

PNA LCM Meet, July 6, 2019, Sanction #: 369-S006
Weyerhaeuser King County Aquatic Center, Federal Way, WA
Results

Women 18-24 50 LC Meter Freestyle

Natl: 26.22 N 7/26/2009 KARA DENBY
 ZON: 27.45 Z 8/11/2013 Meghan Zimmer
 PNA: 28.20 P 7/8/2012 PALOMA DINKEL

1 Daniels, Avery 22 SAM-36 42.01

Women 18-24 100 LC Meter Freestyle

Natl: 57.90 N 8/14/2014 RACHAEL BURNETT
 ZON: 59.89 Z 8/11/2013 Meghan Zimmer
 PNA: 59.94 P 7/8/2012 PALOMA DINKEL

1 Daniels, Avery 22 SAM-36 1:28.98
 43.34 45.64

Women 18-24 200 LC Meter Freestyle

Natl: 2:03.06 N 8/17/2003 JESSICA FOSCHI
 ZON: 2:19.19 Z 6/24/2007 Marion Gallagher
 PNA: 2:19.19 P 6/24/2007 MARION GALLAGHER

1 Daniels, Avery 22 SAM-36 3:11.87
 45.74 48.74 49.27 48.12

Women 18-24 400 LC Meter Freestyle

Natl: 4:16.72 N 7/5/2003 JULIA STOWERS
 ZON: 4:57.46 Z 8/21/2016 Sydney Anderson
 PNA: 4:57.46 P 8/17/2016 SYDNEY E ANDERSON

1 Carlson, Maria 24 ROSE-33 4:50.76
 32.97 35.84 36.58 37.40
 37.50 37.26 37.31 35.90
 2 Daniels, Avery 22 SAM-36 6:30.98
 45.08 48.35 50.23 49.69
 50.57 49.17 49.91 47.98

Women 25-29 50 LC Meter Freestyle

WORLD: 25.42 W 2/15/2004 Annabel KOSTEN
 Natl: 24.83 N 8/10/2014 MADISON KENNEDY
 ZON: 26.68 Z 1/1/1991 Sara Shand
 PNA: 27.92 P 8/7/2013 PALOMA DINKEL

1 LeGro, Kristen 29 STRG-35 29.46
 r:+0.63
 2 Chan, Chelsea 27 BWAQ-36 31.08
 3 Head, Tori 25 BWAQ-36 45.81
 r:+0.73

Women 25-29 100 LC Meter Freestyle

WORLD: 56.96 W 8/11/2015 Emma GAGE
 Natl: 54.72 N 8/6/2014 MADISON KENNEDY
 ZON: 58.23 Z 1/1/1991 Sara Shand
 PNA: 1:01.16 P 8/7/2013 PALOMA DINKEL

1 Stockstad, Danica 27 SEMI 1:08.12
 r:+0.81 32.50 35.62

Women 25-29 200 LC Meter Freestyle

WORLD: 2:04.56 W 7/10/2010 Megan JENDRICK
 Natl: 2:02.06 N 12/2/1995 SHEILA TAORMINA
 ZON: 2:04.56 Z 7/11/2010 Megan Jendrick
 PNA: 2:04.56 P 7/11/2010 MEGAN JENDRICK

1 Stockstad, Danica 27 SEMI 2:26.28
 r:+0.75 34.11 37.55 37.56 37.06

Women 25-29 50 LC Meter Backstroke

WORLD: 28.39 W 8/2/2018 Emi MORONUKI
 Natl: 28.39 N 8/2/2018 EMI MORONUKI
 ZON: 32.87 Z 8/25/1982 Lori Clark
 PNA: 33.72 P 7/8/2012 BRITTANY N KUNZE

1 Chan, Chelsea 27 BWAQ-36 39.61
 r:+0.84
 2 Head, Tori 25 BWAQ-36 48.43
 r:+0.86

Women 25-29 100 LC Meter Backstroke

WORLD: 1:01.60 W 7/31/2018 Emi MORONUKI
 Natl: 1:01.60 N 7/31/2018 EMI MORONUKI
 ZON: 1:12.50 Z 8/19/2001 Taunya Roberts
 PNA: 1:12.50 P 8/19/2001 TAUNYA ROBERTS

1 Head, Tori 25 BWAQ-36 1:43.14
 r:+0.90 49.79 53.35

Women 25-29 200 LC Meter Backstroke

WORLD: 2:13.19 W 7/30/2018 Emi MORONUKI
 Natl: 2:13.19 N 7/30/2018 EMI MORONUKI
 ZON: 2:31.59 Z 8/27/1995 Michelle Donahue
 PNA: 2:37.72 P 8/19/2001 TAUNYA ROBERTS

1 Head, Tori 25 BWAQ-36 3:40.27
 r:+0.79 53.36 56.68 56.41 53.82

Women 25-29 50 LC Meter Breaststroke

WORLD: 31.60 W 7/10/2010 Megan JENDRICK
 Natl: 30.82 N 6/27/2016 KATIE MEILI
 ZON: 31.60 Z 7/11/2010 Megan Jendrick
 PNA: 31.60 P 7/11/2010 MEGAN JENDRICK

1 Sharpe, Anna 27 KM-35 36.85
 2 LeGro, Kristen 29 STRG-35 40.38
 r:+0.64
 3 Head, Tori 25 BWAQ-36 1:01.47
 r:+0.72

Women 25-29 100 LC Meter Breaststroke

WORLD: 1:10.56 W 7/10/2010 Megan JENDRICK
 Natl: 1:06.07 N 6/28/2016 KATIE MEILI
 ZON: 1:10.56 Z 7/11/2010 Megan Jendrick
 PNA: 1:09.81 P 7/2/2012 MEGAN JENDRICK

1 Sharpe, Anna 27 KM-35 1:20.09
 37.86 42.23
 2 Chan, Chelsea 27 BWAQ-36 1:31.82
 43.97 47.85

Women 25-29 50 LC Meter Butterfly

WORLD: 27.05 W 11/4/2018 Masako KUROKI
 Natl: 27.37 N 6/28/2017 HANNAH SAIZ
 ZON: 28.29 Z 7/11/2010 Megan Jendrick
 PNA: 28.29 P 7/11/2010 MEGAN JENDRICK

1 Chan, Chelsea 27 BWAQ-36 35.77
 2 Head, Tori 25 BWAQ-36 55.88
 r:+0.74

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Women 25-29 200 LC Meter IM

WORLD: 2:20.71 W 10/2/2005 Hitomi MATSUDA
Natl: 2:14.03 N 6/29/2013 JUSTINE MUELLER
ZON: 2:26.92 Z 8/11/2013 Paloma Dinkel
PNA: 2:26.92 P 8/7/2013 PALOMA DINKEL

1 Stockstad, Danica 27 SEMI 2:48.97
 r:+0.77 35.84 46.01 50.22 36.90

Women 25-29 400 LC Meter IM

WORLD: 5:02.78 W 11/5/2006 Hitomi MATSUDA
Natl: 5:06.34 N 7/30/1989 SARA SHAND
ZON: 5:28.42 Z 8/19/2001 Sara Quan
PNA: 5:45.21 P 8/24/1986 MEG LLOYD

1 Sharpe, Anna 27 KM-35 5:53.89
 38.61 44.55 49.04 47.97
 45.96 46.58 41.62 39.56
 2 Stockstad, Danica 27 SEMI 5:55.03
 37.72 43.67 46.49 47.15
 49.53 52.07 39.91 38.49

Women 30-34 50 LC Meter Freestyle

WORLD: 25.74 W 6/6/2008 Martina MORAVCOVA
Natl: 25.57 N 8/8/2009 ERIKA ERNDL
ZON: 27.43 Z 7/21/2016 Erica Cenci
PNA: 27.43 P 7/23/2016 ERICA R CENCI

1 Kamat, Julie 32 OREG-37 28.55
 2 Gill, Laurel 30 TACM-36 31.40

Women 30-34 100 LC Meter Freestyle

WORLD: 55.24 W 7/11/2009 Erika ERNDL
Natl: 54.59 N 8/5/2009 ERIKA ERNDL
ZON: 59.10 Z 8/21/2016 Erica Cenci
PNA: 59.10 P 8/17/2016 ERICA R CENCI

1 Kamat, Julie 32 OREG-37 1:04.41
 r:+0.70 31.36 33.05
 2 Colella, Mariel 34 LWM-36 1:13.65
 r:+0.63 34.55 39.10
 3 Gill, Laurel 30 TACM-36 1:13.80
 34.03 39.77

Women 30-34 200 LC Meter Freestyle

WORLD: 2:04.05 W 7/17/2011 Dawn HECKMAN
Natl: 1:58.92 N 8/7/2009 ERIKA ERNDL
ZON: 2:08.41 Z 7/21/2016 Erica Cenci
PNA: 2:08.41 P 7/23/2016 ERICA R CENCI

1 Colella, Mariel 34 LWM-36 2:44.15
 35.20 40.15 44.23 44.57

Women 30-34 50 LC Meter Breaststroke

WORLD: 32.22 W 9/3/2013 Nicole HEIDEMANN
Natl: 33.20 N 8/15/2008 KATIE MCCLELLAND
ZON: 35.98 Z 8/21/2016 Caitlyn Shortt-L
PNA: 37.83 P 4/29/2000 LINDA HEGERG

1 Colella, Mariel 34 LWM-36 44.96
 r:+0.66

Women 30-34 100 LC Meter Breaststroke

WORLD: 1:10.10 W 10/3/2009 Hitomi MATSUDA
Natl: 1:13.29 N 8/16/2008 KATIE MCCLELLAND
ZON: 1:21.32 Z 8/21/2016 Abby Blank
PNA: 1:22.41 P 8/26/1998 JERRI FREIMUTH

1 Colella, Mariel 34 LWM-36 1:40.15
 r:+0.58 48.82 51.33

Women 30-34 50 LC Meter Butterfly

WORLD: 27.48 W 6/7/2008 Martina MORAVCOVA
Natl: 27.48 N 6/7/2008 MARTINA MORAVCOVA
ZON: 30.76 Z 8/23/1992 Gracie Goddard
PNA: 30.49 P 8/11/1990 TAMI BENNETT

1 Gill, Laurel 30 TACM-36 33.60

Women 30-34 100 LC Meter Butterfly

WORLD: 58.81 W 6/7/2008 Martina MORAVCOVA
Natl: 58.81 N 6/7/2008 MARTINA MORAVCOVA
ZON: 1:07.74 Z 7/21/2016 T. Bennett / Eri
PNA: 1:06.60 P 8/11/1990 TAMI BENNETT

1 Gill, Laurel 30 TACM-36 1:36.64
 40.78 55.86

Women 30-34 200 LC Meter IM

WORLD: 2:13.89 W 7/7/2009 Erika ERNDL
Natl: 2:13.72 N 8/8/2009 ERIKA ERNDL
ZON: 2:31.68 Z 7/7/2016 Erica Cenci
PNA: 2:31.68 P 7/7/2016 ERICA R CENCI

1 Gill, Laurel 30 TACM-36 3:14.99
 36.92 51.01 1:00.25 46.81

Women 35-39 50 LC Meter Freestyle

WORLD: 25.98 W 8/8/2006 Dara TORRES
Natl: 25.52 N 6/29/2013 ERIKA ERNDL
ZON: 27.18 Z 8/10/2009 Megan Oesting
PNA: 27.18 P 8/10/2009 MEGAN D OESTING

1 Higllett, Alexis 36 OREG-37 29.43
 r:+0.46

Women 35-39 100 LC Meter Freestyle

WORLD: 58.09 W 7/9/2016 Erika ERNDL
Natl: 55.17 N 6/25/2013 ERIKA ERNDL
ZON: 59.26 Z 8/10/2009 Megan Oesting
PNA: 59.26 P 8/10/2009 MEGAN D OESTING

1 Higllett, Alexis 36 OREG-37 1:05.43
 31.59 33.84

Women 35-39 200 LC Meter Freestyle

WORLD: 2:05.97 W 7/9/2016 Erika ERNDL
Natl: 2:00.04 N 6/26/2013 ERIKA ERNDL
ZON: 2:14.04 Z 8/17/2008 Kristine Senkier
PNA: 2:14.91 P 8/8/2010 KIMBERLY JETER

1 Higllett, Alexis 36 OREG-37 2:23.11
 33.34 36.30 37.23 36.24
 2 Cox, Allison 35 MIR-36 2:26.54
 33.77 37.11 38.18 37.48

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Women 35-39 400 LC Meter Freestyle

WORLD: 4:26.17 W 8/10/1997 K.PIPES-NEILSEN
Natl: 4:16.19 N 6/1/2012 DAWN HECKMAN
ZON: 4:45.23 Z 8/21/2016 Emily Melina
PNA: 4:50.49 P 7/18/2010 KIMBERLY JETER

1	Cox, Allison	35	MIR-36	5:00.32
	33.68	37.15	37.86	38.38
	38.29	39.02	38.61	37.33
2	Higlett, Alexis	36	OREG-37	5:03.33
r:+0.52	33.87	37.43	38.78	38.70
	38.77	39.41	39.60	36.77
3	Stribling Geldien, Gail	39	BWAQ-36	6:47.24
	45.22	50.29	52.16	52.48
	52.51	52.99	52.12	49.47

Women 35-39 800 LC Meter Freestyle

WORLD: 9:08.47 W 11/18/2012 Kirsten CAMERON
Natl: 8:47.28 N 6/3/2012 DAWN HECKMAN
ZON: 9:53.17 Z 8/21/2016 Emily Melina
PNA: 10:16.4 P 8/17/2016 ELLEN ELLA

1	Cox, Allison	35	MIR-36	10:19.29
	34.75	37.27	38.01	38.47
	38.38	38.82	39.09	39.51
	39.17	39.59	39.77	40.02
	39.94	39.21	39.65	37.64
2	McPeak, Erin	39	TWIM-36	11:44.84
	41.03	43.89	45.00	44.70
	44.96	45.44	44.87	45.37
	44.93	44.67	44.54	44.76
	43.98	43.38	42.98	40.34

Women 35-39 50 LC Meter Backstroke

WORLD: 28.63 W 8/18/2016 Noriko INADA
Natl: 28.63 N 8/18/2016 NORIKO INADA
ZON: 30.17 Z 8/8/2010 Sheri Hart
PNA: 30.17 P 8/7/2010 SHERI HART

1	Stribling Geldien, Gail	39	BWAQ-36	44.38
r:+0.90				

Women 35-39 100 LC Meter Backstroke

WORLD: 1:01.75 W 8/19/2017 Noriko INADA
Natl: 1:01.75 N 8/19/2017 NORIKO INADA
ZON: 1:04.99 Z 8/8/2010 Sheri Hart
PNA: 1:04.99 P 8/8/2010 SHERI HART

1	Stribling Geldien, Gail	39	BWAQ-36	1:34.72
r:+0.78	45.86	48.86		

Women 35-39 200 LC Meter Backstroke

WORLD: 2:18.20 W 8/10/1997 K.PIPES-NEILSEN
Natl: 2:18.20 N 8/10/1997 K PIPES-NEILSEN
ZON: 2:31.06 Z 8/17/2008 Kristine Senkier
PNA: 2:38.15 P 7/8/2012 SUSAN WETSTONE

1	Stribling Geldien, Gail	39	BWAQ-36	3:25.49
r:+0.86	47.75	51.79	53.81	52.14

Women 35-39 50 LC Meter Butterfly

WORLD: 27.46 W 8/5/2014 Noriko INADA
Natl: 27.46 N 8/5/2014 NORIKO INADA
ZON: 30.79 Z 8/17/2008 Nikki Weeks
PNA: 30.97 P 7/25/2004 TARA SIMSAK

1	McPeak, Erin	39	TWIM-36	35.98
r:+0.80				

Women 35-39 100 LC Meter Butterfly

WORLD: 1:02.44 W 3/19/2009 Lynne HAYES
Natl: 59.52 N 6/27/2013 ERIKA ERNDL
ZON: 1:08.69 Z 8/23/1992 Tammy Bennett
PNA: 1:08.69 P 8/23/1992 TAMI BENNETT

1	McPeak, Erin	39	TWIM-36	1:19.70
r:+0.80	38.38	41.32		

Women 35-39 200 LC Meter Butterfly

WORLD: 2:20.21 W 8/10/1997 K.PIPES-NEILSEN
Natl: 2:20.21 N 8/10/1997 K PIPES-NEILSEN
ZON: 2:41.40 Z 6/3/2006 Shauna Simpson
PNA: 2:46.49 P 8/19/2001 CORY MACKIE

1	McPeak, Erin	39	TWIM-36	2:52.21
r:+0.82	40.35	45.92	44.00	41.94

Women 35-39 200 LC Meter IM

WORLD: 2:21.47 W 1/14/2012 Hitomi MATSUDA
Natl: 2:22.42 N 7/19/1997 K PIPES-NEILSEN
ZON: 2:34.53 Z 8/17/2008 Sara Nelson
PNA: 2:38.84 P 7/8/2012 SUSAN WETSTONE

1	Stribling Geldien, Gail	39	BWAQ-36	3:41.42
	54.36	54.33	1:04.99	47.74

Women 35-39 400 LC Meter IM

WORLD: 4:59.59 W 6/16/2012 Hitomi MATSUDA
Natl: 5:02.67 N 8/15/1998 K PIPES-NEILSEN
ZON: 5:29.12 Z 8/17/2008 Sara Nelson
PNA: 5:40.66 P 7/8/2012 SUSAN WETSTONE

1	McPeak, Erin	39	TWIM-36	6:41.54
	41.29	45.81	59.36	55.40
	55.72	57.26	44.13	42.57

Women 40-44 50 LC Meter Freestyle

WORLD: 26.44 W 11/7/2009 Edith OTTERMANN
Natl: 24.25 N 7/6/2008 DARA TORRES
ZON: 27.92 Z 8/15/2004 Lisa Dahl
PNA: 27.92 P 8/15/2004 LISA DAHL

1	York, Sandi	43	TACM-36	34.64
2	Martin, Julene	41	YPKC-36	37.85

Women 40-44 50 LC Meter Freestyle Time Trial

WORLD: 26.44 W 11/7/2009 Edith OTTERMANN
Natl: 24.25 N 7/6/2008 DARA TORRES
ZON: 27.92 Z 8/15/2004 Lisa Dahl
PNA: 27.92 P 8/15/2004 LISA DAHL

- Time Trial				
1	Lickwala, Holly	43	TWIM-36	31.58

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Women 40-44 100 LC Meter Freestyle

WORLD: 58.04 W 6/8/2013 Erika BRAUN
Natl: 53.78 N 7/4/2008 DARA TORRES
ZON: 1:03.51 Z 8/21/2016 Shannon Wallace
PNA: 59.96 P 6/5/2011 SHERI HART

1	Lickwala, Holly	43	TWIM-36	1:11.22
	34.96	36.26		
2	York, Sandi	43	TACM-36	1:21.53
r:+0.77	37.52	44.01		

Women 40-44 200 LC Meter Freestyle

WORLD: 2:09.28 W 8/15/2005 K.PIPES-NEILSEN
Natl: 2:09.00 N 5/25/2003 K PIPES-NEILSEN
ZON: 2:12.75 Z 3/29/2002 Susanne Simpson
PNA: 2:24.01 P 7/28/2018 ELLEN ELLA

1	Wahlstrom, Colleen	43	TWIM-36	2:33.33
	36.31	39.50	39.19	38.33
2	Lickwala, Holly	43	TWIM-36	2:42.75
	38.31	40.71	41.87	41.86
3	Martin, Julene	41	YPKC-36	3:24.17
	43.62	52.09	55.98	52.48

Women 40-44 400 LC Meter Freestyle

WORLD: 4:22.87 W 8/13/2011 Janet EVANS
Natl: 4:22.87 N 8/13/2011 JANET EVANS
ZON: 4:39.93 Z 6/3/2004 Susanne Simpson
PNA: 5:04.46 P 7/28/2018 ELLEN ELLA

1	Wahlstrom, Colleen	43	TWIM-36	5:22.19
r:+0.68	36.79	40.62	41.54	41.33
	40.77	40.28	40.50	40.36

Women 40-44 50 LC Meter Backstroke

WORLD: 29.62 W 8/2/2018 Noriko INADA
Natl: 29.62 N 8/2/2018 NORIKO INADA
ZON: 32.41 Z 8/10/2006 Valerie Jenkins
PNA: 33.69 P 8/15/2004 LISA DAHL

1	York, Sandi	43	TACM-36	42.20
r:+0.79				
2	Martin, Julene	41	YPKC-36	47.10

Women 40-44 50 LC Meter Breaststroke

WORLD: 32.47 W 8/19/2016 Katie GLENN
Natl: 32.47 N 8/19/2016 KATIE GLENN
ZON: 35.92 Z 8/10/2014 Jayna Tomac
PNA: 38.01 P 7/11/2010 MARY ARMSTRONG

1	Glenn, Katie	43	OPA-32	34.52
r:+0.69				
2	Martin, Julene	41	YPKC-36	56.41
r:+0.69				

Women 40-44 100 LC Meter Breaststroke

WORLD: 1:12.74 W 4/14/2012 Linley FRAME
Natl: 1:12.12 N 6/30/2008 S VON DER LIPPE
ZON: 1:19.62 Z 8/10/2014 Jayna Tomac
PNA: 1:26.88 P 8/19/2001 TONYA BERG

1	Glenn, Katie	43	OPA-32	1:18.27
r:+0.73	36.36	41.91		

Women 40-44 200 LC Meter Breaststroke

WORLD: 2:38.44 W 8/9/2006 S.VON DER LIPPE
Natl: 2:38.44 N 8/9/2006 S VON DER LIPPE
ZON: 2:54.65 Z 8/10/2014 Jayna Tomac
PNA: 3:05.83 P 8/19/2001 TONYA BERG

1	Glenn, Katie	43	OPA-32	2:47.10
r:+0.76	37.76	42.28	42.78	44.28

Women 40-44 50 LC Meter Butterfly

WORLD: 28.36 W 6/8/2013 Erika BRAUN
Natl: 28.36 N 6/8/2013 ERIKA BRAUN
ZON: 30.60 Z 4/10/2016 Sonja Skinner
PNA: 29.66 P 6/5/2011 SHERI HART

1	Wahlstrom, Colleen	43	TWIM-36	36.63
2	York, Sandi	43	TACM-36	39.06
r:+0.77				

Women 40-44 100 LC Meter Butterfly

WORLD: 1:03.36 W 5/23/2009 S.VON DER LIPPE
Natl: 1:02.47 N 6/29/2008 S VON DER LIPPE
ZON: 1:06.91 Z 3/27/2002 Susanne Simpson
PNA: 1:10.88 P 8/27/1995 CAMILLE THOMPSON

1	Lickwala, Holly	43	TWIM-36	1:24.44
	38.04	46.40		

Women 45-49 50 LC Meter Freestyle

WORLD: 26.59 W 3/16/2011 Edith OTTERMANN
Natl: 27.09 N 8/5/2017 THOMAS\BRAUN
ZON: 27.81 Z 8/10/2006 Lisa Dahl
PNA: 27.77 P 8/10/2009 LISA DAHL

1	Koppelberger, Tamara	47	TWIM-36	33.49
2	Kim, Nellis	49	BWAQ-36	35.09
3	Gratsou-Zodl, Violetta	49	NCMS-13	41.69
r:+0.51				

Women 45-49 100 LC Meter Freestyle

WORLD: 57.40 W 8/8/2015 Melanie THOMAS
Natl: 57.40 N 8/8/2015 MELANIE THOMAS
ZON: 1:03.10 Z 8/19/2002 Robin Parisi
PNA: 1:03.77 P 8/10/2009 LISA A DAHL

1	Koppelberger, Tamara	47	TWIM-36	1:10.36
	33.69	36.67		
2	Gratsou-Zodl, Violetta	49	NCMS-13	1:33.80
r:+0.63	44.42	49.38		

Women 45-49 200 LC Meter Freestyle

WORLD: 2:10.09 W 6/13/2009 K.PIPES-NEILSEN
Natl: 2:10.09 N 6/13/2009 K PIPES-NEILSEN
ZON: 2:14.84 Z 7/27/2005 Susanne Simpson
PNA: 2:21.99 P 8/17/2016 AMY J MOORHEAD

1	Koppelberger, Tamara	47	TWIM-36	2:33.56
	34.12	37.87	41.81	39.76
2	Gratsou-Zodl, Violetta	49	NCMS-13	3:20.97
	47.36	51.26	52.96	49.39

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Women 45-49 400 LC Meter Freestyle

WORLD: 4:35.00 W 5/4/2018 Kirsten CAMERON
Natl: 4:35.84 N 9/6/2008 K PIPES-NEILSEN
ZON: 4:44.30 Z 8/10/2006 Susanne Simpson
PNA: 5:21.06 P 8/19/2001 JO MOORE

1	Koppelberger, Tamara	47	TWIM-36	5:20.64P
	35.00	39.17	40.02	40.99
	40.90	41.80	41.43	41.33
2	Kim, Nellis	49	BWAQ-36	5:58.22
r:+0.67	40.09	45.17	46.68	46.29
	46.30	45.90	45.63	42.16

Women 45-49 50 LC Meter Breaststroke

WORLD: 33.56 W 8/20/2017 Linley FRAME
Natl: 33.66 N 7/17/2010 S VON DER LIPPE
ZON: 37.21 Z 8/17/2008 Lisa Dahl
PNA: 37.21 P 8/17/2008 LISA DAHL

1	Gratsou-Zodl, Violetta	49	NCMS-13	56.74
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Women 45-49 100 LC Meter Breaststroke

WORLD: 1:13.49 W 9/17/2009 Marzena KULIS
Natl: 1:14.41 N 7/17/2010 S VON DER LIPPE
ZON: 1:22.42 Z 7/1/2017 Jayna Tomac
PNA: 1:30.85 P 8/10/2006 TONYA BERG

1	Kim, Nellis	49	BWAQ-36	1:42.23
	47.73	54.50		
---	Gratsou-Zodl, Violetta	49	NCMS-13	DQ
	Downward butterfly kick			
	58.74	1:04.79		

Women 45-49 200 LC Meter Breaststroke

WORLD: 2:43.73 W 3/15/2013 H.MORRIS-EYTON
Natl: 2:45.20 N 8/5/2007 CAROLINE KRATTLI
ZON: 2:57.24 Z 8/19/2001 Colette Crabbe
PNA: 3:20.61 P 8/10/2006 TONYA BERG

1	Kim, Nellis	49	BWAQ-36	3:44.97
r:+0.68	49.94	57.74	57.97	59.32
2	Gratsou-Zodl, Violetta	49	NCMS-13	4:16.67
	58.91	1:06.13	1:06.40	1:05.23

Women 45-49 50 LC Meter Butterfly

WORLD: 28.40 W 8/5/2017 Erika BRAUN
Natl: 28.40 N 8/5/2017 ERIKA BRAUN
ZON: 29.57 Z 8/10/2009 Lisa Dahl
PNA: 29.57 P 8/10/2009 LISA A DAHL

1	Koppelberger, Tamara	47	TWIM-36	41.93
---	Mcclafferty, Christine	46	OREG-37	DQ
	Arms underwater recovery			

Women 45-49 100 LC Meter Butterfly

WORLD: 1:04.96 W 8/6/2014 Wenke SEIDER
Natl: 1:04.96 N 8/6/2014 WENKE SEIDER
ZON: 1:06.42 Z 8/17/2008 Arlene Delmage
PNA: 1:15.42 P 8/20/2000 DEBBIE GLASSMAN

1	Mcclafferty, Christine	46	OREG-37	1:11.85
	34.09	37.76		

Women 45-49 200 LC Meter Butterfly

WORLD: 2:24.34 W 6/20/2009 K.PIPES-NEILSEN
Natl: 2:24.34 N 6/20/2009 K PIPES-NEILSEN
ZON: 2:32.07 Z 7/27/2005 Susanne Simpson
PNA: 2:55.97 P 8/23/1999 DEBBIE GLASSMAN

1	Mcclafferty, Christine	46	OREG-37	2:51.02
	38.88	45.54	43.13	43.47

Women 45-49 200 LC Meter IM

WORLD: 2:27.57 W 8/16/2008 K.PIPES-NEILSEN
Natl: 2:27.57 N 8/16/2008 K PIPES-NEILSEN
ZON: 2:32.58 Z 7/7/2012 Ellen Reynolds
PNA: 2:49.89 P 8/10/2006 ZENA COURTNEY

1	Mcclafferty, Christine	46	OREG-37	2:49.22
	35.28	46.11	49.89	37.94

Women 50-54 50 LC Meter Freestyle

WORLD: 27.09 W 6/28/2015 Marie FUZZATI
Natl: 28.17 N 7/9/2016 FALL WILLEBOORDSE
ZON: 28.58 Z 7/7/2012 Lisa Dahl
PNA: 28.58 P 7/8/2012 LISA A DAHL

1	Curry, Kristen	54	SAM-36	34.58
2	Marsh-Limm, Margo	52	SAM-36	36.77
3	Balazic, MarySue	52	SAM-36	43.80

Women 50-54 100 LC Meter Freestyle

WORLD: 1:00.42 W 6/27/2015 Marie FUZZATI
Natl: 1:01.13 N 8/19/2001 LAURA VAL
ZON: 1:04.81 Z 8/10/2007 Karen Andrus-Hug
PNA: 1:06.39 P 8/10/2006 MARY LIPPOLD

1	Armstrong, Mary	52	SAM-36	1:12.96
	35.43	37.53		
2	Polidori, Wendy	50	SAM-36	1:14.46
	35.57	38.89		
3	Balazic, MarySue	52	SAM-36	1:43.50
	51.22	52.28		

Women 50-54 200 LC Meter Freestyle

WORLD: 2:13.18 W 8/8/2013 Jill HERNANDEZ
Natl: 2:13.18 N 8/8/2013 JILL HERNANDEZ
ZON: 2:25.15 Z 8/9/2015 Shannon McIntyre
PNA: 2:25.15 P 8/9/2015 SHANNON MCINTRYE

1	Curry, Kristen	54	SAM-36	2:54.18
r:+0.81	41.73	45.07	46.44	40.94

Women 50-54 400 LC Meter Freestyle

WORLD: 4:40.66 W 8/11/2013 Jill HERNANDEZ
Natl: 4:40.66 N 8/11/2013 JILL HERNANDEZ
ZON: 4:58.10 Z 8/21/2016 Shannon McIntyre
PNA: 4:58.10 P 8/17/2016 SHANNON MCINTRYE

1	Armstrong, Mary	52	SAM-36	5:36.31
	38.41	41.68	42.96	42.93
	42.58	42.91	42.90	41.94
2	Polidori, Wendy	50	SAM-36	6:08.10
	39.67	45.95	48.72	46.41
	46.83	46.94	47.54	46.04

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Women 50-54 50 LC Meter Backstroke

WORLD: 32.02 W 6/26/2015 Marie FUZZATI
Natl: 32.41 N 6/22/2013 LESLIE LIVINGSTON
ZON: 33.26 Z 8/10/2007 Karen Andrus-Hug
PNA: 35.43 P 8/18/2002 BARB GUNDRED

1 Mabee, Cindy	50 VIC	31.59W
r:+0.64		
2 Curry, Kristen	54 SAM-36	40.98
r:+0.85		
3 Balazic, MarySue	52 SAM-36	54.56
r:+0.58		

Women 50-54 100 LC Meter Backstroke

WORLD: 1:09.28 W 8/8/2014 Ellen REYNOLDS
Natl: 1:09.28 N 8/8/2014 ELLEN REYNOLDS
ZON: 1:13.55 Z 8/17/2008 Karen Andrus-Hug
PNA: 1:16.93 P 8/19/2001 BARB GUNDRED

1 Mabee, Cindy	50 VIC	1:08.71W
r:+0.70	33.76	34.95

Women 50-54 50 LC Meter Breaststroke

WORLD: 34.18 W 6/13/2012 Monica CORO
Natl: 37.31 N 8/19/2016 KRATTLI\TRACY
ZON: 38.27 Z 7/7/2012 Lisa Dahl
PNA: 38.27 P 7/8/2012 LISA A DAHL

1 Armstrong, Mary	52 SAM-36	39.65
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Women 50-54 100 LC Meter Breaststroke

WORLD: 1:15.50 W 6/11/2012 Monica CORO
Natl: 1:22.23 N 8/4/2014 CORRIN POPPS
ZON: 1:25.78 Z 8/9/2015 Shannon McIntyre
PNA: 1:25.78 P 8/9/2015 SHANNON MCINTRYE

1 Mabee, Cindy	50 VIC	1:27.28
r:+0.70	43.13	44.15
2 Marsh-Limm, Margo	52 SAM-36	1:44.69
	49.51	55.18

Women 50-54 50 LC Meter Butterfly

WORLD: 29.82 W 7/24/2016 Susan WILLIAMS
Natl: 29.82 N 7/24/2016 SUSAN WILLIAMS
ZON: 30.34 Z 7/7/2012 Lisa Dahl
PNA: 30.34 P 7/8/2012 LISA A DAHL

1 Mabee, Cindy	50 VIC	31.33
r:+0.68		
2 Armstrong, Mary	52 SAM-36	34.64
3 Polidori, Wendy	50 SAM-36	36.62
4 Marsh-Limm, Margo	52 SAM-36	43.85
r:+0.78		
5 Balazic, MarySue	52 SAM-36	54.97

Women 50-54 200 LC Meter IM

WORLD: 2:31.02 W 8/7/2016 Ellen REYNOLDS
Natl: 2:31.02 N 8/7/2016 ELLEN REYNOLDS
ZON: 2:40.44 Z 8/21/2016 Shannon McIntyre
PNA: 2:40.44 P 8/17/2016 SHANNON MCINTRYE

1 Polidori, Wendy	50 SAM-36	3:15.08
	40.87	54.56
		56.02
		43.63
2 Curry, Kristen	54 SAM-36	3:28.47
r:+0.78	45.82	54.35
		1:01.73
		46.57

Women 55-59 50 LC Meter Freestyle

WORLD: 28.69 W 7/16/2017 Karlyn PIPES
Natl: 28.69 N 7/16/2017 VAL\PIPES
ZON: 30.27 Z 7/7/2012 Karen Andrus-Hug
PNA: 30.30 P 8/17/2016 LISA A DAHL

1 Clutter, Cynthia	59 MMAC-48	39.08
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Women 55-59 100 LC Meter Freestyle

WORLD: 1:02.02 W 8/16/2008 Laura VAL
Natl: 1:02.02 N 8/13/2007 VAL\VAL
ZON: 1:06.17 Z 7/7/2012 Karen Andrus-Hug
PNA: 1:07.15 P 8/10/2006 CHARLOTTE DAVIS

1 Jenkins, Valerie	56 OREG-37	1:09.25
	33.20	36.05

Women 55-59 400 LC Meter Freestyle

WORLD: 4:43.41 W 7/10/2016 Lynn MARSHALL
Natl: 4:46.69 N 7/26/2015 JILL HERNANDEZ
ZON: 5:25.87 Z 4/10/2016 Mary Sweat
PNA: 5:05.78 P 7/7/2016 K. PARKER PALACE

1 Jenkins, Valerie	56 OREG-37	5:24.29Z
	35.87	40.69
		41.01
		41.75
	41.77	41.54
		41.02
		40.64
2 Freeman, Dale	59 SEMI	5:53.59
	39.95	43.38
		44.38
		44.65
	45.06	45.48
		46.00
		44.69

Women 55-59 800 LC Meter Freestyle

WORLD: 9:44.76 W 2/25/2017 Lynn MARSHALL
Natl: 9:46.56 N 7/25/2015 JILL HERNANDEZ
ZON: 10:55.6 Z 8/21/2016 Kris Denney
PNA: 10:25.4 P 7/7/2016 K. PARKER PALACE

1 Dumouchel, Denise	57 BAM-36	15:11.07
	53.26	58.51
		57.45
		57.71
	57.56	57.33
		56.86
		57.47
	57.92	57.86
		57.57
		58.05
	57.15	56.80
		56.11
		53.46

Women 55-59 50 LC Meter Backstroke Time Trial

WORLD: 31.99 W 8/2/2018 Holly GREEN BLAIR
Natl: 31.99 N 8/2/2018 HOLLY GREEN BLAIR
ZON: 35.02 Z 7/7/2012 Karen Andrus-Hug
PNA: 38.34 P 8/24/2014 ZENA COURTNEY

- Time Trial		
1 Jenkins, Valerie	56 OREG-37	36.31

Women 55-59 50 LC Meter Backstroke

WORLD: 31.99 W 8/2/2018 Holly GREEN BLAIR
Natl: 31.99 N 8/2/2018 HOLLY GREEN BLAIR
ZON: 35.02 Z 7/7/2012 Karen Andrus-Hug
PNA: 38.34 P 8/24/2014 ZENA COURTNEY

1 Tighe, Jenifer	55 TWIM-36	48.58
r:+0.78		
2 Clutter, Cynthia	59 MMAC-48	56.62
r:+0.87		

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Women 55-59 100 LC Meter Backstroke

WORLD: 1:11.23 W 7/9/2017 Karlyn PIPES
Natl: 1:11.23 N 7/9/2017 KARLYN PIPES
ZON: 1:17.52 Z 7/7/2012 Karen Andrus-Hug
PNA: 1:18.09 P 8/24/2014 ZENA COURTNEY

1	Jenkins, Valerie	56	OREG-37	1:20.28
r:+0.65	38.47	41.81		
2	Tighe, Jenifer	55	TWIM-36	1:52.31
r:+0.82	53.18	59.13		
3	Dumouchel, Denise	57	BAM-36	1:52.48
r:+0.75	56.32	56.16		

Women 55-59 200 LC Meter Backstroke

WORLD: 2:36.61 W 3/24/2019 Judy BROWN
Natl: 2:31.79 N 5/19/2019 ELLEN REYNOLDS
ZON: 2:49.57 Z 8/24/2014 Zena Courtney
PNA: 2:49.57 P 8/24/2014 ZENA COURTNEY

1	Jenkins, Valerie	56	OREG-37	3:08.08
r:+0.68	36.31	48.81	52.39	50.57
2	Freeman, Dale	59	SEMI	3:17.27
	46.91	49.94	51.09	49.33
3	Dumouchel, Denise	57	BAM-36	3:54.43
r:+0.84	59.95	1:00.12	59.07	55.29

Women 55-59 50 LC Meter Breaststroke

WORLD: 35.94 W 5/20/2017 Monica CORO
Natl: 37.13 N 7/16/2017 CAROLINE KRATTLI
ZON: 38.55 Z 8/11/2013 Colette Crabbe
PNA: 41.12 P 8/17/2016 LISA A DAHL

1	Clutter, Cynthia	59	MMAC-48	48.40
2	Tighe, Jenifer	55	TWIM-36	52.60

Women 55-59 100 LC Meter Breaststroke

WORLD: 1:19.90 W 1/29/2017 Monica CORO
Natl: 1:21.21 N 7/15/2017 CAROLINE KRATTLI
ZON: 1:25.19 Z 8/10/2009 Lo Knapp
PNA: 1:39.42 P 3/28/2002 SALLY DILLON

1	Dumouchel, Denise	57	BAM-36	2:00.60
	57.03	1:03.57		
2	Tighe, Jenifer	55	TWIM-36	2:00.64
	56.73	1:03.91		

Women 55-59 50 LC Meter Butterfly

WORLD: 30.52 W 7/10/2016 Leslie LIVINGSTON
Natl: 30.52 N 7/10/2016 LESLIE LIVINGSTON
ZON: 32.38 Z 8/6/2017 Arlene Delmage
PNA: 33.24 P 8/17/2016 LISA A DAHL

1	Clutter, Cynthia	59	MMAC-48	48.49
r:+0.78				

Women 55-59 50 LC Meter Butterfly

WORLD: 30.52 W 7/10/2016 Leslie LIVINGSTON
Natl: 30.52 N 7/10/2016 LESLIE LIVINGSTON
ZON: 32.38 Z 8/6/2017 Arlene Delmage
PNA: 33.24 P 8/17/2016 LISA A DAHL

1	Reynolds, Ellen	55	SAWS-59	32.68
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Women 55-59 100 LC Meter Butterfly

WORLD: 1:09.47 W 8/9/2009 Laura VAL
Natl: 1:09.47 N 8/9/2009 LAURA VAL
ZON: 1:14.73 Z 7/7/2012 Colette Crabbe
PNA: 1:20.50 P 6/12/2013 MARY LIPPOLD

1	Reynolds, Ellen	55	SAWS-59	1:17.54
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Women 55-59 200 LC Meter Butterfly

WORLD: 2:36.49 W 3/22/2019 S.PALMER-WHITE
Natl: 2:41.51 N 7/8/2007 LAURA VAL
ZON: 2:49.31 Z 8/6/2017 Arlene Delmage
PNA: 3:39.35 P 8/10/2006 RITA BELSERENE

1	Clutter, Cynthia	59	MMAC-48	4:20.31
	56.50	1:10.32	1:11.31	1:02.18

Women 55-59 200 LC Meter IM

WORLD: 2:38.74 W 7/26/2015 Jill HERNENDEZ
Natl: 2:31.92 N 5/19/2019 ELLEN REYNOLDS
ZON: 2:45.39 Z 8/11/2013 Colette Crabbe
PNA: 2:51.54 P 7/7/2016 K. PARKER PALACE

1	Reynolds, Ellen	55	SAWS-59	2:31.51W
r:+0.76	32.68	38.52	45.86	34.45
2	Freeman, Dale	59	SEMI	3:15.08
	42.81	52.53	56.81	42.93

Women 55-59 400 LC Meter IM

WORLD: 5:37.57 W 7/22/2018 Lynn MARSHALL
Natl: 5:21.35 N 5/17/2019 ELLEN REYNOLDS
ZON: 5:53.27 Z 8/11/2013 Colette Crabbe
PNA: 6:01.36 P 7/7/2016 K. PARKER PALACE

1	Reynolds, Ellen	55	SAWS-59	5:22.41W
	35.69	41.85	42.97	39.73
	46.70	46.29	35.58	33.60
2	Dumouchel, Denise	57	BAM-36	8:24.06
	53.03	1:08.19	1:10.60	1:02.97
	1:06.69	1:07.97	1:00.47	54.14

Women 60-64 50 LC Meter Freestyle

WORLD: 28.90 W 3/17/2018 Jenny WHITELEY
Natl: 29.21 N 8/4/2018 PENNY NOYES
ZON: 30.11 Z 7/7/2012 Charlotte Davis
PNA: 30.11 P 7/8/2012 CHARLOTTE M DAVIS

1	Crabbe, Colette	63	OREG-37	33.24
2	Vincent, Nancy	60	OREG-37	36.35
3	Hair, Margaret	64	LCNM-35	36.95
4	Tomlinson-Macias,	61	UC35-35	44.05

Women 60-64 100 LC Meter Freestyle

WORLD: 1:03.83 W 8/5/2011 Laura VAL
Natl: 1:03.83 N 8/5/2011 LAURA VAL
ZON: 1:07.33 Z 8/6/2010 Charlotte Davis
PNA: 1:07.33 P 8/1/2010 CHARLOTTE DAVIS

1	Crabbe, Colette	63	OREG-37	1:13.30
r:+0.85	35.08	38.22		
2	Vincent, Nancy	60	OREG-37	1:22.07
	38.29	43.78		
3	Tomlinson-Macias,	61	UC35-35	1:53.08
	50.77	1:02.31		

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Women 60-64 200 LC Meter Freestyle

WORLD: 2:21.03 W 3/20/2019 Jenny WHITELEY

Natl: 2:21.48 N 6/12/2012 LAURA VAL

ZON: 2:35.71 Z 8/27/2017 Colette Crabbe

PNA: 2:40.71 P 8/17/2016 MARY B LIPPOLD

1	Crabbe, Colette	63	OREG-37	2:37.55
				36.77 40.02 40.86 39.90
2	Belt, Barbara	64	BAM-36	3:19.00
				45.65 50.40 52.06 50.89
3	Tomlinson-Macias,	61	UC35-35	4:12.65
r:+0.98				53.24 1:04.13 1:09.30 1:05.98

Women 60-64 400 LC Meter Freestyle

WORLD: 4:59.82 W 8/12/2012 Laura VAL

Natl: 4:59.82 N 8/12/2012 LAURA VAL

ZON: 5:34.57 Z 4/10/2016 Colette Crabbe

PNA: 5:36.64 P 8/17/2016 MARY B LIPPOLD

1	Crabbe, Colette	63	OREG-37	5:29.19Z
				37.89 41.39 41.64 42.00
				41.75 41.70 42.18 40.64
2	Belt, Barbara	64	BAM-36	6:56.79
				46.06 51.19 53.39 53.99
				54.23 53.63 52.66 51.64

Women 60-64 800 LC Meter Freestyle

WORLD: 10:27.7 W 7/8/2011 Laura VAL

Natl: 10:27.7 N 7/8/2011 LAURA VAL

ZON: 11:16.1 Z 7/22/2018 Colette Crabbe

PNA: 12:17.0 P 8/17/2016 ELIZABETH KASSEN

1	Crabbe, Colette	63	OREG-37	11:27.95
r:+0.84				40.56 43.92 44.14 43.99
				43.50 43.38 43.21 43.22
				43.17 43.49 43.10 43.22
				43.00 43.31 42.43 40.31
2	Belt, Barbara	64	BAM-36	14:09.17
				45.78 51.70 53.57 53.79
				53.61 54.41 54.18 54.11
				53.86 54.15 54.12 53.78
				53.26 54.06 53.75 51.04

Women 60-64 50 LC Meter Backstroke

WORLD: 33.86 W 8/9/2015 Laura VAL

Natl: 33.86 N 8/9/2015 LAURA VAL

ZON: 35.14 Z 8/6/2017 Karen Andrus-Hug

PNA: 41.73 P 7/8/2012 STELLA PREISSLER

1	Hair, Margaret	64	LCNM-35	47.19
r:+0.76				
2	Tomlinson-Macias,	61	UC35-35	52.34
r:+0.94				

Women 60-64 100 LC Meter Backstroke

WORLD: 1:14.50 W 7/15/2018 Bonnie BILICH

Natl: 1:14.50 N 7/15/2018 BONNIE BILICH

ZON: 1:17.53 Z 8/6/2017 Karen Andrus-Hug

PNA: 1:29.34 P 8/17/2014 BARB GUNDRED

1	Hair, Margaret	64	LCNM-35	1:45.98
r:+0.77				51.47 54.51

2	Tomlinson-Macias,	61	UC35-35	2:06.67
				58.34 1:08.33

Women 60-64 50 LC Meter Breaststroke

WORLD: 37.51 W 3/30/2019 Jenny WHITELEY

Natl: 39.02 N 8/19/2016 BETH ESTEL

ZON: 40.65 Z 8/27/2017 Colette Crabbe

PNA: 42.16 P 8/17/2016 LINDA CHAPMAN

1	Vincent, Nancy	60	OREG-37	44.04
2	Hair, Margaret	64	LCNM-35	50.89

Women 60-64 100 LC Meter Breaststroke

WORLD: 1:23.37 W 3/17/2018 Jenny WHITELEY

Natl: 1:27.24 N 8/18/2016 BETH ESTEL

ZON: 1:30.29 Z 8/27/2017 Colette Crabbe

PNA: 1:34.23 P 8/17/2016 LINDA CHAPMAN

1	Vincent, Nancy	60	OREG-37	1:39.06
				47.19 51.87

Women 60-64 200 LC Meter Breaststroke

WORLD: 3:04.15 W 3/18/2018 Jenny WHITELEY

Natl: 3:08.07 N 6/29/2014 LO KNAPP

ZON: 3:13.31 Z 7/22/2018 Colette Crabbe

PNA: 3:46.12 P 8/19/2001 FRANCESCA DRUM

1	Vincent, Nancy	60	OREG-37	3:36.56
				49.76 55.65 56.10 55.05

Women 60-64 50 LC Meter Butterfly

WORLD: 31.27 W 7/31/2018 Traci GRANGER

Natl: 31.27 N 7/31/2018 TRACI GRANGER

ZON: 32.57 Z 7/7/2012 Charlotte Davis

PNA: 32.57 P 7/8/2012 CHARLOTTE M DAVIS

1	Hair, Margaret	64	LCNM-35	43.41
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Women 60-64 200 LC Meter Butterfly

WORLD: 2:41.03 W 8/6/2011 Laura VAL

Natl: 2:41.03 N 8/6/2011 LAURA VAL

ZON: 3:00.22 Z 5/19/2018 Colette Crabbe

PNA: 3:29.21 P 8/17/2008 SARAH WELCH

1	Hair, Margaret	64	LCNM-35	4:09.84
				53.13 1:05.47 1:07.62 1:03.62

Women 65-69 50 LC Meter Freestyle

WORLD: 29.17 W 7/29/2018 Laura VAL

Natl: 29.17 N 7/29/2018 LAURA VAL

ZON: 30.85 Z 8/21/2016 Charlotte Davis

PNA: 30.85 P 8/17/2016 CHARLOTTE M DAVIS

1	Royle, Mary Anne	67	OREG-37	38.37
2	Busch, Bobbie	66	YPKC-36	52.86
3	Thompson, Valerie	67	TWIM-36	56.68

Women 65-69 100 LC Meter Freestyle

WORLD: 1:04.89 W 7/30/2018 Laura VAL

Natl: 1:04.89 N 7/30/2018 LAURA VAL

ZON: 1:07.88 Z 8/21/2016 Charlotte Davis

PNA: 1:07.88 P 8/17/2016 CHARLOTTE M DAVIS

1	Busch, Bobbie	66	YPKC-36	1:58.13
				56.31 1:01.82
2	Thompson, Valerie	67	TWIM-36	2:05.40
				58.89 1:06.51

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Women 65-69 200 LC Meter Freestyle

WORLD: 2:25.29 W 8/18/2016 Laura VAL
Natl: 2:25.29 N 8/18/2016 LAURA VAL
ZON: 2:35.36 Z 8/9/2015 Charlotte Davis
PNA: 2:35.36 P 8/9/2015 CHARLOTTE M DAVIS

1 Thompson, Valerie 67 TWIM-36 4:32.54
 1:01.25 1:09.92 1:11.12 1:10.25

Women 65-69 400 LC Meter Freestyle

WORLD: 5:18.04 W 7/15/2018 Laura VAL
Natl: 5:18.04 N 7/15/2018 LAURA VAL
ZON: 5:27.79 Z 1/31/2015 Charlotte Davis
PNA: 5:27.79 P 1/31/2015 CHARLOTTE M DAVIS

1 Thompson, Valerie 67 TWIM-36 9:26.75
 1:00.97 1:08.04 1:11.64 1:13.16
 1:13.64 1:13.93 1:15.22 1:10.15
 2 Adkins-Narte, Heather 65 BAM-36 10:35.51
 1:09.88 1:18.69 1:20.31 1:24.08
 1:19.32 1:21.74 1:22.64 1:18.85

Women 65-69 800 LC Meter Freestyle

WORLD: 10:49.6 W 7/15/2017 Laura VAL
Natl: 10:49.6 N 7/15/2017 LAURA VAL
ZON: 11:31.5 Z 8/9/2015 Charlotte Davis
PNA: 11:31.5 P 8/9/2015 CHARLOTTE M DAVIS

1 Summers, Jeanna 65 OREG-37 13:17.83
 46.19 50.83 51.21 52.13
 49.61 51.21 49.72 51.12
 50.08 50.13 50.02 51.37
 48.09 50.13 48.66 47.33
 2 Thompson, Valerie 67 TWIM-36 19:28.41
 1:04.88 1:11.19 1:15.52 1:14.84
 1:15.23 1:14.86 1:16.71 1:13.22
 1:15.44 1:15.32 1:15.99 1:11.91
 1:12.89 1:11.75 1:11.65 1:07.01

Women 65-69 50 LC Meter Backstroke

WORLD: 33.59 W 8/2/2018 Laura VAL
Natl: 33.59 N 8/2/2018 LAURA VAL
ZON: 41.46 Z 8/27/2017 Margaret Toppel
PNA: 42.60 P 8/17/2016 STELLA PREISSLER

1 Royle, Mary Anne 67 OREG-37 46.86
 r:+0.97
 2 Busch, Bobbie 66 YPKC-36 55.74
 r:+0.79

Women 65-69 100 LC Meter Backstroke

WORLD: 1:14.49 W 7/31/2018 Laura VAL
Natl: 1:14.49 N 7/31/2018 LAURA VAL
ZON: 1:28.07 Z 8/27/2017 Margaret Toppel
PNA: 1:35.61 P 8/17/2016 STELLA PREISSLER

1 Summers, Jeanna 65 OREG-37 1:35.21
 47.06 48.15
 2 Royle, Mary Anne 67 OREG-37 1:41.02
 48.25 52.77
 3 Busch, Bobbie 66 YPKC-36 2:01.06
 r:+0.79 59.01 1:02.05

Women 65-69 200 LC Meter Backstroke

WORLD: 2:49.39 W 8/21/2016 Laura VAL
Natl: 2:49.39 N 8/21/2016 LAURA VAL
ZON: 3:16.02 Z 8/23/1998 Lavelle Stoinoff
PNA: 3:27.63 P 7/8/2012 SUZANNE L DILLS

1 Summers, Jeanna 65 OREG-37 3:26.98
 49.99 50.20
 2 Royle, Mary Anne 67 OREG-37 3:46.55
 r:+0.96 52.90 57.21 59.52 56.92
 3 Adkins-Narte, Heather 65 BAM-36 5:04.32
 r:+0.89 1:16.02 1:18.24 1:19.58

Women 65-69 50 LC Meter Breaststroke

WORLD: 41.41 W 4/24/2016 Janette JEFFREY
Natl: 41.93 N 8/19/2016 DOT MUNGER
ZON: 43.94 Z 8/14/2011 Ginger Pierson
PNA: 42.08 P 7/28/2018 CHARLOTTE M DAVIS

1 Davis, Charlotte 69 LWM-36 43.50Z
 2 Kassen, Elizabeth 67 TWIM-36 52.43
 r:+0.97

Women 65-69 100 LC Meter Breaststroke

WORLD: 1:32.66 W 8/11/2015 Janette JEFFREY
Natl: 1:33.32 N 8/4/2018 CHARLOTTE DAVIS
ZON: 1:36.27 Z 1/28/2017 Charlotte Davis
PNA: 1:33.32 P 7/28/2018 CHARLOTTE M DAVIS

1 Davis, Charlotte 69 LWM-36 1:35.28Z
 47.25 48.03
 --- Adkins-Narte, Heather 65 BAM-36 DQ
 Arms two strokes underwater
 1:14.77 1:25.52

Women 65-69 200 LC Meter Breaststroke

WORLD: 3:19.76 W 4/23/2016 Janette JEFFREY
Natl: 3:26.98 N 8/28/2005 JOANN LEILICH
ZON: 3:41.76 Z 8/14/2011 Ginger Pierson
PNA: 3:52.26 P 8/25/2017 ELIZABETH KASSEN

1 Davis, Charlotte 69 LWM-36 3:24.61N
 48.84 51.50 53.36 50.91

Women 65-69 200 LC Meter IM

WORLD: 2:54.16 W 7/24/2016 Laura VAL
Natl: 2:54.16 N 7/24/2016 LAURA VAL
ZON: 2:54.74 Z 8/21/2016 Charlotte Davis
PNA: 2:54.74 P 8/17/2016 CHARLOTTE M DAVIS

1 Summers, Jeanna 65 OREG-37 3:42.39
 55.49 52.96 1:09.36 44.58
 2 Kassen, Elizabeth 67 TWIM-36 3:56.55
 55.15 1:06.22 1:06.85 48.33

Women 65-69 400 LC Meter IM

WORLD: 6:27.15 W 7/29/2018 Laura VACA
Natl: 6:27.46 N 5/17/2019 PENNY NOYES
ZON: 6:28.60 Z 8/21/2016 Charlotte Davis
PNA: 6:28.60 P 8/17/2016 CHARLOTTE M DAVIS

1 Kassen, Elizabeth 67 TWIM-36 8:25.04
 r:+0.95 57.97 1:11.33 1:08.77 1:08.62
 1:09.91 1:09.12 50.74 48.58

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Women 70-74 100 LC Meter Freestyle Time Trial

WORLD: 1:11.49 W 3/22/2019 Sanderina KRUGER
Natl: 1:15.30 N 8/4/2017 UUSTAL\UUSTAL
ZON: 1:22.95 Z 7/7/2012 Barbara Frid
PNA: 1:29.70 P 8/17/2016 SALLY A DILLON

- Time Trial

2 Gettling, Janet 71 OREG-37 1:38.91

Women 70-74 200 LC Meter Freestyle

WORLD: 2:44.16 W 3/3/2019 Sanderina KRUGER
Natl: 2:46.63 N 8/27/2016 DIANN UUSTAL
ZON: 2:57.28 Z 7/12/2003 Lavelle Stoinoff
PNA: 3:40.35 P 8/17/2016 SALLY A DILLON

1 Gettling, Janet 71 OREG-37 3:28.62

Women 70-74 200 LC Meter Freestyle

WORLD: 2:44.16 W 3/3/2019 Sanderina KRUGER
Natl: 2:46.63 N 8/27/2016 DIANN UUSTAL
ZON: 2:57.28 Z 7/12/2003 Lavelle Stoinoff
PNA: 3:40.35 P 8/17/2016 SALLY A DILLON

1 Pierson, Ginger 73 OREG-37 4:40.45
 1:04.91 1:10.35 1:12.16 1:13.03

Women 70-74 400 LC Meter Freestyle

WORLD: 5:54.97 W 7/18/2008 Yoshiko OSAKI
Natl: 6:06.16 N 8/4/2018 CAROLYN BOAK
ZON: 6:11.92 Z 6/28/2003 Lavelle Stoinoff
PNA: 7:13.60 P 8/17/2016 SALLY A DILLON

2 Gettling, Janet 71 OREG-37 7:05.50

Women 70-74 800 LC Meter Freestyle

WORLD: 12:13.0 W 11/1/2009 Yoshiko OSAKI
Natl: 12:35.1 N 8/15/2004 LAVELLE STOINOFF
ZON: 12:35.1 Z 8/12/2004 Lavelle Stoinoff
PNA: 14:32.4 P 8/17/2016 SALLY A DILLON

1 Gettling, Janet 71 OREG-37 14:09.07
 45.65 53.26 55.50 54.21
 54.68 54.37 54.01 53.82
 53.62 53.97
 52.95 52.77 50.21
 2 Casey, Kathrine 71 PSA-36 16:47.66
 56.09 1:04.19 1:03.67 1:03.94
 1:03.54 1:04.50 1:03.79 1:04.39
 1:03.74 1:04.04 1:03.45 1:04.26
 1:03.10 1:03.35 1:02.10 59.51

Women 70-74 50 LC Meter Backstroke

WORLD: 38.69 W 10/24/2015 Margit OHLSSON
Natl: 39.11 N 8/4/2017 DIANN UUSTAL
ZON: 42.08 Z 7/7/2012 Joy Ward
PNA: 49.38 P 4/28/1984 DAWN MUSSELMAN

1 Casey, Kathrine 71 PSA-36 52.20

Women 70-74 100 LC Meter Backstroke

WORLD: 1:25.20 W 5/9/2015 Margit OHLSSON
Natl: 1:25.54 N 8/6/2017 DIANN UUSTAL
ZON: 1:32.68 Z 7/7/2012 Joy Ward
PNA: 1:51.41 P 6/26/1983 DAWN MUSSELMAN

1 Gettling, Janet 71 OREG-37 1:44.92
 r:+0.84 49.24 55.68
 2 Welch, Sarah 72 ORCA-36 1:55.38
 r:+0.81 56.49 58.89
 3 Casey, Kathrine 71 PSA-36 1:55.39
 55.21 1:00.18

Women 70-74 200 LC Meter Backstroke

WORLD: 3:06.24 W 10/24/2015 Margit OHLSSON
Natl: 3:14.66 N 8/5/2017 DIANN UUSTAL
ZON: 3:18.02 Z 7/7/2012 Joy Ward
PNA: 3:57.80 P 7/28/2018 SARAH WELCH

1 Casey, Kathrine 71 PSA-36 4:10.44
 r:+0.96 58.59 1:04.17 1:04.63 1:03.05
 2 Pierson, Ginger 73 OREG-37 4:56.47
 r:+0.97 1:18.06 1:14.55 1:16.46

Women 70-74 50 LC Meter Breaststroke

WORLD: 41.67 W 6/22/2014 Monika SENFTLEBEN
Natl: 43.19 N 8/3/2018 DANA BROWN
ZON: 46.18 Z 8/21/2016 Ginger Pierson
PNA: 51.98 P 8/17/2016 SALLY A DILLON

1 Gettling, Janet 71 OREG-37 47.32
 r:+0.67

Women 70-74 200 LC Meter Breaststroke

WORLD: 3:29.25 W 7/15/2017 Nobuko YASUDA
Natl: 3:34.49 N 8/20/2011 JOANN LEILICH
ZON: 3:52.09 Z 8/27/2017 Ginger Pierson
PNA: 4:34.80 P 6/19/1993 MURIEL FLYNN

1 Pierson, Ginger 73 OREG-37 4:35.08
 1:04.29 1:08.15 1:10.23 1:12.41

Women 70-74 50 LC Meter Butterfly

WORLD: 35.02 W 8/5/2017 Diann UUSTAL
Natl: 35.02 N 8/5/2017 DIANN UUSTAL
ZON: 37.36 Z 7/22/2018 Margaret Toppel
PNA: 45.81 P 7/28/2018 SARAH WELCH

1 Welch, Sarah 72 ORCA-36 50.17

Women 70-74 100 LC Meter Butterfly

WORLD: 1:24.55 W 8/6/2014 Judy WILSON
Natl: 1:35.09 N 7/10/2016 MARGOT PETTIJOHN
ZON: 1:49.13 Z 8/26/2012 Joy Ward
PNA: 1:50.94 P 7/28/2018 SARAH WELCH

1 Brooks, Catherine 71 AKMS-56 2:27.68
 1:10.20 1:17.48

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Women 70-74 200 LC Meter Butterfly

WORLD: 3:35.36 W 4/9/2016 Clary MUNNS
Natl: 3:37.41 N 7/24/2016 MARGOT PETTIJOHN
ZON: 4:17.24 Z 8/25/2013 Joy Ward
PNA: 9:11.13 P 8/17/2008 CHAYA AMIAD

1 Pierson, Ginger 73 OREG-37 5:36.73
 1:02.39 1:47.41 1:35.01 1:11.92

Women 70-74 200 LC Meter IM

WORLD: 3:10.64 W 5/25/2016 Brigitte MERTEN
Natl: 3:20.72 N 6/26/2016 MARGOT PETTIJOHN
ZON: 3:38.29 Z 8/26/2012 Joy Ward
PNA: 7:03.07 P 8/24/1986 MARION MUELLER

1 Gettling, Janet 71 OREG-37 3:41.55
 53.74 1:01.56 1:00.79 45.46
 2 Welch, Sarah 72 ORCA-36 4:16.09P
 52.98 1:05.26 1:24.12 53.73
 3 Brooks, Catherine 71 AKMS-56 4:23.57
 1:08.22 1:03.95 1:14.75 56.65

Women 70-74 400 LC Meter IM

WORLD: 6:54.30 W 1/23/2016 Brigitte MERTEN
Natl: 7:16.18 N 6/26/2016 MARGOT PETTIJOHN
ZON: 7:43.94 Z 8/26/2012 Joy Ward
PNA: 14:40.1 P 8/23/1992 MARION CHADWICK

1 Brooks, Catherine 71 AKMS-56 8:58.91
 1:08.67 1:15.42 1:08.72 1:04.64
 1:11.71 1:15.14 58.09 56.52
 2 Pierson, Ginger 73 OREG-37 9:42.73
 1:00.67 1:09.95 1:26.17 1:20.30
 1:08.01 1:08.34 1:15.31 1:13.98

Women 75-79 100 LC Meter Freestyle

WORLD: 1:19.71 W 7/19/2014 Yoshiko OSAKI
Natl: 1:26.36 N 7/31/2005 GAIL ROPER
ZON: 1:36.87 Z 7/12/2008 Lavelle Stoinoff
PNA: 2:10.71 P 7/25/2004 BERNICE PHILLIPS

1 Fritz, Jill 79 ARIZ-48 2:01.85
 57.30 1:04.55

Women 75-79 400 LC Meter Freestyle

WORLD: 6:12.25 W 7/12/2013 Yoshiko OSAKI
Natl: 6:55.62 N 8/11/2002 JEAN TROY
ZON: 7:30.75 Z 7/12/2008 Lavelle Stoinoff
PNA: 8:42.80 P 8/15/1998 MURIEL FLYNN

1 Fritz, Jill 79 ARIZ-48 8:51.51
 58.85 1:03.90 1:07.75 1:08.67
 1:09.41 1:09.12 1:07.96 1:05.85

Women 75-79 800 LC Meter Freestyle

WORLD: 12:58.9 W 10/22/2006 Jane ASHER
Natl: 14:10.5 N 9/9/2001 JUNE KRAUSER
ZON: 15:18.9 Z 7/22/2018 Sue Calnek-Morri
PNA: 19:54.0 P 8/23/1992 PAT MATTHIESEN

1 Fritz, Jill 79 ARIZ-48 18:38.46
 59.28 1:09.15 1:09.68 1:10.20
 1:08.89 1:10.51 1:10.75 1:11.05
 1:11.73 1:11.65 1:10.12 1:11.59
 1:11.51 1:12.69 1:11.07 1:08.59

Women 75-79 50 LC Meter Backstroke

WORLD: 40.27 W 4/28/2019 Clary MUNNS
Natl: 44.43 N 8/23/1999 DORIS STEADMAN
ZON: 47.50 Z 8/6/2017 Joy Ward
PNA: 56.47 P 7/8/2006 BERNICE PHILLIPS

1 Fritz, Jill 79 ARIZ-48 1:01.45
 r:+0.83

Women 75-79 100 LC Meter Backstroke

WORLD: 1:28.96 W 4/27/2019 Clary MUNNS
Natl: 1:39.06 N 8/23/1999 DORIS STEADMAN
ZON: 1:43.60 Z 8/6/2017 Joy Ward
PNA: 2:13.38 P 8/10/2006 BERNICE PHILLIPS

1 Fritz, Jill 79 ARIZ-48 2:19.37
 r:+0.87 1:12.70

Women 75-79 200 LC Meter Backstroke

WORLD: 3:16.80 W 4/28/2019 Clary MUNNS
Natl: 3:39.41 N 8/23/1999 DORIS STEADMAN
ZON: 3:46.69 Z 8/6/2017 Joy Ward
PNA: 4:52.32 P 7/12/2009 BARBARA A ALLEN

1 Fritz, Jill 79 ARIZ-48 4:48.66
 r:+0.85 2:25.25

Women 75-79 50 LC Meter Butterfly

WORLD: 40.06 W 3/14/2015 Christel SCHULZ
Natl: 44.95 N 8/1/2004 GAIL ROPER
ZON: 50.82 Z 8/6/2017 Joy Ward
PNA: 1:14.60 P 8/11/1991 PAT MATTHIESEN

1 Ward, Joy 77 OREG-37 54.49

Women 75-79 100 LC Meter Butterfly

WORLD: 1:36.09 W 4/13/2019 Clary MUNNS
Natl: 1:52.12 N 8/6/2014 MARY ANN CASE
ZON: 2:00.46 Z 8/6/2017 Joy Ward
PNA: 2:47.59 P 8/23/1992 PAT MATTHIESEN

1 Ward, Joy 77 OREG-37 2:07.37
 57.56 1:09.81

Women 75-79 200 LC Meter IM

WORLD: 3:25.01 W 4/13/2019 Clary MUNNS
Natl: 3:48.34 N 6/22/2014 JOANN LEILICH
ZON: 4:05.44 Z 8/27/2017 Joy Ward
PNA: 4:52.55 P 8/15/1998 MURIEL FLYNN

1 Ward, Joy 77 OREG-37 4:04.11Z
 57.13 59.08 1:14.27 53.63

Women 85-89 100 LC Meter Freestyle

WORLD: 1:29.29 W 5/7/2016 Jane ASHER
Natl: 1:43.68 N 6/9/2012 JEAN TROY
ZON: 2:26.84 Z 5/20/2017 Molly Hayes
PNA: 2:45.73 P 8/10/2006 MARION CHADWICK

1 Varty, Eulah 85 VIC 2:08.97
 1:02.74 1:06.23

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Women 85-89 100 LC Meter Backstroke

WORLD: 1:52.70 W 1/23/2016 Jane ASHER
Natl: 1:53.28 N 3/10/2012 BETTY LORENZI
ZON: 2:37.63 Z 7/12/1998 Eva Muller
PNA: 3:38.58 P 7/8/2006 MARION CHADWICK
 1 Varty, Eulah 85 VIC 2:19.06
 1:08.05 1:11.01

Women 85-89 200 LC Meter Backstroke

WORLD: 4:00.25 W 3/5/2016 Jane ASHER
Natl: 4:01.09 N 3/9/2013 BETTY LORENZI
ZON: 5:38.43 Z 7/24/1999 Eva Muller
PNA: 7:23.40 P 7/8/2006 MARION CHADWICK
 1 Varty, Eulah 85 VIC 5:01.86
 1:10.66 1:16.95 1:16.74 1:17.51

Women 85-89 50 LC Meter Breaststroke

WORLD: 51.83 W 5/6/2016 A.VAN OBERGHEN
Natl: 1:01.45 N 7/19/2014 NAN BOHL
ZON: 1:24.72 Z 6/3/2006 Pauline Stangel
 1 Varty, Eulah 85 VIC 1:26.27

Women 85-89 100 LC Meter Breaststroke

WORLD: 1:54.96 W 5/6/2016 A.VAN OBERGHEN
Natl: 2:20.49 N 7/12/2014 NAN BOHL
ZON: 3:16.51 Z 6/3/2006 Pauline Stangel
 1 Varty, Eulah 85 VIC 3:06.39
 1:31.00 1:35.39

Women 85-89 50 LC Meter Butterfly

WORLD: 51.28 W 4/1/2016 Jane ASHER
Natl: 1:01.94 N 6/7/2009 LOIS KIVI NOCHMAN
ZON: 2:11.56 Z 6/22/1996 Patience Miller
 1 Varty, Eulah 85 VIC 1:32.98

Men 18-24 50 LC Meter Freestyle

Natl: 21.78 N 7/1/2012 JOSH SCHNEIDER
ZON: 24.72 Z 8/17/2008 Brian Goldman
PNA: 24.72 P 8/17/2008 BRIAN GOLDMAN
 1 Somanand, Teerit 22 UC37-37 28.86

Men 18-24 100 LC Meter Freestyle

Natl: 49.37 N 6/28/2012 JOSH SCHNEIDER
ZON: 54.50 Z 8/23/1992 Greg Cooper
PNA: 56.65 P 8/17/2016 MATTHEW D GATES
 1 Somanand, Teerit 22 UC37-37 1:08.04
 32.06 35.98

Men 18-24 50 LC Meter Breaststroke

Natl: 28.87 N 8/15/2005 DAVE ROLLINS
ZON: 30.94 Z 7/15/1995 Dmitri Malinovsk
PNA: 34.03 P 7/31/1994 TODD DOHERTY
 1 Somanand, Teerit 22 UC37-37 46.25

Men 18-24 50 LC Meter Butterfly

Natl: 24.20 N 8/8/2014 THOMAS SHIELDS
ZON: 27.06 Z 8/23/1992 Greg Cooper
PNA: 27.16 P 8/1/1999 CHRIS FANTZ
 1 Somanand, Teerit 22 UC37-37 31.63
 r:+0.57

Men 18-24 100 LC Meter Butterfly

Natl: 51.29 N 8/8/2014 THOMAS SHIELDS
ZON: 1:00.20 Z 8/1/1999 Chris Fantz
PNA: 1:00.20 P 8/1/1999 CHRIS FANTZ
 1 Somanand, Teerit 22 UC37-37 1:30.23
 36.09 54.14

Men 25-29 50 LC Meter Freestyle

WORLD: 22.30 W 2/18/2017 A.LIUKKONEN
Natl: 21.69 N 8/10/2014 NATHAN ADRIAN
ZON: 24.49 Z 8/17/2008 Michael Burton
PNA: 23.92 P 7/6/2008 TROY DAVIDSON
 1 Savage, Adrian 28 UC36-36 30.18
 r:+0.64

Men 25-29 100 LC Meter Freestyle

WORLD: 50.45 W 6/7/2013 Matthew MCGINNIS
Natl: 47.96 N 6/27/2017 NATHAN ADRIAN
ZON: 52.08 Z 8/23/1992 John Keppeler
PNA: 52.25 P 7/6/2008 TROY DAVIDSON
 1 Savage, Adrian 28 UC36-36 1:11.47
 r:+0.75 32.03 39.44
 2 Porter, Jordan 27 OREG-37 1:14.92
 36.01 38.91

Men 25-29 800 LC Meter Freestyle

WORLD: 8:24.67 W 6/29/1997 Alex KOSTICH
Natl: 8:24.67 N 6/29/1997 ALEX KOSTICH
ZON: 8:36.83 Z 8/23/1992 Jeff Erwin
PNA: 9:32.55 P 8/24/1990 STEVE SCHMIDT
 1 Porter, Jordan 27 OREG-37 13:02.05
 45.28 50.82 51.38 51.00
 50.93 50.80 50.81 50.53
 49.55 50.11 49.96 49.49
 47.68 47.20 45.12 41.39

Men 25-29 100 LC Meter Backstroke

WORLD: 55.87 W 4/12/2013 Kurt CROSLAND
Natl: 55.15 N 8/3/2011 ADAM MANIA
ZON: 58.24 Z 8/23/1992 John Keppeler
PNA: 1:05.89 P 7/26/1998 TODD DOHERTY
 1 Porter, Jordan 27 OREG-37 1:20.54
 r:+0.74 40.01 40.53

Men 25-29 200 LC Meter Backstroke

WORLD: 2:02.76 W 4/26/2019 Dmitriy GORBUNOV
Natl: 2:03.61 N 6/24/2017 HAYES JOHNSON
ZON: 2:07.57 Z 8/23/1992 John Keppeler
PNA: 2:22.34 P 8/24/1986 REX FLETCHER
 1 Porter, Jordan 27 OREG-37 2:55.07
 r:+0.74 42.92 44.54 45.00 42.61

Men 30-34 100 LC Meter Freestyle

WORLD: 49.80 W 7/23/2016 Darian TOWNSEND
Natl: 48.71 N 8/6/2014 ANTHONY ERVIN
ZON: 53.95 Z 8/6/2011 Benjamin Weston
PNA: 55.79 P 7/4/1992 CRAIG MALLERY
 1 Conroy, Chris 34 CGSM-36 59.60
 r:+0.59 29.02 30.58

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Men 30-34 200 LC Meter Freestyle

WORLD: 1:49.56 W 8/6/2016 Darian TOWNSEND
Natl: 1:49.34 N 8/7/2014 DARIAN TOWNSEND
ZON: 2:00.39 Z 7/31/1994 Jeff Stiling
PNA: 2:05.86 P 8/23/1992 M. FITZGERALD

1 Conroy, Chris 34 CGSM-36 2:12.83
 r:+0.70 30.49 33.45 34.37 34.52

Men 30-34 50 LC Meter Backstroke

WORLD: 25.97 W 8/6/2016 Darian TOWNSEND
Natl: 24.67 N 6/29/2017 MATT GREVERS
ZON: 29.04 Z 8/24/1986 Dave Hannula
PNA: 29.02 P 8/24/1986 DAVE HANNULA

1 Liedtke, Matthew 30 LWM-36 37.63
 r:+0.77

Men 30-34 50 LC Meter Breaststroke

WORLD: 27.97 W 9/26/2015 Ryo KOBAYASHI
Natl: 27.73 N 6/27/2016 MARCUS TITUS
ZON: 31.25 Z 8/24/1986 Roy Clark
PNA: 32.21 P 8/17/2016 CHRIS CONROY

1 Conroy, Chris 34 CGSM-36 32.29
 r:+0.68

Men 30-34 100 LC Meter Breaststroke

WORLD: 1:02.39 W 9/27/2015 Ryo KOBAYASHI
Natl: 1:00.19 N 6/26/2016 MARCUS TITUS
ZON: 1:09.44 Z 8/24/1986 Roy Clark
PNA: 1:11.39 P 8/17/2016 CHRIS CONROY

1 Conroy, Chris 34 CGSM-36 1:13.30
 r:+0.67 34.20 39.10
 2 Yung, Cejeh 34 CGSM-36 1:14.57
 r:+0.49 33.94 40.63

Men 30-34 200 LC Meter Breaststroke

WORLD: 2:18.04 W 7/7/2012 Gary MARSHALL
Natl: 2:18.04 N 7/7/2012 GARY MARSHALL
ZON: 2:36.07 Z 8/24/1986 Roy Clark
PNA: 2:36.33 P 8/24/1986 GREG HARRISON

1 Yung, Cejeh 34 CGSM-36 2:41.16
 r:+0.59 36.41 39.82 41.54 43.39

Men 30-34 50 LC Meter Butterfly

WORLD: 23.26 W 7/13/2013 Roland SCHOEMAN
Natl: 23.26 N 7/13/2013 ROLAND SCHOEMAN
ZON: 25.77 Z 8/23/1999 Michael Sorensen
PNA: 26.34 P 8/17/2008 JASON GOLTZ

1 Liedtke, Matthew 30 LWM-36 29.74
 r:+0.82
 2 Yung, Cejeh 34 CGSM-36 31.14
 r:+0.57

Men 30-34 100 LC Meter Butterfly

WORLD: 53.65 W 7/27/2014 Darian TOWNSEND
Natl: 53.36 N 8/8/2014 DARIAN TOWNSEND
ZON: 57.45 Z 8/23/1999 Michael Sorensen
PNA: 59.24 P 8/17/2008 JASON GOLTZ

1 Liedtke, Matthew 30 LWM-36 1:11.46
 r:+0.66 32.56 38.90

Men 30-34 200 LC Meter IM

WORLD: 2:02.18 W 5/22/2016 Darian TOWNSEND
Natl: 1:59.24 N 8/6/2017 RYAN LOCHTE
ZON: 2:17.19 Z 8/15/2002 Bill Zolna
PNA: 2:17.75 P 8/24/1986 DAVE HANNULA

1 Liedtke, Matthew 30 LWM-36 2:55.88
 r:+0.81 33.14 45.98 53.73 43.03

Men 30-34 400 LC Meter IM

WORLD: 4:20.81 W 7/23/2016 Darian TOWNSEND
Natl: 4:20.81 N 7/23/2016 DARIAN TOWNSEND
ZON: 4:52.38 Z 8/15/2002 Bill Zolna
PNA: 5:00.68 P 8/17/2008 JASON GOLTZ

1 Yung, Cejeh 34 CGSM-36 5:21.88
 r:+0.76 33.87 40.29 43.18 41.13
 44.56 43.71 38.78 36.36

Men 35-39 200 LC Meter Freestyle

WORLD: 1:52.84 W 8/6/2006 Vlad PYSHNENKO
Natl: 1:52.84 N 8/6/2006 VLAD PYSHNENKO
ZON: 1:58.84 Z 8/27/1995 Jeff Stiling
PNA: 2:05.72 P 7/12/2009 KIRK NELSON

1 Gill, Sean 39 UC36-36 2:23.65
 r:+0.73 31.65 36.27 37.93 37.80

Men 35-39 200 LC Meter Backstroke

WORLD: 2:07.97 W 6/22/2016 Marco MACCIANTI
Natl: 2:07.16 N 7/29/2001 RON KARNAUGH
ZON: 2:14.81 Z 8/23/1992 Mark List
PNA: 2:14.81 P 8/23/1992 MARK LIST

1 Gill, Sean 39 UC36-36 2:42.95
 r:+0.68 38.08 40.68 41.91 42.28

Men 35-39 200 LC Meter IM

WORLD: 2:07.24 W 4/22/2016 D.YABE
Natl: 2:05.64 N 12/7/2002 RONALD KARNAUGH
ZON: 2:15.53 Z 8/10/1998 James Sorensen
PNA: 2:24.14 P 8/10/2004 AMON EMEKA

1 Gill, Sean 39 UC36-36 2:46.27
 33.74 42.19 52.11 38.23

Men 40-44 200 LC Meter Backstroke

WORLD: 2:10.57 W 6/28/2017 Maurizio TERSAR
Natl: 2:11.13 N 8/16/2014 FREDERIK HVIID
ZON: 2:16.24 Z 8/21/2016 Trever Gray
PNA: 2:16.24 P 8/17/2016 TREVER O GRAY

1 Miller, Matt 42 OREG-37 2:40.21
 r:+0.74 38.73 40.53 40.84 40.11

Men 40-44 100 LC Meter Breaststroke

WORLD: 1:03.60 W 5/20/2012 Vladislav BRAGIN
Natl: 1:03.76 N 7/6/2012 STEVE WEST
ZON: 1:08.92 Z 8/17/2008 James Corbeau
PNA: 1:10.53 P 8/23/1992 RICK COLELLA

1 Trahms, Peter 40 CGSM-36 1:14.72
 r:+0.74 34.77 39.95

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Men 40-44 200 LC Meter Breaststroke

WORLD: 2:18.57 W 7/11/2015 Steven WEST
Natl: 2:18.57 N 7/11/2015 STEVE WEST
ZON: 2:31.75 Z 8/21/2016 John Rasmussen
PNA: 2:32.17 P 8/23/1992 RICK COLELLA

1 Trahms, Peter 40 CGSM-36 2:44.99
 r:+0.73 35.50 40.34 42.81 46.34

Men 40-44 50 LC Meter Butterfly

WORLD: 25.06 W 7/20/2015 Eiji NOMURA
Natl: 25.11 N 6/9/2018 JAMES ZENYUH
ZON: 26.50 Z 8/17/2008 Michael Sorensen
PNA: 27.25 P 8/19/2001 DAVID MC ALPINE

1 Gray, Trever 43 CGSM-36 27.15P
 r:+0.70

Men 40-44 200 LC Meter Butterfly

WORLD: 2:05.55 W 7/11/2004 Dennis BAKER
Natl: 2:05.55 N 7/11/2004 DENNIS BAKER
ZON: 2:05.55 Z 7/10/2004 Dennis Baker
PNA: 2:25.55 P 8/10/2012 KIRK NELSON

1 Miller, Matt 42 OREG-37 3:01.57
 r:+0.69 41.04 46.57 52.40 41.56

Men 40-44 200 LC Meter IM

WORLD: 2:10.63 W 6/25/2009 Alberto MONTINI
Natl: 2:13.71 N 7/23/2016 JEFF COMMINGS
ZON: 2:21.24 Z 8/6/2011 John Rubocki
PNA: 2:18.92 P 8/23/1992 RICK COLELLA

1 Gray, Trever 43 CGSM-36 2:23.40
 r:+0.61 27.70 35.55 44.49 35.66
 2 Trahms, Peter 40 CGSM-36 2:27.17
 r:+0.73 30.88 39.54 41.70 35.05

Men 40-44 400 LC Meter IM

WORLD: 4:43.00 W 6/12/2012 Uwe VOLK
Natl: 4:47.82 N 7/29/2018 ERIC CHRISTENSEN
ZON: 4:49.42 Z 8/14/2005 Dennis Baker
PNA: 4:57.46 P 8/23/1992 RICK COLELLA

1 Miller, Matt 42 OREG-37 5:45.50
 r:+0.64 36.85 41.70 45.78 43.69
 50.38 51.20 38.84 37.06

Men 45-49 50 LC Meter Freestyle

WORLD: 23.98 W 7/5/2014 Vladimir PREDKIN
Natl: 24.12 N 6/23/2018 BRIAN JACOBSON
ZON: 25.57 Z 3/30/2002 Larry Krauser
PNA: 26.51 P 8/22/1999 DONALD GRAHAM

1 Grote, Kurt 46 OREG-37 25.64
 r:+0.71
 2 Castle, Matt 48 TACM-36 29.65
 r:+0.64
 3 Koppelberger, Jason 48 TWIM-36 34.20

Men 45-49 100 LC Meter Freestyle

WORLD: 53.66 W 8/15/2017 Valter KALAUS
Natl: 53.77 N 8/7/2016 NICOLAS GRANGER
ZON: 56.41 Z 8/21/2016 Mike Self
PNA: 58.46 P 8/17/2016 TODD S DOHERTY

1 Andon, John 47 OREG-37 1:20.13
 37.04 43.09
 2 Koppelberger, Jason 48 TWIM-36 1:21.27
 39.11 42.16

Men 45-49 200 LC Meter Freestyle

WORLD: 1:57.75 W 8/5/2014 Nicolas GRANGER
Natl: 1:57.89 N 8/6/2009 KEITH SWITZER
ZON: 1:59.34 Z 7/11/2009 Dennis Baker
PNA: 2:08.36 P 8/17/2016 KIRK NELSON

1 Grote, Kurt 46 OREG-37 2:06.11
 r:+0.60 29.60 32.01 32.62 31.88
 2 Koppelberger, Jason 48 TWIM-36 2:55.61
 40.20 44.85 47.48 43.08
 3 Andon, John 47 OREG-37 3:00.04
 37.35 44.68 48.46 49.55

Men 45-49 400 LC Meter Freestyle

WORLD: 4:11.07 W 8/9/2009 Keith SWITZER
Natl: 4:09.20 N 7/19/2008 DENNIS BAKER
ZON: 4:09.20 Z 7/19/2008 Dennis Baker
PNA: 4:35.31 P 8/17/2016 KIRK NELSON

1 Carmosino, Vince 49 TWIM-36 5:31.02
 r:+0.68 35.23 38.81 40.88 41.91
 42.81 43.40 44.17 43.81
 2 Andon, John 47 OREG-37 6:25.29
 40.11 45.83 48.53 50.12
 50.17 51.07 50.62 48.84

Men 45-49 800 LC Meter Freestyle

WORLD: 8:40.79 W 8/10/2015 Fabio CALMASINI
Natl: 8:51.98 N 8/9/2010 JEFF ERWIN
ZON: 8:51.98 Z 8/10/2010 Jeff Erwin
PNA: 9:30.02 P 7/30/2000 STEVE SUSSEX

1 Koppelberger, Jason 48 TWIM-36 13:47.66
 42.79 49.87 51.55 52.74
 52.74 52.55 52.43 53.45
 53.32 54.03 53.64 53.40
 53.91 51.48 52.15 47.61

Men 45-49 50 LC Meter Backstroke

WORLD: 27.67 W 8/20/2017 Serkan ATASAY
Natl: 28.05 N 6/7/2008 STEVE WOOD
ZON: 28.76 Z 8/21/2016 Mike Self
PNA: 31.22 P 8/20/1999 DONALD GRAHAM

1 Grote, Kurt 46 OREG-37 31.66
 r:+0.80
 2 Castle, Matt 48 TACM-36 37.91
 r:+0.65
 --- Self, Mike 49 OREG-37 DQ
 Completely submerged prior to turn or finish
 r:+0.73

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Men 45-49 100 LC Meter Backstroke

WORLD: 1:00.13 W 6/8/2008 Steve WOOD

Natl: 1:00.13 N 6/8/2008 STEVE WOOD

ZON: 1:03.39 Z 8/21/2016 Mike Self

PNA: 1:08.39 P 8/10/2003 DOUG PORTELANCE

1 Self, Mike 49 OREG-37 1:04.84
 r:+0.71 31.01 33.83

Men 45-49 200 LC Meter Backstroke

WORLD: 2:11.56 W 6/7/2013 Eduardo MAROCCO

Natl: 2:13.37 N 8/12/2012 RICH SAEGER

ZON: 2:21.98 Z 4/10/2016 Mike Self

PNA: 2:29.82 P 8/10/2003 DOUG PORTELANCE

1 Self, Mike 49 OREG-37 2:27.40
 r:+0.78 35.13 39.39 37.98 34.90

Men 45-49 50 LC Meter Breaststroke

WORLD: 29.31 W 6/2/2018 Vladislav BRAGIN

Natl: 29.61 N 8/3/2018 STEVE WEST

ZON: 30.98 Z 8/10/2009 James Corbeau

PNA: 31.22 P 8/17/2016 TODD S DOHERTY

1 Carmosino, Vince 49 TWIM-36 33.82
 r:+0.54
 2 Castle, Matt 48 TACM-36 39.35
 r:+0.74

Men 45-49 100 LC Meter Breaststroke

WORLD: 1:05.08 W 5/25/2018 Steven WEST

Natl: 1:05.08 N 5/25/2018 STEVE WEST

ZON: 1:09.08 Z 8/10/2009 James Corbeau

PNA: 1:08.39 P 8/17/2016 TODD S DOHERTY

1 Carmosino, Vince 49 TWIM-36 1:20.98
 r:+0.60 38.86 42.12

Men 45-49 50 LC Meter Butterfly

WORLD: 25.39 W 6/17/2018 Eiji NOMURA

Natl: 25.65 N 7/8/2012 NICHOLAS DECKER

ZON: 27.66 Z 8/17/2008 Doug Christensen

PNA: 28.05 P 8/21/1999 DONALD GRAHAM

1 Castle, Matt 48 TACM-36 32.91
 r:+0.67

Men 45-49 100 LC Meter Butterfly

WORLD: 56.85 W 8/11/2002 Paul CARTER

Natl: 56.42 N 8/4/2002 PAUL CARTER

ZON: 1:00.65 Z 8/10/2006 Dennis Baker

PNA: 1:03.90 P 5/24/2004 CAMERON GREEN

1 Andon, John 47 OREG-37 1:39.05
 r:+0.66 45.21 53.84

Men 45-49 200 LC Meter IM

WORLD: 2:10.09 W 8/7/2016 Nicolas GRANGER

Natl: 2:10.09 N 8/7/2016 NICOLAS GRANGER

ZON: 2:16.12 Z 8/10/2006 Dennis Baker

PNA: 2:23.92 P 8/17/2016 TODD S DOHERTY

1 Grote, Kurt 46 OREG-37 2:16.88
 r:+0.67 29.07 36.33 38.95 32.53
 2 Castle, Matt 48 TACM-36 3:19.91
 r:+0.71 38.37 53.92 58.80 48.82

3 Andon, John 47 OREG-37 3:28.82
 45.01 52.69 1:01.31 49.81

Men 50-54 50 LC Meter Freestyle

WORLD: 24.08 W 6/27/2009 Brent BARNES

Natl: 24.58 N 8/9/2009 ROWDY GAINES

ZON: 25.60 Z 8/10/2006 Rick Abbott

PNA: 25.80 P 7/10/2011 NED STACK

1 Jorgensen, Daniel 51 OREG-37 27.12
 r:+0.86
 2 Ward, Jonathan 53 BAM-36 32.43
 r:+0.58

Men 50-54 100 LC Meter Freestyle

WORLD: 54.15 W 6/30/2017 Nicolas GRANGER

Natl: 54.18 N 8/4/2017 NICOLAS GRANGER

ZON: 57.37 Z 8/10/2003 Larry Krauser

PNA: 58.14 P 8/2/2017 MATS O NYGREN

1 Jorgensen, Daniel 51 OREG-37 59.30
 r:+0.87 28.83 30.47
 2 Bullock, J 51 YPKC-36 1:05.24
 31.26 33.98
 3 Porter, Michael 53 LWM-36 1:06.38
 r:+0.71 31.77 34.61
 4 Ward, Jonathan 53 BAM-36 1:18.16
 36.40 41.76
 5 Brown, Daniel 53 TACM-36 1:25.28
 r:+0.76 38.49 46.79

Men 50-54 200 LC Meter Freestyle

WORLD: 1:58.62 W 7/1/2017 Nicolas GRANGER

Natl: 2:00.34 N 8/13/2007 DAN STEPHENSON

ZON: 2:05.73 Z 8/21/2016 Mats Nygren

PNA: 2:05.73 P 8/17/2016 MATS O NYGREN

1 Jorgensen, Daniel 51 OREG-37 2:12.06
 r:+0.90 30.43 33.48 34.38 33.77
 2 Bullock, J 51 YPKC-36 2:24.95
 33.02 36.67 38.25 37.01

Men 50-54 400 LC Meter Freestyle

WORLD: 4:15.93 W 8/4/2017 Nicolas GRANGER

Natl: 4:15.93 N 8/4/2017 NICOLAS GRANGER

ZON: 4:30.78 Z 8/6/2017 Mats Nygren

PNA: 4:30.78 P 8/2/2017 MATS O NYGREN

1 Bullock, J 51 YPKC-36 5:10.25
 34.40 38.27 39.38 40.26
 40.12 40.22 39.72 37.88
 2 Van Pelt, Darren 50 LWM-36 6:17.29
 40.22 44.32 46.98 48.37
 49.70 49.45 50.36 47.89

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Men 50-54 800 LC Meter Freestyle

WORLD: 8:55.05 W 7/31/2010 Marcus MATTIOLI
Natl: 8:56.31 N 8/3/2014 RICARDO VALDIVIA
ZON: 9:26.63 Z 8/6/2017 Mats Nygren
PNA: 9:26.63 P 8/2/2017 MATS O NYGREN

1	Van Pelt, Darren	50	LWM-36	12:51.17
r:+0.88	42.96	46.84	47.81	48.86
	49.37	49.09	49.79	50.08
	49.88	49.23	50.02	48.36
	48.44	47.78	47.55	45.11

Men 50-54 50 LC Meter Backstroke

WORLD: 28.58 W 7/14/2018 Rick GOULD
Natl: 28.58 N 7/14/2018 RICK GOULD
ZON: 30.82 Z 8/10/2006 Rick Abbott
PNA: 31.05 P 8/17/2016 MATS O NYGREN

1	Ward, Jonathan	53	BAM-36	44.86
r:+0.85				

Men 50-54 100 LC Meter Backstroke

WORLD: 1:01.57 W 8/6/2017 Nicolas GRANGER
Natl: 1:01.57 N 8/6/2017 NICOLAS GRANGER
ZON: 1:07.09 Z 8/10/2006 Rick Abbott
PNA: 1:10.69 P 7/16/1995 STEPHEN THRASHER

1	Porter, Michael	53	LWM-36	1:18.21
r:+0.86	38.40	39.81		
2	Brown, Daniel	53	TACM-36	1:34.21
r:+0.82	41.90	52.31		

Men 50-54 50 LC Meter Breaststroke

WORLD: 30.26 W 8/20/2017 Mike HODGSON
Natl: 30.48 N 8/9/2013 DAVID GUTHRIE
ZON: 31.93 Z 8/21/2016 Daniel Phillips
PNA: 31.93 P 8/17/2016 DANIEL PHILLIPS

1	Scott, David	53	YPKC-36	37.94
r:+0.61				
2	Barnes, Brent	51	TWIM-36	40.53
3	Ward, Jonathan	53	BAM-36	41.92
r:+0.56				
4	Brown, Daniel	53	TACM-36	51.24

Men 50-54 100 LC Meter Breaststroke

WORLD: 1:06.98 W 8/15/2014 David GUTHRIE
Natl: 1:06.98 N 8/15/2014 DAVID GUTHRIE
ZON: 1:12.22 Z 7/11/2009 Patrick Allender
PNA: 1:12.24 P 8/17/2016 DANIEL PHILLIPS

1	Scott, David	53	YPKC-36	1:25.76
	40.81	44.95		
2	Porter, Michael	53	LWM-36	1:25.88
r:+0.71	40.26	45.62		
3	Barnes, Brent	51	TWIM-36	1:32.82
r:+0.98	43.46	49.36		
4	Ward, Jonathan	53	BAM-36	1:36.51
r:+0.63	45.51	51.00		

Men 50-54 200 LC Meter Breaststroke

WORLD: 2:27.91 W 7/31/2013 David GUTHRIE
Natl: 2:27.91 N 7/31/2013 DAVID GUTHRIE
ZON: 2:39.08 Z 8/19/2001 Rick Colella
PNA: 2:39.08 P 8/19/2001 RICK COLELLA

1	Scott, David	53	YPKC-36	3:06.33
r:+0.83	42.44	46.74	48.76	48.39
2	Barnes, Brent	51	TWIM-36	3:26.25
	45.28	52.85	54.51	53.61

Men 50-54 50 LC Meter Butterfly

WORLD: 25.88 W 8/16/2008 Paul CARTER
Natl: 25.88 N 8/16/2008 PAUL CARTER
ZON: 27.50 Z 8/10/2006 Rick Abbott
PNA: 27.98 P 6/24/2007 DONALD GRAHAM

1	Jones, Brad	53	TWIM-36	29.34
r:+0.57				
2	Ward, Jonathan	53	BAM-36	36.34
r:+0.43				
3	Brown, Daniel	53	TACM-36	42.50
r:+0.77				

Men 50-54 100 LC Meter Butterfly

WORLD: 57.23 W 8/15/2008 Paul CARTER
Natl: 57.23 N 8/15/2008 PAUL CARTER
ZON: 1:02.04 Z 6/3/2004 Scott Lautman
PNA: 1:02.04 P 6/9/2004 SCOTT LAUTMAN

1	Jones, Brad	53	TWIM-36	1:06.65
r:+0.62	32.29	34.36		
2	Porter, Michael	53	LWM-36	1:10.95
r:+0.74	31.97	38.98		

Men 50-54 200 LC Meter IM

WORLD: 2:11.15 W 8/6/2017 Nicolas GRANGER
Natl: 2:11.15 N 8/6/2017 NICOLAS GRANGER
ZON: 2:21.77 Z 8/11/2013 Dennis Baker
PNA: 2:23.45 P 8/19/2001 RICK COLELLA

1	Bullock, J	51	YPKC-36	2:54.52
	34.84	51.58	50.26	37.84

Men 50-54 400 LC Meter IM

WORLD: 4:45.61 W 8/3/2017 Nicolas GRANGER
Natl: 4:45.61 N 8/3/2017 NICOLAS GRANGER
ZON: 5:02.51 Z 8/11/2013 Dennis Baker
PNA: 5:05.82 P 8/19/2001 RICK COLELLA

1	Jones, Brad	53	TWIM-36	5:30.75
r:+0.60	35.09	38.59	45.81	44.24
	47.39	46.82	36.72	36.09

Men 55-59 50 LC Meter Freestyle

WORLD: 24.45 W 7/19/2015 Brent BARNES
Natl: 25.01 N 6/7/2009 JACK GROSELLE
ZON: 25.31 Z 8/17/2008 Mike Tennant
PNA: 27.06 P 8/13/2011 DONALD GRAHAM

1	Cermak, Gerald	56	LWM-36	29.72
r:+0.78				
2	Nimb, Peter	55	BAM-36	29.89
3	Schwartz, Steven	56	UC36-36	30.86
r:+0.61				

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Men 55-59 50 LC Meter Breaststroke**WORLD: 30.51 W 7/13/2018 C.Arturo TRAVAINI****Natl: 30.56 N 8/6/2017 DAVID GUTHRIE****ZON: 34.33 Z 8/21/2016 Robert Jackson****PNA: 34.33 P 8/17/2016 ROBERT L JACKSON**

1	Phillips, Daniel	56	LWM-36	33.87Z
	r:+0.79			
2	Cermak, Gerald	56	LWM-36	37.66
	r:+0.77			
3	Smith, Daniel	57	BWAQ-36	38.86
4	Johnson, David	58	LWM-36	39.83
	r:+0.66			
5	Curry, James	59	SAM-36	41.61
	r:+0.73			
6	Olson, Robert	59	SALT-34	42.76
	r:+0.70			

Men 55-59 100 LC Meter Breaststroke**WORLD: 1:07.95 W 7/14/2018 C.Arturo TRAVAINI****Natl: 1:07.97 N 7/31/2015 DAVID GUTHRIE****ZON: 1:14.30 Z 8/17/2008 Rick Colella****PNA: 1:14.30 P 8/17/2008 RICK COLELLA**

1	Haynie, Carl	59	TWIM-36	1:21.43
r:+0.58	38.47	42.96		
2	Brown, Barry	56	UC36-36	1:35.94
r:+0.81	44.24	51.70		
3	Olson, Robert	59	SALT-34	1:37.07
r:+0.67	43.83	53.24		
4	Curry, James	59	SAM-36	1:39.97
r:+0.68	47.05	52.92		

Men 55-59 200 LC Meter Breaststroke**WORLD: 2:30.63 W 8/21/2016 David GUTHRIE****Natl: 2:30.63 N 8/21/2016 DAVID GUTHRIE****ZON: 2:38.66 Z 8/17/2008 Rick Colella****PNA: 2:38.66 P 8/17/2008 RICK COLELLA**

1	Smith, Daniel	57	BWAQ-36	3:17.63
r:+0.77	43.25	50.20	52.75	51.43
2	Brown, Barry	56	UC36-36	3:32.85
r:+0.77	45.65	54.34	57.13	55.73
3	Olson, Robert	59	SALT-34	3:44.82
r:+0.64	47.59	56.20	1:01.29	59.74

Men 55-59 50 LC Meter Butterfly**WORLD: 26.86 W 8/6/2009 Gary HALL****Natl: 26.86 N 8/6/2009 GARY HALL****ZON: 28.22 Z 7/7/2012 Donald Graham****PNA: 28.22 P 7/8/2012 DONALD GRAHAM**

1	Johnson, David	58	LWM-36	32.35
	r:+0.76			
2	Hathaway, David	59	OREG-37	32.72
	r:+0.54			
3	Cermak, Gerald	56	LWM-36	32.80
	r:+0.76			
4	Schwartz, Steven	56	UC36-36	34.87
	r:+0.60			
5	Olson, Robert	59	SALT-34	38.32
	r:+0.75			

6 Stevens, Thomas 58 TACM-36 1:08.12

Men 55-59 100 LC Meter Butterfly**WORLD: 1:00.56 W 8/11/2012 Paul CARTER****Natl: 1:00.56 N 8/11/2012 PAUL CARTER****ZON: 1:03.95 Z 8/17/2008 Scott Lautman****PNA: 1:03.95 P 8/17/2008 SCOTT LAUTMAN**

1	McCarty, David	55	LWM-36	1:16.49
r:+0.66	35.86	40.63		
2	Stevens, Thomas	58	TACM-36	3:08.36
	1:21.47	1:46.89		

Men 55-59 200 LC Meter IM**WORLD: 2:20.83 W 8/9/2009 Michael MANN****Natl: 2:20.83 N 8/9/2009 MICHAEL MANN****ZON: 2:24.12 Z 8/17/2008 Rick Colella****PNA: 2:24.12 P 8/17/2008 RICK COLELLA**

1	McCarty, David	55	LWM-36	2:47.90
r:+0.63	34.63	42.37	52.41	38.49
2	Praeger, Wade	57	LWM-36	2:56.18
	37.04	48.81	50.70	39.63
3	Smith, Daniel	57	BWAQ-36	2:57.65
r:+0.79	34.77	50.61	50.66	41.61
4	Stevens, Thomas	58	TACM-36	5:20.93
	1:11.67	1:26.09	1:34.87	1:08.30

Men 55-59 400 LC Meter IM**WORLD: 5:01.81 W 4/23/2015 Marcus MATTIOLI****Natl: 5:04.07 N 7/26/2009 MICHAEL MANN****ZON: 5:41.42 Z 5/31/2014 Patrick Allender****PNA: 5:44.32 P 8/17/2016 LYLE A NALLI**

1	Phillips, Daniel	56	LWM-36	5:39.53Z
r:+0.82	36.70	39.68	46.24	44.02
	48.17	48.80	39.14	36.78
2	Stevens, Thomas	58	TACM-36	11:23.53
	1:15.66	1:43.65	4:31.65	
			1:13.49	1:10.34

Men 60-64 50 LC Meter Freestyle**WORLD: 25.23 W 8/7/2006 Richard ABRAHAMS****Natl: 25.23 N 8/10/2006 RICHARD ABRAHAMS****ZON: 27.21 Z 7/15/2017 Donald Graham****PNA: 27.21 P 7/14/2017 DONALD GRAHAM**

1	Glenn, Tim	63	OPA-32	31.98
	r:+0.82			
2	Macias, Jesse	61	UC35-35	1:35.12

Men 60-64 100 LC Meter Freestyle**WORLD: 57.79 W 6/14/2014 Jack GROSELLE****Natl: 57.79 N 6/14/2014 JACK GROSELLE****ZON: 59.04 Z 8/17/2014 Rick Colella****PNA: 59.04 P 8/17/2014 RICK COLELLA**

1	Glenn, Tim	63	OPA-32	1:13.26
r:+0.84	34.62	38.64		
2	Macias, Jesse	61	UC35-35	4:01.18
	1:47.91	2:13.27		

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Men 60-64 200 LC Meter Freestyle

WORLD: 2:07.68 W 8/6/2017 Dan STEPHENSON
Natl: 2:07.68 N 8/6/2017 DAN STEPHENSON
ZON: 2:14.52 Z 8/11/2013 Larry Krauser
PNA: 2:20.55 P 8/8/2010 ALAN BELL

1 Glenn, Tim	63 OPA-32	2:42.06
r:+0.86	35.94 40.36 43.63 42.13	
2 Helm, Charlie	63 OREG-37	4:06.13
	55.08 1:03.26 1:05.10 1:02.69	

Men 60-64 400 LC Meter Freestyle

WORLD: 4:36.85 W 8/4/2017 Dan STEPHENSON
Natl: 4:36.85 N 8/4/2017 DAN STEPHENSON
ZON: 4:58.33 Z 4/25/2008 Steve Johnson
PNA: 5:02.93 P 7/8/2012 SCOTT LAUTMAN

1 Glenn, Tim	63 OPA-32	5:47.63
r:+0.81	38.50 42.99 44.22 43.80	
	44.07 45.57 44.81 43.67	
2 Helm, Charlie	63 OREG-37	8:41.74
	55.96 1:03.22 1:06.86 1:07.71	
	1:08.15 1:08.68 1:07.52 1:03.64	

Men 60-64 800 LC Meter Freestyle

WORLD: 9:29.70 W 8/12/2018 Andrew BRAY
Natl: 9:29.70 N 8/12/2018 ANDREW BRAY
ZON: 10:13.7 Z 8/11/2013 Larry Krauser
PNA: 10:16.8 P 8/10/2006 JAMES MCCLEERY

1 Underbrink, Dan	63 TWIM-36	13:24.06
	42.06 49.59 51.62 51.10	
	51.44 51.18 51.81 51.40	
	51.38 51.68 50.76 51.02	
	50.60 48.59 52.46 47.37	

Men 60-64 50 LC Meter Backstroke

WORLD: 30.63 W 8/2/2018 Andre STEYNBERG
Natl: 30.63 N 8/2/2018 ANDRE STEYNBERG
ZON: 31.71 Z 8/17/2014 Donald Graham
PNA: 31.71 P 8/17/2014 DONALD GRAHAM

1 Howell, Richard	60 OREG-37	42.72
	r:+0.84	
2 Helm, Charlie	63 OREG-37	1:03.20
	r:+0.93	
3 Macias, Jesse	61 UC35-35	1:33.75
	r:+0.83	

Men 60-64 100 LC Meter Backstroke

WORLD: 1:07.08 W 6/3/2017 Vladimir GORKOV
Natl: 1:07.85 N 7/31/2016 TOM BARTON
ZON: 1:11.02 Z 8/5/2014 Donald Graham
PNA: 1:11.02 P 8/9/2014 DONALD GRAHAM

1 Howell, Richard	60 OREG-37	1:29.05
r:+0.81	44.16 44.89	
2 Underbrink, Dan	63 TWIM-36	1:37.57
	47.53 50.04	

Men 60-64 200 LC Meter Backstroke

WORLD: 2:28.37 W 9/1/2018 Djan MADRUGA
Natl: 2:28.37 N 7/30/2016 TOM BARTON
ZON: 2:36.95 Z 4/14/2013 Wes Edwards
PNA: 2:39.04 P 8/17/2016 DAVE HANNULA

1 Underbrink, Dan	63 TWIM-36	3:31.48
	49.96 55.75 55.01 50.76	

Men 60-64 50 LC Meter Breaststroke

WORLD: 32.80 W 4/17/2012 Stuart ELLICOTT
Natl: 32.87 N 6/13/2012 TIMOTHY SHEAD
ZON: 33.71 Z 8/17/2014 Rick Colella
PNA: 33.71 P 8/17/2014 RICK COLELLA

1 Howell, Richard	60 OREG-37	36.26
	r:+0.70	
2 Adcock, Richard	64 YPKC-36	46.47
3 Ikeda, Paul	60 ORCA-36	50.81

Men 60-64 100 LC Meter Breaststroke

WORLD: 1:13.38 W 8/8/2013 Rick COLELLA
Natl: 1:13.38 N 8/8/2013 RICK COLELLA
ZON: 1:13.38 Z 8/11/2013 Rick Colella
PNA: 1:13.38 P 8/7/2013 RICK COLELLA

1 Underbrink, Dan	63 TWIM-36	1:37.66
r:+0.92	47.47 50.19	
2 Ikeda, Paul	60 ORCA-36	1:55.63
	52.92 1:02.71	

Men 60-64 200 LC Meter Breaststroke

WORLD: 2:40.46 W 8/17/2014 Rick COLELLA
Natl: 2:40.46 N 8/17/2014 RICK COLELLA
ZON: 2:40.46 Z 8/17/2014 Rick Colella
PNA: 2:40.46 P 8/17/2014 RICK COLELLA

1 Underbrink, Dan	63 TWIM-36	3:33.24
	50.71 55.13 55.40 52.00	

Men 60-64 50 LC Meter Butterfly

WORLD: 27.65 W 5/6/2018 Hugo BREGMAN
Natl: 27.85 N 8/6/2017 TRIP HEDRICK
ZON: 28.14 Z 8/17/2014 Donald Graham
PNA: 28.14 P 8/17/2014 DONALD GRAHAM

1 Howell, Richard	60 OREG-37	34.02
	r:+0.71	
2 Glenn, Tim	63 OPA-32	35.93
	r:+0.79	
3 Adcock, Richard	64 YPKC-36	44.54
	r:+0.85	

Men 60-64 400 LC Meter IM

WORLD: 5:08.20 W 8/15/2014 Rick COLELLA
Natl: 5:08.20 N 8/15/2014 RICK COLELLA
ZON: 5:08.20 Z 8/17/2014 Rick Colella
PNA: 5:08.20 P 8/17/2014 RICK COLELLA

1 Underbrink, Dan	63 TWIM-36	7:28.09
	48.48 1:06.19 1:01.10 55.64	
	1:00.53 58.30 48.83 49.02	

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Men 65-69 50 LC Meter Freestyle

WORLD: 26.21 W 7/6/2018 Doug MARTIN
Natl: 26.21 N 7/6/2018 DOUG MARTIN
ZON: 27.65 Z 8/17/2008 Robert Smith
PNA: 27.70 P 8/2/2017 RICK COLELLA

1 Edwards, Wes 66 OREG-37 30.14
 r:+0.60

Men 65-69 200 LC Meter Freestyle

WORLD: 2:09.39 W 8/6/2017 Rick COLELLA
Natl: 2:09.39 N 8/6/2017 RICK COLELLA
ZON: 2:09.39 Z 8/6/2017 Rick Colella
PNA: 2:09.39 P 8/2/2017 RICK COLELLA

1 Larson, Allen 66 OREG-37 2:56.41
 41.32 44.47 46.02 44.60

Men 65-69 400 LC Meter Freestyle

WORLD: 4:37.70 W 8/4/2017 Rick COLELLA
Natl: 4:37.70 N 8/4/2017 RICK COLELLA
ZON: 4:37.70 Z 8/6/2017 Rick Colella
PNA: 4:37.70 P 8/2/2017 RICK COLELLA

1 Larson, Allen 66 OREG-37 6:25.43
 44.47 48.13 48.47 49.16
 49.92 49.35 49.08 46.85
 2 Baker, John 68 BAM-36 6:36.66
 r:+0.84 36.17 50.44 52.27 50.69
 56.95 58.56 46.38 45.20
 3 Hile, Laurence 69 BAM-36 9:16.30
 54.60 1:08.82 1:15.70 1:14.04
 1:12.99 1:11.29 1:13.32 1:05.54

Men 65-69 800 LC Meter Freestyle

WORLD: 10:11.3 W 6/14/2015 Jim MCCONICA
Natl: 10:11.3 N 6/14/2015 JIM MC CONICA
ZON: 10:25.9 Z 6/10/2007 Tom Landis
PNA: 10:39.2 P 8/9/2014 DAN KIRKLAND

1 Larson, Allen 66 OREG-37 13:03.08
 45.18 48.11 49.57 49.67
 49.98 49.34 50.41 49.76
 50.12 49.72 50.08 49.18
 49.75 48.22 48.83 45.16
 2 Hile, Laurence 69 BAM-36 18:44.22
 54.33 1:08.85 1:13.46 1:11.90
 1:12.67 1:12.61 1:10.62 1:12.15
 1:10.11 1:12.37 1:13.63 1:10.61
 1:11.94 1:11.80 1:12.56 1:04.61

Men 65-69 100 LC Meter Backstroke

WORLD: 1:09.79 W 7/8/2012 Hugh WILDER
Natl: 1:09.79 N 7/8/2012 HUGH WILDER
ZON: 1:17.50 Z 8/17/2008 Robert Smith
PNA: 1:20.52 P 8/23/2015 DAN KIRKLAND

1 Edwards, Wes 66 OREG-37 1:17.05Z
 r:+0.82 37.60 39.45

Men 65-69 50 LC Meter Breaststroke

WORLD: 33.30 W 8/19/2016 Rick COLELLA
Natl: 33.30 N 8/19/2016 RICK COLELLA
ZON: 33.30 Z 8/21/2016 Rick Colella
PNA: 33.30 P 8/17/2016 RICK COLELLA

--- Baker, John 68 BAM-36 DQ
 Head under for 2 or more strokes
 r:+0.71

Men 65-69 50 LC Meter Butterfly

WORLD: 28.54 W 6/27/2009 Josep CLARET
Natl: 28.68 N 8/16/2008 KEEFE LODWIG
ZON: 30.67 Z 8/11/2013 Fred Baird
PNA: 31.25 P 8/2/2017 RICK COLELLA

1 Brockbank, Doug 66 OREG-37 33.44
 r:+0.72

Men 65-69 100 LC Meter Butterfly

WORLD: 1:05.83 W 8/6/2017 Rick COLELLA
Natl: 1:05.83 N 8/6/2017 RICK COLELLA
ZON: 1:05.83 Z 8/6/2017 Rick Colella
PNA: 1:05.83 P 8/2/2017 RICK COLELLA

1 Brockbank, Doug 66 OREG-37 1:23.78
 r:+0.86 37.06 46.72

Men 65-69 200 LC Meter IM

WORLD: 2:25.22 W 8/19/2016 Rick COLELLA
Natl: 2:25.22 N 8/19/2016 RICK COLELLA
ZON: 2:25.22 Z 8/21/2016 Rick Colella
PNA: 2:25.22 P 8/17/2016 RICK COLELLA

1 Baker, John 68 BAM-36 3:04.53
 r:+0.80 35.85 49.47 54.64 44.57

Men 70-74 50 LC Meter Freestyle

WORLD: 27.71 W 8/7/2015 Richard ABRAHAMS
Natl: 27.71 N 8/7/2015 RICHARD ABRAHAMS
ZON: 30.26 Z 6/19/2004 David Radcliff
PNA: 30.53 P 8/17/2016 ROBERT T PILGER

1 Thompson, Doug 71 TACM-36 38.55
 2 Robinson, James 70 ORCA-36 43.50

Men 70-74 100 LC Meter Freestyle

WORLD: 1:03.32 W 8/8/2015 David QUIGGIN
Natl: 1:03.32 N 8/8/2015 DAVID QUIGGIN
ZON: 1:06.47 Z 7/27/2005 David Radcliff
PNA: 1:12.21 P 8/17/2016 ROBERT T PILGER

1 Robinson, James 70 ORCA-36 1:47.33
 r:+0.99 49.09 58.24

Men 70-74 100 LC Meter Freestyle Time Trial

WORLD: 1:03.32 W 8/8/2015 David QUIGGIN
Natl: 1:03.32 N 8/8/2015 DAVID QUIGGIN
ZON: 1:06.47 Z 7/27/2005 David Radcliff
PNA: 1:12.21 P 8/17/2016 ROBERT T PILGER

- Time Trial
 1 Kirkland, Dan 71 OREG-37 1:12.38

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Men 70-74 200 LC Meter Freestyle

WORLD: 2:23.30 W 7/31/2018 Fred SCHLICHER
Natl: 2:23.30 N 7/31/2018 FRED SCHLICHER
ZON: 2:24.22 Z 7/31/2018 Dan Kirkland
PNA: 2:24.22 P 7/28/2018 DAN L KIRKLAND

1	Kirkland, Dan	71	OREG-37	2:28.26
r:+0.72	34.55	37.83	38.84	37.04
2	Robinson, James	70	ORCA-36	3:57.16
	50.18	59.29	1:03.92	1:03.77

Men 70-74 400 LC Meter Freestyle

WORLD: 5:03.56 W 8/4/2018 Dan KIRKLAND
Natl: 5:03.56 N 8/4/2018 DAN KIRKLAND
ZON: 5:03.56 Z 8/4/2018 Dan Kirkland
PNA: 5:03.56 P 7/28/2018 DAN L KIRKLAND

1	McColly, Michael	74	LWM-36	5:57.96
	41.05	45.38	45.71	46.41
	45.78	45.83	45.18	42.62

Men 70-74 400 LC Meter Freestyle

WORLD: 5:03.56 W 8/4/2018 Dan KIRKLAND
Natl: 5:03.56 N 8/4/2018 DAN KIRKLAND
ZON: 5:03.56 Z 8/4/2018 Dan Kirkland
PNA: 5:03.56 P 7/28/2018 DAN L KIRKLAND

1	Kirkland, Dan	71	OREG-37	5:22.40
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Men 70-74 800 LC Meter Freestyle

WORLD: 10:37.7 W 7/28/2018 Dan KIRKLAND
Natl: 10:37.7 N 7/28/2018 DAN KIRKLAND
ZON: 10:37.7 Z 7/28/2018 Dan Kirkland
PNA: 10:37.7 P 7/28/2018 DAN L KIRKLAND

1	Kirkland, Dan	71	OREG-37	10:50.28
r:+0.82	37.37	39.87	40.42	40.32
	40.80	41.10	41.14	41.38
	41.31	41.47	41.19	41.56
	41.29	41.36	40.70	39.00
2	Robinson, James	70	ORCA-36	17:51.22
	1:08.29	1:08.11		
	1:08.92	1:08.05	1:08.66	1:06.12
	1:10.07	1:06.76	1:06.35	59.71
3	Brooks, Forest	72	AKMS-56	26:29.81
	1:30.49	1:37.66	1:39.66	1:38.02
	1:37.91	1:43.00	1:42.23	1:43.49
	1:42.47	1:40.51	1:42.22	1:43.40
	1:37.21	1:38.11	1:38.42	1:35.01

Men 70-74 50 LC Meter Backstroke

WORLD: 33.58 W 8/4/2017 Hugh WILDER
Natl: 33.58 N 8/4/2017 HUGH WILDER
ZON: 36.67 Z 8/1/2018 Dan Kirkland
PNA: 36.67 P 7/28/2018 DAN L KIRKLAND

1	Fogg, Stephen	71	SWYM-36	40.45
	r:+0.83			
2	Thompson, Doug	71	TACM-36	46.38
	r:+0.93			
3	Robinson, James	70	ORCA-36	52.85

Men 70-74 100 LC Meter Backstroke

WORLD: 1:13.49 W 8/6/2017 Hugh WILDER
Natl: 1:13.49 N 8/6/2017 HUGH WILDER
ZON: 1:19.45 Z 7/22/2018 Dan Kirkland
PNA: 1:19.45 P 7/20/2018 DAN L KIRKLAND

1	Spencer, Rick	71	PSM-36	1:30.52
r:+0.96	44.00	46.52		
2	Fogg, Stephen	71	SWYM-36	1:30.76
r:+0.83	43.88	46.88		
3	Warner, Frank	70	YPKC-36	1:32.51
r:+0.82	44.64	47.87		
4	Thompson, Doug	71	TACM-36	1:39.63
r:+0.92	48.20	51.43		
5	Brooks, Forest	72	AKMS-56	3:31.76
	1:39.44	1:52.32		

Men 70-74 200 LC Meter Backstroke

WORLD: 2:44.59 W 8/9/2013 Richard BURNS
Natl: 2:44.59 N 8/9/2013 RICHARD BURNS
ZON: 2:47.91 Z 7/30/2018 Dan Kirkland
PNA: 2:47.91 P 7/28/2018 DAN L KIRKLAND

1	Kirkland, Dan	71	OREG-37	2:49.31
r:+0.72	39.70	42.58	44.37	42.66
2	Spencer, Rick	71	PSM-36	3:15.08
r:+0.90	45.23	49.55	51.07	49.23
3	McColly, Michael	74	LWM-36	3:18.58
r:+0.88	48.64	50.86	50.67	48.41
4	Brooks, Forest	72	AKMS-56	7:33.20
	1:41.10	1:55.65	1:57.44	1:59.01

Men 70-74 50 LC Meter Breaststroke

WORLD: 36.68 W 8/19/2016 Robert STRAND
Natl: 36.68 N 8/19/2016 ROBERT STRAND
ZON: 36.68 Z 8/21/2016 Robert Strand
PNA: 39.27 P 8/2/2017 STEVEN B PETERSON

1	Thompson, Doug	71	TACM-36	48.10
2	Fogg, Stephen	71	SWYM-36	52.06
	r:+0.81			
3	Walker, Thomas	72	TWIM-36	1:11.37

Men 70-74 100 LC Meter Breaststroke

WORLD: 1:23.63 W 8/18/2016 Robert STRAND
Natl: 1:23.63 N 8/18/2016 ROBERT STRAND
ZON: 1:23.63 Z 8/21/2016 Robert Strand
PNA: 1:29.86 P 8/17/2016 STEVEN B PETERSON

1	Walker, Thomas	72	TWIM-36	2:39.31
	1:19.48	1:19.83		
2	Brooks, Forest	72	AKMS-56	3:51.03
	1:49.91	2:01.12		

Men 70-74 200 LC Meter Breaststroke

WORLD: 3:04.79 W 3/14/2009 Michael MALONEY
Natl: 3:07.26 N 8/21/2016 ROBERT STRAND
ZON: 3:07.26 Z 8/21/2016 Robert Strand
PNA: 3:17.88 P 8/2/2017 STEVEN B PETERSON

1	Walker, Thomas	72	TWIM-36	5:56.68
	1:19.64	1:27.53	1:36.97	1:32.54

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(Men 70-74 200 LC Meter Breaststroke)

2 Brooks, Forest 72 AKMS-56 7:36.47
 1:45.11 1:56.05 1:59.81 1:55.50

Men 70-74 200 LC Meter IM

WORLD: 2:45.60 W 5/3/2009 Barry YOUNG
Natl: 2:49.38 N 7/7/2018 FRED SCHLICHER
ZON: 2:54.06 Z 8/21/2016 Robert Strand
PNA: 3:13.38 P 7/28/2018 MICHAEL MCCOLLY

1 McColly, Michael 74 LWM-36 3:33.09
 49.38 52.59 1:06.72 44.40
 2 Fogg, Stephen 71 SWYM-36 3:38.54
 46.53 57.25 1:08.68 46.08
 3 Thompson, Doug 71 TACM-36 3:45.26
 49.54 56.63 1:03.72 55.37
 --- Walker, Thomas 72 TWIM-36 DNF
 Did not finish - Misc

Men 75-79 50 LC Meter Freestyle

WORLD: 29.70 W 8/1/2018 Richard BURNS
Natl: 29.70 N 8/1/2018 RICHARD BURNS
ZON: 30.28 Z 7/11/2009 David Radcliff
PNA: 35.44 P 8/17/2016 RONALD C JONES

1 Pilger, Robert 76 YPKC-36 31.61P

Men 75-79 100 LC Meter Freestyle

WORLD: 1:06.40 W 3/3/2018 Akira FUJIMAKI
Natl: 1:06.63 N 7/12/2009 DAVID RADCLIFF
ZON: 1:06.63 Z 7/11/2009 David Radcliff
PNA: 1:27.42 P 8/10/2006 BOB MILLER

1 Pilger, Robert 76 YPKC-36 1:17.40P
 r:+0.91 36.88 40.52

Men 75-79 400 LC Meter Freestyle

WORLD: 5:17.77 W 3/7/2009 David RADCLIFF
Natl: 5:17.77 N 3/7/2009 DAVID RADCLIFF
ZON: 5:17.77 Z 3/7/2009 David Radcliff
PNA: 6:17.76 P 8/10/2006 BOB MILLER

1 Durringer, Richard 78 UC36-36 8:02.35
 51.17 59.03 1:02.48 1:03.66
 1:02.99 1:02.96 1:01.72 58.34

Men 75-79 800 LC Meter Freestyle

WORLD: 11:07.9 W 7/10/2009 David RADCLIFF
Natl: 11:07.9 N 7/10/2009 DAVID RADCLIFF
ZON: 11:07.9 Z 7/11/2009 David Radcliff
PNA: 12:56.9 P 8/10/2006 BOB MILLER

1 Nordby, Michael 78 TACM-36 16:15.81
 57.25 1:01.31 1:02.29 1:02.70
 1:01.81 1:01.46 1:01.24 1:01.66
 1:01.34 1:01.15 1:00.97 1:01.36
 38.56 1:23.86 43.04 1:15.81

Men 75-79 50 LC Meter Backstroke

WORLD: 34.45 W 8/2/2018 Richard BURNS
Natl: 34.45 N 8/2/2018 RICHARD BURNS
ZON: 41.04 Z 8/23/2015 Chris Hiatt
PNA: 44.68 P 9/1/2015 WALT E REID

1 Nordby, Michael 78 TACM-36 52.06
 r:+0.85
 2 Durringer, Richard 78 UC36-36 54.01
 r:+0.96

Men 75-79 100 LC Meter Backstroke

WORLD: 1:17.17 W 7/31/2018 Richard BURNS
Natl: 1:17.17 N 7/31/2018 RICHARD BURNS
ZON: 1:28.02 Z 4/10/2016 Chris Hiatt
PNA: 1:34.32 P 7/8/2006 BOB MILLER

1 Nordby, Michael 78 TACM-36 1:51.05
 r:+0.84 55.60 55.45
 2 Durringer, Richard 78 UC36-36 2:00.59
 55.91 1:04.68

Men 75-79 200 LC Meter Backstroke

WORLD: 2:50.25 W 7/30/2018 Richard BURNS
Natl: 2:50.25 N 7/30/2018 RICHARD BURNS
ZON: 3:14.60 Z 8/23/2015 Chris Hiatt
PNA: 3:17.54 P 8/10/2006 BOB MILLER

1 Nordby, Michael 78 TACM-36 3:57.60
 r:+0.82 57.04 1:00.65 1:01.23 58.68
 2 Durringer, Richard 78 UC36-36 4:30.73
 1:01.61 1:06.85 1:12.39 1:09.88

Men 75-79 50 LC Meter Butterfly

WORLD: 32.17 W 7/31/2018 Richard BURNS
Natl: 32.17 N 7/31/2018 RICHARD BURNS
ZON: 39.02 Z 8/27/1995 Andrew Holden
PNA: 49.25 P 8/17/2016 RONALD C JONES

1 Pilger, Robert 76 YPKC-36 37.87Z

Men 75-79 200 LC Meter IM

WORLD: 2:59.01 W 8/7/2016 Mike FRESHLEY
Natl: 2:59.01 N 8/7/2016 MIKE FRESHLEY
ZON: 3:30.92 Z 8/14/2005 Bud Knowlton
PNA: 3:46.15 P 12/5/2015 DICK PETERSON

1 Pilger, Robert 76 YPKC-36 3:43.27P
 r:+0.82 40.95 1:05.30 1:11.41 45.61

Men 85-89 50 LC Meter Freestyle

WORLD: 33.94 W 3/2/2008 Keiji NAKAMURA
Natl: 35.77 N 8/15/1998 WOODY BOWERSOCK
ZON: 37.21 Z 7/10/2004 Andrew Holden
PNA: 46.70 P 8/1/1993 JIM PENFIELD

1 Fritz, Jack 86 ARIZ-48 54.00

Men 85-89 100 LC Meter Freestyle

WORLD: 1:23.25 W 6/6/2010 Frank PIEMME
Natl: 1:23.25 N 6/6/2010 FRANK PIEMME
ZON: 1:26.78 Z 7/7/2007 Willard Lamb
PNA: 1:57.56 P 6/16/1993 JIM PENFIELD

1 Fritz, Jack 86 ARIZ-48 2:23.65
 1:04.86 1:18.79

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Men 85-89 200 LC Meter Freestyle

WORLD: 3:03.50 W 7/1/2017 Roberto ALBERICHE
Natl: 3:07.03 N 6/26/2016 GRAHAM JOHNSTON
ZON: 3:16.95 Z 8/17/2008 Willard Lamb
PNA: 4:38.04 P 8/19/2001 GENE CROSSETT

1 Radcliff, David	85 OREG-37	3:12.86Z
43.58	47.22	50.98 51.08
2 Fritz, Jack	86 ARIZ-48	5:06.21
1:14.87	1:22.31	1:20.04 1:08.99

Men 85-89 400 LC Meter Freestyle

WORLD: 6:38.87 W 6/26/2016 Graham JOHNSTON
Natl: 6:38.87 N 6/26/2016 GRAHAM JOHNSTON
ZON: 7:06.36 Z 7/12/2008 Willard Lamb
PNA: 10:11.9 P 1978 ROBERT SIMMONDS

1 Fritz, Jack	86 ARIZ-48	12:10.74
1:21.81	1:33.21	1:41.19 1:36.46
1:38.11	1:37.90	1:19.63 1:22.43

Men 85-89 800 LC Meter Freestyle

WORLD: 14:23.3 W 7/9/2016 Graham JOHNSTON
Natl: 14:23.3 N 7/9/2016 GRAHAM JOHNSTON
ZON: 14:36.9 Z 4/4/2008 Willard Lamb
PNA: 20:41.6 P 8/19/2001 GENE CROSSETT

1 Fritz, Jack	86 ARIZ-48	26:29.28
1:33.77	1:49.68	1:50.46 1:38.30
1:37.64	1:46.17	1:33.55 1:33.25
		1:39.91 1:25.55
1:45.10	2:01.38	1:32.54 1:27.89

Men 85-89 100 LC Meter Breaststroke

WORLD: 1:49.64 W 5/27/2018 Patrick GALVIN
Natl: 1:51.79 N 7/24/2010 FRANK PIEMME
ZON: 2:23.06 Z 6/16/1993 Jim Penfield
PNA: 2:23.06 P 6/16/1993 JIM PENFIELD

1 Fritz, Jack	86 ARIZ-48	3:22.44
1:34.87	1:47.57	

Women 120-159 200 LC Meter Freestyle Relay

WORLD: 1:49.03 W 8/14/2015 TSUNAMI
S KNYAGININA, A FEOKTISTOVA, L YUDINA, I SHLEMOVA
Natl: 1:50.53 N 6/9/2013 N CAROLINA MASTERS
RUTH JONES, CELIA WOLFF, ALICIA UHL, ERIKA BRAUN
ZON: 1:52.53 Z 8/21/2016 OREG

J Asch, H Bambusch, M Moore, S Skinner
PNA: 2:05.75 P 8/23/1992 HUSK

T BENNETT, M LLOYD, A HEALEY, A RUST

1 BWAQ-36	A	2:25.24
1) Head, Tori W25	2) Chan, Chelsea W27	
3) Stribling Geldien, Gail	4) Kim, Nellis W49	
r:+0.70	43.33	30.65 37.96 33.30

Women 120-159 200 LC Meter Medley Relay

WORLD: 2:03.42 W 9/22/2013 KONAMI S L
A DOI, Y MIWA, J ONISHI, J ISHIKAWA
Natl: 2:04.19 N 8/23/1998 GOLD COAST MASTERS
B GARDNER, S GEYER, T MOLL, J HERRINGTON
ZON: 2:09.74 Z 8/21/2016 OREG
V Jenkins, A Blank, S Skinner, M Moore
PNA: 2:11.35 P 8/17/2016 PSM

A L COX, J FERRIES, P DINKEL, A J MOORHEAD

1 BWAQ-36	A	2:57.62
1) Head, Tori W25	2) Chan, Chelsea W27	
3) Stribling Geldien, Gail	4) r:0.37 Kim, Nellis W49	
r:+0.89	50.10	42.84 49.82 34.86

Women 160-199 200 LC Meter Freestyle Relay

WORLD: 1:48.44 W 8/8/2006 TEAM TYR
S HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE
Natl: 1:48.44 N 8/8/2006 TEAM TYR
C HART, C SAPPEY, A PETTIS-SCOTT, S VON DER LIPPE
ZON: 1:58.72 Z 8/10/2006 OREG

V Jenkins, K Roussain, D Buck, K Andrus-Hughes
PNA: 2:05.90 P 8/19/2001 PNA

D GLASSMAN, Z COURTNEY, C MC CAIG, A BERNHARD

1 TWIM-36	A	2:12.39
1) Wahlstrom, Colleen W43	2) Lickwala, Holly W43	
3) r:0.33 McPeak, Erin W39	4) Koppelberger, Tamara	
	32.70	31.20 33.70 34.79

Men 200-239 200 LC Meter Medley Relay

WORLD: 1:50.83 W 8/8/2006 COLORADO
S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS
Natl: 1:50.83 N 8/8/2006 COLORADO MASTERS
S WOOD, J GROSELLE, T HEDRICK, R ABRAHAMS
ZON: 2:01.98 Z 8/21/2016 OREG

V Jenkins, K Grote, G Duus, K Andrus-Hughes
PNA: 1:58.59 P 8/2/2017 PSM

M O NYGREN, R COLELLA, T S DOHERTY, M ALSBERG

1 TWIM-36	A	2:16.41
1) Jones, Brad M53	2) r:0.12 Haynie, Carl M59	
3) Carmosino, Vince M49	4) r:0.37 Barnes, Brent	
r:+0.72	33.28	35.58 29.88 37.67
2 TACM-36	A	3:11.53
1) Brown, Daniel M53	2) r:0.49 Castle, Matt M48	
3) r:0.27 Stevens, Thomas	4) Thompson, Doug M71	
r:+0.91	43.01	39.73 1:48.79

PNA LCM Meet, July 6, 2019, Sanction #: 369-S006
Weyerhaeuser King County Aquatic Center, Federal Way, WA
Results

Men 240-279 200 LC Meter Freestyle Relay
WORLD: 1:42.40 W 8/19/2016 SARASOTA Y SHARKS
S WOOD, D MARTIN, T HEDRICK, J GROSELLE
Natl: 1:42.40 N 8/19/2016 SARASOTA Y SHARKS
S WOOD, D MARTIN, T HEDRICK, J GROSELLE
ZON: 1:45.90 Z 8/17/2008 OREG
M Tennant, T Landis, R Smith, W Edwards
PNA: 1:48.27 P 8/17/2016 PSM
D GRAHAM, D HANNULA, R COLELLA, D PHILLIPS

1 TACM-36 A 2:22.30
 1) Nordby, Michael M78 2) r:0.53 Stevens, Thomas
 3) r:0.36 Thompson, Doug 4) Brown, Daniel M53
 r:+0.80 32.76 29.74 1:19.80
 2 BAM-36 A 2:51.40
 1) Baker, John M68 2) Nimb, Peter M55
 3) r:-0.03 Ward, Jonathan 4) Hile, Laurence M69
 45.01 54.32 38.28 33.79

Mixed 160-199 200 LC Meter Freestyle Relay
WORLD: 1:42.27 W 8/8/2006 TEAM TYR
J SMITH, R SAEGER, C SAPPEY, S HART
Natl: 1:42.27 N 8/8/2006 TEAM TYR
J SMITH, R SAEGER, C SAPPEY, S HART
ZON: 1:46.69 Z 8/21/2016 PSM
A Moorhead, S McIntyre, C Conroy, T Gray
PNA: 1:46.69 P 8/17/2016 PSM
A J MOORHEAD, S MCINTYRE, C CONROY, T O GRAY

1 TWIM-36 A 2:18.66
 1) Lickwala, Holly W43 2) r:0.39 Barnes, Brent
 3) Underbrink, Dan M63 4) r:0.48 McPeak, Erin W39
 31.58 37.77 34.50 34.81
 2 BWAQ-36 A 2:28.51
 1) Head, Tori W25 2) Smith, Daniel M57
 3) r:0.49 Chan, Chelsea 4) Condotta, Robert M56
 r:+0.84 44.69 33.24 30.81 39.77
 --- TACM-36 A DQ
 Early take-off swimmer #2
 1) York, Sandi W43 2) r:0.04 Thompson, Doug
 3) Gill, Laurel W30 4) r:0.16 Brown, Daniel
 r:+0.61 34.94 38.02 31.53 35.05

Mixed 160-199 200 LC Meter Medley Relay
WORLD: 1:55.32 W 8/14/2015 NEVA STARS
V PREDKIN, P LEBEDEV, A POLIAKOVA, O POZDNIKOVA
Natl: 1:58.35 N 8/10/2006 TEAM TYR
M MCCUE, M RUFFNER, R SMIT, S VON DER LIPPE
ZON: 2:00.86 Z 8/17/2008 OREG
V Jenkins, T Waud, A Delmage, E Wan
PNA: 2:02.99 P 7/8/2012 PNA
S WETSTONE, T DOHERTY, L A DAHL, K RICE

1 TWIM-36 B 2:34.51
 1) Koppelberger, Tamara 2) r:0.17 Haynie, Carl M59
 3) McPeak, Erin W39 4) Koppelberger, Jason
 r:+0.86 47.08 36.14 34.80 36.49
 2 BWAQ-36 A 2:42.34
 1) Stribling Geldien, Gail 2) r:0.35 Chan, Chelsea
 3) r:0.35 Smith, Daniel M57 4) r:0.29 Condotta, Robert
 r:+0.77 44.37 42.34 34.54 41.09

3 TACM-36 A 2:48.67
 1) York, Sandi W43 2) r:0.30 Brown, Daniel
 3) Gill, Laurel W30 4) Thompson, Doug M71
 r:+0.78 42.57 51.47 1:14.63

Mixed 200-239 200 LC Meter Freestyle Relay
WORLD: 1:44.96 W 8/8/2006 COLORADO
T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS
Natl: 1:44.96 N 8/10/2006 COLORADO MASTERS
T HEDRICK, K CROUCH, K GARNIER, R ABRAHAMS
ZON: 1:50.44 Z 8/10/2006 PNA
L Dahl, M Lippold, D Graham, R Jacobs
PNA: 1:50.44 P 8/10/2006 PNA
L DAHL, M LIPPOLD, D GRAHAM, R JACOBS

1 YPKC-36 A 2:37.71
 1) Adcock, Richard M64 2) Martin, Julene W41
 3) Busch, Bobbie W66 4) Bullock, J M51
 38.48 38.66 1:20.57

Mixed 200-239 200 LC Meter Medley Relay
WORLD: 1:59.99 W 8/18/2017 GUILDFORD CITY
M WARE, D BRYANT, M HODGSON, L COGGINS
Natl: 2:01.98 N 8/20/2016 OREGON MASTERS
V JENKINS, K GROTE, G DUUS, K ANDRUS-HUGHES
ZON: 2:01.98 Z 8/21/2016 OREG
V Jenkins, K Grote, G Duus, K Andrus-Hughes
PNA: 2:04.63 P 8/17/2016 PSM
M O NYGREN, D PHILLIPS, S MCINTYRE, A J MOORHEAD

1 TWIM-36 A 2:52.07
 1) Underbrink, Dan M63 2) Kassen, Elizabeth W67
 3) Lickwala, Holly W43 4) r:0.18 Barnes, Brent
 r:+0.81 42.49 55.84 35.14 38.60
 2 YPKC-36 A 2:55.81
 1) Busch, Bobbie W66 2) r:0.48 Scott, David M53
 3) Pilger, Robert M76 4) r:0.38 Martin, Julene
 r:+0.80 55.88 40.14 42.07 37.72

Mixed 240-279 200 LC Meter Medley Relay
WORLD: 2:08.11 W 8/20/2016 PUGET SOUND MASTERS
L DAHL, R COLELLA, D GRAHAM, C DAVIS
Natl: 2:08.11 N 8/20/2016 PUGET SOUND MASTERS
L DAHL, R COLELLA, D GRAHAM, C DAVIS
ZON: 2:08.11 Z 8/21/2016 PSM
L Dahl, R Colella, D Graham, C Davis
PNA: 2:08.11 P 8/17/2016 PSM
L A DAHL, R COLELLA, D GRAHAM, C M DAVIS

1 LWM-36 A 2:32.23
 1) McColly, Michael M74 2) r:0.41 Colella, Rick M68
 3) r:0.17 Colella, Mariel 4) Davis, Charlotte W69
 r:+0.87 44.00 34.95 41.75 31.53
 2 BAM-36 A 2:52.51
 1) Belt, Barbara W64 2) r:0.47 Baker, John M68
 3) Dumouchel, Denise W57 4) Nimb, Peter M55
 r:+0.75 50.68 40.51 50.86 30.46

