

97th Annual Senior Seattle Open - 7/7/2016 to 7/10/2016
Sponsored By GSSA & Seattle Parks, Sanction #: 1607-SP01 USMS Sanction: 366-S006
Hosted by Cascade Swim Club
Results for USMS Swimmers

Women 50 LC Meter Freestyle

Name	Age	Team	Finals Time
83 Davis, Charlotte M	66	PSM-36	32.56
84 York, Sandi	40	PSM-36	32.70
97 Dees, Jillian R	33	PSM-36	36.47
--- Cenci, Erica R	33	PSM-36	NS
--- Dahl, Lisa A	55	PSM-36	NS

Women 100 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Cenci, Erica R	33	PSM-36	1:00.07 9
50 Parker Palace, Kelly	55	VMST-12	1:08.06
--- Clarke, Heather	45	PSM-36	NS
--- Werner, Haleigh A	47	PSM-36	NS

Women 200 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Cenci, Erica R	33	PSM-36	2:11.59 9
			1:03.60 1:07.99
27 Parker Palace, Kelly	55	VMST-12	2:24.10
			1:10.83 1:13.27
43 Anderson, Sydney E	24	PSM-36	2:27.63

Women 400 LC Meter Freestyle

Name	Age	Team	Finals Time
36 Parker Palace, Kelly	55	VMST-12	5:05.78
			1:14.01 1:18.41 1:17.75 1:15.61
--- McRae, Michelle	41	PSM-36	SCR
--- York, Sandi	40	PSM-36	SCR
--- Cenci, Erica R	33	PSM-36	SCR

Women 800 LC Meter Freestyle

Name	Age	Team	Finals Time
15 Parker Palace, Kelly	55	VMST-12	10:25.40
			1:14.75 1:18.70 1:18.85 1:18.96
			1:18.54 1:19.02 1:18.79 1:17.79
16 Anderson, Sydney E	24	PSM-36	10:27.88
			1:13.22 1:17.68 1:18.70 1:18.91
			1:19.77 1:19.96 1:20.17 1:19.47

Women 1500 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Cox, Allison L	32	PSM-36	18:59.24 9
			1:10.25 1:14.41 1:14.22 1:15.61
			1:16.59 1:16.79 1:17.40 1:16.81
			1:17.03 1:16.88 1:17.50 1:16.71
			1:17.15 1:17.44 1:14.45
5 Parker Palace, Kelly	55	VMST-12	19:41.71 4
			1:15.61 1:19.42 1:19.47 1:19.28
			1:19.30 1:18.79 1:18.84 1:19.33
			1:19.19 1:19.12 1:19.21 1:19.33
			1:19.00 1:18.70 1:17.12
8 Werner, Haleigh A	47	PSM-36	20:09.77 1
			1:14.91 1:19.42 1:20.78 1:20.82
			1:21.75 1:20.98 1:20.76 1:20.95
			1:20.81 1:21.78 1:21.47 1:21.83
			1:22.19 1:21.80 1:19.52

--- Clarke, Heather 45 PSM-36 SCR

Women 100 LC Meter Backstroke

Name	Age	Team	Finals Time
53 York, Sandi	40	PSM-36	1:27.11
--- Parker Palace, Kelly	55	VMST-12	NS

Women 200 LC Meter Backstroke

Name	Age	Team	Finals Time
39 Parker Palace, Kelly	55	VMST-12	2:52.33
			1:26.32 1:26.01
--- Werner, Haleigh A	47	PSM-36	NS

Women 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
40 Voss, Julie E	53	PSM-36	1:33.34
43 Chapman, Linda	60	PSM-36	1:37.78
49 Dees, Jillian R	33	PSM-36	1:44.43
--- Parker Palace, Kelly	55	VMST-12	NS
--- Cenci, Erica R	33	PSM-36	NS

Women 200 LC Meter Breaststroke

Name	Age	Team	Finals Time
--- Parker Palace, Kelly	55	VMST-12	SCR

Women 200 LC Meter Butterfly

Name	Age	Team	Finals Time
--- Parker Palace, Kelly	55	VMST-12	SCR

Women 200 LC Meter IM

Name	Age	Team	Finals Time
2 Cenci, Erica R	33	PSM-36	2:31.68 7
			1:10.85 1:20.83
45 Parker Palace, Kelly	55	VMST-12	2:51.54
			1:25.01 1:26.53

Women 400 LC Meter IM

Name	Age	Team	Finals Time
33 Parker Palace, Kelly	55	VMST-12	6:01.36
			1:27.13 1:34.14 1:42.63 1:17.46
35 McRae, Michelle	41	PSM-36	6:11.13
			1:24.30 1:35.69 1:49.46 1:21.68
38 Davis, Charlotte M	66	PSM-36	6:31.42
			1:26.53 1:43.46 1:56.18 1:25.25

Men 50 LC Meter Freestyle

Name	Age	Team	Finals Time
9 Scheck, Joshua B	20	PSM-36	26.54
35 Olson-Tupper, Nathan T	24	PSM-36	27.32
69 Inadomi, David	51	UC36-36	28.36
82 Castle, Matt	45	PSM-36	29.09
83 DeWard, Robert C	42	PSM-36	29.10
97 Palace, Mark	43	YSM-14	30.77
104 Walker, Thomas W	69	PSM-36	47.36
--- Martin, Rob D	50	PSM-36	X31.40

Men 100 LC Meter Freestyle

Name	Age	Team	Finals Time
11 Scheck, Joshua B	20	PSM-36	58.35

97th Annual Senior Seattle Open - 7/7/2016 to 7/10/2016
Sponsored By GSSA & Seattle Parks, Sanction #: 1607-SP01 USMS Sanction: 366-S006
Hosted by Cascade Swim Club
Results for USMS Swimmers

(Men 100 LC Meter Freestyle)

Name	Age	Team	Finals Time
26 Hao, Yawei	26	DBST-36	59.73
69 Phillips, Dan L	53	PSM-36	1:03.25
86 Palace, Mark	43	SYSM-14	1:07.29
--- Castle, Matt	45	PSM-36	NS
--- Jelen, Doug	43	PSM-36	NS

Men 200 LC Meter Freestyle

Name	Age	Team	Finals Time
23 Colella, Rick	65	PSM-36	2:12.46
1:06.21 1:06.25			
50 Nelson, Kirk	46	PSM-36	2:17.94
1:08.08 1:09.86			
53 Conroy, Chris	31	PSM-36	2:19.57
1:06.89 1:12.68			
74 Palace, Mark	43	SYSM-14	2:32.14
1:14.07 1:18.07			
--- Olson, David P	71	PSM-36	SCR
--- Hathaway, David	56	OREG-37	SCR

Men 400 LC Meter Freestyle

Name	Age	Team	Finals Time
57 Moore, Robert B	56	PSM-36	5:30.13
1:20.63 1:24.30 1:24.72 1:20.48			

Men 800 LC Meter Freestyle

Name	Age	Team	Finals Time
18 Nelson, Kirk	46	PSM-36	9:59.17
1:10.83 1:15.43 1:16.30 1:16.71			
1:15.90 1:15.73 1:15.30 1:12.97			

Men 1500 LC Meter Freestyle

Name	Age	Team	Finals Time
21 Hao, Yawei	26	DBST-36	20:42.64
1:11.27 1:20.51 1:20.46 1:23.54			
1:22.32 1:24.01 1:24.26 1:24.42			
1:24.37 1:24.74 1:25.05 1:24.74			
1:24.82 1:25.19 1:22.94			
23 Palace, Mark	43	SYSM-14	24:11.92
1:28.87 1:38.74 1:39.06 1:39.71			
1:39.36 1:39.61 1:39.18 1:39.66			
1:39.29 1:37.91 1:36.41 1:36.60			
1:33.84 1:33.23 1:30.45			
--- Jelen, Doug	43	PSM-36	SCR
--- Hathaway, David	56	OREG-37	SCR
--- Miller, Matt	39	OREG-37	SCR

Men 100 LC Meter Backstroke

Name	Age	Team	Finals Time
36 Haynie, Carl	56	PSM-36	1:11.56
41 Scheck, Joshua B	20	PSM-36	1:12.36
53 DeWard, Robert C	42	PSM-36	1:15.03
60 Moore, Robert B	56	PSM-36	1:18.02
71 Palace, Mark	43	SYSM-14	1:28.17
--- Littlefield, James R	56	BWAQ-36	NS
--- Miller, Matt	39	OREG-37	NS
--- Castle, Matt	45	PSM-36	NS

--- Hathaway, David 56 OREG-37 NS

Men 200 LC Meter Backstroke

Name	Age	Team	Finals Time
4 Gray, Trevor O	40	PSM-36	2:20.53 5
1:06.69 1:13.84			
52 Palace, Mark	43	SYSM-14	3:10.06
1:35.06 1:35.00			
--- Jelen, Doug	43	PSM-36	SCR
--- Scheck, Joshua B	20	PSM-36	SCR
--- Castle, Matt	45	PSM-36	SCR
--- Miller, Matt	39	OREG-37	SCR
--- Hathaway, David	56	OREG-37	SCR

Men 100 LC Meter Breaststroke

Name	Age	Team	Finals Time
12 Colella, Rick	65	PSM-36	1:16.30
23 Phillips, Dan L	53	PSM-36	1:18.59
24 Carosino, Vince	46	PSM-36	1:18.77
45 Olson-Tupper, Nathan T	24	PSM-36	1:22.24
63 Castle, Matt	45	PSM-36	1:29.07
66 Palace, Mark	43	SYSM-14	1:34.01
73 Walker, Thomas W	69	PSM-36	2:18.21

Men 200 LC Meter Breaststroke

Name	Age	Team	Finals Time
12 Colella, Rick	65	PSM-36	2:47.71
1:22.13 1:25.58			
21 Conroy, Chris	31	PSM-36	2:54.80
1:22.89 1:31.91			
38 Palace, Mark	43	SYSM-14	3:20.39
1:37.17 1:43.22			
43 Walker, Thomas W	69	PSM-36	4:56.71
2:25.24 2:31.47			

Men 100 LC Meter Butterfly

Name	Age	Team	Finals Time
51 Phillips, Dan L	53	PSM-36	1:09.31
74 McCarty, David L	52	PSM-36	1:16.47
80 Palace, Mark	43	SYSM-14	1:30.22
--- Moore, Robert B	56	PSM-36	SCR

Men 200 LC Meter Butterfly

Name	Age	Team	Finals Time
--- Jones, Brad	50	PSM-36	SCR
--- Palace, Mark	43	SYSM-14	SCR
--- Miller, Matt	39	OREG-37	SCR
--- Jelen, Doug	43	PSM-36	SCR

Men 200 LC Meter IM

Name	Age	Team	Finals Time
23 Colella, Rick	65	PSM-36	2:29.52
1:13.61 1:15.91			
55 Haynie, Carl	56	PSM-36	2:46.77
1:17.62 1:29.15			
59 Moore, Robert B	56	PSM-36	2:50.12
1:20.19 1:29.93			

97th Annual Senior Seattle Open - 7/7/2016 to 7/10/2016

Sponsored By GSSA & Seattle Parks, Sanction #: 1607-SP01 USMS Sanction: 366-S006

Hosted by Cascade Swim Club

Results for USMS Swimmers

(Men 200 LC Meter IM)

Name	Age	Team	Finals Time
63 Palace, Mark	43	SYSM-14	3:01.53
1:34.60	1:26.93		
64 Bell, Chris	60	UC36-36	3:05.42
1:25.79	1:39.63		
--- Walker, Thomas W	69	PSM-36	2:38.03
Did not finish - Misc			
--- Miller, Matt	39	OREG-37	SCR
--- Hathaway, David	56	OREG-37	SCR
--- Conroy, Chris	31	PSM-36	SCR

Men 400 LC Meter IM

Name	Age	Team	Finals Time
23 Colella, Rick	65	PSM-36	5:20.00
1:12.43	1:30.66	1:26.72	1:10.19
40 McCarty, David L	52	PSM-36	5:43.95
1:18.76	1:27.41	1:42.11	1:15.67
43 Palace, Mark	43	SYSM-14	6:49.70
1:38.96	1:52.79	1:49.66	1:28.29
--- Hathaway, David	56	OREG-37	SCR
--- Miller, Matt	39	OREG-37	SCR

Men 800 LC Meter Freestyle Relay

Team	Relay	Finals Time
2 PSM-36	A	9:33.70 14
1) McCarty, David L 52	2) Phillips, Dan L 53	
3) Haynie, Carl 56	4) Nelson, Kirk 46	
1:09.97	2:24.69	1:11.85 2:24.53
1:11.20	2:27.70	1:07.21 2:16.78

Men 400 LC Meter Medley Relay

Team	Relay	Finals Time
8 PSM-36	A	4:36.87
1) Haynie, Carl 56	2) Phillips, Dan L 53	
3) Jones, Brad 50	4) Nelson, Kirk 46	
	1:06.90	1:01.82

Combined Team Scores

Combined Team Scores - Through Event 38

1. Central Area Aquatics Team	432.5
2. Issaquah Swim Team	299
3. Bellevue Club Swim Team	240.5
4. West Coast Aquatics	236
5. Poulsbo Piranha Swim Team	117
6. Wave Aquatics	97
7. Chinook Aquatic Club	59
8. Puget Sound Masters	54
9. Cascade Swim Club	43
10. UnAtt - Cascade Swim Club	30
11. Unattached West	23
12. Unattached Caat	18
13. Unattachedq	13
14. Virginia Masters Swim Team	4