

NATIONALS  
 08-23-99  
 LONG COURSE METERS  
 P = P.N.A. RECORD  
 Z = NORTHWEST ZONE RECORD  
 N = NATIONAL RECORD  
 W = WORLD RECORD  
 S = SPLIT TIME  
 U = UNOFFICAL TIME (1 WATCH)

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 WOMEN 45-49  
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50 M. FREE  
 DEBBIE GLASSMAN 46 # 4 29.71 Z  
 100 M. FREE  
 DEBBIE GLASSMAN 46 # 4 1:07.82 Z  
 200 M. FREE  
 DEBBIE GLASSMAN 46 # 8 2:39.90  
 50 M. FLY  
 DEBBIE GLASSMAN 46 # 2 32.05 Z  
 100 M. FLY  
 DEBBIE GLASSMAN 46 # 1 1:15.96 Z  
 200 M. FLY  
 DEBBIE GLASSMAN 46 # 1 2:55.97 Z

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 WOMEN 50-54  
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200 M. FREE  
 JEANNE ENSIGN 53 3:31.59  
 400 M. FREE  
 JEANNE ENSIGN 53 # 9 7:17.46  
 800 M. FREE  
 KATHRINE CASEY 51 # 2 12:14.65  
 JEANNE ENSIGN 53 # 9 15:04.91  
 1500 M. FREE  
 JEANNE ENSIGN 52 # 7 29:00.43  
 50 M. BRST  
 KATHRINE CASEY 51 # 3 44.32  
 100 M. BRST  
 KATHRINE CASEY 51 # 4 1:41.68  
 50 M. FLY  
 KATHRINE CASEY 51 # 4 38.63 P  
 200 M. I.M.  
 KATHRINE CASEY 51 # 1 3:11.46 P  
 400 M. I.M.  
 KATHRINE CASEY 51 # 1 6:55.22

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 M E N 35-39  
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50 M. BACK  
 MATTHEW LIND 35 # 5 34.12  
 100 M. BACK  
 MATTHEW LIND 35 # 6 1:17.03  
 200 M. BACK  
 MATTHEW LIND 35 # 4 2:45.00  
 50 M. FLY  
 MATTHEW LIND 35 32.82

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 M E N 50-54  
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100 M. FREE  
 FRANK WARNER 50 1:04.41 P  
 200 M. FREE  
 FRANK WARNER 50 # 5 2:20.54 P  
 50 M. BACK  
 FRANK WARNER 50 # 5 34.02  
 100 M. BACK  
 FRANK WARNER 50 # 7 1:16.53  
 200 M. BACK  
 FRANK WARNER 50 # 5 2:46.91

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 M E N 55-59  
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50 M. FREE  
 SONNY GARRETT 55 30.71  
 50 M. BACK  
 WALT REID 59 # 9 40.04  
 100 M. BACK  
 WALT REID 59 # 7 1:28.27  
 50 M. BRST

WALT REID 59 # 8 40.13  
 100 M. BRST  
 WALT REID 59 1:34.12  
 200 M. BRST  
 WALT REID 59 # 8 3:30.72  
 50 M. FLY  
 SONNY GARRETT 55 # 5 32.28 P

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 RELAYS-MIXED 200 M. MEDLEY  
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200-239

FRANK WARNER 50 # 2 2:20.13 P  
 KATHRINE CASEY 51  
 SONNY GARRETT 55  
 DEBBIE GLASSMAN 46