

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 1 Women 30-34 400 SC Meter IM**

1	Hegeberg, Linda	33	PNA-PN	5:39.43	20
	35.49	41.92	44.62	44.69	
	45.69	47.41	1:19.71		

**Event 1 Women 35-39 400 SC Meter IM**

1	Reynolds, Ellen	39	SNAKE-SR	5:50.29	20
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**Event 1 Women 40-44 400 SC Meter IM**

1	Bates, Penny	42	PNA-PN	5:54.16	20
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**Event 1 Women 45-49 400 SC Meter IM**

1	Welborn, Jody	48	OREG-OR	7:35.65	20
			51.37	47.89	

**Event 1 Women 60-64 400 SC Meter IM**

1	Ward, Joy	61	OREG-OR	7:22.28	20
			52.57	49.95	

**Event 1 Men 35-39 400 SC Meter IM**

1	Volckening, Bill	37	NEM-NE	5:10.67	20
	32.73	37.41	41.94	42.26	
	43.30	44.84	35.32	32.87	

**Event 1 Men 40-44 400 SC Meter IM**

1	Glezen, Paul	42	PNA-PN	5:31.65	20
	33.84	39.86	43.83	42.89	
	47.62	47.39	39.29	36.93	
2	Smith, Dan	41	PNA-PN	5:36.75	17
	33.41	40.34	45.66	45.34	
	47.03	47.00	40.07	37.90	
3	Dybdahl, Eric	43	PNA-PN	5:51.59	16
	35.61	38.30	45.36	44.07	
	55.17	55.59	38.17	39.32	

**Event 1 Men 45-49 400 SC Meter IM**

1	Allender, Pat	45	OREG-OR	5:11.11	20
	32.10	36.42	43.16	42.61	
	43.45	42.93	36.18	34.26	

**Event 1 Men 55-59 400 SC Meter IM**

1	Walker, Thomas	56	UNAT	8:17.03	20
			1:06.61	55.05	51.39

**Event 1 Men 65-69 400 SC Meter IM**

1	Foley, Tom	69	PNA-PN	9:31.62	20
	1:16.61	1:06.70	1:04.25		

**Event 2 Women 120-159 200 SC Meter Freestyle Relay**

1	PNA-PN	A	2:47.32	40
	1) Haller, Patty 41	2) Logsdon, Rebecca 49		
	3) Burgman, Erin 41	4) Mesler, Jennifer 33		
	51.68	52.92	29.55	33.17

**Event 6 Women 30-34 50 SC Meter Breaststroke**

1	Hegeberg, Linda	33	PNA-PN	38.36	20
---	Cullom, Ellen	33	PNA-PN	NS	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 6 Women 35-39 50 SC Meter Breaststroke**

1	Whitney, Jamie	39	PNA-PN	43.20	20
2	Moore, Kathy	36	PNA-PN	48.39	17
---	Way, Suzanne	39	PNA-PN	NS	

**Event 6 Women 40-44 50 SC Meter Breaststroke**

1	Hawksworth, Judy	44	PNA-PN	41.31	20
2	Haller, Patty	41	PNA-PN	59.50	17

**Event 6 Women 45-49 50 SC Meter Breaststroke**

1	Logsdon, Rebecca	49	PNA-PN	1:05.01	20
---	Tomlinson-Macias, Melinda	45	INW-IE	NS	

**Event 6 Women 50-54 50 SC Meter Breaststroke**

---	Williams, Dona	50	UNAT	NS	
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**Event 6 Women 55-59 50 SC Meter Breaststroke**

1	Pierson, Ginger	57	MACO-OR	41.51	20
2	Miller, Kaetche	56	PNA-PN	47.48	17
3	Litt, Arni	57	PNA-PN	50.07	16

**Event 6 Women 60-64 50 SC Meter Breaststroke**

1	Drum, Francesca	62	PNA-PN	48.32	20
---	Snow, Charlotte	64	PNA-PN	NS	

**Event 6 Women 80-84 50 SC Meter Breaststroke**

1	Chadwick, Marion	82	PNA-PN	2:05.18	20
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**Event 6 Men 30-34 50 SC Meter Breaststroke**

1	Schulz, Tom	32	PNA-PN	39.26	20
2	Ness, Kerry	34	PNA-PN	42.49	17
3	Harmer, John	34	MSABC	43.99	16

**Event 6 Men 35-39 50 SC Meter Breaststroke**

1	Gaarder, Chris	38	OREG-OR	34.76	20
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**Event 6 Men 40-44 50 SC Meter Breaststroke**

1	Smith, Dan	41	PNA-PN	35.69	20
2	Oren, Ron	44	PNA-PN	46.99	17

**Event 6 Men 45-49 50 SC Meter Breaststroke**

1	Ames, Kevin	46	PNA-PN	37.51	20
---	Macias, Jesse	45	INW-IE	NS	

**Event 6 Men 50-54 50 SC Meter Breaststroke**

1	Stark, Allen L	54	OREG-OR	33.64	20
2	Tennant, Mike	50	OREG-OR	38.39	17

3	Reese, Gene	54	PNA-PN	41.86	16
---	Griggs, Joe	54	PNA-PN	NS	

**Event 6 Men 55-59 50 SC Meter Breaststroke**

1	Peterson, Steven	57	PNA-PN	37.99	20
2	Sawyer, Dennis	59	PNA-PN	41.07	17
3	Leet, John	58	PNA-PN	41.33	16
4	Walker, Thomas	56	UNAT	53.44	15

**Event 6 Men 60-64 50 SC Meter Breaststroke**

1	Freeman, Paul	60	PNA-PN	45.96	20
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**Event 6 Men 65-69 50 SC Meter Breaststroke**

1	Rehfeldt, Don	69	PNA-PN	48.92	20
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## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 7 Women 30-34 100 SC Meter Butterfly**

1	Simsak, Tara	34	PNA-PN	1:12.86	20
	35.32	37.54			

**Event 7 Women 35-39 100 SC Meter Butterfly**

1	Hoisington, Sarah	35	PNA-PN	1:10.55	20
	32.75	37.80			
2	Harmer, Annelle	35	MSABC	1:21.30	17
	39.00	42.30			

**Event 7 Women 75-79 100 SC Meter Butterfly**

---	Wells, Margaret	77	OREG-OR	NS	
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**Event 7 Men 19-24 100 SC Meter Butterfly**

1	Speer, Jasen	22	PNA-PN	1:09.30	20
	31.19	38.11			

**Event 7 Men 40-44 100 SC Meter Butterfly**

1	Glezen, Paul	42	PNA-PN	1:07.11	20
	30.91	36.20			
2	Dybdahl, Eric	43	PNA-PN	1:10.38	17
	33.93	36.45			

**Event 7 Men 45-49 100 SC Meter Butterfly**

1	Allender, Pat	45	OREG-OR	1:06.32	20
	31.08	35.24			

**Event 7 Men 65-69 100 SC Meter Butterfly**

1	Foley, Tom	69	PNA-PN	2:27.39	20
	1:15.14	1:12.25			

**Event 7 Men 80-84 100 SC Meter Butterfly**

1	Holden, Andrew	84	OREG-OR	2:01.64	20
	54.37	1:07.27			

**Event 8 Women 30-34 200 SC Meter Freestyle**

1	Bussart, Megan	33	PNA-PN	2:31.22	20
2	Mesler, Jennifer	33	PNA-PN	2:35.32	17
	35.06	38.69	40.75	40.82	

**Event 8 Women 35-39 200 SC Meter Freestyle**

1	Hoisington, Sarah	35	PNA-PN	2:19.84	20
	31.76	35.18	36.42	36.48	
2	Whitney, Jamie	39	PNA-PN	2:44.95	17
	49.22	32.31	42.30	41.12	
3	Way, Suzanne	39	PNA-PN	2:57.78	16
	41.43	44.18	46.54	45.63	

**Event 8 Women 40-44 200 SC Meter Freestyle**

1	Burgman, Erin	41	PNA-PN	2:27.94	20
	33.09	36.93	39.25	38.67	

**Event 8 Women 45-49 200 SC Meter Freestyle**

1	Logsdon, Rebecca	49	PNA-PN	4:26.15	20
	58.65	1:09.37	1:11.32	1:06.81	

**Event 8 Women 50-54 200 SC Meter Freestyle**

1	Moore, Jane A	53	PNA-PN	3:26.36	20
	46.03	52.70	54.93	52.70	

**Event 8 Women 55-59 200 SC Meter Freestyle**

1	Smith, Sally Ann	55	UNAT	3:18.13	20
	43.61	50.50	53.47	50.55	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

2	Litt, Arni	57	PNA-PN	3:27.33	17	2	Norris, Jim	56	PNA-PN	2:41.80	17
	47.07	54.07	53.96	52.23			37.59	40.34	41.66	42.21	
<b>Event 8 Women 60-64 200 SC Meter Freestyle</b>						<b>Event 8 Men 60-64 200 SC Meter Freestyle</b>					
1	Pronk, Bonnie	61	MSABC	2:51.17	20	3	Leet, John	58	PNA-PN	2:44.68	16
	39.09	44.49	45.12	42.47			37.27	41.53	42.86	43.02	
---	Frid, Barbara	61	OREG-OR	NS		4	Walker, Thomas	56	UNAT	3:25.49	15
---	Snow, Charlotte	64	PNA-PN	NS			47.17	53.39	55.45	49.48	
	34.82	38.56	39.48			<b>Event 8 Men 60-64 200 SC Meter Freestyle</b>					
<b>Event 8 Women 75-79 200 SC Meter Freestyle</b>						1	Pilger, Robert	60	PNA-PN	2:39.48	20
1	Phillips, Bernice	76	PNA-PN	5:06.29	20		45.02	27.72	41.58	45.16	
	1:10.56	1:21.94	1:19.95	1:13.84		---	Freeman, Paul	60	PNA-PN	NS	
<b>Event 8 Women 80-84 200 SC Meter Freestyle</b>						<b>Event 8 Men 30-34 200 SC Meter Freestyle</b>					
1	Chadwick, Marion	82	PNA-PN	6:03.37	20	1	Schulz, Tom	32	PNA-PN	2:31.31	20
	1:23.13	4:41.44	0.30				34.03	37.63	39.51	40.14	
<b>Event 8 Men 35-39 200 SC Meter Freestyle</b>						<b>Event 8 Men 40-44 200 SC Meter Freestyle</b>					
1	Gaarder, Chris	38	OREG-OR	2:19.39	20	1	Schlemmer, Bob	44	PNA-PN	2:25.77	20
	32.71	34.42	35.80	36.46			33.34	35.99	37.91	38.53	
<b>Event 8 Men 40-44 200 SC Meter Freestyle</b>						2	Oren, Ron	44	PNA-PN	2:47.13	17
1	Schlemmer, Bob	44	PNA-PN	2:25.77	20		37.80	42.41	43.93	42.99	
	33.34	35.99	37.91	38.53		3	Garcia, Doug	42	INW-IE	2:49.47	16
2	Oren, Ron	44	PNA-PN	2:47.13	17		38.78	43.05	44.60	43.04	
	37.80	42.41	43.93	42.99		---	Lang, Joseph	40	UNAT	NS	
3	Garcia, Doug	42	INW-IE	2:49.47	16	---	Littlefield, James	43	PNA-PN	NS	
	38.78	43.05	44.60	43.04		---	Campbell, Chris	42	PAC-PC	NS	
---	Lang, Joseph	40	UNAT	NS		<b>Event 8 Men 50-54 200 SC Meter Freestyle</b>					
---	Littlefield, James	43	PNA-PN	NS		1	Krauser, Larry	50	INW-IE	2:03.10	20
---	Campbell, Chris	42	PAC-PC	NS			27.72	30.85	31.96	32.57	
<b>Event 8 Men 50-54 200 SC Meter Freestyle</b>						2	Tennant, Mike	50	OREG-OR	2:13.72	17
1	Krauser, Larry	50	INW-IE	2:03.10	20		30.83	33.24	34.59	35.06	
	27.72	30.85	31.96	32.57		3	Gilmore, Mike	50	PNA-PN	2:33.93	16
2	Tennant, Mike	50	OREG-OR	2:13.72	17		35.14	37.77	40.14	40.88	
	30.83	33.24	34.59	35.06		<b>Event 8 Men 55-59 200 SC Meter Freestyle</b>					
3	Gilmore, Mike	50	PNA-PN	2:33.93	16	1	McCleery, James T	57	PNA-PN	2:17.80	20
	35.14	37.77	40.14	40.88			32.49	35.03	35.48	34.80	
<b>Event 8 Men 55-59 200 SC Meter Freestyle</b>						<b>Event 8 Men 55-59 200 SC Meter Freestyle</b>					
1	McCleery, James T	57	PNA-PN	2:17.80	20						
	32.49	35.03	35.48	34.80							

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 8 Men 65-69 200 SC Meter Freestyle**

1	Drum, Dave	68	PNA-PN	3:03.80	20
	40.82	44.76	48.69	49.53	
---	Radcliff, David A	69	OREG-OR	NS	

**Event 8 Men 75-79 200 SC Meter Freestyle**

1	Prosser, Harvey	75	PNA-PN	3:26.69	20
	44.41	51.05	52.46	58.77	

**Event 8 Men 90-94 200 SC Meter Freestyle**

1	Crossett, Gene	90	PNA-PN	4:59.62	20
	1:09.55	1:15.66	1:18.56	1:15.85	

**Event 11 Women 30-34 100 SC Meter Breaststroke**

1	Hegeberg, Linda	33	PNA-PN	1:23.51	20
	39.55	43.96			
---	Cullom, Ellen	33	PNA-PN	NS	

**Event 11 Women 35-39 100 SC Meter Breaststroke**

1	Whitney, Jamie	39	PNA-PN	1:34.62	20
	1:39.51				
2	Way, Suzanne	39	PNA-PN	2:01.01	17
	56.52	1:04.49			
---	Healey, Sandi	36	OREG-OR	NS	

**Event 11 Women 40-44 100 SC Meter Breaststroke**

1	Hawksworth, Judy	44	PNA-PN	1:29.72	20
	43.13	46.59			
2	Haller, Patty	41	PNA-PN	2:06.01	17
	59.08	1:06.93			

**Event 11 Women 45-49 100 SC Meter Breaststroke**

1	Logsdon, Rebecca	49	PNA-PN	2:22.65	20
	1:08.01	1:14.64			

**Event 11 Women 50-54 100 SC Meter Breaststroke**

1	Williams, Dona	50	UNAT	1:41.91	20
	48.44	53.47			

**Event 11 Women 55-59 100 SC Meter Breaststroke**

1	Litt, Arni	57	PNA-PN	1:49.31	20
	51.93	57.38			

**Event 11 Women 60-64 100 SC Meter Breaststroke**

1	Pronk, Bonnie	61	MSABC	1:30.51	20
	42.86	47.65			

2	Drum, Francesca	62	PNA-PN	1:45.23	17
	50.42	54.81			

---	Snow, Charlotte	64	PNA-PN	NS	
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**Event 11 Women 80-84 100 SC Meter Breaststroke**

---	Flynn, Muriel	80	PNA-PN	NS	
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**Event 11 Men 30-34 100 SC Meter Breaststroke**

1	Schulz, Tom	32	PNA-PN	1:27.18	20
	41.58	45.60			

2	Ness, Kerry	34	PNA-PN	1:34.20	17
	44.36	49.84			

3	Harmer, John	34	MSABC	1:40.87	16
	46.73	54.14			

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 11 Men 35-39 100 SC Meter Breaststroke**

1	Gaarder, Chris	38	OREG-OR	1:16.94	20
	35.55	41.39			

**Event 11 Men 40-44 100 SC Meter Breaststroke**

1	Smith, Dan	41	PNA-PN	1:19.59	20
	40.66	38.93			
2	Oren, Ron	44	PNA-PN	1:45.96	17
	50.49	55.47			

**Event 11 Men 45-49 100 SC Meter Breaststroke**

1	Allender, Pat	45	OREG-OR	1:12.18	20
	34.44	37.74			
2	Ames, Kevin	46	PNA-PN	1:24.29	17
	39.84	44.45			

**Event 11 Men 50-54 100 SC Meter Breaststroke**

1	Stark, Allen L	54	OREG-OR	1:15.70	20
	36.06	39.64			
2	Tennant, Mike	50	OREG-OR	1:25.07	17
	41.56	43.51			
3	Reese, Gene	54	PNA-PN	1:33.28	16
	42.88	50.40			

**Event 11 Men 55-59 100 SC Meter Breaststroke**

1	Peterson, Steven	57	PNA-PN	1:25.50	20
	41.68	43.82			
2	Leet, John	58	PNA-PN	1:29.54	17
	51.08	38.46			
3	Sawyer, Dennis	59	PNA-PN	1:31.88	16
	44.06	47.82			
4	Walker, Thomas	56	UNAT	1:58.79	15
	58.55	1:00.24			

**Event 11 Men 60-64 100 SC Meter Breaststroke**

1	Freeman, Paul	60	PNA-PN	1:41.88	20
	49.29	52.59			

**Event 11 Men 65-69 100 SC Meter Breaststroke**

1	Rehfeldt, Don	69	PNA-PN	1:51.17	20
	53.44	57.73			

**Event 12 Women 25-29 200 SC Meter Backstroke**

---	Wick, Ali	29	PNA-PN	NS	
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**Event 12 Women 30-34 200 SC Meter Backstroke**

1	Hegeberg, Linda	33	PNA-PN	2:44.80	20
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		39.17	41.05	42.79	41.79	
2	Mesler, Jennifer			33	PNA-PN	2:52.75 17
		40.60	43.57	45.03	43.55	

**Event 12 Women 35-39 200 SC Meter Backstroke**

1	Reynolds, Ellen	39	SNAKE-SR	2:37.65	20	
		37.65	40.55	39.93	39.52	

**Event 12 Women 40-44 200 SC Meter Backstroke**

1	Bates, Penny	42	PNA-PN	2:54.49	20	
		40.36	43.92	44.87	45.34	
2	Burgman, Erin	41	PNA-PN	2:55.18	17	
		44.42	44.52	46.26	39.98	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

## Results

**Event 12 Women 50-54 200 SC Meter Backstroke**

1	Moore, Jane A	53	PNA-PN	4:25.63	20
	1:04.81	1:07.52	1:09.61	1:03.69	

**Event 12 Women 55-59 200 SC Meter Backstroke**

1	Pierson, Ginger	57	MACO-OR	3:25.83	20
	54.86	49.60	53.44	47.93	
2	Miller, Kaetche	56	PNA-PN	3:40.16	17
	52.52	56.50	57.58	53.56	

**Event 12 Women 60-64 200 SC Meter Backstroke**

1	Drum, Francesca	62	PNA-PN	3:45.33	20
	54.91	56.80	57.90	55.72	

**Event 12 Women 80-84 200 SC Meter Backstroke**

1	Chadwick, Marion	82	PNA-PN	6:52.81	20
	1:47.00	1:40.96	1:41.13	1:43.72	

**Event 12 Men 40-44 200 SC Meter Backstroke**

---	Campbell, Chris	42	PAC-PC		NS
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**Event 12 Men 50-54 200 SC Meter Backstroke**

1	Krauser, Larry	50	INW-IE	2:31.09	20
	36.39	38.11	38.61	37.98	

**Event 12 Men 55-59 200 SC Meter Backstroke**

1	Walker, Thomas	56	UNAT	4:01.84	20
	55.60	1:02.19	1:04.95	59.10	

**Event 12 Men 65-69 200 SC Meter Backstroke**

1	Lake, Brent	65	OREG-OR	3:09.21	20
	48.46	40.68	59.04	41.03	
2	Foley, Tom	69	PNA-PN	4:15.93	17
	59.68	1:05.69	1:05.99	1:04.57	

**Event 13 Women 30-34 50 SC Meter Butterfly**

1	Simsak, Tara	34	PNA-PN	31.65	20
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**Event 13 Women 35-39 50 SC Meter Butterfly**

1	Hoisington, Sarah	35	PNA-PN	32.59	20
2	Harmer, Annelle	35	MSABC	35.65	17
3	Moore, Kathy	36	PNA-PN	41.47	16

**Event 13 Women 40-44 50 SC Meter Butterfly**

1	Dahl, Lisa	42	UNAT	31.81	20
2	Haller, Patty	41	PNA-PN	1:10.19	17

**Event 13 Women 45-49 50 SC Meter Butterfly**

---	Tomlinson-Macias, Melinda	45	INW-IE		NS
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**Event 13 Women 55-59 50 SC Meter Butterfly**

1	Smith, Sally Ann	55	UNAT	43.82	20
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**Event 13 Women 60-64 50 SC Meter Butterfly**

1	Pronk, Bonnie	61	MSABC	39.05	20
---	Frid, Barbara	61	OREG-OR		NS

**Event 13 Men 30-34 50 SC Meter Butterfly**

1	Schulz, Tom	32	PNA-PN	35.18	20
2	Ness, Kerry	34	PNA-PN	39.59	17

**Event 13 Men 35-39 50 SC Meter Butterfly**

1	Gaarder, Chris	38	OREG-OR	31.58	20
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## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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**Event 13 Men 40-44 50 SC Meter Butterfly**

1	Schlemmer, Bob	44	PNA-PN	33.66	20
---	Lang, Joseph	40	UNAT	NS	
---	Lemr, John	44	PNA-PN	NS	
---	Littlefield, James	43	PNA-PN	NS	

**Event 13 Men 45-49 50 SC Meter Butterfly**

---	Macias, Jesse	45	INW-IE	NS	
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**Event 13 Men 50-54 50 SC Meter Butterfly**

1	Gilmore, Mike	50	PNA-PN	32.48	20
---	Stark, Allen L	54	OREG-OR	NS	
---	Griggs, Joe	54	PNA-PN	NS	

**Event 13 Men 60-64 50 SC Meter Butterfly**

---	Pilger, Robert	60	PNA-PN	NS	
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**Event 13 Men 80-84 50 SC Meter Butterfly**

1	Holden, Andrew	84	OREG-OR	44.70	20
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**Event 14 Women 30-34 100 SC Meter IM**

1	Simsak, Tara	34	PNA-PN	1:14.62	20
	34.98	39.64			
2	Hegeberg, Linda	33	PNA-PN	1:15.79	17
	35.35	40.44			
3	Mesler, Jennifer	33	PNA-PN	1:22.41	16
	37.76	44.65			
---	Cullom, Ellen	33	PNA-PN	NS	

**Event 14 Women 35-39 100 SC Meter IM**

1	Reynolds, Ellen	39	SNAKE-SR	1:15.37	20
	34.65	40.72			
2	Way, Suzanne	39	PNA-PN	1:37.86	17
	47.41	50.45			

**Event 14 Women 40-44 100 SC Meter IM**

1	Dahl, Lisa	42	UNAT	1:15.64	20
	35.50	40.14			
---	Hawksworth, Judy	44	PNA-PN	NS	

**Event 14 Women 45-49 100 SC Meter IM**

1	Welborn, Jody	48	OREG-OR	1:38.45	20
	48.23	50.22			
---	Tomlinson-Macias, Melinda	45	INW-IE	NS	

**Event 14 Women 50-54 100 SC Meter IM**

1	Williams, Dona	50	UNAT	1:32.56	20
	44.35	48.21			

**Event 14 Women 55-59 100 SC Meter IM**

1	Pierson, Ginger	57	MACO-OR	1:30.21	20
	43.59	46.62			
2	Miller, Kaetche	56	PNA-PN	1:39.70	17
	49.13	50.57			
3	Smith, Sally Ann	55	UNAT	1:43.06	16
	45.71	57.35			

**Event 14 Women 60-64 100 SC Meter IM**

1	Ward, Joy	61	OREG-OR	1:34.01	20
	41.86	52.15			



## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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**Event 14 Men 30-34 100 SC Meter IM**

1	Schulz, Tom	32	PNA-PN	1:21.07	20
	38.96	42.11			
2	Ness, Kerry	34	PNA-PN	1:32.26	17
	44.18	48.08			

**Event 14 Men 40-44 100 SC Meter IM**

1	Smith, Dan	41	PNA-PN	1:13.80	20
	36.71	37.09			
2	Garcia, Doug	42	INW-IE	1:30.02	17
	42.48	47.54			
3	Oren, Ron	44	PNA-PN	1:32.60	16
	44.24	48.36			
---	Littlefield, James	43	PNA-PN	NS	

**Event 14 Men 45-49 100 SC Meter IM**

1	Allender, Pat	45	OREG-OR	1:06.56	20
	32.68	33.88			
2	Ames, Kevin	46	PNA-PN	1:13.90	17
	35.66	38.24			
---	Macias, Jesse	45	INW-IE	NS	

**Event 14 Men 50-54 100 SC Meter IM**

1	Krauser, Larry	50	INW-IE	1:06.80	20
	32.46	34.34			
2	Reese, Gene	54	PNA-PN	1:42.76	17
---	Griggs, Joe	54	PNA-PN	NS	
---	Stark, Allen L	54	OREG-OR	NS	

**Event 14 Men 55-59 100 SC Meter IM**

1	Sawyer, Dennis	59	PNA-PN	1:35.57	20
	47.89	47.68			

**Event 14 Men 65-69 100 SC Meter IM**

1	Rehfeldt, Don	69	PNA-PN	1:54.56	20
	57.73	56.83			

**Event 14 Men 80-84 100 SC Meter IM**

1	Holden, Andrew	84	OREG-OR	1:47.95	20
	50.50	57.45			

**Event 15 Women 30-34 800 SC Meter Freestyle**

1	Bussart, Megan	33	PNA-PN	10:56.40	20
	36.90	40.66	41.72	42.29	
	41.80	42.02	42.29	42.07	
	41.96	42.18	41.70	41.87	

41.52 40.59 39.96 36.87

**Event 15 Women 35-39 800 SC Meter Freestyle**

1	Harmer, Annelle	35	MSABC	11:14.75	20
	37.55	41.54	4:20.38	1:26.85	
	42.89	41.80	41.79	41.81	
	42.09	38.09	15.65	24.26	
	17.66	31.26	18.58		

**Event 15 Women 40-44 800 SC Meter Freestyle**

1	Bates, Penny	42	PNA-PN	10:46.89	20
	36.56	39.75	40.65	40.39	
	40.61	40.72	40.75	41.19	
	40.53	41.35	41.32	40.99	
	41.00	40.16	41.59	39.33	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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2	Burgman, Erin	41	PNA-PN	10:58.01	17
	36.32	40.29	41.74	42.53	
	42.21	42.10	42.69	42.66	
	42.09	41.95	41.08	41.59	
	41.39	41.74	39.95	37.68	

## Event 15 Women 50-54 800 SC Meter Freestyle

1	Moore, Jane A	53	PNA-PN	14:53.14	20
	50.42	56.08	56.65	56.77	
	56.73	56.66	56.48	56.44	
	56.24	56.07	56.82	56.45	
	56.43	57.23	55.26	52.41	

## Event 15 Women 55-59 800 SC Meter Freestyle

1	Ensign, Jeanne	57	PNA-PN	14:54.21	20
	52.31	56.71	56.63	57.22	
	56.30	57.20	57.19	57.15	
	55.52	56.63	56.20	56.50	
	55.98	56.47	55.25	50.95	

## Event 15 Women 80-84 800 SC Meter Freestyle

1	Chadwick, Marion	82	PNA-PN	26:43.91	20
	1:34.85	1:34.84	1:39.86	1:40.31	
	1:41.83	1:42.00	1:41.72	1:41.44	
	1:43.50	1:45.30	1:38.28	1:43.42	
	1:39.58	1:44.16	1:40.47	1:32.35	

## Event 15 Men 19-24 800 SC Meter Freestyle

1	Speer, Jasen	22	PNA-PN	10:24.34	20
	31.70	35.98	1:16.18	38.52	
	38.25	2:42.66	3:26.69	34.03	
	2.23	2.48	1.54	1.82	
	2.04	14.94	18.48		

## Event 15 Men 30-34 800 SC Meter Freestyle

1	Schulz, Tom	32	PNA-PN	11:33.19	20
	36.71	40.33	41.40	42.73	
	42.96	43.07	43.60	44.32	
	44.50	45.36	45.12	45.39	
	45.16	44.97	45.18	42.39	

## Event 15 Men 40-44 800 SC Meter Freestyle

1	Dybdahl, Eric	43	PNA-PN	10:15.26	20
	34.51	38.01	38.12	38.77	
	39.09	39.38	39.40	38.58	
	38.99	38.56	39.06	38.45	

	38.33	39.28	38.74	37.99	
2	Schlemmer, Bob	44	PNA-PN	11:19.86	17
	37.07	41.50	42.57	43.66	
	43.36	49.07	38.26	43.38	
	43.58	47.70	38.94	43.13	
	43.29	46.32	38.57	39.46	

## Event 15 Men 55-59 800 SC Meter Freestyle

1	McCleery, James T	57	PNA-PN	9:58.47	20
	34.25	37.31	37.80	38.03	
	38.46	38.22	38.10	37.91	
	38.05	37.89	37.53	37.42	
	37.59	37.54	37.16	35.21	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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**(Event 15 Men 55-59 800 SC Meter Freestyle)**

2	Norris, Jim	56	PNA-PN	11:18.42	17
	38.84	42.44	43.60	43.22	
	42.72	43.29	42.82	43.10	
	42.96	42.64	42.82	42.98	
	42.89	42.50	41.70	39.90	

**Event 15 Men 60-64 800 SC Meter Freestyle**

1	Pilger, Robert	60	PNA-PN	12:06.56	20
	37.91	41.87	44.51	45.51	
	47.21	46.87	47.13	46.92	
	45.13	47.58	47.05	47.34	
	46.55	47.00	46.07	41.91	

**Event 15 Men 65-69 800 SC Meter Freestyle**

1	Lake, Brent	65	OREG-OR	12:18.44	20
	39.09	44.89	47.14	47.18	
	47.15	46.85	47.15	48.09	
	46.81	47.06	46.80	47.35	
	46.46	46.15	45.85	44.42	

**Event 15 Men 75-79 800 SC Meter Freestyle**

1	Prosser, Harvey	75	PNA-PN	13:49.21	20
	45.54	52.63	53.48	52.99	
	52.82	52.82	53.07	51.91	
	52.64	51.66	52.36	52.12	
	52.93	51.73	51.25	49.26	

**Event 16 Women 30-34 400 SC Meter Freestyle**

1	Bussart, Megan	33	PNA-PN	5:22.19	20
	35.98	39.31	40.95	41.59	
	42.30	41.05	41.35	39.66	
2	Mesler, Jennifer	33	PNA-PN	5:23.05	17
	37.16	39.47	40.56	40.93	
	41.46	41.06	41.52	40.89	

**Event 16 Women 35-39 400 SC Meter Freestyle**

1	Harmer, Annelle	35	MSABC	5:26.93	20
	36.88	40.06	42.21	1:24.91	
	42.64	42.09	38.29		
2	Stebbins, Jodi	35	PNA-PN	6:54.92	17
	43.08	50.36	51.98	53.83	
	54.25	54.49	54.43	52.50	

**Event 16 Women 40-44 400 SC Meter Freestyle**

1	Burgman, Erin	41	PNA-PN	5:14.26	20
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	34.48	38.62	39.90	40.29	
	40.65	40.47	40.13	39.72	
2	Bates, Penny	42	PNA-PN	5:19.16	17
	36.71	39.33	39.90	40.36	
	40.99	41.04	41.39	39.44	

**Event 16 Women 45-49 400 SC Meter Freestyle**

1	Welborn, Jody	48	OREG-OR	6:18.86	20
	40.78	52.66	35.83	56.87	
	48.51	48.42	48.72	47.07	

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**Event 16 Women 50-54 400 SC Meter Freestyle**

1	Moore, Jane A	53	PNA-PN	7:14.61	20
	50.31	55.16	55.58	55.96	
	55.96	55.63	54.98	51.03	

**Event 16 Women 55-59 400 SC Meter Freestyle**

1	Litt, Ami	57	PNA-PN	6:46.80	20
	44.31	48.52	51.86	52.57	
	53.10	52.73	53.93	49.78	
2	Ensign, Jeanne	57	PNA-PN	7:40.42	17
	54.14	57.71	58.20	59.19	
	57.74	58.49	57.82	57.13	

**Event 16 Men 40-44 400 SC Meter Freestyle**

1	Lang, Joseph	40	UNAT	4:46.25	20
	32.68	35.35	36.07	36.58	
	37.04	36.75	36.62	35.16	
2	Dybdahl, Eric	43	PNA-PN	4:50.33	17
	33.75	36.66	37.72	37.66	
	37.13	36.88	35.85	34.68	
3	Schlemmer, Bob	44	PNA-PN	5:19.97	16
	36.33	39.57	41.25	41.57	
	1:21.79		40.74	38.72	
4	Garcia, Doug	42	INW-IE	6:01.39	15
	39.98	44.61	47.81	49.12	
	46.70	45.82	45.42	41.93	

**Event 16 Men 45-49 400 SC Meter Freestyle**

1	Wade, Steven G	45	PNA-PN	6:12.59	20
	38.74	44.17	38.65	1:15.70	
	29.48	48.95	48.96	47.94	

**Event 16 Men 50-54 400 SC Meter Freestyle**

1	Tennant, Mike	50	OREG-OR	4:49.96	20
	33.89	36.10	36.77	36.59	
	37.30	36.72	37.28	35.31	

**Event 16 Men 55-59 400 SC Meter Freestyle**

1	McCleery, James T	57	PNA-PN	4:50.79	20
	33.22	36.13	37.23	37.40	
	37.24	37.31	37.09	35.17	
2	Norris, Jim	56	PNA-PN	5:27.17	17
	39.13	42.76	42.72	42.79	
	41.34	41.08	40.26	37.09	

**Event 16 Men 60-64 400 SC Meter Freestyle**

---	Pilger, Robert	60	PNA-PN	NS	
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**Event 16 Men 65-69 400 SC Meter Freestyle**

1	Lake, Brent	65	OREG-OR	6:05.24	20
	38.36	44.75	48.55	54.19	
	41.44	47.32	46.59	44.04	
2	Drum, Dave	68	PNA-PN	6:45.28	17
	45.59	52.28	55.00		
		52.67	49.38	47.02	

**Event 16 Men 90-94 400 SC Meter Freestyle**

1	Crossett, Gene	90	PNA-PN	11:00.33	20
	1:16.36	1:24.57	1:24.17	1:24.82	
	1:33.65	1:21.09	1:15.33	1:20.34	

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**Event 21 Women 25-29 100 SC Meter Backstroke**

---	McAmmond, Jordan	27	PNA-PN	NS
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**Event 21 Women 30-34 100 SC Meter Backstroke**

1	Mesler, Jennifer	33	PNA-PN	1:19.92	20
	45.53	34.39			
2	Bussart, Megan	33	PNA-PN	1:27.12	17
	41.90	45.22			

**Event 21 Women 35-39 100 SC Meter Backstroke**

1	Reynolds, Ellen	39	SNAKE-SR	1:15.56	20
	37.48	38.08			

**Event 21 Women 40-44 100 SC Meter Backstroke**

1	Burgman, Erin	41	PNA-PN	1:22.34	20
	40.37	41.97			

**Event 21 Women 50-54 100 SC Meter Backstroke**

1	Moore, Jane A	53	PNA-PN	2:03.97	20
	1:02.51	1:01.46			

**Event 21 Women 55-59 100 SC Meter Backstroke**

1	Smith, Sally Ann	55	UNAT	1:46.82	20
	50.91	55.91			

**Event 21 Women 60-64 100 SC Meter Backstroke**

1	Pronk, Bonnie	61	MSABC	1:28.13	20
	42.84	45.29			
2	Ward, Joy	61	OREG-OR	1:32.58	17
	45.38	47.20			
3	Drum, Francesca	62	PNA-PN	1:44.91	16
	50.94	53.97			
---	Frid, Barbara	61	OREG-OR	NS	

**Event 21 Women 70-74 100 SC Meter Backstroke**

---	Kavadas, Janet	72	PNA-PN	NS
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**Event 21 Women 75-79 100 SC Meter Backstroke**

---	Wells, Margaret	77	OREG-OR	NS
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**Event 21 Men 25-29 100 SC Meter Backstroke**

---	Cretin, David	28	PNA-PN	NS
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**Event 21 Men 30-34 100 SC Meter Backstroke**

---	Alles, Dave	31	PNA-PN	NS
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**Event 21 Men 40-44 100 SC Meter Backstroke**

1	Dybdahl, Eric	43	PNA-PN	1:18.39	20
	38.68	39.71			

---	Campbell, Chris	42	PAC-PC	NS
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**Event 21 Men 50-54 100 SC Meter Backstroke**

1	Krauser, Larry	50	INW-IE	1:09.32	20
	33.92	35.40			
2	Gilmore, Mike	50	PNA-PN	1:20.52	17
	38.66	41.86			

**Event 21 Men 55-59 100 SC Meter Backstroke**

---	McCleery, James T	57	PNA-PN	NS
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**Event 21 Men 65-69 100 SC Meter Backstroke**

1	Lake, Brent	65	OREG-OR	1:26.43	20
	41.97	44.46			

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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2	Foley, Tom	69	PNA-PN	1:59.63	17				
	57.07	1:02.56							
<b>Event 22 Women 25-29 50 SC Meter Freestyle</b>									
1	Naess, Victoria	27	MSABC	27.82	20				
<b>Event 22 Women 30-34 50 SC Meter Freestyle</b>									
1	Simsak, Tara	34	PNA-PN	29.38	20				
---	Cullom, Ellen	33	PNA-PN	NS					
<b>Event 22 Women 35-39 50 SC Meter Freestyle</b>									
1	Harmer, Annelle	35	MSABC	33.43	20				
2	Moore, Kathy	36	PNA-PN	35.49	17				
3	Stebbins, Jodi	35	PNA-PN	36.10	16				
---	Hoisington, Sarah	35	PNA-PN	NS					
<b>Event 22 Women 40-44 50 SC Meter Freestyle</b>									
1	Dahl, Lisa	42	UNAT	29.29	20				
<b>Event 22 Women 45-49 50 SC Meter Freestyle</b>									
1	Logsdon, Rebecca	49	PNA-PN	52.98	20				
---	Tomlinson-Macias, Melinda	45	INW-IE	NS					
<b>Event 22 Women 50-54 50 SC Meter Freestyle</b>									
1	Williams, Dona	50	UNAT	35.06	20				
<b>Event 22 Women 55-59 50 SC Meter Freestyle</b>									
1	Pierson, Ginger	57	MACO-OR	37.54	20				
2	Smith, Sally Ann	55	UNAT	39.21	17				
<b>Event 22 Women 60-64 50 SC Meter Freestyle</b>									
---	Frid, Barbara	61	OREG-OR	NS					
---	Snow, Charlotte	64	PNA-PN	NS					
<b>Event 22 Women 75-79 50 SC Meter Freestyle</b>									
1	Phillips, Bernice	76	PNA-PN	57.71	20				
<b>Event 22 Men 19-24 50 SC Meter Freestyle</b>									
1	Speer, Jasen	22	PNA-PN	26.37	20				
<b>Event 22 Men 30-34 50 SC Meter Freestyle</b>									
1	Ness, Kerry	34	PNA-PN	33.78	20				
<b>Event 22 Men 40-44 50 SC Meter Freestyle</b>									
1	Lang, Joseph	40	UNAT	29.54	20				
2	Garcia, Doug	42	INW-IE	32.82	17				
---	Lemr, John	44	PNA-PN	NS					
---	Littlefield, James	43	PNA-PN	NS					
<b>Event 22 Men 45-49 50 SC Meter Freestyle</b>									
1	Wade, Steven G	45	PNA-PN	34.98	20				
---	Macias, Jesse	45	INW-IE	NS					
---	Gross, Jim	49	PNA-PN	NS					
---	Pangrazzi, Stephen	46	UNAT	NS					
<b>Event 22 Men 50-54 50 SC Meter Freestyle</b>									
1	Tennant, Mike	50	OREG-OR	26.65	20				
<b>Event 22 Men 55-59 50 SC Meter Freestyle</b>									
1	Leet, John	58	PNA-PN	31.99	20				
2	Sawyer, Dennis	59	PNA-PN	33.49	17				
<b>Event 22 Men 60-64 50 SC Meter Freestyle</b>									
1	Pilger, Robert	60	PNA-PN	28.89	20				
---	Freeman, Paul	60	PNA-PN	NS					

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**Event 22 Men 90-94 50 SC Meter Freestyle**

1	Crossett, Gene	90	PNA-PN	57.88	20
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**Event 23 Women 30-34 200 SC Meter Breaststroke**

---	Cullom, Ellen	33	PNA-PN	NS	
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**Event 23 Women 35-39 200 SC Meter Breaststroke**

---	Harmer, Annelle	35	MSABC	NS	
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**Event 23 Women 40-44 200 SC Meter Breaststroke**

1	Hawksworth, Judy	44	PNA-PN	3:14.89	20
				44.88	49.43
				50.40	50.18

**Event 23 Women 45-49 200 SC Meter Breaststroke**

1	Logsdon, Rebecca	49	PNA-PN	5:03.43	20
				1:10.58	1:18.60
				1:18.07	1:16.18

**Event 23 Women 55-59 200 SC Meter Breaststroke**

1	Litt, Ami	57	PNA-PN	3:52.03	20
				52.45	58.87
				1:00.43	1:00.28

**Event 23 Women 60-64 200 SC Meter Breaststroke**

1	Drum, Francesca	62	PNA-PN	3:46.88	20
				53.06	57.65
				58.23	57.94
---	Snow, Charlotte	64	PNA-PN	NS	

**Event 23 Women 70-74 200 SC Meter Breaststroke**

---	Kavadas, Janet	72	PNA-PN	NS	
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**Event 23 Women 80-84 200 SC Meter Breaststroke**

---	Flynn, Muriel	80	PNA-PN	NS	
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**Event 23 Men 30-34 200 SC Meter Breaststroke**

1	Harmer, John	34	MSABC	3:38.96	20
				51.09	55.60
				58.40	53.87

**Event 23 Men 35-39 200 SC Meter Breaststroke**

1	Gaarder, Chris	38	OREG-OR	2:52.68	20
				39.49	42.72
				44.91	45.56

**Event 23 Men 45-49 200 SC Meter Breaststroke**

1	Allender, Pat	45	OREG-OR	2:36.99	20
				36.50	40.41
				39.87	40.21
2	Ames, Kevin	46	PNA-PN	3:01.25	17
				40.61	46.12
				1:34.66	

**Event 23 Men 50-54 200 SC Meter Breaststroke**

1	Stark, Allen L	54	OREG-OR	2:47.15	20
				39.86	42.16
				42.45	42.68

**Event 23 Men 55-59 200 SC Meter Breaststroke**

1	Peterson, Steven	57	PNA-PN	3:00.71	20
				40.80	46.11
				46.88	46.92
2	Leet, John	58	PNA-PN	3:16.33	17
				45.15	49.77
				51.12	50.29

**Event 23 Men 65-69 200 SC Meter Breaststroke**

1	Rehfeldt, Don	69	PNA-PN	3:59.31	20
				52.92	59.86
				1:03.65	1:02.88
---	Radcliff, David A	69	OREG-OR	NS	

## NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003

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**Event 24 Mixed 120-159 200 SC Meter Freestyle Relay**

--- UNAT A NS  
 2) Williams, Dona 50  
 3) Smith, Sally Ann 55

**Event 26 Women 25-29 50 SC Meter Backstroke**

1 Naess, Victoria 27 MSABC 34.31 20  
 --- McAmmond, Jordan 27 PNA-PN NS

**Event 26 Women 35-39 50 SC Meter Backstroke**

1 Reynolds, Ellen 39 SNAKE-SR 35.48 20  
 2 Moore, Kathy 36 PNA-PN 43.64 17  
 3 Stebbins, Jodi 35 PNA-PN 47.94 16

**Event 26 Women 40-44 50 SC Meter Backstroke**

1 Dahl, Lisa 42 UNAT 36.73 20

**Event 26 Women 45-49 50 SC Meter Backstroke**

--- Tomlinson-Macias, Melinda 45 INW-IE NS

**Event 26 Women 55-59 50 SC Meter Backstroke**

1 Pierson, Ginger 57 MACO-OR 43.82 20  
 2 Smith, Sally Ann 55 UNAT 48.21 17

**Event 26 Women 60-64 50 SC Meter Backstroke**

1 Pronk, Bonnie 61 MSABC 41.32 20  
 2 Ward, Joy 61 OREG-OR 42.97 17  
 --- Snow, Charlotte 64 PNA-PN NS  
 --- Frid, Barbara 61 OREG-OR NS

**Event 26 Women 75-79 50 SC Meter Backstroke**

1 Phillips, Bernice 76 PNA-PN 1:04.41 20

**Event 26 Men 25-29 50 SC Meter Backstroke**

--- Cretin, David 28 PNA-PN NS

**Event 26 Men 40-44 50 SC Meter Backstroke**

--- Littlefield, James 43 PNA-PN NS

**Event 26 Men 45-49 50 SC Meter Backstroke**

1 Ames, Kevin 46 PNA-PN 37.79 20  
 --- Macias, Jesse 45 INW-IE NS

**Event 26 Men 50-54 50 SC Meter Backstroke**

--- Gilmore, Mike 50 PNA-PN NS

**Event 26 Men 65-69 50 SC Meter Backstroke**

1 Lake, Brent 65 OREG-OR 39.48 20

**Event 27 Women 40-44 200 SC Meter Butterfly**

1 Bates, Penny 42 PNA-PN 2:54.15 20  
 38.43 43.30 44.91 47.51

**Event 27 Men 40-44 200 SC Meter Butterfly**

1 Dybdahl, Eric 43 PNA-PN 2:37.56 20  
 35.75 39.51 41.28 41.02

**Event 27 Men 50-54 200 SC Meter Butterfly**

1 Krauser, Larry 50 INW-IE 2:41.07 20  
 34.47 40.78 43.16 42.66  
 --- Stark, Allen L 54 OREG-OR NS



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**Event 27 Men 65-69 200 SC Meter Butterfly**

1	Foley, Tom	69	PNA-PN	5:25.00	20
	1:11.08	1:23.27	1:29.73	1:20.92	

**Event 28 Women 25-29 100 SC Meter Freestyle**

1	Naess, Victoria	27	MSABC	1:01.01	20
	29.62	31.39			

**Event 28 Women 30-34 100 SC Meter Freestyle**

1	Simsak, Tara	34	PNA-PN	1:04.15	20
	30.78	33.37			
---	Cullom, Ellen	33	PNA-PN		NS

**Event 28 Women 35-39 100 SC Meter Freestyle**

1	Stebbins, Jodi	35	PNA-PN	1:31.34	20
	42.20	49.14			
---	Hoisington, Sarah	35	PNA-PN		NS

**Event 28 Women 40-44 100 SC Meter Freestyle**

1	Burgman, Erin	41	PNA-PN	1:05.98	20
	31.30	34.68			

**Event 28 Women 45-49 100 SC Meter Freestyle**

1	Tomlinson-Macias, Melinda	45	INW-IE	1:27.89	20
	41.39	46.50			
2	Logsdon, Rebecca	49	PNA-PN	2:03.69	17
	58.79	1:04.90			
---	Keyser, Donna	45	PNA-PN		NS

**Event 28 Women 50-54 100 SC Meter Freestyle**

1	Williams, Dona	50	UNAT	1:22.10	20
	38.85	43.25			

**Event 28 Women 55-59 100 SC Meter Freestyle**

1	Litt, Arni	57	PNA-PN	1:31.37	20
	43.33	48.04			

**Event 28 Women 60-64 100 SC Meter Freestyle**

1	Drum, Francesca	62	PNA-PN	1:33.08	20
	44.69	48.39			

**Event 28 Women 75-79 100 SC Meter Freestyle**

1	Phillips, Bernice	76	PNA-PN	2:10.84	20
	1:05.45	1:05.39			

**Event 28 Men 30-34 100 SC Meter Freestyle**

1	Ness, Kerry	34	PNA-PN	1:21.10	20
	37.61	43.49			

---	Harmer, John	34	MSABC		NS
---	Alles, Dave	31	PNA-PN		NS

**Event 28 Men 35-39 100 SC Meter Freestyle**

1	Gaarder, Chris	38	OREG-OR	1:02.76	20
	29.97	32.79			

**Event 28 Men 40-44 100 SC Meter Freestyle**

1	Lang, Joseph	40	UNAT	1:02.69	20
	30.53	32.16			
2	Schlemmer, Bob	44	PNA-PN	1:05.25	17
	31.43	33.82			
---	Littlefield, James	43	PNA-PN		NS

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<b>Event 28 Men 45-49 100 SC Meter Freestyle</b>					37.46	44.26	48.66	39.40			
1	Wade, Steven G	45	PNA-PN	1:19.69	20	<b>Event 29 Women 45-49 200 SC Meter IM</b>					
	38.06	41.63				1	Welborn, Jody	48	OREG-OR	3:35.49	20
2	Macias, Jesse	45	INW-IE	2:18.87	17		51.90	55.42	1:00.82	47.35	
	58.97	1:19.90				2	Tomlinson-Macias, Melinda	45	INW-IE	3:45.22	17
---	Gross, Jim	49	PNA-PN	NS			47.96	1:00.77	1:07.05	49.44	
<b>Event 28 Men 50-54 100 SC Meter Freestyle</b>											
---	Gilmore, Mike	50	PNA-PN	NS		<b>Event 29 Women 50-54 200 SC Meter IM</b>					
						1	Williams, Dona	50	UNAT	3:26.18	20
<b>Event 28 Men 55-59 100 SC Meter Freestyle</b>											
							45.33	56.60	58.36	45.89	
1	McCleery, James T	57	PNA-PN	1:04.07	20	<b>Event 29 Women 60-64 200 SC Meter IM</b>					
	31.09	32.98				1	Ward, Joy	61	OREG-OR	3:30.22	20
2	Peterson, Steven	57	PNA-PN	1:10.95	17		45.28	53.27	1:03.34	48.33	
	33.82	37.13									
3	Leet, John	58	PNA-PN	1:12.43	16						
	34.72	37.71									
4	Sawyer, Dennis	59	PNA-PN	1:16.11	15						
	36.27	39.84									
<b>Event 28 Men 60-64 100 SC Meter Freestyle</b>											
1	Pilger, Robert	60	PNA-PN	1:06.64	20						
	32.02	34.62									
---	Freeman, Paul	60	PNA-PN	NS							
<b>Event 28 Men 65-69 100 SC Meter Freestyle</b>											
1	Drum, Dave	68	PNA-PN	1:19.96	20						
	38.42	41.54									
<b>Event 28 Men 90-94 100 SC Meter Freestyle</b>											
1	Crossett, Gene	90	PNA-PN	2:16.06	20						
	1:04.93	1:11.13									
<b>Event 29 Women 30-34 200 SC Meter IM</b>											
1	Simsak, Tara	34	PNA-PN	2:44.39	20						
	35.21	42.78	49.76	36.64							
2	Mesler, Jennifer	33	PNA-PN	2:57.00	17						
	37.78	44.07	54.26	40.89							
<b>Event 29 Women 35-39 200 SC Meter IM</b>											
1	Reynolds, Ellen	39	SNAKE-SR	2:44.14	20						
	37.65	40.36	50.35	35.78							
2	Stebbins, Jodi	35	PNA-PN	3:51.56	17						
	53.84	56.10	1:10.51	51.11							
<b>Event 29 Women 40-44 200 SC Meter IM</b>											
1	Bates, Penny	42	PNA-PN	2:49.78	20						

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**Event 29 Men 30-34 200 SC Meter IM**

---	Alles, Dave	31	PNA-PN	NS
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**Event 29 Men 40-44 200 SC Meter IM**

---	Campbell, Chris	42	PAC-PC	NS
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**Event 29 Men 45-49 200 SC Meter IM**

1	Allender, Pat	45	OREG-OR	2:23.32	20
	30.99	40.05	39.60	32.68	

---	Ames, Kevin	46	PNA-PN	DQ
	34.53	44.00	47.94	37.09

**Event 29 Men 50-54 200 SC Meter IM**

1	Krauser, Larry	50	INW-IE	2:30.88	20
	32.60	39.05	47.57	31.66	

**Event 29 Men 55-59 200 SC Meter IM**

1	McCleery, James T	57	PNA-PN	2:39.81	20
	35.62	41.10	47.32	35.77	

**Event 29 Men 65-69 200 SC Meter IM**

1	Rehfeldt, Don	69	PNA-PN	4:10.85	20
	57.40	1:13.61	1:03.20	56.64	

2	Foley, Tom	69	PNA-PN	4:32.31	17
	1:08.55	1:05.94	1:15.11	1:02.71	

**Event 30 Women 25-29 1500 SC Meter Freestyle**

1	McAmmond, Jordan	27	PNA-PN	19:35.45	20
	35.93	38.58	39.46	39.33	
	39.45	39.40	39.31	39.45	
	39.62	39.37	39.67	40.08	
	39.70	39.35	39.42	39.42	
	39.78	39.38	39.38	39.08	
	39.14	39.41	39.31	38.70	
	39.39	38.97	38.89	39.03	
	39.18	38.27			

**Event 30 Women 30-34 1500 SC Meter Freestyle**

1	Bussart, Megan	33	PNA-PN	21:22.41	20
	36.85	41.42	43.04	43.06	
	43.06	42.33	42.86	43.59	
	43.58	42.96	43.41	42.97	
	43.12	43.62	43.66	42.60	
	42.70	42.30	42.93	42.26	
	43.18	42.67	43.01	43.24	
	43.67	43.95	43.75	42.99	

42.75 40.88

**Event 30 Women 40-44 1500 SC Meter Freestyle**

1	Burgman, Erin	41	PNA-PN	21:03.23	20
	36.68	41.56	41.20	42.21	
	43.26	43.05	42.76	43.18	
	43.08	42.23	42.74	42.48	
	43.08	42.86	42.94	42.88	
	42.32	42.34	42.17	42.03	
	42.39	42.19	42.35	41.90	
	41.98	42.27	41.57	41.95	
	41.71	39.87			

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**Event 30 Women 45-49 1500 SC Meter Freestyle**

1	Tomlinson-Macias, Melinda	45	INW-IE	29:44.02	20
	1:00.04	47.60	56.78	56.52	
	1:03.79	1:07.43	58.89	1:04.70	
	1:05.64	1:02.27	1:06.04	1:02.52	
	1:01.55	1:10.39	46.20	58.17	
	59.14	56.20	59.28	1:00.24	
	2:03.89	1:03.10	54.52	51.92	
	1:03.40	53.53	59.46	56.49	
	54.88				

**Event 30 Women 50-54 1500 SC Meter Freestyle**

1	Moore, Jane A	53	PNA-PN	28:43.66	20
	50.56	55.87	57.60	56.34	
	56.40	57.58	58.15	56.49	
	57.01	57.01	58.28	58.33	
	57.92	57.96	58.51	58.21	
	58.24	58.15	58.19	59.31	
	58.96	58.85	58.15	58.68	
	58.04	57.44	57.89	58.42	
	57.60	53.52			

**Event 30 Women 55-59 1500 SC Meter Freestyle**

1	Ensign, Jeanne	57	PNA-PN	28:24.82	20
	53.09	56.10	57.32	56.17	
	57.51	57.05	57.27	57.21	
	57.08	57.04	57.95	58.15	
	56.90	57.12	58.13	58.06	
	56.90	56.77	57.25	56.50	
	56.36	56.31	57.44	56.61	
	57.46	56.19	57.12	57.07	
	56.05	54.64			

**Event 30 Women 60-64 1500 SC Meter Freestyle**

1	Pronk, Bonnie	61	MSABC	22:59.19	20
	41.35	46.14	47.49	46.94	
	47.26	47.12	47.06	46.80	
	46.56	46.46	46.03	46.54	
	45.87	46.38	46.52	46.21	
	45.76	45.97	46.16	46.14	
	45.91	46.35	46.23	46.17	
	45.69	45.48	45.89	45.03	
	45.04	42.64			

**Event 30 Men 19-24 1500 SC Meter Freestyle**

1	Speer, Jasen	22	PNA-PN	21:02.33	20
	32.05	36.69	38.68	40.31	
	39.85	40.49	40.07	41.19	
	40.77	42.35	2:04.59	41.04	
	1:23.39	1:25.11	39.60	41.18	
	0.16	41.62	41.62	41.17	
	45.01	39.12	42.03	41.98	
	41.76	42.51	39.53	6.37	
	10.48	21.61			

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Event 30 Men 35-39 1500 SC Meter Freestyle					39.87	43.67	44.22	43.79	
1	Volckening, Bill	37	NEM-NE	18:33.54	20	43.64	43.24	43.56	43.22
	32.13	34.51	35.51	36.16	43.39	43.25	43.99	43.22	
	36.29	36.31	36.72	37.42	43.67	43.69	43.45	43.33	
	37.44	37.61	37.44	37.59	43.40	43.15	43.60	43.34	
	37.44	37.33	37.52	37.79	43.50	44.33	43.69	43.50	
	37.58	37.77	38.17	37.92	43.69	43.90	43.02	42.84	
	37.87	37.89	38.08	38.24	42.76	40.80			
	37.95	37.75	38.08	37.85					
	37.26	35.92							
Event 30 Men 40-44 1500 SC Meter Freestyle									
1	Schlemmer, Bob	44	PNA-PN	21:31.49	20				
	37.34	40.38	42.18	42.15					
	43.67	42.82	43.68	43.43					
	42.54	43.73	43.27	43.77					
	43.43	43.49	43.86	43.55					
	43.96	43.97	43.64	43.71					
	44.17	43.73	44.17	44.21					
	43.81	43.52	43.04	43.10					
	42.87	40.30							
Event 30 Men 45-49 1500 SC Meter Freestyle									
1	Wade, Steven G	45	PNA-PN	24:24.74	20				
	42.49	47.44	48.54	48.99					
	49.90	50.23	49.92	49.88					
	48.94	49.11	49.74	49.55					
	49.82	49.38	49.54	49.33					
	48.56	49.49	49.14	49.14					
	48.78	48.60	49.06	48.76					
	48.59	48.79	48.73	49.74					
	48.76	45.80							
2	Macias, Jesse	45	INW-IE	53:20.40	17				
	1:13.68	1:39.14	1:48.00	1:48.96					
	1:46.90	1:44.90	1:44.38	1:47.21					
	1:50.34	1:48.89	1:41.91	1:46.61					
	1:40.64	1:39.84	1:41.60	1:47.60					
	1:49.17	5:31.88	1:53.71	1:41.07					
	1:53.79	1:55.74	1:59.74	1:51.63					
	1:57.94	1:54.90	1:54.15	1:26.16					
	3.50								
Event 30 Men 55-59 1500 SC Meter Freestyle									
1	Norris, Jim	56	PNA-PN	21:38.72	20				

**NW Zone SC Meters Championships - 11/8/2003 to 11/9/2003**

**Results**

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**Event 30 Men 65-69 1500 SC Meter Freestyle**

1	Lake, Brent	65	OREG-OR	23:55.77	20
	41.25	45.87	47.42	47.92	
	47.51	47.26	47.52	48.04	
	47.43	47.89	48.41	47.97	
	47.91	47.85	48.75	48.08	
	48.73	48.45	48.19	49.09	
	48.36	49.44	48.48	48.36	
	48.42	48.36	48.39	48.37	
	48.91	47.14			