

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

## Hosted by BLUE WAVE AQUATICS

## Results

## Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

ZONE: 24.79 Z 4/15/2012 MARISA CHANG

PNA: 24.79 P 4/15/2012 MARISA CHANG

1	Katie Kaestner	23	Thunderbird Aqua-36	25.10
	r:+0.59			
2	Saskia Kroesen	23	Blue Wave Aquati-36	26.03
	r:+0.76			
3	Kristina Hoitt	24	Sawtooth Masters-59	27.01
	r:+0.69			
4	Antoinette Ngo	22	Lake Washington-36	29.23
	r:+0.70			
5	Allie Monsen	21	Western Washing-36	29.56
	r:+0.92			
6	Miranda Caulfield	19	Western Washing-36	29.80
7	Madelynn Sare	21	Western Washing-36	30.39
	r:+0.77			
8	Anna Novack	19	Western Washing-36	30.70
	r:+0.71			

## Women 18-24 100 Yard Freestyle

NATL: 48.18 N 12/6/2014 KATIE MEILI

ZONE: 53.60 Z 10/1/2011 PALOMA DINKEL

PNA: 53.60 P 10/1/2011 PALOMA DINKEL

1	Amanda Clark	24	Lake Washington-36	54.64
	r:+0.62 26.61 28.03			
2	Saskia Kroesen	23	Blue Wave Aquati-36	56.97
	r:+0.80 27.26 29.71			
3	Kristina Hoitt	24	Sawtooth Masters-59	58.84
	r:+0.72 28.36 30.48			
4	Antoinette Ngo	22	Lake Washington-36	1:06.17
	r:+0.69 30.38 35.79			
5	Madelynn Sare	21	Western Washing-36	1:06.43
	r:+0.72 31.79 34.64			

## Women 18-24 200 Yard Freestyle

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER

ZONE: 1:53.41 Z 4/15/2012 PALOMA DINKEL

PNA: 1:53.41 P 4/15/2012 PALOMA DINKEL

1	Valerie Powell	23	Team Walker Inte-36	3:50.23
	54.21 59.79 1:01.39 54.84			

## Women 18-24 500 Yard Freestyle

NATL: 4:49.97 N 10/25/2003 JESSICA FOSCHI

ZONE: 5:19.71 Z 5/3/2014 NATASCHA MANGAN

PNA: 5:23.20 P 4/6/1986 LISA OBRIEN

1	Amanda Clark	24	Lake Washington-36	5:16.78Z
	r:+0.72 28.90 31.65 32.13 31.91			
	31.99 32.02 32.58 32.03			
	32.04 31.53			
2	Madelynn Sare	21	Western Washing-36	6:42.22
	r:+0.87 36.06 39.62 40.80 41.50			
	41.17 41.02 41.02 41.67			
	41.50 37.86			
3	Miranda Caulfield	19	Western Washing-36	7:03.95
	r:+0.95 34.88 40.66 41.70 43.72			
	44.27 45.25 45.95 45.88			
	43.50 38.14			

4	Aliza Ben-Varon	20	Western Washing-36	7:15.63
	r:+0.65 36.17 39.88 42.96 44.16			
	45.51 45.30 46.87 46.82			
	44.57 43.39			

5	Valerie Powell	23	Team Walker Inte-36	10:22.21
	55.78 1:03.27 1:02.38 1:03.56			
	1:03.40 1:05.11 1:04.98 1:04.52			
	1:01.64 57.57			

---	Brooke Bailey	19	Central Washing-35	X6:27.33
	r:+0.80 33.12 36.55 38.80 39.87			
	39.61 40.17 40.94 40.19			
	40.24 37.84			

## Women 18-24 50 Yard Backstroke

NATL: 26.18 N 5/22/2010 O'DONNELL-MCCARTH

ZONE: 28.12 Z 5/3/2014 NATASCHA MANGAN

PNA: 28.57 P 5/4/2008 SHONA PIERCE

1	Saskia Kroesen	23	Blue Wave Aquati-36	30.09
	r:+0.73			
2	Jackie DeLong	22	Western Washing-36	35.38
	r:+0.87			
3	Allie Monsen	21	Western Washing-36	36.74
	r:+0.82			
4	Anna Novack	19	Western Washing-36	39.06
	r:+0.76			
5	Valerie Powell	23	Team Walker Inte-36	55.80

## Women 18-24 100 Yard Backstroke

NATL: 55.90 N 5/23/2010 EMILE EWING

ZONE: 57.98 Z 4/12/2014 JORDAN KING

PNA: 57.98 P 4/12/2014 JORDAN KING

1	Jackie DeLong	22	Western Washing-36	1:11.43
	r:+0.79 35.81 35.62			
2	Valerie Powell	23	Team Walker Inte-36	2:14.49
	1:09.06 1:05.43			

## Women 18-24 200 Yard Backstroke

NATL: 1:59.22 N 4/30/2000 SARA SCHWEITZER

ZONE: 2:10.34 Z 5/18/1997 M.JENKINS

PNA: 2:10.34 P 5/18/1997 M.JENKINS

1	Jackie DeLong	22	Western Washing-36	2:32.58
	r:+0.87 37.50 38.16 38.73 38.19			
2	Valerie Powell	23	Team Walker Inte-36	5:07.32
	1:10.68 1:18.06 1:21.57 1:17.01			

## Women 18-24 50 Yard Breaststroke

NATL: 27.76 N 12/5/2014 KATIE MEILI

ZONE: 30.19 Z 4/15/2012 PALOMA DINKEL

PNA: 30.19 P 4/15/2012 PALOMA DINKEL

1	Rebekah Pusateri	19	Western Washing-36	35.53
	r:+0.86			
2	Ava McCrea	19	Western Washing-36	36.35
	r:+0.70			
3	Aliza Ben-Varon	20	Western Washing-36	36.81
	r:+0.62			
4	Antoinette Ngo	22	Lake Washington-36	37.46
	r:+0.66			
5	Madelynn Sare	21	Western Washing-36	40.86
	r:+0.79			

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**(Women 18-24 50 Yard Breaststroke)**

6 Anna Novack 19 Western Washingt-36 41.22  
r:+0.76

**Women 18-24 100 Yard Breaststroke**

NATL: 58.71 N 12/5/2014 KATIE MEILI  
ZONE: 1:04.48 Z 4/15/2012 PALOMA DINKEL  
PNA: 1:04.48 P 4/15/2012 PALOMA DINKEL

1 Rebekah Pusateri 19 Western Washingt-36 1:19.13  
r:+0.86 37.77 41.36  
2 Aliza Ben-Varon 20 Western Washingt-36 1:21.37  
r:+0.57 37.51 43.86  
3 Brooke Bailey 19 Central Washingt-35 1:21.53  
r:+0.63 36.85 44.68  
4 Anna Novack 19 Western Washingt-36 1:32.02  
r:+0.75 43.24 48.78

**Women 18-24 200 Yard Breaststroke**

NATL: 2:06.59 N 12/6/2014 MICAH LAWRENCE  
ZONE: 2:27.58 Z 5/20/2007 MARION GALLAGHER  
PNA: 2:27.58 P 5/20/2007 MARION GALLAGHER

1 Katie Kaestner 23 Thunderbird Aqua-36 2:30.28  
r:+0.76 35.85 39.24 38.68 36.51

**Women 18-24 50 Yard Butterfly**

NATL: 24.54 N 11/8/2009 DANA VOLLMER  
ZONE: 25.79 Z 4/13/2014 JORDAN KING  
PNA: 25.79 P 4/13/2014 JORDAN KING

1 Saskia Kroesen 23 Blue Wave Aquati-36 27.93  
r:+0.78  
2 Kristina Hoitt 24 Sawtooth Masters-59 29.91  
r:+0.67  
3 Miranda Caulfield 19 Western Washingt-36 31.80  
r:+0.86  
4 Emily Deardorff 19 Western Washingt-36 31.99  
r:+0.78  
5 Ava McCrea 19 Western Washingt-36 32.10  
r:+0.68

**Women 18-24 100 Yard Butterfly**

NATL: 52.30 N 11/8/2009 DANA VOLLMER  
ZONE: 56.87 Z 4/13/2014 JORDAN KING  
PNA: 56.87 P 4/13/2014 JORDAN KING

1 Saskia Kroesen 23 Blue Wave Aquati-36 1:01.67  
r:+0.73 28.34 33.33

**Women 18-24 100 Yard IM**

NATL: 53.02 N 12/21/2014 KATIE MEILI  
ZONE: 57.95 Z 4/15/2012 PALOMA DINKEL  
PNA: 57.95 P 4/15/2012 PALOMA DINKEL

1 Emily Deardorff 19 Western Washingt-36 1:11.26  
r:+0.75 33.41 37.85  
2 Rebekah Pusateri 19 Western Washingt-36 1:11.27  
r:+0.84 33.75 37.52  
3 Jackie DeLong 22 Western Washingt-36 1:13.59  
r:+0.73 34.63 38.96  
4 Antoinette Ngo 22 Lake Washington-36 1:16.66  
r:+0.68 34.72 41.94

5 Madelynn Sare 21 Western Washingt-36 1:19.16  
r:+0.87 38.37 40.79  
6 Allie Monsen 21 Western Washingt-36 1:20.02  
r:+0.92 35.45 44.57

**Women 18-24 200 Yard IM**

NATL: 1:54.20 N 12/4/2014 KATIE MEILI  
ZONE: 2:04.30 Z 4/15/2012 PALOMA DINKEL  
PNA: 2:04.30 P 4/15/2012 PALOMA DINKEL

1 Ava McCrea 19 Western Washingt-36 2:32.36  
r:+0.67 33.25 39.34 43.40 36.37  
2 Emily Deardorff 19 Western Washingt-36 2:34.20  
r:+0.71 33.33 39.11 46.09 35.67  
3 Jackie DeLong 22 Western Washingt-36 2:44.54  
r:+0.62 37.96 38.95 48.61 39.02

**Women 25-29 50 Yard Freestyle**

NATL: 22.62 N 1/25/2014 MADISON KENNEDY  
ZONE: 23.19 Z 2/21/2010 MEGAN JENDRICK  
PNA: 23.19 P 2/21/2010 MEGAN JENDRICK

1 Alexandra Lincoln 25 Husky Masters-36 24.89  
r:+0.73  
2 Felicia Werchan 27 Lake Washington-36 28.93  
r:+0.73

**Women 25-29 100 Yard Freestyle**

NATL: 49.18 N 2/24/2013 KIM VANDENBERG  
ZONE: 49.70 Z 2/21/2010 MEGAN JENDRICK  
PNA: 49.70 P 2/21/2010 MEGAN JENDRICK

1 Alexandra Lincoln 25 Husky Masters-36 53.74  
r:+0.61 26.03 27.71  
2 Rachel Martin 25 Lake Washington-36 57.89  
r:+0.71 28.11 29.78  
3 Felicia Werchan 27 Lake Washington-36 1:03.39  
r:+0.76 30.45 32.94  
4 Nancy Kleint 29 Greenlake Aquadu-36 1:04.97  
r:+0.68 31.44 33.53

**Women 25-29 200 Yard Freestyle**

NATL: 1:48.80 N 5/20/2001 LIMIN LIU  
ZONE: 1:51.80 Z 1991 SARA SHAND  
PNA: 1:57.55 P 4/11/2009 DEBRA FORINASH

1 Elizabeth Thompson 28 Husky Masters-36 2:15.33  
r:+0.68 31.28 34.57 35.47 34.01  
2 Nancy Kleint 29 Greenlake Aquadu-36 2:22.16  
r:+0.62 32.92 35.86 36.75 36.63

**Women 25-29 500 Yard Freestyle**

NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA  
ZONE: 5:08.39 Z 2/27/2002 SARA QUAN  
PNA: 5:13.04 P 5/18/2003 CASEY MURPHY

1 Elizabeth Thompson 28 Husky Masters-36 6:11.36  
r:+0.69 32.44 35.79 36.64 37.09  
37.90 38.28 38.18 38.43  
38.19 38.42  
2 Nancy Kleint 29 Greenlake Aquadu-36 6:23.08  
r:+0.59 33.67 36.66 37.58 38.41  
39.22 39.57 40.17 39.83  
39.34 38.63

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**Women 25-29 50 Yard Backstroke**

NATL: 25.26 N 5/22/2010 TANICA JAMISON  
 ZONE: 26.37 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 26.37 P 2/21/2010 MEGAN JENDRICK

1 Felicia Werchan 27 Lake Washington-36 33.57  
 r:+0.76

**Women 25-29 100 Yard Backstroke**

NATL: 54.06 N 5/23/2010 TANICA JAMISON  
 ZONE: 59.35 Z 4/1/2012 DIANA MACMANUS  
 PNA: 1:01.77 P 5/20/2007 MEGAN LIVINGSTON

1 Rachel Martin 25 Lake Washington-36 1:04.25  
 r:+0.78 30.91 33.34

**Women 25-29 50 Yard Breaststroke**

NATL: 27.10 N 4/30/2016 KATIE MEILI  
 ZONE: 27.14 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 27.14 P 2/21/2010 MEGAN JENDRICK

1 Rachel Martin 25 Lake Washington-36 33.86  
 r:+0.70

**Women 25-29 50 Yard Butterfly**

NATL: 24.41 N 5/22/2010 TANICA JAMISON  
 ZONE: 24.86 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 24.86 P 2/21/2010 MEGAN JENDRICK

1 Felicia Werchan 27 Lake Washington-36 30.31  
 r:+0.82

**Women 25-29 100 Yard Butterfly**

NATL: 53.20 N 4/24/2015 AMANDA SIMS  
 ZONE: 57.09 Z 5/14/2006 LAUREN THIES  
 PNA: 57.51 P 4/13/2013 PALOMA DINKEL

1 Elizabeth Thompson 28 Husky Masters-36 1:06.96  
 r:+0.68 30.89 36.07  
 2 Felicia Werchan 27 Lake Washington-36 1:09.79  
 r:+0.75 32.43 37.36

**Women 25-29 200 Yard Butterfly**

NATL: 1:57.84 N 5/20/2001 LIMIN LIU  
 ZONE: 2:10.32 Z 1991 SARA SHAND  
 PNA: 2:10.47 P 4/12/2015 JORDAN G KING

1 Elizabeth Thompson 28 Husky Masters-36 2:47.61  
 r:+0.68 34.84 41.56 44.89 46.32

**Women 25-29 100 Yard IM**

NATL: 54.43 N 2/6/2010 MEGAN JENDRICK  
 ZONE: 54.43 Z 2/6/2010 MEGAN JENDRICK  
 PNA: 54.43 P 2/6/2010 MEGAN JENDRICK

1 Rachel Martin 25 Lake Washington-36 1:04.98  
 r:+0.70 29.59 35.39  
 2 Felicia Werchan 27 Lake Washington-36 1:13.53  
 r:+0.77 33.91 39.62  
 3 Nancy Kleint 29 Greenlake Aquadu-36 1:18.74  
 r:+0.54 36.69 42.05

**Women 25-29 200 Yard IM**

NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER  
 ZONE: 1:59.69 Z 2/6/2010 MEGAN JENDRICK  
 PNA: 1:59.69 P 2/6/2010 MEGAN JENDRICK

1 Rachel Martin 25 Lake Washington-36 2:21.63  
 r:+0.69 28.96 35.05 42.34 35.28  
 2 Elizabeth Thompson 28 Husky Masters-36 2:36.39  
 r:+0.69 30.88 41.51 47.07 36.93

**Women 25-29 400 Yard IM**

NATL: 4:19.02 N 2/22/2013 JUSTINE MUELLER  
 ZONE: 4:28.40 Z 4/14/1991 SARA SHAND  
 PNA: 4:42.13 P 5/7/1989 KARIN FOSBERG

1 Elizabeth Thompson 28 Husky Masters-36 5:29.77  
 r:+0.59 32.56 38.98 43.77 43.00  
 46.52 48.75 38.71 37.48

**Women 30-34 50 Yard Freestyle**

NATL: 22.48 N 11/29/2012 ERIKA ERNDL  
 ZONE: 24.29 Z 3/7/1993 GRACIE GODDARD  
 PNA: 24.17 P 10/30/2016 ERICA R CENCI

1 Amelia Ferrel 30 Lake Washington-36 27.76  
 r:+0.66  
 2 Sarah Leary 34 Vancouver Swim-37 28.42  
 r:+0.76  
 3 Elisa Sheng 34 Washington Athle-36 29.44  
 r:+0.66  
 4 Jacquelyn Braggin 30 Husky Masters-36 29.59  
 r:+0.62  
 5 Melanie Crump 32 Blue Wave Aquati-36 33.89  
 r:+0.79  
 6 Megan Pfaff 30 Washington Athle-36 39.03

**Women 30-34 100 Yard Freestyle**

NATL: 48.03 N 2/23/2013 ERIKA ERNDL  
 ZONE: 52.87 Z 4/5/1992 GRACIE GODDARD  
 PNA: 52.58 P 10/30/2016 ERICA R CENCI

1 Allison Cox 32 Mercer Island Re-36 56.82  
 r:+0.59 27.65 29.17  
 2 Amelia Ferrel 30 Lake Washington-36 59.14  
 r:+0.63 28.21 30.93  
 3 Jacquelyn Braggin 30 Husky Masters-36 1:02.08  
 r:+0.63 30.38 31.70  
 4 Sarah Leary 34 Vancouver Swim-37 1:03.53  
 r:+0.79 30.65 32.88  
 5 Elisa Sheng 34 Washington Athle-36 1:06.16  
 r:+0.73 31.74 34.42  
 6 Melanie Crump 32 Blue Wave Aquati-36 1:18.89  
 r:+0.79 36.89 42.00

**Women 30-34 200 Yard Freestyle**

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL  
 ZONE: 1:55.02 Z 2/21/2016 ERICA CENCI  
 PNA: 1:55.02 P 2/21/2016 ERICA R CENCI

1 Allison Cox 32 Mercer Island Re-36 2:01.64  
 r:+0.72 28.90 30.87 31.41 30.46  
 2 Sarah Chinn 33 Manatee Aquatic-38 2:10.42  
 r:+0.61 31.26 33.34 33.53 32.29

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

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## Results

**(Women 30-34 200 Yard Freestyle)**

3 Jacquelyn Braggin	30 Husky Masters-36	2:12.10
r:+0.71 31.83 33.37	33.69 33.21	
4 Sarah Leary	34 Vancouver Swim-37	2:21.05
r:+0.83 30.50 35.22	37.83 37.50	

**Women 30-34 500 Yard Freestyle**

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN

ZONE: 5:11.86 Z 4/26/1992 LEISSA MILLS

PNA: 5:19.88 P 4/11/2010 COLLEEN PHILIPPS

1 Allison Cox	32 Mercer Island Re-36	5:20.06
28.90 31.76 32.65 32.84		
32.81 33.15 32.93 32.90		
32.30 29.82		
--- Sarah Chinn	33 Manatee Aquatic-38	X5:40.53
r:+0.57 31.45 33.81 34.50 34.72	34.54 34.72	
34.71 34.74 34.54 34.72		
34.26 33.08		

**Women 30-34 1000 Yard Freestyle**

NATL: 9:51.93 N 4/15/2012 DAWN HECKMAN

ZONE: 10:59.15 Z 11/21/1993 ELLEN FERGUSON

PNA: 11:06.37 P 4/25/1993 MARGEE CURRAN

1 Allison Cox	32 Mercer Island Re-36	10:57.30Z
r:+0.72 29.66 31.98 32.44 32.74	32.44 32.74	
32.56 32.66 32.49 33.51		
33.20 33.30 33.29 33.48		
33.29 33.78 33.44 33.83		
34.05 33.50 32.79 31.31		
2 Sarah Chinn	33 Manatee Aquatic-38	11:45.08
r:+0.63 32.77 35.57 35.72 35.70	35.72 35.70	
35.67 35.85 35.73 35.70		
35.76 35.55 35.50 35.39		
35.23 35.40 35.09 34.94		
35.53 35.13 35.06 33.79		
3 Jacquelyn Braggin	30 Husky Masters-36	12:05.29
r:+0.67 33.87 36.13 36.52 36.68	36.52 36.68	
36.66 36.60 36.34 36.42		
36.57 36.55 36.39 36.68		
36.55 37.05 36.80 35.88		
36.32 36.67 36.02 34.59		
4 Kathleen Brooks	33 Dbst Masters-36	14:29.61
37.78 40.66 42.93 43.70		
43.61 43.83 43.98 44.56		
45.15 44.27 44.11 44.26		
44.61 44.32 44.80 44.31		
43.96 44.17 43.24 41.36		

**Women 30-34 1650 Yard Freestyle**

NATL: 17:07.52 N 5/23/1993 KAREN BURTON

ZONE: 18:05.54 Z 4/14/1996 MARGEE CURRAN

PNA: 18:05.54 P 4/14/1996 MARGEE CURRAN

1 Allison Cox	32 Mercer Island Re-36	18:18.97
30.15 32.79 33.01 32.76		
33.13 33.20 33.20 33.18		
33.33 33.85 33.65 33.42		
33.61 33.76 33.64 33.38		
33.62 33.84 33.47 33.64		
33.37 33.36 33.71 33.33		
33.98 33.76 34.19 33.65		
33.81 33.94 33.72 33.13		30.39

**Women 30-34 50 Yard Backstroke**

NATL: 24.96 N 5/1/2011 NORIKO INADA

ZONE: 28.04 Z 4/11/2010 COULTER/PAGLINI

PNA: 28.04 P 4/11/2010 TAMARA COULTER

1 Jacquelyn Braggin	30 Husky Masters-36	35.58
r:+0.74		
2 Megan Pfaff	30 Washington Athle-36	52.97
r:+0.71		

**Women 30-34 200 Yard Backstroke**

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN

ZONE: 2:09.27 Z 2/9/2014 KATIE PAGLINI

PNA: 2:09.33 P 4/5/1992 ZENA HERRMANN

1 Allison Cox	32 Mercer Island Re-36	2:19.32
r:+0.70 32.57 35.71 36.46 34.58		
2 Patricia Davidson	34 Snohomish Aquatic-36	2:35.06
r:+0.83 37.07 38.86 39.27 39.86		

**Women 30-34 50 Yard Breaststroke**

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

ZONE: 31.83 Z 5/14/2002 CARA HAFNER

PNA: 32.74 P 5/20/2001 LINDA HEGERBERG

1 Amelia Ferrel	30 Lake Washington-36	33.41
r:+0.78		
2 Sarah Chinn	33 Manatee Aquatic-38	35.04
r:+0.74		
3 Kathleen Brooks	33 Dbst Masters-36	40.23
r:+0.71		

**Women 30-34 100 Yard Breaststroke**

NATL: 1:02.08 N 5/4/2008 KATIE MCCLELLAND

ZONE: 1:09.10 Z 5/14/2002 CARA HAFNER

PNA: 1:09.78 P 4/10/2011 M.CHAMBERLIN

1 Amelia Ferrel	30 Lake Washington-36	1:13.07
r:+0.81 34.29 38.78		
2 Kathleen Brooks	33 Dbst Masters-36	1:24.57
r:+0.71 40.50 44.07		

**Women 30-34 50 Yard Butterfly**

NATL: 24.18 N 4/15/2000 ANGEL MARTINO

ZONE: 26.39 Z 2/9/2014 KATIE PAGLINI

PNA: 27.09 P 5/18/1997 TRISHA SCHWERZLER

1 Sarah Chinn	33 Manatee Aquatic-38	30.17
r:+0.59		

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## Results

**(Women 30-34 50 Yard Butterfly)**

2 Sarah Leary	34 Vancouver Swim-37	32.32
r:+0.90		
3 Amanda Winans	34 Husky Masters-36	33.46
r:+0.66		
4 Gina Lalonde	32 Dbst Masters-36	44.22
r:+0.82		
5 Melanie Crump	32 Blue Wave Aquati-36	45.22
r:+0.77		

**Women 30-34 100 Yard Butterfly**

**NATL:** 55.01 N 5/16/1999 ANGEL MARTINO  
**ZONE:** 59.07 Z 5/17/2002 KATHY BLANDFORD  
**PNA:** 1:00.12 P 4/14/1991 TAMI BENNETT

1 Amanda Winans	34 Husky Masters-36	1:15.88
r:+0.56 33.59	42.29	

**Women 30-34 100 Yard IM**

**NATL:** 57.01 N 4/15/2000 ANGEL MARTINO  
**ZONE:** 1:01.29 Z 2/21/2016 ERICA CENCI  
**PNA:** 1:00.59 P 10/30/2016 ERICA R CENCI

1 Jacquelyn Braggin	30 Husky Masters-36	1:13.69
r:+0.76 35.36	38.33	
2 Patricia Davidson	34 Snohomish Aquati-36	1:15.07
34.81	40.26	
3 Amanda Winans	34 Husky Masters-36	1:16.48
r:+0.59 34.77	41.71	
--- Sarah Leary	34 Vancouver Swim-37	DQ
Shoulders not at or past vertical towards breast off the wall - fly		
r:+0.69 35.16	38.14	
--- Melanie Crump	32 Blue Wave Aquati-36	DQ
Shoulders not at or past vertical towards breast off the wall - fly		
r:+0.79 45.45	51.69	

**Women 30-34 200 Yard IM**

**NATL:** 1:58.80 N 3/11/2009 ERIKA ERNDL  
**ZONE:** 2:13.21 Z 5/20/2007 MAUREEN REA  
**PNA:** 2:13.21 P 5/20/2007 MAUREEN REA

1 Sarah Chinn	33 Manatee Aquatic-38	2:28.01
r:+0.72 32.66	40.09 41.39 33.87	

**Women 30-34 400 Yard IM**

**NATL:** 4:14.84 N 1/20/2013 ERIKA ERNDL  
**ZONE:** 4:49.69 Z 4/11/2010 COLLEEN PHILIPPS  
**PNA:** 4:49.69 P 4/11/2010 COLLEEN PHILIPPS

1 Patricia Davidson	34 Snohomish Aquati-36	5:40.28
40.46	45.78 39.73 41.19	
46.89	48.69 39.10 38.44	

**Women 35-39 50 Yard Freestyle**

**NATL:** 22.34 N 2/25/2007 DARA TORRES  
**ZONE:** 24.61 Z 3/21/2015 JANET GAMBLE  
**PNA:** 24.18 P 4/3/2011 SHERI HART

1 Hannah Gottschall	36 YMCA Pierce Kits-36	28.83
2 Lori Robins	37 Lake Washington-36	31.70
r:+0.79		

**Women 35-39 100 Yard Freestyle**

**NATL:** 49.72 N 2/25/2007 DARA TORRES  
**ZONE:** 53.40 Z 12/7/1997 GRACIE GODDARD  
**PNA:** 54.06 P 4/11/2009 KIMBERLY JETER

1 Valerie McHenry	37 Lake Washington-36	57.91
r:+0.59 27.16	30.75	
2 Stacey Ostrin	39 Oregon Masters-37	1:02.88
r:+0.79 30.40	32.48	
3 Lori Robins	37 Lake Washington-36	1:09.64
r:+0.78 32.88	36.76	
4 Gail Stribling Geldien	36 Blue Wave Aquati-36	1:16.00
36.13	39.87	

**Women 35-39 200 Yard Freestyle**

**NATL:** 1:51.55 N 5/3/1997 K PIPES-NEILSEN  
**ZONE:** 1:57.50 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 1:58.10 P 5/9/1996 MARGEE CURRAN

1 Lori Robins	37 Lake Washington-36	2:27.25
r:+0.85 32.80	36.55 38.70 39.20	
2 Alison Dennison	36 Bainbridge Aquat-36	2:41.72
35.14	40.07 43.35 43.16	
3 Gail Stribling Geldien	36 Blue Wave Aquati-36	2:44.51
r:+0.71 38.11	41.11 42.62 42.67	

**Women 35-39 500 Yard Freestyle**

**NATL:** 4:56.09 N 5/3/1997 K PIPES-NEILSEN  
**ZONE:** 5:13.65 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 5:15.13 P 5/9/1996 MARGEE CURRAN

1 Jenny Ferries	35 Team Walker Inte-36	6:13.80
r:+0.67 31.45	34.92 37.05 37.65	
38.21	38.37 39.15 39.05	
39.15	38.80	
2 Katy Smith	35 YMCA Pierce Kits-36	6:30.99
r:+0.72 32.53	38.61 40.15 39.38	
40.39	40.48 41.25 39.13	
40.23	38.84	

**Women 35-39 1000 Yard Freestyle**

**NATL:** 10:11.23 N 11/15/2014 HEIDI GEORGE  
**ZONE:** 10:41.76 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 10:43.03 P 5/9/1996 MARGEE CURRAN

1 Jenny Ferries	35 Team Walker Inte-36	12:56.82
38.99	39.09 37.16 38.11	
39.43	39.73 39.56 39.38	
39.80	39.83 40.45 39.96	
40.07	39.82 39.94 40.01	
2 Alison Dennison	36 Bainbridge Aquat-36	15:14.94
r:+0.84 37.74	43.38 44.78 45.32	
45.68	46.78 46.86 47.10	
47.29	46.49 47.44 47.24	
47.01	46.63 47.15 47.02	
46.25	46.10 45.29 43.39	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 35-39 1650 Yard Freestyle**

**NATL:** 16:46.85 N 11/15/2014 HEIDI GEORGE  
**ZONE:** 17:39.45 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 18:08.10 P 2/16/1997 MARGEE CURRAN

1	Shelby Wiegand	38	Lake Washington-36	21:06.04
	35.89	36.85	37.58	38.62
	37.89	38.03	38.51	38.29
	38.36	37.72	38.53	38.56
	38.26	38.18	38.21	38.36
	38.50	38.71	38.65	38.61
	38.67	38.33	38.51	38.21
	38.39	37.82	37.99	37.90
	41.93	38.88	39.63	39.34
				38.13
2	Katy Smith	35	YMCA Pierce Kits-36	23:35.34
	r:+0.65	35.77	40.80	41.91
		42.60	43.21	42.90
		43.09	43.89	43.33
		42.71	42.22	43.26
		43.36	44.71	44.30
		43.55	43.34	43.78
		43.21	42.69	43.43
		43.36	43.12	43.73
				43.24
				41.36

**Women 35-39 50 Yard Backstroke**

**NATL:** 25.02 N 5/3/2014 NORIKO INADA  
**ZONE:** 27.60 Z 2/5/2011 SHERI HART  
**PNA:** 27.60 P 2/5/2011 SHERI HART

1	Stacey Ostrin	39	Oregon Masters-37	32.73
	r:+0.81			
2	Hannah Gottschall	36	YMCA Pierce Kits-36	33.07
	r:+0.89			
3	Gail Stribling Geldien	36	Blue Wave Aquati-36	38.86
	r:+0.96			

**Women 35-39 100 Yard Backstroke**

**NATL:** 54.43 N 11/15/2015 NORIKO INADA  
**ZONE:** 58.98 Z 2/5/2011 SHERI HART  
**PNA:** 57.34 P 4/3/2011 SHERI HART

1	Valerie McHenry	37	Lake Washington-36	1:08.34
	r:+0.70	33.01	35.33	
2	Stacey Ostrin	39	Oregon Masters-37	1:09.23
	r:+0.88	33.66	35.57	
3	Jenny Ferries	35	Team Walker Inte-36	1:13.44
	r:+0.93	36.47	36.97	
4	Gail Stribling Geldien	36	Blue Wave Aquati-36	1:23.52
	r:+0.92	40.36	43.16	

**Women 35-39 200 Yard Backstroke**

**NATL:** 2:00.54 N 3/14/1998 K PIPES-NEILSEN  
**ZONE:** 2:10.93 Z 5/18/1997 ZENA COURTNEY  
**PNA:** 2:10.93 P 5/18/1997 ZENA COURTNEY

1	Valerie McHenry	37	Lake Washington-36	2:28.76
	r:+0.90	34.51	37.48	38.74
				38.03
2	Maresa Jackson	38	Oregon Masters-37	2:30.11
	r:+0.77	35.68	37.68	38.38
				38.37
3	Stacey Ostrin	39	Oregon Masters-37	2:30.46
	r:+0.83	35.09	38.01	38.78
				38.58

4	Jenny Ferries	35	Team Walker Inte-36	2:31.47
	r:+0.86	36.22	38.44	38.63
				38.18

**Women 35-39 50 Yard Breaststroke**

**NATL:** 28.51 N 5/2/2014 KATIE GLENN  
**ZONE:** 32.17 Z 5/4/2008 JAYNA TOMAC  
**PNA:** 33.36 P 4/10/2005 LINDA HEGERBERG

1	Jenny Ferries	35	Team Walker Inte-36	34.90
	r:+0.71			
2	Hannah Gottschall	36	YMCA Pierce Kits-36	38.70
	r:+0.67			
3	Maresa Jackson	38	Oregon Masters-37	38.97
	r:+0.73			

**Women 35-39 100 Yard Breaststroke**

**NATL:** 1:01.88 N 4/25/2015 KATIE GLENN  
**ZONE:** 1:09.52 Z 5/4/2008 JAYNA TOMAC  
**PNA:** 1:11.40 P 4/11/2010 JEAN DILLON

1	Jenny Ferries	35	Team Walker Inte-36	1:16.32
	r:+0.61	35.92	40.40	
2	Lori Robins	37	Lake Washington-36	1:26.69
	r:+0.84	40.57	46.12	
3	Gail Stribling Geldien	36	Blue Wave Aquati-36	1:39.33
	r:+0.72	46.85	52.48	

**Women 35-39 50 Yard Butterfly**

**NATL:** 25.05 N 4/26/2015 NORIKO INADA  
**ZONE:** 26.69 Z 4/26/2015 SONJA SKINNER  
**PNA:** 26.86 P 4/3/2011 SHERI HART

1	Hannah Gottschall	36	YMCA Pierce Kits-36	31.87
	r:+0.73			
2	Stacey Ostrin	39	Oregon Masters-37	32.19
	r:+0.78			
3	Alison Dennison	36	Bainbridge Aquat-36	39.68
	r:+0.81			
4	Gail Stribling Geldien	36	Blue Wave Aquati-36	43.45

**Women 35-39 200 Yard Butterfly**

**NATL:** 2:03.48 N 5/22/2005 S VON DER LIPPE  
**ZONE:** 2:13.41 Z 4/30/2000 SUSANNE SIMPSON  
**PNA:** 2:21.78 P 4/13/2013 SUSAN WETSTONE

1	Katy Smith	35	YMCA Pierce Kits-36	2:42.41
	r:+0.73	35.39	41.99	42.93
				42.10

**Women 35-39 100 Yard IM**

**NATL:** 57.67 N 5/23/2010 SHERI HART  
**ZONE:** 1:01.34 Z 2/5/2011 SHERI HART  
**PNA:** 58.88 P 4/3/2011 SHERI HART

1	Valerie McHenry	37	Lake Washington-36	1:09.86
	r:+0.69	32.10	37.76	
2	Maresa Jackson	38	Oregon Masters-37	1:11.27
	r:+0.74	33.31	37.96	
3	Hannah Gottschall	36	YMCA Pierce Kits-36	1:12.30
		32.62	39.68	
4	Lori Robins	37	Lake Washington-36	1:20.11
	r:+0.81	39.77	40.34	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 35-39 200 Yard IM**

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN

ZONE: 2:14.94 Z 5/9/2013 SUSAN WETSTONE

PNA: 2:14.94 P 5/9/2013 SUSAN WETSTONE

1	Hannah Gottschall	36	YMCA Pierce Kits-36	2:36.39
r:+0.77	32.94	39.81	47.29	36.35

**Women 35-39 400 Yard IM**

NATL: 4:24.18 N 3/14/1998 K PIPES-NEILSEN

ZONE: 4:46.23 Z 5/8/1998 ROBYNN MASTERS

PNA: 5:02.64 P 5/20/2001 LISA WILSON

1	Maresa Jackson	38	Oregon Masters-37	5:28.60
r:+0.77	34.79	41.18	40.75	40.11
	48.38	47.26	38.71	37.42
2	Stacey Ostrin	39	Oregon Masters-37	5:42.58
r:+0.85	34.04	40.66	42.70	41.20
	51.94	52.86	40.19	38.99

**Women 40-44 50 Yard Freestyle**

NATL: 21.91 N 4/15/2007 DARA TORRES

ZONE: 23.92 Z 5/1/2011 SHERI HART

PNA: 23.92 P 5/1/2011 SHERI HART

1	Holly Lickwala	40	Puget Sound Mast-36	28.32
r:+0.59				
2	Sandi York	40	Thunderbird Aqua-36	29.81
r:+0.90				
3	Katherine Clark	40	North End Otters-36	34.46
r:+0.69				
4	Renee Barrie	43	Stanwood-Camano-36	38.78

**Women 40-44 100 Yard Freestyle**

NATL: 48.34 N 4/15/2007 DARA TORRES

ZONE: 51.86 Z 5/1/2011 SHERI HART

PNA: 51.86 P 5/1/2011 SHERI HART

1	Elisabeth Woare	44	Washington Athle-36	1:02.15
	29.72	32.43		
2	Kathy Pelham	44	Team Walker Inte-36	1:04.55
	31.51	33.04		
3	Sandi York	40	Thunderbird Aqua-36	1:05.01
r:+0.90	31.35	33.66		
4	Lorraine Masse	44	Lake Washington-36	1:09.24
r:+0.77	32.25	36.99		
5	Katherine Clark	40	North End Otters-36	1:18.57
r:+0.73	37.78	40.79		
6	Wendy Noffke	44	Blue Wave Aquati-36	1:24.32
	40.51	43.81		
7	Renee Barrie	43	Stanwood-Camano-36	1:29.32
r:+0.98	42.94	46.38		

**Women 40-44 200 Yard Freestyle**

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN

ZONE: 1:56.14 Z 5/17/2002 SUZANNE SIMPSON

PNA: 1:58.67 P 5/9/2013 HALEIGH A WERNER

1	Kathy Pelham	44	Team Walker Inte-36	2:16.47
r:+0.72	31.21	34.26	35.49	35.51
2	Holly Lickwala	40	Puget Sound Mast-36	2:22.56
r:+0.65	34.30	35.71	36.23	36.32

3	Tracy Maschman Morrissey	42	Husky Masters-36	2:23.52
r:+0.91	34.09	36.63	36.70	36.10
4	Wendy Noffke	44	Blue Wave Aquati-36	3:12.68
	44.67	48.60	50.49	48.92
5	Rachael Deaderick	42	Blue Wave Aquati-36	3:12.73
r:+0.65	43.75	49.42	50.99	48.57
6	April Parker	40	Blue Wave Aquati-36	3:14.12
r:+0.90	41.55	48.74	52.52	51.31
7	Renee Barrie	43	Stanwood-Camano-36	3:18.38
	44.24	48.35	55.11	50.68

**Women 40-44 500 Yard Freestyle**

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

ZONE: 5:13.14 Z 5/17/2002 SUZANNE SIMPSON

PNA: 5:21.96 P 5/1/2011 HALEIGH A WERNER

1	Elisabeth Woare	44	Washington Athle-36	6:05.55
r:+0.76	32.14	35.67	36.80	37.30
	37.60	37.83	37.77	37.45
	37.09	35.90		
2	Kathy Pelham	44	Team Walker Inte-36	6:06.00
r:+0.68	32.51	35.19	36.47	37.61
	37.54	37.74	37.39	37.78
	37.94	35.83		
3	April Parker	40	Blue Wave Aquati-36	8:57.64
r:+0.93	44.19	50.35	54.68	54.21
	57.08	54.88	57.43	55.76
	57.42	51.64		

**Women 40-44 1000 Yard Freestyle**

NATL: 10:20.45 N 12/21/2003 K PIPES-NEILSEN

ZONE: 10:51.34 Z 5/9/2013 HALEIGH WERNER

PNA: 10:51.34 P 5/9/2013 HALEIGH A WERNER

1	Kathy Pelham	44	Team Walker Inte-36	12:18.84
r:+0.60	33.85	36.32	37.98	38.05
	37.63	37.38	37.30	37.34
	37.86	37.36	37.56	37.30
	37.09	37.04	36.76	36.88
	37.12	36.78	36.32	34.92
2	Kimberly Wood	44	Blue Wave Aquati-36	17:00.40
	42.65	48.59	50.89	50.44
	51.07	51.81	51.83	52.48
	51.24	52.32	53.85	52.68
	52.61	52.81	51.83	50.89
	51.77	51.88	51.47	47.29
3	Wendy Noffke	44	Blue Wave Aquati-36	17:31.60
r:+0.87	45.72	49.77	52.05	52.80
	52.81	53.03	54.08	54.71
	53.67	53.16	53.95	53.64
	52.96	54.19	53.87	53.78
	53.07	53.06	52.37	48.91
4	April Parker	40	Blue Wave Aquati-36	18:37.16
	45.60	51.09	55.54	56.31
	57.02	56.91	58.08	55.50
	58.36	57.24	57.67	56.38
	57.42	57.49	56.13	57.64
	56.75	56.56	56.10	53.37

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 40-44 1650 Yard Freestyle

NATL: 17:12.04 N 11/5/2016 HEIDI GEORGE  
 ZONE: 17:53.81 Z 5/17/2002 SUZANNE SIMPSON  
 PNA: 18:10.83 P 4/29/2012 HALEIGH A WERNER

1	Kathy Pelham	44	Team Walker Inte-36	20:41.91
r:+0.79	34.31	38.13	38.47	38.10
	38.40	38.26	38.61	38.16
	38.28	38.47	37.86	37.71
	37.51	37.58	37.59	37.53
	37.67	37.62	37.73	37.46
	37.69	37.66	37.68	37.51
	37.52	37.73	37.90	37.69
	37.41	37.36	37.30	36.97
				36.04
2	Kimberly Wood	44	Blue Wave Aquati-36	29:29.86
r:+0.89	42.44	49.38	52.09	52.06
	51.34	52.50	52.56	53.93
	53.95	53.70	54.17	53.13
	53.79	53.76	54.33	54.18
	53.93	54.71	55.70	54.33
	55.25	55.32	54.77	54.44
	55.44	55.04	55.78	54.88
	56.36	54.98	55.59	55.48
				50.55
3	Wendy Noffke	44	Blue Wave Aquati-36	29:50.06
r:+0.95	44.77	48.67	53.10	52.90
	52.77	54.01	53.47	55.24
	53.78	54.60	56.04	54.88
	55.16	53.93	54.77	55.09
	56.41	55.12	55.50	54.38
	56.41	54.83	55.52	55.82
	54.85	54.95	56.80	55.28
	56.73	55.75	55.87	53.02
				49.64

## Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART  
 ZONE: 26.12 Z 5/1/2011 SHERI HART  
 PNA: 26.12 P 5/1/2011 SHERI HART

1	Sarah Rogers	40	Oregon Masters-37	33.24
r:+0.78				
2	Sandi York	40	Thunderbird Aqua-36	34.06
r:+0.87				
3	Kimberly Wood	44	Blue Wave Aquati-36	44.42
r:+0.73				
4	Renee Barrie	43	Stanwood-Camano-36	50.00
r:+0.99				

## Women 40-44 100 Yard Backstroke

NATL: 56.03 N 4/30/2011 SHERI HART  
 ZONE: 56.03 Z 5/1/2011 SHERI HART  
 PNA: 56.03 P 5/1/2011 SHERI HART

1	Sandi York	40	Thunderbird Aqua-36	1:13.56
r:+0.92	35.23	38.33		
2	April Parker	40	Blue Wave Aquati-36	1:42.32
r:+0.81	49.79	52.53		
3	Kimberly Wood	44	Blue Wave Aquati-36	1:42.58
r:+0.75	47.95	54.63		

## Women 40-44 200 Yard Backstroke

NATL: 2:04.43 N 4/24/2010 KRISTIN GARY  
 ZONE: 2:10.67 Z 4/4/2009 ELLEN REYNOLDS  
 PNA: 2:13.58 P 5/20/2001 ZENA COURTNEY

1	Sarah Rogers	40	Oregon Masters-37	2:40.89
r:+0.89	37.74	40.95	41.82	40.38
2	Wendy Noffke	44	Blue Wave Aquati-36	3:28.44
r:+0.92	49.93	52.66	54.35	51.50
3	April Parker	40	Blue Wave Aquati-36	3:33.79
r:+0.85	50.15	54.23	55.14	54.27

## Women 40-44 50 Yard Breaststroke

NATL: 29.24 N 2/28/2010 S VON DER LIPPE  
 ZONE: 31.61 Z 5/9/2013 HALEIGH A WERNER  
 PNA: 31.61 P 5/9/2013 HALEIGH A WERNER

1	Sarah Rogers	40	Oregon Masters-37	35.88
r:+0.83				
2	Chantal Lauzon	43	Novaquatics Mast-33	37.95
r:+0.68				
3	Lorraine Masse	44	Lake Washington-36	39.03
r:+0.75				
4	Holly Lickwala	40	Puget Sound Mast-36	39.68
5	Wendy Noffke	44	Blue Wave Aquati-36	54.31
r:+0.98				
---	Renee Barrie	43	Stanwood-Camano-36	DQ
	Arms not in same horizontal plane			
r:+0.94				
---	Natalie Routh	43	Blue Wave Aquati-36	DQ
	Downward butterfly kick			
r:+0.98				

## Women 40-44 100 Yard Breaststroke

NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE  
 ZONE: 1:09.07 Z 4/29/2012 HALEIGH A WERNER  
 PNA: 1:09.07 P 4/29/2012 HALEIGH A WERNER

1	Christine Mcclafferty	43	Oregon Masters-37	1:16.35
r:+0.77	36.70	39.65		
2	Chantal Lauzon	43	Novaquatics Mast-33	1:23.34
r:+0.76	39.05	44.29		
3	Lorraine Masse	44	Lake Washington-36	1:24.50
r:+0.76	40.05	44.45		
4	Rachael Deaderick	42	Blue Wave Aquati-36	1:47.35
r:+0.64	51.60	55.75		
---	April Parker	40	Blue Wave Aquati-36	DQ
	Head under for 2 or more strokes			
r:+0.90	48.87	54.55		

## Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE  
 ZONE: 2:31.78 Z 4/29/2012 HALEIGH A WERNER  
 PNA: 2:31.78 P 4/29/2012 HALEIGH A WERNER

1	Sarah Rogers	40	Oregon Masters-37	2:51.93
r:+0.81	38.33	42.74	45.68	45.18
2	Chantal Lauzon	43	Novaquatics Mast-33	3:01.67
r:+0.74	40.09	45.66	47.54	48.38
3	Lorraine Masse	44	Lake Washington-36	3:08.38
r:+0.83	40.76	46.70	49.12	51.80



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 40-44 50 Yard Butterfly**

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

ZONE: 26.25 Z 5/1/2011 SHERI HART

PNA: 26.25 P 5/1/2011 SHERI HART

1	Christine Mcclafferty	43	Oregon Masters-37	28.05
	r:+0.60			
2	Tracy Maschman Morrissey	42	Husky Masters-36	31.28
	r:+0.88			
3	Holly Lickwala	40	Puget Sound Mast-36	31.34
	r:+0.59			
4	Chantal Lauzon	43	Novaquatics Mast-33	32.36
	r:+0.68			

**Women 40-44 100 Yard Butterfly**

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

ZONE: 59.72 Z 5/20/2001 SUZANNE SIMPSON

PNA: 1:01.99 P 5/18/1997 CAMILLE THOMPSON

1	Christine Mcclafferty	43	Oregon Masters-37	1:01.62
	r:+0.74	29.05	32.57	
2	Tracy Maschman Morrissey	42	Husky Masters-36	1:11.92
	r:+0.60	34.19	37.73	
3	Chantal Lauzon	43	Novaquatics Mast-33	1:13.32
	r:+0.71	33.82	39.50	

**Women 40-44 200 Yard Butterfly**

NATL: 2:03.13 N 5/4/2008 S VON DER LIPPE

ZONE: 2:10.34 Z 5/20/2001 SUZANNE SIMPSON

PNA: 2:18.99 P 4/14/1996 CAMILLE THOMPSON

1	Christine Mcclafferty	43	Oregon Masters-37	2:24.56
	r:+0.65	31.45	37.08 37.50 38.53	

**Women 40-44 100 Yard IM**

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

ZONE: 58.38 Z 5/1/2011 SHERI HART

PNA: 58.38 P 5/1/2011 SHERI HART

1	Holly Lickwala	40	Puget Sound Mast-36	1:14.16
	r:+0.77	36.32	37.84	
2	Chantal Lauzon	43	Novaquatics Mast-33	1:14.18
	r:+0.71	33.76	40.42	
3	Rachael Deaderick	42	Blue Wave Aquati-36	1:37.87
	r:+0.83	47.64	50.23	
4	Kimberly Wood	44	Blue Wave Aquati-36	1:43.82
	r:+0.86	47.02	56.80	

**Women 40-44 200 Yard IM**

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

ZONE: 2:14.98 Z 5/18/2008 ELLEN REYNOLDS

PNA: 2:20.17 P 5/22/2005 LISA PACE

1	Sarah Rogers	40	Oregon Masters-37	2:40.03
	r:+0.68	36.22	43.12 43.47 37.22	
2	Holly Lickwala	40	Puget Sound Mast-36	2:40.91
	r:+0.64	34.57	41.63 47.82 36.89	
3	Sandi York	40	Thunderbird Aqua-36	2:48.18
	r:+0.88	34.83	41.73 51.42 40.20	
4	Katherine Clark	40	North End Otters-36	3:24.01
	r:+0.75	45.81	55.92 55.11 47.17	
5	Kimberly Wood	44	Blue Wave Aquati-36	3:50.14
		56.38	57.41 1:08.13 48.22	

**Women 40-44 400 Yard IM**

NATL: 4:28.43 N 5/4/2008 S VON DER LIPPE

ZONE: 4:50.69 Z 5/1/2011 HALEIGH A WERNER

PNA: 4:50.69 P 5/1/2011 HALEIGH A WERNER

1	Sarah Rogers	40	Oregon Masters-37	5:36.12
	r:+0.70	37.02	43.78 44.11 43.23	
		44.53	45.30 41.38 36.77	

**Women 45-49 50 Yard Freestyle**

NATL: 24.00 N 5/4/2008 SUSAN WALSH

ZONE: 24.63 Z 5/23/2010 LISA A DAHL

PNA: 24.63 P 5/23/2010 LISA A DAHL

1	Katherine Beirne	47	Peninsula Master-36	30.72
	r:+0.72			
2	Theresa Shugart	49	Peninsula Master-36	31.33
	r:+0.70			
3	Andrea Cortani	45	Peninsula Master-36	31.48
	r:+0.87			
4	Heather Clarke	45	Lake Washington-36	31.97
	r:+0.76			
5	Amy Wolfe	47	YMCA Pierce Kits-36	36.04
6	Laura Laures	49	Stanwood-Camano-36	43.65
	r:+0.77			

**Women 45-49 100 Yard Freestyle**

NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN

ZONE: 53.71 Z 5/23/2010 ELLEN REYNOLDS

PNA: 54.63 P 5/23/2010 LISA A DAHL

1	Jennifer Farinas	45	Bellevue Club-36	1:05.14
	r:+0.69	31.70	33.44	
2	Andrea Cortani	45	Peninsula Master-36	1:08.19
	r:+0.79	33.03	35.16	
3	Theresa Shugart	49	Peninsula Master-36	1:12.92
	r:+0.72	34.21	38.71	
4	Amy Wolfe	47	YMCA Pierce Kits-36	1:17.97
	r:+0.95	37.89	40.08	
5	Laura Laures	49	Stanwood-Camano-36	1:41.36
	r:+0.83	46.54	54.82	

**Women 45-49 200 Yard Freestyle**

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

ZONE: 1:56.99 Z 5/23/2010 ELLEN REYNOLDS

PNA: 2:04.65 P 5/4/2014 HALEIGH A WERNER

1	Jennifer Farinas	45	Bellevue Club-36	2:21.21
	r:+0.80	32.33	35.79 36.85 36.24	
2	Tammy Regan	45	Team Walker Inte-36	2:23.96
	r:+0.73	32.48	35.64 37.95 37.89	
3	Heather Clarke	45	Lake Washington-36	2:39.72
	r:+0.75	35.02	39.92 42.30 42.48	
4	Laura Laures	49	Stanwood-Camano-36	3:42.14
	r:+0.83	46.88	54.84 1:00.04 1:00.38	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 45-49 500 Yard Freestyle

NATL: 5:04.13 N 4/11/2009 K PIPES-NEILSEN  
 ZONE: 5:21.00 Z 5/4/2014 HALEIGH A WERNER  
 PNA: 5:21.00 P 5/4/2014 HALEIGH A WERNER

1	Andrea Cortani	45	Peninsula Master-36	6:17.66
r:+0.90	33.67	36.08	37.72	38.62
	38.93	39.30	38.96	38.29
	38.60	37.49		
2	Tammy Regan	45	Team Walker Inte-36	6:27.58
r:+0.85	33.66	37.37	38.99	39.41
	40.04	39.98	40.21	40.65
	39.10	38.17		
3	Heather Clarke	45	Lake Washington-36	7:11.82
r:+0.80	36.49	41.12	43.75	44.17
	44.27	44.27	44.32	45.34
	45.32	42.77		

## Women 45-49 1000 Yard Freestyle

NATL: 10:32.91 N 4/19/2009 K PIPES-NEILSEN  
 ZONE: 10:50.84 Z 5/4/2014 HALEIGH A WERNER  
 PNA: 10:50.84 P 5/4/2014 HALEIGH A WERNER

1	Rondamarie Smith	46	Blue Wave Aquati-36	12:49.25
			37.12	37.43
	37.71	37.64	38.78	38.79
	40.03	39.55	40.06	39.04
	39.35	39.30	39.97	39.31
	39.22	40.10	39.11	37.85
2	Jennifer Farinas	45	Bellevue Club-36	13:02.93
r:+0.80	37.02	40.28	39.99	39.95
	39.96	40.11	40.37	39.72
	39.66	39.65	39.04	38.85
	39.04	38.94	38.44	37.90
	38.79	39.15	38.78	37.29
3	Tammy Regan	45	Team Walker Inte-36	13:18.67
r:+0.84	35.53	38.76	39.36	39.53
	40.02	40.00	40.20	40.06
	40.53	40.37	40.65	40.62
	40.61	40.44	40.56	40.98
	40.94	40.47	40.40	38.64
4	Heather Clarke	45	Lake Washington-36	14:58.16
r:+0.78	37.87	42.21	44.64	45.00
	44.93	45.46	45.52	45.79
	45.41	45.76	46.35	45.73
	45.87	46.34	45.80	45.06
	45.95	45.76	45.61	43.10
5	Lisa Mangel	47	Dbst Masters-36	15:25.52
	37.96	43.19	45.46	45.66
	46.64	47.09	47.40	46.88
	47.60	47.99	47.50	47.26
	47.62	47.26	47.16	47.36
	47.06	47.50	47.01	43.92

## Women 45-49 1650 Yard Freestyle

NATL: 17:39.79 N 4/8/2016 ALISON ZAMANIAN  
 ZONE: 18:03.61 Z 5/22/2005 SUSANNE SIMPSON  
 PNA: 19:32.15 P 5/4/2014 SARAH A BULLOCK

1	Heather Clarke	45	Lake Washington-36	25:05.80
r:+0.81	39.23	44.24	45.86	46.25
	45.72	46.04	47.22	45.64
	46.52	45.85	46.06	45.83
	46.40	45.72	46.47	45.69
	47.03	46.40	46.52	46.26
	45.92	46.41	46.02	47.18
	45.68	46.51	46.70	45.84
	45.54	45.58	45.21	44.01
				40.25

## Women 45-49 50 Yard Backstroke

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN  
 ZONE: 27.53 Z 5/1/2011 ELLEN REYNOLDS  
 PNA: 30.05 P 5/10/2009 LISA DAHL

1	Theresa Shugart	49	Peninsula Master-36	36.82
	r:+0.91			
2	Amy Wolfe	47	YMCA Pierce Kits-36	41.07
	r:+0.99			

## Women 45-49 100 Yard Backstroke

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS  
 ZONE: 57.83 Z 5/23/2010 ELLEN REYNOLDS  
 PNA: 1:05.05 P 5/20/2007 ZENA COURTNEY

1	Jennifer Farinas	45	Bellevue Club-36	1:12.43
r:+0.75	35.88	36.55		
2	Shelley Reimer	47	Bainbridge Aquat-36	1:13.92
r:+0.64	36.21	37.71		
3	Theresa Shugart	49	Peninsula Master-36	1:23.55
r:+0.85	40.92	42.63		
4	Christi Flynn	48	North End Otters-36	1:26.83
	42.09	44.74		
5	Amy Wolfe	47	YMCA Pierce Kits-36	1:27.81
	42.41	45.40		

## Women 45-49 200 Yard Backstroke

NATL: 2:04.65 N 4/19/2009 K PIPES-NEILSEN  
 ZONE: 2:06.28 Z 11/17/2013 ELLEN REYNOLDS  
 PNA: 2:19.72 P 5/20/2007 ZENA COURTNEY

1	Jennifer Farinas	45	Bellevue Club-36	2:32.83
r:+0.88	36.33	38.41	39.40	38.69
2	Rondamarie Smith	46	Blue Wave Aquati-36	2:36.26
r:+0.82	34.61	39.16	41.81	40.68
3	Margo Marsh-Limm	49	Snohomish Aquati-36	2:57.52
r:+0.83	42.80	45.25	45.53	43.94

## Women 45-49 50 Yard Breaststroke

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI  
 ZONE: 32.98 Z 2/23/2014 MARY ARMSTRONG  
 PNA: 32.98 P 2/23/2014 MARY ARMSTRONG

1	Jayna Tomac	45	Oregon Masters-37	32.78Z
	r:+0.72			
2	Katherine Beirne	47	Peninsula Master-36	37.74
	r:+0.75			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 45-49 50 Yard Breaststroke)**

3	Lisa Keith	47	Gold's Eastside-36	39.24
	r:+0.89			
4	Lisa Mangel	47	Dbst Masters-36	42.62
5	Megan Holt	46	Blue Wave Aquati-36	45.70

**Women 45-49 100 Yard Breaststroke**

NATL: 1:05.85 N 3/27/2011 S VON DER LIPPE

ZONE: 1:09.95 Z 5/4/2014 HALEIGH A WERNER

PNA: 1:09.95 P 5/4/2014 HALEIGH A WERNER

1	Jayna Tomac	45	Oregon Masters-37	1:11.29
	r:+0.80	34.12	37.17	
2	Katherine Beirne	47	Peninsula Master-36	1:21.86
	r:+0.88	38.91	42.95	
3	Laura Laues	49	Stanwood-Camano-36	1:48.76
	r:+0.78	50.83	57.93	

**Women 45-49 50 Yard Butterfly**

NATL: 25.96 N 4/21/2013 SUSAN WILLIAMS

ZONE: 26.36 Z 5/23/2010 LISA A DAHL

PNA: 26.36 P 5/23/2010 LISA A DAHL

1	Wendy Polidori	47	Snohomish Aquati-36	32.14
	r:+0.62			
2	Erin Cyger	45	Bainbridge Aquat-36	32.22
	r:+0.86			
3	Megan Holt	46	Blue Wave Aquati-36	36.52
	r:+0.94			
4	Andrea Cortani	45	Peninsula Master-36	36.84
	r:+0.93			
5	Lisa Keith	47	Gold's Eastside-36	37.25
	r:+0.95			
6	MarySue Balazic	49	Snohomish Aquati-36	44.64
	r:+0.92			

**Women 45-49 100 Yard Butterfly**

NATL: 56.97 N 5/1/2011 S VON DER LIPPE

ZONE: 59.39 Z 5/4/2008 ARLENE DELMAGE

PNA: 1:04.75 P 5/22/2005 MARY LIPPOLD

1	Shelley Reimer	47	Bainbridge Aquat-36	1:09.53
	32.50	37.03		
2	Erin Cyger	45	Bainbridge Aquat-36	1:18.53
	r:+0.87	37.57	40.96	
3	Margo Marsh-Limm	49	Snohomish Aquati-36	1:23.89
	r:+0.81	39.00	44.89	
4	MarySue Balazic	49	Snohomish Aquati-36	1:41.18
	r:+0.98	46.49	54.69	

**Women 45-49 100 Yard IM**

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE

ZONE: 1:02.87 Z 5/23/2010 LISA A DAHL

PNA: 1:02.87 P 5/23/2010 LISA A DAHL

1	Rondamarie Smith	46	Blue Wave Aquati-36	1:11.93
	r:+0.69	32.78	39.15	
2	Wendy Polidori	47	Snohomish Aquati-36	1:16.44
	r:+0.68	35.73	40.71	
3	Erin Cyger	45	Bainbridge Aquat-36	1:17.47
	r:+0.73	37.60	39.87	

4	Margo Marsh-Limm	49	Snohomish Aquati-36	1:19.69
	r:+0.80	38.81	40.88	
5	Andrea Cortani	45	Peninsula Master-36	1:21.30
	r:+0.91	39.06	42.24	
6	Heather Clarke	45	Lake Washington-36	1:21.49
	r:+0.71	37.13	44.36	
7	Lisa Keith	47	Gold's Eastside-36	1:21.60
	r:+0.83	39.88	41.72	
8	Lisa Mangel	47	Dbst Masters-36	1:25.01
	38.27	46.74		
9	Megan Holt	46	Blue Wave Aquati-36	1:25.95
	r:+0.94	40.36	45.59	
10	MarySue Balazic	49	Snohomish Aquati-36	1:40.00
	r:+0.86	46.29	53.71	

**Women 45-49 200 Yard IM**

NATL: 2:07.26 N 12/16/2007 K PIPES-NEILSEN

ZONE: 2:11.08 Z 5/23/2010 ELLEN REYNOLDS

PNA: 2:19.88 P 5/20/2007 LISA PACE

1	Jennifer Farinas	45	Bellevue Club-36	2:37.36
	r:+0.66	35.84	38.45	46.99
				36.08
2	Christi Flynn	48	North End Otters-36	3:11.03
	r:+0.79	42.44	46.55	57.91
				44.13
3	Amy Wolfe	47	YMCA Pierce Kits-36	3:18.42
	r:+0.91	46.99	47.81	1:00.70
				42.92

**Women 45-49 400 Yard IM**

NATL: 4:32.87 N 12/26/2009 K PIPES-NEILSEN

ZONE: 4:41.31 Z 4/15/2012 ELLEN REYNOLDS

PNA: 5:00.13 P 5/20/2007 LISA PACE

1	Rondamarie Smith	46	Blue Wave Aquati-36	5:25.08
	r:+0.72	35.11	40.70	40.91
				41.25
				37.13
				37.03
2	Wendy Polidori	47	Snohomish Aquati-36	5:59.50
	36.53	42.24	48.87	46.54
	51.93	53.42	41.95	38.02

**Women 50-54 50 Yard Freestyle**

NATL: 24.53 N 3/18/2016 FALL WILLEBOORDSE

ZONE: 25.39 Z 5/15/2011 LISA A DAHL

PNA: 25.39 P 5/15/2011 LISA A DAHL

1	Tani Stenford	51	North End Otters-36	27.50
	r:+0.78			

**Women 50-54 100 Yard Freestyle**

NATL: 53.60 N 4/29/2016 FALL WILLEBOORDSE

ZONE: 54.98 Z 5/10/2015 ELLEN REYNOLDS

PNA: 57.09 P 5/15/2011 LISA A DAHL

1	Tani Stenford	51	North End Otters-36	59.83
	r:+0.84	28.84	30.99	
2	Nancy Huntamer	52	North End Otters-36	1:19.52
	r:+0.84	37.77	41.75	
3	Denise Dumouchel	54	Bainbridge Aquat-36	1:19.70
	r:+0.62	39.65	40.05	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 50-54 200 Yard Freestyle**

NATL: 1:58.34 N 4/10/2016 ELLEN REYNOLDS

ZONE: 1:58.34 Z 4/10/2016 Ellen Reynolds

PNA: 2:07.91 P 5/20/2007 MARY LIPPOLD

1	Renee Quistorf	52	Snohomish Aquati-36	2:51.43
r:+0.79	38.86	42.94	44.66	44.97

**Women 50-54 500 Yard Freestyle**

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ

ZONE: 5:17.05 Z 5/10/2015 ELLEN REYNOLDS

PNA: 5:35.06 P 4/28/2016 SHANNON MCINTYRE

1	Nancy Huntamer	52	North End Otters-36	7:43.63
	42.31	45.17	45.86	46.30
	46.69	47.69	47.78	48.57
	47.11	46.15		

**Women 50-54 1000 Yard Freestyle**

NATL: 10:58.56 N 4/23/2013 JILL HERNANDEZ

ZONE: 11:09.00 Z 5/10/2015 ELLEN REYNOLDS

PNA: 11:27.91 P 4/28/2016 SHANNON MCINTYRE

1	Kris Speir	53	YMCA Pierce Kits-36	14:07.42
r:+0.94	37.18	41.79	43.66	43.41
	43.64	43.44	43.51	43.11
	43.19	43.51	42.93	42.74
	42.30	42.29	42.76	42.45
	42.46	41.88	41.57	39.60
2	Denise Dumouchel	54	Bainbridge Aquat-36	15:52.83
	43.43	48.00	48.57	48.63
	47.88	48.67	48.62	48.72
	48.48	48.74	47.87	47.46
	48.06	47.67	48.86	48.18
	47.74	47.35	45.93	43.97

**Women 50-54 1650 Yard Freestyle**

NATL: 18:16.49 N 4/23/2015 C PETERSEN

ZONE: 19:33.72 Z 4/3/2011 MARY SWEAT

PNA: 19:36.43 P 4/12/2015 SHANNON MCINTYRE

1	Kris Speir	53	YMCA Pierce Kits-36	23:48.70
r:+0.98	37.68	42.00	43.62	44.20
	43.82	44.50	44.03	44.63
	44.00	43.67	43.68	43.45
	43.72	43.22	43.62	43.83
	43.42	43.42	43.64	43.40
	43.39	43.59	43.49	43.11
	43.53	43.74	43.30	43.35
	43.49	43.05	43.00	42.88
				41.23

**Women 50-54 100 Yard Backstroke**

NATL: 59.19 N 3/18/2016 FALL WILLEBOORDSE

ZONE: 59.72 Z 11/23/2014 ELLEN REYNOLDS

PNA: 1:05.43 P 5/4/2014 ZENA H COURTNEY

1	Denise Dumouchel	54	Bainbridge Aquat-36	1:31.74
r:+0.70	45.44	46.30		

**Women 50-54 200 Yard Backstroke**

NATL: 2:07.51 N 11/22/2014 ELLEN REYNOLDS

ZONE: 2:07.51 Z 11/23/2014 ELLEN REYNOLDS

PNA: 2:23.65 P 4/13/2014 ZENA H COURTNEY

1	Renee Quistorf	52	Snohomish Aquati-36	3:00.08
r:+0.86	42.83	46.10	46.37	44.78
2	Denise Dumouchel	54	Bainbridge Aquat-36	3:16.51
r:+0.73	48.63	51.26	49.59	47.03

**Women 50-54 50 Yard Breaststroke**

NATL: 32.37 N 5/21/2010 BRIGITTE HEUER

ZONE: 33.69 Z 2/22/2015 KIM CROUCH

PNA: 33.49 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YMCA Pierce Kits-36	39.85
r:+0.82				
2	Jessica Dubey	54	Bainbridge Aquat-36	43.94
r:+0.78				

**Women 50-54 200 Yard Breaststroke**

NATL: 2:29.92 N 2/20/2012 CAROLINE KRATTLI

ZONE: 2:41.49 Z 5/1/2016 SHANNON MCINTYRE

PNA: 2:41.24 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YMCA Pierce Kits-36	3:16.57
r:+0.81	45.00	50.04	51.33	50.20
2	Denise Dumouchel	54	Bainbridge Aquat-36	3:33.29
r:+0.73	49.75	53.70	56.59	53.25

**Women 50-54 50 Yard Butterfly**

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON

ZONE: 27.94 Z 4/29/2012 LISA A DAHL

PNA: 27.62 P 5/15/2011 LISA A DAHL

1	Jessica Dubey	54	Bainbridge Aquat-36	47.65
r:+0.95				

**Women 50-54 100 Yard IM**

NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE

ZONE: 1:02.65 Z 5/10/2015 ELLEN REYNOLDS

PNA: 1:05.62 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YMCA Pierce Kits-36	1:18.10
r:+0.82	37.73	40.37		
2	Renee Quistorf	52	Snohomish Aquati-36	1:29.28
r:+0.75	41.12	48.16		
3	Jessica Dubey	54	Bainbridge Aquat-36	1:40.94
r:+0.78	49.65	51.29		

**Women 50-54 200 Yard IM**

NATL: 2:13.16 N 5/10/2015 ELLEN REYNOLDS

ZONE: 2:13.16 Z 5/10/2015 ELLEN REYNOLDS

PNA: 2:21.72 P 4/28/2016 SHANNON MCINTYRE

1	Tani Stenford	51	North End Otters-36	2:33.27
r:+0.86	32.47	40.38	46.01	34.41

**Women 50-54 400 Yard IM**

NATL: 4:43.11 N 4/9/2016 ELLEN REYNOLDS

ZONE: 4:43.11 Z 4/9/2016 Ellen Reynolds

PNA: 5:02.40 P 4/28/2016 SHANNON MCINTYRE

1	Renee Quistorf	52	Snohomish Aquati-36	6:47.65
r:+0.85	44.18	54.03	52.29	48.90
	57.31	57.21	47.65	46.08

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 50-54 400 Yard IM)**

2	Denise Dumouchel	54	Bainbridge Aquat-36	6:59.75
	48.79	57.03	54.25	50.62
	57.93	56.11	49.69	45.33

**Women 55-59 50 Yard Freestyle**

**NATL:** 25.29 N 5/10/2009 LAURA VAL  
**ZONE:** 26.17 Z 5/9/2013 K ANDRUS-HUGHES  
**PNA:** 26.99 P 5/10/2009 CHARLOTTE DAVIS

1	Gloria Dillan	57	North End Otters-36	31.22
	r:+0.68			
2	Sheila Moore	58	Lake Washington-36	32.35
3	Cestjon McFarland	56	Bainbridge Aquat-36	33.58
	r:+0.81			
4	Melinda Tomlinson-Macias	58	UC35-35	38.82
	r:+0.92			
5	Lucianne Pugh	57	Skagit Valley Ma-36	48.35

**Women 55-59 100 Yard Freestyle**

**NATL:** 54.72 N 5/4/2008 LAURA VAL  
**ZONE:** 57.35 Z 5/9/2013 K ANDRUS-HUGHES  
**PNA:** 59.08 P 5/22/2005 CHARLOTTE DAVIS

1	Gloria Dillan	57	North End Otters-36	1:09.40
	r:+0.65	32.23	37.17	
2	Sheila Moore	58	Lake Washington-36	1:09.82
	r:+0.86	33.45	36.37	
3	Elizabeth Hogan	55	Peninsula Master-36	1:21.96
	39.92	42.04		
4	Melinda Tomlinson-Macias	58	UC35-35	1:36.65
	r:+0.91	44.83	51.82	
5	Lucianne Pugh	57	Skagit Valley Ma-36	1:58.16
	53.69	1:04.47		

**Women 55-59 200 Yard Freestyle**

**NATL:** 1:59.02 N 5/10/2009 LAURA VAL  
**ZONE:** 2:09.20 Z 5/9/2013 K ANDRUS-HUGHES  
**PNA:** 2:12.87 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	Blue Wave Aquati-36	2:17.51
	r:+0.91	32.11	34.45	35.19
				35.76
2	Sheila Moore	58	Lake Washington-36	2:30.09
	r:+0.97	34.08	37.08	38.14
				40.79
3	Cestjon McFarland	56	Bainbridge Aquat-36	3:01.30
	r:+0.74	41.25	46.51	48.48
				45.06

**Women 55-59 500 Yard Freestyle**

**NATL:** 5:27.33 N 1/25/2009 LAURA VAL  
**ZONE:** 5:53.66 Z 5/20/2007 BARB GUNDRED  
**PNA:** 5:53.66 P 5/20/2007 BARB GUNDRED

1	Sheila Moore	58	Lake Washington-36	6:55.34
	r:+0.98	36.33	39.36	41.24
				41.19
		41.31	41.30	44.09
				46.96
		43.29	40.27	
2	Elizabeth Hogan	55	Peninsula Master-36	8:03.84
	49.31	49.35	49.83	50.44
	49.79	46.42		

**Women 55-59 1000 Yard Freestyle**

**NATL:** 11:19.85 N 2/5/2017 K PARKER PALACE  
**ZONE:** 12:00.51 Z 4/6/2014 MARY SWEAT  
**PNA:** 12:11.10 P 5/20/2007 BARB GUNDRED

1	Zena Courtney	57	Blue Wave Aquati-36	12:57.67
	r:+0.91	33.52	37.14	38.25
				39.18
		39.29	39.28	39.42
				39.27
		38.82	39.10	39.39
				39.07
		39.74	39.34	39.50
				39.32
		39.76	39.96	39.47
				38.85
2	Sheila Moore	58	Lake Washington-36	13:35.24
	r:+0.96	36.96	40.25	40.56
				40.94
		41.08	41.32	41.36
				40.74
		40.79	40.79	40.98
				41.02
		40.87	41.13	41.55
				41.17
		41.52	41.42	41.22
				39.57
3	Deborah Flynn	56	Bainbridge Aquat-36	19:11.16
	48.75	56.22	58.40	58.17
	59.58	58.39	59.30	59.01
	59.17	59.02	58.17	57.98
	58.75	57.86	58.78	57.84
	58.57	57.82	56.78	52.60

**Women 55-59 1650 Yard Freestyle**

**NATL:** 18:56.04 N 4/16/2010 LAURA VAL  
**ZONE:** 19:48.78 Z 4/6/2014 MARY SWEAT  
**PNA:** 21:40.40 P 5/21/2001 SUZANNE DILLS

1	Zena Courtney	57	Blue Wave Aquati-36	21:24.21
	r:+0.78	33.88	37.39	38.18
				38.90
		38.77	39.03	38.74
				38.99
		39.07	38.95	38.92
				39.18
		39.44	39.51	39.57
				39.52
		39.17	39.41	39.96
				39.50
		38.22	38.48	38.85
				39.38
		39.07	39.03	39.32
				39.78
		39.51	39.53	39.31
				39.27
				38.38

**Women 55-59 50 Yard Backstroke**

**NATL:** 28.14 N 10/30/2016 LESLIE LIVINGSTON  
**ZONE:** 29.97 Z 5/9/2013 K ANDRUS-HUGHES  
**PNA:** 31.30 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	Blue Wave Aquati-36	32.77
	r:+0.74			
2	Gloria Dillan	57	North End Otters-36	37.83
	r:+0.86			
3	Cestjon McFarland	56	Bainbridge Aquat-36	40.76
	r:+0.96			
4	Melinda Tomlinson-Macias	58	UC35-35	47.52
	r:+0.88			
5	Lucianne Pugh	57	Skagit Valley Ma-36	1:01.67
	r:+0.78			

**Women 55-59 100 Yard Backstroke**

**NATL:** 1:04.65 N 5/23/2010 LAURA VAL  
**ZONE:** 1:04.97 Z 5/4/2014 K ANDRUS-HUGHES  
**PNA:** 1:06.96 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	Blue Wave Aquati-36	1:10.18
	r:+0.76	33.77	36.41	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 55-59 100 Yard Backstroke)**

2	Cestjon McFarland	56	Bainbridge Aquat-36	1:30.64
	r:+0.83	44.73	45.91	
3	Melinda Tomlinson-Macias	58	UC35-35	1:46.57
	r:+0.87	51.59	54.98	
4	Lucianne Pugh	57	Skagit Valley Ma-36	2:19.54
	r:+0.71	1:04.38	1:15.16	

**Women 55-59 200 Yard Backstroke**

NATL: 2:19.94 N 5/2/2014 BONNIE BILICH  
 ZONE: 2:23.24 Z 5/4/2014 K ANDRUS-HUGHES  
 PNA: 2:28.88 P 5/20/2007 BARB GUNDRED

1	Zena Courtney	57	Blue Wave Aquati-36	2:35.57
	r:+0.79	35.62	38.95 40.20 40.80	

**Women 55-59 50 Yard Breaststroke**

NATL: 33.76 N 5/14/2011 LISA BENNETT  
 ZONE: 35.06 Z 5/14/2002 GINGER PIERSON  
 PNA: 36.21 P 5/4/2008 ANDRA JAUNZEME

1	Kathy Byers	56	Blue Wave Aquati-36	39.23
	r:+0.67			

**Women 55-59 100 Yard Breaststroke**

NATL: 1:13.76 N 4/25/2015 CHRIS WENZEL  
 ZONE: 1:15.68 Z 4/6/2014 COLETTE CRABBE  
 PNA: 1:18.23 P 5/4/2008 ANDRA JAUNZEME

1	Deborah Flynn	56	Bainbridge Aquat-36	1:52.90
	55.49	57.41		

**Women 55-59 200 Yard Breaststroke**

NATL: 2:40.19 N 5/10/2009 CATHERINE KOHN  
 ZONE: 2:45.46 Z 4/6/2014 COLETTE CRABBE  
 PNA: 2:50.32 P 5/4/2008 ANDRA JAUNZEME

1	Lucianne Pugh	57	Skagit Valley Ma-36	4:23.19
	58.15	1:06.22	1:11.16 1:07.66	

**Women 55-59 50 Yard Butterfly**

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON  
 ZONE: 29.90 Z 5/14/2006 CHARLOTTE DAVIS  
 PNA: 29.90 P 5/14/2006 CHARLOTTE DAVIS

1	Cestjon McFarland	56	Bainbridge Aquat-36	43.22
	r:+0.78			
2	Elizabeth Hogan	55	Peninsula Master-36	50.37
	r:+0.97			

**Women 55-59 100 Yard Butterfly**

NATL: 1:01.31 N 5/10/2009 LAURA VAL  
 ZONE: 1:07.96 Z 4/12/2015 COLETTE CRABBE  
 PNA: 1:08.31 P 5/14/2006 CHARLOTTE DAVIS

1	Cestjon McFarland	56	Bainbridge Aquat-36	1:47.69
	r:+0.68	48.19	59.50	
2	Elizabeth Hogan	55	Peninsula Master-36	1:54.31
	54.47	59.84		

**Women 55-59 100 Yard IM**

NATL: 1:05.21 N 5/20/2007 LAURA VAL  
 ZONE: 1:08.09 Z 4/12/2015 COLEGGE CRABBE  
 PNA: 1:08.54 P 5/10/2009 CHARLOTTE DAVIS

1	Kathy Byers	56	Blue Wave Aquati-36	1:15.59
	r:+0.80	34.95	40.64	
2	Elizabeth Hogan	55	Peninsula Master-36	1:41.98
	49.98	52.00		

**Women 55-59 200 Yard IM**

NATL: 2:21.91 N 5/22/2010 LAURA VAL  
 ZONE: 2:26.19 Z 4/6/2014 COLETTE CRABBE  
 PNA: 2:29.14 P 5/22/2005 CHARLOTTE DAVIS

1	Melinda Tomlinson-Macias	58	UC35-35	4:01.68
	r:+0.97	52.29	58.31 1:14.88 56.20	

**Women 60-64 50 Yard Freestyle**

NATL: 26.48 N 3/9/2014 LAURA VAL  
 ZONE: 27.02 Z 5/4/2014 CHARLOTTE M DAVIS  
 PNA: 27.02 P 5/4/2014 CHARLOTTE M DAVIS

1	Mary Lippold	61	North End Otters-36	29.10
	r:+0.81			
2	Debbie Glassman	63	Puget Sound Mast-36	31.38
	r:+0.84			

**Women 60-64 100 Yard Freestyle**

NATL: 56.45 N 4/29/2012 LAURA VAL  
 ZONE: 59.41 Z 5/23/2010 CHARLOTTE M DAVIS  
 PNA: 59.41 P 5/23/2010 CHARLOTTE M DAVIS

1	Mary Lippold	61	North End Otters-36	1:04.52
	r:+0.70	31.78	32.74	
2	Linda Chapman	61	Lake Washington-36	1:07.80
	r:+0.74	32.02	35.78	

**Women 60-64 500 Yard Freestyle**

NATL: 5:39.00 N 1/26/2014 LAURA VAL  
 ZONE: 5:57.32 Z 5/1/2011 CHARLOTTE M DAVIS  
 PNA: 5:57.32 P 5/1/2011 CHARLOTTE M DAVIS

1	Mary Lippold	61	North End Otters-36	6:14.78
	r:+0.68	34.68	36.80 38.16 37.92	
		38.28	38.27 38.30 38.13	
		37.59	36.65	

**Women 60-64 50 Yard Backstroke**

NATL: 29.58 N 4/26/2015 LAURA VAL  
 ZONE: 32.41 Z 5/9/2013 CHARLOTTE M DAVIS  
 PNA: 32.41 P 5/9/2013 CHARLOTTE M DAVIS

1	Dawn Jaeger	60	Lake Washington-36	36.18
	r:+0.92			
2	Debbie Glassman	63	Puget Sound Mast-36	40.07
	r:+0.85			
3	Sheila Kenning	60	Stanwood-Camano-36	53.32
	r:+0.93			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 60-64 100 Yard Backstroke**

NATL: 1:03.72 N 5/12/2013 LAURA VAL  
 ZONE: 1:09.38 Z 5/1/2011 CHARLOTTE M DAVIS  
 PNA: 1:09.38 P 5/1/2011 CHARLOTTE M DAVIS

1 Dawn Jaeger	60 Lake Washington-36	1:17.33
r:+0.92	37.56	39.77
2 Heather Adkins-Narte	62 Bainbridge Aquat-36	2:13.20
r:+0.97	1:04.91	1:08.29

**Women 60-64 200 Yard Backstroke**

NATL: 2:21.44 N 5/11/2013 LAURA VAL  
 ZONE: 2:37.04 Z 4/12/2015 LO KNAPP  
 PNA: 2:52.29 P 5/9/2013 STELLA PREISSLER

1 Heather Adkins-Narte	62 Bainbridge Aquat-36	4:34.65
1:05.89	1:10.31	1:09.21
		1:09.24

**Women 60-64 50 Yard Breaststroke**

NATL: 35.09 N 5/10/2013 MELINDA WOLFF  
 ZONE: 35.88 Z 5/1/2016 LINDA CHAPMAN  
 PNA: 35.88 P 4/28/2016 LINDA CHAPMAN

1 Linda Chapman	61 Lake Washington-36	36.91
r:+0.75		
2 Dawn Jaeger	60 Lake Washington-36	39.65
r:+0.77		

**Women 60-64 100 Yard Breaststroke**

NATL: 1:16.80 N 4/25/2015 LO KNAPP  
 ZONE: 1:16.80 Z 4/26/2015 LO KNAPP  
 PNA: 1:20.16 P 10/30/2016 LINDA CHAPMAN

1 Linda Chapman	61 Lake Washington-36	1:19.74
r:+0.75	37.95	41.79

**Women 60-64 200 Yard Breaststroke**

NATL: 2:44.73 N 4/26/2015 LO KNAPP  
 ZONE: 2:44.73 Z 4/26/2015 LO KNAPP  
 PNA: 2:58.73 P 4/28/2016 LINDA CHAPMAN

1 Linda Chapman	61 Lake Washington-36	2:58.09
r:+0.75	39.74	44.87
		46.84
		46.64

**Women 60-64 100 Yard IM**

NATL: 1:07.08 N 5/17/2015 LAURA VAL  
 ZONE: 1:08.41 Z 5/9/2013 CHARLOTTE M DAVIS  
 PNA: 1:08.41 P 5/9/2013 CHARLOTTE M DAVIS

1 Dawn Jaeger	60 Lake Washington-36	1:16.83
r:+0.76	34.63	42.20

**Women 65-69 50 Yard Freestyle**

NATL: 27.37 N 1/14/2017 LAURA VAL  
 ZONE: 27.84 Z 4/9/2016 Charlotte Davis  
 PNA: 27.84 P 4/9/2016 CHARLOTTE M DAVIS

1 Jean Blackburn	65 Blue Wave Aquati-36	34.99
r:+0.87		

**Women 65-69 100 Yard Freestyle**

NATL: 59.78 N 1/21/2017 LAURA VAL  
 ZONE: 1:00.94 Z 5/1/2016 CHARLOTTE DAVIS  
 PNA: 1:00.94 P 4/28/2016 CHARLOTTE M DAVIS

1 Charlotte Davis	66 Lake Washington-36	1:02.88
r:+0.59	30.80	32.08

2 Judy Williams	68 Blue Wave Aquati-36	1:34.89
44.57	50.32	

**Women 65-69 200 Yard Freestyle**

NATL: 2:17.15 N 3/6/2016 CHARLOTTE DAVIS  
 ZONE: 2:17.15 Z 3/6/2016 CHARLOTTE DAVIS  
 PNA: 2:17.15 P 3/6/2016 CHARLOTTE M DAVIS

1 Elizabeth Kassen	65 Team Walker Inte-36	2:38.11
r:+0.83	35.36	40.03
		41.60
		41.12
2 Barbara Johnson	67 Peninsula Master-36	4:05.51
54.90	1:03.90	1:04.90
		1:01.81

**Women 65-69 500 Yard Freestyle**

NATL: 6:03.86 N 4/10/2016 CHARLOTTE DAVIS  
 ZONE: 6:03.86 Z 4/10/2016 Charlotte Davis  
 PNA: 6:29.37 P 4/9/2016 CHARLOTTE M DAVIS

1 Kate Carruthers	68 Bainbridge Aquat-36	8:06.30
r:+0.98	43.32	49.76
		50.83
		50.30
		49.10
		49.14
		45.84
		45.84
2 Judy Williams	68 Blue Wave Aquati-36	8:51.75
47.69	54.61	54.14
		53.79
		55.08
		53.75
		54.17
		48.84
3 Barbara Johnson	67 Peninsula Master-36	10:51.66
56.56	1:05.67	1:05.01
		1:05.89
		1:06.89
		1:06.97
		1:07.54
		1:06.08
		1:07.16
		1:03.89

**Women 65-69 1000 Yard Freestyle**

NATL: 12:30.97 N 4/9/2016 CHARLOTTE DAVIS  
 ZONE: 12:30.97 Z 4/9/2016 Charlotte Davis  
 PNA: 12:30.97 P 4/9/2016 CHARLOTTE M DAVIS

1 Elizabeth Kassen	65 Team Walker Inte-36	14:02.20
r:+0.89	37.15	41.27
		42.34
		43.06
		42.54
		42.41
		42.45
		42.53
		42.45
		42.11
		42.41
		42.07
		42.27
		42.35
		42.68
		42.80
		42.82
		43.00
		43.01
		40.48
2 Kathrine Casey	68 Puget Sound Aqua-36	18:00.21
46.79	53.93	56.43
		56.10
		54.09
		54.90
		54.39
		54.78
		55.13
		54.16
		54.89
		54.67
		54.61
		54.06
		53.08
		52.25
		52.86
		51.20
3 Barbara Johnson	67 Peninsula Master-36	22:20.44
56.95	1:04.43	1:05.17
		1:05.30
		1:04.49
		1:05.21
		1:05.82
		1:07.43
		1:07.75
		1:07.71
		1:08.17
		1:08.40
		1:08.25
		1:09.24
		1:10.01
		1:09.46
		1:09.85
		1:10.60
		1:10.00
		1:06.20
4 Carol Stark	68 Oregon Masters-37	25:33.18
1:04.00	1:08.79	1:13.54
		1:13.30
		1:16.33
		1:16.69
		1:18.63
		1:15.84
		1:17.82
		1:16.99
		1:17.89
		1:17.67
		1:20.86
		1:18.95
		1:18.78
		1:23.93
		1:22.41
		1:18.44
		1:16.94
		1:15.38

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 65-69 1650 Yard Freestyle

NATL: 20:43.29 N 11/12/2016 S LOFTUS-CHARLEY

ZONE: 22:32.74 Z 5/1/2011 SUZANNE L DILLS

PNA: 22:32.74 P 5/1/2011 SUZANNE L DILLS

1	Kathrine Casey	68	Puget Sound Aqua-36	30:42.51
	47.76	55.49	57.56	56.87
	56.30	56.08	55.98	55.05
	55.83	55.44	55.50	55.32
	56.09	56.81	57.14	56.25
	56.76	56.29	56.35	56.48
	55.53	56.24	56.00	56.46
	56.60	56.07	56.27	56.01
	56.26	55.81	55.55	55.38
				54.98

## Women 65-69 50 Yard Backstroke

NATL: 30.87 N 1/14/2017 LAURA VAL

ZONE: 36.56 Z 4/10/2011 JOY WARD

PNA: 37.70 P 4/26/2015 STELLA PREISSLER

1	Kate Carruthers	68	Bainbridge Aquat-36	44.25
2	Kathrine Casey	68	Puget Sound Aqua-36	44.84

## Women 65-69 100 Yard Backstroke

NATL: 1:10.15 N 4/11/2015 CECILIA MCCLOSKEY

ZONE: 1:18.98 Z 4/26/2015 STELLA PREISSLER

PNA: 1:18.98 P 4/26/2015 STELLA PREISSLER

1	Kathrine Casey	68	Puget Sound Aqua-36	1:36.96
	r:+0.97	47.16	49.80	

## Women 65-69 200 Yard Backstroke

NATL: 2:28.21 N 1/21/2017 LAURA VAL

ZONE: 2:49.78 Z 4/26/2015 STELLA PREISSLER

PNA: 2:49.78 P 4/26/2015 STELLA PREISSLER

1	Kate Carruthers	68	Bainbridge Aquat-36	3:22.01
	r:+0.39	48.90	52.07	51.51
				49.53
2	Kathrine Casey	68	Puget Sound Aqua-36	3:31.35
		50.81	52.95	54.31
				53.28
3	Carol Stark	68	Oregon Masters-37	5:00.14
	r:+0.56	1:08.79	1:14.63	1:19.74
				1:16.98

## Women 65-69 50 Yard Breaststroke

NATL: 37.74 N 4/25/2004 JOANN LEILICH

ZONE: 39.29 Z 4/26/2015 JANET GETTLING

PNA: 40.31 P 4/26/2015 CHARLOTTE M DAVIS

1	Charlotte Davis	66	Lake Washington-36	38.15Z
	r:+0.51			
2	Kate Carruthers	68	Bainbridge Aquat-36	45.40
	r:+0.63			
3	Judy Williams	68	Blue Wave Aquati-36	51.72
	r:+0.88			

## Women 65-69 100 Yard Breaststroke

NATL: 1:23.95 N 4/25/2004 JOANN LEILICH

ZONE: 1:26.18 Z 4/10/2011 GINGER PIERSON

PNA: 1:32.34 P 5/4/2014 KATE M CARRUTHERS

1	Charlotte Davis	66	Lake Washington-36	1:21.17N
	r:+0.49	39.09	42.08	
2	Elizabeth Kassen	65	Team Walker Inte-36	1:33.83
	r:+0.84	43.98	49.85	

## Women 65-69 50 Yard Butterfly

NATL: 29.91 N 4/10/2016 CHARLOTTE DAVIS

ZONE: 29.91 Z 4/10/2016 Charlotte Davis

PNA: 29.91 P 4/9/2016 CHARLOTTE M DAVIS

1	Charlotte Davis	66	Lake Washington-36	30.63
	r:+0.68			
2	Jean Blackburn	65	Blue Wave Aquati-36	42.58
	r:+0.85			

## Women 65-69 100 Yard IM

NATL: 1:10.09 N 4/29/2016 CHARLOTTE DAVIS

ZONE: 1:10.09 Z 5/1/2016 CHARLOTTE M DAVIS

PNA: 1:10.09 P 4/28/2016 CHARLOTTE M DAVIS

1	Jean Blackburn	65	Blue Wave Aquati-36	1:30.96
	r:+0.87	44.91	46.05	
2	Kate Carruthers	68	Bainbridge Aquat-36	1:31.98
	r:+0.82	45.15	46.83	
3	Judy Williams	68	Blue Wave Aquati-36	1:50.32
	r:+0.97	53.54	56.78	

## Women 65-69 200 Yard IM

NATL: 2:35.18 N 4/30/2016 CHARLOTTE DAVIS

ZONE: 2:35.18 Z 5/1/2016 CHARLOTTE M DAVIS

PNA: 2:35.18 P 4/28/2016 CHARLOTTE M DAVIS

1	Charlotte Davis	66	Lake Washington-36	2:40.20
	r:+0.75	34.09	41.59	48.20
				36.32
2	Kate Carruthers	68	Bainbridge Aquat-36	3:24.70
	r:+0.90	45.97	52.92	58.32
				47.49

## Women 70-74 50 Yard Freestyle

NATL: 31.05 N 4/30/2000 GAIL ROPER

ZONE: 32.38 Z 4/29/2012 BARBARA FRID

PNA: 34.66 P 10/16/1983 DAWN MUSSELMAN

1	Sally Dillon	70	Bellevue Club-36	34.79
	r:+0.88			

## Women 70-74 100 Yard Freestyle

NATL: 1:09.79 N 4/30/2000 GAIL ROPER

ZONE: 1:13.27 Z 5/18/2003 LAVELLE STOINOFF

PNA: 1:19.00 P 2/19/2017 SALLY DILLON

1	Sally Dillon	70	Bellevue Club-36	1:16.87
	r:+0.91	37.65	39.22	

## Women 70-74 200 Yard Freestyle

NATL: 2:35.85 N 4/30/2000 GAIL ROPER

ZONE: 2:35.99 Z 5/18/2003 LAVELLE STOINOFF

PNA: 3:03.74 P 2/19/2017 SALLY DILLON

1	Sally Dillon	70	Bellevue Club-36	2:50.07
	r:+0.95	38.92	43.05	44.24
				43.86

## Women 70-74 50 Yard Backstroke

NATL: 36.91 N 5/20/2007 BETSY JORDAN

ZONE: 37.16 Z 3/22/2013 JOY WARD

PNA: 44.64 P 5/26/1984 DAWN MUSSELMAN

1	Sally Dillon	70	Bellevue Club-36	48.59
	r:+0.83			



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 70-74 50 Yard Breaststroke**

NATL: 39.89 N 1/24/2009 JOANN LEILICH  
 ZONE: 42.06 Z 4/10/2016 Ginger Pierson  
 PNA: 47.20 P 10/8/2011 FRANCESCA DRUM

1	Ginger Pierson	71	Oregon Masters-37	42.91
				r:+0.69
2	Sally Dillon	70	Bellevue Club-36	45.38
				r:+0.93

**Women 70-74 100 Yard Breaststroke**

NATL: 1:26.77 N 4/29/2011 JOANN LEILICH  
 ZONE: 1:33.40 Z 4/10/2016 Ginger Pierson  
 PNA: 1:45.16 P 10/8/2011 FRANCESCA DRUM

1	Ginger Pierson	71	Oregon Masters-37	1:33.35Z
				43.89 49.46
2	Sally Dillon	70	Bellevue Club-36	1:44.08
				r:+0.95 49.31 54.77

**Women 70-74 200 Yard Breaststroke**

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH  
 ZONE: 3:22.09 Z 4/9/2016 Ginger Pierson  
 PNA: 3:54.09 P 4/4/1993 MURIEL FLYNN

1	Ginger Pierson	71	Oregon Masters-37	3:26.15
				46.47 52.25 53.27 54.16

**Women 70-74 200 Yard Butterfly**

NATL: 3:07.31 N 9/17/2016 MARGOT PETTIJOHN  
 ZONE: 3:37.22 Z 4/13/2013 JOY WARD  
 PNA: 5:09.03 P 3/16/1991 PAT MATTHIESEN

1	Ginger Pierson	71	Oregon Masters-37	3:47.13
				r:+0.93 50.57 56.92 59.51 1:00.13

**Women 75-79 100 Yard Freestyle**

NATL: 1:16.23 N 4/24/2005 GAIL ROPER  
 ZONE: 1:28.67 Z 5/1/2011 PATRICIA HASTINGS  
 PNA: 1:39.66 P 2/5/2011 PEG CLOUTIER

1	Charlotte Snow	77	YMCA Pierce Kits-36	1:59.73
				59.72 1:00.01

**Women 75-79 100 Yard Breaststroke**

NATL: 1:29.24 N 4/11/2014 JOANN LEILICH  
 ZONE: 1:58.49 Z 4/10/1999 MURIEL FLYNN  
 PNA: 1:58.49 P 4/10/1999 MURIEL FLYNN

1	Charlotte Snow	77	YMCA Pierce Kits-36	2:31.16
				1:12.50 1:18.66

**Women 75-79 200 Yard Breaststroke**

NATL: 3:16.31 N 4/5/2014 JOANN LEILICH  
 ZONE: 4:12.25 Z 4/10/1999 MURIEL FLYNN  
 PNA: 4:12.25 P 4/10/1999 MURIEL FLYNN

1	Charlotte Snow	77	YMCA Pierce Kits-36	5:18.17
				1:15.18 1:21.94 1:19.51 1:21.54

**Women 75-79 50 Yard Butterfly**

NATL: 38.05 N 4/26/2015 MARY ANN CASE  
 ZONE: 52.91 Z 11/18/2000 BETTY KERCHEVAL  
 PNA: 52.91 P 11/18/2000 BETTY KERCHEVAL

1	Charlotte Snow	77	YMCA Pierce Kits-36	1:15.76
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**Women 75-79 100 Yard IM**

NATL: 1:27.31 N 4/24/2005 GAIL ROPER  
 ZONE: 1:56.91 Z 4/9/2000 BETTY KERCHEVAL  
 PNA: 1:56.91 P 4/9/2000 BETTY KERCHEVAL

1	Charlotte Snow	77	YMCA Pierce Kits-36	2:20.08
				1:11.66 1:08.42

**Men 18-24 50 Yard Freestyle**

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER  
 ZONE: 20.41 Z 4/9/2000 MICHAEL BURTON  
 PNA: 21.04 P 5/4/2008 BRIAN GOLDMAN

1	Joshua Scheck	20	Husky Masters-36	22.39
				r:+0.73
2	Benjamin Griffin	23	Lake Washington-36	22.83
				r:+0.72
3	Alexander Lyskin	20	Husky Masters-36	22.97
				r:+0.71
4	James Waltz	18	UC36-36	23.48
				r:+0.74
5	Nicholas Carter	24	Dbst Masters-36	24.95
				r:+0.80
6	Blake Nixon	19	Western Washingt-36	26.93
				r:+0.78
7	Brandon Couch	21	Husky Masters-36	27.79
				r:+0.76

**Men 18-24 100 Yard Freestyle**

NATL: 42.59 N 12/1/2012 EUGENE GODSOE  
 ZONE: 45.90 Z 4/26/1992 JOHN KEPPELER  
 PNA: 46.54 P 4/26/2015 CLINTON W STIPEK

1	Joshua Scheck	20	Husky Masters-36	48.74
				r:+0.74 23.63 25.11
2	Benjamin Griffin	23	Lake Washington-36	50.95
				r:+0.78 24.43 26.52
3	James Waltz	18	UC36-36	52.04
				r:+0.72 24.52 27.52
4	Alexander Lyskin	20	Husky Masters-36	52.56
				r:+0.71 25.04 27.52
5	Nicholas Carter	24	Dbst Masters-36	56.07
				r:+0.78 27.27 28.80
6	James Reehill	24	YMCA Pierce Kits-36	58.58
				r:+0.91 28.38 30.20
7	Blake Nixon	19	Western Washingt-36	1:00.40
				r:+0.79 29.30 31.10
8	Brandon Couch	21	Husky Masters-36	1:02.04
				r:+0.75 29.52 32.52

**Men 18-24 200 Yard Freestyle**

NATL: 1:35.02 N 11/8/2009 ANDY GRANT  
 ZONE: 1:41.45 Z 4/26/1992 JOHN KEPPELER  
 PNA: 1:44.59 P 4/10/2004 ELLIOTT KOLBE

1	Joshua Scheck	20	Husky Masters-36	1:49.69
				r:+0.76 25.95 28.24 27.64 27.86
2	James Waltz	18	UC36-36	1:58.58
				r:+0.73 25.86 29.03 30.35 33.34
3	Nicholas Pederson	20	Western Washingt-36	1:59.09
				r:+0.63 27.91 29.01 29.29 32.88

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 18-24 200 Yard Freestyle)**

4	Alexander Lyskin	20	Husky Masters-36	2:02.17
	r:+0.69	26.73	30.68	32.82
				31.94
5	Blake Nixon	19	Western Washingt-36	2:15.67
		29.38	33.36	35.76
				37.17

**Men 18-24 500 Yard Freestyle**

**NATL:** 4:24.81 N 1/24/2010 **ANDY GRANT**  
**ZONE:** 4:49.97 Z 5/20/2007 **DAVID WHITBECK**  
**PNA:** 4:49.97 P 5/20/2007 **DAVID WHITBECK**

1	Nicholas Pederson	20	Western Washingt-36	5:45.24
	r:+0.65	28.52	30.15	30.98
				32.32
				33.79
				35.32
				36.89
				38.79
				39.70
				38.78
2	Austin Clark	21	Western Washingt-36	6:55.63
	r:+0.60	32.83	38.57	39.41
				42.19
				42.42
				43.10
				43.06
				45.41
				45.75
				42.89

**Men 18-24 1000 Yard Freestyle**

**NATL:** 9:01.26 N 2/13/2010 **JP ARNOLD**  
**ZONE:** 9:58.85 Z 4/13/2013 **BRUCE DEAKYNE**  
**PNA:** 9:58.85 P 4/13/2013 **BRUCE DEAKYNE**

1	Nicholas Pederson	20	Western Washingt-36	11:52.17
	r:+0.68	30.50	32.73	33.18
				33.61
				34.11
				35.92
				37.02
				36.69
				37.18
				38.16
				37.90
				37.14
				38.12
				37.22
				38.13
				38.58
				32.51
				34.64
				35.06
				33.77

**Men 18-24 50 Yard Backstroke**

**NATL:** 22.33 N 5/10/2013 **ANDREW ELLIOTT**  
**ZONE:** 24.19 Z 4/26/1992 **JOHN KEPPELER**  
**PNA:** 24.54 P 4/11/2010 **CHRIS CHAPMAN**

1	Nicholas Carter	24	Dbst Masters-36	29.18
	r:+0.82			
2	Jasper O'Leary	22	Husky Masters-36	31.82
	r:+0.63			

**Men 18-24 100 Yard Backstroke**

**NATL:** 45.36 N 11/30/2012 **EUGENE GODSOE**  
**ZONE:** 51.22 Z 10/19/1991 **JOHN KEPPELER**  
**PNA:** 52.56 P 2/20/2011 **TAYLOR BRUGH**

1	Josh MacLurg	18	Central Washingt-35	56.87
	r:+0.71	27.28	29.59	
2	Jordan Anderson	18	Western Washingt-36	1:05.18
	r:+0.72	31.59	33.59	

**Men 18-24 200 Yard Backstroke**

**NATL:** 1:44.18 N 5/11/2013 **ANDREW ELLIOTT**  
**ZONE:** 1:50.28 Z 4/26/1992 **JOHN KEPPELER**  
**PNA:** 1:58.98 P 4/10/2005 **ROBERT HOWELLS**

1	Jacob Pebley	23	The Olympic Club-38	1:45.87
	r:+0.86	25.61	26.96	26.97
				26.33
2	Nicholas Carter	24	Dbst Masters-36	2:23.84
	r:+0.81	32.01	34.82	39.43
				37.58

**Men 18-24 50 Yard Breaststroke**

**NATL:** 24.53 N 2/1/2015 **ROSTYSLAV FEDYNA**  
**ZONE:** 25.64 Z 4/9/2000 **MICHAEL BURTON**  
**PNA:** 26.69 P 4/10/2004 **ELLIOTT KOLBE**

1	Ryan Shiplet	19	Husky Masters-36	29.36
	r:+0.69			
2	Benjamin Griffin	23	Lake Washington-36	30.99
	r:+0.80			
3	Nicholas Carter	24	Dbst Masters-36	33.84
	r:+0.81			

**Men 18-24 100 Yard Breaststroke**

**NATL:** 54.07 N 4/25/2015 **COLIN BABCOCK**  
**ZONE:** 55.86 Z 4/9/2000 **MICHAEL BURTON**  
**PNA:** 59.09 P 4/15/2012 **JONATHAN HIETT**

1	Josh Pehrson	20	Western Washingt-36	1:00.96
	r:+0.67	28.84	32.12	
2	Ryan Shiplet	19	Husky Masters-36	1:04.70
	r:+0.73	30.14	34.56	
3	Joshua Scheck	20	Husky Masters-36	1:05.31
	r:+0.76	30.36	34.95	
4	Josh MacLurg	18	Central Washingt-35	1:06.08
	r:+0.69	30.93	35.15	
5	Benjamin Griffin	23	Lake Washington-36	1:07.38
	r:+0.76	31.59	35.79	
6	Alexander Lyskin	20	Husky Masters-36	1:09.30
	r:+0.72	32.09	37.21	

**Men 18-24 200 Yard Breaststroke**

**NATL:** 1:57.33 N 5/12/2013 **ELLIOT KEEFER**  
**ZONE:** 2:08.41 Z 4/10/2011 **BRYSON CHIU**  
**PNA:** 2:08.41 P 4/10/2011 **BRYSON CHIU**

1	Josh Pehrson	20	Western Washingt-36	2:17.75
	r:+0.70	30.87	35.28	35.94
				35.66

**Men 18-24 50 Yard Butterfly**

**NATL:** 21.13 N 4/26/2015 **HENRIK LINDAU**  
**ZONE:** 22.66 Z 10/1/2011 **CHRIS CHAPMAN**  
**PNA:** 22.66 P 10/1/2011 **CHRIS CHAPMAN**

1	Josh MacLurg	18	Central Washingt-35	24.21
	r:+0.77			
2	Joshua Scheck	20	Husky Masters-36	24.64
	r:+0.78			
3	Benjamin Griffin	23	Lake Washington-36	25.70
	r:+0.80			
4	James Waltz	18	UC36-36	26.13
	r:+0.74			
5	Blake Nixon	19	Western Washingt-36	29.28
	r:+0.75			
6	Brandon Couch	21	Husky Masters-36	31.43
	r:+0.80			
---	Austin Clark	21	Western Washingt-36	DQ
	Shoulders not at or past vertical towards breast off the wall			
	r:+0.74			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 18-24 100 Yard Butterfly**

NATL: 46.65 N 11/30/2012 EUGENE GODSOE

ZONE: 50.62 Z 5/1/2011 CHRIS CHAPMAN

PNA: 50.62 P 5/1/2011 CHRIS CHAPMAN

1	Brandon Couch	21	Husky Masters-36	1:09.97
	r:+0.77	32.21	37.76	

**Men 18-24 200 Yard Butterfly**

NATL: 1:49.39 N 2/14/2010 RUSSELL PAYNE

ZONE: 1:57.20 Z 3/28/2009 EDDIE SWITAJ

PNA: 1:57.20 P 3/28/2009 EDDIE SWITAJ

1	Nicholas Pederson	20	Western Washingt-36	2:15.05
	r:+0.67	29.91	34.21 34.71 36.22	

**Men 18-24 100 Yard IM**

NATL: 49.52 N 4/25/2015 COLIN BABCOCK

ZONE: 53.72 Z 5/1/2011 CHRIS CHAPMAN

PNA: 53.72 P 5/1/2011 CHRIS CHAPMAN

1	Jacob Pebley	23	The Olympic Club-38	51.30
	r:+0.68	22.96	28.34	
2	Benjamin Griffin	23	Lake Washington-36	59.66
	r:+0.85	27.96	31.70	
3	Ryan Shiple	19	Husky Masters-36	1:00.60
	r:+0.68	28.40	32.20	
4	Jordan Anderson	18	Western Washingt-36	1:05.06
	r:+0.74	30.23	34.83	
5	Nicholas Carter	24	Dbst Masters-36	1:05.53
	r:+0.82	28.99	36.54	
6	Jasper O'Leary	22	Husky Masters-36	1:09.33
	r:+0.82	32.44	36.89	
7	Austin Clark	21	Western Washingt-36	1:14.82
	r:+0.72	33.16	41.66	

**Men 18-24 200 Yard IM**

NATL: 1:49.30 N 4/26/2015 COLIN BABCOCK

ZONE: 1:59.34 Z 4/10/2011 BRYSON CHIU

PNA: 1:59.34 P 4/10/2011 BRYSON CHIU

1	Joshua Scheck	20	Husky Masters-36	2:06.76
	r:+0.78	26.96	33.35 37.19 29.26	
2	Jordan Anderson	18	Western Washingt-36	2:23.97
	r:+0.81	32.15	36.36 42.69 32.77	

**Men 25-29 50 Yard Freestyle**

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN

ZONE: 20.71 Z 3/12/1983 JEFF ROLAN

PNA: 20.93 P 4/13/2014 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	22.14
	r:+0.64			
2	Yawei Hao	26	Dbst Masters-36	23.76
	r:+0.69			
3	Brandon Vaughan	29	Washington Athle-36	24.25
	r:+0.64			
4	Chris Pfaff	29	Washington Athle-36	24.41
	r:+0.68			
5	Eric Williamson	26	Washington Athle-36	24.59
	r:+0.63			
6	Matthew Liedtke	27	Lake Washington-36	25.44
	r:+0.75			

7	Keito Swan	27	Western Washingt-36	26.40
	r:+0.66			
8	Thomas Newell	28	Washington Athle-36	26.82
	r:+0.90			
9	Quinn Gemperline	25	Husky Masters-36	28.55
	r:+0.65			

**Men 25-29 100 Yard Freestyle**

NATL: 41.13 N 5/3/2014 NATHAN ADRIAN

ZONE: 46.01 Z 3/12/1983 JEFF ROLAN

PNA: 46.15 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	49.35
	r:+0.64	24.42	24.93	
2	Yawei Hao	26	Dbst Masters-36	52.13
	r:+0.69	25.37	26.76	

**Men 25-29 200 Yard Freestyle**

NATL: 1:31.93 N 12/6/2013 DARIAN TOWNSEND

ZONE: 1:38.64 Z 4/30/1995 JOHN KEPPELER

PNA: 1:47.49 P 4/13/2013 CHRIS CONROY

1	Alex Phillips	29	Husky Masters-36	2:08.49
	r:+0.83	29.55	31.79 33.22 33.93	
2	Joseph Haslebacher	25	Oregon Masters-37	2:10.14
	r:+0.82	29.20	33.12 33.91 33.91	

**Men 25-29 500 Yard Freestyle**

NATL: 4:20.82 N 4/17/2010 ANDY GRANT

ZONE: 4:45.53 Z 5/23/1993 DENNIS TESCH

PNA: 4:51.29 P 2/23/2014 EDDIE SWITAJ

1	Brandon Ringstad	25	Snohomish Aquati-36	5:47.20
	r:+0.75	31.17	34.21 35.32 34.87	
		35.16	35.79 35.44 35.77	
		35.17	34.30	
2	Eric Williamson	26	Washington Athle-36	5:50.47
	r:+0.67	29.56	33.18 34.69 35.63	
		35.98	36.35 36.72 36.95	
		36.15	35.26	

**Men 25-29 1000 Yard Freestyle**

NATL: 9:19.61 N 3/15/2014 TOBIAS WORK

ZONE: 9:58.43 Z 5/20/1993 DENNIS TESCH

PNA: 10:12.44 P 3/5/1988 PETE COLBECK

1	Alex Phillips	29	Husky Masters-36	12:25.52
	r:+0.91	32.23	35.93 37.66 37.88	
		37.56	37.78 38.02 38.20	
		38.04	37.83 37.93 38.08	
		38.02	37.31 37.67 37.83	
		37.71	37.19 37.26 35.39	
2	Joseph Haslebacher	25	Oregon Masters-37	12:51.93
		31.32	35.47 36.65 37.05	
		38.10	38.13 38.73 38.82	
		37.49	38.71 39.01 40.51	
		40.42	40.37 41.02 41.16	
		41.39	40.06 38.96 38.56	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 25-29 1650 Yard Freestyle

NATL: 15:44.70 N 5/3/1998 ALEX KOSTICH

ZONE: 16:23.31 Z 5/20/1993 DENNIS TESCH

PNA: 17:03.61 P 2/1/2014 EDDIE SWITAJ

1	Thomas Newell	28	Washington Athle-36	24:10.70
r:+0.98	35.46	40.87	42.81	43.76
	43.78	43.70	44.40	44.43
	43.79	44.09	44.45	43.79
	44.52	44.42	44.82	44.64
	44.76	44.98	44.99	44.24
	44.56	44.63	44.06	44.65
	45.00	44.51	45.12	45.32
	45.09	45.73	44.81	43.29
				41.23

## Men 25-29 50 Yard Backstroke

NATL: 21.46 N 4/16/2010 ADAM MANIA

ZONE: 23.84 Z 4/15/2012 CHRIS ROTH

PNA: 23.84 P 4/15/2012 CHRIS CHAPMAN

1	Chris Pfaff	29	Washington Athle-36	29.32
r:+0.84				
2	Mark Wall	27	Dbst Masters-36	30.19
r:+0.74				
3	Eric Williamson	26	Washington Athle-36	30.75
r:+0.75				

## Men 25-29 100 Yard Backstroke

NATL: 45.95 N 4/15/2010 ADAM MANIA

ZONE: 52.19 Z 2/17/2013 CHRIS CHAPMAN

PNA: 52.19 P 2/17/2013 CHRIS CHAPMAN

1	Mark Wall	27	Dbst Masters-36	1:07.24
r:+0.85	32.06	35.18		
2	Quinn Gemperline	25	Husky Masters-36	1:08.17
r:+0.77	32.01	36.16		

## Men 25-29 200 Yard Backstroke

NATL: 1:45.77 N 3/20/2016 DAVID RUSSELL

ZONE: 1:48.47 Z 4/30/1995 JOHN KEPPELER

PNA: 1:55.19 P 4/13/2013 CHRIS CHAPMAN

1	Joseph Haslebacher	25	Oregon Masters-37	2:20.33
r:+0.78	32.84	35.88	35.93	35.68
2	Mark Wall	27	Dbst Masters-36	2:25.63
r:+0.80	32.17	37.05	38.76	37.65

## Men 25-29 50 Yard Breaststroke

NATL: 23.87 N 5/21/2010 MARK GANGLOFF

ZONE: 25.76 Z 4/12/2015 JAKUB KOTYNIA

PNA: 25.76 P 4/12/2015 JAKUB P KOTYNIA

1	Ruben Guerrero	25	Puget Sound Mast-36	29.59
r:+0.73				
2	Terrance Coughran	25	LaCamas Head-37	31.61
r:+0.77				
3	Alex Phillips	29	Husky Masters-36	32.73
r:+0.78				
4	Keito Swan	27	Western Washingt-36	34.32
r:+0.71				

## Men 25-29 100 Yard Breaststroke

NATL: 51.57 N 4/25/2015 MARCUS TITUS

ZONE: 57.59 Z 2/22/2015 JAYKUB KOTYNIA

PNA: 57.53 P 2/22/2015 JAKUB P KOTYNIA

1	Ruben Guerrero	25	Puget Sound Mast-36	1:04.83
r:+0.71	31.32	33.51		
2	Brandon Ringstad	25	Snohomish Aquati-36	1:08.73
r:+0.74	32.58	36.15		

## Men 25-29 200 Yard Breaststroke

NATL: 1:53.04 N 12/21/2013 BJ JOHNSON

ZONE: 2:04.25 Z 4/9/2016 Jakub Kotynia

PNA: 2:04.25 P 4/9/2016 JAKUB P KOTYNIA

1	Ruben Guerrero	25	Puget Sound Mast-36	2:20.66
r:+0.79	32.08	35.19	36.13	37.26
2	Brandon Ringstad	25	Snohomish Aquati-36	2:34.99
r:+0.76	34.03	39.01	40.99	40.96

## Men 25-29 50 Yard Butterfly

NATL: 21.11 N 11/30/2012 DAVIS TARWATER

ZONE: 22.20 Z 4/13/2013 CHRIS CHAPMAN

PNA: 22.20 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	23.86
r:+0.64				
2	Terrance Coughran	25	LaCamas Head-37	25.25
r:+0.74				
3	Matthew Liedtke	27	Lake Washington-36	25.49
r:+0.76				
4	Yawei Hao	26	Dbst Masters-36	25.99
r:+0.69				
5	Alex Phillips	29	Husky Masters-36	30.31
r:+0.83				

## Men 25-29 100 Yard Butterfly

NATL: 45.32 N 11/30/2012 DAVIS TARWATER

ZONE: 49.62 Z 4/13/2013 CHRIS CHAPMAN

PNA: 49.62 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	54.60
r:+0.63	25.85	28.75		
2	Matthew Liedtke	27	Lake Washington-36	57.29
r:+0.77	26.45	30.84		

## Men 25-29 200 Yard Butterfly

NATL: 1:47.62 N 5/20/2007 ERIK SCALISE

ZONE: 1:52.34 Z 4/13/2014 CHRIS CHAPMAN

PNA: 1:52.34 P 4/13/2014 CHRIS CHAPMAN

1	Matthew Liedtke	27	Lake Washington-36	2:16.09
r:+0.81	28.38	34.16	35.85	37.70

## Men 25-29 100 Yard IM

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND

ZONE: 52.97 Z 4/12/2015 CHRIS CHAPMAN

PNA: 52.97 P 4/12/2015 CHRIS CHAPMAN

1	Yawei Hao	26	Dbst Masters-36	1:00.26
r:+0.69	28.72	31.54		
2	Terrance Coughran	25	LaCamas Head-37	1:00.71
r:+0.78	27.72	32.99		
3	Matthew Liedtke	27	Lake Washington-36	1:03.70
r:+0.78	28.85	34.85		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 25-29 100 Yard IM)**

4	Brandon Ringstad	25	Snohomish Aquati-36	1:04.03
	r:+0.79	29.46	34.57	
5	Mark Wall	27	Dbst Masters-36	1:05.34
	r:+0.83	29.38	35.96	
6	Alex Phillips	29	Husky Masters-36	1:09.23
	r:+0.80	33.76	35.47	

**Men 25-29 200 Yard IM**

NATL: 1:41.79 N 12/21/2013 DARIAN TOWNSEND

ZONE: 1:56.29 Z 5/16/1999 GREGORY LATTA

PNA: 1:59.23 P 4/9/1995 JODY BRADEN

1	Yawei Hao	26	Dbst Masters-36	2:08.92
	r:+0.69	27.38	34.13	37.61
			29.80	

**Men 25-29 400 Yard IM**

NATL: 3:41.85 N 12/20/2013 DARIAN TOWNSEND

ZONE: 4:11.49 Z 5/18/1997 KYLE KIMBALL

PNA: 4:14.72 P 4/15/2012 CEJIH YUNG

1	Yawei Hao	26	Dbst Masters-36	4:43.69
	r:+0.72	28.69	32.27	37.67
			36.93	
			40.22	40.97
			34.31	32.63

**Men 30-34 50 Yard Freestyle**

NATL: 19.33 N 5/2/2014 ERVIN\ERVIN

ZONE: 21.47 Z 2/14/1998 PAT HAYES

PNA: 21.59 P 3/31/1985 DAVE HANNULA

1	Daniel Kollar	32	Oregon Masters-37	22.95
	r:+0.69			
2	Chris Conroy	31	Lake Washington-36	23.65
	r:+0.75			
3	Kevin Wong	33	Blue Wave Aquati-36	32.82

**Men 30-34 100 Yard Freestyle**

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND

ZONE: 45.85 Z 4/11/2009 BRIAN WISNIEWSKI

PNA: 45.85 P 4/11/2009 BRIAN WISNIEWSKI

1	Daniel Kollar	32	Oregon Masters-37	50.62
	r:+0.37	24.43	26.19	
2	Chris Conroy	31	Lake Washington-36	51.49
	r:+0.74	24.75	26.74	
3	Michael Orton	34	Husky Masters-36	52.81
	r:+0.58	25.57	27.24	

**Men 30-34 200 Yard Freestyle**

NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND

ZONE: 1:40.22 Z 4/11/2009 BRIAN WISNIEWSKI

PNA: 1:40.22 P 4/11/2009 BRIAN WISNIEWSKI

1	Chris Conroy	31	Lake Washington-36	1:57.96
	r:+0.74	27.53	30.23	30.28
				29.92
2	Aaron Miller	33	Lake Washington-36	2:17.01
	r:+0.86	30.99	33.73	35.58
				36.71

**Men 30-34 500 Yard Freestyle**

NATL: 4:29.49 N 2/25/1996 MATTHEW CETLINSKI

ZONE: 4:41.93 Z 4/12/2015 EDDIE SWITAJ

PNA: 4:41.93 P 4/12/2015 EDDIE SWITAJ

1	Michael Orton	34	Husky Masters-36	5:12.08
	r:+0.66	28.32	31.11	31.53
			31.88	
			32.11	31.95
			31.86	31.65
			31.53	30.14
2	Aaron Miller	33	Lake Washington-36	6:15.74
	r:+0.89	32.63	35.30	37.30
			38.03	38.03
			38.46	38.88
			39.55	39.42
			38.28	37.89

**Men 30-34 1000 Yard Freestyle**

NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF

ZONE: 9:45.44 Z 4/12/2015 EDDIE SWITAJ

PNA: 9:45.44 P 4/12/2015 EDDIE SWITAJ

1	David O'Hern	33	Husky Masters-36	12:26.08
			36.48	36.87
			36.88	37.03
			37.59	38.24
			38.02	38.12
			38.71	37.97
			37.92	38.57
			39.11	38.15
			38.44	37.91
			37.87	35.87

**Men 30-34 1650 Yard Freestyle**

NATL: 15:51.57 N 5/12/1996 JEFF ERWIN

ZONE: 15:51.57 Z 5/12/1996 JEFF ERWIN

PNA: 16:55.81 P 2/7/2015 EDDIE SWITAJ

1	David Dahl	31	Orca Swim Club-36	19:40.32
	r:+0.80	33.00	34.54	35.29
			35.76	
			36.58	35.88
			35.74	35.90
			35.90	36.19
			36.41	36.08
			36.18	36.29
			36.25	35.89
			36.16	35.86
			36.24	36.05
			35.74	35.99
			35.63	35.43
			35.30	35.87
			35.67	36.18
			36.22	36.24
			35.58	35.58
			35.58	34.70
2	Aaron Miller	33	Lake Washington-36	21:16.73
	r:+0.90	33.65	36.82	37.74
			38.45	
			38.73	38.98
			39.37	39.72
			39.37	39.15
			39.73	39.23
			38.23	38.78
			39.09	39.28
			39.30	39.18
			39.44	38.93
			39.08	39.10
			39.40	38.44
			38.96	39.04
			38.91	39.11
			39.02	38.69
			38.47	38.27
				37.07

**Men 30-34 50 Yard Breaststroke**

NATL: 24.35 N 4/24/2015 MATT GREVERS

ZONE: 26.78 Z 4/29/1990 ROBERT JACKSON

PNA: 26.78 P 4/29/1990 ROBERT JACKSON

1	Cejih Yung	31	Umac-Terrapin Ma-10	27.26
	r:+0.72			
2	Chris Conroy	31	Lake Washington-36	29.28
	r:+0.75			
*3	Aaron Miller	33	Lake Washington-36	35.21
	r:+0.87			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 30-34 50 Yard Breaststroke)**

\*3 David O'Hern 33 Husky Masters-36 35.21  
r:+0.83

**Men 30-34 100 Yard Breaststroke**

NATL: 53.44 N 4/29/2011 ED MOSES  
ZONE: 58.51 Z 5/2/2004 GREGORY LATTA  
PNA: 59.20 P 4/29/1990 ROBERT JACKSON

1 Cejih Yung 31 Umac-Terrapin Ma-10 1:00.08  
r:+0.70 28.16 31.92  
2 Chris Conroy 31 Lake Washington-36 1:03.64  
r:+0.74 30.05 33.59  
3 Aaron Miller 33 Lake Washington-36 1:15.62  
r:+0.86 35.74 39.88

**Men 30-34 200 Yard Breaststroke**

NATL: 1:56.02 N 5/1/2011 ED MOSES  
ZONE: 2:09.53 Z 4/7/2002 GREGORY LATTA  
PNA: 2:14.48 P 4/13/2013 JESSE NITZ

1 Kevin Cleary 33 Oregon Masters-37 2:29.62  
r:+0.63 35.70 39.03 37.63 37.26

**Men 30-34 50 Yard Butterfly**

NATL: 21.11 N 4/26/2015 MATT GREVERS  
ZONE: 22.93 Z 4/30/2000 MICHAEL SORENSEN  
PNA: 23.34 P 4/29/1990 BRENT KRANTZ

1 David O'Hern 33 Husky Masters-36 31.64  
r:+0.76

**Men 30-34 200 Yard Butterfly**

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND  
ZONE: 1:54.11 Z 5/23/1993 MICHAEL MAKARCZYK  
PNA: 1:54.48 P 4/12/2015 EDDIE SWITAJ

1 David O'Hern 33 Husky Masters-36 2:47.70  
r:+0.74 35.71 42.96 45.50 43.53

**Men 30-34 100 Yard IM**

NATL: 47.78 N 4/25/2015 MATT GREVERS  
ZONE: 53.83 Z 4/7/2002 GREGORY LATTA  
PNA: 53.84 P 5/26/1984 DAVID HANNULA

1 David O'Hern 33 Husky Masters-36 1:08.62  
r:+0.84 31.64 36.98

**Men 30-34 200 Yard IM**

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND  
ZONE: 1:56.51 Z 4/7/2002 GREGORY LATTA  
PNA: 2:00.84 P 4/5/1992 STEVE VELA

1 Michael Orton 34 Husky Masters-36 2:08.62  
r:+0.57 26.76 33.22 38.07 30.57  
2 David O'Hern 33 Husky Masters-36 2:31.97  
r:+0.82 32.76 38.26 44.79 36.16  
3 Aaron Miller 33 Lake Washington-36 2:35.10  
r:+0.87 33.74 40.86 43.56 36.94

**Men 35-39 50 Yard Freestyle**

NATL: 20.14 N 5/4/2008 JOSH DAVIS  
ZONE: 21.11 Z 4/30/2000 PAT HAYES  
PNA: 21.45 P 4/26/2015 TREVER O GRAY

1 Rick Cardoso 38 Lake Washington-36 22.72  
r:+0.77  
2 William Bascus 37 Orca Swim Club-36 27.51  
r:+0.82  
3 Ron Cho 39 Husky Masters-36 28.48  
r:+0.81

**Men 35-39 100 Yard Freestyle**

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO  
ZONE: 46.04 Z 4/30/2000 PAT HAYES  
PNA: 46.63 P 4/26/2015 TREVER O GRAY

1 Kyle Heaton 37 UC36-36 53.52  
r:+0.80 25.83 27.69  
2 William Bascus 37 Orca Swim Club-36 1:01.06  
r:+0.79 29.22 31.84  
3 Ron Cho 39 Husky Masters-36 1:02.37  
r:+0.83 29.44 32.93

**Men 35-39 200 Yard Freestyle**

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS  
ZONE: 1:41.80 Z 4/30/2000 PAT HAYES  
PNA: 1:45.03 P 4/9/2016 BRIAN WISNIEWSKI

1 Brian Wisniewski 39 Husky Masters-36 1:45.52  
r:+0.73 24.94 26.58 27.19 26.81  
2 Kyle Heaton 37 UC36-36 2:00.10  
r:+0.82 27.45 30.85 31.20 30.60  
3 Gary Cox 39 Husky Masters-36 2:04.33  
r:+0.82 29.48 31.41 32.02 31.42

**Men 35-39 500 Yard Freestyle**

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH  
ZONE: 4:41.81 Z 5/16/2002 JEFF ERWIN  
PNA: 4:42.17 P 4/13/2014 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 5:21.84  
r:+0.79 28.14 31.41 32.22 32.31  
32.71 32.56 33.25 33.28  
33.37 32.59

**Men 35-39 1000 Yard Freestyle**

NATL: 9:27.97 N 5/20/2010 ERIC CHRISTENSEN  
ZONE: 9:33.79 Z 5/16/2002 JEFF ERWIN  
PNA: 10:13.00 P 4/11/2009 KIRK NELSON

1 Brian Wisniewski 39 Husky Masters-36 10:02.37  
r:+0.74 27.12 29.78 30.31 30.76  
30.64 30.65 30.43 30.35  
30.31 30.22 30.13 30.65  
30.66 30.62 30.76 30.21  
30.57 30.33 29.73 28.14  
2 Justin Valz 36 UC36-36 16:25.56  
41.53 45.26 47.71 50.13  
47.82 50.72 49.68 50.29  
50.25 50.39 52.04 51.98  
51.02 51.40 51.64 49.97  
49.66 50.77 48.81 44.49

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 35-39 50 Yard Backstroke**

NATL: 22.70 N 5/4/2008 JOSH DAVIS  
 ZONE: 23.79 Z 4/26/2015 TREVER GRAY  
 PNA: 23.79 P 4/26/2015 TREVER O GRAY

1 William Bascus 37 Orca Swim Club-36 33.86  
 r:+0.88

**Men 35-39 100 Yard Backstroke**

NATL: 49.12 N 5/4/2008 JOSH DAVIS  
 ZONE: 51.43 Z 4/26/2015 TREVER GRAY  
 PNA: 51.43 P 4/26/2015 TREVER O GRAY

1 Brian Wisniewski 39 Husky Masters-36 53.93  
 r:+0.90 26.77 27.16  
 2 William Bascus 37 Orca Swim Club-36 1:14.23  
 r:+0.97 36.15 38.08

**Men 35-39 200 Yard Backstroke**

NATL: 1:47.72 N 5/4/2008 JOSH DAVIS  
 ZONE: 1:51.95 Z 4/26/2015 TREVER GRAY  
 PNA: 1:51.95 P 4/26/2015 TREVER O GRAY

1 Justin Valz 36 UC36-36 2:58.13  
 r:+0.78 40.75 44.56 47.52 45.30

**Men 35-39 50 Yard Breaststroke**

NATL: 25.35 N 5/21/2010 STEVE WEST  
 ZONE: 27.07 Z 4/21/2006 GREG LATTA  
 PNA: 27.46 P 4/29/1990 RICK COLELLA

1 Tyrone Jimmison 36 Husky Masters-36 30.94  
 r:+0.65  
 2 Justin Valz 36 UC36-36 40.10  
 r:+0.81

**Men 35-39 50 Yard Butterfly**

NATL: 22.26 N 4/29/2011 JOSH DAVIS  
 ZONE: 23.06 Z 5/18/2003 MICHAEL SORENSEN  
 PNA: 24.08 P 4/10/2004 AMON EMEKA

1 Tyrone Jimmison 36 Husky Masters-36 25.88  
 r:+0.61  
 2 Kyle Heaton 37 UC36-36 27.21  
 r:+0.83  
 3 Andrew Hergert 39 UC36-36 27.28  
 r:+0.72  
 4 Gary Cox 39 Husky Masters-36 27.88  
 r:+0.78  
 5 Justin Valz 36 UC36-36 32.54  
 r:+0.71

**Men 35-39 200 Yard Butterfly**

NATL: 1:50.74 N 5/16/1999 BOBBY PATTEN  
 ZONE: 1:52.56 Z 6/20/2001 DENNIS BAKER  
 PNA: 2:00.47 P 1996 DAVID SANTOS

1 Brian Wisniewski 39 Husky Masters-36 2:00.78  
 r:+0.73 27.55 31.23 30.64 31.36

**Men 35-39 100 Yard IM**

NATL: 50.06 N 5/4/2008 JOSH DAVIS  
 ZONE: 54.12 Z 4/30/2000 PAT HAYES  
 PNA: 54.51 P 2/22/2015 TREVER O GRAY

1 Andrew Hergert 39 UC36-36 1:01.39  
 r:+0.74 28.35 33.04  
 2 Tyrone Jimmison 36 Husky Masters-36 1:02.07  
 r:+0.65 29.66 32.41  
 3 Gary Cox 39 Husky Masters-36 1:04.67  
 r:+0.81 30.21 34.46  
 4 Justin Valz 36 UC36-36 1:15.11  
 r:+0.81 32.93 42.18

**Men 35-39 200 Yard IM**

NATL: 1:48.74 N 12/22/2002 RONALD KARNAUGH  
 ZONE: 1:57.43 Z 4/21/2006 GREG LATTA  
 PNA: 1:59.56 P 4/9/2016 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 2:11.72  
 r:+0.80 27.95 32.98 39.08 31.71

**Men 35-39 400 Yard IM**

NATL: 3:56.76 N 12/16/2001 RON KARNAUGH  
 ZONE: 4:11.19 Z 4/13/2014 BRIAN WISNIEWSKI  
 PNA: 4:11.19 P 4/13/2014 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 4:42.96  
 r:+0.82 29.01 34.74 35.47 34.87  
 40.56 41.58 34.30 32.43

**Men 40-44 50 Yard Freestyle**

NATL: 20.67 N 12/20/2014 JOSH DAVIS  
 ZONE: 21.98 Z 5/12/1996 RICK ABBOTT  
 PNA: 22.63 P 5/20/2007 MATS NYGREN

1 Jason Ridle 42 Peninsula Master-36 23.76  
 r:+0.76  
 2 Robert DeWard 43 Puget Sound Mast-36 24.79  
 r:+0.68  
 3 Matthew Woare 42 Washington Athle-36 24.83  
 r:+0.76

**Men 40-44 100 Yard Freestyle**

NATL: 45.15 N 5/3/2014 JOSH DAVIS  
 ZONE: 48.17 Z 5/12/1996 RICK ABBOTT  
 PNA: 49.09 P 4/29/2012 JOHN KEPPELER

1 Jason Ridle 42 Peninsula Master-36 51.62  
 r:+0.80 25.15 26.47  
 2 Matthew Woare 42 Washington Athle-36 54.58  
 r:+0.74 26.23 28.35

**Men 40-44 200 Yard Freestyle**

NATL: 1:38.23 N 4/24/2015 JOSH DAVIS  
 ZONE: 1:43.69 Z 4/10/2005 DENNIS BAKER  
 PNA: 1:45.58 P 5/20/2007 MATS NYGREN

1 Nick Schnee 42 Bainbridge Aquat-36 2:12.56  
 r:+0.82 30.39 33.54 34.85 33.78

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 40-44 500 Yard Freestyle**

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS  
 ZONE: 4:41.58 Z 4/21/2006 DENNIS BAKER  
 PNA: 4:47.89 P 5/20/2007 MATS NYGREN

1	Matthew Woare	42	Washington Athle-36	5:27.42
r:+0.78	28.26	32.30	33.23	33.27
	33.12	33.15	33.37	33.75
	33.71	33.26		
2	Chad Hagedorn	44	YMCA Pierce Kits-36	5:48.87
r:+0.92	31.62	33.57	34.86	35.26
	35.73	35.91	35.93	36.11
	35.87	34.01		

**Men 40-44 1000 Yard Freestyle**

NATL: 9:32.66 N 5/7/2010 ALEX KOSTICH  
 ZONE: 9:37.46 Z 5/20/2007 JEFF ERWIN  
 PNA: 9:57.25 P 5/10/2009 DAVID KAYS

1	Chad Hagedorn	44	YMCA Pierce Kits-36	11:55.35
			35.19	35.29
	35.77	36.00	36.19	35.58
	36.29	36.26	36.26	36.38
	36.44	36.24	36.22	36.29
	36.24	36.33	36.17	34.54

**Men 40-44 1650 Yard Freestyle**

NATL: 15:51.52 N 5/9/2010 ALEX KOSTICH  
 ZONE: 16:01.00 Z 5/10/2009 JEFF ERWIN  
 PNA: 16:54.00 P 5/10/2009 DAVID KAYS

1	Chad Hagedorn	44	YMCA Pierce Kits-36	20:21.81
r:+0.97	33.82	36.10	36.56	37.09
	37.19	37.16	36.94	37.09
	37.59	37.21	37.50	37.64
	37.21	37.23	37.31	36.79
	37.15	37.38	37.25	37.21
	37.32	37.42	36.97	37.36
	37.62	37.40	37.25	37.54
	37.17	37.05	37.10	37.41
				34.78

**Men 40-44 50 Yard Backstroke**

NATL: 22.77 N 4/26/2009 MICHAEL ROSS  
 ZONE: 25.10 Z 4/29/2012 JOHN KEPPELER  
 PNA: 25.10 P 4/29/2012 JOHN KEPPELER

1	Robert DeWard	43	Puget Sound Mast-36	27.88
	r:+0.76			

**Men 40-44 50 Yard Breaststroke**

NATL: 25.02 N 3/12/2016 JARROD MARRS  
 ZONE: 27.05 Z 4/3/2011 BRAD BACHULIS  
 PNA: 27.41 P 2/21/2016 TREVER O GRAY

1	Trever Gray	41	Lake Washington-36	29.00
	r:+0.73			
2	Robert DeWard	43	Puget Sound Mast-36	32.98
	r:+0.70			

**Men 40-44 100 Yard Breaststroke**

NATL: 55.37 N 4/25/2015 JEFF COMMINGS  
 ZONE: 59.95 Z 4/9/2000 ROBERT JACKSON  
 PNA: 59.95 P 4/9/2000 ROBERT JACKSON

1	Scott Campea	42	Blue Wave Aquati-36	1:04.13
r:+0.83	30.46	33.67		
2	Jason Ridle	42	Peninsula Master-36	1:07.20
r:+0.85	31.84	35.36		
3	Nick Schnee	42	Bainbridge Aquat-36	1:17.72
r:+0.82	36.68	41.04		

**Men 40-44 200 Yard Breaststroke**

NATL: 2:00.53 N 5/3/2014 STEVE WEST  
 ZONE: 2:12.85 Z 4/5/1992 RICK COLELLA  
 PNA: 2:12.85 P 4/5/1992 RICK COLELLA

1	Scott Campea	42	Blue Wave Aquati-36	2:19.32
r:+0.86	32.30	35.43	35.50	36.09

**Men 40-44 50 Yard Butterfly**

NATL: 22.61 N 4/26/2009 MICHAEL ROSS  
 ZONE: 23.43 Z 4/10/2016 Trever Gray  
 PNA: 23.43 P 4/9/2016 TREVER O GRAY

1	Jason Ridle	42	Peninsula Master-36	26.18
	r:+0.78			
2	Matthew Woare	42	Washington Athle-36	26.66
	r:+0.72			
3	Robert DeWard	43	Puget Sound Mast-36	27.28
	r:+0.68			
4	Nick Schnee	42	Bainbridge Aquat-36	31.14
	r:+0.83			

**Men 40-44 100 Yard Butterfly**

NATL: 49.27 N 5/4/2008 MICHAEL ROSS  
 ZONE: 51.32 Z 4/10/2016 Trever Gray  
 PNA: 51.32 P 4/9/2016 TREVER O GRAY

*1	Matthew Woare	42	Washington Athle-36	58.44
	r:+0.77	27.24	31.20	
*1	Jason Ridle	42	Peninsula Master-36	58.44
	r:+0.92	27.09	31.35	

**Men 40-44 100 Yard IM**

NATL: 51.07 N 4/25/2015 JEFF COMMINGS  
 ZONE: 55.19 Z 4/11/2010 GREGORY LATTA  
 PNA: 55.24 P 4/10/2011 ROY BERG

1	Trever Gray	41	Lake Washington-36	56.27
r:+0.75	25.01	31.26		
2	Scott Campea	42	Blue Wave Aquati-36	59.57
r:+0.90	27.85	31.72		
3	Chad Hagedorn	44	YMCA Pierce Kits-36	1:06.20
r:+0.87	30.87	35.33		
4	Nick Schnee	42	Bainbridge Aquat-36	1:10.41
r:+0.77	33.96	36.45		

**Men 40-44 200 Yard IM**

NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS  
 ZONE: 1:55.47 Z 4/9/2016 Trever Gray  
 PNA: 1:55.47 P 4/9/2016 TREVER O GRAY

1	Scott Campea	42	Blue Wave Aquati-36	2:12.12
r:+0.89	28.70	35.16	36.88	31.38



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 45-49 50 Yard Freestyle

**NATL:** 21.06 N 5/21/2010 RICHARD HUGHEY  
**ZONE:** 22.31 Z 5/4/2014 MICHAEL BOOSIN  
**PNA:** 22.40 P 2001 ORLANDO BOLEDA

1	Todd Doherty	46	Bellevue Club-36	23.07
	r:+0.64			
2	Maoz Alsberg	48	Team Walker Inte-36	23.48
	r:+0.74			
3	Karl Morrison	49	Bainbridge Aquat-36	25.26
	r:+0.66			
4	Bryan Smith	49	Lake Washington-36	25.70
	r:+0.79			
5	Matt Castle	45	Thunderbird Aqua-36	25.74
	r:+0.69			
6	Kent Gavin	45	Blue Wave Aquati-36	25.98
	r:+0.80			
7	Nicholas Kerr	45	Greenlake Aquadu-36	27.53
	r:+0.86			
8	Victor King	49	UC36-36	31.22
	r:+0.79			
9	Thai Nguyen	46	Blue Wave Aquati-36	32.01
	r:+0.86			
10	Gregory Henzel	47	Tacoma Swim	34.70
	r:+0.86			

## Men 45-49 100 Yard Freestyle

**NATL:** 46.21 N 4/26/2015 NICOLAS GRANGER  
**ZONE:** 49.33 Z 2/16/2002 RICK ABBOTT  
**PNA:** 49.99 P 5/9/2013 BRIAN JONES

1	Todd Doherty	46	Bellevue Club-36	50.00
	r:+0.62 24.35		25.65	
2	Maoz Alsberg	48	Team Walker Inte-36	51.75
	r:+0.70 25.26		26.49	
3	Max Hanson	49	Lake Washington-36	53.35
	r:+0.71 26.00		27.35	
4	Karl Morrison	49	Bainbridge Aquat-36	55.81
	r:+0.73 26.39		29.42	
5	Bryan Smith	49	Lake Washington-36	56.78
	r:+0.77 26.93		29.85	
6	J Bullock	48	YMCA Pierce Kits-36	58.53
	r:+0.78 28.77		29.76	
7	Kent Gavin	45	Blue Wave Aquati-36	58.84
	r:+0.90 27.48		31.36	
8	Matt Castle	45	Thunderbird Aqua-36	59.83
	r:+0.74 28.16		31.67	
9	Nicholas Kerr	45	Greenlake Aquadu-36	1:01.60
	r:+0.78 29.26		32.34	
10	Victor King	49	UC36-36	1:12.54
	r:+0.74 34.76		37.78	
11	Thai Nguyen	46	Blue Wave Aquati-36	1:15.05
	r:+0.83 34.85		40.20	

## Men 45-49 200 Yard Freestyle

**NATL:** 1:41.69 N 5/21/2010 DAVID SIMS  
**ZONE:** 1:45.04 Z 5/20/2007 DENNIS BAKER  
**PNA:** 1:49.62 P 4/26/2015 MATS O NYGREN

1	David Kays	49	Puget Sound Mast-36	1:56.06
	r:+0.80 27.08		29.58 30.18 29.22	
2	Max Hanson	49	Lake Washington-36	1:56.07
	r:+0.71 26.88		28.91 29.76 30.52	
3	Alex Goldstein	48	Mercer Island Re-36	2:09.83
	r:+0.87 30.84		32.27 33.37 33.35	

## Men 45-49 500 Yard Freestyle

**NATL:** 4:39.10 N 5/20/2007 DENNIS BAKER  
**ZONE:** 4:39.10 Z 5/20/2007 DENNIS BAKER  
**PNA:** 4:57.65 P 5/20/2001 STEVE SUSSEX

1	David Kays	49	Puget Sound Mast-36	5:07.65
	r:+0.84 28.36		31.13 31.19 31.61	
			31.27 31.28 31.10 30.76	
			31.12 29.83	
2	Doug Winter	48	Puget Sound Mast-36	5:25.38
	r:+0.73 29.95		32.31 32.71 32.60	
			32.85 33.22 33.28 33.06	
			33.04 32.36	
3	J Bullock	48	YMCA Pierce Kits-36	5:38.45
	r:+0.71 30.66		33.05 33.94 34.57	
			34.91 34.79 34.57 34.60	
			34.42 32.94	
4	Kent Gavin	45	Blue Wave Aquati-36	6:33.12
	r:+0.74 31.72		36.43 38.24 39.93	
			41.25 41.64 41.02 41.57	
			41.76 39.56	
5	Roland Klober	48	Lake Washington-36	7:33.74
			39.21 42.69 45.36 47.01	
			46.70 46.94 47.38 47.29	
			47.64 43.52	
6	Kerry Ness	47	Skagit Valley Ma-36	7:42.83
			41.74 44.12 45.42 45.78	
			47.06 47.98 47.36 48.09	
			48.16 47.12	

## Men 45-49 1000 Yard Freestyle

**NATL:** 9:43.93 N 5/20/2010 KEITH SWITZER  
**ZONE:** 9:48.64 Z 5/1/2011 JEFF ERWIN  
**PNA:** 10:09.96 P 4/26/2015 MATS O NYGREN

1	Max Hanson	49	Lake Washington-36	11:14.11
	r:+0.66 29.03		32.35 33.33 33.11	
			33.30 33.57 33.69 34.01	
			34.36 34.30 34.39 34.37	
			34.43 34.76 34.81 34.79	
			34.63 34.54 33.79 32.55	
2	Kerry Ness	47	Skagit Valley Ma-36	15:36.42
	1:17.37		9.63 46.04 46.11	
			46.92 47.39 46.18 47.40	
			47.39 46.49 47.55 47.36	
			47.76 48.07 47.85 47.50	
			47.49 48.33 47.54 46.05	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 45-49 1650 Yard Freestyle

NATL: 16:08.05 N 5/20/2010 JEFF ERWIN

ZONE: 16:08.05 Z 5/23/2010 JEFF ERWIN

PNA: 17:33.82 P 4/28/2016 DAVID E KAYS

1	Kent Gavin	45	Blue Wave Aquati-36	25:07.23
	39.77	43.32	46.41	46.82
	45.40	46.65	47.20	47.27
	46.53	46.83	45.33	46.23
	47.05	46.61	47.05	46.39
	46.41	46.15	46.85	46.48
	45.18	45.76	47.00	46.89
	45.74	45.50	45.54	46.10
	45.35	45.05	44.82	44.35
				39.20
2	Kerry Ness	47	Skagit Valley Ma-36	26:23.15
	42.43	45.28	46.31	46.63
	47.85	47.15	48.29	47.81
	47.98	48.33	48.89	48.20
	48.33	48.06	48.54	48.48
	47.99	48.31	48.35	49.00
	48.12	48.22	47.29	48.60
	49.06	48.98	48.22	49.34
	48.88	48.67	49.34	49.07
				47.15
3	Roland Klober	48	Lake Washington-36	26:26.57
	40.79	43.72	46.94	47.67
	48.44	48.87	48.77	48.48
	49.02	48.94	48.83	49.01
	48.31	49.71	49.36	48.98
	48.70	48.60	48.43	48.49
	48.54	48.34	48.93	48.18
	48.73	49.05	48.46	49.01
	47.73	49.30	48.06	48.34
				43.84

## Men 45-49 200 Yard Backstroke

NATL: 1:53.97 N 5/13/2011 GRANGER\SAEGER

ZONE: 2:01.71 Z 5/9/2013 BRIAN JONES

PNA: 2:01.71 P 5/9/2013 BRIAN JONES

1	Doug Winter	48	Puget Sound Mast-36	2:29.09
	r:+0.71	34.55	37.32	38.51
				38.71

## Men 45-49 50 Yard Breaststroke

NATL: 26.17 N 3/28/2015 TODD TORRES

ZONE: 26.91 Z 5/1/2011 JAMES CORBEAU

PNA: 28.51 P 4/28/2016 VINCE CARMOSINO

1	Todd Doherty	46	Bellevue Club-36	28.02
	r:+0.62			
2	Vince Carmosino	47	Team Walker Inte-36	28.51
	r:+0.68			
3	Matt Castle	45	Thunderbird Aqua-36	32.13
	r:+0.74			
4	Thai Nguyen	46	Blue Wave Aquati-36	38.28
	r:+0.93			
5	Victor King	49	UC36-36	42.79
	r:+0.65			

## Men 45-49 100 Yard Breaststroke

NATL: 56.83 N 2/20/2015 TODD TORRES

ZONE: 58.77 Z 5/10/2009 JAMES CORBEAU

PNA: 1:00.34 P 3/24/2017 TODD S DOHERTY

1	Vince Carmosino	47	Team Walker Inte-36	1:03.17
	r:+0.68	29.51	33.66	
2	Thai Nguyen	46	Blue Wave Aquati-36	1:24.21
	r:+0.91	39.98	44.23	
3	Kerry Ness	47	Skagit Valley Ma-36	1:26.36
	r:+0.85	41.35	45.01	

## Men 45-49 200 Yard Breaststroke

NATL: 2:07.40 N 4/29/2016 NICOLAS GRANGER

ZONE: 2:09.29 Z 5/10/2009 TOM FRISTOE

PNA: 2:14.35 P 3/24/2017 TODD S DOHERTY

1	Kerry Ness	47	Skagit Valley Ma-36	3:12.95
	r:+0.92	44.00	47.53	51.04
				50.38

## Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH

ZONE: 23.89 Z 5/20/2007 BRAD HERING

PNA: 23.89 P 5/20/2007 BRAD HERING

1	Bryan Smith	49	Lake Washington-36	27.31
	r:+0.71			
2	Karl Morrison	49	Bainbridge Aquat-36	28.23
	r:+0.69			
3	Matt Castle	45	Thunderbird Aqua-36	29.11
	r:+0.73			
4	Darren Gray	48	Bainbridge Aquat-36	29.32
	r:+0.62			
5	Mitchell Barber	49	Dbst Masters-36	30.84
	r:+0.90			
6	Michael Cyger	46	Bainbridge Aquat-36	34.85
	r:+0.80			
7	Victor King	49	UC36-36	40.19
	r:+0.74			

## Men 45-49 100 Yard Butterfly

NATL: 50.90 N 5/21/2010 DAVID SIMS

ZONE: 52.76 Z 4/22/2007 DENNIS BAKER

PNA: 53.95 P 5/20/2007 BRAD HERING

1	Karl Morrison	49	Bainbridge Aquat-36	1:05.48
	r:+0.76	29.79	35.69	
2	Bryan Smith	49	Lake Washington-36	1:06.55
	r:+0.76	29.54	37.01	

## Men 45-49 200 Yard Butterfly

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER

ZONE: 1:50.73 Z 12/6/2008 DENNIS BAKER

PNA: 2:04.58 P 5/18/1997 RICK COLELLA

1	Doug Winter	48	Puget Sound Mast-36	2:23.40
	r:+0.73	30.10	37.12	38.10
				38.08

## Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

ZONE: 56.11 Z 5/20/2007 BRAD HERING

PNA: 56.11 P 5/20/2007 BRAD HERING

1	Todd Doherty	46	Bellevue Club-36	56.79
	r:+0.64	27.37	29.42	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 45-49 100 Yard IM)**

2	Maoz Alsberg	48	Team Walker Inte-36	58.69
	r:+0.73 27.37	31.32		
3	Max Hanson	49	Lake Washington-36	1:03.17
	r:+0.73 30.32	32.85		
4	Karl Morrison	49	Bainbridge Aquat-36	1:05.00
	r:+0.72 29.70	35.30		
5	Bryan Smith	49	Lake Washington-36	1:05.79
	r:+0.71 29.28	36.51		
6	Matt Castle	45	Thunderbird Aqua-36	1:08.27
	r:+0.80 30.49	37.78		
7	Alex Goldstein	48	Mercer Island Re-36	1:09.04
	r:+0.85 32.86	36.18		
8	Darren Gray	48	Bainbridge Aquat-36	1:10.92
	r:+0.63 32.17	38.75		
9	Mitchell Barber	49	Dbst Masters-36	1:13.41
	r:+0.96 32.91	40.50		
10	Michael Cyger	46	Bainbridge Aquat-36	1:20.68
	r:+0.79 37.53	43.15		
11	Kerry Ness	47	Skagit Valley Ma-36	1:23.41
	r:+0.86 40.37	43.04		
12	Victor King	49	UC36-36	1:33.10
	r:+0.88 45.44	47.66		

**Men 45-49 200 Yard IM**

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER

ZONE: 1:58.77 Z 5/10/2009 TOM FRISTOE

PNA: 2:05.79 P 1/17/2017 TODD S DOHERTY

1	David Kays	49	Puget Sound Mast-36	2:12.60
	r:+0.82 28.75	37.45	36.82 29.58	
2	Max Hanson	49	Lake Washington-36	2:16.02
	r:+0.62 29.03	35.26	40.13 31.60	
3	J Bullock	48	YMCA Pierce Kits-36	2:32.06
	r:+0.80 31.19	42.10	45.08 33.69	
4	Matt Castle	45	Thunderbird Aqua-36	2:40.19
	r:+0.74 32.18	42.43	47.43 38.15	

**Men 45-49 400 Yard IM**

NATL: 4:01.32 N 4/24/2015 NICOLAS GRANGER

ZONE: 4:14.17 Z 5/23/2010 DENNIS BAKER

PNA: 4:26.93 P 5/18/1997 RICK COLELLA

1	David Kays	49	Puget Sound Mast-36	4:40.78
	r:+0.84 29.48	33.98	39.25 38.10	
	39.61	39.51	31.18 29.67	
2	Doug Winter	48	Puget Sound Mast-36	4:57.64
	r:+0.75 29.74	35.36	41.65 39.99	
	41.53	41.63	34.86 32.88	
3	Alex Goldstein	48	Mercer Island Re-36	5:13.67
	r:+0.92 34.85	38.57	39.31 38.33	
	45.85	44.37	37.15 35.24	

**Men 50-54 50 Yard Freestyle**

NATL: 21.36 N 4/29/2011 ROWDY GAINES

ZONE: 22.10 Z 4/10/2011 NED STACK

PNA: 22.10 P 4/10/2011 NED STACK

1	Mats Nygren	50	Lake Washington-36	24.49
	r:+0.78			

2	David Inadomi	51	Puget Sound Mast-36	24.84
	r:+0.76			
3	Kurt Dickmann	54	UC36-36	25.48
	r:+0.80			
4	Oliver Cleaver	53	Sawtooth Masters-59	25.79
	r:+0.70			
5	Daniel Smith	54	Blue Wave Aquati-36	27.19
	r:+0.86			
6	Craig Hatton	53	Puget Sound Mast-36	28.55
	r:+0.80			
7	Benjamin Beers	51	YMCA Pierce Kits-36	30.31
	r:+0.81			
8	Michael Rosen	52	Bainbridge Aquat-36	30.49
	r:+0.73			
9	Keith Kennedy	54	Blue Wave Aquati-36	31.55
10	Don Clise	50	Blue Wave Aquati-36	32.18
	r:+0.84			
11	Lawrence Mayer	54	Orca Swim Club-36	39.27
	r:+0.96			

**Men 50-54 100 Yard Freestyle**

NATL: 46.59 N 5/10/2009 ROWDY GAINES

ZONE: 48.25 Z 4/12/2008 RICK ABBOTT

PNA: 49.32 P 4/15/2012 NED STACK

1	Mats Nygren	50	Lake Washington-36	51.84
	r:+0.78 25.19	26.65		
2	Michael Porter	50	Lake Washington-36	54.24
	r:+0.83 26.46	27.78		
3	Kurt Dickmann	54	UC36-36	56.30
	r:+0.81 26.78	29.52		
4	Oliver Cleaver	53	Sawtooth Masters-59	57.32
	r:+0.72 27.46	29.86		
5	Daniel Smith	54	Blue Wave Aquati-36	59.50
	r:+0.83 28.30	31.20		
6	Andy Iyall	50	Blue Wave Aquati-36	1:00.81
	r:+0.81 29.24	31.57		
7	Craig Hatton	53	Puget Sound Mast-36	1:01.64
	r:+0.78 29.65	31.99		
8	Benjamin Beers	51	YMCA Pierce Kits-36	1:11.27
	34.38	36.89		
9	Don Clise	50	Blue Wave Aquati-36	1:11.85
	r:+0.92 33.81	38.04		
10	Michael Rosen	52	Bainbridge Aquat-36	1:11.96
	r:+0.81 34.44	37.52		
11	Keith Kennedy	54	Blue Wave Aquati-36	1:13.23
	34.58	38.65		
12	Lawrence Mayer	54	Orca Swim Club-36	1:31.08
	43.78	47.30		

**Men 50-54 200 Yard Freestyle**

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES

ZONE: 1:49.58 Z 4/25/2004 LARRY KRAUSER

PNA: 1:51.92 P 4/29/2012 PETE L COLBECK

1	Mats Nygren	50	Lake Washington-36	1:51.83
	r:+0.78 25.75	28.36	28.56 29.16	
2	Richard Seibert	52	YMCA Pierce Kits-36	2:05.62
	r:+0.86 30.01	32.23	31.94 31.44	

**2017 PNA Championship & Northwest Zones Championship Meet, S#: 367-S004**

**Hosted by BLUE WAVE AQUATICS**

**Results**

**(Men 50-54 200 Yard Freestyle)**

3	Pierre Fauvet	54	Stanwood-Camano-36	2:32.49
r:+0.91	34.27	38.10	39.84	40.28
4	Don Clise	50	Blue Wave Aquati-36	2:37.54
r:+0.90	34.36	38.16	42.63	42.39

**Men 50-54 500 Yard Freestyle**

**NATL: 4:47.57 N 5/20/2001 JIM MCCONICA**  
**ZONE: 4:53.88 Z 4/26/2015 JEFF ERWIN**  
**PNA: 5:07.57 P 4/29/2012 PETE L COLBECK**

1	Mats Nygren	50	Lake Washington-36	5:12.08
r:+0.80	28.29	30.93	31.21	31.64
			32.02	31.79
			32.01	30.47
2	Daniel Smith	54	Blue Wave Aquati-36	5:50.05
r:+0.91	30.02	34.68	35.05	35.86
			36.45	36.23
			36.04	33.78
3	Pierre Fauvet	54	Stanwood-Camano-36	6:52.19
r:+0.85	36.10	39.93	41.67	41.97
			42.40	42.69
			42.27	42.68
			42.09	40.39
4	Don Clise	50	Blue Wave Aquati-36	7:31.91
r:+0.90	37.31	42.62	44.39	46.94
			47.06	47.30
			46.03	47.63
			48.68	43.95
5	Michael Rosen	52	Bainbridge Aquat-36	7:55.92
r:+0.82	40.66	46.07	48.91	48.52
			48.14	49.79
			50.23	50.64
			48.11	44.85

**Men 50-54 1000 Yard Freestyle**

**NATL: 9:55.84 N 4/6/2013 KEITH SWITZER**  
**ZONE: 9:57.55 Z 4/6/2015 JEFF ERWIN**  
**PNA: 10:38.42 P 5/7/2010 LYLE NALLI**

1	Mats Nygren	50	Lake Washington-36	10:47.50
r:+0.70	29.15	32.15	32.31	32.53
			32.74	32.54
			32.74	32.65
			32.75	32.59
			32.81	32.96
			32.68	32.81
			33.15	32.67
			32.44	30.92
2	Daniel Smith	54	Blue Wave Aquati-36	12:04.24
r:+0.86	32.38	35.26	35.51	35.66
			36.26	36.57
			36.54	37.23
			36.74	36.73
			36.62	37.27
			36.70	37.06
			36.42	35.30
3	Andy Iyall	50	Blue Wave Aquati-36	12:21.86
	34.88	36.41	37.09	37.73
			37.72	37.61
			37.59	37.42
			37.48	37.23
			37.17	36.91
			37.42	37.30
			36.69	36.79
			35.77	36.81

4	Pierre Fauvet	54	Stanwood-Camano-36	14:11.74
r:+0.89	37.93	42.69	43.92	43.67
			44.04	43.59
			43.81	43.96
			43.08	43.70
			43.25	43.34
			42.92	43.04
			42.39	42.11
			41.68	41.84
			41.86	38.92

**Men 50-54 1650 Yard Freestyle**

**NATL: 16:28.77 N 4/23/2015 JEFF ERWIN**  
**ZONE: 16:28.77 Z 4/26/2015 JEFF ERWIN**  
**PNA: 17:59.14 P 5/9/2010 LYLE NALLI**

1	Andy Iyall	50	Blue Wave Aquati-36	20:32.56
	35.77	37.96	38.34	38.55
			38.23	38.05
			38.11	38.05
			37.61	37.39
			37.27	37.30
			37.10	37.36
			37.06	36.55
			36.71	36.94
			36.38	37.00
			36.70	36.76
			36.98	36.97
			37.04	37.37
			36.64	37.98
			37.82	37.02
				37.72
2	Pierre Fauvet	54	Stanwood-Camano-36	24:03.51
r:+0.93	39.88	43.46	45.36	45.78
			45.32	44.80
			45.05	44.62
			44.42	44.76
			44.45	44.07
			44.33	44.25
			44.55	44.05
			43.76	44.02
			43.93	43.57
			43.78	43.44
			43.75	43.40
			43.39	43.30
			43.72	43.36
			43.20	43.39
			43.09	42.82
				38.44
3	Christopher Souder	50	Blue Wave Aquati-36	31:44.70
	49.41	54.90	55.28	55.57
			57.06	57.70
			1:00.11	56.49
			56.35	1:00.25
			58.36	59.79
			1:00.54	58.70
			1:00.02	1:00.97
			57.05	57.99
			58.29	59.67
			59.87	59.97
			59.09	59.49
			1:00.11	1:01.07
			57.93	58.60
			1:00.11	52.97
			54.53	56.52
				49.94
4	Lawrence Mayer	54	Orca Swim Club-36	32:55.48
	51.20	56.27	55.42	56.33
			57.68	57.08
			54.48	58.24
			58.54	59.29
			59.32	58.67
			58.59	58.81
			59.82	59.07
			1:01.26	1:01.81
			1:01.54	1:00.93
			1:03.66	1:04.29
			1:03.52	1:03.76
			1:03.89	1:02.30
			1:02.70	1:06.12
			1:03.38	1:03.77
			1:03.49	1:00.24
				50.01

**Men 50-54 50 Yard Backstroke**

**NATL: 24.57 N 5/4/2014 FRITZ BEDFORD**  
**ZONE: 26.24 Z 5/23/1993 ROBERT SMITH**  
**PNA: 27.46 P 5/4/2008 MIKE MCGOORTY**

1	Mats Nygren	50	Lake Washington-36	28.33
r:+0.92				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 50-54 100 Yard Backstroke**

**NATL:** 52.72 N 3/21/2015 FRITZ BEDFORD  
**ZONE:** 56.16 Z 4/12/2008 RICK ABBOTT  
**PNA:** 58.75 P 4/13/2013 ALAIN STEENBEEKE

1 Andy Iyall 50 Blue Wave Aquati-36 1:08.20  
 r:+0.96 32.37 35.83

**Men 50-54 50 Yard Breaststroke**

**NATL:** 26.45 N 3/30/2014 DAVID GUTHRIE  
**ZONE:** 28.65 Z 4/26/2015 DANIEL PHILLIPS  
**PNA:** 28.65 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 Lake Washington-36 29.20  
 r:+0.82  
 2 Richard Seibert 52 YMCA Pierce Kits-36 32.39  
 r:+0.80  
 3 Daniel Smith 54 Blue Wave Aquati-36 33.22  
 r:+0.80  
 \*4 Matthew Donahue 50 Oregon Masters-37 36.01  
 r:+0.75  
 \*4 Rob Martin 51 Lake Washington-36 36.01  
 r:+0.75  
 6 Keith Kennedy 54 Blue Wave Aquati-36 40.39  
 7 Michael Rosen 52 Bainbridge Aquat-36 42.56  
 r:+0.81

**Men 50-54 100 Yard Breaststroke**

**NATL:** 58.41 N 3/29/2014 DAVID GUTHRIE  
**ZONE:** 1:02.57 Z 4/11/2010 LINCOLN DJANG  
**PNA:** 1:04.26 P 4/12/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 Lake Washington-36 1:06.11  
 r:+0.79 32.00 34.11  
 2 Richard Seibert 52 YMCA Pierce Kits-36 1:12.48  
 r:+0.75 34.63 37.85  
 3 Daniel Smith 54 Blue Wave Aquati-36 1:13.78  
 r:+0.84 34.89 38.89  
 4 Andy Iyall 50 Blue Wave Aquati-36 1:21.23  
 r:+0.96 38.48 42.75  
 5 Matthew Donahue 50 Oregon Masters-37 1:25.29  
 r:+0.78 40.97 44.32

**Men 50-54 200 Yard Breaststroke**

**NATL:** 2:07.25 N 3/30/2014 DAVID GUTHRIE  
**ZONE:** 2:16.35 Z 5/10/2009 PATRICK ALLENDER  
**PNA:** 2:18.75 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 Lake Washington-36 2:31.17  
 r:+0.82 33.81 39.09 39.02 39.25

**Men 50-54 50 Yard Butterfly**

**NATL:** 23.19 N 4/25/2004 TRIP HEDRICK  
**ZONE:** 24.24 Z 4/15/2007 DONALD GRAHAM  
**PNA:** 24.24 P 4/15/2007 DONALD GRAHAM

1 Michael Porter 50 Lake Washington-36 27.05  
 r:+0.83  
 2 Richard Seibert 52 YMCA Pierce Kits-36 27.60  
 r:+0.78  
 3 Oliver Cleaver 53 Sawtooth Masters-59 28.31  
 r:+0.73

4 Rob Martin 51 Lake Washington-36 30.20  
 r:+0.75  
 5 David Inadomi 51 Puget Sound Mast-36 30.86  
 r:+0.81  
 6 Craig Hatton 53 Puget Sound Mast-36 32.43  
 r:+0.85  
 7 Matthew Donahue 50 Oregon Masters-37 34.53  
 r:+0.83  
 8 Keith Kennedy 54 Blue Wave Aquati-36 37.63  
 9 Michael Rosen 52 Bainbridge Aquat-36 37.73  
 r:+0.92

**Men 50-54 100 Yard Butterfly**

**NATL:** 51.73 N 5/12/2013 DAVID SIMS  
**ZONE:** 54.71 Z 4/25/2004 SCOTT LAUTMAN  
**PNA:** 54.71 P 4/25/2004 SCOTT LAUTMAN

1 Michael Porter 50 Lake Washington-36 59.52  
 r:+0.83 27.60 31.92  
 2 Andy Iyall 50 Blue Wave Aquati-36 1:04.49  
 r:+0.88 29.97 34.52  
 3 Oliver Cleaver 53 Sawtooth Masters-59 1:04.67  
 r:+0.77 30.52 34.15  
 4 Rob Martin 51 Lake Washington-36 1:07.88  
 r:+0.77 31.68 36.20

**Men 50-54 100 Yard IM**

**NATL:** 54.28 N 5/11/2013 DAVID SIMS  
**ZONE:** 56.96 Z 2/21/2010 LINCOLN DJANG  
**PNA:** 57.22 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 Lake Washington-36 59.52  
 r:+0.81 27.65 31.87  
 2 Michael Porter 50 Lake Washington-36 1:01.72  
 r:+0.83 28.86 32.86  
 3 Richard Seibert 52 YMCA Pierce Kits-36 1:03.84  
 r:+0.80 30.41 33.43  
 4 Oliver Cleaver 53 Sawtooth Masters-59 1:06.46  
 r:+0.75 30.27 36.19  
 5 Craig Hatton 53 Puget Sound Mast-36 1:12.14  
 r:+0.79 33.66 38.48  
 6 Keith Kennedy 54 Blue Wave Aquati-36 1:23.03  
 38.72 44.31  
 7 Michael Rosen 52 Bainbridge Aquat-36 1:26.74  
 r:+0.77 40.21 46.53

**Men 50-54 200 Yard IM**

**NATL:** 1:58.19 N 3/11/2017 MIKE IRVIN  
**ZONE:** 2:07.97 Z 5/4/2014 DANIEL PHILLIPS  
**PNA:** 2:07.97 P 5/4/2014 DANIEL PHILLIPS

1 Michael Porter 50 Lake Washington-36 2:16.35  
 r:+0.85 27.90 36.23 41.15 31.07  
 2 Daniel Phillips 53 Lake Washington-36 2:18.98  
 r:+0.83 30.13 35.60 40.97 32.28  
 3 Craig Hatton 53 Puget Sound Mast-36 2:36.82  
 r:+0.76 34.48 40.92 45.09 36.33  
 4 Keith Kennedy 54 Blue Wave Aquati-36 3:15.07  
 41.57 51.92 54.48 47.10

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 50-54 400 Yard IM

NATL: 4:16.57 N 5/2/2014 DARREN PHELAN

ZONE: 4:22.48 Z 11/4/2011 DENNIS BAKER

PNA: 4:34.67 P 5/4/2014 DANIEL PHILLIPS

1	Daniel Phillips	53	Lake Washington-36	4:53.68
	31.46	35.26	38.62	38.17
	41.97	42.32	33.57	32.31

## Men 55-59 50 Yard Freestyle

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMAS

ZONE: 22.90 Z 9/2011 TENNANT/ABBOTT

PNA: 23.43 P 4/12/2015 NED STACK

1	Brad Hering	55	Stanwood-Camano-36	23.94
	r:+0.73			
2	Jay Pearson	55	Lake Washington-36	26.21
	r:+0.77			
3	Keith Uyekawa	55	Bainbridge Aquat-36	26.85
	r:+0.77			
4	Dan Bailey	59	Stanwood-Camano-36	28.34
	r:+0.93			
5	Warren Fullen	58	Blue Wave Aquati-36	28.46
	r:+0.86			
6	John Brunner	59	Puget Sound Mast-36	28.90
	r:+0.89			
7	John Huckabee	58	North End Otters-36	35.54
8	Thomas Stevens	55	Thunderbird Aqua-36	42.29
	r:+0.85			
9	Tim Nelson	56	Blue Wave Aquati-36	42.61
10	Jesse Macias	59	UC35-35	1:22.05
	r:+0.89			

## Men 55-59 100 Yard Freestyle

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMAS

ZONE: 51.21 Z 4/11/2009 MIKE TENNANT

PNA: 52.55 P 4/15/2012 DAVID HANNULA

1	Pete Colbeck	55	North End Otters-36	52.94
	r:+0.68	25.67	27.27	
2	Brad Hering	55	Stanwood-Camano-36	53.07
	r:+0.76	25.70	27.37	
3	Carl Haynie	56	Team Walker Inte-36	55.83
	r:+0.77	26.93	28.90	
4	Keith Uyekawa	55	Bainbridge Aquat-36	1:00.59
	r:+0.82	29.13	31.46	
5	John Brunner	59	Puget Sound Mast-36	1:03.80
	r:+0.97	31.10	32.70	
6	Dan Bailey	59	Stanwood-Camano-36	1:04.17
	r:+0.96	30.26	33.91	
7	Tom Goodlin	57	Bainbridge Aquat-36	1:07.31
	r:+0.87	31.78	35.53	
8	John Huckabee	58	North End Otters-36	1:25.70
	42.27	43.43		
9	Thomas Stevens	55	Thunderbird Aqua-36	1:37.85
	r:+0.87	45.22	52.63	
10	Jesse Macias	59	UC35-35	3:03.87
	r:+0.82	1:23.84	1:40.03	

## Men 55-59 200 Yard Freestyle

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN

ZONE: 1:49.56 Z 5/1/2011 RICK ABBOTT

PNA: 1:57.12 P 2/19/2017 PETE COLBECK

1	Pete Colbeck	55	North End Otters-36	1:55.65
	r:+0.81	27.29	28.51	29.59
			30.26	
2	Eric Valley	55	Movy Masters-28	2:03.21
	r:+0.74	29.37	31.64	31.30
			30.90	
3	John Brunner	59	Puget Sound Mast-36	2:24.75
	r:+0.94	32.63	35.58	37.80
			38.74	
4	Ken Bennett	56	Bainbridge Aquat-36	2:54.89
	r:+0.70	38.68	43.34	46.36
			46.51	
5	Matthew Bittner	57	UC36-36	3:07.81
		40.65	47.32	51.16
			48.68	
6	John Huckabee	58	North End Otters-36	3:19.83
		42.89	51.85	55.80
			49.29	

## Men 55-59 500 Yard Freestyle

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN

ZONE: 5:01.88 Z 8/6/2009 RICK COLELLA

PNA: 5:01.88 P 8/6/2009 RICK COLELLA

1	Pete Colbeck	55	North End Otters-36	5:16.68
	r:+0.77	29.26	31.54	31.65
			31.54	
		31.56	31.34	31.73
		33.10	33.00	31.96
2	Rod Stevens	59	Bainbridge Aquat-36	6:23.54
	r:+0.83	34.53	38.28	39.59
		38.97	39.02	39.11
		38.41	36.91	38.85
3	Scott Matthews	55	Blue Wave Aquati-36	6:24.53
	r:+0.93	35.24	37.60	38.48
		38.75	39.21	39.87
		39.34	36.41	40.69
4	John Brunner	59	Puget Sound Mast-36	6:39.26
	r:+0.97	35.95	39.49	39.96
		40.37	40.67	40.09
		41.19	40.48	40.64
5	Jack Timmons	56	Dbst Masters-36	7:05.20
	r:+0.72	36.75	39.35	41.58
		43.36	44.22	44.69
		44.58	43.78	44.17
6	Tim Nelson	56	Blue Wave Aquati-36	9:31.44
		46.75	52.65	55.67
		58.82	59.57	59.12
		1:00.48	58.89	59.92

## Men 55-59 1000 Yard Freestyle

NATL: 10:07.36 N 5/14/2006 JIM MC CONICA

ZONE: 11:01.00 Z 5/10/2009 ALAN BELL

PNA: 11:01.00 P 5/10/2009 ALAN BELL

1	Pete Colbeck	55	North End Otters-36	11:01.78
	r:+0.89	29.14	32.11	32.97
		33.18	32.71	32.81
		32.99	33.33	33.37
		33.41	33.51	33.37
		34.33	34.22	33.94
				33.71
				32.98

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 55-59 1000 Yard Freestyle)**

2	Randy Rogers	58	Bainbridge Aquat-36	12:01.72
			36.17	36.04
	36.15	35.97	35.93	36.73
	37.05	36.48	36.07	36.36
	36.75	36.48	36.95	37.08
	36.98	37.53	35.96	34.69
3	Tom Goodlin	57	Bainbridge Aquat-36	13:43.26
r:+0.79	36.57	41.09	42.49	42.52
	42.27	41.99	41.97	41.71
	41.65	41.48	40.92	40.87
	41.04	40.75	41.41	41.34
	41.61	41.17	40.32	40.09
4	Scott Matthews	55	Blue Wave Aquati-36	13:51.09
r:+0.95	37.28	40.15	41.11	40.69
	41.72	42.51	42.62	42.38
	42.63	43.08	42.82	42.98
	42.43	41.86	42.39	41.82
	40.96	41.93	40.75	38.98
5	Ken Bennett	56	Bainbridge Aquat-36	17:26.11
r:+0.90	42.58	49.48	53.35	51.63
	53.05	53.19	53.10	52.14
	53.51	53.11	52.10	54.02
	53.95	52.46	53.19	53.62
	53.91	53.89	53.74	50.09

**Men 55-59 1650 Yard Freestyle**

NATL: 17:11.12 N 5/20/2007 JIM MC CONICA

ZONE: 18:22.20 Z 5/10/2009 LARRY KRAUSER

PNA: 18:28.66 P 5/10/2009 ALAN BELL

1	Pete Colbeck	55	North End Otters-36	18:42.73
r:+0.74	30.72	33.35	34.45	34.75
	34.59	34.57	34.40	34.13
	34.20	34.28	34.02	34.21
	34.06	34.06	34.05	33.89
	33.97	33.80	34.08	34.09
	34.23	34.27	34.30	33.97
	33.91	34.35	33.80	34.20
	34.04	34.06	34.22	34.12
				33.59
2	Randy Rogers	58	Bainbridge Aquat-36	19:59.90
r:+0.88	32.11	34.54	36.08	36.16
	36.16	36.09	36.04	36.34
	36.49	36.25	36.53	36.79
	36.23	36.55	36.32	36.57
	36.42	36.44	36.30	36.64
	36.50	36.72	37.05	37.14
	37.25	36.92	37.03	37.29
	37.19	37.10	37.45	37.23
				33.98

3	Geoff Wilwerding	55	Greenlake Aquadu-36	20:08.28
r:+0.92	35.26	37.58	38.28	37.41
	37.65	37.46	37.41	37.27
	37.27	37.28	36.82	36.65
	37.05	36.62	36.75	37.37
	36.55	36.31	36.26	36.52
	36.36	36.38	36.42	36.47
	37.07	36.64	36.01	35.74
	35.63	36.03	35.93	35.60
				34.23
4	Carl Haynie	56	Team Walker Inte-36	21:20.95
r:+0.94	34.40	37.46	38.76	38.61
	38.42	38.60	38.64	38.54
	38.41	38.96	38.25	38.70
	38.52	39.58	39.27	39.86
	40.04	39.57	39.98	39.56
	39.49	39.16	39.26	39.79
	39.92	38.99	39.35	39.23
	39.18	38.93	38.79	38.27
				36.46
5	Scott Matthews	55	Blue Wave Aquati-36	23:21.83
	39.60	41.90	42.52	41.63
	41.97	41.98	41.56	47.18
	42.42	43.28	42.13	43.01
	42.45	42.62	42.86	43.11
	42.57	43.03	42.50	42.31
	43.66	42.83	41.99	43.08
	42.43	43.33	42.33	42.39
	42.35	41.54	42.00	42.56
				40.71

**Men 55-59 50 Yard Backstroke**

NATL: 25.66 N 4/10/2016 STEVE WOOD

ZONE: 26.86 Z 2/6/1999 ROBERT SMITH

PNA: 27.67 P 4/13/2013 MIKE MCINTYRE

1	Brad Hering	55	Stanwood-Camano-36	27.87
r:+0.72				
2	Carl Haynie	56	Team Walker Inte-36	28.07
r:+0.75				
3	James Littlefield	56	Blue Wave Aquati-36	30.93
r:+0.75				
4	Jay Pearson	55	Lake Washington-36	31.02
r:+0.82				
5	Keith Uyekawa	55	Bainbridge Aquat-36	32.21
r:+0.76				
6	Warren Fullen	58	Blue Wave Aquati-36	32.93
r:+0.80				
7	Robert Powell	55	Bainbridge Aquat-36	37.00
r:+0.76				
8	Rod Sonoda	57	Orca Swim Club-36	49.69
r:+0.75				
9	Jesse Macias	59	UC35-35	1:25.00
r:+0.74				

**Men 55-59 100 Yard Backstroke**

NATL: 53.81 N 2/25/2017 STEVE WOOD

ZONE: 57.93 Z 5/1/2011 RICK ABBOTT

PNA: 59.22 P 4/28/2016 CARL HAYNIE

1	Carl Haynie	56	Team Walker Inte-36	1:00.19
r:+0.72	29.21	30.98		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 55-59 100 Yard Backstroke)**

2	James Littlefield	56	Blue Wave Aquati-36	1:07.75
	r:+0.70	33.50	34.25	
3	Keith Uyekawa	55	Bainbridge Aquat-36	1:12.36
	r:+0.79	34.88	37.48	
4	Tom Goodlin	57	Bainbridge Aquat-36	1:25.12
	r:+0.80	40.08	45.04	
5	Jesse Macias	59	UC35-35	2:56.97
	r:+0.73	1:26.61	1:30.36	

**Men 55-59 200 Yard Backstroke**

NATL: 2:03.14 N 3/31/2012 TOM BARTON

ZONE: 2:06.12 Z 5/1/2011 RICK ABBOTT

PNA: 2:10.11 P 4/28/2016 CARL HAYNIE

1	Tom Goodlin	57	Bainbridge Aquat-36	2:50.82
	r:+0.77	40.17	42.90 44.35 43.40	

**Men 55-59 50 Yard Breaststroke**

NATL: 27.60 N 3/12/2016 DAVID GUTHRIE

ZONE: 28.74 Z 5/4/2008 RICK COLELLA

PNA: 28.74 P 5/4/2008 RICK COLELLA

1	Brad Hering	55	Stanwood-Camano-36	30.12
	r:+0.72			
2	Jay Pearson	55	Lake Washington-36	33.99
	r:+0.78			
3	Jack Timmons	56	Dbst Masters-36	39.40
	r:+0.76			
4	Matthew Bittner	57	UC36-36	40.49
	r:+0.99			
5	John Huckabee	58	North End Otters-36	41.46
6	Ken Bennett	56	Bainbridge Aquat-36	42.15
	r:+0.86			

**Men 55-59 100 Yard Breaststroke**

NATL: 1:00.34 N 4/9/2016 DAVID GUTHRIE

ZONE: 1:03.07 Z 5/4/2008 RICK COLELLA

PNA: 1:03.07 P 5/4/2008 RICK COLELLA

1	Jack Timmons	56	Dbst Masters-36	1:24.84
	r:+0.74	40.82	44.02	
2	Robert Powell	55	Bainbridge Aquat-36	1:26.29
	r:+0.49	38.88	47.41	
3	John Huckabee	58	North End Otters-36	1:34.31
		46.40	47.91	
4	Ken Bennett	56	Bainbridge Aquat-36	1:35.85
	r:+0.88	44.96	50.89	

**Men 55-59 200 Yard Breaststroke**

NATL: 2:11.95 N 4/10/2016 DAVID GUTHRIE

ZONE: 2:17.05 Z 5/4/2008 RICK COLELLA

PNA: 2:17.05 P 5/4/2008 RICK COLELLA

1	Carl Haynie	56	Team Walker Inte-36	2:36.85
	r:+0.81	34.82	40.37 42.47 39.19	
2	Rod Stevens	59	Bainbridge Aquat-36	2:47.02
	r:+0.95	38.82	42.36 43.20 42.64	
3	Jack Timmons	56	Dbst Masters-36	3:03.61
	r:+0.78	42.42	47.76 45.16 48.27	
4	Rod Sonoda	57	Orca Swim Club-36	3:19.31
	r:+0.93	45.71	50.44 52.20 50.96	

5	John Huckabee	58	North End Otters-36	3:31.03
		47.31	53.99 57.29 52.44	
6	Thomas Stevens	55	Thunderbird Aqua-36	4:22.52
	r:+0.83	58.85	1:08.48 1:09.94 1:05.25	

**Men 55-59 50 Yard Butterfly**

NATL: 24.00 N 5/1/2016 BRUCE KONE

ZONE: 24.58 Z 5/1/2011 RICK ABBOTT

PNA: 24.78 P 5/23/2010 DONALD GRAHAM

1	Brad Hering	55	Stanwood-Camano-36	25.13
	r:+0.73			
2	Pete Colbeck	55	North End Otters-36	27.18
	r:+0.80			
3	Jay Pearson	55	Lake Washington-36	29.23
	r:+0.76			
4	Warren Fullen	58	Blue Wave Aquati-36	30.85
	r:+0.86			
5	Paul Webber	58	Bainbridge Aquat-36	31.86
	r:+0.99			
6	Dan Bailey	59	Stanwood-Camano-36	34.23
	r:+0.97			
7	Robert Powell	55	Bainbridge Aquat-36	34.27
	r:+0.95			

**Men 55-59 100 Yard Butterfly**

NATL: 53.90 N 5/12/2013 PAUL CARTER

ZONE: 56.14 Z 5/4/2008 SCOTT LAUTMAN

PNA: 56.14 P 5/4/2008 SCOTT LAUTMAN

1	Randy Rogers	58	Bainbridge Aquat-36	1:07.91
	r:+0.85	31.97	35.94	

**Men 55-59 100 Yard IM**

NATL: 55.85 N 4/9/2016 STEVE WOOD

ZONE: 57.23 Z 5/1/2011 RICK ABBOTT

PNA: 58.64 P 5/4/2008 RICK COLELLA

1	Brad Hering	55	Stanwood-Camano-36	59.67
	r:+0.74	27.35	32.32	
2	Jay Pearson	55	Lake Washington-36	1:05.73
	r:+0.79	30.43	35.30	
3	Warren Fullen	58	Blue Wave Aquati-36	1:10.90
	r:+0.92	31.66	39.24	
4	Dan Bailey	59	Stanwood-Camano-36	1:15.27
	r:+0.96	36.94	38.33	
5	Tom Goodlin	57	Bainbridge Aquat-36	1:16.10
	r:+0.84	35.33	40.77	
6	Robert Powell	55	Bainbridge Aquat-36	1:17.63
		36.26	41.37	
7	Jack Timmons	56	Dbst Masters-36	1:21.61
	r:+0.74	39.35	42.26	
8	Scott Matthews	55	Blue Wave Aquati-36	1:23.06
	r:+0.95	41.17	41.89	

**Men 55-59 200 Yard IM**

NATL: 2:04.09 N 5/4/2008 TIMOTHY SHEAD

ZONE: 2:05.15 Z 5/4/2008 RICK COLELLA

PNA: 2:05.15 P 5/4/2008 RICK COLELLA

1	Tom Goodlin	57	Bainbridge Aquat-36	2:45.29
	r:+0.85	35.73	44.73 47.22 37.61	



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 55-59 200 Yard IM)**

2	Scott Matthews	55	Blue Wave Aquati-36	3:02.21
	r:+0.96	40.46	48.11	56.02
				37.62
3	Thomas Stevens	55	Thunderbird Aqua-36	4:35.92
	r:+0.89	59.81	1:27.12	1:14.12
				54.87

**Men 55-59 400 Yard IM**

**NATL:** 4:28.66 N 5/2/2014 JIM SAUER  
**ZONE:** 4:30.18 Z 5/4/2008 RICK COLELLA  
**PNA:** 4:30.18 P 5/4/2008 RICK COLELLA

1	Scott Matthews	55	Blue Wave Aquati-36	6:18.09
			42.12	47.41
			57.33	55.82
				38.60
				37.71
---	Eric Valley	55	Movy Masters-28	DNF
	Did not finish - Misc			
	r:+0.75	33.00	38.09	40.71
				40.89
				49.21
				52.52

**Men 60-64 50 Yard Freestyle**

**NATL:** 22.30 N 5/22/2005 RICHARD ABRAHAMAS  
**ZONE:** 23.87 Z 4/25/2004 SMITH/HANNULA  
**PNA:** 23.87 P 5/4/2014 DAVID HANNULA

1	Dave Hannula	63	YMCA Pierce Kits-36	24.47
	r:+0.80			
2	Daniel Taylor	61	UC36-36	26.95
	r:+0.81			
3	Tom Gillespie	63	Stanwood-Camano-36	30.15
4	Skip Greene	64	Lake Washington-36	34.75
	r:+0.81			

**Men 60-64 100 Yard Freestyle**

**NATL:** 49.14 N 5/22/2005 RICHARD ABRAHAMAS  
**ZONE:** 54.26 Z 5/18/2003 TOM LANDIS  
**PNA:** 54.55 P 4/26/2015 RICK COLELLA

1	Dave Hannula	63	YMCA Pierce Kits-36	55.09
	r:+0.67	27.02	28.07	
2	Daniel Taylor	61	UC36-36	1:00.44
	r:+0.79	29.62	30.82	
3	Jeffrey Piette	61	Oregon Masters-37	1:02.16
	r:+0.81	30.21	31.95	
4	Tom Fritschen	61	Team Walker Inte-36	1:07.83
	r:+0.71	31.14	36.69	
5	Orlando Boleda	62	Bainbridge Aquat-36	1:09.19
	r:+0.92	32.97	36.22	
6	Tom Gillespie	63	Stanwood-Camano-36	1:10.00
	r:+0.96	32.62	37.38	

**Men 60-64 200 Yard Freestyle**

**NATL:** 1:51.08 N 4/24/2015 RICK COLELLA  
**ZONE:** 1:51.08 Z 4/26/2015 RICK COLELLA  
**PNA:** 1:51.08 P 4/26/2015 RICK COLELLA

1	Jeffrey Piette	61	Oregon Masters-37	2:16.03
	r:+0.87	32.27	35.18	35.32
				33.26
2	Tom Fritschen	61	Team Walker Inte-36	2:34.18
	r:+0.72	32.09	36.86	40.04
				45.19

**Men 60-64 500 Yard Freestyle**

**NATL:** 5:11.17 N 4/29/2012 JIM MC CONICA  
**ZONE:** 5:11.70 Z 2/19/2012 RICK COLELLA  
**PNA:** 5:11.70 P 2/19/2012 RICK COLELLA

1	Jeffrey Piette	61	Oregon Masters-37	6:05.31
	r:+0.77	33.34	36.50	37.59
				37.65
				37.47
				37.57
				37.31
				37.48
				36.54
				33.86
2	Eric Durban	61	Blue Wave Aquati-36	6:16.08
	r:+0.83	35.69	38.19	37.91
				38.38
				38.62
				38.22
				37.60
				37.67
				37.13
				36.67
3	Orlando Boleda	62	Bainbridge Aquat-36	6:36.88
	r:+0.84	36.13	39.23	40.67
				40.74
				41.01
				40.91
				40.69
				40.44
				39.62
				37.44
4	Stephen Freeborn	61	Blue Wave Aquati-36	6:39.55
	r:+0.92	34.49	39.21	41.49
				41.53
				41.24
				40.91
				40.84
				40.43
				40.27
				39.14

**Men 60-64 1000 Yard Freestyle**

**NATL:** 10:42.16 N 4/23/2015 MICHAEL MANN  
**ZONE:** 10:52.24 Z 4/15/2012 RICK COLELLA  
**PNA:** 10:52.24 P 4/15/2012 RICK COLELLA

1	Jeffrey Piette	61	Oregon Masters-37	12:34.50
	r:+0.90	34.36	37.42	37.70
				38.10
				38.01
				38.02
				38.08
				37.91
				38.23
				38.52
				37.87
				38.30
				38.21
				38.58
				38.02
				38.27
				38.21
				38.00
				37.36
				35.33
2	Eric Durban	61	Blue Wave Aquati-36	12:48.59
				38.65
				38.92
				38.86
				39.34
				38.74
				39.02
				39.07
				38.46
				38.42
				38.43
				38.56
				38.84
				39.06
				38.80
				37.82
3	Stephen Freeborn	61	Blue Wave Aquati-36	13:58.87
	r:+0.90	35.51	41.13	43.76
				43.83
				43.26
				43.36
				43.03
				43.01
				42.86
				42.47
				42.19
				42.36
				42.21
				41.73
				41.67
				41.56
				41.73
				41.67
				41.41
				40.12

**Men 60-64 1650 Yard Freestyle**

**NATL:** 17:59.55 N 5/20/2010 JIM CLEMMONS  
**ZONE:** 18:24.00 Z 5/23/2010 ALAN BELL  
**PNA:** 18:24.00 P 5/23/2010 ALAN BELL

1	Eric Durban	61	Blue Wave Aquati-36	21:38.71
	r:+0.92	36.02	39.57	40.01
				40.19
				39.98
				40.01
				39.48
				40.25
				40.29
				40.18
				40.07
				39.45
				39.65
				40.09
				39.15
				39.61
				39.77
				39.68
				38.85
				39.44
				39.14
				39.78
				38.62
				39.05
				38.46
				38.77
				39.23
				39.12
				38.87
				38.95
				39.15
				39.01
				38.82

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 60-64 1650 Yard Freestyle)**

2	Richard Adcock	61	YMCA Pierce Kits-36	22:11.04
	r:+0.84	36.49	41.03	41.89
		41.34	41.78	41.63
		41.73	42.51	41.32
		41.73	42.51	41.85
		42.07	41.65	42.13
		42.39	41.46	41.53
		41.98	41.74	41.60
		41.61	42.16	41.11
		42.75	41.86	41.59
				41.85
				41.42
				41.97
				39.96
3	Barrie Kenning	61	Stanwood-Camano-36	38:48.50
		58.57	1:08.88	1:09.63
		1:09.86	1:11.25	1:11.14
		1:12.70	1:11.88	1:10.53
		1:10.45	1:09.54	1:10.67
		1:10.98	1:11.16	1:10.78
		1:11.90	1:09.86	1:11.32
		1:11.12	1:12.94	1:11.48
		1:12.59	1:13.81	1:12.79
				1:10.88
				1:07.65

**Men 60-64 50 Yard Backstroke**

**NATL:** 26.82 N 5/4/2008 HUGH WILDER  
**ZONE:** 27.62 Z 4/25/2004 ROBERT SMITH  
**PNA:** 28.12 P 4/26/2015 DONALD GRAHAM

1	Tom Gillespie	63	Stanwood-Camano-36	38.45
				r:+0.71
2	Skip Greene	64	Lake Washington-36	46.53
				r:+0.95

**Men 60-64 100 Yard Backstroke**

**NATL:** 57.46 N 4/30/2016 TOM BARTON  
**ZONE:** 59.58 Z 5/4/2014 DAVID HANNULA  
**PNA:** 59.58 P 5/4/2014 DAVID HANNULA

1	Stephen Freeborn	61	Blue Wave Aquati-36	1:17.53
				r:+0.96
				37.27
				40.26
2	Tom Fritschen	61	Team Walker Inte-36	1:17.99
				r:+0.83
				38.03
				39.96
3	Orlando Boleda	62	Bainbridge Aquat-36	1:25.61
				r:+0.85
				40.72
				44.89

**Men 60-64 200 Yard Backstroke**

**NATL:** 2:07.91 N 5/1/2016 TOM BARTON  
**ZONE:** 2:12.85 Z 4/12/2015 DAVID HANNULA  
**PNA:** 2:12.85 P 4/12/2015 DAVID HANNULA

1	Tom Fritschen	61	Team Walker Inte-36	2:49.71
				r:+0.88
				40.39
				42.45
				44.08
				42.79

**Men 60-64 50 Yard Breaststroke**

**NATL:** 28.76 N 4/24/2015 RICK COLELLA  
**ZONE:** 28.76 Z 4/26/2015 RICK COLELLA  
**PNA:** 28.76 P 4/26/2015 RICK COLELLA

1	Richard Adcock	61	YMCA Pierce Kits-36	36.14
				r:+0.82
2	Shane Erickson	60	Dbst Masters-36	41.22
3	Skip Greene	64	Lake Washington-36	43.47
				r:+0.87

**Men 60-64 100 Yard Breaststroke**

**NATL:** 1:02.61 N 5/2/2014 RICK COLELLA  
**ZONE:** 1:02.61 Z 5/4/2014 RICK COLELLA  
**PNA:** 1:02.61 P 5/4/2014 RICK COLELLA

1	Richard Adcock	61	YMCA Pierce Kits-36	1:20.18
				r:+0.90
				37.59
				42.59
2	Shane Erickson	60	Dbst Masters-36	1:34.86
				45.30
				49.56

**Men 60-64 200 Yard Breaststroke**

**NATL:** 2:16.71 N 5/3/2014 RICK COLELLA  
**ZONE:** 2:16.71 Z 5/4/2014 RICK COLELLA  
**PNA:** 2:16.71 P 5/4/2014 RICK COLELLA

1	Richard Adcock	61	YMCA Pierce Kits-36	2:57.59
				r:+0.80
				39.93
				46.50
				45.92
				45.24
2	Eric Durban	61	Blue Wave Aquati-36	3:18.33
				r:+0.97
				44.25
				50.41
				52.27
				51.40

**Men 60-64 50 Yard Butterfly**

**NATL:** 24.46 N 5/22/2005 RICHARD ABRAHAMS  
**ZONE:** 25.25 Z 4/26/2015 DONALD GRAHAM  
**PNA:** 24.84 P 4/28/2016 DONALD GRAHAM

1	Daniel Taylor	61	UC36-36	29.04
				r:+0.84
2	Stephen Freeborn	61	Blue Wave Aquati-36	33.07
				r:+0.87
3	Tom Gillespie	63	Stanwood-Camano-36	35.05

**Men 60-64 200 Yard Butterfly**

**NATL:** 2:10.06 N 4/16/2011 LAWRENCE DAY  
**ZONE:** 2:12.36 Z 2/2/2013 SCOTT LAUTMAN  
**PNA:** 2:12.36 P 2/2/2013 SCOTT LAUTMAN

1	Eric Durban	61	Blue Wave Aquati-36	2:57.61
				r:+0.97
				37.17
				45.69
				47.64
				47.11

**Men 60-64 100 Yard IM**

**NATL:** 57.23 N 5/11/2013 RICK COLELLA  
**ZONE:** 57.23 Z 5/9/2013 RICK COLELLA  
**PNA:** 57.23 P 5/9/2013 RICK COLELLA

1	Daniel Taylor	61	UC36-36	1:10.50
				r:+0.84
				32.84
				37.66
2	Jeffrey Piette	61	Oregon Masters-37	1:11.37
				r:+0.88
				32.89
				38.48
3	Stephen Freeborn	61	Blue Wave Aquati-36	1:16.30
				r:+0.87
				33.99
				42.31
4	Tom Gillespie	63	Stanwood-Camano-36	1:25.19
				37.65
				47.54
5	Shane Erickson	60	Dbst Masters-36	1:29.06
				41.50
				47.56

**Men 60-64 200 Yard IM**

**NATL:** 2:03.26 N 5/4/2014 RICK COLELLA  
**ZONE:** 2:03.26 Z 5/4/2014 RICK COLELLA  
**PNA:** 2:03.26 P 5/4/2014 RICK COLELLA

1	Jeffrey Piette	61	Oregon Masters-37	2:39.83
				r:+0.85
				33.38
				42.85
				48.14
				35.46
2	Stephen Freeborn	61	Blue Wave Aquati-36	2:50.31
				r:+0.86
				35.21
				44.67
				53.08
				37.35

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 60-64 200 Yard IM)**

3 Orlando Boleda 62 Bainbridge Aquat-36 3:05.78  
 r:+0.92 45.12 49.17 53.24 38.25

**Men 60-64 400 Yard IM**

NATL: 4:24.24 N 5/2/2014 RICK COLELLA

ZONE: 4:24.24 Z 5/4/2014 RICK COLELLA

PNA: 4:24.24 P 5/4/2014 RICK COLELLA

1 Eric Durban 61 Blue Wave Aquati-36 5:55.29  
 r:+0.92 35.23 42.66 46.47 45.61  
 52.42 52.72 40.66 39.52

**Men 65-69 50 Yard Freestyle**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS

ZONE: 24.36 Z 5/10/2009 ROBERT SMITH

PNA: 26.14 P 4/26/2015 ALAN BELL

1 William Hayes 65 Lake Washington-36 27.47  
 r:+0.95  
 2 Larry Wright 68 Oregon Masters-37 27.75  
 r:+0.82  
 3 Robert Wake 68 Lake Washington-36 29.98  
 r:+0.97  
 4 Barney Voegtlen 68 Bainbridge Aquat-36 30.15  
 5 Laurence Hile 67 Bainbridge Aquat-36 43.15  
 r:+0.96

**Men 65-69 100 Yard Freestyle**

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

ZONE: 54.53 Z 5/20/2007 TOM LANDIS

PNA: 57.87 P 4/12/2015 DAN KIRKLAND

1 Dan Kirkland 68 Lake Washington-36 58.21  
 r:+0.81 28.66 29.55  
 2 William Hayes 65 Lake Washington-36 1:00.55  
 r:+0.84 28.53 32.02  
 3 Larry Wright 68 Oregon Masters-37 1:02.92  
 r:+0.82 30.25 32.67  
 4 James Stretch 65 Bainbridge Aquat-36 1:05.51  
 r:+0.63 31.39 34.12  
 5 Laurence Hile 67 Bainbridge Aquat-36 1:39.46  
 r:+0.95 45.94 53.52

**Men 65-69 200 Yard Freestyle**

NATL: 1:57.54 N 5/21/2010 RICHARD ABRAHAMS

ZONE: 2:01.36 Z 5/20/2007 TOM LANDIS

PNA: 2:05.29 P 1/31/2015 DAN KIRKLAND

1 Dan Kirkland 68 Lake Washington-36 2:06.58  
 r:+0.83 29.51 31.92 32.89 32.26  
 2 Ron Hansen 67 Puget Sound Mast-36 3:06.95  
 44.45 46.43 48.32 47.75

**Men 65-69 500 Yard Freestyle**

NATL: 5:29.10 N 4/29/2016 JIM MC CONICA

ZONE: 5:34.54 Z 1/31/2015 DAN KIRKLAND

PNA: 5:34.54 P 1/31/2015 DAN KIRKLAND

1 Rick Colella 65 Lake Washington-36 5:05.44N  
 r:+0.87 29.04 31.35 31.16 30.94  
 31.41 30.64 30.07 30.37  
 30.73 29.73

2 Dan Kirkland 68 Lake Washington-36 5:40.69  
 r:+0.81 30.44 32.73 33.97 34.45  
 34.69 35.06 35.34 35.11  
 35.02 33.88

3 Jim Clemmons 66 Sawtooth Masters-59 6:01.61  
 r:+0.59 33.22 35.68 36.48 36.78  
 36.76 36.39 36.72 36.73  
 36.95 35.90

4 John Baker 65 Bainbridge Aquat-36 6:17.32  
 r:+0.90 32.88 35.57 37.19 38.53  
 38.98 38.81 38.96 38.90  
 39.05 38.45

5 James Stretch 65 Bainbridge Aquat-36 6:41.99  
 r:+0.62 36.06 39.25 40.47 41.24  
 40.49 41.45 41.57 40.42  
 40.97 40.07

6 Ron Hansen 67 Puget Sound Mast-36 7:53.68  
 43.93 47.52 49.51 48.54  
 47.83 47.80 46.99 47.17  
 48.15 46.24

7 Laurence Hile 67 Bainbridge Aquat-36 10:09.04  
 r:+0.93 47.57 59.77 1:02.43 1:04.96  
 1:02.95 1:02.85 1:02.51 1:04.51  
 1:03.11 58.38

**Men 65-69 1000 Yard Freestyle**

NATL: 11:23.13 N 4/16/2016 JIM MC CONICA

ZONE: 11:25.42 Z 1/31/2015 DAN KIRKLAND

PNA: 11:25.42 P 1/31/2015 DAN KIRKLAND

1 Dan Kirkland 68 Lake Washington-36 11:44.01  
 r:+0.70 31.26 33.24 33.95 34.97  
 35.17 35.26 35.28 35.73  
 35.94 35.89 35.86 35.56  
 35.81 35.94 35.98 35.98  
 35.97 36.11 35.71 34.40

2 Jim Clemmons 66 Sawtooth Masters-59 12:21.38  
 r:+0.83 34.22 36.76 36.81 37.12  
 37.14 37.57 37.35 37.86  
 37.56 37.55 37.31 37.13  
 37.15 37.32 37.23 37.27  
 37.07 37.10 37.35 36.51

3 James Stretch 65 Bainbridge Aquat-36 14:00.76  
 r:+0.67 36.53 40.74 42.43 43.14  
 42.11 41.75 42.46 41.93  
 41.80 41.84 41.40 41.20  
 41.70 42.53 42.80 42.62  
 44.23 44.14 44.03 41.38

4 Terry Thomas 69 UC36-36 16:59.44  
 r:+0.95 41.28 45.94 47.99 49.88  
 50.39 50.61 52.64 51.61  
 52.32 52.93 52.46 52.69  
 52.89 52.62 52.52 52.90  
 52.11 51.23 52.30 52.13

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 65-69 1000 Yard Freestyle)**

5	Ron Hansen	67	Puget Sound Mast-36	17:00.71
	45.71	51.22	51.89	51.87
	51.16	50.15	51.10	50.27
	50.70	51.34	50.65	50.48
	52.17	52.14	52.12	51.04
	51.88	52.73	51.74	50.35

**Men 65-69 1650 Yard Freestyle**

NATL: 19:07.81 N 4/23/2015 JIM CLEMMONS

ZONE: 19:16.25 Z 5/20/2007 TOM LANDIS

PNA: 19:21.80 P 4/12/2015 DAN KIRKLAND

1	Dan Kirkland	68	Lake Washington-36	19:46.97
	r:+0.89	31.91	34.83	35.59
		35.72	35.81	36.07
		35.79	36.07	35.94
		36.01	36.09	36.19
		36.12	35.95	35.98
		36.13	36.34	36.31
		36.80	36.44	36.52
		36.44	36.93	36.78
				36.20
				34.58
2	David Tempest	66	Mercer Island Re-36	21:41.20
		37.48	39.77	39.75
		39.66	40.26	39.79
		39.62	40.07	39.81
		39.37	39.35	39.96
		39.64	39.57	39.39
		39.67	39.65	39.43
		39.51	39.69	39.48
		39.02	39.21	38.92
				38.74
				36.92
3	Ron Hansen	67	Puget Sound Mast-36	27:48.65
		46.61	48.54	49.55
		48.16	48.75	49.06
		49.05	49.58	48.86
		49.12	49.10	50.60
		49.90	51.77	51.46
		52.16	49.98	51.38
		51.75	54.28	52.44
		52.53	53.06	52.10
				52.16
				50.56
4	Terry Thomas	69	UC36-36	28:50.13
		42.98	46.50	48.99
		50.89	51.57	52.38
		51.92	52.28	51.94
		52.41	53.34	52.02
		53.85	52.87	53.98
		53.38	54.46	54.37
		54.37	53.69	54.06
		54.34	54.04	53.71
				54.21
				51.15

**Men 65-69 50 Yard Backstroke**

NATL: 27.74 N 5/23/2010 RICHARD ABRAHAMS

ZONE: 28.46 Z 5/10/2009 ROBERT SMITH

PNA: 30.93 P 2000 CHASE/BELL

1	Larry Wright	68	Oregon Masters-37	33.51
	r:+0.87			
2	James Stretch	65	Bainbridge Aquat-36	36.01
	r:+0.77			

3	Stephen Fogg	68	Stanwood-Camano-36	36.58
	r:+0.79			
4	Barney Voegtlen	68	Bainbridge Aquat-36	37.12
	r:+0.87			
5	Ron Hansen	67	Puget Sound Mast-36	52.66
	r:+0.84			
6	Laurence Hile	67	Bainbridge Aquat-36	1:17.13
	r:+0.99			

**Men 65-69 100 Yard Backstroke**

NATL: 59.62 N 5/12/2013 HUGH WILDER

ZONE: 1:03.43 Z 5/10/2009 ROBERT SMITH

PNA: 1:06.01 P 3/6/2005 GARY CHASE

1	David Tempest	66	Mercer Island Re-36	1:12.76
	r:+0.79	36.55	36.21	
2	Stephen Fogg	68	Stanwood-Camano-36	1:21.76
	r:+0.90	39.02	42.74	
3	Barney Voegtlen	68	Bainbridge Aquat-36	1:24.40
	r:+0.88	39.47	44.93	

**Men 65-69 200 Yard Backstroke**

NATL: 2:16.72 N 5/11/2013 HUGH WILDER

ZONE: 2:23.14 Z 4/12/2015 DAN KIRKLAND

PNA: 2:23.14 P 4/12/2015 DAN KIRKLAND

1	Dan Kirkland	68	Lake Washington-36	2:25.86
	r:+0.75	34.31	35.95	38.09
				37.51
2	David Tempest	66	Mercer Island Re-36	2:35.13
	r:+0.74	37.89	39.48	39.94
				37.82
3	Jim Clemmons	66	Sawtooth Masters-59	2:40.96
	r:+0.87	38.71	40.26	41.56
				40.43
4	James Stretch	65	Bainbridge Aquat-36	2:46.55
	r:+0.85	39.29	42.12	42.63
				42.51
5	Stephen Fogg	68	Stanwood-Camano-36	3:12.16
	r:+0.86	41.34	45.01	51.00
				54.81
6	Ron Hansen	67	Puget Sound Mast-36	3:48.58
	r:+0.90	55.48	57.50	59.47
				56.13

**Men 65-69 50 Yard Breaststroke**

NATL: 30.53 N 5/10/2013 ROBERT STRAND

ZONE: 31.09 Z 5/4/2014 ROBERT STRAND

PNA: 32.82 P 10/8/2016 JOHN B BAKER

1	Rick Colella	65	Lake Washington-36	29.10N
	r:+0.82			
2	Allen Stark	68	Oregon Masters-37	32.01
	r:+0.85			
3	John Baker	65	Bainbridge Aquat-36	32.85
	r:+0.84			
4	Jim Clemmons	66	Sawtooth Masters-59	36.83
	r:+0.74			
5	Robert Wake	68	Lake Washington-36	39.62
6	Barney Voegtlen	68	Bainbridge Aquat-36	41.05
	r:+0.87			
---	William Hayes	65	Lake Washington-36	DQ
	Head under for 2 or more strokes			
	r:+0.94			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 65-69 100 Yard Breaststroke**

**NATL:** 1:07.35 N 5/11/2013 **ROBERT STRAND**  
**ZONE:** 1:07.59 Z 5/2/2014 **ROBERT STRAND**  
**PNA:** 1:13.78 P 5/18/1997 **NICK TEMPLEMAN**

1 Rick Colella	65 Lake Washington-36	1:03.90N
r:+0.81 30.08	33.82	
2 Allen Stark	68 Oregon Masters-37	1:11.05
r:+0.87 34.03	37.02	
3 John Baker	65 Bainbridge Aquat-36	1:16.52
r:+0.83 36.02	40.50	
4 Rick Stafford	69 Bainbridge Aquat-36	1:24.19
40.37	43.82	

**Men 65-69 200 Yard Breaststroke**

**NATL:** 2:30.17 N 5/1/2011 **ROBERT STRAND**  
**ZONE:** 2:30.62 Z 5/3/2014 **ALLEN STARK**  
**PNA:** 2:47.50 P 5/18/1997 **NICK TEMPLEMAN**

1 Allen Stark	68 Oregon Masters-37	2:40.10
r:+0.85 34.85	41.11 42.57 41.57	
2 Rick Stafford	69 Bainbridge Aquat-36	3:02.86
41.67	46.70 46.74 47.75	

**Men 65-69 50 Yard Butterfly**

**NATL:** 24.94 N 5/22/2010 **RICHARD ABRAHAMS**  
**ZONE:** 27.91 Z 5/20/2007 **BERT PETERSEN**  
**PNA:** 28.41 P 3/29/2014 **LARRY WRIGHT**

1 Larry Wright	68 Oregon Masters-37	28.96
r:+0.83		
2 John Baker	65 Bainbridge Aquat-36	31.22
r:+0.86		
3 Robert Wake	68 Lake Washington-36	37.49
r:+0.78		
4 Barney Voegtlen	68 Bainbridge Aquat-36	38.17
r:+0.91		

**Men 65-69 100 Yard Butterfly**

**NATL:** 56.36 N 5/21/2010 **RICHARD ABRAHAMS**  
**ZONE:** 1:07.68 Z 5/20/2007 **BERT PETERSEN**  
**PNA:** 1:06.29 P 4/26/2015 **ALAN BELL**

1 Larry Wright	68 Oregon Masters-37	1:13.65
r:+0.88 34.61	39.04	
2 Rick Stafford	69 Bainbridge Aquat-36	1:28.54
40.82	47.72	

**Men 65-69 200 Yard Butterfly**

**NATL:** 2:13.55 N 4/29/2016 **LAWRENCE DAY**  
**ZONE:** 3:01.94 Z 5/20/2001 **DICK SLAWSON**  
**PNA:** 2:35.05 P 4/26/2015 **ALAN BELL**

1 Rick Colella	65 Lake Washington-36	2:08.94N
r:+0.86 29.11	33.01 33.24 33.58	
2 Rick Stafford	69 Bainbridge Aquat-36	3:15.40
42.56	49.70 51.80 51.34	

**Men 65-69 100 Yard IM**

**NATL:** 1:00.32 N 5/23/2010 **RICHARD ABRAHAMS**  
**ZONE:** 1:03.84 Z 5/2/2014 **ROBERT STRAND**  
**PNA:** 1:07.35 P 10/8/2016 **JOHN B BAKER**

1 Rick Colella	65 Lake Washington-36	58.19N
r:+0.83 27.49	30.70	

2 John Baker	65 Bainbridge Aquat-36	1:10.02
r:+0.86 32.54	37.48	
3 Larry Wright	68 Oregon Masters-37	1:10.66
r:+0.85 32.66	38.00	
4 Jim Clemmons	66 Sawtooth Masters-59	1:13.63
r:+0.75 34.80	38.83	
5 William Hayes	65 Lake Washington-36	1:17.75
r:+0.91 35.56	42.19	
6 Robert Wake	68 Lake Washington-36	1:20.98
38.47	42.51	
7 Stephen Fogg	68 Stanwood-Camano-36	1:21.25
36.00	45.25	
8 Barney Voegtlen	68 Bainbridge Aquat-36	1:22.37
r:+0.87 37.05	45.32	

**Men 65-69 200 Yard IM**

**NATL:** 2:16.17 N 4/30/2016 **LAWRENCE DAY**  
**ZONE:** 2:26.55 Z 4/13/2008 **TOM LANDIS**  
**PNA:** 2:30.73 P 5/1/2011 **MICHAEL MCCOLLY**

1 Jim Clemmons	66 Sawtooth Masters-59	2:37.23
r:+0.77 33.76	41.18 46.49 35.80	
2 John Baker	65 Bainbridge Aquat-36	2:38.50
r:+0.85 32.24	41.99 46.82 37.45	

**Men 65-69 400 Yard IM**

**NATL:** 4:56.46 N 5/1/2016 **LAWRENCE DAY**  
**ZONE:** 5:19.23 Z 5/20/2007 **TOM LANDIS**  
**PNA:** 5:21.16 P 5/1/2011 **MICHAEL MCCOLLY**

1 Rick Colella	65 Lake Washington-36	4:32.37N
r:+0.88 29.05	33.31 36.51 36.22	
36.35	37.85 32.16 30.92	

**Men 70-74 50 Yard Freestyle**

**NATL:** 24.13 N 5/4/2008 **JEFF FARRELL**  
**ZONE:** 26.44 Z 5/1/2016 **ROBERT STRAND**  
**PNA:** 26.89 P 5/4/2014 **ROBERT PILGER**

1 Robert Pilger	73 YMCA Pierce Kits-36	28.09
r:+0.97		
2 Michael McKinlay	73 Dbst Masters-36	45.42

**Men 70-74 100 Yard Freestyle**

**NATL:** 54.58 N 4/26/2015 **RICHARD ABRAHAMS**  
**ZONE:** 58.29 Z 4/29/2012 **TOM LANDIS**  
**PNA:** 1:02.05 P 5/4/2014 **ROBERT PILGER**

1 Robert Pilger	73 YMCA Pierce Kits-36	1:07.11
r:+0.87 33.07	34.04	
2 William Smith	72 Puget Sound Mast-36	1:23.91
40.49	43.42	

**Men 70-74 500 Yard Freestyle**

**NATL:** 5:48.21 N 5/9/2015 **DAVID QUIGGIN**  
**ZONE:** 5:57.07 Z 5/20/2007 **DAVID RADCLIFF**  
**PNA:** 6:16.89 P 5/16/1999 **ROBERT MILLER**

1 Michael McColly	71 Lake Washington-36	6:17.61
34.07	37.08 38.08 38.25	
38.49	38.47 38.41 38.41	
38.40	37.95	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 70-74 1000 Yard Freestyle**

NATL: 12:09.40 N 5/7/2015 DAVID QUIGGIN  
 ZONE: 12:20.51 Z 5/9/2013 TOM LANDIS  
 PNA: 13:05.84 P 4/9/2016 MICHAEL MCCOLLY

1	Michael McColly	71	Lake Washington-36	13:04.95
	35.20	38.42	39.15	38.96
	39.36	39.57	39.57	39.08
	39.43	39.30	39.18	39.36
	39.30	39.68	39.75	40.33
	40.20	39.53	40.25	39.33

**Men 70-74 50 Yard Backstroke**

NATL: 29.72 N 4/26/2015 RICHARD BURNS  
 ZONE: 32.66 Z 11/9/2013 ROBERT SMITH  
 PNA: 36.37 P 4/29/1990 ANDREW HOLDEN

1	Bill Galvani	70	Bainbridge Aquat-36	42.56
	r:+0.65			
2	Robert Pilger	73	YMCA Pierce Kits-36	42.70
	r:+0.98			
3	Thomas Walker	70	Team Walker Inte-36	53.86
	r:+0.90			

**Men 70-74 100 Yard Backstroke**

NATL: 1:05.42 N 4/24/2015 RICHARD BURNS  
 ZONE: 1:13.72 Z 4/12/2014 ROBERT SMITH  
 PNA: 1:14.06 P 5/16/1999 ROBERT MILLER

1	Bill Galvani	70	Bainbridge Aquat-36	1:37.00
	r:+0.75	47.76	49.24	
2	William Smith	72	Puget Sound Mast-36	1:51.47
	r:+0.99	54.49	56.98	

**Men 70-74 200 Yard Backstroke**

NATL: 2:23.68 N 5/2/2014 RICHARD BURNS  
 ZONE: 2:37.63 Z 5/16/1999 ROBERT MILLER  
 PNA: 2:37.63 P 5/16/1999 ROBERT MILLER

1	Michael McColly	71	Lake Washington-36	2:40.61
	r:+0.77	39.45	40.99	40.54
				39.63

**Men 70-74 50 Yard Breaststroke**

NATL: 31.70 N 4/30/2016 ROBERT STRAND  
 ZONE: 31.70 Z 5/1/2016 ROBERT STRAND  
 PNA: 36.22 P 2/19/2017 STEVEN B PETERSON

1	Dennis Sawyer	73	Bainbridge Aquat-36	39.12
	r:+0.71			
2	Bill Galvani	70	Bainbridge Aquat-36	42.29
	r:+0.75			
3	William Smith	72	Puget Sound Mast-36	47.86
4	Thomas Walker	70	Team Walker Inte-36	1:01.61
---	Robert Strand	71	Sawtooth Masters-59	DQ
	Arms two strokes underwater			
	r:+0.68			

**Men 70-74 100 Yard Breaststroke**

NATL: 1:09.47 N 5/1/2016 ROBERT STRAND  
 ZONE: 1:09.47 Z 5/1/2016 ROBERT STRAND  
 PNA: 1:19.88 P 2/19/2017 STEVEN B PETERSON

1	Steven Peterson	70	YMCA Pierce Kits-36	1:19.71
	r:+0.64	37.57	42.14	

2	Dennis Sawyer	73	Bainbridge Aquat-36	1:26.31
	r:+0.96	41.80	44.51	
3	Bill Galvani	70	Bainbridge Aquat-36	1:34.16
	r:+0.83	45.25	48.91	
4	Thomas Walker	70	Team Walker Inte-36	2:18.16
	1:08.43	1:09.73		

**Men 70-74 200 Yard Breaststroke**

NATL: 2:35.66 N 4/29/2016 ROBERT STRAND  
 ZONE: 2:26.42 Z 5/1/2016 ROBERT STRAND  
 PNA: 2:53.48 P 2/19/2017 STEVEN B PETERSON

1	Steven Peterson	70	YMCA Pierce Kits-36	2:53.21
	r:+0.74	40.13	44.51	45.32
				43.25
2	Bill Galvani	70	Bainbridge Aquat-36	3:21.82
	r:+0.83	46.95	50.99	51.51
				52.37

**Men 70-74 50 Yard Butterfly**

NATL: 26.92 N 4/26/2015 RICHARD ABRAHAMS  
 ZONE: 29.38 Z 1/31/2009 BERT PETERSEN  
 PNA: 30.59 P 5/4/2014 ROBERT PILGER

1	William Smith	72	Puget Sound Mast-36	50.92
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**Men 70-74 100 Yard IM**

NATL: 1:05.05 N 5/3/2014 JAMES ELDER  
 ZONE: 1:05.60 Z 5/1/2016 ROBERT STRAND  
 PNA: 1:13.19 P 5/16/1999 ROBERT MILLER

1	Dennis Sawyer	73	Bainbridge Aquat-36	1:26.92
	r:+0.88	42.25	44.67	
2	Bill Galvani	70	Bainbridge Aquat-36	1:30.98
	r:+0.74	44.59	46.39	
3	William Smith	72	Puget Sound Mast-36	1:41.19
		50.08	51.11	

**Men 70-74 200 Yard IM**

NATL: 2:26.42 N 4/30/2016 ROBERT STRAND  
 ZONE: 2:26.42 Z 5/1/2016 ROBERT STRAND  
 PNA: 2:43.52 P 5/16/1999 ROBERT MILLER

1	Steven Peterson	70	YMCA Pierce Kits-36	2:46.50
	r:+0.66	39.17	44.62	45.06
				37.65
2	Michael McColly	71	Lake Washington-36	2:50.60
		37.89	43.74	53.06
				35.91
3	William Smith	72	Puget Sound Mast-36	3:53.31
	r:+0.96	52.03	1:00.69	1:07.82
				52.77

**Men 70-74 400 Yard IM**

NATL: 5:34.47 N 4/27/2003 BURWELL JONES  
 ZONE: 5:37.35 Z 5/9/2013 TOM LANDIS  
 PNA: 6:26.27 P 2/17/2001 THOMAS TAYLOR

1	Steven Peterson	70	YMCA Pierce Kits-36	6:06.57
	r:+0.81	39.06	47.20	50.67
				49.85
		47.49	48.92	42.79
				40.59

**Men 75-79 50 Yard Freestyle**

NATL: 25.58 N 3/4/2012 JEFF FARRELL  
 ZONE: 26.84 Z 5/10/2009 DAVID RADCLIFF  
 PNA: 31.69 P 4/9/2016 RONALD C JONES

1	Nate Thomas	79	Sawtooth Masters-59	41.27
	r:+0.91			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 75-79 200 Yard Freestyle**

NATL: 2:08.77 N 5/10/2009 DAVID RADCLIFF

ZONE: 2:08.77 Z 5/10/2009 DAVID RADCLIFF

PNA: 2:35.93 P 4/10/2005 BOB MILLER

1	Nate Thomas	79	Sawtooth Masters-59	3:30.39
r:+0.90	47.28	53.09	57.24	52.78

**Men 75-79 500 Yard Freestyle**

NATL: 6:03.87 N 5/8/2010 DAVID RADCLIFF

ZONE: 6:03.87 Z 5/8/2010 DAVID RADCLIFF

PNA: 7:07.00 P 5/20/2007 BOB MILLER

1	Nate Thomas	79	Sawtooth Masters-59	9:24.03
r:+0.82	50.00	55.56	56.97	58.20
	57.87	58.14	57.32	59.11
	56.60	54.26		

**Men 75-79 1000 Yard Freestyle**

NATL: 12:20.59 N 5/10/2009 DAVID RADCLIFF

ZONE: 12:20.59 Z 5/10/2009 DAVID RADCLIFF

PNA: 14:09.71 P 4/10/2005 BOB MILLER

1	Nate Thomas	79	Sawtooth Masters-59	18:54.70
r:+0.93	50.87	56.73	56.30	57.04
	55.57	57.82	55.77	58.85
	57.61	57.47	57.82	55.99
	58.51	57.19	57.08	56.80
	58.56	57.78	57.33	53.61

**Men 75-79 50 Yard Breaststroke**

NATL: 34.58 N 3/5/2017 MIKE FRESHLEY

ZONE: 39.35 Z 3/11/2006 MILTON MARKS

PNA: 40.00 P 2/26/2006 TOM TAYLOR

1	Dominique Truong	78	Puget Sound Mast-36	46.23
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**Men 75-79 100 Yard Breaststroke**

NATL: 1:16.74 N 9/18/2016 MIKE FRESHLEY

ZONE: 1:29.21 Z 5/4/2014 DICK PETERSON

PNA: 1:29.21 P 5/4/2014 DICK PETERSON

1	Dominique Truong	78	Puget Sound Mast-36	1:43.89
r:+0.98	50.35	53.54		

**Men 85-89 200 Yard Freestyle**

NATL: 2:50.54 N 5/8/2010 FRANK PIEMME

ZONE: 2:56.80 Z 4/11/2010 WILLARD LAMB

PNA: 3:34.99 P 5/16/1999 GENE CROSSETT

1	Robert Dorse	85	Puget Sound Mast-36	3:42.32
	50.13	56.59	58.64	56.96

**Men 85-89 50 Yard Butterfly**

NATL: 39.89 N 3/7/2010 FRANK PIEMME

ZONE: 41.99 Z 4/10/2005 ANDREW HOLDEN

PNA: 56.03 P 12/5/1993 JIM PENFIELD

1	Robert Dorse	85	Puget Sound Mast-36	1:00.48
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**Women 18+ 200 Yard Freestyle Relay**

NATL: 1:35.66 N 4/30/2016 CLUB TRIBE ALUM

G MIZERAK, S SHANER, C HURTUBISE, K GRIER

ZONE: 1:41.39 Z 4/13/2014 PSM

A MOORHEAD, L ORAM, P DINKEL, J KING

PNA: 1:41.39 P 4/13/2014 PSM

A MOORHEAD, L ORAM, P DINKEL, J KING

1	Lake Washington-36	A	1:48.65
	1) Rachel Martin W25	2) r:0.18 Amanda Clark W24	
	3) r:0.10 Antoinette Ngo W22	4) r:0.14 Amelia Ferrel W30	
r:+0.73	26.68	25.49	29.31
			27.17
2	Western Washingt-36	B	1:57.70
	1) Ava McCrea W19	2) r:0.30 Allie Monsen W21	
	3) r:0.46 Miranda Caulfield W19	4) Emily Deardorff W19	
r:+0.63	29.14	29.67	33.63
			25.26
3	Western Washingt-36	A	2:07.24
	1) Anna Novack W19	2) Madelynn Sare W21	
	3) Aliza Ben-Varon W20	4) Jackie DeLong W22	
r:+0.46	31.02	31.09	34.17
			30.96
4	Blue Wave Aquati-36	A	2:07.64
	1) Zena Courtney W57	2) r:0.55 Wendy Noffke W44	
	3) r:0.16 Gail Stribling Geldien	4) r:0.17 Saskia Kroesen W23	
r:+0.80	29.27	37.52	34.31
			26.54

**Women 18+ 200 Yard Medley Relay**

NATL: 1:45.34 N 4/24/2015 THE OLYMPIC CLU

A SENKO, K MCGRAW, K KASTES, K MURPHY

ZONE: 1:55.40 Z 4/14/2013 PSM

D PALUMBO, K SCHAEFFER, B BOGACHUS, M CHANG

PNA: 1:55.40 P 4/14/2013 PSM

D PALUMBO, K SCHAEFFER, B BOGACHUS, M CHANG

1	Lake Washington-36	A	2:02.90
	1) Rachel Martin W25	2) r:0.48 Amelia Ferrel W30	
	3) r:0.09 Felicia Werchan W27	4) r:0.50 Antoinette Ngo W22	
r:+0.83	30.00	33.26	30.74
			28.90
2	Blue Wave Aquati-36	A	2:08.43
	1) Zena Courtney W57	2) r:0.26 Kathy Byers W56	
	3) r:0.25 Saskia Kroesen W23	4) r:0.11 Rondamarie Smith	
r:+0.73	33.40	39.05	28.07
			27.91
3	Western Washingt-36	A	2:14.00
	1) Emily Deardorff W19	2) r:0.32 Aliza Ben-Varon W20	
	3) r:0.44 Ava McCrea W19	4) r:0.24 Miranda Caulfield W19	
r:+0.73	34.67	37.43	33.03
			28.87
4	Team Walker Inte-36	A	2:38.83
	1) Valerie Powell W23	2) r:0.13 Jenny Ferries W35	
	3) r:-0.35 Tammy Regan	4) Kathy Pelham W44	
r:+0.94	57.48	35.00	36.58
			29.77
---	Western Washingt-36	B	DQ
	Early take-off swimmer #4		
	1) Allie Monsen W21	2) Madelynn Sare W21	
	3) r:0.35 Jackie DeLong W22	4) r:-0.20 Anna Novack W19	
r:+0.87	36.80	42.25	36.64
			30.30

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 25+ 200 Yard Freestyle Relay**

NATL: 1:35.01 N 4/25/2015 THE OLYMPIC CLU

O'DONNELL-MCCARTH, K KASTES, M GILL, K RAATZ

ZONE: 1:41.13 Z 4/12/2015 PSM

A MOORHEAD, C HELGASON, J KING, P DINKEL

PNA: 1:41.13 P 4/12/2015 PSM

A MOORHEAD, C HELGASON, J G KING, P DINKEL

1 Blue Wave Aquati-36	B	2:35.93
1) Jean Blackburn W65	2) r:0.35 Judy Williams W68	
3) r:0.52 Kimberly Wood W44	4) r:0.08 Melanie Crump W32	
r:+0.87 36.13 42.94	40.07 36.79	

**Women 25+ 200 Yard Medley Relay**

NATL: 1:45.01 N 5/4/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

ZONE: 1:55.29 Z 4/10/1999 OREG

M DONAHUE, M HASLACH, F, K HAKANSON

PNA: 1:51.99 P 4/12/2015 PSM

C HELGASON, P DINKEL, J G KING, K A BYERS

1 Husky Masters-36	A	2:15.82
1) Amanda Winans W34	2) r:0.34 Jacquelyn Braggin W30	
3) r:0.29 Tracy Maschman	4) r:0.04 Stephanie Hiebert W39	
r:+0.94 37.32 38.52	30.73 29.25	
2 Snohomish Aquati-36	A	2:29.98
1) Renee Quistorf W52	2) r:0.36 Patricia Davidson W34	
3) r:0.15 Margo Marsh-Limm	4) r:0.12 MarySue Balazic W49	
r:+0.91 40.50 39.65	34.17 35.66	

**Women 35+ 200 Yard Freestyle Relay**

NATL: 1:36.42 N 2/1/2015 NCMS

K LINDAUER, A UHL, J STRINGER, E BRAUN

ZONE: 1:40.10 Z 5/1/2011 PNA

S HART, H A WERNER, M C ARMSTRONG, L A DAHL

PNA: 1:40.10 P 5/1/2011 PNA

S HART, H A WERNER, M C ARMSTRONG, L A DAHL

1 Lake Washington-36	B	2:01.01
1) Valerie McHenry W37	2) r:0.47 Laurel Baker W39	
3) r:0.46 Heather Clarke W45	4) r:0.14 Lori Robins W37	
r:+0.70 26.76 30.53	32.26 31.46	
2 YMCA Pierce Kits-36	A	2:04.67
1) Katy Smith W35	2) r:-0.10 Kris Speir W53	
3) r:-0.15 Amy Wolfe W47	4) Hannah Gottschall W36	
r:+0.70 29.46 31.28	1:03.93	

**Women 35+ 200 Yard Medley Relay**

NATL: 1:48.55 N 5/14/2006 COLORADO MASTER

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

ZONE: 1:51.95 Z 5/1/2011 PNA

S HART, H A WERNER, L A DAHL, K S JETER

PNA: 1:51.95 P 5/1/2011 PNA

S HART, H A WERNER, L A DAHL, K S JETER

1 Lake Washington-36	B	2:17.73
1) Valerie McHenry W37	2) r:0.57 Lorraine Masse W44	
3) r:0.50 Heather Clarke W45	4) r:0.32 Lori Robins W37	
r:+0.74 31.90 39.22	34.93 31.68	

2 Bainbridge Aquat-36	B	2:23.63
1) Shelley Reimer W47	2) r:0.57 Jessica Dubey W54	
3) r:0.07 Erin Cyger W45	4) r:0.63 Alison Dennison W36	
r:+0.74 34.56 44.87	32.26 31.94	
3 Blue Wave Aquati-36	B	2:50.69
1) Jean Blackburn W65	2) r:-0.66 Judy Williams W68	
3) r:0.50 Megan Holt W46	4) r:0.28 Gail Stribling Geldien	
r:+0.82 48.57 50.97	37.70 33.45	

**Women 45+ 200 Yard Freestyle Relay**

NATL: 1:40.44 N 4/30/2011 COLORADO MASTER

K GARNIER, C SAPPEY, A SCOTT-KUBE, S VON DER LIPPE

ZONE: 1:44.11 Z 5/23/2010 OREG

V JENKINS, A DELMAGE, M CASWELL, K

PNA: 1:45.48 P 5/17/2002 PNA

J MOORE, C DAVIS, D GLASSMAN, M LIPPOLD

1 North End Otters-36	A	2:02.42
1) Gloria Dillan W57	2) r:0.41 Nancy Huntamer W52	
3) r:-0.27 Mary Lippold W61	4) r:-0.02 Tani Stenford W51	
31.60 35.64	28.19 26.99	
2 Peninsula Master-36	A	2:32.75
1) Elizabeth Hogan W55	2) Barbara Johnson W67	
3) r:0.33 Andrea Cortani W45	4) r:0.22 Theresa Shugart W49	
38.45 51.25	31.70 31.35	

**Women 45+ 200 Yard Medley Relay**

NATL: 1:52.93 N 5/1/2011 COLORADO MASTER

C SAPPEY, K CROUCH, S VON DER LIPPE, A SCOTT-KUBE

ZONE: 1:54.02 Z 5/23/2010 OREG

V JENKINS, C CRABBE, A DELMAGE, K

PNA: 2:00.29 P 5/4/2014 PSM

L PACE, H WERNER, S BULLOCK, L DAHL

1 Peninsula Master-36	A	2:55.06
1) Elizabeth Hogan W55	2) r:0.20 Katherine Beirne W47	
3) r:0.27 Andrea Cortani W45	4) Barbara Johnson W67	
r:+0.89 49.00 38.63	37.28 50.15	

**Women 55+ 200 Yard Freestyle Relay**

NATL: 1:51.52 N 4/28/2013 UCLA BRUIN MAST

J COOK, C CIRAULO, K EINSIDLER, V HIBBEN

ZONE: 1:51.91 Z 4/26/2015 PSM

Z COURTNEY, C DAVIS, G DILLAN, M LIPPOLD

PNA: 1:53.70 P 5/9/2013 PSM

C M DAVIS, S PREISSLER, D A GLASSMAN, M B LIPPOLD

1 Lake Washington-36	C	2:00.66
1) Dawn Jaeger W60	2) r:0.19 Linda Chapman W61	
3) r:0.28 Sheila Moore W58	4) r:0.08 Charlotte Davis W66	
r:+0.79 30.90 30.52	31.11 28.13	



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 55+ 200 Yard Medley Relay**

NATL: 2:04.50 N 4/24/2015 PUGET SOUND MAS

Z COURTNEY, L CHAPMAN, C DAVIS, M LIPPOLD

ZONE: 2:12.05 Z 5/1/2011 PNA

C M DAVIS, L CHAPMAN, D A GLASSMAN, M B LIPPOLD

PNA: 2:04.50 P 4/26/2015 PSM

Z COURTNEY, L CHAPMAN, C M DAVIS, M B LIPPOLD

1	Lake Washington-36	C	2:15.10
	1) Dawn Jaeger W60	2) r:0.00 Linda Chapman W61	
	3) r:0.25 Charlotte Davis W66	4) r:0.23 Sheila Moore W58	
r:+0.93	36.50	36.57	31.35 30.68
2	Bainbridge Aquat-36	A	3:04.08
	1) Cestjon McFarland W56	2) Heather Adkins-Narte W62	
	3) r:0.57 Kate Carruthers W68	4) Deborah Flynn W56	
r:+0.89	40.98	1:00.25	49.83 33.02

**Men 18+ 200 Yard Freestyle Relay**

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

N BRUNELLI, C JONES, N WESTBY, J SKUBA

ZONE: 1:27.86 Z 4/26/1992 MACO

J KEPPELER, D BURLESON, J KINGERY, D MARSHALL

PNA: 1:28.38 P 4/15/2012 PNA

CHRIS CHAPMAN, THOMAS PEART, NED STACK, CEJIH YUNG

1	Husky Masters-36	A	1:31.88
	1) Joshua Scheck M20	2) r:0.43 Michael Orton M34	
	3) r:0.12 Brian Wisniewski M39	4) r:0.13 Alexander Lyskin M20	
r:+0.55	24.47	22.08	23.04 22.29
2	Western Washingt-36	A	1:42.20
	1) Nicholas Pederson M20	2) r:0.22 Keito Swan M27	
	3) r:-0.61 Blake Nixon M19	4) r:0.11 Josh Pehrson M20	
r:+0.69	25.96	27.46	25.59 23.19
3	YMCA Pierce Kits-36	A	1:44.25
	1) J Bullock M48	2) r:0.41 Chad Hagedorn M44	
	3) r:0.31 James Reehill M24	4) r:0.06 Dave Hannula M63	
r:+0.77	26.65	28.00	25.72 23.88
4	Dbst Masters-36	A	1:45.37
	1) Yawei Hao M26	2) r:0.32 Jack Timmons M56	
	3) r:0.04 Nicholas Carter M24	4) r:0.51 Mark Wall M27	
r:+0.70	24.01	25.06	30.30 26.00
5	Husky Masters-36	B	1:49.92
	1) Ron Cho M39	2) r:0.80 Brandon Couch M21	
	3) r:0.57 David O'Hern M33	4) r:0.37 Jasper O'Leary M22	
r:+0.78	28.17	28.61	28.12 25.02

**Men 18+ 200 Yard Medley Relay**

NATL: 1:26.71 N 5/2/2014 THE OLYMPIC CLU

A SAETA, N KOON, N ADRIAN, A ERVIN

ZONE: 1:39.58 Z 4/13/2014 PSM

B WISNIEWSKI, S MOZHAROV, T CLARK, W DEPPE

PNA: 1:39.58 P 4/13/2014 PSM

B WISNIEWSKI, S MOZHAROV, T CLARK, W DEPPE

1	Lake Washington-36	A	1:43.22
	1) Trever Gray M41	2) r:0.24 Chris Conroy M31	
	3) r:0.35 Matthew Liedtke M27	4) r:0.49 Benjamin Griffin M23	
r:+0.81	25.67	28.83	25.88 22.84

2	Husky Masters-36	A	1:48.15
	1) Joshua Scheck M20	2) r:0.31 Ryan Shiplet M19	
	3) r:0.32 Alex Phillips M29	4) r:0.18 Alexander Lyskin M20	
r:+0.88	27.31	28.69	29.37 22.78
3	Western Washingt-36	A	1:52.07
	1) Jordan Anderson M18	2) r:0.23 Josh Pehrson M20	
	3) r:0.27 Nicholas Pederson M20	4) r:0.10 Keito Swan M27	
r:+0.72	30.11	27.96	27.48 26.52
4	Husky Masters-36	B	1:53.89
	1) Jasper O'Leary M22	2) r:0.64 Tyrone Jimmison M36	
	3) r:0.16 Gary Cox M39	4) r:0.29 Brian Wisniewski M39	
r:+0.78	32.08	31.09	27.48 23.24
5	Dbst Masters-36	A	2:01.95
	1) Mark Wall M27	2) r:0.43 Jack Timmons M56	
	3) r:0.35 Yawei Hao M26	4) r:0.33 Nicholas Carter M24	
r:+0.81	30.65	38.69	26.83 25.78

**Men 25+ 200 Yard Freestyle Relay**

NATL: 1:20.22 N 4/30/2016 THE OLYMPIC CLU

J LEOPOLD, S GREENWOOD, K FERGUSON, A SAETA

ZONE: 1:27.32 Z 4/14/2013 PSM

C CHAPMAN, C YUNG, C CONROY, R CARDOSO

PNA: 1:27.32 P 4/14/2013 PSM

C CHAPMAN, C YUNG, C CONROY, R CARDOSO

1	Lake Washington-36	A	1:34.71
	1) Chris Conroy M31	2) r:0.33 Matthew Liedtke M27	
	3) r:0.16 Mats Nygren M50	4) r:0.19 Rick Cardoso M38	
r:+0.74	23.45	25.50	23.40 22.36
2	Washington Athle-36	A	1:36.93
	1) Eric Williamson M26	2) r:0.29 Matthew Woare M42	
	3) r:0.26 Brandon Vaughan M29	4) r:0.33 Chris Pfaff M29	
r:+0.67	24.67	24.58	23.67 24.01

**Men 25+ 200 Yard Medley Relay**

NATL: 1:28.48 N 5/1/2016 THE OLYMPIC CLU

A SAETA, J LEOPOLD, J DUNFORD, K FERGUSON

ZONE: 1:36.79 Z 4/14/2013 PSM

C CHAPMAN, C YUNG, I MOSHER, C CONROY

PNA: 1:34.30 P 4/12/2015 PSM

T O GRAY, J KOTYNIA, C CHAPMAN, C CONROY

---	Blue Wave Aquati-36	C	DQ
	Not enough swimmers		
	1) Keith Kennedy M54	2) r:0.65 Thai Nguyen M46	
	3) r:0.52 Scott Matthews M55	4) Kevin Wong M33	
	40.76	41.02	39.68 37.36

**Men 35+ 200 Yard Freestyle Relay**

NATL: 1:23.32 N 5/29/2010 LONGHORN AQUATI

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

ZONE: 1:30.58 Z 5/18/1997 OREG

J WALKER, A ARATA, D KNAUER, S GEORGE

PNA: 1:31.52 P 5/20/2007 PNA

J KEPPELER, T DOHERTY, D KAYS, K NELSON

1	Blue Wave Aquati-36	A	1:46.17
	1) Scott Campea M42	2) r:0.39 Andy Iyall M50	
	3) r:0.25 James Littlefield M56	4) r:0.45 Kent Gavin M45	
r:+0.80	25.51	28.02	26.58 26.06

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 35+ 200 Yard Medley Relay**

NATL: 1:34.16 N 5/10/2009 LONGHORN AQUATI

T BLESSING, T BARTEE, B BAILEY, M VAROZZA

ZONE: 1:41.68 Z 4/29/2012 PNA

J KEPPELER, D E KAYS, T DOHERTY, K RICE

PNA: 1:41.68 P 4/29/2012 PNA

J KEPPELER, D E KAYS, T DOHERTY, K RICE

1	YMCA Pierce Kits-36	A	2:06.20
	1) Richard Seibert M52	2) r:0.25 Steven Peterson M70	
	3) r:0.40 Chad Hagedorn M44	4) r:0.14 Richard Adcock M61	
r:+0.81	30.81	36.13	28.64 30.62
2	Bainbridge Aquat-36	A	2:08.99
	1) Michael Cyger M46	2) r:0.34 Nick Schnee M42	
	3) r:0.12 Karl Morrison M49	4) r:0.49 Darren Gray M48	
r:+0.80	38.11	34.64	27.98 28.26
3	Blue Wave Aquati-36	B	2:13.56
	1) Andy Iyall M50	2) r:0.84 Christopher Souder	
	3) r:0.04 Daniel Smith M54	4) r:0.20 James Littlefield M56	
r:+0.97	32.98	44.25	28.92 27.41

**Men 45+ 200 Yard Freestyle Relay**

NATL: 1:27.70 N 5/4/2008 ARIZONA MASTERS

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

ZONE: 1:30.56 Z 5/20/2007 PNA

BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS

PNA: 1:30.56 P 5/20/2007 PNA

BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS

1	Lake Washington-36	B	1:40.92
	1) Bryan Smith M49	2) r:0.44 Michael Porter M50	
	3) r:0.24 Max Hanson M49	4) r:0.24 Daniel Phillips M53	
r:+0.70	25.79	25.22	24.85 25.06
2	Bainbridge Aquat-36	A	1:48.61
	1) Karl Morrison M49	2) r:0.42 John Baker M65	
	3) r:0.48 Michael Rosen M52	4) r:0.49 Keith Uyekawa M55	
r:+0.71	25.53	27.55	28.70 26.83
3	Bainbridge Aquat-36	B	1:59.04
	1) Darren Gray M48	2) r:0.18 Randy Rogers M58	
	3) r:0.50 Dennis Sawyer M73	4) r:0.58 Robert Powell M55	
r:+0.90	30.53	26.84	33.55 28.12
4	Blue Wave Aquati-36	B	2:03.73
	1) Daniel Smith M54	2) r:0.29 Keith Kennedy M54	
	3) r:0.59 Don Clise M50	4) r:0.83 Scott Matthews M55	
r:+0.87	27.66	31.32	32.37 32.38
5	Team Walker Inte-36	A	2:04.21
	1) Carl Haynie M56	2) r:0.90 Thomas Walker M70	
	3) Tom Fritschen M61	4) r:0.19 Maoz Alsberg M48	
r:+0.78	25.34	49.92	24.43 24.52

**Men 45+ 200 Yard Medley Relay**

NATL: 1:36.56 N 5/23/2010 GEORGIA MASTERS

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

ZONE: 1:43.23 Z 5/23/2010 OREG

D HATHAWAY, J CORBEAU, D BAKER, B SUMMERFIELD

PNA: 1:44.27 P 4/26/2015 PSM

J GOODING, D PHILLIPS, D WINTER, M O NYGREN

1	Lake Washington-36	B	1:52.14
	1) Mats Nygren M50	2) r:0.41 Daniel Phillips M53	
	3) r:0.30 Rob Martin M51	4) r:0.11 Max Hanson M49	
r:+0.81	28.14	29.07	29.85 25.08
2	Team Walker Inte-36	A	2:18.34
	1) Tom Fritschen M61	2) r:0.29 Vince Carmosino M47	
	3) r:0.28 Maoz Alsberg M48	4) r:0.34 Thomas Walker M70	
r:+0.66	35.26	28.61	28.73 45.74
---	Blue Wave Aquati-36	A	DQ
	Early take-off swimmer #2		
	1) Stephen Freeborn M61	2) r:-0.04 Warren Fullen M58	
	3) r:0.34 Eric Durban M61	4) r:0.68 Don Clise M50	
r:+0.77	36.07	36.12	31.50 31.19

**Men 55+ 200 Yard Freestyle Relay**

NATL: 1:32.18 N 4/11/2009 OREGON MASTERS

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

ZONE: 1:32.18 Z 4/11/2009 OREG

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

PNA: 1:36.22 P 5/4/2014 PSM

C HAMRY, D HANNULA, R COLELLA, D GRAHAM

1	Bainbridge Aquat-36	B	2:01.20
	1) James Stretch M65	2) r:0.02 Orlando Boleda M62	
	3) r:0.30 Rod Stevens M59	4) r:0.24 Tom Goodlin M57	
r:+0.63	29.87	31.75	29.82 29.76
2	Blue Wave Aquati-36	C	2:08.64
	1) Tim Nelson M56	2) r:0.89 Stephen Freeborn M61	
	3) r:0.34 Warren Fullen M58	4) r:0.61 Eric Durban M61	
r:+0.88	28.81	39.65	30.17 30.01

**Men 55+ 200 Yard Medley Relay**

NATL: 1:45.32 N 4/11/2009 OREGON MASTERS

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

ZONE: 1:45.32 Z 4/11/2009 OREG

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

PNA: 1:46.54 P 5/4/2014 PSM

D GRAHAM, R COLELLA, C HAMRY, D HANNULA

1	Lake Washington-36	C	2:03.61
	1) Jay Pearson M55	2) r:0.23 Rick Colella M65	
	3) r:0.50 Robert Wake M68	4) r:0.40 William Hayes M65	
r:+0.88	31.28	29.18	36.34 26.81
---	Bainbridge Aquat-36	B	DQ
	Stroke Infraction swimmer #3: Delay initiating turn after past vertical -		
	1) Tom Goodlin M57	2) r:0.36 John Baker M65	
	3) r:0.58 Robert Powell M55	4) r:0.33 Ken Bennett M56	
r:+0.76	37.63	34.34	33.52 33.17

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 65+ 200 Yard Freestyle Relay**

NATL: 1:40.07 N 5/10/2009 SAN DIEGO SWIM

M FRESHLEY, P ANDERSEN, V VAN BAALEN, K LODWIG

ZONE: 1:47.39 Z 5/20/2007 OREG

T LANDIS, R NAKATA, B PETERSEN, D RADCLIFF

PNA: 1:55.27 P 4/26/2015 PSM

A BELL, L WRIGHT, D SAWYER, S B PETERSON

1	Lake Washington-36	C	1:48.57
	1) Rick Colella M65	2) r:0.50 William Hayes M65	
	3) r:0.46 Robert Wake M68	4) r:0.30 Dan Kirkland M68	
r:+0.77	24.69	26.70	30.35 26.83
2	Bainbridge Aquat-36	C	2:18.56
	1) Barney Voegtlen M68	2) r:0.59 Bill Galvani M70	
	3) r:0.92 Laurence Hile M67	4) Rick Stafford M69	
r:+0.91	30.31	33.64	42.87 31.74

**Men 65+ 200 Yard Medley Relay**

NATL: 1:51.58 N 5/10/2009 SAN DIEGO SWIM

V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

ZONE: 2:05.30 Z 5/10/2009 OREG

R SMITH, G THAYER, T LANDIS, D RADCLIFF

PNA: 2:07.81 P 4/26/2015 PSM

A BELL, S B PETERSON, D SAWYER, L WRIGHT

1	Bainbridge Aquat-36	C	2:29.72
	1) Bill Galvani M70	2) r:-0.95 Dennis Sawyer M73	
	3) r:0.25 Rick Stafford M69	4) r:0.33 Barney Voegtlen M68	
r:+0.69	43.31	38.62	37.27 30.52

**Mixed 18+ 200 Yard Freestyle Relay**

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

ZONE: 1:34.41 Z 5/20/2007 PNA

A KROLL, S PIERCE, E JACOBSON, B GOLDMAN

PNA: 1:34.41 P 5/20/2007 PNA

A KROLL, S PIERCE, E JACOBSON, B GOLDMAN

1	Lake Washington-36	B	1:43.88
	1) Benjamin Griffin M23	2) r:0.33 Rachel Martin W25	
	3) r:0.26 Matthew Liedtke M27	4) r:0.50 Amelia Ferrel W30	
r:+0.78	23.51	26.45	26.88 27.04
2	Western Washingt-36	A	1:47.22
	1) Ava McCrea W19	2) r:0.20 Nicholas Pederson M20	
	3) r:0.46 Emily Deardorff W19	4) r:0.05 Josh Pehrson M20	
r:+0.78	29.39	23.07	29.04 25.72
3	Husky Masters-36	B	1:49.37
	1) Jacquelyn Braggin W30	2) r:0.53 Amanda Winans W34	
	3) r:0.28 Ryan Shiplet M19	4) r:0.47 Joshua Scheck M20	
r:+0.72	30.48	31.92	24.82 22.15
4	Western Washingt-36	B	1:55.81
	1) Jordan Anderson M18	2) r:0.45 Allie Monsen W21	
	3) r:0.30 Austin Clark M21	4) r:0.48 Miranda Caulfield W19	
r:+0.80	27.02	30.26	27.94 30.59
5	Blue Wave Aquati-36	A	2:03.09
	1) Saskia Kroesen W23	2) r:0.24 Rondamarie Smith	
	3) r:0.39 Scott Campea M42	4) r:0.99 Andy Iyall M50	
r:+0.57	27.19	28.08	29.15 38.67

6	Team Walker Inte-36	A	2:08.05
	1) Valerie Powell W23	2) r:-0.05 Tammy Regan	
	3) r:0.44 Vince Carmosino M47	4) r:0.18 Maoz Alsberg M48	
	48.70	31.02	24.71 23.62

**Mixed 18+ 200 Yard Medley Relay**

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

ZONE: 1:43.66 Z 4/15/2012 PNA

C CHAPMAN, C YUNG, L ORAM, P DINKEL

PNA: 1:43.66 P 4/15/2012 PNA

C CHAPMAN, C YUNG, L ORAM, P DINKEL

1	Husky Masters-36	A	1:49.99
	1) Brian Wisniewski M39	2) r:0.62 Joshua Scheck M20	
	3) r:0.40 Elizabeth Thompson	4) r:0.16 Alexandra Lincoln	
r:+0.84	25.08	30.39	29.83 24.69
2	Lake Washington-36	B	1:52.10
	1) Rachel Martin W25	2) r:-0.01 Amanda Clark W24	
	3) r:0.30 Matthew Liedtke M27	4) r:0.27 Benjamin Griffin M23	
r:+0.78	30.43	33.75	25.33 22.59
3	Blue Wave Aquati-36	B	1:58.04
	1) Zena Courtney W57	2) r:0.24 Scott Campea M42	
	3) r:0.18 Saskia Kroesen W23	4) r:0.24 Kent Gavin M45	
r:+0.72	33.10	29.72	27.92 27.30
4	YMCA Pierce Kits-36	A	2:04.45
	1) Hannah Gottschall W36	2) r:0.03 Katy Smith W35	
	3) r:0.36 Chad Hagedorn M44	4) r:0.35 James Reehill M24	
r:+0.85	33.79	36.28	28.83 25.55
5	Western Washingt-36	B	2:04.51
	1) Emily Deardorff W19	2) r:0.12 Josh Pehrson M20	
	3) r:0.53 Miranda Caulfield W19	4) r:0.59 Austin Clark M21	
r:+0.73	35.00	28.03	33.63 27.85
6	Western Washingt-36	A	2:04.84
	1) Jordan Anderson M18	2) r:0.60 Ava McCrea W19	
	3) r:-0.01 Nicholas Pederson	4) r:0.42 Madelynn Sare W21	
r:+0.76	30.92	36.62	27.31 29.99
7	Western Washingt-36	C	2:10.89
	1) Keito Swan M27	2) r:0.22 Jackie DeLong W22	
	3) r:0.36 Blake Nixon M19	4) r:0.24 Aliza Ben-Varon W20	
r:+0.99	34.58	33.19	30.46 32.66

**Mixed 25+ 200 Yard Freestyle Relay**

NATL: 1:28.83 N 4/29/2016 THE OLYMPIC CLU

C BURCKLE, K KASTES, O'DONNELL-MCCARTH, A SAETA

ZONE: 1:33.04 Z 4/14/2013 PSM

A MOORHEAD, P DINKEL, R CARDOSO, C CHAPMAN

PNA: 1:33.04 P 4/14/2013 PSM

A MOORHEAD, P DINKEL, R CARDOSO, C CHAPMAN

1	Lake Washington-36	A	1:41.57
	1) Trever Gray M41	2) r:0.32 Felicia Werchan W27	
	3) r:0.36 Valerie McHenry W37	4) r:0.08 Chris Conroy M31	
r:+0.75	23.20	29.05	26.29 23.03
2	Snohomish Aquati-36	A	2:06.43
	1) Wendy Polidori W47	2) r:0.03 MarySue Balazic W49	
	3) r:0.00 Margo Marsh-Limm	4) Patricia Davidson W34	
r:+0.66	29.10	36.21	30.35 30.77

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Mixed 25+ 200 Yard Freestyle Relay)**

3	Dbst Masters-36	A	2:13.19
	1) Shane Erickson M60	2) r:0.32 Gina Lalonde W32	
	3) r:0.29 Kathleen Brooks W33	4) r:0.46 Mitchell Barber M49	
	32.53	40.81	31.55 28.30
4	Blue Wave Aquati-36	F	2:17.64
	1) Don Clise M50	2) r:0.25 Melanie Crump W32	
	3) r:0.13 Rachael Deaderick	4) Kevin Wong M33	
	r:+0.86 31.63	34.59	38.55 32.87

**Mixed 25+ 200 Yard Medley Relay**

NATL: 1:35.20 N 4/26/2015 ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

ZONE: 1:41.07 Z 4/14/2013 PSM

C CHAPMAN, C YUNG, P DINKEL, A MOORHEAD

PNA: 1:41.07 P 4/14/2013 PSM

C CHAPMAN, C YUNG, P DINKEL, A MOORHEAD

1	Lake Washington-36	A	1:55.52
	1) Mats Nygren M50	2) r:0.50 Amelia Ferrel W30	
	3) r:-0.06 Rick Cardoso M38	4) r:0.30 Felicia Werchan W27	
	r:+0.89 27.93	34.49	24.25 28.85
2	Lake Washington-36	C	1:59.28
	1) Valerie McHenry W37	2) r:0.04 Chris Conroy M31	
	3) r:0.27 Michael Porter M50	4) r:0.37 Laurel Baker W39	
	r:+0.64 32.58	29.34	26.72 30.64
---	Washington Athle-36	A	DQ
	1) Matthew Woare M42	2) Elisa Sheng W34	
	3) Elisabeth Woare W44	4) r:0.19 Eric Williamson M26	
	r:+0.80 30.48	38.24	31.91 24.10
---	Blue Wave Aquati-36	A	DQ
	Stroke Infraction swimmer #3: Non-simultaneous touch - fly		
	1) Kimberly Wood W44	2) Tim Nelson M56	
	3) r:0.21 Melanie Crump W32	4) r:0.96 Keith Kennedy M54	
	r:+0.73 55.95	41.53	46.65 32.28

**Mixed 35+ 200 Yard Freestyle Relay**

NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

ZONE: 1:34.08 Z 5/18/1997 OREG

S LA PAY, G GODDARD, J WALKER, S GEORGE

PNA: 1:35.55 P 4/29/2012 PNA

L A DAHL, J KEPPELER, H A WERNER, T DOHERTY

1	Husky Masters-36	B	1:46.58
	1) Tyrone Jimmison M36	2) r:0.12 Tracy Maschman	
	3) r:0.52 Stephanie Hiebert W39	4) r:0.09 Brian Wisniewski M39	
	r:+0.61 24.35	29.55	29.77 22.91
2	Bainbridge Aquat-36	A	1:50.23
	1) Shelley Reimer W47	2) r:0.22 Nick Schnee M42	
	3) r:0.17 Erin Cyger W45	4) r:0.05 Karl Morrison M49	
	r:+0.76 28.39	25.84	30.83 25.17
3	Lake Washington-36	C	1:51.86
	1) Rob Martin M51	2) r:0.09 Charlotte Davis W66	
	3) r:0.44 Laurel Baker W39	4) r:0.12 Bryan Smith M49	
	r:+0.75 28.60	28.21	30.31 24.74
4	Lake Washington-36	F	1:52.80
	1) Michael Porter M50	2) r:0.37 Lori Robins W37	
	3) r:0.41 Lorraine Masse W44	4) r:0.35 Jay Pearson M55	
	r:+0.82 24.84	31.45	30.22 26.29

5	YMCA Pierce Kits-36	A	1:52.95
	1) Hannah Gottschall W36	2) r:0.33 Chad Hagedorn M44	
	3) r:-0.14 Kris Speir W53	4) r:0.23 Richard Seibert M52	
	29.14	27.99	30.67 25.15
6	Stanwood-Camano-36	A	2:22.79
	1) Dan Bailey M59	2) r:0.73 Renee Barrie W43	
	3) r:0.12 Tom Gillespie M63	4) r:0.44 Laura Laues W49	
	r:+0.95 28.65	37.62	29.75 46.77
7	Blue Wave Aquati-36	E	2:27.50
	1) Natalie Routh W43	2) r:0.73 April Parker W40	
	3) r:0.86 Thai Nguyen M46	4) r:0.11 Keith Kennedy M54	
	r:+0.83 37.41	40.25	37.35 32.49
---	Blue Wave Aquati-36	B	DQ
	Early take-off swimmer #3		
	1) Megan Holt W46	2) r:0.43 Gail Stribling Geldien	
	3) r:-0.06 Warren Fullen M58	4) r:0.67 Scott Matthews M55	
	r:+0.93 34.46	34.98	28.41 31.02

**Mixed 35+ 200 Yard Medley Relay**

NATL: 1:39.85 N 5/22/2010 COLORADO MASTER

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

ZONE: 1:44.29 Z 5/1/2011 PNA

S HART, T DOHERTY, L A DAHL, D E KAYS

PNA: 1:44.29 P 5/1/2011 PNA

S HART, T DOHERTY, L A DAHL, D E KAYS

1	Lake Washington-36	D	2:08.27
	1) Max Hanson M49	2) r:0.40 Daniel Phillips M53	
	3) r:0.44 Lori Robins W37	4) r:0.30 Sheila Moore W58	
	r:+0.94 30.95	30.04	35.97 31.31
2	Lake Washington-36	F	2:18.45
	1) Jay Pearson M55	2) r:0.43 Lorraine Masse W44	
	3) r:0.50 Heather Clarke W45	4) r:0.37 Robert Wake M68	
	r:+0.86 31.21	39.68	35.74 31.82
3	North End Otters-36	A	2:24.00
	1) Christi Flynn W48	2) r:0.66 John Huckabee M58	
	3) r:0.12 Pete Colbeck M55	4) r:0.40 Katherine Clark W40	
	r:+0.96 41.05	40.02	28.04 34.89
4	Blue Wave Aquati-36	C	2:27.50
	1) Gail Stribling Geldien W36	2) r:0.56 Wendy Noffke W44	
	3) r:0.13 Andy Iyall M50	4) r:0.41 Daniel Smith M54	
	r:+0.89 39.34	50.49	29.87 27.80

**Mixed 45+ 200 Yard Freestyle Relay**

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

ZONE: 1:37.86 Z 5/4/2014 OREG

J ASCH, M BOOSIN, A DELMAGE, J MCCOMISH

PNA: 1:38.53 P 4/26/2015 PSM

L A DAHL, K CROUCH, M O NYGREN, D PHILLIPS

1	Lake Washington-36	D	1:50.84
	1) Daniel Phillips M53	2) r:0.50 Sheila Moore W58	
	3) r:0.36 Heather Clarke W45	4) r:0.23 Mats Nygren M50	
	r:+0.82 24.39	31.50	31.52 23.43
2	Blue Wave Aquati-36	D	1:51.72
	1) Kathy Byers W56	2) r:0.25 Zena Courtney W57	
	3) r:0.34 James Littlefield M56	4) r:0.38 Daniel Smith M54	
	29.61	28.78	26.93 26.40

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Mixed 45+ 200 Yard Freestyle Relay)**

3 Bainbridge Aquat-36 B 2:12.22  
 1) Michael Cyger M46 2) r:0.49 Denise Dumouchel  
 3) r:0.20 Jessica Dubey W54 4) r:0.23 Darren Gray M48  
 r:+0.79 29.24 35.85 38.74 28.39

**Mixed 45+ 200 Yard Medley Relay**

NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

ZONE: 1:45.57 Z 5/23/2010 OREG

V JENKINS, J CORBEAU, D BAKER, K

PNA: 1:48.62 P 4/26/2015 PSM

M O NYGREN, D PHILLIPS, L A DAHL, K CROUCH

1 Bainbridge Aquat-36 A 2:14.75  
 1) Shelley Reimer W47 2) r:0.25 Rod Stevens M59  
 3) r:0.47 Keith Uyekawa M55 4) r:0.53 Denise Dumouchel  
 r:+0.70 34.29 35.18 29.53 35.75

2 YMCA Pierce Kits-36 B 2:19.28  
 1) Amy Wolfe W47 2) r:0.00 Kris Speir W53  
 3) r:0.42 J Bullock M48 4) Dave Hannula M63  
 r:+0.99 41.69 39.50 58.09

3 Stanwood-Camano-36 A 2:47.38  
 1) Sheila Kenning W60 2) r:0.63 Laura Laures W49  
 3) r:0.51 Tom Gillespie M63 4) r:0.03 Dan Bailey M59  
 53.54 49.39 35.93 28.52

**Mixed 55+ 200 Yard Freestyle Relay**

NATL: 1:40.97 N 4/13/2014 SARASOTA Y SHAR

J GROSELLE, T HEDRICK, N KRYKA, D DOYLE

ZONE: 1:42.46 Z 5/1/2011 PNA

A BELL, D GRAHAM, M B LIPPOLD, C M DAVIS

PNA: 1:42.46 P 5/1/2011 PNA

A BELL, D GRAHAM, M B LIPPOLD, C M DAVIS

1 Lake Washington-36 E 1:52.80  
 1) William Hayes M65 2) r:0.08 Linda Chapman W61  
 3) r:0.54 Dawn Jaeger W60 4) r:0.53 Rick Colella M65  
 r:+0.87 26.84 30.02 30.87 25.07

2 Bainbridge Aquat-36 C 2:10.90  
 1) Paul Webber M58 2) r:0.30 Cestjon McFarland  
 3) r:0.73 Deborah Flynn W56 4) Tom Goodlin M57  
 r:+0.98 27.71 32.91 43.09 27.19

3 Blue Wave Aquati-36 C 2:16.48  
 1) Jean Blackburn W65 2) r:0.35 Judy Williams W68  
 3) r:0.33 Eric Durban M61 4) r:0.33 Stephen Freeborn M61  
 r:+0.83 35.48 41.90 29.35 29.75

**Mixed 55+ 200 Yard Medley Relay**

NATL: 1:52.96 N 4/26/2015 PUGET SOUND MAS

Z COURTNEY, R COLELLA, D GRAHAM, C DAVIS

ZONE: 1:52.96 Z 4/26/2015 PSM

Z COURTNEY, R COLELLA, C DAVIS, D GRAHAM

PNA: 1:52.96 P 4/26/2015 PNA

Z COURTNEY, R COLELLA, C M DAVIS, D GRAHAM

1 Lake Washington-36 E 2:06.95  
 1) Dawn Jaeger W60 2) r:0.15 Linda Chapman W61  
 3) r:0.49 Rick Colella M65 4) r:0.60 William Hayes M65  
 r:+0.99 36.90 36.70 26.23 27.12

2 Blue Wave Aquati-36 E 2:42.24  
 1) Jean Blackburn W65 2) r:0.49 Judy Williams W68  
 3) r:0.31 Stephen Freeborn M61 4) r:0.40 Eric Durban M61  
 r:+0.80 46.16 51.78 33.19 31.11

3 Bainbridge Aquat-36 A 2:49.88  
 1) Orlando Boleda M62 2) Heather Adkins-Narte W62  
 3) r:0.25 James Stretch M65 4) r:0.40 Kate Carruthers W68  
 r:+0.92 40.02 57.84 36.18 35.84