

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Women 18-24 50 Yard Freestyle**

|   |                           |    |                  |       |
|---|---------------------------|----|------------------|-------|
| 1 | Prange, Cara              | 20 | Western Washingt | 27.82 |
| 2 | McKiernan, Alex           | 21 | Western Washingt | 29.65 |
| 3 | Tikka-Dills-Lovasz, Sarah | 21 | Central Washingt | 31.51 |
| 4 | McKenzie, Kelly           | 19 | Central Washingt | 31.98 |
| 5 | Moerdyk, Kristen          | 21 | Central Washingt | 32.33 |
| 6 | Monsen, Meg               | 21 | Western Washingt | 32.61 |
| 7 | Gonser, Becca             | 19 | Central Washingt | 33.74 |
| 8 | Rhodes, Mollyanne         | 18 | Lake Washington  | 39.88 |

**Women 18-24 100 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Anderson, Sydney  | 22    | UNA              | 1:00.06 |
|   | 29.18             | 30.88 |                  |         |
| 2 | Prange, Cara      | 20    | Western Washingt | 1:01.35 |
|   | 29.28             | 32.07 |                  |         |
| 3 | McKiernan, Alex   | 21    | Western Washingt | 1:04.00 |
|   | 30.21             | 33.79 |                  |         |
| 4 | Monsen, Emily     | 19    | Western Washingt | 1:05.72 |
|   | 31.10             | 34.62 |                  |         |
| 5 | Monsen, Allie     | 19    | Western Washingt | 1:06.79 |
|   | 31.40             | 35.39 |                  |         |
| 6 | Gonser, Becca     | 19    | Central Washingt | 1:11.77 |
|   | 33.73             | 38.04 |                  |         |
| 7 | Moerdyk, Kristen  | 21    | Central Washingt | 1:15.62 |
|   | 34.86             | 40.76 |                  |         |
| 8 | Rhodes, Mollyanne | 18    | Lake Washington  | 1:30.07 |
|   | 41.64             | 48.43 |                  |         |

**Women 18-24 200 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Anderson, Sydney  | 22    | UNA              | 2:08.27 |
|   | 29.69             | 32.08 | 33.03            | 33.47   |
| 2 | Prange, Cara      | 20    | Western Washingt | 2:12.64 |
|   | 30.04             | 33.51 | 35.10            | 33.99   |
| 3 | Barnick, Angela   | 20    | Western Washingt | 2:16.75 |
|   | 31.12             | 35.13 | 35.82            | 34.68   |
| 4 | Rhodes, Mollyanne | 18    | Lake Washington  | 3:17.47 |
|   | 43.43             | 51.04 | 51.75            | 51.25   |

**Women 18-24 500 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Anderson, Sydney | 22    | UNA              | 5:41.00 |
|   | 31.06            | 33.32 | 33.87            | 34.53   |
|   | 34.59            | 34.59 | 34.88            | 34.93   |
|   | 34.92            | 34.31 |                  |         |
| 2 | Monsen, Emily    | 19    | Western Washingt | 6:46.80 |
|   | 35.61            | 38.82 | 40.41            | 41.00   |
|   | 41.06            | 45.26 | 42.42            | 42.35   |
|   | 41.42            | 38.45 |                  |         |
| 3 | Dugan, Kylie     | 19    | Central Washingt | 8:09.57 |
|   | 44.24            | 50.71 | 48.39            | 50.94   |
|   | 49.99            | 50.67 | 49.11            | 49.52   |
|   | 48.51            | 47.49 |                  |         |

**Women 18-24 50 Yard Backstroke**

|   |               |    |                  |       |
|---|---------------|----|------------------|-------|
| 1 | Monsen, Meg   | 21 | Western Washingt | 37.82 |
| 2 | Monsen, Allie | 19 | Western Washingt | 38.57 |

**Women 18-24 100 Yard Backstroke**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | Lemke, Savannah | 22    | Central Washingt | 1:10.52 |
|   | 33.93           | 36.59 |                  |         |

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 2 | Baber, Caroline | 18    | Western Washingt | 1:19.93 |
|   | 38.48           | 41.45 |                  |         |
| 3 | Monsen, Meg     | 21    | Western Washingt | 1:22.56 |
|   | 39.49           | 43.07 |                  |         |

**Women 18-24 50 Yard Breaststroke**

|   |                           |    |                  |       |
|---|---------------------------|----|------------------|-------|
| 1 | McKiernan, Alex           | 21 | Western Washingt | 37.34 |
| 2 | Tikka-Dills-Lovasz, Sarah | 21 | Central Washingt | 43.54 |
| 3 | McKenzie, Kelly           | 19 | Central Washingt | 49.46 |

**Women 18-24 100 Yard Breaststroke**

|   |                           |       |                  |         |
|---|---------------------------|-------|------------------|---------|
| 1 | Tikka-Dills-Lovasz, Sarah | 21    | Central Washingt | 1:36.33 |
|   | 45.17                     | 51.16 |                  |         |

**Women 18-24 200 Yard Breaststroke**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | McKiernan, Alex | 21    | Western Washingt | 2:56.34 |
|   | 38.87           | 44.55 | 45.60            | 47.32   |

**Women 18-24 50 Yard Butterfly**

|   |                 |    |                  |       |
|---|-----------------|----|------------------|-------|
| 1 | Lemke, Savannah | 22 | Central Washingt | 30.13 |
| 2 | Barnick, Angela | 20 | Western Washingt | 31.79 |
| 3 | Gonser, Becca   | 19 | Central Washingt | 36.78 |

**Women 18-24 100 Yard Butterfly**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | Barnick, Angela | 20    | Western Washingt | 1:10.86 |
|   | 33.63           | 37.23 |                  |         |
| 2 | Baber, Caroline | 18    | Western Washingt | 1:20.78 |
|   | 37.22           | 43.56 |                  |         |

**Women 18-24 100 Yard IM**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | Prange, Cara    | 20    | Western Washingt | 1:10.66 |
|   | 32.21           | 38.45 |                  |         |
| 2 | Barnick, Angela | 20    | Western Washingt | 1:11.99 |
|   | 33.91           | 38.08 |                  |         |
| 3 | Baber, Caroline | 18    | Western Washingt | 1:21.26 |
|   | 37.34           | 43.92 |                  |         |
| 4 | Monsen, Emily   | 19    | Western Washingt | 1:23.12 |
|   | 38.03           | 45.09 |                  |         |
| 5 | Monsen, Allie   | 19    | Western Washingt | 1:24.92 |
|   | 38.81           | 46.11 |                  |         |
| 6 | Dugan, Kylie    | 19    | Central Washingt | 1:38.37 |
|   | 43.75           | 54.62 |                  |         |

**Women 25-29 50 Yard Freestyle**

|   |                |    |                  |       |
|---|----------------|----|------------------|-------|
| 1 | Byers, Kirsten | 26 | Blue Wave Aquati | 24.55 |
| 2 | Darrah, Kelly  | 28 | Orca Swim Club   | 28.94 |
| 3 | Kleint, Nancy  | 27 | Greenlake Aquadu | 29.83 |
| 4 | Smith, Lauren  | 28 | UC36             | 30.22 |
| 5 | Uberti, Katie  | 27 | UC36             | 30.92 |
| 6 | Petway, Hailey | 27 | Downtown/Bellvu  | 39.30 |

**Women 25-29 100 Yard Freestyle**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Dinkel, Paloma | 26    | Lake Washington  | 55.30   |
|   | 26.21          | 29.09 |                  |         |
| 2 | Kleint, Nancy  | 27    | Greenlake Aquadu | 1:04.61 |
|   | 30.88          | 33.73 |                  |         |
| 3 | Darrah, Kelly  | 28    | Orca Swim Club   | 1:06.26 |
|   | 31.16          | 35.10 |                  |         |
| 4 | Smith, Lauren  | 28    | UC36             | 1:07.24 |
|   | 31.27          | 35.97 |                  |         |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Women 25-29 500 Yard Freestyle**

|   |               |       |                  |         |
|---|---------------|-------|------------------|---------|
| 1 | Kleint, Nancy | 27    | Greenlake Aquadu | 6:06.43 |
|   | 32.63         | 35.67 | 36.69            | 37.09   |
|   | 37.55         | 37.37 | 37.78            | 37.82   |
|   | 37.69         | 36.14 |                  |         |

**Women 25-29 50 Yard Backstroke**

|   |                   |    |                 |       |
|---|-------------------|----|-----------------|-------|
| 1 | Helgason, Chelsea | 28 | Lake Washington | 30.05 |
| 2 | Gilmore, Anna     | 28 | Downtown/Bellvu | 32.29 |
| 3 | Darrah, Kelly     | 28 | Orca Swim Club  | 35.61 |

**Women 25-29 100 Yard Backstroke**

|   |                     |       |                 |         |
|---|---------------------|-------|-----------------|---------|
| 1 | Helgason, Chelsea   | 28    | Lake Washington | 1:05.18 |
|   | 31.70               | 33.48 |                 |         |
| 2 | Kassabaum, Victoria | 25    | Husky Masters   | 1:09.00 |
|   | 33.48               | 35.52 |                 |         |

**Women 25-29 200 Yard Backstroke**

|   |                     |       |               |         |
|---|---------------------|-------|---------------|---------|
| 1 | Kassabaum, Victoria | 25    | Husky Masters | 2:27.28 |
|   | 34.47               | 36.46 | 38.06         | 38.29   |

**Women 25-29 50 Yard Breaststroke**

|   |                    |    |                 |       |
|---|--------------------|----|-----------------|-------|
| 1 | Helgason, Chelsea  | 28 | Lake Washington | 33.08 |
| 2 | Trevino, Danielle  | 27 | UC36            | 34.63 |
| 3 | Braggin, Jacquelyn | 28 | Husky Masters   | 38.45 |

**Women 25-29 100 Yard Breaststroke**

|   |                |       |                 |         |
|---|----------------|-------|-----------------|---------|
| 1 | Dinkel, Paloma | 26    | Lake Washington | 1:10.22 |
|   | 32.48          | 37.74 |                 |         |

**Women 25-29 50 Yard Butterfly**

|   |                   |    |                 |       |
|---|-------------------|----|-----------------|-------|
| 1 | Trevino, Danielle | 27 | UC36            | 28.92 |
| 2 | Gilmore, Anna     | 28 | Downtown/Bellvu | 30.24 |
| 3 | Smith, Lauren     | 28 | UC36            | 31.56 |
| 4 | Darrah, Kelly     | 28 | Orca Swim Club  | 32.13 |
| 5 | Uberti, Katie     | 27 | UC36            | 35.78 |

**Women 25-29 100 Yard Butterfly**

|   |                     |       |                  |         |
|---|---------------------|-------|------------------|---------|
| 1 | Byers, Kirsten      | 26    | Blue Wave Aquati | 59.96   |
|   | 27.47               | 32.49 |                  |         |
| 2 | Gilmore, Anna       | 28    | Downtown/Bellvu  | 1:08.89 |
|   | 32.35               | 36.54 |                  |         |
| 3 | Kassabaum, Victoria | 25    | Husky Masters    | 1:09.10 |
|   | 32.71               | 36.39 |                  |         |

**Women 25-29 100 Yard IM**

|   |                   |       |                 |         |
|---|-------------------|-------|-----------------|---------|
| 1 | Helgason, Chelsea | 28    | Lake Washington | 1:04.79 |
|   | 29.63             | 35.16 |                 |         |
| 2 | Dinkel, Paloma    | 26    | Lake Washington | 1:06.56 |
|   | 30.53             | 36.03 |                 |         |
| 3 | Uberti, Katie     | 27    | UC36            | 1:17.38 |
|   | 37.90             | 39.48 |                 |         |

**Women 25-29 200 Yard IM**

|   |                    |       |               |         |
|---|--------------------|-------|---------------|---------|
| 1 | Trevino, Danielle  | 27    | UC36          | 2:24.99 |
|   | 29.32              | 36.56 | 42.65         | 36.46   |
| 2 | Braggin, Jacquelyn | 28    | Husky Masters | 2:37.59 |
|   | 35.08              | 43.91 | 43.95         | 34.65   |

**Women 25-29 400 Yard IM**

|   |                    |       |               |         |
|---|--------------------|-------|---------------|---------|
| 1 | Braggin, Jacquelyn | 28    | Husky Masters | 5:24.84 |
|   | 35.35              | 40.57 | 45.47         | 43.93   |
|   | 43.67              | 45.30 | 36.36         | 34.19   |

**Women 30-34 50 Yard Freestyle**

|   |                         |    |                  |       |
|---|-------------------------|----|------------------|-------|
| 1 | Klovdahl, Jenny         | 30 | SAM              | 25.97 |
| 2 | Stribling Geldien, Gail | 34 | Blue Wave Aquati | 33.88 |

**Women 30-34 50 Yard Backstroke**

|   |                         |    |                  |       |
|---|-------------------------|----|------------------|-------|
| 1 | Stribling Geldien, Gail | 34 | Blue Wave Aquati | 40.49 |
|---|-------------------------|----|------------------|-------|

**Women 30-34 100 Yard Backstroke**

|   |                 |       |     |         |
|---|-----------------|-------|-----|---------|
| 1 | Klovdahl, Jenny | 30    | SAM | 1:07.97 |
|   | 32.62           | 35.35 |     |         |

**Women 30-34 200 Yard Backstroke**

|   |                         |       |                  |         |
|---|-------------------------|-------|------------------|---------|
| 1 | Klovdahl, Jenny         | 30    | SAM              | 2:32.16 |
|   | 35.02                   | 39.09 | 39.66            | 38.39   |
| 2 | Stribling Geldien, Gail | 34    | Blue Wave Aquati | 2:58.67 |
|   | 41.05                   | 44.58 | 46.96            | 46.08   |

**Women 30-34 50 Yard Breaststroke**

|   |                |    |                |       |
|---|----------------|----|----------------|-------|
| 1 | Ferries, Jenny | 33 | Orca Swim Club | 35.16 |
|---|----------------|----|----------------|-------|

**Women 30-34 100 Yard Breaststroke**

|   |                 |       |     |         |
|---|-----------------|-------|-----|---------|
| 1 | Klovdahl, Jenny | 30    | SAM | 1:16.50 |
|   | 37.26           | 39.24 |     |         |

**Women 30-34 100 Yard IM**

|   |                 |       |     |         |
|---|-----------------|-------|-----|---------|
| 1 | Klovdahl, Jenny | 30    | SAM | 1:05.68 |
|   | 30.35           | 35.33 |     |         |

**Women 30-34 200 Yard IM**

|   |                         |       |                  |         |
|---|-------------------------|-------|------------------|---------|
| 1 | Stribling Geldien, Gail | 34    | Blue Wave Aquati | 3:15.59 |
|   | 46.92                   | 49.63 | 55.57            | 43.47   |

**Women 35-39 50 Yard Freestyle**

|   |               |    |      |       |
|---|---------------|----|------|-------|
| 1 | Baker, Laurel | 36 | MIBC | 32.06 |
|---|---------------|----|------|-------|

**Women 35-39 100 Yard Freestyle**

|   |                  |       |                 |         |
|---|------------------|-------|-----------------|---------|
| 1 | McHenry, Valerie | 35    | Lake Washington | 1:02.08 |
|   | 29.39            | 32.69 |                 |         |
| 2 | Baker, Laurel    | 36    | MIBC            | 1:14.84 |
|   | 34.64            | 40.20 |                 |         |

**Women 35-39 100 Yard Backstroke**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | McHenry, Valerie | 35    | Lake Washington  | 1:11.28 |
|   | 34.86            | 36.42 |                  |         |
| 2 | Brumley, Sadie   | 38    | Monroe YMCA Mast | 1:31.50 |
|   | 45.15            | 46.35 |                  |         |

**Women 35-39 200 Yard Backstroke**

|     |                  |       |                  |         |
|-----|------------------|-------|------------------|---------|
| 1   | McHenry, Valerie | 35    | Lake Washington  | 2:36.70 |
|     | 36.95            | 39.01 | 40.83            | 39.91   |
| --- | Brumley, Sadie   | 38    | Monroe YMCA Mast | DQ      |
|     | 46.23            | 48.87 | 50.79            | 49.88   |

**Women 35-39 200 Yard Breaststroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Brumley, Sadie | 38    | Monroe YMCA Mast | 3:26.04 |
|   | 47.47          | 51.76 | 53.58            | 53.23   |



## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**(Women 45-49 100 Yard Breaststroke)**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 2 | Beirne, Katherine | 45    | Sequim Aquatic R | 1:23.91 |
|   | 40.10             | 43.81 |                  |         |

**Women 45-49 50 Yard Butterfly**

|   |                 |    |               |       |
|---|-----------------|----|---------------|-------|
| 1 | Armstrong, Mary | 47 | SAM           | 30.47 |
| 2 | Polidori, Wendy | 45 | Mukilteo YMCA | 32.48 |

**Women 45-49 100 Yard Butterfly**

|   |                 |       |               |         |
|---|-----------------|-------|---------------|---------|
| 1 | Armstrong, Mary | 47    | SAM           | 1:08.30 |
|   | 32.73           | 35.57 |               |         |
| 2 | Polidori, Wendy | 45    | Mukilteo YMCA | 1:15.63 |
|   | 34.93           | 40.70 |               |         |

**Women 45-49 100 Yard IM**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Johansson, Hanna  | 48    | Downtown/Bellvu  | 1:14.96 |
|   | 35.22             | 39.74 |                  |         |
| 2 | Beirne, Katherine | 45    | Sequim Aquatic R | 1:19.81 |
|   | 38.99             | 40.82 |                  |         |
| 3 | Shugart, Theresa  | 47    | Sequim Aquatic R | 1:22.60 |
|   | 38.74             | 43.86 |                  |         |

**Women 50-54 50 Yard Freestyle**

|   |                    |    |                  |       |
|---|--------------------|----|------------------|-------|
| 1 | Fly, Annette       | 51 | South Whidbey Is | 31.11 |
| 2 | Enright, Jill      | 51 | Lake Washington  | 31.31 |
| 3 | McFarland, Cestjon | 54 | Bainbridge Aquat | 32.97 |

**Women 50-54 100 Yard Freestyle**

|   |                    |       |                  |         |
|---|--------------------|-------|------------------|---------|
| 1 | Crouch, Kim        | 53    | Lake Washington  | 58.17   |
|   | 27.61              | 30.56 |                  |         |
| 2 | Enright, Jill      | 51    | Lake Washington  | 1:07.96 |
|   | 32.26              | 35.70 |                  |         |
| 3 | McFarland, Cestjon | 54    | Bainbridge Aquat | 1:18.77 |
|   | 37.32              | 41.45 |                  |         |

**Women 50-54 50 Yard Backstroke**

|   |                    |    |                  |       |
|---|--------------------|----|------------------|-------|
| 1 | Olsen, Kris        | 50 | Lake Washington  | 36.52 |
| 2 | McFarland, Cestjon | 54 | Bainbridge Aquat | 42.27 |

**Women 50-54 200 Yard Backstroke**

|   |              |         |                  |         |
|---|--------------|---------|------------------|---------|
| 1 | Fly, Annette | 51      | South Whidbey Is | 3:13.72 |
|   | 46.19        | 2:27.26 | 0.27             |         |

**Women 50-54 50 Yard Breaststroke**

|   |                |    |                  |       |
|---|----------------|----|------------------|-------|
| 1 | Crouch, Kim    | 53 | Lake Washington  | 33.69 |
| 2 | Voss, Julie    | 51 | Lake Washington  | 35.71 |
| 3 | Olsen, Kris    | 50 | Lake Washington  | 37.82 |
| 4 | Hoffman, Wendy | 52 | Mercer Island Co | 46.92 |

**Women 50-54 100 Yard Breaststroke**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Crouch, Kim       | 53    | Lake Washington  | 1:14.05 |
|   | 34.76             | 39.29 |                  |         |
| 2 | Dumouchel, Denise | 52    | Bainbridge Aquat | 1:40.56 |
|   | 48.81             | 51.75 |                  |         |

**Women 50-54 200 Yard Breaststroke**

|     |              |       |                  |         |
|-----|--------------|-------|------------------|---------|
| 1   | Crouch, Kim  | 53    | Lake Washington  | 2:42.93 |
|     | 37.23        | 41.12 | 42.83            | 41.75   |
| --- | Fly, Annette | 51    | South Whidbey Is | DQ      |
|     | 45.59        | 49.92 | 51.79            | 52.18   |

**Women 50-54 50 Yard Butterfly**

|   |                    |    |                  |       |
|---|--------------------|----|------------------|-------|
| 1 | Olsen, Kris        | 50 | Lake Washington  | 32.79 |
| 2 | McFarland, Cestjon | 54 | Bainbridge Aquat | 41.97 |

**Women 50-54 100 Yard Butterfly**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Dumouchel, Denise | 52    | Bainbridge Aquat | 1:47.09 |
|   | 48.49             | 58.60 |                  |         |

**Women 50-54 200 Yard Butterfly**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Fly, Annette | 51    | South Whidbey Is | 3:22.01 |
|   | 42.11        | 50.34 | 54.86            | 54.70   |

**Women 50-54 100 Yard IM**

|   |                    |       |                  |         |
|---|--------------------|-------|------------------|---------|
| 1 | Crouch, Kim        | 53    | Lake Washington  | 1:06.92 |
|   | 32.22              | 34.70 |                  |         |
| 2 | Voss, Julie        | 51    | Lake Washington  | 1:15.04 |
|   | 36.48              | 38.56 |                  |         |
| 3 | Olsen, Kris        | 50    | Lake Washington  | 1:17.64 |
|   | 34.48              | 43.16 |                  |         |
| 4 | Enright, Jill      | 51    | Lake Washington  | 1:22.15 |
|   | 39.16              | 42.99 |                  |         |
| 5 | Dumouchel, Denise  | 52    | Bainbridge Aquat | 1:35.22 |
|   | 45.73              | 49.49 |                  |         |
| 6 | McFarland, Cestjon | 54    | Bainbridge Aquat | 1:40.50 |
|   | 43.76              | 56.74 |                  |         |

**Women 50-54 200 Yard IM**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Voss, Julie    | 51    | Lake Washington  | 2:46.28 |
|   | 36.39          | 45.40 | 45.91            | 38.58   |
| 2 | Hoffman, Wendy | 52    | Mercer Island Co | 3:09.25 |
|   | 42.81          | 49.13 | 53.76            | 43.55   |

**Women 50-54 400 Yard IM**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Fly, Annette   | 51    | South Whidbey Is | 6:28.75 |
|   | 41.82          | 51.38 | 1:36.43          | 55.73   |
|   | 56.05          | 44.51 | 42.67            | 0.16    |
| 2 | Hoffman, Wendy | 52    | Mercer Island Co | 6:35.97 |
|   | 42.70          | 52.16 | 49.79            | 52.86   |
|   | 54.36          | 56.04 | 43.38            | 44.68   |

**Women 55-59 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Moore, Sheila    | 55 | Lake Washington  | 33.09 |
| 2 | Owdziej, Barbara | 55 | Vashon Island Ro | 33.21 |
| 3 | Underbrink, Mary | 55 | Lake Washington  | 35.83 |
| 4 | Seaborg, Paige   | 59 | Mukilteo YMCA    | 37.72 |

**Women 55-59 100 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Owdziej, Barbara | 55    | Vashon Island Ro | 1:14.76 |
|   | 34.64            | 40.12 |                  |         |
| 2 | Underbrink, Mary | 55    | Lake Washington  | 1:19.62 |
|   | 37.86            | 41.76 |                  |         |
| 3 | Seaborg, Paige   | 59    | Mukilteo YMCA    | 1:30.67 |
|   | 40.01            | 50.66 |                  |         |

**Women 55-59 200 Yard Freestyle**

|   |                |       |               |         |
|---|----------------|-------|---------------|---------|
| 1 | Seaborg, Paige | 59    | Mukilteo YMCA | 3:10.98 |
|   | 39.15          | 48.19 | 53.30         | 50.34   |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Women 55-59 500 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Owdziej, Barbara | 55    | Vashon Island Ro | 7:33.94 |
|   | 38.98            | 43.50 | 45.49            | 46.76   |
|   | 46.55            | 47.36 | 47.55            | 47.16   |
|   | 46.04            | 44.55 |                  |         |
| 2 | Seaborg, Paige   | 59    | Mukilteo YMCA    | 8:35.74 |
|   | 40.40            | 48.46 | 53.64            | 53.59   |
|   | 54.42            | 52.65 | 54.54            | 54.23   |
|   | 53.56            | 50.25 |                  |         |

**Women 55-59 200 Yard Breaststroke**

|   |                |       |                 |         |
|---|----------------|-------|-----------------|---------|
| 1 | Chapman, Linda | 58    | Lake Washington | 3:07.53 |
|   | 41.61          | 47.10 | 49.27           | 49.55   |

**Women 55-59 100 Yard IM**

|     |                  |       |                 |    |
|-----|------------------|-------|-----------------|----|
| --- | Underbrink, Mary | 55    | Lake Washington | DQ |
|     | 48.60            | 50.07 |                 |    |

**Women 60-64 100 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Summers, Jeanna  | 61    | Oregon Masters   | 1:13.51 |
|   | 35.14            | 38.37 |                  |         |
| 2 | Hubbard, Suzanne | 63    | Vashon Island Ro | 1:14.97 |
|   | 35.02            | 39.95 |                  |         |
| 8 | Goldberg, Jennie | 61    | Central Area Aqu | 1:51.11 |

**Women 60-64 200 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Kassen, Elizabeth | 62    | South Sound Mast | 2:38.65 |
|   | 36.43             | 40.20 | 41.37            | 40.65   |
| 2 | McDaniel, Kathy   | 62    | SAM              | 2:57.98 |
|   | 39.93             | 45.29 | 47.20            | 45.56   |
| 3 | Goldberg, Jennie  | 61    | Central Area Aqu | 4:00.51 |

**Women 60-64 100 Yard Backstroke**

|     |                       |         |                  |         |
|-----|-----------------------|---------|------------------|---------|
| 1   | Goldberg, Jennie      | 61      | Central Area Aqu | 2:19.77 |
|     | 1:09.73               | 1:10.04 |                  |         |
| --- | Hubbard, Suzanne      | 63      | Vashon Island Ro | DQ      |
|     | 42.35                 | 46.42   |                  |         |
| --- | Adkins-Narte, Heather | 60      | Bainbridge Aquat | DQ      |
|     | 1:07.57               | 1:08.19 |                  |         |

**Women 60-64 200 Yard Backstroke**

|     |                       |         |                  |    |
|-----|-----------------------|---------|------------------|----|
| --- | Adkins-Narte, Heather | 60      | Bainbridge Aquat | DQ |
|     | 1:03.75               | 2:12.56 | 1:04.80          |    |

**Women 60-64 50 Yard Breaststroke**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Kassen, Elizabeth | 62 | South Sound Mast | 42.19 |
| 2 | McDaniel, Kathy   | 62 | SAM              | 52.77 |

**Women 60-64 100 Yard Breaststroke**

|   |                       |         |                  |         |
|---|-----------------------|---------|------------------|---------|
| 1 | Adkins-Narte, Heather | 60      | Bainbridge Aquat | 2:02.66 |
|   | 58.00                 | 1:04.66 |                  |         |
| 2 | Goldberg, Jennie      | 61      | Central Area Aqu | 2:21.31 |
|   | 1:10.23               | 1:11.08 |                  |         |

**Women 60-64 200 Yard Breaststroke**

|   |                       |         |                  |         |
|---|-----------------------|---------|------------------|---------|
| 1 | Adkins-Narte, Heather | 60      | Bainbridge Aquat | 4:21.09 |
|   | 58.91                 | 1:05.43 | 2:16.75          |         |
| 2 | Goldberg, Jennie      | 61      | Central Area Aqu | 5:07.70 |
|   | 1:16.17               | 1:18.50 | 1:18.63          | 1:14.40 |

**Women 60-64 50 Yard Butterfly**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Hubbard, Suzanne | 63 | Vashon Island Ro | 42.47 |
|---|------------------|----|------------------|-------|

**Women 60-64 100 Yard IM**

|   |                       |         |                  |         |
|---|-----------------------|---------|------------------|---------|
| 1 | Adkins-Narte, Heather | 60      | Bainbridge Aquat | 2:06.18 |
|   | 1:02.79               | 1:03.39 |                  |         |

**Women 60-64 200 Yard IM**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Kassen, Elizabeth | 62    | South Sound Mast | 3:03.53 |
|   | 40.23             | 48.92 | 53.88            | 40.50   |
| 2 | McDaniel, Kathy   | 62    | SAM              | 3:31.68 |
|   | 50.00             | 52.49 | 1:01.63          | 47.56   |

**Women 60-64 400 Yard IM**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Summers, Jeanna | 61    | Oregon Masters | 6:39.23 |
|   | 48.77           | 53.75 | 47.70          | 47.75   |
|   | 58.15           | 59.53 | 42.10          | 41.48   |

**Women 65-69 50 Yard Freestyle**

|   |                 |    |                |       |
|---|-----------------|----|----------------|-------|
| 1 | Gettling, Janet | 66 | Oregon Masters | 31.93 |
|---|-----------------|----|----------------|-------|

**Women 65-69 50 Yard Breaststroke**

|   |                 |    |                |       |
|---|-----------------|----|----------------|-------|
| 1 | Gettling, Janet | 66 | Oregon Masters | 39.86 |
|---|-----------------|----|----------------|-------|

**Women 65-69 100 Yard Breaststroke**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Gettling, Janet | 66    | Oregon Masters | 1:29.88 |
|   | 43.35           | 46.53 |                |         |

**Women 65-69 100 Yard IM**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Gettling, Janet | 66    | Oregon Masters | 1:22.36 |
|   | 39.75           | 42.61 |                |         |

**Men 18-24 50 Yard Freestyle**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Reid, Jordan      | 22 | Western Washingt | 21.61 |
| 2 | Williamson, Eric  | 24 | Washington Athle | 24.22 |
| 3 | Olden, Jaegger    | 21 | Central Washingt | 24.43 |
| 4 | Propersi, Jeffrey | 19 | Western Washingt | 26.18 |
| 5 | Schmidt, Conor    | 19 | Central Washingt | 26.75 |
| 6 | Clark, Austin     | 19 | Western Washingt | 29.20 |

**Men 18-24 100 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Koehler, Avery    | 18    | Sequim Aquatic R | 51.58   |
|   | 24.21             | 27.37 |                  |         |
| 2 | Kelly, Nicholas   | 18    | Western Washingt | 55.17   |
|   | 26.09             | 29.08 |                  |         |
| 3 | Propersi, Jeffrey | 19    | Western Washingt | 57.46   |
|   | 27.22             | 30.24 |                  |         |
| 4 | Schmidt, Conor    | 19    | Central Washingt | 1:01.50 |
|   | 28.03             | 33.47 |                  |         |

**Men 18-24 200 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Wrigley, Jonathan | 18    | Western Washingt | 2:05.01 |
|   | 28.43             | 31.77 | 33.17            | 31.64   |

**Men 18-24 500 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Williamson, Eric | 24    | Washington Athle | 5:59.95 |
|   | 30.10            | 35.47 | 36.80            | 36.70   |
|   | 37.77            | 38.05 | 37.37            | 36.53   |
|   | 36.62            | 34.54 |                  |         |

**Men 18-24 50 Yard Backstroke**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Propersi, Jeffrey | 19 | Western Washingt | 31.85 |
|---|-------------------|----|------------------|-------|



## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**(Men 25-29 50 Yard Butterfly)**

|   |                     |    |                  |       |
|---|---------------------|----|------------------|-------|
| 6 | Pippin-Timco, Colin | 29 | South Sound Mast | 28.24 |
| 7 | Scott, Michael      | 28 | Lake Washington  | 29.20 |
| 8 | Farmer, Tyler       | 29 | Puget Sound Mast | 30.94 |

**Men 25-29 100 Yard Butterfly**

|   |                           |       |                 |         |
|---|---------------------------|-------|-----------------|---------|
| 1 | Chapman, Chris            | 27    | Lake Washington | 53.51   |
|   | 24.78                     | 28.73 |                 |         |
| 2 | Liedtke, Matthew          | 25    | Lake Washington | 59.77   |
|   | 27.76                     | 32.01 |                 |         |
| 3 | Contreras Sandoval, Isaac | 25    | Pro Sports Club | 1:01.75 |
|   | 28.79                     | 32.96 |                 |         |
| 4 | Scott, Michael            | 28    | Lake Washington | 1:09.42 |
|   | 31.18                     | 38.24 |                 |         |

**Men 25-29 100 Yard IM**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Vaughan, Brandon | 27    | Washington Athle | 1:04.24 |
|   | 28.68            | 35.56 |                  |         |

**Men 25-29 200 Yard IM**

|   |                |       |               |         |
|---|----------------|-------|---------------|---------|
| 1 | Phillips, Alex | 27    | Husky Masters | 2:37.94 |
|   | 32.24          | 45.14 | 43.92         | 36.64   |

**Men 25-29 400 Yard IM**

|   |                |       |               |         |
|---|----------------|-------|---------------|---------|
| 1 | Phillips, Alex | 27    | Husky Masters | 5:32.00 |
|   | 32.27          | 39.34 | 48.25         | 49.12   |
|   | 42.35          | 44.82 | 40.64         | 35.21   |

**Men 30-34 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Switaj, Eddie    | 30 | Bellevue Club    | 22.88 |
| 2 | Kanev, Teodor    | 32 | Mukilteo YMCA    | 25.24 |
| 3 | Kaperak, William | 30 | Greenlake Aquadu | 25.26 |
| 4 | Poier, James     | 31 | UNA              | 25.63 |
| 5 | Speer, Jasen     | 33 | SAM              | 26.04 |

**Men 30-34 100 Yard Freestyle**

|   |                  |       |                  |       |
|---|------------------|-------|------------------|-------|
| 1 | Heaton, Jesse    | 30    | Downtown/Bellvu  | 55.02 |
|   | 25.75            | 29.27 |                  |       |
| 2 | Kanev, Teodor    | 32    | Mukilteo YMCA    | 55.57 |
|   | 26.60            | 28.97 |                  |       |
| 3 | Kaperak, William | 30    | Greenlake Aquadu | 55.59 |
|   | 26.79            | 28.80 |                  |       |
| 4 | Ceara, Rafael    | 34    | Lake Washington  | 56.03 |
|   | 26.23            | 29.80 |                  |       |
| 5 | Poier, James     | 31    | UNA              | 57.94 |
|   | 27.10            | 30.84 |                  |       |
| 6 | Thomas, Isaac    | 34    | UC36             | 58.61 |
|   | 28.80            | 29.81 |                  |       |
| 7 | Speer, Jasen     | 33    | SAM              | 59.02 |
|   | 26.95            | 32.07 |                  |       |

**Men 30-34 200 Yard Freestyle**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Kanev, Teodor | 32    | Mukilteo YMCA   | 2:07.68 |
|   | 29.48         | 32.36 | 33.50           | 32.34   |
| 2 | Thomas, Isaac | 34    | UC36            | 2:12.72 |
|   | 31.77         | 33.50 | 33.74           | 33.71   |
| 3 | Miller, Aaron | 31    | Lake Washington | 2:13.11 |
|   | 30.89         | 33.74 | 34.55           | 33.93   |

**Men 30-34 500 Yard Freestyle**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Miller, Aaron | 31    | Lake Washington | 6:07.88 |
|   | 31.86         | 35.32 | 36.50           | 36.78   |
|   | 37.88         | 37.93 | 37.86           | 37.94   |
|   | 38.23         | 37.58 |                 |         |

**Men 30-34 100 Yard Backstroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Heaton, Jesse | 30    | Downtown/Bellvu | 1:03.45 |
|   | 30.49         | 32.96 |                 |         |

**Men 30-34 50 Yard Breaststroke**

|   |               |    |               |       |
|---|---------------|----|---------------|-------|
| 1 | Switaj, Eddie | 30 | Bellevue Club | 28.63 |
| 2 | Poier, James  | 31 | UNA           | 33.06 |

**Men 30-34 100 Yard Breaststroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Miller, Aaron | 31    | Lake Washington | 1:12.98 |
|   | 34.17         | 38.81 |                 |         |
| 2 | O'Hern, Dave  | 31    | Husky Masters   | 1:18.54 |
|   | 36.16         | 42.38 |                 |         |

**Men 30-34 200 Yard Breaststroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Miller, Aaron | 31    | Lake Washington | 2:38.74 |
|   | 35.61         | 40.11 | 41.16           | 41.86   |
| 2 | O'Hern, Dave  | 31    | Husky Masters   | 2:51.01 |
|   | 36.93         | 43.37 | 45.93           | 44.78   |

**Men 30-34 50 Yard Butterfly**

|   |               |    |                 |       |
|---|---------------|----|-----------------|-------|
| 1 | Ceara, Rafael | 34 | Lake Washington | 27.72 |
| 2 | Thomas, Isaac | 34 | UC36            | 28.42 |
| 3 | O'Hern, Dave  | 31 | Husky Masters   | 30.43 |

**Men 30-34 100 Yard Butterfly**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Heaton, Jesse | 30    | Downtown/Bellvu | 1:04.17 |
|   | 29.83         | 34.34 |                 |         |
| 2 | Thomas, Isaac | 34    | UC36            | 1:04.93 |
|   | 29.79         | 35.14 |                 |         |

**Men 30-34 200 Yard Butterfly**

|   |              |       |               |         |
|---|--------------|-------|---------------|---------|
| 1 | O'Hern, Dave | 31    | Husky Masters | 2:42.76 |
|   | 32.96        | 41.61 | 44.26         | 43.93   |

**Men 30-34 100 Yard IM**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Heaton, Jesse    | 30    | Downtown/Bellvu  | 1:04.57 |
|   | 28.39            | 36.18 |                  |         |
| 2 | Kaperak, William | 30    | Greenlake Aquadu | 1:06.59 |
|   | 31.10            | 35.49 |                  |         |
| 3 | Speer, Jasen     | 33    | SAM              | 1:09.43 |
|   | 31.19            | 38.24 |                  |         |

**Men 30-34 200 Yard IM**

|   |               |       |               |         |
|---|---------------|-------|---------------|---------|
| 1 | Switaj, Eddie | 30    | Bellevue Club | 2:01.23 |
|   | 25.78         | 31.82 | 35.30         | 28.33   |

**Men 30-34 400 Yard IM**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Switaj, Eddie | 30    | Bellevue Club   | 4:21.89 |
|   | 26.73         | 31.17 | 34.38           | 34.05   |
|   | 38.06         | 37.53 | 30.47           | 29.50   |
| 2 | Heaton, Jesse | 30    | Downtown/Bellvu | 5:03.20 |
|   | 30.19         | 35.95 | 36.85           | 37.19   |
|   | 44.92         | 46.93 | 36.38           | 34.79   |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**(Men 30-34 400 Yard IM)**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 3 | Miller, Aaron | 31    | Lake Washington | 5:19.67 |
|   | 33.63         | 40.77 | 42.08           | 41.28   |
|   | 43.53         | 44.82 | 37.33           | 36.23   |

**Men 35-39 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Cotter, John     | 39 | Ohana Swim Team  | 24.78 |
| 2 | Meacham, Matthew | 37 | South Sound Mast | 24.83 |
| 3 | Cox, Adam        | 37 | Downtown/Bellevu | 25.29 |
| 4 | Schneider, Andy  | 38 | Lake Washington  | 28.29 |

**Men 35-39 100 Yard Freestyle**

|   |           |       |                  |       |
|---|-----------|-------|------------------|-------|
| 1 | Cox, Adam | 37    | Downtown/Bellevu | 56.56 |
|   | 27.17     | 29.39 |                  |       |

**Men 35-39 200 Yard Freestyle**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Brayman, Brook | 37    | Blue Wave Aquati | 1:56.47 |
|   | 26.31          | 29.01 | 30.26            | 30.89   |
| 2 | Cotter, John   | 39    | Ohana Swim Team  | 2:03.48 |
|   | 27.13          | 30.40 | 32.39            | 33.56   |

**Men 35-39 100 Yard Backstroke**

|   |              |       |                 |       |
|---|--------------|-------|-----------------|-------|
| 1 | Gray, Trever | 39    | Lake Washington | 53.23 |
|   | 25.48        | 27.75 |                 |       |

**Men 35-39 200 Yard Backstroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Brayman, Brook | 37    | Blue Wave Aquati | 2:16.22 |
|   | 32.63          | 34.56 | 34.60            | 34.43   |

**Men 35-39 50 Yard Breaststroke**

|   |                 |    |                 |       |
|---|-----------------|----|-----------------|-------|
| 1 | Cotter, John    | 39 | Ohana Swim Team | 30.55 |
| 2 | Schneider, Andy | 38 | Lake Washington | 37.51 |

**Men 35-39 100 Yard Breaststroke**

|   |                 |       |                 |         |
|---|-----------------|-------|-----------------|---------|
| 1 | Cotter, John    | 39    | Ohana Swim Team | 1:06.65 |
|   | 31.32           | 35.33 |                 |         |
| 2 | Schneider, Andy | 38    | Lake Washington | 1:27.55 |
|   | 41.53           | 46.02 |                 |         |

**Men 35-39 50 Yard Butterfly**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Meacham, Matthew | 37 | South Sound Mast | 27.64 |
| 2 | Cox, Adam        | 37 | Downtown/Bellevu | 28.79 |

**Men 35-39 100 Yard Butterfly**

|   |           |       |                  |         |
|---|-----------|-------|------------------|---------|
| 1 | Cox, Adam | 37    | Downtown/Bellevu | 1:10.27 |
|   | 32.39     | 37.88 |                  |         |

**Men 35-39 100 Yard IM**

|   |              |       |                 |         |
|---|--------------|-------|-----------------|---------|
| 1 | Gray, Trever | 39    | Lake Washington | 54.51   |
|   | 24.51        | 30.00 |                 |         |
| 2 | Cotter, John | 39    | Ohana Swim Team | 1:03.61 |
|   | 31.22        | 32.39 |                 |         |

**Men 35-39 200 Yard IM**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | Brayman, Brook  | 37    | Blue Wave Aquati | 2:12.02 |
|   | 28.59           | 34.02 | 39.17            | 30.24   |
| 2 | Schneider, Andy | 38    | Lake Washington  | 3:01.29 |
|   | 38.26           | 48.22 | 55.88            | 38.93   |

**Men 40-44 50 Yard Freestyle**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Ridle, Jason      | 40 | Sequim Aquatic R | 23.89 |
| 2 | Henriksen, Martin | 40 | Mukilteo YMCA    | 24.10 |

|   |                |    |                  |       |
|---|----------------|----|------------------|-------|
| 3 | Haight, Todd   | 41 | Puget Sound Mast | 25.03 |
| 4 | Castle, Matt   | 43 | Thunderbird Aqua | 25.87 |
| 5 | Forcinel, Tony | 44 | Sequim Aquatic R | 26.60 |
| 6 | Tegeder, Joe   | 40 | Husky Masters    | 26.66 |

**Men 40-44 100 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Ridle, Jason      | 40    | Sequim Aquatic R | 53.26   |
|   | 25.70             | 27.56 |                  |         |
| 2 | Henriksen, Martin | 40    | Mukilteo YMCA    | 53.71   |
|   | 25.42             | 28.29 |                  |         |
| 3 | Woare, Matthew    | 40    | Washington Athle | 54.30   |
|   | 25.87             | 28.43 |                  |         |
| 4 | Haight, Todd      | 41    | Puget Sound Mast | 54.87   |
|   | 25.63             | 29.24 |                  |         |
| 5 | Tegeder, Joe      | 40    | Husky Masters    | 59.89   |
|   | 28.51             | 31.38 |                  |         |
| 6 | Forcinel, Tony    | 44    | Sequim Aquatic R | 1:03.12 |
|   | 30.22             | 32.90 |                  |         |
| 7 | Gayler, Scott     | 43    | Lake Washington  | 1:07.69 |
|   | 31.73             | 35.96 |                  |         |

**Men 40-44 200 Yard Freestyle**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Belleza, Ron  | 40    | SAM             | 1:59.27 |
|   | 27.33         | 29.52 | 31.05           | 31.37   |
| 2 | Tegeder, Joe  | 40    | Husky Masters   | 2:23.78 |
|   | 32.82         | 35.83 | 37.57           | 37.56   |
| 3 | Gayler, Scott | 43    | Lake Washington | 2:40.31 |
|   | 35.86         | 40.45 | 43.18           | 40.82   |

**Men 40-44 500 Yard Freestyle**

|   |              |       |                 |         |
|---|--------------|-------|-----------------|---------|
| 1 | Belleza, Ron | 40    | SAM             | 5:25.06 |
|   | 29.81        | 31.95 | 32.88           | 33.61   |
|   | 33.26        | 33.31 | 33.04           | 32.39   |
|   | 32.61        | 32.20 |                 |         |
| 2 | Jelen, Doug  | 41    | Gold's Eastside | 6:00.80 |
|   | 31.45        | 36.08 | 36.80           | 37.35   |
|   | 36.84        | 36.79 | 37.04           | 37.41   |
|   | 36.05        | 34.99 |                 |         |

**Men 40-44 50 Yard Backstroke**

|   |              |    |                  |       |
|---|--------------|----|------------------|-------|
| 1 | Haight, Todd | 41 | Puget Sound Mast | 28.37 |
| 2 | Jelen, Doug  | 41 | Gold's Eastside  | 28.62 |
| 3 | Castle, Matt | 43 | Thunderbird Aqua | 32.51 |

**Men 40-44 100 Yard Backstroke**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Jelen, Doug  | 41    | Gold's Eastside  | 1:00.92 |
|   | 29.29        | 31.63 |                  |         |
| 2 | Belleza, Ron | 40    | SAM              | 1:02.07 |
|   | 30.34        | 31.73 |                  |         |
| 3 | Haight, Todd | 41    | Puget Sound Mast | 1:02.14 |
|   | 30.50        | 31.64 |                  |         |

**Men 40-44 200 Yard Backstroke**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | De Acosta, Diego | 40    | South Sound Mast | 2:05.14 |
|   | 29.70            | 31.67 | 32.20            | 31.57   |
| 2 | Jelen, Doug      | 41    | Gold's Eastside  | 2:13.77 |
|   | 30.37            | 33.62 | 34.88            | 34.90   |
| 3 | Belleza, Ron     | 40    | SAM              | 2:13.97 |
|   | 31.10            | 33.08 | 34.40            | 35.39   |



## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 40-44 50 Yard Breaststroke**

|   |              |    |                  |       |
|---|--------------|----|------------------|-------|
| 1 | Ridle, Jason | 40 | Sequim Aquatic R | 31.43 |
| 2 | Castle, Matt | 43 | Thunderbird Aqua | 34.14 |

**Men 40-44 50 Yard Butterfly**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Henriksen, Martin | 40 | Mukilteo YMCA    | 26.69 |
| 2 | Woare, Matthew    | 40 | Washington Athle | 26.89 |
| 3 | Ridle, Jason      | 40 | Sequim Aquatic R | 27.53 |
| 4 | Castle, Matt      | 43 | Thunderbird Aqua | 28.39 |
| 5 | Forcinel, Tony    | 44 | Sequim Aquatic R | 29.76 |

**Men 40-44 100 Yard Butterfly**

|   |                |    |                  |             |
|---|----------------|----|------------------|-------------|
| 1 | Woare, Matthew | 40 | Washington Athle | 1:00.09     |
|   |                |    |                  | 28.16 31.93 |

**Men 40-44 200 Yard Butterfly**

|   |                  |    |                  |                         |
|---|------------------|----|------------------|-------------------------|
| 1 | De Acosta, Diego | 40 | South Sound Mast | 2:04.41                 |
|   |                  |    |                  | 27.48 31.62 32.13 33.18 |

**Men 40-44 100 Yard IM**

|     |                |    |                  |             |
|-----|----------------|----|------------------|-------------|
| 1   | Ridle, Jason   | 40 | Sequim Aquatic R | 1:03.35     |
|     |                |    |                  | 29.40 33.95 |
| 2   | Haight, Todd   | 41 | Puget Sound Mast | 1:03.56     |
|     |                |    |                  | 28.12 35.44 |
| 3   | Jelen, Doug    | 41 | Gold's Eastside  | 1:04.37     |
|     |                |    |                  | 28.36 36.01 |
| 4   | Tegeder, Joe   | 40 | Husky Masters    | 1:15.90     |
|     |                |    |                  | 35.21 40.69 |
| --- | Woare, Matthew | 40 | Washington Athle | DQ          |
|     |                |    |                  | 29.49 35.93 |

**Men 40-44 200 Yard IM**

|   |              |    |               |                         |
|---|--------------|----|---------------|-------------------------|
| 1 | Tegeder, Joe | 40 | Husky Masters | 2:47.67                 |
|   |              |    |               | 32.57 47.72 47.90 39.48 |

**Men 45-49 50 Yard Freestyle**

|   |                 |    |                  |       |
|---|-----------------|----|------------------|-------|
| 1 | Derango, Philip | 49 | Lake Washington  | 29.11 |
| 2 | King, Victor    | 47 | Puget Sound Mast | 32.15 |

**Men 45-49 100 Yard Freestyle**

|   |                 |    |                  |             |
|---|-----------------|----|------------------|-------------|
| 1 | Axel, Bradford  | 46 | Downtown/Bellvu  | 52.31       |
|   |                 |    |                  | 24.86 27.45 |
| 2 | Hanson, Max     | 47 | Lake Washington  | 54.48       |
|   |                 |    |                  | 25.94 28.54 |
| 3 | Larson, Dan     | 48 | SAM              | 57.22       |
|   |                 |    |                  | 27.74 29.48 |
| 4 | Dolven, Eric    | 47 | West Coast Aquat | 59.63       |
|   |                 |    |                  | 28.69 30.94 |
| 5 | Derango, Philip | 49 | Lake Washington  | 1:04.96     |
|   |                 |    |                  | 30.30 34.66 |
| 6 | Gray, Darren    | 46 | Bainbridge Aquat | 1:05.52     |
|   |                 |    |                  | 30.89 34.63 |

**Men 45-49 200 Yard Freestyle**

|   |                 |    |                 |                         |
|---|-----------------|----|-----------------|-------------------------|
| 1 | Larson, Dan     | 48 | SAM             | 2:05.96                 |
|   |                 |    |                 | 29.45 31.11 32.22 33.18 |
| 2 | Derango, Philip | 49 | Lake Washington | 2:23.17                 |
|   |                 |    |                 | 31.71 35.77 37.41 38.28 |

**Men 45-49 500 Yard Freestyle**

|   |                 |    |                  |                         |
|---|-----------------|----|------------------|-------------------------|
| 1 | Derango, Philip | 49 | Lake Washington  | 6:21.25                 |
|   |                 |    |                  | 35.72 37.64 38.64 39.17 |
|   |                 |    |                  | 40.01 39.03 39.48 38.86 |
|   |                 |    |                  | 38.63 34.07             |
| 2 | Ness, Kerry     | 45 | Skagit Valley Ma | 6:48.14                 |
|   |                 |    |                  | 37.71 39.48 40.35 41.45 |
|   |                 |    |                  | 40.98 41.56 41.08 41.51 |
|   |                 |    |                  | 42.29 41.73             |
| 3 | Gray, Darren    | 46 | Bainbridge Aquat | 7:25.42                 |
|   |                 |    |                  | 36.29 40.61 43.20 44.75 |
|   |                 |    |                  | 45.94 48.15             |
|   |                 |    |                  | 47.85 44.75             |

**Men 45-49 50 Yard Backstroke**

|   |              |    |                 |       |
|---|--------------|----|-----------------|-------|
| 1 | Smith, Bryan | 47 | Lake Washington | 30.48 |
|---|--------------|----|-----------------|-------|

**Men 45-49 100 Yard Backstroke**

|   |             |    |     |             |
|---|-------------|----|-----|-------------|
| 1 | Larson, Dan | 48 | SAM | 1:09.72     |
|   |             |    |     | 34.65 35.07 |

**Men 45-49 200 Yard Backstroke**

|   |                 |    |                 |                         |
|---|-----------------|----|-----------------|-------------------------|
| 1 | Porter, Michael | 48 | Lake Washington | 2:26.07                 |
|   |                 |    |                 | 33.73 36.71 37.70 37.93 |

**Men 45-49 50 Yard Breaststroke**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Carmosino, Vince | 45 | CAC              | 30.02 |
| 2 | Winter, Doug     | 45 | Downtown/Bellvu  | 32.26 |
| 3 | Porter, Michael  | 48 | Lake Washington  | 33.69 |
| 4 | Ness, Kerry      | 45 | Skagit Valley Ma | 36.95 |
| 5 | Gray, Darren     | 46 | Bainbridge Aquat | 38.55 |
| 6 | King, Victor     | 47 | Puget Sound Mast | 43.82 |

**Men 45-49 100 Yard Breaststroke**

|   |                  |    |                  |             |
|---|------------------|----|------------------|-------------|
| 1 | Carmosino, Vince | 45 | CAC              | 1:05.61     |
|   |                  |    |                  | 30.53 35.08 |
| 2 | Dolven, Eric     | 47 | West Coast Aquat | 1:16.68     |
|   |                  |    |                  | 36.88 39.80 |
| 3 | Ness, Kerry      | 45 | Skagit Valley Ma | 1:24.56     |
|   |                  |    |                  | 42.35 42.21 |

**Men 45-49 200 Yard Breaststroke**

|   |                  |    |                  |                         |
|---|------------------|----|------------------|-------------------------|
| 1 | Carmosino, Vince | 45 | CAC              | 2:31.38                 |
|   |                  |    |                  | 33.66 39.22 39.39 39.11 |
| 2 | Winter, Doug     | 45 | Downtown/Bellvu  | 2:40.45                 |
|   |                  |    |                  | 34.59 40.30 42.57 42.99 |
| 3 | Ness, Kerry      | 45 | Skagit Valley Ma | 3:00.56                 |
|   |                  |    |                  | 42.98 46.56 45.66 45.36 |

**Men 45-49 50 Yard Butterfly**

|   |                 |    |                  |       |
|---|-----------------|----|------------------|-------|
| 1 | Smith, Bryan    | 47 | Lake Washington  | 27.69 |
| 2 | Porter, Michael | 48 | Lake Washington  | 29.00 |
| 3 | Martin, Rob     | 49 | Lake Washington  | 29.67 |
| 4 | King, Victor    | 47 | Puget Sound Mast | 46.37 |

**Men 45-49 100 Yard Butterfly**

|   |             |    |                 |             |
|---|-------------|----|-----------------|-------------|
| 1 | Martin, Rob | 49 | Lake Washington | 1:06.76     |
|   |             |    |                 | 31.50 35.26 |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 45-49 200 Yard Butterfly**

|   |             |       |                 |         |
|---|-------------|-------|-----------------|---------|
| 1 | Martin, Rob | 49    | Lake Washington | 2:38.97 |
|   | 35.47       | 40.21 | 41.69           | 41.60   |

**Men 45-49 100 Yard IM**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Hanson, Max  | 47    | Lake Washington  | 1:05.22 |
|   | 30.29        | 34.93 |                  |         |
| 2 | Martin, Rob  | 49    | Lake Washington  | 1:09.29 |
|   | 31.57        | 37.72 |                  |         |
| 3 | Larson, Dan  | 48    | SAM              | 1:09.76 |
|   | 32.85        | 36.91 |                  |         |
| 4 | Gray, Darren | 46    | Bainbridge Aquat | 1:17.36 |
|   | 35.55        | 41.81 |                  |         |

**Men 45-49 200 Yard IM**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Hanson, Max  | 47    | Lake Washington  | 2:20.40 |
|   | 30.03        | 36.58 | 41.54            | 32.25   |
| 2 | Winter, Doug | 45    | Downtown/Bellvu  | 2:21.00 |
|   | 28.34        | 39.33 | 40.64            | 32.69   |
| 3 | Larson, Dan  | 48    | SAM              | 2:30.43 |
|   | 30.81        | 38.06 | 47.87            | 33.69   |
| 4 | Dolven, Eric | 47    | West Coast Aquat | 2:35.36 |
|   | 36.83        | 39.51 | 43.66            | 35.36   |
| 5 | Ness, Kerry  | 45    | Skagit Valley Ma | 2:53.14 |
|   | 35.54        | 48.56 | 47.59            | 41.45   |

**Men 45-49 400 Yard IM**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Winter, Doug | 45    | Downtown/Bellvu  | 5:07.07 |
|   | 30.64        | 36.50 | 42.01            | 41.51   |
|   | 42.62        | 43.39 | 35.66            | 34.74   |
| 2 | Dolven, Eric | 47    | West Coast Aquat | 5:29.85 |
|   | 36.98        | 43.49 | 43.14            | 42.41   |
|   | 45.02        | 46.70 | 36.61            | 35.50   |

**Men 50-54 50 Yard Freestyle**

|   |              |    |                  |       |
|---|--------------|----|------------------|-------|
| 1 | Weed, Kevin  | 52 | SAM              | 26.09 |
| 2 | Yarrow, Mike | 53 | Skagit Valley Ma | 31.47 |

**Men 50-54 100 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Steenbeeke, Alain | 52    | Ymcapkc Sound Aq | 53.77   |
|   | 25.29             | 28.48 |                  |         |
| 2 | Dodds, Joel       | 52    | Mukilteo YMCA    | 55.19   |
|   | 25.91             | 29.28 |                  |         |
| 3 | McCarty, David    | 50    | Mukilteo YMCA    | 56.00   |
|   | 26.92             | 29.08 |                  |         |
| 4 | Wilwerding, Geoff | 53    | Greenlake Aquadu | 57.04   |
|   | 27.41             | 29.63 |                  |         |
| 5 | Praeger, Wade     | 52    | Lake Washington  | 58.21   |
|   | 27.83             | 30.38 |                  |         |
| 6 | Weed, Kevin       | 52    | SAM              | 59.62   |
|   | 28.73             | 30.89 |                  |         |
| 7 | Johnson, Baird    | 52    | Washington Athle | 1:02.20 |
|   | 28.73             | 33.47 |                  |         |
| 8 | Yarrow, Mike      | 53    | Skagit Valley Ma | 1:09.13 |
|   | 32.73             | 36.40 |                  |         |

**Men 50-54 200 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Wilwerding, Geoff | 53    | Greenlake Aquadu | 2:07.11 |
|   | 28.82             | 31.15 | 32.62            | 34.52   |

|   |               |         |                  |         |
|---|---------------|---------|------------------|---------|
| 2 | Weed, Kevin   | 52      | SAM              | 2:17.61 |
|   | 31.42         | 1:11.63 | 34.54            | 0.02    |
| 3 | Clayton, Todd | 52      | Sequim Aquatic R | 2:22.49 |
|   | 33.92         | 36.16   | 37.01            | 35.40   |

**Men 50-54 500 Yard Freestyle**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Phillips, Dan     | 51    | Lake Washington  | 5:26.00 |
|   | 30.90             | 32.86 | 33.18            | 34.00   |
|   | 33.25             | 32.98 | 32.73            | 32.85   |
|   | 32.46             | 30.79 |                  |         |
| 2 | Praeger, Wade     | 52    | Lake Washington  | 5:42.35 |
|   | 30.68             | 34.13 | 34.68            | 35.92   |
|   | 35.44             | 34.84 | 34.84            | 34.34   |
|   | 34.34             | 33.14 |                  |         |
| 3 | Wilwerding, Geoff | 53    | Greenlake Aquadu | 5:51.31 |
|   | 31.42             | 33.88 | 35.09            | 35.84   |
|   | 34.90             | 35.46 | 35.31            | 36.23   |
|   | 37.09             | 36.09 |                  |         |
| 4 | Clayton, Todd     | 52    | Sequim Aquatic R | 6:24.52 |
|   | 34.89             | 37.53 | 38.20            | 39.24   |
|   | 38.54             | 38.98 | 38.56            | 39.44   |
|   | 39.52             | 39.62 |                  |         |
| 5 | Yarrow, Mike      | 53    | Skagit Valley Ma | 7:24.31 |
|   | 40.36             | 43.93 | 45.75            | 45.65   |
|   | 46.24             | 46.22 | 45.48            | 45.56   |
|   | 44.12             | 41.00 |                  |         |

**Men 50-54 50 Yard Backstroke**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Steenbeeke, Alain | 52 | Ymcapkc Sound Aq | 28.42 |
| 2 | Haynie, Carl      | 54 | CAC              | 28.51 |

**Men 50-54 100 Yard Backstroke**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Steenbeeke, Alain | 52    | Ymcapkc Sound Aq | 1:00.79 |
|   | 28.97             | 31.82 |                  |         |
| 2 | Dodds, Joel       | 52    | Mukilteo YMCA    | 1:00.88 |
|   | 29.16             | 31.72 |                  |         |
| 3 | Haynie, Carl      | 54    | CAC              | 1:01.00 |
|   | 29.54             | 31.46 |                  |         |
| 4 | Johnson, Baird    | 52    | Washington Athle | 1:10.85 |
|   | 33.95             | 36.90 |                  |         |
| 5 | Yarrow, Mike      | 53    | Skagit Valley Ma | 1:30.67 |
|   | 43.77             | 46.90 |                  |         |

**Men 50-54 200 Yard Backstroke**

|   |               |       |       |         |
|---|---------------|-------|-------|---------|
| 1 | Hettich, Mike | 50    | UNA   | 2:12.08 |
|   | 32.56         | 33.92 | 33.28 | 32.32   |

**Men 50-54 50 Yard Breaststroke**

|   |               |    |                 |       |
|---|---------------|----|-----------------|-------|
| 1 | Phillips, Dan | 51 | Lake Washington | 29.13 |
| 2 | Haynie, Carl  | 54 | CAC             | 30.94 |
| 3 | Espinosa, Leo | 54 | Downtown/Bellvu | 35.15 |

**Men 50-54 100 Yard Breaststroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Phillips, Dan | 51    | Lake Washington | 1:06.10 |
|   | 31.63         | 34.47 |                 |         |
| 2 | Espinosa, Leo | 54    | Downtown/Bellvu | 1:16.58 |
|   | 36.19         | 40.39 |                 |         |
| 3 | Praeger, Wade | 52    | Lake Washington | 1:18.40 |
|   | 37.07         | 41.33 |                 |         |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 50-54 200 Yard Breaststroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Espinosa, Leo | 54    | Downtown/Bellvu | 2:48.73 |
|   | 38.37         | 42.49 | 43.52           | 44.35   |

**Men 50-54 50 Yard Butterfly**

|   |                   |    |                  |       |
|---|-------------------|----|------------------|-------|
| 1 | Wilwerding, Geoff | 53 | Greenlake Aquadu | 29.26 |
| 2 | Johnson, Baird    | 52 | Washington Athle | 31.19 |

**Men 50-54 100 Yard Butterfly**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | McCarty, David | 50    | Mukilteo YMCA    | 1:04.63 |
|   | 30.86          | 33.77 |                  |         |
| 2 | Johnson, Baird | 52    | Washington Athle | 1:16.71 |
|   | 33.28          | 43.43 |                  |         |

**Men 50-54 100 Yard IM**

|   |                   |       |                  |         |
|---|-------------------|-------|------------------|---------|
| 1 | Phillips, Dan     | 51    | Lake Washington  | 59.32   |
|   | 27.78             | 31.54 |                  |         |
| 2 | Hettich, Mike     | 50    | UNA              | 59.87   |
|   | 27.61             | 32.26 |                  |         |
| 3 | Steenbeeke, Alain | 52    | Ymcapkc Sound Aq | 1:01.80 |
|   | 28.18             | 33.62 |                  |         |
| 4 | Haynie, Carl      | 54    | CAC              | 1:02.45 |
|   | 28.77             | 33.68 |                  |         |
| 5 | Johnson, Baird    | 52    | Washington Athle | 1:10.77 |
|   | 31.79             | 38.98 |                  |         |
| 6 | Clayton, Todd     | 52    | Sequim Aquatic R | 1:16.02 |
|   | 35.76             | 40.26 |                  |         |
| 7 | Yarrow, Mike      | 53    | Skagit Valley Ma | 1:47.19 |
|   | 49.48             | 57.71 |                  |         |

**Men 50-54 200 Yard IM**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Phillips, Dan | 51    | Lake Washington | 2:11.79 |
|   | 29.61         | 34.85 | 37.51           | 29.82   |
| 2 | Hettich, Mike | 50    | UNA             | 2:14.15 |
|   | 29.12         | 35.46 | 39.26           | 30.31   |

**Men 50-54 400 Yard IM**

|   |                |       |               |         |
|---|----------------|-------|---------------|---------|
| 1 | McCarty, David | 50    | Mukilteo YMCA | 5:06.53 |
|   | 34.38          | 38.02 | 39.29         | 38.99   |
|   | 43.63          | 42.95 | 34.86         | 34.41   |

**Men 55-59 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Kegley, Dale     | 59 | Walla Walla Mast | 26.09 |
| 2 | Linn, Joe        | 57 | UC36             | 26.60 |
| 3 | Brown, David     | 57 | UNA              | 26.83 |
| 4 | Keller, John     | 58 | Sequim Aquatic R | 27.62 |
| 5 | Bittner, Matthew | 55 | UC36             | 32.26 |

**Men 55-59 100 Yard Freestyle**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Stack, Ned   | 55    | UC36             | 55.94   |
|   | 27.36        | 28.58 |                  |         |
| 2 | Kegley, Dale | 59    | Walla Walla Mast | 59.64   |
|   | 28.48        | 31.16 |                  |         |
| 3 | Linn, Joe    | 57    | UC36             | 1:00.41 |
|   | 28.29        | 32.12 |                  |         |
| 4 | Keller, John | 58    | Sequim Aquatic R | 1:03.02 |
|   | 30.07        | 32.95 |                  |         |
| 5 | Goodlin, Tom | 55    | Bainbridge Aquat | 1:07.79 |
|   | 30.94        | 36.85 |                  |         |

|   |                  |       |      |         |
|---|------------------|-------|------|---------|
| 6 | Bittner, Matthew | 55    | UC36 | 1:18.74 |
|   | 37.26            | 41.48 |      |         |

**Men 55-59 200 Yard Freestyle**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Linn, Joe    | 57    | UC36             | 2:23.22 |
|   | 32.97        | 36.05 | 37.09            | 37.11   |
| 2 | Keller, John | 58    | Sequim Aquatic R | 2:30.60 |
|   | 33.49        | 39.51 | 41.48            | 36.12   |

**Men 55-59 500 Yard Freestyle**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Durban, Lars    | 57    | SAM            | 5:52.36 |
|   | 31.33           | 34.42 | 36.08          | 35.95   |
|   | 36.23           | 36.23 | 35.84          | 36.35   |
|   | 35.60           | 34.33 |                |         |
| 2 | Howell, Richard | 55    | Oregon Masters | 6:08.61 |
|   | 31.69           | 35.33 | 37.02          | 37.25   |
|   | 37.90           | 38.04 | 38.49          | 38.48   |
|   | 39.05           | 35.36 |                |         |

**Men 55-59 50 Yard Backstroke**

|   |                |    |     |       |
|---|----------------|----|-----|-------|
| 1 | Fritschen, Tom | 59 | SAM | 37.46 |
|---|----------------|----|-----|-------|

**Men 55-59 100 Yard Backstroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Fritschen, Tom | 59    | SAM              | 1:23.76 |
|   | 40.43          | 43.33 |                  |         |
| 2 | Goodlin, Tom   | 55    | Bainbridge Aquat | 1:24.93 |
|   | 41.54          | 43.39 |                  |         |

**Men 55-59 50 Yard Breaststroke**

|   |                 |    |                |       |
|---|-----------------|----|----------------|-------|
| 1 | Howell, Richard | 55 | Oregon Masters | 31.27 |
|---|-----------------|----|----------------|-------|

**Men 55-59 100 Yard Breaststroke**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Goodlin, Tom | 55    | Bainbridge Aquat | 1:24.08 |
|   | 39.27        | 44.81 |                  |         |
| 2 | Sonoda, Rod  | 55    | Orca Swim Club   | 1:30.82 |
|   | 43.71        | 47.11 |                  |         |

**Men 55-59 200 Yard Breaststroke**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Howell, Richard | 55    | Oregon Masters | 2:35.26 |
|   | 34.31           | 39.81 | 41.26          | 39.88   |

**Men 55-59 50 Yard Butterfly**

|   |              |    |                  |       |
|---|--------------|----|------------------|-------|
| 1 | Stack, Ned   | 55 | UC36             | 26.85 |
| 2 | Brown, David | 57 | UNA              | 29.52 |
| 3 | Keller, John | 58 | Sequim Aquatic R | 32.08 |
| 4 | Sonoda, Rod  | 55 | Orca Swim Club   | 36.82 |

**Men 55-59 100 Yard Butterfly**

|   |                 |       |                |         |
|---|-----------------|-------|----------------|---------|
| 1 | Durban, Lars    | 57    | SAM            | 1:07.05 |
|   | 30.44           | 36.61 |                |         |
| 2 | Howell, Richard | 55    | Oregon Masters | 1:09.95 |
|   | 31.85           | 38.10 |                |         |

**Men 55-59 100 Yard IM**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Brown, David | 57    | UNA              | 1:09.69 |
|   | 31.86        | 37.83 |                  |         |
| 2 | Goodlin, Tom | 55    | Bainbridge Aquat | 1:16.67 |
|   | 35.68        | 40.99 |                  |         |
| 3 | Sonoda, Rod  | 55    | Orca Swim Club   | 1:26.08 |
|   | 42.36        | 43.72 |                  |         |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 55-59 200 Yard IM**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Goodlin, Tom | 55    | Bainbridge Aquat | 2:49.26 |
|   | 36.36        | 45.04 | 48.41            | 39.45   |

**Men 60-64 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Kendrick, Jim    | 62 | Skagit Valley Ma | 26.13 |
| 2 | Stretch, Stretch | 63 | Bainbridge Aquat | 29.28 |
| 3 | Lebel, Paul      | 61 | Skagit Valley Ma | 29.87 |

**Men 60-64 100 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Kendrick, Jim    | 62    | Skagit Valley Ma | 58.49   |
|   | 27.99            | 30.50 |                  |         |
| 2 | Stretch, Stretch | 63    | Bainbridge Aquat | 1:04.55 |
|   | 30.38            | 34.17 |                  |         |
| 3 | Lebel, Paul      | 61    | Skagit Valley Ma | 1:09.52 |
|   | 33.71            | 35.81 |                  |         |

**Men 60-64 200 Yard Freestyle**

|   |               |       |                  |         |
|---|---------------|-------|------------------|---------|
| 1 | Kendrick, Jim | 62    | Skagit Valley Ma | 2:13.52 |
|   | 30.19         | 34.08 | 34.94            | 34.31   |

**Men 60-64 500 Yard Freestyle**

|     |                  |       |                  |         |
|-----|------------------|-------|------------------|---------|
| 1   | Tempest, David   | 64    | Mercer Island Re | 6:20.72 |
|     | 36.83            | 38.52 | 39.46            | 39.31   |
|     | 39.15            | 38.82 | 38.64            | 38.14   |
|     | 37.17            | 34.68 |                  |         |
| 2   | Stretch, Stretch | 63    | Bainbridge Aquat | 6:33.37 |
|     | 33.74            | 39.25 | 40.33            | 40.46   |
|     | 39.82            | 40.80 | 39.59            | 40.90   |
|     | 39.88            | 38.60 |                  |         |
| --- | Lebel, Paul      | 61    | Skagit Valley Ma | DQ      |
|     | 38.05            | 39.43 | 42.78            | 43.42   |
|     | 45.05            | 45.87 | 47.04            | 47.35   |
|     | 47.68            | 43.88 |                  |         |

**Men 60-64 50 Yard Backstroke**

|   |                |    |                  |       |
|---|----------------|----|------------------|-------|
| 1 | Tempest, David | 64 | Mercer Island Re | 34.73 |
|---|----------------|----|------------------|-------|

**Men 60-64 100 Yard Backstroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Tempest, David | 64    | Mercer Island Re | 1:13.91 |
|   | 36.97          | 36.94 |                  |         |

**Men 60-64 200 Yard Backstroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Tempest, David | 64    | Mercer Island Re | 2:36.96 |
|   | 38.64          | 39.96 | 40.01            | 38.35   |

**Men 60-64 50 Yard Breaststroke**

|   |               |    |                 |       |
|---|---------------|----|-----------------|-------|
| 1 | Colella, Rick | 63 | Lake Washington | 29.93 |
|---|---------------|----|-----------------|-------|

**Men 60-64 100 Yard Breaststroke**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Colella, Rick | 63    | Lake Washington | 1:06.08 |
|   | 30.91         | 35.17 |                 |         |

**Men 60-64 50 Yard Butterfly**

|   |               |    |                  |       |
|---|---------------|----|------------------|-------|
| 1 | Kendrick, Jim | 62 | Skagit Valley Ma | 33.36 |
|---|---------------|----|------------------|-------|

**Men 60-64 100 Yard IM**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Colella, Rick | 63    | Lake Washington | 1:00.48 |
|   | 29.01         | 31.47 |                 |         |

**Men 60-64 400 Yard IM**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Colella, Rick | 63    | Lake Washington | 4:42.80 |
|   | 29.41         | 33.29 | 38.26           | 37.57   |
|   | 38.24         | 39.49 | 33.84           | 32.70   |

**Men 65-69 50 Yard Freestyle**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Lane, Homer      | 65 | Queen Anne Swim  | 26.87 |
| 2 | Voegtlen, Barney | 65 | Bainbridge Aquat | 30.45 |
| 3 | Robinson, James  | 65 | Orca Swim Club   | 34.14 |

**Men 65-69 100 Yard Freestyle**

|   |                 |       |                 |         |
|---|-----------------|-------|-----------------|---------|
| 1 | Lane, Homer     | 65    | Queen Anne Swim | 1:00.91 |
|   | 28.84           | 32.07 |                 |         |
| 2 | Wright, Larry   | 66    | Downtown/Bellvu | 1:01.74 |
|   | 29.21           | 32.53 |                 |         |
| 3 | Robinson, James | 65    | Orca Swim Club  | 1:18.53 |
|   | 36.93           | 41.60 |                 |         |

**Men 65-69 200 Yard Freestyle**

|   |                 |       |                 |         |
|---|-----------------|-------|-----------------|---------|
| 1 | Lane, Homer     | 65    | Queen Anne Swim | 2:20.71 |
|   | 32.78           | 35.66 | 36.87           | 35.40   |
| 2 | Robinson, James | 65    | Orca Swim Club  | 3:13.11 |
|   | 41.44           | 48.17 | 51.81           | 51.69   |

**Men 65-69 50 Yard Backstroke**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Lane, Homer      | 65 | Queen Anne Swim  | 33.80 |
| 2 | Voegtlen, Barney | 65 | Bainbridge Aquat | 36.62 |

**Men 65-69 200 Yard Backstroke**

|     |                |         |                  |         |
|-----|----------------|---------|------------------|---------|
| 1   | Brown, Paul    | 66      | Vashon Island Ro | 2:53.43 |
|     | 40.93          | 43.48   | 44.41            | 44.61   |
| --- | Walker, Thomas | 67      | CAC              | DQ      |
|     | 59.22          | 1:03.30 | 1:05.06          | 1:00.88 |

**Men 65-69 50 Yard Breaststroke**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Peterson, Steve  | 68 | Ymcapkc Sound Aq | 35.03 |
| 2 | Voegtlen, Barney | 65 | Bainbridge Aquat | 38.98 |

**Men 65-69 100 Yard Breaststroke**

|   |                 |         |                  |         |
|---|-----------------|---------|------------------|---------|
| 1 | Peterson, Steve | 68      | Ymcapkc Sound Aq | 1:19.48 |
|   | 37.31           | 42.17   |                  |         |
| 2 | Brown, Paul     | 66      | Vashon Island Ro | 1:31.57 |
|   | 42.75           | 48.82   |                  |         |
| 3 | Walker, Thomas  | 67      | CAC              | 2:09.15 |
|   | 1:01.50         | 1:07.65 |                  |         |

**Men 65-69 200 Yard Breaststroke**

|   |                 |         |                  |         |
|---|-----------------|---------|------------------|---------|
| 1 | Peterson, Steve | 68      | Ymcapkc Sound Aq | 2:52.69 |
|   | 39.32           | 44.71   | 45.38            | 43.28   |
| 2 | Walker, Thomas  | 67      | CAC              | 4:33.99 |
|   | 1:02.55         | 1:10.61 | 1:12.42          | 1:08.41 |

**Men 65-69 50 Yard Butterfly**

|   |                  |    |                  |       |
|---|------------------|----|------------------|-------|
| 1 | Wright, Larry    | 66 | Downtown/Bellvu  | 29.79 |
| 2 | Voegtlen, Barney | 65 | Bainbridge Aquat | 38.46 |
| 3 | Robinson, James  | 65 | Orca Swim Club   | 42.23 |

**Men 65-69 100 Yard Butterfly**

|   |               |       |                 |         |
|---|---------------|-------|-----------------|---------|
| 1 | Wright, Larry | 66    | Downtown/Bellvu | 1:13.76 |
|   | 30.78         | 42.98 |                 |         |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 65-69 100 Yard IM**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Wright, Larry    | 66    | Downtown/Bellu   | 1:10.72 |
|   | 32.78            | 37.94 |                  |         |
| 2 | Voegtlen, Barney | 65    | Bainbridge Aquat | 1:21.08 |
|   | 37.13            | 43.95 |                  |         |
| 3 | Robinson, James  | 65    | Orca Swim Club   | 1:36.55 |
|   | 43.63            | 52.92 |                  |         |
| 4 | Walker, Thomas   | 67    | CAC              | 2:01.42 |
|   | 1:01.70          | 59.72 |                  |         |

**Men 65-69 200 Yard IM**

|   |                 |       |                  |         |
|---|-----------------|-------|------------------|---------|
| 1 | Peterson, Steve | 68    | Ymcapkc Sound Aq | 2:46.61 |
|   | 37.87           | 44.25 | 44.61            | 39.88   |
| 2 | Brown, Paul     | 66    | Vashon Island Ro | 2:58.62 |
|   | 39.27           | 45.35 | 51.42            | 42.58   |

**Men 65-69 400 Yard IM**

|   |                |         |         |         |
|---|----------------|---------|---------|---------|
| 1 | Walker, Thomas | 67      | CAC     | 9:24.83 |
|   | 1:15.45        | 1:30.59 |         |         |
|   | 1:14.80        | 1:14.17 | 1:00.72 | 55.05   |

**Men 70-74 50 Yard Freestyle**

|   |                   |    |                  |         |
|---|-------------------|----|------------------|---------|
| 1 | Justice, Timothy  | 72 | Skagit Valley Ma | 33.98   |
| 2 | Campen, Gary      | 70 | Port Townsend Ma | 36.35   |
| 3 | Davis, Bob        | 73 | Washington Athle | 38.61   |
| 4 | McKinlay, Michael | 71 | Downtown/Bellu   | 1:21.96 |

**Men 70-74 100 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Justice, Timothy | 72    | Skagit Valley Ma | 1:16.27 |
|   | 35.03            | 41.24 |                  |         |
| 2 | Campen, Gary     | 70    | Port Townsend Ma | 1:24.99 |
|   | 39.19            | 45.80 |                  |         |
| 3 | Davis, Bob       | 73    | Washington Athle | 1:26.75 |
|   | 39.74            | 47.01 |                  |         |

**Men 70-74 200 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Justice, Timothy | 72    | Skagit Valley Ma | 3:11.93 |
|   | 41.29            | 47.30 | 51.16            | 52.18   |

**Men 70-74 500 Yard Freestyle**

|   |                  |       |                  |         |
|---|------------------|-------|------------------|---------|
| 1 | Justice, Timothy | 72    | Skagit Valley Ma | 8:32.81 |
|   | 42.01            |       |                  |         |
|   |                  | 53.93 | 54.96            | 52.30   |
|   | 51.70            | 47.56 |                  |         |

**Men 70-74 50 Yard Backstroke**

|   |                   |    |                  |         |
|---|-------------------|----|------------------|---------|
| 1 | Campen, Gary      | 70 | Port Townsend Ma | 43.26   |
| 2 | McKinlay, Michael | 71 | Downtown/Bellu   | 1:29.35 |

**Men 70-74 100 Yard Backstroke**

|   |              |       |                  |         |
|---|--------------|-------|------------------|---------|
| 1 | Campen, Gary | 70    | Port Townsend Ma | 1:41.27 |
|   | 48.96        | 52.31 |                  |         |

**Men 75-79 200 Yard Backstroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Peterson, Dick | 77    | Bellingham Maste | 3:16.30 |
|   | 47.80          | 51.14 | 50.54            | 46.82   |

**Men 75-79 50 Yard Breaststroke**

|   |                   |    |     |       |
|---|-------------------|----|-----|-------|
| 1 | Truong, Dominique | 76 | UNA | 45.20 |
|---|-------------------|----|-----|-------|

**Men 75-79 100 Yard Breaststroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Peterson, Dick | 77    | Bellingham Maste | 1:33.51 |
|   | 44.25          | 49.26 |                  |         |

**Men 75-79 200 Yard Breaststroke**

|   |                |       |                  |         |
|---|----------------|-------|------------------|---------|
| 1 | Peterson, Dick | 77    | Bellingham Maste | 3:18.02 |
|   | 45.11          | 50.41 | 51.49            | 51.01   |

**Men 75-79 200 Yard IM**

|   |                |    |                  |         |
|---|----------------|----|------------------|---------|
| 1 | Peterson, Dick | 77 | Bellingham Maste | 3:17.64 |
|   | 48.40          |    | 45.31            |         |

**Men 75-79 400 Yard IM**

|   |                |         |                  |         |
|---|----------------|---------|------------------|---------|
| 1 | Peterson, Dick | 77      | Bellingham Maste | 7:02.73 |
|   | 50.18          | 1:02.07 | 57.14            | 52.02   |
|   | 51.88          | 51.45   | 49.55            | 48.44   |

**Men 80-84 50 Yard Freestyle**

|   |                |    |                  |         |
|---|----------------|----|------------------|---------|
| 1 | Ellingson, Don | 82 | Puget Sound Mast | 1:03.35 |
|---|----------------|----|------------------|---------|

**Men 80-84 50 Yard Backstroke**

|   |                |    |                  |         |
|---|----------------|----|------------------|---------|
| 1 | Ellingson, Don | 82 | Puget Sound Mast | 1:23.94 |
|---|----------------|----|------------------|---------|

**Men 80-84 100 Yard Backstroke**

|   |                |    |                  |         |
|---|----------------|----|------------------|---------|
| 1 | Ellingson, Don | 82 | Puget Sound Mast | 3:03.31 |
|---|----------------|----|------------------|---------|

**Men 80-84 200 Yard Backstroke**

|     |                |         |                  |    |
|-----|----------------|---------|------------------|----|
| --- | Ellingson, Don | 82      | Puget Sound Mast | DQ |
|     | 1:35.33        | 5:09.44 |                  |    |

**Men 80-84 50 Yard Breaststroke**

|   |               |    |     |       |
|---|---------------|----|-----|-------|
| 1 | Rehfeldt, Don | 80 | UNA | 56.53 |
|---|---------------|----|-----|-------|

**Men 80-84 100 Yard Breaststroke**

|   |               |         |     |         |
|---|---------------|---------|-----|---------|
| 1 | Rehfeldt, Don | 80      | UNA | 2:10.22 |
|   | 1:00.62       | 1:09.60 |     |         |

**Men 80-84 200 Yard Breaststroke**

|   |               |         |         |         |
|---|---------------|---------|---------|---------|
| 1 | Rehfeldt, Don | 80      | UNA     | 4:48.52 |
|   | 1:03.08       | 1:11.96 | 1:17.62 | 1:15.86 |

**Women 18+ 200 Yard Freestyle Relay**

|   |                          |                         |       |         |
|---|--------------------------|-------------------------|-------|---------|
| 1 | Western Washingt         | A                       |       | 1:56.53 |
|   | 1) Barnick, Angela W20   | 2) McKiernan, Alex W21  |       |         |
|   | 3) Monsen, Allie W19     | 4) Prange, Cara W20     |       |         |
|   | 28.53                    | 29.33                   | 29.94 | 28.73   |
| 2 | Lake Washington          | B                       |       | 2:00.92 |
|   | 1) Rhodes, Mollyanne W18 | 2) McHenry, Valerie W35 |       |         |
|   | 3) Helgason, Chelsea W28 | 4) Dinkel, Paloma W26   |       |         |
|   | 40.44                    | 28.30                   | 26.36 | 25.82   |

**Women 18+ 800 Yard Freestyle Relay**

|   |                              |                      |         |          |
|---|------------------------------|----------------------|---------|----------|
| 1 | Central Washingt             | A                    |         | 12:15.17 |
|   | 1) Tikka-Dills-Lovasz, Sarah | 2) Gonser, Becca W19 |         |          |
|   | 3) Moerdyk, Kristen W21      | 4) Dugan, Kylie W19  |         |          |
|   | 38.51                        | 1:25.43              | 2:14.39 | 3:01.17  |
|   | 39.60                        | 1:26.26              | 2:15.86 |          |
|   | 43.25                        | 1:33.16              | 2:23.36 | 3:13.36  |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Women 18+ 200 Yard Medley Relay**

|   |                        |                        |       |         |
|---|------------------------|------------------------|-------|---------|
| 1 | Western Washingt       | A                      |       | 2:24.04 |
|   | 1) Monsen, Meg W21     | 2) McKiernan, Alex W21 |       |         |
|   | 3) Baber, Caroline W18 | 4) Monsen, Emily W19   |       |         |
|   | 39.91                  | 37.55                  | 36.31 | 30.27   |

**Women 25+ 800 Yard Freestyle Relay**

|   |                        |                         |         |         |
|---|------------------------|-------------------------|---------|---------|
| 1 | Lake Washington        | A                       |         | 8:59.72 |
|   | 1) Doherty, Lianna W40 | 2) McHenry, Valerie W35 |         |         |
|   | 3) Moorhead, Amy W43   | 4) Dinkel, Paloma W26   |         |         |
|   | 29.43                  | 1:02.68                 | 1:36.92 | 2:10.89 |
|   | 32.46                  | 1:08.51                 | 1:47.26 | 2:26.86 |
|   | 29.13                  | 1:01.36                 | 1:35.57 | 2:09.53 |
|   | 28.13                  | 1:01.06                 | 1:36.57 | 2:12.44 |

**Women 35+ 200 Yard Freestyle Relay**

|   |                         |                        |       |         |
|---|-------------------------|------------------------|-------|---------|
| 1 | Lake Washington         | A                      |       | 1:47.83 |
|   | 1) Crouch, Kim W53      | 2) Doherty, Lianna W40 |       |         |
|   | 3) Davis, Charlotte W64 | 4) Moorhead, Amy W43   |       |         |
|   | 26.54                   | 28.02                  | 27.94 | 25.33   |
| 2 | Lake Washington         | C                      |       | 2:11.87 |
|   | 1) Underbrink, Mary W55 | 2) Clarke, Heather W43 |       |         |
|   | 3) Enright, Jill W51    | 4) Olsen, Kris W50     |       |         |
|   | 36.83                   | 32.69                  | 32.24 | 30.11   |

**Women 55+ 800 Yard Freestyle Relay**

|   |                         |                         |         |          |
|---|-------------------------|-------------------------|---------|----------|
| 1 | Lake Washington         | B                       |         | 10:34.20 |
|   | 1) Underbrink, Mary W55 | 2) Chapman, Linda W58   |         |          |
|   | 3) Moore, Sheila W55    | 4) Davis, Charlotte W64 |         |          |
|   | 39.19                   | 1:24.26                 | 2:13.05 | 3:00.03  |
|   | 36.44                   | 1:16.76                 | 1:57.66 | 2:38.47  |
|   | 37.22                   | 1:17.10                 | 1:57.33 | 2:36.08  |
|   | 17.75                   | 33.10                   | 1:09.14 | 2:19.62  |

**Men 18+ 200 Yard Freestyle Relay**

|   |                          |                          |       |         |
|---|--------------------------|--------------------------|-------|---------|
| 1 | Washington Athle         | A                        |       | 1:38.18 |
|   | 1) Williamson, Eric M24  | 2) Newell, Mick M26      |       |         |
|   | 3) Vaughan, Brandon M27  | 4) Pfaff, Chris M27      |       |         |
|   | 24.02                    | 25.78                    | 24.11 | 24.27   |
| 2 | Sequim Aquatic R         | A                        |       | 1:43.17 |
|   | 1) Koehler, Avery M18    | 2) Ridle, Jason M40      |       |         |
|   | 3) Forcinel, Tony M44    | 4) Keller, John M58      |       |         |
|   | 24.55                    | 23.97                    | 27.31 | 27.34   |
| 3 | Western Washingt         | A                        |       | 1:44.83 |
|   | 1) Propersi, Jeffrey M19 | 2) Clark, Austin M19     |       |         |
|   | 3) Kelly, Nicholas M18   | 4) Wrigley, Jonathan M18 |       |         |
|   | 25.83                    | 30.35                    | 24.50 | 24.15   |

**Men 18+ 800 Yard Freestyle Relay**

|   |                         |                     |         |         |
|---|-------------------------|---------------------|---------|---------|
| 1 | Washington Athle        | A                   |         | 8:40.58 |
|   | 1) Williamson, Eric M24 | 2) Newell, Mick M26 |         |         |
|   | 3) Vaughan, Brandon M27 | 4) Pfaff, Chris M27 |         |         |
|   | 27.85                   | 59.49               | 1:33.51 | 2:08.35 |
|   | 31.01                   | 1:42.44             | 2:18.06 | 2:45.55 |
|   | 32.61                   | 1:07.14             | 1:40.76 |         |

**Men 18+ 200 Yard Medley Relay**

|   |                          |                      |       |         |
|---|--------------------------|----------------------|-------|---------|
| 1 | Sequim Aquatic R         | A                    |       | 1:57.21 |
|   | 1) Koehler, Avery M18    | 2) Ridle, Jason M40  |       |         |
|   | 3) Forcinel, Tony M44    | 4) Keller, John M58  |       |         |
|   | 28.21                    | 31.40                | 29.80 | 27.80   |
| 2 | Western Washingt         | A                    |       | 1:58.96 |
|   | 1) Propersi, Jeffrey M19 | 2) Reid, Jordan M22  |       |         |
|   | 3) Kelly, Nicholas M18   | 4) Clark, Austin M19 |       |         |
|   | 31.49                    | 29.75                | 35.53 | 22.19   |

**Men 25+ 200 Yard Freestyle Relay**

|   |                          |                              |       |         |
|---|--------------------------|------------------------------|-------|---------|
| 1 | Lake Washington          | A                            |       | 1:32.94 |
|   | 1) Liedtke, Matthew M25  | 2) Chapman, Chris M27        |       |         |
|   | 3) Gray, Trever M39      | 4) Conroy, Chris M29         |       |         |
|   | 25.12                    | 21.82                        | 22.73 | 23.27   |
| 2 | Mukilteo YMCA            | A                            |       | 1:39.41 |
|   | 1) Kanev, Teodor M32     | 2) Dodds, Joel M52           |       |         |
|   | 3) Henriksen, Martin M40 | 4) McCarty, David M50        |       |         |
|   | 25.12                    | 24.70                        | 24.07 | 25.52   |
| 3 | Downtown/Bellvu          | A                            |       | 1:40.01 |
|   | 1) Heaton, Jesse M30     | 2) Tanimoto, Christopher M28 |       |         |
|   | 3) Martinez, Hector M29  | 4) Cox, Adam M37             |       |         |
|   | 24.81                    | 25.24                        | 26.25 | 23.71   |
| 4 | SAM                      | A                            |       | 1:43.61 |
|   | 1) Larson, Dan M48       | 2) Speer, Jasen M33          |       |         |
|   | 3) Weed, Kevin M52       | 4) Belleza, Ron M40          |       |         |
|   | 26.58                    | 26.43                        | 26.06 | 24.54   |
| 5 | Husky Masters            | A                            |       | 1:45.12 |
|   | 1) O'Hern, Dave M31      | 2) Phillips, Alex M27        |       |         |
|   | 3) Tegeder, Joe M40      | 4) Dascomb, Joey M25         |       |         |
|   | 26.52                    | 28.63                        | 26.99 | 22.98   |
| 6 | Lake Washington          | D                            |       | 1:52.25 |
|   | 1) Schneider, Andy M38   | 2) Gayler, Scott M43         |       |         |
|   | 3) Miller, Aaron M31     | 4) Ceara, Rafael M34         |       |         |
|   | 29.20                    | 29.33                        | 26.97 | 26.75   |

**Men 25+ 800 Yard Freestyle Relay**

|   |                       |                      |         |         |
|---|-----------------------|----------------------|---------|---------|
| 1 | Lake Washington       | C                    |         | 7:39.36 |
|   | 1) Colella, Rick M63  | 2) Conroy, Chris M29 |         |         |
|   | 3) Chapman, Chris M27 | 4) Gray, Trever M39  |         |         |
|   | 27.41                 | 56.95                | 1:26.80 | 1:56.28 |
|   | 25.72                 | 54.67                | 1:24.40 | 1:54.69 |
|   | 18.88                 | 55.22                | 1:25.52 | 1:55.43 |
|   | 25.13                 | 53.67                | 1:23.20 | 1:52.96 |

**Men 25+ 200 Yard Medley Relay**

|   |                         |                       |       |         |
|---|-------------------------|-----------------------|-------|---------|
| 1 | Lake Washington         | A                     |       | 2:00.32 |
|   | 1) Ceara, Rafael M34    | 2) Miller, Aaron M31  |       |         |
|   | 3) Liedtke, Matthew M25 | 4) Scott, Michael M28 |       |         |
|   | 32.17                   | 34.24                 | 26.21 | 27.70   |
| 2 | Washington Athle        | A                     |       | 2:02.64 |
|   | 1) Johnson, Baird M52   | 2) Newell, Mick M26   |       |         |
|   | 3) Vaughan, Brandon M27 | 4) Pfaff, Chris M27   |       |         |
|   | 33.57                   | 35.42                 | 27.17 | 26.48   |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**Men 35+ 200 Yard Medley Relay**

|                      |                        |         |
|----------------------|------------------------|---------|
| 1 Lake Washington    | B                      | 2:12.38 |
| 1) Smith, Bryan M47  | 2) Derango, Philip M49 |         |
| 3) Gayler, Scott M43 | 4) Schneider, Andy M38 |         |
| 30.82 36.64          | 36.00 28.92            |         |

**Men 45+ 200 Yard Freestyle Relay**

|                        |                         |         |
|------------------------|-------------------------|---------|
| 1 Lake Washington      | B                       | 1:39.82 |
| 1) Phillips, Dan M51   | 2) Porter, Michael M48  |         |
| 3) Smith, Bryan M47    | 4) Hanson, Max M47      |         |
| 24.31 25.13            | 25.33 25.05             |         |
| 2 Lake Washington      | C                       | 1:46.93 |
| 1) Derango, Philip M49 | 2) Colella, Rick M63    |         |
| 3) Praeger, Wade M52   | 4) Martin, Rob M49      |         |
| 28.56 25.45            | 26.29 26.63             |         |
| 3 Skagit Valley Ma     | A                       | 2:03.88 |
| 1) Yarrow, Mike M53    | 2) Justice, Timothy M72 |         |
| 3) Lebel, Paul M61     | 4) Kendrick, Jim M62    |         |
| 31.37 34.37            | 30.93 27.21             |         |

**Men 45+ 800 Yard Freestyle Relay**

|                     |                      |          |
|---------------------|----------------------|----------|
| 1 Lake Washington   | D                    | 8:24.08  |
| 1) Hanson, Max M47  | 2) Praeger, Wade M52 |          |
| 3) Martin, Rob M49  | 4) Phillips, Dan M51 |          |
| 27.62 57.97         | 1:29.76 2:01.85      |          |
| 28.74 1:01.14       | 1:34.31 2:06.89      |          |
| 30.52 1:05.22       | 1:41.28 2:17.03      |          |
| 27.74 57.33         | 1:28.25 1:58.31      |          |
| 2 Skagit Valley Ma  | A                    | 10:16.42 |
| 1) Yarrow, Mike M53 | 2) Lebel, Paul M61   |          |
| 3) Ness, Kerry M45  | 4) Kendrick, Jim M62 |          |
| 35.61 1:15.28       | 1:56.10 2:37.45      |          |
| 37.48 1:17.99       | 2:01.71 2:44.79      |          |
| 35.39 1:15.10       | 1:56.43 2:37.56      |          |
| 31.62 1:06.37       | 1:41.56 2:16.62      |          |

**Mixed 18+ 200 Yard Freestyle Relay**

|                          |                          |         |
|--------------------------|--------------------------|---------|
| 1 Western Washingt       | A                        | 1:50.08 |
| 1) Reid, Jordan M22      | 2) Monsen, Allie W19     |         |
| 3) Prange, Cara W20      | 4) Wrigley, Jonathan M18 |         |
| 25.78 31.33              | 28.69 24.28              |         |
| 2 Western Washingt       | B                        | 1:59.06 |
| 1) Propersi, Jeffrey M19 | 2) Monsen, Meg W21       |         |
| 3) Monsen, Emily W19     | 4) Clark, Austin M19     |         |
| 26.34 32.19              | 30.86 29.67              |         |
| 3 Lake Washington        | F                        | 2:08.46 |
| 1) Rhodes, Mollyanne W18 | 2) Scott, Michael M28    |         |
| 3) Olsen, Kris W50       | 4) Schneider, Andy M38   |         |
| 41.64 27.26              | 30.95 28.61              |         |

**Mixed 18+ 800 Yard Freestyle Relay**

|                          |                        |         |
|--------------------------|------------------------|---------|
| 1 Western Washingt       | A                      | 8:52.88 |
| 1) Wrigley, Jonathan M18 | 2) Barnick, Angela W20 |         |
| 3) Kelly, Nicholas M18   | 4) Prange, Cara W20    |         |
| 27.92 1:00.18            | 1:34.37 2:08.26        |         |
| 31.72 1:07.34            | 1:44.63 2:20.92        |         |
| 17.26                    | 58.62 2:07.08          |         |
| 30.19 1:05.17            | 1:41.11 2:16.62        |         |

**Mixed 18+ 200 Yard Medley Relay**

|                          |                        |         |
|--------------------------|------------------------|---------|
| 1 Western Washingt       | A                      | 2:00.33 |
| 1) Kelly, Nicholas M18   | 2) McKiernan, Alex W21 |         |
| 3) Reid, Jordan M22      | 4) Barnick, Angela W20 |         |
| 29.30 37.15              | 25.29 28.59            |         |
| 2 Western Washingt       | B                      | 2:21.06 |
| 1) Clark, Austin M19     | 2) Baber, Caroline W18 |         |
| 3) Wrigley, Jonathan M18 | 4) Monsen, Emily W19   |         |
| 41.28 42.73              | 27.50 29.55            |         |

**Mixed 25+ 200 Yard Freestyle Relay**

|                          |                         |         |
|--------------------------|-------------------------|---------|
| 1 Lake Washington        | A                       | 1:36.95 |
| 1) Moorhead, Amy W43     | 2) Gray, Trever M39     |         |
| 3) Dinkel, Paloma W26    | 4) Chapman, Chris M27   |         |
| 25.56 23.81              | 25.51 22.07             |         |
| 2 Lake Washington        | B                       | 1:46.30 |
| 1) Helgason, Chelsea W28 | 2) Smith, Bryan M47     |         |
| 3) McHenry, Valerie W35  | 4) Liedtke, Matthew M25 |         |
| 26.31 25.29              | 28.61 26.09             |         |

**Mixed 25+ 800 Yard Freestyle Relay**

|                            |                       |         |
|----------------------------|-----------------------|---------|
| 1 Husky Masters            | A                     | 9:09.68 |
| 1) Kassabaum, Victoria W25 | 2) Phillips, Alex M27 |         |
| 3) Braggin, Jacquelyn W28  | 4) O'Hern, Dave M31   |         |
| 29.64 1:02.98              | 1:37.50 2:12.48       |         |
| 32.75 1:10.46              | 1:49.40 2:26.10       |         |
| 33.04 1:08.30              | 1:43.55 2:17.80       |         |
| 30.32 1:04.52              | 1:39.90 2:13.30       |         |

**Mixed 25+ 200 Yard Medley Relay**

|                              |                           |         |
|------------------------------|---------------------------|---------|
| 1 Lake Washington            | B                         | 1:47.77 |
| 1) Helgason, Chelsea W28     | 2) Conroy, Chris M29      |         |
| 3) Chapman, Chris M27        | 4) Dinkel, Paloma W26     |         |
| 29.58 29.81                  | 23.07 25.31               |         |
| 2 SAM                        | A                         | 1:58.48 |
| 1) Klovdahl, Jenny W30       | 2) Armstrong, Mary W47    |         |
| 3) Belleza, Ron M40          | 4) Larson, Dan M48        |         |
| 30.98 33.61                  | 26.98 26.91               |         |
| 3 Downtown/Bellvu            | A                         | 2:01.51 |
| 1) Gilmore, Anna W28         | 2) Winter, Doug M45       |         |
| 3) Wright, Larry M66         | 4) Johansson, Hanna W48   |         |
| 32.02 31.43                  | 29.33 28.73               |         |
| 4 Puget Sound Mast           | A                         | 2:03.79 |
| 1) Kaperak, William M30      | 2) Kleint, Nancy W27      |         |
| 3) Contreras Sandoval, Isaac | 4) Woare, Elisabeth W42   |         |
| 31.36 33.41                  | 33.33 25.69               |         |
| 5 Husky Masters              | A                         | 2:06.63 |
| 1) Kassabaum, Victoria W25   | 2) Braggin, Jacquelyn W28 |         |
| 3) Phillips, Alex M27        | 4) Dascomb, Joey M25      |         |
| 32.96 38.16                  | 31.27 24.24               |         |

**Mixed 35+ 200 Yard Freestyle Relay**

|                         |                        |         |
|-------------------------|------------------------|---------|
| 1 Sequim Aquatic R      | A                      | 1:56.97 |
| 1) Ridle, Jason M40     | 2) Forcinel, Tony M44  |         |
| 3) Shugart, Theresa W47 | 4) Cortani, Andrea W43 |         |
| 26.00 16.71             | 42.61 31.65            |         |

## 2015 Lake Washington Masters Invitational - 2/22/2015

Juanita Aquatic Center, Kirkland WA

## Results - All Events

**(Mixed 35+ 200 Yard Freestyle Relay)**

|   |                          |                         |  |         |
|---|--------------------------|-------------------------|--|---------|
| 2 | Vashon Island Ro         | A                       |  | 2:12.42 |
|   | 1) Hubbard, Suzanne W63  | 2) Owdziej, Barbara W55 |  |         |
|   | 3) Buffington, Jenna W44 | 4) Brown, Paul M66      |  |         |
|   | 33.10 34.97              | 31.99 32.36             |  |         |

**Mixed 35+ 200 Yard Medley Relay**

|   |                          |                          |  |         |
|---|--------------------------|--------------------------|--|---------|
| 1 | Lake Washington          | A                        |  | 1:50.17 |
|   | 1) Gray, Trever M39      | 2) Colella, Rick M63     |  |         |
|   | 3) Doherty, Lianna W40   | 4) Moorhead, Amy W43     |  |         |
|   | 25.00 29.75              | 30.00 25.42              |  |         |
| 2 | Lake Washington          | C                        |  | 1:58.25 |
|   | 1) McHenry, Valerie W35  | 2) Phillips, Dan M51     |  |         |
|   | 3) Davis, Charlotte W64  | 4) Smith, Bryan M47      |  |         |
|   | 33.24 29.46              | 30.21 25.34              |  |         |
| 3 | Mukilteo YMCA            | A                        |  | 2:11.14 |
|   | 1) Dodds, Joel M52       | 2) Polidori, Wendy W45   |  |         |
|   | 3) Henriksen, Martin M40 | 4) Seaborg, Paige W59    |  |         |
|   | 27.86 39.00              | 26.23 38.05              |  |         |
| 4 | Vashon Island Ro         | A                        |  | 2:32.47 |
|   | 1) Hubbard, Suzanne W63  | 2) Buffington, Jenna W44 |  |         |
|   | 3) Brown, Paul M66       | 4) Owdziej, Barbara W55  |  |         |
|   | 47.38 33.49              | 37.05 34.55              |  |         |

**Mixed 45+ 200 Yard Freestyle Relay**

|   |                           |                              |  |         |
|---|---------------------------|------------------------------|--|---------|
| 1 | Lake Washington           | C                            |  | 1:46.62 |
|   | 1) Crouch, Kim W53        | 2) Davis, Charlotte W64      |  |         |
|   | 3) Hanson, Max M47        | 4) Colella, Rick M63         |  |         |
|   | 27.08 27.79               | 25.70 26.05                  |  |         |
| 2 | Lake Washington           | D                            |  | 1:56.44 |
|   | 1) Voss, Julie W51        | 2) Moore, Sheila W55         |  |         |
|   | 3) Praeger, Wade M52      | 4) Phillips, Dan M51         |  |         |
|   | 29.79 32.90               | 26.34 27.41                  |  |         |
| 3 | Lake Washington           | E                            |  | 2:04.88 |
|   | 1) Enright, Jill W51      | 2) Underbrink, Mary W55      |  |         |
|   | 3) Martin, Rob M49        | 4) Derango, Philip M49       |  |         |
|   | 31.78 36.47               | 27.44 29.19                  |  |         |
| 4 | Bainbridge Aquat          | A                            |  | 2:13.78 |
|   | 1) Voegtlen, Barney M65   | 2) Goodlin, Tom M55          |  |         |
|   | 3) McFarland, Cestjon W54 | 4) Adkins-Narte, Heather W60 |  |         |
|   | 31.56 30.35               | 33.57 38.30                  |  |         |

**Mixed 45+ 200 Yard Medley Relay**

|   |                           |                              |  |         |
|---|---------------------------|------------------------------|--|---------|
| 1 | Lake Washington           | D                            |  | 2:00.42 |
|   | 1) Hanson, Max M47        | 2) Crouch, Kim W53           |  |         |
|   | 3) Porter, Michael M48    | 4) Voss, Julie W51           |  |         |
|   | 30.34 33.14               | 27.53 29.41                  |  |         |
| 2 | Bainbridge Aquat          | A                            |  | 2:41.36 |
|   | 1) McFarland, Cestjon W54 | 2) Adkins-Narte, Heather W60 |  |         |
|   | 3) Goodlin, Tom M55       | 4) Gray, Darren M46          |  |         |
|   | 42.54 54.11               | 35.47 29.24                  |  |         |