

2016 USMS Summer Nationals
Mt. Hood Community College Aquatic Center
Results

Women 18-24 50 LC Meter Freestyle

NATL: 26.22 N 7/26/2009 KARA DENBY

9	Anderson, Sydney E	24	Puget Sound	31.05
12	Courtney, Khaila K	20	Blue Wave	49.61

Women 18-24 100 LC Meter Freestyle

NATL: 57.90 N 8/14/2014 RACHAEL BURNETT

3	Anderson, Sydney E	24	Puget Sound	1:05.41
				31.47 33.94

Women 18-24 200 LC Meter Freestyle

NATL: 2:03.06 N 8/17/2003 JESSICA FOSCHI

1	Anderson, Sydney E	24	Puget Sound	2:21.39
				32.51 34.64 37.07 37.17

Women 18-24 400 LC Meter Freestyle

NATL: 4:16.72 N 7/5/2003 JULIA STOWERS

3	Anderson, Sydney E	24	Puget Sound	4:57.46
				33.83 36.09 37.03 37.65
				38.06 38.16 38.63 38.01

Women 18-24 1500 LC Meter Freestyle

NATL: 17:22.39 N 7/5/2012 LUANE ROWE

1	Anderson, Sydney E	24	Puget Sound	19:24.39
				35.37 37.54 38.41 38.60
				39.10 39.18 39.07 38.99
				39.30 39.28 39.16 39.21
				39.27 39.07 39.33 39.03
				39.44 39.03 39.06 38.88
				39.15 38.78 39.11 38.96
				38.98 38.77 38.95 38.85
				38.72 37.80

Women 18-24 50 LC Meter Backstroke

NATL: 30.84 N 8/5/2011 EMILE EWING

3	Powell, Valerie I	23	Puget Sound	1:06.03
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Women 18-24 100 LC Meter Backstroke

NATL: 1:04.67 N 7/20/2012 JENNY VON JOUANNE

6	Powell, Valerie I	23	Puget Sound	2:34.14
				1:15.76 1:18.38

Women 18-24 200 LC Meter Backstroke

NATL: 2:19.70 N 8/20/2000 S SCHWEITZER

3	Powell, Valerie I	23	Puget Sound	5:16.43
				1:11.47 1:25.22 1:25.34 1:14.40

Women 18-24 50 LC Meter Breaststroke

NATL: 32.92 N 8/1/2015 LAUREN GREENBERG

6	Courtney, Khaila K	20	Blue Wave	1:00.18
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Women 18-24 50 LC Meter Butterfly

NATL: 28.62 N 7/12/2009 MEG GILL

8	Courtney, Khaila K	20	Blue Wave	1:01.03
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Women 25-29 50 LC Meter Freestyle

WORLD: 25.42 W 2/15/2004 ANNABEL KOSTEN

NATL: 24.83 N 8/10/2014 MADISON KENNEDY

2	Hale, Alicia	28	TW	27.54
7	Dinkel, Paloma	28	Puget Sound	29.27
11	Ferrel, Amelia M	29	Puget Sound	30.62

Women 25-29 100 LC Meter Freestyle

WORLD: 56.96 W 8/11/2015 EMMA GAGE

NATL: 54.72 N 8/6/2014 MADISON KENNEDY

1	Hale, Alicia	28	TW	58.97
				28.92 30.05
7	Ferrel, Amelia M	29	Puget Sound	1:05.47
				31.25 34.22

Women 25-29 200 LC Meter Freestyle

WORLD: 2:04.56 W 7/10/2010 MEGAN JENDRICK

NATL: 2:02.06 N 12/2/1995 SHEILA TAORMINA

2	Hale, Alicia	28	TW	2:10.72
				30.42 32.70 34.14 33.46

Women 25-29 400 LC Meter Freestyle

WORLD: 4:18.62 W 6/18/2011 SOPHIE CASSON

NATL: 4:13.03 N 12/2/1995 SHEILA TAORMINA

5	Ferrel, Amelia M	29	Puget Sound	5:10.81
				36.32 39.44 38.97 38.67
				39.51 39.17 39.91 38.82

Women 25-29 100 LC Meter Backstroke

WORLD: 1:03.26 W 10/19/201 YURIE OGA

NATL: 1:06.44 N 7/31/2011 KELLY HARRIGAN

1	Hale, Alicia	28	TW	1:06.58
				32.64 33.94

Women 25-29 200 LC Meter Backstroke

WORLD: 2:17.30 W 7/16/2007 KANA OHASHI

NATL: 2:19.97 N 8/20/1989 D GRANER-GALLAS

1	Hale, Alicia	28	TW	2:26.40
				33.60 36.46 38.14 38.20

Women 25-29 200 LC Meter Breaststroke

WORLD: 2:35.46 W 7/17/2006 HITOMI MATSUDA

NATL: 2:29.90 N 6/26/2013 JUSTINE MUELLER

5	Ferrel, Amelia M	29	Puget Sound	3:08.41
				43.82 48.20 49.00 47.39

Women 25-29 50 LC Meter Butterfly

WORLD: 27.10 W 8/12/2015 EMMA GAGE

NATL: 28.19 N 8/3/2003 JENNIFER BROOKS

3	Dinkel, Paloma	28	Puget Sound	30.90
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Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 W 6/6/2008 MARTINA MORAVCOVA

NATL: 25.57 N 8/8/2009 ERIKA ERNDL

1	Cenci, Erica R	33	Puget Sound	27.47
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Women 30-34 100 LC Meter Freestyle

WORLD: 55.24 W 7/11/2009 ERIKA ERNDL

NATL: 54.59 N 8/5/2009 ERIKA ERNDL

1	Cenci, Erica R	33	Puget Sound	59.10
				28.18 30.92
6	Braggin, Jacquelyn E	30	Puget Sound	1:10.30
				34.19 36.11

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Women 30-34 200 LC Meter Freestyle

WORLD: 2:04.05 W 7/17/2011 DAWN HECKMAN

NATL: 1:58.92 N 8/7/2009 ERIKA ERNDL

1	Cenci, Erica R	33	Puget Sound	2:09.33
	29.83	32.42	33.73	33.35
2	Cox, Allison L	32	Puget Sound	2:17.56
	32.10	35.67	36.28	33.51

Women 30-34 400 LC Meter Freestyle

WORLD: 4:18.63 W 7/16/2011 DAWN HECKMAN

NATL: 4:17.52 N 8/3/2010 DAWN HECKMAN

2	Cox, Allison L	32	Puget Sound	4:49.63
	33.11	35.75	36.30	36.99
	37.20	37.37	37.79	35.12
8	Braggin, Jacquelyn E	30	Puget Sound	5:16.10
	35.80	39.11	41.05	40.59
	40.72	40.37	40.01	38.45
18	Dees, Jillian R	33	Puget Sound	6:28.30
	41.04	46.59	48.69	49.96
	49.44	51.29	49.98	51.31

Women 30-34 800 LC Meter Freestyle

WORLD: 8:46.47 W 7/14/2011 DAWN HECKMAN

NATL: 8:46.22 N 5/30/2010 DAWN HECKMAN

4	Braggin, Jacquelyn E	30	Puget Sound	10:45.04
	35.49	38.12	39.63	40.26
	41.01	40.61	41.04	40.79
	41.19	40.97	41.40	41.45
	41.50	41.27	40.87	39.44

Women 30-34 1500 LC Meter Freestyle

WORLD: 17:25.81 W 7/10/2009 HEIDI GEORGE

NATL: 17:07.54 N 4/25/2010 DAWN HECKMAN

3	Cox, Allison L	32	Puget Sound	19:09.42
	33.68	36.23	37.87	37.42
	37.75	37.94	38.30	38.37
	38.01	38.07	38.62	38.81
	38.49	39.07	38.65	38.04
	39.36	38.85	38.65	39.12
	39.14	39.25	39.25	39.09
	38.50	39.81	39.19	39.45
	38.26	36.18		

Women 30-34 200 LC Meter Backstroke

WORLD: 2:17.61 W 8/6/2009 SARABETH METZGER

NATL: 2:17.61 N 8/6/2009 SARABETH METZGER

1	Cox, Allison L	32	Puget Sound	2:42.80
	37.57	41.93	42.56	40.74

Women 30-34 50 LC Meter Breaststroke

WORLD: 32.22 W 9/3/2013 NICOLE HEIDEMANN

NATL: 33.20 N 8/15/2008 KATIE MCCLELLAND

15	Winans, Amanda	33	Puget Sound	45.50
16	Dees, Jillian R	33	Puget Sound	46.10

Women 30-34 100 LC Meter Breaststroke

WORLD: 1:10.10 W 10/3/2009 HITOMI MATSUDA

NATL: 1:13.29 N 8/16/2008 KATIE MCCLELLAND

13	Dees, Jillian R	33	Puget Sound	1:44.98
	48.80	56.18		

Women 30-34 50 LC Meter Butterfly

WORLD: 27.48 W 6/7/2008 MARTINA MORAVCOVA

NATL: 27.48 N 6/7/2008 MARTINA MORAVCOVA

6	Winans, Amanda	33	Puget Sound	36.24
9	Dees, Jillian R	33	Puget Sound	39.11

Women 30-34 200 LC Meter Butterfly

WORLD: 2:13.60 W 5/7/2006 METTE JACOBSEN

NATL: 2:15.65 N 6/25/2013 KIM VANDENBERG

1	Cox, Allison L	32	Puget Sound	2:39.08
	34.14	41.31	42.66	40.97

Women 30-34 200 LC Meter IM

WORLD: 2:13.89 W 7/7/2009 ERIKA ERNDL

NATL: 2:13.72 N 8/8/2009 ERIKA ERNDL

11	Winans, Amanda	33	Puget Sound	3:10.31
	37.40	51.47	56.60	44.84

Women 35-39 50 LC Meter Freestyle

WORLD: 25.98 W 8/8/2006 DARA TORRES

NATL: 25.52 N 6/29/2013 ERIKA ERNDL

18	Hiebert, Stephanie	39	Puget Sound	34.52
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Women 35-39 100 LC Meter Freestyle

WORLD: 58.31 W 5/9/2015 LAURA ROCA

NATL: 55.17 N 6/25/2013 ERIKA ERNDL

5	Ella, Ellen	38	Puget Sound	1:05.69
	32.37	33.32		
14	Hiebert, Stephanie	39	Puget Sound	1:16.38
	36.52	39.86		

Women 35-39 200 LC Meter Freestyle

WORLD: 2:06.94 W 8/10/1997 K.PIPES-NEILSEN

NATL: 2:00.04 N 6/26/2013 ERIKA ERNDL

3	Ella, Ellen	38	Puget Sound	2:22.30
	32.89	35.69	37.44	36.28

Women 35-39 400 LC Meter Freestyle

WORLD: 4:26.17 W 8/10/1997 K.PIPES-NEILSEN

NATL: 4:16.19 N 6/1/2012 DAWN HECKMAN

2	Ella, Ellen	38	Puget Sound	4:59.29
	33.30	36.62	37.92	38.45
	38.91	38.73	38.56	36.80
---	Smith, Katy	35	Puget Sound	DQ

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Women 35-39 800 LC Meter Freestyle

WORLD: 9:08.47 W 11/18/201 KIRSTEN CAMERON

NATL: 8:47.28 N 6/3/2012 DAWN HECKMAN

4	Ella, Ellen	38	Puget Sound	10:16.42
	34.89	37.54	38.96	39.39
	39.50	39.63	39.31	39.19
	39.32	39.03	39.42	38.35
	38.52	38.37	38.31	36.69

Women 35-39 1500 LC Meter Freestyle

WORLD: 17:17.22 W 8/6/2015 HEIDI GEORGE

NATL: 17:17.22 N 8/6/2015 HEIDI GEORGE

3	Smith, Katy	35	Puget Sound	23:06.79
	38.46	44.37	45.69	45.27
	44.93	45.98	46.23	45.44
	46.16	46.33	45.95	46.47
	46.86	47.16	47.44	46.33
	46.12	47.44	47.18	46.61
	48.00	47.56	47.35	48.16
	47.58	48.60	47.48	46.02
	46.64	42.98		

Women 35-39 50 LC Meter Breaststroke

WORLD: 32.86 W 8/9/2013 KATIE GLENN

NATL: 32.86 N 8/9/2013 KATIE GLENN

12	Ferries, Jenny	35	Puget Sound	39.66
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Women 35-39 100 LC Meter Breaststroke

WORLD: 1:12.34 W 8/8/2013 KATIE GLENN

NATL: 1:12.30 N 5/27/2012 CYNTHIA LEWIS

9	Ferries, Jenny	35	Puget Sound	1:27.67
	41.77	45.90		

Women 35-39 200 LC Meter Breaststroke

WORLD: 2:35.40 W 6/10/2012 HITOMI MATSUDA

NATL: 2:39.78 N 8/10/2013 KATIE GLENN

4	Ferries, Jenny	35	Puget Sound	3:09.61
	43.51	47.56	48.61	49.93

Women 35-39 100 LC Meter Butterfly

WORLD: 1:02.44 W 3/19/2009 LYNNE HAYES

NATL: 59.52 N 6/27/2013 ERIKA ERNDL

7	Smith, Katy	35	Puget Sound	1:19.67
	36.24	43.43		

Women 35-39 200 LC Meter Butterfly

WORLD: 2:20.21 W 8/10/1997 K.PIPES-NEILSEN

NATL: 2:20.21 N 8/10/1997 K PIPES-NEILSEN

4	Smith, Katy	35	Puget Sound	3:02.13
	38.24	47.51	48.43	47.95

Women 35-39 200 LC Meter IM

WORLD: 2:21.47 W 1/14/2012 HITOMI MATSUDA

NATL: 2:22.42 N 7/19/1997 K PIPES-NEILSEN

8	Ferries, Jenny	35	Puget Sound	2:51.35
	37.99	45.79	47.80	39.77

Women 35-39 400 LC Meter IM

WORLD: 4:59.59 W 6/16/2012 HITOMI MATSUDA

NATL: 5:02.67 N 8/15/1998 K PIPES-NEILSEN

4	Ferries, Jenny	35	Puget Sound	6:04.61
	38.30	45.57	47.59	46.66
	49.95	51.96	42.43	42.15

Women 40-44 50 LC Meter Freestyle

WORLD: 26.44 W 11/7/2009 EDITH OTTERMANN

NATL: 24.25 N 7/6/2008 DARA TORRES

9	York, Sandi	40	Puget Sound	31.93
13	Farinas, Jennifer R	44	Puget Sound	34.05
20	Noffke, Wendy	43	Blue Wave	43.33

Women 40-44 200 LC Meter Freestyle

WORLD: 2:09.28 W 8/15/2005 K.PIPES-NEILSEN

NATL: 2:09.00 N 5/25/2003 K PIPES-NEILSEN

8	York, Sandi	40	Puget Sound	2:40.83
	34.47	40.06	42.72	43.58
11	Regan Koppelberger,	44	Puget Sound	2:46.48
	36.29	40.24	44.90	45.05

Women 40-44 400 LC Meter Freestyle

WORLD: 4:22.87 W 8/13/2011 JANET EVANS

NATL: 4:22.87 N 8/13/2011 JANET EVANS

5	McRae, Michelle	41	Puget Sound	5:07.62
	33.81	37.11	38.46	39.98
	39.50	40.18	39.48	39.10
9	Regan Koppelberger,	44	Puget Sound	5:44.43
	38.85	42.17	43.93	43.24
	44.41	44.54	44.02	43.27
15	Lickwala, Holly	40	UC36	6:11.37
	41.39	44.06	45.07	46.61
	48.14	49.19	49.02	47.89
17	Noffke, Wendy	43	Blue Wave	7:36.73
	52.70	57.12	58.14	59.29
	59.30	57.44	57.68	55.06

Women 40-44 800 LC Meter Freestyle

WORLD: 8:59.06 W 6/11/2011 JANET EVANS

NATL: 8:59.06 N 6/11/2011 JANET EVANS

1	McRae, Michelle	41	Puget Sound	10:36.25
	34.13	37.35	38.99	39.86
	40.45	39.83	40.44	40.58
	40.68	40.59	41.47	40.86
	40.87	40.29	40.65	39.21

Women 40-44 50 LC Meter Backstroke

WORLD: 30.48 W 10/24/201 RAAKEL LUOTO

NATL: 31.38 N 8/8/2015 ERIKA BRAUN

2	York, Sandi	40	Puget Sound	37.61
6	Farinas, Jennifer R	44	Puget Sound	39.81

Women 40-44 100 LC Meter Backstroke

WORLD: 1:06.67 W 10/25/201 RAAKEL LUOTO

NATL: 1:07.21 N 8/7/2009 JODY SMITH

3	McRae, Michelle	41	Puget Sound	1:20.17
	38.49	41.68		

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(Women 40-44 100 LC Meter Backstroke)

4	York, Sandi	40	Puget Sound	1:22.07
	38.58	43.49		
5	Farinas, Jennifer R	44	Puget Sound	1:23.70
	42.00	41.70		
---	Noffke, Wendy	43	Blue Wave	DQ

Women 40-44 200 LC Meter Backstroke**WORLD: 2:23.18 W 8/6/2009 JODY SMITH****NATL: 2:23.18 N 8/6/2009 JODY SMITH**

4	McRae, Michelle	41	Puget Sound	2:53.38
	40.00	43.16	44.77	45.45
5	Farinas, Jennifer R	44	Puget Sound	2:56.74
	42.66	44.80	44.86	44.42
8	York, Sandi	40	Puget Sound	3:05.87
	42.42	47.38	48.18	47.89

Women 40-44 50 LC Meter Breaststroke**WORLD: 33.09 W 4/17/2012 LINLEY FRAME****NATL: 33.25 N 7/23/2006 S VON DER LIPPE**

6	Howard, Elizabeth R	43	Puget Sound	41.76
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Women 40-44 100 LC Meter Breaststroke**WORLD: 1:12.74 W 4/14/2012 LINLEY FRAME****NATL: 1:12.12 N 6/30/2008 S VON DER LIPPE**

6	Howard, Elizabeth R	43	Puget Sound	1:33.33
	44.46	48.87		

Women 40-44 100 LC Meter Butterfly**WORLD: 1:03.36 W 5/23/2009 S.VON DER LIPPE****NATL: 1:02.47 N 6/29/2008 S VON DER LIPPE**

8	Regan Koppelberger,	44	Puget Sound	1:38.38
	43.45	54.93		

Women 40-44 200 LC Meter Butterfly**WORLD: 2:24.78 W 7/23/2006 S.VON DER LIPPE****NATL: 2:24.77 N 8/17/2003 K PIPES-NEILSEN**

4	Regan Koppelberger,	44	Puget Sound	3:34.25
	44.24	54.86	58.23	56.92

Women 40-44 200 LC Meter IM**WORLD: 2:25.03 W 8/5/2007 S.VON DER LIPPE****NATL: 2:25.03 N 8/5/2007 S VON DER LIPPE**

9	Howard, Elizabeth R	43	Puget Sound	3:01.08
	40.38	50.95	49.43	40.32
10	Farinas, Jennifer R	44	Puget Sound	3:02.14
	41.07	45.22	54.27	41.58

Women 40-44 400 LC Meter IM**WORLD: 5:09.83 W 8/1/2004 K.PIPES-NEILSEN****NATL: 5:09.83 N 8/1/2004 K PIPES-NEILSEN**

4	McRae, Michelle	41	Puget Sound	6:01.29
	37.62	44.13	47.09	46.28
	52.69	54.12	39.68	39.68
9	Howard, Elizabeth R	43	Puget Sound	6:38.78
	42.31	54.06	55.87	52.94
	53.29	53.74	44.12	42.45

Women 45-49 50 LC Meter Freestyle**WORLD: 26.59 W 3/16/2011 EDITH OTTERMANN****NATL: 27.09 N 8/7/2015 MELANIE THOMAS**

2	Moorhead, Amy J	45	Puget Sound	27.85
4	Armstrong, Mary C	49	Puget Sound	29.95
12	Reimer, Shelley B	47	Puget Sound	31.92
19	Kim, Nellis Y	46	Blue Wave	34.03

Women 45-49 100 LC Meter Freestyle**WORLD: 57.40 W 8/8/2015 MELANIE THOMAS****NATL: 57.40 N 8/8/2015 MELANIE THOMAS**

2	Moorhead, Amy J	45	Puget Sound	1:04.06
	30.91	33.15		
9	Longridge, Julee S	45	Puget Sound	1:13.91
	34.35	39.56		

Women 45-49 200 LC Meter Freestyle**WORLD: 2:10.09 W 6/13/2009 K.PIPES-NEILSEN****NATL: 2:10.09 N 6/13/2009 K PIPES-NEILSEN**

2	Moorhead, Amy J	45	Puget Sound	2:21.99
	31.88	34.95	37.68	37.48

Women 45-49 400 LC Meter Freestyle**WORLD: 4:35.84 W 9/6/2008 K.PIPES-NEILSEN****NATL: 4:35.84 N 9/6/2008 K PIPES-NEILSEN**

4	Reimer, Shelley B	47	Puget Sound	5:25.34
	35.97	40.64	41.42	42.50
	42.53	41.88	41.41	38.99
8	Armstrong, Mary C	49	Puget Sound	5:33.27
	35.18	39.38	41.10	42.23
	42.86	43.95	44.68	43.89

Women 45-49 100 LC Meter Backstroke**WORLD: 1:07.75 W 5/29/2016 JOANNA CORBEN****NATL: 1:08.11 N 5/24/2009 K PIPES-NEILSEN**

10	Reimer, Shelley B	47	Puget Sound	1:30.54
	44.95	45.59		

Women 45-49 50 LC Meter Breaststroke**WORLD: 33.66 W 7/17/2010 S.VON DER LIPPE****NATL: 33.66 N 7/17/2010 S VON DER LIPPE**

9	Kim, Nellis Y	46	Blue Wave	44.30
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Women 45-49 100 LC Meter Breaststroke**WORLD: 1:13.49 W 9/17/2009 MARZENA KULIS****NATL: 1:14.41 N 7/17/2010 S VON DER LIPPE**

6	Kim, Nellis Y	46	Blue Wave	1:39.01
	45.08	53.93		

Women 45-49 200 LC Meter Breaststroke**WORLD: 2:43.73 W 3/15/2013 H.MORRIS-EYTON****NATL: 2:45.20 N 8/5/2007 CAROLINE KRATTLI**

3	Armstrong, Mary C	49	Puget Sound	3:27.25
	45.66	52.46	55.06	54.07
6	Kim, Nellis Y	46	Blue Wave	3:47.82
	51.15	59.20	1:00.60	56.87

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Women 45-49 50 LC Meter Butterfly

WORLD: 28.97 W 2/19/2011 EDITH OTTERMANN

NATL: 29.04 N 8/5/2014 WENKE SEIDER

2	Moorhead, Amy J	45	Puget Sound	32.12
6	Armstrong, Mary C	49	Puget Sound	33.75
9	Reimer, Shelley B	47	Puget Sound	36.13
10	Longridge, Julee S	45	Puget Sound	36.56

Women 50-54 400 LC Meter Freestyle

WORLD: 4:40.66 W 8/11/2013 JILL HERNANDEZ

NATL: 4:40.66 N 8/11/2013 JILL HERNANDEZ

1	McIntyre, Shannon J	52	Puget Sound	4:58.10
				33.79 37.42 38.19 38.56
				37.84 38.22 37.80 36.28
15	Lucco, Elizabeth D	50	Puget Sound	5:36.53
				37.92 40.99 42.29 43.13
				43.62 43.19 43.15 42.24

Women 50-54 800 LC Meter Freestyle

WORLD: 9:38.04 W 6/24/2011 LYNN MARSHALL

NATL: 9:48.81 N 4/18/2008 S HEIM-BOWEN

15	Lucco, Elizabeth D	50	Puget Sound	11:43.47
				40.24 43.40 43.59 44.22
				43.96 44.21 44.07 44.44
				43.96 44.56 44.54 45.00
				44.70 45.10 44.48 43.00

Women 50-54 200 LC Meter Backstroke

WORLD: 2:26.64 W 8/4/2014 ELLEN REYNOLDS

NATL: 2:26.64 N 8/4/2014 ELLEN REYNOLDS

12	Dumouchel, Denise M	54	Puget Sound	3:49.58
				55.10 56.50

Women 50-54 50 LC Meter Breaststroke

WORLD: 34.18 W 6/13/2012 MONICA CORO

NATL: 37.31 N 7/26/2015 CAROLINE KRATTLI

4	Voss, Julie E	53	Puget Sound	39.57
17	Lucco, Elizabeth D	50	Puget Sound	45.70
24	Dumouchel, Denise M	54	Puget Sound	50.18

Women 50-54 100 LC Meter Breaststroke

WORLD: 1:15.50 W 6/11/2012 MONICA CORO

NATL: 1:22.23 N 8/4/2014 CORRIN POPPS

4	Voss, Julie E	53	Puget Sound	1:29.22
				41.53 47.69

Women 50-54 200 LC Meter Breaststroke

WORLD: 2:50.92 W 6/15/2012 MONICA CORO

NATL: 2:58.60 N 8/8/2014 CORRIN POPPS

1	McIntyre, Shannon J	52	Puget Sound	3:03.39
				41.97 46.82 47.94 46.66

Women 50-54 200 LC Meter IM

WORLD: 2:31.81 W 8/6/2014 ELLEN REYNOLDS

NATL: 2:31.81 N 8/6/2014 ELLEN REYNOLDS

1	McIntyre, Shannon J	52	Puget Sound	2:40.44
				34.05 41.86 48.61 35.92
17	Lucco, Elizabeth D	50	Puget Sound	3:10.77
				40.47 52.55 55.08 42.67

23	Dumouchel, Denise M	54	Puget Sound	3:53.56
				55.90 59.36 1:06.59 51.71

Women 50-54 400 LC Meter IM

WORLD: 5:20.68 W 8/5/2014 ELLEN REYNOLDS

NATL: 5:20.68 N 8/5/2014 ELLEN REYNOLDS

1	McIntyre, Shannon J	52	Puget Sound	5:41.27
				35.17 41.20 46.82 44.80
				49.07 48.90 39.22 36.09

Women 55-59 50 LC Meter Freestyle

WORLD: 28.69 W 8/17/2008 LAURA VAL

NATL: 28.69 N 8/17/2008 LAURA VAL

1	Dahl, Lisa A	55	Puget Sound	30.30
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Women 55-59 100 LC Meter Freestyle

WORLD: 1:02.02 W 8/16/2008 LAURA VAL

NATL: 1:02.02 N 8/13/2007 VALVAL

9	Courtney, Zena H	57	Blue Wave	1:13.29
				35.56 37.73

Women 55-59 50 LC Meter Backstroke

WORLD: 33.75 W 8/12/2010 LAURA VAL

NATL: 33.75 N 8/12/2010 LAURA VAL

3	Dahl, Lisa A	55	Puget Sound	36.92
5	Courtney, Zena H	57	Blue Wave	37.75

Women 55-59 100 LC Meter Backstroke

WORLD: 1:14.41 W 8/17/2008 LAURA VAL

NATL: 1:14.41 N 8/17/2008 LAURA VAL

7	Courtney, Zena H	57	Blue Wave	1:22.91
				40.78 42.13

Women 55-59 200 LC Meter Backstroke

WORLD: 2:38.52 W 2/21/2016 LYNN MARSHALL

NATL: 2:41.50 N 6/28/2014 BONNIE BILICH

3	Courtney, Zena H	57	Blue Wave	3:01.00
				42.40 46.11 47.07 45.42

Women 55-59 50 LC Meter Breaststroke

WORLD: 37.04 W 4/20/2013 JENNY WHITELEY

NATL: 38.55 N 8/9/2013 COLETTE CRABBE

3	Dahl, Lisa A	55	Puget Sound	41.12
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Women 55-59 50 LC Meter Butterfly

WORLD: 30.97 W 8/9/2013 TRACI GRANGER

NATL: 30.97 N 8/9/2013 TRACI GRANGER

1	Dahl, Lisa A	55	Puget Sound	33.24
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Women 55-59 200 LC Meter IM

WORLD: 2:38.74 W 7/26/2015 JILL HERNANDEZ

NATL: 2:38.74 N 7/26/2015 JILL HERNANDEZ

6	Courtney, Zena H	57	Blue Wave	3:05.75
				42.41 45.76 58.00 39.58

Women 60-64 50 LC Meter Freestyle

WORLD: 29.31 W 8/6/2011 LAURA VAL

NATL: 29.31 N 8/6/2011 LAURA VAL

4	Lippold, Mary B	60	Puget Sound	32.04
7	Chapman, Linda	60	Puget Sound	34.27

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Women 60-64 200 LC Meter Freestyle

WORLD: 2:21.48 W 6/12/2012 LAURA VAL

NATL: 2:21.48 N 6/12/2012 LAURA VAL

4	Lippold, Mary B	60	Puget Sound	2:40.71
	37.78	40.56	41.67	40.70
10	Kassen, Elizabeth K	64	Puget Sound	2:52.57
	40.26	44.56	44.94	42.81

Women 60-64 400 LC Meter Freestyle

WORLD: 4:59.82 W 8/12/2012 LAURA VAL

NATL: 4:59.82 N 8/12/2012 LAURA VAL

1	Lippold, Mary B	60	Puget Sound	5:36.64
	38.18	41.95	43.34	43.61
	43.27	43.05	42.59	40.65

Women 60-64 800 LC Meter Freestyle

WORLD: 10:27.71 W 7/8/2011 LAURA VAL

NATL: 10:27.71 N 7/8/2011 LAURA VAL

4	Kassen, Elizabeth K	64	Puget Sound	12:17.07
	41.32	45.09	46.40	47.17
	47.32	46.94	47.18	46.78
	47.37	46.71	46.42	46.48
	46.22	46.31	45.56	43.80

Women 60-64 100 LC Meter Backstroke

WORLD: 1:14.76 W 8/9/2015 LAURA VAL

NATL: 1:14.76 N 8/9/2015 LAURA VAL

7	Jaeger, Dawn	60	Puget Sound	1:31.00
	44.60	46.40		

Women 60-64 50 LC Meter Breaststroke

WORLD: 37.79 W 4/16/2016 DAGMAR FRESE

NATL: 39.70 N 6/18/2016 MELINDA MANN

3	Chapman, Linda	60	Puget Sound	42.16
18	Adkins-Narte, Heather D	62	Puget Sound	1:09.09

Women 60-64 100 LC Meter Breaststroke

WORLD: 1:25.82 W 4/15/2016 DAGMAR FRESE

NATL: 1:27.95 N 6/28/2014 LO KNAPP

3	Chapman, Linda	60	Puget Sound	1:34.23
	44.42	49.81		
7	Kassen, Elizabeth K	64	Puget Sound	1:46.67
	51.31	55.36		
15	Adkins-Narte, Heather D	62	Puget Sound	2:28.05
	1:08.93	1:19.12		

Women 60-64 200 LC Meter Breaststroke

WORLD: 3:08.07 W 6/29/2014 LO D KNAPP

NATL: 3:08.07 N 6/29/2014 LO KNAPP

10	Adkins-Narte, Heather D	62	Puget Sound	5:19.69
	1:12.78	1:22.10	1:23.20	1:21.61

Women 60-64 50 LC Meter Butterfly

WORLD: 32.27 W 7/8/2012 LAURA VAL

NATL: 32.27 N 7/8/2012 LAURA VAL

3	Lippold, Mary B	60	Puget Sound	34.85
7	Jaeger, Dawn	60	Puget Sound	37.32

Women 60-64 100 LC Meter Butterfly

WORLD: 1:12.06 W 8/4/2011 LAURA VAL

NATL: 1:12.06 N 8/4/2011 LAURA VAL

3	Lippold, Mary B	60	Puget Sound	1:21.94
	38.35	43.59		
4	Jaeger, Dawn	60	Puget Sound	1:26.95
	38.88	48.07		

Women 60-64 200 LC Meter IM

WORLD: 2:47.99 W 7/14/2013 LAURA VAL

NATL: 2:47.99 N 7/14/2013 LAURA VAL

6	Jaeger, Dawn	60	Puget Sound	3:10.58
	38.80	50.61	58.54	42.63
7	Kassen, Elizabeth K	64	Puget Sound	3:25.55
	46.03	56.67	59.39	43.46

Women 60-64 400 LC Meter IM

WORLD: 5:56.27 W 7/8/2011 LAURA VAL

NATL: 5:56.27 N 7/8/2011 LAURA VAL

3	Kassen, Elizabeth K	64	Puget Sound	7:20.80
	49.21	1:00.92	59.98	59.13
	1:00.85	1:01.43	45.61	43.67

Women 65-69 50 LC Meter Freestyle

WORLD: 30.72 W 8/14/2015 SANDERINA KRUGER

NATL: 30.88 N 8/7/2015 CHARLOTTE DAVIS

1	Davis, Charlotte M	66	Puget Sound	30.85N
6	Preissler, Stella	67	Puget Sound	34.90

Women 65-69 100 LC Meter Freestyle

WORLD: 1:09.23 W 8/11/2015 SANDRINA KRUGER

NATL: 1:09.52 N 1/31/2015 CHARLOTTE DAVIS

2	Davis, Charlotte M	66	Puget Sound	1:07.88W
	33.06	34.82		

Women 65-69 400 LC Meter Freestyle

WORLD: 5:27.79 W 1/31/2015 CHARLOTTE DAVIS

NATL: 5:27.79 N 1/31/2015 CHARLOTTE DAVIS

10	Hunt, Andrea M	68	Puget Sound	6:55.97
	49.52	51.83	52.88	52.77
	52.77	52.95	52.35	50.90

Women 65-69 1500 LC Meter Freestyle

WORLD: 22:28.69 W 8/22/2014 BARBARA DUNBAR

NATL: 22:28.69 N 8/22/2014 BARBARA DUNBAR

4	Hunt, Andrea M	68	Puget Sound	26:19.94
	50.61	52.76	52.85	52.80
	52.38	52.87	53.22	53.19
	52.30	52.63	52.19	53.12
	52.79	52.89	53.09	52.50
	52.46	53.17	52.36	53.20
	52.84	53.51	52.83	53.32
	52.58	53.76	52.76	53.29
	51.64	50.03		

Women 65-69 50 LC Meter Backstroke

WORLD: 36.79 W 8/8/2015 CECILIA MCCLOSKEY

NATL: 35.98 N 6/26/2016 LAURA VAL

3	Preissler, Stella	67	Puget Sound	42.60
7	Casey, Kathrine J	68	Puget Sound	50.68

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(Women 65-69 50 LC Meter Backstroke)

9 Hunt, Andrea M 68 Puget Sound 50.74

Women 65-69 100 LC Meter Backstroke

WORLD: 1:20.95 W 8/9/2015 CECILIA MCCLOSKEY

NATL: 1:20.95 N 8/9/2015 CECILIA MCCLOSKEY

3 Preissler, Stella 67 Puget Sound 1:35.61

46.79 48.82

6 Hunt, Andrea M 68 Puget Sound 1:48.79

53.72 55.07

7 Casey, Kathrine J 68 Puget Sound 1:53.34

54.23 59.11

Women 65-69 200 LC Meter Backstroke

WORLD: 2:57.78 W 7/12/2015 CECILIA MCCLOSKEY

NATL: 2:57.78 N 7/12/2015 CECILIA MCCLOSKEY

3 Preissler, Stella 67 Puget Sound 3:30.51

49.49 52.83 53.97 54.22

6 Hunt, Andrea M 68 Puget Sound 3:50.08

55.06 59.24 59.08 56.70

8 Casey, Kathrine J 68 Puget Sound 4:05.15

57.45 1:01.73 1:04.23 1:01.74

Women 65-69 50 LC Meter Butterfly

WORLD: 34.09 W 8/17/2014 DIANN UUSTAL

NATL: 34.09 N 8/17/2014 DIANN UUSTAL

1 Davis, Charlotte M 66 Puget Sound 33.66W

4 Preissler, Stella 67 Puget Sound 41.42

Women 65-69 200 LC Meter IM

WORLD: 2:55.88 W 8/9/2015 CHARLOTTE DAVIS

NATL: 2:55.88 N 8/9/2015 CHARLOTTE DAVIS

1 Davis, Charlotte M 66 Puget Sound 2:54.74W

36.13 46.63 53.53 38.45

Women 65-69 400 LC Meter IM

WORLD: 6:37.45 W 7/23/2010 CAROLYN BOAK

NATL: 6:31.42 N 7/8/2016 CHARLOTTE DAVIS

1 Davis, Charlotte M 66 Puget Sound 6:28.60N

39.01 45.57 51.07 50.11

57.60 58.78 44.55 41.91

Women 70-74 50 LC Meter Freestyle

WORLD: 33.57 W 1/16/2010 CHRISTEL SCHULZ

NATL: 35.22 N 8/6/2011 BETH SCHREINER

7 Dillon, Sally A 70 Puget Sound 40.67

9 Grisso, Carol A 72 Puget Sound 42.64

Women 70-74 100 LC Meter Freestyle

WORLD: 1:14.28 W 9/5/2009 YOSHIKO OSAKI

NATL: 1:19.45 N 7/11/2015 CAROLYN BOAK

3 Dillon, Sally A 70 Puget Sound 1:29.70

43.67 46.03

Women 70-74 200 LC Meter Freestyle

WORLD: 2:48.03 W 8/2/2010 CHRISTEL SCHULZ

NATL: 2:53.32 N 7/12/2015 CAROLYN BOAK

2 Dillon, Sally A 70 Puget Sound 3:15.23

45.12 48.99 52.15 48.97

Women 70-74 400 LC Meter Freestyle

WORLD: 5:54.97 W 7/18/2008 YOSHIKO OSAKI

NATL: 6:09.66 N 7/11/2015 CAROLYN BOAK

2 Grisso, Carol A 72 Puget Sound 7:29.61

51.69 57.10 57.75 57.46

57.16 58.01 57.22 53.22

Women 70-74 1500 LC Meter Freestyle

WORLD: 23:49.60 W 3/11/2016 JEN THOMASSON

NATL: 24:24.13 N 7/13/2003 LAVELLE STOINOFF

1 Dillon, Sally A 70 Puget Sound 27:08.52

48.59 53.60 55.32 55.29

54.78 55.41 55.29 55.32

55.40 54.84 55.26 55.13

54.69 54.29 54.29 54.91

54.57 54.68 54.28 54.27

54.16 54.06 53.96 53.89

54.40 54.10 54.75 54.44

53.85 50.70

Women 70-74 50 LC Meter Breaststroke

WORLD: 41.67 W 6/22/2014 MONIKA SENFTLEBEN

NATL: 45.67 N 8/7/2009 JOANN LEILICH

5 Dillon, Sally A 70 Puget Sound 51.98

Men 18-24 50 LC Meter Freestyle

NATL: 21.78 N 7/1/2012 JOSH SCHNEIDER

7 Scheck, Joshua B 20 Puget Sound 26.10

8 Gates, Matthew D 20 UC36 26.25

Men 18-24 100 LC Meter Freestyle

NATL: 49.37 N 6/28/2012 JOSH SCHNEIDER

2 Gates, Matthew D 20 UC36 56.65

27.52 29.13

Men 18-24 200 LC Meter Freestyle

NATL: 1:52.74 N 8/16/1998 JOE TRISTAN

3 Gates, Matthew D 20 UC36 2:06.28

29.23 32.91 33.68 30.46

Men 18-24 400 LC Meter Freestyle

NATL: 4:04.68 N 8/13/2007 HYUN SEUNG LEE

3 Scheck, Joshua B 20 Puget Sound 4:42.37

31.51 34.76 35.42 36.12

36.52 37.03 35.92 35.09

Men 18-24 50 LC Meter Butterfly

NATL: 24.20 N 8/8/2014 THOMAS SHIELDS

2 Scheck, Joshua B 20 Puget Sound 28.23

Men 18-24 100 LC Meter Butterfly

NATL: 51.29 N 8/8/2014 THOMAS SHIELDS

3 Gates, Matthew D 20 UC36 1:03.13

29.74 33.39

Men 18-24 200 LC Meter Butterfly

NATL: 1:55.09 N 8/6/2014 THOMAS SHIELDS

2 Gates, Matthew D 20 UC36 2:19.31

30.35 34.72 36.91 37.33

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Men 25-29 50 LC Meter Freestyle

WORLD: 22.34 W 10/25/201 A.LIUKKONEN
NATL: 21.69 N 8/10/2014 NATHAN ADRIAN

19 Contreras Sandoval,	27 Puget Sound	26.69
28 Liedtke, Matthew	27 Puget Sound	30.55

Men 25-29 100 LC Meter Freestyle

WORLD: 50.45 W 6/7/2013 MATTHEW MCGINNIS
NATL: 48.23 N 4/24/2014 NATHAN ADRIAN

8 Contreras Sandoval,	27 Puget Sound	1:00.39
28.66	31.73	

Men 25-29 400 LC Meter Freestyle

WORLD: 4:00.98 W 8/18/2002 HONZA VITAZKA
NATL: 3:55.01 N 6/28/2013 ALEX WOLD

7 Edde, Matthew L	27 Blue Wave	5:05.05
34.63	36.52	35.33
35.96	35.14	51.01
		41.09

Men 25-29 1500 LC Meter Freestyle

WORLD: 16:13.78 W 4/12/2015 RAFAEL CABANILLAS
NATL: 16:13.89 N 8/10/1997 ALEX KOSTICH

3 Edde, Matthew L	27 Blue Wave	19:26.14
35.83	36.44	39.95
38.94	38.27	39.32
39.83	38.67	40.57
39.68	38.56	40.07
40.04	38.04	40.49
39.28	39.09	39.54
39.94	38.13	40.03
39.43	36.78	38.89

Men 25-29 100 LC Meter Backstroke

WORLD: 55.87 W 4/12/2013 KURT CROSLAND
NATL: 55.15 N 8/3/2011 ADAM MANIA

13 Liedtke, Matthew	27 Puget Sound	1:18.99
37.78	41.21	

Men 25-29 200 LC Meter Backstroke

WORLD: 2:03.62 W 6/11/2012 CHRIS KING
NATL: 2:07.57 N 8/23/1992 JOHN KEPPELER

9 Edde, Matthew L	27 Blue Wave	2:50.40
41.62	44.09	44.06
		40.63

Men 25-29 50 LC Meter Butterfly

WORLD: 23.71 W 8/16/2008 KOHEI KAWAMOTO
NATL: 23.71 N 8/16/2008 KOHEI KAWAMOTO

14 Liedtke, Matthew	27 Puget Sound	29.04
20 Contreras Sandoval,	27 Puget Sound	30.42

Men 25-29 400 LC Meter IM

WORLD: 4:30.05 W 9/12/2009 DIOGO YABE
NATL: 4:20.83 N 6/27/2013 ALEX WOLD

5 Edde, Matthew L	27 Blue Wave	5:41.06
34.15	41.54	46.87
49.78	51.01	36.47
		35.10

Men 30-34 50 LC Meter Freestyle

WORLD: 22.13 W 7/13/2013 ROLAND SCHOEMAN
NATL: 21.55 N 8/10/2014 ANTHONY ERVIN

18 Dees, Joseph T	30 Puget Sound	34.39
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Men 30-34 100 LC Meter Freestyle

WORLD: 50.34 W 8/8/2015 ADAM RITTER
NATL: 48.71 N 8/6/2014 ANTHONY ERVIN

11 O'Hern, David C	33 Puget Sound	1:10.75
33.34	37.41	

Men 30-34 200 LC Meter Freestyle

WORLD: 1:50.55 W 5/21/2016 DARIAN TOWNSEND
NATL: 1:49.34 N 8/7/2014 DARIAN TOWNSEND

7 Conroy, Chris	31 Puget Sound	2:07.91
29.57	32.24	32.86
		33.24

Men 30-34 400 LC Meter Freestyle

WORLD: 3:58.42 W 5/2/2009 DANIEL KOWALSKI
NATL: 3:58.12 N 7/23/2016 DARIAN TOWNSEND

9 O'Hern, David C	33 Puget Sound	5:36.82
35.35	39.53	42.64
		43.41
44.95	44.36	44.73
		41.85

Men 30-34 50 LC Meter Backstroke

WORLD: 25.98 W 7/12/2014 DARIAN TOWNSEND
NATL: 25.13 N 6/27/2013 ADAM MANIA

7 Dees, Joseph T	30 Puget Sound	49.42
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Men 30-34 100 LC Meter Backstroke

WORLD: 55.93 W 7/13/2014 DARIAN TOWNSEND
NATL: 55.30 N 6/28/2013 ADAM MANIA

--- O'Hern, David C	33 Puget Sound	DQ
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Men 30-34 200 LC Meter Backstroke

WORLD: 2:02.75 W 11/24/200 ROGERIO ROMERO
NATL: 2:05.62 N 7/9/1994 SEAN MURPHY

3 O'Hern, David C	33 Puget Sound	2:53.98
39.12	43.34	44.91
		46.61

Men 30-34 50 LC Meter Breaststroke

WORLD: 27.97 W 9/26/2015 RYO KOBAYASHI
NATL: 27.73 N 6/27/2016 MARCUS TITUS

9 Conroy, Chris	31 Puget Sound	32.21
13 Dees, Joseph T	30 Puget Sound	45.60

Men 30-34 100 LC Meter Breaststroke

WORLD: 1:02.39 W 9/27/2015 RYO KOBAYASHI
NATL: 1:00.19 N 6/26/2016 MARCUS TITUS

7 Conroy, Chris	31 Puget Sound	1:11.39
32.85	38.54	

Men 30-34 200 LC Meter Breaststroke

WORLD: 2:18.04 W 7/7/2012 GARY MARSHALL
NATL: 2:18.04 N 7/7/2012 GARY MARSHALL

4 Conroy, Chris	31 Puget Sound	2:42.70
35.05	39.86	42.45
		45.34
8 O'Hern, David C	33 Puget Sound	3:27.29
45.09	51.94	55.11
		55.15

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Men 35-39 50 LC Meter Freestyle

WORLD: 22.76 W 8/20/2005 MARK FOSTER
NATL: 23.35 N 6/30/2012 BRIAN JACOBSON

10 Jimmison, Tyrone M 36 Puget Sound 27.58

Men 35-39 400 LC Meter Freestyle

WORLD: 4:05.91 W 3/10/2012 PETAR STOYCHEV
NATL: 4:07.64 N 7/16/1995 ROWDY GAINES

11 Thomas, Isaac J 36 Blue Wave 5:37.29
 37.86 42.06 42.81 43.22
 42.44 43.86 42.66 42.38

Men 35-39 50 LC Meter Breaststroke

WORLD: 28.47 W 10/24/200 VLADISLAV BRAGIN
NATL: 28.53 N 5/25/2009 JEFF COMMINGS

8 Jimmison, Tyrone M 36 Puget Sound 34.38

Men 35-39 50 LC Meter Butterfly

WORLD: 24.14 W 8/15/2015 KOHEI KAWAMOTO
NATL: 24.14 N 8/15/2015 KOHEI KAWAMOTO

8 Jimmison, Tyrone M 36 Puget Sound 29.78
 12 Thomas, Isaac J 36 Blue Wave 32.06

Men 35-39 100 LC Meter Butterfly

WORLD: 55.35 W 8/13/2015 I.STEFAN GHERGHEL
NATL: 55.43 N 7/18/2015 TAMAS KEREKJARTO

12 Thomas, Isaac J 36 Blue Wave 1:15.61
 32.99 42.62

Men 35-39 200 LC Meter Butterfly

WORLD: 2:04.76 W 8/1/2015 BRENT CREAGER
NATL: 2:04.76 N 8/1/2015 BRENT CREAGER

10 Thomas, Isaac J 36 Blue Wave 3:20.12
 44.15 47.84 52.42 55.71

Men 40-44 100 LC Meter Freestyle

WORLD: 51.59 W 11/14/201 HIDEAKI HARA
NATL: 51.72 N 8/1/2010 VLAD PYSHNENKO

2 Gray, Trevor O 40 Puget Sound 55.96
 26.65 29.31
 11 DeWard, Robert C 42 Puget Sound 1:07.13
 31.56 35.57

Men 40-44 200 LC Meter Freestyle

WORLD: 1:53.65 W 8/2/2010 VLAD PYSHNENKO
NATL: 1:53.65 N 8/2/2010 VLAD PYSHNENKO

9 Hagedorn, Chad F 44 Puget Sound 2:26.69
 38.77 38.39

Men 40-44 400 LC Meter Freestyle

WORLD: 4:06.74 W 7/24/2009 ERIK HOCHSTEIN
NATL: 4:06.74 N 7/24/2009 ERIK HOCHSTEIN

8 Jelen, Doug 43 Puget Sound 5:07.28
 34.08 37.89 38.75 39.42
 39.58 39.96 40.31 37.29

Men 40-44 1500 LC Meter Freestyle

WORLD: 15:51.60 W 2/21/2016 SAMUELE PAMPANA
NATL: 16:36.91 N 7/23/2010 ALEX KOSTICH

5 Hagedorn, Chad F 44 Puget Sound 20:19.91
 35.85 38.20 39.52 40.07
 40.51 40.71 40.89 41.34
 41.13 41.43 41.04 41.51
 41.23 40.89
 41.22 41.44 41.28 40.92
 41.43 41.33 41.45 40.88
 41.55 40.58 41.43 40.55
 40.04 38.47

Men 40-44 50 LC Meter Backstroke

WORLD: 27.30 W 9/27/2014 OSAMU ITOI
NATL: 27.47 N 8/23/2008 MICHAEL ROSS

1 Gray, Trevor O 40 Puget Sound 28.04

Men 40-44 100 LC Meter Backstroke

WORLD: 59.08 W 8/7/2009 MICHAEL ROSS
NATL: 59.08 N 8/7/2009 MICHAEL ROSS

1 Gray, Trevor O 40 Puget Sound 1:00.67
 28.87 31.80
 8 DeWard, Robert C 42 Puget Sound 1:14.92
 35.84 39.08
 10 Jelen, Doug 43 Puget Sound 1:16.05
 36.66 39.39

Men 40-44 200 LC Meter Backstroke

WORLD: 2:11.13 W 8/16/2014 FREDERIK HVIID
NATL: 2:11.13 N 8/16/2014 FREDERIK HVIID

1 Gray, Trevor O 40 Puget Sound 2:16.24
 31.00 34.55 35.24 35.45

Men 40-44 200 LC Meter Breaststroke

WORLD: 2:18.57 W 7/11/2015 STEVEN WEST
NATL: 2:18.57 N 7/11/2015 STEVE WEST

6 Hagedorn, Chad F 44 Puget Sound 3:13.22
 43.84 49.86 50.72 48.80

Men 40-44 200 LC Meter Butterfly

WORLD: 2:05.55 W 7/11/2004 DENNIS BAKER
NATL: 2:05.55 N 7/11/2004 DENNIS BAKER

3 Jelen, Doug 43 Puget Sound 2:50.19
 37.58 43.12 45.56 43.93

Men 40-44 200 LC Meter IM

WORLD: 2:10.63 W 6/25/2009 ALBERTO MONTINI
NATL: 2:13.71 N 7/23/2016 JEFF COMMINGS

11 DeWard, Robert C 42 Puget Sound 2:50.44
 33.85 44.14 50.89 41.56
 --- Hagedorn, Chad F 44 Puget Sound DQ

Men 45-49 50 LC Meter Freestyle

WORLD: 23.98 W 7/5/2014 VLADIMIR PREDKIN
NATL: 24.29 N 8/10/2006 PAUL SMITH

7 Alsberg, Maoz 48 Puget Sound 26.73
 9 Kelly, Scott D 47 Puget Sound 27.71
 15 Castle, Matt 45 Puget Sound 29.08

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Men 45-49 100 LC Meter Freestyle

WORLD: 53.77 W 8/19/2005 MARCO COLOMBO

NATL: 53.90 N 8/23/1999 JACK GROSELLE

4	Doherty, Todd S	45	Puget Sound	58.46
				29.15 29.31
8	Kelly, Scott D	47	Puget Sound	1:02.68
				30.16 32.52

Men 45-49 200 LC Meter Freestyle

WORLD: 1:57.75 W 8/5/2014 NICOLAS GRANGER

NATL: 1:57.89 N 8/6/2009 KEITH SWITZER

2	Nelson, Kirk	46	Puget Sound	2:08.36
				30.90 32.35 33.18 31.93
11	Howard, John H	46	Puget Sound	2:36.90
				34.80 38.55 41.60 41.95

Men 45-49 400 LC Meter Freestyle

WORLD: 4:11.07 W 8/9/2009 KEITH SWITZER

NATL: 4:09.20 N 7/19/2008 DENNIS BAKER

3	Nelson, Kirk	46	Puget Sound	4:35.31
				31.37 33.90 34.89 35.11
				35.33 35.06 35.53 34.12
14	Ness, Kerry	47	Puget Sound	7:02.78
				47.30 49.19 52.72 53.56
				54.92 54.78 56.01 54.30

Men 45-49 800 LC Meter Freestyle

WORLD: 8:40.79 W 8/10/2015 FABIO CALMASINI

NATL: 8:51.98 N 8/9/2010 JEFF ERWIN

12	Ness, Kerry	47	Puget Sound	14:52.95
				48.43 50.84 52.64 54.32
				55.12 57.13 56.40 57.61
				57.27 57.16 57.54 58.19
				57.30 57.84 57.55 57.61

Men 45-49 1500 LC Meter Freestyle

WORLD: 16:38.81 W 8/10/2009 JEFF ERWIN

NATL: 16:38.81 N 8/10/2009 JEFF ERWIN

3	Nelson, Kirk	46	Puget Sound	18:22.78
				32.11 34.77 36.08 36.23
				36.86 36.62 37.11 36.72
				37.53 37.15 37.48 37.29
				37.29 36.88 37.38 37.91
				37.04 37.32 37.07 37.07
				38.19 37.15 37.33 36.92
				37.04 36.75 36.92 36.32
				37.15 35.10

Men 45-49 50 LC Meter Backstroke

WORLD: 28.05 W 6/7/2008 STEVE WOOD

NATL: 28.05 N 6/7/2008 STEVE WOOD

6	Castle, Matt	45	Puget Sound	36.30
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Men 45-49 50 LC Meter Breaststroke

WORLD: 29.63 W 6/24/2011 RICO ROLLI

NATL: 30.59 N 6/8/2008 DAVID GUTHRIE

2	Doherty, Todd S	45	Puget Sound	31.99
3	Carmosino, Vince	46	Puget Sound	32.15
9	Kelly, Scott D	47	Puget Sound	36.73

10	Castle, Matt	45	Puget Sound	37.27
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Men 45-49 100 LC Meter Breaststroke

WORLD: 1:05.30 W 5/7/2016 VLADISLAV BRAGIN

NATL: 1:07.38 N 8/16/2008 DAVID GUTHRIE

2	Doherty, Todd S	45	Puget Sound	1:11.88
				34.17 37.71
3	Carmosino, Vince	46	Puget Sound	1:14.29
				34.96 39.33
10	Castle, Matt	45	Puget Sound	1:26.59
				40.95 45.64

Men 45-49 200 LC Meter Breaststroke

WORLD: 2:24.32 W 5/7/2016 VLADISLAV BRAGIN

NATL: 2:27.79 N 8/17/2008 DAVID GUTHRIE

1	Doherty, Todd S	45	Puget Sound	2:42.08
				36.36 40.81 41.55 43.36
9	Ness, Kerry	47	Puget Sound	3:46.49
				50.35 55.76 59.61 1:00.77

Men 45-49 50 LC Meter Butterfly

WORLD: 25.65 W 7/8/2012 NICHOLAS DECKER

NATL: 25.65 N 7/8/2012 NICHOLAS DECKER

9	Kelly, Scott D	47	Puget Sound	30.12
11	Castle, Matt	45	Puget Sound	32.21

Men 45-49 100 LC Meter Butterfly

WORLD: 56.85 W 8/11/2002 PAUL CARTER

NATL: 56.42 N 8/4/2002 PAUL CARTER

7	Howard, John H	46	Puget Sound	1:21.72
				36.26 45.46
---	Kelly, Scott D	47	Puget Sound	DQ

Men 45-49 200 LC Meter IM

WORLD: 2:10.24 W 7/25/2015 NICOLAS GRANGER

NATL: 2:14.90 N 8/22/2010 JEROME FRENTSOS

2	Doherty, Todd S	45	Puget Sound	2:23.92
				30.24 39.57 40.55 33.56
4	Nelson, Kirk	46	Puget Sound	2:30.37
				31.27 39.47 45.90 33.73
14	Howard, John H	46	Puget Sound	2:51.54
				35.72 44.67 50.68 40.47

Men 45-49 400 LC Meter IM

WORLD: 4:43.83 W 8/5/2014 NICOLAS GRANGER

NATL: 4:47.65 N 8/21/2010 JEROME FRENTSOS

2	Nelson, Kirk	46	Puget Sound	5:24.91
				33.65 37.64 44.37 42.72
				47.76 47.67 36.74 34.36

Men 50-54 50 LC Meter Freestyle

WORLD: 24.08 W 6/27/2009 BRENT BARNES

NATL: 24.58 N 8/9/2009 ROWDY GAINES

28	Axelson, Peter	50	Puget Sound	30.09
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Men 50-54 100 LC Meter Freestyle

WORLD: 54.36 W 3/19/2015 CALVIN MAUGHAN

NATL: 54.93 N 3/21/2004 JACK GROSELLE

4	Nygren, Mats O	50	Puget Sound	58.24
				28.50 29.74

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Men 50-54 200 LC Meter Freestyle

WORLD: 2:00.34 W 8/13/2007 DAN STEPHENSON

NATL: 2:00.34 N 8/13/2007 DAN STEPHENSON

2	Nygren, Mats O	50	Puget Sound	2:05.73
	29.44	31.62	32.67	32.00
19	Bosselmann, Chip	54	Puget Sound	2:29.90
	32.92	37.12	39.50	40.36

Men 50-54 400 LC Meter Freestyle

WORLD: 4:16.61 W 8/13/2007 DAN STEPHENSON

NATL: 4:16.61 N 8/13/2007 DAN STEPHENSON

2	Nygren, Mats O	50	Puget Sound	4:36.13
	31.80	34.19	35.18	35.68
	35.96	35.67	34.54	33.11

Men 50-54 800 LC Meter Freestyle

WORLD: 8:55.05 W 7/31/2010 MARCUS MATTIOLI

NATL: 8:56.31 N 8/3/2014 RICARDO VALDIVIA

1	Nygren, Mats O	50	Puget Sound	9:28.30
	31.71	34.46	35.49	35.81
	36.68	36.32	36.41	36.22
	36.48	36.33	36.31	36.31
	36.00	35.38	35.64	32.75

Men 50-54 200 LC Meter Backstroke

WORLD: 2:17.57 W 6/11/2012 MICHAEL SODERLUND

NATL: 2:17.57 N 6/11/2012 MICHAEL SODERLUND

4	Nygren, Mats O	50	Puget Sound	2:34.31
	33.88	37.45	40.98	42.00

Men 50-54 50 LC Meter Breaststroke

WORLD: 30.48 W 8/9/2013 DAVID GUTHRIE

NATL: 30.48 N 8/9/2013 DAVID GUTHRIE

1	Phillips, Daniel L	53	Puget Sound	31.93
3	Esko, Kevin L	50	Puget Sound	34.42
16	Bosselmann, Chip	54	Puget Sound	38.79

Men 50-54 100 LC Meter Breaststroke

WORLD: 1:06.98 W 8/15/2014 DAVID GUTHRIE

NATL: 1:06.98 N 8/15/2014 DAVID GUTHRIE

1	Phillips, Daniel L	53	Puget Sound	1:12.24
	34.24	38.00		
8	Esko, Kevin L	50	Puget Sound	1:18.64
	37.00	41.64		
18	Bosselmann, Chip	54	Puget Sound	1:29.01
	40.89	48.12		

Men 50-54 200 LC Meter Breaststroke

WORLD: 2:27.91 W 7/31/2013 DAVID GUTHRIE

NATL: 2:27.91 N 7/31/2013 DAVID GUTHRIE

2	Phillips, Daniel L	53	Puget Sound	2:47.64
	38.24	42.77	44.32	42.31
8	Esko, Kevin L	50	Puget Sound	2:56.52
	39.13	45.43	47.15	44.81

Men 50-54 50 LC Meter Butterfly

WORLD: 25.88 W 8/16/2008 PAUL CARTER

NATL: 25.88 N 8/16/2008 PAUL CARTER

11	Phillips, Daniel L	53	Puget Sound	29.41
17	Axelsson, Peter	50	Puget Sound	30.56

Men 50-54 100 LC Meter Butterfly

WORLD: 57.23 W 8/15/2008 PAUL CARTER

NATL: 57.23 N 8/15/2008 PAUL CARTER

5	Phillips, Daniel L	53	Puget Sound	1:04.86
	30.90	33.96		
16	McCarty, David L	52	Puget Sound	1:17.42
	33.37	44.05		

Men 50-54 400 LC Meter IM

WORLD: 4:53.69 W 8/2/2010 MARCUS MATTIOLI

NATL: 4:56.71 N 8/5/2014 RICARDO VALDIVIA

5	McCarty, David L	52	Puget Sound	5:41.28
	32.07	39.24	42.50	41.86
	51.73	51.91	40.59	41.38

Men 55-59 50 LC Meter Freestyle

WORLD: 24.45 W 7/19/2015 BRENT BARNES

NATL: 25.01 N 6/7/2009 JACK GROSELLE

19	Lieggi, Anthony	55	Blue Wave	29.69
---	Littlefield, James R	56	Blue Wave	DQ

Men 55-59 100 LC Meter Freestyle

WORLD: 56.08 W 7/23/2009 JACK GROSELLE

NATL: 56.07 N 7/10/2015 STEVE WOOD

10	Lieggi, Anthony	55	Blue Wave	1:05.04
	31.77	33.27		

Men 55-59 200 LC Meter Freestyle

WORLD: 2:04.01 W 7/26/2009 MICHAEL MANN

NATL: 2:04.01 N 7/26/2009 MICHAEL MANN

6	Nalli, Lyle A	56	Puget Sound	2:19.64
	33.02	35.56	35.97	35.09
10	Durban, Lars R	59	Puget Sound	2:31.86
	34.88	39.02	40.37	37.59

Men 55-59 400 LC Meter Freestyle

WORLD: 4:22.49 W 7/25/2009 MICHAEL MANN

NATL: 4:22.49 N 7/25/2009 MICHAEL MANN

5	Nalli, Lyle A	56	Puget Sound	5:00.74
	33.10	36.83	37.55	38.33
	38.20	38.72	38.98	39.03
13	Goodlin, Tom	57	Puget Sound	6:01.39
	39.29	43.84	45.77	46.29
	47.27	46.97	46.96	45.00

Men 55-59 800 LC Meter Freestyle

WORLD: 9:00.09 W 7/24/2009 MICHAEL MANN

NATL: 9:00.09 N 7/24/2009 MICHAEL MANN

3	Durban, Lars R	59	Puget Sound	11:14.53
	38.16	42.58	43.82	42.77
	43.12	43.35	42.81	42.80
	42.75	43.41	42.27	43.02
	42.06	42.59	40.87	38.15

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Men 55-59 1500 LC Meter Freestyle**WORLD: 17:22.61 W 8/10/2009 MICHAEL MANN****NATL: 17:22.61 N 8/10/2009 MICHAEL MANN**

1	Rogers, Randy	58	Puget Sound	19:37.54
	34.90	38.14	38.94	38.88
	39.27	38.92	39.11	38.83
	39.08	38.79	38.72	38.94
	39.45	38.94	39.16	39.47
	39.78	39.67	39.63	40.09
	40.06	39.82	40.21	40.11
	40.26	39.90	40.32	40.18
	39.96	38.01		
6	Moore, Robert B	56	Puget Sound	21:42.99
	38.66	42.97	43.74	44.30
	43.47	44.47	44.04	44.44
	44.33	44.52	44.40	43.63
	43.60	43.94	43.69	44.04
	43.32	43.94	43.60	43.70
	43.68	43.99	43.79	44.85
	43.92	44.60	43.10	43.24
	40.56	38.46		

Men 55-59 50 LC Meter Backstroke**WORLD: 29.07 W 6/20/2015 STEVE WOOD****NATL: 29.07 N 6/20/2015 STEVE WOOD**

3	Haynie, Carl	56	Puget Sound	32.04
14	Powell, Frank R	56	Puget Sound	36.06
15	Littlefield, James R	56	Blue Wave	36.23
18	Pearson, Jay D	55	Puget Sound	37.87
19	Piper, Roman K	57	Puget Sound	38.00

Men 55-59 100 LC Meter Backstroke**WORLD: 1:03.50 W 6/21/2015 STEVE WOOD****NATL: 1:03.50 N 6/21/2015 STEVE WOOD**

2	Haynie, Carl	56	Puget Sound	1:09.50
	33.84	35.66		
10	Moore, Robert B	56	Puget Sound	1:16.87
	38.08	38.79		
15	Littlefield, James R	56	Blue Wave	1:19.41
	39.39	40.02		
19	Pearson, Jay D	55	Puget Sound	1:24.01
	41.50	42.51		
22	Piper, Roman K	57	Puget Sound	1:26.31
	41.26	45.05		
23	Goodlin, Tom	57	Puget Sound	1:35.92
	44.52	51.40		

Men 55-59 200 LC Meter Backstroke**WORLD: 2:22.68 W 8/7/2015 CRAIG PETERSEN****NATL: 2:22.68 N 8/7/2015 CRAIG PETERSEN**

1	Haynie, Carl	56	Puget Sound	2:37.40
	36.23	39.15	41.78	40.24
2	Nalli, Lyle A	56	Puget Sound	2:37.68
	37.28	39.68	40.59	40.13
9	Moore, Robert B	56	Puget Sound	2:49.61
	41.02	43.80	44.51	40.28
12	Pearson, Jay D	55	Puget Sound	2:58.15
	43.27	46.19	45.36	43.33

15	Goodlin, Tom	57	Puget Sound	3:22.19
	46.09	51.16	53.36	51.58

Men 55-59 50 LC Meter Breaststroke**WORLD: 31.05 W 9/16/2009 WALTER KUSCH****NATL: 31.10 N 8/15/2015 DAVID GUTHRIE**

6	Jackson, Robert L	56	Puget Sound	34.33
19	Piper, Roman K	57	Puget Sound	39.65

Men 55-59 100 LC Meter Breaststroke**WORLD: 1:07.97 W 7/31/2015 DAVID GUTHRIE****NATL: 1:07.97 N 7/31/2015 DAVID GUTHRIE**

5	Haynie, Carl	56	Puget Sound	1:17.30
	36.69	40.61		
21	Pearson, Jay D	55	Puget Sound	1:30.28
	42.90	47.38		

Men 55-59 50 LC Meter Butterfly**WORLD: 26.86 W 8/6/2009 GARY HALL****NATL: 26.86 N 8/6/2009 GARY HALL**

13	Lieggi, Anthony	55	Blue Wave	32.54
14	Pearson, Jay D	55	Puget Sound	33.27

Men 55-59 100 LC Meter Butterfly**WORLD: 1:00.56 W 8/11/2012 PAUL CARTER****NATL: 1:00.56 N 8/11/2012 PAUL CARTER**

5	Moore, Robert B	56	Puget Sound	1:14.54
	35.04	39.50		

Men 55-59 200 LC Meter IM**WORLD: 2:20.83 W 8/9/2009 MICHAEL MANN****NATL: 2:20.83 N 8/9/2009 MICHAEL MANN**

4	Haynie, Carl	56	Puget Sound	2:36.49
	32.81	39.85	46.06	37.77
16	Moore, Robert B	56	Puget Sound	2:46.84
	34.88	43.60	50.04	38.32

Men 55-59 400 LC Meter IM**WORLD: 5:01.81 W 4/23/2015 MARCUS MATTIOLI****NATL: 5:04.07 N 7/26/2009 MICHAEL MANN**

2	Nalli, Lyle A	56	Puget Sound	5:44.32
	33.94	39.80	43.66	43.15
	49.65	50.83	41.87	41.42

Men 60-64 50 LC Meter Freestyle**WORLD: 25.23 W 8/7/2006 RICHARD ABRAHAMS****NATL: 25.23 N 8/10/2006 RICHARD ABRAHAMS**

29	Greene, Skip	64	Puget Sound	39.12
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Men 60-64 200 LC Meter Freestyle**WORLD: 2:09.24 W 8/15/2014 JACK GROSELLE****NATL: 2:09.24 N 8/15/2014 JACK GROSELLE**

14	Piette, Jeffrey T	61	Puget Sound	2:33.96
	35.94	39.47	40.32	38.23
16	Durban, Eric	61	Blue Wave	2:37.74
	35.49	39.91	42.27	40.07

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Men 60-64 400 LC Meter Freestyle**WORLD: 4:40.00 W 8/11/2012 JIM MCCONICA****NATL: 4:40.00 N 8/11/2012 JIM MC CONICA**

9	Durban, Eric	61	Blue Wave	5:32.68
	39.20	42.42	42.31	42.87
	42.02	41.61	42.33	39.92
13	Adcock, Richard P	61	Puget Sound	6:06.24
	39.29	45.55	45.70	47.28
	46.95	47.82	47.71	45.94

Men 60-64 800 LC Meter Freestyle**WORLD: 9:35.50 W 8/12/2012 JIM MCCONICA****NATL: 9:35.50 N 8/12/2012 JIM MC CONICA**

12	Underbrink, Dan	60	Puget Sound	13:43.84
	44.62	50.61	50.44	53.36
	51.58	52.37	52.34	54.03
	39.83	1:05.97	53.12	53.95
	51.40	52.16	51.45	46.61

Men 60-64 1500 LC Meter Freestyle**WORLD: 18:12.09 W 6/6/2010 JIM MCCONICA****NATL: 18:12.09 N 6/6/2010 JIM MC CONICA**

4	Piette, Jeffrey T	61	Puget Sound	21:37.04
	38.59	42.28	33.64	53.56
	37.06	51.15	35.77	52.21
	34.94	52.27	43.34	43.57
	31.92	55.12	44.03	42.90
	43.42	43.50	43.25	43.48
	43.29	43.14	43.74	43.72
	43.68	43.67	43.34	43.44
	43.08	39.94		
5	Durban, Eric	61	Blue Wave	21:53.43
	38.89	42.91	43.48	43.99
	44.05	44.17	43.91	44.34
	44.41	44.20	44.26	44.42
	44.46	44.10	44.89	44.50
	44.48	44.66	44.83	43.62
	44.50	43.86	43.92	43.85
	43.98	42.78	43.15	42.97
	43.36	42.49		

Men 60-64 50 LC Meter Backstroke**WORLD: 30.66 W 3/17/2016 ANDRE STEYNBERG****NATL: 31.46 N 6/2/2007 HUGH WILDER**

3	Hannula, Dave	62	Puget Sound	32.77
4	Graham, Donald	62	Puget Sound	33.36
12	Fritschen, Tom M	60	Puget Sound	42.05
13	Adcock, Richard P	61	Puget Sound	42.24
14	Underbrink, Dan	60	Puget Sound	44.49
16	Greene, Skip	64	Puget Sound	56.24

Men 60-64 100 LC Meter Backstroke**WORLD: 1:08.77 W 6/2/2007 HUGH WILDER****NATL: 1:07.85 N 7/31/2016 TOM BARTON**

2	Hannula, Dave	62	Puget Sound	1:11.79
	34.37	37.42		
12	Fritschen, Tom M	60	Puget Sound	1:33.07
	43.99	49.08		

Men 60-64 200 LC Meter Backstroke**WORLD: 2:33.09 W 8/9/2013 FRED FERROGGIARO****NATL: 2:28.37 N 7/30/2016 TOM BARTON**

1	Hannula, Dave	62	Puget Sound	2:39.04
	37.72	40.23	40.99	40.10
9	Fritschen, Tom M	60	Puget Sound	3:24.57
	47.65	51.67	53.35	51.90

Men 60-64 50 LC Meter Breaststroke**WORLD: 32.80 W 4/17/2012 STUART ELLICOTT****NATL: 32.87 N 6/13/2012 TIMOTHY SHEAD**

12	Adcock, Richard P	61	Puget Sound	39.72
17	Greene, Skip	64	Puget Sound	50.66

Men 60-64 100 LC Meter Breaststroke**WORLD: 1:13.38 W 8/8/2013 RICK COLELLA****NATL: 1:13.38 N 8/8/2013 RICK COLELLA**

10	Adcock, Richard P	61	Puget Sound	1:31.70
	43.30	48.40		
12	Underbrink, Dan	60	Puget Sound	1:42.15
	49.62	52.53		

Men 60-64 50 LC Meter Butterfly**WORLD: 27.92 W 8/15/2005 RICHARD ABRAHAMS****NATL: 27.92 N 8/15/2005 RICHARD ABRAHAMS**

2	Graham, Donald	62	Puget Sound	28.42
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Men 60-64 100 LC Meter Butterfly**WORLD: 1:03.03 W 8/15/2005 RICHARD ABRAHAMS****NATL: 1:03.03 N 8/15/2005 RICHARD ABRAHAMS**

1	Graham, Donald	62	Puget Sound	1:06.25
	31.07	35.18		

Men 60-64 200 LC Meter Butterfly**WORLD: 2:29.05 W 8/6/2011 LAWRENCE DAY****NATL: 2:29.05 N 8/6/2011 LAWRENCE DAY**

4	Durban, Eric	61	Blue Wave	3:25.37
	39.95	45.57	55.44	1:04.41

Men 60-64 200 LC Meter IM**WORLD: 2:21.99 W 8/17/2014 RICK COLELLA****NATL: 2:21.99 N 8/17/2014 RICK COLELLA**

2	Hannula, Dave	62	Puget Sound	2:35.70
	33.50	39.91	46.53	35.76
8	Graham, Donald	62	Puget Sound	2:47.07
	33.18	45.07	51.22	37.60
14	Adcock, Richard P	61	Puget Sound	3:11.00
	39.64	53.73	53.31	44.32

Men 60-64 400 LC Meter IM**WORLD: 5:08.20 W 8/15/2014 RICK COLELLA****NATL: 5:08.20 N 8/15/2014 RICK COLELLA**

4	Durban, Eric	61	Blue Wave	6:48.36
	38.29	45.11	58.22	56.67
	1:00.04	1:01.34	44.61	44.08

Men 65-69 50 LC Meter Freestyle**WORLD: 26.33 W 8/12/2010 RICHARD ABRAHAMS****NATL: 26.33 N 8/12/2010 RICHARD ABRAHAMS**

19	Ludwig, Terry	66	Puget Sound	32.77
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Men 65-69 100 LC Meter Freestyle**WORLD: 1:00.38 W 8/12/2010 RICHARD ABRAHAMS****NATL: 1:00.38 N 8/12/2010 RICHARD ABRAHAMS**

11 Ludwig, Terry	66 Puget Sound	1:12.60
33.55	39.05	

Men 65-69 200 LC Meter Freestyle**WORLD: 2:18.53 W 8/15/2008 TOM LANDIS****NATL: 2:12.46 N 7/7/2016 RICK COLELLA**

3 Kirkland, Dan L	68 Puget Sound	2:27.18
33.47	36.53	38.82 38.36
12 Ludwig, Terry	66 Puget Sound	2:46.16
36.00	38.92	43.90 47.34
14 Stretch, James J	65 Puget Sound	2:50.56
39.65	43.81	44.91 42.19
17 Walker, Thomas W	69 Puget Sound	4:49.39
1:08.83	1:17.96	1:17.53 1:05.07

Men 65-69 400 LC Meter Freestyle**WORLD: 4:56.47 W 6/14/2015 JIM MCCONICA****NATL: 4:54.90 N 6/7/2015 JIM MC CONICA**

2 Kirkland, Dan L	68 Puget Sound	5:17.31
35.23	38.05	40.09 40.64
40.88	41.50	41.43 39.49
5 Baker, John B	65 Puget Sound	5:28.46
35.49	39.04	40.85 41.90
42.79	42.52	43.33 42.54
12 Stretch, James J	65 Puget Sound	6:16.09
39.91	45.47	49.23 50.13
50.68	48.70	49.04 42.93
13 Carlton, Brian L	66 Puget Sound	6:21.15
39.85	47.38	49.14 49.90
48.89	49.05	47.47 49.47

Men 65-69 800 LC Meter Freestyle**WORLD: 10:11.30 W 6/14/2015 JIM MCCONICA****NATL: 10:11.30 N 6/14/2015 JIM MC CONICA**

9 Stretch, James J	65 Puget Sound	13:15.90
41.78	45.99	49.95 49.91
50.94	50.75	50.21 51.70
50.71	50.63	50.96 50.73
51.93	50.96	50.92 47.83

Men 65-69 1500 LC Meter Freestyle**WORLD: 19:33.36 W 6/14/2015 JIM MCCONICA****NATL: 19:33.36 N 6/14/2015 JIM MC CONICA**

2 Kirkland, Dan L	68 Puget Sound	21:00.08
36.96	39.65	40.84 41.52
41.29	41.46	41.33 41.85
41.99	41.96	42.17 41.96
42.25	42.05	42.53 42.50
43.21	42.42	42.96 42.94
42.53	42.83	43.08 42.34
43.06	43.26	43.02 42.84
42.73	40.55	

6 Carlton, Brian L	66 Puget Sound	24:25.19
42.30	48.37	49.30 50.52
49.30	49.78	49.13 49.94
49.62	49.11	49.44 49.84
48.88	50.04	49.19 49.84
48.10	49.70	49.11 52.30
48.80	49.42	48.52 48.98
48.35	48.61	47.31 49.24
46.28	45.87	

Men 65-69 50 LC Meter Backstroke**WORLD: 30.95 W 7/7/2012 HUGH WILDER****NATL: 30.95 N 7/12/2012 HUGH WILDER**

9 Ludwig, Terry	66 Puget Sound	40.88
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Men 65-69 100 LC Meter Backstroke**WORLD: 1:09.79 W 7/8/2012 HUGH WILDER****NATL: 1:09.79 N 7/8/2012 HUGH WILDER**

5 Kirkland, Dan L	68 Puget Sound	1:21.50
39.10	42.40	
7 Ludwig, Terry	66 Puget Sound	1:29.43
42.08	47.35	
8 Warner, Frank	67 Puget Sound	1:29.56
43.77	45.79	
10 Stretch, James J	65 Puget Sound	1:35.18
47.09	48.09	

Men 65-69 200 LC Meter Backstroke**WORLD: 2:40.95 W 2/22/2008 BERND HORSTMANN****NATL: 2:41.76 N 8/6/2009 RICHARD BURNS**

1 Kirkland, Dan L	68 Puget Sound	2:51.38
40.14	42.81	44.21 44.22
7 Warner, Frank	67 Puget Sound	3:17.66
45.28	50.16	51.67 50.55
9 Stretch, James J	65 Puget Sound	3:23.18
46.79	53.13	53.71 49.55

Men 65-69 50 LC Meter Breaststroke**WORLD: 34.61 W 9/5/2009 OSAMU MAEDA****NATL: 34.66 N 7/8/2012 ROBERT STRAND**

1 Colella, Rick	65 Puget Sound	33.30W
3 Baker, John B	65 Puget Sound	35.92
--- Walker, Thomas W	69 Puget Sound	DQ

Men 65-69 100 LC Meter Breaststroke**WORLD: 1:18.11 W 8/6/2009 KENNETH FROST****NATL: 1:16.30 N 7/8/2016 RICK COLELLA**

1 Colella, Rick	65 Puget Sound	1:15.94N
35.98	39.96	
4 Baker, John B	65 Puget Sound	1:22.38
37.15	45.23	

Men 65-69 200 LC Meter Breaststroke**WORLD: 2:56.96 W 8/8/2014 ALLEN STARK****NATL: 2:47.71 N 7/7/2016 RICK COLELLA**

1 Colella, Rick	65 Puget Sound	2:41.54N
36.34	41.52	41.55 42.13

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Men 65-69 50 LC Meter Butterfly

WORLD: 28.54 W 6/27/2009 JOSEP CLARET

NATL: 28.68 N 8/16/2008 KEEFE LODWIG

9 Baker, John B 65 Puget Sound 34.37

Men 65-69 200 LC Meter IM

WORLD: 2:39.23 W 8/6/2014 HUBIE KERNS

NATL: 2:29.52 N 7/7/2016 RICK COLELLA

1 Colella, Rick 65 Puget Sound 2:25.22N
30.79 39.77 40.45 34.214 Baker, John B 65 Puget Sound 2:50.11
34.47 45.70 50.31 39.63**Men 65-69 400 LC Meter IM**

WORLD: 5:50.98 W 8/5/2014 ALEK SHESTAKOV

NATL: 5:20.00 N 7/8/2016 RICK COLELLA

1 Colella, Rick 65 Puget Sound 5:14.48N
32.41 37.62 42.64 43.75
42.17 44.65 35.47 35.77**Men 70-74 50 LC Meter Freestyle**

WORLD: 27.71 W 8/7/2015 RICHARD ABRAHAMS

NATL: 27.71 N 8/7/2015 RICHARD ABRAHAMS

3 Pilger, Robert T 73 Puget Sound 30.53

11 Peterson, Steven B 70 Puget Sound 34.24

Men 70-74 100 LC Meter Freestyle

WORLD: 1:03.32 W 8/8/2015 DAVID QUIGGIN

NATL: 1:03.32 N 8/8/2015 DAVID QUIGGIN

3 Pilger, Robert T 73 Puget Sound 1:12.21
34.92 37.29

11 Campen, Gary 72 Puget Sound 1:46.61

Men 70-74 200 LC Meter Freestyle

WORLD: 2:24.41 W 8/15/2014 DAVID QUIGGIN

NATL: 2:24.41 N 8/15/2014 DAVID QUIGGIN

3 McColly, Michael 71 Puget Sound 2:38.11
36.70 40.23 41.37 39.818 Pilger, Robert T 73 Puget Sound 2:50.11
38.69 43.76 45.06 42.6013 Olson, David P 71 Puget Sound 3:18.53
45.90 50.93 51.62 50.08**Men 70-74 400 LC Meter Freestyle**

WORLD: 5:11.68 W 4/3/2016 CHRIS DUNN

NATL: 5:12.05 N 5/4/2001 GRAHAM JOHNSTON

2 McColly, Michael 71 Puget Sound 5:35.84
38.40 41.22
42.90 42.86 1:23.9613 Smith, Melvin H 73 Blue Wave 8:16.46
56.55 1:01.12 1:05.02 1:03.47
1:02.53 1:03.94 1:03.48 1:00.35**Men 70-74 800 LC Meter Freestyle**

WORLD: 10:45.92 W 3/24/2002 GRAHAM JOHNSTON

NATL: 10:45.92 N 3/24/2002 GRAHAM JOHNSTON

2 McColly, Michael 71 Puget Sound 11:32.62

38.48 41.68 42.90 43.39

43.91 43.58 44.15 43.35

44.09 44.09 44.81 43.83

1:26.49

10 Smith, Melvin H 73 Blue Wave 17:00.68

57.23 1:01.69 1:03.48 1:04.49

1:03.78 1:04.51 1:04.61

1:05.63 1:05.49 1:05.31

1:05.16 1:03.93 2:05.94

Men 70-74 1500 LC Meter Freestyle

WORLD: 20:36.56 W 8/16/2001 GRAHAM JOHNSTON

NATL: 20:36.56 N 8/16/2001 GRAHAM JOHNSTON

4 Olson, David P 71 Puget Sound 28:11.21

48.04 53.15 54.87 57.15

54.60 54.96 55.02 55.13

54.43 54.75 56.04 55.88

56.02 55.07 57.03 55.98

57.21 56.25 57.44 57.37

59.58 55.29 58.32 58.79

59.43 59.64 1:00.54 57.58

59.59 56.06

Men 70-74 50 LC Meter Backstroke

WORLD: 33.59 W 8/11/2013 RICHARD BURNS

NATL: 33.59 N 8/11/2013 RICHARD BURNS

6 Sawyer, Dennis L 72 Puget Sound 50.49

8 Campen, Gary 72 Puget Sound 53.80

Men 70-74 100 LC Meter Backstroke

WORLD: 1:15.13 W 6/15/2013 RICHARD BURNS

NATL: 1:15.13 N 6/15/2013 RICHARD BURNS

1 McColly, Michael 71 Puget Sound 1:27.42

44.50 42.92

5 Monohon, Paul E 71 Puget Sound 1:54.46

54.09 1:00.37

8 Campen, Gary 72 Puget Sound 2:09.94

1:00.41 1:09.53

Men 70-74 200 LC Meter Backstroke

WORLD: 2:44.59 W 8/9/2013 RICHARD BURNS

NATL: 2:44.59 N 8/9/2013 RICHARD BURNS

2 McColly, Michael 71 Puget Sound 3:07.48

44.55 48.16 48.17 46.60

Men 70-74 50 LC Meter Breaststroke

WORLD: 36.85 W 5/15/2016 ROBERT STRAND

NATL: 36.85 N 5/15/2016 ROBERT STRAND

2 Peterson, Steven B 70 Puget Sound 39.44

4 Sawyer, Dennis L 72 Puget Sound 43.73

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Men 70-74 100 LC Meter Breaststroke

WORLD: 1:23.65 W 8/4/2014 KENNETH FROST

NATL: 1:23.65 N 8/4/2014 KENNETH FROST

2	Peterson, Steven B	70	Puget Sound	1:29.86
	42.57	47.29		
3	Sawyer, Dennis L	72	Puget Sound	1:38.90
	46.99	51.91		

Men 70-74 200 LC Meter Breaststroke

WORLD: 3:04.79 W 3/14/2009 MICHAEL MALONEY

NATL: 3:07.50 N 4/23/2008 KARL WIEDAMANN

2	Peterson, Steven B	70	Puget Sound	3:20.61
	45.72	51.46	52.68	50.75
4	Sawyer, Dennis L	72	Puget Sound	3:49.42
	53.97	59.38	1:00.06	56.01

Men 70-74 50 LC Meter Butterfly

WORLD: 30.06 W 8/9/2015 RICHARD ABRAHAMS

NATL: 30.06 N 8/9/2015 RICHARD ABRAHAMS

5	Pilger, Robert T	73	Puget Sound	34.34
7	Monohon, Paul E	71	Puget Sound	44.05

Men 70-74 100 LC Meter Butterfly

WORLD: 1:12.66 W 8/7/2015 RICHARD ABRAHAMS

NATL: 1:12.66 N 8/7/2015 RICHARD ABRAHAMS

3	Monohon, Paul E	71	Puget Sound	1:47.98
	48.27	59.71		

Men 70-74 200 LC Meter IM

WORLD: 2:45.60 W 5/3/2009 BARRY YOUNG

NATL: 2:55.13 N 7/14/2013 RICHARD BURNS

4	Peterson, Steven B	70	Puget Sound	3:17.05
	44.84	54.40	53.33	44.48
9	Monohon, Paul E	71	Puget Sound	3:56.03
		1:09.80	51.78	

Men 75-79 50 LC Meter Freestyle

WORLD: 30.26 W 2/21/2016 IAN SMITH

NATL: 30.28 N 7/11/2009 DAVID RADCLIFF

6	Jones, Ronald C	76	Puget Sound	35.44
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Men 75-79 200 LC Meter Freestyle

WORLD: 2:25.66 W 6/6/2009 DAVID RADCLIFF

NATL: 2:25.66 N 6/6/2009 DAVID RADCLIFF

7	Davis, Bob	75	Puget Sound	3:49.92
	47.75	59.99	1:03.44	58.74

Men 75-79 1500 LC Meter Freestyle

WORLD: 21:03.06 W 7/10/2009 DAVID RADCLIFF

NATL: 21:03.06 N 7/10/2009 DAVID RADCLIFF

6	Davis, Bob	75	Puget Sound	32:55.88
	2:10.54			

Men 75-79 50 LC Meter Backstroke

WORLD: 36.14 W 8/16/2008 YOSHI OYAKAWA

NATL: 36.14 N 8/16/2008 YOSHI OYAKAWA

2	Jones, Ronald C	76	Puget Sound	45.44
3	Reid, Walt E	76	Puget Sound	47.63

Men 75-79 100 LC Meter Backstroke

WORLD: 1:20.98 W 6/14/2009 BURWELL JONES

NATL: 1:20.98 N 6/14/2009 BURWELL JONES

2	Reid, Walt E	76	Puget Sound	1:48.21
	52.67	55.54		

Men 75-79 200 LC Meter Backstroke

WORLD: 2:57.72 W 6/13/2010 BURWELL JONES

NATL: 2:57.72 N 6/13/2010 BURWELL JONES

1	Peterson, Dick A	79	Puget Sound	3:49.96
	55.41	59.86	59.23	55.46

Men 75-79 50 LC Meter Breaststroke

WORLD: 39.57 W 7/1/2011 HANS REICHEL

NATL: 38.89 N 6/5/2016 MIKE FRESHLEY

3	Jones, Ronald C	76	Puget Sound	45.91
6	Reid, Walt E	76	Puget Sound	48.68

Men 75-79 100 LC Meter Breaststroke

WORLD: 1:28.30 W 5/29/2016 MIKE FRESHLEY

NATL: 1:28.30 N 5/29/2016 MIKE FRESHLEY

3	Peterson, Dick A	79	Puget Sound	1:45.91
	50.17	55.74		
5	Jones, Ronald C	76	Puget Sound	1:52.08
	48.79	1:03.29		
6	Reid, Walt E	76	Puget Sound	1:52.94
	54.25	58.69		

Men 75-79 200 LC Meter Breaststroke

WORLD: 3:14.37 W 5/29/2016 MIKE FRESHLEY

NATL: 3:14.37 N 5/29/2016 MIKE FRESHLEY

2	Peterson, Dick A	79	Puget Sound	3:50.19
	53.42	57.18	1:00.54	59.05

Men 75-79 50 LC Meter Butterfly

WORLD: 32.61 W 2/11/2014 Y.FUNAHASHI

NATL: 33.83 N 6/8/2013 JOHN SMITH

3	Jones, Ronald C	76	Puget Sound	49.25
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Men 75-79 200 LC Meter IM

WORLD: 3:06.58 W 6/13/2009 BURWELL JONES

NATL: 3:04.17 N 6/5/2016 MIKE FRESHLEY

3	Peterson, Dick A	79	Puget Sound	3:51.98
	57.43	1:04.70	59.89	49.96

Men 75-79 400 LC Meter IM

WORLD: 6:48.48 W 6/14/2009 BURWELL JONES

NATL: 6:48.48 N 6/14/2009 BURWELL JONES

---	Peterson, Dick A	79	Puget Sound	DQ
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