

OAK HARBOR			100 M. BACK			200 M. BRST		
11-17-96			JEANNE THIMM	33	OREG	1:33.87	KATHRINE CASEY	48 PNA 3:39.02
SHORT COURSE METER			50 M. FLY				100 M. I.M.	
P = P.N.A. RECORD			BARB THRASHER	31	PNA	32.35	KATHRINE CASEY	48 PNA 1:29.92
Z = NORTHWEST ZONE RECORD			100 M. I.M.				200 M. I.M.	
N = NATIONAL RECORD			CYNTHIA HIRST	33	PNA	1:25.35	KATHRINE CASEY	48 PNA 3:09.85
W = WORLD RECORD			200 M. I.M.					
S = SPLIT TIME			JEANNE THIMM	33	OREG	3:27.32		
U = UNOFFICAL TIME (1 WATCH)							-----	
			WOMEN 35-39				WOMEN 50-54	
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WOMEN 25-29			50 M. FREE				100 M. FREE	
-----			HOPE DEAN	37	PNA	38.83	J.VALLANDIGHAM	50 PNA 1:42.96
50 M. FREE			200 M. FREE				400 M. FREE	
TRISHA SCHWERZLER	29	PNA	JOANN BUSHNELL	39	PNA	3:38.91	JEANNE ENSIGN	50 PNA 7:10.40
KARIN GARDNER	28	PNA	400 M. FREE				800 M. FREE	
KAREN LEAHY	28	PNA	HOPE DEAN	37	PNA	6:23.88	JEANNE ENSIGN	50 PNA 14:50.48 S
VERONICA BOWMAN	26	PNA	MARIANNE HUNTER	38	PNA	7:13.25	1500 M. FREE	
INGELA THOMSEN	29	PNA	JOANN BUSHNELL	39	PNA	7:39.03	JEANNE ENSIGN	50 PNA 27:42.64
KATHY MOORE	29	PNA	800 M. FREE				100 M. BACK	
JULIE BARNARD	27	PNA	HOPE DEAN	37	PNA	13:13.36	GINGER PIERSON	50 MACO 1:27.23 Z
100 M. FREE			MARIANNE HUNTER	38	PNA	15:19.24	JEANNE ENSIGN	50 PNA 2:01.76
KARIN GARDNER	28	PNA	50 M. BRST				50 M. BRST	
200 M. FREE			HOPE DEAN	37	PNA	48.63	GINGER PIERSON	50 MACO 39.75 Z
INGELA THOMSEN	29	PNA	100 M. BRST				J.VALLANDIGHAM	50 PNA 48.60
VERONICA BOWMAN	26	PNA	JOANN BUSHNELL	39	PNA	1:45.75	100 M. BRST	
400 M. FREE			HOPE DEAN	37	PNA	1:48.95	GINGER PIERSON	50 MACO 1:27.34 Z
SHAUNA SIMPSON	25	OREG	-----				200 M. BRST	
KAREN LEAHY	28	PNA	WOMEN 40-44				J.VALLANDIGHAM	50 PNA 4:08.53
LINDA SANFIELD	25	PNA	-----				50 M. FLY	
800 M. FREE			50 M. FREE				JEANNE ENSIGN	50 PNA 1:00.28
AMY BARIBEAU	26	PNA	ELIN ZANDER	42	IEM	35.72	200 M. I.M.	
1500 M. FREE			MARCIA STOKE	41	PNA	37.45	GINGER PIERSON	50 MACO 3:02.30 Z
KAREN LEAHY	28	PNA	SHEILA SHANNON	40	PNA	39.98	-----	
50 M. BACK			100 M. FREE				WOMEN 60-64	
KATHY MOORE	29	PNA	SHEILA SHANNON	40	PNA	1:34.59	-----	
JULIE BARNARD	27	PNA	200 M. FREE				100 M. FREE	
100 M. BACK			ROBIN DURANT	40	IEM	3:15.17	CAROLYN BALDWIN	62 PNA 1:59.35
TRISHA SCHWERZLER	29	PNA	400 M. FREE				400 M. FREE	
KAREN LEAHY	28	PNA	ELIN ZANDER	42	IEM	5:43.38	CYNTHIA ROSIK	63 PNA 9:46.69
INGELA THOMSEN	29	PNA	800 M. FREE				50 M. BRST	
200 M. BACK			ELIN ZANDER	42	IEM	12:16.06 S	CYNTHIA ROSIK	63 PNA 1:01.74
INGELA THOMSEN	29	PNA	ROBIN DURANT	40	IEM	13:51.15	CAROLYN BALDWIN	62 PNA 1:02.04
50 M. BRST			1500 M. FREE				100 M. BRST	
AMY BARIBEAU	26	PNA	ELIN ZANDER	42	IEM	22:42.99	CYNTHIA ROSIK	63 PNA 2:18.11
JULIE BARNARD	27	PNA	100 M. BACK				200 M. BRST	
KATHY MOORE	29	PNA	ROBIN DURANT	40	IEM	1:48.41	CYNTHIA ROSIK	63 PNA 4:49.05
100 M. BRST			200 M. BACK				50 M. FLY	
VERONICA BOWMAN	26	PNA	ROBIN DURANT	40	IEM	3:59.01	CYNTHIA ROSIK	63 PNA 1:07.71
50 M. FLY			50 M. BRST				100 M. FLY	
TRISHA SCHWERZLER	29	PNA	LANI DOELY	40	PNA	46.44	CAROLYN BALDWIN	62 PNA 2:21.04
LINDA SANFIELD	25	PNA	SANDY MCNEEL	44	PNA	55.32	100 M. I.M.	
SHAUNA SIMPSON	25	OREG	50 M. FLY				CAROLYN BALDWIN	62 PNA 2:10.49
INGELA THOMSEN	29	PNA	ELIN ZANDER	42	IEM	39.81	CYNTHIA ROSIK	63 PNA 2:11.18
100 M. FLY			MARCIA STOKE	41	PNA	1:56.91	200 M. I.M.	
LINDA SANFIELD	25	PNA	200 M. BRST				CAROLYN BALDWIN	62 PNA 4:35.65
100 M. I.M.			LANI DOELY	40	PNA	3:40.43	-----	
LINDA SANFIELD	25	PNA	SANDY MCNEEL	44	PNA	4:26.71	WOMEN 65-69	
AMY BARIBEAU	26	PNA	50 M. FLY				-----	
200 M. I.M.			ELIN ZANDER	42	IEM	39.81	50 M. BACK	
LINDA SANFIELD	25	PNA	MARCIA STOKE	41	PNA	47.86	JANET KAVADAS	65 PNA 1:07.14
KAREN LEAHY	28	PNA	SHEILA SHANNON	40	PNA	47.91	50 M. BRST	
AMY BARIBEAU	26	PNA	100 M. I.M.				JANET KAVADAS	65 PNA 1:03.20
400 M. I.M.			LANI DOELY	40	PNA	1:39.52	100 M. I.M.	
SHAUNA SIMPSON	25	OREG	SHEILA SHANNON	40	PNA	1:48.57	JANET KAVADAS	65 PNA 2:17.36
-----			200 M. I.M.				200 M. I.M.	
WOMEN 30-34			SANDY MCNEEL	44	PNA	4:14.44	JANET KAVADAS	65 PNA 4:54.68
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50 M. FREE			WOMEN 45-49				WOMEN 70-74	
BARB THRASHER	31	PNA	-----				-----	
100 M. FREE			100 M. FREE				50 M. FREE	
JEANNE THIMM	33	OREG	KATHERINE CASEY	48	PNA	1:15.55	MURIEL FLYNN	73 PNA 47.97
CYNTHIA HIRST	33	PNA	200 M. FREE				200 M. FREE	
200 M. FREE			KATHRINE CASEY	48	PNA	2:49.80 S	MURIEL FLYNN	73 PNA 4:05.67 P
BARB THRASHER	31	PNA	400 M. FREE				50 M. BRST	
JEANNE THIMM	33	OREG	KATHRINE CASEY	48	PNA	5:46.42 S	MURIEL FLYNN	73 PNA 58.60 Z
400 M. FREE			800 M. FREE				100 M. BRST	
JEANNE THIMM	33	OREG	KATHRINE CASEY	48	PNA	11:42.41SZ	MURIEL FLYNN	73 PNA 2:11.02
50 M. BACK			1500 M. FREE				200 M. BRST	
CYNTHIA HIRST	33	PNA	KATHRINE CASEY	48	PNA	22:18.28	MURIEL FLYNN	73 PNA 4:35.95
							200 M. I.M.	

MURIEL FLYNN	73 PNA	4:32.69	Z	DAVID NUNN	33 PNA	1:20.27	50 M. FREE		
-----				200 M. FREE			STEVE WELLS	49 PNA	31.61
WOMEN 75-79				TERRY LEY	31 PNA	3:02.83	100 M. FREE		
-----				DAVID NUNN	33 PNA	3:06.91	STEVE WELLS	49 PNA	1:09.57
100 M. FREE				400 M. FREE			200 M. FREE		
MAXINE CARLSON	76 PNA	2:20.56		DAVID NUNN	33 PNA	6:19.42	STEVE WELLS	49 PNA	2:42.32
50 M. BACK				TERRY LEY	31 PNA	6:32.56	50 M. BACK		
MAXINE CARLSON	76 PNA	1:07.40		800 M. FREE			EDWARD ARTIS	46 PNA	38.21
100 M. I.M.				DAVID NUNN	33 PNA	13:33.83	50 M. BRST		
MAXINE CARLSON	76 PNA	2:43.64		50 M. BACK			ALLEN STARK	47 OREG	33.34 Z
200 M. I.M.				DAVID NUNN	33 PNA	48.28	EDWARD ARTIS	46 PNA	42.21
MAXINE CARLSON	76 PNA	5:50.27		-----			100 M. BRST		
-----				M E N 35-39			ALLEN STARK	47 OREG	1:14.04
WOMEN 80-84				-----			200 M. BRST		
-----				50 M. FREE			ALLEN STARK	47 OREG	2:46.11
100 M. FREE				MARK HEINRICH	39 PNA	29.23	50 M. FLY		
PAT MATTHIESEN	80 PNA	2:15.89	Z	G PASSINO	37 PNA	36.57	ALLEN STARK	47 OREG	30.97
50 M. BACK				200 M. FREE			BRUCE WHITTAKER	49 PNA	43.68
PAT MATTHIESEN	80 PNA	1:18.75		MARK HEINRICH	39 PNA	2:17.57	100 M. I.M.		
50 M. BRST				G PASSINO	37 PNA	3:05.76	EDWARD ARTIS	46 PNA	1:24.96
PAT MATTHIESEN	80 PNA	1:19.42	Z	400 M. FREE			-----		
100 M. FLY				MARK HEINRICH	39 PNA	5:00.89	M E N 50-54		
PAT MATTHIESEN	80 PNA	3:10.12	Z	GEORGE UNRUH	38 PNA	5:54.88	-----		
100 M. I.M.				100 M. BACK			400 M. FREE		
PAT MATTHIESEN	80 PNA	2:46.32	Z	JOHN ZELL	39 OREG	1:08.69	JIM MCCLEERY	50 PNA	5:06.66
200 M. I.M.				MARK HEINRICH	39 PNA	1:14.75	50 M. BRST		
PAT MATTHIESEN	80 PNA	6:02.39	Z	200 M. BACK			STEVEN PETERSON	50 PNA	37.32
-----				JOHN ZELL	39 OREG	2:29.81	200 M. BRST		
M E N 25-29				MARK HEINRICH	39 PNA	2:36.28	STEVEN PETERSON	50 PNA	2:58.49 P
-----				50 M. BRST			100 M. FLY		
50 M. FREE				PAT ALLENDER	38 OREG	37.41	PAUL MONOHON	51 PNA	1:08.06 Z
STEPHEN STONEHAM	25 OREG	27.38		100 M. BRST			JIM MCCLEERY	50 PNA	1:11.30
JOHN HALLIGAN	28 PNA	27.46		PAT ALLENDER	38 OREG	1:14.73	200 M. FLY		
MICHAEL HENDERSON	29 PNA	28.62		GEORGE UNRUH	38 PNA	1:23.34	PAUL MONOHON	51 PNA	2:57.24 Z
100 M. FREE				200 M. BRST			100 M. I.M.		
JOHN HALLIGAN	28 PNA	1:00.77		PAT ALLENDER	38 OREG	2:38.56	JIM MCCLEERY	50 PNA	1:14.98
STEPHEN STONEHAM	25 OREG	1:02.06		50 M. FLY			200 M. I.M.		
200 M. FREE				PAT ALLENDER	38 OREG	29.78	JIM MCCLEERY	50 PNA	2:40.95
PAUL SKOGLUND	29 PNA	2:10.68		100 M. I.M.			STEVEN PETERSON	50 PNA	2:51.48
DANIEL FROST	28 PNA	2:16.04		JIM BYFIELD	38 PNA	1:18.56	400 M. I.M.		
STEPHEN STONEHAM	25 OREG	2:16.17		200 M. I.M.			JIM MCCLEERY	50 PNA	5:45.38 P
JOHN HALLIGAN	28 PNA	2:23.48		PAT ALLENDER	38 OREG	2:25.21	-----		
MICHAEL HENDERSON	29 PNA	2:30.57		JIM BYFIELD	38 PNA	2:50.38	M E N 55-59		
400 M. FREE				400 M. I.M.			-----		
PAUL SKOGLUND	29 PNA	4:39.88		PAT ALLENDER	38 OREG	5:17.37	400 M. FREE		
STEPHEN STONEHAM	25 OREG	4:49.94		GEORGE UNRUH	38 PNA	5:44.40	STEVEN THRASHER	55 PNA	5:09.26 Z
MICHAEL HENDERSON	29 PNA	5:30.55		-----			800 M. FREE		
-----				M E N 40-44			STEVEN THRASHER	55 PNA	11:01.27SZ
STEPHEN STONEHAM	25 OREG	10:19.46	S	-----			1500 M. FREE		
DAN FROST	28 PNA	10:37.33	S	50 M. FREE			STEVEN THRASHER	55 PNA	20:33.33 Z
1500 M. FREE				PETER GILLIS	41 PNA	29.98	100 M. BACK		
STEPHEN STONEHAM	25 OREG	19:33.26		CHRIS SCHULZ	41 PNA	30.26	STEVEN THRASHER	55 PNA	1:11.04 N
DANIEL FROST	28 PNA	20:05.05		JOHN JOSEPH	40 PNA	31.14	200 M. BACK		
50 M. BACK				DAVID GOLDMAN	44 PNA	31.54	STEVEN THRASHER	55 PNA	2:37.05 N
DANIEL FROST	28 PNA	32.44		200 M. FREE			200 M. I.M.		
200 M. BACK				PETER GILLIS	41 PNA	2:28.50	STEVEN THRASHER	55 PNA	2:42.64 Z
DANIEL FROST	28 PNA	2:36.73		CHRIS SCHULZ	41 PNA	2:36.10	400 M. I.M.		
50 M. BRST				JOHN JOSEPH	40 PNA	2:36.56	STEVEN THRASHER	55 PNA	5:57.18 Z
TIMOTHY WAUD	29 OREG	35.20		400 M. FREE			-----		
100 M. BRST				PETER GILLIS	41 PNA	5:28.43	M E N 60-64		
TIMOTHY WAUD	29 OREG	1:16.98		JOHN JOSEPH	40 PNA	5:38.68	-----		
PAUL SKOGLUND	29 PNA	1:18.85		50 M. BRST			200 M. FREE		
200 M. BRST				JIM WILLIAMS	40 PNA	35.05	DAVID RADCLIFF	62 OREG	2:32.08 Z
TIMOTHY WAUD	29 OREG	2:49.33		JAMES LOUNSBURY	42 PNA	36.05	400 M. FREE		
50 M. FLY				100 M. BRST			DAVID RADCLIFF	62 OREG	5:30.60 Z
MICHAEL HENDERSON	29 PNA	33.77		JIM WILLIAMS	40 PNA	1:16.44	800 M. FREE		
100 M. I.M.				JAMES LOUNSBURY	42 PNA	1:19.71	DAVID RADCLIFF	62 OREG	11:41.41 S
TIMOTHY WAUD	29 OREG	1:08.23		200 M. BRST			FRED LOCKE	64 PNA	18:04.59 P
DANIEL FROST	28 PNA	1:08.68		JIM WILLIAMS	40 PNA	2:49.71	1500 M. FREE		
STEPHEN STONEHAM	25 OREG	1:13.02		50 M. FLY			DAVID RADCLIFF	62 OREG	21:47.84 Z
JOHN HALLIGAN	28 PNA	1:13.64		JAMES LOUNSBURY	42 PNA	32.31	200 M. BACK		
400 M. I.M.				JIM WILLIAMS	40 PNA	32.86	TOM FOLEY	62 PNA	4:02.94
DANIEL FROST	28 PNA	5:46.17		DAVID GOLDMAN	44 PNA	33.22	200 M. BRST		
-----				JOHN JOSEPH	40 PNA	35.00	TOM FOLEY	62 PNA	4:08.50
M E N 30-34				100 M. I.M.			100 M. FLY		
-----				JAMES LOUNSBURY	42 PNA	1:14.57	TOM FOLEY	62 PNA	2:09.75
50 M. FREE				-----			200 M. FLY		
TERRY LEY	31 PNA	34.80		M E N 45-49			TOM FOLEY	62 PNA	4:58.11
100 M. FREE				-----			400 M. I.M.		

TOM FOLEY	62 PNA	8:49.51	RELAYS-M E N 200 M. MEDLEY
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M E N 65-69			120-159
50 M. FREE			MARK HEINNICK 39 PNA 2:06.74
ERIC GUEST 67 OREG 33.48			BRAD LOUNSBURY 42
100 M. FREE			DAN FROST 28
ERIC GUEST 67 OREG 1:18.23			JACK HALLIGAN 28
BOB DORSE 65 PNA 1:20.02			CHRIS SCHULTZ 41 PNA 2:23.90
HARVEY PROSSER 68 PNA 1:23.75			MIKE HENDERSON 29
200 M. FREE			PETE GILLIS 41
HARVEY PROSSER 68 PNA 3:00.56			TERRY LEY 31
400 M. FREE			-----
HARVEY PROSSER 68 PNA 6:23.92			RELAYS-MIXED 200 M. FREE
1500 M. FREE			-----
HARVEY PROSSER 68 PNA 25:01.27 Z			100-119
50 M. FLY			TIMOTHY WAUD 29 OREG 2:01.61
ERIC GUEST 67 OREG 40.94			JEANNE THIMM 30
100 M. I.M.			SHANNA SIMPSON 25
BOB DORSE 65 PNA 1:35.23			STEVE STONEHAM 25
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M E N 70-74			LINDA SANDFIELD 25 PNA 2:02.94 P
50 M. FREE			HOPE DEAN 37
AUBREY DODD 73 IEM 51.60			JACK HALLIGAN 28
100 M. FREE			DAN FROST 28
AUBREY DODD 73 IEM 2:33.73			
200 M. FREE			
GILBERT YOUNG 74 OREG 3:09.83			
400 M. FREE			
GILBERT YOUNG 74 OREG 6:43.67			
800 M. FREE			
GILBERT YOUNG 74 OREG 13:56.51			
50 M. BACK			
JAMES WORREL 74 PNA 55.92			
AUBREY DODD 73 IEM 1:10.56			
50 M. BRST			
JAMES WORREL 74 PNA 49.87			
200 M. BRST			
JAMES WORREL 74 PNA 4:11.67 P			
50 M. FLY			
AUBREY DODD 73 IEM 1:13.06			
100 M. I.M.			
JAMES WORREL 74 PNA 1:50.64			
AUBREY DODD 73 IEM 2:38.29			
200 M. I.M.			
JAMES WORREL 74 PNA 4:09.50 P			
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M E N 75-79			
50 M. FREE			
HAL YOUNG 75 PNA 49.10			
200 M. FREE			
HAL YOUNG 75 PNA 3:57.06			
400 M. FREE			
HAL YOUNG 75 PNA 8:36.42			
800 M. FREE			
HAL YOUNG 75 PNA 19:16.20SZ			
1500 M. FREE			
HAL YOUNG 75 PNA 36:12.35 Z			
50 M. BRST			
HAL YOUNG 75 PNA 57.29 P			
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M E N 85-89			
400 M. FREE			
JIM PENFIELD 88 PNA 12:34.61SZ			
800 M. FREE			
JIM PENFIELD 88 PNA 25:53.48 Z			
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RELAYS-M E N 200 M. FREE			
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160-199			
STEVE WELLS 49 PNA 2:02.49			
HARVEY PROSSER 68			
JACK HALLIGAN 28			
DAN FROST 28			
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