

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 18-24 50 Yard Freestyle

NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

ZONE: 24.79 Z 4/15/2012 MARISA CHANG

PNA: 24.79 P 4/15/2012 MARISA CHANG

1	Katie Kaestner	23	TACM-36	25.10	9
	r:+0.59				
2	Saskia Kroesen	23	BWAQ-36	26.03	7
	r:+0.76				
3	Antoinette Ngo	22	LWM-36	29.23	6
	r:+0.70				
4	Allie Monsen	21	WWUS-36	29.56	5
	r:+0.92				
5	Miranda Caulfield	19	WWUS-36	29.80	4
6	Madelynn Sare	21	WWUS-36	30.39	3
	r:+0.77				
7	Anna Novack	19	WWUS-36	30.70	2
	r:+0.71				
---	Kristina Hoitt	24	SAWS-59	X27.01	
	r:+0.69				

## Women 18-24 100 Yard Freestyle

NATL: 48.18 N 12/6/2014 KATIE MEILI

ZONE: 53.60 Z 10/1/2011 PALOMA DINKEL

PNA: 53.60 P 10/1/2011 PALOMA DINKEL

1	Amanda Clark	24	LWM-36	54.64	9
	r:+0.62 26.61 28.03				
2	Saskia Kroesen	23	BWAQ-36	56.97	7
	r:+0.80 27.26 29.71				
3	Antoinette Ngo	22	LWM-36	1:06.17	6
	r:+0.69 30.38 35.79				
4	Madelynn Sare	21	WWUS-36	1:06.43	5
	r:+0.72 31.79 34.64				
---	Kristina Hoitt	24	SAWS-59	X58.84	
	r:+0.72 28.36 30.48				

## Women 18-24 200 Yard Freestyle

NATL: 1:43.28 N 11/8/2009 DANA VOLLMER

ZONE: 1:53.41 Z 4/15/2012 PALOMA DINKEL

PNA: 1:53.41 P 4/15/2012 PALOMA DINKEL

1	Valerie Powell	23	TWIM-36	3:50.23	9
	54.21 59.79 1:01.39 54.84				

## Women 18-24 500 Yard Freestyle

NATL: 4:49.97 N 10/25/2003 JESSICA FOSCHI

ZONE: 5:19.71 Z 5/3/2014 NATASCHA MANGAN

PNA: 5:23.20 P 4/6/1986 LISA OBRIEN

1	Amanda Clark	24	LWM-36	5:16.78Z	9
	r:+0.72 28.90 31.65 32.13 31.91				
	31.99 32.02 32.58 32.03				
	32.04 31.53				
2	Madelynn Sare	21	WWUS-36	6:42.22	7
	r:+0.87 36.06 39.62 40.80 41.50				
	41.17 41.02 41.02 41.67				
	41.50 37.86				
3	Miranda Caulfield	19	WWUS-36	7:03.95	6
	r:+0.95 34.88 40.66 41.70 43.72				
	44.27 45.25 45.95 45.88				
	43.50 38.14				

4	Aliza Ben-Varon	20	WWUS-36	7:15.63	5
	r:+0.65 36.17 39.88 42.96 44.16				
	45.51 45.30 46.87 46.82				
	44.57 43.39				

5	Valerie Powell	23	TWIM-36	10:22.21	4
	55.78 1:03.27 1:02.38 1:03.56				
	1:03.40 1:05.11 1:04.98 1:04.52				
	1:01.64 57.57				

---	Brooke Bailey	19	CWST-35	X6:27.33	
	r:+0.80 33.12 36.55 38.80 39.87				
	39.61 40.17 40.94 40.19				
	40.24 37.84				

## Women 18-24 50 Yard Backstroke

NATL: 26.18 N 5/22/2010 O'DONNELL-MCCARTH

ZONE: 28.12 Z 5/3/2014 NATASCHA MANGAN

PNA: 28.57 P 5/4/2008 SHONA PIERCE

1	Saskia Kroesen	23	BWAQ-36	30.09	9
	r:+0.73				
2	Jackie DeLong	22	WWUS-36	35.38	7
	r:+0.87				
3	Allie Monsen	21	WWUS-36	36.74	6
	r:+0.82				
4	Anna Novack	19	WWUS-36	39.06	5
	r:+0.76				
5	Valerie Powell	23	TWIM-36	55.80	4

## Women 18-24 100 Yard Backstroke

NATL: 55.90 N 5/23/2010 EMILE EWING

ZONE: 57.98 Z 4/12/2014 JORDAN KING

PNA: 57.98 P 4/12/2014 JORDAN KING

1	Jackie DeLong	22	WWUS-36	1:11.43	9
	r:+0.79 35.81 35.62				
2	Valerie Powell	23	TWIM-36	2:14.49	7
	1:09.06 1:05.43				

## Women 18-24 200 Yard Backstroke

NATL: 1:59.22 N 4/30/2000 SARA SCHWEITZER

ZONE: 2:10.34 Z 5/18/1997 M.JENKINS

PNA: 2:10.34 P 5/18/1997 M.JENKINS

1	Jackie DeLong	22	WWUS-36	2:32.58	9
	r:+0.87 37.50 38.16 38.73 38.19				
2	Valerie Powell	23	TWIM-36	5:07.32	7
	1:10.68 1:18.06 1:21.57 1:17.01				

## Women 18-24 50 Yard Breaststroke

NATL: 27.76 N 12/5/2014 KATIE MEILI

ZONE: 30.19 Z 4/15/2012 PALOMA DINKEL

PNA: 30.19 P 4/15/2012 PALOMA DINKEL

1	Rebekah Pusateri	19	WWUS-36	35.53	9
	r:+0.86				
2	Ava McCrea	19	WWUS-36	36.35	7
	r:+0.70				
3	Aliza Ben-Varon	20	WWUS-36	36.81	6
	r:+0.62				
4	Antoinette Ngo	22	LWM-36	37.46	5
	r:+0.66				
5	Madelynn Sare	21	WWUS-36	40.86	4
	r:+0.79				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 18-24 50 Yard Breaststroke)**

6	Anna Novack	19	WWUS-36	41.22	3
	r:+0.76				

**Women 18-24 100 Yard Breaststroke**

NATL: 58.71 N 12/5/2014 KATIE MEILI  
 ZONE: 1:04.48 Z 4/15/2012 PALOMA DINKEL  
 PNA: 1:04.48 P 4/15/2012 PALOMA DINKEL

1	Rebekah Pusateri	19	WWUS-36	1:19.13	9
	r:+0.86	37.77	41.36		
2	Aliza Ben-Varon	20	WWUS-36	1:21.37	7
	r:+0.57	37.51	43.86		
3	Anna Novack	19	WWUS-36	1:32.02	6
	r:+0.75	43.24	48.78		
---	Brooke Bailey	19	CWST-35	X1:21.53	
	r:+0.63	36.85	44.68		

**Women 18-24 200 Yard Breaststroke**

NATL: 2:06.59 N 12/6/2014 MICAH LAWRENCE  
 ZONE: 2:27.58 Z 5/20/2007 MARION GALLAGHER  
 PNA: 2:27.58 P 5/20/2007 MARION GALLAGHER

1	Katie Kaestner	23	TACM-36	2:30.28	9
	r:+0.76	35.85	39.24	38.68	36.51

**Women 18-24 50 Yard Butterfly**

NATL: 24.54 N 11/8/2009 DANA VOLLMER  
 ZONE: 25.79 Z 4/13/2014 JORDAN KING  
 PNA: 25.79 P 4/13/2014 JORDAN KING

1	Saskia Kroesen	23	BWAQ-36	27.93	9
	r:+0.78				
2	Miranda Caulfield	19	WWUS-36	31.80	7
	r:+0.86				
3	Emily Deardorff	19	WWUS-36	31.99	6
	r:+0.78				
4	Ava McCrea	19	WWUS-36	32.10	5
	r:+0.68				
---	Kristina Hoitt	24	SAWS-59	X29.91	
	r:+0.67				

**Women 18-24 100 Yard Butterfly**

NATL: 52.30 N 11/8/2009 DANA VOLLMER  
 ZONE: 56.87 Z 4/13/2014 JORDAN KING  
 PNA: 56.87 P 4/13/2014 JORDAN KING

1	Saskia Kroesen	23	BWAQ-36	1:01.67	9
	r:+0.73	28.34	33.33		

**Women 18-24 100 Yard IM**

NATL: 53.02 N 12/21/2014 KATIE MEILI  
 ZONE: 57.95 Z 4/15/2012 PALOMA DINKEL  
 PNA: 57.95 P 4/15/2012 PALOMA DINKEL

1	Emily Deardorff	19	WWUS-36	1:11.26	9
	r:+0.75	33.41	37.85		
2	Rebekah Pusateri	19	WWUS-36	1:11.27	7
	r:+0.84	33.75	37.52		
3	Jackie DeLong	22	WWUS-36	1:13.59	6
	r:+0.73	34.63	38.96		
4	Antoinette Ngo	22	LWM-36	1:16.66	5
	r:+0.68	34.72	41.94		

5	Madelynn Sare	21	WWUS-36	1:19.16	4
	r:+0.87	38.37	40.79		
6	Allie Monsen	21	WWUS-36	1:20.02	3
	r:+0.92	35.45	44.57		

**Women 18-24 200 Yard IM**

NATL: 1:54.20 N 12/4/2014 KATIE MEILI  
 ZONE: 2:04.30 Z 4/15/2012 PALOMA DINKEL  
 PNA: 2:04.30 P 4/15/2012 PALOMA DINKEL

1	Ava McCrea	19	WWUS-36	2:32.36	9
	r:+0.67	33.25	39.34	43.40	36.37
2	Emily Deardorff	19	WWUS-36	2:34.20	7
	r:+0.71	33.33	39.11	46.09	35.67
3	Jackie DeLong	22	WWUS-36	2:44.54	6
	r:+0.62	37.96	38.95	48.61	39.02

**Women 25-29 50 Yard Freestyle**

NATL: 22.62 N 1/25/2014 MADISON KENNEDY  
 ZONE: 23.19 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 23.19 P 2/21/2010 MEGAN JENDRICK

1	Alexandra Lincoln	25	HMST-36	24.89	9
	r:+0.73				
2	Felicia Werchan	27	LWM-36	28.93	7
	r:+0.73				

**Women 25-29 100 Yard Freestyle**

NATL: 49.18 N 2/24/2013 KIM VANDENBERG  
 ZONE: 49.70 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 49.70 P 2/21/2010 MEGAN JENDRICK

1	Alexandra Lincoln	25	HMST-36	53.74	9
	r:+0.61	26.03	27.71		
2	Rachel Martin	25	LWM-36	57.89	7
	r:+0.71	28.11	29.78		
3	Felicia Werchan	27	LWM-36	1:03.39	6
	r:+0.76	30.45	32.94		
4	Nancy Kleint	29	GLAD-36	1:04.97	5
	r:+0.68	31.44	33.53		

**Women 25-29 200 Yard Freestyle**

NATL: 1:48.80 N 5/20/2001 LIMIN LIU  
 ZONE: 1:51.80 Z 1991 SARA SHAND  
 PNA: 1:57.55 P 4/11/2009 DEBRA FORINASH

1	Elizabeth Thompson	28	HMST-36	2:15.33	9
	r:+0.68	31.28	34.57	35.47	34.01
2	Nancy Kleint	29	GLAD-36	2:22.16	7
	r:+0.62	32.92	35.86	36.75	36.63

**Women 25-29 500 Yard Freestyle**

NATL: 4:49.88 N 1/3/1996 SHEILA TAORMINA  
 ZONE: 5:08.39 Z 2/27/2002 SARA QUAN  
 PNA: 5:13.04 P 5/18/2003 CASEY MURPHY

1	Elizabeth Thompson	28	HMST-36	6:11.36	9
	r:+0.69	32.44	35.79	36.64	37.09
		37.90	38.28	38.18	38.43
		38.19	38.42		
2	Nancy Kleint	29	GLAD-36	6:23.08	7
	r:+0.59	33.67	36.66	37.58	38.41
		39.22	39.57	40.17	39.83
		39.34	38.63		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 25-29 50 Yard Backstroke**

NATL: 25.26 N 5/22/2010 TANICA JAMISON  
 ZONE: 26.37 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 26.37 P 2/21/2010 MEGAN JENDRICK

1 Felicia Werchan 27 LWM-36 33.57 9  
 r:+0.76

**Women 25-29 100 Yard Backstroke**

NATL: 54.06 N 5/23/2010 TANICA JAMISON  
 ZONE: 59.35 Z 4/1/2012 DIANA MACMANUS  
 PNA: 1:01.77 P 5/20/2007 MEGAN LIVINGSTON

1 Rachel Martin 25 LWM-36 1:04.25 9  
 r:+0.78 30.91 33.34

**Women 25-29 50 Yard Breaststroke**

NATL: 27.10 N 4/30/2016 KATIE MEILI  
 ZONE: 27.14 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 27.14 P 2/21/2010 MEGAN JENDRICK

1 Rachel Martin 25 LWM-36 33.86 9  
 r:+0.70

**Women 25-29 50 Yard Butterfly**

NATL: 24.41 N 5/22/2010 TANICA JAMISON  
 ZONE: 24.86 Z 2/21/2010 MEGAN JENDRICK  
 PNA: 24.86 P 2/21/2010 MEGAN JENDRICK

1 Felicia Werchan 27 LWM-36 30.31 9  
 r:+0.82

**Women 25-29 100 Yard Butterfly**

NATL: 53.20 N 4/24/2015 AMANDA SIMS  
 ZONE: 57.09 Z 5/14/2006 LAUREN THIES  
 PNA: 57.51 P 4/13/2013 PALOMA DINKEL

1 Elizabeth Thompson 28 HMST-36 1:06.96 9  
 r:+0.68 30.89 36.07  
 2 Felicia Werchan 27 LWM-36 1:09.79 7  
 r:+0.75 32.43 37.36

**Women 25-29 200 Yard Butterfly**

NATL: 1:57.84 N 5/20/2001 LIMIN LIU  
 ZONE: 2:10.32 Z 1991 SARA SHAND  
 PNA: 2:10.47 P 4/12/2015 JORDAN G KING

1 Elizabeth Thompson 28 HMST-36 2:47.61 9  
 r:+0.68 34.84 41.56 44.89 46.32

**Women 25-29 100 Yard IM**

NATL: 54.43 N 2/6/2010 MEGAN JENDRICK  
 ZONE: 54.43 Z 2/6/2010 MEGAN JENDRICK  
 PNA: 54.43 P 2/6/2010 MEGAN JENDRICK

1 Rachel Martin 25 LWM-36 1:04.98 9  
 r:+0.70 29.59 35.39  
 2 Felicia Werchan 27 LWM-36 1:13.53 7  
 r:+0.77 33.91 39.62  
 3 Nancy Kleint 29 GLAD-36 1:18.74 6  
 r:+0.54 36.69 42.05

**Women 25-29 200 Yard IM**

NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER  
 ZONE: 1:59.69 Z 2/6/2010 MEGAN JENDRICK  
 PNA: 1:59.69 P 2/6/2010 MEGAN JENDRICK

1 Rachel Martin 25 LWM-36 2:21.63 9  
 r:+0.69 28.96 35.05 42.34 35.28  
 2 Elizabeth Thompson 28 HMST-36 2:36.39 7  
 r:+0.69 30.88 41.51 47.07 36.93

**Women 25-29 400 Yard IM**

NATL: 4:19.02 N 2/22/2013 JUSTINE MUELLER  
 ZONE: 4:28.40 Z 4/14/1991 SARA SHAND  
 PNA: 4:42.13 P 5/7/1989 KARIN FOSBERG

1 Elizabeth Thompson 28 HMST-36 5:29.77 9  
 r:+0.59 32.56 38.98 43.77 43.00  
 46.52 48.75 38.71 37.48

**Women 30-34 50 Yard Freestyle**

NATL: 22.48 N 11/29/2012 ERIKA ERNDL  
 ZONE: 24.29 Z 3/7/1993 GRACIE GODDARD  
 PNA: 24.17 P 10/30/2016 ERICA R CENCI

1 Amelia Ferrel 30 LWM-36 27.76 9  
 r:+0.66  
 2 Elisa Sheng 34 WAC-36 29.44 7  
 r:+0.66  
 3 Jacquelyn Braggin 30 HMST-36 29.59 6  
 r:+0.62  
 4 Melanie Crump 32 BWAQ-36 33.89 5  
 r:+0.79  
 5 Megan Pfaff 30 WAC-36 39.03 4  
 --- Sarah Leary 34 VSC-37 X28.42  
 r:+0.76

**Women 30-34 100 Yard Freestyle**

NATL: 48.03 N 2/23/2013 ERIKA ERNDL  
 ZONE: 52.87 Z 4/5/1992 GRACIE GODDARD  
 PNA: 52.58 P 10/30/2016 ERICA R CENCI

1 Allison Cox 32 MIR-36 56.82 9  
 r:+0.59 27.65 29.17  
 2 Amelia Ferrel 30 LWM-36 59.14 7  
 r:+0.63 28.21 30.93  
 3 Jacquelyn Braggin 30 HMST-36 1:02.08 6  
 r:+0.63 30.38 31.70  
 4 Elisa Sheng 34 WAC-36 1:06.16 5  
 r:+0.73 31.74 34.42  
 5 Melanie Crump 32 BWAQ-36 1:18.89 4  
 r:+0.79 36.89 42.00  
 --- Sarah Leary 34 VSC-37 X1:03.53  
 r:+0.79 30.65 32.88

**Women 30-34 200 Yard Freestyle**

NATL: 1:43.46 N 11/30/2012 ERIKA ERNDL  
 ZONE: 1:55.02 Z 2/21/2016 ERICA CENCI  
 PNA: 1:55.02 P 2/21/2016 ERICA R CENCI

1 Allison Cox 32 MIR-36 2:01.64 9  
 r:+0.72 28.90 30.87 31.41 30.46  
 2 Jacquelyn Braggin 30 HMST-36 2:12.10 7  
 r:+0.71 31.83 33.37 33.69 33.21

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 30-34 200 Yard Freestyle)**

---	Sarah Chinn	33	MAM-38	X2:10.42
r:+0.61	31.26	33.34	33.53	32.29
---	Sarah Leary	34	VSC-37	X2:21.05
r:+0.83	30.50	35.22	37.83	37.50

**Women 30-34 500 Yard Freestyle**

NATL: 4:46.92 N 4/14/2012 DAWN HECKMAN

ZONE: 5:11.86 Z 4/26/1992 LEISSA MILLS

PNA: 5:19.88 P 4/11/2010 COLLEEN PHILIPPS

1	Allison Cox	32	MIR-36	5:20.06	9
	28.90	31.76	32.65	32.84	
	32.81	33.15	32.93	32.90	
	32.30	29.82			

---	Sarah Chinn	33	MAM-38	X5:40.53
r:+0.57	31.45	33.81	34.50	34.72
	34.71	34.74	34.54	34.72
	34.26	33.08		

**Women 30-34 1000 Yard Freestyle**

NATL: 9:51.93 N 4/15/2012 DAWN HECKMAN

ZONE: 10:59.15 Z 11/21/1993 ELLEN FERGUSON

PNA: 11:06.37 P 4/25/1993 MARGEE CURRAN

1	Allison Cox	32	MIR-36	10:57.30Z	9
r:+0.72	29.66	31.98	32.44	32.74	
	32.56	32.66	32.49	33.51	
	33.20	33.30	33.29	33.48	
	33.29	33.78	33.44	33.83	
	34.05	33.50	32.79	31.31	

2	Jacquelyn Braggin	30	HMST-36	12:05.29	7
r:+0.67	33.87	36.13	36.52	36.68	
	36.66	36.60	36.34	36.42	
	36.57	36.55	36.39	36.68	
	36.55	37.05	36.80	35.88	
	36.32	36.67	36.02	34.59	

3	Kathleen Brooks	33	DBST-36	14:29.61	6
	37.78	40.66	42.93	43.70	
	43.61	43.83	43.98	44.56	
	45.15	44.27	44.11	44.26	
	44.61	44.32	44.80	44.31	
	43.96	44.17	43.24	41.36	

---	Sarah Chinn	33	MAM-38	X11:45.08
r:+0.63	32.77	35.57	35.72	35.70
	35.67	35.85	35.73	35.70
	35.76	35.55	35.50	35.39
	35.23	35.40	35.09	34.94
	35.53	35.13	35.06	33.79

**Women 30-34 1650 Yard Freestyle**

NATL: 17:07.52 N 5/23/1993 KAREN BURTON

ZONE: 18:05.54 Z 4/14/1996 MARGEE CURRAN

PNA: 18:05.54 P 4/14/1996 MARGEE CURRAN

1	Allison Cox	32	MIR-36	18:18.97	9
	30.15	32.79	33.01	32.76	
	33.13	33.20	33.20	33.18	
	33.33	33.85	33.65	33.42	
	33.61	33.76	33.64	33.38	
	33.62	33.84	33.47	33.64	
	33.37	33.36	33.71	33.33	
	33.98	33.76	34.19	33.65	
	33.81	33.94	33.72	33.13	30.39

**Women 30-34 50 Yard Backstroke**

NATL: 24.96 N 5/1/2011 NORIKO INADA

ZONE: 28.04 Z 4/11/2010 COULTER/PAGLINI

PNA: 28.04 P 4/11/2010 TAMARA COULTER

1	Jacquelyn Braggin	30	HMST-36	35.58	9
	r:+0.74				
2	Megan Pfaff	30	WAC-36	52.97	7
	r:+0.71				

**Women 30-34 200 Yard Backstroke**

NATL: 1:59.93 N 2/19/1996 K PIPES-NEILSEN

ZONE: 2:09.27 Z 2/9/2014 KATIE PAGLINI

PNA: 2:09.33 P 4/5/1992 ZENA HERRMANN

1	Allison Cox	32	MIR-36	2:19.32	9
r:+0.70	32.57	35.71	36.46	34.58	
2	Patricia Davidson	34	SAM-36	2:35.06	7
r:+0.83	37.07	38.86	39.27	39.86	

**Women 30-34 50 Yard Breaststroke**

NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

ZONE: 31.83 Z 5/14/2002 CARA HAFNER

PNA: 32.74 P 5/20/2001 LINDA HEGERBERG

1	Amelia Ferrel	30	LWM-36	33.41	9
	r:+0.78				
2	Kathleen Brooks	33	DBST-36	40.23	7
	r:+0.71				
---	Sarah Chinn	33	MAM-38	X35.04	
	r:+0.74				

**Women 30-34 100 Yard Breaststroke**

NATL: 1:02.08 N 5/4/2008 KATIE MCCLELLAND

ZONE: 1:09.10 Z 5/14/2002 CARA HAFNER

PNA: 1:09.78 P 4/10/2011 M.CHAMBERLIN

1	Amelia Ferrel	30	LWM-36	1:13.07	9
r:+0.81	34.29	38.78			
2	Kathleen Brooks	33	DBST-36	1:24.57	7
r:+0.71	40.50	44.07			

**Women 30-34 50 Yard Butterfly**

NATL: 24.18 N 4/15/2000 ANGEL MARTINO

ZONE: 26.39 Z 2/9/2014 KATIE PAGLINI

PNA: 27.09 P 5/18/1997 TRISHA SCHWERZLER

1	Amanda Winans	34	HMST-36	33.46	9
	r:+0.66				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 30-34 50 Yard Butterfly)**

2	Gina Lalonde	32	DBST-36	44.22	7
	r:+0.82				
3	Melanie Crump	32	BWAQ-36	45.22	6
	r:+0.77				
---	Sarah Chinn	33	MAM-38	X30.17	
	r:+0.59				
---	Sarah Leary	34	VSC-37	X32.32	
	r:+0.90				

**Women 30-34 100 Yard Butterfly**

**NATL:** 55.01 N 5/16/1999 ANGEL MARTINO  
**ZONE:** 59.07 Z 5/17/2002 KATHY BLANDFORD  
**PNA:** 1:00.12 P 4/14/1991 TAMI BENNETT

1	Amanda Winans	34	HMST-36	1:15.88	9
	r:+0.56	33.59	42.29		

**Women 30-34 100 Yard IM**

**NATL:** 57.01 N 4/15/2000 ANGEL MARTINO  
**ZONE:** 1:01.29 Z 2/21/2016 ERICA CENCI  
**PNA:** 1:00.59 P 10/30/2016 ERICA R CENCI

1	Jacquelyn Braggin	30	HMST-36	1:13.69	9
	r:+0.76	35.36	38.33		
2	Patricia Davidson	34	SAM-36	1:15.07	7
		34.81	40.26		
3	Amanda Winans	34	HMST-36	1:16.48	6
	r:+0.59	34.77	41.71		
---	Sarah Leary	34	VSC-37	XDQ	
	Shoulders not at or past vertical towards breast off the wall - fly				
	r:+0.69	35.16	38.14		
---	Melanie Crump	32	BWAQ-36	DQ	
	Shoulders not at or past vertical towards breast off the wall - fly				
	r:+0.79	45.45	51.69		

**Women 30-34 200 Yard IM**

**NATL:** 1:58.80 N 3/11/2009 ERIKA ERNDL  
**ZONE:** 2:13.21 Z 5/20/2007 MAUREEN REA  
**PNA:** 2:13.21 P 5/20/2007 MAUREEN REA

---	Sarah Chinn	33	MAM-38	X2:28.01	
	r:+0.72	32.66	40.09	41.39	33.87

**Women 30-34 400 Yard IM**

**NATL:** 4:14.84 N 1/20/2013 ERIKA ERNDL  
**ZONE:** 4:49.69 Z 4/11/2010 COLLEEN PHILIPPS  
**PNA:** 4:49.69 P 4/11/2010 COLLEEN PHILIPPS

1	Patricia Davidson	34	SAM-36	5:40.28	9
		40.46	45.78	39.73	41.19
		46.89	48.69	39.10	38.44

**Women 35-39 50 Yard Freestyle**

**NATL:** 22.34 N 2/25/2007 DARA TORRES  
**ZONE:** 24.61 Z 3/21/2015 JANET GAMBLE  
**PNA:** 24.18 P 4/3/2011 SHERI HART

1	Hannah Gottschall	36	YPKC-36	28.83	9
2	Lori Robins	37	LWM-36	31.70	7
	r:+0.79				

**Women 35-39 100 Yard Freestyle**

**NATL:** 49.72 N 2/25/2007 DARA TORRES  
**ZONE:** 53.40 Z 12/7/1997 GRACIE GODDARD  
**PNA:** 54.06 P 4/11/2009 KIMBERLY JETER

1	Valerie McHenry	37	LWM-36	57.91	9
	r:+0.59	27.16	30.75		
2	Lori Robins	37	LWM-36	1:09.64	7
	r:+0.78	32.88	36.76		
3	Gail Stribling Geldien	36	BWAQ-36	1:16.00	6
		36.13	39.87		
---	Stacey Ostrin	39	OREG-37	X1:02.88	
	r:+0.79	30.40	32.48		

**Women 35-39 200 Yard Freestyle**

**NATL:** 1:51.55 N 5/3/1997 K PIPES-NEILSEN  
**ZONE:** 1:57.50 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 1:58.10 P 5/9/1996 MARGEE CURRAN

1	Lori Robins	37	LWM-36	2:27.25	9
	r:+0.85	32.80	36.55	38.70	39.20
2	Alison Dennison	36	BAM-36	2:41.72	7
		35.14	40.07	43.35	43.16
3	Gail Stribling Geldien	36	BWAQ-36	2:44.51	6
	r:+0.71	38.11	41.11	42.62	42.67

**Women 35-39 500 Yard Freestyle**

**NATL:** 4:56.09 N 5/3/1997 K PIPES-NEILSEN  
**ZONE:** 5:13.65 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 5:15.13 P 5/9/1996 MARGEE CURRAN

1	Jenny Ferries	35	TWIM-36	6:13.80	9
	r:+0.67	31.45	34.92	37.05	37.65
		38.21	38.37	39.15	39.05
		39.15	38.80		
2	Katy Smith	35	YPKC-36	6:30.99	7
	r:+0.72	32.53	38.61	40.15	39.38
		40.39	40.48	41.25	39.13
		40.23	38.84		

**Women 35-39 1000 Yard Freestyle**

**NATL:** 10:11.23 N 11/15/2014 HEIDI GEORGE  
**ZONE:** 10:41.76 Z 5/21/1995 ROBYNN MASTERS  
**PNA:** 10:43.03 P 5/9/1996 MARGEE CURRAN

1	Jenny Ferries	35	TWIM-36	12:56.82	9
			37.16	38.11	
		38.99	39.09	39.56	39.38
		39.43	39.73	40.45	39.96
		39.80	39.83	39.94	40.01
		40.07	39.82	39.26	38.24
2	Alison Dennison	36	BAM-36	15:14.94	7
	r:+0.84	37.74	43.38	44.78	45.32
		45.68	46.78	46.86	47.10
		47.29	46.49	47.44	47.24
		47.01	46.63	47.15	47.02
		46.25	46.10	45.29	43.39

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 35-39 1650 Yard Freestyle**

**NATL: 16:46.85 N 11/15/2014 HEIDI GEORGE**  
**ZONE: 17:39.45 Z 5/21/1995 ROBYNN MASTERS**  
**PNA: 18:08.10 P 2/16/1997 MARGEE CURRAN**

1	Shelby Wiegand	38	LWM-36	21:06.04	9	
	35.89	36.85	37.58	38.62		
	37.89	38.03	38.51	38.29		
	38.36	37.72	38.53	38.56		
	38.26	38.18	38.21	38.36		
	38.50	38.71	38.65	38.61		
	38.67	38.33	38.51	38.21		
	38.39	37.82	37.99	37.90		
	41.93	38.88	39.63	39.34	38.13	
2	Katy Smith	35	YPKC-36	23:35.34	7	
	r:+0.65	35.77	40.80	41.91	42.55	
		42.60	43.21	42.90	42.38	
		43.09	43.89	43.33	41.79	
		42.71	42.22	43.26	43.56	
		43.36	44.71	44.30	44.95	
		43.55	43.34	43.78	43.56	
		43.21	42.69	43.43	43.68	
		43.36	43.12	43.73	43.24	41.36

**Women 35-39 50 Yard Backstroke**

**NATL: 25.02 N 5/3/2014 NORIKO INADA**  
**ZONE: 27.60 Z 2/5/2011 SHERI HART**  
**PNA: 27.60 P 2/5/2011 SHERI HART**

1	Hannah Gottschall	36	YPKC-36	33.07	9
	r:+0.89				
2	Gail Stribling Geldien	36	BWAQ-36	38.86	7
	r:+0.96				
---	Stacey Ostrin	39	OREG-37	X32.73	
	r:+0.81				

**Women 35-39 100 Yard Backstroke**

**NATL: 54.43 N 11/15/2015 NORIKO INADA**  
**ZONE: 58.98 Z 2/5/2011 SHERI HART**  
**PNA: 57.34 P 4/3/2011 SHERI HART**

1	Valerie McHenry	37	LWM-36	1:08.34	9
	r:+0.70	33.01	35.33		
2	Jenny Ferries	35	TWIM-36	1:13.44	7
	r:+0.93	36.47	36.97		
3	Gail Stribling Geldien	36	BWAQ-36	1:23.52	6
	r:+0.92	40.36	43.16		
---	Stacey Ostrin	39	OREG-37	X1:09.23	
	r:+0.88	33.66	35.57		

**Women 35-39 200 Yard Backstroke**

**NATL: 2:00.54 N 3/14/1998 K PIPES-NEILSEN**  
**ZONE: 2:10.93 Z 5/18/1997 ZENA COURTNEY**  
**PNA: 2:10.93 P 5/18/1997 ZENA COURTNEY**

1	Valerie McHenry	37	LWM-36	2:28.76	9
	r:+0.90	34.51	37.48	38.74	38.03
2	Jenny Ferries	35	TWIM-36	2:31.47	7
	r:+0.86	36.22	38.44	38.63	38.18
---	Maresa Jackson	38	OREG-37	X2:30.11	
	r:+0.77	35.68	37.68	38.38	38.37

--- Stacey Ostrin 39 OREG-37 X2:30.46  
r:+0.83 35.09 38.01 38.78 38.58

**Women 35-39 50 Yard Breaststroke**

**NATL: 28.51 N 5/2/2014 KATIE GLENN**  
**ZONE: 32.17 Z 5/4/2008 JAYNA TOMAC**  
**PNA: 33.36 P 4/10/2005 LINDA HEGERBERG**

1	Jenny Ferries	35	TWIM-36	34.90	9
	r:+0.71				
2	Hannah Gottschall	36	YPKC-36	38.70	7
	r:+0.67				
---	Maresa Jackson	38	OREG-37	X38.97	
	r:+0.73				

**Women 35-39 100 Yard Breaststroke**

**NATL: 1:01.88 N 4/25/2015 KATIE GLENN**  
**ZONE: 1:09.52 Z 5/4/2008 JAYNA TOMAC**  
**PNA: 1:11.40 P 4/11/2010 JEAN DILLON**

1	Jenny Ferries	35	TWIM-36	1:16.32	9
	r:+0.61	35.92	40.40		
2	Lori Robins	37	LWM-36	1:26.69	7
	r:+0.84	40.57	46.12		
3	Gail Stribling Geldien	36	BWAQ-36	1:39.33	6
	r:+0.72	46.85	52.48		

**Women 35-39 50 Yard Butterfly**

**NATL: 25.05 N 4/26/2015 NORIKO INADA**  
**ZONE: 26.69 Z 4/26/2015 SONJA SKINNER**  
**PNA: 26.86 P 4/3/2011 SHERI HART**

1	Hannah Gottschall	36	YPKC-36	31.87	9
	r:+0.73				
2	Alison Dennison	36	BAM-36	39.68	7
	r:+0.81				
3	Gail Stribling Geldien	36	BWAQ-36	43.45	6
---	Stacey Ostrin	39	OREG-37	X32.19	
	r:+0.78				

**Women 35-39 200 Yard Butterfly**

**NATL: 2:03.48 N 5/22/2005 S VON DER LIPPE**  
**ZONE: 2:13.41 Z 4/30/2000 SUSANNE SIMPSON**  
**PNA: 2:21.78 P 4/13/2013 SUSAN WETSTONE**

1	Katy Smith	35	YPKC-36	2:42.41	9
	r:+0.73	35.39	41.99	42.93	42.10

**Women 35-39 100 Yard IM**

**NATL: 57.67 N 5/23/2010 SHERI HART**  
**ZONE: 1:01.34 Z 2/5/2011 SHERI HART**  
**PNA: 58.88 P 4/3/2011 SHERI HART**

1	Valerie McHenry	37	LWM-36	1:09.86	9
	r:+0.69	32.10	37.76		
2	Hannah Gottschall	36	YPKC-36	1:12.30	7
		32.62	39.68		
3	Lori Robins	37	LWM-36	1:20.11	6
	r:+0.81	39.77	40.34		
---	Maresa Jackson	38	OREG-37	X1:11.27	
	r:+0.74	33.31	37.96		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 35-39 200 Yard IM

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN

ZONE: 2:14.94 Z 5/9/2013 SUSAN WETSTONE

PNA: 2:14.94 P 5/9/2013 SUSAN WETSTONE

1	Hannah Gottschall	36	YPKC-36	2:36.39	9
r:+0.77	32.94	39.81	47.29	36.35	

## Women 35-39 400 Yard IM

NATL: 4:24.18 N 3/14/1998 K PIPES-NEILSEN

ZONE: 4:46.23 Z 5/8/1998 ROBYNN MASTERS

PNA: 5:02.64 P 5/20/2001 LISA WILSON

---	Maresa Jackson	38	OREG-37	X5:28.60	
r:+0.77	34.79	41.18	40.75	40.11	
	48.38	47.26	38.71	37.42	
---	Stacey Ostrin	39	OREG-37	X5:42.58	
r:+0.85	34.04	40.66	42.70	41.20	
	51.94	52.86	40.19	38.99	

## Women 40-44 50 Yard Freestyle

NATL: 21.91 N 4/15/2007 DARA TORRES

ZONE: 23.92 Z 5/1/2011 SHERI HART

PNA: 23.92 P 5/1/2011 SHERI HART

1	Holly Lickwala	40	PSM-36	28.32	9
r:+0.59					
2	Sandi York	40	TACM-36	29.81	7
r:+0.90					
3	Katherine Clark	40	NEO-36	34.46	6
r:+0.69					
4	Renee Barrie	43	SWYM-36	38.78	5

## Women 40-44 100 Yard Freestyle

NATL: 48.34 N 4/15/2007 DARA TORRES

ZONE: 51.86 Z 5/1/2011 SHERI HART

PNA: 51.86 P 5/1/2011 SHERI HART

1	Elisabeth Woare	44	WAC-36	1:02.15	9
	29.72	32.43			
2	Kathy Pelham	44	TWIM-36	1:04.55	7
	31.51	33.04			
3	Sandi York	40	TACM-36	1:05.01	6
r:+0.90	31.35	33.66			
4	Lorraine Masse	44	LWM-36	1:09.24	5
r:+0.77	32.25	36.99			
5	Katherine Clark	40	NEO-36	1:18.57	4
r:+0.73	37.78	40.79			
6	Wendy Noffke	44	BWAQ-36	1:24.32	3
	40.51	43.81			
7	Renee Barrie	43	SWYM-36	1:29.32	2
r:+0.98	42.94	46.38			

## Women 40-44 200 Yard Freestyle

NATL: 1:51.06 N 12/22/2002 K PIPES-NEILSEN

ZONE: 1:56.14 Z 5/17/2002 SUZANNE SIMPSON

PNA: 1:58.67 P 5/9/2013 HALEIGH A WERNER

1	Kathy Pelham	44	TWIM-36	2:16.47	9
r:+0.72	31.21	34.26	35.49	35.51	
2	Holly Lickwala	40	PSM-36	2:22.56	7
r:+0.65	34.30	35.71	36.23	36.32	

3	Tracy Maschman Morrissey	42	HMST-36	2:23.52	6
r:+0.91	34.09	36.63	36.70	36.10	
4	Wendy Noffke	44	BWAQ-36	3:12.68	5
	44.67	48.60	50.49	48.92	
5	Rachael Deaderick	42	BWAQ-36	3:12.73	4
r:+0.65	43.75	49.42	50.99	48.57	
6	April Parker	40	BWAQ-36	3:14.12	3
r:+0.90	41.55	48.74	52.52	51.31	
7	Renee Barrie	43	SWYM-36	3:18.38	2
	44.24	48.35	55.11	50.68	

## Women 40-44 500 Yard Freestyle

NATL: 4:58.98 N 10/5/2002 K PIPES-NEILSEN

ZONE: 5:13.14 Z 5/17/2002 SUZANNE SIMPSON

PNA: 5:21.96 P 5/1/2011 HALEIGH A WERNER

1	Elisabeth Woare	44	WAC-36	6:05.55	9
r:+0.76	32.14	35.67	36.80	37.30	
	37.60	37.83	37.77	37.45	
	37.09	35.90			
2	Kathy Pelham	44	TWIM-36	6:06.00	7
r:+0.68	32.51	35.19	36.47	37.61	
	37.54	37.74	37.39	37.78	
	37.94	35.83			
3	April Parker	40	BWAQ-36	8:57.64	6
r:+0.93	44.19	50.35	54.68	54.21	
	57.08	54.88	57.43	55.76	
	57.42	51.64			

## Women 40-44 1000 Yard Freestyle

NATL: 10:20.45 N 12/21/2003 K PIPES-NEILSEN

ZONE: 10:51.34 Z 5/9/2013 HALEIGH WERNER

PNA: 10:51.34 P 5/9/2013 HALEIGH A WERNER

1	Kathy Pelham	44	TWIM-36	12:18.84	9
r:+0.60	33.85	36.32	37.98	38.05	
	37.63	37.38	37.30	37.34	
	37.86	37.36	37.56	37.30	
	37.09	37.04	36.76	36.88	
	37.12	36.78	36.32	34.92	
2	Kimberly Wood	44	BWAQ-36	17:00.40	7
	42.65	48.59	50.89	50.44	
	51.07	51.81	51.83	52.48	
	51.24	52.32	53.85	52.68	
	52.61	52.81	51.83	50.89	
	51.77	51.88	51.47	47.29	
3	Wendy Noffke	44	BWAQ-36	17:31.60	6
r:+0.87	45.72	49.77	52.05	52.80	
	52.81	53.03	54.08	54.71	
	53.67	53.16	53.95	53.64	
	52.96	54.19	53.87	53.78	
	53.07	53.06	52.37	48.91	
4	April Parker	40	BWAQ-36	18:37.16	5
	45.60	51.09	55.54	56.31	
	57.02	56.91	58.08	55.50	
	58.36	57.24	57.67	56.38	
	57.42	57.49	56.13	57.64	
	56.75	56.56	56.10	53.37	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 40-44 1650 Yard Freestyle

NATL: 17:12.04 N 11/5/2016 HEIDI GEORGE  
 ZONE: 17:53.81 Z 5/17/2002 SUZANNE SIMPSON  
 PNA: 18:10.83 P 4/29/2012 HALEIGH A WERNER

1	Kathy Pelham	44	TWIM-36	20:41.91	9
r:+0.79	34.31	38.13	38.47	38.10	
	38.40	38.26	38.61	38.16	
	38.28	38.47	37.86	37.71	
	37.51	37.58	37.59	37.53	
	37.67	37.62	37.73	37.46	
	37.69	37.66	37.68	37.51	
	37.52	37.73	37.90	37.69	
	37.41	37.36	37.30	36.97	36.04
2	Kimberly Wood	44	BWAQ-36	29:29.86	7
r:+0.89	42.44	49.38	52.09	52.06	
	51.34	52.50	52.56	53.93	
	53.95	53.70	54.17	53.13	
	53.79	53.76	54.33	54.18	
	53.93	54.71	55.70	54.33	
	55.25	55.32	54.77	54.44	
	55.44	55.04	55.78	54.88	
	56.36	54.98	55.59	55.48	50.55
3	Wendy Noffke	44	BWAQ-36	29:50.06	6
r:+0.95	44.77	48.67	53.10	52.90	
	52.77	54.01	53.47	55.24	
	53.78	54.60	56.04	54.88	
	55.16	53.93	54.77	55.09	
	56.41	55.12	55.50	54.38	
	56.41	54.83	55.52	55.82	
	54.85	54.95	56.80	55.28	
	56.73	55.75	55.87	53.02	49.64

## Women 40-44 50 Yard Backstroke

NATL: 26.12 N 5/1/2011 SHERI HART  
 ZONE: 26.12 Z 5/1/2011 SHERI HART  
 PNA: 26.12 P 5/1/2011 SHERI HART

1	Sandi York	40	TACM-36	34.06	9
r:+0.87					
2	Kimberly Wood	44	BWAQ-36	44.42	7
r:+0.73					
3	Renee Barrie	43	SWYM-36	50.00	6
r:+0.99					
---	Sarah Rogers	40	OREG-37	X33.24	
r:+0.78					

## Women 40-44 100 Yard Backstroke

NATL: 56.03 N 4/30/2011 SHERI HART  
 ZONE: 56.03 Z 5/1/2011 SHERI HART  
 PNA: 56.03 P 5/1/2011 SHERI HART

1	Sandi York	40	TACM-36	1:13.56	9
r:+0.92	35.23	38.33			
2	April Parker	40	BWAQ-36	1:42.32	7
r:+0.81	49.79	52.53			
3	Kimberly Wood	44	BWAQ-36	1:42.58	6
r:+0.75	47.95	54.63			

## Women 40-44 200 Yard Backstroke

NATL: 2:04.43 N 4/24/2010 KRISTIN GARY  
 ZONE: 2:10.67 Z 4/4/2009 ELLEN REYNOLDS  
 PNA: 2:13.58 P 5/20/2001 ZENA COURTNEY

1	Wendy Noffke	44	BWAQ-36	3:28.44	9
r:+0.92	49.93	52.66	54.35	51.50	
2	April Parker	40	BWAQ-36	3:33.79	7
r:+0.85	50.15	54.23	55.14	54.27	
---	Sarah Rogers	40	OREG-37	X2:40.89	
r:+0.89	37.74	40.95	41.82	40.38	

## Women 40-44 50 Yard Breaststroke

NATL: 29.24 N 2/28/2010 S VON DER LIPPE  
 ZONE: 31.61 Z 5/9/2013 HALEIGH A WERNER  
 PNA: 31.61 P 5/9/2013 HALEIGH A WERNER

1	Lorraine Masse	44	LWM-36	39.03	9
r:+0.75					
2	Holly Lickwala	40	PSM-36	39.68	7
3	Wendy Noffke	44	BWAQ-36	54.31	6
r:+0.98					
---	Sarah Rogers	40	OREG-37	X35.88	
r:+0.83					
---	Chantal Lauzon	43	NOVA-33	X37.95	
r:+0.68					
---	Renee Barrie	43	SWYM-36	DQ	
	Arms not in same horizontal plane				
r:+0.94					
---	Natalie Routh	43	BWAQ-36	DQ	
	Downward butterfly kick				
r:+0.98					

## Women 40-44 100 Yard Breaststroke

NATL: 1:03.00 N 5/4/2008 S VON DER LIPPE  
 ZONE: 1:09.07 Z 4/29/2012 HALEIGH A WERNER  
 PNA: 1:09.07 P 4/29/2012 HALEIGH A WERNER

1	Lorraine Masse	44	LWM-36	1:24.50	9
r:+0.76	40.05	44.45			
2	Rachael Deaderick	42	BWAQ-36	1:47.35	7
r:+0.64	51.60	55.75			
---	Christine Mcclafferty	43	OREG-37	X1:16.35	
r:+0.77	36.70	39.65			
---	Chantal Lauzon	43	NOVA-33	X1:23.34	
r:+0.76	39.05	44.29			
---	April Parker	40	BWAQ-36	DQ	
	Head under for 2 or more strokes				
r:+0.90	48.87	54.55			

## Women 40-44 200 Yard Breaststroke

NATL: 2:17.06 N 5/14/2006 S VON DER LIPPE  
 ZONE: 2:31.78 Z 4/29/2012 HALEIGH A WERNER  
 PNA: 2:31.78 P 4/29/2012 HALEIGH A WERNER

1	Lorraine Masse	44	LWM-36	3:08.38	9
r:+0.83	40.76	46.70	49.12	51.80	
---	Sarah Rogers	40	OREG-37	X2:51.93	
r:+0.81	38.33	42.74	45.68	45.18	
---	Chantal Lauzon	43	NOVA-33	X3:01.67	
r:+0.74	40.09	45.66	47.54	48.38	



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 40-44 50 Yard Butterfly

NATL: 25.14 N 5/10/2009 S VON DER LIPPE

ZONE: 26.25 Z 5/1/2011 SHERI HART

PNA: 26.25 P 5/1/2011 SHERI HART

1	Tracy Maschman Morrissey	42	HMST-36	31.28	9
	r:+0.88				
2	Holly Lickwala	40	PSM-36	31.34	7
	r:+0.59				
---	Christine Mcclafferty	43	OREG-37	X28.05	
	r:+0.60				
---	Chantal Lauzon	43	NOVA-33	X32.36	
	r:+0.68				

## Women 40-44 100 Yard Butterfly

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

ZONE: 59.72 Z 5/20/2001 SUZANNE SIMPSON

PNA: 1:01.99 P 5/18/1997 CAMILLE THOMPSON

1	Tracy Maschman Morrissey	42	HMST-36	1:11.92	9
	r:+0.60 34.19 37.73				
---	Christine Mcclafferty	43	OREG-37	X1:01.62	
	r:+0.74 29.05 32.57				
---	Chantal Lauzon	43	NOVA-33	X1:13.32	
	r:+0.71 33.82 39.50				

## Women 40-44 200 Yard Butterfly

NATL: 2:03.13 N 5/4/2008 S VON DER LIPPE

ZONE: 2:10.34 Z 5/20/2001 SUZANNE SIMPSON

PNA: 2:18.99 P 4/14/1996 CAMILLE THOMPSON

---	Christine Mcclafferty	43	OREG-37	X2:24.56	
	r:+0.65 31.45 37.08 37.50 38.53				

## Women 40-44 100 Yard IM

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

ZONE: 58.38 Z 5/1/2011 SHERI HART

PNA: 58.38 P 5/1/2011 SHERI HART

1	Holly Lickwala	40	PSM-36	1:14.16	9
	r:+0.77 36.32 37.84				
2	Rachael Deaderick	42	BWAQ-36	1:37.87	7
	r:+0.83 47.64 50.23				
3	Kimberly Wood	44	BWAQ-36	1:43.82	6
	r:+0.86 47.02 56.80				
---	Chantal Lauzon	43	NOVA-33	X1:14.18	
	r:+0.71 33.76 40.42				

## Women 40-44 200 Yard IM

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

ZONE: 2:14.98 Z 5/18/2008 ELLEN REYNOLDS

PNA: 2:20.17 P 5/22/2005 LISA PACE

1	Holly Lickwala	40	PSM-36	2:40.91	9
	r:+0.64 34.57 41.63 47.82 36.89				
2	Sandi York	40	TACM-36	2:48.18	7
	r:+0.88 34.83 41.73 51.42 40.20				
3	Katherine Clark	40	NEO-36	3:24.01	6
	r:+0.75 45.81 55.92 55.11 47.17				
4	Kimberly Wood	44	BWAQ-36	3:50.14	5
	56.38 57.41 1:08.13 48.22				
---	Sarah Rogers	40	OREG-37	X2:40.03	
	r:+0.68 36.22 43.12 43.47 37.22				

## Women 40-44 400 Yard IM

NATL: 4:28.43 N 5/4/2008 S VON DER LIPPE

ZONE: 4:50.69 Z 5/1/2011 HALEIGH A WERNER

PNA: 4:50.69 P 5/1/2011 HALEIGH A WERNER

---	Sarah Rogers	40	OREG-37	X5:36.12	
	r:+0.70 37.02 43.78 44.11 43.23 44.53 45.30 41.38 36.77				

## Women 45-49 50 Yard Freestyle

NATL: 24.00 N 5/4/2008 SUSAN WALSH

ZONE: 24.63 Z 5/23/2010 LISA A DAHL

PNA: 24.63 P 5/23/2010 LISA A DAHL

1	Katherine Beirne	47	PMS-36	30.72	9
	r:+0.72				
2	Theresa Shugart	49	PMS-36	31.33	7
	r:+0.70				
3	Andrea Cortani	45	PMS-36	31.48	6
	r:+0.87				
4	Heather Clarke	45	LWM-36	31.97	5
	r:+0.76				
5	Amy Wolfe	47	YPKC-36	36.04	4
6	Laura Laures	49	SWYM-36	43.65	3
	r:+0.77				

## Women 45-49 100 Yard Freestyle

NATL: 52.23 N 12/16/2007 K PIPES-NEILSEN

ZONE: 53.71 Z 5/23/2010 ELLEN REYNOLDS

PNA: 54.63 P 5/23/2010 LISA A DAHL

1	Jennifer Farinas	45	BC-36	1:05.14	9
	r:+0.69 31.70 33.44				
2	Andrea Cortani	45	PMS-36	1:08.19	7
	r:+0.79 33.03 35.16				
3	Theresa Shugart	49	PMS-36	1:12.92	6
	r:+0.72 34.21 38.71				
4	Amy Wolfe	47	YPKC-36	1:17.97	5
	r:+0.95 37.89 40.08				
5	Laura Laures	49	SWYM-36	1:41.36	4
	r:+0.83 46.54 54.82				

## Women 45-49 200 Yard Freestyle

NATL: 1:53.28 N 12/16/2007 K PIPES-NEILSEN

ZONE: 1:56.99 Z 5/23/2010 ELLEN REYNOLDS

PNA: 2:04.65 P 5/4/2014 HALEIGH A WERNER

1	Jennifer Farinas	45	BC-36	2:21.21	9
	r:+0.80 32.33 35.79 36.85 36.24				
2	Tammy Regan	45	TWIM-36	2:23.96	7
	r:+0.73 32.48 35.64 37.95 37.89				
3	Heather Clarke	45	LWM-36	2:39.72	6
	r:+0.75 35.02 39.92 42.30 42.48				
4	Laura Laures	49	SWYM-36	3:42.14	5
	r:+0.83 46.88 54.84 1:00.04 1:00.38				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 45-49 500 Yard Freestyle

NATL: 5:04.13 N 4/11/2009 K PIPES-NEILSEN  
 ZONE: 5:21.00 Z 5/4/2014 HALEIGH A WERNER  
 PNA: 5:21.00 P 5/4/2014 HALEIGH A WERNER

1	Andrea Cortani	45	PMS-36	6:17.66	9
r:+0.90	33.67	36.08	37.72	38.62	
	38.93	39.30	38.96	38.29	
	38.60	37.49			
2	Tammy Regan	45	TWIM-36	6:27.58	7
r:+0.85	33.66	37.37	38.99	39.41	
	40.04	39.98	40.21	40.65	
	39.10	38.17			
3	Heather Clarke	45	LWM-36	7:11.82	6
r:+0.80	36.49	41.12	43.75	44.17	
	44.27	44.27	44.32	45.34	
	45.32	42.77			

## Women 45-49 1000 Yard Freestyle

NATL: 10:32.91 N 4/19/2009 K PIPES-NEILSEN  
 ZONE: 10:50.84 Z 5/4/2014 HALEIGH A WERNER  
 PNA: 10:50.84 P 5/4/2014 HALEIGH A WERNER

1	Rondamarie Smith	46	BWAQ-36	12:49.25	9
			37.12	37.43	
	37.71	37.64	38.78	38.79	
	40.03	39.55	40.06	39.04	
	39.35	39.30	39.97	39.31	
	39.22	40.10	39.11	37.85	
2	Jennifer Farinas	45	BC-36	13:02.93	7
r:+0.80	37.02	40.28	39.99	39.95	
	39.96	40.11	40.37	39.72	
	39.66	39.65	39.04	38.85	
	39.04	38.94	38.44	37.90	
	38.79	39.15	38.78	37.29	
3	Tammy Regan	45	TWIM-36	13:18.67	6
r:+0.84	35.53	38.76	39.36	39.53	
	40.02	40.00	40.20	40.06	
	40.53	40.37	40.65	40.62	
	40.61	40.44	40.56	40.98	
	40.94	40.47	40.40	38.64	
4	Heather Clarke	45	LWM-36	14:58.16	5
r:+0.78	37.87	42.21	44.64	45.00	
	44.93	45.46	45.52	45.79	
	45.41	45.76	46.35	45.73	
	45.87	46.34	45.80	45.06	
	45.95	45.76	45.61	43.10	
5	Lisa Mangel	47	DBST-36	15:25.52	4
	37.96	43.19	45.46	45.66	
	46.64	47.09	47.40	46.88	
	47.60	47.99	47.50	47.26	
	47.62	47.26	47.16	47.36	
	47.06	47.50	47.01	43.92	

## Women 45-49 1650 Yard Freestyle

NATL: 17:39.79 N 4/8/2016 ALISON ZAMANIAN  
 ZONE: 18:03.61 Z 5/22/2005 SUSANNE SIMPSON  
 PNA: 19:32.15 P 5/4/2014 SARAH A BULLOCK

1	Heather Clarke	45	LWM-36	25:05.80	9
r:+0.81	39.23	44.24	45.86	46.25	
	45.72	46.04	47.22	45.64	
	46.52	45.85	46.06	45.83	
	46.40	45.72	46.47	45.69	
	47.03	46.40	46.52	46.26	
	45.92	46.41	46.02	47.18	
	45.68	46.51	46.70	45.84	
	45.54	45.58	45.21	44.01	40.25

## Women 45-49 50 Yard Backstroke

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN  
 ZONE: 27.53 Z 5/1/2011 ELLEN REYNOLDS  
 PNA: 30.05 P 5/10/2009 LISA DAHL

1	Theresa Shugart	49	PMS-36	36.82	9
r:+0.91					
2	Amy Wolfe	47	YPKC-36	41.07	7
r:+0.99					

## Women 45-49 100 Yard Backstroke

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS  
 ZONE: 57.83 Z 5/23/2010 ELLEN REYNOLDS  
 PNA: 1:05.05 P 5/20/2007 ZENA COURTNEY

1	Jennifer Farinas	45	BC-36	1:12.43	9
r:+0.75	35.88	36.55			
2	Shelley Reimer	47	BAM-36	1:13.92	7
r:+0.64	36.21	37.71			
3	Theresa Shugart	49	PMS-36	1:23.55	6
r:+0.85	40.92	42.63			
4	Christi Flynn	48	NEO-36	1:26.83	5
	42.09	44.74			
5	Amy Wolfe	47	YPKC-36	1:27.81	4
	42.41	45.40			

## Women 45-49 200 Yard Backstroke

NATL: 2:04.65 N 4/19/2009 K PIPES-NEILSEN  
 ZONE: 2:06.28 Z 11/17/2013 ELLEN REYNOLDS  
 PNA: 2:19.72 P 5/20/2007 ZENA COURTNEY

1	Jennifer Farinas	45	BC-36	2:32.83	9
r:+0.88	36.33	38.41	39.40	38.69	
2	Rondamarie Smith	46	BWAQ-36	2:36.26	7
r:+0.82	34.61	39.16	41.81	40.68	
3	Margo Marsh-Limm	49	SAM-36	2:57.52	6
r:+0.83	42.80	45.25	45.53	43.94	

## Women 45-49 50 Yard Breaststroke

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI  
 ZONE: 32.98 Z 2/23/2014 MARY ARMSTRONG  
 PNA: 32.98 P 2/23/2014 MARY ARMSTRONG

1	Katherine Beirne	47	PMS-36	37.74	9
r:+0.75					
2	Lisa Keith	47	GEM-36	39.24	7
r:+0.89					
3	Lisa Mangel	47	DBST-36	42.62	6

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 45-49 50 Yard Breaststroke)**

4	Megan Holt	46	BWAQ-36	45.70	5
---	Jayna Tomac	45	OREG-37	X32.78Z	
				r:+0.72	

**Women 45-49 100 Yard Breaststroke**

NATL: 1:05.85 N 3/27/2011 S VON DER LIPPE  
 ZONE: 1:09.95 Z 5/4/2014 HALEIGH A WERNER  
 PNA: 1:09.95 P 5/4/2014 HALEIGH A WERNER

1	Katherine Beirne	47	PMS-36	1:21.86	9
				r:+0.88 38.91 42.95	
2	Laura Laures	49	SWYM-36	1:48.76	7
				r:+0.78 50.83 57.93	
---	Jayna Tomac	45	OREG-37	X1:11.29	
				r:+0.80 34.12 37.17	

**Women 45-49 50 Yard Butterfly**

NATL: 25.96 N 4/21/2013 SUSAN WILLIAMS  
 ZONE: 26.36 Z 5/23/2010 LISA A DAHL  
 PNA: 26.36 P 5/23/2010 LISA A DAHL

1	Wendy Polidori	47	SAM-36	32.14	9
				r:+0.62	
2	Erin Cyger	45	BAM-36	32.22	7
				r:+0.86	
3	Megan Holt	46	BWAQ-36	36.52	6
				r:+0.94	
4	Andrea Cortani	45	PMS-36	36.84	5
				r:+0.93	
5	Lisa Keith	47	GEM-36	37.25	4
				r:+0.95	
6	MarySue Balazic	49	SAM-36	44.64	3
				r:+0.92	

**Women 45-49 100 Yard Butterfly**

NATL: 56.97 N 5/1/2011 S VON DER LIPPE  
 ZONE: 59.39 Z 5/4/2008 ARLENE DELMAGE  
 PNA: 1:04.75 P 5/22/2005 MARY LIPPOLD

1	Shelley Reimer	47	BAM-36	1:09.53	9
				32.50 37.03	
2	Erin Cyger	45	BAM-36	1:18.53	7
				r:+0.87 37.57 40.96	
3	Margo Marsh-Limm	49	SAM-36	1:23.89	6
				r:+0.81 39.00 44.89	
4	MarySue Balazic	49	SAM-36	1:41.18	5
				r:+0.98 46.49 54.69	

**Women 45-49 100 Yard IM**

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE  
 ZONE: 1:02.87 Z 5/23/2010 LISA A DAHL  
 PNA: 1:02.87 P 5/23/2010 LISA A DAHL

1	Rondamarie Smith	46	BWAQ-36	1:11.93	9
				r:+0.69 32.78 39.15	
2	Wendy Polidori	47	SAM-36	1:16.44	7
				r:+0.68 35.73 40.71	
3	Erin Cyger	45	BAM-36	1:17.47	6
				r:+0.73 37.60 39.87	
4	Margo Marsh-Limm	49	SAM-36	1:19.69	5
				r:+0.80 38.81 40.88	

5	Andrea Cortani	45	PMS-36	1:21.30	4
				r:+0.91 39.06 42.24	
6	Heather Clarke	45	LWM-36	1:21.49	3
				r:+0.71 37.13 44.36	
7	Lisa Keith	47	GEM-36	1:21.60	2
				r:+0.83 39.88 41.72	
8	Lisa Mangel	47	DBST-36	1:25.01	1
				38.27 46.74	
9	Megan Holt	46	BWAQ-36	1:25.95	
				r:+0.94 40.36 45.59	
10	MarySue Balazic	49	SAM-36	1:40.00	
				r:+0.86 46.29 53.71	

**Women 45-49 200 Yard IM**

NATL: 2:07.26 N 12/16/2007 K PIPES-NEILSEN  
 ZONE: 2:11.08 Z 5/23/2010 ELLEN REYNOLDS  
 PNA: 2:19.88 P 5/20/2007 LISA PACE

1	Jennifer Farinas	45	BC-36	2:37.36	9
				r:+0.66 35.84 38.45 46.99 36.08	
2	Christi Flynn	48	NEO-36	3:11.03	7
				r:+0.79 42.44 46.55 57.91 44.13	
3	Amy Wolfe	47	YPKC-36	3:18.42	6
				r:+0.91 46.99 47.81 1:00.70 42.92	

**Women 45-49 400 Yard IM**

NATL: 4:32.87 N 12/26/2009 K PIPES-NEILSEN  
 ZONE: 4:41.31 Z 4/15/2012 ELLEN REYNOLDS  
 PNA: 5:00.13 P 5/20/2007 LISA PACE

1	Rondamarie Smith	46	BWAQ-36	5:25.08	9
				r:+0.72 35.11 40.70 40.91 41.25 45.81 47.14 37.13 37.03	
2	Wendy Polidori	47	SAM-36	5:59.50	7
				36.53 42.24 48.87 46.54 51.93 53.42 41.95 38.02	

**Women 50-54 50 Yard Freestyle**

NATL: 24.53 N 3/18/2016 FALL WILLEBOORDSE  
 ZONE: 25.39 Z 5/15/2011 LISA A DAHL  
 PNA: 25.39 P 5/15/2011 LISA A DAHL

1	Tani Stenford	51	NEO-36	27.50	9
				r:+0.78	

**Women 50-54 100 Yard Freestyle**

NATL: 53.60 N 4/29/2016 FALL WILLEBOORDSE  
 ZONE: 54.98 Z 5/10/2015 ELLEN REYNOLDS  
 PNA: 57.09 P 5/15/2011 LISA A DAHL

1	Tani Stenford	51	NEO-36	59.83	9
				r:+0.84 28.84 30.99	
2	Nancy Huntamer	52	NEO-36	1:19.52	7
				r:+0.84 37.77 41.75	
3	Denise Dumouchel	54	BAM-36	1:19.70	6
				r:+0.62 39.65 40.05	

**Women 50-54 200 Yard Freestyle**

NATL: 1:58.34 N 4/10/2016 ELLEN REYNOLDS  
 ZONE: 1:58.34 Z 4/10/2016 Ellen Reynolds  
 PNA: 2:07.91 P 5/20/2007 MARY LIPPOLD

1	Renee Quistorf	52	SAM-36	2:51.43	9
				r:+0.79 38.86 42.94 44.66 44.97	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 50-54 500 Yard Freestyle**

NATL: 5:14.56 N 5/12/2013 JILL HERNANDEZ  
 ZONE: 5:17.05 Z 5/10/2015 ELLEN REYNOLDS  
 PNA: 5:35.06 P 4/28/2016 SHANNON MCINTYRE

1	Nancy Huntamer	52	NEO-36	7:43.63	9
	42.31	45.17	45.86	46.30	
	46.69	47.69	47.78	48.57	
	47.11	46.15			

**Women 50-54 1000 Yard Freestyle**

NATL: 10:58.56 N 4/23/2015 JILL HERNANDEZ  
 ZONE: 11:09.00 Z 5/10/2015 ELLEN REYNOLDS  
 PNA: 11:27.91 P 4/28/2016 SHANNON MCINTYRE

1	Kris Speir	53	YPKC-36	14:07.42	9
	r:+0.94	37.18	41.79	43.66	43.41
		43.64	43.44	43.51	43.11
		43.19	43.51	42.93	42.74
		42.30	42.29	42.76	42.45
		42.46	41.88	41.57	39.60
2	Denise Dumouchel	54	BAM-36	15:52.83	7
	43.43	48.00	48.57	48.63	
	47.88	48.67	48.62	48.72	
	48.48	48.74	47.87	47.46	
	48.06	47.67	48.86	48.18	
	47.74	47.35	45.93	43.97	

**Women 50-54 1650 Yard Freestyle**

NATL: 18:16.49 N 4/23/2015 C PETERSEN  
 ZONE: 19:33.72 Z 4/3/2011 MARY SWEAT  
 PNA: 19:36.43 P 4/12/2015 SHANNON MCINTYRE

1	Kris Speir	53	YPKC-36	23:48.70	9	
	r:+0.98	37.68	42.00	43.62	44.20	
		43.82	44.50	44.03	44.63	
		44.00	43.67	43.68	43.45	
		43.72	43.22	43.62	43.83	
		43.42	43.42	43.64	43.40	
		43.39	43.59	43.49	43.11	
		43.53	43.74	43.30	43.35	
		43.49	43.05	43.00	42.88	41.23

**Women 50-54 100 Yard Backstroke**

NATL: 59.19 N 3/18/2016 FALL WILLEBOORDSE  
 ZONE: 59.72 Z 11/23/2014 ELLEN REYNOLDS  
 PNA: 1:05.43 P 5/4/2014 ZENA H COURTNEY

1	Denise Dumouchel	54	BAM-36	1:31.74	9
	r:+0.70	45.44	46.30		

**Women 50-54 200 Yard Backstroke**

NATL: 2:07.51 N 11/22/2014 ELLEN REYNOLDS  
 ZONE: 2:07.51 Z 11/23/2014 ELLEN REYNOLDS  
 PNA: 2:23.65 P 4/13/2014 ZENA H COURTNEY

1	Renee Quistorf	52	SAM-36	3:00.08	9
	r:+0.86	42.83	46.10	46.37	44.78
2	Denise Dumouchel	54	BAM-36	3:16.51	7
	r:+0.73	48.63	51.26	49.59	47.03

**Women 50-54 50 Yard Breaststroke**

NATL: 32.37 N 5/21/2010 BRIGITTE HEUER  
 ZONE: 33.69 Z 2/22/2015 KIM CROUCH  
 PNA: 33.49 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YPKC-36	39.85	9
	r:+0.82				
2	Jessica Dubey	54	BAM-36	43.94	7
	r:+0.78				

**Women 50-54 200 Yard Breaststroke**

NATL: 2:29.92 N 2/20/2012 CAROLINE KRATTLI  
 ZONE: 2:41.49 Z 5/1/2016 SHANNON MCINTYRE  
 PNA: 2:41.24 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YPKC-36	3:16.57	9
	r:+0.81	45.00	50.04	51.33	50.20
2	Denise Dumouchel	54	BAM-36	3:33.29	7
	r:+0.73	49.75	53.70	56.59	53.25

**Women 50-54 50 Yard Butterfly**

NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON  
 ZONE: 27.94 Z 4/29/2012 LISA A DAHL  
 PNA: 27.62 P 5/15/2011 LISA A DAHL

1	Jessica Dubey	54	BAM-36	47.65	9
	r:+0.95				

**Women 50-54 100 Yard IM**

NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE  
 ZONE: 1:02.65 Z 5/10/2015 ELLEN REYNOLDS  
 PNA: 1:05.62 P 4/26/2015 KIM CROUCH

1	Kris Speir	53	YPKC-36	1:18.10	9
	r:+0.82	37.73	40.37		
2	Renee Quistorf	52	SAM-36	1:29.28	7
	r:+0.75	41.12	48.16		
3	Jessica Dubey	54	BAM-36	1:40.94	6
	r:+0.78	49.65	51.29		

**Women 50-54 200 Yard IM**

NATL: 2:13.16 N 5/10/2015 ELLEN REYNOLDS  
 ZONE: 2:13.16 Z 5/10/2015 ELLEN REYNOLDS  
 PNA: 2:21.72 P 4/28/2016 SHANNON MCINTYRE

1	Tani Stenford	51	NEO-36	2:33.27	9
	r:+0.86	32.47	40.38	46.01	34.41

**Women 50-54 400 Yard IM**

NATL: 4:43.11 N 4/9/2016 ELLEN REYNOLDS  
 ZONE: 4:43.11 Z 4/9/2016 Ellen Reynolds  
 PNA: 5:02.40 P 4/28/2016 SHANNON MCINTYRE

1	Renee Quistorf	52	SAM-36	6:47.65	9
	r:+0.85	44.18	54.03	52.29	48.90
		57.31	57.21	47.65	46.08
2	Denise Dumouchel	54	BAM-36	6:59.75	7
		48.79	57.03	54.25	50.62
		57.93	56.11	49.69	45.33

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 55-59 50 Yard Freestyle

NATL: 25.29 N 5/10/2009 LAURA VAL  
 ZONE: 26.17 Z 5/9/2013 K ANDRUS-HUGHES  
 PNA: 26.99 P 5/10/2009 CHARLOTTE DAVIS

1	Gloria Dillan	57	NEO-36	31.22	9
	r:+0.68				
2	Sheila Moore	58	LWM-36	32.35	7
3	Cestjon McFarland	56	BAM-36	33.58	6
	r:+0.81				
4	Lucianne Pugh	57	SVMS-36	48.35	5
---	Melinda Tomlinson-Macias	58	UC35-35	X38.82	
	r:+0.92				

## Women 55-59 100 Yard Freestyle

NATL: 54.72 N 5/4/2008 LAURA VAL  
 ZONE: 57.35 Z 5/9/2013 K ANDRUS-HUGHES  
 PNA: 59.08 P 5/22/2005 CHARLOTTE DAVIS

1	Gloria Dillan	57	NEO-36	1:09.40	9
	r:+0.65	32.23	37.17		
2	Sheila Moore	58	LWM-36	1:09.82	7
	r:+0.86	33.45	36.37		
3	Elizabeth Hogan	55	PMS-36	1:21.96	6
		39.92	42.04		
4	Lucianne Pugh	57	SVMS-36	1:58.16	5
		53.69	1:04.47		
---	Melinda Tomlinson-Macias	58	UC35-35	X1:36.65	
	r:+0.91	44.83	51.82		

## Women 55-59 200 Yard Freestyle

NATL: 1:59.02 N 5/10/2009 LAURA VAL  
 ZONE: 2:09.20 Z 5/9/2013 K ANDRUS-HUGHES  
 PNA: 2:12.87 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	BWAQ-36	2:17.51	9
	r:+0.91	32.11	34.45	35.19	35.76
2	Sheila Moore	58	LWM-36	2:30.09	7
	r:+0.97	34.08	37.08	38.14	40.79
3	Cestjon McFarland	56	BAM-36	3:01.30	6
	r:+0.74	41.25	46.51	48.48	45.06

## Women 55-59 500 Yard Freestyle

NATL: 5:27.33 N 1/25/2009 LAURA VAL  
 ZONE: 5:53.66 Z 5/20/2007 BARB GUNDRED  
 PNA: 5:53.66 P 5/20/2007 BARB GUNDRED

1	Sheila Moore	58	LWM-36	6:55.34	9
	r:+0.98	36.33	39.36	41.24	41.19
		41.31	41.30	44.09	46.96
		43.29	40.27		
2	Elizabeth Hogan	55	PMS-36	8:03.84	7
		49.31	49.35	49.83	50.44
		49.79	46.42		

## Women 55-59 1000 Yard Freestyle

NATL: 11:19.85 N 2/5/2017 K PARKER PALACE  
 ZONE: 12:00.51 Z 4/6/2014 MARY SWEAT  
 PNA: 12:11.10 P 5/20/2007 BARB GUNDRED

1	Zena Courtney	57	BWAQ-36	12:57.67	9
	r:+0.91	33.52	37.14	38.25	39.18
		39.29	39.28	39.42	39.27
		38.82	39.10	39.39	39.07
		39.74	39.34	39.50	39.32
		39.76	39.96	39.47	38.85
2	Sheila Moore	58	LWM-36	13:35.24	7
	r:+0.96	36.96	40.25	40.56	40.94
		41.08	41.32	41.36	40.74
		40.79	40.79	40.98	41.02
		40.87	41.13	41.55	41.17
		41.52	41.42	41.22	39.57
3	Deborah Flynn	56	BAM-36	19:11.16	6
		48.75	56.22	58.40	58.17
		59.58	58.39	59.30	59.01
		59.17	59.02	58.17	57.98
		58.75	57.86	58.78	57.84
		58.57	57.82	56.78	52.60

## Women 55-59 1650 Yard Freestyle

NATL: 18:56.04 N 4/16/2010 LAURA VAL  
 ZONE: 19:48.78 Z 4/6/2014 MARY SWEAT  
 PNA: 21:40.40 P 5/21/2001 SUZANNE DILLS

1	Zena Courtney	57	BWAQ-36	21:24.21	9
	r:+0.78	33.88	37.39	38.18	38.90
		38.77	39.03	38.74	38.99
		39.07	38.95	38.92	39.18
		39.44	39.51	39.57	39.52
		39.17	39.41	39.96	39.50
		38.22	38.48	38.85	39.38
		39.07	39.03	39.32	39.78
		39.51	39.53	39.31	39.27
					38.38

## Women 55-59 50 Yard Backstroke

NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON  
 ZONE: 29.97 Z 5/9/2013 K ANDRUS-HUGHES  
 PNA: 31.30 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	BWAQ-36	32.77	9
	r:+0.74				
2	Gloria Dillan	57	NEO-36	37.83	7
	r:+0.86				
3	Cestjon McFarland	56	BAM-36	40.76	6
	r:+0.96				
4	Lucianne Pugh	57	SVMS-36	1:01.67	5
	r:+0.78				
---	Melinda Tomlinson-Macias	58	UC35-35	X47.52	
	r:+0.88				

## Women 55-59 100 Yard Backstroke

NATL: 1:04.65 N 5/23/2010 LAURA VAL  
 ZONE: 1:04.97 Z 5/4/2014 K ANDRUS-HUGHES  
 PNA: 1:06.96 P 4/26/2015 ZENA H COURTNEY

1	Zena Courtney	57	BWAQ-36	1:10.18	9
	r:+0.76	33.77	36.41		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Women 55-59 100 Yard Backstroke)**

2	Cestjon McFarland	56	BAM-36	1:30.64	7
	r:+0.83	44.73	45.91		
3	Lucianne Pugh	57	SVMS-36	2:19.54	6
	r:+0.71	1:04.38	1:15.16		
---	Melinda Tomlinson-Macias	58	UC35-35	X1:46.57	
	r:+0.87	51.59	54.98		

**Women 55-59 200 Yard Backstroke**

NATL: 2:19.94 N 5/2/2014 BONNIE BILICH  
 ZONE: 2:23.24 Z 5/4/2014 K ANDRUS-HUGHES  
 PNA: 2:28.88 P 5/20/2007 BARB GUNDRED

1	Zena Courtney	57	BWAQ-36	2:35.57	9
	r:+0.79	35.62	38.95	40.20	40.80

**Women 55-59 50 Yard Breaststroke**

NATL: 33.76 N 5/14/2011 LISA BENNETT  
 ZONE: 35.06 Z 5/14/2002 GINGER PIERSON  
 PNA: 36.21 P 5/4/2008 ANDRA JAUNZEME

1	Kathy Byers	56	BWAQ-36	39.23	9
	r:+0.67				

**Women 55-59 100 Yard Breaststroke**

NATL: 1:13.76 N 4/25/2015 CHRIS WENZEL  
 ZONE: 1:15.68 Z 4/6/2014 COLETTE CRABBE  
 PNA: 1:18.23 P 5/4/2008 ANDRA JAUNZEME

1	Deborah Flynn	56	BAM-36	1:52.90	9
	55.49	57.41			

**Women 55-59 200 Yard Breaststroke**

NATL: 2:40.19 N 5/10/2009 CATHERINE KOHN  
 ZONE: 2:45.46 Z 4/6/2014 COLETTE CRABBE  
 PNA: 2:50.32 P 5/4/2008 ANDRA JAUNZEME

1	Lucianne Pugh	57	SVMS-36	4:23.19	9
	58.15	1:06.22	1:11.16	1:07.66	

**Women 55-59 50 Yard Butterfly**

NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON  
 ZONE: 29.90 Z 5/14/2006 CHARLOTTE DAVIS  
 PNA: 29.90 P 5/14/2006 CHARLOTTE DAVIS

1	Cestjon McFarland	56	BAM-36	43.22	9
	r:+0.78				
2	Elizabeth Hogan	55	PMS-36	50.37	7
	r:+0.97				

**Women 55-59 100 Yard Butterfly**

NATL: 1:01.31 N 5/10/2009 LAURA VAL  
 ZONE: 1:07.96 Z 4/12/2015 COLETTE CRABBE  
 PNA: 1:08.31 P 5/14/2006 CHARLOTTE DAVIS

1	Cestjon McFarland	56	BAM-36	1:47.69	9
	r:+0.68	48.19	59.50		
2	Elizabeth Hogan	55	PMS-36	1:54.31	7
	54.47	59.84			

**Women 55-59 100 Yard IM**

NATL: 1:05.21 N 5/20/2007 LAURA VAL  
 ZONE: 1:08.09 Z 4/12/2015 COLEGGE CRABBE  
 PNA: 1:08.54 P 5/10/2009 CHARLOTTE DAVIS

1	Kathy Byers	56	BWAQ-36	1:15.59	9
	r:+0.80	34.95	40.64		
2	Elizabeth Hogan	55	PMS-36	1:41.98	7
	49.98	52.00			

**Women 55-59 200 Yard IM**

NATL: 2:21.91 N 5/22/2010 LAURA VAL  
 ZONE: 2:26.19 Z 4/6/2014 COLETTE CRABBE  
 PNA: 2:29.14 P 5/22/2005 CHARLOTTE DAVIS

---	Melinda Tomlinson-Macias	58	UC35-35	X4:01.68	
	r:+0.97	52.29	58.31	1:14.88	56.20

**Women 60-64 50 Yard Freestyle**

NATL: 26.48 N 3/9/2014 LAURA VAL  
 ZONE: 27.02 Z 5/4/2014 CHARLOTTE M DAVIS  
 PNA: 27.02 P 5/4/2014 CHARLOTTE M DAVIS

1	Mary Lippold	61	NEO-36	29.10	9
	r:+0.81				
2	Debbie Glassman	63	PSM-36	31.38	7
	r:+0.84				

**Women 60-64 100 Yard Freestyle**

NATL: 56.45 N 4/29/2012 LAURA VAL  
 ZONE: 59.41 Z 5/23/2010 CHARLOTTE M DAVIS  
 PNA: 59.41 P 5/23/2010 CHARLOTTE M DAVIS

1	Mary Lippold	61	NEO-36	1:04.52	9
	r:+0.70	31.78	32.74		
2	Linda Chapman	61	LWM-36	1:07.80	7
	r:+0.74	32.02	35.78		

**Women 60-64 500 Yard Freestyle**

NATL: 5:39.00 N 1/26/2014 LAURA VAL  
 ZONE: 5:57.32 Z 5/1/2011 CHARLOTTE M DAVIS  
 PNA: 5:57.32 P 5/1/2011 CHARLOTTE M DAVIS

1	Mary Lippold	61	NEO-36	6:14.78	9
	r:+0.68	34.68	36.80	38.16	37.92
		38.28	38.27	38.30	38.13
		37.59	36.65		

**Women 60-64 50 Yard Backstroke**

NATL: 29.58 N 4/26/2015 LAURA VAL  
 ZONE: 32.41 Z 5/9/2013 CHARLOTTE M DAVIS  
 PNA: 32.41 P 5/9/2013 CHARLOTTE M DAVIS

1	Dawn Jaeger	60	LWM-36	36.18	9
	r:+0.92				
2	Debbie Glassman	63	PSM-36	40.07	7
	r:+0.85				
3	Sheila Kenning	60	SWYM-36	53.32	6
	r:+0.93				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 60-64 100 Yard Backstroke**

NATL: 1:03.72 N 5/12/2013 LAURA VAL  
 ZONE: 1:09.38 Z 5/1/2011 CHARLOTTE M DAVIS  
 PNA: 1:09.38 P 5/1/2011 CHARLOTTE M DAVIS

1	Dawn Jaeger	60	LWM-36	1:17.33	9
	r:+0.92	37.56	39.77		
2	Heather Adkins-Narte	62	BAM-36	2:13.20	7
	r:+0.97	1:04.91	1:08.29		

**Women 60-64 200 Yard Backstroke**

NATL: 2:21.44 N 5/11/2013 LAURA VAL  
 ZONE: 2:37.04 Z 4/12/2015 LO KNAPP  
 PNA: 2:52.29 P 5/9/2013 STELLA PREISSLER

1	Heather Adkins-Narte	62	BAM-36	4:34.65	9
	1:05.89	1:10.31	1:09.21	1:09.24	

**Women 60-64 50 Yard Breaststroke**

NATL: 35.09 N 5/10/2013 MELINDA WOLFF  
 ZONE: 35.88 Z 5/1/2016 LINDA CHAPMAN  
 PNA: 35.88 P 4/28/2016 LINDA CHAPMAN

1	Linda Chapman	61	LWM-36	36.91	9
	r:+0.75				
2	Dawn Jaeger	60	LWM-36	39.65	7
	r:+0.77				

**Women 60-64 100 Yard Breaststroke**

NATL: 1:16.80 N 4/25/2015 LO KNAPP  
 ZONE: 1:16.80 Z 4/26/2015 LO KNAPP  
 PNA: 1:20.16 P 10/30/2016 LINDA CHAPMAN

1	Linda Chapman	61	LWM-36	1:19.74	9
	r:+0.75	37.95	41.79		

**Women 60-64 200 Yard Breaststroke**

NATL: 2:44.73 N 4/26/2015 LO KNAPP  
 ZONE: 2:44.73 Z 4/26/2015 LO KNAPP  
 PNA: 2:58.73 P 4/28/2016 LINDA CHAPMAN

1	Linda Chapman	61	LWM-36	2:58.09	9
	r:+0.75	39.74	44.87	46.84	46.64

**Women 60-64 100 Yard IM**

NATL: 1:07.08 N 5/17/2015 LAURA VAL  
 ZONE: 1:08.41 Z 5/9/2013 CHARLOTTE M DAVIS  
 PNA: 1:08.41 P 5/9/2013 CHARLOTTE M DAVIS

1	Dawn Jaeger	60	LWM-36	1:16.83	9
	r:+0.76	34.63	42.20		

**Women 65-69 50 Yard Freestyle**

NATL: 27.37 N 1/14/2017 LAURA VAL  
 ZONE: 27.84 Z 4/9/2016 Charlotte Davis  
 PNA: 27.84 P 4/9/2016 CHARLOTTE M DAVIS

1	Jean Blackburn	65	BWAQ-36	34.99	9
	r:+0.87				

**Women 65-69 100 Yard Freestyle**

NATL: 59.78 N 1/21/2017 LAURA VAL  
 ZONE: 1:00.94 Z 5/1/2016 CHARLOTTE DAVIS  
 PNA: 1:00.94 P 4/28/2016 CHARLOTTE M DAVIS

1	Charlotte Davis	66	LWM-36	1:02.88	9
	r:+0.59	30.80	32.08		

2	Judy Williams	68	BWAQ-36	1:34.89	7
	44.57	50.32			

**Women 65-69 200 Yard Freestyle**

NATL: 2:17.15 N 3/6/2016 CHARLOTTE DAVIS  
 ZONE: 2:17.15 Z 3/6/2016 CHARLOTTE DAVIS  
 PNA: 2:17.15 P 3/6/2016 CHARLOTTE M DAVIS

1	Elizabeth Kassen	65	TWIM-36	2:38.11	9
	r:+0.83	35.36	40.03	41.60	41.12
2	Barbara Johnson	67	PMS-36	4:05.51	7
	54.90	1:03.90	1:04.90	1:01.81	

**Women 65-69 500 Yard Freestyle**

NATL: 6:03.86 N 4/10/2016 CHARLOTTE DAVIS  
 ZONE: 6:03.86 Z 4/10/2016 Charlotte Davis  
 PNA: 6:29.37 P 4/9/2016 CHARLOTTE M DAVIS

1	Kate Carruthers	68	BAM-36	8:06.30	9
	r:+0.98	43.32	49.76	50.83	50.30
		49.59	49.88	49.10	49.14
		48.54	45.84		
2	Judy Williams	68	BWAQ-36	8:51.75	7
	47.69	54.61	54.14	53.79	
	55.30	54.38	55.08	53.75	
	54.17	48.84			
3	Barbara Johnson	67	PMS-36	10:51.66	6
	56.56	1:05.67	1:05.01	1:05.89	
	1:06.89	1:06.97	1:07.54	1:06.08	
	1:07.16	1:03.89			

**Women 65-69 1000 Yard Freestyle**

NATL: 12:30.97 N 4/9/2016 CHARLOTTE DAVIS  
 ZONE: 12:30.97 Z 4/9/2016 Charlotte Davis  
 PNA: 12:30.97 P 4/9/2016 CHARLOTTE M DAVIS

1	Elizabeth Kassen	65	TWIM-36	14:02.20	9
	r:+0.89	37.15	41.27	42.34	43.06
		42.54	42.41	42.45	42.53
		42.45	42.11	42.41	42.07
		42.27	42.35	42.68	42.80
		42.82	43.00	43.01	40.48
2	Kathrine Casey	68	PSA-36	18:00.21	7
	46.79	53.93	56.43	56.10	
	55.45	56.44	54.09	54.90	
	54.39	54.78	55.13	54.16	
	54.89	54.67	54.61	54.06	
	53.08	52.25	52.86	51.20	
3	Barbara Johnson	67	PMS-36	22:20.44	6
	56.95	1:04.43	1:05.17	1:05.30	
	1:04.49	1:05.21	1:05.82	1:07.43	
	1:07.75	1:07.71	1:08.17	1:08.40	
	1:08.25	1:09.24	1:10.01	1:09.46	
	1:09.85	1:10.60	1:10.00	1:06.20	
---	Carol Stark	68	OREG-37	X25:33.18	
	1:04.00	1:08.79	1:13.54	1:13.30	
	1:16.33	1:16.69	1:18.63	1:15.84	
	1:17.82	1:16.99	1:17.89	1:17.67	
	1:20.86	1:18.95	1:18.78	1:23.93	
	1:22.41	1:18.44	1:16.94	1:15.38	

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 65-69 1650 Yard Freestyle

NATL: 20:43.29 N 11/12/2016 S LOFTUS-CHARLEY

ZONE: 22:32.74 Z 5/1/2011 SUZANNE L DILLS

PNA: 22:32.74 P 5/1/2011 SUZANNE L DILLS

1	Kathrine Casey	68	PSA-36	30:42.51	9
	47.76	55.49	57.56	56.87	
	56.30	56.08	55.98	55.05	
	55.83	55.44	55.50	55.32	
	56.09	56.81	57.14	56.25	
	56.76	56.29	56.35	56.48	
	55.53	56.24	56.00	56.46	
	56.60	56.07	56.27	56.01	
	56.26	55.81	55.55	55.38	54.98

## Women 65-69 50 Yard Backstroke

NATL: 30.87 N 1/14/2017 LAURA VAL

ZONE: 36.56 Z 4/10/2011 JOY WARD

PNA: 37.70 P 4/26/2015 STELLA PREISSLER

1	Kate Carruthers	68	BAM-36	44.25	9
2	Kathrine Casey	68	PSA-36	44.84	7

## Women 65-69 100 Yard Backstroke

NATL: 1:10.15 N 4/11/2015 CECILIA MCCLOSKEY

ZONE: 1:18.98 Z 4/26/2015 STELLA PREISSLER

PNA: 1:18.98 P 4/26/2015 STELLA PREISSLER

1	Kathrine Casey	68	PSA-36	1:36.96	9
	r:+0.97	47.16	49.80		

## Women 65-69 200 Yard Backstroke

NATL: 2:28.21 N 1/21/2017 LAURA VAL

ZONE: 2:49.78 Z 4/26/2015 STELLA PREISSLER

PNA: 2:49.78 P 4/26/2015 STELLA PREISSLER

1	Kate Carruthers	68	BAM-36	3:22.01	9
	r:+0.39	48.90	52.07	51.51	49.53
2	Kathrine Casey	68	PSA-36	3:31.35	7
		50.81	52.95	54.31	53.28
---	Carol Stark	68	OREG-37	X5:00.14	
	r:+0.56	1:08.79	1:14.63	1:19.74	1:16.98

## Women 65-69 50 Yard Breaststroke

NATL: 37.74 N 4/25/2004 JOANN LEILICH

ZONE: 39.29 Z 4/26/2015 JANET GETTLING

PNA: 40.31 P 4/26/2015 CHARLOTTE M DAVIS

1	Charlotte Davis	66	LWM-36	38.15Z	9
	r:+0.51				
2	Kate Carruthers	68	BAM-36	45.40	7
	r:+0.63				
3	Judy Williams	68	BWAQ-36	51.72	6
	r:+0.88				

## Women 65-69 100 Yard Breaststroke

NATL: 1:23.95 N 4/25/2004 JOANN LEILICH

ZONE: 1:26.18 Z 4/10/2011 GINGER PIERSON

PNA: 1:32.34 P 5/4/2014 KATE M CARRUTHERS

1	Charlotte Davis	66	LWM-36	1:21.17N	9
	r:+0.49	39.09	42.08		
2	Elizabeth Kassen	65	TWIM-36	1:33.83	7
	r:+0.84	43.98	49.85		

## Women 65-69 50 Yard Butterfly

NATL: 29.91 N 4/10/2016 CHARLOTTE DAVIS

ZONE: 29.91 Z 4/10/2016 Charlotte Davis

PNA: 29.91 P 4/9/2016 CHARLOTTE M DAVIS

1	Charlotte Davis	66	LWM-36	30.63	9
	r:+0.68				
2	Jean Blackburn	65	BWAQ-36	42.58	7
	r:+0.85				

## Women 65-69 100 Yard IM

NATL: 1:10.09 N 4/29/2016 CHARLOTTE DAVIS

ZONE: 1:10.09 Z 5/1/2016 CHARLOTTE M DAVIS

PNA: 1:10.09 P 4/28/2016 CHARLOTTE M DAVIS

1	Jean Blackburn	65	BWAQ-36	1:30.96	9
	r:+0.87	44.91	46.05		
2	Kate Carruthers	68	BAM-36	1:31.98	7
	r:+0.82	45.15	46.83		
3	Judy Williams	68	BWAQ-36	1:50.32	6
	r:+0.97	53.54	56.78		

## Women 65-69 200 Yard IM

NATL: 2:35.18 N 4/30/2016 CHARLOTTE DAVIS

ZONE: 2:35.18 Z 5/1/2016 CHARLOTTE M DAVIS

PNA: 2:35.18 P 4/28/2016 CHARLOTTE M DAVIS

1	Charlotte Davis	66	LWM-36	2:40.20	9
	r:+0.75	34.09	41.59	48.20	36.32
2	Kate Carruthers	68	BAM-36	3:24.70	7
	r:+0.90	45.97	52.92	58.32	47.49

## Women 70-74 50 Yard Freestyle

NATL: 31.05 N 4/30/2000 GAIL ROPER

ZONE: 32.38 Z 4/29/2012 BARBARA FRID

PNA: 34.66 P 10/16/1983 DAWN MUSSELMAN

1	Sally Dillon	70	BC-36	34.79	9
	r:+0.88				

## Women 70-74 100 Yard Freestyle

NATL: 1:09.79 N 4/30/2000 GAIL ROPER

ZONE: 1:13.27 Z 5/18/2003 LAVELLE STOINOFF

PNA: 1:19.00 P 2/19/2017 SALLY DILLON

1	Sally Dillon	70	BC-36	1:16.87	9
	r:+0.91	37.65	39.22		

## Women 70-74 200 Yard Freestyle

NATL: 2:35.85 N 4/30/2000 GAIL ROPER

ZONE: 2:35.99 Z 5/18/2003 LAVELLE STOINOFF

PNA: 3:03.74 P 2/19/2017 SALLY DILLON

1	Sally Dillon	70	BC-36	2:50.07	9
	r:+0.95	38.92	43.05	44.24	43.86

## Women 70-74 50 Yard Backstroke

NATL: 36.91 N 5/20/2007 BETSY JORDAN

ZONE: 37.16 Z 3/22/2013 JOY WARD

PNA: 44.64 P 5/26/1984 DAWN MUSSELMAN

1	Sally Dillon	70	BC-36	48.59	9
	r:+0.83				



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Women 70-74 50 Yard Breaststroke

NATL: 39.89 N 1/24/2009 JOANN LEILICH  
 ZONE: 42.06 Z 4/10/2016 Ginger Pierson  
 PNA: 47.20 P 10/8/2011 FRANCESCA DRUM

1 Sally Dillon 70 BC-36 45.38 9  
 r:+0.93  
 --- Ginger Pierson 71 OREG-37 X42.91  
 r:+0.69

## Women 70-74 100 Yard Breaststroke

NATL: 1:26.77 N 4/29/2011 JOANN LEILICH  
 ZONE: 1:33.40 Z 4/10/2016 Ginger Pierson  
 PNA: 1:45.16 P 10/8/2011 FRANCESCA DRUM

1 Sally Dillon 70 BC-36 1:44.08 9  
 r:+0.95 49.31 54.77  
 --- Ginger Pierson 71 OREG-37 X1:33.35Z  
 43.89 49.46

## Women 70-74 200 Yard Breaststroke

NATL: 3:07.28 N 2/2/2009 JOANN LEILICH  
 ZONE: 3:22.09 Z 4/9/2016 Ginger Pierson  
 PNA: 3:54.09 P 4/4/1993 MURIEL FLYNN

--- Ginger Pierson 71 OREG-37 X3:26.15  
 46.47 52.25 53.27 54.16

## Women 70-74 200 Yard Butterfly

NATL: 3:07.31 N 9/17/2016 MARGOT PETTIJOHN  
 ZONE: 3:37.22 Z 4/13/2013 JOY WARD  
 PNA: 5:09.03 P 3/16/1991 PAT MATTHIESEN

--- Ginger Pierson 71 OREG-37 X3:47.13  
 r:+0.93 50.57 56.92 59.51 1:00.13

## Women 75-79 100 Yard Freestyle

NATL: 1:16.23 N 4/24/2005 GAIL ROPER  
 ZONE: 1:28.67 Z 5/1/2011 PATRICIA HASTINGS  
 PNA: 1:39.66 P 2/5/2011 PEG CLOUTIER

1 Charlotte Snow 77 YPKC-36 1:59.73 9  
 59.72 1:00.01

## Women 75-79 100 Yard Breaststroke

NATL: 1:29.24 N 4/11/2014 JOANN LEILICH  
 ZONE: 1:58.49 Z 4/10/1999 MURIEL FLYNN  
 PNA: 1:58.49 P 4/10/1999 MURIEL FLYNN

1 Charlotte Snow 77 YPKC-36 2:31.16 9  
 1:12.50 1:18.66

## Women 75-79 200 Yard Breaststroke

NATL: 3:16.31 N 4/5/2014 JOANN LEILICH  
 ZONE: 4:12.25 Z 4/10/1999 MURIEL FLYNN  
 PNA: 4:12.25 P 4/10/1999 MURIEL FLYNN

1 Charlotte Snow 77 YPKC-36 5:18.17 9  
 1:15.18 1:21.94 1:19.51 1:21.54

## Women 75-79 50 Yard Butterfly

NATL: 38.05 N 4/26/2015 MARY ANN CASE  
 ZONE: 52.91 Z 11/18/2000 BETTY KERCHEVAL  
 PNA: 52.91 P 11/18/2000 BETTY KERCHEVAL

1 Charlotte Snow 77 YPKC-36 1:15.76 9

## Women 75-79 100 Yard IM

NATL: 1:27.31 N 4/24/2005 GAIL ROPER  
 ZONE: 1:56.91 Z 4/9/2000 BETTY KERCHEVAL  
 PNA: 1:56.91 P 4/9/2000 BETTY KERCHEVAL

1 Charlotte Snow 77 YPKC-36 2:20.08 9  
 1:11.66 1:08.42

## Men 18-24 50 Yard Freestyle

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER  
 ZONE: 20.41 Z 4/9/2000 MICHAEL BURTON  
 PNA: 21.04 P 5/4/2008 BRIAN GOLDMAN

1 Joshua Scheck 20 HMST-36 22.39 9  
 r:+0.73  
 2 Benjamin Griffin 23 LWM-36 22.83 7  
 r:+0.72  
 3 Alexander Lyskin 20 HMST-36 22.97 6  
 r:+0.71  
 4 James Waltz 18 UC36-36 23.48 5  
 r:+0.74  
 5 Nicholas Carter 24 DBST-36 24.95 4  
 r:+0.80  
 6 Blake Nixon 19 WWUS-36 26.93 3  
 r:+0.78  
 7 Brandon Couch 21 HMST-36 27.79 2  
 r:+0.76

## Men 18-24 100 Yard Freestyle

NATL: 42.59 N 12/1/2012 EUGENE GODSOE  
 ZONE: 45.90 Z 4/26/1992 JOHN KEPPELER  
 PNA: 46.54 P 4/26/2015 CLINTON W STIPEK

1 Joshua Scheck 20 HMST-36 48.74 9  
 r:+0.74 23.63 25.11  
 2 Benjamin Griffin 23 LWM-36 50.95 7  
 r:+0.78 24.43 26.52  
 3 James Waltz 18 UC36-36 52.04 6  
 r:+0.72 24.52 27.52  
 4 Alexander Lyskin 20 HMST-36 52.56 5  
 r:+0.71 25.04 27.52  
 5 Nicholas Carter 24 DBST-36 56.07 4  
 r:+0.78 27.27 28.80  
 6 James Reehill 24 YPKC-36 58.58 3  
 r:+0.91 28.38 30.20  
 7 Blake Nixon 19 WWUS-36 1:00.40 2  
 r:+0.79 29.30 31.10  
 8 Brandon Couch 21 HMST-36 1:02.04 1  
 r:+0.75 29.52 32.52

## Men 18-24 200 Yard Freestyle

NATL: 1:35.02 N 11/8/2009 ANDY GRANT  
 ZONE: 1:41.45 Z 4/26/1992 JOHN KEPPELER  
 PNA: 1:44.59 P 4/10/2004 ELLIOTT KOLBE

1 Joshua Scheck 20 HMST-36 1:49.69 9  
 r:+0.76 25.95 28.24 27.64 27.86  
 2 James Waltz 18 UC36-36 1:58.58 7  
 r:+0.73 25.86 29.03 30.35 33.34  
 3 Nicholas Pederson 20 WWUS-36 1:59.09 6  
 r:+0.63 27.91 29.01 29.29 32.88

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 18-24 200 Yard Freestyle)**

4	Alexander Lyskin	20	HMST-36	2:02.17	5
	r:+0.69	26.73	30.68	32.82	31.94
5	Blake Nixon	19	WWUS-36	2:15.67	4
		29.38	33.36	35.76	37.17

**Men 18-24 500 Yard Freestyle**

**NATL:** 4:24.81 N 1/24/2010 ANDY GRANT  
**ZONE:** 4:49.97 Z 5/20/2007 DAVID WHITBECK  
**PNA:** 4:49.97 P 5/20/2007 DAVID WHITBECK

1	Nicholas Pederson	20	WWUS-36	5:45.24	9
	r:+0.65	28.52	30.15	30.98	32.32
		33.79	35.32	36.89	38.79
		39.70	38.78		
2	Austin Clark	21	WWUS-36	6:55.63	7
	r:+0.60	32.83	38.57	39.41	42.19
		42.42	43.10	43.06	45.41
		45.75	42.89		

**Men 18-24 1000 Yard Freestyle**

**NATL:** 9:01.26 N 2/13/2010 JP ARNOLD  
**ZONE:** 9:58.85 Z 4/13/2013 BRUCE DEAKYNE  
**PNA:** 9:58.85 P 4/13/2013 BRUCE DEAKYNE

1	Nicholas Pederson	20	WWUS-36	11:52.17	9
	r:+0.68	30.50	32.73	33.18	33.61
		34.11	35.92	37.02	36.69
		37.18	38.16	37.90	37.14
		38.12	37.22	38.13	38.58
		32.51	34.64	35.06	33.77

**Men 18-24 50 Yard Backstroke**

**NATL:** 22.33 N 5/10/2013 ANDREW ELLIOTT  
**ZONE:** 24.19 Z 4/26/1992 JOHN KEPPELER  
**PNA:** 24.54 P 4/11/2010 CHRIS CHAPMAN

1	Nicholas Carter	24	DBST-36	29.18	9
	r:+0.82				
2	Jasper O'Leary	22	HMST-36	31.82	7
	r:+0.63				

**Men 18-24 100 Yard Backstroke**

**NATL:** 45.36 N 11/30/2012 EUGENE GODSOE  
**ZONE:** 51.22 Z 10/19/1991 JOHN KEPPELER  
**PNA:** 52.56 P 2/20/2011 TAYLOR BRUGH

1	Jordan Anderson	18	WWUS-36	1:05.18	9
	r:+0.72	31.59	33.59		
---	Josh MacLurg	18	CWST-35	X56.87	
	r:+0.71	27.28	29.59		

**Men 18-24 200 Yard Backstroke**

**NATL:** 1:44.18 N 5/11/2013 ANDREW ELLIOTT  
**ZONE:** 1:50.28 Z 4/26/1992 JOHN KEPPELER  
**PNA:** 1:58.98 P 4/10/2005 ROBERT HOWELLS

1	Nicholas Carter	24	DBST-36	2:23.84	9
	r:+0.81	32.01	34.82	39.43	37.58
---	Jacob Pebley	23	TOC-38	X1:45.87	
	r:+0.86	25.61	26.96	26.97	26.33

**Men 18-24 50 Yard Breaststroke**

**NATL:** 24.53 N 2/1/2015 ROSTYSLAV FEDYNA  
**ZONE:** 25.64 Z 4/9/2000 MICHAEL BURTON  
**PNA:** 26.69 P 4/10/2004 ELLIOTT KOLBE

1	Ryan Shiplet	19	HMST-36	29.36	9
	r:+0.69				
2	Benjamin Griffin	23	LWM-36	30.99	7
	r:+0.80				
3	Nicholas Carter	24	DBST-36	33.84	6
	r:+0.81				

**Men 18-24 100 Yard Breaststroke**

**NATL:** 54.07 N 4/25/2015 COLIN BABCOCK  
**ZONE:** 55.86 Z 4/9/2000 MICHAEL BURTON  
**PNA:** 59.09 P 4/15/2012 JONATHAN HIETT

1	Josh Pehrson	20	WWUS-36	1:00.96	9
	r:+0.67	28.84	32.12		
2	Ryan Shiplet	19	HMST-36	1:04.70	7
	r:+0.73	30.14	34.56		
3	Joshua Scheck	20	HMST-36	1:05.31	6
	r:+0.76	30.36	34.95		
4	Benjamin Griffin	23	LWM-36	1:07.38	5
	r:+0.76	31.59	35.79		
5	Alexander Lyskin	20	HMST-36	1:09.30	4
	r:+0.72	32.09	37.21		
---	Josh MacLurg	18	CWST-35	X1:06.08	
	r:+0.69	30.93	35.15		

**Men 18-24 200 Yard Breaststroke**

**NATL:** 1:57.33 N 5/12/2013 ELLIOTT KEEFER  
**ZONE:** 2:08.41 Z 4/10/2011 BRYSON CHIU  
**PNA:** 2:08.41 P 4/10/2011 BRYSON CHIU

1	Josh Pehrson	20	WWUS-36	2:17.75	9
	r:+0.70	30.87	35.28	35.94	35.66

**Men 18-24 50 Yard Butterfly**

**NATL:** 21.13 N 4/26/2015 HENRIK LINDAU  
**ZONE:** 22.66 Z 10/1/2011 CHRIS CHAPMAN  
**PNA:** 22.66 P 10/1/2011 CHRIS CHAPMAN

1	Joshua Scheck	20	HMST-36	24.64	9
	r:+0.78				
2	Benjamin Griffin	23	LWM-36	25.70	7
	r:+0.80				
3	James Waltz	18	UC36-36	26.13	6
	r:+0.74				
4	Blake Nixon	19	WWUS-36	29.28	5
	r:+0.75				
5	Brandon Couch	21	HMST-36	31.43	4
	r:+0.80				
---	Josh MacLurg	18	CWST-35	X24.21	
	r:+0.77				
---	Austin Clark	21	WWUS-36	DQ	
	Shoulders not at or past vertical towards breast off the wall				
	r:+0.74				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 18-24 100 Yard Butterfly**

NATL: 46.65 N 11/30/2012 EUGENE GODSOE

ZONE: 50.62 Z 5/1/2011 CHRIS CHAPMAN

PNA: 50.62 P 5/1/2011 CHRIS CHAPMAN

1	Brandon Couch	21	HMST-36	1:09.97	9
	r:+0.77	32.21	37.76		

**Men 18-24 200 Yard Butterfly**

NATL: 1:49.39 N 2/14/2010 RUSSELL PAYNE

ZONE: 1:57.20 Z 3/28/2009 EDDIE SWITAJ

PNA: 1:57.20 P 3/28/2009 EDDIE SWITAJ

1	Nicholas Pederson	20	WWUS-36	2:15.05	9
	r:+0.67	29.91	34.21	34.71	36.22

**Men 18-24 100 Yard IM**

NATL: 49.52 N 4/25/2015 COLIN BABCOCK

ZONE: 53.72 Z 5/1/2011 CHRIS CHAPMAN

PNA: 53.72 P 5/1/2011 CHRIS CHAPMAN

1	Benjamin Griffin	23	LWM-36	59.66	9
	r:+0.85	27.96	31.70		
2	Ryan Shiplet	19	HMST-36	1:00.60	7
	r:+0.68	28.40	32.20		
3	Jordan Anderson	18	WWUS-36	1:05.06	6
	r:+0.74	30.23	34.83		
4	Nicholas Carter	24	DBST-36	1:05.53	5
	r:+0.82	28.99	36.54		
5	Jasper O'Leary	22	HMST-36	1:09.33	4
	r:+0.82	32.44	36.89		
6	Austin Clark	21	WWUS-36	1:14.82	3
	r:+0.72	33.16	41.66		
---	Jacob Pebley	23	TOC-38	X51.30	
	r:+0.68	22.96	28.34		

**Men 18-24 200 Yard IM**

NATL: 1:49.30 N 4/26/2015 COLIN BABCOCK

ZONE: 1:59.34 Z 4/10/2011 BRYSON CHIU

PNA: 1:59.34 P 4/10/2011 BRYSON CHIU

1	Joshua Scheck	20	HMST-36	2:06.76	9
	r:+0.78	26.96	33.35	37.19	29.26
2	Jordan Anderson	18	WWUS-36	2:23.97	7
	r:+0.81	32.15	36.36	42.69	32.77

**Men 25-29 50 Yard Freestyle**

NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN

ZONE: 20.71 Z 3/12/1983 JEFF ROLAN

PNA: 20.93 P 4/13/2014 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	22.14	9
	r:+0.64				
2	Yawei Hao	26	DBST-36	23.76	7
	r:+0.69				
3	Brandon Vaughan	29	WAC-36	24.25	6
	r:+0.64				
4	Chris Pfaff	29	WAC-36	24.41	5
	r:+0.68				
5	Eric Williamson	26	WAC-36	24.59	4
	r:+0.63				
6	Matthew Liedtke	27	LWM-36	25.44	3
	r:+0.75				

7	Keito Swan	27	WWUS-36	26.40	2
	r:+0.66				
8	Thomas Newell	28	WAC-36	26.82	1
	r:+0.90				
9	Quinn Gemperline	25	HMST-36	28.55	
	r:+0.65				

**Men 25-29 100 Yard Freestyle**

NATL: 41.13 N 5/3/2014 NATHAN ADRIAN

ZONE: 46.01 Z 3/12/1983 JEFF ROLAN

PNA: 46.15 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	49.35	9
	r:+0.64	24.42	24.93		
2	Yawei Hao	26	DBST-36	52.13	7
	r:+0.69	25.37	26.76		

**Men 25-29 200 Yard Freestyle**

NATL: 1:31.93 N 12/6/2013 DARIAN TOWNSEND

ZONE: 1:38.64 Z 4/30/1995 JOHN KEPPELER

PNA: 1:47.49 P 4/13/2013 CHRIS CONROY

1	Alex Phillips	29	HMST-36	2:08.49	9
	r:+0.83	29.55	31.79	33.22	33.93
---	Joseph Haslebacher	25	OREG-37	X2:10.14	
	r:+0.82	29.20	33.12	33.91	33.91

**Men 25-29 500 Yard Freestyle**

NATL: 4:20.82 N 4/17/2010 ANDY GRANT

ZONE: 4:45.53 Z 5/23/1993 DENNIS TESCH

PNA: 4:51.29 P 2/23/2014 EDDIE SWITAJ

1	Brandon Ringstad	25	SAM-36	5:47.20	9
	r:+0.75	31.17	34.21	35.32	34.87
		35.16	35.79	35.44	35.77
		35.17	34.30		
2	Eric Williamson	26	WAC-36	5:50.47	7
	r:+0.67	29.56	33.18	34.69	35.63
		35.98	36.35	36.72	36.95
		36.15	35.26		

**Men 25-29 1000 Yard Freestyle**

NATL: 9:19.61 N 3/15/2014 TOBIAS WORK

ZONE: 9:58.43 Z 5/20/1993 DENNIS TESCH

PNA: 10:12.44 P 3/5/1988 PETE COLBECK

1	Alex Phillips	29	HMST-36	12:25.52	9
	r:+0.91	32.23	35.93	37.66	37.88
		37.56	37.78	38.02	38.20
		38.04	37.83	37.93	38.08
		38.02	37.31	37.67	37.83
		37.71	37.19	37.26	35.39
---	Joseph Haslebacher	25	OREG-37	X12:51.93	
		31.32	35.47	36.65	37.05
		38.10	38.13	38.73	38.82
		37.49	38.71	39.01	40.51
		40.42	40.37	41.02	41.16
		41.39	40.06	38.96	38.56

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 25-29 1650 Yard Freestyle

NATL: 15:44.70 N 5/3/1998 ALEX KOSTICH

ZONE: 16:23.31 Z 5/20/1993 DENNIS TESCH

PNA: 17:03.61 P 2/1/2014 EDDIE SWITAJ

1	Thomas Newell	28	WAC-36	24:10.70	9
r:+0.98	35.46	40.87	42.81	43.76	
	43.78	43.70	44.40	44.43	
	43.79	44.09	44.45	43.79	
	44.52	44.42	44.82	44.64	
	44.76	44.98	44.99	44.24	
	44.56	44.63	44.06	44.65	
	45.00	44.51	45.12	45.32	
	45.09	45.73	44.81	43.29	41.23

## Men 25-29 50 Yard Backstroke

NATL: 21.46 N 4/16/2010 ADAM MANIA

ZONE: 23.84 Z 4/15/2012 CHRIS ROTH

PNA: 23.84 P 4/15/2012 CHRIS CHAPMAN

1	Chris Pfaff	29	WAC-36	29.32	9
r:+0.84					
2	Mark Wall	27	DBST-36	30.19	7
r:+0.74					
3	Eric Williamson	26	WAC-36	30.75	6
r:+0.75					

## Men 25-29 100 Yard Backstroke

NATL: 45.95 N 4/15/2010 ADAM MANIA

ZONE: 52.19 Z 2/17/2013 CHRIS CHAPMAN

PNA: 52.19 P 2/17/2013 CHRIS CHAPMAN

1	Mark Wall	27	DBST-36	1:07.24	9
r:+0.85	32.06	35.18			
2	Quinn Gemperline	25	HMST-36	1:08.17	7
r:+0.77	32.01	36.16			

## Men 25-29 200 Yard Backstroke

NATL: 1:45.77 N 3/20/2016 DAVID RUSSELL

ZONE: 1:48.47 Z 4/30/1995 JOHN KEPPELER

PNA: 1:55.19 P 4/13/2013 CHRIS CHAPMAN

1	Mark Wall	27	DBST-36	2:25.63	9
r:+0.80	32.17	37.05	38.76	37.65	
---	Joseph Haslebacher	25	OREG-37	X2:20.33	
r:+0.78	32.84	35.88	35.93	35.68	

## Men 25-29 50 Yard Breaststroke

NATL: 23.87 N 5/21/2010 MARK GANGLOFF

ZONE: 25.76 Z 4/12/2015 JAKUB KOTYNIA

PNA: 25.76 P 4/12/2015 JAKUB P KOTYNIA

1	Ruben Guerrero	25	PSM-36	29.59	9
r:+0.73					
2	Alex Phillips	29	HMST-36	32.73	7
r:+0.78					
3	Keito Swan	27	WWUS-36	34.32	6
r:+0.71					
---	Terrance Coughran	25	LHST-37	X31.61	
r:+0.77					

## Men 25-29 100 Yard Breaststroke

NATL: 51.57 N 4/25/2015 MARCUS TITUS

ZONE: 57.59 Z 2/22/2015 JAYKUB KOTYNIA

PNA: 57.53 P 2/22/2015 JAKUB P KOTYNIA

1	Ruben Guerrero	25	PSM-36	1:04.83	9
r:+0.71	31.32	33.51			
2	Brandon Ringstad	25	SAM-36	1:08.73	7
r:+0.74	32.58	36.15			

## Men 25-29 200 Yard Breaststroke

NATL: 1:53.04 N 12/21/2013 BJ JOHNSON

ZONE: 2:04.25 Z 4/9/2016 Jakub Kotynia

PNA: 2:04.25 P 4/9/2016 JAKUB P KOTYNIA

1	Ruben Guerrero	25	PSM-36	2:20.66	9
r:+0.79	32.08	35.19	36.13	37.26	
2	Brandon Ringstad	25	SAM-36	2:34.99	7
r:+0.76	34.03	39.01	40.99	40.96	

## Men 25-29 50 Yard Butterfly

NATL: 21.11 N 11/30/2012 DAVIS TARWATER

ZONE: 22.20 Z 4/13/2013 CHRIS CHAPMAN

PNA: 22.20 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	23.86	9
r:+0.64					
2	Matthew Liedtke	27	LWM-36	25.49	7
r:+0.76					
3	Yawei Hao	26	DBST-36	25.99	6
r:+0.69					
4	Alex Phillips	29	HMST-36	30.31	5
r:+0.83					
---	Terrance Coughran	25	LHST-37	X25.25	
r:+0.74					

## Men 25-29 100 Yard Butterfly

NATL: 45.32 N 11/30/2012 DAVIS TARWATER

ZONE: 49.62 Z 4/13/2013 CHRIS CHAPMAN

PNA: 49.62 P 4/13/2013 CHRIS CHAPMAN

1	Gregory Hulse	29	UC36-36	54.60	9
r:+0.63	25.85	28.75			
2	Matthew Liedtke	27	LWM-36	57.29	7
r:+0.77	26.45	30.84			

## Men 25-29 200 Yard Butterfly

NATL: 1:47.62 N 5/20/2007 ERIK SCALISE

ZONE: 1:52.34 Z 4/13/2014 CHRIS CHAPMAN

PNA: 1:52.34 P 4/13/2014 CHRIS CHAPMAN

1	Matthew Liedtke	27	LWM-36	2:16.09	9
r:+0.81	28.38	34.16	35.85	37.70	

## Men 25-29 100 Yard IM

NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND

ZONE: 52.97 Z 4/12/2015 CHRIS CHAPMAN

PNA: 52.97 P 4/12/2015 CHRIS CHAPMAN

1	Yawei Hao	26	DBST-36	1:00.26	9
r:+0.69	28.72	31.54			
2	Matthew Liedtke	27	LWM-36	1:03.70	7
r:+0.78	28.85	34.85			
3	Brandon Ringstad	25	SAM-36	1:04.03	6
r:+0.79	29.46	34.57			

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 25-29 100 Yard IM)**

4	Mark Wall	27	DBST-36	1:05.34	5
	r:+0.83	29.38	35.96		
5	Alex Phillips	29	HMST-36	1:09.23	4
	r:+0.80	33.76	35.47		
---	Terrance Coughran	25	LHST-37	X1:00.71	
	r:+0.78	27.72	32.99		

**Men 25-29 200 Yard IM**

NATL: 1:41.79 N 12/21/2013 DARIAN TOWNSEND

ZONE: 1:56.29 Z 5/16/1999 GREGORY LATTA

PNA: 1:59.23 P 4/9/1995 JODY BRADEN

1	Yawei Hao	26	DBST-36	2:08.92	9
	r:+0.69	27.38	34.13	37.61	29.80

**Men 25-29 400 Yard IM**

NATL: 3:41.85 N 12/20/2013 DARIAN TOWNSEND

ZONE: 4:11.49 Z 5/18/1997 KYLE KIMBALL

PNA: 4:14.72 P 4/15/2012 CEJIH YUNG

1	Yawei Hao	26	DBST-36	4:43.69	9
	r:+0.72	28.69	32.27	37.67	36.93
		40.22	40.97	34.31	32.63

**Men 30-34 50 Yard Freestyle**

NATL: 19.33 N 5/2/2014 ERVIN\ERVIN

ZONE: 21.47 Z 2/14/1998 PAT HAYES

PNA: 21.59 P 3/31/1985 DAVE HANNULA

1	Chris Conroy	31	LWM-36	23.65	9
	r:+0.75				
2	Kevin Wong	33	BWAQ-36	32.82	7
---	Daniel Kollar	32	OREG-37	X22.95	
	r:+0.69				

**Men 30-34 100 Yard Freestyle**

NATL: 42.75 N 12/21/2014 DARIAN TOWNSEND

ZONE: 45.85 Z 4/11/2009 BRIAN WISNIEWSKI

PNA: 45.85 P 4/11/2009 BRIAN WISNIEWSKI

1	Chris Conroy	31	LWM-36	51.49	9
	r:+0.74	24.75	26.74		
2	Michael Orton	34	HMST-36	52.81	7
	r:+0.58	25.57	27.24		
---	Daniel Kollar	32	OREG-37	X50.62	
	r:+0.37	24.43	26.19		

**Men 30-34 200 Yard Freestyle**

NATL: 1:34.00 N 12/19/2014 DARIAN TOWNSEND

ZONE: 1:40.22 Z 4/11/2009 BRIAN WISNIEWSKI

PNA: 1:40.22 P 4/11/2009 BRIAN WISNIEWSKI

1	Chris Conroy	31	LWM-36	1:57.96	9
	r:+0.74	27.53	30.23	30.28	29.92
2	Aaron Miller	33	LWM-36	2:17.01	7
	r:+0.86	30.99	33.73	35.58	36.71

**Men 30-34 500 Yard Freestyle**

NATL: 4:29.49 N 2/25/1996 MATTHEW CETLINSKI

ZONE: 4:41.93 Z 4/12/2015 EDDIE SWITAJ

PNA: 4:41.93 P 4/12/2015 EDDIE SWITAJ

1	Michael Orton	34	HMST-36	5:12.08	9
	r:+0.66	28.32	31.11	31.53	31.88
		32.11	31.95	31.86	31.65
		31.53	30.14		
2	Aaron Miller	33	LWM-36	6:15.74	7
	r:+0.89	32.63	35.30	37.30	38.03
		38.46	38.88	39.55	39.42
		38.28	37.89		

**Men 30-34 1000 Yard Freestyle**

NATL: 9:26.93 N 3/23/2003 JOSHUA WOODRUFF

ZONE: 9:45.44 Z 4/12/2015 EDDIE SWITAJ

PNA: 9:45.44 P 4/12/2015 EDDIE SWITAJ

1	David O'Hern	33	HMST-36	12:26.08	9
			36.48	36.87	
			36.88	37.03	37.59
			38.02	38.12	38.71
			37.92	38.57	39.11
			38.44	37.91	37.87
			37.87	35.87	

**Men 30-34 1650 Yard Freestyle**

NATL: 15:51.57 N 5/12/1996 JEFF ERWIN

ZONE: 15:51.57 Z 5/12/1996 JEFF ERWIN

PNA: 16:55.81 P 2/7/2015 EDDIE SWITAJ

1	David Dahl	31	ORCA-36	19:40.32	9
	r:+0.80	33.00	34.54	35.29	35.76
		36.58	35.88	35.74	35.90
		35.90	36.19	36.41	36.08
		36.18	36.29	36.25	35.89
		36.16	35.86	36.24	36.05
		35.74	35.99	35.63	35.43
		35.30	35.87	35.67	36.18
		36.22	36.24	35.58	35.58
					34.70
2	Aaron Miller	33	LWM-36	21:16.73	7
	r:+0.90	33.65	36.82	37.74	38.45
		38.73	38.98	39.37	39.72
		39.37	39.15	39.73	39.23
		38.23	38.78	39.09	39.28
		39.30	39.18	39.44	38.93
		39.08	39.10	39.40	38.44
		38.96	39.04	38.91	39.11
		39.02	38.69	38.47	38.27
					37.07

**Men 30-34 50 Yard Breaststroke**

NATL: 24.35 N 4/24/2015 MATT GREVERS

ZONE: 26.78 Z 4/29/1990 ROBERT JACKSON

PNA: 26.78 P 4/29/1990 ROBERT JACKSON

1	Chris Conroy	31	LWM-36	29.28	9
	r:+0.75				
*2	Aaron Miller	33	LWM-36	35.21	6.5
	r:+0.87				
*2	David O'Hern	33	HMST-36	35.21	6.5
	r:+0.83				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 30-34 50 Yard Breaststroke)**

--- Cejih Yung 31 UMAC-10 X27.26  
r:+0.72

**Men 30-34 100 Yard Breaststroke**

NATL: 53.44 N 4/29/2011 ED MOSES  
ZONE: 58.51 Z 5/2/2004 GREGORY LATTA  
PNA: 59.20 P 4/29/1990 ROBERT JACKSON

1 Chris Conroy 31 LWM-36 1:03.64 9  
r:+0.74 30.05 33.59  
2 Aaron Miller 33 LWM-36 1:15.62 7  
r:+0.86 35.74 39.88  
--- Cejih Yung 31 UMAC-10 X1:00.08  
r:+0.70 28.16 31.92

**Men 30-34 200 Yard Breaststroke**

NATL: 1:56.02 N 5/1/2011 ED MOSES  
ZONE: 2:09.53 Z 4/7/2002 GREGORY LATTA  
PNA: 2:14.48 P 4/13/2013 JESSE NITZ

--- Kevin Cleary 33 OREG-37 X2:29.62  
r:+0.63 35.70 39.03 37.63 37.26

**Men 30-34 50 Yard Butterfly**

NATL: 21.11 N 4/26/2015 MATT GREVERS  
ZONE: 22.93 Z 4/30/2000 MICHAEL SORENSEN  
PNA: 23.34 P 4/29/1990 BRENT KRANTZ

1 David O'Hern 33 HMST-36 31.64 9  
r:+0.76

**Men 30-34 200 Yard Butterfly**

NATL: 1:45.01 N 4/12/2015 DARIAN TOWNSEND  
ZONE: 1:54.11 Z 5/23/1993 MICHAEL MAKARCZYK  
PNA: 1:54.48 P 4/12/2015 EDDIE SWITAJ

1 David O'Hern 33 HMST-36 2:47.70 9  
r:+0.74 35.71 42.96 45.50 43.53

**Men 30-34 100 Yard IM**

NATL: 47.78 N 4/25/2015 MATT GREVERS  
ZONE: 53.83 Z 4/7/2002 GREGORY LATTA  
PNA: 53.84 P 5/26/1984 DAVID HANNULA

1 David O'Hern 33 HMST-36 1:08.62 9  
r:+0.84 31.64 36.98

**Men 30-34 200 Yard IM**

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND  
ZONE: 1:56.51 Z 4/7/2002 GREGORY LATTA  
PNA: 2:00.84 P 4/5/1992 STEVE VELA

1 Michael Orton 34 HMST-36 2:08.62 9  
r:+0.57 26.76 33.22 38.07 30.57  
2 David O'Hern 33 HMST-36 2:31.97 7  
r:+0.82 32.76 38.26 44.79 36.16  
3 Aaron Miller 33 LWM-36 2:35.10 6  
r:+0.87 33.74 40.86 43.56 36.94

**Men 35-39 50 Yard Freestyle**

NATL: 20.14 N 5/4/2008 JOSH DAVIS  
ZONE: 21.11 Z 4/30/2000 PAT HAYES  
PNA: 21.45 P 4/26/2015 TREVER O GRAY

1 Rick Cardoso 38 LWM-36 22.72 9  
r:+0.77  
2 William Bascus 37 ORCA-36 27.51 7  
r:+0.82  
3 Ron Cho 39 HMST-36 28.48 6  
r:+0.81

**Men 35-39 100 Yard Freestyle**

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO  
ZONE: 46.04 Z 4/30/2000 PAT HAYES  
PNA: 46.63 P 4/26/2015 TREVER O GRAY

1 Kyle Heaton 37 UC36-36 53.52 9  
r:+0.80 25.83 27.69  
2 William Bascus 37 ORCA-36 1:01.06 7  
r:+0.79 29.22 31.84  
3 Ron Cho 39 HMST-36 1:02.37 6  
r:+0.83 29.44 32.93

**Men 35-39 200 Yard Freestyle**

NATL: 1:36.56 N 5/4/2008 JOSH DAVIS  
ZONE: 1:41.80 Z 4/30/2000 PAT HAYES  
PNA: 1:45.03 P 4/9/2016 BRIAN WISNIEWSKI

1 Brian Wisniewski 39 HMST-36 1:45.52 9  
r:+0.73 24.94 26.58 27.19 26.81  
2 Kyle Heaton 37 UC36-36 2:00.10 7  
r:+0.82 27.45 30.85 31.20 30.60  
3 Gary Cox 39 HMST-36 2:04.33 6  
r:+0.82 29.48 31.41 32.02 31.42

**Men 35-39 500 Yard Freestyle**

NATL: 4:33.97 N 5/17/2002 RONALD KARNAUGH  
ZONE: 4:41.81 Z 5/16/2002 JEFF ERWIN  
PNA: 4:42.17 P 4/13/2014 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 5:21.84 9  
r:+0.79 28.14 31.41 32.22 32.31  
32.71 32.56 33.25 33.28  
33.37 32.59

**Men 35-39 1000 Yard Freestyle**

NATL: 9:27.97 N 5/20/2010 ERIC CHRISTENSEN  
ZONE: 9:33.79 Z 5/16/2002 JEFF ERWIN  
PNA: 10:13.00 P 4/11/2009 KIRK NELSON

1 Brian Wisniewski 39 HMST-36 10:02.37 9  
r:+0.74 27.12 29.78 30.31 30.76  
30.64 30.65 30.43 30.35  
30.31 30.22 30.13 30.65  
30.66 30.62 30.76 30.21  
30.57 30.33 29.73 28.14  
2 Justin Valz 36 UC36-36 16:25.56 7  
41.53 45.26 47.71 50.13  
47.82 50.72 49.68 50.29  
50.25 50.39 52.04 51.98  
51.02 51.40 51.64 49.97  
49.66 50.77 48.81 44.49

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 35-39 50 Yard Backstroke**

NATL: 22.70 N 5/4/2008 JOSH DAVIS  
 ZONE: 23.79 Z 4/26/2015 TREVER GRAY  
 PNA: 23.79 P 4/26/2015 TREVER O GRAY

1 William Bascus 37 ORCA-36 33.86 9  
 r:+0.88

**Men 35-39 100 Yard Backstroke**

NATL: 49.12 N 5/4/2008 JOSH DAVIS  
 ZONE: 51.43 Z 4/26/2015 TREVER GRAY  
 PNA: 51.43 P 4/26/2015 TREVER O GRAY

1 Brian Wisniewski 39 HMST-36 53.93 9  
 r:+0.90 26.77 27.16  
 2 William Bascus 37 ORCA-36 1:14.23 7  
 r:+0.97 36.15 38.08

**Men 35-39 200 Yard Backstroke**

NATL: 1:47.72 N 5/4/2008 JOSH DAVIS  
 ZONE: 1:51.95 Z 4/26/2015 TREVER GRAY  
 PNA: 1:51.95 P 4/26/2015 TREVER O GRAY

1 Justin Valz 36 UC36-36 2:58.13 9  
 r:+0.78 40.75 44.56 47.52 45.30

**Men 35-39 50 Yard Breaststroke**

NATL: 25.35 N 5/21/2010 STEVE WEST  
 ZONE: 27.07 Z 4/21/2006 GREG LATTA  
 PNA: 27.46 P 4/29/1990 RICK COLELLA

1 Tyrone Jimmison 36 HMST-36 30.94 9  
 r:+0.65  
 2 Justin Valz 36 UC36-36 40.10 7  
 r:+0.81

**Men 35-39 50 Yard Butterfly**

NATL: 22.26 N 4/29/2011 JOSH DAVIS  
 ZONE: 23.06 Z 5/18/2003 MICHAEL SORENSEN  
 PNA: 24.08 P 4/10/2004 AMON EMEKA

1 Tyrone Jimmison 36 HMST-36 25.88 9  
 r:+0.61  
 2 Kyle Heaton 37 UC36-36 27.21 7  
 r:+0.83  
 3 Andrew Hergert 39 UC36-36 27.28 6  
 r:+0.72  
 4 Gary Cox 39 HMST-36 27.88 5  
 r:+0.78  
 5 Justin Valz 36 UC36-36 32.54 4  
 r:+0.71

**Men 35-39 200 Yard Butterfly**

NATL: 1:50.74 N 5/16/1999 BOBBY PATTEN  
 ZONE: 1:52.56 Z 6/20/2001 DENNIS BAKER  
 PNA: 2:00.47 P 1996 DAVID SANTOS

1 Brian Wisniewski 39 HMST-36 2:00.78 9  
 r:+0.73 27.55 31.23 30.64 31.36

**Men 35-39 100 Yard IM**

NATL: 50.06 N 5/4/2008 JOSH DAVIS  
 ZONE: 54.12 Z 4/30/2000 PAT HAYES  
 PNA: 54.51 P 2/22/2015 TREVER O GRAY

1 Andrew Hergert 39 UC36-36 1:01.39 9  
 r:+0.74 28.35 33.04  
 2 Tyrone Jimmison 36 HMST-36 1:02.07 7  
 r:+0.65 29.66 32.41  
 3 Gary Cox 39 HMST-36 1:04.67 6  
 r:+0.81 30.21 34.46  
 4 Justin Valz 36 UC36-36 1:15.11 5  
 r:+0.81 32.93 42.18

**Men 35-39 200 Yard IM**

NATL: 1:48.74 N 12/22/2002 RONALD KARNAUGH  
 ZONE: 1:57.43 Z 4/21/2006 GREG LATTA  
 PNA: 1:59.56 P 4/9/2016 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 2:11.72 9  
 r:+0.80 27.95 32.98 39.08 31.71

**Men 35-39 400 Yard IM**

NATL: 3:56.76 N 12/16/2001 RON KARNAUGH  
 ZONE: 4:11.19 Z 4/13/2014 BRIAN WISNIEWSKI  
 PNA: 4:11.19 P 4/13/2014 BRIAN WISNIEWSKI

1 Kyle Heaton 37 UC36-36 4:42.96 9  
 r:+0.82 29.01 34.74 35.47 34.87  
 40.56 41.58 34.30 32.43

**Men 40-44 50 Yard Freestyle**

NATL: 20.67 N 12/20/2014 JOSH DAVIS  
 ZONE: 21.98 Z 5/12/1996 RICK ABBOTT  
 PNA: 22.63 P 5/20/2007 MATS NYGREN

1 Jason Ridle 42 PMS-36 23.76 9  
 r:+0.76  
 2 Robert DeWard 43 PSM-36 24.79 7  
 r:+0.68  
 3 Matthew Woare 42 WAC-36 24.83 6  
 r:+0.76

**Men 40-44 100 Yard Freestyle**

NATL: 45.15 N 5/3/2014 JOSH DAVIS  
 ZONE: 48.17 Z 5/12/1996 RICK ABBOTT  
 PNA: 49.09 P 4/29/2012 JOHN KEPPELER

1 Jason Ridle 42 PMS-36 51.62 9  
 r:+0.80 25.15 26.47  
 2 Matthew Woare 42 WAC-36 54.58 7  
 r:+0.74 26.23 28.35

**Men 40-44 200 Yard Freestyle**

NATL: 1:38.23 N 4/24/2015 JOSH DAVIS  
 ZONE: 1:43.69 Z 4/10/2005 DENNIS BAKER  
 PNA: 1:45.58 P 5/20/2007 MATS NYGREN

1 Nick Schnee 42 BAM-36 2:12.56 9  
 r:+0.82 30.39 33.54 34.85 33.78

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 40-44 500 Yard Freestyle

NATL: 4:33.36 N 4/25/2015 JOSH DAVIS  
 ZONE: 4:41.58 Z 4/21/2006 DENNIS BAKER  
 PNA: 4:47.89 P 5/20/2007 MATS NYGREN

1	Matthew Woare	42	WAC-36	5:27.42	9
	r:+0.78	28.26	32.30	33.23	33.27
		33.12	33.15	33.37	33.75
		33.71	33.26		
2	Chad Hagedorn	44	YPKC-36	5:48.87	7
	r:+0.92	31.62	33.57	34.86	35.26
		35.73	35.91	35.93	36.11
		35.87	34.01		

## Men 40-44 1000 Yard Freestyle

NATL: 9:32.66 N 5/7/2010 ALEX KOSTICH  
 ZONE: 9:37.46 Z 5/20/2007 JEFF ERWIN  
 PNA: 9:57.25 P 5/10/2009 DAVID KAYS

1	Chad Hagedorn	44	YPKC-36	11:55.35	9
			35.19	35.29	
		35.77	36.00	36.19	35.58
		36.29	36.26	36.26	36.38
		36.44	36.24	36.22	36.29
		36.24	36.33	36.17	34.54

## Men 40-44 1650 Yard Freestyle

NATL: 15:51.52 N 5/9/2010 ALEX KOSTICH  
 ZONE: 16:01.00 Z 5/10/2009 JEFF ERWIN  
 PNA: 16:54.00 P 5/10/2009 DAVID KAYS

1	Chad Hagedorn	44	YPKC-36	20:21.81	9
	r:+0.97	33.82	36.10	36.56	37.09
		37.19	37.16	36.94	37.09
		37.59	37.21	37.50	37.64
		37.21	37.23	37.31	36.79
		37.15	37.38	37.25	37.21
		37.32	37.42	36.97	37.36
		37.62	37.40	37.25	37.54
		37.17	37.05	37.10	37.41
					34.78

## Men 40-44 50 Yard Backstroke

NATL: 22.77 N 4/26/2009 MICHAEL ROSS  
 ZONE: 25.10 Z 4/29/2012 JOHN KEPPELER  
 PNA: 25.10 P 4/29/2012 JOHN KEPPELER

1	Robert DeWard	43	PSM-36	27.88	9
	r:+0.76				

## Men 40-44 50 Yard Breaststroke

NATL: 25.02 N 3/12/2016 JARROD MARRS  
 ZONE: 27.05 Z 4/3/2011 BRAD BACHULIS  
 PNA: 27.41 P 2/21/2016 TREVER O GRAY

1	Trever Gray	41	LWM-36	29.00	9
	r:+0.73				
2	Robert DeWard	43	PSM-36	32.98	7
	r:+0.70				

## Men 40-44 100 Yard Breaststroke

NATL: 55.37 N 4/25/2015 JEFF COMMINGS  
 ZONE: 59.95 Z 4/9/2000 ROBERT JACKSON  
 PNA: 59.95 P 4/9/2000 ROBERT JACKSON

1	Scott Campea	42	BWAQ-36	1:04.13	9
	r:+0.83	30.46	33.67		
2	Jason Ridle	42	PMS-36	1:07.20	7
	r:+0.85	31.84	35.36		
3	Nick Schnee	42	BAM-36	1:17.72	6
	r:+0.82	36.68	41.04		

## Men 40-44 200 Yard Breaststroke

NATL: 2:00.53 N 5/3/2014 STEVE WEST  
 ZONE: 2:12.85 Z 4/5/1992 RICK COLELLA  
 PNA: 2:12.85 P 4/5/1992 RICK COLELLA

1	Scott Campea	42	BWAQ-36	2:19.32	9
	r:+0.86	32.30	35.43	35.50	36.09

## Men 40-44 50 Yard Butterfly

NATL: 22.61 N 4/26/2009 MICHAEL ROSS  
 ZONE: 23.43 Z 4/10/2016 Trever Gray  
 PNA: 23.43 P 4/9/2016 TREVER O GRAY

1	Jason Ridle	42	PMS-36	26.18	9
	r:+0.78				
2	Matthew Woare	42	WAC-36	26.66	7
	r:+0.72				
3	Robert DeWard	43	PSM-36	27.28	6
	r:+0.68				
4	Nick Schnee	42	BAM-36	31.14	5
	r:+0.83				

## Men 40-44 100 Yard Butterfly

NATL: 49.27 N 5/4/2008 MICHAEL ROSS  
 ZONE: 51.32 Z 4/10/2016 Trever Gray  
 PNA: 51.32 P 4/9/2016 TREVER O GRAY

*1	Matthew Woare	42	WAC-36	58.44	8
	r:+0.77	27.24	31.20		
*1	Jason Ridle	42	PMS-36	58.44	8
	r:+0.92	27.09	31.35		

## Men 40-44 100 Yard IM

NATL: 51.07 N 4/25/2015 JEFF COMMINGS  
 ZONE: 55.19 Z 4/11/2010 GREGORY LATTA  
 PNA: 55.24 P 4/10/2011 ROY BERG

1	Trever Gray	41	LWM-36	56.27	9
	r:+0.75	25.01	31.26		
2	Scott Campea	42	BWAQ-36	59.57	7
	r:+0.90	27.85	31.72		
3	Chad Hagedorn	44	YPKC-36	1:06.20	6
	r:+0.87	30.87	35.33		
4	Nick Schnee	42	BAM-36	1:10.41	5
	r:+0.77	33.96	36.45		

## Men 40-44 200 Yard IM

NATL: 1:51.85 N 4/26/2009 MICHAEL ROSS  
 ZONE: 1:55.47 Z 4/9/2016 Trever Gray  
 PNA: 1:55.47 P 4/9/2016 TREVER O GRAY

1	Scott Campea	42	BWAQ-36	2:12.12	9
	r:+0.89	28.70	35.16	36.88	31.38



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 45-49 50 Yard Freestyle

NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

ZONE: 22.31 Z 5/4/2014 MICHAEL BOOSIN

PNA: 22.40 P 2001 ORLANDO BOLEDA

1	Todd Doherty	46	BC-36	23.07	9
	r:+0.64				
2	Maoz Alsberg	48	TWIM-36	23.48	7
	r:+0.74				
3	Karl Morrison	49	BAM-36	25.26	6
	r:+0.66				
4	Bryan Smith	49	LWM-36	25.70	5
	r:+0.79				
5	Matt Castle	45	TACM-36	25.74	4
	r:+0.69				
6	Kent Gavin	45	BWAQ-36	25.98	3
	r:+0.80				
7	Nicholas Kerr	45	GLAD-36	27.53	2
	r:+0.86				
8	Victor King	49	UC36-36	31.22	1
	r:+0.79				
9	Thai Nguyen	46	BWAQ-36	32.01	
	r:+0.86				
10	Gregory Henzel	47	TSC-36	34.70	
	r:+0.86				

## Men 45-49 100 Yard Freestyle

NATL: 46.21 N 4/26/2015 NICOLAS GRANGER

ZONE: 49.33 Z 2/16/2002 RICK ABBOTT

PNA: 49.99 P 5/9/2013 BRIAN JONES

1	Todd Doherty	46	BC-36	50.00	9
	r:+0.62	24.35	25.65		
2	Maoz Alsberg	48	TWIM-36	51.75	7
	r:+0.70	25.26	26.49		
3	Max Hanson	49	LWM-36	53.35	6
	r:+0.71	26.00	27.35		
4	Karl Morrison	49	BAM-36	55.81	5
	r:+0.73	26.39	29.42		
5	Bryan Smith	49	LWM-36	56.78	4
	r:+0.77	26.93	29.85		
6	J Bullock	48	YPKC-36	58.53	3
	r:+0.78	28.77	29.76		
7	Kent Gavin	45	BWAQ-36	58.84	2
	r:+0.90	27.48	31.36		
8	Matt Castle	45	TACM-36	59.83	1
	r:+0.74	28.16	31.67		
9	Nicholas Kerr	45	GLAD-36	1:01.60	
	r:+0.78	29.26	32.34		
10	Victor King	49	UC36-36	1:12.54	
	r:+0.74	34.76	37.78		
11	Thai Nguyen	46	BWAQ-36	1:15.05	
	r:+0.83	34.85	40.20		

## Men 45-49 200 Yard Freestyle

NATL: 1:41.69 N 5/21/2010 DAVID SIMS

ZONE: 1:45.04 Z 5/20/2007 DENNIS BAKER

PNA: 1:49.62 P 4/26/2015 MATS O NYGREN

1	David Kays	49	PSM-36	1:56.06	9
	r:+0.80	27.08	29.58	30.18	29.22
2	Max Hanson	49	LWM-36	1:56.07	7
	r:+0.71	26.88	28.91	29.76	30.52
3	Alex Goldstein	48	MIR-36	2:09.83	6
	r:+0.87	30.84	32.27	33.37	33.35

## Men 45-49 500 Yard Freestyle

NATL: 4:39.10 N 5/20/2007 DENNIS BAKER

ZONE: 4:39.10 Z 5/20/2007 DENNIS BAKER

PNA: 4:57.65 P 5/20/2001 STEVE SUSSEX

1	David Kays	49	PSM-36	5:07.65	9
	r:+0.84	28.36	31.13	31.19	31.61
		31.27	31.28	31.10	30.76
		31.12	29.83		
2	Doug Winter	48	PSM-36	5:25.38	7
	r:+0.73	29.95	32.31	32.71	32.60
		32.85	33.22	33.28	33.06
		33.04	32.36		
3	J Bullock	48	YPKC-36	5:38.45	6
	r:+0.71	30.66	33.05	33.94	34.57
		34.91	34.79	34.57	34.60
		34.42	32.94		
4	Kent Gavin	45	BWAQ-36	6:33.12	5
	r:+0.74	31.72	36.43	38.24	39.93
		41.25	41.64	41.02	41.57
		41.76	39.56		
5	Roland Klober	48	LWM-36	7:33.74	4
		39.21	42.69	45.36	47.01
		46.70	46.94	47.38	47.29
		47.64	43.52		
6	Kerry Ness	47	SVMS-36	7:42.83	3
		41.74	44.12	45.42	45.78
		47.06	47.98	47.36	48.09
		48.16	47.12		

## Men 45-49 1000 Yard Freestyle

NATL: 9:43.93 N 5/20/2010 KEITH SWITZER

ZONE: 9:48.64 Z 5/1/2011 JEFF ERWIN

PNA: 10:09.96 P 4/26/2015 MATS O NYGREN

1	Max Hanson	49	LWM-36	11:14.11	9
	r:+0.66	29.03	32.35	33.33	33.11
		33.30	33.57	33.69	34.01
		34.36	34.30	34.39	34.37
		34.43	34.76	34.81	34.79
		34.63	34.54	33.79	32.55
2	Kerry Ness	47	SVMS-36	15:36.42	7
		1:17.37	9.63	46.04	46.11
		46.92	47.39	46.18	47.40
		47.39	46.49	47.55	47.36
		47.76	48.07	47.85	47.50
		47.49	48.33	47.54	46.05

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 45-49 1650 Yard Freestyle

NATL: 16:08.05 N 5/20/2010 JEFF ERWIN

ZONE: 16:08.05 Z 5/23/2010 JEFF ERWIN

PNA: 17:33.82 P 4/28/2016 DAVID E KAYS

1	Kent Gavin	45	BWAQ-36	25:07.23	9
	39.77	43.32	46.41	46.82	
	45.40	46.65	47.20	47.27	
	46.53	46.83	45.33	46.23	
	47.05	46.61	47.05	46.39	
	46.41	46.15	46.85	46.48	
	45.18	45.76	47.00	46.89	
	45.74	45.50	45.54	46.10	
	45.35	45.05	44.82	44.35	39.20
2	Kerry Ness	47	SVMS-36	26:23.15	7
	42.43	45.28	46.31	46.63	
	47.85	47.15	48.29	47.81	
	47.98	48.33	48.89	48.20	
	48.33	48.06	48.54	48.48	
	47.99	48.31	48.35	49.00	
	48.12	48.22	47.29	48.60	
	49.06	48.98	48.22	49.34	
	48.88	48.67	49.34	49.07	47.15
3	Roland Klober	48	LWM-36	26:26.57	6
	40.79	43.72	46.94	47.67	
	48.44	48.87	48.77	48.48	
	49.02	48.94	48.83	49.01	
	48.31	49.71	49.36	48.98	
	48.70	48.60	48.43	48.49	
	48.54	48.34	48.93	48.18	
	48.73	49.05	48.46	49.01	
	47.73	49.30	48.06	48.34	43.84

## Men 45-49 200 Yard Backstroke

NATL: 1:53.97 N 5/13/2011 GRANGER\SAEGER

ZONE: 2:01.71 Z 5/9/2013 BRIAN JONES

PNA: 2:01.71 P 5/9/2013 BRIAN JONES

1	Doug Winter	48	PSM-36	2:29.09	9
	r:+0.71	34.55	37.32	38.51	38.71

## Men 45-49 50 Yard Breaststroke

NATL: 26.17 N 3/28/2015 TODD TORRES

ZONE: 26.91 Z 5/1/2011 JAMES CORBEAU

PNA: 28.51 P 4/28/2016 VINCE CARMOSINO

1	Todd Doherty	46	BC-36	28.02	9
	r:+0.62				
2	Vince Carmosino	47	TWIM-36	28.51	7
	r:+0.68				
3	Matt Castle	45	TACM-36	32.13	6
	r:+0.74				
4	Thai Nguyen	46	BWAQ-36	38.28	5
	r:+0.93				
5	Victor King	49	UC36-36	42.79	4
	r:+0.65				

## Men 45-49 100 Yard Breaststroke

NATL: 56.83 N 2/20/2015 TODD TORRES

ZONE: 58.77 Z 5/10/2009 JAMES CORBEAU

PNA: 1:00.34 P 3/24/2017 TODD S DOHERTY

1	Vince Carmosino	47	TWIM-36	1:03.17	9
	r:+0.68	29.51	33.66		
2	Thai Nguyen	46	BWAQ-36	1:24.21	7
	r:+0.91	39.98	44.23		
3	Kerry Ness	47	SVMS-36	1:26.36	6
	r:+0.85	41.35	45.01		

## Men 45-49 200 Yard Breaststroke

NATL: 2:07.40 N 4/29/2016 NICOLAS GRANGER

ZONE: 2:09.29 Z 5/10/2009 TOM FRISTOE

PNA: 2:14.35 P 3/24/2017 TODD S DOHERTY

1	Kerry Ness	47	SVMS-36	3:12.95	9
	r:+0.92	44.00	47.53	51.04	50.38

## Men 45-49 50 Yard Butterfly

NATL: 22.67 N 5/4/2008 PAUL SMITH

ZONE: 23.89 Z 5/20/2007 BRAD HERING

PNA: 23.89 P 5/20/2007 BRAD HERING

1	Bryan Smith	49	LWM-36	27.31	9
	r:+0.71				
2	Karl Morrison	49	BAM-36	28.23	7
	r:+0.69				
3	Matt Castle	45	TACM-36	29.11	6
	r:+0.73				
4	Darren Gray	48	BAM-36	29.32	5
	r:+0.62				
5	Mitchell Barber	49	DBST-36	30.84	4
	r:+0.90				
6	Michael Cyger	46	BAM-36	34.85	3
	r:+0.80				
7	Victor King	49	UC36-36	40.19	2
	r:+0.74				

## Men 45-49 100 Yard Butterfly

NATL: 50.90 N 5/21/2010 DAVID SIMS

ZONE: 52.76 Z 4/22/2007 DENNIS BAKER

PNA: 53.95 P 5/20/2007 BRAD HERING

1	Karl Morrison	49	BAM-36	1:05.48	9
	r:+0.76	29.79	35.69		
2	Bryan Smith	49	LWM-36	1:06.55	7
	r:+0.76	29.54	37.01		

## Men 45-49 200 Yard Butterfly

NATL: 1:50.73 N 12/6/2008 DENNIS BAKER

ZONE: 1:50.73 Z 12/6/2008 DENNIS BAKER

PNA: 2:04.58 P 5/18/1997 RICK COLELLA

1	Doug Winter	48	PSM-36	2:23.40	9
	r:+0.73	30.10	37.12	38.10	38.08

## Men 45-49 100 Yard IM

NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

ZONE: 56.11 Z 5/20/2007 BRAD HERING

PNA: 56.11 P 5/20/2007 BRAD HERING

1	Todd Doherty	46	BC-36	56.79	9
	r:+0.64	27.37	29.42		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 45-49 100 Yard IM)**

2	Maoz Alsberg	48	TWIM-36	58.69	7
	r:+0.73 27.37			31.32	
3	Max Hanson	49	LWM-36	1:03.17	6
	r:+0.73 30.32			32.85	
4	Karl Morrison	49	BAM-36	1:05.00	5
	r:+0.72 29.70			35.30	
5	Bryan Smith	49	LWM-36	1:05.79	4
	r:+0.71 29.28			36.51	
6	Matt Castle	45	TACM-36	1:08.27	3
	r:+0.80 30.49			37.78	
7	Alex Goldstein	48	MIR-36	1:09.04	2
	r:+0.85 32.86			36.18	
8	Darren Gray	48	BAM-36	1:10.92	1
	r:+0.63 32.17			38.75	
9	Mitchell Barber	49	DBST-36	1:13.41	
	r:+0.96 32.91			40.50	
10	Michael Cyger	46	BAM-36	1:20.68	
	r:+0.79 37.53			43.15	
11	Kerry Ness	47	SVMS-36	1:23.41	
	r:+0.86 40.37			43.04	
12	Victor King	49	UC36-36	1:33.10	
	r:+0.88 45.44			47.66	

**Men 45-49 200 Yard IM**

NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER

ZONE: 1:58.77 Z 5/10/2009 TOM FRISTOE

PNA: 2:05.79 P 1/17/2017 TODD S DOHERTY

1	David Kays	49	PSM-36	2:12.60	9
	r:+0.82 28.75		36.82 29.58		
2	Max Hanson	49	LWM-36	2:16.02	7
	r:+0.62 29.03		40.13 31.60		
3	J Bullock	48	YPKC-36	2:32.06	6
	r:+0.80 31.19		45.08 33.69		
4	Matt Castle	45	TACM-36	2:40.19	5
	r:+0.74 32.18		47.43 38.15		

**Men 45-49 400 Yard IM**

NATL: 4:01.32 N 4/24/2015 NICOLAS GRANGER

ZONE: 4:14.17 Z 5/23/2010 DENNIS BAKER

PNA: 4:26.93 P 5/18/1997 RICK COLELLA

1	David Kays	49	PSM-36	4:40.78	9
	r:+0.84 29.48		33.98 39.25 38.10		
			39.61 39.51 31.18 29.67		
2	Doug Winter	48	PSM-36	4:57.64	7
	r:+0.75 29.74		35.36 41.65 39.99		
			41.53 41.63 34.86 32.88		
3	Alex Goldstein	48	MIR-36	5:13.67	6
	r:+0.92 34.85		38.57 39.31 38.33		
			45.85 44.37 37.15 35.24		

**Men 50-54 50 Yard Freestyle**

NATL: 21.36 N 4/29/2011 ROWDY GAINES

ZONE: 22.10 Z 4/10/2011 NED STACK

PNA: 22.10 P 4/10/2011 NED STACK

1	Mats Nygren	50	LWM-36	24.49	9
	r:+0.78				

2	David Inadomi	51	PSM-36	24.84	7
	r:+0.76				
3	Kurt Dickmann	54	UC36-36	25.48	6
	r:+0.80				
4	Daniel Smith	54	BWAQ-36	27.19	5
	r:+0.86				
5	Craig Hatton	53	PSM-36	28.55	4
	r:+0.80				
6	Benjamin Beers	51	YPKC-36	30.31	3
	r:+0.81				
7	Michael Rosen	52	BAM-36	30.49	2
	r:+0.73				
8	Keith Kennedy	54	BWAQ-36	31.55	1
9	Don Clise	50	BWAQ-36	32.18	
	r:+0.84				
10	Lawrence Mayer	54	ORCA-36	39.27	
	r:+0.96				
---	Oliver Cleaver	53	SAWS-59	X25.79	
	r:+0.70				

**Men 50-54 100 Yard Freestyle**

NATL: 46.59 N 5/10/2009 ROWDY GAINES

ZONE: 48.25 Z 4/12/2008 RICK ABBOTT

PNA: 49.32 P 4/15/2012 NED STACK

1	Mats Nygren	50	LWM-36	51.84	9
	r:+0.78 25.19		26.65		
2	Michael Porter	50	LWM-36	54.24	7
	r:+0.83 26.46		27.78		
3	Kurt Dickmann	54	UC36-36	56.30	6
	r:+0.81 26.78		29.52		
4	Daniel Smith	54	BWAQ-36	59.50	5
	r:+0.83 28.30		31.20		
5	Andy Iyall	50	BWAQ-36	1:00.81	4
	r:+0.81 29.24		31.57		
6	Craig Hatton	53	PSM-36	1:01.64	3
	r:+0.78 29.65		31.99		
7	Benjamin Beers	51	YPKC-36	1:11.27	2
			34.38 36.89		
8	Don Clise	50	BWAQ-36	1:11.85	1
	r:+0.92 33.81		38.04		
9	Michael Rosen	52	BAM-36	1:11.96	
	r:+0.81 34.44		37.52		
10	Keith Kennedy	54	BWAQ-36	1:13.23	
			34.58 38.65		
11	Lawrence Mayer	54	ORCA-36	1:31.08	
			43.78 47.30		
---	Oliver Cleaver	53	SAWS-59	X57.32	
	r:+0.72 27.46		29.86		

**Men 50-54 200 Yard Freestyle**

NATL: 1:43.76 N 5/10/2009 ROWDY GAINES

ZONE: 1:49.58 Z 4/25/2004 LARRY KRAUSER

PNA: 1:51.92 P 4/29/2012 PETE L COLBECK

1	Mats Nygren	50	LWM-36	1:51.83	9
	r:+0.78 25.75		28.36 28.56 29.16		
2	Richard Seibert	52	YPKC-36	2:05.62	7
	r:+0.86 30.01		32.23 31.94 31.44		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 50-54 200 Yard Freestyle)**

3	Pierre Fauvet	54	SWYM-36	2:32.49	6
r:+0.91	34.27	38.10	39.84	40.28	
4	Don Clise	50	BWAQ-36	2:37.54	5
r:+0.90	34.36	38.16	42.63	42.39	

**Men 50-54 500 Yard Freestyle**

NATL: 4:47.57 N 5/20/2001 JIM MCCONICA

ZONE: 4:53.88 Z 4/26/2015 JEFF ERWIN

PNA: 5:07.57 P 4/29/2012 PETE L COLBECK

1	Mats Nygren	50	LWM-36	5:12.08	9
r:+0.80	28.29	30.93	31.21	31.64	
	31.83	31.89	32.02	31.79	
	32.01	30.47			
2	Daniel Smith	54	BWAQ-36	5:50.05	7
r:+0.91	30.02	34.68	35.05	35.86	
	35.90	36.04	36.45	36.23	
	36.04	33.78			
3	Pierre Fauvet	54	SWYM-36	6:52.19	6
r:+0.85	36.10	39.93	41.67	41.97	
	42.27	42.68	42.40	42.69	
	42.09	40.39			
4	Don Clise	50	BWAQ-36	7:31.91	5
r:+0.90	37.31	42.62	44.39	46.94	
	46.03	47.63	47.06	47.30	
	48.68	43.95			
5	Michael Rosen	52	BAM-36	7:55.92	4
r:+0.82	40.66	46.07	48.91	48.52	
	50.23	50.64	48.14	49.79	
	48.11	44.85			

**Men 50-54 1000 Yard Freestyle**

NATL: 9:55.84 N 4/6/2013 KEITH SWITZER

ZONE: 9:57.55 Z 4/6/2015 JEFF ERWIN

PNA: 10:38.42 P 5/7/2010 LYLE NALLI

1	Mats Nygren	50	LWM-36	10:47.50	9
r:+0.70	29.15	32.15	32.31	32.53	
	32.29	32.62	32.74	32.54	
	32.74	32.65	32.75	32.59	
	32.81	32.96	32.68	32.81	
	33.15	32.67	32.44	30.92	
2	Daniel Smith	54	BWAQ-36	12:04.24	7
r:+0.86	32.38	35.26	35.51	35.66	
	35.85	36.25	36.26	36.57	
	36.54	37.23	36.72	37.17	
	36.74	36.73	36.62	37.27	
	36.70	37.06	36.42	35.30	
3	Andy Iyall	50	BWAQ-36	12:21.86	6
	34.88	36.41	37.09	37.73	
	38.10	37.74	37.72	37.61	
	37.59	37.42	37.48	37.23	
	37.17	36.91	37.42	37.30	
	36.69	36.79	35.77	36.81	

4	Pierre Fauvet	54	SWYM-36	14:11.74	5
r:+0.89	37.93	42.69	43.92	43.67	
	44.04	43.59	43.81	43.96	
	43.08	43.70	43.25	43.34	
	42.92	43.04	42.39	42.11	
	41.68	41.84	41.86	38.92	

**Men 50-54 1650 Yard Freestyle**

NATL: 16:28.77 N 4/23/2015 JEFF ERWIN

ZONE: 16:28.77 Z 4/26/2015 JEFF ERWIN

PNA: 17:59.14 P 5/9/2010 LYLE NALLI

1	Andy Iyall	50	BWAQ-36	20:32.56	9
	35.77	37.96	38.34	38.55	
	38.39	38.23	38.11	38.05	
	37.61	38.01	37.48	37.39	
	37.27	37.30	37.10	37.36	
	37.06	36.55	36.71	36.94	
	36.38	37.00	36.70	36.76	
	36.98	36.97	37.04	37.37	
	36.64	37.98	37.82	37.02	37.72
2	Pierre Fauvet	54	SWYM-36	24:03.51	7
r:+0.93	39.88	43.46	45.36	45.78	
	45.32	44.80	45.05	44.62	
	44.42	44.76	44.45	44.07	
	44.33	44.25	44.55	44.05	
	43.76	44.02	43.93	43.57	
	43.78	43.44	43.75	43.40	
	43.39	43.30	43.72	43.36	
	43.20	43.39	43.09	42.82	38.44
3	Christopher Souder	50	BWAQ-36	31:44.70	6
	49.41	54.90	55.28	55.57	
	57.06	57.70	1:00.11	56.49	
	56.35	1:00.25	58.36	59.79	
	1:00.54	58.70	1:00.02	1:00.97	
	57.05	57.99	58.29	59.67	
	59.87	59.97	59.09	59.49	
	1:00.11	1:01.07	57.93	58.60	
	1:00.11	52.97	54.53	56.52	49.94
4	Lawrence Mayer	54	ORCA-36	32:55.48	5
	51.20	56.27	55.42	56.33	
	57.68	57.08	54.48	58.24	
	58.54	59.29	59.32	58.67	
	58.59	58.81	59.82	59.07	
	1:01.26	1:01.81	1:01.54	1:00.93	
	1:03.66	1:04.29	1:03.52	1:03.76	
	1:03.89	1:02.30	1:02.70	1:06.12	
	1:03.38	1:03.77	1:03.49	1:00.24	50.01

**Men 50-54 50 Yard Backstroke**

NATL: 24.57 N 5/4/2014 FRITZ BEDFORD

ZONE: 26.24 Z 5/23/1993 ROBERT SMITH

PNA: 27.46 P 5/4/2008 MIKE MCGOORTY

1	Mats Nygren	50	LWM-36	28.33	9
r:+0.92					

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 50-54 100 Yard Backstroke**

**NATL:** 52.72 N 3/21/2015 FRITZ BEDFORD  
**ZONE:** 56.16 Z 4/12/2008 RICK ABBOTT  
**PNA:** 58.75 P 4/13/2013 ALAIN STEENBEEKE

1 Andy Iyall 50 BWAQ-36 1:08.20 9  
 r:+0.96 32.37 35.83

**Men 50-54 50 Yard Breaststroke**

**NATL:** 26.45 N 3/30/2014 DAVID GUTHRIE  
**ZONE:** 28.65 Z 4/26/2015 DANIEL PHILLIPS  
**PNA:** 28.65 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 LWM-36 29.20 9  
 r:+0.82  
 2 Richard Seibert 52 YPKC-36 32.39 7  
 r:+0.80  
 3 Daniel Smith 54 BWAQ-36 33.22 6  
 r:+0.80  
 4 Rob Martin 51 LWM-36 36.01 5  
 r:+0.75  
 5 Keith Kennedy 54 BWAQ-36 40.39 4  
 6 Michael Rosen 52 BAM-36 42.56 3  
 r:+0.81  
 --- Matthew Donahue 50 OREG-37 X36.01  
 r:+0.75

**Men 50-54 100 Yard Breaststroke**

**NATL:** 58.41 N 3/29/2014 DAVID GUTHRIE  
**ZONE:** 1:02.57 Z 4/11/2010 LINCOLN DJANG  
**PNA:** 1:04.26 P 4/12/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 LWM-36 1:06.11 9  
 r:+0.79 32.00 34.11  
 2 Richard Seibert 52 YPKC-36 1:12.48 7  
 r:+0.75 34.63 37.85  
 3 Daniel Smith 54 BWAQ-36 1:13.78 6  
 r:+0.84 34.89 38.89  
 4 Andy Iyall 50 BWAQ-36 1:21.23 5  
 r:+0.96 38.48 42.75  
 --- Matthew Donahue 50 OREG-37 X1:25.29  
 r:+0.78 40.97 44.32

**Men 50-54 200 Yard Breaststroke**

**NATL:** 2:07.25 N 3/30/2014 DAVID GUTHRIE  
**ZONE:** 2:16.35 Z 5/10/2009 PATRICK ALLENDER  
**PNA:** 2:18.75 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 LWM-36 2:31.17 9  
 r:+0.82 33.81 39.09 39.02 39.25

**Men 50-54 50 Yard Butterfly**

**NATL:** 23.19 N 4/25/2004 TRIP HEDRICK  
**ZONE:** 24.24 Z 4/15/2007 DONALD GRAHAM  
**PNA:** 24.24 P 4/15/2007 DONALD GRAHAM

1 Michael Porter 50 LWM-36 27.05 9  
 r:+0.83  
 2 Richard Seibert 52 YPKC-36 27.60 7  
 r:+0.78  
 3 Rob Martin 51 LWM-36 30.20 6  
 r:+0.75

4 David Inadomi 51 PSM-36 30.86 5  
 r:+0.81  
 5 Craig Hatton 53 PSM-36 32.43 4  
 r:+0.85  
 6 Keith Kennedy 54 BWAQ-36 37.63 3  
 7 Michael Rosen 52 BAM-36 37.73 2  
 r:+0.92  
 --- Oliver Cleaver 53 SAWS-59 X28.31  
 r:+0.73  
 --- Matthew Donahue 50 OREG-37 X34.53  
 r:+0.83

**Men 50-54 100 Yard Butterfly**

**NATL:** 51.73 N 5/12/2013 DAVID SIMS  
**ZONE:** 54.71 Z 4/25/2004 SCOTT LAUTMAN  
**PNA:** 54.71 P 4/25/2004 SCOTT LAUTMAN

1 Michael Porter 50 LWM-36 59.52 9  
 r:+0.83 27.60 31.92  
 2 Andy Iyall 50 BWAQ-36 1:04.49 7  
 r:+0.88 29.97 34.52  
 3 Rob Martin 51 LWM-36 1:07.88 6  
 r:+0.77 31.68 36.20  
 --- Oliver Cleaver 53 SAWS-59 X1:04.67  
 r:+0.77 30.52 34.15

**Men 50-54 100 Yard IM**

**NATL:** 54.28 N 5/11/2013 DAVID SIMS  
**ZONE:** 56.96 Z 2/21/2010 LINCOLN DJANG  
**PNA:** 57.22 P 4/26/2015 DANIEL PHILLIPS

1 Daniel Phillips 53 LWM-36 59.52 9  
 r:+0.81 27.65 31.87  
 2 Michael Porter 50 LWM-36 1:01.72 7  
 r:+0.83 28.86 32.86  
 3 Richard Seibert 52 YPKC-36 1:03.84 6  
 r:+0.80 30.41 33.43  
 4 Craig Hatton 53 PSM-36 1:12.14 5  
 r:+0.79 33.66 38.48  
 5 Keith Kennedy 54 BWAQ-36 1:23.03 4  
 38.72 44.31  
 6 Michael Rosen 52 BAM-36 1:26.74 3  
 r:+0.77 40.21 46.53  
 --- Oliver Cleaver 53 SAWS-59 X1:06.46  
 r:+0.75 30.27 36.19

**Men 50-54 200 Yard IM**

**NATL:** 1:58.19 N 3/11/2017 MIKE IRVIN  
**ZONE:** 2:07.97 Z 5/4/2014 DANIEL PHILLIPS  
**PNA:** 2:07.97 P 5/4/2014 DANIEL PHILLIPS

1 Michael Porter 50 LWM-36 2:16.35 9  
 r:+0.85 27.90 36.23 41.15 31.07  
 2 Daniel Phillips 53 LWM-36 2:18.98 7  
 r:+0.83 30.13 35.60 40.97 32.28  
 3 Craig Hatton 53 PSM-36 2:36.82 6  
 r:+0.76 34.48 40.92 45.09 36.33  
 4 Keith Kennedy 54 BWAQ-36 3:15.07 5  
 41.57 51.92 54.48 47.10

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 50-54 400 Yard IM

NATL: 4:16.57 N 5/2/2014 DARREN PHELAN

ZONE: 4:22.48 Z 11/4/2011 DENNIS BAKER

PNA: 4:34.67 P 5/4/2014 DANIEL PHILLIPS

1	Daniel Phillips	53	LWM-36	4:53.68	9
	31.46	35.26	38.62	38.17	
	41.97	42.32	33.57	32.31	

## Men 55-59 50 Yard Freestyle

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMAS

ZONE: 22.90 Z 9/2011 TENNANT/ABBOTT

PNA: 23.43 P 4/12/2015 NED STACK

1	Brad Hering	55	SWYM-36	23.94	9
	r:+0.73				
2	Jay Pearson	55	LWM-36	26.21	7
	r:+0.77				
3	Keith Uyekawa	55	BAM-36	26.85	6
	r:+0.77				
4	Dan Bailey	59	SWYM-36	28.34	5
	r:+0.93				
5	Warren Fullen	58	BWAQ-36	28.46	4
	r:+0.86				
6	John Brunner	59	PSM-36	28.90	3
	r:+0.89				
7	John Huckabee	58	NEO-36	35.54	2
8	Thomas Stevens	55	TACM-36	42.29	1
	r:+0.85				
9	Tim Nelson	56	BWAQ-36	42.61	
---	Jesse Macias	59	UC35-35	X1:22.05	
	r:+0.89				

## Men 55-59 100 Yard Freestyle

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMAS

ZONE: 51.21 Z 4/11/2009 MIKE TENNANT

PNA: 52.55 P 4/15/2012 DAVID HANNULA

1	Pete Colbeck	55	NEO-36	52.94	9
	r:+0.68	25.67	27.27		
2	Brad Hering	55	SWYM-36	53.07	7
	r:+0.76	25.70	27.37		
3	Carl Haynie	56	TWIM-36	55.83	6
	r:+0.77	26.93	28.90		
4	Keith Uyekawa	55	BAM-36	1:00.59	5
	r:+0.82	29.13	31.46		
5	John Brunner	59	PSM-36	1:03.80	4
	r:+0.97	31.10	32.70		
6	Dan Bailey	59	SWYM-36	1:04.17	3
	r:+0.96	30.26	33.91		
7	Tom Goodlin	57	BAM-36	1:07.31	2
	r:+0.87	31.78	35.53		
8	John Huckabee	58	NEO-36	1:25.70	1
	42.27	43.43			
9	Thomas Stevens	55	TACM-36	1:37.85	
	r:+0.87	45.22	52.63		
---	Jesse Macias	59	UC35-35	X3:03.87	
	r:+0.82	1:23.84	1:40.03		

## Men 55-59 200 Yard Freestyle

NATL: 1:48.79 N 4/10/2010 MICHAEL MANN

ZONE: 1:49.56 Z 5/1/2011 RICK ABBOTT

PNA: 1:57.12 P 2/19/2017 PETE COLBECK

1	Pete Colbeck	55	NEO-36	1:55.65	9
	r:+0.81	27.29	28.51	29.59	30.26
2	John Brunner	59	PSM-36	2:24.75	7
	r:+0.94	32.63	35.58	37.80	38.74
3	Ken Bennett	56	BAM-36	2:54.89	6
	r:+0.70	38.68	43.34	46.36	46.51
4	Matthew Bittner	57	UC36-36	3:07.81	5
	40.65	47.32	51.16	48.68	
5	John Huckabee	58	NEO-36	3:19.83	4
	42.89	51.85	55.80	49.29	
---	Eric Valley	55	MOVY-28	X2:03.21	
	r:+0.74	29.37	31.64	31.30	30.90

## Men 55-59 500 Yard Freestyle

NATL: 4:56.82 N 4/11/2010 MICHAEL MANN

ZONE: 5:01.88 Z 8/6/2009 RICK COLELLA

PNA: 5:01.88 P 8/6/2009 RICK COLELLA

1	Pete Colbeck	55	NEO-36	5:16.68	9
	r:+0.77	29.26	31.54	31.65	31.54
		31.56	31.34	31.73	31.96
		33.10	33.00		
2	Rod Stevens	59	BAM-36	6:23.54	7
	r:+0.83	34.53	38.28	39.59	39.87
		38.97	39.02	39.11	38.85
		38.41	36.91		
3	Scott Matthews	55	BWAQ-36	6:24.53	6
	r:+0.93	35.24	37.60	38.48	38.94
		38.75	39.21	39.87	40.69
		39.34	36.41		
4	John Brunner	59	PSM-36	6:39.26	5
	r:+0.97	35.95	39.49	39.96	40.42
		40.37	40.67	40.09	40.64
		41.19	40.48		
5	Jack Timmons	56	DBST-36	7:05.20	4
	r:+0.72	36.75	39.35	41.58	42.72
		43.36	44.22	44.69	44.17
		44.58	43.78		
6	Tim Nelson	56	BWAQ-36	9:31.44	3
		46.75	52.65	55.67	59.12
		58.82	59.57	59.57	59.92
		1:00.48	58.89		

## Men 55-59 1000 Yard Freestyle

NATL: 10:07.36 N 5/14/2006 JIM MC CONICA

ZONE: 11:01.00 Z 5/10/2009 ALAN BELL

PNA: 11:01.00 P 5/10/2009 ALAN BELL

1	Pete Colbeck	55	NEO-36	11:01.78	9
	r:+0.89	29.14	32.11	32.97	32.88
		33.18	32.71	32.81	32.77
		32.99	33.33	33.37	33.24
		33.41	33.51	33.94	33.71
		34.33	34.22	34.18	32.98

**2017 PNA Championship & Northwest Zones Championship Meet, S#: 367-S004**

**Hosted by BLUE WAVE AQUATICS**

**Results**

**(Men 55-59 1000 Yard Freestyle)**

2	Randy Rogers	58	BAM-36	12:01.72	7
	36.15	35.97	36.17	36.04	
	37.05	36.48	35.93	36.73	
	36.75	36.48	36.07	36.36	
	36.98	37.53	36.95	37.08	
			35.96	34.69	
3	Tom Goodlin	57	BAM-36	13:43.26	6
r:+0.79	36.57	41.09	42.49	42.52	
	42.27	41.99	41.97	41.71	
	41.65	41.48	40.92	40.87	
	41.04	40.75	41.41	41.34	
	41.61	41.17	40.32	40.09	
4	Scott Matthews	55	BWAQ-36	13:51.09	5
r:+0.95	37.28	40.15	41.11	40.69	
	41.72	42.51	42.62	42.38	
	42.63	43.08	42.82	42.98	
	42.43	41.86	42.39	41.82	
	40.96	41.93	40.75	38.98	
5	Ken Bennett	56	BAM-36	17:26.11	4
r:+0.90	42.58	49.48	53.35	51.63	
	53.05	53.19	53.10	52.14	
	53.51	53.11	52.10	54.02	
	53.95	52.46	53.19	53.62	
	53.91	53.89	53.74	50.09	

**Men 55-59 1650 Yard Freestyle**

**NATL: 17:11.12 N 5/20/2007 JIM MC CONICA**  
**ZONE: 18:22.20 Z 5/10/2009 LARRY KRAUSER**  
**PNA: 18:28.66 P 5/10/2009 ALAN BELL**

1	Pete Colbeck	55	NEO-36	18:42.73	9
r:+0.74	30.72	33.35	34.45	34.75	
	34.59	34.57	34.40	34.13	
	34.20	34.28	34.02	34.21	
	34.06	34.06	34.05	33.89	
	33.97	33.80	34.08	34.09	
	34.23	34.27	34.30	33.97	
	33.91	34.35	33.80	34.20	
	34.04	34.06	34.22	34.12	33.59
2	Randy Rogers	58	BAM-36	19:59.90	7
r:+0.88	32.11	34.54	36.08	36.16	
	36.16	36.09	36.04	36.34	
	36.49	36.25	36.53	36.79	
	36.23	36.55	36.32	36.57	
	36.42	36.44	36.30	36.64	
	36.50	36.72	37.05	37.14	
	37.25	36.92	37.03	37.29	
	37.19	37.10	37.45	37.23	33.98

3	Geoff Wilwerding	55	GLAD-36	20:08.28	6
r:+0.92	35.26	37.58	38.28	37.41	
	37.65	37.46	37.41	37.27	
	37.27	37.28	36.82	36.65	
	37.05	36.62	36.75	37.37	
	36.55	36.31	36.26	36.52	
	36.36	36.38	36.42	36.47	
	37.07	36.64	36.01	35.74	
	35.63	36.03	35.93	35.60	34.23
4	Carl Haynie	56	TWIM-36	21:20.95	5
r:+0.94	34.40	37.46	38.76	38.61	
	38.42	38.60	38.64	38.54	
	38.41	38.96	38.25	38.70	
	38.52	39.58	39.27	39.86	
	40.04	39.57	39.98	39.56	
	39.49	39.16	39.26	39.79	
	39.92	38.99	39.35	39.23	
	39.18	38.93	38.79	38.27	36.46
5	Scott Matthews	55	BWAQ-36	23:21.83	4
	39.60	41.90	42.52	41.63	
	41.97	41.98	41.56	47.18	
	42.42	43.28	42.13	43.01	
	42.45	42.62	42.86	43.11	
	42.57	43.03	42.50	42.31	
	43.66	42.83	41.99	43.08	
	42.43	43.33	42.33	42.39	
	42.35	41.54	42.00	42.56	40.71

**Men 55-59 50 Yard Backstroke**

**NATL: 25.66 N 4/10/2016 STEVE WOOD**  
**ZONE: 26.86 Z 2/6/1999 ROBERT SMITH**  
**PNA: 27.67 P 4/13/2013 MIKE MCINTYRE**

1	Brad Hering	55	SWYM-36	27.87	9
r:+0.72					
2	Carl Haynie	56	TWIM-36	28.07	7
r:+0.75					
3	James Littlefield	56	BWAQ-36	30.93	6
r:+0.75					
4	Jay Pearson	55	LWM-36	31.02	5
r:+0.82					
5	Keith Uyekawa	55	BAM-36	32.21	4
r:+0.76					
6	Warren Fullen	58	BWAQ-36	32.93	3
r:+0.80					
7	Robert Powell	55	BAM-36	37.00	2
r:+0.76					
8	Rod Sonoda	57	ORCA-36	49.69	1
r:+0.75					
---	Jesse Macias	59	UC35-35	X1:25.00	
r:+0.74					

**Men 55-59 100 Yard Backstroke**

**NATL: 53.81 N 2/25/2017 STEVE WOOD**  
**ZONE: 57.93 Z 5/1/2011 RICK ABBOTT**  
**PNA: 59.22 P 4/28/2016 CARL HAYNIE**

1	Carl Haynie	56	TWIM-36	1:00.19	9
r:+0.72	29.21		30.98		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 55-59 100 Yard Backstroke)**

2	James Littlefield	56	BWAQ-36	1:07.75	7
	r:+0.70	33.50	34.25		
3	Keith Uyekawa	55	BAM-36	1:12.36	6
	r:+0.79	34.88	37.48		
4	Tom Goodlin	57	BAM-36	1:25.12	5
	r:+0.80	40.08	45.04		
---	Jesse Macias	59	UC35-35	X2:56.97	
	r:+0.73	1:26.61	1:30.36		

**Men 55-59 200 Yard Backstroke**

NATL: 2:03.14 N 3/31/2012 TOM BARTON

ZONE: 2:06.12 Z 5/1/2011 RICK ABBOTT

PNA: 2:10.11 P 4/28/2016 CARL HAYNIE

1	Tom Goodlin	57	BAM-36	2:50.82	9
	r:+0.77	40.17	42.90	44.35	43.40

**Men 55-59 50 Yard Breaststroke**

NATL: 27.60 N 3/12/2016 DAVID GUTHRIE

ZONE: 28.74 Z 5/4/2008 RICK COLELLA

PNA: 28.74 P 5/4/2008 RICK COLELLA

1	Brad Hering	55	SWYM-36	30.12	9
	r:+0.72				
2	Jay Pearson	55	LWM-36	33.99	7
	r:+0.78				
3	Jack Timmons	56	DBST-36	39.40	6
	r:+0.76				
4	Matthew Bittner	57	UC36-36	40.49	5
	r:+0.99				
5	John Huckabee	58	NEO-36	41.46	4
6	Ken Bennett	56	BAM-36	42.15	3
	r:+0.86				

**Men 55-59 100 Yard Breaststroke**

NATL: 1:00.34 N 4/9/2016 DAVID GUTHRIE

ZONE: 1:03.07 Z 5/4/2008 RICK COLELLA

PNA: 1:03.07 P 5/4/2008 RICK COLELLA

1	Jack Timmons	56	DBST-36	1:24.84	9
	r:+0.74	40.82	44.02		
2	Robert Powell	55	BAM-36	1:26.29	7
	r:+0.49	38.88	47.41		
3	John Huckabee	58	NEO-36	1:34.31	6
		46.40	47.91		
4	Ken Bennett	56	BAM-36	1:35.85	5
	r:+0.88	44.96	50.89		

**Men 55-59 200 Yard Breaststroke**

NATL: 2:11.95 N 4/10/2016 DAVID GUTHRIE

ZONE: 2:17.05 Z 5/4/2008 RICK COLELLA

PNA: 2:17.05 P 5/4/2008 RICK COLELLA

1	Carl Haynie	56	TWIM-36	2:36.85	9
	r:+0.81	34.82	40.37	42.47	39.19
2	Rod Stevens	59	BAM-36	2:47.02	7
	r:+0.95	38.82	42.36	43.20	42.64
3	Jack Timmons	56	DBST-36	3:03.61	6
	r:+0.78	42.42	47.76	45.16	48.27
4	Rod Sonoda	57	ORCA-36	3:19.31	5
	r:+0.93	45.71	50.44	52.20	50.96

5	John Huckabee	58	NEO-36	3:31.03	4
		47.31	53.99	57.29	52.44
6	Thomas Stevens	55	TACM-36	4:22.52	3
	r:+0.83	58.85	1:08.48	1:09.94	1:05.25

**Men 55-59 50 Yard Butterfly**

NATL: 24.00 N 5/1/2016 BRUCE KONE

ZONE: 24.58 Z 5/1/2011 RICK ABBOTT

PNA: 24.78 P 5/23/2010 DONALD GRAHAM

1	Brad Hering	55	SWYM-36	25.13	9
	r:+0.73				
2	Pete Colbeck	55	NEO-36	27.18	7
	r:+0.80				
3	Jay Pearson	55	LWM-36	29.23	6
	r:+0.76				
4	Warren Fullen	58	BWAQ-36	30.85	5
	r:+0.86				
5	Paul Webber	58	BAM-36	31.86	4
	r:+0.99				
6	Dan Bailey	59	SWYM-36	34.23	3
	r:+0.97				
7	Robert Powell	55	BAM-36	34.27	2
	r:+0.95				

**Men 55-59 100 Yard Butterfly**

NATL: 53.90 N 5/12/2013 PAUL CARTER

ZONE: 56.14 Z 5/4/2008 SCOTT LAUTMAN

PNA: 56.14 P 5/4/2008 SCOTT LAUTMAN

1	Randy Rogers	58	BAM-36	1:07.91	9
	r:+0.85	31.97	35.94		

**Men 55-59 100 Yard IM**

NATL: 55.85 N 4/9/2016 STEVE WOOD

ZONE: 57.23 Z 5/1/2011 RICK ABBOTT

PNA: 58.64 P 5/4/2008 RICK COLELLA

1	Brad Hering	55	SWYM-36	59.67	9
	r:+0.74	27.35	32.32		
2	Jay Pearson	55	LWM-36	1:05.73	7
	r:+0.79	30.43	35.30		
3	Warren Fullen	58	BWAQ-36	1:10.90	6
	r:+0.92	31.66	39.24		
4	Dan Bailey	59	SWYM-36	1:15.27	5
	r:+0.96	36.94	38.33		
5	Tom Goodlin	57	BAM-36	1:16.10	4
	r:+0.84	35.33	40.77		
6	Robert Powell	55	BAM-36	1:17.63	3
		36.26	41.37		
7	Jack Timmons	56	DBST-36	1:21.61	2
	r:+0.74	39.35	42.26		
8	Scott Matthews	55	BWAQ-36	1:23.06	1
	r:+0.95	41.17	41.89		

**Men 55-59 200 Yard IM**

NATL: 2:04.09 N 5/4/2008 TIMOTHY SHEAD

ZONE: 2:05.15 Z 5/4/2008 RICK COLELLA

PNA: 2:05.15 P 5/4/2008 RICK COLELLA

1	Tom Goodlin	57	BAM-36	2:45.29	9
	r:+0.85	35.73	44.73	47.22	37.61



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 55-59 200 Yard IM)**

2	Scott Matthews	55	BWAQ-36	3:02.21	7
	r:+0.96	40.46	48.11	56.02	37.62
3	Thomas Stevens	55	TACM-36	4:35.92	6
	r:+0.89	59.81	1:27.12	1:14.12	54.87

**Men 55-59 400 Yard IM**

**NATL:** 4:28.66 N 5/2/2014 JIM SAUER  
**ZONE:** 4:30.18 Z 5/4/2008 RICK COLELLA  
**PNA:** 4:30.18 P 5/4/2008 RICK COLELLA

1	Scott Matthews	55	BWAQ-36	6:18.09	9
				42.12	47.41
				48.86	50.24
				57.33	55.82
				38.60	37.71
---	Eric Valley	55	MOVY-28	XDNF	
	Did not finish - Misc				
	r:+0.75	33.00	38.09	40.71	40.89
		49.21	52.52		

**Men 60-64 50 Yard Freestyle**

**NATL:** 22.30 N 5/22/2005 RICHARD ABRAHAMMS  
**ZONE:** 23.87 Z 4/25/2004 SMITH/HANNULA  
**PNA:** 23.87 P 5/4/2014 DAVID HANNULA

1	Dave Hannula	63	YPKC-36	24.47	9
	r:+0.80				
2	Daniel Taylor	61	UC36-36	26.95	7
	r:+0.81				
3	Tom Gillespie	63	SWYM-36	30.15	6
4	Skip Greene	64	LWM-36	34.75	5
	r:+0.81				

**Men 60-64 100 Yard Freestyle**

**NATL:** 49.14 N 5/22/2005 RICHARD ABRAHAMMS  
**ZONE:** 54.26 Z 5/18/2003 TOM LANDIS  
**PNA:** 54.55 P 4/26/2015 RICK COLELLA

1	Dave Hannula	63	YPKC-36	55.09	9
	r:+0.67	27.02	28.07		
2	Daniel Taylor	61	UC36-36	1:00.44	7
	r:+0.79	29.62	30.82		
3	Tom Fritschen	61	TWIM-36	1:07.83	6
	r:+0.71	31.14	36.69		
4	Orlando Boleda	62	BAM-36	1:09.19	5
	r:+0.92	32.97	36.22		
5	Tom Gillespie	63	SWYM-36	1:10.00	4
	r:+0.96	32.62	37.38		
---	Jeffrey Piette	61	OREG-37	X1:02.16	
	r:+0.81	30.21	31.95		

**Men 60-64 200 Yard Freestyle**

**NATL:** 1:51.08 N 4/24/2015 RICK COLELLA  
**ZONE:** 1:51.08 Z 4/26/2015 RICK COLELLA  
**PNA:** 1:51.08 P 4/26/2015 RICK COLELLA

1	Tom Fritschen	61	TWIM-36	2:34.18	9
	r:+0.72	32.09	36.86	40.04	45.19
---	Jeffrey Piette	61	OREG-37	X2:16.03	
	r:+0.87	32.27	35.18	35.32	33.26

**Men 60-64 500 Yard Freestyle**

**NATL:** 5:11.17 N 4/29/2012 JIM MC CONICA  
**ZONE:** 5:11.70 Z 2/19/2012 RICK COLELLA  
**PNA:** 5:11.70 P 2/19/2012 RICK COLELLA

1	Eric Durban	61	BWAQ-36	6:16.08	9
	r:+0.83	35.69	38.19	37.91	38.38
				38.62	38.22
				37.13	36.67
2	Orlando Boleda	62	BAM-36	6:36.88	7
	r:+0.84	36.13	39.23	40.67	40.74
				41.01	40.91
				39.62	37.44
3	Stephen Freeborn	61	BWAQ-36	6:39.55	6
	r:+0.92	34.49	39.21	41.49	41.53
				41.24	40.91
				40.27	39.14
---	Jeffrey Piette	61	OREG-37	X6:05.31	
	r:+0.77	33.34	36.50	37.59	37.65
				37.47	37.57
				36.54	33.86

**Men 60-64 1000 Yard Freestyle**

**NATL:** 10:42.16 N 4/23/2015 MICHAEL MANN  
**ZONE:** 10:52.24 Z 4/15/2012 RICK COLELLA  
**PNA:** 10:52.24 P 4/15/2012 RICK COLELLA

1	Eric Durban	61	BWAQ-36	12:48.59	9
				38.65	38.92
				38.86	39.34
				39.07	38.46
				38.42	38.42
				38.42	38.26
				38.84	39.06
				38.80	37.82
2	Stephen Freeborn	61	BWAQ-36	13:58.87	7
	r:+0.90	35.51	41.13	43.76	43.83
				43.26	43.36
				42.86	42.47
				42.21	41.73
				41.73	41.67
				41.41	40.12
---	Jeffrey Piette	61	OREG-37	X12:34.50	
	r:+0.90	34.36	37.42	37.70	38.10
				38.01	38.02
				38.23	38.52
				38.21	38.58
				38.21	38.00
				37.36	35.33

**Men 60-64 1650 Yard Freestyle**

**NATL:** 17:59.55 N 5/20/2010 JIM CLEMMONS  
**ZONE:** 18:24.00 Z 5/23/2010 ALAN BELL  
**PNA:** 18:24.00 P 5/23/2010 ALAN BELL

1	Eric Durban	61	BWAQ-36	21:38.71	9
	r:+0.92	36.02	39.57	40.01	40.19
				39.98	40.01
				40.29	40.18
				39.65	40.09
				39.77	39.68
				39.14	39.78
				38.46	38.77
				38.87	38.95
				39.15	39.01
				39.01	38.82

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 60-64 1650 Yard Freestyle)**

2	Richard Adcock	61	YPKC-36	22:11.04	7
	r:+0.84	36.49	41.03	41.89	41.63
		41.34	41.78	41.32	41.85
		41.73	42.51	42.13	41.53
		42.07	41.65	41.60	41.11
		42.39	41.46	41.59	41.85
		41.98	41.74	42.24	41.42
		41.61	42.16	42.14	41.97
		42.75	41.86	42.26	39.96
3	Barrie Kenning	61	SWYM-36	38:48.50	6
		58.57	1:08.88	1:09.63	1:09.80
		1:09.86	1:11.25	1:11.14	1:09.39
		1:12.70	1:11.88	1:10.53	1:11.36
		1:10.45	1:09.54	1:10.67	1:11.48
		1:10.98	1:11.16	1:08.78	1:11.61
		1:11.90	1:09.86	1:11.32	1:12.79
		1:11.12	1:12.94	1:11.48	1:09.71
		1:12.59	1:13.81	1:12.79	1:10.88
					1:07.65

**Men 60-64 50 Yard Backstroke**

**NATL:** 26.82 N 5/4/2008 HUGH WILDER  
**ZONE:** 27.62 Z 4/25/2004 ROBERT SMITH  
**PNA:** 28.12 P 4/26/2015 DONALD GRAHAM

1	Tom Gillespie	63	SWYM-36	38.45	9
	r:+0.71				
2	Skip Greene	64	LWM-36	46.53	7
	r:+0.95				

**Men 60-64 100 Yard Backstroke**

**NATL:** 57.46 N 4/30/2016 TOM BARTON  
**ZONE:** 59.58 Z 5/4/2014 DAVID HANNULA  
**PNA:** 59.58 P 5/4/2014 DAVID HANNULA

1	Stephen Freeborn	61	BWAQ-36	1:17.53	9
	r:+0.96	37.27	40.26		
2	Tom Fritschen	61	TWIM-36	1:17.99	7
	r:+0.83	38.03	39.96		
3	Orlando Boleda	62	BAM-36	1:25.61	6
	r:+0.85	40.72	44.89		

**Men 60-64 200 Yard Backstroke**

**NATL:** 2:07.91 N 5/1/2016 TOM BARTON  
**ZONE:** 2:12.85 Z 4/12/2015 DAVID HANNULA  
**PNA:** 2:12.85 P 4/12/2015 DAVID HANNULA

1	Tom Fritschen	61	TWIM-36	2:49.71	9
	r:+0.88	40.39	42.45	44.08	42.79

**Men 60-64 50 Yard Breaststroke**

**NATL:** 28.76 N 4/24/2015 RICK COLELLA  
**ZONE:** 28.76 Z 4/26/2015 RICK COLELLA  
**PNA:** 28.76 P 4/26/2015 RICK COLELLA

1	Richard Adcock	61	YPKC-36	36.14	9
	r:+0.82				
2	Shane Erickson	60	DBST-36	41.22	7
3	Skip Greene	64	LWM-36	43.47	6
	r:+0.87				

**Men 60-64 100 Yard Breaststroke**

**NATL:** 1:02.61 N 5/2/2014 RICK COLELLA  
**ZONE:** 1:02.61 Z 5/4/2014 RICK COLELLA  
**PNA:** 1:02.61 P 5/4/2014 RICK COLELLA

1	Richard Adcock	61	YPKC-36	1:20.18	9
	r:+0.90	37.59	42.59		
2	Shane Erickson	60	DBST-36	1:34.86	7
		45.30	49.56		

**Men 60-64 200 Yard Breaststroke**

**NATL:** 2:16.71 N 5/3/2014 RICK COLELLA  
**ZONE:** 2:16.71 Z 5/4/2014 RICK COLELLA  
**PNA:** 2:16.71 P 5/4/2014 RICK COLELLA

1	Richard Adcock	61	YPKC-36	2:57.59	9
	r:+0.80	39.93	46.50	45.92	45.24
2	Eric Durban	61	BWAQ-36	3:18.33	7
	r:+0.97	44.25	50.41	52.27	51.40

**Men 60-64 50 Yard Butterfly**

**NATL:** 24.46 N 5/22/2005 RICHARD ABRAHAMS  
**ZONE:** 25.25 Z 4/26/2015 DONALD GRAHAM  
**PNA:** 24.84 P 4/28/2016 DONALD GRAHAM

1	Daniel Taylor	61	UC36-36	29.04	9
	r:+0.84				
2	Stephen Freeborn	61	BWAQ-36	33.07	7
	r:+0.87				
3	Tom Gillespie	63	SWYM-36	35.05	6

**Men 60-64 200 Yard Butterfly**

**NATL:** 2:10.06 N 4/16/2011 LAWRENCE DAY  
**ZONE:** 2:12.36 Z 2/2/2013 SCOTT LAUTMAN  
**PNA:** 2:12.36 P 2/2/2013 SCOTT LAUTMAN

1	Eric Durban	61	BWAQ-36	2:57.61	9
	r:+0.97	37.17	45.69	47.64	47.11

**Men 60-64 100 Yard IM**

**NATL:** 57.23 N 5/11/2013 RICK COLELLA  
**ZONE:** 57.23 Z 5/9/2013 RICK COLELLA  
**PNA:** 57.23 P 5/9/2013 RICK COLELLA

1	Daniel Taylor	61	UC36-36	1:10.50	9
	r:+0.84	32.84	37.66		
2	Stephen Freeborn	61	BWAQ-36	1:16.30	7
	r:+0.87	33.99	42.31		
3	Tom Gillespie	63	SWYM-36	1:25.19	6
		37.65	47.54		
4	Shane Erickson	60	DBST-36	1:29.06	5
		41.50	47.56		
---	Jeffrey Piette	61	OREG-37	X1:11.37	
	r:+0.88	32.89	38.48		

**Men 60-64 200 Yard IM**

**NATL:** 2:03.26 N 5/4/2014 RICK COLELLA  
**ZONE:** 2:03.26 Z 5/4/2014 RICK COLELLA  
**PNA:** 2:03.26 P 5/4/2014 RICK COLELLA

1	Stephen Freeborn	61	BWAQ-36	2:50.31	9
	r:+0.86	35.21	44.67	53.08	37.35
2	Orlando Boleda	62	BAM-36	3:05.78	7
	r:+0.92	45.12	49.17	53.24	38.25

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 60-64 200 Yard IM)**

--- Jeffrey Piette 61 OREG-37 X2:39.83  
 r:+0.85 33.38 42.85 48.14 35.46

**Men 60-64 400 Yard IM**

NATL: 4:24.24 N 5/2/2014 RICK COLELLA

ZONE: 4:24.24 Z 5/4/2014 RICK COLELLA

PNA: 4:24.24 P 5/4/2014 RICK COLELLA

1 Eric Durban 61 BWAQ-36 5:55.29 9  
 r:+0.92 35.23 42.66 46.47 45.61  
 52.42 52.72 40.66 39.52

**Men 65-69 50 Yard Freestyle**

NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMAS

ZONE: 24.36 Z 5/10/2009 ROBERT SMITH

PNA: 26.14 P 4/26/2015 ALAN BELL

1 William Hayes 65 LWM-36 27.47 9  
 r:+0.95  
 2 Robert Wake 68 LWM-36 29.98 7  
 r:+0.97  
 3 Barney Voegtlen 68 BAM-36 30.15 6  
 4 Laurence Hile 67 BAM-36 43.15 5  
 r:+0.96  
 --- Larry Wright 68 OREG-37 X27.75  
 r:+0.82

**Men 65-69 100 Yard Freestyle**

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMAS

ZONE: 54.53 Z 5/20/2007 TOM LANDIS

PNA: 57.87 P 4/12/2015 DAN KIRKLAND

1 Dan Kirkland 68 LWM-36 58.21 9  
 r:+0.81 28.66 29.55  
 2 William Hayes 65 LWM-36 1:00.55 7  
 r:+0.84 28.53 32.02  
 3 James Stretch 65 BAM-36 1:05.51 6  
 r:+0.63 31.39 34.12  
 4 Laurence Hile 67 BAM-36 1:39.46 5  
 r:+0.95 45.94 53.52  
 --- Larry Wright 68 OREG-37 X1:02.92  
 r:+0.82 30.25 32.67

**Men 65-69 200 Yard Freestyle**

NATL: 1:57.54 N 5/21/2010 RICHARD ABRAHAMAS

ZONE: 2:01.36 Z 5/20/2007 TOM LANDIS

PNA: 2:05.29 P 1/31/2015 DAN KIRKLAND

1 Dan Kirkland 68 LWM-36 2:06.58 9  
 r:+0.83 29.51 31.92 32.89 32.26  
 2 Ron Hansen 67 PSM-36 3:06.95 7  
 44.45 46.43 48.32 47.75

**Men 65-69 500 Yard Freestyle**

NATL: 5:29.10 N 4/29/2016 JIM MC CONICA

ZONE: 5:34.54 Z 1/31/2015 DAN KIRKLAND

PNA: 5:34.54 P 1/31/2015 DAN KIRKLAND

1 Rick Colella 65 LWM-36 5:05.44N 9  
 r:+0.87 29.04 31.35 31.16 30.94  
 31.41 30.64 30.07 30.37  
 30.73 29.73

2 Dan Kirkland 68 LWM-36 5:40.69 7  
 r:+0.81 30.44 32.73 33.97 34.45  
 34.69 35.06 35.34 35.11  
 35.02 33.88

3 John Baker 65 BAM-36 6:17.32 6  
 r:+0.90 32.88 35.57 37.19 38.53  
 38.98 38.81 38.96 38.90  
 39.05 38.45

4 James Stretch 65 BAM-36 6:41.99 5  
 r:+0.62 36.06 39.25 40.47 41.24  
 40.49 41.45 41.57 40.42  
 40.97 40.07

5 Ron Hansen 67 PSM-36 7:53.68 4  
 43.93 47.52 49.51 48.54  
 47.83 47.80 46.99 47.17  
 48.15 46.24

6 Laurence Hile 67 BAM-36 10:09.04 3  
 r:+0.93 47.57 59.77 1:02.43 1:04.96  
 1:02.95 1:02.85 1:02.51 1:04.51  
 1:03.11 58.38

--- Jim Clemmons 66 SAWS-59 X6:01.61  
 r:+0.59 33.22 35.68 36.48 36.78  
 36.76 36.39 36.72 36.73  
 36.95 35.90

**Men 65-69 1000 Yard Freestyle**

NATL: 11:23.13 N 4/16/2016 JIM MC CONICA

ZONE: 11:25.42 Z 1/31/2015 DAN KIRKLAND

PNA: 11:25.42 P 1/31/2015 DAN KIRKLAND

1 Dan Kirkland 68 LWM-36 11:44.01 9  
 r:+0.70 31.26 33.24 33.95 34.97  
 35.17 35.26 35.28 35.73  
 35.94 35.89 35.86 35.56  
 35.81 35.94 35.98 35.98  
 35.97 36.11 35.71 34.40

2 James Stretch 65 BAM-36 14:00.76 7  
 r:+0.67 36.53 40.74 42.43 43.14  
 42.11 41.75 42.46 41.93  
 41.80 41.84 41.40 41.20  
 41.70 42.53 42.80 42.62  
 44.23 44.14 44.03 41.38

3 Terry Thomas 69 UC36-36 16:59.44 6  
 r:+0.95 41.28 45.94 47.99 49.88  
 50.39 50.61 52.64 51.61  
 52.32 52.93 52.46 52.69  
 52.89 52.62 52.52 52.90  
 52.11 51.23 52.30 52.13

4 Ron Hansen 67 PSM-36 17:00.71 5  
 45.71 51.22 51.89 51.87  
 51.16 50.15 51.10 50.27  
 50.70 51.34 50.65 50.48  
 52.17 52.14 52.12 51.04  
 51.88 52.73 51.74 50.35

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Men 65-69 1000 Yard Freestyle)**

---	Jim Clemmons	66	SAWS-59	X12:21.38	
r:+0.83	34.22	36.76	36.81	37.12	
	37.14	37.57	37.35	37.86	
	37.56	37.55	37.31	37.13	
	37.15	37.32	37.23	37.27	
	37.07	37.10	37.35	36.51	

**Men 65-69 1650 Yard Freestyle**

NATL: 19:07.81 N 4/23/2015 JIM CLEMMONS

ZONE: 19:16.25 Z 5/20/2007 TOM LANDIS

PNA: 19:21.80 P 4/12/2015 DAN KIRKLAND

1	Dan Kirkland	68	LWM-36	19:46.97	9
r:+0.89	31.91	34.83	35.59	35.94	
	35.72	35.81	36.07	36.30	
	35.79	36.07	35.94	35.93	
	36.01	36.09	36.19	36.05	
	36.12	35.95	35.98	36.43	
	36.13	36.34	36.31	36.24	
	36.80	36.44	36.52	36.54	
	36.44	36.93	36.78	36.20	34.58
2	David Tempest	66	MIR-36	21:41.20	7
	37.48	39.77	39.75	40.19	
	39.66	40.26	39.79	39.51	
	39.62	40.07	39.81	39.84	
	39.37	39.35	39.96	39.67	
	39.64	39.57	39.39	39.53	
	39.67	39.65	39.43	39.46	
	39.51	39.69	39.48	39.27	
	39.02	39.21	38.92	38.74	36.92
3	Ron Hansen	67	PSM-36	27:48.65	6
	46.61	48.54	49.55	48.74	
	48.16	48.75	49.06	48.77	
	49.05	49.58	48.86	50.88	
	49.12	49.10	50.60	51.94	
	49.90	51.77	51.46	50.50	
	52.16	49.98	51.38	51.79	
	51.75	54.28	52.44	53.52	
	52.53	53.06	52.10	52.16	50.56
4	Terry Thomas	69	UC36-36	28:50.13	5
	42.98	46.50	48.99	50.22	
	50.89	51.57	52.38	52.63	
	51.92	52.28	51.94	52.99	
	52.41	53.34	52.02	52.77	
	53.85	52.87	53.98	53.66	
	53.38	54.46	54.37	54.27	
	54.37	53.69	54.06	53.89	
	54.34	54.04	53.71	54.21	51.15

**Men 65-69 50 Yard Backstroke**

NATL: 27.74 N 5/23/2010 RICHARD ABRAHAMS

ZONE: 28.46 Z 5/10/2009 ROBERT SMITH

PNA: 30.93 P 2000 CHASE/BELL

1	James Stretch	65	BAM-36	36.01	9
	r:+0.77				
2	Stephen Fogg	68	SWYM-36	36.58	7
	r:+0.79				

3	Barney Voegtlen	68	BAM-36	37.12	6
	r:+0.87				
4	Ron Hansen	67	PSM-36	52.66	5
	r:+0.84				
5	Laurence Hile	67	BAM-36	1:17.13	4
	r:+0.99				
---	Larry Wright	68	OREG-37	X33.51	
	r:+0.87				

**Men 65-69 100 Yard Backstroke**

NATL: 59.62 N 5/12/2013 HUGH WILDER

ZONE: 1:03.43 Z 5/10/2009 ROBERT SMITH

PNA: 1:06.01 P 3/6/2005 GARY CHASE

1	David Tempest	66	MIR-36	1:12.76	9
	r:+0.79	36.55	36.21		
2	Stephen Fogg	68	SWYM-36	1:21.76	7
	r:+0.90	39.02	42.74		
3	Barney Voegtlen	68	BAM-36	1:24.40	6
	r:+0.88	39.47	44.93		

**Men 65-69 200 Yard Backstroke**

NATL: 2:16.72 N 5/11/2013 HUGH WILDER

ZONE: 2:23.14 Z 4/12/2015 DAN KIRKLAND

PNA: 2:23.14 P 4/12/2015 DAN KIRKLAND

1	Dan Kirkland	68	LWM-36	2:25.86	9
	r:+0.75	34.31	35.95	38.09	37.51
2	David Tempest	66	MIR-36	2:35.13	7
	r:+0.74	37.89	39.48	39.94	37.82
3	James Stretch	65	BAM-36	2:46.55	6
	r:+0.85	39.29	42.12	42.63	42.51
4	Stephen Fogg	68	SWYM-36	3:12.16	5
	r:+0.86	41.34	45.01	51.00	54.81
5	Ron Hansen	67	PSM-36	3:48.58	4
	r:+0.90	55.48	57.50	59.47	56.13
---	Jim Clemmons	66	SAWS-59	X2:40.96	
	r:+0.87	38.71	40.26	41.56	40.43

**Men 65-69 50 Yard Breaststroke**

NATL: 30.53 N 5/10/2013 ROBERT STRAND

ZONE: 31.09 Z 5/4/2014 ROBERT STRAND

PNA: 32.82 P 10/8/2016 JOHN B BAKER

1	Rick Colella	65	LWM-36	29.10N	9
	r:+0.82				
2	John Baker	65	BAM-36	32.85	7
	r:+0.84				
3	Robert Wake	68	LWM-36	39.62	6
4	Barney Voegtlen	68	BAM-36	41.05	5
	r:+0.87				
---	Allen Stark	68	OREG-37	X32.01	
	r:+0.85				
---	Jim Clemmons	66	SAWS-59	X36.83	
	r:+0.74				
---	William Hayes	65	LWM-36	DQ	
	Head under for 2 or more strokes				
	r:+0.94				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 65-69 100 Yard Breaststroke**

NATL: 1:07.35 N 5/11/2013 ROBERT STRAND

ZONE: 1:07.59 Z 5/2/2014 ROBERT STRAND

PNA: 1:13.78 P 5/18/1997 NICK TEMPLEMAN

1	Rick Colella	65	LWM-36	1:03.90N	9
	r:+0.81	30.08	33.82		
2	John Baker	65	BAM-36	1:16.52	7
	r:+0.83	36.02	40.50		
3	Rick Stafford	69	BAM-36	1:24.19	6
		40.37	43.82		
---	Allen Stark	68	OREG-37	X1:11.05	
	r:+0.87	34.03	37.02		

**Men 65-69 200 Yard Breaststroke**

NATL: 2:30.17 N 5/1/2011 ROBERT STRAND

ZONE: 2:30.62 Z 5/3/2014 ALLEN STARK

PNA: 2:47.50 P 5/18/1997 NICK TEMPLEMAN

1	Rick Stafford	69	BAM-36	3:02.86	9
		41.67	46.70	46.74	47.75
---	Allen Stark	68	OREG-37	X2:40.10	
	r:+0.85	34.85	41.11	42.57	41.57

**Men 65-69 50 Yard Butterfly**

NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS

ZONE: 27.91 Z 5/20/2007 BERT PETERSEN

PNA: 28.41 P 3/29/2014 LARRY WRIGHT

1	John Baker	65	BAM-36	31.22	9
	r:+0.86				
2	Robert Wake	68	LWM-36	37.49	7
	r:+0.78				
3	Barney Voegtlen	68	BAM-36	38.17	6
	r:+0.91				
---	Larry Wright	68	OREG-37	X28.96	
	r:+0.83				

**Men 65-69 100 Yard Butterfly**

NATL: 56.36 N 5/21/2010 RICHARD ABRAHAMS

ZONE: 1:07.68 Z 5/20/2007 BERT PETERSEN

PNA: 1:06.29 P 4/26/2015 ALAN BELL

1	Rick Stafford	69	BAM-36	1:28.54	9
		40.82	47.72		
---	Larry Wright	68	OREG-37	X1:13.65	
	r:+0.88	34.61	39.04		

**Men 65-69 200 Yard Butterfly**

NATL: 2:13.55 N 4/29/2016 LAWRENCE DAY

ZONE: 3:01.94 Z 5/20/2001 DICK SLAWSON

PNA: 2:35.05 P 4/26/2015 ALAN BELL

1	Rick Colella	65	LWM-36	2:08.94N	9
	r:+0.86	29.11	33.01	33.24	33.58
2	Rick Stafford	69	BAM-36	3:15.40	7
		42.56	49.70	51.80	51.34

**Men 65-69 100 Yard IM**

NATL: 1:00.32 N 5/23/2010 RICHARD ABRAHAMS

ZONE: 1:03.84 Z 5/2/2014 ROBERT STRAND

PNA: 1:07.35 P 10/8/2016 JOHN B BAKER

1	Rick Colella	65	LWM-36	58.19N	9
	r:+0.83	27.49	30.70		

2	John Baker	65	BAM-36	1:10.02	7
	r:+0.86	32.54	37.48		
3	William Hayes	65	LWM-36	1:17.75	6
	r:+0.91	35.56	42.19		
4	Robert Wake	68	LWM-36	1:20.98	5
		38.47	42.51		
5	Stephen Fogg	68	SWYM-36	1:21.25	4
		36.00	45.25		
6	Barney Voegtlen	68	BAM-36	1:22.37	3
	r:+0.87	37.05	45.32		
---	Larry Wright	68	OREG-37	X1:10.66	
	r:+0.85	32.66	38.00		
---	Jim Clemmons	66	SAWS-59	X1:13.63	
	r:+0.75	34.80	38.83		

**Men 65-69 200 Yard IM**

NATL: 2:16.17 N 4/30/2016 LAWRENCE DAY

ZONE: 2:26.55 Z 4/13/2008 TOM LANDIS

PNA: 2:30.73 P 5/1/2011 MICHAEL MCCOLLY

1	John Baker	65	BAM-36	2:38.50	9
	r:+0.85	32.24	41.99	46.82	37.45
---	Jim Clemmons	66	SAWS-59	X2:37.23	
	r:+0.77	33.76	41.18	46.49	35.80

**Men 65-69 400 Yard IM**

NATL: 4:56.46 N 5/1/2016 LAWRENCE DAY

ZONE: 5:19.23 Z 5/20/2007 TOM LANDIS

PNA: 5:21.16 P 5/1/2011 MICHAEL MCCOLLY

1	Rick Colella	65	LWM-36	4:32.37N	9
	r:+0.88	29.05	33.31	36.51	36.22
		36.35	37.85	32.16	30.92

**Men 70-74 50 Yard Freestyle**

NATL: 24.13 N 5/4/2008 JEFF FARRELL

ZONE: 26.44 Z 5/1/2016 ROBERT STRAND

PNA: 26.89 P 5/4/2014 ROBERT PILGER

1	Robert Pilger	73	YPKC-36	28.09	9
	r:+0.97				
2	Michael McKinlay	73	DBST-36	45.42	7

**Men 70-74 100 Yard Freestyle**

NATL: 54.58 N 4/26/2015 RICHARD ABRAHAMS

ZONE: 58.29 Z 4/29/2012 TOM LANDIS

PNA: 1:02.05 P 5/4/2014 ROBERT PILGER

1	Robert Pilger	73	YPKC-36	1:07.11	9
	r:+0.87	33.07	34.04		
2	William Smith	72	PSM-36	1:23.91	7
		40.49	43.42		

**Men 70-74 500 Yard Freestyle**

NATL: 5:48.21 N 5/9/2015 DAVID QUIGGIN

ZONE: 5:57.07 Z 5/20/2007 DAVID RADCLIFF

PNA: 6:16.89 P 5/16/1999 ROBERT MILLER

1	Michael McColly	71	LWM-36	6:17.61	9
		34.07	37.08	38.08	38.25
		38.49	38.47	38.41	38.41
		38.40	37.95		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

## Men 70-74 1000 Yard Freestyle

NATL: 12:09.40 N 5/7/2015 DAVID QUIGGIN  
 ZONE: 12:20.51 Z 5/9/2013 TOM LANDIS  
 PNA: 13:05.84 P 4/9/2016 MICHAEL MCCOLLY

1	Michael McColly	71	LWM-36	13:04.95	9
	35.20	38.42	39.15	38.96	
	39.36	39.57	39.57	39.08	
	39.43	39.30	39.18	39.36	
	39.30	39.68	39.75	40.33	
	40.20	39.53	40.25	39.33	

## Men 70-74 50 Yard Backstroke

NATL: 29.72 N 4/26/2015 RICHARD BURNS  
 ZONE: 32.66 Z 11/9/2013 ROBERT SMITH  
 PNA: 36.37 P 4/29/1990 ANDREW HOLDEN

1	Bill Galvani	70	BAM-36	42.56	9
	r:+0.65				
2	Robert Pilger	73	YPKC-36	42.70	7
	r:+0.98				
3	Thomas Walker	70	TWIM-36	53.86	6
	r:+0.90				

## Men 70-74 100 Yard Backstroke

NATL: 1:05.42 N 4/24/2015 RICHARD BURNS  
 ZONE: 1:13.72 Z 4/12/2014 ROBERT SMITH  
 PNA: 1:14.06 P 5/16/1999 ROBERT MILLER

1	Bill Galvani	70	BAM-36	1:37.00	9
	r:+0.75	47.76	49.24		
2	William Smith	72	PSM-36	1:51.47	7
	r:+0.99	54.49	56.98		

## Men 70-74 200 Yard Backstroke

NATL: 2:23.68 N 5/2/2014 RICHARD BURNS  
 ZONE: 2:37.63 Z 5/16/1999 ROBERT MILLER  
 PNA: 2:37.63 P 5/16/1999 ROBERT MILLER

1	Michael McColly	71	LWM-36	2:40.61	9
	r:+0.77	39.45	40.99	40.54	39.63

## Men 70-74 50 Yard Breaststroke

NATL: 31.70 N 4/30/2016 ROBERT STRAND  
 ZONE: 31.70 Z 5/1/2016 ROBERT STRAND  
 PNA: 36.22 P 2/19/2017 STEVEN B PETERSON

1	Dennis Sawyer	73	BAM-36	39.12	9
	r:+0.71				
2	Bill Galvani	70	BAM-36	42.29	7
	r:+0.75				
3	William Smith	72	PSM-36	47.86	6
4	Thomas Walker	70	TWIM-36	1:01.61	5
---	Robert Strand	71	SAWS-59	X	DQ

Arms two strokes underwater

r:+0.68

## Men 70-74 100 Yard Breaststroke

NATL: 1:09.47 N 5/1/2016 ROBERT STRAND  
 ZONE: 1:09.47 Z 5/1/2016 ROBERT STRAND  
 PNA: 1:19.88 P 2/19/2017 STEVEN B PETERSON

1	Steven Peterson	70	YPKC-36	1:19.71	9
	r:+0.64	37.57	42.14		

2	Dennis Sawyer	73	BAM-36	1:26.31	7
	r:+0.96	41.80	44.51		
3	Bill Galvani	70	BAM-36	1:34.16	6
	r:+0.83	45.25	48.91		
4	Thomas Walker	70	TWIM-36	2:18.16	5
	1:08.43	1:09.73			

## Men 70-74 200 Yard Breaststroke

NATL: 2:35.66 N 4/29/2016 ROBERT STRAND  
 ZONE: 2:26.42 Z 5/1/2016 ROBERT STRAND  
 PNA: 2:53.48 P 2/19/2017 STEVEN B PETERSON

1	Steven Peterson	70	YPKC-36	2:53.21	9
	r:+0.74	40.13	44.51	45.32	43.25
2	Bill Galvani	70	BAM-36	3:21.82	7
	r:+0.83	46.95	50.99	51.51	52.37

## Men 70-74 50 Yard Butterfly

NATL: 26.92 N 4/26/2015 RICHARD ABRAHAMS  
 ZONE: 29.38 Z 1/31/2009 BERT PETERSEN  
 PNA: 30.59 P 5/4/2014 ROBERT PILGER

1	William Smith	72	PSM-36	50.92	9
---	---------------	----	--------	-------	---

## Men 70-74 100 Yard IM

NATL: 1:05.05 N 5/3/2014 JAMES ELDER  
 ZONE: 1:05.60 Z 5/1/2016 ROBERT STRAND  
 PNA: 1:13.19 P 5/16/1999 ROBERT MILLER

1	Dennis Sawyer	73	BAM-36	1:26.92	9
	r:+0.88	42.25	44.67		
2	Bill Galvani	70	BAM-36	1:30.98	7
	r:+0.74	44.59	46.39		
3	William Smith	72	PSM-36	1:41.19	6
	50.08	51.11			

## Men 70-74 200 Yard IM

NATL: 2:26.42 N 4/30/2016 ROBERT STRAND  
 ZONE: 2:26.42 Z 5/1/2016 ROBERT STRAND  
 PNA: 2:43.52 P 5/16/1999 ROBERT MILLER

1	Steven Peterson	70	YPKC-36	2:46.50	9
	r:+0.66	39.17	44.62	45.06	37.65
2	Michael McColly	71	LWM-36	2:50.60	7
	37.89	43.74	53.06	35.91	
3	William Smith	72	PSM-36	3:53.31	6
	r:+0.96	52.03	1:00.69	1:07.82	52.77

## Men 70-74 400 Yard IM

NATL: 5:34.47 N 4/27/2003 BURWELL JONES  
 ZONE: 5:37.35 Z 5/9/2013 TOM LANDIS  
 PNA: 6:26.27 P 2/17/2001 THOMAS TAYLOR

1	Steven Peterson	70	YPKC-36	6:06.57	9
	r:+0.81	39.06	47.20	50.67	49.85
	47.49	48.92	42.79	40.59	

## Men 75-79 50 Yard Freestyle

NATL: 25.58 N 3/4/2012 JEFF FARRELL  
 ZONE: 26.84 Z 5/10/2009 DAVID RADCLIFF  
 PNA: 31.69 P 4/9/2016 RONALD C JONES

---	Nate Thomas	79	SAWS-59	X	41.27
	r:+0.91				

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 75-79 200 Yard Freestyle**

NATL: 2:08.77 N 5/10/2009 DAVID RADCLIFF

ZONE: 2:08.77 Z 5/10/2009 DAVID RADCLIFF

PNA: 2:35.93 P 4/10/2005 BOB MILLER

--- Nate Thomas 79 SAWS-59 X3:30.39  
 r:+0.90 47.28 53.09 57.24 52.78

**Men 75-79 500 Yard Freestyle**

NATL: 6:03.87 N 5/8/2010 DAVID RADCLIFF

ZONE: 6:03.87 Z 5/8/2010 DAVID RADCLIFF

PNA: 7:07.00 P 5/20/2007 BOB MILLER

--- Nate Thomas 79 SAWS-59 X9:24.03  
 r:+0.82 50.00 55.56 56.97 58.20  
 57.87 58.14 57.32 59.11  
 56.60 54.26

**Men 75-79 1000 Yard Freestyle**

NATL: 12:20.59 N 5/10/2009 DAVID RADCLIFF

ZONE: 12:20.59 Z 5/10/2009 DAVID RADCLIFF

PNA: 14:09.71 P 4/10/2005 BOB MILLER

--- Nate Thomas 79 SAWS-59 X18:54.70  
 r:+0.93 50.87 56.73 56.30 57.04  
 55.57 57.82 55.77 58.85  
 57.61 57.47 57.82 55.99  
 58.51 57.19 57.08 56.80  
 58.56 57.78 57.33 53.61

**Men 75-79 50 Yard Breaststroke**

NATL: 34.58 N 3/5/2017 MIKE FRESHLEY

ZONE: 39.35 Z 3/11/2006 MILTON MARKS

PNA: 40.00 P 2/26/2006 TOM TAYLOR

1 Dominique Truong 78 PSM-36 46.23 9

**Men 75-79 100 Yard Breaststroke**

NATL: 1:16.74 N 9/18/2016 MIKE FRESHLEY

ZONE: 1:29.21 Z 5/4/2014 DICK PETERSON

PNA: 1:29.21 P 5/4/2014 DICK PETERSON

1 Dominique Truong 78 PSM-36 1:43.89 9  
 r:+0.98 50.35 53.54

**Men 85-89 200 Yard Freestyle**

NATL: 2:50.54 N 5/8/2010 FRANK PIEMME

ZONE: 2:56.80 Z 4/11/2010 WILLARD LAMB

PNA: 3:34.99 P 5/16/1999 GENE CROSSETT

1 Robert Dorse 85 PSM-36 3:42.32 9  
 50.13 56.59 58.64 56.96

**Men 85-89 50 Yard Butterfly**

NATL: 39.89 N 3/7/2010 FRANK PIEMME

ZONE: 41.99 Z 4/10/2005 ANDREW HOLDEN

PNA: 56.03 P 12/5/1993 JIM PENFIELD

1 Robert Dorse 85 PSM-36 1:00.48 9

**Women 18+ 200 Yard Freestyle Relay**

NATL: 1:35.66 N 4/30/2016 CLUB TRIBE ALUM

G MIZERAK, S SHANER, C HURTUBISE, K GRIER

ZONE: 1:41.39 Z 4/13/2014 PSM

A MOORHEAD, L ORAM, P DINKEL, J KING

PNA: 1:41.39 P 4/13/2014 PSM

A MOORHEAD, L ORAM, P DINKEL, J KING

1 LWM-36 A 1:48.65 18  
 1) Rachel Martin W25 2) r:0.18 Amanda Clark W24  
 3) r:0.10 Antoinette Ngo W22 4) r:0.14 Amelia Ferrel W30  
 r:+0.73 26.68 25.49 29.31 27.17  
 2 WWUS-36 B 1:57.70 14  
 1) Ava McCrea W19 2) r:0.30 Allie Monsen W21  
 3) r:0.46 Miranda Caulfield W19 4) Emily Deardorff W19  
 r:+0.63 29.14 29.67 33.63 25.26  
 3 WWUS-36 A 2:07.24 12  
 1) Anna Novack W19 2) Madelynn Sare W21  
 3) Aliza Ben-Varon W20 4) Jackie DeLong W22  
 r:+0.46 31.02 31.09 34.17 30.96  
 4 BWAQ-36 A 2:07.64 10  
 1) Zena Courtney W57 2) r:0.55 Wendy Noffke W44  
 3) r:0.16 Gail Stribling Geldien 4) r:0.17 Saskia Kroesen W23  
 r:+0.80 29.27 37.52 34.31 26.54

**Women 18+ 200 Yard Medley Relay**

NATL: 1:45.34 N 4/24/2015 THE OLYMPIC CLU

A SENKO, K MCGRAW, K KASTES, K MURPHY

ZONE: 1:55.40 Z 4/14/2013 PSM

D PALUMBO, K SCHAEFFER, B BOGACHUS, M CHANG

PNA: 1:55.40 P 4/14/2013 PSM

D PALUMBO, K SCHAEFFER, B BOGACHUS, M CHANG

1 LWM-36 A 2:02.90 18  
 1) Rachel Martin W25 2) r:0.48 Amelia Ferrel W30  
 3) r:0.09 Felicia Werchan W27 4) r:0.50 Antoinette Ngo W22  
 r:+0.83 30.00 33.26 30.74 28.90  
 2 BWAQ-36 A 2:08.43 14  
 1) Zena Courtney W57 2) r:0.26 Kathy Byers W56  
 3) r:0.25 Saskia Kroesen W23 4) r:0.11 Rondamarie Smith  
 r:+0.73 33.40 39.05 28.07 27.91  
 3 WWUS-36 A 2:14.00 12  
 1) Emily Deardorff W19 2) r:0.32 Aliza Ben-Varon W20  
 3) r:0.44 Ava McCrea W19 4) r:0.24 Miranda Caulfield W19  
 r:+0.73 34.67 37.43 33.03 28.87  
 4 TWIM-36 A 2:38.83 10  
 1) Valerie Powell W23 2) r:0.13 Jenny Ferries W35  
 3) r:-0.35 Tammy Regan 4) Kathy Pelham W44  
 r:+0.94 57.48 35.00 36.58 29.77  
 --- WWUS-36 B DQ  
 Early take-off swimmer #4  
 1) Allie Monsen W21 2) Madelynn Sare W21  
 3) r:0.35 Jackie DeLong W22 4) r:-0.20 Anna Novack W19  
 r:+0.87 36.80 42.25 36.64 30.30

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 25+ 200 Yard Freestyle Relay**

NATL: 1:35.01 N 4/25/2015 THE OLYMPIC CLU

O'DONNELL-MCCARTH, K KASTES, M GILL, K RAATZ

ZONE: 1:41.13 Z 4/12/2015 PSM

A MOORHEAD, C HELGASON, J KING, P DINKEL

PNA: 1:41.13 P 4/12/2015 PSM

A MOORHEAD, C HELGASON, J G KING, P DINKEL

1 BWAQ-36	B	2:35.93	18
1) Jean Blackburn W65	2) r:0.35 Judy Williams W68		
3) r:0.52 Kimberly Wood W44	4) r:0.08 Melanie Crump W32		
r:+0.87 36.13	42.94 40.07	36.79	

**Women 25+ 200 Yard Medley Relay**

NATL: 1:45.01 N 5/4/2008 SOUTHERN METHOD

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

ZONE: 1:55.29 Z 4/10/1999 OREG

M DONAHUE, M HASLACH, F, K HAKANSON

PNA: 1:51.99 P 4/12/2015 PSM

C HELGASON, P DINKEL, J G KING, K A BYERS

1 HMST-36	A	2:15.82	18
1) Amanda Winans W34	2) r:0.34 Jacquelyn Braggin W30		
3) r:0.29 Tracy Maschman	4) r:0.04 Stephanie Hiebert W39		
r:+0.94 37.32	38.52 30.73	29.25	
2 SAM-36	A	2:29.98	14
1) Renee Quistorf W52	2) r:0.36 Patricia Davidson W34		
3) r:0.15 Margo Marsh-Limm	4) r:0.12 MarySue Balazic W49		
r:+0.91 40.50	39.65 34.17	35.66	

**Women 35+ 200 Yard Freestyle Relay**

NATL: 1:36.42 N 2/1/2015 NCMS

K LINDAUER, A UHL, J STRINGER, E BRAUN

ZONE: 1:40.10 Z 5/1/2011 PNA

S HART, H A WERNER, M C ARMSTRONG, L A DAHL

PNA: 1:40.10 P 5/1/2011 PNA

S HART, H A WERNER, M C ARMSTRONG, L A DAHL

1 LWM-36	B	2:01.01	18
1) Valerie McHenry W37	2) r:0.47 Laurel Baker W39		
3) r:0.46 Heather Clarke W45	4) r:0.14 Lori Robins W37		
r:+0.70 26.76	30.53 32.26	31.46	
2 YPKC-36	A	2:04.67	14
1) Katy Smith W35	2) r:-0.10 Kris Speir W53		
3) r:-0.15 Amy Wolfe W47	4) Hannah Gottschall W36		
r:+0.70 29.46	31.28 1:03.93		

**Women 35+ 200 Yard Medley Relay**

NATL: 1:48.55 N 5/14/2006 COLORADO MASTER

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

ZONE: 1:51.95 Z 5/1/2011 PNA

S HART, H A WERNER, L A DAHL, K S JETER

PNA: 1:51.95 P 5/1/2011 PNA

S HART, H A WERNER, L A DAHL, K S JETER

1 LWM-36	B	2:17.73	18
1) Valerie McHenry W37	2) r:0.57 Lorraine Masse W44		
3) r:0.50 Heather Clarke W45	4) r:0.32 Lori Robins W37		
r:+0.74 31.90	39.22 34.93	31.68	

2 BAM-36	B	2:23.63	14
1) Shelley Reimer W47	2) r:0.57 Jessica Dubey W54		
3) r:0.07 Erin Cyger W45	4) r:0.63 Alison Dennison W36		
r:+0.74 34.56	44.87 32.26	31.94	
3 BWAQ-36	B	2:50.69	12
1) Jean Blackburn W65	2) r:-0.66 Judy Williams W68		
3) r:0.50 Megan Holt W46	4) r:0.28 Gail Stribling Geldien		
r:+0.82 48.57	50.97 37.70	33.45	

**Women 45+ 200 Yard Freestyle Relay**

NATL: 1:40.44 N 4/30/2011 COLORADO MASTER

K GARNIER, C SAPPEY, A SCOTT-KUBE, S VON DER LIPPE

ZONE: 1:44.11 Z 5/23/2010 OREG

V JENKINS, A DELMAGE, M CASWELL, K

PNA: 1:45.48 P 5/17/2002 PNA

J MOORE, C DAVIS, D GLASSMAN, M LIPPOLD

1 NEO-36	A	2:02.42	18
1) Gloria Dillan W57	2) r:0.41 Nancy Huntamer W52		
3) r:-0.27 Mary Lippold W61	4) r:-0.02 Tani Stenford W51		
31.60 35.64	28.19 26.99		
2 PMS-36	A	2:32.75	14
1) Elizabeth Hogan W55	2) Barbara Johnson W67		
3) r:0.33 Andrea Cortani W45	4) r:0.22 Theresa Shugart W49		
38.45 51.25	31.70 31.35		

**Women 45+ 200 Yard Medley Relay**

NATL: 1:52.93 N 5/1/2011 COLORADO MASTER

C SAPPEY, K CROUCH, S VON DER LIPPE, A SCOTT-KUBE

ZONE: 1:54.02 Z 5/23/2010 OREG

V JENKINS, C CRABBE, A DELMAGE, K

PNA: 2:00.29 P 5/4/2014 PSM

L PACE, H WERNER, S BULLOCK, L DAHL

1 PMS-36	A	2:55.06	18
1) Elizabeth Hogan W55	2) r:0.20 Katherine Beirne W47		
3) r:0.27 Andrea Cortani W45	4) Barbara Johnson W67		
r:+0.89 49.00	38.63 37.28	50.15	

**Women 55+ 200 Yard Freestyle Relay**

NATL: 1:51.52 N 4/28/2013 UCLA BRUIN MAST

J COOK, C CIRAULO, K EINSIDLER, V HIBBEN

ZONE: 1:51.91 Z 4/26/2015 PSM

Z COURTNEY, C DAVIS, G DILLAN, M LIPPOLD

PNA: 1:53.70 P 5/9/2013 PSM

C M DAVIS, S PREISSLER, D A GLASSMAN, M B LIPPOLD

1 LWM-36	C	2:00.66	18
1) Dawn Jaeger W60	2) r:0.19 Linda Chapman W61		
3) r:0.28 Sheila Moore W58	4) r:0.08 Charlotte Davis W66		
r:+0.79 30.90	30.52 31.11	28.13	



## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Women 55+ 200 Yard Medley Relay**

NATL: 2:04.50 N 4/24/2015 PUGET SOUND MAS

**Z COURTNEY, L CHAPMAN, C DAVIS, M LIPPOLD**

ZONE: 2:12.05 Z 5/1/2011 PNA

**C M DAVIS, L CHAPMAN, D A GLASSMAN, M B LIPPOLD**

PNA: 2:04.50 P 4/26/2015 PSM

**Z COURTNEY, L CHAPMAN, C M DAVIS, M B LIPPOLD**

1	LWM-36	C	2:15.10	18
	1) Dawn Jaeger W60	2) r:0.00 Linda Chapman W61		
	3) r:0.25 Charlotte Davis W66	4) r:0.23 Sheila Moore W58		
	r:+0.93 36.50 36.57	31.35 30.68		
2	BAM-36	A	3:04.08	14
	1) Cestjon McFarland W56	2) Heather Adkins-Narte W62		
	3) r:0.57 Kate Carruthers W68	4) Deborah Flynn W56		
	r:+0.89 40.98 1:00.25	49.83 33.02		

**Men 18+ 200 Yard Freestyle Relay**

NATL: 1:18.32 N 5/22/2010 NORTH CAROLINA

**N BRUNELLI, C JONES, N WESTBY, J SKUBA**

ZONE: 1:27.86 Z 4/26/1992 MACO

**J KEPPELER, D BURLESON, J KINGERY, D MARSHALL**

PNA: 1:28.38 P 4/15/2012 PNA

**CHRIS CHAPMAN, THOMAS PEART, NED STACK, CEJIH YUNG**

1	HMST-36	A	1:31.88	18
	1) Joshua Scheck M20	2) r:0.43 Michael Orton M34		
	3) r:0.12 Brian Wisniewski M39	4) r:0.13 Alexander Lyskin M20		
	r:+0.55 24.47 22.08	23.04 22.29		
2	WWUS-36	A	1:42.20	14
	1) Nicholas Pederson M20	2) r:0.22 Keito Swan M27		
	3) r:-0.61 Blake Nixon M19	4) r:0.11 Josh Pehrson M20		
	r:+0.69 25.96 27.46	25.59 23.19		
3	YPKC-36	A	1:44.25	12
	1) J Bullock M48	2) r:0.41 Chad Hagedorn M44		
	3) r:0.31 James Reehill M24	4) r:0.06 Dave Hannula M63		
	r:+0.77 26.65 28.00	25.72 23.88		
4	DBST-36	A	1:45.37	10
	1) Yawei Hao M26	2) r:0.32 Jack Timmons M56		
	3) r:0.04 Nicholas Carter M24	4) r:0.51 Mark Wall M27		
	r:+0.70 24.01 25.06	30.30 26.00		
5	HMST-36	B	1:49.92	8
	1) Ron Cho M39	2) r:0.80 Brandon Couch M21		
	3) r:0.57 David O'Hern M33	4) r:0.37 Jasper O'Leary M22		
	r:+0.78 28.17 28.61	28.12 25.02		

**Men 18+ 200 Yard Medley Relay**

NATL: 1:26.71 N 5/2/2014 THE OLYMPIC CLU

**A SAETA, N KOON, N ADRIAN, A ERVIN**

ZONE: 1:39.58 Z 4/13/2014 PSM

**B WISNIEWSKI, S MOZHAROV, T CLARK, W DEPPE**

PNA: 1:39.58 P 4/13/2014 PSM

**B WISNIEWSKI, S MOZHAROV, T CLARK, W DEPPE**

1	LWM-36	A	1:43.22	18
	1) Trever Gray M41	2) r:0.24 Chris Conroy M31		
	3) r:0.35 Matthew Liedtke M27	4) r:0.49 Benjamin Griffin M23		
	r:+0.81 25.67 28.83	25.88 22.84		

2	HMST-36	A	1:48.15	14
	1) Joshua Scheck M20	2) r:0.31 Ryan Shiplet M19		
	3) r:0.32 Alex Phillips M29	4) r:0.18 Alexander Lyskin M20		
	r:+0.88 27.31 28.69	29.37 22.78		
3	WWUS-36	A	1:52.07	12
	1) Jordan Anderson M18	2) r:0.23 Josh Pehrson M20		
	3) r:0.27 Nicholas Pederson M20	4) r:0.10 Keito Swan M27		
	r:+0.72 30.11 27.96	27.48 26.52		
4	HMST-36	B	1:53.89	10
	1) Jasper O'Leary M22	2) r:0.64 Tyrone Jimmison M36		
	3) r:0.16 Gary Cox M39	4) r:0.29 Brian Wisniewski M39		
	r:+0.78 32.08 31.09	27.48 23.24		
5	DBST-36	A	2:01.95	8
	1) Mark Wall M27	2) r:0.43 Jack Timmons M56		
	3) r:0.35 Yawei Hao M26	4) r:0.33 Nicholas Carter M24		
	r:+0.81 30.65 38.69	26.83 25.78		

**Men 25+ 200 Yard Freestyle Relay**

NATL: 1:20.22 N 4/30/2016 THE OLYMPIC CLU

**J LEOPOLD, S GREENWOOD, K FERGUSON, A SAETA**

ZONE: 1:27.32 Z 4/14/2013 PSM

**C CHAPMAN, C YUNG, C CONROY, R CARDOSO**

PNA: 1:27.32 P 4/14/2013 PSM

**C CHAPMAN, C YUNG, C CONROY, R CARDOSO**

1	LWM-36	A	1:34.71	18
	1) Chris Conroy M31	2) r:0.33 Matthew Liedtke M27		
	3) r:0.16 Mats Nygren M50	4) r:0.19 Rick Cardoso M38		
	r:+0.74 23.45 25.50	23.40 22.36		
2	WAC-36	A	1:36.93	14
	1) Eric Williamson M26	2) r:0.29 Matthew Woare M42		
	3) r:0.26 Brandon Vaughan M29	4) r:0.33 Chris Pfaff M29		
	r:+0.67 24.67 24.58	23.67 24.01		

**Men 25+ 200 Yard Medley Relay**

NATL: 1:28.48 N 5/1/2016 THE OLYMPIC CLU

**A SAETA, J LEOPOLD, J DUNFORD, K FERGUSON**

ZONE: 1:36.79 Z 4/14/2013 PSM

**C CHAPMAN, C YUNG, I MOSHER, C CONROY**

PNA: 1:34.30 P 4/12/2015 PSM

**T O GRAY, J KOTYNIA, C CHAPMAN, C CONROY**

---	BWAQ-36	C	DQ	
	Not enough swimmers			
	1) Keith Kennedy M54	2) r:0.65 Thai Nguyen M46		
	3) r:0.52 Scott Matthews M55	4) Kevin Wong M33		
	40.76 41.02	39.68 37.36		

**Men 35+ 200 Yard Freestyle Relay**

NATL: 1:23.32 N 5/29/2010 LONGHORN AQUATI

**T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN**

ZONE: 1:30.58 Z 5/18/1997 OREG

**J WALKER, A ARATA, D KNAUER, S GEORGE**

PNA: 1:31.52 P 5/20/2007 PNA

**J KEPPELER, T DOHERTY, D KAYS, K NELSON**

1	BWAQ-36	A	1:46.17	18
	1) Scott Campea M42	2) r:0.39 Andy Iyall M50		
	3) r:0.25 James Littlefield M56	4) r:0.45 Kent Gavin M45		
	r:+0.80 25.51 28.02	26.58 26.06		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 35+ 200 Yard Medley Relay**

NATL: 1:34.16 N 5/10/2009 LONGHORN AQUATI

T BLESSING, T BARTEE, B BAILEY, M VAROZZA

ZONE: 1:41.68 Z 4/29/2012 PNA

J KEPPELER, D E KAYS, T DOHERTY, K RICE

PNA: 1:41.68 P 4/29/2012 PNA

J KEPPELER, D E KAYS, T DOHERTY, K RICE

1	YPKC-36	A	2:06.20	18
	1) Richard Seibert M52	2) r:0.25 Steven Peterson M70		
	3) r:0.40 Chad Hagedorn M44	4) r:0.14 Richard Adcock M61		
	r:+0.81 30.81 36.13	28.64 30.62		
2	BAM-36	A	2:08.99	14
	1) Michael Cyger M46	2) r:0.34 Nick Schnee M42		
	3) r:0.12 Karl Morrison M49	4) r:0.49 Darren Gray M48		
	r:+0.80 38.11 34.64	27.98 28.26		
3	BWAQ-36	B	2:13.56	12
	1) Andy Iyall M50	2) r:0.84 Christopher Souder		
	3) r:0.04 Daniel Smith M54	4) r:0.20 James Littlefield M56		
	r:+0.97 32.98 44.25	28.92 27.41		

**Men 45+ 200 Yard Freestyle Relay**

NATL: 1:27.70 N 5/4/2008 ARIZONA MASTERS

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

ZONE: 1:30.56 Z 5/20/2007 PNA

BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS

PNA: 1:30.56 P 5/20/2007 PNA

BRAD HERING, RICH LOUDON, JAY LEIGH, KARL WEISS

1	LWM-36	B	1:40.92	18
	1) Bryan Smith M49	2) r:0.44 Michael Porter M50		
	3) r:0.24 Max Hanson M49	4) r:0.24 Daniel Phillips M53		
	r:+0.70 25.79 25.22	24.85 25.06		
2	BAM-36	A	1:48.61	14
	1) Karl Morrison M49	2) r:0.42 John Baker M65		
	3) r:0.48 Michael Rosen M52	4) r:0.49 Keith Uyekawa M55		
	r:+0.71 25.53 27.55	28.70 26.83		
3	BAM-36	B	1:59.04	12
	1) Darren Gray M48	2) r:0.18 Randy Rogers M58		
	3) r:0.50 Dennis Sawyer M73	4) r:0.58 Robert Powell M55		
	r:+0.90 30.53 26.84	33.55 28.12		
4	BWAQ-36	B	2:03.73	10
	1) Daniel Smith M54	2) r:0.29 Keith Kennedy M54		
	3) r:0.59 Don Clise M50	4) r:0.83 Scott Matthews M55		
	r:+0.87 27.66 31.32	32.37 32.38		
5	TWIM-36	A	2:04.21	8
	1) Carl Haynie M56	2) r:0.90 Thomas Walker M70		
	3) Tom Fritschen M61	4) r:0.19 Maoz Alsberg M48		
	r:+0.78 25.34 49.92	24.43 24.52		

**Men 45+ 200 Yard Medley Relay**

NATL: 1:36.56 N 5/23/2010 GEORGIA MASTERS

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

ZONE: 1:43.23 Z 5/23/2010 OREG

D HATHAWAY, J CORBEAU, D BAKER, B SUMMERFIELD

PNA: 1:44.27 P 4/26/2015 PSM

J GOODING, D PHILLIPS, D WINTER, M O NYGREN

1	LWM-36	B	1:52.14	18
	1) Mats Nygren M50	2) r:0.41 Daniel Phillips M53		
	3) r:0.30 Rob Martin M51	4) r:0.11 Max Hanson M49		
	r:+0.81 28.14 29.07	29.85 25.08		
2	TWIM-36	A	2:18.34	14
	1) Tom Fritschen M61	2) r:0.29 Vince Carmosino M47		
	3) r:0.28 Maoz Alsberg M48	4) r:0.34 Thomas Walker M70		
	r:+0.66 35.26 28.61	28.73 45.74		
---	BWAQ-36	A	DQ	
	Early take-off swimmer #2			
	1) Stephen Freeborn M61	2) r:-0.04 Warren Fullen M58		
	3) r:0.34 Eric Durban M61	4) r:0.68 Don Clise M50		
	r:+0.77 36.07 36.12	31.50 31.19		

**Men 55+ 200 Yard Freestyle Relay**

NATL: 1:32.18 N 4/11/2009 OREGON MASTERS

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

ZONE: 1:32.18 Z 4/11/2009 OREG

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

PNA: 1:36.22 P 5/4/2014 PSM

C HAMRY, D HANNULA, R COLELLA, D GRAHAM

1	BAM-36	B	2:01.20	18
	1) James Stretch M65	2) r:0.02 Orlando Boleda M62		
	3) r:0.30 Rod Stevens M59	4) r:0.24 Tom Goodlin M57		
	r:+0.63 29.87 31.75	29.82 29.76		
2	BWAQ-36	C	2:08.64	14
	1) Tim Nelson M56	2) r:0.89 Stephen Freeborn M61		
	3) r:0.34 Warren Fullen M58	4) r:0.61 Eric Durban M61		
	r:+0.88 28.81 39.65	30.17 30.01		

**Men 55+ 200 Yard Medley Relay**

NATL: 1:45.32 N 4/11/2009 OREGON MASTERS

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

ZONE: 1:45.32 Z 4/11/2009 OREG

W EDWARDS, A STARK, L PHILBRICK, M TENNANT

PNA: 1:46.54 P 5/4/2014 PSM

D GRAHAM, R COLELLA, C HAMRY, D HANNULA

1	LWM-36	C	2:03.61	18
	1) Jay Pearson M55	2) r:0.23 Rick Colella M65		
	3) r:0.50 Robert Wake M68	4) r:0.40 William Hayes M65		
	r:+0.88 31.28 29.18	36.34 26.81		
---	BAM-36	B	DQ	
	Stroke Infraction swimmer #3: Delay initiating turn after past vertical -			
	1) Tom Goodlin M57	2) r:0.36 John Baker M65		
	3) r:0.58 Robert Powell M55	4) r:0.33 Ken Bennett M56		
	r:+0.76 37.63 34.34	33.52 33.17		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**Men 65+ 200 Yard Freestyle Relay**

NATL: 1:40.07 N 5/10/2009 SAN DIEGO SWIM

M FRESHLEY, P ANDERSEN, V VAN BAALEN, K LODWIG

ZONE: 1:47.39 Z 5/20/2007 OREG

T LANDIS, R NAKATA, B PETERSEN, D RADCLIFF

PNA: 1:55.27 P 4/26/2015 PSM

A BELL, L WRIGHT, D SAWYER, S B PETERSON

1	LWM-36	C	1:48.57	18
	1) Rick Colella M65	2) r:0.50 William Hayes M65		
	3) r:0.46 Robert Wake M68	4) r:0.30 Dan Kirkland M68		
	r:+0.77 24.69 26.70	30.35 26.83		
2	BAM-36	C	2:18.56	14
	1) Barney Voegtlen M68	2) r:0.59 Bill Galvani M70		
	3) r:0.92 Laurence Hile M67	4) Rick Stafford M69		
	r:+0.91 30.31 33.64	42.87 31.74		

**Men 65+ 200 Yard Medley Relay**

NATL: 1:51.58 N 5/10/2009 SAN DIEGO SWIM

V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

ZONE: 2:05.30 Z 5/10/2009 OREG

R SMITH, G THAYER, T LANDIS, D RADCLIFF

PNA: 2:07.81 P 4/26/2015 PSM

A BELL, S B PETERSON, D SAWYER, L WRIGHT

1	BAM-36	C	2:29.72	18
	1) Bill Galvani M70	2) r:-0.95 Dennis Sawyer M73		
	3) r:0.25 Rick Stafford M69	4) r:0.33 Barney Voegtlen M68		
	r:+0.69 43.31 38.62	37.27 30.52		

**Mixed 18+ 200 Yard Freestyle Relay**

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

ZONE: 1:34.41 Z 5/20/2007 PNA

A KROLL, S PIERCE, E JACOBSON, B GOLDMAN

PNA: 1:34.41 P 5/20/2007 PNA

A KROLL, S PIERCE, E JACOBSON, B GOLDMAN

1	LWM-36	B	1:43.88	18
	1) Benjamin Griffin M23	2) r:0.33 Rachel Martin W25		
	3) r:0.26 Matthew Liedtke M27	4) r:0.50 Amelia Ferrel W30		
	r:+0.78 23.51 26.45	26.88 27.04		
2	WWUS-36	A	1:47.22	14
	1) Ava McCrea W19	2) r:0.20 Nicholas Pederson M20		
	3) r:0.46 Emily Deardorff W19	4) r:0.05 Josh Pehrson M20		
	r:+0.78 29.39 23.07	29.04 25.72		
3	HMST-36	B	1:49.37	12
	1) Jacquelyn Braggin W30	2) r:0.53 Amanda Winans W34		
	3) r:0.28 Ryan Shiplet M19	4) r:0.47 Joshua Scheck M20		
	r:+0.72 30.48 31.92	24.82 22.15		
4	WWUS-36	B	1:55.81	10
	1) Jordan Anderson M18	2) r:0.45 Allie Monsen W21		
	3) r:0.30 Austin Clark M21	4) r:0.48 Miranda Caulfield W19		
	r:+0.80 27.02 30.26	27.94 30.59		
5	BWAQ-36	A	2:03.09	8
	1) Saskia Kroesen W23	2) r:0.24 Rondamarie Smith		
	3) r:0.39 Scott Campea M42	4) r:0.99 Andy Iyall M50		
	r:+0.57 27.19 28.08	29.15 38.67		

6	TWIM-36	A	2:08.05	6
	1) Valerie Powell W23	2) r:-0.05 Tammy Regan		
	3) r:0.44 Vince Carmosino M47	4) r:0.18 Maoz Alsberg M48		
	48.70 31.02 24.71 23.62			

**Mixed 18+ 200 Yard Medley Relay**

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

ZONE: 1:43.66 Z 4/15/2012 PNA

C CHAPMAN, C YUNG, L ORAM, P DINKEL

PNA: 1:43.66 P 4/15/2012 PNA

C CHAPMAN, C YUNG, L ORAM, P DINKEL

1	HMST-36	A	1:49.99	18
	1) Brian Wisniewski M39	2) r:0.62 Joshua Scheck M20		
	3) r:0.40 Elizabeth Thompson	4) r:0.16 Alexandra Lincoln		
	r:+0.84 25.08 30.39	29.83 24.69		
2	LWM-36	B	1:52.10	14
	1) Rachel Martin W25	2) r:-0.01 Amanda Clark W24		
	3) r:0.30 Matthew Liedtke M27	4) r:0.27 Benjamin Griffin M23		
	r:+0.78 30.43 33.75	25.33 22.59		
3	BWAQ-36	B	1:58.04	12
	1) Zena Courtney W57	2) r:0.24 Scott Campea M42		
	3) r:0.18 Saskia Kroesen W23	4) r:0.24 Kent Gavin M45		
	r:+0.72 33.10 29.72	27.92 27.30		
4	YPKC-36	A	2:04.45	10
	1) Hannah Gottschall W36	2) r:0.03 Katy Smith W35		
	3) r:0.36 Chad Hagedorn M44	4) r:0.35 James Reehill M24		
	r:+0.85 33.79 36.28	28.83 25.55		
5	WWUS-36	B	2:04.51	8
	1) Emily Deardorff W19	2) r:0.12 Josh Pehrson M20		
	3) r:0.53 Miranda Caulfield W19	4) r:0.59 Austin Clark M21		
	r:+0.73 35.00 28.03	33.63 27.85		
6	WWUS-36	A	2:04.84	6
	1) Jordan Anderson M18	2) r:0.60 Ava McCrea W19		
	3) r:-0.01 Nicholas Pederson	4) r:0.42 Madelynn Sare W21		
	r:+0.76 30.92 36.62	27.31 29.99		
7	WWUS-36	C	2:10.89	4
	1) Keito Swan M27	2) r:0.22 Jackie DeLong W22		
	3) r:0.36 Blake Nixon M19	4) r:0.24 Aliza Ben-Varon W20		
	r:+0.99 34.58 33.19	30.46 32.66		

**Mixed 25+ 200 Yard Freestyle Relay**

NATL: 1:28.83 N 4/29/2016 THE OLYMPIC CLU

C BURCKLE, K KASTES, O'DONNELL-MCCARTH, A SAETA

ZONE: 1:33.04 Z 4/14/2013 PSM

A MOORHEAD, P DINKEL, R CARDOSO, C CHAPMAN

PNA: 1:33.04 P 4/14/2013 PSM

A MOORHEAD, P DINKEL, R CARDOSO, C CHAPMAN

1	LWM-36	A	1:41.57	18
	1) Trever Gray M41	2) r:0.32 Felicia Werchan W27		
	3) r:0.36 Valerie McHenry W37	4) r:0.08 Chris Conroy M31		
	r:+0.75 23.20 29.05	26.29 23.03		
2	SAM-36	A	2:06.43	14
	1) Wendy Polidori W47	2) r:0.03 MarySue Balazic W49		
	3) r:0.00 Margo Marsh-Limm	4) Patricia Davidson W34		
	r:+0.66 29.10 36.21	30.35 30.77		

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Mixed 25+ 200 Yard Freestyle Relay)**

3	DBST-36	A	2:13.19	12
	1) Shane Erickson M60	2) r:0.32 Gina Lalonde W32		
	3) r:0.29 Kathleen Brooks W33	4) r:0.46 Mitchell Barber M49		
	32.53	40.81	31.55	28.30
4	BWAQ-36	F	2:17.64	10
	1) Don Clise M50	2) r:0.25 Melanie Crump W32		
	3) r:0.13 Rachael Deaderick	4) Kevin Wong M33		
	r:+0.86	31.63	34.59	38.55
				32.87

**Mixed 25+ 200 Yard Medley Relay**

NATL: 1:35.20 N 4/26/2015 ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

ZONE: 1:41.07 Z 4/14/2013 PSM

C CHAPMAN, C YUNG, P DINKEL, A MOORHEAD

PNA: 1:41.07 P 4/14/2013 PSM

C CHAPMAN, C YUNG, P DINKEL, A MOORHEAD

1	LWM-36	A	1:55.52	18
	1) Mats Nygren M50	2) r:0.50 Amelia Ferrel W30		
	3) r:-0.06 Rick Cardoso M38	4) r:0.30 Felicia Werchan W27		
	r:+0.89	27.93	34.49	24.25
				28.85
2	LWM-36	C	1:59.28	14
	1) Valerie McHenry W37	2) r:0.04 Chris Conroy M31		
	3) r:0.27 Michael Porter M50	4) r:0.37 Laurel Baker W39		
	r:+0.64	32.58	29.34	26.72
				30.64
---	WAC-36	A		DQ
	1) Matthew Woare M42	2) Elisa Sheng W34		
	3) Elisabeth Woare W44	4) r:0.19 Eric Williamson M26		
	r:+0.80	30.48	38.24	31.91
				24.10
---	BWAQ-36	A		DQ
	Stroke Infraction swimmer #3: Non-simultaneous touch - fly			
	1) Kimberly Wood W44	2) Tim Nelson M56		
	3) r:0.21 Melanie Crump W32	4) r:0.96 Keith Kennedy M54		
	r:+0.73	55.95	41.53	46.65
				32.28

**Mixed 35+ 200 Yard Freestyle Relay**

NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

ZONE: 1:34.08 Z 5/18/1997 OREG

S LA PAY, G GODDARD, J WALKER, S GEORGE

PNA: 1:35.55 P 4/29/2012 PNA

L A DAHL, J KEPPELER, H A WERNER, T DOHERTY

1	HMST-36	B	1:46.58	18
	1) Tyrone Jimmison M36	2) r:0.12 Tracy Maschman		
	3) r:0.52 Stephanie Hiebert W39	4) r:0.09 Brian Wisniewski M39		
	r:+0.61	24.35	29.55	29.77
				22.91
2	BAM-36	A	1:50.23	14
	1) Shelley Reimer W47	2) r:0.22 Nick Schnee M42		
	3) r:0.17 Erin Cyger W45	4) r:0.05 Karl Morrison M49		
	r:+0.76	28.39	25.84	30.83
				25.17
3	LWM-36	C	1:51.86	12
	1) Rob Martin M51	2) r:0.09 Charlotte Davis W66		
	3) r:0.44 Laurel Baker W39	4) r:0.12 Bryan Smith M49		
	r:+0.75	28.60	28.21	30.31
				24.74
4	LWM-36	F	1:52.80	10
	1) Michael Porter M50	2) r:0.37 Lori Robins W37		
	3) r:0.41 Lorraine Masse W44	4) r:0.35 Jay Pearson M55		
	r:+0.82	24.84	31.45	30.22
				26.29

5	YPKC-36	A	1:52.95	8
	1) Hannah Gottschall W36	2) r:0.33 Chad Hagedorn M44		
	3) r:-0.14 Kris Speir W53	4) r:0.23 Richard Seibert M52		
	29.14	27.99	30.67	25.15
6	SWYM-36	A	2:22.79	6
	1) Dan Bailey M59	2) r:0.73 Renee Barrie W43		
	3) r:0.12 Tom Gillespie M63	4) r:0.44 Laura Laures W49		
	r:+0.95	28.65	37.62	29.75
				46.77
7	BWAQ-36	E	2:27.50	4
	1) Natalie Routh W43	2) r:0.73 April Parker W40		
	3) r:0.86 Thai Nguyen M46	4) r:0.11 Keith Kennedy M54		
	r:+0.83	37.41	40.25	37.35
				32.49
---	BWAQ-36	B		DQ
	Early take-off swimmer #3			
	1) Megan Holt W46	2) r:0.43 Gail Stribling Geldien		
	3) r:-0.06 Warren Fullen M58	4) r:0.67 Scott Matthews M55		
	r:+0.93	34.46	34.98	28.41
				31.02

**Mixed 35+ 200 Yard Medley Relay**

NATL: 1:39.85 N 5/22/2010 COLORADO MASTER

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

ZONE: 1:44.29 Z 5/1/2011 PNA

S HART, T DOHERTY, L A DAHL, D E KAYS

PNA: 1:44.29 P 5/1/2011 PNA

S HART, T DOHERTY, L A DAHL, D E KAYS

1	LWM-36	D	2:08.27	18
	1) Max Hanson M49	2) r:0.40 Daniel Phillips M53		
	3) r:0.44 Lori Robins W37	4) r:0.30 Sheila Moore W58		
	r:+0.94	30.95	30.04	35.97
				31.31
2	LWM-36	F	2:18.45	14
	1) Jay Pearson M55	2) r:0.43 Lorraine Masse W44		
	3) r:0.50 Heather Clarke W45	4) r:0.37 Robert Wake M68		
	r:+0.86	31.21	39.68	35.74
				31.82
3	NEO-36	A	2:24.00	12
	1) Christi Flynn W48	2) r:0.66 John Huckabee M58		
	3) r:0.12 Pete Colbeck M55	4) r:0.40 Katherine Clark W40		
	r:+0.96	41.05	40.02	28.04
				34.89
4	BWAQ-36	C	2:27.50	10
	1) Gail Stribling Geldien W36	2) r:0.56 Wendy Noffke W44		
	3) r:0.13 Andy Iyall M50	4) r:0.41 Daniel Smith M54		
	r:+0.89	39.34	50.49	29.87
				27.80

**Mixed 45+ 200 Yard Freestyle Relay**

NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

ZONE: 1:37.86 Z 5/4/2014 OREG

J ASCH, M BOOSIN, A DELMAGE, J MCCOMISH

PNA: 1:38.53 P 4/26/2015 PSM

L A DAHL, K CROUCH, M O NYGREN, D PHILLIPS

1	LWM-36	D	1:50.84	18
	1) Daniel Phillips M53	2) r:0.50 Sheila Moore W58		
	3) r:0.36 Heather Clarke W45	4) r:0.23 Mats Nygren M50		
	r:+0.82	24.39	31.50	31.52
				23.43
2	BWAQ-36	D	1:51.72	14
	1) Kathy Byers W56	2) r:0.25 Zena Courtney W57		
	3) r:0.34 James Littlefield M56	4) r:0.38 Daniel Smith M54		
	29.61	28.78	26.93	26.40

## 2017 PNA Championship &amp; Northwest Zones Championship Meet, S#: 367-S004

Hosted by BLUE WAVE AQUATICS

## Results

**(Mixed 45+ 200 Yard Freestyle Relay)**

3	BAM-36	B	2:12.22	12
	1) Michael Cyger M46	2) r:0.49 Denise Dumouchel		
	3) r:0.20 Jessica Dubey W54	4) r:0.23 Darren Gray M48		
	r:+0.79 29.24 35.85 38.74 28.39			

**Mixed 45+ 200 Yard Medley Relay**

NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

ZONE: 1:45.57 Z 5/23/2010 OREG

V JENKINS, J CORBEAU, D BAKER, K

PNA: 1:48.62 P 4/26/2015 PSM

**M O NYGREN, D PHILLIPS, L A DAHL, K CROUCH**

1	BAM-36	A	2:14.75	18
	1) Shelley Reimer W47	2) r:0.25 Rod Stevens M59		
	3) r:0.47 Keith Uyekawa M55	4) r:0.53 Denise Dumouchel		
	r:+0.70 34.29 35.18 29.53 35.75			
2	YPKC-36	B	2:19.28	14
	1) Amy Wolfe W47	2) r:0.00 Kris Speir W53		
	3) r:0.42 J Bullock M48	4) Dave Hannula M63		
	r:+0.99 41.69 39.50 58.09			
3	SWYM-36	A	2:47.38	12
	1) Sheila Kenning W60	2) r:0.63 Laura Laures W49		
	3) r:0.51 Tom Gillespie M63	4) r:0.03 Dan Bailey M59		
	53.54 49.39 35.93 28.52			

**Mixed 55+ 200 Yard Freestyle Relay**

NATL: 1:40.97 N 4/13/2014 SARASOTA Y SHAR

J GROSELLE, T HEDRICK, N KRYKA, D DOYLE

ZONE: 1:42.46 Z 5/1/2011 PNA

A BELL, D GRAHAM, M B LIPPOLD, C M DAVIS

PNA: 1:42.46 P 5/1/2011 PNA

A BELL, D GRAHAM, M B LIPPOLD, C M DAVIS

1	LWM-36	E	1:52.80	18
	1) William Hayes M65	2) r:0.08 Linda Chapman W61		
	3) r:0.54 Dawn Jaeger W60	4) r:0.53 Rick Colella M65		
	r:+0.87 26.84 30.02 30.87 25.07			
2	BAM-36	C	2:10.90	14
	1) Paul Webber M58	2) r:0.30 Cestjon McFarland		
	3) r:0.73 Deborah Flynn W56	4) Tom Goodlin M57		
	r:+0.98 27.71 32.91 43.09 27.19			
3	BWAQ-36	C	2:16.48	12
	1) Jean Blackburn W65	2) r:0.35 Judy Williams W68		
	3) r:0.33 Eric Durban M61	4) r:0.33 Stephen Freeborn M61		
	r:+0.83 35.48 41.90 29.35 29.75			

**Mixed 55+ 200 Yard Medley Relay**

NATL: 1:52.96 N 4/26/2015 PUGET SOUND MAS

Z COURTNEY, R COLELLA, D GRAHAM, C DAVIS

ZONE: 1:52.96 Z 4/26/2015 PSM

Z COURTNEY, R COLELLA, C DAVIS, D GRAHAM

PNA: 1:52.96 P 4/26/2015 PNA

Z COURTNEY, R COLELLA, C M DAVIS, D GRAHAM

1	LWM-36	E	2:06.95	18
	1) Dawn Jaeger W60	2) r:0.15 Linda Chapman W61		
	3) r:0.49 Rick Colella M65	4) r:0.60 William Hayes M65		
	r:+0.99 36.90 36.70 26.23 27.12			

2	BWAQ-36	E	2:42.24	14
	1) Jean Blackburn W65	2) r:0.49 Judy Williams W68		
	3) r:0.31 Stephen Freeborn M61	4) r:0.40 Eric Durban M61		
	r:+0.80 46.16 51.78 33.19 31.11			
3	BAM-36	A	2:49.88	12
	1) Orlando Boleda M62	2) Heather Adkins-Narte W62		
	3) r:0.25 James Stretch M65	4) r:0.40 Kate Carruthers W68		
	r:+0.92 40.02 57.84 36.18 35.84			

**Combined Team Scores**

## Combined Team Scores - Through Event 24

1.	Lake Washington Masters	1527.5
2.	BLUE WAVE AQUATICS	917
3.	Bainbridge Aquatic Masters	894
4.	Husky Masters	604.5
5.	YMCA Pierce Kitsap Sea Dragons	466
6.	Western Washington University	404
7.	Puget Sound Masters	347
8.	Team Walker International Mast	325
9.	Downtown Bellevue Swim Team	239
10.	North End Otters	226
11.	Peninsula Masters Swimmers	213
12.	Stanwood-Camano Wa 'y' Masters	210
13.	Snohomish Aquatic Masters	162
14.	Bellevue Club	142
15.	Washington Athletic Club	139
16.	Thunderbird Aquatic Masters	91
16.	Mercer Island Redwoods	91
18.	Skagit Valley Masters Swimming	62
19.	Orca Swim Club	50
20.	Puget Sound Aquatics	39
21.	Greenlake Aquaducks	33
22.	Gold's Eastside Masters	13