

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Women 18-24 50 Yard Freestyle**

Name	Age	Team	Finals Time
6 Pierce, Shona D	23	Pacific Northwest Aquatics	25.49
12 Dowdle, Angela M	19	Pacific Northwest Aquatics	27.39
16 Mar, Emiko	21	Pacific Northwest Aquatics	29.26

Women 18-24 100 Yard Freestyle

8 Dowdle, Angela M	19	Pacific Northwest Aquatics	59.90
	28.93	59.90 (30.97)	
12 Hillis, Tinnel N	19	Pacific Northwest Aquatics	1:08.95
	32.31	1:08.95 (36.64)	

Women 18-24 200 Yard Freestyle

4 Pierce, Shona D	23	Pacific Northwest Aquatics	2:07.90
	28.69	1:01.39 (32.70)	1:34.48 (33.09)
5 Dowdle, Angela M	19	Pacific Northwest Aquatics	2:08.06
	30.20	1:02.49 (32.29)	1:35.39 (32.90)
			2:08.06 (32.67)

Women 18-24 500 Yard Freestyle

4 Dowdle, Angela M	19	Pacific Northwest Aquatics	5:52.60
	32.11	1:08.93 (36.82)	1:45.48 (36.55)
	2:56.81 (35.29)	3:32.62 (35.81)	4:08.32 (35.70)
	5:19.01 (34.98)	5:52.60 (33.59)	2:21.52 (36.04)
			4:44.03 (35.71)

Women 18-24 50 Yard Backstroke

2 Pierce, Shona D	23	Pacific Northwest Aquatics	28.57
8 Naylor, Elisha M	21	Pacific Northwest Aquatics	32.94

Women 18-24 100 Yard Backstroke

3 Pierce, Shona D	23	Pacific Northwest Aquatics	1:03.72
	30.63	1:03.72 (33.09)	
14 Naylor, Elisha M	21	Pacific Northwest Aquatics	1:14.44
	36.51	1:14.44 (37.93)	

Women 18-24 200 Yard Backstroke

7 Naylor, Elisha M	21	Pacific Northwest Aquatics	2:38.71
	36.27	1:16.78 (40.51)	1:58.41 (41.63)
			2:38.71 (40.30)

Women 18-24 50 Yard Breaststroke

9 Riordan, Anne	20	Pacific Northwest Aquatics	38.74
10 Melseth, Ashley B	21	Pacific Northwest Aquatics	40.42

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Women 18-24 100 Yard Breaststroke**

3	Pierce, Shona D	23	Pacific Northwest Aquatics	1:11.09
	33.78	1:11.09 (37.31)		
8	Riordan, Anne	20	Pacific Northwest Aquatics	1:24.27
	39.14	1:24.27 (45.13)		
9	Melseth, Ashley B	21	Pacific Northwest Aquatics	1:26.26
	41.00	1:26.26 (45.26)		

Women 18-24 200 Yard Breaststroke

4	Riordan, Anne	20	Pacific Northwest Aquatics	3:04.08
	40.34	1:27.09 (46.75)	2:16.96 (49.87)	3:04.08 (47.12)

Women 18-24 50 Yard Butterfly

13	Hillis, Tinnel N	19	Pacific Northwest Aquatics	31.19
14	Dowdle, Angela M	19	Pacific Northwest Aquatics	31.25
16	Mar, Emiko	21	Pacific Northwest Aquatics	31.88

Women 18-24 100 Yard Butterfly

11	Hillis, Tinnel N	19	Pacific Northwest Aquatics	1:13.59
	33.11	1:13.59 (40.48)		

Women 18-24 100 Yard IM

3	Pierce, Shona D	23	Pacific Northwest Aquatics	1:03.04
	28.35	1:03.04 (34.69)		
16	Melseth, Ashley B	21	Pacific Northwest Aquatics	1:17.01
	35.77	1:17.01 (41.24)		
17	Mar, Emiko	21	Pacific Northwest Aquatics	1:17.88
	34.22	1:17.88 (43.66)		

Women 18-24 200 Yard IM

6	Dowdle, Angela M	19	Pacific Northwest Aquatics	2:35.77
	33.26	1:14.47 (41.21)	1:59.92 (45.45)	2:35.77 (35.85)

Women 30-34 500 Yard Freestyle

19	Lesh, Robin M	30	Pacific Northwest Aquatics	7:32.83
	40.25	1:24.94 (44.69)	2:10.85 (45.91)	2:56.93 (46.08)
	3:43.43 (46.50)	4:30.15 (46.72)	5:16.72 (46.57)	6:03.58 (46.86)
	6:50.59 (47.01)	7:32.83 (42.24)		

Women 30-34 50 Yard Butterfly

33	Lesh, Robin M	30	Pacific Northwest Aquatics	40.69
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2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Women 30-34 100 Yard IM**

24	Lesh, Robin M	30	Pacific Northwest Aquatics	1:28.22
	41.13	1:28.22 (47.09)		

Women 40-44 500 Yard Freestyle

26	Quistorf, Renee	43	Pacific Northwest Aquatics	6:44.50
	37.51	1:17.98 (40.47)	2:00.39 (42.41)	2:42.29 (41.90)
	3:23.41 (41.12)	4:04.97 (41.56)	4:46.67 (41.70)	5:27.25 (40.58)
	6:07.96 (40.71)	6:44.50 (36.54)		

Women 40-44 50 Yard Backstroke

17	Johnson, Anne T Peters	43	Pacific Northwest Aquatics	31.84
25	Bernhard, Anne E	43	Pacific Northwest Aquatics	33.93

Women 40-44 100 Yard Backstroke

16	Johnson, Anne T Peters	43	Pacific Northwest Aquatics	1:09.84
	33.52	1:09.84 (36.32)		
---	Bernhard, Anne E	43	Pacific Northwest Aquatics	NS

Women 40-44 200 Yard Backstroke

21	Bernhard, Anne E	43	Pacific Northwest Aquatics	2:43.46
	37.73	1:17.95 (40.22)	1:59.37 (41.42)	2:43.46 (44.09)
24	Quistorf, Renee	43	Pacific Northwest Aquatics	2:47.78
	40.24	1:22.49 (42.25)	2:05.76 (43.27)	2:47.78 (42.02)

Women 40-44 50 Yard Butterfly

23	Bernhard, Anne E	43	Pacific Northwest Aquatics	31.09
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Women 40-44 100 Yard IM

33	Bernhard, Anne E	43	Pacific Northwest Aquatics	1:14.43
	32.57	1:14.43 (41.86)		

Women 40-44 200 Yard IM

21	Quistorf, Renee	43	Pacific Northwest Aquatics	2:55.91
	37.20	1:21.93 (44.73)	2:14.39 (52.46)	2:55.91 (41.52)
---	Bernhard, Anne E	43	Pacific Northwest Aquatics	NS

Women 50-54 50 Yard Freestyle

5	Lippold, Mary B	52	Pacific Northwest Aquatics	26.72
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Women 50-54 100 Yard Freestyle

5	Lippold, Mary B	52	Pacific Northwest Aquatics	58.73
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2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results**

28.48 58.73 (30.25)

Women 50-54 200 Yard Freestyle

5 Lippold, Mary B 52 Pacific Northwest Aquatics 2:10.34

31.25 1:04.52 (33.27) 1:38.21 (33.69) 2:10.34 (32.13)

Women 50-54 1000 Yard Freestyle

3 Lippold, Mary B 52 Pacific Northwest Aquatics 12:09.50

32.37 1:07.47 (35.10) 1:43.91 (36.44) 2:20.41 (36.50)

2:57.05 (36.64) 3:33.60 (36.55) 4:10.20 (36.60) 4:46.85 (36.65)

5:23.55 (36.70) 6:00.89 (37.34) 6:37.86 (36.97) 7:14.96 (37.10)

7:52.33 (37.37) 8:29.44 (37.11) 9:06.47 (37.03) 9:43.27 (36.80)

10:20.11 (36.84) 10:57.03 (36.92) 11:33.57 (36.54) 12:09.50 (35.93)

13 O'Leary, Robin C 50 Pacific Northwest Aquatics 13:42.94

39.74 1:21.63 (41.89) 2:03.13 (41.50) 2:44.81 (41.68)

3:26.49 (41.68) 4:08.50 (42.01) 4:50.04 (41.54) 5:31.63 (41.59)

6:13.31 (41.68) 6:55.43 (42.12) 7:36.64 (41.21) 8:18.15 (41.51)

8:59.29 (41.14) 9:40.43 (41.14) 10:22.12 (41.69) 11:03.31 (41.19)

11:44.50 (41.19) 12:25.32 (40.82) 13:04.72 (39.40) 13:42.94 (38.22)

Women 50-54 50 Yard Backstroke

8 O'Leary, Robin C 50 Pacific Northwest Aquatics 32.73

Women 50-54 100 Yard Backstroke

10 O'Leary, Robin C 50 Pacific Northwest Aquatics 1:11.64

35.64 1:11.64 (36.00)

13 Jaeger, Dawn 51 Pacific Northwest Aquatics 1:15.06

37.15 1:15.06 (37.91)

Women 50-54 200 Yard Backstroke

9 Cooley, Cathy L 50 Pacific Northwest Aquatics 2:32.53

37.25 1:15.68 (38.43) 1:53.70 (38.02) 2:32.53 (38.83)

--- Jaeger, Dawn 51 Pacific Northwest Aquatics NS

Women 50-54 50 Yard Breaststroke

6 Cooley, Cathy L 50 Pacific Northwest Aquatics 36.02

Women 50-54 100 Yard Breaststroke

7 O'Leary, Robin C 50 Pacific Northwest Aquatics 1:20.69

39.26 1:20.69 (41.43)

Women 50-54 200 Yard Breaststroke

4 Cooley, Cathy L 50 Pacific Northwest Aquatics 2:52.36

38.31 1:22.29 (43.98) 2:06.51 (44.22) 2:52.36 (45.85)

Women 50-54 50 Yard Butterfly

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10	O'Leary, Robin C	50	Pacific Northwest Aquatics					30.11
Women 50-54 100 Yard Butterfly								
2	Lippold, Mary B	52	Pacific Northwest Aquatics					1:05.11
	30.85	1:05.11 (34.26)						
9	Jaeger, Dawn	51	Pacific Northwest Aquatics					1:14.30
	34.06	1:14.30 (40.24)						
Women 50-54 200 Yard Butterfly								
4	Lippold, Mary B	52	Pacific Northwest Aquatics					2:33.41
	34.37	1:13.51 (39.14)	1:53.33 (39.82)	2:33.41 (40.08)				
Women 50-54 100 Yard IM								
11	Cooley, Cathy L	50	Pacific Northwest Aquatics					1:10.86
	33.52	1:10.86 (37.34)						
20	Jaeger, Dawn	51	Pacific Northwest Aquatics					1:16.00
	34.77	1:16.00 (41.23)						
Women 50-54 200 Yard IM								
7	Cooley, Cathy L	50	Pacific Northwest Aquatics					2:32.93
	34.05	1:13.62 (39.57)	1:57.79 (44.17)	2:32.93 (35.14)				
---	Jaeger, Dawn	51	Pacific Northwest Aquatics					NS
Women 50-54 400 Yard IM								
---	Jaeger, Dawn	51	Pacific Northwest Aquatics					DQ
	Non-simultaneous touch - breast							
	34.98	1:15.41 (40.43)	2:00.46 (45.05)	2:44.17 (43.71)				
	3:36.71 (52.54)	4:30.58 (53.87)	5:13.77 (43.19)	DQ (41.63)				
---	Cooley, Cathy L	50	Pacific Northwest Aquatics					SCR
Women 55-59 50 Yard Freestyle								
14	Blackburn, Jean L	56	Pacific Northwest Aquatics					32.67
Women 55-59 500 Yard Freestyle								
9	Casey, Kathrine J	59	Pacific Northwest Aquatics					6:58.11
	38.95	1:21.33 (42.38)	2:03.77 (42.44)	2:46.33 (42.56)				
	3:28.83 (42.50)	4:11.02 (42.19)	4:52.76 (41.74)	5:35.17 (42.41)				
	6:17.26 (42.09)	6:58.11 (40.85)						
Women 55-59 50 Yard Backstroke								
7	Casey, Kathrine J	59	Pacific Northwest Aquatics					40.36
Women 55-59 100 Yard Backstroke								
12	Casey, Kathrine J	59	Pacific Northwest Aquatics					1:26.12

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results**

42.57 1:26.12 (43.55)

Women 55-59 50 Yard Breaststroke

3 Jaunzeme, Andra 55 Pacific Northwest Aquatics 36.21

Women 55-59 100 Yard Breaststroke

2 Jaunzeme, Andra 55 Pacific Northwest Aquatics 1:18.23

36.89 1:18.23 (41.34)

Women 55-59 200 Yard Breaststroke

1 Jaunzeme, Andra 55 Pacific Northwest Aquatics 2:50.32

11 Casey, Kathrine J 59 Pacific Northwest Aquatics 3:37.61

37.70 1:19.69 (41.99) 2:04.41 (44.72) 2:50.32 (45.91)
50.12 1:45.20 (55.08) 2:41.09 (55.89) 3:37.61 (56.52)**Women 55-59 50 Yard Butterfly**

9 Blackburn, Jean L 56 Pacific Northwest Aquatics 36.45

Women 55-59 100 Yard Butterfly

6 Blackburn, Jean L 56 Pacific Northwest Aquatics 1:29.75

7 Casey, Kathrine J 59 Pacific Northwest Aquatics 1:33.01

39.63 1:29.75 (50.12)
44.60 1:33.01 (48.41)**Women 55-59 200 Yard Butterfly**

3 Casey, Kathrine J 59 Pacific Northwest Aquatics 3:20.67

48.32 1:39.31 (50.99) 2:30.05 (50.74) 3:20.67 (50.62)

Women 55-59 100 Yard IM

1 Jaunzeme, Andra 55 Pacific Northwest Aquatics 1:11.11

11 Blackburn, Jean L 56 Pacific Northwest Aquatics 1:26.14

33.41 1:11.11 (37.70)
41.67 1:26.14 (44.47)**Women 55-59 200 Yard IM**

1 Jaunzeme, Andra 55 Pacific Northwest Aquatics 2:34.74

32.88 1:12.08 (39.20) 1:57.07 (44.99) 2:34.74 (37.67)

Women 60-64 50 Yard Freestyle

6 Dillon, Sally A 61 Pacific Northwest Aquatics 31.40

Women 60-64 100 Yard Freestyle

3 Dillon, Sally A 61 Pacific Northwest Aquatics 1:07.28

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32.86 1:07.28 (34.42)

Women 60-64 200 Yard Freestyle

2 Dillon, Sally A 61 Pacific Northwest Aquatics 2:26.00

33.13 1:09.56 (36.43) 1:47.57 (38.01) 2:26.00 (38.43)

Women 60-64 1650 Yard Freestyle

1 Dillon, Sally A 61 Pacific Northwest Aquatics 23:48.71

34.75	1:14.23 (39.48)	1:55.46 (41.23)	2:37.81 (42.35)	
3:20.38 (42.57)	4:03.89 (43.51)	4:47.47 (43.58)	5:31.13 (43.66)	
6:14.90 (43.77)	6:58.95 (44.05)	7:43.16 (44.21)	8:26.45 (43.29)	
9:11.00 (44.55)	9:54.92 (43.92)	10:38.91 (43.99)	11:23.17 (44.26)	
12:07.26 (44.09)	12:51.36 (44.10)	13:35.39 (44.03)	14:19.32 (43.93)	
15:03.44 (44.12)	15:47.33 (43.89)	16:30.58 (43.25)	17:13.79 (43.21)	
17:57.50 (43.71)	18:41.84 (44.34)	19:26.06 (44.22)	20:12.13 (46.07)	
20:56.15 (44.02)	21:40.44 (44.29)	22:24.24 (43.80)	23:06.88 (42.64)	23:48.71 (41.83)

Women 60-64 50 Yard Breaststroke

4 Dillon, Sally A 61 Pacific Northwest Aquatics 40.19

Women 60-64 100 Yard Breaststroke

5 Dillon, Sally A 61 Pacific Northwest Aquatics 1:30.64

41.91 1:30.64 (48.73)

Women 75-79 50 Yard Freestyle

2 Gladwell, Gail A 76 Pacific Northwest Aquatics 56.06

Women 75-79 100 Yard Freestyle

2 Gladwell, Gail A 76 Pacific Northwest Aquatics 2:06.24

57.40 2:06.24 (1:08.84)

Women 75-79 50 Yard Breaststroke

2 Gladwell, Gail A 76 Pacific Northwest Aquatics 1:01.76

Women 75-79 100 Yard Breaststroke

4 Gladwell, Gail A 76 Pacific Northwest Aquatics 2:22.77

1:06.20 2:22.77 (1:16.57)

Women 75-79 100 Yard IM

2 Gladwell, Gail A 76 Pacific Northwest Aquatics 2:22.70

1:08.98 2:22.70 (1:13.72)

Women 80-84 50 Yard Freestyle

2 Phillips, Bernice M 80 Pacific Northwest Aquatics 56.42

Women 80-84 100 Yard Freestyle

2 Phillips, Bernice M 80 Pacific Northwest Aquatics 2:15.11

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results**

1:00.84 2:15.11 (1:14.27)

Women 80-84 50 Yard Backstroke

1 Phillips, Bernice M 80 Pacific Northwest Aquatics 51.82

Women 80-84 100 Yard Backstroke

2 Phillips, Bernice M 80 Pacific Northwest Aquatics 2:02.60

1:00.03 2:02.60 (1:02.57)

Women 80-84 200 Yard Backstroke

--- Phillips, Bernice M 80 Pacific Northwest Aquatics NS

Women 80-84 100 Yard IM

--- Phillips, Bernice M 80 Pacific Northwest Aquatics DQ

Alternating Kick - fly

1:12.30 DQ (1:27.29)

Men 18-24 50 Yard Freestyle

2 Goldman, Brian M 22 Pacific Northwest Aquatics 21.04

11 Fanning, Mark A 22 Pacific Northwest Aquatics 22.62

22 Dewey, Ryan L 19 Pacific Northwest Aquatics 25.98

Men 18-24 100 Yard Freestyle

11 Fanning, Mark A 22 Pacific Northwest Aquatics 51.41

23.78 51.41 (27.63)

15 Dewey, Ryan L 19 Pacific Northwest Aquatics 57.88

27.54 57.88 (30.34)

Men 18-24 50 Yard Backstroke

3 Fanning, Mark A 22 Pacific Northwest Aquatics 26.08

8 Dewey, Ryan L 19 Pacific Northwest Aquatics 31.13

Men 18-24 100 Yard Backstroke

5 Fanning, Mark A 22 Pacific Northwest Aquatics 57.69

27.37 57.69 (30.32)

12 Dewey, Ryan L 19 Pacific Northwest Aquatics 1:07.47

31.61 1:07.47 (35.86)

Men 18-24 200 Yard Backstroke

5 Fanning, Mark A 22 Pacific Northwest Aquatics 2:07.60

29.97 1:02.29 (32.32) 1:36.23 (33.94) 2:07.60 (31.37)

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 18-24 50 Yard Breaststroke**

10 Ito, Shingo 24 Pacific Northwest Aquatics 30.40

Men 18-24 50 Yard Butterfly

14 Ito, Shingo 24 Pacific Northwest Aquatics 27.06

16 Dewey, Ryan L 19 Pacific Northwest Aquatics 29.53

Men 18-24 100 Yard Butterfly

10 Ito, Shingo 24 Pacific Northwest Aquatics 59.47

27.01 59.47 (32.46)

Men 18-24 100 Yard IM

19 Ito, Shingo 24 Pacific Northwest Aquatics 1:03.10

28.83 1:03.10 (34.27)

Men 30-34 50 Yard Freestyle

--- Linderman, Ross A 31 Pacific Northwest Aquatics NS

Men 30-34 100 Yard Freestyle

--- Linderman, Ross A 31 Pacific Northwest Aquatics NS

Men 30-34 200 Yard Freestyle

--- Linderman, Ross A 31 Pacific Northwest Aquatics NS

Men 30-34 500 Yard Freestyle

--- Linderman, Ross A 31 Pacific Northwest Aquatics SCR

Men 30-34 50 Yard Butterfly

--- Linderman, Ross A 31 Pacific Northwest Aquatics NS

Men 30-34 100 Yard IM

--- Linderman, Ross A 31 Pacific Northwest Aquatics NS

Men 35-39 200 Yard Freestyle

15 Nelson, Kirk E 37 Pacific Northwest Aquatics 1:50.13

26.24 54.11 (27.87) 1:22.18 (28.07) 1:50.13 (27.95)

Men 35-39 500 Yard Freestyle

3 Nelson, Kirk E 37 Pacific Northwest Aquatics 5:00.37

27.24 56.70 (29.46) 1:26.78 (30.08) 1:56.94 (30.16)
2:27.37 (30.43) 2:57.81 (30.44) 3:28.45 (30.64) 3:59.46 (31.01)
4:30.36 (30.90) 5:00.37 (30.01)

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 35-39 1650 Yard Freestyle**

1	Nelson, Kirk E	37	Pacific Northwest Aquatics					17:16.07
	28.81	59.81 (31.00)	1:30.77 (30.96)	2:02.10 (31.33)				
	2:33.66 (31.56)	3:05.34 (31.68)	3:37.14 (31.80)	4:08.92 (31.78)				
	4:40.43 (31.51)	5:12.05 (31.62)	5:44.09 (32.04)	6:15.99 (31.90)				
	6:47.93 (31.94)	7:19.94 (32.01)	7:51.91 (31.97)	8:23.89 (31.98)				
	8:55.43 (31.54)	9:27.12 (31.69)	9:58.57 (31.45)	10:29.97 (31.40)				
	11:01.74 (31.77)	11:33.52 (31.78)	12:05.11 (31.59)	12:36.59 (31.48)				
	13:07.84 (31.25)	13:39.44 (31.60)	14:11.08 (31.64)	14:42.40 (31.32)				
	15:13.77 (31.37)	15:44.86 (31.09)	16:16.09 (31.23)	16:46.93 (30.84)	17:16.07 (29.14)			

Men 35-39 200 Yard Butterfly

5	Nelson, Kirk E	37	Pacific Northwest Aquatics					2:06.72
	28.21	1:00.21 (32.00)	1:33.74 (33.53)	2:06.72 (32.98)				

Men 35-39 200 Yard IM

10	Nelson, Kirk E	37	Pacific Northwest Aquatics					2:07.44
	27.19	1:00.71 (33.52)	1:38.92 (38.21)	2:07.44 (28.52)				

Men 35-39 400 Yard IM

5	Nelson, Kirk E	37	Pacific Northwest Aquatics					4:28.73
	28.08	59.53 (31.45)	1:35.47 (35.94)	2:10.28 (34.81)				
	2:49.69 (39.41)	3:29.08 (39.39)	4:00.11 (31.03)	4:28.73 (28.62)				

Men 40-44 50 Yard Freestyle

25	Nygren, Mats O	41	Pacific Northwest Aquatics					22.92
43	Kays, David E	40	Pacific Northwest Aquatics					23.90

Men 40-44 100 Yard Freestyle

26	Kays, David E	40	Pacific Northwest Aquatics					50.79
	24.25	50.79 (26.54)						
---	Nygren, Mats O	41	Pacific Northwest Aquatics					NS
---	Bergsbaken, Joel A	40	Pacific Northwest Aquatics					NS

Men 40-44 200 Yard Freestyle

7	Nygren, Mats O	41	Pacific Northwest Aquatics					1:47.98
	24.72	52.26 (27.54)	1:20.29 (28.03)	1:47.98 (27.69)				
11	Kays, David E	40	Pacific Northwest Aquatics					1:49.06
	25.47	53.24 (27.77)	1:21.20 (27.96)	1:49.06 (27.86)				

Men 40-44 500 Yard Freestyle

3	Kays, David E	40	Pacific Northwest Aquatics					4:52.47
	26.29	55.04 (28.75)	1:24.54 (29.50)	1:54.51 (29.97)				
	2:24.53 (30.02)	2:54.59 (30.06)	3:24.31 (29.72)	3:54.09 (29.78)				
	4:23.87 (29.78)	4:52.47 (28.60)						

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5 Nygren, Mats O 41 Pacific Northwest Aquatics 4:58.58

27.01 56.42 (29.41) 1:26.31 (29.89) 1:56.94 (30.63)
 2:27.73 (30.79) 2:58.43 (30.70) 3:29.16 (30.73) 3:59.81 (30.65)
 4:30.08 (30.27) 4:58.58 (28.50)

Men 40-44 1000 Yard Freestyle

1 Kays, David E 40 Pacific Northwest Aquatics 10:02.58

26.34 55.30 (28.96) 1:24.88 (29.58) 1:54.98 (30.10)
 2:25.14 (30.16) 2:55.39 (30.25) 3:25.69 (30.30) 3:56.03 (30.34)
 4:26.51 (30.48) 4:56.84 (30.33) 5:27.24 (30.40) 5:57.77 (30.53)
 6:28.74 (30.97) 6:59.66 (30.92) 7:30.63 (30.97) 8:01.64 (31.01)
 8:32.11 (30.47) 9:02.81 (30.70) 9:33.19 (30.38) 10:02.58 (29.39)

Men 40-44 100 Yard Backstroke

6 Nygren, Mats O 41 Pacific Northwest Aquatics 57.26

28.27 57.26 (28.99)

Men 40-44 200 Yard Backstroke

5 Nygren, Mats O 41 Pacific Northwest Aquatics 2:04.95

29.08 1:01.19 (32.11) 1:33.66 (32.47) 2:04.95 (31.29)

Men 40-44 50 Yard Breaststroke

--- Bergsbaken, Joel A 40 Pacific Northwest Aquatics NS

Men 40-44 100 Yard IM

--- Bergsbaken, Joel A 40 Pacific Northwest Aquatics NS

Men 40-44 400 Yard IM

7 Kays, David E 40 Pacific Northwest Aquatics 4:26.66

28.09 59.56 (31.47) 1:36.57 (37.01) 2:13.11 (36.54)
 2:51.16 (38.05) 3:28.99 (37.83) 3:58.50 (29.51) 4:26.66 (28.16)

Men 45-49 50 Yard Freestyle

36 Swanson, Victor B 48 Pacific Northwest Aquatics 23.59

40 Valley, Eric S 46 Pacific Northwest Aquatics 23.90

52 Nalli, Lyle A 48 Pacific Northwest Aquatics 24.37

Men 45-49 100 Yard Freestyle

35 Nalli, Lyle A 48 Pacific Northwest Aquatics 53.69

25.87 53.69 (27.82)
 54 Littlefield, James R 47 Pacific Northwest Aquatics 59.23

27.95 59.23 (31.28)
 --- Valley, Eric S 46 Pacific Northwest Aquatics NS

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21	Valley, Eric S	46	Pacific Northwest Aquatics		1:54.11
	26.88	55.79 (28.91)	1:24.82 (29.03)	1:54.11 (29.29)	
22	Nalli, Lyle A	48	Pacific Northwest Aquatics		1:54.27
	26.42	55.22 (28.80)	1:24.67 (29.45)	1:54.27 (29.60)	

Men 45-49 500 Yard Freestyle

13	Valley, Eric S	46	Pacific Northwest Aquatics		5:15.38
	29.00	1:01.27 (32.27)	1:33.49 (32.22)	2:06.12 (32.63)	
	2:38.59 (32.47)	3:10.99 (32.40)	3:43.14 (32.15)	4:14.47 (31.33)	
	4:45.68 (31.21)	5:15.38 (29.70)			
31	Dybdahl, Eric T	48	Pacific Northwest Aquatics		6:12.04
	34.42	1:12.42 (38.00)	1:50.51 (38.09)	2:29.04 (38.53)	
	3:07.79 (38.75)	3:45.78 (37.99)	4:22.68 (36.90)	5:00.47 (37.79)	
	5:37.60 (37.13)	6:12.04 (34.44)			

Men 45-49 1000 Yard Freestyle

12	Valley, Eric S	46	Pacific Northwest Aquatics		11:19.03
	31.54	1:05.62 (34.08)	1:40.13 (34.51)	2:14.53 (34.40)	
	2:48.67 (34.14)	3:22.76 (34.09)	3:56.85 (34.09)	4:30.96 (34.11)	
	5:04.95 (33.99)	5:38.91 (33.96)	6:12.91 (34.00)	6:46.89 (33.98)	
	7:20.82 (33.93)	7:54.64 (33.82)	8:29.08 (34.44)	9:03.63 (34.55)	
	9:38.38 (34.75)	10:12.37 (33.99)	10:46.70 (34.33)	11:19.03 (32.33)	

Men 45-49 1650 Yard Freestyle

13	Dybdahl, Eric T	48	Pacific Northwest Aquatics		21:57.85
	33.89	1:12.51 (38.62)	1:51.53 (39.02)	2:31.23 (39.70)	
	3:10.57 (39.34)	3:49.80 (39.23)	4:29.56 (39.76)	5:09.74 (40.18)	
	5:50.47 (40.73)	6:31.67 (41.20)	7:12.77 (41.10)	7:53.22 (40.45)	
	8:33.66 (40.44)	9:14.22 (40.56)	9:54.41 (40.19)	10:33.63 (39.22)	
	11:14.26 (40.63)	11:54.26 (40.00)	12:34.24 (39.98)	13:15.31 (41.07)	
	13:55.94 (40.63)	14:36.22 (40.28)	15:17.04 (40.82)	15:57.18 (40.14)	
	16:37.96 (40.78)	17:18.52 (40.56)	17:58.95 (40.43)	18:39.18 (40.23)	
	19:19.51 (40.33)	19:58.93 (39.42)	20:38.77 (39.84)	21:18.66 (39.89)	21:57.85 (39.19)

Men 45-49 50 Yard Backstroke

23	Littlefield, James R	47	Pacific Northwest Aquatics		30.18
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Men 45-49 100 Yard Backstroke

17	Littlefield, James R	47	Pacific Northwest Aquatics		1:03.84
	31.15	1:03.84 (32.69)			

Men 45-49 200 Yard Backstroke

7	Nalli, Lyle A	48	Pacific Northwest Aquatics		2:09.43
	30.87	1:03.43 (32.56)	1:36.37 (32.94)	2:09.43 (33.06)	
12	Moore, Robert B	47	Pacific Northwest Aquatics		2:15.81
	32.74	1:07.83 (35.09)	1:42.74 (34.91)	2:15.81 (33.07)	
16	Littlefield, James R	47	Pacific Northwest Aquatics		2:20.66

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	32.41	1:07.02 (34.61)	1:43.85 (36.83)	2:20.66 (36.81)	
24 Dybdahl, Eric T		48 Pacific Northwest Aquatics			2:37.57
	36.92	1:17.04 (40.12)	1:57.45 (40.41)	2:37.57 (40.12)	
Men 45-49 50 Yard Breaststroke					
8 Jackson, Robert L		48 Pacific Northwest Aquatics			29.01
17 Swanson, Victor B		48 Pacific Northwest Aquatics			30.05
Men 45-49 100 Yard Breaststroke					
14 Swanson, Victor B		48 Pacific Northwest Aquatics			1:07.04
	31.12	1:07.04 (35.92)			
Men 45-49 50 Yard Butterfly					
33 Swanson, Victor B		48 Pacific Northwest Aquatics			25.87
Men 45-49 100 Yard Butterfly					
19 Moore, Robert B		47 Pacific Northwest Aquatics			58.85
	27.67	58.85 (31.18)			
Men 45-49 200 Yard Butterfly					
8 Moore, Robert B		47 Pacific Northwest Aquatics			2:16.36
---	31.53	1:06.56 (35.03)	1:41.97 (35.41)	2:16.36 (34.39)	
Dybdahl, Eric T		48 Pacific Northwest Aquatics			DNF
Did not finish					
Men 45-49 100 Yard IM					
25 Swanson, Victor B		48 Pacific Northwest Aquatics			58.85
	26.78	58.85 (32.07)			
32 Valley, Eric S		46 Pacific Northwest Aquatics			1:00.53
	28.48	1:00.53 (32.05)			
Men 45-49 200 Yard IM					
14 Moore, Robert B		47 Pacific Northwest Aquatics			2:15.51
---	29.61	1:04.62 (35.01)	1:45.07 (40.45)	2:15.51 (30.44)	
Swanson, Victor B		48 Pacific Northwest Aquatics			NS
Men 45-49 400 Yard IM					
8 Moore, Robert B		47 Pacific Northwest Aquatics			4:50.90
	30.34	1:04.85 (34.51)	1:41.56 (36.71)	2:17.68 (36.12)	
	3:00.56 (42.88)	3:43.68 (43.12)	4:18.43 (34.75)	4:50.90 (32.47)	
Men 50-54 50 Yard Freestyle					
8 McGoorty, Mike		50 Pacific Northwest Aquatics			23.12

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9 McGoorty, Mike 50 Pacific Northwest Aquatics 50.99

24.68 50.99 (26.31)

(Men 50-54 100 Yard Freestyle)

26 Spencer, Donald L 50 Pacific Northwest Aquatics 56.10

26.99 56.10 (29.11)

Men 50-54 50 Yard Backstroke

10 McGoorty, Mike 50 Pacific Northwest Aquatics 27.46

Men 50-54 100 Yard Butterfly

20 Spencer, Donald L 50 Pacific Northwest Aquatics 1:03.11

29.97 1:03.11 (33.14)

Men 50-54 200 Yard Butterfly

--- Spencer, Donald L 50 Pacific Northwest Aquatics NS

Men 50-54 100 Yard IM

32 Spencer, Donald L 50 Pacific Northwest Aquatics 1:04.40

29.98 1:04.40 (34.42)

Men 55-59 50 Yard Freestyle

5 Jacobs, Ronald 56 Pacific Northwest Aquatics 24.00

Men 55-59 100 Yard Freestyle

5 Jacobs, Ronald 56 Pacific Northwest Aquatics 53.53

25.77 53.53 (27.76)

Men 55-59 200 Yard Freestyle

10 Lautman, Scott M 55 Pacific Northwest Aquatics 2:01.59

28.15 59.36 (31.21) 1:30.54 (31.18) 2:01.59 (31.05)

11 Jacobs, Ronald 56 Pacific Northwest Aquatics 2:01.87

27.97 59.17 (31.20) 1:30.85 (31.68) 2:01.87 (31.02)

Men 55-59 500 Yard Freestyle

--- Lautman, Scott M 55 Pacific Northwest Aquatics SCR

Men 55-59 50 Yard Backstroke

5 Jacobs, Ronald 56 Pacific Northwest Aquatics 29.41

--- Koenig, Mike 56 Pacific Northwest Aquatics NS

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 55-59 100 Yard Backstroke**

11	Jacobs, Ronald	56	Pacific Northwest Aquatics	1:04.60
	31.23	1:04.60 (33.37)		
---	Koenig, Mike	56	Pacific Northwest Aquatics	NS

Men 55-59 200 Yard Backstroke

8	Jacobs, Ronald	56	Pacific Northwest Aquatics	2:20.96
	32.91	1:08.49 (35.58)	1:44.81 (36.32)	2:20.96 (36.15)
---	Koenig, Mike	56	Pacific Northwest Aquatics	NS

Men 55-59 50 Yard Breaststroke

2	Colella, Rick P	56	Pacific Northwest Aquatics	28.74
21	Reeder, Bill D	55	Pacific Northwest Aquatics	35.78

Men 55-59 100 Yard Breaststroke

2	Colella, Rick P	56	Pacific Northwest Aquatics	1:03.07
	30.30	1:03.07 (32.77)		
17	Reeder, Bill D	55	Pacific Northwest Aquatics	1:16.70
	35.72	1:16.70 (40.98)		

Men 55-59 200 Yard Breaststroke

2	Colella, Rick P	56	Pacific Northwest Aquatics	2:17.05
	32.08	1:07.80 (35.72)	1:42.70 (34.90)	2:17.05 (34.35)

Men 55-59 50 Yard Butterfly

25	Reeder, Bill D	55	Pacific Northwest Aquatics	30.23
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Men 55-59 100 Yard Butterfly

2	Lautman, Scott M	55	Pacific Northwest Aquatics	56.14
	26.39	56.14 (29.75)		
18	Reeder, Bill D	55	Pacific Northwest Aquatics	1:09.64
	31.63	1:09.64 (38.01)		

Men 55-59 200 Yard Butterfly

1	Lautman, Scott M	55	Pacific Northwest Aquatics	2:06.09
	28.64	1:00.54 (31.90)	1:33.75 (33.21)	2:06.09 (32.34)

Men 55-59 100 Yard IM

3	Colella, Rick P	56	Pacific Northwest Aquatics	58.64
	27.62	58.64 (31.02)		
21	Reeder, Bill D	55	Pacific Northwest Aquatics	1:11.87
	33.16	1:11.87 (38.71)		

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 55-59 200 Yard IM**

2	Colella, Rick P	56	Pacific Northwest Aquatics	2:05.15
	27.16	1:00.78 (33.62)	1:36.36 (35.58)	2:05.15 (28.79)
12	Lautman, Scott M	55	Pacific Northwest Aquatics	2:19.39
	29.29	1:07.78 (38.49)	1:48.54 (40.76)	2:19.39 (30.85)

Men 55-59 400 Yard IM

1	Colella, Rick P	56	Pacific Northwest Aquatics	4:30.18
	28.93	1:01.16 (32.23)	1:38.72 (37.56)	2:15.03 (36.31)
	2:51.94 (36.91)	3:29.23 (37.29)	3:59.97 (30.74)	4:30.18 (30.21)
4	Lautman, Scott M	55	Pacific Northwest Aquatics	4:50.06
	28.57	1:01.88 (33.31)	1:42.59 (40.71)	2:22.40 (39.81)
	3:04.31 (41.91)	3:47.39 (43.08)	4:18.92 (31.53)	4:50.06 (31.14)

Men 60-64 100 Yard Freestyle

18	Peterson, Steven B	61	Pacific Northwest Aquatics	1:04.94
	31.32	1:04.94 (33.62)		

Men 60-64 500 Yard Freestyle

4	McColly, Michael	62	Pacific Northwest Aquatics	5:44.17
	31.48	1:05.97 (34.49)	1:41.25 (35.28)	2:16.29 (35.04)
	2:51.27 (34.98)	3:26.36 (35.09)	4:01.05 (34.69)	4:35.74 (34.69)
	5:10.22 (34.48)	5:44.17 (33.95)		

Men 60-64 1000 Yard Freestyle

3	McColly, Michael	62	Pacific Northwest Aquatics	11:58.01
	32.44	1:07.67 (35.23)	1:44.43 (36.76)	2:21.15 (36.72)
	2:57.45 (36.30)	3:33.75 (36.30)	4:09.99 (36.24)	4:46.20 (36.21)
	5:22.30 (36.10)	5:58.16 (35.86)	6:34.09 (35.93)	7:09.68 (35.59)
	7:45.45 (35.77)	8:21.20 (35.75)	8:56.93 (35.73)	9:32.67 (35.74)
	10:08.91 (36.24)	10:45.35 (36.44)	11:22.08 (36.73)	11:58.01 (35.93)

Men 60-64 100 Yard Backstroke

5	McColly, Michael	62	Pacific Northwest Aquatics	1:08.15
	33.21	1:08.15 (34.94)		

Men 60-64 200 Yard Backstroke

3	McColly, Michael	62	Pacific Northwest Aquatics	2:24.87
	34.56	1:11.59 (37.03)	1:48.31 (36.72)	2:24.87 (36.56)

Men 60-64 50 Yard Breaststroke

4	Peterson, Steven B	61	Pacific Northwest Aquatics	32.50
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Men 60-64 100 Yard Breaststroke

5	Peterson, Steven B	61	Pacific Northwest Aquatics	1:13.16
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34.60 1:13.16 (38.56)

Men 60-64 200 Yard Breaststroke

--- Peterson, Steven B 61 Pacific Northwest Aquatics DQ

Arms two strokes underwater

36.86 1:17.90 (41.04) 2:01.10 (43.20) DQ (40.99)

Men 60-64 200 Yard IM

5 McColly, Michael 62 Pacific Northwest Aquatics 2:28.09

31.55 1:09.32 (37.77) 1:54.11 (44.79) 2:28.09 (33.98)

10 Peterson, Steven B 61 Pacific Northwest Aquatics 2:38.48

34.25 1:19.17 (44.92) 2:00.98 (41.81) 2:38.48 (37.50)

Men 60-64 400 Yard IM

1 McColly, Michael 62 Pacific Northwest Aquatics 5:14.44

32.24 1:13.74 (41.50) 1:54.25 (40.51) 2:33.81 (39.56)

3:19.32 (45.51) 4:05.07 (45.75) 4:41.13 (36.06) 5:14.44 (33.31)

Men 65-69 200 Yard Backstroke

3 Nordby, Michael C 66 Pacific Northwest Aquatics 3:04.02

41.26 1:26.11 (44.85) 2:15.71 (49.60) 3:04.02 (48.31)

Men 65-69 100 Yard Butterfly

5 Nordby, Michael C 66 Pacific Northwest Aquatics 1:27.05

37.50 1:27.05 (49.55)

Men 65-69 200 Yard Butterfly

--- Nordby, Michael C 66 Pacific Northwest Aquatics NS

Men 65-69 100 Yard IM

5 Nordby, Michael C 66 Pacific Northwest Aquatics 1:16.77

35.34 1:16.77 (41.43)

Men 65-69 200 Yard IM

3 Nordby, Michael C 66 Pacific Northwest Aquatics 2:59.86

37.87 1:25.48 (47.61) 2:18.28 (52.80) 2:59.86 (41.58)

Men 65-69 400 Yard IM

--- Nordby, Michael C 66 Pacific Northwest Aquatics NS

Men 70-74 50 Yard Freestyle

11 Morrow, Albert (Al) 73 Pacific Northwest Aquatics 38.90

Men 70-74 50 Yard Butterfly

7 Morrow, Albert (Al) 73 Pacific Northwest Aquatics 51.33

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 70-74 100 Yard IM**

9 Morrow, Albert (A1) 73 Pacific Northwest Aquatics 1:46.28
 50.38 1:46.28 (55.90)

Men 70-74 200 Yard IM

--- Morrow, Albert (A1) 73 Pacific Northwest Aquatics DQ
 One hand touch - breast
 56.70 1:58.27 (1:01.57) 3:18.33 (1:20.06) DQ (51.34)

Men 75-79 50 Yard Freestyle

2 Dorse, Robert O 76 Pacific Northwest Aquatics 32.48

Men 75-79 100 Yard Freestyle

2 Dorse, Robert O 76 Pacific Northwest Aquatics 1:16.17
 36.93 1:16.17 (39.24)

Men 75-79 200 Yard Freestyle

1 Miller, Bob K 78 Pacific Northwest Aquatics 2:41.29
 36.75 1:19.22 (42.47) 2:01.66 (42.44) 2:41.29 (39.63)
 2 Dorse, Robert O 76 Pacific Northwest Aquatics 3:07.41
 43.72 1:33.05 (49.33) 2:21.45 (48.40) 3:07.41 (45.96)

Men 75-79 500 Yard Freestyle

--- Miller, Bob K 78 Pacific Northwest Aquatics SCR

Men 75-79 1000 Yard Freestyle

--- Miller, Bob K 78 Pacific Northwest Aquatics DNF
 Did not finish

Men 75-79 50 Yard Backstroke

1 Miller, Bob K 78 Pacific Northwest Aquatics 37.93

Men 75-79 100 Yard Backstroke

1 Miller, Bob K 78 Pacific Northwest Aquatics 1:21.66
 39.66 1:21.66 (42.00)

Men 75-79 200 Yard Backstroke

1 Miller, Bob K 78 Pacific Northwest Aquatics 2:55.30
 41.05 1:26.19 (45.14) 2:11.90 (45.71) 2:55.30 (43.40)

Men 75-79 100 Yard IM

1 Dorse, Robert O 76 Pacific Northwest Aquatics 1:35.34
 45.55 1:35.34 (49.79)

2008 USMS SC National Championships, Sanction #: 4308-001**Jamail Texas Swim Center, May 1-4, 2008****Results****Men 75-79 200 Yard IM**

1 Dorse, Robert O 76 Pacific Northwest Aquatics 3:47.26
 50.20 1:54.61 (1:04.41) 3:01.61 (1:07.00) 3:47.26 (45.65)

Men 80-84 50 Yard Backstroke

2 Roudebush, George M 83 Pacific Northwest Aquatics 58.34

Men 80-84 100 Yard Backstroke

3 Roudebush, George M 83 Pacific Northwest Aquatics 2:17.97
 1:05.24 2:17.97 (1:12.73)

Men 80-84 200 Yard Backstroke

4 Roudebush, George M 83 Pacific Northwest Aquatics 5:02.28
 1:07.82 2:27.96 (1:20.14) 3:45.88 (1:17.92) 5:02.28 (1:16.40)

Women 18+ 200 Yard Freestyle Relay

7 Pacific Northwest Aquatics A 1:51.36

1) Pierce, Shona D W23 2) Mar, Emiko W21 3) Bernhard, Anne E W43 4) Dowdle, Angela M W19
 25.55 54.65 (29.10) 1:24.29 (29.64) 1:51.36 (27.07)

10 Pacific Northwest Aquatics B 2:01.77

1) Naylor, Elisha M W21 2) Hillis, Tinnel N W19 3) Riordan, Anne W20 4) Melseth, Ashley B W21
 29.31 59.54 (30.23) 1:33.70 (34.16) 2:01.77 (28.07)

Women 18+ 200 Yard Medley Relay

4 Pacific Northwest Aquatics A 2:06.29

1) Pierce, Shona D W23 2) Melseth, Ashley B W21 3) Bernhard, Anne E W43 4) Dowdle, Angela M W19
 29.03 1:07.80 (38.77) 1:39.55 (31.75) 2:06.29 (26.74)

5 Pacific Northwest Aquatics B 2:13.17

1) Naylor, Elisha M W21 2) Riordan, Anne W20 3) Mar, Emiko W21 4) Hillis, Tinnel N W19
 33.18 1:11.59 (38.41) 1:42.85 (31.26) 2:13.17 (30.32)

Women 35+ 200 Yard Freestyle Relay

15 Pacific Northwest Aquatics A 1:58.85

1) Quistorf, Renee W43 2) Cooley, Cathy L W50 3) Johnson, Anne T Peters W43 4) O'Leary, Robin C W50
 30.86 1:00.10 (29.24) 1:30.54 (30.44) 1:58.85 (28.31)

Women 45+ 200 Yard Medley Relay

5 Pacific Northwest Aquatics A 2:09.72

1) O'Leary, Robin C W50 2) Cooley, Cathy L W50 3) Lippold, Mary B W52 4) Dillon, Sally A W61
 32.79 1:08.62 (35.83) 1:39.33 (30.71) 2:09.72 (30.39)

Women 55+ 200 Yard Freestyle Relay

1 Pacific Northwest Aquatics A 2:06.85

1) Dillon, Sally A W61 2) Casey, Kathrine J W59 3) Blackburn, Jean L W56 4) Jaunzeme, Andra W55
 30.99 1:05.08 (34.09) 1:37.60 (32.52) 2:06.85 (29.25)

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8 Pacific Northwest Aquatics A 1:36.33

1) Goldman, Brian M M22 23.21	2) Dewey, Ryan L M19 49.59 (26.38)	3) Ito, Shingo M24 1:13.36 (23.77)	4) Fanning, Mark A M22 1:36.33 (22.97)
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Men 18+ 200 Yard Medley Relay

7 Pacific Northwest Aquatics A 1:46.13

1) Fanning, Mark A M22 26.94	2) Ito, Shingo M24 56.78 (29.84)	3) Goldman, Brian M M22 1:19.95 (23.17)	4) Dewey, Ryan L M19 1:46.13 (26.18)
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Men 35+ 200 Yard Freestyle Relay

15 Pacific Northwest Aquatics A 1:34.38

1) Kays, David E M40 23.25	2) Valley, Eric S M46 47.14 (23.89)	3) Jacobs, Ronald M56 1:11.27 (24.13)	4) Nelson, Kirk E M37 1:34.38 (23.11)
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Men 35+ 200 Yard Medley Relay

--- Pacific Northwest Aquatics A NS

2) Kays, David E M40	3) Lautman, Scott M M55
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Men 45+ 200 Yard Freestyle Relay

9 Pacific Northwest Aquatics A 1:34.53

1) Swanson, Victor B M48 23.96	2) McGoorty, Mike M50 46.74 (22.78)	3) Nalli, Lyle A M48 1:10.85 (24.11)	4) Moore, Robert B M47 1:34.53 (23.68)
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--- Pacific Northwest Aquatics B NS

1) Miller, Bob K M78	3) Nordby, Michael C M66	4) Dybdahl, Eric T M48
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Men 45+ 200 Yard Medley Relay

5 Pacific Northwest Aquatics A 1:45.66

1) McGoorty, Mike M50 27.96	2) Jackson, Robert L M48 56.62 (28.66)	3) Nalli, Lyle A M48 1:22.59 (25.97)	4) Swanson, Victor B M48 1:45.66 (23.07)
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--- Pacific Northwest Aquatics B NS

1) Jacobs, Ronald M56	2) Peterson, Steven B M61	3) Moore, Robert B M47	4) Dybdahl, Eric T M48
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Men 55+ 200 Yard Freestyle Relay

8 Pacific Northwest Aquatics A 1:48.60

1) Lautman, Scott M M55 24.54	2) McColly, Michael M62 51.93 (27.39)	3) Peterson, Steven B M61 1:20.70 (28.77)	4) Reeder, Bill D M55 1:48.60 (27.90)
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Men 55+ 200 Yard Medley Relay

--- Pacific Northwest Aquatics A DQ

Not enough swimmers

1) Miller, Bob K M78 37.92	2) Nordby, Michael C M66 1:18.94 (41.02)	4) Morrow, Albert (Al) M73 2:10.92 (51.98)
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Mixed 18+ 200 Yard Freestyle Relay

5 Pacific Northwest Aquatics A 1:36.40

1) Goldman, Brian M M22	2) Dowdle, Angela M W19	3) Pierce, Shona D W23	4) Fanning, Mark A M22
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20 Pacific Northwest Aquatics B 1:49.55
 21.51 48.89 (27.38) 1:13.86 (24.97) 1:36.40 (22.54)

1) Mar, Emiko W21 2) Dewey, Ryan L M19 3) Naylor, Elisha M W21 4) Ito, Shingo M24
 29.59 55.97 (26.38) 1:25.32 (29.35) 1:49.55 (24.23)

21 Pacific Northwest Aquatics C 1:51.97

1) Kays, David E M40 2) Hillis, Tinnel N W19 3) Melseth, Ashley B W21 4) Dybdahl, Eric T M48
 23.48 53.97 (30.49) 1:24.50 (30.53) 1:51.97 (27.47)

Mixed 35+ 200 Yard Freestyle Relay

26 Pacific Northwest Aquatics A 1:45.36

1) Nelson, Kirk E M37 2) Quistorf, Renee W43 3) Bernhard, Anne E W43 4) Swanson, Victor B M48
 23.76 53.26 (29.50) 1:22.14 (28.88) 1:45.36 (23.22)

Mixed 35+ 200 Yard Medley Relay

30 Pacific Northwest Aquatics A 1:59.19

1) Jaeger, Dawn W51 2) Colella, Rick P M56 3) Bernhard, Anne E W43 4) Nelson, Kirk E M37
 35.44 1:04.27 (28.83) 1:36.22 (31.95) 1:59.19 (22.97)

Mixed 45+ 200 Yard Freestyle Relay

13 Pacific Northwest Aquatics A 1:44.33

1) Valley, Eric S M46 2) Cooley, Cathy L W50 3) Lippold, Mary B W52 4) Littlefield, James R M47
 23.56 52.12 (28.56) 1:19.02 (26.90) 1:44.33 (25.31)

Mixed 45+ 200 Yard Medley Relay

13 Pacific Northwest Aquatics A 1:58.34

1) Cooley, Cathy L W50 2) Swanson, Victor B M48 3) O'Leary, Robin C W50 4) Nalli, Lyle A M48
 34.06 1:03.65 (29.59) 1:33.69 (30.04) 1:58.34 (24.65)

Mixed 55+ 200 Yard Freestyle Relay

2 Pacific Northwest Aquatics A 1:52.39

1) Jacobs, Ronald M56 2) Blackburn, Jean L W56 3) Dillon, Sally A W61 4) Lautman, Scott M M55
 24.75 57.44 (32.69) 1:28.23 (30.79) 1:52.39 (24.16)

Mixed 55+ 200 Yard Medley Relay

2 Pacific Northwest Aquatics A 2:02.77

1) Jacobs, Ronald M56 2) Jaunzeme, Andra W55 3) Lautman, Scott M M55 4) Dillon, Sally A W61
 30.37 1:06.28 (35.91) 1:32.56 (26.28) 2:02.77 (30.21)

(Mixed 55+ 200 Yard Medley Relay)

11 Pacific Northwest Aquatics B 2:20.74

1) McColly, Michael M62 2) Casey, Kathrine J W59 3) Reeder, Bill D M55 4) Blackburn, Jean L W56
 31.97 1:16.51 (44.54) 1:47.87 (31.36) 2:20.74 (32.87)

Mixed 65+ 200 Yard Freestyle Relay

6 Pacific Northwest Aquatics A 3:08.81

1) Miller, Bob K M78 2) Phillips, Bernice M W80 3) Gladwell, Gail A W76 4) Dorse, Robert O M76
 34.46 1:32.20 (57.74) 2:28.48 (56.28) 3:08.81 (40.33)

Mixed 65+ 200 Yard Medley Relay

2008 USMS SC National Championships, Sanction #: 4308-001

Jamail Texas Swim Center, May 1-4, 2008

Results

4 Pacific Northwest Aquatics

A

3:12.71

1) Miller, Bob K M78
38.92

2) Gladwell, Gail A W76
2:15.16 ()

3) Nordby, Michael C M66
3:12.71 (57.55)

4) Phillips, Bernice M W80