     |         |                      |         |    |
|-----|---------------------|---------|----------------------|---------|----|
| 1   | Kays, David         | 40      | Pro Sports Club      | 50.40   | 13 |
|     | 24.57               | 50.40   | (25.83)              |         |    |
| 2   | Seibert, Rich       | 43      | Olympic Aquatic Club | 54.55   | 11 |
|     | 27.29               | 54.55   | (27.26)              |         |    |
| 3   | Rody, T. Sean       | 41      | North End Otters     | 1:01.00 | 10 |
|     | 28.13               | 1:01.00 | (32.87)              |         |    |
| 4   | Hanson, Christopher | 41      | Skagit Valley YMCA   | 1:22.75 | 9  |
|     | 39.09               | 1:22.75 | (43.66)              |         |    |
| 5   | Kreer, Kenneth      | 44      | Federal Way Masters  | 1:30.65 | 8  |
|     | 41.79               | 1:30.65 | (48.86)              |         |    |
| --- | Cleaver, Oliver     | 44      | Sawtooth Masters     | X53.97  |    |
|     | 25.79               | 53.97   | (28.18)              |         |    |

**Event 4 Men 45-49 100 Yard Freestyle**

|    |                   |       |                           |       |        |
|----|-------------------|-------|---------------------------|-------|--------|
| 1  | Swanson, Victor   | 48    | Logger Masters            | 52.78 | 13     |
|    | 25.39             | 52.78 | (27.39)                   |       |        |
| *2 | McDermott, Dave   | 45    | Bellevue Eastside Masters | 55.41 | 10. 50 |
|    | 26.65             | 55.41 | (28.76)                   |       |        |
| *2 | Smith, Dan        | 45    | Federal Way Masters       | 55.41 | 10. 50 |
|    | 26.30             | 55.41 | (29.11)                   |       |        |
| 4  | Schlemmer, Bob    | 48    | Greenlake Aquaducks       | 56.61 | 9      |
|    | 27.72             | 56.61 | (28.89)                   |       |        |
| 5  | Parnell, Rick     | 49    | Poseidon Aquatic Club     | 56.69 | 8      |
|    | 27.49             | 56.69 | (29.20)                   |       |        |
| 6  | Morin, Perry      | 49    | Greenlake Aquaducks       | 56.77 | 7      |
|    | 27.39             | 56.77 | (29.38)                   |       |        |
| 7  | Schaufler, Kirby  | 48    | Middle Aged Marlins       | 57.43 | 6      |
|    | 27.95             | 57.43 | (29.48)                   |       |        |
| 8  | Grandine, Tom     | 49    | Mercer Island Redwoods    | 57.68 | 5      |
|    | 28.27             | 57.68 | (29.41)                   |       |        |
| 9  | Yalung, Patrick   | 49    | Bainbridge Area Masters   | 59.12 | 4      |
|    | 28.97             | 59.12 | (30.15)                   |       |        |
| 10 | Schafer, Jon-Eric | 49    | Pna Unattached            | 59.26 | 3      |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                  |       |                 |                                 |          |    |
|---|------------------|-------|-----------------|---------------------------------|----------|----|
| 11  | Boytlar, Bruce   | 28.15 | 59.26 (31.11)   | 49 Federal Way Masters          | 59.70    | 2  |
| 12  | Kohnke, Jim      | 29.18 | 59.70 (30.52)   | 45 Olympic Aquatic Club         | 1:01.08  | 1  |
| 13  | Wisont, Greg     | 28.93 | 1:01.08 (32.15) | 47 South Whidbey Island Masters | 1:01.57  |    |
| 14  | Nelson, William  | 29.84 | 1:01.57 (31.73) | 49 Ohana Swim Team              | 1:04.18  |    |
| 15  | Schlosser, Paul  | 30.31 | 1:04.18 (33.87) | 48 Lynnwood Sharks              | 1:11.53  |    |
|   |                  | 34.15 | 1:11.53 (37.38) |                                 |          |    |
| <b>(Event 4 Men 45-49 100 Yard Freestyle)</b> |                  |       |                 |                                 |          |    |
| *---  | Valley, Eric     |       |                 | 46 Nonscoring                   | X53.51   |    |
| *---  | Doering, Eric    | 26.30 | 53.51 (27.21)   | 46 Hydropower Masters Swim Club | X55.56   |    |
| *---  | Asbury, Doug     | 26.72 | 55.56 (28.84)   | 48 Oregon Masters               | X56.81   |    |
| *---  | Garcia, Doug     | 28.28 | 56.81 (28.53)   | 46 Hydropower Masters Swim Club | X1:04.42 |    |
|   |                  | 31.33 | 1:04.42 (33.09) |                                 |          |    |
| <b>Event 4 Men 50-54 100 Yard Freestyle</b>   |                  |       |                 |                                 |          |    |
| 1   | Sylvester, John  |       |                 | 51 Greenlake Aquaducks          | 55.47    | 13 |
| 2   | Brunner, John    | 26.46 | 55.47 (29.01)   | 50 Bellevue Eastside Masters    | 57.40    | 11 |
| 3   | Spencer, Donald  | 27.67 | 57.40 (29.73)   | 50 Pro Sports Club              | 57.49    | 10 |
| 4   | Smith, Matthew   | 28.67 | 57.49 (28.82)   | 51 Bellevue Eastside Masters    | 1:01.94  | 9  |
| 5   | Morrison, Jeff   | 30.09 | 1:01.94 (31.85) | 53 Thunderbird Aquatic Masters  | 1:03.53  | 8  |
| 6   | Raynolds, Bill   | 29.50 | 1:03.53 (34.03) | 51 North End Otters             | 1:06.25  | 7  |
| 7   | Keith, David     | 31.04 | 1:06.25 (35.21) | 51 Columbia Aquatic Masters     | 1:06.37  | 6  |
| ---   | Macias, Jesse    | 30.25 | 1:06.37 (36.12) | 50 Hydropower Masters Swim Club | X2:31.40 |    |
| <b>Event 4 Men 55-59 100 Yard Freestyle</b>   |                  |       |                 |                                 |          |    |
| 1   | Stanley, Phillip |       |                 | 55 Federal Way Masters          | 57.73    | 13 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                 |       |                 |                                 |         |    |
|---|-----------------|-------|-----------------|---------------------------------|---------|----|
| 2 | Clark, Gordon   | 27.85 | 57.73 (29.88)   | 56 Bainbridge Area Masters      | 57.90   | 11 |
| 3 | Kendrick, James | 27.84 | 57.90 (30.06)   | 55 Skagit Valley YMCA           | 58.89   | 10 |
| 4 | Jobson, Marc    | 28.29 | 58.89 (30.60)   | 58 Tumwater Valley Aquatic Club | 1:08.18 | 9  |
|   |                 | 33.49 | 1:08.18 (34.69) |                                 |         |    |

**Event 4 Men 60-64 100 Yard Freestyle**

|      |                  |       |                 |                                   |          |    |
|------|------------------|-------|-----------------|-----------------------------------|----------|----|
| 1    | Peterson, Steven |       |                 | 61 Old Olympic Peninsula Swimmers | 1:05.00  | 13 |
| 2    | Kimball, Hugh    | 31.92 | 1:05.00 (33.08) | 61 Greenlake Aquaducks            | 1:11.86  | 11 |
| 3    | Jacobsen, Jeff   | 35.15 | 1:11.86 (36.71) | 63 South Whidbey Island Masters   | 1:14.32  | 10 |
| 4    | Hunn, Eugene     | 35.46 | 1:14.32 (38.86) | 64 North End Otters               | 1:40.06  | 9  |
| *--- | Stout, Jon       | 44.40 | 1:40.06 (55.66) | 61 Oregon Masters                 | X1:01.55 |    |
|      |                  | 29.32 | 1:01.55 (32.23) |                                   |          |    |

**Event 4 Men 65-69 100 Yard Freestyle**

|      |             |       |               |                   |        |  |
|------|-------------|-------|---------------|-------------------|--------|--|
| *--- | Landis, Tom |       |               | 66 Oregon Masters | X56.68 |  |
|      |             | 27.06 | 56.68 (29.62) |                   |        |  |

**Event 4 Men 70-74 100 Yard Freestyle**

|  |                |       |                 |                       |          |    |
|--|----------------|-------|-----------------|-----------------------|----------|----|
| 1                                      | Bronson, Hiram |       |                 | 73 Skagit Valley YMCA | 1:29.85  | 13 |
|  |                | 41.72 | 1:29.85 (48.13) |                       |          |    |
| (Event 4 Men 70-74 100 Yard Freestyle) |                |       |                 |                       |          |    |
| *---                                   | Thayer, George |       |                 | 72 Oregon Masters     | X1:09.05 |    |
|  |                | 32.47 | 1:09.05 (36.58) |                       |          |    |
| *---                                   | King, Bill     |       |                 | 74 Oregon Masters     | X1:14.07 |    |
|  |                | 35.46 | 1:14.07 (38.61) |                       |          |    |

**Event 4 Men 75-79 100 Yard Freestyle**

|     |              |       |                 |                                 |          |    |
|-----|--------------|-------|-----------------|---------------------------------|----------|----|
| 1   | Dorse, Bob   |       |                 | 76 Tigers                       | 1:16.56  | 13 |
|     |              | 36.44 | 1:16.56 (40.12) |                                 |          |    |
| --- | Bevier, Jack |       |                 | 75 Hydropower Masters Swim Club | X1:21.18 |    |
|     |              | 38.28 | 1:21.18 (42.90) |                                 |          |    |

**Event 5 Women 18+ 200 Yard Medley Relay**

|   |                       |       |                 |                        |                 |    |
|---|-----------------------|-------|-----------------|------------------------|-----------------|----|
| 1 | Western WA U Masters  |       |                 | A                      | 2:16.69         | 26 |
|   | 1) Naylor, Elisha W21 | 34.17 | 1:13.22 (39.05) | 2) Riordan, Anne W20   | 1:46.73 (33.51) |    |
|   |                       |       |                 | 3) Dowdle, Angie W18   | 2:16.69 (29.96) |    |
|   |                       |       |                 | 4) Melseth, Ashley W21 |                 |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                      |                         |                          |                          |    |
|---|----------------------|-------------------------|--------------------------|--------------------------|----|
| 2 | Federal Way Masters  | A                       |                          | 2:20.89                  | 22 |
|   | 1) Coulson, Emma W23 | 2) Mesler, Jennifer W37 | 3) Menkens, Michelle W51 | 4) Courtney, Zena W48    |    |
|   | 33.30                | 1:12.69 (39.39)         | 1:46.05 (33.36)          | 2:20.89 (34.84)          |    |
| 3 | North End Otters     | D                       |                          | 2:40.60                  | 20 |
|   | 1) DePaoli, Leah W23 | 2) Trettevik, Kate W28  | 3) Lesh, Robin W30       | 4) Colaizzi, Maureen W38 |    |
|   | 43.52                | 1:27.60 (44.08)         | 2:11.11 (43.51)          | 2:40.60 (29.49)          |    |

**Event 5 Women 25+ 200 Yard Medley Relay**

|   |                             |                          |                        |                       |    |
|---|-----------------------------|--------------------------|------------------------|-----------------------|----|
| 1 | Ohana Swim Team             | A                        |                        | 2:15.95               | 26 |
|   | 1) McCullough, Megan W28    | 2) Antilla, Kristine W39 | 3) Crandell, Kelly W27 | 4) Speir, Kris W44    |    |
|   | 33.56                       | 1:15.14 (41.58)          | 1:46.32 (31.18)        | 2:15.95 (29.63)       |    |
| 2 | Federal Way Masters         | B                        |                        | 2:25.82               | 22 |
|   | 1) Casey, Shannon W30       | 2) Simmons, Michelle W33 | 3) Kim, Nellis W37     | 4) Reddoch, Jill W38  |    |
|   | 33.67                       | 1:16.94 (43.27)          | 1:51.67 (34.73)        | 2:25.82 (34.15)       |    |
| 3 | Federal Way Masters         | C                        |                        | 2:45.47               | 20 |
|   | 1) Fitzpatrick, Deirdre W36 | 2) Bork, Holly W31       | 3) Hickel, Jessica W49 | 4) Montiel, Julie W38 |    |
|   | 49.47                       | 1:31.77 (42.30)          | 2:09.01 (37.24)        | 2:45.47 (36.46)       |    |

**Event 5 Women 35+ 200 Yard Medley Relay**

|     |                         |                        |                      |                        |    |
|-----|-------------------------|------------------------|----------------------|------------------------|----|
| 1   | Middle Aged Marlins     | A                      |                      | 2:49.66                | 26 |
|     | 1) Blomberg, Audrey W42 | 2) Thill, Marcelle W40 | 3) Collins, Sue W51  | 4) Coleman, Jan W47    |    |
|     | 41.65                   | 1:33.86 (52.21)        | 2:14.15 (40.29)      | 2:49.66 (35.51)        |    |
| --- | North End Otters        | C                      |                      | DQ                     |    |
|     | 1) Quistorf, Renee W43  | 2) Del Rio, Laura W42  | 3) North, Donnie W42 | 4) Huntamer, Nancy W43 |    |
|     | 36.17                   | 1:14.39 (38.22)        | 1:52.25 (37.86)      | DQ (34.56)             |    |

**Event 5 Women 45+ 200 Yard Medley Relay**

|      |                      |                          |                        |                          |    |
|------|----------------------|--------------------------|------------------------|--------------------------|----|
| 1    | North End Otters     | A                        |                        | 2:19.10                  | 26 |
|      | 1) Cooley, Cathy W50 | 2) Melvin, Sheryl W50    | 3) Jaeger, Dawn W51    | 4) Lippold, Mary W52     |    |
|      | 34.97                | 1:18.04 (43.07)          | 1:51.41 (33.37)        | 2:19.10 (27.69)          |    |
| 2    | North End Otters     | B                        |                        | 2:53.17                  | 22 |
|      | 1) Bulman, Janet W49 | 2) Severin, Jennifer W53 | 3) McNeel, Sandy W55   | 4) Main, Susie W49       |    |
|      | 42.57                | 1:24.14 (41.57)          | 2:20.76 (56.62)        | 2:53.17 (32.41)          |    |
| *--- | Federal Way Masters  | D                        |                        | DQ                       |    |
|      | 1) Doonan, Cathy W58 | 2) Williams, Judy W60    | 3) Blackburn, Jean W56 | 4) Cunningham, Patti W54 |    |
|      | 1:14.15              | 1:59.49 (45.34)          | 2:36.97 (37.48)        | DQ (35.95)               |    |

**Event 5 Women 55+ 200 Yard Medley Relay**

|      |                      |                        |                        |                  |  |
|------|----------------------|------------------------|------------------------|------------------|--|
| *--- | Oregon Masters       | A                      |                        | X2:25.75         |  |
|      | 1) Frid, Barbara W65 | 2) Pierson, Ginger W62 | 3) Rousseau, Sandi W60 | 4) Ward, Joy W65 |  |
|      | 48.20                | 1:22.88 (34.68)        | 1:53.62 (30.74)        | 2:25.75 (32.13)  |  |

**Event 6 Men 18+ 200 Yard Medley Relay**

|     |                         |                       |                     |                       |    |
|-----|-------------------------|-----------------------|---------------------|-----------------------|----|
| 1   | Federal Way Masters     | A                     |                     | 1:56.04               | 26 |
|     | 1) Johnson, Elliott M23 | 2) Nordyke, Brent M32 | 3) Hinds, Chris M32 | 4) Williams, John M39 |    |
|     | 32.35                   | 1:01.04 (28.69)       | 1:27.79 (26.75)     | 1:56.04 (28.25)       |    |
| --- | Olympic Aquatic Club    | A                     |                     | DQ                    |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                                |   |                                  |                      |
|--------------------------------|---|----------------------------------|----------------------|
| 1) Whipple, Aaron M24<br>33.79 | 2) LaHaie, Steve M45<br>1:09.18 (35.39) | 3) Kohnke, Jim M45<br>DQ (25.49) | 4) Seibert, Rich M43 |
|--------------------------------|---|----------------------------------|----------------------|

**Event 6 Men 25+ 200 Yard Medley Relay**

|                  |   |         |    |
|------------------|---|---------|----|
| *1 Husky Masters | A | 1:51.66 | 26 |
|------------------|---|---------|----|

|                              |                                      |   |   |
|------------------------------|--------------------------------------|---|---|
| 1) Arnold, Mark M33<br>27.23 | 2) Nelson, Kirk M37<br>59.19 (31.96) | 3) Schmidt, Vladimir M39<br>1:27.65 (28.46) | 4) Paramonov, Dmitri M29<br>1:51.66 (24.01) |
|------------------------------|--------------------------------------|---|---|

**Event 6 Men 35+ 200 Yard Medley Relay**

|                        |   |         |    |
|------------------------|---|---------|----|
| *1 Greenlake Aquaducks | A | 1:59.40 | 26 |
|------------------------|---|---------|----|

|                              |  |  |   |
|------------------------------|--|--|---|
| 1) Schutte, Tom M38<br>30.32 | 2) Morin, Perry M49<br>1:05.66 (35.34) | 3) Schlemmer, Bob M48<br>1:34.07 (28.41) | 4) Sylvester, John M51<br>1:59.40 (25.33) |
|------------------------------|--|--|---|

|                       |   |         |    |
|-----------------------|---|---------|----|
| 2 Federal Way Masters | C | 2:03.92 | 22 |
|-----------------------|---|---------|----|

|                                  |  |   |   |
|----------------------------------|--|---|---|
| 1) Stanley, Phillip M55<br>33.06 | 2) Ducolon, David M44<br>1:06.73 (33.67) | 3) Dybdahl, Eric M48<br>1:37.08 (30.35) | 4) Freeborn, Steve M52<br>2:03.92 (26.84) |
|----------------------------------|--|---|---|

|                       |   |         |    |
|-----------------------|---|---------|----|
| 3 Federal Way Masters | D | 2:16.54 | 20 |
|-----------------------|---|---------|----|

|                                |                                      |  |  |
|--------------------------------|--------------------------------------|--|--|
| 1) Kennedy, Keith M45<br>38.77 | 2) Diaz, Luis M36<br>1:13.40 (34.63) | 3) Hartwig, Bob M53<br>1:47.11 (33.71) | 4) Metzler, Gregg M49<br>2:16.54 (29.43) |
|--------------------------------|--------------------------------------|--|--|

|                                 |   |          |  |
|---------------------------------|---|----------|--|
| --- South Whidbey Island Master | A | X2:13.12 |  |
|---------------------------------|---|----------|--|

|                               |  |                                       |  |
|-------------------------------|--|---------------------------------------|--|
| 1) Ferrero, Rick M44<br>31.63 | 2) Jacobsen, Jeff M63<br>1:15.51 (43.88) | 3) DeWit, John M55<br>1:45.52 (30.01) | 4) Wisont, Greg M47<br>2:13.12 (27.60) |
|-------------------------------|--|---------------------------------------|--|

**Event 6 Men 45+ 200 Yard Medley Relay**

|                       |   |         |    |
|-----------------------|---|---------|----|
| 1 Federal Way Masters | B | 1:56.61 | 26 |
|-----------------------|---|---------|----|

|                                |                                      |  |  |
|--------------------------------|--------------------------------------|--|--|
| 1) Stoermer, Paul M47<br>32.64 | 2) Smith, Dan M45<br>1:04.19 (31.55) | 3) Lautman, Scott M55<br>1:30.73 (26.54) | 4) Littlefield, James M47<br>1:56.61 (25.88) |
|--------------------------------|--------------------------------------|--|--|

|                             |   |         |    |
|-----------------------------|---|---------|----|
| 2 Bellevue Eastside Masters | A | 1:58.80 | 22 |
|-----------------------------|---|---------|----|

|                                |  |   |   |
|--------------------------------|--|---|---|
| 1) Smith, Matthew M51<br>32.92 | 2) Baker, Loren M53<br>1:05.60 (32.68) | 3) McDermott, Dave M45<br>1:33.20 (27.60) | 4) Brunner, John M50<br>1:58.80 (25.60) |
|--------------------------------|--|---|---|

|                    |   |         |    |
|--------------------|---|---------|----|
| 3 North End Otters | A | 2:13.21 | 20 |
|--------------------|---|---------|----|

|                                  |  |  |  |
|----------------------------------|--|--|--|
| 1) McColly, Michael M62<br>33.28 | 2) Huckabee, John M49<br>1:09.91 (36.63) | 3) Norby, Michael M66<br>1:44.39 (34.48) | 4) Reynolds, Bill M51<br>2:13.21 (28.82) |
|----------------------------------|--|--|--|

**Event 7 Women 18-24 100 Yard Backstroke**

|                 |                         |         |    |
|-----------------|-------------------------|---------|----|
| 1 Pierce, Shona | 23 Western WA U Masters | 1:05.78 | 13 |
|-----------------|-------------------------|---------|----|

|       |                 |
|-------|-----------------|
| 31.86 | 1:05.78 (33.92) |
|-------|-----------------|

|                |                              |         |    |
|----------------|------------------------------|---------|----|
| 2 Cox, Allison | 23 Bellevue Eastside Masters | 1:06.42 | 11 |
|----------------|------------------------------|---------|----|

|       |                 |
|-------|-----------------|
| 32.76 | 1:06.42 (33.66) |
|-------|-----------------|

|                 |                        |         |    |
|-----------------|------------------------|---------|----|
| 3 Coulson, Emma | 23 Federal Way Masters | 1:08.73 | 10 |
|-----------------|------------------------|---------|----|

|       |                 |
|-------|-----------------|
| 33.47 | 1:08.73 (35.26) |
|-------|-----------------|

|                  |                         |         |   |
|------------------|-------------------------|---------|---|
| 4 Naylor, Elisha | 21 Western WA U Masters | 1:14.52 | 9 |
|------------------|-------------------------|---------|---|

**Event 7 Women 25-29 100 Yard Backstroke**

|                     |                    |         |    |
|---------------------|--------------------|---------|----|
| 1 McCullough, Megan | 28 Ohana Swim Team | 1:09.74 | 13 |
|---------------------|--------------------|---------|----|

|                   |                    |         |    |
|-------------------|--------------------|---------|----|
| 2 Crandell, Kelly | 27 Ohana Swim Team | 1:16.55 | 11 |
|-------------------|--------------------|---------|----|



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

37.24 1:16.55 (39.31)

**Event 7 Women 30-34 100 Yard Backstroke**

1 Livingston, Megan 30 Bainbridge Area Masters 1:04.55 13

1:04.55 1:04.55 ( )

2 Tulou, Tamara 34 Bainbridge Area Masters 1:24.52 11

40.80 1:24.52 (43.72)

**Event 7 Women 35-39 100 Yard Backstroke**

1 Eager, Kristi 35 South Whidbey Island Masters 1:22.41 13

39.91 1:22.41 (42.50)

\*--- Senkier, Kristine 38 Oregon Masters X1:07.96

1:07.96 1:07.96 ( )

\*--- Behrens, Michelle 35 Gig Harbor YMCA DQ

45.15 DQ (45.01)

**Event 7 Women 40-44 100 Yard Backstroke**

1 Grimm, Leslie 44 Pna Unattached 1:09.86 13

2 Del Rio, Laura 42 North End Otters 1:27.46 11

43.27 1:27.46 (44.19)

3 Way, Suzanne 44 Lynnwood Sharks 1:31.40 10

45.08 1:31.40 (46.32)

--- Reynolds, Ellen 43 Sawtooth Masters X1:02.27

31.04 1:02.27 (31.23)

**Event 7 Women 45-49 100 Yard Backstroke**

1 Courtney, Zena 48 Federal Way Masters 1:05.79 13

32.09 1:05.79 (33.70)

2 Spenser, Tracey 47 West Seattle YMCA Dolphins 1:16.60 11

3 Hoffman, Wendy 45 Mercer Island Country Club 1:26.81 10

42.63 1:26.81 (44.18)

--- Tomlinson-Macias, Melinda 49 Hydropower Masters Swim Club X1:38.62

46.98 1:38.62 (51.64)

**Event 7 Women 50-54 100 Yard Backstroke**

\*1 Jaeger, Dawn 51 North End Otters 1:17.97 13

38.43 1:17.97 (39.54)

**Event 7 Women 55-59 100 Yard Backstroke**

\*1 Doonan, Cathy 58 Federal Way Masters 2:34.70 13

1:16.02 2:34.70 (1:18.68)

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 7 Women 65-69 100 Yard Backstroke**

\*--- Ward, Joy 65 Oregon Masters X1:24.81

41.76 1:24.81 (43.05)

\*--- Frid, Barbara 65 Oregon Masters X1:29.14

43.25 1:29.14 (45.89)

**Event 7 Women 70-74 100 Yard Backstroke**

\*1 Allen, Barbara 74 Pna Unattached 1:57.42 13

54.82 1:57.42 (1:02.60)

**Event 7 Women 75-79 100 Yard Backstroke**

\*1 Kavadas, Janet 77 North End Otters 2:13.01 13

1:05.91 2:13.01 (1:07.10)

**Event 7 Women 80-84 100 Yard Backstroke**

\*1 Phillips, Bernice 80 Bainbridge Area Masters 2:03.18 13

1:01.87 2:03.18 (1:01.31)

**Event 7 Men 18-24 100 Yard Backstroke**

\*1 Fanning, Mark 22 Western WA U Masters 1:00.64 13

29.42 1:00.64 (31.22)

2 Dewey, Ryan 19 Western WA U Masters 1:15.80 11

**Event 7 Men 25-29 100 Yard Backstroke**

\*1 Breiler, Scott 25 Orca Swim Club 1:30.35 13

45.09 1:30.35 (45.26)

**Event 7 Men 30-34 100 Yard Backstroke**

\*1 Arnold, Mark 33 Husky Masters 56.87 13

28.01 56.87 (28.86)

**Event 7 Men 35-39 100 Yard Backstroke**

\*1 Schutte, Tom 38 Greenlake Aquaducks 1:04.15 13

31.08 1:04.15 (33.07)

2 Noah, Kevin 36 Tumwater Valley Aquatic Club 1:06.87 11

32.57 1:06.87 (34.30)

**Event 7 Men 40-44 100 Yard Backstroke**

1 Rody, T. Sean 41 North End Otters 1:09.19 13

33.86 1:09.19 (35.33)

\*--- Butcher, Gano 44 Oregon Masters X59.85

29.29 59.85 (30.56)

\*--- Ferrero, Rick 44 South Whidbey Island Masters X1:09.41

33.84 1:09.41 (35.57)

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 7 Men 45-49 100 Yard Backstroke**

|   |                    |    |                        |                       |    |
|---|--------------------|----|------------------------|-----------------------|----|
| 1 | Moore, Robert      | 47 | Logger Masters         | 1:03.81               | 13 |
|   |                    |    |                        | 1:03.81 ( )           |    |
| 2 | Littlefield, James | 47 | Federal Way Masters    | 1:05.68               | 11 |
|   |                    |    |                        | 1:05.68 ( )           |    |
| 3 | Grandine, Tom      | 49 | Mercer Island Redwoods | 1:08.18               | 10 |
|   |                    |    |                        | 33.63 1:08.18 (34.55) |    |
| 4 | Stoermer, Paul     | 47 | Federal Way Masters    | 1:09.30               | 9  |

**Event 7 Men 50-54 100 Yard Backstroke**

|   |                 |    |                           |                       |    |
|---|-----------------|----|---------------------------|-----------------------|----|
| 1 | Baker, Loren    | 53 | Bellevue Eastside Masters | 1:07.60               | 13 |
|   |                 |    |                           | 33.24 1:07.60 (34.36) |    |
| 2 | Sylvester, John | 51 | Greenlake Aquaducks       | 1:09.25               | 11 |
|   |                 |    |                           | 33.66 1:09.25 (35.59) |    |
| 3 | Smith, Matthew  | 51 | Bellevue Eastside Masters | 1:10.38               | 10 |
|   |                 |    |                           | 34.67 1:10.38 (35.71) |    |

**Event 7 Men 55-59 100 Yard Backstroke**

|    |             |    |                    |                       |    |
|----|-------------|----|--------------------|-----------------------|----|
| *1 | Hansen, Ron | 58 | Skagit Valley YMCA | 1:35.82               | 13 |
|    |             |    |                    | 47.96 1:35.82 (47.86) |    |

**Event 7 Men 60-64 100 Yard Backstroke**

|    |                   |    |                                |                       |    |
|----|-------------------|----|--------------------------------|-----------------------|----|
| *1 | McColly, Michael  | 62 | North End Otters               | 1:11.36               | 13 |
| 2  | Spencer, Rick     | 60 | Old Olympic Peninsula Swimmers | 1:13.67               | 11 |
| 3  | McKinlay, Michael | 64 | Bellevue Eastside Masters      | 1:31.06               | 10 |
|    |                   |    |                                | 43.74 1:31.06 (47.32) |    |
| 4  | Walker, Thomas    | 61 | Columbia Aquatic Masters       | 1:35.65               | 9  |
|    |                   |    |                                | 46.58 1:35.65 (49.07) |    |

**Event 7 Men 65-69 100 Yard Backstroke**

|    |               |    |                         |                       |    |
|----|---------------|----|-------------------------|-----------------------|----|
| *1 | Smith, Melvin | 65 | Briggs YMCA Master Swim | 1:28.66               | 13 |
|    |               |    |                         | 42.77 1:28.66 (45.89) |    |

**Event 7 Men 70-74 100 Yard Backstroke**

|    |            |    |        |                       |    |
|----|------------|----|--------|-----------------------|----|
| *1 | Foley, Tom | 73 | Tigers | 1:53.00               | 13 |
|    |            |    |        | 54.02 1:53.00 (58.98) |    |

**Event 7 Men 80-84 100 Yard Backstroke**

|    |                   |    |                         |                           |    |
|----|-------------------|----|-------------------------|---------------------------|----|
| *1 | Roudebush, George | 82 | Bainbridge Area Masters | 2:20.77                   | 13 |
|    |                   |    |                         | 1:07.19 2:20.77 (1:13.58) |    |

**Event 8 Women 18-24 50 Yard Freestyle**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|    |                 |    |                      |       |    |
|----|-----------------|----|----------------------|-------|----|
| *1 | Pierce, Shona   | 23 | Western WA U Masters | 26.36 | 13 |
| 2  | Kunze, Brittany | 24 | Greenlake Aquaducks  | 28.67 | 11 |
| 3  | Dowdle, Angie   | 18 | Western WA U Masters | 28.85 | 10 |
| 4  | Bonar, Heather  | 18 | Gig Harbor YMCA      | 29.42 | 9  |
| 5  | Mar, Emiko      | 21 | Western WA U Masters | 29.49 | 8  |
| 6  | Coulson, Emma   | 23 | Federal Way Masters  | 30.54 | 7  |
| 7  | Hillis, Tinnel  | 19 | Western WA U Masters | 31.46 | 6  |

**Event 8 Women 25-29 50 Yard Freestyle**

|     |                   |    |                              |        |    |
|-----|-------------------|----|------------------------------|--------|----|
| 1   | Lochner, Lauren   | 29 | Swim Seattle Redhawk Masters | 30.64  | 13 |
| 2   | Ellis, Aeron      | 27 | Ohana Swim Team              | 32.06  | 11 |
| 3   | Marcy, Marcia     | 28 | Ohana Swim Team              | 34.00  | 10 |
| 4   | Trettevik, Kate   | 28 | North End Otters             | 36.03  | 9  |
| --- | Gustafson, Aubree | 26 | Oregon Masters               | X26.87 |    |

**Event 8 Women 30-34 50 Yard Freestyle**

|   |                   |    |                                |       |    |
|---|-------------------|----|--------------------------------|-------|----|
| 1 | Philipps, Colleen | 31 | Little Lebowski Urban Achiever | 25.28 | 13 |
| 2 | Oesting, Megan    | 34 | Pna Unattached                 | 25.75 | 11 |
| 3 | Casey, Shannon    | 30 | Federal Way Masters            | 29.90 | 10 |
| 4 | Lesh, Robin       | 30 | North End Otters               | 33.97 | 9  |
| 5 | Simmons, Michelle | 33 | Federal Way Masters            | 35.65 | 8  |
| 6 | Kimball, Rebecca  | 34 | Gig Harbor YMCA                | 41.50 | 7  |

**Event 8 Women 35-39 50 Yard Freestyle**

|     |                      |    |                     |        |    |
|-----|----------------------|----|---------------------|--------|----|
| 1   | Barashkoff, Julie    | 36 | Pna Unattached      | 27.58  | 13 |
| 2   | Kim, Nellis          | 37 | Federal Way Masters | 29.49  | 11 |
| 3   | Mesler, Jennifer     | 37 | Federal Way Masters | 30.08  | 10 |
| 4   | Antilla, Kristine    | 39 | Ohana Swim Team     | 31.70  | 9  |
| 5   | Singer, Shannon      | 38 | Skagit Valley YMCA  | 34.90  | 8  |
| 6   | Colaizzi, Maureen    | 38 | North End Otters    | 36.66  | 7  |
| 7   | Fitzpatrick, Deirdre | 36 | Federal Way Masters | 39.60  | 6  |
| --- | Senkier, Kristine    | 38 | Oregon Masters      | X26.34 |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 8 Women 40-44 50 Yard Freestyle**

|   |                   |    |                              |       |    |
|---|-------------------|----|------------------------------|-------|----|
| 1 | Speir, Kris       | 44 | Ohana Swim Team              | 29.45 | 13 |
| 2 | Grimm, Leslie     | 44 | Pna Unattached               | 29.53 | 11 |
| 3 | Blomberg, Audrey  | 42 | Middle Aged Marlins          | 31.05 | 10 |
| 4 | Rogers, Katherine | 41 | South Whidbey Island Masters | 31.99 | 9  |
| 5 | Moore, Kathy      | 41 | Pna Unattached               | 33.20 | 8  |
| 6 | Kuykendall, Karen | 44 | Federal Way Masters          | 38.42 | 7  |
| 7 | Thill, Marcelle   | 40 | Middle Aged Marlins          | 43.48 | 6  |

**Event 8 Women 45-49 50 Yard Freestyle**

|   |                 |    |                            |         |    |
|---|-----------------|----|----------------------------|---------|----|
| 1 | Courtney, Zena  | 48 | Federal Way Masters        | 27.72   | 13 |
| 2 | Bulman, Janet   | 49 | North End Otters           | 31.20   | 11 |
| 3 | Spenser, Tracey | 47 | West Seattle YMCA Dolphins | 31.93   | 10 |
| 4 | Main, Susie     | 49 | North End Otters           | 32.54   | 9  |
| 5 | Spencer, Lee    | 47 | Federal Way Masters        | 33.99   | 8  |
| 6 | Coleman, Jan    | 47 | Middle Aged Marlins        | 35.27   | 7  |
| 7 | Vesper, Tina    | 47 | Federal Way Masters        | 1:03.96 | 6  |

**(Event 8 Women 45-49 50 Yard Freestyle)**

|     |                           |    |                              |        |  |
|-----|---------------------------|----|------------------------------|--------|--|
| --- | Tomlinson-Macias, Melinda | 49 | Hydropower Masters Swim Club | X34.01 |  |
|-----|---------------------------|----|------------------------------|--------|--|

**Event 8 Women 50-54 50 Yard Freestyle**

|    |                    |    |                         |       |    |
|----|--------------------|----|-------------------------|-------|----|
| 1  | Lippold, Mary      | 52 | North End Otters        | 27.50 | 13 |
| 2  | Menkens, Michelle  | 51 | Federal Way Masters     | 29.36 | 11 |
| 3  | Brown, Caroline    | 50 | Phinney Ridge Swim Club | 31.11 | 10 |
| 4  | Melvin, Sheryl     | 50 | North End Otters        | 31.73 | 9  |
| 5  | Collins, Sue       | 51 | Middle Aged Marlins     | 35.12 | 8  |
| 6  | Cunningham, Patti  | 54 | Federal Way Masters     | 35.66 | 7  |
| 7  | Henderson, Barbara | 50 | Federal Way Masters     | 35.84 | 6  |
| 8  | Severin, Jennifer  | 53 | North End Otters        | 36.36 | 5  |
| 9  | Weintraub, Cynthia | 50 | Greenlake Aquaducks     | 40.61 | 4  |
| 10 | Duggan, Pat        | 54 | Federal Way Masters     | 44.21 | 3  |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 8 Women 55-59 50 Yard Freestyle**

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 1 | Casey, Kathrine | 59 | Ft Steliacom        | 32.55 | 13 |
| 2 | Blackburn, Jean | 56 | Federal Way Masters | 33.37 | 11 |
| 3 | Smith, Sandra   | 55 | Skagit Valley YMCA  | 55.71 | 10 |

**Event 8 Women 60-64 50 Yard Freestyle**

|     |                 |    |                     |        |    |
|-----|-----------------|----|---------------------|--------|----|
| 1   | Williams, Judy  | 60 | Federal Way Masters | 38.62  | 13 |
| --- | Rousseau, Sandi | 60 | Oregon Masters      | X32.64 |    |

**Event 8 Women 65-69 50 Yard Freestyle**

|      |               |    |                             |        |    |
|------|---------------|----|-----------------------------|--------|----|
| 1    | Walker, Pinky | 65 | Thunderbird Aquatic Masters | 33.32  | 13 |
| *--- | Ward, Joy     | 65 | Oregon Masters              | X33.06 |    |

**Event 8 Women 70-74 50 Yard Freestyle**

|      |                    |    |                 |        |  |
|------|--------------------|----|-----------------|--------|--|
| *--- | Hastings, Patricia | 72 | Montana Masters | X41.67 |  |
|------|--------------------|----|-----------------|--------|--|

**Event 8 Women 75-79 50 Yard Freestyle**

|    |                |    |               |       |    |
|----|----------------|----|---------------|-------|----|
| *1 | Gladwell, Gail | 76 | Bellevue Club | 54.33 | 13 |
|----|----------------|----|---------------|-------|----|

**Event 8 Women 80-84 50 Yard Freestyle**

|    |                   |    |                         |         |    |
|----|-------------------|----|-------------------------|---------|----|
| *1 | Phillips, Bernice | 80 | Bainbridge Area Masters | 1:00.11 | 13 |
|----|-------------------|----|-------------------------|---------|----|

**Event 8 Men 18-24 50 Yard Freestyle**

|    |                  |    |                      |       |    |
|----|------------------|----|----------------------|-------|----|
| *1 | Rice, Jordan     | 23 | Pna Unattached       | 23.45 | 13 |
| 2  | Fanning, Mark    | 22 | Western WA U Masters | 24.87 | 11 |
| 3  | Johnson, Elliott | 23 | Federal Way Masters  | 26.07 | 10 |
| 4  | Whipple, Aaron   | 24 | Olympic Aquatic Club | 27.79 | 9  |

**Event 8 Men 25-29 50 Yard Freestyle**

|     |                     |    |                               |        |    |
|-----|---------------------|----|-------------------------------|--------|----|
| 1   | Paramonov, Dmitri   | 29 | Husky Masters                 | 24.92  | 13 |
| 2   | Tourigny, David     | 28 | Greenlake Aquaducks           | 25.30  | 11 |
| 3   | Chmeliovas, Audrius | 29 | Pna Unattached                | 25.35  | 10 |
| 4   | Breiler, Scott      | 25 | Orca Swim Club                | 32.86  | 9  |
| 5   | Marcy, Brian        | 28 | Ohana Swim Team               | 33.34  | 8  |
| --- | Wilkins, Paul       | 26 | Masters Swim British Columbia | X21.81 |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 8 Men 30-34 50 Yard Freestyle**

|   |                 |    |                          |       |    |
|---|-----------------|----|--------------------------|-------|----|
| 1 | Linderman, Ross | 31 | Orca Swim Club           | 24.14 | 13 |
| 2 | Carden, Melvin  | 33 | Ohana Swim Team          | 24.60 | 11 |
| 3 | Rosaria, Steven | 33 | Pro Sports Club          | 24.89 | 10 |
| 4 | Yanasak, Adam   | 33 | Everett Masters Swimmers | 25.17 | 9  |
| 5 | Hinds, Chris    | 32 | Federal Way Masters      | 28.31 | 8  |

**(Event 8 Men 30-34 50 Yard Freestyle)**

|   |               |    |                              |       |   |
|---|---------------|----|------------------------------|-------|---|
| 6 | Durkin, Chris | 33 | Tumwater Valley Aquatic Club | 31.82 | 7 |
|---|---------------|----|------------------------------|-------|---|

**Event 8 Men 35-39 50 Yard Freestyle**

|      |                   |    |                               |        |    |
|------|-------------------|----|-------------------------------|--------|----|
| 1    | Nelson, Kirk      | 37 | Husky Masters                 | 24.26  | 13 |
| 2    | Williams, John    | 39 | Federal Way Masters           | 24.52  | 11 |
| 3    | Montgomery, Zac   | 36 | Gold's Aquatic Masters        | 24.57  | 10 |
| 4    | Dunn, Erin        | 37 | Bellevue Eastside Masters     | 24.84  | 9  |
| 5    | Margrave, David   | 37 | Samena Club                   | 25.01  | 8  |
| 6    | Schmidt, Vladimir | 39 | Husky Masters                 | 25.83  | 7  |
| 7    | Schulz, Tom       | 37 | Briggs YMCA Master Swim       | 27.90  | 6  |
| 8    | Diaz, Luis        | 36 | Federal Way Masters           | 30.39  | 5  |
| 9    | Battle, Kelvin    | 39 | Federal Way Masters           | 34.37  | 4  |
| *--- | Dunn, Tim         | 35 | Sawtooth Masters              | X25.21 |    |
| *--- | Hooper, James     | 36 | Masters Swim British Columbia | X25.41 |    |

**Event 8 Men 40-44 50 Yard Freestyle**

|      |                     |    |                      |        |    |
|------|---------------------|----|----------------------|--------|----|
| 1    | Seibert, Rich       | 43 | Olympic Aquatic Club | 24.78  | 13 |
| 2    | Hanson, Christopher | 41 | Skagit Valley YMCA   | 36.07  | 11 |
| 3    | Kreer, Kenneth      | 44 | Federal Way Masters  | 39.26  | 10 |
| *--- | Cleaver, Oliver     | 44 | Sawtooth Masters     | X24.37 |    |
| *--- | Clydesdale, William | 40 | Oregon Masters       | X24.70 |    |
| *--- | Ducolon, David      | 44 | Federal Way Masters  | DQ     |    |

**Event 8 Men 45-49 50 Yard Freestyle**

|   |                 |    |                |       |    |
|---|-----------------|----|----------------|-------|----|
| 1 | Swanson, Victor | 48 | Logger Masters | 23.84 | 13 |
|---|-----------------|----|----------------|-------|----|

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|      |                   |    |                              |        |    |
|------|-------------------|----|------------------------------|--------|----|
| 2    | McDermott, Dave   | 45 | Bellevue Eastside Masters    | 24.91  | 11 |
| 3    | Parnell, Rick     | 49 | Poseidon Aquatic Club        | 25.65  | 10 |
| 4    | Morin, Perry      | 49 | Greenlake Aquaducks          | 25.98  | 9  |
| 5    | Schafer, Jon-Eric | 49 | Pna Unattached               | 26.00  | 8  |
| 6    | Schlemmer, Bob    | 48 | Greenlake Aquaducks          | 26.08  | 7  |
| 7    | Boytler, Bruce    | 49 | Federal Way Masters          | 26.40  | 6  |
| 8    | Yalung, Patrick   | 49 | Bainbridge Area Masters      | 26.79  | 5  |
| 9    | Stoermer, Paul    | 47 | Federal Way Masters          | 26.85  | 4  |
| 10   | LaHaie, Steve     | 45 | Olympic Aquatic Club         | 26.95  | 3  |
| 11   | Kohnke, Jim       | 45 | Olympic Aquatic Club         | 27.01  | 2  |
| 12   | Kennedy, Keith    | 45 | Federal Way Masters          | 27.20  | 1  |
| 13   | Nelson, William   | 49 | Ohana Swim Team              | 27.82  |    |
| 14   | Metzler, Gregg    | 49 | Federal Way Masters          | 29.01  |    |
| 15   | Oren, Ron         | 48 | Lynnwood Sharks              | 29.53  |    |
| 16   | Schlosser, Paul   | 48 | Lynnwood Sharks              | 30.56  |    |
| 17   | Huckabee, John    | 49 | North End Otters             | 32.81  |    |
| *--- | Valley, Eric      | 46 | Nonscoring                   | X24.70 |    |
| *--- | Doering, Eric     | 46 | Hydropower Masters Swim Club | X25.19 |    |

**Event 8 Men 50-54 50 Yard Freestyle**

|     |                 |    |                              |        |    |
|-----|-----------------|----|------------------------------|--------|----|
| 1   | Sylvester, John | 51 | Greenlake Aquaducks          | 25.39  | 13 |
| 2   | Brunner, John   | 50 | Bellevue Eastside Masters    | 25.92  | 11 |
| 3   | Freeborn, Steve | 52 | Federal Way Masters          | 26.24  | 10 |
| 4   | Morrison, Jeff  | 53 | Thunderbird Aquatic Masters  | 28.06  | 9  |
| 5   | Keith, David    | 51 | Columbia Aquatic Masters     | 28.91  | 8  |
| 6   | Hartwig, Bob    | 53 | Federal Way Masters          | 29.10  | 7  |
| 7   | Robertson, Rick | 52 | Federal Way Masters          | 31.21  | 6  |
| --- | Macias, Jesse   | 50 | Hydropower Masters Swim Club | X57.09 |    |

**Event 8 Men 55-59 50 Yard Freestyle**

|   |                |    |                     |       |    |
|---|----------------|----|---------------------|-------|----|
| 1 | Lautman, Scott | 55 | Federal Way Masters | 25.36 | 13 |
|---|----------------|----|---------------------|-------|----|



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|  |                   |    |                              |                 |                 |
|--|-------------------|----|------------------------------|-----------------|-----------------|
| 2  | Clark, Gordon     | 56 | Bainbridge Area Masters      | 25.57           | 11              |
| 3  | Kendrick, James   | 55 | Skagit Valley YMCA           | 25.87           | 10              |
| 4  | Stanley, Phillip  | 55 | Federal Way Masters          | 26.67           | 9               |
| 5  | Jobson, Marc      | 58 | Tumwater Valley Aquatic Club | 30.11           | 8               |
| <b>Event 8 Men 60-64 50 Yard Freestyle</b>       |                   |    |                              |                 |                 |
| 1  | Jacobsen, Jeff    | 63 | South Whidbey Island Masters | 33.75           | 13              |
| 2  | McKinlay, Michael | 64 | Bellevue Eastside Masters    | 37.72           | 11              |
| 3  | Sawyer, Dennis    | 64 | Bainbridge Area Masters      | 38.11           | 10              |
| 4  | Hunn, Eugene      | 64 | North End Otters             | 42.75           | 9               |
| <b>Event 8 Men 65-69 50 Yard Freestyle</b>       |                   |    |                              |                 |                 |
| ---  | Landis, Tom       | 66 | Oregon Masters               | X26.21          |                 |
| <b>Event 8 Men 70-74 50 Yard Freestyle</b>       |                   |    |                              |                 |                 |
| 1  | Bronson, Hiram    | 73 | Skagit Valley YMCA           | 34.53           | 13              |
| 2  | Morrow, Al        | 73 | Bainbridge Area Masters      | 40.28           | 11              |
| *---   | Thayer, George    | 72 | Oregon Masters               | X30.17          |                 |
| *---   | Jelinek, Don      | 74 | Montana Masters              | X44.83          |                 |
| <b>Event 8 Men 75-79 50 Yard Freestyle</b>       |                   |    |                              |                 |                 |
| 1  | Dorse, Bob        | 76 | Tigers                       | 32.83           | 13              |
| ---  | Bevier, Jack      | 75 | Hydropower Masters Swim Club | X34.72          |                 |
| <b>Event 9 Women 18-24 200 Yard Breaststroke</b> |                   |    |                              |                 |                 |
| *1   | Riordan, Anne     | 20 | Western WA U Masters         | 3:02.32         | 13              |
|  |                   |    |                              | 41.40           | 1:27.86 (46.46) |
|  |                   |    |                              | 2:15.24 (47.38) | 3:02.32 (47.08) |
| <b>Event 9 Women 30-34 200 Yard Breaststroke</b> |                   |    |                              |                 |                 |
| *1   | Demeritt, Allison | 32 | Queen Anne Swim Club         | 2:43.97         | 13              |
|  |                   |    |                              | 37.13           | 1:19.37 (42.24) |
|  |                   |    |                              | 2:01.90 (42.53) | 2:43.97 (42.07) |
| 2  | Bork, Holly       | 31 | Federal Way Masters          | 3:30.00         | 11              |
|  |                   |    |                              | 46.67           | 1:39.14 (52.47) |
|  |                   |    |                              | 2:34.58 (55.44) | 3:30.00 (55.42) |
| <b>Event 9 Women 35-39 200 Yard Breaststroke</b> |                   |    |                              |                 |                 |
| *1   | Colaizzi, Maureen | 38 | North End Otters             | 3:34.31         | 13              |
|  |                   |    |                              | 46.73           | 1:39.43 (52.70) |
|  |                   |    |                              | 2:35.52 (56.09) | 3:34.31 (58.79) |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 9 Women 40-44 200 Yard Breaststroke**

|    |                |                 |                  |                 |         |    |
|----|----------------|-----------------|------------------|-----------------|---------|----|
| *1 | Del Rio, Laura | 42              | North End Otters |                 | 3:01.09 | 13 |
|    | 42.04          | 1:28.13 (46.09) | 2:15.05 (46.92)  | 3:01.09 (46.04) |         |    |
| 2  | Speir, Kris    | 44              | Ohana Swim Team  |                 | 3:01.18 | 11 |
|    | 40.79          | 1:26.98 (46.19) | 2:14.37 (47.39)  | 3:01.18 (46.81) |         |    |

**Event 9 Women 45-49 200 Yard Breaststroke**

|    |             |                 |                     |                 |         |    |
|----|-------------|-----------------|---------------------|-----------------|---------|----|
| *1 | Berg, Tonya | 49              | Greenlake Aquaducks |                 | 2:52.01 | 13 |
|    | 38.08       | 1:21.08 (43.00) | 2:05.81 (44.73)     | 2:52.01 (46.20) |         |    |

**Event 9 Women 50-54 200 Yard Breaststroke**

|    |               |                 |                  |                 |         |    |
|----|---------------|-----------------|------------------|-----------------|---------|----|
| *1 | Cooley, Cathy | 50              | North End Otters |                 | 2:53.68 | 13 |
|    | 41.15         | 1:25.81 (44.66) | 2:09.31 (43.50)  | 2:53.68 (44.37) |         |    |

**Event 9 Women 55-59 200 Yard Breaststroke**

|    |               |                   |                   |                   |         |    |
|----|---------------|-------------------|-------------------|-------------------|---------|----|
| *1 | McNeel, Sandy | 55                | North End Otters  |                   | 4:07.79 | 13 |
|    | 55.86         | 1:59.55 (1:03.69) | 3:04.93 (1:05.38) | 4:07.79 (1:02.86) |         |    |

**Event 9 Women 60-64 200 Yard Breaststroke**

|     |                 |                 |                 |                 |          |  |
|-----|-----------------|-----------------|-----------------|-----------------|----------|--|
| --- | Pierson, Ginger | 62              | Oregon Masters  |                 | X3:03.00 |  |
|     | 40.89           | 1:26.89 (46.00) | 2:14.92 (48.03) | 3:03.00 (48.08) |          |  |

**Event 9 Women 75-79 200 Yard Breaststroke**

|    |                |                   |                   |                   |         |    |
|----|----------------|-------------------|-------------------|-------------------|---------|----|
| *1 | Kavadas, Janet | 77                | North End Otters  |                   | 5:12.21 | 13 |
|    | 1:12.58        | 2:32.86 (1:20.28) | 3:53.11 (1:20.25) | 5:12.21 (1:19.10) |         |    |

**Event 9 Men 30-34 200 Yard Breaststroke**

|     |                |                 |                     |                 |          |    |
|-----|----------------|-----------------|---------------------|-----------------|----------|----|
| *1  | Nordyke, Brent | 32              | Federal Way Masters |                 | 2:15.84  | 13 |
|     | 30.48          | 1:05.43 (34.95) | 1:40.64 (35.21)     | 2:15.84 (35.20) |          |    |
| 2   | Brittle, Zach  | 34              | North End Otters    |                 | 2:45.85  | 11 |
|     | 36.78          | 1:18.72 (41.94) | 2:02.85 (44.13)     | 2:45.85 (43.00) |          |    |
| --- | Polito, Chip   | 31              | Oregon Masters      |                 | X2:16.06 |    |
|     | 31.10          | 1:05.80 (34.70) | 1:40.69 (34.89)     | 2:16.06 (35.37) |          |    |

**Event 9 Men 35-39 200 Yard Breaststroke**

|     |                  |                 |                              |                 |          |    |
|-----|------------------|-----------------|------------------------------|-----------------|----------|----|
| 1   | Schutte, Tom     | 38              | Greenlake Aquaducks          |                 | 2:30.24  | 13 |
|     | 34.03            | 1:11.84 (37.81) | 1:50.83 (38.99)              | 2:30.24 (39.41) |          |    |
| 2   | Lassen, Jason    | 35              | Bellingham Masters Swim Team |                 | 2:58.04  | 11 |
|     | 41.71            | 1:26.75 (45.04) | 2:11.52 (44.77)              | 2:58.04 (46.52) |          |    |
| 3   | Schulz, Tom      | 37              | Briggs YMCA Master Swim      |                 | 3:04.33  | 10 |
|     | 41.49            | 1:28.45 (46.96) | 2:16.11 (47.66)              | 3:04.33 (48.22) |          |    |
| --- | Hartley, Michael | 38              | Hydropower Masters Swim Club |                 | X2:43.47 |    |
|     | 35.85            | 1:17.90 (42.05) | 2:01.07 (43.17)              | 2:43.47 (42.40) |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 9 Men 45-49 200 Yard Breaststroke**

|    |            |                 |                     |                 |    |
|----|------------|-----------------|---------------------|-----------------|----|
| *1 | Smith, Dan | 45              | Federal Way Masters | 2:34.31         | 13 |
|    | 33.32      | 1:12.36 (39.04) | 1:53.10 (40.74)     | 2:34.31 (41.21) |    |

**Event 9 Men 50-54 200 Yard Breaststroke**

|      |                |                   |                              |                   |    |
|------|----------------|-------------------|------------------------------|-------------------|----|
| *1   | Raynolds, Bill | 51                | North End Otters             | 3:02.07           | 13 |
|      | 40.46          | 1:26.21 (45.75)   | 2:15.16 (48.95)              | 3:02.07 (46.91)   |    |
| *--- | Macias, Jesse  | 50                | Hydropower Masters Swim Club | X7:06.57          |    |
|      | 1:35.91        | 3:22.90 (1:46.99) | 5:13.83 (1:50.93)            | 7:06.57 (1:52.74) |    |

**Event 9 Men 55-59 200 Yard Breaststroke**

|      |              |                 |                 |                 |  |
|------|--------------|-----------------|-----------------|-----------------|--|
| *--- | Stark, Allen | 59              | Oregon Masters  | X2:28.59        |  |
|      | 33.72        | 1:11.69 (37.97) | 1:50.07 (38.38) | 2:28.59 (38.52) |  |

**Event 9 Men 60-64 200 Yard Breaststroke**

|   |                  |                 |                                |                 |    |
|---|------------------|-----------------|--------------------------------|-----------------|----|
| 1 | Peterson, Steven | 61              | Old Olympic Peninsula Swimmers | 2:41.93         | 13 |
|   | 36.84            | 1:17.55 (40.71) | 1:59.89 (42.34)                | 2:41.93 (42.04) |    |
| 2 | Hunn, Eugene     | 64              | North End Otters               | 3:43.93         | 11 |
|   | 52.16            | 1:48.52 (56.36) | 2:46.71 (58.19)                | 3:43.93 (57.22) |    |

**Event 9 Men 70-74 200 Yard Breaststroke**

|     |               |                   |                   |                   |    |
|-----|---------------|-------------------|-------------------|-------------------|----|
| 1   | Rehfeldt, Don | 73                | Pna Unattached    | 3:44.82           | 13 |
|     | 50.47         | 1:47.47 (57.00)   | 2:46.68 (59.21)   | 3:44.82 (58.14)   |    |
| --- | Jelinek, Don  | 74                | Montana Masters   | X4:13.15          |    |
|     | 57.05         | 2:00.55 (1:03.50) | 3:08.26 (1:07.71) | 4:13.15 (1:04.89) |    |

**Event 10 Women 18-24 100 Yard IM**

|   |                 |                 |                      |         |    |
|---|-----------------|-----------------|----------------------|---------|----|
| 1 | Pierce, Shona   | 23              | Western WA U Masters | 1:06.17 | 13 |
|   | 30.89           | 1:06.17 (35.28) |                      |         |    |
| 2 | Kunze, Brittany | 24              | Greenlake Aquaducks  | 1:10.14 | 11 |
|   | 32.67           | 1:10.14 (37.47) |                      |         |    |

**(Event 10 Women 18-24 100 Yard IM)**

|   |                 |                 |                      |         |    |
|---|-----------------|-----------------|----------------------|---------|----|
| 3 | Bonar, Heather  | 18              | Gig Harbor YMCA      | 1:14.78 | 10 |
|   | 34.40           | 1:14.78 (40.38) |                      |         |    |
| 4 | Coulson, Emma   | 23              | Federal Way Masters  | 1:15.00 | 9  |
|   | 33.79           | 1:15.00 (41.21) |                      |         |    |
| 5 | Dowdle, Angie   | 18              | Western WA U Masters | 1:16.31 | 8  |
|   | 35.98           | 1:16.31 (40.33) |                      |         |    |
| 6 | Melseth, Ashley | 21              | Western WA U Masters | 1:17.31 | 7  |
|   | 36.30           | 1:17.31 (41.01) |                      |         |    |
| 7 | Mar, Emiko      | 21              | Western WA U Masters | 1:18.28 | 6  |
|   | 34.73           | 1:18.28 (43.55) |                      |         |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 10 Women 25-29 100 Yard IM**

|     |                   |                 |                              |          |    |
|-----|-------------------|-----------------|------------------------------|----------|----|
| 1   | Crandell, Kelly   | 27              | Ohana Swim Team              | 1:11.80  | 13 |
|     | 34.13             | 1:11.80 (37.67) |                              |          |    |
| 2   | Nordyke, Carrie   | 28              | Federal Way Masters          | 1:13.63  | 11 |
|     | 33.61             | 1:13.63 (40.02) |                              |          |    |
| 3   | McCullough, Megan | 28              | Ohana Swim Team              | 1:14.59  | 10 |
|     | 33.00             | 1:14.59 (41.59) |                              |          |    |
| 4   | Lochner, Lauren   | 29              | Swim Seattle Redhawk Masters | 1:17.77  | 9  |
|     | 36.26             | 1:17.77 (41.51) |                              |          |    |
| 5   | Ellis, Aeron      | 27              | Ohana Swim Team              | 1:30.88  | 8  |
|     | 46.48             | 1:30.88 (44.40) |                              |          |    |
| 6   | Marcy, Marcia     | 28              | Ohana Swim Team              | 1:38.07  | 7  |
|     | 45.12             | 1:38.07 (52.95) |                              |          |    |
| 7   | Trettevik, Kate   | 28              | North End Otters             | 1:40.31  | 6  |
|     | 50.43             | 1:40.31 (49.88) |                              |          |    |
| --- | Gustafson, Aubree | 26              | Oregon Masters               | X1:11.02 |    |
|     | 33.82             | 1:11.02 (37.20) |                              |          |    |

**Event 10 Women 30-34 100 Yard IM**

|   |                   |                 |                                |         |    |
|---|-------------------|-----------------|--------------------------------|---------|----|
| 1 | Livingston, Megan | 30              | Bainbridge Area Masters        | 1:03.43 | 13 |
|   | 29.25             | 1:03.43 (34.18) |                                |         |    |
| 2 | Philipps, Colleen | 31              | Little Lebowski Urban Achiever | 1:03.89 | 11 |
|   | 29.66             | 1:03.89 (34.23) |                                |         |    |
| 3 | Nordberg, Carrie  | 32              | Bellevue Eastside Masters      | 1:06.59 | 10 |
|   | 31.82             | 1:06.59 (34.77) |                                |         |    |
| 4 | Tulou, Tamara     | 34              | Bainbridge Area Masters        | 1:28.45 | 9  |
|   | 38.53             | 1:28.45 (49.92) |                                |         |    |
| 5 | Lesh, Robin       | 30              | North End Otters               | 1:29.74 | 8  |
|   | 41.35             | 1:29.74 (48.39) |                                |         |    |

**Event 10 Women 35-39 100 Yard IM**

|   |                   |                 |                              |         |    |
|---|-------------------|-----------------|------------------------------|---------|----|
| 1 | Mesler, Jennifer  | 37              | Federal Way Masters          | 1:12.60 | 13 |
|   | 33.35             | 1:12.60 (39.25) |                              |         |    |
| 2 | Eager, Kristi     | 35              | South Whidbey Island Masters | 1:22.05 | 11 |
|   | 38.87             | 1:22.05 (43.18) |                              |         |    |
| 3 | Behrens, Michelle | 35              | Gig Harbor YMCA              | 1:22.09 | 10 |
|   | 39.68             | 1:22.09 (42.41) |                              |         |    |
| 4 | Antilla, Kristine | 39              | Ohana Swim Team              | 1:22.40 | 9  |
|   | 38.23             | 1:22.40 (44.17) |                              |         |    |
| 5 | McCullough, Janae | 37              | Ohana Swim Team              | 1:34.10 | 8  |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                           |                 |                              |          |    |
|---|---------------------------|-----------------|------------------------------|----------|----|
|   | 44.03                     | 1:34.10 (50.07) |                              |          |    |
| 6   | Colaizzi, Maureen         | 38              | North End Otters             | 1:35.21  | 7  |
|   | 44.37                     | 1:35.21 (50.84) |                              |          |    |
| <b>(Event 10 Women 35-39 100 Yard IM)</b> |                           |                 |                              |          |    |
| 7   | Montiel, Julie            | 38              | Federal Way Masters          | 1:36.66  | 6  |
|   | 47.23                     | 1:36.66 (49.43) |                              |          |    |
| <b>Event 10 Women 40-44 100 Yard IM</b>   |                           |                 |                              |          |    |
| 1   | Quistorf, Renee           | 43              | North End Otters             | 1:18.37  | 13 |
|   | 36.02                     | 1:18.37 (42.35) |                              |          |    |
| 2   | Moore, Kathy              | 41              | Pna Unattached               | 1:25.24  | 11 |
|   | 38.45                     | 1:25.24 (46.79) |                              |          |    |
| 3   | North, Donnie             | 42              | North End Otters             | 1:25.71  | 10 |
|   | 39.67                     | 1:25.71 (46.04) |                              |          |    |
| 4   | Blomberg, Audrey          | 42              | Middle Aged Marlins          | 1:26.35  | 9  |
|   | 40.79                     | 1:26.35 (45.56) |                              |          |    |
| 5   | Rogers, Katherine         | 41              | South Whidbey Island Masters | 1:26.95  | 8  |
|   | 42.17                     | 1:26.95 (44.78) |                              |          |    |
| 6   | Way, Suzanne              | 44              | Lynnwood Sharks              | 1:30.15  | 7  |
|   | 42.38                     | 1:30.15 (47.77) |                              |          |    |
| 7   | Huntamer, Nancy           | 43              | North End Otters             | 1:37.81  | 6  |
|   | 47.65                     | 1:37.81 (50.16) |                              |          |    |
| 8   | Thill, Marcelle           | 40              | Middle Aged Marlins          | 1:44.47  | 5  |
|   | 48.04                     | 1:44.47 (56.43) |                              |          |    |
| <b>Event 10 Women 45-49 100 Yard IM</b>   |                           |                 |                              |          |    |
| 1   | Berg, Tonya               | 49              | Greenlake Aquaducks          | 1:14.96  | 13 |
|   | 35.97                     | 1:14.96 (38.99) |                              |          |    |
| 2   | Spenser, Tracey           | 47              | West Seattle YMCA Dolphins   | 1:17.74  | 11 |
|   | 35.19                     | 1:17.74 (42.55) |                              |          |    |
| 3   | Hoffman, Wendy            | 45              | Mercer Island Country Club   | 1:21.43  | 10 |
|   | 38.49                     | 1:21.43 (42.94) |                              |          |    |
| 4   | Bulman, Janet             | 49              | North End Otters             | 1:22.10  | 9  |
|   | 37.95                     | 1:22.10 (44.15) |                              |          |    |
| 5   | Coleman, Jan              | 47              | Middle Aged Marlins          | 1:32.12  | 8  |
|   | 45.38                     | 1:32.12 (46.74) |                              |          |    |
| *---                                      | Tomlinson-Macias, Melinda | 49              | Hydropower Masters Swim Club | X1:31.90 |    |
|   | 43.01                     | 1:31.90 (48.89) |                              |          |    |
| *---                                      | Wheeler, Krissy           | 46              | South Whidbey Island Masters | DQ       |    |
|   | 40.31                     | DQ (46.90)      |                              |          |    |

**Event 10 Women 50-54 100 Yard IM**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                   |         |                             |          |    |
|---|-------------------|---------|-----------------------------|----------|----|
| 1   | Cooley, Cathy     | 50      | North End Otters            | 1:12.20  | 13 |
|   | 34.15             | 1:12.20 | (38.05)                     |          |    |
| 2   | Jaeger, Dawn      | 51      | North End Otters            | 1:18.49  | 11 |
|   | 35.90             | 1:18.49 | (42.59)                     |          |    |
| 3   | Melvin, Sheryl    | 50      | North End Otters            | 1:20.68  | 10 |
|   | 37.03             | 1:20.68 | (43.65)                     |          |    |
| 4   | Severin, Jennifer | 53      | North End Otters            | 1:31.17  | 9  |
|   | 42.21             | 1:31.17 | (48.96)                     |          |    |
| 5   | Cunningham, Patti | 54      | Federal Way Masters         | 1:34.28  | 8  |
|   | 44.72             | 1:34.28 | (49.56)                     |          |    |
| 6   | Collins, Sue      | 51      | Middle Aged Marlins         | 1:34.90  | 7  |
|   | 43.28             | 1:34.90 | (51.62)                     |          |    |
| <b>Event 10 Women 55-59 100 Yard IM</b>   |                   |         |                             |          |    |
| 1   | Casey, Kathrine   | 59      | Ft Steliacoom               | 1:26.66  | 13 |
|   | 40.10             | 1:26.66 | (46.56)                     |          |    |
| <b>(Event 10 Women 55-59 100 Yard IM)</b> |                   |         |                             |          |    |
| 2   | Blackburn, Jean   | 56      | Federal Way Masters         | 1:28.85  | 11 |
|   | 42.93             | 1:28.85 | (45.92)                     |          |    |
| <b>Event 10 Women 65-69 100 Yard IM</b>   |                   |         |                             |          |    |
| 1   | Walker, Pinky     | 65      | Thunderbird Aquatic Masters | 1:27.88  | 13 |
|   | 40.69             | 1:27.88 | (47.19)                     |          |    |
| ---                                       | Frid, Barbara     | 65      | Oregon Masters              | X1:23.34 |    |
|   | 39.04             | 1:23.34 | (44.30)                     |          |    |
| <b>Event 10 Women 75-79 100 Yard IM</b>   |                   |         |                             |          |    |
| *1  | Gladwell, Gail    | 76      | Bellevue Club               | 2:20.44  | 13 |
|   | 1:09.76           | 2:20.44 | (1:10.68)                   |          |    |
| <b>Event 10 Women 80-84 100 Yard IM</b>   |                   |         |                             |          |    |
| *1  | Phillips, Bernice | 80      | Bainbridge Area Masters     | 2:35.88  | 13 |
|   | 1:10.73           | 2:35.88 | (1:25.15)                   |          |    |
| <b>Event 10 Men 18-24 100 Yard IM</b>     |                   |         |                             |          |    |
| *1  | Rice, Jordan      | 23      | Pna Unattached              | 1:00.54  | 13 |
|   | 28.78             | 1:00.54 | (31.76)                     |          |    |
| 2   | Whipple, Aaron    | 24      | Olympic Aquatic Club        | 1:13.46  | 11 |
|   | 33.58             | 1:13.46 | (39.88)                     |          |    |
| <b>Event 10 Men 25-29 100 Yard IM</b>     |                   |         |                             |          |    |
| 1   | Tourigny, David   | 28      | Greenlake Aquaducks         | 1:04.13  | 13 |
|   | 29.64             | 1:04.13 | (34.49)                     |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |              |         |                 |         |    |
|---|--------------|---------|-----------------|---------|----|
| 2 | Marcy, Brian | 28      | Ohana Swim Team | 1:34.03 | 11 |
|   | 44.91        | 1:34.03 | (49.12)         |         |    |

**Event 10 Men 30-34 100 Yard IM**

|     |                 |         |                     |         |    |
|-----|-----------------|---------|---------------------|---------|----|
| 1   | Goltz, Jason    | 30      | Pna Unattached      | 55.99   | 13 |
|     | 25.73           | 55.99   | (30.26)             |         |    |
| 2   | Arnold, Mark    | 33      | Husky Masters       | 1:00.24 | 11 |
|     | 27.30           | 1:00.24 | (32.94)             |         |    |
| 3   | Linderman, Ross | 31      | Orca Swim Club      | 1:04.97 | 10 |
|     | 29.42           | 1:04.97 | (35.55)             |         |    |
| 4   | Hinds, Chris    | 32      | Federal Way Masters | 1:11.83 | 9  |
|     | 32.69           | 1:11.83 | (39.14)             |         |    |
| --- | Brittle, Zach   | 34      | North End Otters    | DQ      |    |
|     | 35.93           |         |                     |         |    |

**Event 10 Men 35-39 100 Yard IM**

|     |                 |         |                               |          |    |
|-----|-----------------|---------|-------------------------------|----------|----|
| 1   | Schutte, Tom    | 38      | Greenlake Aquaducks           | 1:04.18  | 13 |
|     | 29.98           | 1:04.18 | (34.20)                       |          |    |
| 2   | Margrave, David | 37      | Samena Club                   | 1:04.50  | 11 |
|     | 29.90           | 1:04.50 | (34.60)                       |          |    |
| 3   | Schulz, Tom     | 37      | Briggs YMCA Master Swim       | 1:14.46  | 10 |
|     | 36.38           | 1:14.46 | (38.08)                       |          |    |
| 4   | Diaz, Luis      | 36      | Federal Way Masters           | 1:24.13  | 9  |
|     | 37.38           | 1:24.13 | (46.75)                       |          |    |
| --- | Hooper, James   | 36      | Masters Swim British Columbia | X1:02.78 |    |
|     | 30.37           | 1:02.78 | (32.41)                       |          |    |

**Event 10 Men 40-44 100 Yard IM**

|   |               |         |                      |         |    |
|---|---------------|---------|----------------------|---------|----|
| 1 | Seibert, Rich | 43      | Olympic Aquatic Club | 1:05.33 | 13 |
|   | 31.35         | 1:05.33 | (33.98)              |         |    |

**(Event 10 Men 40-44 100 Yard IM)**

|      |                 |         |                              |          |    |
|------|-----------------|---------|------------------------------|----------|----|
| 2    | Nelson, Michael | 43      | Lynnwood Sharks              | 1:06.29  | 11 |
|      | 30.68           | 1:06.29 | (35.61)                      |          |    |
| 3    | Rody, T. Sean   | 41      | North End Otters             | 1:08.19  | 10 |
|      | 31.60           | 1:08.19 | (36.59)                      |          |    |
| 4    | Ducolon, David  | 44      | Federal Way Masters          | 1:09.12  | 9  |
|      | 32.26           | 1:09.12 | (36.86)                      |          |    |
| 5    | Ferrero, Rick   | 44      | South Whidbey Island Masters | 1:09.15  | 8  |
|      | 31.60           | 1:09.15 | (37.55)                      |          |    |
| *--- | Butcher, Gano   | 44      | Oregon Masters               | X1:00.40 |    |
|      | 27.88           | 1:00.40 | (32.52)                      |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                                       |                     |         |                              |          |    |
|---------------------------------------|---------------------|---------|------------------------------|----------|----|
| *---                                  | Clydesdale, William | 40      | Oregon Masters               | X1:04.31 |    |
|                                       | 30.82               | 1:04.31 | (33.49)                      |          |    |
| <b>Event 10 Men 45-49 100 Yard IM</b> |                     |         |                              |          |    |
| 1                                     | Swanson, Victor     | 48      | Logger Masters               | 1:00.04  | 13 |
|                                       | 28.70               | 1:00.04 | (31.34)                      |          |    |
| 2                                     | Yalung, Patrick     | 49      | Bainbridge Area Masters      | 1:06.30  | 11 |
|                                       | 31.49               | 1:06.30 | (34.81)                      |          |    |
| 3                                     | Stoermer, Paul      | 47      | Federal Way Masters          | 1:06.50  | 10 |
|                                       | 30.08               | 1:06.50 | (36.42)                      |          |    |
| 4                                     | Schafer, Jon-Eric   | 49      | Pna Unattached               | 1:08.03  | 9  |
|                                       | 30.78               | 1:08.03 | (37.25)                      |          |    |
| 5                                     | Morin, Perry        | 49      | Greenlake Aquaducks          | 1:10.53  | 8  |
|                                       | 34.83               | 1:10.53 | (35.70)                      |          |    |
| 6                                     | Boytler, Bruce      | 49      | Federal Way Masters          | 1:11.45  | 7  |
|                                       | 33.46               | 1:11.45 | (37.99)                      |          |    |
| 7                                     | Kohnke, Jim         | 45      | Olympic Aquatic Club         | 1:12.47  | 6  |
|                                       | 33.91               | 1:12.47 | (38.56)                      |          |    |
| 8                                     | Kennedy, Keith      | 45      | Federal Way Masters          | 1:12.87  | 5  |
|                                       | 33.95               | 1:12.87 | (38.92)                      |          |    |
| 9                                     | LaHaie, Steve       | 45      | Olympic Aquatic Club         | 1:13.17  | 4  |
|                                       | 34.26               | 1:13.17 | (38.91)                      |          |    |
| 10                                    | Dybdahl, Eric       | 48      | Federal Way Masters          | 1:14.73  | 3  |
|                                       | 33.54               | 1:14.73 | (41.19)                      |          |    |
| 11                                    | Nelson, William     | 49      | Ohana Swim Team              | 1:17.04  | 2  |
|                                       | 37.47               | 1:17.04 | (39.57)                      |          |    |
| 12                                    | Schlosser, Paul     | 48      | Lynnwood Sharks              | 1:23.93  | 1  |
|                                       | 40.18               | 1:23.93 | (43.75)                      |          |    |
| *---                                  | Valley, Eric        | 46      | Nonscoring                   | X1:03.41 |    |
|                                       | 30.30               | 1:03.41 | (33.11)                      |          |    |
| *---                                  | Doering, Eric       | 46      | Hydropower Masters Swim Club | X1:04.16 |    |
|                                       | 29.38               | 1:04.16 | (34.78)                      |          |    |
| *---                                  | Garcia, Doug        | 46      | Hydropower Masters Swim Club | X1:17.49 |    |
|                                       | 36.32               | 1:17.49 | (41.17)                      |          |    |
| *---                                  | Wisont, Greg        | 47      | South Whidbey Island Masters | DQ       |    |
|                                       | 37.33               |         |                              |          |    |
| *---                                  | Oren, Ron           | 48      | Lynnwood Sharks              | DQ       |    |
|                                       | 37.37               |         |                              |          |    |

**Event 10 Men 50-54 100 Yard IM**

|   |              |    |                           |         |    |
|---|--------------|----|---------------------------|---------|----|
| 1 | Baker, Loren | 53 | Bellevue Eastside Masters | 1:04.39 | 13 |
|---|--------------|----|---------------------------|---------|----|



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                 |                                 |          |    |
|---|-----------------|---------------------------------|----------|----|
|   | 30.73           | 1:04.39 (33.66)                 |          |    |
| 2                                       | Spencer, Donald | 50 Pro Sports Club              | 1:06.71  | 11 |
|   | 31.55           | 1:06.71 (35.16)                 |          |    |
| <b>(Event 10 Men 50-54 100 Yard IM)</b> |                 |                                 |          |    |
| 3                                       | Sylvester, John | 51 Greenlake Aquaducks          | 1:07.93  | 10 |
|   | 30.86           | 1:07.93 (37.07)                 |          |    |
| 4                                       | Freeborn, Steve | 52 Federal Way Masters          | 1:08.97  | 9  |
|   | 31.04           | 1:08.97 (37.93)                 |          |    |
| 5                                       | Smith, Matthew  | 51 Bellevue Eastside Masters    | 1:12.06  | 8  |
|   | 32.90           | 1:12.06 (39.16)                 |          |    |
| 6                                       | Adcock, Richard | 52 Gig Harbor YMCA              | 1:13.77  | 7  |
|   | 36.99           | 1:13.77 (36.78)                 |          |    |
| 7                                       | Hartwig, Bob    | 53 Federal Way Masters          | 1:19.43  | 6  |
|   | 37.00           | 1:19.43 (42.43)                 |          |    |
| 8                                       | Morrison, Jeff  | 53 Thunderbird Aquatic Masters  | 1:21.71  | 5  |
|   | 40.15           | 1:21.71 (41.56)                 |          |    |
| ---                                     | Macias, Jesse   | 50 Hydropower Masters Swim Club | X2:49.21 |    |
|   | 1:17.75         | 2:49.21 (1:31.46)               |          |    |

**Event 10 Men 55-59 100 Yard IM**

|     |                  |                                 |         |    |
|-----|------------------|---------------------------------|---------|----|
| 1   | Clark, Gordon    | 56 Bainbridge Area Masters      | 1:07.57 | 13 |
|     | 30.35            | 1:07.57 (37.22)                 |         |    |
| 2   | Stanley, Phillip | 55 Federal Way Masters          | 1:11.89 | 11 |
|     | 33.94            | 1:11.89 (37.95)                 |         |    |
| 3   | Hansen, Ron      | 58 Skagit Valley YMCA           | 1:31.50 | 10 |
|     | 44.44            | 1:31.50 (47.06)                 |         |    |
| --- | Jobson, Marc     | 58 Tumwater Valley Aquatic Club | DQ      |    |
|     | 41.81            |                                 |         |    |

**Event 10 Men 60-64 100 Yard IM**

|     |                   |                              |          |    |
|-----|-------------------|------------------------------|----------|----|
| 1   | Kimball, Hugh     | 61 Greenlake Aquaducks       | 1:25.83  | 13 |
|     | 42.06             | 1:25.83 (43.77)              |          |    |
| 2   | Sawyer, Dennis    | 64 Bainbridge Area Masters   | 1:26.25  | 11 |
|     | 43.59             | 1:26.25 (42.66)              |          |    |
| 3   | McKinlay, Michael | 64 Bellevue Eastside Masters | 1:35.71  | 10 |
|     | 43.61             | 1:35.71 (52.10)              |          |    |
| 4   | Walker, Thomas    | 61 Columbia Aquatic Masters  | 1:38.63  | 9  |
|     | 48.38             | 1:38.63 (50.25)              |          |    |
| --- | Stout, Jon        | 61 Oregon Masters            | X1:09.73 |    |
|     | 31.98             | 1:09.73 (37.75)              |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 10 Men 65-69 100 Yard IM**

|    |                |    |                  |         |    |
|----|----------------|----|------------------|---------|----|
| *1 | Norby, Michael | 66 | North End Otters | 1:18.64 | 13 |
|    | 36.02          |    | 1:18.64 (42.62)  |         |    |

**Event 10 Men 70-74 100 Yard IM**

|     |              |    |                         |          |    |
|-----|--------------|----|-------------------------|----------|----|
| *1  | Morrow, Al   | 73 | Bainbridge Area Masters | 1:52.16  | 13 |
|     | 52.84        |    | 1:52.16 (59.32)         |          |    |
| 2   | Foley, Tom   | 73 | Tigers                  | 1:56.94  | 11 |
|     | 55.72        |    | 1:56.94 (1:01.22)       |          |    |
| --- | Jelinek, Don | 74 | Montana Masters         | X1:54.02 |    |
|     | 57.72        |    | 1:54.02 (56.30)         |          |    |

**Event 10 Men 75-79 100 Yard IM**

|    |            |    |                 |         |    |
|----|------------|----|-----------------|---------|----|
| *1 | Dorse, Bob | 76 | Tigers          | 1:35.66 | 13 |
|    | 46.25      |    | 1:35.66 (49.41) |         |    |

**Event 11 Mixed 18+ 200 Yard Freestyle Relay**

|     |                                  |   |  |  |
|-----|----------------------------------|---|--|--|
| *1  | Bellevue Eastside Masters        | A                                       | 1:42.88                                    | 26   |
|     | 1) Dunn, Erin M37<br>24.64       | 2) Cox, Allison W23<br>51.17 (26.53)    | 3) Nordberg, Carrie W32<br>1:18.17 (27.00) | 4) McDermott, Dave M45<br>1:42.88 (24.71)    |
| 2   | Federal Way Masters              | A                                       | 1:46.91                                    | 22   |
|     | 1) Casey, Shannon W30<br>30.47   | 2) Coulson, Emma W23<br>59.36 (28.89)   | 3) Nordyke, Brent M32<br>1:22.69 (23.33)   | 4) Williams, John M39<br>1:46.91 (24.22)     |
| 3   | Federal Way Masters              | C                                       | 1:50.20                                    | 20   |
|     | 1) Mesler, Jennifer W37<br>30.07 | 2) Kim, Nellis W37<br>58.91 (28.84)     | 3) Lautman, Scott M55<br>1:24.21 (25.30)   | 4) Littlefield, James M47<br>1:50.20 (25.99) |
| 4   | Greenlake Aquaducks              | A                                       | 1:50.63                                    | 18   |
|     | 1) Kunze, Brittany W24<br>28.98  | 2) Tourigny, David M28<br>59.58 (30.60) | 3) Berg, Tonya W49<br>1:25.08 (25.50)      | 4) Morin, Perry M49<br>1:50.63 (25.55)       |
| 5   | Federal Way Masters              | B                                       | 1:51.67                                    | 16   |
|     | 1) Johnson, Elliott M23<br>26.41 | 2) Courtney, Zena W48<br>54.59 (28.18)  | 3) Hinds, Chris M32<br>1:23.29 (28.70)     | 4) Menkens, Michelle W51<br>1:51.67 (28.38)  |
| --- | Western WA U Masters             | A                                       | DQ   |  |
|     | 1) Goldman, Brian M22<br>21.40   | 2) Pierce, Shona W23<br>47.32 (25.92)   | 3) Dowdle, Angie W18<br>1:15.53 (28.21)    | 4) Fanning, Mark M22<br>DQ (23.56)           |

**Event 11 Mixed 25+ 200 Yard Freestyle Relay**

|   |                                   |                                       |   |   |
|---|-----------------------------------|---------------------------------------|---|---|
| 1 | Bainbridge Area Masters           | A                                     | 1:51.14                                   | 26                                      |
|   | 1) Livingston, Megan W30<br>26.25 | 2) Tulou, Tamara W34<br>59.49 (33.24) | 3) Yalung, Patrick M49<br>1:25.75 (26.26) | 4) Clark, Gordon M56<br>1:51.14 (25.39) |
| 2 | North End Otters                  | G                                     | 1:57.11                                   | 22                                      |
|   | 1) Brittle, Zach M34<br>28.79     | 2) Lippold, Mary W52<br>47.58 (18.79) | 3) Cooley, Cathy W50<br>1:29.31 (41.73)   | 4) Rody, T. Sean M41<br>1:57.11 (27.80) |
| 3 | Ohana Swim Team                   | A                                     | 1:57.62                                   | 20                                      |
|   | 1) Marcy, Brian M28               | 2) Carden, Melvin M33                 | 3) McCullough, Megan W28                  | 4) Crandell, Kelly W27                  |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                       |                        |                    |                 |                          |                 |
|---|-----------------------|------------------------|--------------------|-----------------|--------------------------|-----------------|
| 4 | Federal Way Masters   | 35.89<br>59.46 (23.57) | 1:28.34 (28.88)    | 1:57.62 (29.28) | 2:04.70                  | 18              |
|   |                       |                        | D                  |                 |                          |                 |
|   | 1) Stoermer, Paul M47 | 27.55                  | 2) Smith, Dan M45  | 1:29.37 (35.76) | 3) Cunningham, Patti W54 | 2:04.70 (35.33) |
|   |                       |                        |                    |                 | 4) Simmons, Michelle W33 |                 |
| 5 | Federal Way Masters   | 35.83                  | 2) Bork, Holly W31 | 1:40.15 (27.42) | 2:09.42                  | 16              |
|   |                       |                        |                    |                 |                          |                 |
|   | 1) Montiel, Julie W38 | 27.55                  | 2) Bork, Holly W31 | 1:40.15 (27.42) | 3) Kennedy, Keith M45    | 2:09.42 (29.27) |
|   |                       |                        |                    |                 | 4) Metzler, Gregg M49    |                 |

**Event 11 Mixed 35+ 200 Yard Freestyle Relay**

|   |                             |       |                             |                 |                           |                 |
|---|-----------------------------|-------|-----------------------------|-----------------|---------------------------|-----------------|
| 1 | South Whidbey Island Master |       | A                           |                 | 2:03.66                   | 26              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) DeWit, John M55          | 28.53 | 2) Rogers, Katherine W41    | 1:35.63 (34.09) | 3) Wheeler, Krissy W46    | 2:03.66 (28.03) |
|   |                             |       |                             |                 | 4) Wisont, Greg M47       |                 |
| 2 | Ohana Swim Team             |       | A                           |                 | 2:08.59                   | 22              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) McCullough, Mike M41     | 38.08 | 2) Antilla, Kristine W39    | 1:19.90 (20.14) | 3) Speir, Kris W44        | 2:08.59 (48.69) |
|   |                             |       |                             |                 | 4) Nelson, William M49    |                 |
| 3 | Federal Way Masters         |       | F                           |                 | 2:08.81                   | 20              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) Freeborn, Steve M52      | 26.90 | 2) Fitzpatrick, Deirdre W36 | 1:40.71 (38.15) | 3) Reddoch, Jill W38      | 2:08.81 (28.10) |
|   |                             |       |                             |                 | 4) Dybdahl, Eric M48      |                 |
| 4 | Federal Way Masters         |       | E                           |                 | 2:10.39                   | 18              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) Stanley, Phillip M55     | 27.26 | 2) Ducolon, David M44       | 1:36.60 (43.46) | 3) Duggan, Pat W54        | 2:10.39 (33.79) |
|   |                             |       |                             |                 | 4) Blackburn, Jean W56    |                 |
| 5 | Federal Way Masters         |       | H                           |                 | 2:13.46                   | 16              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) Diaz, Luis M36           | 31.32 | 2) Battle, Kelvin M39       | 1:41.30 (35.08) | 3) Kuykendall, Karen W44  | 2:13.46 (32.16) |
|   |                             |       |                             |                 | 4) Spencer, Lee W47       |                 |
| 6 | Federal Way Masters         |       | I                           |                 | 2:22.28                   | 14              |
|   |                             |       |                             |                 |                           |                 |
|   | 1) Hartwig, Bob M53         | 30.29 | 2) Kreer, Kenneth M44       | 1:44.31 (35.19) | 3) Williams, Judy W60     | 2:22.28 (37.97) |
|   |                             |       |                             |                 | 4) Henderson, Barbara W50 |                 |

**Event 11 Mixed 55+ 200 Yard Freestyle Relay**

|    |                       |       |                     |                 |                       |                 |
|----|-----------------------|-------|---------------------|-----------------|-----------------------|-----------------|
| *1 | North End Otters      |       | F                   |                 | 2:53.99               | 26              |
|    |                       |       |                     |                 |                       |                 |
|    | 1) Kavadas, Janet W77 | 57.98 | 2) Hunn, Eugene M64 | 2:23.43 (41.77) | 3) McNeel, Sandy W55  | 2:53.99 (30.56) |
|    |                       |       |                     |                 | 4) Norby, Michael M66 |                 |

**Event 12 Women 30-34 1000 Yard Freestyle**

|     |                   |                  |                  |                     |           |    |
|-----|-------------------|------------------|------------------|---------------------|-----------|----|
| *1  | Casey, Shannon    |                  | 30               | Federal Way Masters | 12:36.62  | 13 |
|     |                   |                  |                  |                     |           |    |
|     | 32.40             | 1:08.19 (35.79)  | 1:45.02 (36.83)  | 2:22.64 (37.62)     |           |    |
|     | 3:00.21 (37.57)   | 3:37.90 (37.69)  | 4:15.91 (38.01)  | 4:54.25 (38.34)     |           |    |
|     | 5:32.66 (38.41)   | 6:11.43 (38.77)  | 6:50.03 (38.60)  | 7:28.61 (38.58)     |           |    |
|     | 8:07.21 (38.60)   | 8:45.97 (38.76)  | 9:24.43 (38.46)  | 10:02.90 (38.47)    |           |    |
|     | 10:41.63 (38.73)  | 11:20.10 (38.47) | 11:58.82 (38.72) | 12:36.62 (37.80)    |           |    |
| 2   | Simmons, Michelle |                  | 33               | Federal Way Masters | 17:01.27  | 11 |
|     |                   |                  |                  |                     |           |    |
|     | 41.89             | 1:29.60 (47.71)  | 2:20.82 (51.22)  | 3:12.91 (52.09)     |           |    |
|     | 4:05.13 (52.22)   | 4:57.95 (52.82)  | 5:49.64 (51.69)  | 6:41.07 (51.43)     |           |    |
|     | 7:32.74 (51.67)   | 8:24.51 (51.77)  | 9:16.89 (52.38)  | 10:08.00 (51.11)    |           |    |
|     | 11:00.20 (52.20)  | 11:51.66 (51.46) | 12:43.67 (52.01) | 13:35.89 (52.22)    |           |    |
|     | 14:28.71 (52.82)  | 15:21.16 (52.45) | 16:13.14 (51.98) | 17:01.27 (48.13)    |           |    |
| --- | Kramer, Ellen     |                  | 32               | Oregon Masters      | X12:45.49 |    |
|     |                   |                  |                  |                     |           |    |
|     | 34.37             | 1:12.14 (37.77)  | 1:49.75 (37.61)  | 2:28.04 (38.29)     |           |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 3:06.24 (38.20)  | 3:45.35 (39.11)  | 4:24.89 (39.54)  | 5:04.52 (39.63)  |
| 5:44.44 (39.92)  | 6:22.78 (38.34)  | 7:02.17 (39.39)  | 7:41.30 (39.13)  |
| 8:20.40 (39.10)  | 8:59.57 (39.17)  | 9:37.48 (37.91)  | 10:16.06 (38.58) |
| 10:54.80 (38.74) | 11:32.58 (37.78) | 12:09.92 (37.34) | 12:45.49 (35.57) |

**Event 12 Women 35-39 1000 Yard Freestyle**

|                     |                                 |                  |                  |
|---------------------|---------------------------------|------------------|------------------|
| 1 Lassen, Megan     | 37 Bellingham Masters Swim Team | 12:22.48         | 13               |
| 33.50               | 1:10.95 (37.45)                 | 1:48.56 (37.61)  | 2:26.29 (37.73)  |
| 3:04.69 (38.40)     | 3:42.27 (37.58)                 | 4:20.09 (37.82)  | 4:57.73 (37.64)  |
| 5:35.40 (37.67)     | 6:13.12 (37.72)                 | 6:50.72 (37.60)  | 7:28.09 (37.37)  |
| 8:05.99 (37.90)     | 8:43.33 (37.34)                 | 9:20.48 (37.15)  | 9:58.09 (37.61)  |
| 10:34.71 (36.62)    | 11:11.00 (36.29)                | 11:47.30 (36.30) | 12:22.48 (35.18) |
| 2 Eager, Kristi     | 35 South Whidbey Island Masters | 14:17.73         | 11               |
| 38.17               | 1:19.32 (41.15)                 | 2:01.10 (41.78)  | 2:43.60 (42.50)  |
| 3:26.22 (42.62)     | 4:08.39 (42.17)                 | 4:51.05 (42.66)  | 5:34.07 (43.02)  |
| 6:17.32 (43.25)     | 7:00.59 (43.27)                 | 7:43.40 (42.81)  | 8:26.78 (43.38)  |
| 9:10.14 (43.36)     | 9:53.59 (43.45)                 | 10:38.28 (44.69) | 11:21.44 (43.16) |
| 12:06.23 (44.79)    | 12:49.43 (43.20)                | 13:33.93 (44.50) | 14:17.73 (43.80) |
| 3 McCullough, Janae | 37 Ohana Swim Team              | 16:52.01         | 10               |
| 42.77               | 1:30.02 (47.25)                 | 2:20.61 (50.59)  | 3:11.57 (50.96)  |
| 4:03.01 (51.44)     | 4:54.98 (51.97)                 | 5:47.03 (52.05)  | 6:38.60 (51.57)  |
| 7:29.75 (51.15)     | 8:21.51 (51.76)                 | 9:13.48 (51.97)  | 10:05.66 (52.18) |
| 10:56.53 (50.87)    | 11:48.50 (51.97)                | 12:39.68 (51.18) | 13:29.85 (50.17) |
| 14:21.63 (51.78)    | 15:13.00 (51.37)                | 16:03.16 (50.16) | 16:52.01 (48.85) |
| --- Hyde, Sandra    | 39 Sawtooth Masters             | X13:31.87        |                  |
| 36.08               | 1:14.65 (38.57)                 | 1:54.35 (39.70)  | 2:34.68 (40.33)  |
| 3:14.87 (40.19)     | 3:54.87 (40.00)                 | 4:34.95 (40.08)  | 5:15.41 (40.46)  |
| 5:56.00 (40.59)     | 6:37.01 (41.01)                 | 7:17.86 (40.85)  | 7:59.00 (41.14)  |
| 8:40.97 (41.97)     | 9:22.44 (41.47)                 | 10:03.60 (41.16) | 10:45.02 (41.42) |
| 11:27.51 (42.49)    | 12:09.75 (42.24)                | 12:51.48 (41.73) | 13:31.87 (40.39) |

**Event 12 Women 40-44 1000 Yard Freestyle**

|                     |                        |                  |                  |
|---------------------|------------------------|------------------|------------------|
| 1 Way, Suzanne      | 44 Lynnwood Sharks     | 15:44.98         | 13               |
| 40.84               | 1:26.19 (45.35)        | 2:14.19 (48.00)  | 3:01.72 (47.53)  |
| 3:49.55 (47.83)     | 4:37.61 (48.06)        | 5:25.57 (47.96)  | 6:13.72 (48.15)  |
| 7:02.10 (48.38)     | 7:50.67 (48.57)        | 8:38.76 (48.09)  | 9:26.46 (47.70)  |
| 10:14.38 (47.92)    | 11:02.10 (47.72)       | 11:49.78 (47.68) | 12:37.53 (47.75) |
| 13:24.81 (47.28)    | 14:12.06 (47.25)       | 14:59.77 (47.71) | 15:44.98 (45.21) |
| 2 North, Donnie     | 42 North End Otters    | 15:46.38         | 11               |
| 40.64               | 1:25.63 (44.99)        | 2:12.40 (46.77)  | 2:59.95 (47.55)  |
| 3:46.94 (46.99)     | 4:33.88 (46.94)        | 5:22.05 (48.17)  | 6:09.21 (47.16)  |
| 6:57.93 (48.72)     | 7:45.97 (48.04)        | 8:34.51 (48.54)  | 9:22.98 (48.47)  |
| 10:10.39 (47.41)    | 10:58.89 (48.50)       | 11:46.89 (48.00) | 12:35.92 (49.03) |
| 13:24.40 (48.48)    | 14:12.84 (48.44)       | 15:00.44 (47.60) | 15:46.38 (45.94) |
| 3 Huntamer, Nancy   | 43 North End Otters    | 16:04.95         | 10               |
| 42.31               | 1:30.57 (48.26)        | 2:18.99 (48.42)  | 3:08.38 (49.39)  |
| 3:57.17 (48.79)     | 4:46.34 (49.17)        | 5:35.18 (48.84)  | 6:23.72 (48.54)  |
| 7:12.41 (48.69)     | 8:01.41 (49.00)        | 8:49.70 (48.29)  | 9:37.91 (48.21)  |
| 10:26.96 (49.05)    | 11:15.19 (48.23)       | 12:03.58 (48.39) | 12:52.34 (48.76) |
| 13:40.48 (48.14)    | 14:29.70 (49.22)       | 15:17.93 (48.23) | 16:04.95 (47.02) |
| 4 Kuykendall, Karen | 44 Federal Way Masters | 17:35.18         | 9                |
| 40.65               | 1:26.89 (46.24)        | 2:17.14 (50.25)  | 3:10.27 (53.13)  |
| 4:04.24 (53.97)     | 4:59.25 (55.01)        | 5:54.43 (55.18)  | 6:48.96 (54.53)  |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 7:45.00 (56.04)  | 8:38.93 (53.93)  | 9:34.16 (55.23)  | 10:28.95 (54.79) |
| 11:23.05 (54.10) | 12:17.48 (54.43) | 13:11.41 (53.93) | 14:06.62 (55.21) |
| 15:01.32 (54.70) | 15:55.49 (54.17) | 16:48.48 (52.99) | 17:35.18 (46.70) |

**Event 12 Women 45-49 1000 Yard Freestyle**

|                   |                                 |          |    |
|-------------------|---------------------------------|----------|----|
| 1 Wheeler, Krissy | 46 South Whidbey Island Masters | 14:59.32 | 13 |
|-------------------|---------------------------------|----------|----|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 37.04            | 1:19.64 (42.60)  | 2:04.18 (44.54)  | 2:49.98 (45.80)  |
| 3:35.92 (45.94)  | 4:22.04 (46.12)  | 5:07.26 (45.22)  | 5:53.21 (45.95)  |
| 6:38.76 (45.55)  | 7:24.79 (46.03)  | 8:10.55 (45.76)  | 8:55.80 (45.25)  |
| 9:42.06 (46.26)  | 10:28.18 (46.12) | 11:13.82 (45.64) | 11:59.38 (45.56) |
| 12:45.56 (46.18) | 13:31.03 (45.47) | 14:15.90 (44.87) | 14:59.32 (43.42) |

|                |                        |          |    |
|----------------|------------------------|----------|----|
| 2 Spencer, Lee | 47 Federal Way Masters | 16:49.14 | 11 |
|----------------|------------------------|----------|----|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 41.33            | 1:29.91 (48.58)  | 2:20.07 (50.16)  | 3:09.89 (49.82)  |
| 4:00.55 (50.66)  | 4:52.63 (52.08)  | 5:43.42 (50.79)  | 6:35.52 (52.10)  |
| 7:27.15 (51.63)  | 8:18.72 (51.57)  | 9:09.78 (51.06)  | 10:01.26 (51.48) |
| 10:52.63 (51.37) | 11:44.72 (52.09) | 12:36.46 (51.74) | 13:27.85 (51.39) |
| 14:20.40 (52.55) | 15:11.19 (50.79) | 16:00.80 (49.61) | 16:49.14 (48.34) |

**Event 12 Women 50-54 1000 Yard Freestyle**

|                  |                     |          |    |
|------------------|---------------------|----------|----|
| *1 Lippold, Mary | 52 North End Otters | 12:27.26 | 13 |
|------------------|---------------------|----------|----|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 34.25            | 1:10.82 (36.57)  | 1:48.81 (37.99)  | 2:26.92 (38.11)  |
| 3:04.68 (37.76)  | 3:42.74 (38.06)  | 4:20.45 (37.71)  | 4:58.46 (38.01)  |
| 5:36.46 (38.00)  | 6:14.57 (38.11)  | 6:52.42 (37.85)  | 7:30.35 (37.93)  |
| 8:08.23 (37.88)  | 8:45.91 (37.68)  | 9:23.67 (37.76)  | 10:01.10 (37.43) |
| 10:38.21 (37.11) | 11:15.24 (37.03) | 11:51.60 (36.36) | 12:27.26 (35.66) |

**Event 12 Women 55-59 1000 Yard Freestyle**

|                  |                     |          |    |
|------------------|---------------------|----------|----|
| *1 McNeel, Sandy | 55 North End Otters | 17:34.22 | 13 |
|------------------|---------------------|----------|----|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 45.44            | 1:36.18 (50.74)  | 2:28.26 (52.08)  | 3:21.32 (53.06)  |
| 4:14.30 (52.98)  | 5:06.75 (52.45)  | 6:00.29 (53.54)  | 6:53.12 (52.83)  |
| 7:47.75 (54.63)  | 8:42.14 (54.39)  | 9:37.31 (55.17)  | 10:29.77 (52.46) |
| 11:21.88 (52.11) | 12:14.73 (52.85) | 13:06.88 (52.15) | 14:00.05 (53.17) |
| 14:52.49 (52.44) | 15:46.78 (54.29) | 16:42.41 (55.63) | 17:34.22 (51.81) |

**(Event 12 Women 55-59 1000 Yard Freestyle)**

|                 |                       |          |    |
|-----------------|-----------------------|----------|----|
| 2 Smith, Sandra | 55 Skagit Valley YMCA | 26:03.84 | 11 |
|-----------------|-----------------------|----------|----|

|                    |                    |                    |                    |
|--------------------|--------------------|--------------------|--------------------|
| 1:14.38            | 2:31.39 (1:17.01)  | 3:49.38 (1:17.99)  | 5:06.55 (1:17.17)  |
| 6:24.56 (1:18.01)  | 7:43.37 (1:18.81)  | 9:02.36 (1:18.99)  | 10:23.60 (1:21.24) |
| 11:43.49 (1:19.89) | 13:02.18 (1:18.69) | 14:20.34 (1:18.16) | 15:41.43 (1:21.09) |
| 17:01.44 (1:20.01) | 18:21.75 (1:20.31) | 19:41.09 (1:19.34) | 20:59.77 (1:18.68) |
| 22:18.18 (1:18.41) | 23:36.24 (1:18.06) | 24:53.73 (1:17.49) | 26:03.84 (1:10.11) |

|                 |                        |          |    |
|-----------------|------------------------|----------|----|
| 3 Doonan, Cathy | 58 Federal Way Masters | 28:47.81 | 10 |
|-----------------|------------------------|----------|----|

|                    |                    |                    |                    |
|--------------------|--------------------|--------------------|--------------------|
| 1:13.30            | 2:34.33 (1:21.03)  | 3:59.30 (1:24.97)  | 5:23.60 (1:24.30)  |
| 6:48.26 (1:24.66)  | 8:13.99 (1:25.73)  | 9:40.82 (1:26.83)  | 11:09.03 (1:28.21) |
| 12:36.99 (1:27.96) | 14:03.81 (1:26.82) | 15:30.99 (1:27.18) | 16:59.42 (1:28.43) |
| 18:28.87 (1:29.45) | 19:57.98 (1:29.11) | 21:28.10 (1:30.12) | 22:55.32 (1:27.22) |
| 24:24.14 (1:28.82) | 25:54.15 (1:30.01) | 27:23.39 (1:29.24) | 28:47.81 (1:24.42) |

**Event 12 Women 65-69 1000 Yard Freestyle**

|                 |                                |          |    |
|-----------------|--------------------------------|----------|----|
| 1 Walker, Pinky | 65 Thunderbird Aquatic Masters | 15:32.28 | 13 |
|-----------------|--------------------------------|----------|----|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 40.61            | 1:25.53 (44.92)  | 2:11.87 (46.34)  | 2:58.65 (46.78)  |
| 3:46.47 (47.82)  | 4:34.12 (47.65)  | 5:21.72 (47.60)  | 6:09.53 (47.81)  |
| 6:58.05 (48.52)  | 7:45.21 (47.16)  | 8:32.37 (47.16)  | 9:19.62 (47.25)  |
| 10:06.96 (47.34) | 10:53.85 (46.89) | 11:40.56 (46.71) | 12:27.17 (46.61) |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                    |                                 |                    |                    |           |    |
|---|--------------------|---------------------------------|--------------------|--------------------|-----------|----|
|   | 13:14.05 (46.88)   | 14:00.69 (46.64)                | 14:46.70 (46.01)   | 15:32.28 (45.58)   |           |    |
| 2 Olson, Anne                                   |                    | 69 Pna Unattached               |                    |                    | 16:52.33  | 11 |
|   | 44.48              | 1:32.43 (47.95)                 | 2:22.24 (49.81)    | 3:12.96 (50.72)    |           |    |
|   | 4:04.00 (51.04)    | 4:54.76 (50.76)                 | 5:45.67 (50.91)    | 6:36.31 (50.64)    |           |    |
|   | 7:26.98 (50.67)    | 8:17.96 (50.98)                 | 9:09.22 (51.26)    | 10:00.36 (51.14)   |           |    |
|   | 10:51.53 (51.17)   | 11:42.82 (51.29)                | 12:34.67 (51.85)   | 13:28.51 (53.84)   |           |    |
|   | 14:20.07 (51.56)   | 15:12.30 (52.23)                | 16:04.02 (51.72)   | 16:52.33 (48.31)   |           |    |
| <b>Event 12 Women 70-74 1000 Yard Freestyle</b> |                    |                                 |                    |                    |           |    |
| *1 Allen, Barbara                               |                    | 74 Pna Unattached               |                    |                    | 22:52.55  | 13 |
|   | 1:00.70            | 2:07.34 (1:06.64)               | 3:18.84 (1:11.50)  | 4:27.50 (1:08.66)  |           |    |
|   | 5:34.72 (1:07.22)  | 6:44.05 (1:09.33)               | 7:53.24 (1:09.19)  | 9:02.92 (1:09.68)  |           |    |
|   | 10:13.43 (1:10.51) | 11:21.86 (1:08.43)              | 12:32.61 (1:10.75) | 13:40.48 (1:07.87) |           |    |
|   | 14:51.18 (1:10.70) | 15:59.69 (1:08.51)              | 17:09.03 (1:09.34) | 18:18.57 (1:09.54) |           |    |
|   | 19:27.60 (1:09.03) | 20:39.39 (1:11.79)              | 21:48.72 (1:09.33) | 22:52.55 (1:03.83) |           |    |
| <b>Event 12 Men 30-34 1000 Yard Freestyle</b>   |                    |                                 |                    |                    |           |    |
| *1 Rosaria, Steven                              |                    | 33 Pro Sports Club              |                    |                    | 12:28.91  | 13 |
|   | 32.04              | 1:07.76 (35.72)                 | 1:44.49 (36.73)    | 2:21.86 (37.37)    |           |    |
|   | 2:59.92 (38.06)    | 3:37.18 (37.26)                 | 4:15.20 (38.02)    | 4:53.63 (38.43)    |           |    |
|   | 5:31.33 (37.70)    | 6:09.81 (38.48)                 | 6:47.85 (38.04)    | 7:26.27 (38.42)    |           |    |
|   | 8:05.75 (39.48)    | 8:44.71 (38.96)                 | 9:23.50 (38.79)    | 10:00.59 (37.09)   |           |    |
|   | 10:38.94 (38.35)   | 11:16.57 (37.63)                | 11:53.55 (36.98)   | 12:28.91 (35.36)   |           |    |
| 2 Cuthbert, David                               |                    | 34 Bainbridge Area Masters      |                    |                    | 15:12.97  | 11 |
|   | 37.57              | 1:21.72 (44.15)                 | 2:08.44 (46.72)    | 2:57.65 (49.21)    |           |    |
|   | 3:48.11 (50.46)    | 4:36.36 (48.25)                 | 5:20.10 (43.74)    | 6:05.89 (45.79)    |           |    |
|   | 6:52.65 (46.76)    | 7:38.54 (45.89)                 | 8:24.03 (45.49)    | 9:08.82 (44.79)    |           |    |
|   | 9:55.37 (46.55)    | 10:43.31 (47.94)                | 11:29.78 (46.47)   | 12:17.04 (47.26)   |           |    |
|   | 13:04.20 (47.16)   | 13:50.38 (46.18)                | 14:35.66 (45.28)   | 15:12.97 (37.31)   |           |    |
| <b>Event 12 Men 35-39 1000 Yard Freestyle</b>   |                    |                                 |                    |                    |           |    |
| 1 Nelson, Kirk                                  |                    | 37 Husky Masters                |                    |                    | 10:51.34  | 13 |
|   | 29.39              | 1:01.18 (31.79)                 | 1:33.73 (32.55)    | 2:06.76 (33.03)    |           |    |
|   | 2:39.53 (32.77)    | 3:12.58 (33.05)                 | 3:45.79 (33.21)    | 4:18.91 (33.12)    |           |    |
|   | 4:51.78 (32.87)    | 5:24.80 (33.02)                 | 5:58.03 (33.23)    | 6:30.84 (32.81)    |           |    |
|   | 7:04.07 (33.23)    | 7:36.81 (32.74)                 | 8:09.50 (32.69)    | 8:42.29 (32.79)    |           |    |
|   | 9:15.32 (33.03)    | 9:48.21 (32.89)                 | 10:20.41 (32.20)   | 10:51.34 (30.93)   |           |    |
| <b>(Event 12 Men 35-39 1000 Yard Freestyle)</b> |                    |                                 |                    |                    |           |    |
| 2 Montgomery, Zac                               |                    | 36 Gold's Aquatic Masters       |                    |                    | 11:48.34  | 11 |
|   | 31.01              | 1:05.21 (34.20)                 | 1:40.16 (34.95)    | 2:15.46 (35.30)    |           |    |
|   | 2:51.11 (35.65)    | 3:27.17 (36.06)                 | 4:02.63 (35.46)    | 4:39.05 (36.42)    |           |    |
|   | 5:14.97 (35.92)    | 5:50.34 (35.37)                 | 6:25.42 (35.08)    | 7:01.99 (36.57)    |           |    |
|   | 7:38.41 (36.42)    | 8:15.01 (36.60)                 | 8:51.31 (36.30)    | 9:28.16 (36.85)    |           |    |
|   | 10:04.31 (36.15)   | 10:40.75 (36.44)                | 11:15.00 (34.25)   | 11:48.34 (33.34)   |           |    |
| 3 Schulz, Tom                                   |                    | 37 Briggs YMCA Master Swim      |                    |                    | 13:21.95  | 10 |
|   | 33.57              | 1:10.65 (37.08)                 | 1:49.16 (38.51)    | 2:28.56 (39.40)    |           |    |
|   | 3:08.13 (39.57)    | 3:48.15 (40.02)                 | 4:28.90 (40.75)    | 5:09.69 (40.79)    |           |    |
|   | 5:50.67 (40.98)    | 6:31.81 (41.14)                 | 7:12.92 (41.11)    | 7:54.23 (41.31)    |           |    |
|   | 8:35.42 (41.19)    | 9:16.65 (41.23)                 | 9:57.78 (41.13)    | 10:39.26 (41.48)   |           |    |
|   | 11:20.54 (41.28)   | 12:01.50 (40.96)                | 12:42.09 (40.59)   | 13:21.95 (39.86)   |           |    |
| --- Hartley, Michael                            |                    | 38 Hydropower Masters Swim Club |                    |                    | X13:42.34 |    |
|   | 37.18              | 1:17.75 (40.57)                 | 1:58.97 (41.22)    | 2:41.58 (42.61)    |           |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 3:24.29 (42.71)  | 4:06.41 (42.12)  | 4:47.91 (41.50)  | 5:29.60 (41.69)  |
| 6:11.20 (41.60)  | 6:52.62 (41.42)  | 7:33.69 (41.07)  | 8:15.27 (41.58)  |
| 8:57.07 (41.80)  | 9:38.42 (41.35)  | 10:19.09 (40.67) | 11:00.45 (41.36) |
| 11:41.35 (40.90) | 12:21.44 (40.09) | 13:02.20 (40.76) | 13:42.34 (40.14) |

**Event 12 Men 40-44 1000 Yard Freestyle**

|   |                     |                   |                    |                   |    |
|---|---------------------|-------------------|--------------------|-------------------|----|
| 1 | Kays, David         | 40                | Pro Sports Club    | 10:09.10          | 13 |
|   | 27.52               | 57.41 (29.89)     | 1:27.89 (30.48)    | 1:58.70 (30.81)   |    |
|   | 2:29.49 (30.79)     | 3:00.69 (31.20)   | 3:31.65 (30.96)    | 4:02.60 (30.95)   |    |
|   | 4:33.45 (30.85)     | 5:04.21 (30.76)   | 5:34.78 (30.57)    | 6:05.57 (30.79)   |    |
|   | 6:36.30 (30.73)     | 7:07.11 (30.81)   | 7:37.78 (30.67)    | 8:08.34 (30.56)   |    |
|   | 8:39.10 (30.76)     | 9:09.76 (30.66)   | 9:40.04 (30.28)    | 10:09.10 (29.06)  |    |
| 2 | Nelson, Michael     | 43                | Lynnwood Sharks    | 12:17.02          | 11 |
|   | 33.65               | 1:10.35 (36.70)   | 1:47.41 (37.06)    | 2:25.06 (37.65)   |    |
|   | 3:02.18 (37.12)     | 3:39.32 (37.14)   | 4:16.74 (37.42)    | 4:54.49 (37.75)   |    |
|   | 5:31.89 (37.40)     | 6:09.40 (37.51)   | 6:45.87 (36.47)    | 7:22.61 (36.74)   |    |
|   | 7:59.32 (36.71)     | 8:35.92 (36.60)   | 9:12.08 (36.16)    | 9:48.75 (36.67)   |    |
|   | 10:25.90 (37.15)    | 11:03.61 (37.71)  | 11:41.05 (37.44)   | 12:17.02 (35.97)  |    |
| 3 | Hanson, Christopher | 41                | Skagit Valley YMCA | 19:16.42          | 10 |
|   | 46.35               | 1:40.87 (54.52)   | 2:35.38 (54.51)    | 3:33.13 (57.75)   |    |
|   | 4:31.06 (57.93)     | 5:28.38 (57.32)   | 6:27.25 (58.87)    | 7:37.26 (1:10.01) |    |
|   | 8:38.49 (1:01.23)   | 9:39.64 (1:01.15) | 10:39.55 (59.91)   | 11:38.47 (58.92)  |    |
|   | 12:36.46 (57.99)    | 13:34.78 (58.32)  | 14:32.59 (57.81)   | 15:30.46 (57.87)  |    |
|   | 16:28.46 (58.00)    | 17:25.54 (57.08)  | 18:22.57 (57.03)   | 19:16.42 (53.85)  |    |

**Event 12 Men 45-49 1000 Yard Freestyle**

|   |                  |                  |                        |                  |    |
|---|------------------|------------------|------------------------|------------------|----|
| 1 | Grandine, Tom    | 49               | Mercer Island Redwoods | 11:37.48         | 13 |
|   | 31.90            | 1:06.94 (35.04)  | 1:42.32 (35.38)        | 2:17.95 (35.63)  |    |
|   | 2:53.47 (35.52)  | 3:29.19 (35.72)  | 4:04.82 (35.63)        | 4:40.42 (35.60)  |    |
|   | 5:16.01 (35.59)  | 5:50.83 (34.82)  | 6:25.89 (35.06)        | 7:01.34 (35.45)  |    |
|   | 7:36.69 (35.35)  | 8:11.60 (34.91)  | 8:46.76 (35.16)        | 9:21.67 (34.91)  |    |
|   | 9:56.58 (34.91)  | 10:31.07 (34.49) | 11:04.84 (33.77)       | 11:37.48 (32.64) |    |
| 2 | Schlemmer, Bob   | 48               | Greenlake Aquaducks    | 11:48.01         | 11 |
|   | 31.51            | 1:06.66 (35.15)  | 1:42.75 (36.09)        | 2:19.14 (36.39)  |    |
|   | 2:55.42 (36.28)  | 3:31.38 (35.96)  | 4:07.47 (36.09)        | 4:43.39 (35.92)  |    |
|   | 5:19.29 (35.90)  | 5:55.13 (35.84)  | 6:30.92 (35.79)        | 7:06.89 (35.97)  |    |
|   | 7:42.92 (36.03)  | 8:19.02 (36.10)  | 8:54.56 (35.54)        | 9:29.95 (35.39)  |    |
|   | 10:05.13 (35.18) | 10:40.43 (35.30) | 11:15.39 (34.96)       | 11:48.01 (32.62) |    |

**(Event 12 Men 45-49 1000 Yard Freestyle)**

|   |                   |                  |                       |                  |    |
|---|-------------------|------------------|-----------------------|------------------|----|
| 3 | Parnell, Rick     | 49               | Poseidon Aquatic Club | 12:22.98         | 10 |
|   | 32.57             | 1:08.33 (35.76)  | 1:44.74 (36.41)       | 2:22.11 (37.37)  |    |
|   | 2:59.84 (37.73)   | 3:37.96 (38.12)  | 4:15.93 (37.97)       | 4:53.78 (37.85)  |    |
|   | 5:31.91 (38.13)   | 6:09.56 (37.65)  | 6:46.48 (36.92)       | 7:23.81 (37.33)  |    |
|   | 8:00.82 (37.01)   | 8:37.71 (36.89)  | 9:15.20 (37.49)       | 9:52.36 (37.16)  |    |
|   | 10:29.69 (37.33)  | 11:07.23 (37.54) | 11:45.19 (37.96)      | 12:22.98 (37.79) |    |
| 4 | Schauffler, Kirby | 48               | Middle Aged Marlins   | 12:37.89         | 9  |
|   | 31.75             | 1:07.35 (35.60)  | 1:44.11 (36.76)       | 2:21.58 (37.47)  |    |
|   | 2:59.29 (37.71)   | 3:37.72 (38.43)  | 4:15.99 (38.27)       | 4:54.41 (38.42)  |    |
|   | 5:32.91 (38.50)   | 6:11.36 (38.45)  | 6:49.59 (38.23)       | 7:28.50 (38.91)  |    |
|   | 8:07.31 (38.81)   | 8:46.53 (39.22)  | 9:25.73 (39.20)       | 10:04.64 (38.91) |    |
|   | 10:43.69 (39.05)  | 11:22.76 (39.07) | 12:00.87 (38.11)      | 12:37.89 (37.02) |    |
| 5 | Dybdahl, Eric     | 48               | Federal Way Masters   | 13:07.48         | 8  |
|   | 34.44             | 1:12.94 (38.50)  | 1:52.66 (39.72)       | 2:32.12 (39.46)  |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                  |                     |                  |                  |           |   |
|------------------|---------------------|------------------|------------------|-----------|---|
| 3:11.77 (39.65)  | 3:51.50 (39.73)     | 4:30.99 (39.49)  | 5:10.64 (39.65)  |           |   |
| 5:49.39 (38.75)  | 6:29.39 (40.00)     | 7:09.25 (39.86)  | 7:49.63 (40.38)  |           |   |
| 8:30.47 (40.84)  | 9:10.38 (39.91)     | 9:49.89 (39.51)  | 10:29.73 (39.84) |           |   |
| 11:09.64 (39.91) | 11:49.37 (39.73)    | 12:28.77 (39.40) | 13:07.48 (38.71) |           |   |
| 6 Huckabee, John | 49 North End Otters |                  |                  | 16:37.74  | 7 |
| 39.85            | 1:27.78 (47.93)     | 2:19.77 (51.99)  | 3:11.52 (51.75)  |           |   |
| 4:02.72 (51.20)  | 4:54.89 (52.17)     | 5:46.25 (51.36)  | 6:37.46 (51.21)  |           |   |
| 7:28.74 (51.28)  | 8:20.53 (51.79)     | 9:11.51 (50.98)  | 10:04.03 (52.52) |           |   |
| 10:55.08 (51.05) | 11:45.89 (50.81)    | 12:36.86 (50.97) | 13:27.05 (50.19) |           |   |
| 14:18.46 (51.41) | 15:08.30 (49.84)    | 15:57.15 (48.85) | 16:37.74 (40.59) |           |   |
| --- Asbury, Doug | 48 Oregon Masters   |                  |                  | X11:10.62 |   |
| 31.45            | 1:04.95 (33.50)     | 1:39.17 (34.22)  | 2:13.16 (33.99)  |           |   |
| 2:47.01 (33.85)  | 3:21.06 (34.05)     | 3:55.03 (33.97)  | 4:29.06 (34.03)  |           |   |
| 5:03.14 (34.08)  | 5:36.77 (33.63)     | 6:10.57 (33.80)  | 6:44.20 (33.63)  |           |   |
| 7:17.89 (33.69)  | 7:51.52 (33.63)     | 8:25.03 (33.51)  | 8:58.62 (33.59)  |           |   |
| 9:32.34 (33.72)  | 10:06.24 (33.90)    | 10:39.13 (32.89) | 11:10.62 (31.49) |           |   |

**Event 12 Men 50-54 1000 Yard Freestyle**

|                   |                              |                  |                  |          |    |
|-------------------|------------------------------|------------------|------------------|----------|----|
| 1 Boleda, Orlando | 53 Bainbridge Area Masters   |                  |                  | 12:04.44 | 13 |
| 34.68             | 1:11.91 (37.23)              | 1:49.41 (37.50)  | 2:27.28 (37.87)  |          |    |
| 3:04.64 (37.36)   | 3:41.96 (37.32)              | 4:18.70 (36.74)  | 4:55.72 (37.02)  |          |    |
| 5:32.41 (36.69)   | 6:09.29 (36.88)              | 6:45.56 (36.27)  | 7:21.74 (36.18)  |          |    |
| 7:58.21 (36.47)   | 8:34.67 (36.46)              | 9:11.19 (36.52)  | 9:45.60 (34.41)  |          |    |
| 10:20.05 (34.45)  | 10:54.66 (34.61)             | 11:30.39 (35.73) | 12:04.44 (34.05) |          |    |
| 2 Brunner, John   | 50 Bellevue Eastside Masters |                  |                  | 12:12.29 | 11 |
| 34.31             | 1:11.36 (37.05)              | 1:48.49 (37.13)  | 2:25.73 (37.24)  |          |    |
| 3:02.99 (37.26)   | 3:40.01 (37.02)              | 4:16.92 (36.91)  | 4:53.62 (36.70)  |          |    |
| 5:30.49 (36.87)   | 6:07.42 (36.93)              | 6:43.99 (36.57)  | 7:20.37 (36.38)  |          |    |
| 7:56.89 (36.52)   | 8:33.14 (36.25)              | 9:08.88 (35.74)  | 9:44.47 (35.59)  |          |    |
| 10:20.56 (36.09)  | 10:57.54 (36.98)             | 11:34.99 (37.45) | 12:12.29 (37.30) |          |    |

**Event 12 Men 55-59 1000 Yard Freestyle**

|                 |                                 |                  |                  |          |    |
|-----------------|---------------------------------|------------------|------------------|----------|----|
| 1 Penn, William | 56 Tumwater Valley Aquatic Club |                  |                  | 11:29.56 | 13 |
| 33.08           | 1:08.02 (34.94)                 | 1:43.52 (35.50)  | 2:19.42 (35.90)  |          |    |
| 2:55.17 (35.75) | 3:30.83 (35.66)                 | 4:06.41 (35.58)  | 4:40.97 (34.56)  |          |    |
| 5:15.60 (34.63) | 5:49.81 (34.21)                 | 6:24.48 (34.67)  | 6:59.14 (34.66)  |          |    |
| 7:33.44 (34.30) | 8:07.61 (34.17)                 | 8:41.74 (34.13)  | 9:15.98 (34.24)  |          |    |
| 9:49.98 (34.00) | 10:23.92 (33.94)                | 10:57.87 (33.95) | 11:29.56 (31.69) |          |    |

**(Event 12 Men 55-59 1000 Yard Freestyle)**

|                  |                                 |                  |                  |          |    |
|------------------|---------------------------------|------------------|------------------|----------|----|
| 2 Lautman, Scott | 55 Federal Way Masters          |                  |                  | 11:36.43 | 11 |
| 32.18            | 1:07.09 (34.91)                 | 1:42.54 (35.45)  | 2:17.45 (34.91)  |          |    |
| 2:52.33 (34.88)  | 3:27.29 (34.96)                 | 4:02.46 (35.17)  | 4:37.31 (34.85)  |          |    |
| 5:12.17 (34.86)  | 5:47.02 (34.85)                 | 6:21.74 (34.72)  | 6:56.51 (34.77)  |          |    |
| 7:31.14 (34.63)  | 8:05.74 (34.60)                 | 8:40.71 (34.97)  | 9:15.81 (35.10)  |          |    |
| 9:51.06 (35.25)  | 10:26.40 (35.34)                | 11:00.91 (34.51) | 11:36.43 (35.52) |          |    |
| 3 DeWit, John    | 55 South Whidbey Island Masters |                  |                  | 13:11.63 | 10 |
| 33.87            | 1:11.52 (37.65)                 | 1:50.46 (38.94)  | 2:29.82 (39.36)  |          |    |
| 3:10.44 (40.62)  | 3:50.70 (40.26)                 | 4:31.09 (40.39)  | 5:11.08 (39.99)  |          |    |
| 5:52.39 (41.31)  | 6:32.54 (40.15)                 | 7:13.80 (41.26)  | 7:54.18 (40.38)  |          |    |
| 8:34.07 (39.89)  | 9:14.68 (40.61)                 | 9:55.82 (41.14)  | 10:35.26 (39.44) |          |    |
| 11:16.00 (40.74) | 11:56.59 (40.59)                | 12:35.39 (38.80) | 13:11.63 (36.24) |          |    |
| 4 Carlton, Brian | 58 Northshore Y's Guys          |                  |                  | 13:55.93 | 9  |
| 36.95            | 1:19.66 (42.71)                 | 2:01.92 (42.26)  | 2:43.95 (42.03)  |          |    |



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                  |                       |                  |                  |  |   |
|------------------|-----------------------|------------------|------------------|--|---|
| 3:25.74 (41.79)  | 4:08.01 (42.27)       | 4:49.45 (41.44)  | 5:32.48 (43.03)  |  |   |
| 6:15.08 (42.60)  | 6:57.75 (42.67)       | 7:40.43 (42.68)  | 8:22.50 (42.07)  |  |   |
| 9:04.56 (42.06)  | 9:46.38 (41.82)       | 10:28.35 (41.97) | 11:10.10 (41.75) |  |   |
| 11:52.52 (42.42) | 12:34.64 (42.12)      | 13:16.80 (42.16) | 13:55.93 (39.13) |  |   |
| 5 Hansen, Ron    | 58 Skagit Valley YMCA |                  | 15:33.44         |  | 8 |

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 41.79            | 1:27.23 (45.44)  | 2:13.44 (46.21)  | 3:00.06 (46.62)  |
| 3:46.75 (46.69)  | 4:33.69 (46.94)  | 5:19.77 (46.08)  | 6:06.26 (46.49)  |
| 6:53.42 (47.16)  | 7:40.32 (46.90)  | 8:27.91 (47.59)  | 9:15.39 (47.48)  |
| 10:03.02 (47.63) | 10:51.34 (48.32) | 11:38.72 (47.38) | 12:26.60 (47.88) |
| 13:14.96 (48.36) | 14:02.41 (47.45) | 14:49.38 (46.97) | 15:33.44 (44.06) |

**Event 12 Men 60-64 1000 Yard Freestyle**

|                    |                     |                  |                  |  |    |
|--------------------|---------------------|------------------|------------------|--|----|
| 1 McColly, Michael | 62 North End Otters |                  | 12:34.48         |  | 13 |
| 34.03              | 1:11.38 (37.35)     | 1:50.15 (38.77)  | 2:29.05 (38.90)  |  |    |
| 3:08.05 (39.00)    | 3:47.17 (39.12)     | 4:25.75 (38.58)  | 5:04.45 (38.70)  |  |    |
| 5:42.99 (38.54)    | 6:21.88 (38.89)     | 6:59.93 (38.05)  | 7:38.05 (38.12)  |  |    |
| 8:16.11 (38.06)    | 8:53.80 (37.69)     | 9:31.91 (38.11)  | 10:09.26 (37.35) |  |    |
| 10:46.30 (37.04)   | 11:23.22 (36.92)    | 11:59.71 (36.49) | 12:34.48 (34.77) |  |    |

|                  |                        |                  |                  |  |    |
|------------------|------------------------|------------------|------------------|--|----|
| 2 Kimball, Hugh  | 61 Greenlake Aquaducks |                  | 14:49.54         |  | 11 |
| 38.16            | 1:22.31 (44.15)        | 2:07.39 (45.08)  | 2:52.26 (44.87)  |  |    |
| 3:38.21 (45.95)  | 4:23.41 (45.20)        | 5:09.04 (45.63)  | 5:53.47 (44.43)  |  |    |
| 6:39.18 (45.71)  | 7:24.55 (45.37)        | 8:10.39 (45.84)  | 8:55.10 (44.71)  |  |    |
| 9:39.86 (44.76)  | 10:24.35 (44.49)       | 11:09.67 (45.32) | 11:53.59 (43.92) |  |    |
| 12:38.40 (44.81) | 13:23.39 (44.99)       | 14:07.09 (43.70) | 14:49.54 (42.45) |  |    |

|                  |                                 |                  |                  |  |    |
|------------------|---------------------------------|------------------|------------------|--|----|
| 3 Jacobsen, Jeff | 63 South Whidbey Island Masters |                  | 14:58.41         |  | 10 |
| 37.60            | 1:19.18 (41.58)                 | 2:04.08 (44.90)  | 2:49.62 (45.54)  |  |    |
| 3:35.88 (46.26)  | 4:21.83 (45.95)                 | 5:08.20 (46.37)  | 5:54.17 (45.97)  |  |    |
| 6:40.10 (45.93)  | 7:26.46 (46.36)                 | 8:12.62 (46.16)  | 8:58.68 (46.06)  |  |    |
| 9:44.27 (45.59)  | 10:29.85 (45.58)                | 11:16.19 (46.34) | 12:02.53 (46.34) |  |    |
| 12:47.30 (44.77) | 13:31.97 (44.67)                | 14:16.43 (44.46) | 14:58.41 (41.98) |  |    |

|                   |                     |                   |                  |  |   |
|-------------------|---------------------|-------------------|------------------|--|---|
| 4 Hunn, Eugene    | 64 North End Otters |                   | 19:30.09         |  | 9 |
| 50.98             | 1:47.57 (56.59)     | 2:46.30 (58.73)   | 3:46.23 (59.93)  |  |   |
| 4:46.33 (1:00.10) | 5:46.97 (1:00.64)   | 6:47.39 (1:00.42) | 7:47.09 (59.70)  |  |   |
| 8:46.81 (59.72)   | 9:45.73 (58.92)     | 10:44.91 (59.18)  | 11:43.53 (58.62) |  |   |
| 12:42.54 (59.01)  | 13:40.83 (58.29)    | 14:39.61 (58.78)  | 15:37.75 (58.14) |  |   |
| 16:36.77 (59.02)  | 17:35.53 (58.76)    | 18:33.15 (57.62)  | 19:30.09 (56.94) |  |   |

**Event 12 Men 65-69 1000 Yard Freestyle**

|                  |                            |                  |                  |  |    |
|------------------|----------------------------|------------------|------------------|--|----|
| 1 Smith, Melvin  | 65 Briggs YMCA Master Swim |                  | 13:52.19         |  | 13 |
| 36.68            | 1:16.28 (39.60)            | 1:58.07 (41.79)  | 2:39.57 (41.50)  |  |    |
| 3:22.00 (42.43)  | 4:04.66 (42.66)            | 4:46.67 (42.01)  | 5:29.09 (42.42)  |  |    |
| 6:11.61 (42.52)  | 6:52.71 (41.10)            | 7:35.28 (42.57)  | 8:17.09 (41.81)  |  |    |
| 8:58.57 (41.48)  | 9:41.48 (42.91)            | 10:23.76 (42.28) | 11:06.15 (42.39) |  |    |
| 11:47.77 (41.62) | 12:29.06 (41.29)           | 13:11.44 (42.38) | 13:52.19 (40.75) |  |    |

**Event 12 Men 70-74 1000 Yard Freestyle**

|                 |                   |  |           |  |  |
|-----------------|-------------------|--|-----------|--|--|
| *--- King, Bill | 74 Oregon Masters |  | X17:10.42 |  |  |
|-----------------|-------------------|--|-----------|--|--|

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 43.54            | 1:30.41 (46.87)  | 2:20.11 (49.70)  | 3:10.41 (50.30)  |
| 4:02.05 (51.64)  | 4:53.09 (51.04)  | 5:44.41 (51.32)  | 6:35.92 (51.51)  |
| 7:27.15 (51.23)  | 8:17.21 (50.06)  | 9:08.49 (51.28)  | 10:03.29 (54.80) |
| 10:57.05 (53.76) | 11:52.25 (55.20) | 12:45.29 (53.04) | 13:39.17 (53.88) |
| 14:31.55 (52.38) | 15:27.37 (55.82) | 16:18.72 (51.35) | 17:10.42 (51.70) |

**Event 12 Men 75-79 1000 Yard Freestyle**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

\*--- Bevier, Jack 75 Hydropower Masters Swim Club X17:26.96

|                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|
| 41.21            | 1:30.53 (49.32)  | 2:20.51 (49.98)  | 3:14.70 (54.19)  |
| 4:07.12 (52.42)  | 5:00.15 (53.03)  | 5:53.10 (52.95)  | 6:46.44 (53.34)  |
| 7:41.08 (54.64)  | 8:33.12 (52.04)  | 9:26.94 (53.82)  | 10:20.45 (53.51) |
| 11:13.98 (53.53) | 12:08.94 (54.96) | 13:02.41 (53.47) | 13:55.86 (53.45) |
| 14:48.48 (52.62) | 15:41.90 (53.42) | 16:36.42 (54.52) | 17:26.96 (50.54) |

**Event 13 Women 18-24 500 Yard Freestyle**

\*1 Dowdle, Angie 18 Western WA U Masters 5:57.90 13

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 32.65           | 1:08.54 (35.89) | 1:44.46 (35.92) | 2:20.56 (36.10) |
| 2:56.29 (35.73) | 3:32.49 (36.20) | 4:09.22 (36.73) | 4:45.90 (36.68) |
| 5:22.61 (36.71) | 5:57.90 (35.29) |                 |                 |

**Event 13 Women 25-29 500 Yard Freestyle**

\*1 Foley, Jacquelyn 26 Columbia Aquatic Masters 5:33.66 13

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 29.16           | 1:01.01 (31.85) | 1:34.07 (33.06) | 2:07.62 (33.55) |
| 2:41.90 (34.28) | 3:15.78 (33.88) | 3:50.28 (34.50) | 4:25.17 (34.89) |
| 4:59.85 (34.68) | 5:33.66 (33.81) |                 |                 |

2 Crandell, Kelly 27 Ohana Swim Team 6:11.70 11

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 33.27           | 1:10.05 (36.78) | 1:47.99 (37.94) | 2:26.72 (38.73) |
| 3:04.75 (38.03) | 3:42.93 (38.18) | 4:20.90 (37.97) | 4:58.69 (37.79) |
| 5:35.60 (36.91) | 6:11.70 (36.10) |                 |                 |

3 Marcy, Marcia 28 Ohana Swim Team 8:41.85 10

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 42.48           | 1:30.78 (48.30) | 2:22.83 (52.05) | 3:17.66 (54.83) |
| 4:11.70 (54.04) | 5:06.43 (54.73) | 6:02.73 (56.30) | 6:56.41 (53.68) |
| 7:51.51 (55.10) | 8:41.85 (50.34) |                 |                 |

**Event 13 Women 30-34 500 Yard Freestyle**

\*1 Lesh, Robin 30 North End Otters 7:42.84 13

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 39.92           | 1:24.32 (44.40) | 2:10.77 (46.45) | 2:57.95 (47.18) |
| 3:46.23 (48.28) | 4:34.07 (47.84) | 5:23.03 (48.96) | 6:11.35 (48.32) |
| 6:59.22 (47.87) | 7:42.84 (43.62) |                 |                 |

**Event 13 Women 35-39 500 Yard Freestyle**

\*1 Lassen, Megan 37 Bellingham Masters Swim Team 5:58.25 13

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 31.73           | 1:06.30 (34.57) | 1:42.41 (36.11) | 2:18.46 (36.05) |
| 2:55.20 (36.74) | 3:31.87 (36.67) | 4:08.81 (36.94) | 4:45.83 (37.02) |
| 5:22.26 (36.43) | 5:58.25 (35.99) |                 |                 |

**(Event 13 Women 35-39 500 Yard Freestyle)**

2 Kaufman, Lisa 38 Bellingham Masters Swim Team 6:12.23 11

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 33.22           | 1:08.95 (35.73) | 1:45.60 (36.65) | 2:22.90 (37.30) |
| 3:00.82 (37.92) | 3:38.72 (37.90) | 4:17.15 (38.43) | 4:55.88 (38.73) |
| 5:34.39 (38.51) | 6:12.23 (37.84) |                 |                 |

3 Mesler, Jennifer 37 Federal Way Masters 6:22.99 10

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 34.97           | 1:13.12 (38.15) | 1:52.29 (39.17) | 2:31.59 (39.30) |
| 3:10.43 (38.84) | 3:49.29 (38.86) | 4:28.50 (39.21) | 5:07.26 (38.76) |
| 5:45.81 (38.55) | 6:22.99 (37.18) |                 |                 |

4 Behrens, Michelle 35 Gig Harbor YMCA 6:55.99 9

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 37.96           | 1:19.00 (41.04) | 2:01.34 (42.34) | 2:43.94 (42.60) |
| 3:26.73 (42.79) | 4:09.13 (42.40) | 4:51.61 (42.48) | 5:34.19 (42.58) |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|     |                |                 |                 |                        |                 |   |
|-----|----------------|-----------------|-----------------|------------------------|-----------------|---|
| 5   | Reddoch, Jill  | 6:16.49 (42.30) | 6:55.99 (39.50) | 38 Federal Way Masters | 7:21.26         | 8 |
|     |                | 38.93           | 1:22.19 (43.26) | 2:07.70 (45.51)        | 2:52.85 (45.15) |   |
|     |                | 3:37.65 (44.80) | 4:22.62 (44.97) | 5:08.29 (45.67)        | 5:53.39 (45.10) |   |
|     |                | 6:38.23 (44.84) | 7:21.26 (43.03) |                        |                 |   |
| 6   | Montiel, Julie |                 |                 | 38 Federal Way Masters | 7:41.75         | 7 |
|     |                | 40.33           | 1:25.83 (45.50) | 2:12.66 (46.83)        | 2:59.07 (46.41) |   |
|     |                | 3:46.35 (47.28) | 4:34.13 (47.78) | 5:20.80 (46.67)        | 6:08.29 (47.49) |   |
|     |                | 6:56.33 (48.04) | 7:41.75 (45.42) |                        |                 |   |
| --- | Hyde, Sandra   |                 |                 | 39 Sawtooth Masters    | X6:37.06        |   |
|     |                | 36.61           | 1:15.85 (39.24) | 1:55.74 (39.89)        | 2:35.85 (40.11) |   |
|     |                | 3:16.45 (40.60) | 3:56.96 (40.51) | 4:37.23 (40.27)        | 5:17.37 (40.14) |   |
|     |                | 5:57.27 (39.90) | 6:37.06 (39.79) |                        |                 |   |

**Event 13 Women 40-44 500 Yard Freestyle**

|   |                   |                 |                 |                                 |                 |    |
|---|-------------------|-----------------|-----------------|---------------------------------|-----------------|----|
| 1 | Quistorf, Renee   |                 |                 | 43 North End Otters             | 6:49.89         | 13 |
|   |                   | 38.33           | 1:18.57 (40.24) | 2:00.69 (42.12)                 | 2:42.91 (42.22) |    |
|   |                   | 3:25.49 (42.58) | 4:07.66 (42.17) | 4:49.75 (42.09)                 | 5:32.14 (42.39) |    |
|   |                   | 6:12.06 (39.92) | 6:49.89 (37.83) |                                 |                 |    |
| 2 | Rogers, Katherine |                 |                 | 41 South Whidbey Island Masters | 7:07.36         | 11 |
|   |                   | 37.05           | 1:18.09 (41.04) | 2:01.16 (43.07)                 | 2:44.99 (43.83) |    |
|   |                   | 3:28.92 (43.93) | 4:13.20 (44.28) | 4:56.99 (43.79)                 | 5:41.10 (44.11) |    |
|   |                   | 6:24.81 (43.71) | 7:07.36 (42.55) |                                 |                 |    |
| 3 | Kuykendall, Karen |                 |                 | 44 Federal Way Masters          | 8:19.67         | 10 |
|   |                   | 39.17           | 1:25.50 (46.33) | 2:16.19 (50.69)                 | 3:08.05 (51.86) |    |
|   |                   | 3:58.16 (50.11) | 4:51.86 (53.70) | 5:45.01 (53.15)                 | 6:38.30 (53.29) |    |
|   |                   | 7:30.81 (52.51) | 8:19.67 (48.86) |                                 |                 |    |

**Event 13 Women 45-49 500 Yard Freestyle**

|   |                |                 |                 |                               |                 |    |
|---|----------------|-----------------|-----------------|-------------------------------|-----------------|----|
| 1 | Hoffman, Wendy |                 |                 | 45 Mercer Island Country Club | 7:10.45         | 13 |
|   |                | 36.58           | 1:17.46 (40.88) | 2:02.95 (45.49)               | 2:46.92 (43.97) |    |
|   |                | 3:31.38 (44.46) | 4:16.07 (44.69) | 4:59.84 (43.77)               | 5:43.67 (43.83) |    |
|   |                | 6:27.24 (43.57) | 7:10.45 (43.21) |                               |                 |    |
| 2 | Bulman, Janet  |                 |                 | 49 North End Otters           | 7:30.31         | 11 |
|   |                | 38.79           | 1:22.47 (43.68) | 2:07.89 (45.42)               | 2:53.87 (45.98) |    |
|   |                | 3:40.25 (46.38) | 4:26.75 (46.50) | 5:13.12 (46.37)               | 5:59.49 (46.37) |    |
|   |                | 6:46.57 (47.08) | 7:30.31 (43.74) |                               |                 |    |
| 3 | Spencer, Lee   |                 |                 | 47 Federal Way Masters        | 8:05.49         | 10 |
|   |                | 40.45           | 1:28.05 (47.60) | 2:18.54 (50.49)               | 3:08.33 (49.79) |    |
|   |                | 3:57.87 (49.54) | 4:48.00 (50.13) | 5:38.21 (50.21)               | 6:28.53 (50.32) |    |
|   |                | 7:18.91 (50.38) | 8:05.49 (46.58) |                               |                 |    |

**Event 13 Women 50-54 500 Yard Freestyle**

|   |                 |                 |                 |                            |                 |    |
|---|-----------------|-----------------|-----------------|----------------------------|-----------------|----|
| 1 | Lippold, Mary   |                 |                 | 52 North End Otters        | 6:05.86         | 13 |
|   |                 | 33.66           | 1:09.46 (35.80) | 1:46.12 (36.66)            | 2:23.63 (37.51) |    |
|   |                 | 3:01.03 (37.40) | 3:38.55 (37.52) | 4:15.79 (37.24)            | 4:53.06 (37.27) |    |
|   |                 | 5:29.98 (36.92) | 6:05.86 (35.88) |                            |                 |    |
| 2 | Brown, Caroline |                 |                 | 50 Phinney Ridge Swim Club | 6:25.61         | 11 |
|   |                 | 35.29           | 1:14.09 (38.80) | 1:53.19 (39.10)            | 2:32.34 (39.15) |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|  |                    |                    |                          |                   |          |    |
|--|--------------------|--------------------|--------------------------|-------------------|----------|----|
|  | 3:11.25 (38.91)    | 3:50.62 (39.37)    | 4:30.40 (39.78)          | 5:09.44 (39.04)   |          |    |
|  | 5:48.51 (39.07)    | 6:25.61 (37.10)    |                          |                   |          |    |
| 3  | Melvin, Sheryl     | 50                 | North End Otters         |                   | 7:16.34  | 10 |
|  | 38.77              | 1:21.11 (42.34)    | 2:05.19 (44.08)          | 2:49.33 (44.14)   |          |    |
|  | 3:34.73 (45.40)    | 4:20.09 (45.36)    | 5:05.16 (45.07)          | 5:49.82 (44.66)   |          |    |
|  | 6:34.28 (44.46)    | 7:16.34 (42.06)    |                          |                   |          |    |
| 4  | Duggan, Pat        | 54                 | Federal Way Masters      |                   | 9:05.57  | 9  |
|  | 50.10              | 1:45.63 (55.53)    | 2:42.05 (56.42)          | 3:37.78 (55.73)   |          |    |
|  | 4:32.55 (54.77)    | 5:27.88 (55.33)    | 6:22.81 (54.93)          | 7:18.00 (55.19)   |          |    |
|  | 8:12.75 (54.75)    | 9:05.57 (52.82)    |                          |                   |          |    |
| <b>Event 13 Women 60-64 500 Yard Freestyle</b> |                    |                    |                          |                   |          |    |
| 1  | Williams, Judy     | 60                 | Federal Way Masters      |                   | 7:49.29  | 13 |
|  | 41.47              | 1:27.32 (45.85)    | 2:14.62 (47.30)          | 3:02.72 (48.10)   |          |    |
|  | 3:50.63 (47.91)    | 4:39.30 (48.67)    | 5:27.56 (48.26)          | 6:16.14 (48.58)   |          |    |
|  | 7:04.05 (47.91)    | 7:49.29 (45.24)    |                          |                   |          |    |
| 2  | Ensign, Jeanne     | 61                 | Greenlake Aquaducks      |                   | 9:01.80  | 11 |
|  | 48.77              | 1:42.30 (53.53)    | 2:36.27 (53.97)          | 3:30.81 (54.54)   |          |    |
|  | 4:26.25 (55.44)    | 5:21.78 (55.53)    | 6:17.05 (55.27)          | 7:13.52 (56.47)   |          |    |
|  | 8:08.50 (54.98)    | 9:01.80 (53.30)    |                          |                   |          |    |
| <b>Event 13 Women 65-69 500 Yard Freestyle</b> |                    |                    |                          |                   |          |    |
| *1   | Olson, Anne        | 69                 | Pna Unattached           |                   | 8:19.67  | 13 |
|  | 43.31              | 1:31.04 (47.73)    | 2:21.42 (50.38)          | 3:13.18 (51.76)   |          |    |
|  | 4:05.39 (52.21)    | 4:56.93 (51.54)    | 5:48.22 (51.29)          | 6:39.70 (51.48)   |          |    |
|  | 7:30.48 (50.78)    | 8:19.67 (49.19)    |                          |                   |          |    |
| <b>Event 13 Women 75-79 500 Yard Freestyle</b> |                    |                    |                          |                   |          |    |
| *1   | Kavadas, Janet     | 77                 | North End Otters         |                   | 11:10.97 | 13 |
|  | 1:02.57            | 2:10.33 (1:07.76)  | 3:18.27 (1:07.94)        | 4:27.86 (1:09.59) |          |    |
|  | 5:35.26 (1:07.40)  | 6:44.41 (1:09.15)  | 7:52.64 (1:08.23)        | 8:59.16 (1:06.52) |          |    |
|  | 10:06.97 (1:07.81) | 11:10.97 (1:04.00) |                          |                   |          |    |
| <b>Event 13 Men 25-29 500 Yard Freestyle</b>   |                    |                    |                          |                   |          |    |
| *1   | Tremonte, Chris    | 27                 | Pro Sports Club          |                   | 5:12.74  | 13 |
|  | 27.58              | 58.21 (30.63)      | 1:29.16 (30.95)          | 2:01.09 (31.93)   |          |    |
|  | 2:32.99 (31.90)    | 3:05.23 (32.24)    | 3:37.40 (32.17)          | 4:09.76 (32.36)   |          |    |
|  | 4:41.84 (32.08)    | 5:12.74 (30.90)    |                          |                   |          |    |
| <b>Event 13 Men 30-34 500 Yard Freestyle</b>   |                    |                    |                          |                   |          |    |
| *1   | Linderman, Ross    | 31                 | Orca Swim Club           |                   | 5:41.17  | 13 |
|  | 29.48              | 1:02.61 (33.13)    | 1:36.64 (34.03)          | 2:11.21 (34.57)   |          |    |
|  | 2:45.99 (34.78)    | 3:21.12 (35.13)    | 3:56.32 (35.20)          | 4:31.48 (35.16)   |          |    |
|  | 5:06.78 (35.30)    | 5:41.17 (34.39)    |                          |                   |          |    |
| 2  | Yanasak, Adam      | 33                 | Everett Masters Swimmers |                   | 5:48.67  | 11 |
|  | 28.96              | 1:01.85 (32.89)    | 1:36.55 (34.70)          | 2:12.27 (35.72)   |          |    |
|  | 2:48.81 (36.54)    | 3:25.99 (37.18)    | 4:02.47 (36.48)          | 4:38.79 (36.32)   |          |    |
|  | 5:15.00 (36.21)    | 5:48.67 (33.67)    |                          |                   |          |    |
| <b>(Event 13 Men 30-34 500 Yard Freestyle)</b> |                    |                    |                          |                   |          |    |
| 3  | Rosaria, Steven    | 33                 | Pro Sports Club          |                   | 5:53.77  | 10 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 30.77           | 1:04.52 (33.75) | 1:39.30 (34.78) | 2:14.59 (35.29) |
| 2:50.95 (36.36) | 3:27.86 (36.91) | 4:04.39 (36.53) | 4:40.93 (36.54) |
| 5:18.29 (37.36) | 5:53.77 (35.48) |                 |                 |

**Event 13 Men 35-39 500 Yard Freestyle**

|   |                 |                 |                              |                 |    |
|---|-----------------|-----------------|------------------------------|-----------------|----|
| 1 | Nelson, Kirk    | 37              | Husky Masters                | 5:00.88         | 13 |
|   | 27.67           | 57.11 (29.44)   | 1:26.79 (29.68)              | 1:56.90 (30.11) |    |
|   | 2:27.20 (30.30) | 2:57.74 (30.54) | 3:28.58 (30.84)              | 3:59.74 (31.16) |    |
|   | 4:30.65 (30.91) | 5:00.88 (30.23) |                              |                 |    |
| 2 | Williams, John  | 39              | Federal Way Masters          | 5:27.30         | 11 |
|   | 28.59           | 1:00.27 (31.68) | 1:32.35 (32.08)              | 2:04.82 (32.47) |    |
|   | 2:37.76 (32.94) | 3:10.85 (33.09) | 3:44.88 (34.03)              | 4:18.71 (33.83) |    |
|   | 4:53.06 (34.35) | 5:27.30 (34.24) |                              |                 |    |
| 3 | Noah, Kevin     | 36              | Tumwater Valley Aquatic Club | 5:32.06         | 10 |
|   | 30.02           | 1:02.10 (32.08) | 1:35.09 (32.99)              | 2:08.40 (33.31) |    |
|   | 2:42.01 (33.61) | 3:16.51 (34.50) | 3:50.40 (33.89)              | 4:24.20 (33.80) |    |
|   | 4:58.24 (34.04) | 5:32.06 (33.82) |                              |                 |    |
| 4 | Dunn, Erin      | 37              | Bellevue Eastside Masters    | 5:39.66         | 9  |
|   | 31.90           | 1:05.50 (33.60) | 1:39.47 (33.97)              | 2:13.65 (34.18) |    |
|   | 2:47.76 (34.11) | 3:22.51 (34.75) | 3:57.25 (34.74)              | 4:31.96 (34.71) |    |
|   | 5:06.18 (34.22) | 5:39.66 (33.48) |                              |                 |    |
| 5 | Margrave, David | 37              | Samena Club                  | 5:43.08         | 8  |
|   | 31.88           | 1:06.17 (34.29) | 1:40.66 (34.49)              | 2:15.71 (35.05) |    |
|   | 2:50.31 (34.60) | 3:24.67 (34.36) | 3:58.76 (34.09)              | 4:33.59 (34.83) |    |
|   | 5:08.66 (35.07) | 5:43.08 (34.42) |                              |                 |    |
| 6 | Diaz, Luis      | 36              | Federal Way Masters          | 7:05.47         | 7  |
|   | 39.79           | 1:21.60 (41.81) | 2:03.57 (41.97)              | 2:45.89 (42.32) |    |
|   | 3:28.76 (42.87) | 4:13.15 (44.39) | 4:56.80 (43.65)              | 5:40.69 (43.89) |    |
|   | 6:24.77 (44.08) | 7:05.47 (40.70) |                              |                 |    |

**Event 13 Men 40-44 500 Yard Freestyle**

|   |                 |                 |                              |                 |    |
|---|-----------------|-----------------|------------------------------|-----------------|----|
| 1 | Kays, David     | 40              | Pro Sports Club              | 4:55.88         | 13 |
|   | 26.95           | 56.25 (29.30)   | 1:26.06 (29.81)              | 1:56.04 (29.98) |    |
|   | 2:26.14 (30.10) | 2:56.08 (29.94) | 3:26.30 (30.22)              | 3:56.54 (30.24) |    |
|   | 4:26.70 (30.16) | 4:55.88 (29.18) |                              |                 |    |
| 2 | Hanson, Max     | 40              | Greenlake Aquaducks          | 5:20.83         | 11 |
|   | 28.34           | 59.37 (31.03)   | 1:30.89 (31.52)              | 2:02.96 (32.07) |    |
|   | 2:35.57 (32.61) | 3:08.43 (32.86) | 3:41.56 (33.13)              | 4:14.89 (33.33) |    |
|   | 4:48.01 (33.12) | 5:20.83 (32.82) |                              |                 |    |
| 3 | Seibert, Rich   | 43              | Olympic Aquatic Club         | 5:48.48         | 10 |
|   | 31.46           | 1:05.51 (34.05) | 1:39.58 (34.07)              | 2:14.43 (34.85) |    |
|   | 2:50.14 (35.71) | 3:26.17 (36.03) | 4:02.33 (36.16)              | 4:38.56 (36.23) |    |
|   | 5:14.53 (35.97) | 5:48.48 (33.95) |                              |                 |    |
| 4 | Nelson, Michael | 43              | Lynnwood Sharks              | 5:50.49         | 9  |
|   | 32.18           | 1:07.36 (35.18) | 1:43.04 (35.68)              | 2:18.99 (35.95) |    |
|   | 2:54.84 (35.85) | 3:30.25 (35.41) | 4:05.78 (35.53)              | 4:41.81 (36.03) |    |
|   | 5:16.43 (34.62) | 5:50.49 (34.06) |                              |                 |    |
| 5 | Ferrero, Rick   | 44              | South Whidbey Island Masters | 5:58.13         | 8  |
|   | 32.42           | 1:07.87 (35.45) | 1:44.16 (36.29)              | 2:20.47 (36.31) |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

2:57.27 (36.80) 3:33.88 (36.61) 4:10.55 (36.67) 4:47.17 (36.62)  
 5:23.52 (36.35) 5:58.13 (34.61)

**(Event 13 Men 40-44 500 Yard Freestyle)**

6 Musiak, Jeff 44 Federal Way Masters 8:44.94 7

39.90 1:29.74 (49.84) 2:24.98 (55.24) 3:18.78 (53.80)  
 4:12.75 (53.97) 5:08.36 (55.61) 6:07.53 (59.17) 7:01.53 (54.00)  
 7:54.50 (52.97) 8:44.94 (50.44)

7 McCullough, Mike 41 Ohana Swim Team 9:26.76 6

51.20 1:50.05 (58.85) 2:47.66 (57.61) 3:46.15 (58.49)  
 4:42.33 (56.18) 5:40.13 (57.80) 6:37.20 (57.07) 7:35.91 (58.71)  
 8:34.45 (58.54) 9:26.76 (52.31)

**Event 13 Men 45-49 500 Yard Freestyle**

1 Smith, Dan 45 Federal Way Masters 5:26.24 13

29.02 1:00.91 (31.89) 1:33.33 (32.42) 2:06.10 (32.77)  
 2:39.10 (33.00) 3:12.59 (33.49) 3:45.85 (33.26) 4:19.80 (33.95)  
 4:53.70 (33.90) 5:26.24 (32.54)

2 Schaufler, Kirby 48 Middle Aged Marlins 5:54.61 11

31.05 1:05.53 (34.48) 1:41.93 (36.40) 2:18.62 (36.69)  
 2:54.67 (36.05) 3:30.76 (36.09) 4:06.31 (35.55) 4:42.27 (35.96)  
 5:18.92 (36.65) 5:54.61 (35.69)

3 Parnell, Rick 49 Poseidon Aquatic Club 6:04.26 10

31.68 1:06.40 (34.72) 1:43.10 (36.70) 2:20.29 (37.19)  
 2:57.59 (37.30) 3:34.79 (37.20) 4:12.09 (37.30) 4:49.74 (37.65)  
 5:27.37 (37.63) 6:04.26 (36.89)

4 Dybdahl, Eric 48 Federal Way Masters 6:18.01 9

33.90 1:10.87 (36.97) 1:48.81 (37.94) 2:27.12 (38.31)  
 3:05.27 (38.15) 3:43.07 (37.80) 4:21.15 (38.08) 4:59.82 (38.67)  
 5:38.98 (39.16) 6:18.01 (39.03)

5 Kohnke, Jim 45 Olympic Aquatic Club 6:21.73 8

34.70 1:12.38 (37.68) 1:52.29 (39.91) 2:31.99 (39.70)  
 3:11.07 (39.08) 3:49.86 (38.79) 4:28.65 (38.79) 5:07.34 (38.69)  
 5:46.12 (38.78) 6:21.73 (35.61)

6 Ikeda, Paul 48 Orca Swim Club 7:21.63 7

38.18 1:21.54 (43.36) 2:06.49 (44.95) 2:50.56 (44.07)  
 3:37.00 (46.44) 4:22.17 (45.17) 5:07.21 (45.04) 5:52.94 (45.73)  
 6:37.80 (44.86) 7:21.63 (43.83)

\*--- Asbury, Doug 48 Oregon Masters X5:25.30

30.69 1:03.46 (32.77) 1:36.73 (33.27) 2:09.93 (33.20)  
 2:43.01 (33.08) 3:16.23 (33.22) 3:48.95 (32.72) 4:21.58 (32.63)  
 4:54.09 (32.51) 5:25.30 (31.21)

\*--- Valley, Eric 46 Nonscoring X5:30.21

31.52 1:05.27 (33.75) 1:38.92 (33.65) 2:12.98 (34.06)  
 2:46.79 (33.81) 3:19.91 (33.12) 3:52.76 (32.85) 4:25.80 (33.04)  
 4:58.74 (32.94) 5:30.21 (31.47)

\*--- Garcia, Doug 46 Hydropower Masters Swim Club X6:38.05

34.47 1:12.76 (38.29) 1:54.05 (41.29) 2:34.67 (40.62)  
 3:15.67 (41.00) 3:56.28 (40.61) 4:37.76 (41.48) 5:19.08 (41.32)  
 6:00.09 (41.01) 6:38.05 (37.96)

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 13 Men 50-54 500 Yard Freestyle**

|   |                 |                 |                           |                 |    |
|---|-----------------|-----------------|---------------------------|-----------------|----|
| 1 | Brunner, John   | 50              | Bellevue Eastside Masters | 5:50.51         | 13 |
|   | 32.67           | 1:07.51 (34.84) | 1:42.68 (35.17)           | 2:18.43 (35.75) |    |
|   | 2:54.07 (35.64) | 3:29.18 (35.11) | 4:04.46 (35.28)           | 4:39.77 (35.31) |    |
|   | 5:14.84 (35.07) | 5:50.51 (35.67) |                           |                 |    |

**(Event 13 Men 50-54 500 Yard Freestyle)**

|   |                 |                 |                              |                 |    |
|---|-----------------|-----------------|------------------------------|-----------------|----|
| 2 | Boleda, Orlando | 53              | Bainbridge Area Masters      | 5:54.98         | 11 |
|   | 32.31           | 1:07.26 (34.95) | 1:43.32 (36.06)              | 2:19.77 (36.45) |    |
|   | 2:56.38 (36.61) | 3:32.94 (36.56) | 4:09.36 (36.42)              | 4:45.61 (36.25) |    |
|   | 5:21.27 (35.66) | 5:54.98 (33.71) |                              |                 |    |
| 3 | Morrison, Jeff  | 53              | Thunderbird Aquatic Masters  | 7:15.03         | 10 |
|   | 38.71           | 1:21.93 (43.22) | 2:06.82 (44.89)              | 2:52.00 (45.18) |    |
|   | 3:37.75 (45.75) | 4:22.47 (44.72) | 5:08.22 (45.75)              | 5:53.09 (44.87) |    |
|   | 6:37.71 (44.62) | 7:15.03 (37.32) |                              |                 |    |
| 4 | Johnson, Kurt   | 54              | South Whidbey Island Masters | 7:21.44         | 9  |
|   | 36.26           | 1:18.88 (42.62) | 2:03.60 (44.72)              | 2:49.02 (45.42) |    |
|   | 3:34.68 (45.66) | 4:21.49 (46.81) | 5:07.28 (45.79)              | 5:53.33 (46.05) |    |
|   | 6:38.98 (45.65) | 7:21.44 (42.46) |                              |                 |    |

**Event 13 Men 55-59 500 Yard Freestyle**

|   |                 |                 |                     |                 |    |
|---|-----------------|-----------------|---------------------|-----------------|----|
| 1 | Carlton, Brian  | 58              | Northshore Y's Guys | 6:52.79         | 13 |
|   | 34.85           | 1:16.50 (41.65) | 2:00.69 (44.19)     | 2:44.44 (43.75) |    |
|   | 3:28.19 (43.75) | 4:10.34 (42.15) | 4:52.81 (42.47)     | 5:35.40 (42.59) |    |
|   | 6:16.37 (40.97) | 6:52.79 (36.42) |                     |                 |    |
| 2 | Hansen, Ron     | 58              | Skagit Valley YMCA  | 7:39.09         | 11 |
|   | 41.69           | 1:26.93 (45.24) | 2:12.59 (45.66)     | 2:58.76 (46.17) |    |
|   | 3:45.06 (46.30) | 4:31.70 (46.64) | 5:19.03 (47.33)     | 6:06.66 (47.63) |    |
|   | 6:53.56 (46.90) | 7:39.09 (45.53) |                     |                 |    |

**Event 13 Men 60-64 500 Yard Freestyle**

|   |                  |                 |                              |                 |    |
|---|------------------|-----------------|------------------------------|-----------------|----|
| 1 | McColly, Michael | 62              | North End Otters             | 5:59.53         | 13 |
|   | 32.67            | 1:08.00 (35.33) | 1:44.45 (36.45)              | 2:21.19 (36.74) |    |
|   | 2:58.29 (37.10)  | 3:34.87 (36.58) | 4:11.27 (36.40)              | 4:47.46 (36.19) |    |
|   | 5:23.58 (36.12)  | 5:59.53 (35.95) |                              |                 |    |
| 2 | Jacobsen, Jeff   | 63              | South Whidbey Island Masters | 7:18.56         | 11 |
|   | 38.14            | 1:19.97 (41.83) | 2:03.60 (43.63)              | 2:48.37 (44.77) |    |
|   | 3:33.97 (45.60)  | 4:19.88 (45.91) | 5:05.03 (45.15)              | 5:50.56 (45.53) |    |
|   | 6:35.23 (44.67)  | 7:18.56 (43.33) |                              |                 |    |
| 3 | Walker, Thomas   | 61              | Columbia Aquatic Masters     | 8:15.96         | 10 |
|   | 42.85            | 1:30.80 (47.95) | 2:21.94 (51.14)              | 3:13.84 (51.90) |    |
|   | 4:06.86 (53.02)  | 4:59.23 (52.37) | 5:50.84 (51.61)              | 6:42.60 (51.76) |    |
|   | 7:31.98 (49.38)  | 8:15.96 (43.98) |                              |                 |    |

**Event 13 Men 65-69 500 Yard Freestyle**

|   |                 |                 |                         |                 |    |
|---|-----------------|-----------------|-------------------------|-----------------|----|
| 1 | Smith, Melvin   | 65              | Briggs YMCA Master Swim | 6:52.95         | 13 |
|   | 36.48           | 1:17.56 (41.08) | 1:58.73 (41.17)         | 2:41.17 (42.44) |    |
|   | 3:23.68 (42.51) | 4:07.52 (43.84) | 4:49.88 (42.36)         | 5:33.03 (43.15) |    |
|   | 6:13.70 (40.67) | 6:52.95 (39.25) |                         |                 |    |
| 2 | Davis, Bob      | 66              | Federal Way Masters     | 7:56.17         | 11 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 39.56           | 1:25.61 (46.05) | 2:12.43 (46.82) | 2:59.60 (47.17) |
| 3:48.00 (48.40) | 4:36.34 (48.34) | 5:26.80 (50.46) | 6:17.50 (50.70) |
| 7:07.69 (50.19) | 7:56.17 (48.48) |                 |                 |

**Event 13 Men 75-79 500 Yard Freestyle**

|     |              |    |                              |          |
|-----|--------------|----|------------------------------|----------|
| --- | Bevier, Jack | 75 | Hydropower Masters Swim Club | X8:20.03 |
|-----|--------------|----|------------------------------|----------|

|                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|
| 41.50           | 1:29.34 (47.84) | 2:20.04 (50.70) | 3:13.38 (53.34) |
| 4:04.01 (50.63) | 4:56.88 (52.87) | 5:48.57 (51.69) | 6:40.12 (51.55) |
| 7:32.25 (52.13) | 8:20.03 (47.78) |                 |                 |

**Event 14 Women 18-24 100 Yard Breaststroke**

|   |               |    |                      |         |    |
|---|---------------|----|----------------------|---------|----|
| 1 | Pierce, Shona | 23 | Western WA U Masters | 1:14.18 | 13 |
|---|---------------|----|----------------------|---------|----|

|       |                 |
|-------|-----------------|
| 34.90 | 1:14.18 (39.28) |
|-------|-----------------|

**(Event 14 Women 18-24 100 Yard Breaststroke)**

|   |                 |    |                     |         |    |
|---|-----------------|----|---------------------|---------|----|
| 2 | Kunze, Brittany | 24 | Greenlake Aquaducks | 1:18.05 | 11 |
|---|-----------------|----|---------------------|---------|----|

|       |                 |
|-------|-----------------|
| 36.90 | 1:18.05 (41.15) |
|-------|-----------------|

|   |               |    |                      |         |    |
|---|---------------|----|----------------------|---------|----|
| 3 | Riordan, Anne | 20 | Western WA U Masters | 1:26.26 | 10 |
|---|---------------|----|----------------------|---------|----|

|       |                 |
|-------|-----------------|
| 40.93 | 1:26.26 (45.33) |
|-------|-----------------|

|   |                 |    |                      |         |   |
|---|-----------------|----|----------------------|---------|---|
| 4 | Melseth, Ashley | 21 | Western WA U Masters | 1:26.78 | 9 |
|---|-----------------|----|----------------------|---------|---|

|       |                 |
|-------|-----------------|
| 41.91 | 1:26.78 (44.87) |
|-------|-----------------|

**Event 14 Women 25-29 100 Yard Breaststroke**

|   |                 |    |                     |         |    |
|---|-----------------|----|---------------------|---------|----|
| 1 | Nordyke, Carrie | 28 | Federal Way Masters | 1:21.54 | 13 |
|---|-----------------|----|---------------------|---------|----|

|       |                 |
|-------|-----------------|
| 39.29 | 1:21.54 (42.25) |
|-------|-----------------|

|   |                 |    |                  |         |    |
|---|-----------------|----|------------------|---------|----|
| 2 | Trettevik, Kate | 28 | North End Otters | 1:37.89 | 11 |
|---|-----------------|----|------------------|---------|----|

|       |                 |
|-------|-----------------|
| 46.63 | 1:37.89 (51.26) |
|-------|-----------------|

|   |              |    |                 |         |    |
|---|--------------|----|-----------------|---------|----|
| 3 | Ellis, Aeron | 27 | Ohana Swim Team | 1:39.09 | 10 |
|---|--------------|----|-----------------|---------|----|

|       |                 |
|-------|-----------------|
| 45.94 | 1:39.09 (53.15) |
|-------|-----------------|

|     |                   |    |                |          |
|-----|-------------------|----|----------------|----------|
| --- | Gustafson, Aubree | 26 | Oregon Masters | X1:19.24 |
|-----|-------------------|----|----------------|----------|

|       |                 |
|-------|-----------------|
| 37.54 | 1:19.24 (41.70) |
|-------|-----------------|

**Event 14 Women 30-34 100 Yard Breaststroke**

|   |                   |    |                      |         |    |
|---|-------------------|----|----------------------|---------|----|
| 1 | Demeritt, Allison | 32 | Queen Anne Swim Club | 1:16.69 | 13 |
|---|-------------------|----|----------------------|---------|----|

|       |                 |
|-------|-----------------|
| 36.51 | 1:16.69 (40.18) |
|-------|-----------------|

|   |                   |    |                     |         |    |
|---|-------------------|----|---------------------|---------|----|
| 2 | Simmons, Michelle | 33 | Federal Way Masters | 1:38.09 | 11 |
|---|-------------------|----|---------------------|---------|----|

|       |                 |
|-------|-----------------|
| 44.23 | 1:38.09 (53.86) |
|-------|-----------------|

|      |               |    |                |          |
|------|---------------|----|----------------|----------|
| *--- | Kramer, Ellen | 32 | Oregon Masters | X1:23.35 |
|------|---------------|----|----------------|----------|

|       |                 |
|-------|-----------------|
| 39.75 | 1:23.35 (43.60) |
|-------|-----------------|

|      |                  |    |                 |    |
|------|------------------|----|-----------------|----|
| *--- | Kimball, Rebecca | 34 | Gig Harbor YMCA | DQ |
|------|------------------|----|-----------------|----|

|       |
|-------|
| 50.77 |
|-------|

**Event 14 Women 35-39 100 Yard Breaststroke**

|   |                 |    |                              |         |    |
|---|-----------------|----|------------------------------|---------|----|
| 1 | Hegeberg, Linda | 38 | Bellingham Masters Swim Team | 1:12.81 | 13 |
|---|-----------------|----|------------------------------|---------|----|

|       |                 |
|-------|-----------------|
| 33.67 | 1:12.81 (39.14) |
|-------|-----------------|



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                         |                   |                         |          |    |
|---|-------------------------|-------------------|-------------------------|----------|----|
| 2   | Antilla, Kristine       | 39                | Ohana Swim Team         | 1:29.94  | 11 |
|   | 42.72                   | 1:29.94 (47.22)   |                         |          |    |
| 3   | Tinker, Angela          | 38                | Bainbridge Area Masters | 1:39.86  | 10 |
|   | 48.45                   | 1:39.86 (51.41)   |                         |          |    |
| 4   | McCullough, Janae       | 37                | Ohana Swim Team         | 1:49.68  | 9  |
|   | 51.51                   | 1:49.68 (58.17)   |                         |          |    |
| <b>Event 14 Women 40-44 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| *1  | Speir, Kris             | 44                | Ohana Swim Team         | 1:23.99  | 13 |
|   | 39.28                   | 1:23.99 (44.71)   |                         |          |    |
| <b>Event 14 Women 45-49 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| *1  | Berg, Tonya             | 49                | Greenlake Aquaducks     | 1:20.31  | 13 |
|   | 38.32                   | 1:20.31 (41.99)   |                         |          |    |
| 2   | Boyer, Diane            | 47                | Federal Way Masters     | 1:27.71  | 11 |
|   | 42.79                   | 1:27.71 (44.92)   |                         |          |    |
| 3   | Rasmussen, Joni         | 45                | Ohana Swim Team         | 2:02.40  | 10 |
|   | 54.88                   | 2:02.40 (1:07.52) |                         |          |    |
| <b>Event 14 Women 50-54 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| 1   | Cooley, Cathy           | 50                | North End Otters        | 1:20.79  | 13 |
|   | 37.55                   | 1:20.79 (43.24)   |                         |          |    |
| 2   | Utigard-Rathburn, Terry | 50                | Pna Unattached          | 1:22.04  | 11 |
|   | 38.34                   | 1:22.04 (43.70)   |                         |          |    |
| ---   | Weintraub, Cynthia      | 50                | Greenlake Aquaducks     | DQ       |    |
|   | 53.03                   | DQ (58.05)        |                         |          |    |
| <b>Event 14 Women 60-64 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| 1   | Litt, Arni              | 61                | Greenlake Aquaducks     | 1:36.06  | 13 |
|   | 45.11                   | 1:36.06 (50.95)   |                         |          |    |
| *---  | Pierson, Ginger         | 62                | Oregon Masters          | X1:23.19 |    |
|   | 38.99                   | 1:23.19 (44.20)   |                         |          |    |
| <b>Event 14 Women 70-74 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| *---  | Hastings, Patricia      | 72                | Montana Masters         | X2:14.86 |    |
|   | 1:04.09                 | 2:14.86 (1:10.77) |                         |          |    |
| <b>Event 14 Women 75-79 100 Yard Breaststroke</b> |                         |                   |                         |          |    |
| 1   | Kavadas, Janet          | 77                | North End Otters        | 2:23.39  | 13 |
|   | 1:08.73                 | 2:23.39 (1:14.66) |                         |          |    |
| 2   | Gladwell, Gail          | 76                | Bellevue Club           | 2:28.11  | 11 |
|   | 1:09.75                 | 2:28.11 (1:18.36) |                         |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 14 Men 18-24 100 Yard Breaststroke**

|    |              |    |                 |         |    |
|----|--------------|----|-----------------|---------|----|
| *1 | Rice, Jordan | 23 | Pna Unattached  | 1:07.87 | 13 |
|    | 31.28        |    | 1:07.87 (36.59) |         |    |

**Event 14 Men 25-29 100 Yard Breaststroke**

|    |              |    |                 |         |    |
|----|--------------|----|-----------------|---------|----|
| *1 | Marcy, Brian | 28 | Ohana Swim Team | 1:33.07 | 13 |
|    | 44.26        |    | 1:33.07 (48.81) |         |    |

**Event 14 Men 30-34 100 Yard Breaststroke**

|    |                |    |                              |         |    |
|----|----------------|----|------------------------------|---------|----|
| *1 | Nordyke, Brent | 32 | Federal Way Masters          | 1:01.52 | 13 |
|    | 28.94          |    | 1:01.52 (32.58)              |         |    |
| 2  | Brittle, Zach  | 34 | North End Otters             | 1:16.21 | 11 |
|    | 37.13          |    | 1:16.21 (39.08)              |         |    |
| 3  | Durkin, Chris  | 33 | Tumwater Valley Aquatic Club | 1:27.27 | 10 |
|    | 41.48          |    | 1:27.27 (45.79)              |         |    |

**Event 14 Men 35-39 100 Yard Breaststroke**

|      |                  |    |                               |          |    |
|------|------------------|----|-------------------------------|----------|----|
| 1    | Lassen, Jason    | 35 | Bellingham Masters Swim Team  | 1:21.24  | 13 |
|      | 38.51            |    | 1:21.24 (42.73)               |          |    |
| *--- | Hooper, James    | 36 | Masters Swim British Columbia | X1:07.10 |    |
|      | 31.37            |    | 1:07.10 (35.73)               |          |    |
| *--- | Hartley, Michael | 38 | Hydropower Masters Swim Club  | X1:12.54 |    |
|      | 33.84            |    | 1:12.54 (38.70)               |          |    |

**Event 14 Men 40-44 100 Yard Breaststroke**

|     |                   |    |                          |          |    |
|-----|-------------------|----|--------------------------|----------|----|
| 1   | Balderson, Dan    | 41 | Ohana Swim Team          | 1:13.57  | 13 |
|     | 34.44             |    | 1:13.57 (39.13)          |          |    |
| 2   | Hollenback, David | 41 | Everett Masters Swimmers | 1:14.68  | 11 |
|     | 36.04             |    | 1:14.68 (38.64)          |          |    |
| --- | Butcher, Gano     | 44 | Oregon Masters           | X1:07.85 |    |
|     | 31.69             |    | 1:07.85 (36.16)          |          |    |

**Event 14 Men 45-49 100 Yard Breaststroke**

|   |                 |    |                     |         |    |
|---|-----------------|----|---------------------|---------|----|
| 1 | Smith, Dan      | 45 | Federal Way Masters | 1:09.22 | 13 |
|   | 32.31           |    | 1:09.22 (36.91)     |         |    |
| 2 | Erickson, Chris | 48 | Pna Unattached      | 1:12.00 | 11 |
|   | 33.98           |    | 1:12.00 (38.02)     |         |    |
| 3 | Ikeda, Paul     | 48 | Orca Swim Club      | 1:25.65 | 10 |
|   | 39.81           |    | 1:25.65 (45.84)     |         |    |

**Event 14 Men 50-54 100 Yard Breaststroke**

|   |            |    |                          |         |    |
|---|------------|----|--------------------------|---------|----|
| 1 | Cary, Dale | 50 | Everett Masters Swimmers | 1:14.70 | 13 |
|   | 35.40      |    | 1:14.70 (39.30)          |         |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                 |         |                              |         |    |
|---|-----------------|---------|------------------------------|---------|----|
| 2 | Adcock, Richard | 52      | Gig Harbor YMCA              | 1:18.69 | 11 |
|   | 37.19           | 1:18.69 | (41.50)                      |         |    |
| 3 | Raynolds, Bill  | 51      | North End Otters             | 1:25.12 | 10 |
|   | 39.81           | 1:25.12 | (45.31)                      |         |    |
| 4 | Johnson, Kurt   | 54      | South Whidbey Island Masters | 1:26.27 | 9  |
|   | 40.48           | 1:26.27 | (45.79)                      |         |    |

**Event 14 Men 55-59 100 Yard Breaststroke**

|     |              |         |                              |          |    |
|-----|--------------|---------|------------------------------|----------|----|
| 1   | Gregory, Dan | 57      | South Whidbey Island Masters | 1:14.05  | 13 |
|     | 33.68        | 1:14.05 | (40.37)                      |          |    |
| 2   | Hansen, Ron  | 58      | Skagit Valley YMCA           | 1:41.60  | 11 |
|     | 46.76        | 1:41.60 | (54.84)                      |          |    |
| --- | Stark, Allen | 59      | Oregon Masters               | X1:08.22 |    |
|     | 32.38        | 1:08.22 | (35.84)                      |          |    |

**Event 14 Men 60-64 100 Yard Breaststroke**

|   |                   |         |                                |         |    |
|---|-------------------|---------|--------------------------------|---------|----|
| 1 | Peterson, Steven  | 61      | Old Olympic Peninsula Swimmers | 1:13.02 | 13 |
|   | 35.96             | 1:13.02 | (37.06)                        |         |    |
| 2 | Sawyer, Dennis    | 64      | Bainbridge Area Masters        | 1:24.01 | 11 |
|   | 40.13             | 1:24.01 | (43.88)                        |         |    |
| 3 | McKinlay, Michael | 64      | Bellevue Eastside Masters      | 1:50.45 | 10 |
|   | 51.59             | 1:50.45 | (58.86)                        |         |    |

**Event 14 Men 70-74 100 Yard Breaststroke**

|     |               |         |                 |          |    |
|-----|---------------|---------|-----------------|----------|----|
| 1   | Rehfeldt, Don | 73      | Pna Unattached  | 1:42.95  | 13 |
|     | 47.87         | 1:42.95 | (55.08)         |          |    |
| --- | Jelinek, Don  | 74      | Montana Masters | X1:53.70 |    |
|     | 54.36         | 1:53.70 | (59.34)         |          |    |

**Event 15 Women 18-24 50 Yard Butterfly**

|   |                |    |                      |       |    |
|---|----------------|----|----------------------|-------|----|
| 1 | Mar, Emiko     | 21 | Western WA U Masters | 32.90 | 13 |
| 2 | Hillis, Tinnel | 19 | Western WA U Masters | 35.00 | 11 |

**Event 15 Women 25-29 50 Yard Butterfly**

|      |                   |    |                 |        |    |
|------|-------------------|----|-----------------|--------|----|
| 1    | McCullough, Megan | 28 | Ohana Swim Team | 32.29  | 13 |
| *--- | Gustafson, Aubree | 26 | Oregon Masters  | X31.27 |    |
| *--- | Marcy, Marcia     | 28 | Ohana Swim Team | DQ     |    |

**Event 15 Women 30-34 50 Yard Butterfly**

|   |                   |    |                                |       |    |
|---|-------------------|----|--------------------------------|-------|----|
| 1 | Philipps, Colleen | 31 | Little Lebowski Urban Achiever | 27.52 | 13 |
| 2 | Lesh, Robin       | 30 | North End Otters               | 43.95 | 11 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 15 Women 35-39 50 Yard Butterfly**

|   |                   |    |                              |       |    |
|---|-------------------|----|------------------------------|-------|----|
| 1 | Hegeberg, Linda   | 38 | Bellingham Masters Swim Team | 31.51 | 13 |
| 2 | Antilla, Kristine | 39 | Ohana Swim Team              | 37.91 | 11 |

**Event 15 Women 40-44 50 Yard Butterfly**

|    |              |    |                |       |    |
|----|--------------|----|----------------|-------|----|
| *1 | Moore, Kathy | 41 | Pna Unattached | 37.90 | 13 |
|----|--------------|----|----------------|-------|----|

**Event 15 Women 45-49 50 Yard Butterfly**

|    |               |    |                  |       |    |
|----|---------------|----|------------------|-------|----|
| *1 | Bulman, Janet | 49 | North End Otters | 37.47 | 13 |
|----|---------------|----|------------------|-------|----|

**Event 15 Women 50-54 50 Yard Butterfly**

|    |                   |    |                     |       |    |
|----|-------------------|----|---------------------|-------|----|
| *1 | Lippold, Mary     | 52 | North End Otters    | 32.30 | 13 |
| 2  | Menkens, Michelle | 51 | Federal Way Masters | 33.34 | 11 |

**(Event 15 Women 50-54 50 Yard Butterfly)**

|   |               |    |                         |       |    |
|---|---------------|----|-------------------------|-------|----|
| 3 | Morris, Kathy | 52 | Briggs YMCA Master Swim | 52.10 | 10 |
|---|---------------|----|-------------------------|-------|----|

**Event 15 Women 55-59 50 Yard Butterfly**

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 1 | Blackburn, Jean | 56 | Federal Way Masters | 36.98 | 13 |
| 2 | Casey, Kathrine | 59 | Ft Steliacoom       | 38.82 | 11 |

**Event 15 Women 60-64 50 Yard Butterfly**

|      |                 |    |                |        |  |
|------|-----------------|----|----------------|--------|--|
| *--- | Rousseau, Sandi | 60 | Oregon Masters | X35.46 |  |
|------|-----------------|----|----------------|--------|--|

**Event 15 Women 65-69 50 Yard Butterfly**

|      |           |    |                |        |  |
|------|-----------|----|----------------|--------|--|
| *--- | Ward, Joy | 65 | Oregon Masters | X35.74 |  |
|------|-----------|----|----------------|--------|--|

|      |               |    |                |        |  |
|------|---------------|----|----------------|--------|--|
| *--- | Frid, Barbara | 65 | Oregon Masters | X36.10 |  |
|------|---------------|----|----------------|--------|--|

**Event 15 Men 18-24 50 Yard Butterfly**

|   |                |    |                      |       |    |
|---|----------------|----|----------------------|-------|----|
| 1 | Fanning, Mark  | 22 | Western WA U Masters | 27.95 | 13 |
| 2 | Whipple, Aaron | 24 | Olympic Aquatic Club | 31.35 | 11 |

**Event 15 Men 25-29 50 Yard Butterfly**

|     |               |    |                               |        |  |
|-----|---------------|----|-------------------------------|--------|--|
| --- | Wilkins, Paul | 26 | Masters Swim British Columbia | X24.06 |  |
|-----|---------------|----|-------------------------------|--------|--|

**Event 15 Men 30-34 50 Yard Butterfly**

|   |                 |    |                  |       |    |
|---|-----------------|----|------------------|-------|----|
| 1 | Linderman, Ross | 31 | Orca Swim Club   | 26.04 | 13 |
| 2 | Brittle, Zach   | 34 | North End Otters | 31.68 | 11 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 15 Men 35-39 50 Yard Butterfly**

|   |                   |    |               |       |    |
|---|-------------------|----|---------------|-------|----|
| 1 | Margrave, David   | 37 | Samena Club   | 27.53 | 13 |
| 2 | Schmidt, Vladimir | 39 | Husky Masters | 28.26 | 11 |

**Event 15 Men 40-44 50 Yard Butterfly**

|     |                  |    |                  |        |    |
|-----|------------------|----|------------------|--------|----|
| 1   | Nelson, Michael  | 43 | Lynnwood Sharks  | 28.61  | 13 |
| 2   | Rody, T. Sean    | 41 | North End Otters | 29.74  | 11 |
| 3   | Balderson, Dan   | 41 | Ohana Swim Team  | 30.49  | 10 |
| 4   | Preston, Patrick | 41 | Pna Unattached   | 32.52  | 9  |
| --- | Cleaver, Oliver  | 44 | Sawtooth Masters | X27.17 |    |

**Event 15 Men 45-49 50 Yard Butterfly**

|     |                  |    |                           |        |    |
|-----|------------------|----|---------------------------|--------|----|
| 1   | Swanson, Victor  | 48 | Logger Masters            | 25.84  | 13 |
| 2   | McDermott, Dave  | 45 | Bellevue Eastside Masters | 26.90  | 11 |
| 3   | Schlemmer, Bob   | 48 | Greenlake Aquaducks       | 27.97  | 10 |
| 4   | Schaufler, Kirby | 48 | Middle Aged Marlins       | 28.85  | 9  |
| 5   | Boytler, Bruce   | 49 | Federal Way Masters       | 28.98  | 8  |
| 6   | Kennedy, Keith   | 45 | Federal Way Masters       | 31.83  | 7  |
| 7   | LaHaie, Steve    | 45 | Olympic Aquatic Club      | 31.88  | 6  |
| 8   | Kohnke, Jim      | 45 | Olympic Aquatic Club      | 32.05  | 5  |
| 9   | Huckabee, John   | 49 | North End Otters          | 38.63  | 4  |
| --- | Gevers, Willy    | 48 | Nonscoring                | X31.37 |    |

**Event 15 Men 50-54 50 Yard Butterfly**

|   |                 |    |                          |       |    |
|---|-----------------|----|--------------------------|-------|----|
| 1 | Freeborn, Steve | 52 | Federal Way Masters      | 27.69 | 13 |
| 2 | Cary, Dale      | 50 | Everett Masters Swimmers | 27.89 | 11 |
| 3 | Hartwig, Bob    | 53 | Federal Way Masters      | 33.42 | 10 |

**Event 15 Men 55-59 50 Yard Butterfly**

|   |                  |    |                         |       |    |
|---|------------------|----|-------------------------|-------|----|
| 1 | Lautman, Scott   | 55 | Federal Way Masters     | 25.92 | 13 |
| 2 | Clark, Gordon    | 56 | Bainbridge Area Masters | 29.43 | 11 |
| 3 | Klempner, Martin | 59 | Pna Unattached          | 32.00 | 10 |

**(Event 15 Men 55-59 50 Yard Butterfly)**

|   |              |    |                              |       |   |
|---|--------------|----|------------------------------|-------|---|
| 4 | Gregory, Dan | 57 | South Whidbey Island Masters | 43.02 | 9 |
|---|--------------|----|------------------------------|-------|---|

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 15 Men 65-69 50 Yard Butterfly**

|    |                |    |                  |       |    |
|----|----------------|----|------------------|-------|----|
| *1 | Norby, Michael | 66 | North End Otters | 34.69 | 13 |
|----|----------------|----|------------------|-------|----|

**Event 15 Men 70-74 50 Yard Butterfly**

|    |            |    |                         |       |    |
|----|------------|----|-------------------------|-------|----|
| *1 | Morrow, Al | 73 | Bainbridge Area Masters | 49.82 | 13 |
|----|------------|----|-------------------------|-------|----|

**Event 16 Women 18-24 200 Yard Freestyle**

|    |              |    |                           |         |    |
|----|--------------|----|---------------------------|---------|----|
| *1 | Cox, Allison | 23 | Bellevue Eastside Masters | 2:05.19 | 13 |
|----|--------------|----|---------------------------|---------|----|

|   |               |                 |                      |                 |    |
|---|---------------|-----------------|----------------------|-----------------|----|
|   | 29.37         | 1:01.49 (32.12) | 1:33.60 (32.11)      | 2:05.19 (31.59) |    |
| 2 | Pierce, Shona | 23              | Western WA U Masters | 2:09.95         | 11 |

|   |               |                 |                      |                 |    |
|---|---------------|-----------------|----------------------|-----------------|----|
|   | 30.52         | 1:03.44 (32.92) | 1:36.63 (33.19)      | 2:09.95 (33.32) |    |
| 3 | Dowdle, Angie | 18              | Western WA U Masters | 2:14.21         | 10 |

|   |                |                 |                      |                 |   |
|---|----------------|-----------------|----------------------|-----------------|---|
|   | 32.57          | 1:06.53 (33.96) | 1:40.75 (34.22)      | 2:14.21 (33.46) |   |
| 4 | Hillis, Tinnel | 19              | Western WA U Masters | 2:44.28         | 9 |

|  |       |                 |                 |                 |  |
|--|-------|-----------------|-----------------|-----------------|--|
|  | 38.43 | 1:21.05 (42.62) | 2:04.14 (43.09) | 2:44.28 (40.14) |  |
|--|-------|-----------------|-----------------|-----------------|--|

**Event 16 Women 30-34 200 Yard Freestyle**

|   |                   |    |                                |         |    |
|---|-------------------|----|--------------------------------|---------|----|
| 1 | Philipps, Colleen | 31 | Little Lebowski Urban Achiever | 1:59.02 | 13 |
|---|-------------------|----|--------------------------------|---------|----|

|   |                   |               |                     |                 |    |
|---|-------------------|---------------|---------------------|-----------------|----|
|   | 27.62             | 57.82 (30.20) | 1:28.56 (30.74)     | 1:59.02 (30.46) |    |
| 2 | Simmons, Michelle | 33            | Federal Way Masters | 3:08.05         | 11 |

|     |               |                 |                 |                 |  |
|-----|---------------|-----------------|-----------------|-----------------|--|
|     | 41.09         | 1:27.57 (46.48) | 2:18.17 (50.60) | 3:08.05 (49.88) |  |
| --- | Kramer, Ellen | 32              | Oregon Masters  | X2:19.41        |  |

|  |       |                 |                 |                 |  |
|--|-------|-----------------|-----------------|-----------------|--|
|  | 31.76 | 1:07.21 (35.45) | 1:43.53 (36.32) | 2:19.41 (35.88) |  |
|--|-------|-----------------|-----------------|-----------------|--|

**Event 16 Women 35-39 200 Yard Freestyle**

|   |                   |    |                              |         |    |
|---|-------------------|----|------------------------------|---------|----|
| 1 | Sondgroth, Tracey | 35 | Tumwater Valley Aquatic Club | 2:16.74 | 13 |
|---|-------------------|----|------------------------------|---------|----|

|   |                   |                 |                 |                 |    |
|---|-------------------|-----------------|-----------------|-----------------|----|
|   | 31.63             | 1:05.02 (33.39) | 1:40.40 (35.38) | 2:16.74 (36.34) |    |
| 2 | Behrens, Michelle | 35              | Gig Harbor YMCA | 2:36.85         | 11 |

|   |               |                 |                     |                 |    |
|---|---------------|-----------------|---------------------|-----------------|----|
|   | 35.98         | 1:15.56 (39.58) | 1:56.68 (41.12)     | 2:36.85 (40.17) |    |
| 3 | Reddoch, Jill | 38              | Federal Way Masters | 2:55.32         | 10 |

|   |                   |                 |                 |                 |   |
|---|-------------------|-----------------|-----------------|-----------------|---|
|   | 38.69             | 1:23.01 (44.32) | 2:09.41 (46.40) | 2:55.32 (45.91) |   |
| 4 | McCullough, Janae | 37              | Ohana Swim Team | 3:04.41         | 9 |

|      |                   |                 |                 |                 |  |
|------|-------------------|-----------------|-----------------|-----------------|--|
|      | 40.81             | 1:27.73 (46.92) | 2:16.20 (48.47) | 3:04.41 (48.21) |  |
| *--- | Senkier, Kristine | 38              | Oregon Masters  | X2:04.36        |  |

|      |              |                 |                  |                 |  |
|------|--------------|-----------------|------------------|-----------------|--|
|      | 29.34        | 1:00.82 (31.48) | 1:32.72 (31.90)  | 2:04.36 (31.64) |  |
| *--- | Hyde, Sandra | 39              | Sawtooth Masters | X2:28.41        |  |

|  |       |                 |                 |                 |  |
|--|-------|-----------------|-----------------|-----------------|--|
|  | 35.18 | 1:12.50 (37.32) | 1:51.23 (38.73) | 2:28.41 (37.18) |  |
|--|-------|-----------------|-----------------|-----------------|--|

**Event 16 Women 45-49 200 Yard Freestyle**

|   |                |    |                            |         |    |
|---|----------------|----|----------------------------|---------|----|
| 1 | Hoffman, Wendy | 45 | Mercer Island Country Club | 2:42.78 | 13 |
|---|----------------|----|----------------------------|---------|----|

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|  |                    |                   |                             |                 |          |    |
|--|--------------------|-------------------|-----------------------------|-----------------|----------|----|
|  | 35.96              | 1:16.08 (40.12)   | 1:59.38 (43.30)             | 2:42.78 (43.40) |          |    |
| 2  | Spencer, Lee       | 47                | Federal Way Masters         |                 | 3:01.12  | 11 |
|  | 38.45              | 1:23.68 (45.23)   | 2:13.71 (50.03)             | 3:01.12 (47.41) |          |    |
| 3  | Rasmussen, Joni    | 45                | Ohana Swim Team             |                 | 3:56.67  | 10 |
|  | 56.03              | 1:54.72 (58.69)   | 2:57.48 (1:02.76)           | 3:56.67 (59.19) |          |    |
| <b>Event 16 Women 50-54 200 Yard Freestyle</b> |                    |                   |                             |                 |          |    |
| 1  | Lippold, Mary      | 52                | North End Otters            |                 | 2:16.81  | 13 |
|  | 32.54              | 1:06.71 (34.17)   | 1:41.88 (35.17)             | 2:16.81 (34.93) |          |    |
| 2  | Brown, Caroline    | 50                | Phinney Ridge Swim Club     |                 | 2:26.00  | 11 |
|  | 33.23              | 1:10.29 (37.06)   | 1:48.29 (38.00)             | 2:26.00 (37.71) |          |    |
| 3  | Duggan, Pat        | 54                | Federal Way Masters         |                 | 3:30.86  | 10 |
|  | 48.68              | 1:42.82 (54.14)   | 2:37.44 (54.62)             | 3:30.86 (53.42) |          |    |
| <b>Event 16 Women 55-59 200 Yard Freestyle</b> |                    |                   |                             |                 |          |    |
| *1   | Casey, Kathrine    | 59                | Ft Steliacom                |                 | 2:39.68  | 13 |
|  | 38.48              | 1:18.83 (40.35)   | 1:59.74 (40.91)             | 2:39.68 (39.94) |          |    |
| <b>Event 16 Women 60-64 200 Yard Freestyle</b> |                    |                   |                             |                 |          |    |
| *1   | Litt, Arni         | 61                | Greenlake Aquaducks         |                 | 3:00.97  | 13 |
|  | 40.10              | 1:27.37 (47.27)   | 2:15.80 (48.43)             | 3:00.97 (45.17) |          |    |
| <b>Event 16 Women 65-69 200 Yard Freestyle</b> |                    |                   |                             |                 |          |    |
| *1   | Walker, Pinky      | 65                | Thunderbird Aquatic Masters |                 | 2:46.38  | 13 |
|  | 38.55              | 1:21.19 (42.64)   | 2:04.55 (43.36)             | 2:46.38 (41.83) |          |    |
| <b>Event 16 Women 70-74 200 Yard Freestyle</b> |                    |                   |                             |                 |          |    |
| ---  | Hastings, Patricia | 72                | Montana Masters             |                 | X3:49.78 |    |
|  | 46.91              | 1:47.64 (1:00.73) | 2:51.53 (1:03.89)           | 3:49.78 (58.25) |          |    |
| <b>Event 16 Men 25-29 200 Yard Freestyle</b>   |                    |                   |                             |                 |          |    |
| *1   | Tourigny, David    | 28                | Greenlake Aquaducks         |                 | 2:06.02  | 13 |
|  | 27.71              | 59.17 (31.46)     | 1:32.33 (33.16)             | 2:06.02 (33.69) |          |    |
| <b>Event 16 Men 30-34 200 Yard Freestyle</b>   |                    |                   |                             |                 |          |    |
| *1   | Yanasak, Adam      | 33                | Everett Masters Swimmers    |                 | 2:02.86  | 13 |
|  | 27.79              | 58.12 (30.33)     | 1:30.21 (32.09)             | 2:02.86 (32.65) |          |    |
| 2  | Smith, Eric        | 31                | Pna Unattached              |                 | 2:06.37  | 11 |
|  | 29.02              | 1:01.85 (32.83)   | 1:34.47 (32.62)             | 2:06.37 (31.90) |          |    |
| 3  | Rosaria, Steven    | 33                | Pro Sports Club             |                 | 2:06.48  | 10 |
|  | 29.10              | 1:01.36 (32.26)   | 1:34.51 (33.15)             | 2:06.48 (31.97) |          |    |
| 4  | Brittle, Zach      | 34                | North End Otters            |                 | 2:36.23  | 9  |
|  | 34.64              | 1:12.77 (38.13)   | 1:52.83 (40.06)             | 2:36.23 (43.40) |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 16 Men 35-39 200 Yard Freestyle**

|   |                |               |                              |                 |    |
|---|----------------|---------------|------------------------------|-----------------|----|
| 1 | Williams, John | 39            | Federal Way Masters          | 1:58.13         | 13 |
|   | 26.96          | 56.42 (29.46) | 1:27.28 (30.86)              | 1:58.13 (30.85) |    |
| 2 | Noah, Kevin    | 36            | Tumwater Valley Aquatic Club | 2:00.06         | 11 |
|   | 27.70          | 57.79 (30.09) | 1:28.83 (31.04)              | 2:00.06 (31.23) |    |

**Event 16 Men 40-44 200 Yard Freestyle**

|   |                  |                 |                     |                 |    |
|---|------------------|-----------------|---------------------|-----------------|----|
| 1 | Kays, David      | 40              | Pro Sports Club     | 1:52.23         | 13 |
|   | 25.67            | 54.11 (28.44)   | 1:23.34 (29.23)     | 1:52.23 (28.89) |    |
| 2 | Hanson, Max      | 40              | Greenlake Aquaducks | 1:57.11         | 11 |
|   | 26.76            | 56.34 (29.58)   | 1:26.72 (30.38)     | 1:57.11 (30.39) |    |
| 3 | Preston, Patrick | 41              | Pna Unattached      | 2:18.88         | 10 |
|   | 29.29            | 1:03.31 (34.02) | 1:40.70 (37.39)     | 2:18.88 (38.18) |    |

**Event 16 Men 45-49 200 Yard Freestyle**

|      |                  |                 |                              |                 |    |
|------|------------------|-----------------|------------------------------|-----------------|----|
| 1    | Schlemmer, Bob   | 48              | Greenlake Aquaducks          | 2:04.12         | 13 |
|      | 28.98            | 1:00.81 (31.83) | 1:33.00 (32.19)              | 2:04.12 (31.12) |    |
| 2    | Parnell, Rick    | 49              | Poseidon Aquatic Club        | 2:08.63         | 11 |
|      | 30.12            | 1:02.73 (32.61) | 1:35.78 (33.05)              | 2:08.63 (32.85) |    |
| 3    | Schaufler, Kirby | 48              | Middle Aged Marlins          | 2:15.48         | 10 |
|      | 29.53            | 1:02.66 (33.13) | 1:38.17 (35.51)              | 2:15.48 (37.31) |    |
| *--- | Valley, Eric     | 46              | Nonscoring                   | X1:59.40        |    |
|      | 28.44            | 58.86 (30.42)   | 1:29.53 (30.67)              | 1:59.40 (29.87) |    |
| *--- | Doering, Eric    | 46              | Hydropower Masters Swim Club | X2:00.74        |    |
|      | 28.11            | 58.46 (30.35)   | 1:29.32 (30.86)              | 2:00.74 (31.42) |    |
| *--- | Asbury, Doug     | 48              | Oregon Masters               | X2:02.83        |    |
|      | 29.73            | 1:01.47 (31.74) | 1:33.02 (31.55)              | 2:02.83 (29.81) |    |

**(Event 16 Men 45-49 200 Yard Freestyle)**

|      |              |                 |                              |                 |  |
|------|--------------|-----------------|------------------------------|-----------------|--|
| *--- | Garcia, Doug | 46              | Hydropower Masters Swim Club | X2:24.27        |  |
|      | 33.31        | 1:10.20 (36.89) | 1:48.29 (38.09)              | 2:24.27 (35.98) |  |

**Event 16 Men 50-54 200 Yard Freestyle**

|   |                 |                 |                              |                 |    |
|---|-----------------|-----------------|------------------------------|-----------------|----|
| 1 | Cary, Dale      | 50              | Everett Masters Swimmers     | 2:06.87         | 13 |
|   | 29.98           | 1:02.41 (32.43) | 1:35.30 (32.89)              | 2:06.87 (31.57) |    |
| 2 | Brunner, John   | 50              | Bellevue Eastside Masters    | 2:08.28         | 11 |
|   | 30.14           | 1:02.42 (32.28) | 1:35.02 (32.60)              | 2:08.28 (33.26) |    |
| 3 | Boleda, Orlando | 53              | Bainbridge Area Masters      | 2:09.81         | 10 |
|   | 30.49           | 1:03.84 (33.35) | 1:37.03 (33.19)              | 2:09.81 (32.78) |    |
| 4 | Johnson, Kurt   | 54              | South Whidbey Island Masters | 2:47.71         | 9  |
|   | 36.42           | 1:19.07 (42.65) | 2:04.15 (45.08)              | 2:47.71 (43.56) |    |

**Event 16 Men 60-64 200 Yard Freestyle**



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|  |                   |                 |                              |                 |    |
|--|-------------------|-----------------|------------------------------|-----------------|----|
| *1   | Jacobsen, Jeff    | 63              | South Whidbey Island Masters | 2:46.63         | 13 |
|  | 36.98             | 1:18.20 (41.22) | 2:02.53 (44.33)              | 2:46.63 (44.10) |    |
| <b>Event 16 Men 65-69 200 Yard Freestyle</b> |                   |                 |                              |                 |    |
| *1   | Smith, Melvin     | 65              | Briggs YMCA Master Swim      | 2:40.96         | 13 |
|  | 36.63             | 1:18.26 (41.63) | 2:00.15 (41.89)              | 2:40.96 (40.81) |    |
| 2  | Davis, Bob        | 66              | Federal Way Masters          | 3:01.42         | 11 |
|  | 40.55             | 1:27.07 (46.52) | 2:15.42 (48.35)              | 3:01.42 (46.00) |    |
| <b>Event 16 Men 70-74 200 Yard Freestyle</b> |                   |                 |                              |                 |    |
| *---   | Thayer, George    | 72              | Oregon Masters               | X2:40.21        |    |
|  | 35.72             | 1:17.57 (41.85) | 2:00.00 (42.43)              | 2:40.21 (40.21) |    |
| *---   | King, Bill        | 74              | Oregon Masters               | X2:49.67        |    |
|  | 38.00             | 1:19.97 (41.97) | 2:04.81 (44.84)              | 2:49.67 (44.86) |    |
| <b>Event 16 Men 75-79 200 Yard Freestyle</b> |                   |                 |                              |                 |    |
| *---   | Bevier, Jack      | 75              | Hydropower Masters Swim Club | X3:04.84        |    |
|  | 38.91             | 1:26.34 (47.43) | 2:17.32 (50.98)              | 3:04.84 (47.52) |    |
| <b>Event 17 Women 18-24 200 Yard IM</b>      |                   |                 |                              |                 |    |
| 1  | Kunze, Brittany   | 24              | Greenlake Aquaducks          | 2:28.49         | 13 |
|  | 32.68             | 1:11.15 (38.47) | 1:53.20 (42.05)              | 2:28.49 (35.29) |    |
| 2  | Coulson, Emma     | 23              | Federal Way Masters          | 2:35.85         | 11 |
|  | 34.98             | 1:12.11 (37.13) | 1:58.56 (46.45)              | 2:35.85 (37.29) |    |
| 3  | Bonar, Heather    | 18              | Gig Harbor YMCA              | 2:42.03         | 10 |
|  | 34.35             | 1:14.54 (40.19) | 2:03.17 (48.63)              | 2:42.03 (38.86) |    |
| 4  | Dowdle, Angie     | 18              | Western WA U Masters         | 2:47.53         | 9  |
|  | 38.71             | 1:23.18 (44.47) | 2:10.36 (47.18)              | 2:47.53 (37.17) |    |
| <b>Event 17 Women 25-29 200 Yard IM</b>      |                   |                 |                              |                 |    |
| *1   | Crandell, Kelly   | 27              | Ohana Swim Team              | 2:32.87         | 13 |
|  | 32.79             | 1:13.97 (41.18) | 1:56.87 (42.90)              | 2:32.87 (36.00) |    |
| <b>Event 17 Women 30-34 200 Yard IM</b>      |                   |                 |                              |                 |    |
| *1   | Tulou, Tamara     | 34              | Bainbridge Area Masters      | 3:18.35         | 13 |
|  | 41.64             | 1:31.56 (49.92) | 2:32.92 (1:01.36)            | 3:18.35 (45.43) |    |
| <b>Event 17 Women 35-39 200 Yard IM</b>      |                   |                 |                              |                 |    |
| *1   | Sondgroth, Tracey | 35              | Tumwater Valley Aquatic Club | 2:30.84         | 13 |
|  | 32.81             | 1:11.79 (38.98) | 1:54.96 (43.17)              | 2:30.84 (35.88) |    |
| 2  | Kaufman, Lisa     | 38              | Bellingham Masters Swim Team | 2:47.00         | 11 |
|  | 36.27             | 1:19.22 (42.95) | 2:11.07 (51.85)              | 2:47.00 (35.93) |    |
| <b>(Event 17 Women 35-39 200 Yard IM)</b>    |                   |                 |                              |                 |    |
| 3  | Lassen, Megan     | 37              | Bellingham Masters Swim Team | 2:47.05         | 10 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                   |       |                 |                     |                              |          |    |
|---|-------------------|-------|-----------------|---------------------|------------------------------|----------|----|
| 4                                       | Reddoch, Jill     | 37.00 | 1:18.85 (41.85) | 2:08.09 (49.24)     | 2:47.05 (38.96)              | 3:13.15  | 9  |
|   |                   |       | 38              | Federal Way Masters |                              |          |    |
|   |                   | 45.62 | 1:36.55 (50.93) | 2:29.93 (53.38)     | 3:13.15 (43.22)              |          |    |
| <b>Event 17 Women 40-44 200 Yard IM</b> |                   |       |                 |                     |                              |          |    |
| 1                                       | Speir, Kris       |       |                 | 44                  | Ohana Swim Team              | 2:50.15  | 13 |
|   |                   | 36.25 | 1:21.15 (44.90) | 2:10.78 (49.63)     | 2:50.15 (39.37)              |          |    |
| 2                                       | Quistorf, Renee   |       |                 | 43                  | North End Otters             | 2:56.51  | 11 |
|   |                   | 39.23 | 1:21.67 (42.44) | 2:14.36 (52.69)     | 2:56.51 (42.15)              |          |    |
| 3                                       | Rogers, Katherine |       |                 | 41                  | South Whidbey Island Masters | 3:11.55  | 10 |
|   |                   | 41.37 | 1:33.27 (51.90) | 2:28.79 (55.52)     | 3:11.55 (42.76)              |          |    |
| ---                                     | Reynolds, Ellen   |       |                 | 43                  | Sawtooth Masters             | X2:20.92 |    |
|   |                   | 31.46 | 1:06.63 (35.17) | 1:49.90 (43.27)     | 2:20.92 (31.02)              |          |    |
| <b>Event 17 Women 45-49 200 Yard IM</b> |                   |       |                 |                     |                              |          |    |
| 1                                       | Courtney, Zena    |       |                 | 48                  | Federal Way Masters          | 2:28.22  | 13 |
|   |                   | 31.90 | 1:07.51 (35.61) | 1:53.74 (46.23)     | 2:28.22 (34.48)              |          |    |
| 2                                       | Berg, Tonya       |       |                 | 49                  | Greenlake Aquaducks          | 2:43.96  | 11 |
|   |                   | 37.19 | 1:18.55 (41.36) | 2:04.99 (46.44)     | 2:43.96 (38.97)              |          |    |
| <b>Event 17 Women 50-54 200 Yard IM</b> |                   |       |                 |                     |                              |          |    |
| 1                                       | Cooley, Cathy     |       |                 | 50                  | North End Otters             | 2:36.16  | 13 |
|   |                   | 37.34 | 1:17.13 (39.79) | 2:00.38 (43.25)     | 2:36.16 (35.78)              |          |    |
| 2                                       | Melvin, Sheryl    |       |                 | 50                  | North End Otters             | 3:01.13  | 11 |
|   |                   | 38.50 | 1:24.27 (45.77) | 2:18.75 (54.48)     | 3:01.13 (42.38)              |          |    |
| <b>Event 17 Women 60-64 200 Yard IM</b> |                   |       |                 |                     |                              |          |    |
| ---                                     | Pierson, Ginger   |       |                 | 62                  | Oregon Masters               | X3:00.39 |    |
|   |                   | 41.94 | 1:28.36 (46.42) | 2:16.56 (48.20)     | 3:00.39 (43.83)              |          |    |
| <b>Event 17 Men 18-24 200 Yard IM</b>   |                   |       |                 |                     |                              |          |    |
| 1                                       | Rice, Jordan      |       |                 | 23                  | Pna Unattached               | 2:18.48  | 13 |
|   |                   | 29.48 | 1:06.89 (37.41) | 1:45.49 (38.60)     | 2:18.48 (32.99)              |          |    |
| <b>Event 17 Men 30-34 200 Yard IM</b>   |                   |       |                 |                     |                              |          |    |
| ---                                     | Polito, Chip      |       |                 | 31                  | Oregon Masters               | X2:00.56 |    |
|   |                   | 25.88 | 56.03 (30.15)   | 1:31.37 (35.34)     | 2:00.56 (29.19)              |          |    |
| <b>Event 17 Men 35-39 200 Yard IM</b>   |                   |       |                 |                     |                              |          |    |
| 1                                       | Dunn, Erin        |       |                 | 37                  | Bellevue Eastside Masters    | 2:18.39  | 13 |
|   |                   | 29.34 | 1:06.72 (37.38) | 1:47.92 (41.20)     | 2:18.39 (30.47)              |          |    |
| 2                                       | Lassen, Jason     |       |                 | 35                  | Bellingham Masters Swim Team | 2:47.81  | 11 |
|   |                   | 39.54 | 1:21.35 (41.81) | 2:05.64 (44.29)     | 2:47.81 (42.17)              |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                                       |                  |                   |                                |                 |          |    |
|---------------------------------------|------------------|-------------------|--------------------------------|-----------------|----------|----|
| ---                                   | Hartley, Michael | 38                | Hydropower Masters Swim Club   |                 | X2:30.80 |    |
|                                       | 31.39            | 1:11.99 (40.60)   | 1:54.54 (42.55)                | 2:30.80 (36.26) |          |    |
| <b>Event 17 Men 40-44 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| 1                                     | Hanson, Max      | 40                | Greenlake Aquaducks            |                 | 2:19.20  | 13 |
|                                       | 29.39            | 1:05.56 (36.17)   | 1:47.89 (42.33)                | 2:19.20 (31.31) |          |    |
| 2                                     | Seibert, Rich    | 43                | Olympic Aquatic Club           |                 | 2:24.17  | 11 |
|                                       | 31.56            | 1:10.12 (38.56)   | 1:52.84 (42.72)                | 2:24.17 (31.33) |          |    |
| 3                                     | Ferrero, Rick    | 44                | South Whidbey Island Masters   |                 | 2:36.25  | 10 |
|                                       | 33.18            | 1:13.64 (40.46)   | 2:01.04 (47.40)                | 2:36.25 (35.21) |          |    |
| <b>Event 17 Men 45-49 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| 1                                     | Swanson, Victor  | 48                | Logger Masters                 |                 | 2:16.79  | 13 |
|                                       | 29.05            | 1:07.12 (38.07)   | 1:46.27 (39.15)                | 2:16.79 (30.52) |          |    |
| 2                                     | Kohnke, Jim      | 45                | Olympic Aquatic Club           |                 | 2:46.96  | 11 |
|                                       | 33.28            | 1:18.11 (44.83)   | 2:08.54 (50.43)                | 2:46.96 (38.42) |          |    |
| 3                                     | Ikeda, Paul      | 48                | Orca Swim Club                 |                 | 3:07.76  | 10 |
|                                       | 40.51            | 1:32.59 (52.08)   | 2:22.59 (50.00)                | 3:07.76 (45.17) |          |    |
| <b>Event 17 Men 50-54 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| *1                                    | Freeborn, Steve  | 52                | Federal Way Masters            |                 | 2:31.19  | 13 |
|                                       | 29.22            | 1:09.85 (40.63)   | 1:56.88 (47.03)                | 2:31.19 (34.31) |          |    |
| <b>Event 17 Men 60-64 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| *1                                    | McColly, Michael | 62                | North End Otters               |                 | 2:35.92  | 13 |
|                                       | 33.33            | 1:13.41 (40.08)   | 1:58.47 (45.06)                | 2:35.92 (37.45) |          |    |
| 2                                     | Peterson, Steven | 61                | Old Olympic Peninsula Swimmers |                 | 2:38.89  | 11 |
|                                       | 36.00            | 1:21.18 (45.18)   | 2:01.50 (40.32)                | 2:38.89 (37.39) |          |    |
| 3                                     | Walker, Thomas   | 61                | Columbia Aquatic Masters       |                 | 3:33.25  | 10 |
|                                       | 54.21            | 1:47.62 (53.41)   | 2:50.44 (1:02.82)              | 3:33.25 (42.81) |          |    |
| <b>Event 17 Men 65-69 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| 1                                     | Norby, Michael   | 66                | North End Otters               |                 | 2:52.05  | 13 |
|                                       | 37.39            | 1:22.04 (44.65)   | 2:12.27 (50.23)                | 2:52.05 (39.78) |          |    |
| ---                                   | Landis, Tom      | 66                | Oregon Masters                 |                 | X2:26.55 |    |
|                                       | 30.53            | 1:09.74 (39.21)   | 1:54.43 (44.69)                | 2:26.55 (32.12) |          |    |
| <b>Event 17 Men 70-74 200 Yard IM</b> |                  |                   |                                |                 |          |    |
| 1                                     | Morrow, Al       | 73                | Bainbridge Area Masters        |                 | 4:03.41  | 13 |
|                                       | 58.55            | 2:00.72 (1:02.17) | 3:16.02 (1:15.30)              | 4:03.41 (47.39) |          |    |
| 2                                     | Foley, Tom       | 73                | Tigers                         |                 | 4:11.36  | 11 |
|                                       | 1:03.85          | 2:04.57 (1:00.72) | 3:15.19 (1:10.62)              | 4:11.36 (56.17) |          |    |
| ---                                   | Rehfeldt, Don    | 73                | Pna Unattached                 |                 | DQ       |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

53.55      1:48.04 (54.49)      2:47.68 (59.64)      DQ (52.82)

**Event 17 Men 75-79 200 Yard IM**

\*1 Dorse, Bob      76 Tigers      3:42.20      13

49.31      1:51.00 (1:01.69)      2:56.54 (1:05.54)      3:42.20 (45.66)

**Event 18 Women 18+ 200 Yard Freestyle Relay**

\*1 Federal Way Masters      A      1:57.10      26

1) Coulson, Emma W23      2) Menkens, Michelle W51      3) Courtney, Zena W48      4) Mesler, Jennifer W37  
30.54      59.68 (29.14)      1:27.39 (27.71)      1:57.10 (29.71)

2 Western WA U Masters      A      1:58.40      22

1) Mar, Emiko W21      2) Melseth, Ashley W21      3) Hillis, Tinnel W19      4) Pierce, Shona W23  
29.40      1:00.69 (31.29)      1:32.60 (31.91)      1:58.40 (25.80)

3 Greenlake Aquaducks      A      2:18.05      20

1) Litt, Arni W61      2) Berg, Tonya W49      3) Weintraub, Cynthia W50      4) Kunze, Brittany W24  
36.94      1:07.79 (30.85)      1:49.70 (41.91)      2:18.05 (28.35)

**Event 18 Women 25+ 200 Yard Freestyle Relay**

1 Ohana Swim Team      A      1:58.79      26

1) Crandell, Kelly W27      2) Antilla, Kristine W39      3) McCullough, Megan W28      4) Speir, Kris W44  
29.53      1:01.48 (31.95)      1:29.82 (28.34)      1:58.79 (28.97)

2 Federal Way Masters      C      2:15.31      22

1) Blackburn, Jean W56      2) Simmons, Michelle W33      3) Spencer, Lee W47      4) Boyer, Diane W47  
32.94      1:09.03 (36.09)      1:43.63 (34.60)      2:15.31 (31.68)

**(Event 18 Women 25+ 200 Yard Freestyle Relay)**

3 Federal Way Masters      B      2:16.75      20

1) Kim, Nellis W37      2) Bork, Holly W31      3) Montiel, Julie W38      4) Reddoch, Jill W38  
29.86      1:05.95 (36.09)      1:42.70 (36.75)      2:16.75 (34.05)

4 Ohana Swim Team      B      2:26.07      18

1) Rasmussen, Joni W45      2) Ellis, Aeron W27      3) McCullough, Janae W37      4) Marcy, Marcia W28  
40.74      1:14.93 (34.19)      1:51.13 (36.20)      2:26.07 (34.94)

5 North End Otters      C      2:35.38      16

1) Quistorf, Renee W43      2) Kavadas, Janet W77      3) Trettevik, Kate W28      4) Lesh, Robin W30  
30.31      1:27.14 (56.83)      2:01.81 (34.67)      2:35.38 (33.57)

**Event 18 Women 35+ 200 Yard Freestyle Relay**

\*1 Federal Way Masters      D      3:10.76      26

1) Kuykendall, Karen W44      2) Doonan, Cathy W58      3) Duggan, Pat W54      4) Vesper, Tina W47  
1:14.45      1:46.45 (32.00)      2:31.87 (45.42)      3:10.76 (38.89)

**Event 18 Women 45+ 200 Yard Freestyle Relay**

\*1 North End Otters      B      2:00.58      26

1) Cooley, Cathy W50      2) Melvin, Sheryl W50      3) Bulman, Janet W49      4) Lippold, Mary W52  
30.89      1:02.61 (31.72)      1:32.43 (29.82)      2:00.58 (28.15)

**Event 19 Men 18+ 200 Yard Freestyle Relay**

\*1 Olympic Aquatic Club      A      1:47.07      26

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                               |                                     |  |   |
|-------------------------------|-------------------------------------|--|---|
| 1) LaHaie, Steve M45<br>27.14 | 2) Kohnke, Jim M45<br>54.36 (27.22) | 3) Whipple, Aaron M24<br>1:22.21 (27.85) | 4) Seibert, Rich M43<br>1:47.07 (24.86) |
|-------------------------------|-------------------------------------|--|---|

**Event 19 Men 25+ 200 Yard Freestyle Relay**

|                             |   |         |    |
|-----------------------------|---|---------|----|
| *1 Everett Masters Swimmers | A | 1:41.72 | 26 |
|-----------------------------|---|---------|----|

|                             |                                       |                                      |   |
|-----------------------------|---------------------------------------|--------------------------------------|---|
| 1) Smith, Eric M31<br>25.53 | 2) Yanasak, Adam M33<br>50.88 (25.35) | 3) Cary, Dale M50<br>1:17.36 (26.48) | 4) Hollenback, David M41<br>1:41.72 (24.36) |
|-----------------------------|---------------------------------------|--------------------------------------|---|

|                    |   |         |    |
|--------------------|---|---------|----|
| 2 North End Otters | A | 1:57.51 | 22 |
|--------------------|---|---------|----|

|                               |  |  |   |
|-------------------------------|--|--|---|
| 1) Brittle, Zach M34<br>29.58 | 2) Huckabee, John M49<br>1:01.14 (31.56) | 3) Raynolds, Bill M51<br>1:30.32 (29.18) | 4) Rody, T. Sean M41<br>1:57.51 (27.19) |
|-------------------------------|--|--|---|

|                   |   |         |    |
|-------------------|---|---------|----|
| 3 Ohana Swim Team | A | 1:59.02 | 20 |
|-------------------|---|---------|----|

|                                  |  |  |  |
|----------------------------------|--|--|--|
| 1) McCullough, Mike M41<br>36.49 | 2) Marcy, Brian M28<br>1:08.73 (32.24) | 3) Carden, Melvin M33<br>1:32.82 (24.09) | 4) Balderson, Dan M41<br>1:59.02 (26.20) |
|----------------------------------|--|--|--|

|                     |   |    |  |
|---------------------|---|----|--|
| --- Pro Sports Club | A | DQ |  |
|---------------------|---|----|--|

|                                 |   |   |                                  |
|---------------------------------|---|---|----------------------------------|
| 1) Tremonte, Chris M27<br>25.12 | 2) Rosaria, Steven M33<br>49.68 (24.56) | 3) Spencer, Donald M50<br>1:15.85 (26.17) | 4) Kays, David M40<br>DQ (22.86) |
|---------------------------------|---|---|----------------------------------|

**Event 19 Men 35+ 200 Yard Freestyle Relay**

|                       |   |         |    |
|-----------------------|---|---------|----|
| 1 Federal Way Masters | C | 1:39.90 | 26 |
|-----------------------|---|---------|----|

|                                |                                    |  |  |
|--------------------------------|------------------------------------|--|--|
| 1) Williams, John M39<br>24.91 | 2) Smith, Dan M45<br>50.73 (25.82) | 3) Littlefield, James M47<br>1:16.94 (26.21) | 4) Lautman, Scott M55<br>1:39.90 (22.96) |
|--------------------------------|------------------------------------|--|--|

|                       |   |         |    |
|-----------------------|---|---------|----|
| 2 Federal Way Masters | A | 1:49.31 | 22 |
|-----------------------|---|---------|----|

|                            |  |   |   |
|----------------------------|--|---|---|
| 1) Diaz, Luis M36<br>29.95 | 2) Ducolon, David M44<br>55.13 (25.18) | 3) Dybdahl, Eric M48<br>1:23.23 (28.10) | 4) Freeborn, Steve M52<br>1:49.31 (26.08) |
|----------------------------|--|---|---|

|                             |   |         |    |
|-----------------------------|---|---------|----|
| 3 Bellevue Eastside Masters | A | 1:50.83 | 20 |
|-----------------------------|---|---------|----|

|                            |                                       |   |   |
|----------------------------|---------------------------------------|---|---|
| 1) Dunn, Erin M37<br>25.12 | 2) Brunner, John M50<br>51.12 (26.00) | 3) Novack, Mitch M49<br>1:26.18 (35.06) | 4) McDermott, Dave M45<br>1:50.83 (24.65) |
|----------------------------|---------------------------------------|---|---|

|                               |   |         |    |
|-------------------------------|---|---------|----|
| 4 South Whidbey Island Master | A | 2:00.33 | 18 |
|-------------------------------|---|---------|----|

|                               |   |  |  |
|-------------------------------|---|--|--|
| 1) Ferrero, Rick M44<br>28.61 | 2) Johnson, Kurt M54<br>1:00.11 (31.50) | 3) Jacobsen, Jeff M63<br>1:34.21 (34.10) | 4) Gregory, Dan M57<br>2:00.33 (26.12) |
|-------------------------------|---|--|--|

|                       |   |         |    |
|-----------------------|---|---------|----|
| 5 Federal Way Masters | B | 2:04.38 | 16 |
|-----------------------|---|---------|----|

|                              |  |  |   |
|------------------------------|--|--|---|
| 1) Hartwig, Bob M53<br>29.91 | 2) Kennedy, Keith M45<br>57.83 (27.92) | 3) Musiak, Jeff M44<br>1:36.33 (38.50) | 4) Robertson, Rick M52<br>2:04.38 (28.05) |
|------------------------------|--|--|---|

**Event 19 Men 55+ 200 Yard Freestyle Relay**

|                            |   |         |    |
|----------------------------|---|---------|----|
| *1 Bainbridge Area Masters | A | 2:28.50 | 26 |
|----------------------------|---|---------|----|

|                               |                                      |  |   |
|-------------------------------|--------------------------------------|--|---|
| 1) Clark, Gordon M56<br>25.52 | 2) Morrow, Al M73<br>1:03.17 (37.65) | 3) Sawyer, Dennis M64<br>1:35.60 (32.43) | 4) Roudebush, George M82<br>2:28.50 (52.90) |
|-------------------------------|--------------------------------------|--|---|

**Event 20 Women 18-24 50 Yard Breaststroke**

|                    |                        |       |    |
|--------------------|------------------------|-------|----|
| *1 Kunze, Brittany | 24 Greenlake Aquaducks | 36.56 | 13 |
|--------------------|------------------------|-------|----|

|                 |                         |       |    |
|-----------------|-------------------------|-------|----|
| 2 Riordan, Anne | 20 Western WA U Masters | 39.99 | 11 |
|-----------------|-------------------------|-------|----|

|                   |                         |       |    |
|-------------------|-------------------------|-------|----|
| 3 Melseth, Ashley | 21 Western WA U Masters | 40.81 | 10 |
|-------------------|-------------------------|-------|----|

**Event 20 Women 25-29 50 Yard Breaststroke**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|     |                   |    |                     |        |    |
|-----|-------------------|----|---------------------|--------|----|
| 1   | Nordyke, Carrie   | 28 | Federal Way Masters | 39.53  | 13 |
| 2   | Ellis, Aeron      | 27 | Ohana Swim Team     | 44.46  | 11 |
| 3   | Trettevik, Kate   | 28 | North End Otters    | 45.18  | 10 |
| 4   | Marcy, Marcia     | 28 | Ohana Swim Team     | 51.33  | 9  |
| --- | Gustafson, Aubree | 26 | Oregon Masters      | X36.57 |    |

**Event 20 Women 30-34 50 Yard Breaststroke**

|   |                  |    |                     |       |    |
|---|------------------|----|---------------------|-------|----|
| 1 | Bork, Holly      | 31 | Federal Way Masters | 44.34 | 13 |
| 2 | Kimball, Rebecca | 34 | Gig Harbor YMCA     | 52.27 | 11 |

**Event 20 Women 35-39 50 Yard Breaststroke**

|   |                   |    |                              |       |    |
|---|-------------------|----|------------------------------|-------|----|
| 1 | Hegeberg, Linda   | 38 | Bellingham Masters Swim Team | 33.44 | 13 |
| 2 | Kim, Nellis       | 37 | Federal Way Masters          | 40.41 | 11 |
| 3 | Antilla, Kristine | 39 | Ohana Swim Team              | 40.93 | 10 |
| 4 | Tinker, Angela    | 38 | Bainbridge Area Masters      | 46.93 | 9  |
| 5 | McCullough, Janae | 37 | Ohana Swim Team              | 51.32 | 8  |

**Event 20 Women 40-44 50 Yard Breaststroke**

|   |              |    |                 |       |    |
|---|--------------|----|-----------------|-------|----|
| 1 | Speir, Kris  | 44 | Ohana Swim Team | 38.06 | 13 |
| 2 | Moore, Kathy | 41 | Pna Unattached  | 43.75 | 11 |

**Event 20 Women 45-49 50 Yard Breaststroke**

|   |                 |    |                     |       |    |
|---|-----------------|----|---------------------|-------|----|
| 1 | Berg, Tonya     | 49 | Greenlake Aquaducks | 37.09 | 13 |
| 2 | Boyer, Diane    | 47 | Federal Way Masters | 41.48 | 11 |
| 3 | Rasmussen, Joni | 45 | Ohana Swim Team     | 53.25 | 10 |

**Event 20 Women 50-54 50 Yard Breaststroke**

|    |                    |    |                     |       |    |
|----|--------------------|----|---------------------|-------|----|
| *1 | Weintraub, Cynthia | 50 | Greenlake Aquaducks | 50.28 | 13 |
|----|--------------------|----|---------------------|-------|----|

**Event 20 Women 60-64 50 Yard Breaststroke**

|      |                 |    |                     |        |    |
|------|-----------------|----|---------------------|--------|----|
| *1   | Litt, Arni      | 61 | Greenlake Aquaducks | 43.83  | 13 |
| 2    | Williams, Judy  | 60 | Federal Way Masters | 46.47  | 11 |
| *--- | Pierson, Ginger | 62 | Oregon Masters      | X38.27 |    |
| *--- | Rousseau, Sandi | 60 | Oregon Masters      | X46.56 |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 20 Women 65-69 50 Yard Breaststroke**

|      |               |    |                |        |  |
|------|---------------|----|----------------|--------|--|
| *--- | Frid, Barbara | 65 | Oregon Masters | X41.98 |  |
|------|---------------|----|----------------|--------|--|

**Event 20 Women 70-74 50 Yard Breaststroke**

|      |                    |    |                 |        |  |
|------|--------------------|----|-----------------|--------|--|
| *--- | Hastings, Patricia | 72 | Montana Masters | X59.00 |  |
|------|--------------------|----|-----------------|--------|--|

**Event 20 Women 75-79 50 Yard Breaststroke**

|    |                |    |               |         |    |
|----|----------------|----|---------------|---------|----|
| *1 | Gladwell, Gail | 76 | Bellevue Club | 1:02.52 | 13 |
|----|----------------|----|---------------|---------|----|

**Event 20 Men 18-24 50 Yard Breaststroke**

|    |              |    |                |       |    |
|----|--------------|----|----------------|-------|----|
| *1 | Rice, Jordan | 23 | Pna Unattached | 29.99 | 13 |
|----|--------------|----|----------------|-------|----|

**Event 20 Men 25-29 50 Yard Breaststroke**

|     |              |    |                 |    |  |
|-----|--------------|----|-----------------|----|--|
| --- | Marcy, Brian | 28 | Ohana Swim Team | DQ |  |
|-----|--------------|----|-----------------|----|--|

**Event 20 Men 30-34 50 Yard Breaststroke**

|   |                |    |                     |       |    |
|---|----------------|----|---------------------|-------|----|
| 1 | Nordyke, Brent | 32 | Federal Way Masters | 28.87 | 13 |
|---|----------------|----|---------------------|-------|----|

|   |               |    |                              |       |    |
|---|---------------|----|------------------------------|-------|----|
| 2 | Durkin, Chris | 33 | Tumwater Valley Aquatic Club | 39.27 | 11 |
|---|---------------|----|------------------------------|-------|----|

**Event 20 Men 35-39 50 Yard Breaststroke**

|   |                 |    |                        |       |    |
|---|-----------------|----|------------------------|-------|----|
| 1 | Montgomery, Zac | 36 | Gold's Aquatic Masters | 31.52 | 13 |
|---|-----------------|----|------------------------|-------|----|

|     |               |    |                               |        |  |
|-----|---------------|----|-------------------------------|--------|--|
| --- | Hooper, James | 36 | Masters Swim British Columbia | X31.05 |  |
|-----|---------------|----|-------------------------------|--------|--|

**Event 20 Men 40-44 50 Yard Breaststroke**

|   |                |    |                 |       |    |
|---|----------------|----|-----------------|-------|----|
| 1 | Balderson, Dan | 41 | Ohana Swim Team | 32.01 | 13 |
|---|----------------|----|-----------------|-------|----|

|   |                |    |                     |       |    |
|---|----------------|----|---------------------|-------|----|
| 2 | Ducolon, David | 44 | Federal Way Masters | 34.23 | 11 |
|---|----------------|----|---------------------|-------|----|

**Event 20 Men 45-49 50 Yard Breaststroke**

|   |                 |    |                |       |    |
|---|-----------------|----|----------------|-------|----|
| 1 | Swanson, Victor | 48 | Logger Masters | 29.79 | 13 |
|---|-----------------|----|----------------|-------|----|

|   |            |    |                     |       |    |
|---|------------|----|---------------------|-------|----|
| 2 | Smith, Dan | 45 | Federal Way Masters | 32.08 | 11 |
|---|------------|----|---------------------|-------|----|

|   |                |    |                     |       |    |
|---|----------------|----|---------------------|-------|----|
| 3 | Kennedy, Keith | 45 | Federal Way Masters | 35.68 | 10 |
|---|----------------|----|---------------------|-------|----|

|   |                |    |                  |       |   |
|---|----------------|----|------------------|-------|---|
| 4 | Huckabee, John | 49 | North End Otters | 36.26 | 9 |
|---|----------------|----|------------------|-------|---|

|   |               |    |                      |       |   |
|---|---------------|----|----------------------|-------|---|
| 5 | LaHaie, Steve | 45 | Olympic Aquatic Club | 37.08 | 8 |
|---|---------------|----|----------------------|-------|---|

|   |             |    |                |       |   |
|---|-------------|----|----------------|-------|---|
| 6 | Ikeda, Paul | 48 | Orca Swim Club | 38.59 | 7 |
|---|-------------|----|----------------|-------|---|

|      |               |    |            |        |  |
|------|---------------|----|------------|--------|--|
| *--- | Gevers, Willy | 48 | Nonscoring | X33.69 |  |
|------|---------------|----|------------|--------|--|

|      |               |    |                              |        |  |
|------|---------------|----|------------------------------|--------|--|
| *--- | Doering, Eric | 46 | Hydropower Masters Swim Club | X34.40 |  |
|------|---------------|----|------------------------------|--------|--|

**Event 20 Men 50-54 50 Yard Breaststroke**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|   |                 |    |                              |       |    |
|---|-----------------|----|------------------------------|-------|----|
| 1 | Adcock, Richard | 52 | Gig Harbor YMCA              | 35.17 | 13 |
| 2 | Raynolds, Bill  | 51 | North End Otters             | 36.61 | 11 |
| 3 | Morrison, Jeff  | 53 | Thunderbird Aquatic Masters  | 39.58 | 10 |
| 4 | Johnson, Kurt   | 54 | South Whidbey Island Masters | 39.95 | 9  |
| 5 | Hartwig, Bob    | 53 | Federal Way Masters          | 41.20 | 8  |

**Event 20 Men 55-59 50 Yard Breaststroke**

|     |                  |    |                              |        |    |
|-----|------------------|----|------------------------------|--------|----|
| 1   | Gregory, Dan     | 57 | South Whidbey Island Masters | 33.33  | 13 |
| 2   | Klempner, Martin | 59 | Pna Unattached               | 37.59  | 11 |
| --- | Stark, Allen     | 59 | Oregon Masters               | X31.37 |    |

**Event 20 Men 60-64 50 Yard Breaststroke**

|   |                   |    |                                |       |    |
|---|-------------------|----|--------------------------------|-------|----|
| 1 | Peterson, Steven  | 61 | Old Olympic Peninsula Swimmers | 33.77 | 13 |
| 2 | Sawyer, Dennis    | 64 | Bainbridge Area Masters        | 38.24 | 11 |
| 3 | McKinlay, Michael | 64 | Bellevue Eastside Masters      | 47.79 | 10 |

**Event 20 Men 70-74 50 Yard Breaststroke**

|     |               |    |                 |        |    |
|-----|---------------|----|-----------------|--------|----|
| 1   | Rehfeldt, Don | 73 | Pna Unattached  | 46.97  | 13 |
| --- | Jelinek, Don  | 74 | Montana Masters | X50.51 |    |

**Event 21 Women 18-24 200 Yard Backstroke**

|   |                |                 |                           |                 |    |
|---|----------------|-----------------|---------------------------|-----------------|----|
| 1 | Cox, Allison   | 23              | Bellevue Eastside Masters | 2:26.24         | 13 |
|   | 34.98          | 1:13.28 (38.30) | 1:51.78 (38.50)           | 2:26.24 (34.46) |    |
| 2 | Coulson, Emma  | 23              | Federal Way Masters       | 2:27.59         | 11 |
|   | 35.43          | 1:12.90 (37.47) | 1:50.65 (37.75)           | 2:27.59 (36.94) |    |
| 3 | Pierce, Shona  | 23              | Western WA U Masters      | 2:28.17         | 10 |
|   | 34.63          | 1:12.40 (37.77) | 1:51.11 (38.71)           | 2:28.17 (37.06) |    |
| 4 | Naylor, Elisha | 21              | Western WA U Masters      | 2:41.52         | 9  |
|   | 37.26          | 1:19.23 (41.97) | 2:01.82 (42.59)           | 2:41.52 (39.70) |    |

**Event 21 Women 25-29 200 Yard Backstroke**

|   |                   |                 |                          |                 |    |
|---|-------------------|-----------------|--------------------------|-----------------|----|
| 1 | Foley, Jacquelyn  | 26              | Columbia Aquatic Masters | 2:18.56         | 13 |
|   | 32.44             | 1:07.14 (34.70) | 1:42.91 (35.77)          | 2:18.56 (35.65) |    |
| 2 | McCullough, Megan | 28              | Ohana Swim Team          | 2:33.95         | 11 |
|   | 34.44             | 1:12.24 (37.80) | 1:53.04 (40.80)          | 2:33.95 (40.91) |    |
| 3 | Crandell, Kelly   | 27              | Ohana Swim Team          | 2:44.32         | 10 |
|   | 39.84             | 1:21.38 (41.54) | 2:02.54 (41.16)          | 2:44.32 (41.78) |    |



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 21 Women 30-34 200 Yard Backstroke**

|    |               |                 |                         |                 |    |
|----|---------------|-----------------|-------------------------|-----------------|----|
| *1 | Tulou, Tamara | 34              | Bainbridge Area Masters | 3:10.58         | 13 |
|    | 44.49         | 1:33.63 (49.14) | 2:23.34 (49.71)         | 3:10.58 (47.24) |    |

**Event 21 Women 35-39 200 Yard Backstroke**

|     |                  |                 |                              |                 |    |
|-----|------------------|-----------------|------------------------------|-----------------|----|
| *1  | Hegeberg, Linda  | 38              | Bellingham Masters Swim Team | 2:28.34         | 13 |
|     | 35.24            | 1:12.77 (37.53) | 1:51.23 (38.46)              | 2:28.34 (37.11) |    |
| 2   | Kaufman, Lisa    | 38              | Bellingham Masters Swim Team | 2:44.77         | 11 |
|     | 40.35            | 1:21.22 (40.87) | 2:03.60 (42.38)              | 2:44.77 (41.17) |    |
| 3   | Mesler, Jennifer | 37              | Federal Way Masters          | 2:46.44         | 10 |
|     | 38.02            | 1:19.25 (41.23) | 2:02.66 (43.41)              | 2:46.44 (43.78) |    |
| 4   | Singer, Shannon  | 38              | Skagit Valley YMCA           | 3:26.55         | 9  |
|     | 47.64            | 1:40.63 (52.99) | 2:35.22 (54.59)              | 3:26.55 (51.33) |    |
| --- | Hyde, Sandra     | 39              | Sawtooth Masters             | X2:58.02        |    |
|     | 43.04            | 1:28.72 (45.68) | 2:13.90 (45.18)              | 2:58.02 (44.12) |    |

**Event 21 Women 40-44 200 Yard Backstroke**

|     |                 |                 |                  |                 |    |
|-----|-----------------|-----------------|------------------|-----------------|----|
| 1   | Quistorf, Renee | 43              | North End Otters | 2:51.95         | 13 |
|     | 40.30           | 1:23.50 (43.20) | 2:08.54 (45.04)  | 2:51.95 (43.41) |    |
| --- | Reynolds, Ellen | 43              | Sawtooth Masters | X2:13.62        |    |
|     | 31.75           | 1:05.54 (33.79) | 1:40.08 (34.54)  | 2:13.62 (33.54) |    |

**Event 21 Women 45-49 200 Yard Backstroke**

|   |                 |                 |                            |                 |    |
|---|-----------------|-----------------|----------------------------|-----------------|----|
| 1 | Courtney, Zena  | 48              | Federal Way Masters        | 2:23.25         | 13 |
|   | 33.70           | 1:08.79 (35.09) | 1:45.60 (36.81)            | 2:23.25 (37.65) |    |
| 2 | Spenser, Tracey | 47              | West Seattle YMCA Dolphins | 2:52.68         | 11 |
|   | 41.70           | 1:24.54 (42.84) | 2:09.14 (44.60)            | 2:52.68 (43.54) |    |

**Event 21 Women 50-54 200 Yard Backstroke**

|     |               |                   |                         |                 |    |
|-----|---------------|-------------------|-------------------------|-----------------|----|
| 1   | Cooley, Cathy | 50                | North End Otters        | 2:36.38         | 13 |
|     | 39.05         | 1:19.21 (40.16)   | 1:58.18 (38.97)         | 2:36.38 (38.20) |    |
| --- | Morris, Kathy | 52                | Briggs YMCA Master Swim | DQ              |    |
|     | 55.62         | 2:04.73 (1:09.11) | 3:15.52 (1:10.79)       | DQ (1:05.68)    |    |

**Event 21 Women 55-59 200 Yard Backstroke**

|    |               |    |                     |         |    |
|----|---------------|----|---------------------|---------|----|
| *1 | Doonan, Cathy | 58 | Federal Way Masters | 5:35.93 | 13 |
|----|---------------|----|---------------------|---------|----|

**Event 21 Women 65-69 200 Yard Backstroke**

|     |               |                 |                             |                 |    |
|-----|---------------|-----------------|-----------------------------|-----------------|----|
| *1  | Walker, Pinky | 65              | Thunderbird Aquatic Masters | 3:17.02         | 13 |
|     | 45.13         | 1:34.62 (49.49) | 2:27.08 (52.46)             | 3:17.02 (49.94) |    |
| --- | Ward, Joy     | 65              | Oregon Masters              | X3:00.44        |    |
|     | 42.77         | 1:28.89 (46.12) | 2:15.63 (46.74)             | 3:00.44 (44.81) |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 21 Women 75-79 200 Yard Backstroke**

|    |                |                   |                   |                   |    |
|----|----------------|-------------------|-------------------|-------------------|----|
| *1 | Kavadas, Janet | 77                | North End Otters  | 4:35.83           | 13 |
|    | 1:07.00        | 2:16.33 (1:09.33) | 3:28.43 (1:12.10) | 4:35.83 (1:07.40) |    |

**Event 21 Women 80-84 200 Yard Backstroke**

|    |                   |                   |                         |                   |    |
|----|-------------------|-------------------|-------------------------|-------------------|----|
| *1 | Phillips, Bernice | 80                | Bainbridge Area Masters | 4:25.69           | 13 |
|    | 1:02.58           | 2:11.93 (1:09.35) | 3:21.64 (1:09.71)       | 4:25.69 (1:04.05) |    |

**Event 21 Men 18-24 200 Yard Backstroke**

|     |                |                 |                      |                 |    |
|-----|----------------|-----------------|----------------------|-----------------|----|
| *1  | Fanning, Mark  | 22              | Western WA U Masters | 2:12.79         | 13 |
|     | 31.15          | 1:04.88 (33.73) | 1:39.64 (34.76)      | 2:12.79 (33.15) |    |
| --- | Whipple, Aaron | 24              | Olympic Aquatic Club | DQ              |    |
|     | 40.10          | 1:24.43 (44.33) | 2:13.05 (48.62)      | DQ (47.39)      |    |

**Event 21 Men 30-34 200 Yard Backstroke**

|    |                 |                 |                 |                 |    |
|----|-----------------|-----------------|-----------------|-----------------|----|
| *1 | Linderman, Ross | 31              | Orca Swim Club  | 2:25.12         | 13 |
|    | 35.07           | 1:11.79 (36.72) | 1:48.91 (37.12) | 2:25.12 (36.21) |    |

**Event 21 Men 35-39 200 Yard Backstroke**

|    |               |                 |                              |                 |    |
|----|---------------|-----------------|------------------------------|-----------------|----|
| *1 | Lassen, Jason | 35              | Bellingham Masters Swim Team | 2:52.51         | 13 |
|    | 41.23         | 1:24.27 (43.04) | 2:08.98 (44.71)              | 2:52.51 (43.53) |    |

**Event 21 Men 40-44 200 Yard Backstroke**

|     |               |                 |                              |                 |    |
|-----|---------------|-----------------|------------------------------|-----------------|----|
| *1  | Ferrero, Rick | 44              | South Whidbey Island Masters | 2:35.33         | 13 |
|     | 36.35         | 1:15.70 (39.35) | 1:55.94 (40.24)              | 2:35.33 (39.39) |    |
| --- | Butcher, Gano | 44              | Oregon Masters               | X2:11.62        |    |
|     | 31.77         | 1:05.35 (33.58) | 1:39.12 (33.77)              | 2:11.62 (32.50) |    |

**Event 21 Men 45-49 200 Yard Backstroke**

|   |                    |                 |                       |                 |    |
|---|--------------------|-----------------|-----------------------|-----------------|----|
| 1 | Littlefield, James | 47              | Federal Way Masters   | 2:26.99         | 13 |
|   | 33.74              | 1:10.50 (36.76) | 1:48.70 (38.20)       | 2:26.99 (38.29) |    |
| 2 | Parnell, Rick      | 49              | Poseidon Aquatic Club | 2:44.03         | 11 |
|   | 38.30              | 1:19.49 (41.19) | 2:01.67 (42.18)       | 2:44.03 (42.36) |    |

**Event 21 Men 60-64 200 Yard Backstroke**

|   |                  |                 |                          |                 |    |
|---|------------------|-----------------|--------------------------|-----------------|----|
| 1 | McColly, Michael | 62              | North End Otters         | 2:30.91         | 13 |
|   | 36.71            | 1:15.46 (38.75) | 1:53.70 (38.24)          | 2:30.91 (37.21) |    |
| 2 | Walker, Thomas   | 61              | Columbia Aquatic Masters | 3:24.52         | 11 |
|   | 48.17            | 1:41.62 (53.45) | 2:35.90 (54.28)          | 3:24.52 (48.62) |    |

**Event 21 Men 65-69 200 Yard Backstroke**

|   |                |                 |                         |                 |    |
|---|----------------|-----------------|-------------------------|-----------------|----|
| 1 | Norby, Michael | 66              | North End Otters        | 2:55.34         | 13 |
|   | 42.28          | 1:26.73 (44.45) | 2:11.26 (44.53)         | 2:55.34 (44.08) |    |
| 2 | Smith, Melvin  | 65              | Briggs YMCA Master Swim | 3:16.11         | 11 |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

46.29 1:35.20 (48.91) 2:26.69 (51.49) 3:16.11 (49.42)

**Event 21 Men 70-74 200 Yard Backstroke**

1 Foley, Tom 73 Tigers 3:57.23 13

54.34 1:55.70 (1:01.36) 2:57.40 (1:01.70) 3:57.23 (59.83)

--- Thayer, George 72 Oregon Masters X2:58.46

40.67 1:25.62 (44.95) 2:13.67 (48.05) 2:58.46 (44.79)

**Event 21 Men 80-84 200 Yard Backstroke**

\*1 Roudebush, George 82 Bainbridge Area Masters 4:58.73 13

1:09.94 2:28.04 (1:18.10) 3:45.80 (1:17.76) 4:58.73 (1:12.93)

**Event 22 Women 18-24 100 Yard Butterfly**

\*1 Mar, Emiko 21 Western WA U Masters 1:18.48 13

34.89 1:18.48 (43.59)

2 Hillis, Tinnel 19 Western WA U Masters 1:18.96 11

36.85 1:18.96 (42.11)

**Event 22 Women 55-59 100 Yard Butterfly**

1 Blackburn, Jean 56 Federal Way Masters 1:31.92 13

40.18 1:31.92 (51.74)

**Event 22 Women 60-64 100 Yard Butterfly**

\*--- Pierson, Ginger 62 Oregon Masters X1:28.16

42.05 1:28.16 (46.11)

\*--- Rousseau, Sandi 60 Oregon Masters X1:28.95

41.56 1:28.95 (47.39)

**Event 22 Women 65-69 100 Yard Butterfly**

\*--- Ward, Joy 65 Oregon Masters X1:33.20

44.09 1:33.20 (49.11)

**Event 22 Men 18-24 100 Yard Butterfly**

\*--- Cleary, Kevin 24 Oregon Masters X58.45

26.86 58.45 (31.59)

**Event 22 Men 25-29 100 Yard Butterfly**

\*1 Tourigny, David 28 Greenlake Aquaducks 1:03.23 13

29.12 1:03.23 (34.11)

**Event 22 Men 30-34 100 Yard Butterfly**

\*1 Smith, Eric 31 Pna Unattached 1:01.57 13

28.69 1:01.57 (32.88)

--- Polito, Chip 31 Oregon Masters X53.89

25.23 53.89 (28.66)

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****Event 22 Men 35-39 100 Yard Butterfly**

|   |                   |    |                           |         |    |
|---|-------------------|----|---------------------------|---------|----|
| 1 | Williams, John    | 39 | Federal Way Masters       | 1:01.06 | 13 |
|   | 28.01             |    | 1:01.06 (33.05)           |         |    |
| 2 | Dunn, Erin        | 37 | Bellevue Eastside Masters | 1:02.64 | 11 |
|   | 29.59             |    | 1:02.64 (33.05)           |         |    |
| 3 | Schmidt, Vladimir | 39 | Husky Masters             | 1:03.52 | 10 |
|   | 29.76             |    | 1:03.52 (33.76)           |         |    |

**Event 22 Men 40-44 100 Yard Butterfly**

|   |                   |    |                          |         |    |
|---|-------------------|----|--------------------------|---------|----|
| 1 | Nelson, Michael   | 43 | Lynnwood Sharks          | 1:03.72 | 13 |
|   | 29.92             |    | 1:03.72 (33.80)          |         |    |
| 2 | Hollenback, David | 41 | Everett Masters Swimmers | 1:05.36 | 11 |
|   | 30.01             |    | 1:05.36 (35.35)          |         |    |
| 3 | Rody, T. Sean     | 41 | North End Otters         | 1:06.63 | 10 |
|   | 30.37             |    | 1:06.63 (36.26)          |         |    |
| 4 | Seibert, Rich     | 43 | Olympic Aquatic Club     | 1:07.94 | 9  |
|   | 33.49             |    | 1:07.94 (34.45)          |         |    |

**Event 22 Men 45-49 100 Yard Butterfly**

|   |                 |    |                           |         |    |
|---|-----------------|----|---------------------------|---------|----|
| 1 | Smith, Dan      | 45 | Federal Way Masters       | 1:01.53 | 13 |
|   | 28.26           |    | 1:01.53 (33.27)           |         |    |
| 2 | McDermott, Dave | 45 | Bellevue Eastside Masters | 1:02.18 | 11 |
|   | 28.55           |    | 1:02.18 (33.63)           |         |    |
| 3 | Erickson, Chris | 48 | Pna Unattached            | 1:03.61 | 10 |
|   | 29.45           |    | 1:03.61 (34.16)           |         |    |
| 4 | Boytler, Bruce  | 49 | Federal Way Masters       | 1:08.24 | 9  |
|   | 32.52           |    | 1:08.24 (35.72)           |         |    |
| 5 | Dybdahl, Eric   | 48 | Federal Way Masters       | 1:09.95 | 8  |
|   | 32.51           |    | 1:09.95 (37.44)           |         |    |

**Event 22 Men 50-54 100 Yard Butterfly**

|   |            |    |                          |         |    |
|---|------------|----|--------------------------|---------|----|
| 1 | Cary, Dale | 50 | Everett Masters Swimmers | 1:03.58 | 13 |
|   | 29.21      |    | 1:03.58 (34.37)          |         |    |

**(Event 22 Men 50-54 100 Yard Butterfly)**

|   |                 |    |                     |         |    |
|---|-----------------|----|---------------------|---------|----|
| 2 | Freeborn, Steve | 52 | Federal Way Masters | 1:03.70 | 11 |
|   | 29.01           |    | 1:03.70 (34.69)     |         |    |

**Event 22 Men 55-59 100 Yard Butterfly**

|      |                |    |                     |          |    |
|------|----------------|----|---------------------|----------|----|
| 1    | Lautman, Scott | 55 | Federal Way Masters | 57.31    | 13 |
|      | 27.07          |    | 57.31 (30.24)       |          |    |
| *--- | Stark, Allen   | 59 | Oregon Masters      | X1:08.69 |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

31.78 1:08.69 (36.91)

**Event 22 Men 75-79 100 Yard Butterfly**

\*--- Bevier, Jack 75 Hydropower Masters Swim Club X2:12.80

58.67 2:12.80 (1:14.13)

**Event 23 Mixed 18+ 200 Yard Medley Relay**

1 Federal Way Masters A 1:59.10 26

1) Coulson, Emma W23 2) Smith, Dan M45 3) Lautman, Scott M55 4) Menkens, Michelle W51  
32.57 1:03.92 (31.35) 1:30.47 (26.55) 1:59.10 (28.63)

2 Western WA U Masters A 1:59.42 22

1) Fanning, Mark M22 2) Pierce, Shona W23 3) Goldman, Brian M22 4) Dowdle, Angie W18  
33.16 1:07.10 (33.94) 1:30.80 (23.70) 1:59.42 (28.62)

3 Greenlake Aquaducks A 2:03.52 20

1) Kunze, Brittany W24 2) Berg, Tonya W49 3) Tourigny, David M28 4) Schlemmer, Bob M48  
32.54 1:09.34 (36.80) 1:37.41 (28.07) 2:03.52 (26.11)**Event 23 Mixed 25+ 200 Yard Medley Relay**

1 Ohana Swim Team A 2:11.00 26

1) McCullough, Megan W28 2) Carden, Melvin M33 3) Crandell, Kelly W27 4) Marcy, Brian M28  
33.29 1:05.95 (32.66) 1:37.72 (31.77) 2:11.00 (33.28)

2 Federal Way Masters C 2:12.28 22

1) Littlefield, James M47 2) Simmons, Michelle W33 3) Freeborn, Steve M52 4) Kim, Nellis W37  
30.38 1:14.38 (44.00) 1:42.40 (28.02) 2:12.28 (29.88)

3 Federal Way Masters F 2:38.73 20

1) Bork, Holly W31 2) Boyer, Diane W47 3) Robertson, Rick M52 4) Kreer, Kenneth M44  
48.53 1:29.52 (40.99) 1:59.75 (30.23) 2:38.73 (38.98)

4 Bainbridge Area Masters A 2:47.92 18

1) Morrow, Al M73 2) Tinker, Angela W38 3) Tulou, Tamara W34 4) Cuthbert, David M34  
49.90 1:36.91 (47.01) 2:14.06 (37.15) 2:47.92 (33.86)

5 North End Otters D 2:55.04 16

1) Kavadas, Janet W77 2) Reynolds, Bill M51 3) Norby, Michael M66 4) Trettevik, Kate W28  
1:04.16 1:44.57 (40.41) 2:20.30 (35.73) 2:55.04 (34.74)**Event 23 Mixed 35+ 200 Yard Medley Relay**

1 Federal Way Masters B 2:05.60 26

1) Courtney, Zena W48 2) Mesler, Jennifer W37 3) Dybdahl, Eric M48 4) Williams, John M39  
31.39 1:10.25 (38.86) 1:41.04 (30.79) 2:05.60 (24.56)

2 Ohana Swim Team B 2:22.70 22

1) McCullough, Mike M41 2) Antilla, Kristine W39 3) Balderson, Dan M41 4) Speir, Kris W44  
36.09 1:17.54 (41.45) 1:46.17 (28.63) 2:22.70 (36.53)

3 Federal Way Masters E 3:17.74 20

1) Doonan, Cathy W58 2) Kennedy, Keith M45 3) Diaz, Luis M36 4) Duggan, Pat W54  
1:19.35 1:53.49 (34.14) 2:31.49 (38.00) 3:17.74 (46.25)**Event 23 Mixed 45+ 200 Yard Medley Relay**

\*1 North End Otters E 2:17.02 26

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                                |  |   |  |
|--------------------------------|--|---|--|
| 1) Melvin, Sheryl W50<br>36.02 | 2) Huckabee, John M49<br>56.68 (20.66) | 3) Cooley, Cathy W50<br>1:46.88 (50.20) | 4) McColly, Michael M62<br>2:17.02 (30.14) |
|--------------------------------|--|---|--|

**Event 24 Women 25-29 1650 Yard Freestyle**

|                     |                             |                  |                  |
|---------------------|-----------------------------|------------------|------------------|
| *1 Foley, Jacquelyn | 26 Columbia Aquatic Masters | 18:40.17         | 13               |
| 30.29               | 1:03.41 (33.12)             | 1:37.66 (34.25)  | 2:11.52 (33.86)  |
| 2:45.18 (33.66)     | 3:19.62 (34.44)             | 3:54.10 (34.48)  | 4:27.81 (33.71)  |
| 5:02.20 (34.39)     | 5:36.34 (34.14)             | 6:11.17 (34.83)  | 6:45.35 (34.18)  |
| 7:19.46 (34.11)     | 7:53.63 (34.17)             | 8:27.69 (34.06)  | 9:01.21 (33.52)  |
| 9:35.51 (34.30)     | 10:09.64 (34.13)            | 10:43.56 (33.92) | 11:18.04 (34.48) |
| 11:52.71 (34.67)    | 12:27.29 (34.58)            | 13:01.33 (34.04) | 13:34.73 (33.40) |
| 14:08.69 (33.96)    | 14:42.76 (34.07)            | 15:17.42 (34.66) | 15:51.52 (34.10) |
| 16:25.10 (33.58)    | 16:58.86 (33.76)            | 17:32.91 (34.05) | 18:06.87 (33.96) |
|                     |                             |                  | 18:40.17 (33.30) |

**Event 24 Women 30-34 1650 Yard Freestyle**

|                      |                        |                  |                  |
|----------------------|------------------------|------------------|------------------|
| *1 Simmons, Michelle | 33 Federal Way Masters | 30:31.42         | 13               |
| 43.31                | 1:32.83 (49.52)        | 2:25.96 (53.13)  | 3:18.22 (52.26)  |
| 4:11.27 (53.05)      | 5:04.34 (53.07)        | 5:57.75 (53.41)  | 6:52.45 (54.70)  |
| 7:46.15 (53.70)      | 8:41.09 (54.94)        | 9:36.17 (55.08)  | 10:30.96 (54.79) |
| 11:26.54 (55.58)     | 12:21.99 (55.45)       | 13:18.33 (56.34) | 14:14.95 (56.62) |
| 15:11.64 (56.69)     | 16:08.56 (56.92)       | 17:05.80 (57.24) | 18:02.95 (57.15) |
| 19:00.42 (57.47)     | 19:57.34 (56.92)       | 20:54.17 (56.83) | 21:51.85 (57.68) |
| 22:49.36 (57.51)     | 23:47.76 (58.40)       | 24:46.78 (59.02) | 25:45.14 (58.36) |
| 26:43.29 (58.15)     | 27:41.33 (58.04)       | 28:39.03 (57.70) | 29:37.33 (58.30) |
|                      |                        |                  | 30:31.42 (54.09) |

**Event 24 Women 35-39 1650 Yard Freestyle**

|                   |                                 |                  |                  |
|-------------------|---------------------------------|------------------|------------------|
| *1 Lassen, Megan  | 37 Bellingham Masters Swim Team | 21:14.12         | 13               |
| 34.77             | 1:13.30 (38.53)                 | 1:52.33 (39.03)  | 2:31.41 (39.08)  |
| 3:10.70 (39.29)   | 3:49.74 (39.04)                 | 4:28.77 (39.03)  | 5:07.69 (38.92)  |
| 5:46.45 (38.76)   | 6:24.95 (38.50)                 | 7:03.86 (38.91)  | 7:42.69 (38.83)  |
| 8:21.81 (39.12)   | 9:00.82 (39.01)                 | 9:39.63 (38.81)  | 10:18.65 (39.02) |
| 10:57.64 (38.99)  | 11:37.12 (39.48)                | 12:15.75 (38.63) | 12:54.82 (39.07) |
| 13:33.95 (39.13)  | 14:12.40 (38.45)                | 14:51.19 (38.79) | 15:30.20 (39.01) |
| 16:08.58 (38.38)  | 16:46.80 (38.22)                | 17:25.62 (38.82) | 18:04.52 (38.90) |
| 18:43.41 (38.89)  | 19:22.22 (38.81)                | 20:00.08 (37.86) | 20:37.33 (37.25) |
|                   |                                 |                  | 21:14.12 (36.79) |
| 2 Singer, Shannon | 38 Skagit Valley YMCA           | 27:17.08         | 11               |
| 43.59             | 1:30.45 (46.86)                 | 2:18.75 (48.30)  | 3:07.59 (48.84)  |
| 3:57.26 (49.67)   | 4:46.94 (49.68)                 | 5:36.85 (49.91)  | 6:27.30 (50.45)  |
| 7:17.59 (50.29)   | 8:07.61 (50.02)                 | 8:57.52 (49.91)  | 9:46.92 (49.40)  |
| 10:36.21 (49.29)  | 11:25.81 (49.60)                | 12:16.03 (50.22) | 13:06.76 (50.73) |
| 13:57.15 (50.39)  | 14:47.93 (50.78)                | 15:38.12 (50.19) | 16:27.63 (49.51) |
| 17:18.20 (50.57)  | 18:08.23 (50.03)                | 18:58.78 (50.55) | 19:48.72 (49.94) |
| 20:38.64 (49.92)  | 21:29.12 (50.48)                | 22:19.12 (50.00) | 23:09.36 (50.24) |
| 24:00.13 (50.77)  | 24:50.34 (50.21)                | 25:40.83 (50.49) | 26:31.20 (50.37) |
|                   |                                 |                  | 27:17.08 (45.88) |

**Event 24 Women 40-44 1650 Yard Freestyle**

|                     |                        |                  |                  |
|---------------------|------------------------|------------------|------------------|
| 1 Kuykendall, Karen | 44 Federal Way Masters | 29:37.42         | 13               |
| 44.39               | 1:32.46 (48.07)        | 2:23.96 (51.50)  | 3:16.43 (52.47)  |
| 4:10.32 (53.89)     | 5:04.44 (54.12)        | 5:58.28 (53.84)  | 6:52.48 (54.20)  |
| 7:47.28 (54.80)     | 8:41.89 (54.61)        | 9:36.82 (54.93)  | 10:32.19 (55.37) |
| 11:26.27 (54.08)    | 12:20.20 (53.93)       | 13:14.69 (54.49) | 14:09.50 (54.81) |
| 15:04.50 (55.00)    | 15:59.35 (54.85)       | 16:54.65 (55.30) | 17:50.10 (55.45) |
| 18:44.96 (54.86)    | 19:40.31 (55.35)       | 20:34.75 (54.44) | 21:29.89 (55.14) |
| 22:25.02 (55.13)    | 23:20.18 (55.16)       | 24:15.57 (55.39) | 25:10.81 (55.24) |
| 26:05.64 (54.83)    | 27:02.10 (56.46)       | 27:55.73 (53.63) | 28:48.84 (53.11) |
|                     |                        |                  | 29:37.42 (48.58) |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results****(Event 24 Women 40-44 1650 Yard Freestyle)**

--- Reynolds, Ellen 43 Sawtooth Masters X18:49.78

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| 31.18            | 1:05.38 (34.20)  | 1:40.19 (34.81)  | 2:14.89 (34.70)  |                  |
| 2:49.26 (34.37)  | 3:23.70 (34.44)  | 3:58.40 (34.70)  | 4:32.81 (34.41)  |                  |
| 5:07.73 (34.92)  | 5:42.40 (34.67)  | 6:17.13 (34.73)  | 6:51.83 (34.70)  |                  |
| 7:26.80 (34.97)  | 8:01.57 (34.77)  | 8:36.26 (34.69)  | 9:10.85 (34.59)  |                  |
| 9:45.31 (34.46)  | 10:19.97 (34.66) | 10:54.86 (34.89) | 11:29.19 (34.33) |                  |
| 12:03.56 (34.37) | 12:37.69 (34.13) | 13:12.02 (34.33) | 13:46.34 (34.32) |                  |
| 14:20.43 (34.09) | 14:54.47 (34.04) | 15:28.48 (34.01) | 16:02.44 (33.96) |                  |
| 16:36.50 (34.06) | 17:10.40 (33.90) | 17:44.13 (33.73) | 18:17.48 (33.35) | 18:49.78 (32.30) |

**Event 24 Women 45-49 1650 Yard Freestyle**

\*1 Spencer, Lee 47 Federal Way Masters 28:42.69 13

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| 42.56            | 1:31.57 (49.01)  | 2:22.87 (51.30)  | 3:13.55 (50.68)  |                  |
| 4:04.85 (51.30)  | 4:57.97 (53.12)  | 5:50.70 (52.73)  | 6:44.90 (54.20)  |                  |
| 7:38.59 (53.69)  | 8:32.23 (53.64)  | 9:26.54 (54.31)  | 10:18.35 (51.81) |                  |
| 11:11.85 (53.50) | 12:04.32 (52.47) | 12:56.60 (52.28) | 13:49.83 (53.23) |                  |
| 14:41.82 (51.99) | 15:34.10 (52.28) | 16:27.30 (53.20) | 17:20.05 (52.75) |                  |
| 18:13.19 (53.14) | 19:06.96 (53.77) | 20:02.36 (55.40) | 20:55.53 (53.17) |                  |
| 21:48.35 (52.82) | 22:41.44 (53.09) | 23:33.79 (52.35) | 24:26.83 (53.04) |                  |
| 25:19.01 (52.18) | 26:10.22 (51.21) | 27:02.73 (52.51) | 27:54.95 (52.22) | 28:42.69 (47.74) |

**Event 24 Women 55-59 1650 Yard Freestyle**

\*1 Casey, Kathrine 59 Ft Steliacoom 24:12.17 13

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| 39.57            | 1:23.69 (44.12)  | 2:09.07 (45.38)  | 2:55.21 (46.14)  |                  |
| 3:40.76 (45.55)  | 4:25.75 (44.99)  | 5:10.13 (44.38)  | 5:55.16 (45.03)  |                  |
| 6:39.97 (44.81)  | 7:24.30 (44.33)  | 8:09.08 (44.78)  | 8:53.89 (44.81)  |                  |
| 9:38.79 (44.90)  | 10:23.86 (45.07) | 11:08.29 (44.43) | 11:52.37 (44.08) |                  |
| 12:36.85 (44.48) | 13:20.98 (44.13) | 14:04.81 (43.83) | 14:48.90 (44.09) |                  |
| 15:33.30 (44.40) | 16:16.67 (43.37) | 17:00.01 (43.34) | 17:43.33 (43.32) |                  |
| 18:26.57 (43.24) | 19:10.60 (44.03) | 19:53.76 (43.16) | 20:37.11 (43.35) |                  |
| 21:20.90 (43.79) | 22:04.47 (43.57) | 22:47.27 (42.80) | 23:30.08 (42.81) | 24:12.17 (42.09) |

**Event 24 Women 65-69 1650 Yard Freestyle**

\*1 Olson, Anne 69 Pna Unattached 28:15.86 13

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| 46.79            | 1:36.45 (49.66)  | 2:26.98 (50.53)  | 3:17.78 (50.80)  |                  |
| 4:08.67 (50.89)  | 4:59.99 (51.32)  | 5:51.55 (51.56)  | 6:42.80 (51.25)  |                  |
| 7:34.10 (51.30)  | 8:25.46 (51.36)  | 9:18.05 (52.59)  | 10:10.56 (52.51) |                  |
| 11:02.42 (51.86) | 11:54.24 (51.82) | 12:45.70 (51.46) | 13:37.07 (51.37) |                  |
| 14:28.65 (51.58) | 15:20.23 (51.58) | 16:12.17 (51.94) | 17:04.11 (51.94) |                  |
| 17:56.01 (51.90) | 18:47.46 (51.45) | 19:39.82 (52.36) | 20:31.94 (52.12) |                  |
| 21:24.11 (52.17) | 22:15.37 (51.26) | 23:07.77 (52.40) | 23:59.15 (51.38) |                  |
| 24:51.41 (52.26) | 25:43.42 (52.01) | 26:35.26 (51.84) | 27:26.92 (51.66) | 28:15.86 (48.94) |

**Event 24 Men 25-29 1650 Yard Freestyle**

\*1 Tremonte, Chris 27 Pro Sports Club 17:48.08 13

|                  |                  |                  |                  |                  |
|------------------|------------------|------------------|------------------|------------------|
| 27.46            | 57.98 (30.52)    | 1:29.53 (31.55)  | 2:01.66 (32.13)  |                  |
| 2:33.96 (32.30)  | 3:06.56 (32.60)  | 3:38.95 (32.39)  | 4:11.17 (32.22)  |                  |
| 4:43.52 (32.35)  | 5:16.25 (32.73)  | 5:48.94 (32.69)  | 6:21.75 (32.81)  |                  |
| 6:54.69 (32.94)  | 7:27.17 (32.48)  | 7:59.99 (32.82)  | 8:32.92 (32.93)  |                  |
| 9:05.83 (32.91)  | 9:38.53 (32.70)  | 10:11.28 (32.75) | 10:44.05 (32.77) |                  |
| 11:16.86 (32.81) | 11:49.60 (32.74) | 12:22.36 (32.76) | 12:54.92 (32.56) |                  |
| 13:27.72 (32.80) | 14:00.38 (32.66) | 14:33.33 (32.95) | 15:05.88 (32.55) |                  |
| 15:38.83 (32.95) | 16:11.68 (32.85) | 16:44.32 (32.64) | 17:16.92 (32.60) | 17:48.08 (31.16) |

**Event 24 Men 30-34 1650 Yard Freestyle**

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

\*1 Rosaria, Steven 33 Pro Sports Club 20:54.68 13

33.04 1:09.08 (36.04) 1:46.60 (37.52) 2:23.78 (37.18)  
 3:01.14 (37.36) 3:38.62 (37.48) 4:16.47 (37.85) 4:52.96 (36.49)  
 5:29.55 (36.59) 6:08.23 (38.68) 6:45.80 (37.57) 7:23.06 (37.26)  
 8:00.60 (37.54) 8:38.57 (37.97) 9:16.80 (38.23) 9:54.98 (38.18)  
 10:34.32 (39.34) 11:13.76 (39.44) 11:52.11 (38.35) 12:30.66 (38.55)  
 13:09.40 (38.74) 13:48.69 (39.29) 14:27.24 (38.55) 15:06.43 (39.19)  
 15:44.68 (38.25) 16:23.87 (39.19) 17:02.96 (39.09) 17:42.34 (39.38)  
 18:21.56 (39.22) 19:00.02 (38.46) 19:39.11 (39.09) 20:18.09 (38.98)

20:54.68 (36.59)

2 Cuthbert, David 34 Bainbridge Area Masters 25:03.30 11

38.45 1:22.41 (43.96) 2:08.10 (45.69) 2:52.12 (44.02)  
 3:37.98 (45.86) 4:24.10 (46.12) 5:10.27 (46.17) 5:55.62 (45.35)  
 6:41.71 (46.09) 7:27.42 (45.71) 8:12.90 (45.48) 8:59.45 (46.55)  
 9:46.05 (46.60) 10:32.32 (46.27) 11:19.03 (46.71) 12:06.30 (47.27)  
 12:53.79 (47.49) 13:40.38 (46.59) 14:27.26 (46.88) 15:14.69 (47.43)  
 16:01.82 (47.13) 16:48.56 (46.74) 17:34.93 (46.37) 18:21.23 (46.30)  
 19:06.83 (45.60) 19:53.97 (47.14) 20:38.78 (44.81) 21:25.88 (47.10)  
 22:10.78 (44.90) 22:54.55 (43.77) 23:39.66 (45.11) 24:23.75 (44.09)

25:03.30 (39.55)

**Event 24 Men 35-39 1650 Yard Freestyle**

1 Montgomery, Zac 36 Gold's Aquatic Masters 19:55.08 13

30.63 1:04.96 (34.33) 1:39.96 (35.00) 2:15.68 (35.72)  
 2:51.47 (35.79) 3:27.83 (36.36) 4:04.29 (36.46) 4:41.05 (36.76)  
 5:17.82 (36.77) 5:54.27 (36.45) 6:31.24 (36.97) 7:07.74 (36.50)  
 7:44.46 (36.72) 8:21.24 (36.78) 8:58.41 (37.17) 9:35.22 (36.81)  
 10:11.72 (36.50) 10:48.66 (36.94) 11:25.34 (36.68) 12:01.94 (36.60)  
 12:38.70 (36.76) 13:15.23 (36.53) 13:52.29 (37.06) 14:29.05 (36.76)  
 15:05.79 (36.74) 15:42.23 (36.44) 16:19.12 (36.89) 16:55.80 (36.68)  
 17:32.77 (36.97) 18:09.56 (36.79) 18:45.95 (36.39) 19:21.55 (35.60)

19:55.08 (33.53)

2 Margrave, David 37 Samena Club 20:31.73 11

34.00 1:10.02 (36.02) 1:47.10 (37.08) 2:24.44 (37.34)  
 3:01.42 (36.98) 3:38.55 (37.13) 4:15.68 (37.13) 4:52.67 (36.99)  
 5:30.07 (37.40) 6:07.63 (37.56) 6:45.15 (37.52) 7:22.03 (36.88)  
 7:58.70 (36.67) 8:36.13 (37.43) 9:13.92 (37.79) 9:51.66 (37.74)  
 10:29.14 (37.48) 11:06.77 (37.63) 11:44.45 (37.68) 12:22.04 (37.59)  
 12:59.93 (37.89) 13:37.97 (38.04) 14:17.02 (39.05) 14:55.65 (38.63)  
 15:33.46 (37.81) 16:11.24 (37.78) 16:49.08 (37.84) 17:27.41 (38.33)  
 18:05.62 (38.21) 18:42.84 (37.22) 19:20.26 (37.42) 19:57.07 (36.81)

20:31.73 (34.66)

--- Hartley, Michael 38 Hydropower Masters Swim Club X22:53.37

34.33 1:12.62 (38.29) 1:52.05 (39.43) 2:32.11 (40.06)  
 3:12.82 (40.71) 3:53.42 (40.60) 4:34.62 (41.20) 5:15.99 (41.37)  
 5:57.84 (41.85) 6:39.27 (41.43) 7:20.64 (41.37) 8:02.26 (41.62)  
 8:43.85 (41.59) 9:25.48 (41.63) 10:07.15 (41.67) 10:48.84 (41.69)  
 11:30.87 (42.03) 12:12.89 (42.02) 12:55.13 (42.24) 13:36.87 (41.74)  
 14:19.55 (42.68) 15:02.17 (42.62) 15:44.98 (42.81) 16:27.89 (42.91)  
 17:11.09 (43.20) 17:54.24 (43.15) 18:37.03 (42.79) 19:20.13 (43.10)  
 20:03.00 (42.87) 20:46.40 (43.40) 21:29.04 (42.64) 22:11.82 (42.78)

22:53.37 (41.55)

**Event 24 Men 45-49 1650 Yard Freestyle**

1 Schlemmer, Bob 48 Greenlake Aquaducks 19:59.96 13

32.27 1:08.00 (35.73) 1:44.92 (36.92) 2:21.84 (36.92)  
 2:59.19 (37.35) 3:36.75 (37.56) 4:14.12 (37.37) 4:51.25 (37.13)  
 5:28.28 (37.03) 6:05.34 (37.06) 6:42.59 (37.25) 7:19.05 (36.46)  
 7:55.75 (36.70) 8:32.47 (36.72) 9:09.40 (36.93) 9:46.03 (36.63)  
 10:22.74 (36.71) 10:59.62 (36.88) 11:36.39 (36.77) 12:13.16 (36.77)



**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                     |                        |                  |                  |                  |    |
|---------------------|------------------------|------------------|------------------|------------------|----|
| 12:49.96 (36.80)    | 13:26.71 (36.75)       | 14:03.19 (36.48) | 14:39.82 (36.63) |                  |    |
| 15:16.39 (36.57)    | 15:52.58 (36.19)       | 16:28.71 (36.13) | 17:04.98 (36.27) |                  |    |
| 17:40.89 (35.91)    | 18:16.74 (35.85)       | 18:52.30 (35.56) | 19:27.24 (34.94) | 19:59.96 (32.72) |    |
| 2 Schauffler, Kirby | 48 Middle Aged Marlins |                  |                  | 21:36.36         | 11 |
| 33.49               | 1:11.08 (37.59)        | 1:50.28 (39.20)  | 2:30.38 (40.10)  |                  |    |
| 3:10.85 (40.47)     | 3:50.99 (40.14)        | 4:31.47 (40.48)  | 5:11.72 (40.25)  |                  |    |
| 5:52.09 (40.37)     | 6:32.37 (40.28)        | 7:11.89 (39.52)  | 7:51.90 (40.01)  |                  |    |
| 8:31.99 (40.09)     | 9:11.80 (39.81)        | 9:51.45 (39.65)  | 10:31.00 (39.55) |                  |    |
| 11:10.66 (39.66)    | 11:50.23 (39.57)       | 12:29.45 (39.22) | 13:09.17 (39.72) |                  |    |
| 13:48.45 (39.28)    | 14:27.89 (39.44)       | 15:07.64 (39.75) | 15:46.88 (39.24) |                  |    |
| 16:25.99 (39.11)    | 17:05.30 (39.31)       | 17:44.79 (39.49) | 18:23.87 (39.08) |                  |    |
| 19:02.80 (38.93)    | 19:41.89 (39.09)       | 20:20.23 (38.34) | 20:58.67 (38.44) | 21:36.36 (37.69) |    |
| 3 Dybdahl, Eric     | 48 Federal Way Masters |                  |                  | 22:09.34         | 10 |
| 35.70               | 1:15.45 (39.75)        | 1:56.07 (40.62)  | 2:36.92 (40.85)  |                  |    |
| 3:17.92 (41.00)     | 3:58.09 (40.17)        | 4:37.82 (39.73)  | 5:17.56 (39.74)  |                  |    |
| 5:58.09 (40.53)     | 6:38.38 (40.29)        | 7:18.10 (39.72)  | 7:58.87 (40.77)  |                  |    |
| 8:39.20 (40.33)     | 9:19.79 (40.59)        | 10:00.63 (40.84) | 10:41.38 (40.75) |                  |    |
| 11:22.24 (40.86)    | 12:03.50 (41.26)       | 12:43.91 (40.41) | 13:24.46 (40.55) |                  |    |
| 14:05.00 (40.54)    | 14:45.08 (40.08)       | 15:25.43 (40.35) | 16:06.79 (41.36) |                  |    |
| 16:47.43 (40.64)    | 17:28.28 (40.85)       | 18:09.12 (40.84) | 18:50.53 (41.41) |                  |    |
| 19:31.57 (41.04)    | 20:12.53 (40.96)       | 20:52.81 (40.28) | 21:31.67 (38.86) | 22:09.34 (37.67) |    |
| 4 Huckabee, John    | 49 North End Otters    |                  |                  | 28:14.27         | 9  |
| 41.76               | 1:29.59 (47.83)        | 2:21.36 (51.77)  | 3:13.36 (52.00)  |                  |    |
| 4:05.54 (52.18)     | 4:57.90 (52.36)        | 5:49.94 (52.04)  | 6:42.11 (52.17)  |                  |    |
| 7:33.87 (51.76)     | 8:27.32 (53.45)        | 9:19.51 (52.19)  | 10:10.75 (51.24) |                  |    |
| 11:03.55 (52.80)    | 11:55.30 (51.75)       | 12:47.51 (52.21) | 13:39.59 (52.08) |                  |    |
| 14:31.64 (52.05)    | 15:24.73 (53.09)       | 16:16.76 (52.03) | 17:08.23 (51.47) |                  |    |
| 18:00.76 (52.53)    | 18:52.12 (51.36)       | 19:42.94 (50.82) | 20:34.80 (51.86) |                  |    |
| 21:26.80 (52.00)    | 22:19.03 (52.23)       | 23:11.89 (52.86) | 24:03.33 (51.44) |                  |    |
| 24:54.18 (50.85)    | 25:45.97 (51.79)       | 26:37.87 (51.90) | 27:28.54 (50.67) | 28:14.27 (45.73) |    |

**Event 24 Men 50-54 1650 Yard Freestyle**

|                   |                             |                  |                  |                  |    |
|-------------------|-----------------------------|------------------|------------------|------------------|----|
| 1 Cary, Dale      | 50 Everett Masters Swimmers |                  |                  | 20:18.21         | 13 |
| 35.12             | 1:12.39 (37.27)             | 1:50.48 (38.09)  | 2:27.92 (37.44)  |                  |    |
| 3:05.36 (37.44)   | 3:42.79 (37.43)             | 4:19.77 (36.98)  | 4:56.77 (37.00)  |                  |    |
| 5:33.27 (36.50)   | 6:10.14 (36.87)             | 6:47.07 (36.93)  | 7:24.05 (36.98)  |                  |    |
| 8:00.74 (36.69)   | 8:37.40 (36.66)             | 9:14.45 (37.05)  | 9:51.17 (36.72)  |                  |    |
| 10:28.01 (36.84)  | 11:05.03 (37.02)            | 11:41.69 (36.66) | 12:18.30 (36.61) |                  |    |
| 12:55.50 (37.20)  | 13:32.44 (36.94)            | 14:09.31 (36.87) | 14:46.22 (36.91) |                  |    |
| 15:23.46 (37.24)  | 16:00.70 (37.24)            | 16:37.89 (37.19) | 17:14.89 (37.00) |                  |    |
| 17:52.43 (37.54)  | 18:29.63 (37.20)            | 19:06.37 (36.74) | 19:43.18 (36.81) | 20:18.21 (35.03) |    |
| 2 Boleda, Orlando | 53 Bainbridge Area Masters  |                  |                  | 20:41.22         | 11 |
| 35.89             | 1:14.36 (38.47)             | 1:53.38 (39.02)  | 2:32.25 (38.87)  |                  |    |
| 3:10.94 (38.69)   | 3:49.43 (38.49)             | 4:28.56 (39.13)  | 5:06.24 (37.68)  |                  |    |
| 5:44.05 (37.81)   | 6:22.08 (38.03)             | 7:00.01 (37.93)  | 7:37.49 (37.48)  |                  |    |
| 8:15.73 (38.24)   | 8:53.32 (37.59)             | 9:30.98 (37.66)  | 10:08.77 (37.79) |                  |    |
| 10:46.18 (37.41)  | 11:23.53 (37.35)            | 12:01.29 (37.76) | 12:38.85 (37.56) |                  |    |
| 13:16.52 (37.67)  | 13:53.81 (37.29)            | 14:31.31 (37.50) | 15:08.22 (36.91) |                  |    |
| 15:45.76 (37.54)  | 16:23.08 (37.32)            | 17:01.27 (38.19) | 17:37.86 (36.59) |                  |    |
| 18:14.62 (36.76)  | 18:50.95 (36.33)            | 19:28.35 (37.40) | 20:05.25 (36.90) | 20:41.22 (35.97) |    |

**Event 24 Men 55-59 1650 Yard Freestyle**

|                  |                        |                 |                 |          |    |
|------------------|------------------------|-----------------|-----------------|----------|----|
| 1 Lautman, Scott | 55 Federal Way Masters |                 |                 | 19:11.24 | 13 |
| 32.67            | 1:07.83 (35.16)        | 1:43.76 (35.93) | 2:19.93 (36.17) |          |    |
| 2:55.34 (35.41)  | 3:30.65 (35.31)        | 4:05.36 (34.71) | 4:40.34 (34.98) |          |    |

**2008 Northwest Zone & PNA Champs - 4/12/2008 to 4/13/2008****Results**

|                         |  |                  |                  |                  |           |
|-------------------------|--|------------------|------------------|------------------|-----------|
| 5:15.27 (34.93)         | 5:49.89 (34.62)                        | 6:24.71 (34.82)  | 6:59.67 (34.96)  |                  |           |
| 7:34.26 (34.59)         | 8:08.86 (34.60)                        | 8:43.36 (34.50)  | 9:18.01 (34.65)  |                  |           |
| 9:52.49 (34.48)         | 10:27.06 (34.57)                       | 11:01.92 (34.86) | 11:36.35 (34.43) |                  |           |
| 12:10.88 (34.53)        | 12:45.38 (34.50)                       | 13:20.13 (34.75) | 13:54.69 (34.56) |                  |           |
| 14:29.17 (34.48)        | 15:03.96 (34.79)                       | 15:39.24 (35.28) | 16:14.00 (34.76) |                  |           |
| 16:48.69 (34.69)        | 17:24.25 (35.56)                       | 18:00.15 (35.90) | 18:36.03 (35.88) | 19:11.24 (35.21) |           |
| <b>2 Penn, William</b>  | <b>56 Tumwater Valley Aquatic Club</b> |                  |                  | <b>19:41.24</b>  | <b>11</b> |
| 33.82                   | 1:09.80 (35.98)                        | 1:46.03 (36.23)  | 2:22.44 (36.41)  |                  |           |
| 2:58.81 (36.37)         | 3:35.20 (36.39)                        | 4:11.19 (35.99)  | 4:47.37 (36.18)  |                  |           |
| 5:24.09 (36.72)         | 6:00.21 (36.12)                        | 6:36.71 (36.50)  | 7:12.36 (35.65)  |                  |           |
| 7:48.32 (35.96)         | 8:24.10 (35.78)                        | 8:59.94 (35.84)  | 9:36.14 (36.20)  |                  |           |
| 10:12.17 (36.03)        | 10:48.09 (35.92)                       | 11:24.14 (36.05) | 12:00.23 (36.09) |                  |           |
| 12:36.49 (36.26)        | 13:12.82 (36.33)                       | 13:48.40 (35.58) | 14:24.05 (35.65) |                  |           |
| 14:59.72 (35.67)        | 15:35.09 (35.37)                       | 16:11.15 (36.06) | 16:46.83 (35.68) |                  |           |
| 17:22.22 (35.39)        | 17:57.56 (35.34)                       | 18:32.71 (35.15) | 19:07.71 (35.00) | 19:41.24 (33.53) |           |
| <b>3 Carlton, Brian</b> | <b>58 Northshore Y's Guys</b>          |                  |                  | <b>23:27.30</b>  | <b>10</b> |
| 38.65                   | 1:21.63 (42.98)                        | 2:05.38 (43.75)  | 2:48.73 (43.35)  |                  |           |
| 3:31.81 (43.08)         | 4:15.44 (43.63)                        | 4:59.18 (43.74)  | 5:43.23 (44.05)  |                  |           |
| 6:26.67 (43.44)         | 7:10.07 (43.40)                        | 7:53.20 (43.13)  | 8:36.06 (42.86)  |                  |           |
| 9:18.52 (42.46)         | 10:01.44 (42.92)                       | 10:44.71 (43.27) | 11:27.60 (42.89) |                  |           |
| 12:10.15 (42.55)        | 12:53.16 (43.01)                       | 13:35.40 (42.24) | 14:18.68 (43.28) |                  |           |
| 15:01.57 (42.89)        | 15:43.89 (42.32)                       | 16:26.21 (42.32) | 17:08.47 (42.26) |                  |           |
| 17:51.16 (42.69)        | 18:34.00 (42.84)                       | 19:15.77 (41.77) | 19:58.44 (42.67) |                  |           |
| 20:40.88 (42.44)        | 21:23.16 (42.28)                       | 22:05.18 (42.02) | 22:46.51 (41.33) | 23:27.30 (40.79) |           |
| <b>4 Hansen, Ron</b>    | <b>58 Skagit Valley YMCA</b>           |                  |                  | <b>26:52.86</b>  | <b>9</b>  |
| 43.39                   | 1:29.71 (46.32)                        | 2:15.90 (46.19)  | 3:04.13 (48.23)  |                  |           |
| 3:50.74 (46.61)         | 4:37.86 (47.12)                        | 5:26.72 (48.86)  | 6:15.87 (49.15)  |                  |           |
| 7:03.50 (47.63)         | 7:52.25 (48.75)                        | 8:41.14 (48.89)  | 9:30.20 (49.06)  |                  |           |
| 10:19.70 (49.50)        | 11:07.45 (47.75)                       | 11:56.67 (49.22) | 12:46.14 (49.47) |                  |           |
| 13:35.77 (49.63)        | 14:25.47 (49.70)                       | 15:15.01 (49.54) | 16:05.07 (50.06) |                  |           |
| 16:54.74 (49.67)        | 17:44.62 (49.88)                       | 18:34.56 (49.94) | 19:24.58 (50.02) |                  |           |
| 20:14.94 (50.36)        | 21:05.48 (50.54)                       | 21:55.98 (50.50) | 22:46.26 (50.28) |                  |           |
| 23:36.55 (50.29)        | 24:26.76 (50.21)                       | 25:17.15 (50.39) | 26:06.96 (49.81) | 26:52.86 (45.90) |           |

**Event 24 Men 65-69 1650 Yard Freestyle**

|                        |                                   |                  |                  |                  |           |
|------------------------|-----------------------------------|------------------|------------------|------------------|-----------|
| <b>1 Smith, Melvin</b> | <b>65 Briggs YMCA Master Swim</b> |                  |                  | <b>24:25.86</b>  | <b>13</b> |
| 39.45                  | 1:22.50 (43.05)                   | 2:07.69 (45.19)  | 2:52.92 (45.23)  |                  |           |
| 3:38.00 (45.08)        | 4:21.93 (43.93)                   | 5:07.29 (45.36)  | 5:51.54 (44.25)  |                  |           |
| 6:35.67 (44.13)        | 7:20.22 (44.55)                   | 8:04.56 (44.34)  | 8:49.23 (44.67)  |                  |           |
| 9:34.40 (45.17)        | 10:18.53 (44.13)                  | 11:03.63 (45.10) | 11:48.15 (44.52) |                  |           |
| 12:32.69 (44.54)       | 13:17.58 (44.89)                  | 14:02.49 (44.91) | 14:47.63 (45.14) |                  |           |
| 15:32.23 (44.60)       | 16:16.74 (44.51)                  | 17:04.27 (47.53) | 17:49.43 (45.16) |                  |           |
| 18:34.24 (44.81)       | 19:18.35 (44.11)                  | 20:03.22 (44.87) | 20:47.19 (43.97) |                  |           |
| 21:31.24 (44.05)       | 22:15.34 (44.10)                  | 23:00.17 (44.83) | 23:43.75 (43.58) | 24:25.86 (42.11) |           |
| <b>--- Landis, Tom</b> | <b>66 Oregon Masters</b>          |                  |                  | <b>X19:38.26</b> |           |
| 32.36                  | 1:07.75 (35.39)                   | 1:44.49 (36.74)  | 2:20.68 (36.19)  |                  |           |
| 2:56.81 (36.13)        | 3:32.50 (35.69)                   | 4:08.33 (35.83)  | 4:44.17 (35.84)  |                  |           |
| 5:19.76 (35.59)        | 5:55.74 (35.98)                   | 6:31.42 (35.68)  | 7:07.57 (36.15)  |                  |           |
| 7:43.54 (35.97)        | 8:19.73 (36.19)                   | 8:55.90 (36.17)  | 9:32.12 (36.22)  |                  |           |
| 10:08.41 (36.29)       | 10:44.82 (36.41)                  | 11:20.86 (36.04) | 11:56.26 (35.40) |                  |           |
| 12:33.48 (37.22)       | 13:09.74 (36.26)                  | 13:45.80 (36.06) | 14:21.33 (35.53) |                  |           |
| 14:57.19 (35.86)       | 15:33.23 (36.04)                  | 16:09.42 (36.19) | 16:44.94 (35.52) |                  |           |
| 17:20.28 (35.34)       | 17:56.07 (35.79)                  | 18:30.89 (34.82) | 19:05.41 (34.52) | 19:38.26 (32.85) |           |