

**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Women 40-44 50 LC Meter Freestyle**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Finals Time</b>
1	Dahl, Lisa A	44	Pacific Northwest Aquatics	28.79

**Women 40-44 50 LC Meter Freestyle Requested Splits**

---	Dahl, Lisa A	44	Pacific Northwest Aquatics	X28.48
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**Women 40-44 50 LC Meter Backstroke**

4	Dahl, Lisa A	44	Pacific Northwest Aquatics	34.66
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**Women 40-44 50 LC Meter Butterfly**

1	Dahl, Lisa A	44	Pacific Northwest Aquatics	31.24
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**Women 50-54 50 LC Meter Freestyle**

4	Glassman, Debbie A	52	Pacific Northwest Aquatics	31.02
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**Women 50-54 100 LC Meter Freestyle**

3	Glassman, Debbie A	52	Pacific Northwest Aquatics	1:09.74
	33.94	1:09.74 (35.80)		

**Women 50-54 200 LC Meter Freestyle**

3	Glassman, Debbie A	52	Pacific Northwest Aquatics	2:41.21
	37.51	1:18.90 (41.39)	2:01.20 (42.30)	2:41.21 (40.01)

**Women 50-54 50 LC Meter Butterfly**

4	Glassman, Debbie A	52	Pacific Northwest Aquatics	34.08
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**Women 50-54 100 LC Meter Butterfly**

3	Glassman, Debbie A	52	Pacific Northwest Aquatics	1:19.16
	36.50	1:19.16 (42.66)		

**Women 50-54 200 LC Meter Butterfly**

2	Glassman, Debbie A	52	Pacific Northwest Aquatics	3:01.21
	39.91	1:26.76 (46.85)	2:13.67 (46.91)	3:01.21 (47.54)

**Women 55-59 50 LC Meter Freestyle Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X35.44
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**Women 55-59 100 LC Meter Freestyle Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X1:31.01
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**Women 55-59 200 LC Meter Freestyle**

12	Moore, Jane A	55	Pacific Northwest Aquatics	3:38.54
	46.13	1:43.91 (57.78)	2:42.63 (58.72)	3:38.54 (55.91)

**Women 55-59 200 LC Meter Freestyle Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X3:06.78
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**Women 55-59 400 LC Meter Freestyle**

11	Moore, Jane A	55	Pacific Northwest Aquatics	7:36.04
	48.77	1:46.15 (57.38)	2:47.43 (1:01.28)	3:45.93 (58.50)
	4:43.28 (57.35)	5:41.77 (58.49)	6:40.18 (58.41)	7:36.04 (55.86)

**Women 55-59 400 LC Meter Freestyle Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X6:18.92
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**Women 55-59 800 LC Meter Freestyle Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X12:37.47
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**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Women 55-59 1500 LC Meter Freestyle**

3	Casey, Kathrine J	57	Pacific Northwest Aquatics	23:27.74
	1:31.01	3:06.78 (1:35.77)	4:42.59 (1:35.81)	6:18.92 (1:36.33)
	7:54.21 (1:35.29)	9:28.98 (1:34.77)	11:03.53 (1:34.55)	12:37.47 (1:33.94)
	14:11.11 (1:33.64)	15:45.37 (1:34.26)	17:19.15 (1:33.78)	18:51.79 (1:32.64)
	20:25.52 (1:33.73)	21:58.00 (1:32.48)	23:27.74 (1:29.74)	
9	Moore, Jane A	55	Pacific Northwest Aquatics	29:45.47
	52.25	1:49.70 (57.45)	2:50.69 (1:00.99)	3:49.03 (58.34)
	4:47.25 (58.22)	5:46.93 (59.68)	6:46.39 (59.46)	7:44.95 (58.56)
	8:45.08 (1:00.13)	9:42.69 (57.61)	10:41.66 (58.97)	11:41.87 (1:00.21)
	12:42.70 (1:00.83)	13:41.52 (58.82)	14:42.50 (1:00.98)	15:42.72 (1:00.22)
	16:44.97 (1:02.25)	17:44.07 (59.10)	18:44.46 (1:00.39)	19:45.96 (1:01.50)
	20:45.77 (59.81)	21:48.84 (1:03.07)	22:48.83 (59.99)	23:49.88 (1:01.05)
	24:50.87 (1:00.99)	25:49.52 (58.65)	26:50.18 (1:00.66)	27:50.42 (1:00.24)
	28:50.78 (1:00.36)	29:45.47 (54.69)		
10	Sutherland, Kate	57	Pacific Northwest Aquatics	32:35.77
	50.93	1:53.24 (1:02.31)	2:57.12 (1:03.88)	4:01.05 (1:03.93)
	5:06.31 (1:05.26)	6:10.84 (1:04.53)	7:16.07 (1:05.23)	8:20.62 (1:04.55)
	9:25.67 (1:05.05)	10:30.75 (1:05.08)	11:36.45 (1:05.70)	12:41.75 (1:05.30)
	13:51.46 (1:09.71)	14:56.83 (1:05.37)	16:02.90 (1:06.07)	17:07.71 (1:04.81)
	18:13.71 (1:06.00)	19:18.52 (1:04.81)	20:24.10 (1:05.58)	21:31.65 (1:07.55)
	22:38.90 (1:07.25)	23:44.96 (1:06.06)	24:51.20 (1:06.24)	25:57.38 (1:06.18)
	27:03.99 (1:06.61)	28:09.30 (1:05.31)	29:16.32 (1:07.02)	30:22.77 (1:06.45)
	31:29.96 (1:07.19)	32:35.77 (1:05.81)		

**Women 55-59 100 LC Meter Backstroke**

3	Casey, Kathrine J	57	Pacific Northwest Aquatics	1:30.73
	44.29	1:30.73 (46.44)		

**Women 55-59 200 LC Meter Backstroke**

3	Casey, Kathrine J	57	Pacific Northwest Aquatics	3:20.31
	47.64	1:37.82 (50.18)	2:29.79 (51.97)	3:20.31 (50.52)

**Women 55-59 50 LC Meter Breaststroke Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X54.09
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**Women 55-59 100 LC Meter Breaststroke Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X1:53.39
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**Women 55-59 200 LC Meter Breaststroke**

3	Casey, Kathrine J	57	Pacific Northwest Aquatics	3:55.67
	54.09	1:53.39 (59.30)	2:54.89 (1:01.50)	3:55.67 (1:00.78)
7	Sutherland, Kate	57	Pacific Northwest Aquatics	4:34.37
	1:01.20	2:12.63 (1:11.43)	3:24.34 (1:11.71)	4:34.37 (1:10.03)

**Women 55-59 50 LC Meter Butterfly Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X52.44
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**Women 55-59 100 LC Meter Butterfly Requested Splits**

---	Casey, Kathrine J	57	Pacific Northwest Aquatics	X1:50.91
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**Women 55-59 200 LC Meter Butterfly**

5	Casey, Kathrine J	57	Pacific Northwest Aquatics	3:45.74
	52.44	1:50.71 (58.27)	2:48.26 (57.55)	3:45.74 (57.48)

**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Women 55-59 400 LC Meter IM**

2	Casey, Kathrine J	57	Pacific Northwest Aquatics					7:16.90
	52.77	1:50.83 (58.06)	2:45.78 (54.95)	3:39.71 (53.93)				
	4:40.77 (1:01.06)	5:42.84 (1:02.07)	6:30.87 (48.03)	7:16.90 (46.03)				
5	Sutherland, Kate	57	Pacific Northwest Aquatics					10:04.60
	1:02.14	2:37.62 (1:35.48)	4:05.19 (1:27.57)	5:27.32 (1:22.13)				
	6:42.82 (1:15.50)	7:58.14 (1:15.32)	9:00.45 (1:02.31)	10:04.60 (1:04.15)				

**Women 70-74 50 LC Meter Freestyle**

3	Bryce, Karen G	72	Pacific Northwest Aquatics					54.96
4	Winnie, Margaret I	72	Pacific Northwest Aquatics					1:07.58

**Women 70-74 100 LC Meter Freestyle**

5	Bryce, Karen G	72	Pacific Northwest Aquatics					2:14.45
	1:00.43	2:14.45 (1:14.02)						

**Women 70-74 50 LC Meter Breaststroke**

3	Bryce, Karen G	72	Pacific Northwest Aquatics					1:04.78
5	Winnie, Margaret I	72	Pacific Northwest Aquatics					1:09.37

**Women 70-74 100 LC Meter Breaststroke**

5	Bryce, Karen G	72	Pacific Northwest Aquatics					2:35.94
	1:12.62	2:35.94 (1:23.32)						

**Women 70-74 50 LC Meter Butterfly**

---	Winnie, Margaret I	72	Pacific Northwest Aquatics					NS
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**Women 80-84 100 LC Meter Freestyle**

6	Chadwick, Marion K	84	Pacific Northwest Aquatics					2:49.23
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**Women 80-84 400 LC Meter Freestyle**

3	Chadwick, Marion K	84	Pacific Northwest Aquatics					13:20.45
	1:24.55	3:05.60 (1:41.05)	4:43.39 (1:37.79)	6:26.36 (1:42.97)				
		9:57.25 ( )	11:43.63 (1:46.38)	13:20.45 (1:36.82)				

**Women 80-84 800 LC Meter Freestyle**

3	Chadwick, Marion K	84	Pacific Northwest Aquatics					28:15.59
	3:09.23	6:38.10 (3:28.87)	10:04.57 (3:26.47)	13:38.18 (3:33.61)				
	17:19.29 (3:41.11)	20:56.83 (3:37.54)	28:15.59 (7:18.76)					

**Women 80-84 200 LC Meter Backstroke**

3	Chadwick, Marion K	84	Pacific Northwest Aquatics					7:22.52
	1:45.02	3:38.52 (1:53.50)	5:33.52 (1:55.00)	7:22.52 (1:49.00)				

**Men 35-39 200 LC Meter Freestyle**

6	Nelson, Kirk E	35	Pacific Northwest Aquatics					2:08.33
	30.24	1:02.34 (32.10)	1:35.58 (33.24)	2:08.33 (32.75)				

**Men 35-39 1500 LC Meter Freestyle**

---	Nelson, Kirk E	35	Pacific Northwest Aquatics					SCR
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**Men 35-39 100 LC Meter Backstroke**

10	Nelson, Kirk E	35	Pacific Northwest Aquatics					1:14.91
	37.17	1:14.91 (37.74)						

**Men 40-44 100 LC Meter Freestyle**

18	Lang, Joseph J	42	Pacific Northwest Aquatics					1:03.49
	30.57	1:03.49 (32.92)						

**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Men 40-44 200 LC Meter Freestyle**

9	Lang, Joseph J	42	Pacific Northwest Aquatics		2:16.97
	32.14	1:06.95 (34.81)	1:42.38 (35.43)	2:16.97 (34.59)	
15	Lasersohn, Jim A	40	Pacific Northwest Aquatics		2:25.30
	33.22	1:10.31 (37.09)	1:48.14 (37.83)	2:25.30 (37.16)	

**Men 40-44 400 LC Meter Freestyle**

10	Lang, Joseph J	42	Pacific Northwest Aquatics		4:44.20
	32.57	1:08.47 (35.90)	1:44.33 (35.86)	2:20.72 (36.39)	
	2:56.97 (36.25)	3:33.50 (36.53)	4:09.70 (36.20)	4:44.20 (34.50)	

**Men 40-44 800 LC Meter Freestyle**

8	Lang, Joseph J	42	Pacific Northwest Aquatics		9:57.20
	1:10.45	2:24.93 (1:14.48)	3:40.20 (1:15.27)	4:55.47 (1:15.27)	
	6:10.94 (1:15.47)	7:26.61 (1:15.67)	8:42.84 (1:16.23)	9:57.20 (1:14.36)	

**Men 40-44 1500 LC Meter Freestyle**

2	Lang, Joseph J	42	Pacific Northwest Aquatics		18:35.95
	1:09.19	2:22.37 (1:13.18)	3:36.36 (1:13.99)	4:50.88 (1:14.52)	
	6:05.42 (1:14.54)	7:20.07 (1:14.65)	8:35.46 (1:15.39)	9:50.81 (1:15.35)	
	11:06.15 (1:15.34)	12:21.94 (1:15.79)	13:37.55 (1:15.61)	14:53.17 (1:15.62)	
	16:08.41 (1:15.24)	17:23.20 (1:14.79)	18:35.95 (1:12.75)		
9	Lasersohn, Jim A	40	Pacific Northwest Aquatics		21:18.07
	1:18.35	2:44.23 (1:25.88)	4:10.05 (1:25.82)	5:36.91 (1:26.86)	
	7:03.49 (1:26.58)	8:29.54 (1:26.05)	9:55.64 (1:26.10)	11:22.94 (1:27.30)	
	12:48.69 (1:25.75)	14:14.38 (1:25.69)	15:40.47 (1:26.09)	17:06.20 (1:25.73)	
	18:32.57 (1:26.37)	19:58.28 (1:25.71)	21:18.07 (1:19.79)		

**Men 40-44 200 LC Meter Breaststroke**

11	Lasersohn, Jim A	40	Pacific Northwest Aquatics		3:14.01
	43.01	1:31.75 (48.74)	2:22.94 (51.19)	3:14.01 (51.07)	

**Men 40-44 50 LC Meter Butterfly**

10	Lasersohn, Jim A	40	Pacific Northwest Aquatics		31.47
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**Men 45-49 50 LC Meter Freestyle**

18	Littlefield, James R	45	Pacific Northwest Aquatics		28.22
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**Men 45-49 100 LC Meter Freestyle**

19	Littlefield, James R	45	Pacific Northwest Aquatics		1:02.81
	29.85	1:02.81 (32.96)			

**Men 45-49 200 LC Meter Freestyle**

---	Littlefield, James R	45	Pacific Northwest Aquatics		NS
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**Men 45-49 400 LC Meter Freestyle**

17	Robinson, Dan L	48	Pacific Northwest Aquatics		4:58.83
	35.23	1:11.23 (36.00)	1:48.21 (36.98)	2:25.43 (37.22)	
	3:03.20 (37.77)	3:41.00 (37.80)	4:20.34 (39.34)	4:58.83 (38.49)	

**Men 45-49 50 LC Meter Backstroke**

8	Littlefield, James R	45	Pacific Northwest Aquatics		33.44
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**Men 45-49 100 LC Meter Backstroke**

7	Littlefield, James R	45	Pacific Northwest Aquatics		1:13.13
	35.85	1:13.13 (37.28)			

**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Men 45-49 200 LC Meter Backstroke**

9	Littlefield, James R	45	Pacific Northwest Aquatics		2:39.48
	37.87	1:18.10 (40.23)	1:59.54 (41.44)	2:39.48 (39.94)	

**Men 45-49 200 LC Meter Butterfly**

7	Robinson, Dan L	48	Pacific Northwest Aquatics		2:34.73
	34.96	1:13.10 (38.14)	1:52.32 (39.22)	2:34.73 (42.41)	

**Men 50-54 50 LC Meter Freestyle Requested Splits**

---	Graham, Donald	51	Pacific Northwest Aquatics		X27.83
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**Men 50-54 100 LC Meter Freestyle**

19	Yonych, Buster	54	Pacific Northwest Aquatics		1:04.40
	31.96	1:04.40 (32.44)			

---	Graham, Donald	51	Pacific Northwest Aquatics		NS
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**Men 50-54 50 LC Meter Backstroke**

3	Graham, Donald	51	Pacific Northwest Aquatics		31.56
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**Men 50-54 100 LC Meter Backstroke**

4	Graham, Donald	51	Pacific Northwest Aquatics		1:11.37
	34.60	1:11.37 (36.77)			

**Men 50-54 50 LC Meter Breaststroke**

2	Lautman, Chris J	51	Pacific Northwest Aquatics		34.02
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**Men 50-54 100 LC Meter Breaststroke**

---	Lautman, Chris J	51	Pacific Northwest Aquatics		DQ
	Downward butterfly kick				

**Men 50-54 50 LC Meter Butterfly**

4	Graham, Donald	51	Pacific Northwest Aquatics		28.98
15	Moore, Hugh C	51	Pacific Northwest Aquatics		32.03

**Men 50-54 100 LC Meter Butterfly**

9	Moore, Hugh C	51	Pacific Northwest Aquatics		1:12.83
	34.62	1:12.83 (38.21)			

11	Yonych, Buster	54	Pacific Northwest Aquatics		1:13.84
	34.36	1:13.84 (39.48)			

---	Graham, Donald	51	Pacific Northwest Aquatics		NS
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**Men 50-54 200 LC Meter Butterfly**

4	Moore, Hugh C	51	Pacific Northwest Aquatics		2:52.87
	37.16	1:18.04 (40.88)	2:02.94 (44.90)	2:52.87 (49.93)	

**Men 50-54 200 LC Meter IM**

11	Moore, Hugh C	51	Pacific Northwest Aquatics		2:58.14
	34.59	1:23.97 (49.38)	2:16.01 (52.04)	2:58.14 (42.13)	

---	Graham, Donald	51	Pacific Northwest Aquatics		NS
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**Men 50-54 400 LC Meter IM**

6	Moore, Hugh C	51	Pacific Northwest Aquatics		6:15.38
	36.06	1:16.01 (39.95)	2:08.32 (52.31)	2:59.74 (51.42)	

	3:53.71 (53.97)	4:47.34 (53.63)	5:33.22 (45.88)	6:15.38 (42.16)	
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**Men 55-59 800 LC Meter Freestyle Requested Splits**

---	McCleery, James T	59	Pacific Northwest Aquatics		X10:28.00
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**2005 USMS LC National Championships, Sanction #: 335-021****Marguerite Aquatics Center, Mission Viejo, CA****Results****Men 55-59 1500 LC Meter Freestyle**

2	McCleery, James T	59	Pacific Northwest Aquatics	19:48.17
	1:11.89	2:30.27 (1:18.38)	3:49.53 (1:19.26)	5:08.81 (1:19.28)
	6:28.27 (1:19.46)	7:47.67 (1:19.40)	9:07.66 (1:19.99)	10:28.00 (1:20.34)
	11:48.79 (1:20.79)	13:09.28 (1:20.49)	14:29.93 (1:20.65)	15:50.25 (1:20.32)
	17:10.52 (1:20.27)	18:30.20 (1:19.68)	19:48.17 (1:17.97)	

**Men 60-64 400 LC Meter Freestyle**

---	McColly, Michael	60	Pacific Northwest Aquatics	SCR
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**Men 60-64 800 LC Meter Freestyle**

---	McColly, Michael	60	Pacific Northwest Aquatics	NS
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**Men 60-64 1500 LC Meter Freestyle**

---	McColly, Michael	60	Pacific Northwest Aquatics	SCR
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**Men 60-64 100 LC Meter Backstroke**

---	McColly, Michael	60	Pacific Northwest Aquatics	NS
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**Men 60-64 200 LC Meter Backstroke**

---	McColly, Michael	60	Pacific Northwest Aquatics	NS
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**Men 60-64 400 LC Meter IM**

---	McColly, Michael	60	Pacific Northwest Aquatics	SCR
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**Men 65-69 50 LC Meter Backstroke**

1	Reid, Walt E	65	Pacific Northwest Aquatics	40.10
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**Men 65-69 100 LC Meter Backstroke**

2	Reid, Walt E	65	Pacific Northwest Aquatics	1:28.88
	42.89	1:28.88 (45.99)		

**Men 65-69 50 LC Meter Breaststroke**

3	Reid, Walt E	65	Pacific Northwest Aquatics	40.84
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**Men 65-69 100 LC Meter Breaststroke**

4	Reid, Walt E	65	Pacific Northwest Aquatics	1:35.96
	46.50	1:35.96 (49.46)		

**Women 200-239 200 LC Meter Freestyle Relay**

5	Pacific Northwest Aquatics	A	2:18.21
	1) Dahl, Lisa A W44	2) Moore, Jane A W55	3) Casey, Kathrine J W57
	28.48	1:11.93 (43.45)	1:47.83 (35.90)
			2:18.21 (30.38)
			4) Glassman, Debbie A W52

**Men 160-199 200 LC Meter Freestyle Relay**

6	Pacific Northwest Aquatics	A	1:50.32
	1) Graham, Donald M51	2) Laserohn, Jim A M40	3) Littlefield, James R M45
	27.83	57.21 (29.38)	1:24.34 (27.13)
			1:50.32 (25.98)
			4) Nelson, Kirk E M35

**Mixed 160-199 200 LC Meter Freestyle Relay**

3	Pacific Northwest Aquatics	A	1:53.73
	1) Dahl, Lisa A W44	2) Glassman, Debbie A W52	3) Littlefield, James R M45
		58.88 ( )	1:26.73 (27.85)
			1:53.73 (27.00)
			4) Graham, Donald M51

**Mixed 200-239 200 LC Meter Freestyle Relay**

10	Pacific Northwest Aquatics	A	2:26.91
	1) Casey, Kathrine J W57	2) Moore, Jane A W55	3) Reid, Walt E M65
	35.44	1:20.37 (44.93)	1:54.44 (34.07)
			2:26.91 (32.47)
			4) Moore, Hugh C M51