

**PNA LCM Record-Setters at the USMS Summer Nationals
Omaha, Nebraska, July 5-8, 2012**

(detailed results start on next page)

WORLD Records	Individual	Relay
Rick Colella	2	
Lisa Dahl		1 1
Charlotte Davis		1 1
Sue Dills		1 1
Stella Priessler		1
Sarah Welch		1
Totals:	2 Individual	2 Relays

ZONE Records	Individual	Relay
Rick Colella	2	1
Chris Conroy		1
Lisa Dahl	2	
Charlotte Davis	3	1
Sue Dills	2	
Paloma Dinkel	6	1 1 1
Todd Doherty		1
Debbie Glassman		1
Don Graham	1	1
Colleen Healy		1 1 1
Scott Lautman	1	
Steve Peterson	1	
Brittany Tourigny		1
Sarah Welch	1	
Susan Wetstone		1
Cejih Yung	2	1 1
Totals:	21 Individual	4 Relays

USMS Records	Individual	Relay
Lisa Dahl	1	

PNA Records	Individual	Relay
Alan Bell	1	1
Lisa Dahl		1
Sue Dills	3	1
Sally Dillon	3	
Paloma Dinkel		1
Todd Doherty		1
Jeanne Ensign	1	
Colleen Healy		1
Scott Lautman	1	
Steve Peterson	1	
Stella Priessler	3	
Ken Rice		1
George Roudebush		1
Brittany Tourigny	1	1
Sarah Welch		1
Susan Wetstone	3	1 1
Cejih Yung	1	
Totals:	18 Individual	3 Relays

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 18-24 100 LC Meter Freestyle**

Name	Age	Club	Seed Time	Finals Time
1 Dinkel, Paloma	24	Pacific Northwest Aquatics	59.65	59.94Z
28.78	59.94 (31.16)			

Women 18-24 50 LC Meter Breaststroke

1 Dinkel, Paloma	24	Pacific Northwest Aquatics	35.15	35.54Z
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Women 18-24 100 LC Meter Breaststroke

1 Dinkel, Paloma	24	Pacific Northwest Aquatics	1:13.95	1:16.86Z
36.32	1:16.86 (40.54)			

Women 18-24 50 LC Meter Butterfly

2 Dinkel, Paloma	24	Pacific Northwest Aquatics	30.45	29.49Z
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Women 18-24 100 LC Meter Butterfly

2 Dinkel, Paloma	24	Pacific Northwest Aquatics	1:06.91	1:07.28Z
30.91	1:07.28 (36.37)			

Women 18-24 200 LC Meter IM

2 Dinkel, Paloma	24	Pacific Northwest Aquatics	2:25.85	2:28.36Z
31.11	1:10.09 (38.98)	1:53.76 (43.67)	2:28.36 (34.60)	

Women 25-29 50 LC Meter Freestyle

9 Healy, Colleen	26	Pacific Northwest Aquatics	30.00	29.55
26 Bruce, Robin C	27	Pacific Northwest Aquatics	33.98	34.45

Women 25-29 50 LC Meter Backstroke

2 Tourigny, Brittany N	29	Pacific Northwest Aquatics	37.06	33.72P
--- Healy, Colleen	26	Pacific Northwest Aquatics	32.00	DQ
Head did not break the surface by 15 meters				

Women 25-29 200 LC Meter Backstroke

2 Tourigny, Brittany N	29	Pacific Northwest Aquatics	2:44.37	2:38.06
38.19	1:18.44 (40.25)	1:58.43 (39.99)	2:38.06 (39.63)	

Women 25-29 100 LC Meter Breaststroke

4 Tourigny, Brittany N	29	Pacific Northwest Aquatics	1:24.68	1:22.11
39.48	1:22.11 (42.63)			
17 Bruce, Robin C	27	Pacific Northwest Aquatics	1:37.69	1:39.11
47.60	1:39.11 (51.51)			

Women 25-29 200 LC Meter Breaststroke

5 Tourigny, Brittany N	29	Pacific Northwest Aquatics	2:57.14	2:58.77
41.43	1:27.70 (46.27)	2:13.04 (45.34)	2:58.77 (45.73)	
11 Bruce, Robin C	27	Pacific Northwest Aquatics	3:26.96	3:34.63
48.09	1:41.72 (53.63)	2:38.09 (56.37)	3:34.63 (56.54)	

Women 25-29 100 LC Meter Butterfly

6 Tourigny, Brittany N	29	Pacific Northwest Aquatics	1:13.73	1:12.16
34.74	1:12.16 (37.42)			

Women 35-39 400 LC Meter Freestyle

5 Wetstone, Susan	39	Pacific Northwest Aquatics	5:05.00	5:04.85
34.93	1:12.36 (37.43)	1:50.94 (38.58)	2:30.44 (39.50)	
3:09.02 (38.58)	3:48.00 (38.98)	4:27.03 (39.03)	5:04.85 (37.82)	

Women 35-39 50 LC Meter Backstroke

2 Wetstone, Susan	39	Pacific Northwest Aquatics	35.00	33.20
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2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 35-39 100 LC Meter Backstroke**

1	Wetstone, Susan	39	Pacific Northwest Aquatics	1:13.00	1:11.52
	34.65	1:11.52 (36.87)			

Women 35-39 200 LC Meter Backstroke

1	Wetstone, Susan	39	Pacific Northwest Aquatics	2:45.00	2:38.15P
	36.56	1:17.24 (40.68)	1:57.85 (40.61)	2:38.15 (40.30)	

Women 35-39 200 LC Meter IM

2	Wetstone, Susan	39	Pacific Northwest Aquatics	2:40.00	2:38.84P
	34.31	1:13.12 (38.81)	2:01.89 (48.77)	2:38.84 (36.95)	

Women 35-39 400 LC Meter IM

3	Wetstone, Susan	39	Pacific Northwest Aquatics	5:42.00	5:40.66P
	37.08	1:16.40 (39.32)	2:01.18 (44.78)	2:43.84 (42.66)	
	3:32.36 (48.52)	4:22.25 (49.89)	5:01.54 (39.29)	5:40.66 (39.12)	

Women 50-54 50 LC Meter Freestyle

1	Dahl, Lisa A	51	Pacific Northwest Aquatics	28.70	28.58Z
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Women 50-54 50 LC Meter Backstroke

4	Dahl, Lisa A	51	Pacific Northwest Aquatics	35.00	35.82
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Women 50-54 50 LC Meter Breaststroke

1	Dahl, Lisa A	51	Pacific Northwest Aquatics	39.50	38.27Z
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Women 50-54 50 LC Meter Butterfly

1	Dahl, Lisa A	51	Pacific Northwest Aquatics	30.70	30.34N
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Women 55-59 50 LC Meter Freestyle

11	Glassman, Debbie A	59	Pacific Northwest Aquatics	32.80	33.05
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Women 55-59 100 LC Meter Freestyle

5	Glassman, Debbie A	59	Pacific Northwest Aquatics	1:15.90	1:14.12
	35.60	1:14.12 (38.52)			

Women 55-59 50 LC Meter Backstroke

13	Glassman, Debbie A	59	Pacific Northwest Aquatics	42.80	41.50
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Women 55-59 100 LC Meter Backstroke

11	Glassman, Debbie A	59	Pacific Northwest Aquatics	1:32.90	1:34.53
	47.26	1:34.53 (47.27)			

Women 55-59 50 LC Meter Breaststroke

12	Johnson, Janet S	58	Pacific Northwest Aquatics	48.32	47.52
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Women 55-59 100 LC Meter Breaststroke

12	Johnson, Janet S	58	Pacific Northwest Aquatics	1:45.19	1:45.35
	50.38	1:45.35 (54.97)			

Women 55-59 200 LC Meter Breaststroke

8	Johnson, Janet S	58	Pacific Northwest Aquatics	3:47.22	3:50.89
	54.78	1:54.01 (59.23)	2:54.35 (1:00.34)	3:50.89 (56.54)	

Women 55-59 50 LC Meter Butterfly

7	Glassman, Debbie A	59	Pacific Northwest Aquatics	36.50	36.10
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2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 55-59 100 LC Meter Butterfly**

4	Glassman, Debbie A	59	Pacific Northwest Aquatics	1:28.60	1:30.03
	41.63	1:30.03 (48.40)			

Women 60-64 50 LC Meter Freestyle

2	Davis, Charlotte M	62	Pacific Northwest Aquatics	32.00	30.11Z
4	Preissler, Stella	63	Pacific Northwest Aquatics	35.00	34.28

Women 60-64 100 LC Meter Freestyle

2	Davis, Charlotte M	62	Pacific Northwest Aquatics	1:10.00	1:07.44
	33.65	1:07.44 (33.79)			
3	Preissler, Stella	63	Pacific Northwest Aquatics	1:16.72	1:17.84
	36.55	1:17.84 (41.29)			
7	Casey, Kathrine J	64	Pacific Northwest Aquatics	1:49.64	1:36.59
	47.23	1:36.59 (49.36)			

Women 60-64 50 LC Meter Backstroke

2	Preissler, Stella	63	Pacific Northwest Aquatics	42.76	41.73P
7	Casey, Kathrine J	64	Pacific Northwest Aquatics	49.61	49.52

Women 60-64 100 LC Meter Backstroke

2	Preissler, Stella	63	Pacific Northwest Aquatics	1:34.11	1:31.99P
	44.41	1:31.99 (47.58)			
8	Casey, Kathrine J	64	Pacific Northwest Aquatics	1:50.64	1:47.40
	53.28	1:47.40 (54.12)			

Women 60-64 200 LC Meter Backstroke

2	Preissler, Stella	63	Pacific Northwest Aquatics	3:27.85	3:16.45P
	45.55	1:35.10 (49.55)	2:26.59 (51.49)	3:16.45 (49.86)	
6	Casey, Kathrine J	64	Pacific Northwest Aquatics	3:55.91	3:48.58
	54.18	1:51.82 (57.64)	2:50.54 (58.72)	3:48.58 (58.04)	

Women 60-64 50 LC Meter Butterfly

2	Davis, Charlotte M	62	Pacific Northwest Aquatics	35.00	32.57Z
4	Preissler, Stella	63	Pacific Northwest Aquatics	41.05	39.44

Women 60-64 100 LC Meter Butterfly

2	Davis, Charlotte M	62	Pacific Northwest Aquatics	1:25.00	1:18.83Z
	38.01	1:18.83 (40.82)			

Women 60-64 200 LC Meter IM

1	Davis, Charlotte M	62	Pacific Northwest Aquatics	3:00.00	2:54.36
	38.55	1:26.62 (48.07)	2:18.69 (52.07)	2:54.36 (35.67)	
5	Casey, Kathrine J	64	Pacific Northwest Aquatics	4:25.74	4:03.80
	59.94	2:01.00 (1:01.06)	3:10.45 (1:09.45)	4:03.80 (53.35)	

Women 60-64 400 LC Meter IM

1	Davis, Charlotte M	62	Pacific Northwest Aquatics	6:30.00	6:12.41
	38.71	1:23.41 (44.70)	2:14.44 (51.03)	3:02.96 (48.52)	
	3:58.94 (55.98)	4:52.72 (53.78)	5:33.83 (41.11)	6:12.41 (38.58)	

Women 65-69 50 LC Meter Freestyle

5	Dillon, Sally A	66	Pacific Northwest Aquatics	37.92	37.79
9	Ensign, Jeanne	66	Pacific Northwest Aquatics	53.20	46.52

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 65-69 100 LC Meter Freestyle**

2	Dillon, Sally A	66	Pacific Northwest Aquatics	1:21.19	1:22.66P
	40.33		1:22.66 (42.33)		
3	Welch, Sarah	65	Pacific Northwest Aquatics	1:27.10	1:24.01
	41.53		1:24.01 (42.48)		
9	Ensign, Jeanne	66	Pacific Northwest Aquatics	1:49.00	1:45.16
	50.39		1:45.16 (54.77)		

Women 65-69 200 LC Meter Freestyle

1	Dills, Suzanne L	67	Pacific Northwest Aquatics	2:55.10	2:50.89Z
	40.88		1:23.80 (42.92) 2:07.72 (43.92) 2:50.89 (43.17)		
3	Dillon, Sally A	66	Pacific Northwest Aquatics	3:02.40	3:04.86
	41.55		1:27.86 (46.31) 2:16.51 (48.65) 3:04.86 (48.35)		

Women 65-69 400 LC Meter Freestyle

1	Dills, Suzanne L	67	Pacific Northwest Aquatics	6:12.64	6:00.15P
	42.97		1:28.01 (45.04) 2:13.83 (45.82) 2:59.15 (45.32)		
	3:44.46 (45.31)		4:30.20 (45.74) 5:15.45 (45.25) 6:00.15 (44.70)		
10	Ensign, Jeanne	66	Pacific Northwest Aquatics	8:06.00	8:05.28
	56.74		1:58.37 (1:01.63) 3:00.26 (1:01.89) 4:01.82 (1:01.56)		
	5:04.23 (1:02.41)		6:05.58 (1:01.35) 7:06.82 (1:01.24) 8:05.28 (58.46)		

Women 65-69 800 LC Meter Freestyle

1	Dills, Suzanne L	67	Pacific Northwest Aquatics	12:01.22	12:45.67P
	44.02		1:30.20 (46.18) 2:19.08 (48.88) 3:06.71 (47.63)		
	3:54.61 (47.90)		4:41.84 (47.23) 5:30.39 (48.55) 6:18.09 (47.70)		
	7:06.48 (48.39)		7:53.86 (47.38) 8:42.99 (49.13) 9:31.29 (48.30)		
	10:20.91 (49.62)		11:09.19 (48.28) 11:58.41 (49.22) 12:45.67 (47.26)		
2	Dillon, Sally A	66	Pacific Northwest Aquatics	13:51.00	13:15.51
	42.39		1:31.04 (48.65) 2:20.41 (49.37) 3:11.24 (50.83)		
	4:01.51 (50.27)		4:53.05 (51.54) 5:42.84 (49.79) 6:33.99 (51.15)		
	7:23.54 (49.55)		8:15.53 (51.99) 9:05.45 (49.92) 9:56.28 (50.83)		
	10:46.31 (50.03)		11:37.33 (51.02) 12:27.02 (49.69) 13:15.51 (48.49)		

Women 65-69 1500 LC Meter Freestyle

5	Ensign, Jeanne	66	Pacific Northwest Aquatics	31:50.00	31:19.97P
	58.24		2:00.72 (1:02.48) 3:04.59 (1:03.87) 4:06.37 (1:01.78)		
	5:09.47 (1:03.10)		6:11.39 (1:01.92) 7:15.15 (1:03.76) 8:17.61 (1:02.46)		
	9:21.16 (1:03.55)		10:23.43 (1:02.27) 11:26.80 (1:03.37) 12:30.09 (1:03.29)		
	13:34.23 (1:04.14)		14:36.83 (1:02.60) 15:40.48 (1:03.65) 16:43.64 (1:03.16)		
	17:46.96 (1:03.32)		18:50.23 (1:03.27) 19:53.84 (1:03.61) 20:57.00 (1:03.16)		
	21:59.41 (1:02.41)		23:02.26 (1:02.85) 24:05.18 (1:02.92) 25:08.08 (1:02.90)		
	26:11.35 (1:03.27)		27:13.32 (1:01.97) 28:16.32 (1:03.00) 29:17.50 (1:01.18)		
	30:20.41 (1:02.91)		31:19.97 (59.56)		

Women 65-69 200 LC Meter Backstroke

1	Dills, Suzanne L	67	Pacific Northwest Aquatics	3:19.34	3:27.63P
	47.59		1:39.97 (52.38) 2:34.21 (54.24) 3:27.63 (53.42)		

Women 65-69 50 LC Meter Breaststroke

5	Dillon, Sally A	66	Pacific Northwest Aquatics	49.71	50.52P
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Women 65-69 100 LC Meter Breaststroke

5	Dillon, Sally A	66	Pacific Northwest Aquatics	1:49.10	1:53.99P
	53.63		1:53.99 (1:00.36)		

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 65-69 50 LC Meter Butterfly**

3	Welch, Sarah	65	Pacific Northwest Aquatics	41.70	39.76
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Women 65-69 100 LC Meter Butterfly

2	Welch, Sarah	65	Pacific Northwest Aquatics	1:36.73	1:35.54
	45.40		1:35.54 (50.14)		

Women 65-69 200 LC Meter Butterfly

3	Welch, Sarah	65	Pacific Northwest Aquatics	3:50.53	3:45.87Z
	50.10		1:48.61 (58.51) 2:48.62 (1:00.01) 3:45.87 (57.25)		

Women 65-69 200 LC Meter IM

2	Dills, Suzanne L	67	Pacific Northwest Aquatics	3:22.92	3:21.59Z
	44.04		1:37.33 (53.29) 2:37.99 (1:00.66) 3:21.59 (43.60)		
3	Welch, Sarah	65	Pacific Northwest Aquatics	3:39.20	3:32.23
	46.16		1:43.24 (57.08) 2:46.58 (1:03.34) 3:32.23 (45.65)		

Women 65-69 400 LC Meter IM

1	Dills, Suzanne L	67	Pacific Northwest Aquatics	7:23.09	7:26.73
	54.63		1:57.02 (1:02.39) 2:51.64 (54.62) 3:46.53 (54.89)		
	4:49.74 (1:03.21)		5:55.88 (1:06.14) 6:40.94 (45.06) 7:26.73 (45.79)		
2	Welch, Sarah	65	Pacific Northwest Aquatics	7:45.27	7:30.80
	48.47		1:44.11 (55.64) 2:44.83 (1:00.72) 3:44.52 (59.69)		
	4:48.59 (1:04.07)		5:53.04 (1:04.45) 6:43.01 (49.97) 7:30.80 (47.79)		

Men 25-29 50 LC Meter Freestyle

7	Conroy, Chris	27	Pacific Northwest Aquatics	26.50	25.86
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Men 25-29 100 LC Meter Freestyle

8	Conroy, Chris	27	Pacific Northwest Aquatics	57.50	56.88
	27.41		56.88 (29.47)		

Men 25-29 200 LC Meter Freestyle

4	Yung, Cejih J	27	Pacific Northwest Aquatics	2:03.00	2:06.41
	29.37		1:01.26 (31.89) 1:34.18 (32.92) 2:06.41 (32.23)		
5	Conroy, Chris	27	Pacific Northwest Aquatics	2:05.00	2:06.51
	28.68		1:00.03 (31.35) 1:32.64 (32.61) 2:06.51 (33.87)		

Men 25-29 50 LC Meter Breaststroke

2	Yung, Cejih J	27	Pacific Northwest Aquatics	31.00	30.97P
4	Conroy, Chris	27	Pacific Northwest Aquatics	33.00	32.48

Men 25-29 100 LC Meter Breaststroke

2	Yung, Cejih J	27	Pacific Northwest Aquatics	1:07.67	1:08.52Z
	31.55		1:08.52 (36.97)		
4	Conroy, Chris	27	Pacific Northwest Aquatics	1:12.00	1:11.74
	32.80		1:11.74 (38.94)		

Men 25-29 200 LC Meter Breaststroke

2	Yung, Cejih J	27	Pacific Northwest Aquatics	2:28.48	2:30.38Z
	33.93		1:12.07 (38.14) 1:51.06 (38.99) 2:30.38 (39.32)		

Men 35-39 50 LC Meter Freestyle

18	Rice, Kenneth A	38	Pacific Northwest Aquatics	27.95	27.33
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Men 35-39 100 LC Meter Freestyle

20	Rice, Kenneth A	38	Pacific Northwest Aquatics	59.10	1:01.04
	29.05		1:01.04 (31.99)		

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Men 35-39 1500 LC Meter Freestyle**

4 Jelen, Doug	39 Pacific Northwest Aquatics	18:59.99	19:06.19
33.46	1:10.19 (36.73)	1:47.84 (37.65)	2:25.62 (37.78)
3:04.06 (38.44)	3:41.78 (37.72)	4:19.87 (38.09)	4:57.86 (37.99)
5:36.56 (38.70)	6:14.91 (38.35)	6:54.09 (39.18)	7:32.66 (38.57)
8:12.28 (39.62)	8:51.26 (38.98)	9:30.33 (39.07)	10:09.21 (38.88)
10:48.56 (39.35)	11:27.43 (38.87)	12:06.64 (39.21)	12:45.30 (38.66)
13:24.78 (39.48)	14:03.45 (38.67)	14:42.69 (39.24)	15:21.06 (38.37)
15:59.54 (38.48)	16:38.06 (38.52)	17:16.12 (38.06)	17:53.01 (36.89)
18:30.69 (37.68)	19:06.19 (35.50)		

Men 35-39 50 LC Meter Backstroke

8 Jelen, Doug	39 Pacific Northwest Aquatics	32.29	31.68
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Men 35-39 200 LC Meter Backstroke

2 Jelen, Doug	39 Pacific Northwest Aquatics	2:29.73	2:26.48
34.60	1:11.99 (37.39)	1:49.73 (37.74)	2:26.48 (36.75)

Men 35-39 200 LC Meter Breaststroke

6 Jelen, Doug	39 Pacific Northwest Aquatics	3:03.36	3:02.43
41.61	1:29.79 (48.18)	2:15.90 (46.11)	3:02.43 (46.53)

Men 35-39 50 LC Meter Butterfly

10 Rice, Kenneth A	38 Pacific Northwest Aquatics	29.95	29.10
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Men 35-39 200 LC Meter Butterfly

2 Jelen, Doug	39 Pacific Northwest Aquatics	2:25.31	2:26.85
32.39	1:09.83 (37.44)	1:48.28 (38.45)	2:26.85 (38.57)

Men 35-39 400 LC Meter IM

4 Jelen, Doug	39 Pacific Northwest Aquatics	5:26.35	5:21.83
32.61	1:09.59 (36.98)	1:53.40 (43.81)	2:34.36 (40.96)
3:23.97 (49.61)	4:12.08 (48.11)	4:46.76 (34.68)	5:21.83 (35.07)

Men 40-44 50 LC Meter Breaststroke

8 Doherty, Todd S	41 Pacific Northwest Aquatics	34.41	32.96
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Men 40-44 100 LC Meter Breaststroke

7 Doherty, Todd S	41 Pacific Northwest Aquatics	1:16.18	1:14.10
35.42	1:14.10 (38.68)		

Men 40-44 200 LC Meter Breaststroke

5 Doherty, Todd S	41 Pacific Northwest Aquatics	2:45.59	2:44.66
37.74	1:19.57 (41.83)	2:02.24 (42.67)	2:44.66 (42.42)

Men 40-44 50 LC Meter Butterfly

7 Doherty, Todd S	41 Pacific Northwest Aquatics	28.72	28.23
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Men 40-44 100 LC Meter Butterfly

5 Doherty, Todd S	41 Pacific Northwest Aquatics	1:06.09	1:03.97
30.03	1:03.97 (33.94)		

Men 40-44 200 LC Meter IM

4 Doherty, Todd S	41 Pacific Northwest Aquatics	2:28.77	2:27.71
30.84	1:10.20 (39.36)	1:53.57 (43.37)	2:27.71 (34.14)

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Men 50-54 100 LC Meter Freestyle**

8 Valley, Eric	51 Pacific Northwest Aquatics	1:07.00	1:02.20
30.33	1:02.20 (31.87)		

Men 50-54 200 LC Meter Freestyle

7 Valley, Eric	51 Pacific Northwest Aquatics	2:18.07	2:18.81
32.68	1:08.21 (35.53) 1:44.12 (35.91) 2:18.81 (34.69)		

Men 50-54 800 LC Meter Freestyle

8 Valley, Eric	51 Pacific Northwest Aquatics	10:19.76	10:37.35
37.25	1:17.63 (40.38) 1:57.91 (40.28) 2:38.00 (40.09)		
3:17.53 (39.53)	3:56.91 (39.38) 4:36.40 (39.49) 5:15.94 (39.54)		
5:55.39 (39.45)	6:35.59 (40.20) 7:16.22 (40.63) 7:57.28 (41.06)		
8:38.52 (41.24)	9:19.81 (41.29) 10:00.06 (40.25) 10:37.35 (37.29)		

Men 50-54 100 LC Meter Butterfly

12 Valley, Eric	51 Pacific Northwest Aquatics	1:16.18	1:12.23
33.20	1:12.23 (39.03)		

Men 50-54 200 LC Meter Butterfly

7 Valley, Eric	51 Pacific Northwest Aquatics	2:48.97	2:48.08
39.43	1:24.17 (44.74) 2:06.61 (42.44) 2:48.08 (41.47)		

Men 50-54 200 LC Meter IM

9 Valley, Eric	51 Pacific Northwest Aquatics	2:38.98	2:41.11
33.95	1:17.19 (43.24) 2:05.54 (48.35) 2:41.11 (35.57)		

Men 55-59 50 LC Meter Freestyle

11 Graham, Donald	58 Pacific Northwest Aquatics	27.06	27.66
31 Morrison, Jeffrey W	57 Pacific Northwest Aquatics	32.50	31.97

Men 55-59 100 LC Meter Freestyle

32 Morrison, Jeffrey W	57 Pacific Northwest Aquatics	1:12.00	1:13.73
34.38	1:13.73 (39.35)		

Men 55-59 50 LC Meter Backstroke

3 Graham, Donald	58 Pacific Northwest Aquatics	31.95	32.00
19 Morrison, Jeffrey W	57 Pacific Northwest Aquatics	42.31	43.47

Men 55-59 100 LC Meter Backstroke

6 Graham, Donald	58 Pacific Northwest Aquatics	1:11.97	1:14.75
37.22	1:14.75 (37.53)		

Men 55-59 50 LC Meter Butterfly

2 Graham, Donald	58 Pacific Northwest Aquatics	28.59	28.22Z
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Men 55-59 100 LC Meter Butterfly

4 Graham, Donald	58 Pacific Northwest Aquatics	1:08.60	1:08.45
33.21	1:08.45 (35.24)		

Men 55-59 200 LC Meter IM

3 Graham, Donald	58 Pacific Northwest Aquatics	2:44.66	2:39.87
33.68	1:15.02 (41.34) 2:03.67 (48.65) 2:39.87 (36.20)		

Men 60-64 50 LC Meter Freestyle

21 Warner, Frank	63 Pacific Northwest Aquatics	31.50	34.08
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2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Men 60-64 100 LC Meter Freestyle**

17 Warner, Frank	63 Pacific Northwest Aquatics	1:10.50	1:15.56
36.32	1:15.56 (39.24)		

Men 60-64 200 LC Meter Freestyle

2 Bell, Alan	62 Pacific Northwest Aquatics	2:22.22	2:23.14
33.35	1:10.04 (36.69) 1:47.67 (37.63)	2:23.14 (35.47)	

Men 60-64 400 LC Meter Freestyle

2 Lautman, Scott M	60 Blue Wave Aquatics	4:58.59	5:02.93P
35.81	1:14.65 (38.84) 1:54.01 (39.36)	2:32.52 (38.51)	
3:10.93 (38.41)	3:49.43 (38.50) 4:26.99 (37.56)	5:02.93 (35.94)	
3 Bell, Alan	62 Pacific Northwest Aquatics	4:59.55	5:03.62
36.73	1:16.47 (39.74) 1:55.80 (39.33)	2:34.93 (39.13)	
3:13.58 (38.65)	3:52.29 (38.71) 4:30.62 (38.33)	5:03.62 (33.00)	

Men 60-64 1500 LC Meter Freestyle

1 Bell, Alan	62 Pacific Northwest Aquatics	19:47.00	20:01.99P
35.37	1:14.22 (38.85) 1:53.75 (39.53)	2:33.30 (39.55)	
3:13.22 (39.92)	3:53.47 (40.25) 4:34.00 (40.53)	5:14.31 (40.31)	
5:54.91 (40.60)	6:35.40 (40.49) 7:15.43 (40.03)	7:56.15 (40.72)	
8:36.42 (40.27)	9:17.32 (40.90) 9:57.53 (40.21)	10:38.31 (40.78)	
11:18.97 (40.66)	11:59.36 (40.39) 12:40.05 (40.69)	13:20.41 (40.36)	
14:00.54 (40.13)	14:41.17 (40.63) 15:21.69 (40.52)	16:02.61 (40.92)	
16:43.31 (40.70)	17:23.95 (40.64) 18:04.56 (40.61)	18:45.02 (40.46)	
19:25.17 (40.15)	20:01.99 (36.82)		

Men 60-64 50 LC Meter Backstroke

15 Warner, Frank	63 Pacific Northwest Aquatics	37.00	39.19
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Men 60-64 200 LC Meter Backstroke

1 Bell, Alan	62 Pacific Northwest Aquatics	2:44.00	2:46.95
40.21	1:22.44 (42.23) 2:06.75 (44.31)	2:46.95 (40.20)	

Men 60-64 50 LC Meter Breaststroke

2 Colella, Rick	61 Pacific Northwest Aquatics	34.00	34.70Z
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Men 60-64 100 LC Meter Breaststroke

2 Colella, Rick	61 Pacific Northwest Aquatics	1:17.12	1:14.31Z
35.27	1:14.31 (39.04)		

Men 60-64 200 LC Meter Breaststroke

1 Colella, Rick	61 Pacific Northwest Aquatics	2:46.93	2:42.84W
37.75	1:19.79 (42.04) 2:01.53 (41.74)	2:42.84 (41.31)	

Men 60-64 100 LC Meter Butterfly

4 Bell, Alan	62 Pacific Northwest Aquatics	1:12.50	1:13.21
35.16	1:13.21 (38.05)		

Men 60-64 200 LC Meter Butterfly

1 Lautman, Scott M	60 Blue Wave Aquatics	2:38.59	2:35.33Z
34.80	1:14.79 (39.99) 1:55.89 (41.10)	2:35.33 (39.44)	
5 Bell, Alan	62 Pacific Northwest Aquatics	2:48.09	3:05.59
38.63	1:23.34 (44.71) 2:13.91 (50.57)	3:05.59 (51.68)	

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Men 60-64 400 LC Meter IM**

1 Colella, Rick	61 Pacific Northwest Aquatics	5:17.18	5:11.73W
32.15	1:09.30 (37.15)	1:52.44 (43.14)	2:35.38 (42.94)
3:17.28 (41.90)	4:00.32 (43.04)	4:36.10 (35.78)	5:11.73 (35.63)

Men 65-69 50 LC Meter Freestyle

15 Peterson, Steven B	66 Pacific Northwest Aquatics	35.15	33.87
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Men 65-69 1500 LC Meter Freestyle

4 Peterson, Steven B	66 Pacific Northwest Aquatics	21:59.50	22:34.53P
38.96	1:21.92 (42.96)	2:06.62 (44.70)	2:51.79 (45.17)
3:37.06 (45.27)	4:21.81 (44.75)	5:06.94 (45.13)	5:52.13 (45.19)
6:37.42 (45.29)	7:22.92 (45.50)	8:08.19 (45.27)	8:53.44 (45.25)
9:38.90 (45.46)	10:24.76 (45.86)	11:10.27 (45.51)	11:56.17 (45.90)
12:42.13 (45.96)	13:27.73 (45.60)	14:13.19 (45.46)	14:58.99 (45.80)
15:44.41 (45.42)	16:30.11 (45.70)	17:16.11 (46.00)	18:01.66 (45.55)
18:47.17 (45.51)	19:33.66 (46.49)	20:18.97 (45.31)	21:04.76 (45.79)
22:34.53 (1:29.77)			

Men 65-69 100 LC Meter Breaststroke

5 Peterson, Steven B	66 Pacific Northwest Aquatics	1:27.30	1:29.86Z
43.34	1:29.86 (46.52)		

Men 70-74 100 LC Meter Freestyle

11 Dills, John H	71 Pacific Northwest Aquatics	1:57.77	1:47.26
50.86	1:47.26 (56.40)		

Men 70-74 400 LC Meter Freestyle

12 Dills, John H	71 Pacific Northwest Aquatics	8:22.98	8:16.36
51.95	1:53.92 (1:01.97)	2:58.09 (1:04.17)	4:05.05 (1:06.96)
5:09.99 (1:04.94)	6:14.13 (1:04.14)	7:17.45 (1:03.32)	8:16.36 (58.91)

Men 70-74 800 LC Meter Freestyle

10 Dills, John H	71 Pacific Northwest Aquatics	16:30.13	17:13.99
53.77	1:56.09 (1:02.32)	3:02.01 (1:05.92)	4:06.41 (1:04.40)
5:11.58 (1:05.17)	6:16.92 (1:05.34)	7:21.72 (1:04.80)	8:27.29 (1:05.57)
9:33.24 (1:05.95)	10:40.54 (1:07.30)	11:48.11 (1:07.57)	12:54.86 (1:06.75)
14:02.21 (1:07.35)	15:08.11 (1:05.90)	16:14.06 (1:05.95)	17:13.99 (59.93)

Men 85-89 50 LC Meter Freestyle

2 Roudebush, George M	87 Pacific Northwest Aquatics	1:05.12	57.44
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Men 85-89 50 LC Meter Backstroke

3 Roudebush, George M	87 Pacific Northwest Aquatics	1:09.32	1:07.19
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Men 85-89 100 LC Meter Backstroke

2 Roudebush, George M	87 Pacific Northwest Aquatics	2:46.18	2:44.49
1:15.88	2:44.49 (1:28.61)		

Men 85-89 200 LC Meter Backstroke

2 Roudebush, George M	87 Pacific Northwest Aquatics	5:30.21	6:09.17
1:21.70	2:59.54 (1:37.84)	4:38.11 (1:38.57)	6:09.17 (1:31.06)

Women 100-119 200 LC Meter Freestyle Relay

1 Pacific Northwest Aquatics	A	1:57.65	1:57.74P
1) Healy, Colleen W26	2) Tourigny, Brittany N W29	3) Wetstone, Susan W39	4) Dinkel, Paloma W24
29.82	1:00.65 (30.83)	1:30.35 (29.70)	1:57.74 (27.39)

2012 Marriott USMS Summer Nationals**CenturyLink Center Omaha****Results****Women 100-119 200 LC Meter Medley Relay**

1 Pacific Northwest Aquatics	A	2:10.10	2:08.85Z
1) Tourigny, Brittany N W29	2) Dinkel, Paloma W24	3) Healy, Colleen W26	4) Wetstone, Susan W39
34.03	1:08.92 (34.89)	1:39.07 (30.15)	2:08.85 (29.78)

Women 240-279 200 LC Meter Freestyle Relay

1 Pacific Northwest Aquatics	A	2:15.63	2:09.56W
1) Dahl, Lisa A W51	2) Welch, Sarah W65	3) Davis, Charlotte M W62	4) Dills, Suzanne L W67
28.86	1:03.70 (34.84)	1:34.46 (30.76)	2:09.56 (35.10)
4 Pacific Northwest Aquatics	B	2:29.73	2:25.90
1) Preissler, Stella W63	2) Johnson, Janet S W58	3) Glassman, Debbie A W59	4) Dillon, Sally A W66
35.68	1:15.68 (40.00)	1:22.38 (6.70)	2:25.90 (1:03.52)

Women 240-279 200 LC Meter Medley Relay

1 Pacific Northwest Aquatics	A	2:30.33	2:29.28W
1) Preissler, Stella W63	2) Dahl, Lisa A W51	3) Davis, Charlotte M W62	4) Dills, Suzanne L W67
41.93	1:20.26 (38.33)	1:53.19 (32.93)	2:29.28 (36.09)
5 Pacific Northwest Aquatics	B	2:32.73	2:48.15
1) Glassman, Debbie A W59	2) Johnson, Janet S W58	3) Welch, Sarah W65	4) Dillon, Sally A W66
41.59	1:28.35 (46.76)	2:11.40 (43.05)	2:48.15 (36.75)

Men 120-159 200 LC Meter Freestyle Relay

1 Pacific Northwest Aquatics	A	1:43.15	1:44.19
1) Graham, Donald M58	2) Yung, Cejih J M27	3) Doherty, Todd S M41	4) Conroy, Chris M27
27.19	53.22 (26.03)	1:18.87 (25.65)	1:44.19 (25.32)

Men 120-159 200 LC Meter Medley Relay

5 Pacific Northwest Aquatics	A	1:59.69	2:01.19
1) Doherty, Todd S M41	2) Conroy, Chris M27	3) Yung, Cejih J M27	4) Rice, Kenneth A M38
33.52	1:06.07 (32.55)	1:34.81 (28.74)	2:01.19 (26.38)

Men 200-239 200 LC Meter Freestyle Relay

17 Pacific Northwest Aquatics	B	2:11.77	2:08.33
1) Warner, Frank M63	2) Jelen, Doug M39	3) Peterson, Steven B M66	4) Morrison, Jeffrey W M57
33.78	1:01.85 (28.07)	1:36.09 (34.24)	2:08.33 (32.24)

Men 200-239 200 LC Meter Medley Relay

7 Pacific Northwest Aquatics	A	1:59.99	2:06.99
1) Bell, Alan M62	2) Colella, Rick M61	3) Graham, Donald M58	4) Valley, Eric M51
35.92	1:10.27 (34.35)	1:39.59 (29.32)	2:06.99 (27.40)

Mixed 100-119 200 LC Meter Freestyle Relay

3 Pacific Northwest Aquatics	A	1:49.77	1:48.54Z
1) Dinkel, Paloma W24	2) Yung, Cejih J M27	3) Healy, Colleen W26	4) Doherty, Todd S M41
28.20	54.21 (26.01)	1:22.85 (28.64)	1:48.54 (25.69)

Mixed 100-119 200 LC Meter Medley Relay

3 Pacific Northwest Aquatics	A	2:07.90	2:04.16Z
1) Healy, Colleen W26	2) Yung, Cejih J M27	3) Conroy, Chris M27	4) Dinkel, Paloma W24
36.51	1:07.62 (31.11)	1:36.37 (28.75)	2:04.16 (27.79)

Mixed 160-199 200 LC Meter Freestyle Relay

21 Pacific Northwest Aquatics	A	2:04.30	2:04.09
1) Conroy, Chris M27	2) Johnson, Janet S W58	3) Wetstone, Susan W39	4) Jelen, Doug M39
26.09	1:04.82 (38.73)	1:35.60 (30.78)	2:04.09 (28.49)

2012 Marriott USMS Summer Nationals

CenturyLink Center Omaha

Results

Mixed 160-199 200 LC Meter Medley Relay

2 Pacific Northwest Aquatics	A	2:08.08	2:02.99P
1) Wetstone, Susan W39	2) Doherty, Todd S M41	3) Dahl, Lisa A W51	4) Rice, Kenneth A M38
33.09	1:05.76 (32.67)	1:36.31 (30.55)	2:02.99 (26.68)

Mixed 200-239 200 LC Meter Freestyle Relay

1 Pacific Northwest Aquatics	B	1:53.01	1:51.69
1) Dahl, Lisa A W51	2) Rice, Kenneth A M38	3) Graham, Donald M58	4) Davis, Charlotte M W62
28.86	55.49 (26.63)	1:21.92 (26.43)	1:51.69 (29.77)

Mixed 240-279 200 LC Meter Freestyle Relay

4 Pacific Northwest Aquatics	A	2:24.12	2:12.94
1) Bell, Alan M62	2) Welch, Sarah W65	3) Dillon, Sally A W66	4) Morrison, Jeffrey W M57
29.36	1:04.80 (35.44)	1:41.66 (36.86)	2:12.94 (31.28)

Mixed 240-279 200 LC Meter Medley Relay

1 Pacific Northwest Aquatics	A	2:05.33	2:10.98Z
1) Graham, Donald M58	2) Colella, Rick M61	3) Davis, Charlotte M W62	4) Glassman, Debbie A W59
32.55	1:06.42 (33.87)	1:39.60 (33.18)	2:10.98 (31.38)

Mixed 280-319 200 LC Meter Medley Relay

4 Pacific Northwest Aquatics	A	2:48.00	3:11.24P
1) Dills, Suzanne L W67	2) Welch, Sarah W65	3) Bell, Alan M62	4) Roudebush, George M M87
47.47	1:41.92 (54.45)	2:14.14 (32.22)	3:11.24 (57.10)

SPLITS FROM NATIONALS - OMAHA

<u>WOMEN 19-24</u>			<u>WOMEN 50-54</u>			<u>WOMEN 65-69</u>		
50 M. FREE			50 M. FREE			50 M. FREE		
PALOMA DINKEL	24 PNA	28.20 Z	LISA A DAHL	51 PNA	28.86	SALLY A DILLON	66 PNA	40.33
50 M. BRST			<u>WOMEN 55-59</u>			SUZANNE L DILLS	67 PNA	40.88
PALOMA DINKEL	24 PNA	36.32	50 M. FREE			SARAH WELCH	65 PNA	41.53
50 M. FLY			DEBBIE A GLASSMAN	59 PNA	35.60	JEANNE ENSIGN	66 PNA	50.39
PALOMA DINKEL	24 PNA	30.91	50 M. BACK			100 M. FREE		
<u>WOMEN 25-29</u>			DEBBIE A GLASSMAN	59 PNA	41.59	SUZANNE L DILLS	67 PNA	1:23.80
50 M. FREE			JANET S JOHNSON	58 PNA	50.38	SALLY A DILLON	66 PNA	1:27.86
COLLEEN HEALY	26 PNA	29.82	JANET S JOHNSON	58 PNA	1:54.01	JEANNE ENSIGN	66 PNA	1:58.37
50 M. BACK			50 M. FLY			200 M. FREE		
BRITTANY N KUNZE	29 PNA	34.03	DEBBIE A GLASSMAN	59 PNA	41.63	SUZANNE L DILLS	67 PNA	2:59.15
COLLEEN HEALY	26 PNA	36.51	<u>WOMEN 60-64</u>			SALLY A DILLON	66 PNA	3:11.24
50 M. BRST			50 M. FREE			JEANNE ENSIGN	66 PNA	4:01.82
BRITTANY N KUNZE	29 PNA	39.48	CHARLOTTE M DAVIS	62 PNA	33.65	400 M. FREE		
ROBIN BRUCE	27 PNA	47.60	STELLA PREISSLER	63 PNA	35.68	SUZANNE L DILLS	67 PNA	6:18.09
100 M. BRST			KATHRINE J CASEY	64 PNA	47.23	SALLY A DILLON	66 PNA	6:33.99
BRITTANY N KUNZE	29 PNA	1:27.70	50 M. BACK			JEANNE ENSIGN	66 PNA	8:17.61
ROBIN BRUCE	27 PNA	1:41.72	STELLA PREISSLER	63 PNA	41.93	800 M. FREE		
50 M. FLY			CHARLOTTE M DAVIS	62 PNA	38.01	JEANNE ENSIGN	66 PNA	16:43.64
BRITTANY N KUNZE	29 PNA	34.74	KATHRINE J CASEY	64 PNA	59.94	50 M. BACK		
<u>WOMEN 35-39</u>			100 M. FLY			SUZANNE L DILLS	67 PNA	47.47
50 M. FREE			CHARLOTTE M DAVIS	62 PNA	1:23.41	SALLY A DILLON	66 PNA	53.63
SUSAN WETSTONE	39 PNA	34.93	<u>WOMEN 50-54</u>			50 M. FLY		
100 M. FREE			50 M. FREE			SUZANNE L DILLS	67 PNA	44.04
SUSAN WETSTONE	39 PNA	1:12.36	CHARLOTTE M DAVIS	62 PNA	38.01	SARAH WELCH	65 PNA	45.40
200 M. FREE			KATHRINE J CASEY	64 PNA	59.94	100 M. FLY		
SUSAN WETSTONE	39 PNA	2:30.44	100 M. FLY			SARAH WELCH	65 PNA	1:44.11
50 M. BACK			CHARLOTTE M DAVIS	62 PNA	1:23.41	SUZANNE L DILLS	67 PNA	1:57.02
SUSAN WETSTONE	39 PNA	33.09	<u>WOMEN 65-69</u>					
50 M. FLY			50 M. FREE					
SUSAN WETSTONE	39 PNA	34.31	SUSAN WETSTONE	39 PNA	2:30.44			
100 M. FLY			50 M. BACK					
SUSAN WETSTONE	39 PNA	1:16.40	SUSAN WETSTONE	39 PNA	33.09			

M E N 25-29		
50 M. FREE		
CHRIS CONROY	27 PNA	26.09
CEJIH YUNG	27 PNA	29.37
100 M. FREE		
CHRIS CONROY	27 PNA	1:00.03
CEJIH YUNG	27 PNA	1:01.26
50 M. BRST		
CEJIH YUNG	27 PNA	31.55
CHRIS CONROY	27 PNA	32.80
100 M. BRST		
CEJIH YUNG	27 PNA	1:12.07

M E N 35-39		
50 M. FREE		
KENNETH RICE	38 PNA	29.05
DOUG JELEN	39 PNA	33.46
100 M. FREE		
DOUG JELEN	39 PNA	1:10.19
200 M. FREE		
DOUG JELEN	39 PNA	2:25.62
400 M. FREE		
DOUG JELEN	39 PNA	4:57.86
800 M. FREE		
DOUG JELEN	39 PNA	10:09.21
50 M. BRST		
DOUG JELEN	39 PNA	41.61
100 M. BRST		
DOUG JELEN	39 PNA	1:29.79
50 M. FLY		
DOUG JELEN	39 PNA	32.39
100 M. FLY		
DOUG JELEN	39 PNA	1:09.59

M E N 40-44		
50 M. BACK		
TODD DOHERTY	41 PNA	33.52
50 M. BRST		
TODD DOHERTY	41 PNA	35.42
100 M. BRST		
TODD DOHERTY	41 PNA	1:19.57
50 M. FLY		
TODD DOHERTY	41 PNA	30.03

M E N 50-54		
50 M. FREE		
ERIC VALLEY	51 PNA	30.33
100 M. FREE		
ERIC VALLEY	51 PNA	1:08.21
200 M. FREE		
ERIC VALLEY	51 PNA	2:38.00
400 M. FREE		
ERIC VALLEY	51 PNA	5:15.94
50 M. FLY		
ERIC VALLEY	51 PNA	33.20
100 M. FLY		
ERIC VALLEY	51 PNA	1:24.17

M E N 55-59		
50 M. FREE		
DONALD GRAHAM	58 PNA	27.19
JEFFREY MORRISON	57 PNA	34.38
50 M. BACK		
DONALD GRAHAM	58 PNA	32.55
50 M. FLY		
DONALD GRAHAM	58 PNA	33.21

M E N 60-64		
50 M. FREE		
ALAN BELL	62 PNA	29.36 P
FRANK WARNER	63 PNA	33.78
SCOTT M LAUTMAN	60 PNA	35.81
100 M. FREE		
ALAN BELL	62 PNA	1:10.04 P
SCOTT M LAUTMAN	60 PNA	1:14.65
200 M. FREE		
SCOTT M LAUTMAN	60 PNA	2:32.52
ALAN BELL	62 PNA	2:33.30
400 M. FREE		
ALAN BELL	62 PNA	5:14.31
800 M. FREE		
ALAN BELL	62 PNA	10:38.31
50 M. BACK		
ALAN BELL	62 PNA	35.92
50 M. BRST		
RICK COLELLA	61 PNA	35.27
100 M. BRST		
RICK COLELLA	61 PNA	1:19.79
50 M. FLY		
RICK COLELLA	61 PNA	32.15
SCOTT M LAUTMAN	60 PNA	34.80
ALAN BELL	62 PNA	35.16
100 M. FLY		
RICK COLELLA	61 PNA	1:09.30
SCOTT M LAUTMAN	60 PNA	1:14.79
ALAN BELL	62 PNA	1:23.34

M E N 65-69		
50 M. FREE		
STEVEN B PETERSON	66 PNA	38.96
100 M. FREE		
STEVEN B PETERSON	66 PNA	1:21.92
200 M. FREE		
STEVEN B PETERSON	66 PNA	2:51.79
400 M. FREE		
STEVEN B PETERSON	66 PNA	5:52.13
800 M. FREE		
STEVEN B PETERSON	66 PNA	11:56.17
50 M. BRST		
STEVEN B PETERSON	66 PNA	43.34

M E N 70-74		
50 M. FREE		
JOHN DILLS	71 PNA	50.86
100 M. FREE		
JOHN DILLS	71 PNA	1:53.92
200 M. FREE		
JOHN DILLS	71 PNA	4:05.05
400 M. FREE		
JOHN DILLS	71 PNA	8:27.29