

CAN-NAT-WINNIPEG
 05-20-96
 LONG COURSE METERS
 P = P.N.A. RECORD
 Z = NORTHWEST ZONE RECORD
 N = NATIONAL RECORD
 W = WORLD RECORD
 S = SPLIT TIME
 U = UNOFFICAL TIME (1 WATCH)

 WOMEN 45-49

50 M. FREE			
KATHRINE CASEY	48 # 1		34.37
400 M. FREE			
KATHRINE CASEY	48 SPLT	6:05.17	
800 M. FREE			
KATHRINE CASEY	48 SPLT	12:18.86	
CATHERINE BROOKS	48 # 2		13:37.18
1500 M. FREE			
KATHRINE CASEY	48 # 1		23:25.61
50 M. BACK			
KATHRINE CASEY	48 # 1		41.47
100 M. BACK			
KATHRINE CASEY	48 # 1		1:28.23
200 M. BACK			
CATHERINE BROOKS	48 # 1		3:24.90
50 M. BRST			
KATHRINE CASEY	48 # 2		44.58
100 M. BRST			
KATHRINE CASEY	48 # 1		1:37.30
200 M. BRST			
KATHRINE CASEY	48 # 1		3:31.70
CATHERINE BROOKS	48 # 4		3:46.92
100 M. FLY			
CATHERINE BROOKS	48 # 3		1:41.82
200 M. FLY			
CATHERINE BROOKS	48 # 3		3:46.12
200 M. I.M.			
CATHERINE BROOKS	48 # 2		3:24.72
400 M. I.M.			
CATHERINE BROOKS	48 # 1		7:11.18

 M E N 45-49

100 M. FREE			
FRANK WARNER	47 # 2		1:04.26
200 M. FREE			
FRANK WARNER	47 # 1		2:26.14
400 M. FREE			
FRANK WARNER	47 # 1		5:06.86
800 M. FREE			
FOREST BROOKS	49 # 6		20:54.21
1500 M. FREE			
FOREST BROOKS	49 # 5		39:55.63
50 M. BACK			
FRANK WARNER	47 # 1		34.09
100 M. BACK			
FRANK WARNER	47 # 1		1:16.86
FOREST BROOKS	49 # 5		3:04.85
200 M. BACK			
FRANK WARNER	47 # 1		2:47.11
FOREST BROOKS	49 # 6		6:41.33
50 M. BRST			
FOREST BROOKS	49 # 6		1:21.42
100 M. BRST			
FOREST BROOKS	49 # 4		2:51.24
200 M. BRST			
FOREST BROOKS	49 # 5		6:14.76
200 M. I.M.			
FRANK WARNER	47 # 2		2:46.65