

VAN-YMCA
 10-16-88
 SHORT COURSE METER
 P = P.N.A. RECORD
 R = REGIONAL RECORD
 N = NATIONAL RECORD
 W = WORLD RECORD
 U = UNOFFICIAL TIME (1 WATCH)

WOMEN 19-24

200 M. FREE
 ALISON ELIASON 24 PNA 3:13.88
 100 M. I.M.
 ALISON ELIASON 24 PNA 1:29.14
 200 M. I.M.
 ALISON ELIASON 24 PNA 3:09.00

WOMEN 25-29

50 M. FREE
 LAURA RAYNOLDS 29 PNA 41.63
 100 M. FREE
 TERESA REXROAT 29 PNA 1:21.24
 SHARON LYDA-RENZ 26 PNA 1:36.28
 200 M. FREE
 TERESA REXROAT 29 PNA 3:01.29
 100 M. BACK
 SHARON LYDA-RENZ 26 PNA 2:02.99
 50 M. BRST
 TERESA REXROAT 29 PNA 48.57
 LAURA RAYNOLDS 29 PNA 49.15
 100 M. BRST
 TERESA REXROAT 29 PNA 1:45.46
 SHARON LYDA-RENZ 26 PNA 2:01.00
 50 M. FLY
 SHARON LYDA-RENZ 26 PNA 53.72
 100 M. I.M.
 TERESA REXROAT 29 PNA 1:36.57
 SHARON LYDA-RENZ 26 PNA 1:54.15

WOMEN 35-39

50 M. FREE
 S BELK-KREBS 38 PNA 41.53
 100 M. FREE
 S BELK-KREBS 38 PNA 1:37.79
 200 M. FREE
 S BELK-KREBS 38 PNA 3:22.92
 400 M. FREE
 S BELK-KREBS 38 PNA 7:20.01

WOMEN 40-44

400 M. FREE
 CATHERINE BROOKS 40 DAM 6:09.61
 50 M. BACK
 CATHERINE BROOKS 40 DAM 41.27
 100 M. BACK
 CATHERINE BROOKS 40 DAM 1:30.27

400 M. I.M.
 CATHERINE BROOKS 40 DAM 6:35.44

WOMEN 50-54

100 M. FREE
 CAROLYN BALDWIN 54 PNA 1:47.86
 200 M. BACK
 CAROLYN BALDWIN 54 PNA 4:27.71
 100 M. FLY
 CAROLYN BALDWIN 54 PNA 2:10.66
 100 M. I.M.
 CAROLYN BALDWIN 54 PNA 1:56.88

WOMEN 55-59

50 M. BRST
 CYNTHIA ROSIK 55 PNA 55.33
 100 M. BRST
 CYNTHIA ROSIK 55 PNA 2:04.06
 100 M. I.M.
 CYNTHIA ROSIK 55 PNA 2:07.73
 200 M. I.M.
 CYNTHIA ROSIK 55 PNA 4:37.59 P

WOMEN 65-69

50 M. FREE
 MAXINE CARLSON 68 PNA 55.87
 100 M. FREE
 MAXINE CARLSON 68 PNA 2:05.78
 50 M. BACK
 MAXINE CARLSON 68 PNA 1:02.30
 100 M. BACK
 MAXINE CARLSON 68 PNA 2:14.28
 200 M. BACK
 MAXINE CARLSON 68 PNA 4:39.88

M E N 25-29

50 M. FLY
 JOHN ELIASON 27 PNA 29.07
 100 M. FLY
 JOHN ELIASON 27 PNA 1:06.71
 100 M. I.M.
 JOHN ELIASON 27 PNA 1:09.69

M E N 30-34

50 M. FREE
 JOHN UNDERBRINK 30 PNA 27.03
 STEVE MCNERNEY 34 PNA 28.36
 BILL RAYNOLDS 31 PNA 29.15
 100 M. FREE
 STEVE MCNERNEY 34 PNA 1:05.66
 50 M. BACK
 JOHN UNDERBRINK 30 PNA 34.90
 50 M. BRST
 BILL RAYNOLDS 31 PNA 35.65
 100 M. BRST

BILL RAYNOLDS 31 PNA 1:22.70
 50 M. FLY
 STEVE MCNERNEY 34 PNA 31.23
 JOHN UNDERBRINK 30 PNA 31.33
 200 M. FLY
 JOHN UNDERBRINK 30 PNA 2:41.28
 100 M. I.M.
 JOHN UNDERBRINK 30 PNA 1:13.48
 BILL RAYNOLDS 31 PNA 1:19.42

M E N 35-39

100 M. FREE
 CHUCK SPENCER 39 PNA 1:14.72
 400 M. FREE
 IAN THOMPSON 39 PNA 5:01.43
 50 M. BACK
 CHUCK SPENCER 39 PNA 44.34
 100 M. BRST
 IAN THOMPSON 39 PNA 1:17.23
 IAN THOMPSON 39 PNA 1:21.36
 CHUCK SPENCER 39 PNA 1:33.02
 100 M. FLY
 WAYNE METHNER 35 PNA 1:11.91 P
 100 M. I.M.
 WAYNE METHNER 35 PNA 1:15.79
 CHUCK SPENCER 39 PNA 1:31.50
 200 M. I.M.
 IAN THOMPSON 39 PNA 2:39.35
 WAYNE METHNER 35 PNA 2:44.18
 400 M. I.M.
 WAYNE METHNER 35 PNA 5:58.16

M E N 40-44

200 M. FREE
 FOREST BROOKS 41 PNA 4:31.97
 400 M. FREE
 FOREST BROOKS 41 PNA 9:47.76
 50 M. BACK
 FOREST BROOKS 41 PNA 1:09.93
 200 M. BACK
 FOREST BROOKS 41 PNA 5:10.53
 100 M. BRST
 FOREST BROOKS 41 PNA 2:38.82

M E N 45-49

100 M. BRST
 WALT INGRAM 45 PNA 1:31.31
 50 M. FLY
 WALT INGRAM 45 PNA 33.58
 400 M. I.M.
 WALT INGRAM 45 PNA 6:48.90

M E N 50-54

200 M. BACK
 TOM FOLEY 54 PNA 3:54.43
 200 M. BRST

TOM FOLEY	54 PNA	3:54.63
200 M. FLY		
TOM FOLEY	54 PNA	4:16.16
400 M. I.M.		
TOM FOLEY	54 PNA	7:05.29

M E N 60-64

50 M. FREE		
ROY INGHAM	63 PNA	38.41
100 M. FREE		
ROY INGHAM	63 PNA	1:29.07
50 M. BRST		
ROY INGHAM	63 PNA	51.17 P
100 M. BRST		
ROY INGHAM	63 PNA	1:56.81 P
50 M. FLY		
ROY INGHAM	63 PNA	48.36