

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

**Women 18-24 50 Yard Freestyle**

Name	Age	Team	Seed Time	Finals Time
5 Pierce, Shona	24	Pacific Northwest Aquatics	25.70	25.66
16 Wenner, Marissa	20	Pacific Northwest Aquatics	28.02	27.88
18 Dowdle, Angela	20	Pacific Northwest Aquatics	27.39	28.07
20 Banashak, Madeline	18	Pacific Northwest Aquatics	30.30	28.31

**Women 18-24 100 Yard Freestyle**

14 Dowdle, Angela	20	Pacific Northwest Aquatics	59.90	1:00.00
29.12	1:00.00 (30.88)			
17 Banashak, Madeline	18	Pacific Northwest Aquatics	1:03.30	1:01.09
29.53	1:01.09 (31.56)			
21 Wenner, Marissa	20	Pacific Northwest Aquatics	1:02.41	1:04.04
29.25	1:04.04 (34.79)			
22 Man, Mary-Jane	22	Pacific Northwest Aquatics	1:05.40	1:05.86
30.83	1:05.86 (35.03)			

**Women 18-24 200 Yard Freestyle**

5 Dowdle, Angela	20	Pacific Northwest Aquatics	2:08.06	2:07.74
29.95	1:01.92 (31.97)	1:34.32 (32.40)	2:07.74 (33.42)	
10 Banashak, Madeline	18	Pacific Northwest Aquatics	2:18.30	2:14.38
30.99	1:04.85 (33.86)	1:40.44 (35.59)	2:14.38 (33.94)	
14 Man, Mary-Jane	22	Pacific Northwest Aquatics	2:24.40	2:22.11
32.70	1:07.77 (35.07)	1:44.42 (36.65)	2:22.11 (37.69)	

**Women 18-24 500 Yard Freestyle**

7 Dowdle, Angela	20	Pacific Northwest Aquatics	5:52.60	5:47.27
31.86	1:06.50 (34.64)	1:41.91 (35.41)	2:16.75 (34.84)	
2:51.28 (34.53)	3:26.08 (34.80)	4:01.56 (35.48)	4:37.06 (35.50)	
5:12.75 (35.69)	5:47.27 (34.52)			
10 Banashak, Madeline	18	Pacific Northwest Aquatics	6:20.30	5:58.29
32.00	1:07.37 (35.37)	1:43.90 (36.53)	2:20.38 (36.48)	
2:56.27 (35.89)	3:33.02 (36.75)	4:09.79 (36.77)	4:46.56 (36.77)	
5:23.29 (36.73)	5:58.29 (35.00)			

**Women 18-24 1650 Yard Freestyle**

1 Banashak, Madeline	18	Pacific Northwest Aquatics	21:42.30	20:42.90
32.69	1:08.72 (36.03)	1:45.57 (36.85)	2:22.92 (37.35)	
3:00.83 (37.91)	3:38.98 (38.15)	4:16.75 (37.77)	4:54.72 (37.97)	
5:32.28 (37.56)	6:09.97 (37.69)	6:48.03 (38.06)	7:26.13 (38.10)	
8:04.78 (38.65)	8:42.86 (38.08)	9:20.57 (37.71)	9:58.89 (38.32)	
10:37.54 (38.65)	11:14.58 (37.04)	11:52.45 (37.87)	12:30.37 (37.92)	
13:08.95 (38.58)	13:47.79 (38.84)	14:26.10 (38.31)	15:04.30 (38.20)	

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

15:43.04 (38.74)    16:21.50 (38.46)    16:59.27 (37.77)    17:38.04 (38.77)  
18:15.78 (37.74)    18:53.82 (38.04)    19:31.41 (37.59)    20:07.96 (36.55)    20:42.90 (34.94)

**Women 18-24 50 Yard Backstroke**

3	Pierce, Shona	24	Pacific Northwest Aquatics	29.30	29.36
15	Wenner, Marissa	20	Pacific Northwest Aquatics	33.77	36.99

**Women 18-24 100 Yard Backstroke**

3	Pierce, Shona	24	Pacific Northwest Aquatics	1:05.40	1:04.83
	31.63		1:04.83 (33.20)		

**Women 18-24 50 Yard Breaststroke**

6	Pierce, Shona	24	Pacific Northwest Aquatics	34.00	33.29
14	De Sitter, Sara	20	Pacific Northwest Aquatics	38.80	37.30

**(Women 18-24 50 Yard Breaststroke)**

---	Riordan, Anne	21	Pacific Northwest Aquatics	40.92	NS
-----	---------------	----	----------------------------	-------	----

**Women 18-24 100 Yard Breaststroke**

9	Pierce, Shona	24	Pacific Northwest Aquatics	1:13.10	1:13.97
	34.37		1:13.97 (39.60)		
14	De Sitter, Sara	20	Pacific Northwest Aquatics	1:23.30	1:20.93
	37.33		1:20.93 (43.60)		
---	Riordan, Anne	21	Pacific Northwest Aquatics	1:29.03	NS

**Women 18-24 200 Yard Breaststroke**

---	Riordan, Anne	21	Pacific Northwest Aquatics	3:04.08	NS
-----	---------------	----	----------------------------	---------	----

**Women 18-24 100 Yard IM**

8	Pierce, Shona	24	Pacific Northwest Aquatics	1:05.20	1:04.94
	29.37		1:04.94 (35.57)		
20	Dowdle, Angela	20	Pacific Northwest Aquatics	1:16.31	1:12.97
	34.57		1:12.97 (38.40)		
22	Wenner, Marissa	20	Pacific Northwest Aquatics	1:12.39	1:14.11
	33.99		1:14.11 (40.12)		
24	De Sitter, Sara	20	Pacific Northwest Aquatics	1:17.51	1:16.62
	36.51		1:16.62 (40.11)		

**Women 18-24 200 Yard IM**

14	Dowdle, Angela	20	Pacific Northwest Aquatics	2:35.77	2:34.86
	33.85		1:14.87 (41.02)    2:00.46 (45.59)    2:34.86 (34.40)		
16	De Sitter, Sara	20	Pacific Northwest Aquatics	2:47.90	2:45.89
	37.13		1:21.16 (44.03)    2:07.33 (46.17)    2:45.89 (38.56)		

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

18	Man, Mary-Jane	22	Pacific Northwest Aquatics	2:51.40	2:48.98
	33.98	1:16.03 (42.05)	2:08.28 (52.25)	2:48.98 (40.70)	

**Women 30-34 50 Yard Freestyle**

4	Coulter, Tamara	32	Pacific Northwest Aquatics	27.32	25.19
---	-----------------	----	----------------------------	-------	-------

**Women 30-34 100 Yard Freestyle**

6	Coulter, Tamara	32	Pacific Northwest Aquatics	59.88	55.60
	26.48	55.60 (29.12)			

**Women 30-34 500 Yard Freestyle**

14	Lesh, Robin	31	Pacific Northwest Aquatics	7:32.00	6:54.19
	35.13	1:14.44 (39.31)	1:55.48 (41.04)	2:37.08 (41.60)	
	3:19.51 (42.43)	4:04.23 (44.72)	4:47.24 (43.01)	5:31.61 (44.37)	
	6:13.82 (42.21)	6:54.19 (40.37)			

**Women 30-34 50 Yard Backstroke**

2	Coulter, Tamara	32	Pacific Northwest Aquatics	30.32	<b>28.54 P</b>
---	-----------------	----	----------------------------	-------	----------------

**Women 30-34 100 Yard Backstroke**

3	Coulter, Tamara	32	Pacific Northwest Aquatics	1:05.44	1:01.01
	29.38	1:01.01 (31.63)			

**Women 30-34 50 Yard Butterfly**

2	Coulter, Tamara	32	Pacific Northwest Aquatics	29.36	27.30
15	Lesh, Robin	31	Pacific Northwest Aquatics	40.50	37.69

**Women 30-34 100 Yard IM**

20	Lesh, Robin	31	Pacific Northwest Aquatics	1:28.20	1:22.77
	37.41	1:22.77 (45.36)			

**Women 35-39 500 Yard Freestyle**

11	Singer, Shannon	39	Pacific Northwest Aquatics	7:15.00	7:10.61
	36.68	1:18.93 (42.25)	2:02.85 (43.92)	2:47.32 (44.47)	
	3:31.67 (44.35)	4:15.85 (44.18)	5:00.11 (44.26)	5:44.68 (44.57)	
	6:29.33 (44.65)	7:10.61 (41.28)			

**Women 35-39 1000 Yard Freestyle**

4	Singer, Shannon	39	Pacific Northwest Aquatics	15:30.00	14:42.59
	36.82	1:18.34 (41.52)	2:01.78 (43.44)	2:45.58 (43.80)	
	3:30.10 (44.52)	4:15.24 (45.14)	5:00.40 (45.16)	5:45.58 (45.18)	
	6:30.67 (45.09)	7:16.10 (45.43)	8:01.46 (45.36)	8:46.80 (45.34)	
	9:32.12 (45.32)	10:18.02 (45.90)	11:03.69 (45.67)	11:48.85 (45.16)	
	12:33.67 (44.82)	13:19.01 (45.34)	14:03.76 (44.75)	14:42.59 (38.83)	

**Women 45-49 50 Yard Freestyle**

1	Dahl, Lisa	48	Pacific Northwest Aquatics	24.94	<b>24.73 Z</b>
---	------------	----	----------------------------	-------	----------------

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex  
Results**

**Women 45-49 50 Yard Backstroke**

2	Dahl, Lisa	48	Pacific Northwest Aquatics	30.50	<b>30.44 P</b>
---	------------	----	----------------------------	-------	----------------

**Women 45-49 50 Yard Breaststroke**

5	Dahl, Lisa	48	Pacific Northwest Aquatics	33.50	<b>33.50 Z</b>
---	------------	----	----------------------------	-------	----------------

**Women 45-49 50 Yard Butterfly**

1	Dahl, Lisa	48	Pacific Northwest Aquatics	27.44	<b>27.01 Z</b>
---	------------	----	----------------------------	-------	----------------

**Women 45-49 100 Yard IM**

2	Dahl, Lisa	48	Pacific Northwest Aquatics	1:04.00	<b>1:03.12 Z</b>
---	------------	----	----------------------------	---------	------------------

29.30	1:03.12 (33.82)
-------	-----------------

**Women 50-54 50 Yard Freestyle**

26	Peggy, Zappone	50	Pacific Northwest Aquatics	31.00	31.46
----	----------------	----	----------------------------	-------	-------

**Women 50-54 50 Yard Breaststroke**

8	Berg, Tonya	50	Pacific Northwest Aquatics	37.00	37.27
---	-------------	----	----------------------------	-------	-------

15	Peggy, Zappone	50	Pacific Northwest Aquatics	39.00	39.35
----	----------------	----	----------------------------	-------	-------

**Women 50-54 100 Yard Breaststroke**

8	Berg, Tonya	50	Pacific Northwest Aquatics	1:20.00	1:19.61
---	-------------	----	----------------------------	---------	---------

37.84	1:19.61 (41.77)
-------	-----------------

19	Peggy, Zappone	50	Pacific Northwest Aquatics	1:29.00	1:28.63
----	----------------	----	----------------------------	---------	---------

40.29	1:28.63 (48.34)
-------	-----------------

**Women 50-54 200 Yard Breaststroke**

6	Berg, Tonya	50	Pacific Northwest Aquatics	3:00.00	2:52.10
---	-------------	----	----------------------------	---------	---------

38.82	1:21.57 (42.75)	2:06.59 (45.02)	2:52.10 (45.51)
-------	-----------------	-----------------	-----------------

**Women 55-59 50 Yard Freestyle**

3	Davis, Charlotte	59	Pacific Northwest Aquatics	29.00	<b>26.99 Z</b>
---	------------------	----	----------------------------	-------	----------------

6	Glassman, Debbie	55	Pacific Northwest Aquatics	29.20	27.79
---	------------------	----	----------------------------	-------	-------

22	Blackburn, Jean	57	Pacific Northwest Aquatics	32.67	33.09
----	-----------------	----	----------------------------	-------	-------

**Women 55-59 100 Yard Freestyle**

3	Davis, Charlotte	59	Pacific Northwest Aquatics	1:02.00	59.76
---	------------------	----	----------------------------	---------	-------

29.98	59.76 (29.78)
-------	---------------

7	Glassman, Debbie	55	Pacific Northwest Aquatics	1:04.90	1:03.75
---	------------------	----	----------------------------	---------	---------

31.25	1:03.75 (32.50)
-------	-----------------

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

14	Blackburn, Jean	57	Pacific Northwest Aquatics	1:16.81	1:15.74
	36.18		1:15.74 (39.56)		

**Women 55-59 100 Yard Backstroke**

6	Glassman, Debbie	55	Pacific Northwest Aquatics	1:21.90	1:19.06
	39.85		1:19.06 (39.21)		

**Women 55-59 50 Yard Butterfly**

4	Davis, Charlotte	59	Pacific Northwest Aquatics	32.00	30.21
5	Glassman, Debbie	55	Pacific Northwest Aquatics	32.90	31.26
10	Blackburn, Jean	57	Pacific Northwest Aquatics	36.45	36.48

**Women 55-59 100 Yard Butterfly**

4	Glassman, Debbie	55	Pacific Northwest Aquatics	1:15.20	1:13.03
	33.21		1:13.03 (39.82)		

**Women 55-59 200 Yard Butterfly**

4	Glassman, Debbie	55	Pacific Northwest Aquatics	2:54.90	<b>2:47.04 Z</b>
	35.36		1:16.57 (41.21)	2:01.00 (44.43)	2:47.04 (46.04)

**Women 55-59 100 Yard IM**

2	Davis, Charlotte	59	Pacific Northwest Aquatics	1:13.00	<b>1:08.54 Z</b>
	31.98		1:08.54 (36.56)		
11	Blackburn, Jean	57	Pacific Northwest Aquatics	1:26.14	1:24.06
	39.31		1:24.06 (44.75)		

**Women 55-59 200 Yard IM**

2	Davis, Charlotte	59	Pacific Northwest Aquatics	2:40.00	2:29.98
	32.93		1:11.66 (38.73)	1:57.03 (45.37)	2:29.98 (32.95)

**Women 55-59 400 Yard IM**

2	Davis, Charlotte	59	Pacific Northwest Aquatics	5:45.00	5:30.21
	34.26		1:14.09 (39.83)	1:57.78 (43.69)	2:40.38 (42.60)
	3:28.64 (48.26)		4:17.10 (48.46)	4:55.11 (38.01)	5:30.21 (35.10)

**Women 60-64 50 Yard Freestyle**

4	Dillon, Sally	62	Pacific Northwest Aquatics	31.40	30.90
12	Casey, Kathrine	60	Pacific Northwest Aquatics	32.55	34.15

**Women 60-64 100 Yard Freestyle**

3	Dillon, Sally	62	Pacific Northwest Aquatics	1:07.28	1:07.97
	33.92		1:07.97 (34.05)		
11	Casey, Kathrine	60	Pacific Northwest Aquatics	1:23.11	1:18.67

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

37.30 1:18.67 (41.37)

**Women 60-64 200 Yard Freestyle**

4	Dillon, Sally	62	Pacific Northwest Aquatics	2:26.00	2:28.30
	33.95	1:11.49 (37.54)	1:50.27 (38.78)	2:28.30 (38.03)	
5	Dills, Suzanne	64	Pacific Northwest Aquatics	2:34.60	2:30.88
	35.76	1:14.27 (38.51)	1:53.25 (38.98)	2:30.88 (37.63)	

**Women 60-64 500 Yard Freestyle**

4	Dills, Suzanne	64	Pacific Northwest Aquatics	6:36.50	6:40.20
	36.73	1:16.50 (39.77)	1:57.69 (41.19)	2:38.76 (41.07)	
	3:19.35 (40.59)	3:59.87 (40.52)	4:40.33 (40.46)	5:20.61 (40.28)	
	6:00.58 (39.97)	6:40.20 (39.62)			
7	Casey, Kathrine	60	Pacific Northwest Aquatics	8:02.95	7:27.78
	41.22	1:25.56 (44.34)	2:10.78 (45.22)	2:56.00 (45.22)	
	3:40.88 (44.88)	4:26.84 (45.96)	5:12.21 (45.37)	5:57.50 (45.29)	
	6:43.07 (45.57)	7:27.78 (44.71)			

**Women 60-64 1650 Yard Freestyle**

4	Dills, Suzanne	64	Pacific Northwest Aquatics	23:45.60	22:44.53
	37.74	1:18.88 (41.14)	2:00.52 (41.64)	2:42.59 (42.07)	
	3:24.97 (42.38)	4:06.86 (41.89)	4:48.87 (42.01)	5:30.87 (42.00)	
	6:13.17 (42.30)	6:55.26 (42.09)	7:37.03 (41.77)	8:18.89 (41.86)	
	9:00.59 (41.70)	9:42.40 (41.81)	10:24.45 (42.05)	11:06.24 (41.79)	
	11:47.49 (41.25)	12:28.33 (40.84)	13:09.42 (41.09)	13:50.51 (41.09)	
	14:31.78 (41.27)	15:12.72 (40.94)	15:54.07 (41.35)	16:34.76 (40.69)	
	17:16.03 (41.27)	17:57.36 (41.33)	18:38.27 (40.91)	19:19.22 (40.95)	
	20:00.40 (41.18)	20:41.50 (41.10)	21:22.93 (41.43)	22:04.45 (41.52)	22:44.53 (40.08)
5	Dillon, Sally	62	Pacific Northwest Aquatics	23:48.71	23:05.36
	36.06	1:15.81 (39.75)	1:57.10 (41.29)	2:38.69 (41.59)	
	3:19.75 (41.06)	4:01.00 (41.25)	4:42.24 (41.24)	5:23.69 (41.45)	
	6:06.07 (42.38)	6:48.44 (42.37)	7:30.49 (42.05)	8:12.82 (42.33)	
	8:55.92 (43.10)	9:38.20 (42.28)	10:20.93 (42.73)	11:04.13 (43.20)	
	11:47.18 (43.05)	12:30.22 (43.04)	13:13.10 (42.88)	13:56.28 (43.18)	
	14:39.15 (42.87)	15:21.64 (42.49)	16:04.64 (43.00)	16:47.26 (42.62)	
	17:29.89 (42.63)	18:12.41 (42.52)	18:55.02 (42.61)	19:37.55 (42.53)	
	20:19.73 (42.18)	21:01.99 (42.26)	21:43.85 (41.86)	22:25.77 (41.92)	23:05.36 (39.59)

**Women 60-64 200 Yard Backstroke**

1	Dills, Suzanne	64	Pacific Northwest Aquatics	2:55.22	<b>2:54.36 P</b>
	41.63	1:25.53 (43.90)	2:10.05 (44.52)	2:54.36 (44.31)	
4	Casey, Kathrine	60	Pacific Northwest Aquatics	3:18.19	3:08.48
	44.03	1:32.37 (48.34)	2:20.92 (48.55)	3:08.48 (47.56)	

**Women 60-64 50 Yard Breaststroke**

5	Dillon, Sally	62	Pacific Northwest Aquatics	40.19	40.62
12	Hansen, Marsha	62	Pacific Northwest Aquatics	48.68	48.21

**Women 60-64 100 Yard Breaststroke**

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

3	Dillon, Sally	62	Pacific Northwest Aquatics	1:30.64	1:30.31
	42.62	1:30.31 (47.69)			
8	Hansen, Marsha	62	Pacific Northwest Aquatics	1:45.79	1:48.01
	49.11	1:48.01 (58.90)			
<b>Women 60-64 50 Yard Butterfly</b>					
4	Welch, Sarah	62	Pacific Northwest Aquatics	33.94	<b>34.59 P</b>
13	Hansen, Marsha	62	Pacific Northwest Aquatics	43.33	43.78
<b>Women 60-64 100 Yard Butterfly</b>					
3	Welch, Sarah	62	Pacific Northwest Aquatics	1:18.95	<b>1:18.46 Z</b>
	37.85	1:18.46 (40.61)			
<b>Women 60-64 200 Yard Butterfly</b>					
2	Welch, Sarah	62	Pacific Northwest Aquatics	2:58.10	<b>2:59.13 P</b>
	39.45	1:24.99 (45.54)	2:12.27 (47.28)	2:59.13 (46.86)	
6	Casey, Kathrine	60	Pacific Northwest Aquatics	3:50.67	3:48.41
	51.51	1:51.74 (1:00.23)	2:52.57 (1:00.83)	3:48.41 (55.84)	
<b>Women 60-64 100 Yard IM</b>					
2	Welch, Sarah	62	Pacific Northwest Aquatics	1:20.51	1:19.69
	37.82	1:19.69 (41.87)			
13	Casey, Kathrine	60	Pacific Northwest Aquatics	1:36.66	1:35.46
	45.76	1:35.46 (49.70)			
15	Hansen, Marsha	62	Pacific Northwest Aquatics	1:41.54	1:42.19
	48.14	1:42.19 (54.05)			
<b>Women 60-64 200 Yard IM</b>					
1	Dills, Suzanne	64	Pacific Northwest Aquatics	2:50.70	<b>2:51.02 P</b>
	38.33	1:22.65 (44.32)	2:14.06 (51.41)	2:51.02 (36.96)	
2	Welch, Sarah	62	Pacific Northwest Aquatics	2:53.97	2:51.60
	36.60	1:22.86 (46.26)	2:13.49 (50.63)	2:51.60 (38.11)	
<b>Women 60-64 400 Yard IM</b>					
2	Dills, Suzanne	64	Pacific Northwest Aquatics	6:20.09	<b>6:14.59 P</b>
	44.00	1:34.07 (50.07)	2:21.47 (47.40)	3:07.78 (46.31)	
	4:00.55 (52.77)	4:54.62 (54.07)	5:35.09 (40.47)	6:14.59 (39.50)	
3	Welch, Sarah	62	Pacific Northwest Aquatics	6:09.96	6:16.54
	2:15.73	3:06.68 (50.95)	3:59.81 (53.13)	4:53.10 (53.29)	
	5:35.59 (42.49)	6:16.54 (40.95)			
<b>Women 75-79 50 Yard Freestyle</b>					
7	Bryce, Karen	75	Pacific Northwest Aquatics	56.05	55.55

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

**Women 75-79 100 Yard Freestyle**

3	Bryce, Karen	75	Pacific Northwest Aquatics	2:04.77	2:01.47
	56.67			2:01.47 (1:04.80)	

**Women 75-79 50 Yard Backstroke**

2	Bryce, Karen	75	Pacific Northwest Aquatics	1:03.85	1:05.37
---	--------------	----	----------------------------	---------	---------

**Women 75-79 50 Yard Breaststroke**

1	Bryce, Karen	75	Pacific Northwest Aquatics	1:05.35	1:05.03
---	--------------	----	----------------------------	---------	---------

**Women 80-84 50 Yard Freestyle**

1	Phillips, Bernice	82	Pacific Northwest Aquatics	54.07	57.61
---	-------------------	----	----------------------------	-------	-------

**Women 80-84 50 Yard Backstroke**

1	Phillips, Bernice	82	Pacific Northwest Aquatics	56.76	55.48
---	-------------------	----	----------------------------	-------	-------

**Women 80-84 100 Yard Backstroke**

1	Phillips, Bernice	82	Pacific Northwest Aquatics	2:30.00	2:10.04
	1:05.18			2:10.04 (1:04.86)	

**Women 80-84 200 Yard Backstroke**

1	Phillips, Bernice	82	Pacific Northwest Aquatics	4:25.69	4:48.80
	1:03.32			2:17.34 (1:14.02)	3:37.72 (1:20.38)
				4:48.80 (1:11.08)	

**Women 80-84 100 Yard IM**

1	Phillips, Bernice	82	Pacific Northwest Aquatics	2:35.88	2:57.47
	1:19.93			2:57.47 (1:37.54)	

**Men 18-24 50 Yard Freestyle**

2	Goldman, Brian	23	Pacific Northwest Aquatics	21.04	21.35
9	Fanning, Mark	23	Pacific Northwest Aquatics	23.50	23.24
11	Whitefield, Benjamin	19	Pacific Northwest Aquatics	25.50	24.60
16	Sage, Andrew	19	Pacific Northwest Aquatics	26.00	25.19
18	Dewey, Ryan	20	Pacific Northwest Aquatics	25.98	26.09
20	Wanzek, Paul	19	Pacific Northwest Aquatics	31.31	29.44

**Men 18-24 100 Yard Freestyle**

11	Whitefield, Benjamin	19	Pacific Northwest Aquatics	56.70	55.25
	26.58			55.25 (28.67)	
13	Sage, Andrew	19	Pacific Northwest Aquatics	58.00	56.64



**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

	27.24	56.64 (29.40)			
14 Dewey, Ryan			20 Pacific Northwest Aquatics	57.88	57.33

26.75 57.33 (30.58)

**Men 18-24 500 Yard Freestyle**

3 Goldman, Brian			23 Pacific Northwest Aquatics	5:50.00	5:02.43
------------------	--	--	-------------------------------	---------	---------

	27.00	56.90 (29.90)	1:26.91 (30.01)	1:57.37 (30.46)
	2:27.84 (30.47)	2:58.50 (30.66)	3:29.39 (30.89)	4:00.80 (31.41)
	4:32.40 (31.60)	5:02.43 (30.03)		

8 Sage, Andrew			19 Pacific Northwest Aquatics	5:58.54	6:02.01
----------------	--	--	-------------------------------	---------	---------

	28.77	1:01.94 (33.17)	1:37.10 (35.16)	2:14.51 (37.41)
	2:52.28 (37.77)	3:30.70 (38.42)	4:09.33 (38.63)	4:48.68 (39.35)
	5:26.95 (38.27)	6:02.01 (35.06)		

**Men 18-24 50 Yard Backstroke**

5 Fanning, Mark			23 Pacific Northwest Aquatics	27.00	26.67
-----------------	--	--	-------------------------------	-------	-------

**Men 18-24 100 Yard Backstroke**

7 Fanning, Mark			23 Pacific Northwest Aquatics	59.00	1:00.08
-----------------	--	--	-------------------------------	-------	---------

	28.74	1:00.08 (31.34)			
10 Dewey, Ryan			20 Pacific Northwest Aquatics	1:07.47	1:06.42

31.20 1:06.42 (35.22)

**Men 18-24 200 Yard Backstroke**

6 Fanning, Mark			23 Pacific Northwest Aquatics	2:09.00	2:11.57
-----------------	--	--	-------------------------------	---------	---------

30.49 1:03.63 (33.14) 1:37.35 (33.72) 2:11.57 (34.22)

**Men 18-24 100 Yard Breaststroke**

7 Wanzek, Paul			19 Pacific Northwest Aquatics	1:35.47	1:25.06
----------------	--	--	-------------------------------	---------	---------

37.39 1:25.06 (47.67)

**Men 18-24 50 Yard Butterfly**

4 Goldman, Brian			23 Pacific Northwest Aquatics	23.21	23.74
------------------	--	--	-------------------------------	-------	-------

12 Fanning, Mark			23 Pacific Northwest Aquatics	27.82	26.87
------------------	--	--	-------------------------------	-------	-------

**Men 18-24 100 Yard IM**

12 Fanning, Mark			23 Pacific Northwest Aquatics	1:00.00	59.89
------------------	--	--	-------------------------------	---------	-------

	26.65	59.89 (33.24)			
17 Whitefield, Benjamin			19 Pacific Northwest Aquatics	1:09.70	1:06.17

	30.10	1:06.17 (36.07)			
18 Wanzek, Paul			19 Pacific Northwest Aquatics	1:23.00	1:15.00

34.25 1:15.00 (40.75)

**Men 35-39 50 Yard Freestyle**

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

44 Martin, Dan 37 Pacific Northwest Aquatics 25.22 24.81

**Men 35-39 100 Yard Freestyle**

27 Nelson, Kirk 38 Pacific Northwest Aquatics 51.18 50.83

25.07 50.83 (25.76)

41 Martin, Dan 37 Pacific Northwest Aquatics 54.33 54.04

26.22 54.04 (27.82)

**Men 35-39 200 Yard Freestyle**

5 Nelson, Kirk 38 Pacific Northwest Aquatics 1:50.13 **1:49.31 P**

26.42 54.32 (27.90) 1:22.39 (28.07) 1:49.31 (26.92)

21 Martin, Dan 37 Pacific Northwest Aquatics 1:58.48 1:57.50

27.47 57.58 (30.11) 1:28.00 (30.42) 1:57.50 (29.50)

**Men 35-39 500 Yard Freestyle**

1 Nelson, Kirk 38 Pacific Northwest Aquatics 5:00.37 **4:53.45 P**

27.44 56.43 (28.99) 1:25.71 (29.28) 1:55.27 (29.56)

2:25.08 (29.81) 2:54.98 (29.90) 3:24.85 (29.87) 3:54.68 (29.83)

4:24.45 (29.77) 4:53.45 (29.00)

8 Martin, Dan 37 Pacific Northwest Aquatics 5:22.84 5:14.86

27.99 59.30 (31.31) 1:31.16 (31.86) 2:03.06 (31.90)

2:35.06 (32.00) 3:07.40 (32.34) 3:39.85 (32.45) 4:12.24 (32.39)

4:44.05 (31.81) 5:14.86 (30.81)

**Men 35-39 1000 Yard Freestyle**

6 Martin, Dan 37 Pacific Northwest Aquatics 11:16.00 10:58.00

29.25 1:01.51 (32.26) 1:34.41 (32.90) 2:07.38 (32.97)

2:40.63 (33.25) 3:13.86 (33.23) 3:47.39 (33.53) 4:20.97 (33.58)

4:54.24 (33.27) 5:27.43 (33.19) 6:00.43 (33.00) 6:33.37 (32.94)

7:06.49 (33.12) 7:39.92 (33.43) 8:13.10 (33.18) 8:46.38 (33.28)

9:19.99 (33.61) 9:53.27 (33.28) 10:26.26 (32.99) 10:58.00 (31.74)

**Men 35-39 1650 Yard Freestyle**

2 Nelson, Kirk 38 Pacific Northwest Aquatics 17:16.07 17:07.82

28.36 58.70 (30.34) 1:29.45 (30.75) 2:00.56 (31.11)

2:31.98 (31.42) 3:03.17 (31.19) 3:34.34 (31.17) 4:05.81 (31.47)

4:37.05 (31.24) 5:08.51 (31.46) 5:40.47 (31.96) 6:12.16 (31.69)

6:43.96 (31.80) 7:15.56 (31.60) 7:47.40 (31.84) 8:19.06 (31.66)

8:50.67 (31.61) 9:22.28 (31.61) 9:53.73 (31.45) 10:24.85 (31.12)

10:56.38 (31.53) 11:27.83 (31.45) 11:58.92 (31.09) 12:30.12 (31.20)

13:01.24 (31.12) 13:32.47 (31.23) 14:03.54 (31.07) 14:34.60 (31.06)

15:05.90 (31.30) 15:37.22 (31.32) 16:08.17 (30.95) 16:38.83 (30.66) 17:07.82 (28.99)

**Men 35-39 100 Yard Backstroke**

12 Schutte, Tom 39 Pacific Northwest Aquatics 59.90 58.39

28.06 58.39 (30.33)

**Men 35-39 200 Yard Backstroke**

5 Schutte, Tom 39 Pacific Northwest Aquatics 2:10.07 2:07.00

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

29.47      1:00.84 (31.37)      1:33.98 (33.14)      2:07.00 (33.02)

**Men 35-39 50 Yard Breaststroke**

12 Schutte, Tom      39 Pacific Northwest Aquatics      29.55      29.33

**Men 35-39 100 Yard Breaststroke**

8 Schutte, Tom      39 Pacific Northwest Aquatics      1:02.32      1:02.97

18 Ness, Kerry      39 Pacific Northwest Aquatics      1:27.37      1:20.19

37.28      1:20.19 (42.91)

**Men 35-39 200 Yard Breaststroke**

5 Schutte, Tom      39 Pacific Northwest Aquatics      2:19.15      2:18.57

10 Ness, Kerry      39 Pacific Northwest Aquatics      3:10.09      3:00.53

38.83      1:23.31 (44.48)      2:10.51 (47.20)      3:00.53 (50.02)

**Men 35-39 200 Yard Butterfly**

3 Nelson, Kirk      38 Pacific Northwest Aquatics      2:06.72      2:04.68

27.97      59.40 (31.43)      1:32.23 (32.83)      2:04.68 (32.45)

**Men 35-39 100 Yard IM**

29 Martin, Dan      37 Pacific Northwest Aquatics      1:04.32      1:02.80

34 Ness, Kerry      39 Pacific Northwest Aquatics      1:21.25      1:15.39

35.07      1:15.39 (40.32)

**Men 35-39 200 Yard IM**

11 Schutte, Tom      39 Pacific Northwest Aquatics      2:10.07      2:06.97

26.35      59.40 (33.05)      1:35.60 (36.20)      2:06.97 (31.37)

**Men 35-39 400 Yard IM**

2 Nelson, Kirk      38 Pacific Northwest Aquatics      4:28.73      4:24.43

27.71      58.83 (31.12)      1:34.16 (35.33)      2:08.42 (34.26)  
 2:47.29 (38.87)      3:25.43 (38.14)      3:55.86 (30.43)      4:24.43 (28.57)

**Men 40-44 50 Yard Freestyle**

17 Seibert, Richard      44 Pacific Northwest Aquatics      24.24      23.75

32 Schmidt, Vladimir      41 Pacific Northwest Aquatics      25.83      25.54

**Men 40-44 100 Yard Freestyle**

15 Hanson, Max      41 Pacific Northwest Aquatics      51.50      51.70

24 Schmidt, Vladimir      41 Pacific Northwest Aquatics      56.16      55.54

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

26.87      55.54 (28.67)

**Men 40-44 200 Yard Freestyle**

8	Kays, David	41	Pacific Northwest Aquatics	1:50.50	1:47.68
	25.79	53.11 (27.32)	1:20.73 (27.62)	1:47.68 (26.95)	
19	Hanson, Max	41	Pacific Northwest Aquatics	1:55.82	1:55.30
	26.46	55.27 (28.81)	1:25.07 (29.80)	1:55.30 (30.23)	

**Men 40-44 500 Yard Freestyle**

5	Kays, David	41	Pacific Northwest Aquatics	4:52.47	4:48.45
	26.65	55.34 (28.69)	1:24.86 (29.52)	1:54.38 (29.52)	
	2:23.48 (29.10)	2:52.71 (29.23)	3:21.64 (28.93)	3:50.85 (29.21)	
	4:20.04 (29.19)	4:48.45 (28.41)			
22	Hanson, Max	41	Pacific Northwest Aquatics	5:14.34	5:16.29
	27.82	58.96 (31.14)	1:30.82 (31.86)	2:03.35 (32.53)	
	2:35.39 (32.04)	3:06.47 (31.08)	3:38.13 (31.66)	4:10.67 (32.54)	
	4:43.84 (33.17)	5:16.29 (32.45)			

**Men 40-44 1000 Yard Freestyle**

2	Kays, David	41	Pacific Northwest Aquatics	10:02.58	<b>9:57.25 P</b>
	27.60	56.91 (29.31)	1:26.99 (30.08)	1:57.11 (30.12)	
	2:27.20 (30.09)	2:57.52 (30.32)	3:27.84 (30.32)	3:58.23 (30.39)	
	4:28.48 (30.25)	4:58.76 (30.28)	5:28.32 (29.56)	5:57.96 (29.64)	
	6:27.78 (29.82)	6:57.91 (30.13)	7:28.22 (30.31)	7:58.48 (30.26)	
	8:28.67 (30.19)	8:58.61 (29.94)	9:28.65 (30.04)	9:57.25 (28.60)	

**Men 40-44 1650 Yard Freestyle**

3	Kays, David	41	Pacific Northwest Aquatics	16:59.11	<b>16:54.00 P</b>
	28.50	58.90 (30.40)	1:29.62 (30.72)	2:00.35 (30.73)	
	2:31.14 (30.79)	3:01.96 (30.82)	3:32.81 (30.85)	4:03.80 (30.99)	
	4:34.67 (30.87)	5:05.72 (31.05)	5:36.72 (31.00)	6:07.80 (31.08)	
	6:38.71 (30.91)	7:09.50 (30.79)	7:39.71 (30.21)	8:09.93 (30.22)	
	8:40.58 (30.65)	9:11.47 (30.89)	9:42.42 (30.95)	10:13.11 (30.69)	
	10:43.96 (30.85)	11:14.78 (30.82)	11:45.65 (30.87)	12:16.25 (30.60)	
	12:47.22 (30.97)	13:17.96 (30.74)	13:48.74 (30.78)	14:19.96 (31.22)	
	14:51.08 (31.12)	15:22.32 (31.24)	15:53.35 (31.03)	16:24.49 (31.14)	16:54.00 (29.51)

**Men 40-44 50 Yard Backstroke**

9	Seibert, Richard	44	Pacific Northwest Aquatics	30.40	28.91
---	------------------	----	----------------------------	-------	-------

**Men 40-44 100 Yard Backstroke**

13	Seibert, Richard	44	Pacific Northwest Aquatics	1:04.95	1:01.59
	30.10	1:01.59 (31.49)			

**Men 40-44 50 Yard Breaststroke**

26	Garceau, Michael	43	Pacific Northwest Aquatics	50.00	43.04
----	------------------	----	----------------------------	-------	-------

**Men 40-44 100 Yard Breaststroke**

35	Garceau, Michael	43	Pacific Northwest Aquatics	1:35.00	1:33.25
----	------------------	----	----------------------------	---------	---------

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

43.71 1:33.25 (49.54)

**Men 40-44 50 Yard Butterfly**

24	Schmidt, Vladimir	41	Pacific Northwest Aquatics	28.36	27.49
---	Seibert, Richard	44	Pacific Northwest Aquatics	27.20	NS

**Men 40-44 100 Yard Butterfly**

35	Schmidt, Vladimir	41	Pacific Northwest Aquatics	1:03.52	1:02.12
				29.52	1:02.12 (32.60)

**Men 40-44 200 Yard Butterfly**

7	Kays, David	41	Pacific Northwest Aquatics	2:15.00	2:05.78
15	Garceau, Michael	43	Pacific Northwest Aquatics	3:10.00	3:20.05
				28.75 1:01.13 (32.38) 1:33.41 (32.28) 2:05.78 (32.37)	
				41.27 1:30.90 (49.63) 2:23.87 (52.97) 3:20.05 (56.18)	

**Men 40-44 100 Yard IM**

12	Seibert, Richard	44	Pacific Northwest Aquatics	1:03.68	59.60
				28.12	59.60 (31.48)

**Men 40-44 200 Yard IM**

19	Seibert, Richard	44	Pacific Northwest Aquatics	2:13.34	2:13.69
21	Hanson, Max	41	Pacific Northwest Aquatics	2:15.67	2:14.84
				28.07 1:02.84 (34.77) 1:42.06 (39.22) 2:13.69 (31.63)	
				28.47 1:02.44 (33.97) 1:44.04 (41.60) 2:14.84 (30.80)	

**Men 40-44 400 Yard IM**

6	Kays, David	41	Pacific Northwest Aquatics	4:32.00	4:24.67
18	Hanson, Max	41	Pacific Northwest Aquatics	4:41.50	4:52.36
				28.10 59.46 (31.36) 1:35.69 (36.23) 2:11.85 (36.16)	
				2:49.68 (37.83) 3:27.66 (37.98) 3:57.23 (29.57) 4:24.67 (27.44)	
				29.74 1:03.58 (33.84) 1:40.38 (36.80) 2:17.10 (36.72)	
				3:00.57 (43.47) 3:44.87 (44.30) 4:19.26 (34.39) 4:52.36 (33.10)	

**Men 45-49 100 Yard Freestyle**

16	Colbeck, Pete	47	Pacific Northwest Aquatics	51.00	51.72
				25.26	51.72 (26.46)

**Men 45-49 200 Yard Freestyle**

8	Colbeck, Pete	47	Pacific Northwest Aquatics	1:51.00	1:51.86
11	Nalli, Lyle	49	Pacific Northwest Aquatics	1:54.00	1:52.52
12	Valley, Eric	47	Pacific Northwest Aquatics	1:54.11	1:52.91
				26.19 54.12 (27.93) 1:22.53 (28.41) 1:51.86 (29.33)	
				26.42 54.94 (28.52) 1:23.73 (28.79) 1:52.52 (28.79)	

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

27.43      56.40 (28.97)      1:25.25 (28.85)      1:52.91 (27.66)

**Men 45-49 500 Yard Freestyle**

2 Colbeck, Pete      47 Pacific Northwest Aquatics      5:03.00      5:02.29

27.68      57.99 (30.31)      1:28.60 (30.61)      1:59.37 (30.77)  
 2:30.12 (30.75)      3:00.75 (30.63)      3:31.57 (30.82)      4:02.06 (30.49)  
 4:32.22 (30.16)      5:02.29 (30.07)

4 Nalli, Lyle      49 Pacific Northwest Aquatics      5:01.00      5:04.10

28.21      58.88 (30.67)      1:30.18 (31.30)      2:01.63 (31.45)  
 2:32.82 (31.19)      3:03.43 (30.61)      3:33.84 (30.41)      4:04.28 (30.44)  
 4:34.72 (30.44)      5:04.10 (29.38)

8 Valley, Eric      47 Pacific Northwest Aquatics      5:14.68      5:09.32

29.02      1:00.17 (31.15)      1:31.78 (31.61)      2:03.47 (31.69)  
 2:35.20 (31.73)      3:06.75 (31.55)      3:38.04 (31.29)      4:08.95 (30.91)  
 4:40.06 (31.11)      5:09.32 (29.26)

**Men 45-49 1000 Yard Freestyle**

4 Colbeck, Pete      47 Pacific Northwest Aquatics      10:35.00      10:33.15

28.93      1:00.02 (31.09)      1:31.62 (31.60)      2:03.60 (31.98)  
 2:35.17 (31.57)      3:06.92 (31.75)      3:38.92 (32.00)      4:10.62 (31.70)  
 4:42.38 (31.76)      5:13.99 (31.61)      5:45.63 (31.64)      6:17.44 (31.81)  
 6:49.30 (31.86)      7:21.21 (31.91)      7:53.26 (32.05)      8:25.31 (32.05)  
 8:57.45 (32.14)      9:29.58 (32.13)      10:02.24 (32.66)      10:33.15 (30.91)

7 Valley, Eric      47 Pacific Northwest Aquatics      11:10.21      10:40.48

30.17      1:02.83 (32.66)      1:35.55 (32.72)      2:08.29 (32.74)  
 2:40.51 (32.22)      3:12.93 (32.42)      3:45.12 (32.19)      4:17.42 (32.30)  
 4:49.58 (32.16)      5:21.64 (32.06)      5:53.33 (31.69)      6:25.20 (31.87)  
 6:57.23 (32.03)      7:29.07 (31.84)      8:00.78 (31.71)      8:33.11 (32.33)  
 9:04.82 (31.71)      9:36.87 (32.05)      10:09.19 (32.32)      10:40.48 (31.29)

**Men 45-49 1650 Yard Freestyle**

7 Nalli, Lyle      49 Pacific Northwest Aquatics      18:11.00      18:20.05

29.74      1:02.22 (32.48)      1:35.00 (32.78)      2:08.21 (33.21)  
 2:41.51 (33.30)      3:14.62 (33.11)      3:47.71 (33.09)      4:20.79 (33.08)  
 4:53.98 (33.19)      5:27.20 (33.22)      6:00.23 (33.03)      6:33.39 (33.16)  
 7:06.68 (33.29)      7:39.71 (33.03)      8:12.81 (33.10)      8:46.27 (33.46)  
 9:19.74 (33.47)      9:53.02 (33.28)      10:26.92 (33.90)      11:00.66 (33.74)  
 11:34.25 (33.59)      12:08.00 (33.75)      12:42.05 (34.05)      13:15.55 (33.50)  
 13:49.19 (33.64)      14:23.10 (33.91)      14:56.79 (33.69)      15:30.52 (33.73)  
 16:04.49 (33.97)      16:39.07 (34.58)      17:13.33 (34.26)      17:47.26 (33.93)      18:20.05 (32.79)

**Men 45-49 50 Yard Backstroke**

--- Littlefield, James      49 Pacific Northwest Aquatics      30.18      NS

**Men 45-49 100 Yard Backstroke**

14 Littlefield, James      49 Pacific Northwest Aquatics      1:03.15      1:04.01

31.45      1:04.01 (32.56)

**Men 45-49 200 Yard Backstroke**

3 Nalli, Lyle      49 Pacific Northwest Aquatics      2:09.00      **2:05.49 P**

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

	29.97	1:01.52 (31.55)	1:33.51 (31.99)	2:05.49 (31.98)		
<b>Men 45-49 100 Yard Butterfly</b>						
13	Colbeck, Pete		47	Pacific Northwest Aquatics	59.50	57.35
	27.41	57.35 (29.94)				
<b>Men 45-49 200 Yard Butterfly</b>						
5	Valley, Eric		47	Pacific Northwest Aquatics	2:26.10	2:12.80
	30.28	1:05.17 (34.89)	1:39.12 (33.95)		2:12.80 (33.68)	
<b>Men 45-49 200 Yard IM</b>						
10	Valley, Eric		47	Pacific Northwest Aquatics	2:16.39	2:10.87
	28.28	1:02.56 (34.28)	1:41.16 (38.60)		2:10.87 (29.71)	
<b>Men 45-49 400 Yard IM</b>						
6	Nalli, Lyle		49	Pacific Northwest Aquatics	4:39.00	4:32.05
	29.18	1:01.51 (32.33)	1:36.84 (35.33)		2:11.09 (34.25)	
	2:50.89 (39.80)	3:30.57 (39.68)	4:01.86 (31.29)		4:32.05 (30.19)	
10	Valley, Eric		47	Pacific Northwest Aquatics	4:53.86	4:44.46
	29.64	1:03.65 (34.01)	1:42.26 (38.61)		2:20.57 (38.31)	
	3:01.66 (41.09)	3:42.84 (41.18)	4:15.13 (32.29)		4:44.46 (29.33)	
<b>Men 55-59 50 Yard Freestyle</b>						
8	Jacobs, Ronald		57	Pacific Northwest Aquatics	24.00	25.14
<b>Men 55-59 100 Yard Freestyle</b>						
8	Jacobs, Ronald		57	Pacific Northwest Aquatics	53.53	54.70
	26.21	54.70 (28.49)				
<b>Men 55-59 200 Yard Freestyle</b>						
8	Bell, Alan		59	Pacific Northwest Aquatics	2:05.00	<b>1:58.78 P</b>
	28.59	58.65 (30.06)	1:29.33 (30.68)		1:58.78 (29.45)	
19	Dewit, John		56	Pacific Northwest Aquatics	2:15.26	2:13.37
	30.17	1:03.72 (33.55)	1:38.38 (34.66)		2:13.37 (34.99)	
<b>Men 55-59 500 Yard Freestyle</b>						
8	Bell, Alan		59	Pacific Northwest Aquatics	5:33.00	<b>5:20.35 Z</b>
	29.50	1:01.47 (31.97)	1:33.89 (32.42)		2:06.61 (32.72)	
	2:38.97 (32.36)	3:11.63 (32.66)	3:44.19 (32.56)		4:16.60 (32.41)	
	4:49.04 (32.44)	5:20.35 (31.31)				
11	Penn, William		57	Pacific Northwest Aquatics	5:49.00	5:33.52
	30.72	1:04.44 (33.72)	1:38.85 (34.41)		2:13.27 (34.42)	
	2:47.32 (34.05)	3:21.21 (33.89)	3:54.74 (33.53)		4:28.12 (33.38)	
	5:01.24 (33.12)	5:33.52 (32.28)				
17	Dewit, John		56	Pacific Northwest Aquatics	6:14.82	6:13.18

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

33.09	1:08.86 (35.77)	1:45.60 (36.74)	2:22.61 (37.01)
3:00.12 (37.51)	3:37.66 (37.54)	4:16.86 (39.20)	4:56.54 (39.68)
5:35.73 (39.19)	6:13.18 (37.45)		

**Men 55-59 1000 Yard Freestyle**

4 Bell, Alan 59 Pacific Northwest Aquatics 11:20.00 **11:01.00 Z**

29.49	1:01.94 (32.45)	1:34.87 (32.93)	2:08.33 (33.46)
2:41.72 (33.39)	3:15.12 (33.40)	3:48.85 (33.73)	4:22.78 (33.93)
4:56.14 (33.36)	5:29.62 (33.48)	6:02.99 (33.37)	6:36.25 (33.26)
7:09.60 (33.35)	7:42.91 (33.31)	8:16.31 (33.40)	8:49.96 (33.65)
9:23.30 (33.34)	9:56.80 (33.50)	10:30.18 (33.38)	11:01.00 (30.82)

6 Penn, William 57 Pacific Northwest Aquatics 11:56.00 11:11.40

30.87		1:38.89 ( )	
2:48.04 ( )	3:22.29 (34.25)	3:57.00 (34.71)	4:30.96 (33.96)
5:05.23 (34.27)		6:12.92 ( )	6:46.62 (33.70)
7:20.60 (33.98)	7:54.16 (33.56)	8:27.67 (33.51)	9:01.37 (33.70)
9:34.89 (33.52)	10:07.74 (32.85)	10:40.25 (32.51)	11:11.40 (31.15)

**Men 55-59 1650 Yard Freestyle**

4 Bell, Alan 59 Pacific Northwest Aquatics 19:00.00 **18:28.66 P**

30.63	1:03.92 (33.29)	1:37.77 (33.85)	2:11.82 (34.05)
2:45.87 (34.05)	3:19.86 (33.99)	3:53.51 (33.65)	4:27.47 (33.96)
5:00.92 (33.45)	5:34.80 (33.88)	6:08.70 (33.90)	6:42.25 (33.55)
7:16.23 (33.98)	7:49.95 (33.72)	8:23.94 (33.99)	8:57.70 (33.76)
9:31.39 (33.69)	10:05.28 (33.89)	10:38.87 (33.59)	11:12.49 (33.62)
11:46.38 (33.89)	12:20.08 (33.70)	12:53.78 (33.70)	13:27.37 (33.59)
14:01.32 (33.95)	14:35.00 (33.68)	15:08.85 (33.85)	15:42.67 (33.82)
16:16.34 (33.67)	16:50.20 (33.86)	17:23.75 (33.55)	17:57.34 (33.59)
			18:28.66 (31.32)

6 Penn, William 57 Pacific Northwest Aquatics 18:47.00 19:19.10

	1:06.03 ( )	1:41.58 (35.55)	2:17.36 (35.78)
2:53.15 (35.79)	3:28.96 (35.81)	4:04.71 (35.75)	4:40.03 (35.32)
5:15.60 (35.57)	5:50.92 (35.32)	6:26.48 (35.56)	7:01.53 (35.05)
7:36.81 (35.28)	8:12.22 (35.41)	8:47.48 (35.26)	9:22.27 (34.79)
9:57.50 (35.23)	10:33.21 (35.71)	11:08.96 (35.75)	11:44.52 (35.56)
12:19.84 (35.32)	12:55.29 (35.45)	13:30.76 (35.47)	14:06.09 (35.33)
14:41.29 (35.20)	15:16.96 (35.67)	15:52.05 (35.09)	16:27.27 (35.22)
17:02.55 (35.28)	17:37.77 (35.22)	18:12.39 (34.62)	18:46.35 (33.96)
			19:19.10 (32.75)

**(Men 55-59 1650 Yard Freestyle)**

--- Dewit, John 56 Pacific Northwest Aquatics 21:21.42 DQ

Did not finish

**Men 55-59 50 Yard Backstroke**

7 Jacobs, Ronald 57 Pacific Northwest Aquatics 29.50 30.36

**Men 55-59 100 Yard Backstroke**

9 Jacobs, Ronald 57 Pacific Northwest Aquatics 1:04.50 1:05.88

31.64	1:05.88 (34.24)
-------	-----------------

**Men 55-59 50 Yard Breaststroke**

10 Reeder, Bill 56 Pacific Northwest Aquatics 35.78 36.14

**Men 55-59 100 Yard Breaststroke**



**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

13	Reeder, Bill	56	Pacific Northwest Aquatics	1:16.70	1:18.35
	37.64		1:18.35 (40.71)		

**Men 55-59 50 Yard Butterfly**

16	Reeder, Bill	56	Pacific Northwest Aquatics	30.23	30.37
---	Jacobs, Ronald	57	Pacific Northwest Aquatics	28.50	NS

**Men 55-59 100 Yard Butterfly**

1	Lautman, Scott	56	Pacific Northwest Aquatics	58.50	57.71
	27.07		57.71 (30.64)		
9	Reeder, Bill	56	Pacific Northwest Aquatics	1:09.64	1:11.24
	33.10		1:11.24 (38.14)		

**Men 55-59 200 Yard Butterfly**

1	Lautman, Scott	56	Pacific Northwest Aquatics	2:13.70	2:10.60
	29.04		1:01.61 (32.57) 1:35.71 (34.10) 2:10.60 (34.89)		
2	Bell, Alan	59	Pacific Northwest Aquatics	2:20.00	2:18.80
	32.17		1:08.62 (36.45) 1:44.21 (35.59) 2:18.80 (34.59)		

**Men 55-59 100 Yard IM**

10	Reeder, Bill	56	Pacific Northwest Aquatics	1:11.87	1:11.96
	33.95		1:11.96 (38.01)		
11	Penn, William	57	Pacific Northwest Aquatics	1:15.00	1:12.57
	34.56		1:12.57 (38.01)		

**Men 55-59 200 Yard IM**

9	Penn, William	57	Pacific Northwest Aquatics	2:36.00	2:34.14
	32.72		1:14.78 (42.06) 2:01.75 (46.97) 2:34.14 (32.39)		

**Men 55-59 400 Yard IM**

8	Penn, William	57	Pacific Northwest Aquatics	5:36.00	6:00.55
	39.39		1:26.79 (47.40) 2:15.51 (48.72) 3:01.75 (46.24)		
	3:54.58 (52.83)		4:46.50 (51.92) 5:24.80 (38.30) 6:00.55 (35.75)		

**Men 60-64 50 Yard Freestyle**

10	Wright, Larry	60	Pacific Northwest Aquatics	26.28	26.24
---	Warner, Frank	60	Pacific Northwest Aquatics	25.90	NS

**Men 60-64 100 Yard Freestyle**

6	Kirkland, Dan	60	Unattached	1:00.62	<b>58.04 P</b>
	28.35		58.04 (29.69)		
8	Wright, Larry	60	Pacific Northwest Aquatics	59.43	58.72
	27.58		58.72 (31.14)		

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex**

**Results**

14 Peterson, Steven 62 Pacific Northwest Aquatics 1:04.90 1:04.82

30.92 1:04.82 (33.90)  
--- Warner, Frank 60 Pacific Northwest Aquatics 56.50 NS

**Men 60-64 200 Yard Freestyle**

--- Warner, Frank 60 Pacific Northwest Aquatics 2:04.90 NS

**Men 60-64 500 Yard Freestyle**

4 Kirkland, Dan 60 Unattached 5:49.87 5:42.00

30.71 1:03.45 (32.74) 1:37.47 (34.02) 2:12.23 (34.76)  
2:47.34 (35.11) 3:22.35 (35.01) 3:57.55 (35.20) 4:32.83 (35.28)  
5:07.72 (34.89) 5:42.00 (34.28)

**Men 60-64 50 Yard Backstroke**

--- Warner, Frank 60 Pacific Northwest Aquatics 29.70 NS

**Men 60-64 100 Yard Backstroke**

5 Wright, Larry 60 Pacific Northwest Aquatics 1:11.26 1:11.01

34.22 1:11.01 (36.79)  
--- Warner, Frank 60 Pacific Northwest Aquatics 1:06.00 NS

**Men 60-64 200 Yard Backstroke**

3 Kirkland, Dan 60 Unattached 2:28.92 2:25.93

34.71 1:10.76 (36.05) 1:48.35 (37.59) 2:25.93 (37.58)  
--- Warner, Frank 60 Pacific Northwest Aquatics 2:24.00 NS

**Men 60-64 50 Yard Breaststroke**

9 Peterson, Steven 62 Pacific Northwest Aquatics 32.80 33.89

**Men 60-64 100 Yard Breaststroke**

9 Peterson, Steven 62 Pacific Northwest Aquatics 1:13.40 1:14.34

34.60 1:14.34 (39.74)

**Men 60-64 200 Yard Breaststroke**

8 Peterson, Steven 62 Pacific Northwest Aquatics 2:42.80 2:45.53

36.83 1:18.35 (41.52) 2:02.70 (44.35) 2:45.53 (42.83)

**Men 60-64 50 Yard Butterfly**

5 Wright, Larry 60 Pacific Northwest Aquatics 27.77 27.98

**Men 60-64 100 Yard Butterfly**

8 Wright, Larry 60 Pacific Northwest Aquatics 1:08.64 **1:04.53 P**

29.46 1:04.53 (35.07)

**2009 USMS National Short Course Championship, Sanction #: 38-09-07  
Clovis North High School Aquatic Complex  
Results**

**Men 60-64 100 Yard IM**

10	Wright, Larry	60	Pacific Northwest Aquatics	1:07.21	1:06.92
	30.10		1:06.92 (36.82)		

**Men 60-64 200 Yard IM**

9	Peterson, Steven	62	Pacific Northwest Aquatics	2:38.60	2:42.08
	36.32		1:22.02 (45.70)    2:04.37 (42.35)	2:42.08 (37.71)	

**Men 65-69 50 Yard Freestyle**

10	Garrett, Sonny	65	Pacific Northwest Aquatics	28.49	28.45
12	Sawyer, Dennis	65	Pacific Northwest Aquatics	31.37	29.97

**Men 65-69 100 Yard Backstroke**

9	Nordby, Michael	67	Pacific Northwest Aquatics	1:21.00	1:20.84
	39.54		1:20.84 (41.30)		

**Men 65-69 200 Yard Backstroke**

8	Nordby, Michael	67	Pacific Northwest Aquatics	2:55.00	2:55.41
	41.76		1:25.16 (43.40)    2:10.43 (45.27)	2:55.41 (44.98)	

**Men 65-69 50 Yard Breaststroke**

5	Sawyer, Dennis	65	Pacific Northwest Aquatics	39.22	36.41
---	----------------	----	----------------------------	-------	-------

**Men 65-69 100 Yard Breaststroke**

6	Sawyer, Dennis	65	Pacific Northwest Aquatics	1:28.95	1:20.35
	38.28		1:20.35 (42.07)		

**Men 65-69 200 Yard Breaststroke**

6	Sawyer, Dennis	65	Pacific Northwest Aquatics	3:25.00	3:03.84
	42.23		1:29.15 (46.92)    3:03.84 (1:34.69)		

**Men 65-69 50 Yard Butterfly**

8	Garrett, Sonny	65	Pacific Northwest Aquatics	30.24	31.05
10	Nordby, Michael	67	Pacific Northwest Aquatics	34.50	34.96

**Men 65-69 100 Yard IM**

13	Nordby, Michael	67	Pacific Northwest Aquatics	1:17.50	1:19.97
	36.23		1:19.97 (43.74)		
14	Sawyer, Dennis	65	Pacific Northwest Aquatics	1:25.49	1:20.39
	41.17		1:20.39 (39.22)		

**Men 65-69 200 Yard IM**

11	Nordby, Michael	67	Pacific Northwest Aquatics	2:53.00	2:56.76
----	-----------------	----	----------------------------	---------	---------

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**

**Clovis North High School Aquatic Complex**

**Results**

38.17 1:22.51 (44.34) 2:16.80 (54.29) 2:56.76 (39.96)

**Men 65-69 400 Yard IM**

6 Nordby, Michael 67 Pacific Northwest Aquatics 6:15.00 6:20.07

42.94 1:34.95 (52.01) 2:21.95 (47.00) 3:08.28 (46.33)  
4:03.08 (54.80) 4:56.96 (53.88) 5:39.23 (42.27) 6:20.07 (40.84)

**Men 70-74 50 Yard Freestyle**

--- Hally, Gordon 73 Pacific Northwest Aquatics 36.00 NS

**Men 70-74 50 Yard Breaststroke**

6 Truong, Dominique 70 Pacific Northwest Aquatics 41.00 42.89

**Men 70-74 100 Yard Breaststroke**

5 Truong, Dominique 70 Pacific Northwest Aquatics 1:36.00 1:38.03

45.78 1:38.03 (52.25)

**Men 70-74 50 Yard Butterfly**

--- Hally, Gordon 73 Pacific Northwest Aquatics 44.00 NS

**Women 18+ 200 Yard Freestyle Relay**

1 Pacific Northwest Aquatics A 1:43.85 **1:43.57 Z**

1) Dahl, Lisa W48 2) Dowdle, Angela W20 3) Coulter, Tamara W32 4) Pierce, Shona W24  
24.83 52.60 (27.77) 1:18.03 (25.43) 1:43.57 (25.54)

10 Pacific Northwest Aquatics B 2:09.31 2:06.23

1) Banashak, Madeline W18 2) Hansen, Marsha W62 3) De Sitter, Sara W20 4) Man, Mary-Jane W22  
28.54 1:06.48 (37.94) 1:36.91 (30.43) 2:06.23 (29.32)

**Women 18+ 200 Yard Medley Relay**

5 Pacific Northwest Aquatics A 2:05.04 2:00.90

1) Pierce, Shona W24 2) De Sitter, Sara W20 3) Coulter, Tamara W32 4) Banashak, Madeline W18  
29.90 1:06.24 (36.34) 1:32.81 (26.57) 2:00.90 (28.09)

**Women 35+ 200 Yard Freestyle Relay**

12 Pacific Northwest Aquatics A 2:06.17 2:07.93

1) Berg, Tonya W50 2) Blackburn, Jean W57 3) Singer, Shannon W39 4) Dillon, Sally W62  
32.28 1:05.14 (32.86) 1:36.62 (31.48) 2:07.93 (31.31)

**Women 45+ 200 Yard Medley Relay**

10 Pacific Northwest Aquatics A 2:14.15 2:16.20

1) Dahl, Lisa W48 2) Berg, Tonya W50 3) Blackburn, Jean W57 4) Welch, Sarah W62  
30.05 1:44.72 (1:14.67) 2:16.25 (31.53) 2:16.20 ( )

**Women 55+ 200 Yard Freestyle Relay**

2 Pacific Northwest Aquatics A 1:56.40 **1:57.59 N**

1) Welch, Sarah W62 2) Dills, Suzanne W64 3) Glassman, Debbie W55 4) Davis, Charlotte W59  
31.45 1:02.85 (31.40) 1:30.51 (27.66) 1:57.59 (27.08)

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**  
**Results**

**Women 55+ 200 Yard Medley Relay**

2 Pacific Northwest Aquatics	A	2:18.20	2:16.47
1) Dills, Suzanne W64 39.70	2) Dillon, Sally W62 1:19.65 (39.95)	3) Davis, Charlotte W59 2:16.47 (27.65)	4) Glassman, Debbie W55 1:48.82 (29.17)

**Men 18+ 200 Yard Freestyle Relay**

5 Pacific Northwest Aquatics	A	1:32.04	1:31.86
1) Goldman, Brian M23 21.75	2) Valley, Eric M47 45.05 (23.30)	3) Colbeck, Pete M47 1:31.86 (23.08)	4) Fanning, Mark M23 1:08.78 (23.73)
12 Pacific Northwest Aquatics	B	1:47.66	1:43.94
1) Dewey, Ryan M20 26.20	2) Wanzek, Paul M19 54.10 (27.90)	3) Sage, Andrew M19 1:43.94 (24.05)	4) Whitefield, Benjamin M19 1:19.89 (25.79)

**Men 18+ 200 Yard Medley Relay**

--- Pacific Northwest Aquatics	A	1:48.49	DQ
Not enough swimmers			
1) Fanning, Mark M23	2) Hanson, Max M41	3) Goldman, Brian M23	4) Nalli, Lyle M49

**Men 35+ 200 Yard Freestyle Relay**

10 Pacific Northwest Aquatics	A	1:35.45	1:35.48
1) Martin, Dan M37 25.14	2) Hanson, Max M41 48.86 (23.72)	3) Nelson, Kirk M38 1:35.48 (23.55)	4) Seibert, Richard M44 1:11.93 (23.07)

**Men 35+ 200 Yard Medley Relay**

12 Pacific Northwest Aquatics	A	1:47.45	<b>1:46.05 P</b>
1) Seibert, Richard M44 28.72	2) Schutte, Tom M39 57.46 (28.74)	3) Colbeck, Pete M47 1:46.05 (23.31)	4) Valley, Eric M47 1:22.74 (25.28)

**Men 55+ 200 Yard Freestyle Relay**

6 Pacific Northwest Aquatics	A	1:47.33	1:48.33
1) Jacobs, Ronald M57 25.51	2) Garrett, Sonny M65 53.48 (27.97)	3) Reeder, Bill M56 1:48.33 (26.79)	4) Dewit, John M56 1:21.54 (28.06)

**Men 55+ 200 Yard Medley Relay**

--- Pacific Northwest Aquatics	A	1:59.34	DNF
Did not finish - Misc			
1) Jacobs, Ronald M57	2) Peterson, Steven M62	3) Garrett, Sonny M65	4) Dewit, John M56

**Mixed 18+ 200 Yard Freestyle Relay**

17 Pacific Northwest Aquatics	B	1:49.30	1:50.22
1) Whitefield, Benjamin M19 24.64	2) Banashak, Madeline W18 52.99 (28.35)	3) Man, Mary-Jane W22 1:50.22 (28.26)	4) Wanzek, Paul M19 1:21.96 (28.97)
18 Pacific Northwest Aquatics	C	1:55.02	1:52.15
1) Wenner, Marissa W20 29.09	2) Dewey, Ryan M20 55.46 (26.37)	3) De Sitter, Sara W20 1:52.15 (25.15)	4) Sage, Andrew M19 1:27.00 (31.54)
--- Pacific Northwest Aquatics	A	1:37.24	DQ

Early take-off swimmer #3

**2009 USMS National Short Course Championship, Sanction #: 38-09-07**  
**Clovis North High School Aquatic Complex**

**Results**

1) Fanning, Mark M23      2) Dowdle, Angela W20      3) Pierce, Shona W24      4) Goldman, Brian M23

**Mixed 18+ 200 Yard Medley Relay**

8 Pacific Northwest Aquatics      A      1:51.33      1:52.23

1) Fanning, Mark M23      2) Pierce, Shona W24      3) Coulter, Tamara W32      4) Seibert, Richard M44  
 27.87      1:01.61 (33.74)      1:28.80 (27.19)      1:52.23 (23.43)

14 Pacific Northwest Aquatics      B      2:01.80      2:01.54

1) Hanson, Max M41      2) Valley, Eric M47      3) Dowdle, Angela W20      4) Banashak, Madeline W18  
 30.66      1:01.96 (31.30)      1:34.08 (32.12)      2:01.54 (27.46)

**Mixed 25+ 200 Yard Freestyle Relay**

3 Pacific Northwest Aquatics      A      1:37.65      1:36.47

1) Dahl, Lisa W48      2) Coulter, Tamara W32      3) Nelson, Kirk M38      4) Valley, Eric M47  
 25.12      50.41 (25.29)      1:13.08 (22.67)      1:36.47 (23.39)

**Mixed 35+ 200 Yard Freestyle Relay**

16 Pacific Northwest Aquatics      A      1:49.25      1:48.67

1) Hanson, Max M41      2) Welch, Sarah W62      3) Dillon, Sally W62      4) Seibert, Richard M44  
 24.14      54.43 (30.29)      1:25.18 (30.75)      1:48.67 (23.49)

**Mixed 35+ 200 Yard Medley Relay**

13 Pacific Northwest Aquatics      A      1:54.90      1:54.60

1) Schutte, Tom M39      2) Berg, Tonya W50      3) Dahl, Lisa W48      4) Nelson, Kirk M38  
 28.22      1:04.58 (36.36)      1:31.40 (26.82)      1:54.60 (23.20)

**Mixed 55+ 200 Yard Freestyle Relay**

2 Pacific Northwest Aquatics      A      1:46.70      **1:45.69 N**

1) Glassman, Debbie W55      2) Dewit, John M56      3) Davis, Charlotte W59      4) Jacobs, Ronald M57  
 27.92      54.31 (26.39)      1:21.19 (26.88)      1:45.69 (24.50)

**Mixed 55+ 200 Yard Medley Relay**

2 Pacific Northwest Aquatics      A      2:00.60      **2:01.96 N**

1) Jacobs, Ronald M57      2) Peterson, Steven M62      3) Davis, Charlotte W59      4) Glassman, Debbie W55  
 30.94      1:04.58 (33.64)      1:34.37 (29.79)      2:01.96 (27.59)

10 Pacific Northwest Aquatics      B      2:19.90      2:17.98

1) Reeder, Bill M56      2) Dillon, Sally W62      3) Welch, Sarah W62      4) Dewit, John M56  
 36.82      1:17.18 (40.36)      1:51.35 (34.17)      2:17.98 (26.63)