

PNA SWIMMERS @ WORLD CHAMPIONSHIPS

06-12-12

LONG COURSE METERS

P = P.N.A. RECORD

Z = NORTHWEST ZONE RECORD

N = NATIONAL RECORD

W = WORLD RECORD

 WOMEN 40-44

800 M. FREE
 MARSHA HAYNES 43 #64 12:34.92
 50 M. BACK
 MARSHA HAYNES 43 #56 42.19
 200 M. BACK
 MARSHA HAYNES 43 #44 3:20.35

 WOMEN 50-54

50 M. FREE
 LISA DAHL 51 # 2 29.52
 100 M. FREE
 LISA DAHL 51 # 8 1:07.08
 50 M. BRST
 LISA DAHL 51 #18 40.73
 50 M. FLY
 LISA DAHL 51 # 1 31.32

 WOMEN 60-64

800 M. FREE
 KATHRINE CASEY 64 #28 15:22.32
 50 M. BACK
 KATHRINE CASEY 64 #21 51.54
 100 M. BACK
 KATHRINE CASEY 64 #22 1:46.86
 200 M. BACK
 KATHRINE CASEY 64 #17 3:49.61
 400 M. I.M.
 KATHRINE CASEY 64 #15 8:41.22

 WOMEN 65-69

50 M. FLY
 SARAH WELCH 65 # 5 39.62 P
 100 M. FLY
 SARAH WELCH 65 # 1 1:34.41 Z
 200 M. FLY
 SARAH WELCH 65 # 2 3:46.91 Z
 200 M. I.M.
 SARAH WELCH 65 # 5 3:32.58 Z
 400 M. I.M.
 SARAH WELCH 65 # 4 7:36.17

 M E N 50-54

100 M. FREE
 JAMES LITTLEFIELD 52 #103 1:08.44
 200 M. FREE
 JAMES LITTLEFIELD 52 #70 2:30.68
 400 M. FREE
 LYLE NALLI 52 #15 4:49.31
 50 M. BACK
 JAMES LITTLEFIELD 52 #28 35.56
 100 M. BACK
 LYLE NALLI 52 #12 1:11.76
 JAMES LITTLEFIELD 52 #23 1:16.68
 200 M. BACK
 JAMES LITTLEFIELD 52 #18 2:46.24

 M E N 60-64

200 M. FREE
 SCOTT LAUTMAN 60 # 5 2:22.96 P
 400 M. FREE
 SCOTT LAUTMAN 60 # 4 5:04.09 P
 800 M. FREE
 SCOTT LAUTMAN 60 # 4 10:24.74
 100 M. FLY
 SCOTT LAUTMAN 60 # 1 1:07.36 Z
 200 M. FLY
 SCOTT LAUTMAN 60 # 1 2:35.34 Z
