

BANGOR			200 YD. FREE			NANCY LAWRENCE	71 SQM	2:09.11
03-20-94			KATHRINE CASEY	45 PNA	2:20.42	200 YD. FREE		
SHORT COURSE YARDS			500 YD. FREE			NANCY LAWRENCE	71 SQM	4:25.19
P = P.N.A. RECORD			KATHRINE CASEY	45 PNA	6:13.18	500 YD. FREE		
Z = NORTHWEST ZONE RECORD			ROBERTA MOORE	46 PNA	7:38.67	NANCY LAWRENCE	71 SQM	11:33.37
N = NATIONAL RECORD			50 YD. BACK			50 YD. BACK		
W = WORLD RECORD			CATHERINE BROOKS	45 AMSC	37.81	MURIEL FLYNN	71 PNA	53.68
S = SPLIT TIME			100 YD. BACK			200 YD. BACK		
U = UNOFFICAL TIME (1 WATCH)			CATHERINE BROOKS	45 AMSC	1:21.18	MAXINE CARLSON	74 PNA	4:30.93
-----			200 YD. BACK			200 YD. BRST		
WOMEN 18-24			CATHERINE BROOKS	45 AMSC	2:52.70	MURIEL FLYNN	71 PNA	3:59.95
-----			50 YD. BRST			50 YD. FLY		
200 YD. FREE			CATHERINE BROOKS	45 AMSC	44.15	MURIEL FLYNN	71 PNA	52.66
CRISTINE CASHATT			23 PNA			Z		
500 YD. FREE			KATHRINE CASEY	45 PNA	1:20.70	MAXINE CARLSON	74 PNA	1:15.74
CRISTINE CASHATT			23 PNA			100 YD. I.M.		
100 YD. BRST			CATHERINE BROOKS	45 AMSC	1:33.38	MAXINE CARLSON	74 PNA	2:19.12
CRISTINE CASHATT			23 PNA			-----		
200 YD. BRST			200 YD. BRST			WOMEN 80-84		
CRISTINE CASHATT			23 PNA			-----		
-----			KATHRINE CASEY	45 PNA	3:02.67	50 YD. BACK		
WOMEN 30-34			-----			MARION MUELLER	82 PNA	1:04.75
-----			WOMEN 50-54			100 YD. BACK		
100 YD. FREE			100 YD. FREE			MARION MUELLER	82 PNA	2:16.81
WENDY HOFFMAN			31 PNA			200 YD. BACK		
500 YD. FREE			FRANCESCA DRUM	52 SDSM	1:21.76	MARION MUELLER	82 PNA	4:50.98
WENDY HOFFMAN			31 PNA			100 YD. BRST		
BETH JOHNSON			33 SQM			MARION MUELLER	82 PNA	4:31.89
100 YD. BRST			FRANCESCA DRUM	52 SDSM	2:51.88	P		
WENDY HOFFMAN			31 PNA			-----		
100 YD. FLY			100 YD. BACK			M E N 25-29		
WENDY HOFFMAN			31 PNA			-----		
100 YD. I.M.			FRANCESCA DRUM	52 SDSM	1:30.48	50 YD. FREE		
WENDY HOFFMAN			31 PNA			DAN BALDERSON	26 PNA	24.69
BETH JOHNSON			33 SQM			JERRY BAUER	25 PNA	27.13
-----			50 YD. BRST			100 YD. FREE		
WOMEN 35-39			FRANCESCA DRUM	52 SDSM	42.82	JERRY BAUER	25 PNA	1:01.02
-----			100 YD. BRST			200 YD. FREE		
100 YD. FREE			FRANCESCA DRUM	52 SDSM	1:32.60	JERRY BAUER	25 PNA	2:15.72
KATIE BUCKNER			36 PNA			50 YD. BRST		
200 YD. FREE			-----			DAN BALDERSON	26 PNA	29.83
KATIE BUCKNER			36 PNA			100 YD. BRST		
500 YD. FREE			WOMEN 55-59			JERRY BAUER	25 PNA	1:19.25
KATIE BUCKNER			36 PNA			50 YD. FLY		
50 YD. BRST			100 YD. FREE			DAN BALDERSON	26 PNA	26.68
NANCY SPESER			37 SQM			JOHN KULSA	25 PNA	27.08
100 YD. I.M.			ANN GINDROZ	55 PNA	1:26.43	100 YD. I.M.		
KATIE BUCKNER			36 PNA			DAN BALDERSON	26 PNA	1:01.43
-----			CAROLYN BALDWIN	59 PNA	1:37.59	JOHN KULSA	25 PNA	1:03.40
WOMEN 40-44			200 YD. FREE			200 YD. I.M.		
-----			ANN GINDROZ	55 PNA	3:03.26	JOHN KULSA	25 PNA	2:19.39
50 YD. FREE			500 YD. FREE			-----		
DEBORAH BAGG			40 PNA			M E N 30-34		
100 YD. FREE			ANN GINDROZ	55 PNA	8:09.24	-----		
JANE MOORE			43 PNA			50 YD. FREE		
DEBORAH BAGG			40 PNA			SETH LA CHANCE	32 SQM	25.47
200 YD. FREE			50 YD. FLY			MARK VAN ACHE	34 PROC	25.59
DEBORAH BAGG			40 PNA			100 YD. FREE		
500 YD. FREE			CAROLYN BALDWIN	59 PNA	56.20	SETH LA CHANCE	32 SQM	56.51
DEBORAH BAGG			40 PNA			200 YD. FREE		
50 YD. BACK			100 YD. FLY			MARK VAN ACHE	34 PROC	2:01.04
LYNN WILLE			40 SQM			SETH LA CHANCE	32 SQM	2:03.20
100 YD. BACK			CAROLYN BALDWIN	59 PNA	1:56.80	500 YD. FREE		
JANE MOORE			43 PNA			MARK VAN ACHE	34 PROC	5:23.23
50 YD. BRST			200 YD. FLY			MIKE DONALD	30 PNA	6:57.30
LYNN WILLE			40 SQM			100 YD. BACK		
100 YD. BRST			ANN GINDROZ	55 PNA	4:07.97	MIKE DONALD	30 PNA	1:15.18
JANE MOORE			43 PNA			200 YD. BACK		
50 YD. FLY			100 YD. I.M.			MARK VAN ACHE	34 PROC	2:23.84
LYNN WILLE			40 SQM			100 YD. BRST		
100 YD. FLY			CAROLYN BALDWIN	59 PNA	1:53.86	MIKE DONALD	30 PNA	1:24.58
JANE MOORE			43 PNA			50 YD. FLY		
100 YD. I.M.			200 YD. I.M.			SETH LA CHANCE	32 SQM	28.90
LYNN WILLE			40 SQM			100 YD. I.M.		
-----			CAROLYN BALDWIN	59 PNA	4:04.35	SETH LA CHANCE	32 SQM	1:05.87
WOMEN 45-49			-----			MARK VAN ACHE	34 PROC	1:07.85
-----			WOMEN 60-64			-----		
50 YD. FREE			50 YD. FREE			M E N 35-39		
KATHRINE CASEY			45 PNA			-----		
-----			CYNTHIA ROSIK	61 PNA	47.46			
50 YD. FREE			100 YD. FREE					
KATHRINE CASEY			45 PNA					
500 YD. FREE			CYNTHIA ROSIK	61 PNA	1:45.56			
DEBORAH BAGG			40 PNA					
500 YD. FREE			JANET KAVADAS	62 PNA	9:45.95			
DEBORAH BAGG			40 PNA					
50 YD. BACK			50 YD. BACK					
LYNN WILLE			40 SQM					
100 YD. BACK			CYNTHIA ROSIK	61 PNA	1:03.70			
JANE MOORE			43 PNA					
50 YD. BRST			200 YD. BACK					
LYNN WILLE			40 SQM					
100 YD. BRST			JANET KAVADAS	62 PNA	4:07.64			
JANE MOORE			43 PNA					
50 YD. FLY			50 YD. BRST					
LYNN WILLE			40 SQM					
100 YD. FLY			CYNTHIA ROSIK	61 PNA	53.69			
JANE MOORE			43 PNA					
100 YD. I.M.			100 YD. BRST					
LYNN WILLE			40 SQM					
-----			JANET KAVADAS	62 PNA	2:05.96			
WOMEN 45-49			100 YD. FLY					
-----			JANET KAVADAS	62 PNA	2:22.88			
50 YD. FREE			200 YD. I.M.					
KATHRINE CASEY			45 PNA					
-----			JANET KAVADAS	62 PNA	4:17.01			
50 YD. FREE			-----					
KATHRINE CASEY			45 PNA					
-----			WOMEN 70-74					
50 YD. FREE			50 YD. FREE					
KATHRINE CASEY			45 PNA					
-----			MAXINE CARLSON	74 PNA	53.73			
50 YD. FREE			NANCY LAWRENCE	71 SQM	57.84			
KATHRINE CASEY			45 PNA					
-----			100 YD. FREE					

50 YD. FREE			TOM HUGHES	48 PNA	42.36	50 YD. BRST		
HUGH MOORE	39 PNA	26.57	100 YD. FLY			RUSSELL KNUDSEN	71 PNA	57.29
100 YD. FREE			JIM MC CLEERY	48 PNA	1:04.73	100 YD. BRST		
STEPHEN FREEBORN	38 PNA	55.86	100 YD. I.M.			HAL YOUNG	72 PNA	1:50.09
STEPHEN WRIGHT	35 PNA	56.70	GORDON GRAY	48 PNA	1:20.68	RUSSELL KNUDSEN	71 PNA	2:28.79
SCOTT MILLER	36 SQM	1:05.83	TOM HUGHES	48 PNA	1:39.74	100 YD. I.M.		
200 YD. FREE			200 YD. I.M.			HAL YOUNG	72 PNA	1:51.08
STEPHEN WRIGHT	35 PNA	2:05.31	STEVE PETERSON	47 PNA	2:34.94	RUSSELL KNUDSEN	71 PNA	2:19.27
500 YD. FREE			FOREST BROOKS	46 PNA	5:35.77	-----		
SCOTT MILLER	36 SQM	6:38.35	M E N 50-54			M E N 75-79		
50 YD. BACK			-----			-----		
HUGH MOORE	39 PNA	31.73	100 YD. FREE			50 YD. FREE		
50 YD. BRST			STEVE ENGEL	50 PNA	1:01.61	BOB LITTLEJOHN	75 SQM	42.58
HUGH MOORE	39 PNA	34.52	GEORGE GRANT	50 SQM	1:08.74	100 YD. FREE		
200 YD. BRST			200 YD. FREE			BOB LITTLEJOHN	75 SQM	1:49.53
SCOTT MILLER	36 SQM	2:43.23	GEORGE GRANT	50 SQM	2:31.69	50 YD. BACK		
50 YD. FLY			500 YD. FREE			BOB LITTLEJOHN	75 SQM	1:02.15
STEPHEN FREEBORN	38 PNA	27.92	STEVE ENGEL	50 PNA	5:59.30	-----		
HUGH MOORE	39 PNA	28.51	GEORGE GRANT	50 SQM	6:56.61	M E N 85-89		
STEPHEN WRIGHT	35 PNA	30.02	50 YD. BACK			-----		
100 YD. FLY			MICHAEL MC KINLAY	50 PNA	30.53	50 YD. FREE		
STEPHEN FREEBORN	38 PNA	1:01.58	P			JIM PENFIELD	85 PNA	42.88
200 YD. FLY			100 YD. BACK			50 YD. BACK		
STEPHEN WRIGHT	35 PNA	2:43.73	MICHAEL MC KINLAY	50 PNA	1:06.44	JIM PENFIELD	85 PNA	51.65
100 YD. I.M.			WALT REID	53 PNA	1:17.66	N		
STEPHEN FREEBORN	38 PNA	1:03.31	200 YD. BACK			100 YD. BRST		
SCOTT MILLER	36 SQM	1:13.48	MICHAEL MC KINLAY	50 PNA	2:21.30	JIM PENFIELD	85 PNA	2:05.71
200 YD. I.M.			50 YD. BRST			-----		
STEPHEN FREEBORN	38 PNA	2:19.74	WALT REID	53 PNA	35.38	RELAYS-MIXED 200 YD. FREE		
HUGH MOORE	39 PNA	2:26.43	100 YD. BRST			-----		
STEPHEN WRIGHT	35 PNA	2:35.75	WALT REID	53 PNA	1:19.05	25 +		
SCOTT MILLER	36 SQM	2:47.66	50 YD. FLY			GEORGE GRANT	50 SQM	2:14.04
-----			MICHAEL MC KINLAY	50 PNA	30.98	SCOTT MILLER	36	
M E N 40-44			GEORGE GRANT	50 SQM	33.96	NANCY SPESER	37	
-----			100 YD. I.M.			BETH JOHNSON	33	
50 YD. BRST			STEVE ENGEL	50 PNA	1:09.14	-----		
GREGORY HARRISON	42 PNA	31.18	MICHAEL MC KINLAY	50 PNA	1:15.65	RELAYS-MIXED 200 YD. FREE		
100 YD. BRST			GEORGE GRANT	50 SQM	1:20.77	-----		
GREGORY HARRISON	42 PNA	1:07.81	200 YD. I.M.			-----		
200 YD. BRST			STEVE ENGEL	50 PNA	2:31.84	-----		
GREGORY HARRISON	42 PNA	2:23.35	M E N 55-59			-----		
-----			-----			-----		
M E N 45-49			50 YD. FREE			50 YD. FREE		
-----			LOWELL JOHNSON	56 PNA	27.17	RICHARD LILLEBERG	47 PNA	30.45
50 YD. BRST			DAVE DRUM	58 SDSM	28.33	TOM HUGHES	48 PNA	37.10
GREGORY HARRISON	42 PNA	31.18	DON REHFELDT	59 PNA	35.84	100 YD. FREE		
100 YD. BRST			100 YD. FREE			RICHARD LILLEBERG	47 PNA	1:09.42
GREGORY HARRISON	42 PNA	1:07.81	DAVE DRUM	58 SDSM	1:03.44	200 YD. FREE		
200 YD. BRST			DON REHFELDT	59 PNA	1:19.23	RICHARD LILLEBERG	47 PNA	2:36.37
GREGORY HARRISON	42 PNA	2:23.35	TOM FOLEY	59 PNA	1:31.27	500 YD. FREE		
-----			200 YD. FREE			FRANK WARNER	45 PNA	5:25.81
M E N 45-49			DON REHFELDT	59 PNA	2:53.41	P		
-----			500 YD. FREE			STEVE PETERSON	47 PNA	6:08.40
50 YD. FREE			DON REHFELDT	59 PNA	7:50.79	GORDON GRAY	48 PNA	6:38.36
RICHARD LILLEBERG	47 PNA	30.45	50 YD. BACK			RICHARD LILLEBERG	47 PNA	7:19.29
TOM HUGHES	48 PNA	37.10	LOWELL JOHNSON	56 PNA	35.52	TOM HUGHES	48 PNA	8:07.11
100 YD. FREE			100 YD. BACK			FOREST BROOKS	46 PNA	10:27.95
RICHARD LILLEBERG	47 PNA	1:09.42	LOWELL JOHNSON	56 PNA	1:35.49	50 YD. BACK		
200 YD. FREE			100 YD. BRST			RICK SPENCER	45 PNA	32.01
RICHARD LILLEBERG	47 PNA	2:36.37	TOM FOLEY	59 PNA	1:38.06	FOREST BROOKS	46 PNA	1:09.94
500 YD. FREE			50 YD. FLY			100 YD. BACK		
FRANK WARNER	45 PNA	5:25.81	DAVE DRUM	58 SDSM	31.07	RICK SPENCER	45 PNA	1:10.75
P			LOWELL JOHNSON	56 PNA	33.91	200 YD. BACK		
STEVE PETERSON	47 PNA	6:08.40	100 YD. FLY			FRANK WARNER	45 PNA	2:20.44
GORDON GRAY	48 PNA	6:38.36	DAVE DRUM	58 SDSM	1:23.74	GORDON GRAY	48 PNA	2:51.03
RICHARD LILLEBERG	47 PNA	7:19.29	TOM FOLEY	59 PNA	1:47.53	50 YD. BRST		
TOM HUGHES	48 PNA	8:07.11	100 YD. I.M.			STEVE PETERSON	47 PNA	33.27
FOREST BROOKS	46 PNA	10:27.95	DAVE DRUM	58 SDSM	1:14.35	GORDON GRAY	48 PNA	42.68
50 YD. BACK			TOM FOLEY	59 PNA	1:35.49	TOM HUGHES	48 PNA	54.47
RICK SPENCER	45 PNA	32.01	-----			FOREST BROOKS	46 PNA	1:05.10
FOREST BROOKS	46 PNA	1:09.94	M E N 70-74			100 YD. BRST		
100 YD. BACK			-----			STEVE PETERSON	47 PNA	1:12.32
RICK SPENCER	45 PNA	1:10.75	50 YD. FREE			FOREST BROOKS	46 PNA	2:18.01
200 YD. BACK			HAL YOUNG	72 PNA	41.33	200 YD. BRST		
FRANK WARNER	45 PNA	2:20.44	RUSSELL KNUDSEN	71 PNA	51.14	STEVE PETERSON	47 PNA	2:40.79
GORDON GRAY	48 PNA	2:51.03	100 YD. FREE			50 YD. FLY		
50 YD. BRST			HAL YOUNG	72 PNA	1:33.51	JIM MC CLEERY	48 PNA	29.52
STEVE PETERSON	47 PNA	33.27	-----			-----		
GORDON GRAY	48 PNA	42.68	-----			-----		
TOM HUGHES	48 PNA	54.47	-----			-----		
FOREST BROOKS	46 PNA	1:05.10	-----			-----		
100 YD. BRST			-----			-----		
STEVE PETERSON	47 PNA	1:12.32	-----			-----		
FOREST BROOKS	46 PNA	2:18.01	-----			-----		
200 YD. BRST			-----			-----		
STEVE PETERSON	47 PNA	2:40.79	-----			-----		
50 YD. FLY			-----			-----		
JIM MC CLEERY	48 PNA	29.52	-----			-----		