

PNAOAK HARBOR
 09-26-98
 SHORT COURSE METER
 P = P.N.A. RECORD
 Z = NORTHWEST ZONE RECORD
 N = NATIONAL RECORD
 W = WORLD RECORD
 S = SPLIT TIME
 U = UNOFFICAL TIME (1 WATCH)

 WOMEN 19-24

100 M. FREE		
JEAN DILLON	24 PNA	1:07.40
100 M. BACK		
JEAN DILLON	24 PNA	1:24.00
100 M. BRST		
JEAN DILLON	24 PNA	1:21.16 Z
100 M. FLY		
JEAN DILLON	24 PNA	1:12.60 Z
200 M. I.M.		
JEAN DILLON	24 PNA	2:42.23 Z

 WOMEN 25-29

50 M. FREE		
Y.POEHLMAN	29 PNA	30.51
LINDA HEGERG	28 PNA	33.09
50 M. BACK		
LINDA HEGERG	28 PNA	36.36
Y.POEHLMAN	29 PNA	39.13
50 M. BRST		
LINDA HEGERG	28 PNA	38.75
Y.POEHLMAN	29 PNA	42.79
50 M. FLY		
Y.POEHLMAN	29 PNA	34.06
LINDA HEGERG	28 PNA	35.33
100 M. I.M.		
Y.POEHLMAN	29 PNA	1:15.57 P
LINDA HEGERG	28 PNA	1:18.45

 WOMEN 30-34

50 M. FREE		
SHARON FILIPOWSKI	32 PNA	30.88
KATHY MOORE	31 PNA	36.48
100 M. FREE		
GIGI BAKER	32 PNA	1:12.30
50 M. BACK		
SHARON FILIPOWSKI	32 PNA	41.65
KATHY MOORE	31 PNA	45.45
100 M. BACK		
GIGI BAKER	32 PNA	1:30.68
50 M. BRST		
SHARON FILIPOWSKI	32 PNA	42.79
KATHY MOORE	31 PNA	50.81
100 M. BRST		
GIGI BAKER	32 PNA	1:31.45
50 M. FLY		
SHARON FILIPOWSKI	32 PNA	35.50
KATHY MOORE	31 PNA	42.81
100 M. FLY		
GIGI BAKER	32 PNA	1:26.22
100 M. I.M.		
SHARON FILIPOWSKI	32 PNA	1:19.95
KATHY MOORE	31 PNA	1:37.40
200 M. I.M.		
GIGI BAKER	32 PNA	3:00.35

 WOMEN 35-39

50 M. FREE		
CAROLYN MATHEWS	36 PNA	30.48
100 M. FREE		
CYNTHIA HIRST	35 PNA	1:17.18
50 M. BACK		
CAROLYN MATHEWS	36 PNA	35.08
100 M. BACK		
CYNTHIA HIRST	35 PNA	1:26.59
50 M. BRST		

CAROLYN MATHEWS	36 PNA	43.70
100 M. BRST		
CYNTHIA HIRST	35 PNA	1:43.97
50 M. FLY		
CAROLYN MATHEWS	36 PNA	34.14
100 M. FLY		
CYNTHIA HIRST	35 PNA	1:26.01
100 M. I.M.		
CAROLYN MATHEWS	36 PNA	1:20.77
200 M. I.M.		
CYNTHIA HIRST	35 PNA	3:06.69

 WOMEN 40-44

50 M. FREE		
DEBBIE GLASSMAN	44 PNA	30.55 Z
CORAL BERNIER	43 PNA	35.98
JILL CLARK	43 PNA	42.53
100 M. FREE		
LYNN HOVDE	44 PNA	1:33.42
50 M. BACK		
DEBBIE GLASSMAN	44 PNA	40.06
CORAL BERNIER	43 PNA	43.66
JILL CLARK	43 PNA	50.70
100 M. BACK		
LYNN HOVDE	44 PNA	1:45.57
50 M. BRST		
DEBBIE GLASSMAN	44 PNA	44.20
CORAL BERNIER	43 PNA	47.99
JILL CLARK	43 PNA	49.20
100 M. BRST		
LYNN HOVDE	44 PNA	1:52.45
50 M. FLY		
DEBBIE GLASSMAN	44 PNA	33.00 Z
CORAL BERNIER	43 PNA	39.11
JILL CLARK	43 PNA	48.91
100 M. FLY		
LYNN HOVDE	44 PNA	1:43.79
100 M. I.M.		
DEBBIE GLASSMAN	44 PNA	1:20.15 P
CORAL BERNIER	43 PNA	1:26.17
JILL CLARK	43 PNA	1:45.88
200 M. I.M.		
LYNN HOVDE	44 PNA	3:42.96

 WOMEN 45-49

50 M. FREE		
KATHERINE CASEY	49 PNA	33.13
100 M. FREE		
JANE MOORE	47 PNA	1:36.62
50 M. BACK		
KATHERINE CASEY	49 PNA	39.80 P
100 M. BACK		
JANE MOORE	47 PNA	2:00.98
50 M. BRST		
KATHERINE CASEY	49 PNA	43.21
100 M. BRST		
JANE MOORE	47 PNA	2:08.77
50 M. FLY		
KATHERINE CASEY	49 PNA	38.63
100 M. FLY		
JANE MOORE	47 PNA	2:17.83
100 M. I.M.		
KATHERINE CASEY	49 PNA	1:31.32
200 M. I.M.		
JANE MOORE	47 PNA	4:12.09

 WOMEN 55-59

50 M. FREE		
FRANCESCA DRUM	57 PNA	39.15 Z
50 M. BACK		
FRANCESCA DRUM	57 PNA	49.74
50 M. BRST		
FRANCESCA DRUM	57 PNA	49.70 P
50 M. FLY		
FRANCESCA DRUM	57 PNA	52.24
100 M. I.M.		
FRANCESCA DRUM	57 PNA	1:44.02

 WOMEN 65-69

50 M. FREE		
JANET KAVADAS	67 PNA	59.84
50 M. BACK		
JANET KAVADAS	67 PNA	1:08.80
50 M. BRST		
JANET KAVADAS	67 PNA	1:07.02
50 M. FLY		
JANET KAVADAS	67 PNA	1:15.38 P
100 M. I.M.		
JANET KAVADAS	67 PNA	2:24.18

 WOMEN 75-79

100 M. FREE		
MARION CHADWICK	76 PNA	2:31.23
100 M. BACK		
MARION CHADWICK	76 PNA	3:12.74
100 M. BRST		
MARION CHADWICK	76 PNA	4:01.79
100 M. FLY		
MARION CHADWICK	76 PNA	5:10.32
200 M. I.M.		
MARION CHADWICK	76 PNA	7:31.16

 M E N 19-24

50 M. FREE		
DAVID AUSTIN	24 PNA	27.79
50 M. BACK		
DAVID AUSTIN	24 PNA	39.08
50 M. BRST		
DAVID AUSTIN	24 PNA	36.01
50 M. FLY		
DAVID AUSTIN	24 PNA	37.65
100 M. I.M.		
DAVID AUSTIN	24 PNA	1:18.60

 M E N 30-34

50 M. FREE		
DAN FROST	30 PNA	28.47
MICHAEL HENDERSON	31 PNA	28.90
RICH MCKEOWN	34 PNA	29.72
50 M. BACK		
DAN FROST	30 PNA	31.54
PATRICK GIBBS	33 PNA	33.90
MICHAEL HENDERSON	31 PNA	37.77
RICH MCKEOWN	34 PNA	38.85
50 M. BRST		
DAN FROST	30 PNA	35.66
PATRICK GIBBS	33 PNA	36.85
RICH MCKEOWN	34 PNA	39.61
MICHAEL HENDERSON	31 PNA	40.63
50 M. FLY		
DAN FROST	30 PNA	30.24
PATRICK GIBBS	33 PNA	30.97
RICH MCKEOWN	34 PNA	32.37
MICHAEL HENDERSON	31 PNA	33.69
100 M. I.M.		
DAN FROST	30 PNA	1:09.88
PATRICK GIBBS	33 PNA	1:11.91
MICHAEL HENDERSON	31 PNA	1:17.39
RICH MCKEOWN	34 PNA	1:18.60

 M E N 35-39

50 M. FREE		
BOB FISH	35 PNA	26.34
100 M. FREE		
ERIC DYBDAHL	38 PNA	1:09.46
50 M. BACK		
BOB FISH	35 PNA	31.16
100 M. BACK		
ERIC DYBDAHL	38 PNA	1:19.32
50 M. BRST		
BOB FISH	35 PNA	36.66
100 M. BRST		

ERIC DYBDAHL	38 PNA	1:43.91
50 M. FLY		
BOB FISH	35 PNA	30.32
100 M. FLY		
ERIC DYBDAHL	38 PNA	1:14.91
100 M. I.M.		
BOB FISH	35 PNA	1:08.16
200 M. I.M.		
ERIC DYBDAHL	38 PNA	2:57.80

M E N 40-44

50 M. FREE		
J.SCHAEFFER	41 PNA	29.50
JIM WILLIAMS	41 PNA	31.41
CHIP WATERBURY	43 PNA	43.39
100 M. FREE		
STEVE SUSSEX	43 PNA	58.57
STEPHEN FREEBORN	43 PNA	1:05.40
HUGH MOORE	44 PNA	1:09.18
50 M. BACK		
JIM WILLIAMS	41 PNA	37.59
J.SCHAEFFER	41 PNA	40.98
CHIP WATERBURY	43 PNA	49.97
100 M. BACK		
STEVE SUSSEX	43 PNA	1:08.03
STEPHEN FREEBORN	43 PNA	1:15.67
HUGH MOORE	44 PNA	1:20.75
50 M. BRST		
JIM WILLIAMS	41 PNA	35.78
J.SCHAEFFER	41 PNA	38.78
CHIP WATERBURY	43 PNA	53.70
100 M. BRST		
STEVE SUSSEX	43 PNA	1:17.91
HUGH MOORE	44 PNA	1:28.37
STEPHEN FREEBORN	43 PNA	1:29.18
50 M. FLY		
JIM WILLIAMS	41 PNA	32.35
J.SCHAEFFER	41 PNA	33.71
CHIP WATERBURY	43 PNA	53.70
100 M. FLY		
STEVE SUSSEX	43 PNA	1:05.10 P
HUGH MOORE	44 PNA	1:10.27
STEPHEN FREEBORN	43 PNA	1:10.86
100 M. I.M.		
JIM WILLIAMS	41 PNA	1:15.27
J.SCHAEFFER	41 PNA	1:23.09
CHIP WATERBURY	43 PNA	1:49.59
200 M. I.M.		
STEVE SUSSEX	43 PNA	2:24.43 P
STEPHEN FREEBORN	43 PNA	2:43.52
HUGH MOORE	44 PNA	2:44.74

M E N 45-49

50 M. FREE		
PETER CRUISE	46 CAN	29.15
BRIAN CARLTON	48 PNA	34.37
50 M. BACK		
PETER CRUISE	46 CAN	35.66
BRIAN CARLTON	48 PNA	44.74
50 M. BRST		
PETER CRUISE	46 CAN	35.18
50 M. FLY		
PETER CRUISE	46 CAN	33.02
BRIAN CARLTON	48 PNA	45.55
100 M. I.M.		
PETER CRUISE	46 CAN	1:13.57
BRIAN CARLTON	48 PNA	1:37.36

M E N 50-54

50 M. FREE		
GERRY PLUNKETT	52 PNA	38.09
50 M. BACK		
GERRY PLUNKETT	52 PNA	54.90
50 M. BRST		
GERRY PLUNKETT	52 PNA	49.44
50 M. FLY		
GERRY PLUNKETT	52 PNA	50.13

100 M. I.M.		
GERRY PLUNKETT	52 PNA	1:43.07

M E N 55-59

50 M. FREE		
WALT REID	58 PNA	34.99
50 M. BACK		
WALT REID	58 PNA	39.35
50 M. BRST		
WALT REID	58 PNA	41.16
50 M. FLY		
WALT REID	58 PNA	38.11
100 M. I.M.		
WALT REID	58 PNA	1:26.24

M E N 60-64

50 M. FREE		
DAVID ADDLEMAN	63 PNA	31.61
DAVE DRUM	63 PNA	32.23
100 M. FREE		
TOM FOLEY	64 PNA	1:52.20
50 M. BACK		
DAVE DRUM	63 PNA	40.71
DAVID ADDLEMAN	63 PNA	41.15
100 M. BACK		
TOM FOLEY	64 PNA	1:54.17
50 M. BRST		
DAVID ADDLEMAN	63 PNA	44.08
DAVE DRUM	63 PNA	45.12
100 M. BRST		
TOM FOLEY	64 PNA	1:58.60
50 M. FLY		
DAVE DRUM	63 PNA	37.37
DAVID ADDLEMAN	63 PNA	37.91
100 M. FLY		
TOM FOLEY	64 PNA	2:06.79
100 M. I.M.		
DAVE DRUM	63 PNA	1:25.56
DAVID ADDLEMAN	63 PNA	1:28.53
200 M. I.M.		
TOM FOLEY	64 PNA	4:06.41

M E N 70-74

100 M. FREE		
HARVEY PROSSER	70 PNA	1:33.34
100 M. BACK		
HARVEY PROSSER	70 PNA	1:55.81
100 M. BRST		
HARVEY PROSSER	70 PNA	2:06.84
100 M. FLY		
HARVEY PROSSER	70 PNA	1:56.44 P

M E N 90-94

50 M. FREE		
JIM PENFIELD	90 PNA	1:02.59 Z
50 M. BACK		
JIM PENFIELD	90 PNA	1:07.88 N
50 M. BRST		
JIM PENFIELD	90 PNA	1:12.98 N
50 M. FLY		
JIM PENFIELD	90 PNA	1:29.42 N