

S KITSAP  
 07-28-91  
 LONG COURSE METERS  
 P = P.N.A. RECORD  
 R = REGIONAL RECORD  
 N = NATIONAL RECORD  
 W = WORLD RECORD  
 U = UNOFFICAL TIME (1 WATCH)

WOMEN 45-49

400 M. FREE			
PAT HIMSTREET	47 ORE	6:32.81	
50 M. BRST			
PAT HIMSTREET	47 ORE	47.11	
200 M. BRST			
PAT HIMSTREET	47 ORE	3:39.42	
200 M. I.M.			
PAT HIMSTREET	47 ORE	3:30.41	

WOMEN 50-54

50 M. FREE			
ANN GINDROZ	53 PNA	41.18	
100 M. FREE			
ANN GINDROZ	53 PNA	1:33.70	
200 M. FREE			
ANN GINDROZ	53 PNA	3:18.13	
400 M. FREE			
ANN GINDROZ	53 PNA	6:55.42	

WOMEN 55-59

200 M. FREE			
CAROLYN BALDWIN	57 PNA	4:04.65	
400 M. FREE			
CAROLYN BALDWIN	57 PNA	8:22.27	
200 M. BACK			
CAROLYN BALDWIN	57 PNA	5:02.78	

WOMEN 60-64

400 M. FREE			
JANET KAVADAS	60 PNA	8:50.87	
200 M. BRST			
JANET KAVADAS	60 PNA	4:46.97	
100 M. FLY			
JANET KAVADAS	60 PNA	2:35.51	
200 M. I.M.			
JANET KAVADAS	60 PNA	4:38.90	

WOMEN 65-69

200 M. FREE			
MURIEL FLYNN	68 PNA	3:49.22	
MARION CHADWICK	69 PNA	4:51.80	
400 M. FREE			
MARION CHADWICK	69 PNA	10:00.24	
50 M. BRST			
MURIEL FLYNN	68 PNA	58.40	
LIVIA WALKER	68 PNA	1:11.95	
100 M. BRST			
LIVIA WALKER	68 PNA	2:42.56	
MARION CHADWICK	69 PNA	3:32.42	
200 M. BRST			
LIVIA WALKER	68 PNA	5:41.31	
100 M. FLY			
MARION CHADWICK	69 PNA	4:48.25 P	
200 M. I.M.			

MURIEL FLYNN 68 PNA 4:22.12

WOMEN 75-79

50 M. FREE			
MARION MUELLER	79 PNA	1:10.58	
100 M. FREE			
MARION MUELLER	79 PNA	2:45.36	
50 M. BACK			
PAT MATTHIESEN	75 PNA	1:06.40 P	
MARION MUELLER	79 PNA	1:12.37	
100 M. BACK			
PAT MATTHIESEN	75 PNA	2:29.82 R	
50 M. BRST			
PAT MATTHIESEN	75 PNA	1:11.16 R	
HELENA HOFFMAN	75 ORE	1:30.53	
100 M. BRST			
PAT MATTHIESEN	75 PNA	2:45.90 R	
HELENA HOFFMAN	75 ORE	3:26.34	
200 M. BRST			
HELENA HOFFMAN	75 ORE	7:02.69 R	
100 M. FLY			
HELENA HOFFMAN	75 ORE	3:59.08	
200 M. I.M.			
PAT MATTHIESEN	75 PNA	5:26.92 R	
HELENA HOFFMAN	75 ORE	6:59.09	

M E N 30-34

50 M. FREE			
JOHN KUCERA	31 PNA	25.84	
JEFF PARADEE	31 PNA	26.76	
MICHAEL KUPLICKI	33 PNA	32.35	
100 M. FREE			
JOHN KUCERA	31 PNA	58.27	
JEFF PARADEE	31 PNA	1:00.20	
200 M. FREE			
JOHN POTTLE	33 PNA	2:25.76	
JEFF PARADEE	31 PNA	2:26.61	
50 M. BACK			
MICHAEL KUPLICKI	33 PNA	40.17	
50 M. BRST			
JOHN POTTLE	33 PNA	37.43	
MICHAEL KUPLICKI	33 PNA	43.63	
50 M. FLY			
JEFF PARADEE	31 PNA	28.33	
100 M. FLY			
JEFF PARADEE	31 PNA	1:08.62	
JOHN POTTLE	33 PNA	1:09.08	
200 M. I.M.			
JOHN POTTLE	33 PNA	2:39.80	
MICHAEL KUPLICKI	33 PNA	3:15.74	

M E N 35-39

100 M. FREE			
DOUGLAS HEABERLIN	37 PNA	1:13.18	
200 M. FREE			
DOUGLAS HEABERLIN	37 PNA	2:38.24	
400 M. FREE			

WOMEN 19-24

50 M. FREE			
TAMMI KEELER	22 PNA	34.83	
100 M. FREE			
TAMMI KEELER	22 PNA	1:14.64	
200 M. FREE			
TAMMI KEELER	22 PNA	2:42.77	
400 M. FREE			
TAMMI KEELER	22 PNA	5:34.27	
200 M. I.M.			
TAMMI KEELER	22 PNA	3:06.67	

WOMEN 25-29

50 M. BRST			
A.M. TERHAAR	29 PNA	42.20	
100 M. BRST			
A.M. TERHAAR	29 PNA	1:38.73	
200 M. BRST			
A.M. TERHAAR	29 PNA	3:37.17	

WOMEN 30-34

50 M. BACK			
PHYLLIS GILL	33 PNA	40.40	
PHOEBE TERHAAR	34 PNA	42.46	
100 M. BACK			
PHYLLIS GILL	33 PNA	1:28.29	
PHOEBE TERHAAR	34 PNA	1:29.94	
50 M. BRST			
PHYLLIS GILL	33 PNA	43.86	

WOMEN 40-44

100 M. FREE			
JANE MOORE	40 PNA	1:29.34	
400 M. FREE			
JANE MOORE	40 PNA	6:42.47	
50 M. BACK			
JANE MOORE	40 PNA	48.85	
SONJA STENBERG	40 PNA	1:01.03	
100 M. BACK			
SONJA STENBERG	40 PNA	2:24.92	
50 M. BRST			
SONJA STENBERG	40 PNA	1:03.04	
200 M. BRST			
JANE MOORE	40 PNA	4:16.02	
200 M. I.M.			
JANE MOORE	40 PNA	4:01.32	

HUGH MOORE	36 PNA	5:20.20
DOUGLAS HEABERLIN	37 PNA	5:33.04
100 M. FLY		
HUGH MOORE	36 PNA	1:08.67
200 M. FLY		
HUGH MOORE	36 PNA	2:38.56
200 M. I.M.		
HUGH MOORE	36 PNA	2:47.87

M E N 40-44

50 M. FREE		
STEVE PETERSON	44 PNA	31.71
200 M. FREE		
FRANK WARNER	42 PNA	2:20.20
50 M. BACK		
DAVID STERN	41 PNA	35.64
100 M. BACK		
FRANK WARNER	42 PNA	1:15.89
DAVID STERN	41 PNA	1:17.32
200 M. BACK		
FRANK WARNER	42 PNA	2:40.05
DAVID STERN	41 PNA	2:59.09
50 M. BRST		
STEVE PETERSON	44 PNA	37.31
100 M. BRST		
STEVE PETERSON	44 PNA	1:23.56
200 M. I.M.		
STEVE PETERSON	44 PNA	2:56.49

M E N 55-59

200 M. BRST		
TOM FOLEY	57 PNA	4:08.50
200 M. FLY		
TOM FOLEY	57 PNA	4:34.33 P
200 M. I.M.		
TOM FOLEY	57 PNA	3:49.89

M E N 60-64

400 M. FREE		
TOM TAYLOR	60 PNA	6:10.73
50 M. BRST		
TOM TAYLOR	60 PNA	42.20 P
100 M. BRST		
TOM TAYLOR	60 PNA	1:34.88 R
200 M. BRST		
TOM TAYLOR	60 PNA	3:28.18 R

M E N 70-74

50 M. BACK		
EARL WALTER	70 ORE	42.60
100 M. BACK		
EARL WALTER	70 ORE	1:38.64
200 M. BACK		
EARL WALTER	70 ORE	3:34.95 R
50 M. FLY		
ANDREW HOLDEN	72 ORE	37.43

M E N 75-79

50 M. FREE		
ALLAN SACHS	78 PNA	44.48
100 M. FREE		
ALLAN SACHS	78 PNA	1:46.62
50 M. BACK		
ALLAN SACHS	78 PNA	55.53

M E N 80-84

50 M. FREE		
JIM PENFIELD	83 PNA	47.00
100 M. BACK		
JIM PENFIELD	83 PNA	2:08.51
200 M. BACK		
JIM PENFIELD	83 PNA	4:41.48 P
100 M. BRST		
JIM PENFIELD	83 PNA	2:25.95

RELAYS-WOMEN 400 M. FREE

240+		
MARION CHADWICK	69 PNA	7:48.78 R
JANET KAVADAS	60	
MURIEL FLYNN	68	
CAROLYN BALDWIN	57	