

ANACORTES
01-17-97
SHORT COURSE METER
P = P.N.A. RECORD
Z = NORTHWEST ZONE RECORD
N = NATIONAL RECORD
W = WORLD RECORD
S = SPLIT TIME
U = UNOFFICIAL TIME (1 WATCH)

WOMEN 19-24

100 M. FREE
AUDRA RESCHKE 23 PNA 1:06.94
100 M. BACK
AUDRA RESCHKE 23 PNA 1:17.43 Z
200 M. BACK
AUDRA RESCHKE 23 PNA 2:49.79

WOMEN 25-29

50 M. FREE
KARIN GARDNER 28 PNA 30.57
VERONICA BOWMAN 26 PNA 32.12
ANN LEMKE 27 PNA 32.65
ADRIENNE REARDON 29 PNA 35.76
KATHY MOORE 29 PNA 35.82

100 M. FREE
KAREN LEAHY 28 PNA 1:07.06
KARIN GARDNER 28 PNA 1:07.38
SHERRY VANSANT 26 PNA 1:08.40
VERONICA BOWMAN 26 PNA 1:09.96
ANN LEMKE 27 PNA 1:13.18
TAMMI KEELER 28 PNA 1:15.60
JULIE BARNARD 27 PNA 1:31.27

200 M. FREE
E.HENDERSON 26 PNA 2:26.42
TAMMI KEELER 28 PNA 2:38.32

400 M. FREE
KAREN LEAHY 28 PNA 5:04.09
SHERRY VANSANT 26 PNA 5:13.44
TAMMI KEELER 28 PNA 5:26.47

50 M. BACK
LINDA HEGERBERG 26 PNA 36.33
KATHY MOORE 29 PNA 44.61

100 M. BACK
KAREN LEAHY 28 PNA 1:19.35
KARIN GARDNER 28 PNA 1:23.75
ADRIENNE REARDON 29 PNA 1:30.66

200 M. BACK
KAREN LEAHY 28 PNA 2:47.64

50 M. BRST
LINDA HEGERBERG 26 PNA 38.56
ANN LEMKE 27 PNA 42.05
JULIE BARNARD 27 PNA 49.26
KATHY MOORE 29 PNA 52.64

100 M. BRST
LINDA HEGERBERG 26 PNA 1:23.93
SHERRY VANSANT 26 PNA 1:29.09
E.HENDERSON 26 PNA 1:29.45

50 M. FLY
KAREN LEAHY 28 PNA 35.26

100 M. FLY
SHERRY VANSANT 26 PNA 1:18.54
E.HENDERSON 26 PNA 1:18.58

100 M. I.M.
LINDA HEGERBERG 26 PNA 1:16.48
E.HENDERSON 26 PNA 1:18.69
SHERRY VANSANT 26 PNA 1:20.31
ANN LEMKE 27 PNA 1:21.63
VERONICA BOWMAN 26 PNA 1:22.16
KARIN GARDNER 28 PNA 1:22.78
ADRIENNE REARDON 29 PNA 1:28.65

200 M. I.M.
TAMMI KEELER 28 PNA 2:59.92

WOMEN 30-34

50 M. BRST
TARA CANNAVA 31 PNA 44.23

100 M. BRST
TARA CANNAVA 31 PNA 1:34.57
200 M. BRST
TARA CANNAVA 31 PNA 3:13.35 P
100 M. I.M.
TARA CANNAVA 31 PNA 1:30.95
200 M. I.M.
TARA CANNAVA 31 PNA 3:14.33

WOMEN 35-39

400 M. FREE
DONNA KEYSER 38 PNA 5:35.36
PATSY SCHIMMEL 35 OMAH 6:02.48

50 M. BRST
TONYA BERG 37 PNA 40.18
100 M. BRST
TONYA BERG 37 PNA 1:25.82 P
DONNA KEYSER 38 PNA 1:41.25

200 M. BRST
TONYA BERG 37 PNA 3:05.15 P
100 M. FLY
PATSY SCHIMMEL 35 OMAH 1:31.93
DONNA KEYSER 38 PNA 1:43.68

100 M. I.M.
TONYA BERG 37 PNA 1:26.98
DONNA KEYSER 38 PNA 1:33.03

200 M. I.M.
TONYA BERG 37 PNA 3:01.74
PATSY SCHIMMEL 35 OMAH 3:12.83

WOMEN 40-44

50 M. FREE
LESLIE HEZM 41 PNA 34.53
100 M. FREE
LESLIE HEZM 41 PNA 1:18.07

400 M. FREE
LESLIE HEZM 41 PNA 6:18.11
50 M. BACK
JESSE PACE 44 PNA 48.72

100 M. BACK
JESSE PACE 44 PNA 1:44.23
100 M. BRST
LANI DOELY 40 PNA 1:46.23

200 M. BRST
LANI DOELY 40 PNA 3:37.99
50 M. FLY
LESLIE HEZM 41 PNA 42.78
JESSE PACE 44 PNA 45.45

100 M. I.M.
LANI DOELY 40 PNA 1:39.28
JESSE PACE 44 PNA 1:39.51

200 M. I.M.
LANI DOELY 40 PNA 3:37.60
400 M. I.M.
LANI DOELY 40 PNA 7:23.33

WOMEN 45-49

50 M. BACK
KATHRINE CASEY 48 PNA 40.50 P
100 M. BACK
KATHRINE CASEY 48 PNA 1:27.38
CATHERINE BROOKS 48 PNA 1:34.08

200 M. BACK
KATHRINE CASEY 48 PNA 3:05.03
50 M. BRST
KATHRINE CASEY 48 PNA 41.83

100 M. BRST
KATHRINE CASEY 48 PNA 1:35.82
200 M. BRST
CATHERINE BROOKS 48 PNA 3:38.87

200 M. FLY
CATHERINE BROOKS 48 PNA 3:43.20
200 M. I.M.
CATHERINE BROOKS 48 PNA 3:21.76

400 M. I.M.
CATHERINE BROOKS 48 PNA 7:04.08

WOMEN 50-54

50 M. FREE
PINKY WALKER 54 PNA 36.54
JEANNE ENSIGN 50 PNA 46.09

100 M. FREE
JEANNE ENSIGN 50 PNA 1:35.71
200 M. FREE
JEANNE ENSIGN 50 PNA 3:30.75

400 M. FREE
JEANNE ENSIGN 50 PNA 7:11.40
50 M. BACK
PINKY WALKER 54 PNA 42.03 P

100 M. BACK
PINKY WALKER 54 PNA 1:33.29 P
50 M. BRST
GINGER PIERSON 50 MACO 41.06

100 M. BRST
GINGER PIERSON 50 MACO 1:28.00
200 M. BRST
GINGER PIERSON 50 MACO 3:12.08

100 M. I.M.
PINKY WALKER 54 PNA 1:34.46
200 M. I.M.
PINKY WALKER 54 PNA 3:28.71

WOMEN 65-69

100 M. BACK
JANET KAVADAS 65 PNA 2:12.98
200 M. BACK
JANET KAVADAS 65 PNA 4:48.11

50 M. BRST
JANET KAVADAS 65 PNA 1:05.51
400 M. I.M.
JANET KAVADAS 65 PNA 10:31.66 P

WOMEN 70-74

50 M. BRST
LIVIA WALKER 74 PNA 1:18.67
100 M. BRST
LIVIA WALKER 74 PNA 2:58.70

200 M. BRST
LIVIA WALKER 74 PNA 6:03.41

M E N 25-29

50 M. FREE
JACK HALLIGAN 28 PNA 26.71
DAN FROST 28 PNA 27.51
KERRY NESS 27 PNA 32.95

100 M. FREE
PAUL SKOGLUND 29 PNA 59.06
DAN FROST 28 PNA 1:00.23
JACK HALLIGAN 28 PNA 1:00.47
KERRY NESS 27 PNA 1:16.38

200 M. FREE
PAUL SKOGLUND 29 PNA 2:09.28
DAN FROST 28 PNA 2:15.42
JACK HALLIGAN 28 PNA 2:22.97

400 M. FREE
PAUL SKOGLUND 29 PNA 4:37.33
DAN FROST 28 PNA 4:50.42

50 M. BRST
KERRY NESS 27 PNA 40.62
100 M. FLY
PAUL SKOGLUND 29 PNA 1:05.27

100 M. I.M.
PAUL SKOGLUND 29 PNA 1:09.11
KERRY NESS 27 PNA 1:22.24

200 M. I.M.
DAN FROST 28 PNA 2:33.85
JACK HALLIGAN 28 PNA 2:50.70

M E N 30-34

50 M. FREE
DAVID NUNN 33 PNA 36.84
STEVEN FEYEDELEM 33 PNA 54.20

100 M. FREE
DAVID NUNN 33 PNA 1:17.86
200 M. FREE
DAVID NUNN 33 PNA 3:00.55
400 M. FREE
DAVID NUNN 33 PNA 6:18.38
100 M. BACK
STEVEN FEYEDELEM 33 PNA 3:37.37

M E N 35-39

50 M. FREE
CURT TROUPE 39 PNA 28.02
JIM BYFIELD 38 PNA 28.49
ERIC DYBDAHL 36 PNA 31.44
100 M. FREE
BERNIE KINGSLEY 38 PNA 1:00.90
CURT TROUPE 39 PNA 1:01.80
JIM BYFIELD 38 PNA 1:02.79
ERIC DYBDAHL 36 PNA 1:08.46
400 M. FREE
ERIC DYBDAHL 36 PNA 5:34.90
100 M. BRST
JIM BYFIELD 38 PNA 1:20.95
50 M. FLY
BERNIE KINGSLEY 38 PNA 29.88
CURT TROUPE 39 PNA 30.92
JIM BYFIELD 38 PNA 34.21
ERIC DYBDAHL 36 PNA 34.98
100 M. FLY
BERNIE KINGSLEY 38 PNA 1:06.98
100 M. I.M.
BERNIE KINGSLEY 38 PNA 1:09.91
JIM BYFIELD 38 PNA 1:13.82
200 M. I.M.
BERNIE KINGSLEY 38 PNA 2:38.50

M E N 40-44

50 M. FREE
DAVID SCHMALZ 42 PNA 28.22
100 M. FREE
DAVID SCHMALZ 42 PNA 1:03.75
100 M. BACK
DAVID SCHMALZ 42 PNA 1:19.38
200 M. BACK
GREGORY HARRISON 44 PNA 2:54.30
50 M. BRST
CLARK PACE 44 PNA 34.69
JIM WILLIAMS 40 PNA 35.00
GREGORY HARRISON 44 PNA 35.89
100 M. BRST
JIM WILLIAMS 40 PNA 1:17.30
GREGORY HARRISON 44 PNA 1:17.60
CLARK PACE 44 PNA 1:19.51
200 M. BRST
GREGORY HARRISON 44 PNA 2:45.04
JIM WILLIAMS 40 PNA 2:48.66
50 M. FLY
STEPHEN FREEBORN 41 PNA 31.31
DAVID SCHMALZ 42 PNA 31.93
100 M. FLY
STEPHEN FREEBORN 41 PNA 1:12.09
100 M. I.M.
STEPHEN FREEBORN 41 PNA 1:13.28
CLARK PACE 44 PNA 1:14.88
200 M. I.M.
GREGORY HARRISON 44 PNA 2:43.21
STEPHEN FREEBORN 41 PNA 2:45.53
400 M. I.M.
STEPHEN FREEBORN 41 PNA 5:47.35

M E N 45-49

400 M. FREE
FOREST BROOKS 49 PNA 8:23.77
100 M. BACK
FOREST BROOKS 49 PNA 2:56.23
200 M. BACK
FOREST BROOKS 49 PNA 6:17.85

100 M. BRST
DEMPSEY DYBDAL 47 PNA 1:57.17
FOREST BROOKS 49 PNA 2:45.05
200 M. BRST
IAN THOMPSON 47 PNA 2:56.76
FOREST BROOKS 49 PNA 5:32.45
100 M. I.M.
DEMPSEY DYBDAL 47 PNA 1:45.12
400 M. I.M.
IAN THOMPSON 47 PNA 5:46.91

M E N 50-54

50 M. FREE
MICHAEL VEITH 50 PNA 29.25
STEVEN PETERSON 50 PNA 31.84
100 M. FREE
MICHAEL VEITH 50 PNA 1:09.41
STEVEN PETERSON 50 PNA 1:09.41
400 M. FREE
JIM MCCLEERY 51 PNA 5:04.40
50 M. BRST
STEVEN PETERSON 50 PNA 36.88 P
100 M. BRST
STEVEN PETERSON 50 PNA 1:22.46 P
50 M. FLY
NICK LECLERCQ 50 PNA 28.57 W
PAUL MONOHON 51 PNA 30.04
100 M. FLY
NICK LECLERCQ 50 PNA 1:04.04 W
PAUL MONOHON 51 PNA 1:09.82
200 M. FLY
NICK LECLERCQ 50 PNA 2:28.11NW
100 M. I.M.
JIM MCCLEERY 51 PNA 1:14.74
STEVEN PETERSON 50 PNA 1:17.46
200 M. I.M.
JIM MCCLEERY 51 PNA 2:44.35
PAUL MONOHON 51 PNA 2:51.89

M E N 55-59

100 M. FREE
STEVE THRASHER 55 PNA 1:06.39 Z
200 M. FREE
STEVE THRASHER 55 PNA 2:22.32 Z
50 M. BACK
STEVE THRASHER 55 PNA 32.95 Z
100 M. FLY
STEVE THRASHER 55 PNA 1:14.73 P
100 M. I.M.
STEVE THRASHER 55 PNA 1:14.24 Z

M E N 60-64

50 M. FREE
KEN KOSTER 61 PNA 33.90
50 M. BACK
KEN KOSTER 61 PNA 41.64
100 M. BACK
KEN KOSTER 61 PNA 1:37.17
TOM FOLEY 62 PNA 1:53.04
200 M. BACK
TOM FOLEY 62 PNA 3:55.76
50 M. FLY
TOM FOLEY 62 PNA 51.58
200 M. I.M.
TOM FOLEY 62 PNA 3:57.74

M E N 65-69

50 M. FREE
DON ROSENTHAL 65 PNA 31.13 Z
BOB DORSE 65 PNA 33.11
100 M. FREE
BOB DORSE 65 PNA 1:19.54
HARVEY PROSSER 68 PNA 1:20.35
200 M. FREE
HARVEY PROSSER 68 PNA 3:00.92
400 M. FREE

HARVEY PROSSER 68 PNA 6:23.95
50 M. BRST
DON ROSENTHAL 65 PNA 43.44
100 M. I.M.
BOB DORSE 65 PNA 1:38.14
200 M. I.M.
BOB DORSE 65 PNA 3:56.43

M E N 70-74

50 M. FREE
ROY INGHAM 72 PNA 40.83
100 M. FREE
ROY INGHAM 72 PNA 1:34.89
200 M. FREE
ROY INGHAM 72 PNA 3:35.41 P
100 M. I.M.
ROY INGHAM 72 PNA 1:58.32

M E N 75-79

50 M. FREE
HAL YOUNG 75 PNA 49.82
200 M. FREE
HAL YOUNG 75 PNA 3:59.92
400 M. FREE
HAL YOUNG 75 PNA 8:23.77
50 M. BRST
HAL YOUNG 75 PNA 57.85

M E N 80-84

50 M. FREE
GENE CROSSETT 83 PNA 46.46
EVERETT CASSELL 83 PNA 1:00.00
100 M. FREE
GENE CROSSETT 83 PNA 1:49.35
200 M. FREE
GENE CROSSETT 83 PNA 3:54.09
400 M. FREE
GENE CROSSETT 83 PNA 8:19.49
EVERETT CASSELL 83 PNA 11:21.51
100 M. BACK
EVERETT CASSELL 83 PNA 3:26.64
50 M. BRST
EVERETT CASSELL 83 PNA 1:24.83
200 M. BRST
EVERETT CASSELL 83 PNA 7:08.79

RELAYS-WOMEN 200 M. FREE

100-119
KARIN GARDNER 28 PNA 2:05.39 Z
VERONICA BOWMAN 26
SHERRY VANSANT 26
ANN LEMKE 27

120-159
TAMMY KEELER 28 PNA 2:27.57
TARA CANNAVA 31
DONNA KEYSER 38
LANI DOELY 40

200-239
LESLIE HELM 41 PNA 2:57.06
JANET KAVADAS 65
JEANNE ENSIGN 50
JESSE PACE 44

RELAYS-WOMEN 200 M. MEDLEY

160-199
JESSE PACE 44 PNA 2:42.97 P
TONYA BERG 37
LESLIE HELM 41
DONNA KEYSER 38

RELAYS-M E N 200 M. FREE

160-199
HARVEY PROSSER 68 PNA 2:01.34
DAN FROST 28
JIM MCCLEERY 51
JACK HALLIGAN 28

280-319
GENE CROSSETT 83 PNA 3:10.00
EVERETT CASSELL 83
HAL YOUNG 75
CLARK PACE 44

RELAYS-M E N 200 M. MEDLEY

200-239
KEN KOSTER 61 PNA 2:21.95 P
DON ROSENTHAL 65
PAUL MONOHON 51
JIM MCCLEERY 51

RELAYS-MIXED 200 M. FREE

160-199
LESLIE HELM 41 PNA 2:09.44
TONYA BERG 37
CURT TROUPE 39
CLARK PACE 44

280-319
JEANNE ENSIGN 50 PNA 3:40.39 P
JANET KAVADAS 65
EVERETT CASSELL 83
GENE CROSSETT 83