

BANGOR  
03-21-99  
SHORT COURSE YARDS  
P = P.N.A. RECORD  
Z = NORTHWEST ZONE RECORD  
N = NATIONAL RECORD  
W = WORLD RECORD  
S = SPLIT TIME  
U = UNOFFICAL TIME (1 WATCH)

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WOMEN 19-24  
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100 YD. FREE		
LORRAINE EADIE	22 PNA	1:14.79
50 YD. BRST		
LORRAINE EADIE	22 PNA	43.66
100 YD. BRST		
LORRAINE EADIE	22 PNA	1:32.16
200 YD. BRST		
LORRAINE EADIE	22 PNA	3:15.60
50 YD. FLY		
LORRAINE EADIE	22 PNA	48.58
100 YD. I.M.		
LORRAINE EADIE	22 PNA	1:27.91

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WOMEN 25-29  
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50 YD. FREE		
CINDY SPRENGER	25 PNA	27.60
J. LONDERGAN	26 PNA	28.26
LINDA HEGERBERG	29 PNA	28.54
100 YD. FREE		
J. LONDERGAN	26 PNA	1:01.92
200 YD. FREE		
LINDA HEGERBERG	29 PNA	2:16.89
JANE VITKUSKE	28 PNA	2:21.45
CINDY SPRENGER	25 PNA	2:23.53
500 YD. FREE		
JANE VITKUSKE	28 PNA	6:19.27
1650 YD. FREE		
JANE VITKUSKE	28 PNA	22:06.15
50 YD. BACK		
J. LONDERGAN	26 PNA	32.16
JENNIFER LELAND	27 PNA	35.55
100 YD. BACK		
J. LONDERGAN	26 PNA	1:07.68
LINDA HEGERBERG	29 PNA	1:09.91
JENNIFER LELAND	27 PNA	1:16.60
KARI OSTERHAUG	27 PNA	1:36.62
200 YD. BACK		
JENNIFER LELAND	27 PNA	2:50.71
100 YD. BRST		
LINDA HEGERBERG	29 PNA	1:12.45
KARI OSTERHAUG	27 PNA	1:33.38
50 YD. FLY		
JENNIFER LELAND	27 PNA	34.44
JANE VITKUSKE	28 PNA	35.58
KARI OSTERHAUG	27 PNA	39.84
200 YD. FLY		
JENNIFER LELAND	27 PNA	3:00.08
100 YD. I.M.		
LINDA HEGERBERG	29 PNA	1:06.97
J. LONDERGAN	26 PNA	1:09.89
CINDY SPRENGER	25 PNA	1:16.71
KARI OSTERHAUG	27 PNA	1:27.42
200 YD. I.M.		
JENNIFER LELAND	27 PNA	2:46.66

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WOMEN 30-34  
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50 YD. FREE		
TRISH MIRANDA	30 SDSM	26.67
KARIN GARDNER	30 PNA	27.27
W. VAN DESOMPELE	32 PNA	29.20
JENNIFER SAMPSON	33 PNA	29.97
ALISON ELIASON	34 PNA	30.81
KATHY MOORE	32 PNA	32.27
CAROL TROUP	34 PNA	41.10
STACIE SINGLETON	32 PNA	42.76
100 YD. FREE		

TRISH MIRANDA	30 SDSM	57.72
KATHY MOORE	32 PNA	1:17.05
200 YD. FREE		
JENNIFER SAMPSON	33 PNA	2:19.80
ALISON ELIASON	34 PNA	2:30.23
JAMIE WHITNEY	34 PNA	2:39.30
CAROL TROUP	34 PNA	3:10.41
500 YD. FREE		
TRISH MIRANDA	30 SDSM	5:42.86
KARIN GARDNER	30 PNA	6:09.27
JENNIFER SAMPSON	33 PNA	6:14.69
CLARE PAINTER	30 PNA	6:41.81
KARLAN JESSEN	33 PNA	7:04.70
1000 YD. FREE		
W. VAN DESOMPELE	32 PNA	12:47.41
1650 YD. FREE		
KARIN GARDNER	30 PNA	21:14.11
50 YD. BACK		
KATHY MOORE	32 PNA	40.32
200 YD. BACK		
ALISON ELIASON	34 PNA	2:52.74
CLARE PAINTER	30 PNA	3:20.33
50 YD. BRST		
CLARE PAINTER	30 PNA	39.38
KATHY MOORE	32 PNA	47.06
100 YD. BRST		
JAMIE WHITNEY	34 PNA	1:22.45
CLARE PAINTER	30 PNA	1:23.15
W. VAN DESOMPELE	32 PNA	1:27.15
200 YD. BRST		
CLARE PAINTER	30 PNA	2:56.24
50 YD. FLY		
TRISH MIRANDA	30 SDSM	29.04
KARIN GARDNER	30 PNA	31.44
W. VAN DESOMPELE	32 PNA	33.23
KATHY MOORE	32 PNA	39.33
STACIE SINGLETON	32 PNA	52.87
100 YD. FLY		
TRISH MIRANDA	30 SDSM	1:05.37
200 YD. FLY		
TARA CANNAVA	33 PNA	3:01.89
100 YD. I.M.		
KARLAN JESSEN	33 PNA	1:17.12
ALISON ELIASON	34 PNA	1:18.67
JAMIE WHITNEY	34 PNA	1:20.09
CAROL TROUP	34 PNA	1:39.02
200 YD. I.M.		
TARA CANNAVA	33 PNA	2:55.08
CLARE PAINTER	30 PNA	2:59.91
400 YD. I.M.		
TARA CANNAVA	33 PNA	5:59.86

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WOMEN 35-39  
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50 YD. FREE		
JANE LINDLEY	37 PNA	29.25
KRIS SPEIR	35 PNA	29.89
100 YD. FREE		
WENDY HOFFMAN	36 PNA	1:12.41
200 YD. FREE		
LISA WILSON	37 PNA	2:09.36
500 YD. FREE		
LISA WILSON	37 PNA	5:47.24
50 YD. BACK		
WENDY HOFFMAN	36 PNA	41.32
100 YD. BACK		
JANE LINDLEY	37 PNA	1:17.95
JEAN HUCKINS	39 PNA	1:31.84
200 YD. BACK		
JEAN HUCKINS	39 PNA	3:19.43
100 YD. BRST		
LISA WILSON	37 PNA	1:18.03
ANNAMARIE TERHAAR	37 PNA	1:24.00
200 YD. BRST		
WENDY HOFFMAN	36 PNA	3:11.70
50 YD. FLY		
ANNAMARIE TERHAAR	37 PNA	32.75
KRIS SPEIR	35 PNA	33.50
200 YD. FLY		
WENDY HOFFMAN	36 PNA	3:14.66

100 YD. I.M.		
LISA WILSON	37 PNA	1:08.09
ANNAMARIE TERHAAR	37 PNA	1:16.44
KRIS SPEIR	35 PNA	1:17.05
200 YD. I.M.		
WENDY HOFFMAN	36 PNA	2:53.34
400 YD. I.M.		
WENDY HOFFMAN	36 PNA	6:05.39

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WOMEN 40-44  
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50 YD. FREE		
MARY LIPPOLD	43 PNA	27.25
LESLIE M. BEDE	43 PNA	30.81
KERRY SUSSEX	43 PNA	37.19
200 YD. FREE		
MARY LIPPOLD	43 PNA	2:11.55
KATHY HOFSTETTER	42 PNA	2:22.75
JAN BECKMAN	43 PNA	2:24.43
500 YD. FREE		
MARY LIPPOLD	43 PNA	5:57.94 P
JAN BECKMAN	43 PNA	6:26.79
KATHY HOFSTETTER	42 PNA	6:28.79
50 YD. BACK		
KERRY SUSSEX	43 PNA	41.96
100 YD. BACK		
CATHY COOLEY	41 PNA	1:11.95
KATHY HOFSTETTER	42 PNA	1:15.37
PHOEBE TERHAAR	42 PNA	1:19.87
200 YD. BACK		
CATHY COOLEY	41 PNA	2:31.04
KATHY HOFSTETTER	42 PNA	2:42.80
PHOEBE TERHAAR	42 PNA	2:50.96
50 YD. BRST		
TONYA BERG	40 PNA	36.48
LANI DOELY	43 PNA	41.10
KERRY SUSSEX	43 PNA	42.89
100 YD. BRST		
LANI DOELY	43 PNA	1:29.49
200 YD. BRST		
TONYA BERG	40 PNA	2:42.99 P
LANI DOELY	43 PNA	3:10.42
50 YD. FLY		
MARY LIPPOLD	43 PNA	30.20
CATHY COOLEY	41 PNA	32.53
100 YD. I.M.		
CATHY COOLEY	41 PNA	1:09.03
JAN BECKMAN	43 PNA	1:16.99
LANI DOELY	43 PNA	1:20.82
LESLIE M. BEDE	43 PNA	1:32.53
KERRY SUSSEX	43 PNA	1:33.03
200 YD. I.M.		
JAN BECKMAN	43 PNA	2:42.49
LANI DOELY	43 PNA	3:01.39
400 YD. I.M.		
LANI DOELY	43 PNA	6:24.06

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WOMEN 45-49  
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50 YD. FREE		
ELIZABETH SCOTT	47 PNA	34.11
CATHY BARMORE	48 PNA	34.24
100 YD. FREE		
JANIE LAYMAN	49 PNA	1:22.87
200 YD. FREE		
DEBBIE GLASSMAN	45 PNA	2:28.24
1650 YD. FREE		
JESSE PACE	46 PNA	28:19.96
50 YD. BACK		
JESSE PACE	46 PNA	40.35
JANIE LAYMAN	49 PNA	45.37
100 YD. BACK		
PAULA TERHAAR	46 PNA	1:29.51
JESSE PACE	46 PNA	1:30.19
JANIE LAYMAN	49 PNA	1:33.38
200 YD. BACK		
PAULA TERHAAR	46 PNA	3:10.17
JESSE PACE	46 PNA	3:10.68
JANIE LAYMAN	49 PNA	3:27.21
200 YD. BRST		

JANE MOORE 48 PNA 3:53.57  
 50 YD. FLY  
 DEBBIE GLASSMAN 45 PNA 29.91 Z  
 ELIZABETH SCOTT 47 PNA 41.89  
 PAULA TERHAAR 46 PNA 42.25  
 100 YD. FLY  
 DEBBIE GLASSMAN 45 PNA 1:12.12  
 200 YD. FLY  
 DEBBIE GLASSMAN 45 PNA 2:43.09 P  
 100 YD. I.M.  
 DEBBIE GLASSMAN 45 PNA 1:14.32  
 ELIZABETH SCOTT 47 PNA 1:28.47  
 PAULA TERHAAR 46 PNA 1:29.19  
 JESSE PACE 46 PNA 1:30.80  
 200 YD. I.M.  
 DEBBIE GLASSMAN 45 PNA 2:42.05  
 400 YD. I.M.  
 JESSE PACE 46 PNA 7:00.82

WOMEN 50-54

50 YD. FREE  
 KATHRINE CASEY 50 PNA 29.69  
 M. LEIGH JOHNSON 50 PNA 34.81  
 JETT VALLANDIGHAM 52 PNA 39.93  
 JEANNE ENSIGN 52 PNA 39.95  
 100 YD. FREE  
 SARAH WELCH 52 PNA 1:14.04  
 M. LEIGH JOHNSON 50 PNA 1:14.92  
 JETT VALLANDIGHAM 52 PNA 1:33.49  
 200 YD. FREE  
 JEANNE ENSIGN 52 PNA 3:06.38  
 500 YD. FREE  
 M. LEIGH JOHNSON 50 PNA 7:20.36  
 DEMPSEY DYBDAHL 50 PNA 8:20.08  
 JEANNE ENSIGN 52 PNA 8:23.86  
 1000 YD. FREE  
 JETT VALLANDIGHAM 52 PNA 18:52.60  
 1650 YD. FREE  
 JEANNE ENSIGN 52 PNA 28:14.16  
 50 YD. BACK  
 SALLY DILLON 52 PNA 40.91  
 100 YD. BACK  
 KATHRINE CASEY 50 PNA 1:17.18 P  
 SALLY DILLON 52 PNA 1:29.48  
 M. LEIGH JOHNSON 50 PNA 1:31.05  
 50 YD. BRST  
 SALLY DILLON 52 PNA 40.74  
 JETT VALLANDIGHAM 52 PNA 46.09  
 100 YD. BRST  
 KATHRINE CASEY 50 PNA 1:25.29  
 SALLY DILLON 52 PNA 1:30.13  
 DEMPSEY DYBDAHL 50 PNA 1:31.78  
 JETT VALLANDIGHAM 52 PNA 1:43.38  
 200 YD. BRST  
 SALLY DILLON 52 PNA 3:16.01  
 JETT VALLANDIGHAM 52 PNA 3:46.26  
 50 YD. FLY  
 KATHRINE CASEY 50 PNA 34.79  
 DEMPSEY DYBDAHL 50 PNA 42.06  
 100 YD. FLY  
 SARAH WELCH 52 PNA 1:29.24  
 200 YD. FLY  
 SARAH WELCH 52 PNA 3:14.74  
 100 YD. I.M.  
 KATHRINE CASEY 50 PNA 1:15.05 P  
 M. LEIGH JOHNSON 50 PNA 1:27.06  
 DEMPSEY DYBDAHL 50 PNA 1:29.94  
 200 YD. I.M.  
 SARAH WELCH 52 PNA 3:07.66  
 M. LEIGH JOHNSON 50 PNA 3:15.54  
 400 YD. I.M.  
 SARAH WELCH 52 PNA 6:41.49

WOMEN 55-59

50 YD. FREE  
 C. TYREE-DEWELL 55 PNA 33.33  
 JANET GETZENDANER 58 PNA 41.72  
 CHERYL DE GROOT 55 PNA 42.56

BARBARA YOUNG 57 PNA 45.44  
 100 YD. FREE  
 JANET GETZENDANER 58 PNA 1:37.93  
 200 YD. FREE  
 JANET GETZENDANER 58 PNA 3:39.87  
 50 YD. BACK  
 C. TYREE-DEWELL 55 PNA 39.31  
 JANET GETZENDANER 58 PNA 49.70  
 100 YD. BACK  
 CHERYL DE GROOT 55 PNA 1:47.56  
 JANET GETZENDANER 58 PNA 1:51.93  
 BARBARA YOUNG 57 PNA 2:08.57  
 200 YD. BACK  
 JANET GETZENDANER 58 PNA 4:02.60  
 50 YD. BRST  
 C. TYREE-DEWELL 55 PNA 41.59  
 50 YD. FLY  
 BARBARA YOUNG 57 PNA 59.12  
 100 YD. I.M.  
 C. TYREE-DEWELL 55 PNA 1:24.76 P  
 BARBARA YOUNG 57 PNA 2:07.99

WOMEN 65-69

50 YD. FREE  
 KAREN BRYCE 65 PNA 45.49  
 200 YD. FREE  
 JOAN SMITH 68 PNA 3:38.97  
 500 YD. FREE  
 JOAN SMITH 68 PNA 9:17.08  
 50 YD. BACK  
 JANET KAVADAS 67 PNA 1:02.10  
 50 YD. BRST  
 KAREN BRYCE 65 PNA 54.16  
 JANET KAVADAS 67 PNA 58.92  
 200 YD. BRST  
 JANET KAVADAS 67 PNA 4:35.31  
 200 YD. I.M.  
 JANET KAVADAS 67 PNA 4:25.34

WOMEN 70-74

50 YD. FREE  
 BETTY KERCHEVAL 74 PNA 49.73  
 50 YD. BRST  
 BETTY KERCHEVAL 74 PNA 1:05.12  
 100 YD. BRST  
 BETTY KERCHEVAL 74 PNA 2:22.77  
 50 YD. FLY  
 BETTY KERCHEVAL 74 PNA 51.46  
 100 YD. I.M.  
 BETTY KERCHEVAL 74 PNA 2:00.77  
 200 YD. I.M.  
 BETTY KERCHEVAL 74 PNA 4:26.83

WOMEN 75-79

50 YD. FREE  
 MURIEL FLYNN 76 PNA 46.54  
 NANCY LAWRENCE 76 PNA 1:02.16  
 200 YD. FREE  
 MARION CHADWICK 77 PNA 4:50.54  
 500 YD. FREE  
 MARION CHADWICK 77 PNA 12:52.02  
 1000 YD. FREE  
 MARION CHADWICK 77 PNA 25:56.47  
 200 YD. BACK  
 MARION CHADWICK 77 PNA 6:15.36  
 50 YD. BRST  
 MURIEL FLYNN 76 PNA 55.35  
 LIVIA WALKER 76 PNA 1:13.15  
 100 YD. BRST  
 MURIEL FLYNN 76 PNA 2:03.46  
 LIVIA WALKER 76 PNA 2:48.30  
 MARION CHADWICK 77 PNA 3:37.72  
 200 YD. BRST  
 MURIEL FLYNN 76 PNA 4:25.65  
 LIVIA WALKER 76 PNA 5:58.99  
 100 YD. I.M.  
 MURIEL FLYNN 76 PNA 2:02.21

NANCY LAWRENCE 76 PNA 2:34.48

WOMEN 80-84

50 YD. FREE  
 PAT MATTHIESEN 82 PNA 59.01  
 HELEN SCHUCHART 80 PNA 1:00.39  
 100 YD. FREE  
 HELEN SCHUCHART 80 PNA 2:16.94  
 200 YD. FREE  
 PAT MATTHIESEN 82 PNA 4:40.21  
 50 YD. BACK  
 HELEN SCHUCHART 80 PNA 1:16.55  
 100 YD. BACK  
 PAT MATTHIESEN 82 PNA 2:29.42  
 50 YD. BRST  
 HELEN SCHUCHART 80 PNA 1:32.78  
 100 YD. BRST  
 PAT MATTHIESEN 82 PNA 2:51.63 P  
 HELEN SCHUCHART 80 PNA 3:35.24  
 100 YD. I.M.  
 PAT MATTHIESEN 82 PNA 2:31.72  
 HELEN SCHUCHART 80 PNA 2:48.21

MEN 25-29

50 YD. FREE  
 JOHN SEMANICK 25 PNA 27.58  
 KERRY NESS 29 PNA 30.30  
 100 YD. FREE  
 JOHN SEMANICK 25 PNA 57.23  
 KERRY NESS 29 PNA 1:08.18  
 200 YD. FREE  
 JOHN SEMANICK 25 PNA 2:09.30  
 500 YD. FREE  
 JOHN SEMANICK 25 PNA 6:03.56  
 1650 YD. FREE  
 JOHN SEMANICK 25 PNA 22:01.87  
 50 YD. BACK  
 JOHN SEMANICK 25 PNA 35.65  
 50 YD. BRST  
 KERRY NESS 29 PNA 37.93  
 100 YD. BRST  
 KERRY NESS 29 PNA 1:22.78  
 200 YD. BRST  
 KERRY NESS 29 PNA 3:06.80  
 100 YD. I.M.  
 KERRY NESS 29 PNA 1:15.50

MEN 30-34

50 YD. FREE  
 PATRICK GIBBS 33 PNA 25.27  
 100 YD. FREE  
 STEVEN RUITER 34 PNA 51.86  
 200 YD. FREE  
 PATRICK GIBBS 33 PNA 2:04.18  
 ERIK STROM 32 TVM 2:06.26  
 JIM LASERSOHN 34 PNA 2:11.38  
 500 YD. FREE  
 JIM LASERSOHN 34 PNA 5:53.97  
 ERIK STROM 32 TVM 5:56.72  
 200 YD. BACK  
 ERIK STROM 32 TVM 2:19.04  
 100 YD. BRST  
 JIM LASERSOHN 34 PNA 1:10.88  
 PATRICK GIBBS 33 PNA 1:13.91  
 ERIK STROM 32 TVM 1:18.17  
 200 YD. BRST  
 STEVEN RUITER 34 PNA 2:24.86  
 50 YD. FLY  
 JIM LASERSOHN 34 PNA 27.88  
 200 YD. FLY  
 STEVEN RUITER 34 PNA 2:03.51  
 100 YD. I.M.  
 PATRICK GIBBS 33 PNA 1:05.21  
 JIM LASERSOHN 34 PNA 1:05.81  
 200 YD. I.M.  
 STEVEN RUITER 34 PNA 2:05.27

M E N 35-39

50 YD. FREE		
GEOFF WILWERDING	37 PNA	25.17
ANDY NORLANDER	35 PNA	28.90
BRAD PALMER	38 PNA	29.68
100 YD. FREE		
DAVID CHEATLE	39 PNA	1:20.31
200 YD. FREE		
MARK AMBERSON	38 PNA	1:52.17
GEOFF WILWERDING	37 PNA	1:59.69
JOHN PRIGGER	36 PNA	2:04.03
ERIC DYBDAHL	38 PNA	2:10.41
500 YD. FREE		
GEOFF WILWERDING	37 PNA	5:34.02
ERIC DYBDAHL	38 PNA	6:07.10
1000 YD. FREE		
GEOFF WILWERDING	37 PNA	11:26.17
1650 YD. FREE		
ERIC DYBDAHL	38 PNA	21:06.46
100 YD. BACK		
GEOFF ANDERSON	38 PNA	1:06.19
ANDY NORLANDER	35 PNA	1:23.68
200 YD. BACK		
ERIC DYBDAHL	38 PNA	2:29.82
50 YD. BRST		
DAVID CHEATLE	39 PNA	52.90
100 YD. BRST		
GEOFF ANDERSON	38 PNA	1:09.02
JOHN PRIGGER	36 PNA	1:11.25
200 YD. BRST		
LARRY DE GROEN	37 PNA	2:40.24
50 YD. FLY		
ANDY NORLANDER	35 PNA	32.99
BRAD PALMER	38 PNA	33.99
100 YD. I.M.		
GEOFF ANDERSON	38 PNA	1:01.74
BRAD PALMER	38 PNA	1:22.73
200 YD. I.M.		
LARRY DE GROEN	37 PNA	2:22.13
400 YD. I.M.		
LARRY DE GROEN	37 PNA	5:03.14

M E N 40-44

50 YD. FREE		
STEVE SUSSEX	43 PNA	23.58
JOHN SYLVESTER	42 PNA	24.62
FRANK LEONARD	44 PNA	25.38
MICHAEL SCHAEFFER	42 PNA	26.18
BRYAN SPARROWHAWK	43 PNA	26.18
LANCE CALISCH	43 PNA	28.93
GARY SEILHEIMER	41 PNA	28.96
GREGG METZLER	40 PNA	30.18
JAMES JACOBSON	44 PNA	32.46
100 YD. FREE		
STEVE SUSSEX	43 PNA	51.45
FRANK LEONARD	44 PNA	57.00
MICHAEL SCHAEFFER	42 PNA	58.57
CHIP WATERBURY	44 PNA	1:23.70
200 YD. FREE		
STEVE SUSSEX	43 PNA	1:57.97
PAUL VERNER	44 PNA	2:18.53
LANCE CALISCH	43 PNA	2:44.73
500 YD. FREE		
HUGH MOORE	44 PNA	5:56.91
PAUL VERNER	44 PNA	6:31.60
1000 YD. FREE		
HUGH MOORE	44 PNA	12:46.29
1650 YD. FREE		
MICHAEL SCHAEFFER	42 PNA	22:31.52
50 YD. BACK		
CHIP WATERBURY	44 PNA	47.19
100 YD. BACK		
PAUL VERNER	44 PNA	1:15.89
200 YD. BACK		
PAUL VERNER	44 PNA	2:45.00
50 YD. BRST		
FRANK LEONARD	44 PNA	35.69
JEFF COX	40 PNA	37.62

CHIP WATERBURY	44 PNA	45.73
100 YD. BRST		
BRYAN SPARROWHAWK	43 PNA	1:13.06
200 YD. BRST		
MICHAEL SCHAEFFER	42 PNA	2:50.74
JEFF COX	40 PNA	2:54.17
50 YD. FLY		
HUGH MOORE	44 PNA	28.35
JOHN SYLVESTER	42 PNA	28.66
GARY SEILHEIMER	41 PNA	29.48
MICHAEL SCHAEFFER	42 PNA	29.87
LANCE CALISCH	43 PNA	32.63
100 YD. FLY		
HUGH MOORE	44 PNA	1:03.44
200 YD. FLY		
HUGH MOORE	44 PNA	2:22.13
100 YD. I.M.		
STEVE SUSSEX	43 PNA	58.82
JOHN SYLVESTER	42 PNA	1:05.10
BRYAN SPARROWHAWK	43 PNA	1:07.76
FRANK LEONARD	44 PNA	1:07.77
GARY SEILHEIMER	41 PNA	1:08.14
LANCE CALISCH	43 PNA	1:17.16
200 YD. I.M.		
STEVE SUSSEX	43 PNA	2:16.66
400 YD. I.M.		
STEVE SUSSEX	43 PNA	4:35.99
HUGH MOORE	44 PNA	5:09.79
STEPHEN FREEBORN	43 PNA	5:10.22

M E N 45-49

50 YD. FREE		
RONALD JACOBS	47 PNA	25.10
STEVE MARSHALL	46 PNA	25.96
CLARK PACE	46 PNA	27.88
JEFF GROSS	48 PNA	27.94
200 YD. FREE		
STEVE MARSHALL	46 PNA	2:04.83
RONALD JACOBS	47 PNA	2:05.16
50 YD. BACK		
CLARK PACE	46 PNA	34.25
GREGORY HARRISON	47 PNA	34.84
100 YD. BACK		
RONALD JACOBS	47 PNA	1:03.14
JEFF GROSS	48 PNA	1:17.52
200 YD. BACK		
RONALD JACOBS	47 PNA	2:18.75
50 YD. BRST		
GREGORY HARRISON	47 PNA	33.29
CLARK PACE	46 PNA	34.20
200 YD. BRST		
GREGORY HARRISON	47 PNA	2:31.07
50 YD. FLY		
OLIVER PRESS	46 PNA	27.51
CLARK PACE	46 PNA	30.61
JEFF GROSS	48 PNA	32.55
100 YD. I.M.		
CLARK PACE	46 PNA	1:09.57
200 YD. I.M.		
GREGORY HARRISON	47 PNA	2:29.13

M E N 50-54

50 YD. FREE		
JIM MC CLEERY	53 PNA	27.30
MIKE KELF	53 PNA	30.62
GORDON GRAY	53 PNA	31.32
THOMAS HUGHES	53 PNA	36.33
100 YD. FREE		
FRANK WARNER	50 PNA	56.47
STEVE PETERSON	52 PNA	1:01.46
MIKE KELF	53 PNA	1:10.15
THOMAS HUGHES	53 PNA	1:20.23
200 YD. FREE		
FRANK WARNER	50 PNA	2:03.35 P
500 YD. FREE		
JIM MC CLEERY	53 PNA	5:45.95
MICHAEL MC COLLY	53 PNA	5:54.17
STEVE PETERSON	52 PNA	6:14.61

GORDON GRAY	53 PNA	6:50.01
1650 YD. FREE		
RICK STAFFORD	51 PNA	21:26.67
GORDON GRAY	53 PNA	23:42.63
50 YD. BACK		
FRANK WARNER	50 PNA	30.42
100 YD. BACK		
JIM MC CLEERY	53 PNA	1:09.43
200 YD. BACK		
FRANK WARNER	50 PNA	2:22.20
MICHAEL MC COLLY	53 PNA	2:31.08
GORDON GRAY	53 PNA	2:49.85
50 YD. BRST		
STEVE PETERSON	52 PNA	33.42
100 YD. BRST		
STEVE PETERSON	52 PNA	1:12.03
200 YD. BRST		
STEVE PETERSON	52 PNA	2:43.32
50 YD. FLY		
JIM MC CLEERY	53 PNA	29.48
THOMAS HUGHES	53 PNA	43.56
100 YD. I.M.		
JIM MC CLEERY	53 PNA	1:07.48
THOMAS HUGHES	53 PNA	1:41.48
200 YD. I.M.		
STEVE PETERSON	52 PNA	2:36.68
400 YD. I.M.		
MICHAEL MC COLLY	53 PNA	5:25.72
GORDON GRAY	53 PNA	6:04.03

M E N 55-59

500 YD. FREE		
LEE CARLSON	58 PNA	7:38.05
1650 YD. FREE		
ERIC HUTCHINSON	56 PNA	21:58.51
50 YD. BACK		
GARY CHASE	59 PNA	29.90
WALTER REID	58 PNA	36.11
LEE CARLSON	58 PNA	36.90
JAMES SHIELDS	56 PNA	36.93
100 YD. BACK		
GARY CHASE	59 PNA	1:08.68
WALTER REID	58 PNA	1:20.45
LEE CARLSON	58 PNA	1:21.63
200 YD. BACK		
LEE CARLSON	58 PNA	3:04.79
50 YD. BRST		
GARY CHASE	59 PNA	35.35
WALTER REID	58 PNA	36.40
JAMES SHIELDS	56 PNA	40.44
LEE CARLSON	58 PNA	41.34
100 YD. BRST		
GARY CHASE	59 PNA	1:19.17
WALTER REID	58 PNA	1:22.60
200 YD. BRST		
ERIC HUTCHINSON	56 PNA	2:54.38
50 YD. FLY		
GARY CHASE	59 PNA	30.58
100 YD. I.M.		
GARY CHASE	59 PNA	1:10.17
ERIC HUTCHINSON	56 PNA	1:13.45
200 YD. I.M.		
ERIC HUTCHINSON	56 PNA	2:42.29
JAMES SHIELDS	56 PNA	3:26.77

M E N 60-64

50 YD. FREE		
LOWELL JOHNSON	61 PNA	27.56
DAVID ADDLEMAN	64 PNA	29.19
100 YD. FREE		
DAVID ADDLEMAN	64 PNA	1:08.38
50 YD. BACK		
DAVID ADDLEMAN	64 PNA	38.26
100 YD. BACK		
TOM FOLEY	64 PNA	1:47.45
200 YD. BACK		
TOM FOLEY	64 PNA	3:41.05
100 YD. BRST		

TOM FOLEY 64 PNA 1:44.87  
 200 YD. BRST  
 TOM FOLEY 64 PNA 3:47.60  
 50 YD. FLY  
 LOWELL JOHNSON 61 PNA 33.52  
 DAVID ADDLEMAN 64 PNA 35.88  
 100 YD. I.M.  
 DAVID ADDLEMAN 64 PNA 1:18.90  
 LOWELL JOHNSON 61 PNA 1:37.86  
 200 YD. I.M.  
 TOM FOLEY 64 PNA 3:43.95

M E N 65-69

1650 YD. FREE  
 TOM TAYLOR 68 PNA 23:24.10

M E N 70-74

50 YD. FREE  
 HARVEY PROSSER 70 PNA 32.90  
 500 YD. FREE  
 HARVEY PROSSER 70 PNA 7:09.74 P  
 1650 YD. FREE  
 HARVEY PROSSER 70 PNA 24:46.14 Z

M E N 75-79

50 YD. FREE  
 HAL YOUNG 77 PNA 46.70  
 RUSSELL KNUDSEN 76 PNA 55.66  
 200 YD. FREE  
 HAL YOUNG 77 PNA 3:32.78  
 500 YD. FREE  
 HAL YOUNG 77 PNA 10:14.58  
 1650 YD. FREE  
 HAL YOUNG 77 PNA 34:45.10  
 100 YD. BACK  
 JAMES WORREL 76 PNA 1:46.07  
 50 YD. BRST  
 JAMES WORREL 76 PNA 46.51  
 100 YD. BRST  
 JAMES WORREL 76 PNA 1:44.18  
 RUSSELL KNUDSEN 76 PNA 2:45.27  
 200 YD. BRST  
 JAMES WORREL 76 PNA 3:53.71  
 50 YD. FLY  
 RUSSELL KNUDSEN 76 PNA 1:23.70  
 100 YD. I.M.  
 JAMES WORREL 76 PNA 1:42.98  
 RUSSELL KNUDSEN 76 PNA 2:36.69  
 200 YD. I.M.  
 JAMES WORREL 76 PNA 3:45.07 P

RELAYS-WOMEN 200 YD. FREE

19 +  
 LORRAINE EADIE 22 PNA 2:13.43  
 JENNIFER LELAND 27  
 TARA CANNAVA 33  
 CLARE PAINTER 30

25 +  
 KERRY SUSSEX 43 PNA 2:51.44  
 J. LONDERGAN 26  
 HELEN SCHUCHART 80  
 BETTY KERCHEVAL 74

35 +  
 JAN BECKMAN 43 PNA 2:10.74  
 LANI DOELY 43  
 TONYA BERG 40  
 WENDY HOFFMAN 36

45 +  
 DEBBIE GLASSMAN 45 PNA 2:14.93  
 JESSE PACE 46  
 M. LEIGH JOHNSON 50  
 JANIE LAYMAN 49

55 +  
 JANET KAVADAS 67 PNA 3:36.47  
 LIVIA WALKER 76  
 KAREN BRYCE 65  
 JANET GETZENDANER 58

RELAYS-WOMEN 200 YD. MEDLEY

19 +  
 JEAN HUCKINS 39 PNA 2:35.37  
 LORRAINE EADIE 22  
 LANI DOELY 43  
 KARI OSTERHAUG 27

25 +  
 JENNIFER LELAND 27 PNA 2:23.12  
 CLARE PAINTER 30  
 KATHY HOFSTETTER 42  
 JANE VITKUSKE 28

J. LONDERGAN 26 PNA 2:33.33  
 KERRY SUSSEX 43  
 ALISON ELIASON 34  
 CAROL TROUP 34

35 +  
 CATHY COOLEY 41 PNA 2:12.62  
 LISA WILSON 37  
 MARY LIPPOLD 43  
 JAN BECKMAN 43

45 +  
 JESSE PACE 46 PNA 2:27.88  
 PAULA TERHAAR 46  
 DEBBIE GLASSMAN 45  
 M. LEIGH JOHNSON 50

JANET GETZENDANER 58 PNA 3:44.96  
 LIVIA WALKER 76  
 JEANNE ENSIGN 52  
 KAREN BRYCE 65

RELAYS-M E N 200 YD. FREE

35 +  
 FRANK LEONARD 44 PNA 1:51.67  
 CLARK PACE 46  
 LARRY DE GROEN 37  
 JEFF COX 40

RELAYS-M E N 200 YD. MEDLEY

35 +  
 GEOFF ANDERSON 38 PNA 1:59.63  
 BRYAN SPARROWHAWK 43  
 JOHN SYLVESTER 42  
 FRANK LEONARD 44

ERIC DYBDAHL 38 PNA 2:11.21  
 HUGH MOORE 44  
 DAVID ADDLEMAN 64  
 GREGG METZLER 40

ANDY NORLANDER 35 PNA 2:12.93  
 JOHN PRIGGER 36  
 JAMES JACOBSON 44  
 STEVE PETERSON 52

45 +  
 MICHAEL MC COLLY 53 PNA 2:01.84  
 CLARK PACE 46  
 JEFF GROSS 48  
 RONALD JACOBS 47

RELAYS-MIXED 200 YD. FREE

19 +  
 LORRAINE EADIE 22 PNA 2:01.89  
 BRYAN SPARROWHAWK 43  
 GEOFF WILWERDING 37  
 JANIE LAYMAN 49

25 +  
 STEVE SUSSEX 43 PNA 1:48.23  
 MICHAEL SCHAEFFER 42  
 J. LONDERGAN 26  
 ALISON ELIASON 34

FRANK LEONARD 44 PNA 1:51.40  
 JOHN SEMANICK 25  
 CATHY COOLEY 41  
 KATHY HOFSTETTER 42

ANDY NORLANDER 35 PNA 1:59.99  
 JENNIFER SAMPSON 33  
 JANE LINDLEY 37  
 JAMES JACOBSON 44

JAMIE WHITNEY 34 PNA 2:04.94  
 STEVE PETERSON 52  
 JOHN PRIGGER 36  
 LYNN WELLS 45

35 +  
 JOHN SYLVESTER 42 PNA 1:43.17  
 GEOFF ANDERSON 38  
 MARY LIPPOLD 43  
 LISA WILSON 37

45 +  
 RONALD JACOBS 47 PNA 1:57.44  
 DEBBIE GLASSMAN 45  
 M. LEIGH JOHNSON 50  
 JEFF GROSS 48

MICHAEL MC COLLY 53 PNA 2:06.72  
 JESSE PACE 46  
 PAULA TERHAAR 46  
 CLARK PACE 46

55 +  
 CHERYL DE GROOT 55 PNA 2:43.34  
 MURIEL FLYNN 76  
 HAL YOUNG 77  
 LOWELL JOHNSON 61

RELAYS-MIXED 200 YD. MEDLEY

25 +  
 J. LONDERGAN 26 PNA 2:09.22  
 KERRY SUSSEX 43  
 STEVE SUSSEX 43  
 MICHAEL SCHAEFFER 42

JESSE PACE 46 PNA 2:13.21  
 CLARE PAINTER 30  
 STEVEN RUITER 34  
 JOHN SEMANICK 25

35 +  
 LANI DOELY 43 PNA 2:22.45  
 TONYA BERG 40  
 FRANK LEONARD 44  
 JEFF COX 40

45 +  
 JAMES SHIELDS 56 PNA 2:14.98  
 CLARK PACE 46  
 DEBBIE GLASSMAN 45  
 JANIE LAYMAN 49