

REGION XII
TACOMA SOUTH END POOL
TACOMA, WASHINGTON
AUGUST 11-12, 1979

WOMEN 20-24

50 m Freestyle
Shelly Marshall 23 :29.8*
Lisa Rohrer 21 :33.2
Karen Young 20 :34.5
Becky Bennett 21 :36.6
Marlene Holmes 23 :44.9

100 m Freestyle
Lisa Rohrer 21 1:15.7
Karen Young 20 1:18.6

200 m Freestyle
Lisa Rohrer 21 2:49.6

50 m Back
Karen Young 20 :38.4
Marlene Holmes 23 1:08.2

50 m Breast
Jean Forbes 23 :44.5*
Lisa Rohrer 21 :45.1
Karen Young 20 :46.2

100 m Breast
Jean Forbes 23 1:40.7

200 m Breast
Jean Forbes 23 3:35.8
Becky Bennett 21 3:42.9

50 m Fly
Karen Young 20 :39.1

100 m Fly
Shelly Marshall 23 1:12.7*
Becky Bennett 21 1:48.4

200 m I.M.
Lisa Rohrer 21 3:13.1

WOMEN 25-29
100 m Freestyle
Darlene Pohl 29 1:12.5

1500 m Freestyle
Darlene Pohl 29 21:42.5 *

50 m Fly
Darlene Pohl 29 :33.8*

100 m Fly
Darlene Pohl 1:17.2

200 m Fly
Darlene Pohl 29 2:59.3*

WOMEN 30-34
50 m Freestyle

Donna Burkhart 33 :32.6
Kathy Crandall 30 :33.9

100 m Freestyle
Donna Burkhart 33 1:15.3
Cookie Justesen 32 1:19.2

1500 m Freestyle
Mary McIntyre 31 25:00.7

50 m Back
Donna Burkhart 33 :39.3*
Jayne Chastain 33 :40.2
Kathy Crandall 30 :44.3
Cookie Justesen 32 :46.2

100 m Back
Donna Burkhart 33 1:27.5*
Jayne Chastain 33 1:30.0

200 m Back
Jayne Chastain 33 3:16.4
Donna Burkhart 33 3:20.4

50 m Breast
Cookie Justesen 32 :47.7

100 m Breast
Cookie Justesen 32 1:44.6

200 m Breast
Kathy Crandall 30 3:28.1

200 m I.M.
Jayne Chastain 33 3:29.0

WOMEN 35-39
50 m Freestyle
Carol Dewell 35 :34.2

100 m Freestyle
Gretchen Anderson 37 1:25.5

400 m Freestyle
Linda Jones 37 7:01.5

100 m Back
Charlotte Beauchamp 39 1:59.0
Karen Baker 38 2:25.8

200 m Back
Karen Baker 38 4:51.2
Charlotte Beauchamp 39 4:59.4

50 m Breast
Carol Dewell 35 :44.5
Carolyn Behse 36 :46.2
Gretchen Anderson 37 :48.6
Charlotte Beauchamp 39 :51.7
Mary Ann Henion 39 :55.6
Karen Baker 38 1:00.8

100 m Breast
Carol Dewell 35 1:36
Carolyn Behse 36 1:44
Gretchen Anderson 37 1:48
Mary Ann Henion 39 1:09
Karen Baker 38 2:23

200 m Breast
Carol Dewell 35 3:34
Charlotte Beauchamp 39 4:10
Karen Baker 38 5:11

50 m Fly
Gretchen Anderson 37 :48

100 m Fly
Linda Jones 37 1:47

200 m Fly
Linda Jones 37 3:55

200 m I.M.
Linda Jones 3:33
Gretchen Anderson 37 3:38
Charlotte Beauchamp 39 4:26

400 m I.M.
Linda Jones 37 7:27

WOMEN 40-44
50 m Freestyle
Susan Dearborn 42 :38
Florence Miller 43 :41
Chaya Amiad 41 :50

100 m Freestyle
Florence Miller 43 1:29
Susan Dearborn 42 1:31

200 m Freestyle
Susan Dearborn 42 3:20

400 m Freestyle
Susan Rittenhouse 41 6:07

<u>1500 m Freestyle</u>	
Nadine Whitehall 45	26:05.0
<u>50 m Back</u>	
Connie Wilson	:44.3
Chaya Amiad 41	:52.7
Florence Miller 43	:57.0
<u>100 m Back</u>	
Chaya Amiad 41	1:59.7
<u>200 m Back</u>	
Marietta James 40	4:32.1
<u>50 m Breast</u>	
Connie Wilson 44	1:02.1
<u>100 m Breast</u>	
Susan Dearborn 42	2:00.5
<u>200 m Breast</u>	
Chaya Amiad 41	4:23.9
<u>50 m Fly</u>	
Susan Rittenhouse 41	:38.6
Connie Wilson	1:02.5
<u>100 m Fly</u>	
Susan Rittenhouse 41	1:33.1*
<u>200 m Fly</u>	
Susan Rittenhouse 41	3:30.2*
<u>400 m I.M.</u>	
Susan Rittenhouse 41	6:58.4*
<u>WOMEN 45-59</u>	
<u>200 m Freestyle</u>	
Janet Twilight 48	3:40.0
<u>400 m Freestyle</u>	
Marty Dabrock 45	7:01.8
<u>1500 m Freestyle</u>	
Nadine Whitehall 45	26:05.0
Janet Twilight 48	30:54.4
<u>200 m Back</u>	
Marty Dabrock 45	3:57.2
<u>50 m Fly</u>	
Nadine Whitehall 45	:38.8*
<u>100 m Fly</u>	
Janet Twilight 48	2:13.6*
<u>200 m Fly</u>	
Nadine Whitehall 45	3:44.5*
Marty Dabrock 45	4:24.3
<u>200 m I.M.</u>	
Nadine Whitehall 45	3:25.7*
<u>400 m I.M.</u>	
Nadine Whitehall 45	7:21.7*
<u>WOMEN 55-59</u>	
<u>50 m Freestyle</u>	
Maxine Carlson 59	:52.3
<u>100 m Freestyle</u>	
Maxine Carlson 59	1:59.5
<u>200 m Freestyle</u>	
Maxine Carlson 59	4:15.3*
<u>400 m Freestyle</u>	
Elfie Stevenin 57	12:49.4
<u>50 m Breast</u>	
Maxine Carlson 59	1:01.3
Elfie Stevenin 57	1:35.8
<u>100 m Breast</u>	
Maxine Carlson 59	2:16.4

<u>200 m I.M.</u>	
Elfie Stevenin 57	6:51.9
<u>400 m I.M.</u>	
Elfie Stevenin 57	14:28.2
<u>WOMEN 60-64</u>	
<u>100 m Freestyle</u>	
Lee Holm 64	2:15.2
<u>400 m Freestyle</u>	
Lee Holm 64	10:24.3
<u>200 m Back</u>	
Lee holm 64	5:50.6
<u>WOMEN 65-69</u>	
<u>50 m Freestyle</u>	
Dawn Musselman 66	:38.4*
<u>400 m Freestyle</u>	
Dawn Musselman 66	7:35.0**
<u>50 M Back</u>	
Dawn Musselman 66	47.5**
<u>200 m Back</u>	
Dawn Musselman 66	4:00.4**
<u>WOMEN 70-74</u>	
<u>400 m Freestyle</u>	
Hazel Bressie 70	13:40.4*
<u>1500 m Freestyle</u>	
Hazel Bressie 70	54:38.1*
<u>100 m Fly</u>	
Hazel Bressie 70	4:24.1*
<u>200 m I.M.</u>	
Hazel Bressie 70	7:31.7*
<u>MEN 20-24</u>	
<u>50 m Freestyle</u>	
Howard Ronkin 24	:28.3*
Roger Whinnery 23	:29.4
<u>100 m Freestyle</u>	
Howard Ronkin 24	1:07.7
<u>200 m Freestyle</u>	
Howard Ronkin 24	2:42.0
<u>400 m Freestyle</u>	
David Vandan 23	5:08.2
Howard Ronkin RXB	6:02.4
<u>50 m Breast</u>	
Howard Ronkin 24	:37.1
<u>100 m Breast</u>	
Howard Ronkin 24	1:25.3
<u>50 m Fly</u>	
David Vandan 23	:29.8
<u>200 m I.M.</u>	
David Vandan 23	2:39.0
<u>MEN 25-29</u>	
Jim Hogue 25	:25.6*
Rick Ingraham 25	:28.6
Pete Carder 25	:28.9
<u>100 m Freestyle</u>	
Pete Carder	1:04.3
Rick Ingraham 25	1:06.4
<u>200 m Freestyle</u>	
Pete Carder	2:27.7
Rick Boskovich 28	2:31.0

400 m Freestyle

Eric Beam 27 5:16.3
 Pete Carder 5:22.5
 Rick Boskovich 28 5:25.1
 Gary Hafer 28 5:27.7

1500 m Freestyle

Eric Beam 27 20:56.9
 Rick Boskovich 28 22:15.7
 Rick Ingraham 25 23:07.9

50 m Back

Gary Hafer 28 :32.1
 Mark Wiesniger 29 :42.2

100 m Back

Gary Hafer 28 1:10.1
 Jim Hogue 26 1:13.9

200 m Back

Gary Hafer 28 2:41.7

50 m Breast

Jim Hogue 26 :35.9
 Rick Boskovich 28 :40.1
 Mark Wiesinger 29 :45.8

100 m Breast

Rick Boskovich 28 1:27.4

50 m Fly

Rick Ingraham 25 :35.5
 Mark Wiesinger 29 :37.9

200 m I.M.

Jim Hogue 26 2:39.2

400 m I.M.

Eric Beam 27 6:17.1

MEN 30-34

50 m Freestyle

Jim Miles 34 :28.6
 Dan Rueff 32 :29.5
 Greg Lovelady 34 :29.7

100 m Freestyle

Jim Miles 34 1:04.8
 John Diehm 34 1:14.2

200 m Freestyle

Dan Rueff 32 2:35.5
 Greg Lovelady 34 2:35.6
 Jim Miles 34 2:40.3

400 m Freestyle

Pat Caudill 34 6:00.4
 John Diehm 34 6:10.57

1500 m Freestyle

Michael McColly 33 23:04.6
 Pat Caudill 34 23:40.3

50 m Back

Greg Lovelady 34 :35.2
 Michael McColly 33 :35.7

100 m Back

Michael McColly 33 1:21.5
 Pat Caudill 34 1:32.9

200 m Back

Michael McColly 33 2:59.6
 Pat Caudill 34 3:17.9

100 m Breast

Jim Miles 34 1:27.1

50 m Fly

John Diehm :35.8

100 m Fly

Dan Rueff 32 1:10.9*

200 m Fly

Dan Rueff 32 3:04.9

200 m I.M.

Michael McColly 33 2:55.0
 Pat Caudill 34 3:16.6

400 m I.M.

John Diehm 34 7:27.7

MEN 35-39

50 m Freestyle

Gary Chase :29.9
 Armin Arndt 38 :30.9

100 m Freestyle

Steve McCaffray 35 1:14.1
 Bill Streeter 37 1:23.5

400 m Freestyle

Harry Lewis 37 5:49.7

50 m Back

Gary Chase :33.5

100 m Back

Gary Chase 1:17.8

50 m Breast

Armin Arndt 38 :35.7*
 Len Pasquini UN 35 :47.9

100 m Breast

Armin Arndt 38 1:19.0
 Len Pasquini UN 35 1:56.5

200 m Breast

Armin Arndt 38 2:57.4

50 m Fly

Steve McCaffray 35 :38.0

200 m Fly

Harry Lewis 37 3:21.2

400 m I.M.

Harry Lewis 37 6:37.2

MEN 40-44

50 m Freestyle

Jim Bigler 43 :33.
 L. Terry Conner 43 :43.

100 m Freestyle

L. Terry Conner 43 1:53.
 L. Terry Conner 43 2:48.
 Jim Bigler 43 4:29.

200 m Freestyle

L. Terry Conner 43 5:36.
 C. Schaumburg 41 6:10.

400 m Freestyle

Jim Bigler 43 26:10.
 L. Terry Conner 43 :39.
 Jim Bigler 43 1:10.
 L. Terry Conner 43 2:56.
 C. Schaumburg

50 m Fly

C. Schaumburg 41 :35.5

200 m I.M.

C. Schaumburg 41 2:54.9

400 m I.M.

C. Schaumburg 41 6:26.9*

MEN 45-49

50 m Freestyle

Jim Sherrod 48 :31.0

Kirk Adams 45 :33.4

100 m Freestyle

Jim Sherrod 48 1:12.8

Kirk Adams 45 1:13.3

John Geyman 48 1:14.6

200 m Freestyle

Kirk Adams 45 2:42.4

Jim Sherrod 48 2:57.5

400 m Freestyle

Kirk Adams 45 5:45.6

John Geyman 48 6:27.3

1500 m Freestyle

John Geyman 48 26:19.4

50 m Back

Jim Sherrod 48 :46.8

100 m Back

Tom Foley 45 1:45.4

200 m Back

Tom Foley 45 3:49.2

50 Breast

Hans Pollinger 46 :45.6

Tom Foley :49.8

100 m Breast

Hans Pollinger 46 1:46.6

200 m Breast

Tom Foley 45 4:06.6

50 m Fly

Jim Sherrod 48 :43.1

200 m I.M.

Tom Foley 45 3:40.5

MEN 50-54

50 m Freestyle

Steve Anson 50 :39.0

100 m Freestyle

Steve Anson 50 1:30.6

200 m Freestyle

Steve Anson 50 3:37.3

1500 m Freestyle

Charles Sheldon 50 23:54.9 *

50 m Back

Charles Sheldon 50 :38.4

Bill Castner 51 :43.9

100 m Back

Charles Sheldon 50 1:25.2*

200 m Back

Charles Sheldon 50 3:13.3 *

Fred Eckhardt 53 3:56.6

50 m Breast

Lee Miesen 52 :43.6

Steve Anson 50 :52.5

100 m Breast

Lee Miesen 52 1:38.2

Steve Anson 50 1:55.4

50 m Fly

Charles Sheldon 50 :36.2*

100 m Fly

Fred Eckhardt 53 1:49.6

200 m Fly

Fred Eckhardt 53 4:04.3

200 m I.M.

Fred Eckhardt 53 3:41.3

Lee Miesen 52 4:03.3

400 m I.M.

Fred Eckhardt 53 8:02.9

MEN 55-59

50 m Freestyle

Jim Holland 55 :33.0*

Gilbert Young 57 :37.0

100 m Freestyle

Jim Holland 55 1:18.2

Gilbert Young 57 1:24.5

200 m Freestyle

Jim Holland 55 3:09.1

Gilbert Young 57 3:13.2

400 m Freestyle

Gilbert Young 57 6:54.8

Jim Holland 55 7:08.4

1500 m Freestyle

Charley McIntyre 56 28:34.8

50 m Back

Earl Walter 58 :39.2

Gilbert Young 57 :45.2

100 m Back

Earl Walter 58 1:29.8

200 m Back

Earl Walter 58 3:18.7

50 m Breast

Tom Dowell 57 :42.8*

100 m Breast

Tom Dowell 57 1:48.7

50 m Fly

Tom Dowell 57 :41.0*

100 m Fly

Tom Dowell 57 1:49.8

200 m Fly

Tom Dowell 57 4:33.3

200 m I.M.

Earl Walter 58 3:24.4

400 m I.M.

Earl Walter 58 7:21.5

MEN 60-64

3:09.1

50 m Freestyle

Bill Odman 60 3:33.3*

200 m Freestyle

Bill Odman 60 2:54.3

John Downey 64 3:35.8

400 m Freestyle

Bill Odman 60 6:20.5*

* Regional Record

** National Record

<u>1500 m Freestyle</u>		MEN <u>200</u>	
John Downey 64	30:53.8	FREE	
<u>50 m Back</u>		<u>25+</u>	
Fred Wiggin 63	:45.0	PNA (Miles, Ingrajam, Hafer	1:56.4*
<u>100 m Back</u>		Carder)	
Fred Wiggin 63	1:39.1	<u>35+</u>	
<u>50 m Fly</u>		IEA (Arndt, Lewis, Heldon	2:15.*
Bill Odman 60	:39.9*	Odman)	
<u>MEN 65-69</u>		PNA (Fredricks, Connor,	2:49.3
<u>50 m Freestyle</u>		Foley, Coctner)	
Roland Portman 66	:35.0	<u>55+</u>	
Francis Jowett 69	:36.4	ORE (Holland, Eisenschmidt	2:33.3*
Syd Hendy 66	:38.8	Young, Walter)	
<u>100 m Freestyle</u>		MEN <u>200 MEDLEY</u>	
Roland Portman 66	1:22.1	<u>25+</u>	
Francis Jowett 69	1:30.4	PNA (Chase, Hogue, Rueff,	2:13.9*
<u>200 m Freestyle</u>		Miles)	
Roland Portman 66	3:09.0	<u>35+</u>	
<u>400 m Freestyle</u>		IEM (Sheldon, Arndt, Lewis	2:28.6*
Roland Portman 66	7:02.3	Odman)	
<u>50 m Back</u>		<u>45+</u>	
Syd Hendy 66	:47.1	PNA (Castner, Caddey	2:49.3*
Gene Caddey 65	:49.6	Frederick, Sherrod)	
Francis Jowett 69	:50.4	<u>55+</u>	
<u>100 m Back</u>		ORE (Walter, Holland	2:55.9*
Syd Hendy 66	1:45.0	Young, Eisenschmidt)	
Gene Caddey 65	1:47.1	200 MIXED FREE	
<u>200 m Back</u>		<u>25+</u>	
Gene Caddey 65	3:50.5	PNA (Burkhardt, Justesen	2:06.5*
Syd Hendy 66	3:53.4	Ingraham, Miles)	
<u>50 m Breast</u>		<u>35+</u>	
Marinus Verbrugge	:53.3	PNA (Beauchamp, Conner	2:33.5*
Francis Jowett 69	:53.3	Dewell, Sherrod)	
Karl Frederick 65	:45.2		
<u>100 m Breast</u>		MEN 70-74	
Karl Frederick 65	1:48.7*	<u>200 m Back</u>	
Marinus Verbrugge	2:02.9	Herb Eisenschmidt 72	3:39.7*
<u>50 m Fly</u>		(cont. from pg. 1 of results)	
Karl Frederick 65	:44.2*	<u>100 m Back</u>	
Francis Jowett 69	:57.3	Donna Burkhart 33	1:27.5*
<u>200 m I.M.</u>		Jayne Chastain 33	1:30.0
Gene Caddey 65	3:45.5*	Cookie Justesen 32	1:38.4
<u>400 m I.M.</u>		<u>200 m Freestyle</u>	
Gene Caddey 65	8:15.0**	Susan Dearborn 42	3:20.5
<u>MEN 70-74</u>		<u>400 m Freestyle</u>	
<u>50 m Freestyle</u>		Susan Rittenhouse 41	6:07.5*
Herb Eisenschmidt 72	:37.0	Susan Dearborn 42	7:09.2
<u>100 m Freestyle</u>		<u>1500 m Freestyle</u>	
Herb Eisenschmidt 72	1:33.0	Chaya Amiad 41	35:33.2
<u>50 m Back</u>			
Herb Eisenschmidt 72	:44.0*		
<u>100 m Back</u>			
Herb Eisenschmidt 72	1:39.6*		
RELAYS-WOMEN <u>200 Free</u>			
<u>35+</u>			
PNA (Beauchange, Dabrook,	2:43.5		
Dowell, Dearborn)			