

PNA MASTERS MEET  
Northshore Pool  
January 11, 1976

\* PNA Record

WOMEN 20-24		WOMEN 30-34		WOMEN 40-44	
<u>50 Yd. Breast</u>		<u>50 Yd. Breast</u>		<u>50 Yd. Free</u>	
Adelyn Frederick	:41.5	Peggy Smothers	:38.1*	Shirley Lehman	:35.0
<u>100 Yd. Breast</u>		Carolyn Behse	:38.2	Joanne Rehfeldt	:38.3
Adelyn Frederick	1:34.9	Deanna Petre	:46.4	Janet Twilight	:44.7
<u>200 Yd. Breast</u>		<u>100 Yd. Breast</u>		<u>100 Yd. Free</u>	
Adelyn Frederick	3:28.5	Carolyn Behse	1:27.5	Shirley Lehman	1:22.0
<u>50 Yd. Fly</u>		Deanna Petre	1:44.2	Joy Ross	1:26.7
Vikki Davis	:32.7	<u>50 Yd. Fly</u>		<u>200 Yd. Free</u>	
<u>200 Yd. I. M.</u>		Sue Dills	:33.2*	Joy Ross	3:07.8
Vikki Davis	2:47.5	Peggy Smothers	:34.8	<u>500 Yd. Free</u>	
<u>WOMEN 25-29</u>		<u>100 Yd. I. M.</u>		Joy Ross	8:13.3
<u>25 Yd. Free-Novice</u>		Peggy Smothers	1:15.4*	Janet Sims	9:34.9
Susan Chalk	:16.2	Sue Dills	1:15.5	<u>50 Yd. Back</u>	
Monique Bruce	:16.5	<u>200 I. M.</u>		Joanne Rehfeldt	:46.3
Aileen Engel	:27.8	Sue Dills	2:44.0	<u>100 Yd. Back</u>	
<u>50 Yd. Free</u>		<u>WOMEN 35-39</u>		Norma McKinney	1:35.3
Linda Kulchinski	:31.0	<u>25 Yd. Free-Novice</u>		<u>200 Yd. Back</u>	
Monique Bruce	:38.7	Lisa Sherry	:17.4	Norma McKinney	3:15.7
Aileen Engel	1:06.4	Susan Bergevin	:18.3	<u>50 Yd. Breast</u>	
<u>100 Yd. Free</u>		Lene Carey	:20.0	Sylvia Powell	:45.5*
Linda Kulchinski	1:11.7	<u>50 Yd. Free</u>		Janet Twilight	:47.1
Sherry Payne	1:12.1	Juanita Correa	:28.3	Denna Wilson	:49.4
<u>200 Yd. Free</u>		Jill Lakin	:35.8	Janet Sims	:52.4
Lynn Bell	2:05.5*	Judy Harrison	:37.6	<u>100 Yd. Breast</u>	
<u>500 Yd. Free</u>		<u>100 Yd. Free</u>		Sylvia Powell	1:41.0
Aileen Engel	15:40.0	Juanita Correa	1:02.9*	Janet Twilight	1:44.9
<u>25 Yd. Back-Novice</u>		Jill Lakin	1:20.9	Janet Sims	1:50.0
Susan Chalk	:20.1	<u>200 Yd. Free</u>		<u>200 Yd. Breast</u>	
Aileen Engel	:29.7	Juanita Correa	2:21.1*	Joy Ross	3:32.7*
<u>50 Yd. Back</u>		Jill Lakin	3:07.8	Sylvia Powell	3:47.9
Susan Chalk	:43.5	<u>500 Yd. Free</u>		Janet Sims	3:59.3
Aileen Engel	1:01.3	Karen Kohler	8:50.7	<u>50 Yd. Fly</u>	
<u>25 Yd. Breast-Novice</u>		<u>25 Yd. Back-Novice</u>		Shirley Lehman	:43.8
Monique Bruce	:21.5	Susan Bergevin	:21.2	Denna Wilson	:48.6
<u>100 Yd. Breast</u>		Lisa Sherry	:21.4	<u>100 Yd. I. M.</u>	
Lynn Bell	1:11.9*	<u>50 Yd. Back</u>		Shirley Lehman	1:33.9
Sherry Payne	1:32.2	Karen Kohler	:42.2	Norma McKinney	1:35.2
<u>200 Yd. Breast</u>		Judy Harrison	:45.7	Joy Ross	1:40.8
Lynn Bell	2:36.5*	Jill Lakin	:48.2	Janet Twilight	1:48.6
Sherry Payne	3:11.1	<u>100 Yd. Back</u>		<u>200 Yd. I. M.</u>	
<u>50 Yd. Fly</u>		Karen Kohler	1:31.6	Norma McKinney	3:36.4
Lynn Bell	:29.8*	Judy Harrison	1:38.6	Denna Wilson	3:51.5
Linda Kulchinski	:36.9	<u>200 Yd. Back</u>		<u>WOMEN 45-49</u>	
<u>100 Yd. I. M.</u>		Karen Kohler	3:17.3*	<u>25 Yd. Free-Novice</u>	
Sherry Payne	1:20.8	<u>25 Yd. Breast-Novice</u>		Fern Anderson	:19.1
<u>200 Yd. I. M.</u>		Lisa Sherry	:19.8	<u>50 Yd. Free</u>	
Lynn Bell	2:24.0*	Lene Carey	:20.5	Lois Keller	:39.0
Sherry Payne	2:53.8	Susan Bergevin	:22.8	Mary Monson	:40.5
Linda Kulchinski	3:08.0	<u>50 Yd. Breast</u>		Jean Rumney	:41.4
<u>WOMEN 30-34</u>		MaryLou Haugland	:40.0	<u>100 Yd. Free</u>	
<u>50 Yd. Free</u>		Lisa Sherry	:44.0	Lois Keller	1:28.0
Peggy Smothers	:29.8	Jean Abrams	:44.9	<u>200 Yd. Free</u>	
Sue Dills	:30.0	<u>100 Yd. Breast</u>		Pat Dotson	2:52.3*
Carolyn Behse	:34.6	MaryLou Haugland	1:29.6	Lois Keller	3:16.2
<u>100 Yd. Free</u>		Lisa Sherry	1:37.4	<u>100 Yd. Back</u>	
Sue Henderson	1:05.1	Karen Kohler	1:49.7	Pat Dotson	1:36.7
Sue Dills	1:05.1	<u>200 Yd. Breast</u>		<u>50 Yd. Breast</u>	
Janet Russell	1:19.5	MaryLou Haugland	3:09.5	Pat Dotson	:44.5*
Sue Henderson	1:21.0	<u>50 Yd. Fly</u>		Jean Rumney	:55.5
<u>200 Yd. Free</u>		Juanita Correa	:33.2*	<u>50 Yd. Fly</u>	
Sue Henderson	3:11.5	Jean Abrams	:35.4	Jean Rumney	:49.8
<u>500 Yd. Free</u>		<u>100 Yd. Fly</u>		<u>100 Yd. I. M.</u>	
Sue Henderson	9:02.9	Jean Abrams	1:23.4*	Pat Dotson	1:27.9
<u>50 Yd. Back</u>		MaryLou Haugland	1:40.9	Lois Keller	1:44.1
Janet Russell	:44.1	<u>100 Yd. I. M.</u>		<u>WOMEN 55-59</u>	
Deanna Petre	:45.7	Juanita Correa	1:16.4*	<u>50 Yd. Back</u>	
Sue Henderson	:48.2	<u>200 Yd. I. M.</u>		Maxine Carlson	:50.8
<u>100 Yd. Back</u>		MaryLou Haugland	3:06.2*	<u>50 Yd. Breast</u>	
Deanna Petre	1:40.4			Maxine Carlson	:51.4
				<u>100 Yd. Breast</u>	
				Maxine Carlson	1:55.7

WOMEN 60-64		200 Yd. Back		50 Yd. Breast		Kirk Adams		1:06.9	
50 Yd. Free		Alan Bell	2:10.4	James Miles	32.5	John Allen			1:20.7
Dawn Mussleman	37.8	25 Yd. Breast-Novice		Edward Bruce	33.8	Dick LeFave			1:24.7
100 Yd. Free		Tim Weatherbie	21.0	100 Yd. Breast		200 Yd. Free			
Dawn Mussleman	2:05.6	50 Yd. Breast		Jack Ridley	1:19.5	John Allen			3:08.2
200 Yd. Free		Jim Johnston	34.0	200 Yd. Breast		500 Yd. Free			
Lee Holm	10:17.3	Tim Weatherbie	44.6	Steve Engel	2:36.6	John Allen			9:28.5
50 Yd. Back		100 Yd. Breast		Jack Ridley	2:40.2	50 Yd. Back			
Dawn Mussleman	44.0	Ken Visser	1:11.6	50 Yd. Fly		John Allen			44.2
100 Yd. Back		Jerry Ruthrauff	1:17.8	Edward Bruce	26.4	Dick LeFave			46.7
Lee Holm	2:05.8	200 Yd. Breast		James Miles	28.1	100 Yd. Back			
200 Yd. Back		Jerry Ruthrauff	2:48.9	100 Yd. Fly		Tom Foley			1:31.8
Lee Holm	4:18.8	50 Yd. Fly		Edward Bruce	1:04.4	200 Yd. Back			
MEN 20-24		Roger Nichols	30.1	100 Yd. I.M.		Tom Foley			3:18.6
50 Yd. Free		Jerry Ruthrauff	30.3	James Miles	1:04.5	Don Rehfeldt			3:19.4
Eric Beam	29.8	100 Yd. Fly		Jack Ridley	1:04.7	50 Yd. Breast			
100 Yd. Free		Alan Bell	55.5	Harry Lewis (I.E.)	1:16.4	Ron Taylor			34.6
Gary Ladd	55.5	100 Yd. I.M.		Terry Miller	1:24.6	100 Yd. Breast			
David Rivers	1:00.1	Ken Visser	1:04.5	200 Yd. I.M.		Ron Taylor			1:13.5
Eric Beam	1:01.3	Jerry Ruthrauff	1:12.0	Edward Bruce	2:37.8	200 Yd. Breast			
200 Yd. Free		Wally Hampton	2:16.3	Peter Dotson	2:41.1	Ron Taylor			2:42.5
Tom Ardavany	2:12.0	200 Yd. I.M.		MEN 35-39		Don Rehfeldt			3:14.0
Eric Beam	2:18.3	Alan Bell	2:14.9	25 Yd. Free-Novice		Tom Foley			3:59.0
500 Yd. Free		Ken Visser	2:22.8	David Harrison	15.9	100 Yd. I.M.			
Eric Beam	6:11.0	MEN 30-34		50 Yd. Free		Ron Taylor			1:10.3
David Rivers	7:08.7	25 Yd. Free-Novice		Robert Thompson	25.4	Don Rehfeldt			1:23.3
100 Yd. Back		Dean Behse	12.7	Ray Jeffries	32.6	Tom Foley			1:40.0
Gary Ladd	1:06.0	50 Yd. Free		100 Yd. Free					
100 Yd. Breast		Ed Bruce	24.3	Robert Thompson	58.7				
Gary Ladd	1:10.0	James Miles	24.6	Ray Jeffries	1:11.2				
50 Yd. Fly		Paul Murphy	24.8	200 Yd. Free					
Tom Ardavany	27.9	Jack Ridley	25.0	Robert Thompson	2:20.6				
100 Yd. Fly		Jay Smith	25.5	50 Yd. Back					
Tom Ardavany	1:01.3	Eugene Young	30.6	Glenn Aldrich	34.0				
David Rivers	1:11.3	Terry Miller	31.4	100 Yd. Back					
100 Yd. I.M.		100 Yd. Free		Glenn Aldrich	1:17.5				
Gary Ladd	1:02.7	Jack Ridley	55.1	25 Yd. Breast-Novice					
David Rivers	1:14.4	Jay Smith	56.0	David Harrison	19.9				
Eric Beam	1:16.5	Paul Murphy	56.7	50 Yd. Breast					
200 Yd. I.M.		Steve Engel	58.6	Armin Arndt (I.E.)	31.5				
David Rivers	2:48.6	Harry Lewis (I.E.)	1:01.4	Thomas Long	34.2*				
MEN 25-29		Eugene Young	1:07.7	100 Yd. Breast					
25 Yd. Free-Novice		Terry Miller	1:15.2	Armin Arndt (I.E.)	1:08.6				
Tim Weatherbie	15.8	200 Yd. Free		Thomas Long	1:15.0*				
50 Yd. Free		Jay Smith	2:04.5	200 Yd. Breast					
Ken Visser	25.6	Steve Engel	2:07.8	Armin Arndt (I.E.)	2:31.4				
Steve Price	26.5	Paul Murphy	2:13.4	Thomas Long	2:43.7*				
Jerry Ruthrauff	27.3	Harry Lewis (I.E.)	2:14.4	50 Yd. Fly					
Jim Johnston	28.7	Eugene Young	2:31.2	Robert Thompson	29.4				
Wally Hampton	49.3	Terry Miller	2:59.9	Charles Schaumberg	31.7				
100 Yd. Free		500 Yd. Free		Glenn Aldrich	37.5				
Ken Visser	1:05.7	Steve Engel	5:46.0	100 Yd. Fly					
Wally Hampton	1:55.0	Eugene Young	7:18.1	Charles Schaumberg	1:11.4				
200 Yd. Free		25 Yd. Back-Novice		100 Yd. I.M.					
Wally Hampton	4:14.5	Dean Behse	16.2	Armin Arndt (I.E.)	1:07.1				
500 Yd. Free		50 Yd. Back		Robert Thompson	1:11.1				
Alan Bell	59.8	David Webber	33.4	200 Yd. I.M.					
Wally Hampton	11:40.6	100 Yd. Back		Charles Schaumberg	2:42.5				
25 Yd. Back-Novice		David Webber	1:13.5	MEN 40-44					
Tim Weatherbie	21.9	Harry Lewis (I.E.)	1:21.5	50 Yd. Free					
50 Yd. Back		200 Yd. Back		Kirk Adams	29.5				
Steve Price	32.0	Harry Lewis (I.E.)	2:48.9	Dick LeFave	35.6				
100 Yd. Back		25 Yd. Breast-Novice		John Allen	36.8				
Alan Bell	59.8	Dean Behse	17.5	100 Yd. Free					

<u>MEN 40-44</u>	
<u>200 Yd. I. M.</u>	
Tom Foley	3:33.4
<u>MEN 45-49</u>	
<u>50 Yd. Free</u>	
John Koruga	:31.1
Jim Burton	:34.7
<u>100 Yd. Free</u>	
Paul Fisher	1:12.9
<u>200 Yd. Free</u>	
Paul Fisher	2:52.2
Jim Burton	3:37.2
<u>500 Yd. Free</u>	
Bob Miller	6:08.2
<u>50 Yd. Back</u>	
John Koruga	:39.1
Jim Burton	:51.8
<u>50 Yd. Breast</u>	
Paul Fisher	:38.4
Jim Burton	:48.6
<u>50 Yd. Fly</u>	
Paul Fisher	:34.0*
<u>100 Yd. Fly</u>	
Bob Miller	1:17.5*
<u>200 Yd. I. M.</u>	
Paul Fisher	3:16.8
<u>MEN 50-54</u>	
<u>25 Yd. Free-Novice</u>	
Mike Rubin	:16.5
<u>50 Yd. Free</u>	
Larry Straker	:31.3*
<u>50 Yd. Back</u>	
Larry Straker	:39.0
<u>50 Yd. Breast</u>	
Mike Rubin	:41.4
<u>100 Yd. Breast</u>	
Mike Rubin	1:38.8
<u>50 Yd. Fly</u>	
Mike Rubin	:46.3
<u>100 Yd. I. M.</u>	
Larry Straker	1:33.7
<u>MEN 60-64</u>	
<u>100 Yd. Free</u>	
Gene Gaddéy	1:11.9*
<u>500 Yd. Free</u>	
Gene Gaddéy	7:48.6*
<u>50 Yd. Back</u>	
Fred Wiggin	:37.8*
<u>100 Yd. Back</u>	
Fred Wiggin	1:24.5*
<u>200 Yd. Back</u>	
Fred Wiggin	3:03.2*
<u>50 Yd. Breast</u>	
Karl Frederick	:39.0
<u>100 Yd. Breast</u>	
Karl Frederick	1:27.5*
<u>200 Yd. Breast</u>	
Gene Gaddéy	3:27.8*
<u>50 Yd. Fly</u>	
Karl Frederick	:36.6*
<u>100 Yd. Fly</u>	
Gene Gaddéy	1:34.2*
<u>100 Yd. I. M.</u>	
Fred Wiggin	1:27.3*
<u>200 Yd. I. M.</u>	
Gene Gaddéy	3:06.3*
<u>MEN 65-69</u>	
<u>100 Yd. Free</u>	
Art Erickson	1:22.9*
<u>100 Yd. Back</u>	
Art Erickson	1:53.7*
<u>50 Yd. Fly</u>	
Art Erickson	:49.7*

<u>MEN 70-74</u>	
<u>50 Yd. Free</u>	
Jack Torney	1:07.1*
<u>100 Yd. Free</u>	
Jack Torney	3:03.8*

<u>RELAYS</u>	
<u>WOMEN</u>	
<u>200 Yd. Free Relay</u>	
<u>25 &amp; U</u>	
1 - Newport Hills	<u>2:10.8</u>
J. Lakin, M. Haugland, J. Correa, S. Dills	
2 - B.E.S.T.	<u>2:18.5</u>
P. Dotson, J. Harrison, C. Behse, J. Russell	
<u>35 &amp; U</u>	
1 - Red Shield Tigers	<u>2:33.8</u>
J. Abrams, N. McKinney, D. Wilson, S. Lehman	
2 - B.E.S.T.	<u>2:58.3</u>
F. Anderson, S. Bergevin, L. Carey, S. Powell	
<u>45 &amp; U</u>	
1 - Red Shield Tigers	<u>2:51.1</u>
J. Rumney, L. Keller, M. Carlson, M. Monson	
<u>200 Yd. Medley Relay</u>	
<u>25 &amp; U</u>	
1 - Newport Hills	<u>2:33.2</u>
K. Kohler, D. Petre, S. Dills, J. Correa	
2 - B.E.S.T.	<u>2:42.6</u>
J. Russell, S. Powell, P. Dotson, C. Behse	
<u>35 &amp; U</u>	
1 - Red Shield Tigers	<u>2:45.6</u>
J. Abrams, N. McKinney, S. Lehman, D. Wilson	
<u>45 &amp; U</u>	
1 - Red Shield Tigers	<u>3:12.6</u>
J. Rumney, L. Keller, M. Carlson, M. Monson	

<u>MIXED</u>	
<u>200 Yd. Mixed Free Relay</u>	
<u>25 &amp; U</u>	
1 - Newport Hills	<u>1:59.7</u>
S. Dills, J. Correa, B. Harshbarger, J. Ridley	
2 - Highline Swim Club	<u>2:08.2</u>
M. Bruce, S. Chalk, E. Bruce, P. Murphy	
3 - B.E.S.T.	<u>2:19.3</u>
D. Harrison, J. Harrison, C. Behse, D. Behse	
<u>35 &amp; U</u>	
1 - Red Shield Tigers	<u>2:36.7</u>
A. Erickson, T. Foley, J. Rumney, N. McKinney	

<u>MEN</u>	
<u>200 Yd. Free Relay</u>	
<u>20 &amp; U</u>	
1 - Downtown YMCA	<u>1:45.0*</u>
J. Miles, J. Johnston, T. Ardavany, D. Rivers	
<u>25 &amp; U</u>	
1 - Bellingham YMCA	<u>1:44.8</u>
K. Visser, R. Nichols, S. Price, J. Ruthrauff	
2 - Highline Swim Club	<u>1:49.0</u>
T. Weatherbie, S. Engel, P. Murphy, E. Bruce	
<u>35 &amp; U</u>	
1 - Lake Union Elks	<u>2:03.9</u>
R. Jeffries, R. Miller, J. Koruga, K. Adams	
<u>200 Yd. Medley Relay</u>	
<u>20 &amp; U</u>	
1 - Downtown YMCA	<u>1:58.3*</u>
D. Webber, T. Ardavany, J. Johnson, J. Miles	
<u>25 &amp; U</u>	
1 - Bellingham YMCA	<u>2:01.4</u>
K. Visser, R. Nichols, S. Price, J. Ruthrauff	
2 - Highline Swim Club	<u>2:07.4</u>
P. Murphy, S. Engel, E. Bruce, T. Weatherbie	