

P.N.A. PASTERS MEET  
December 9, 1979  
Evergreen Pool, Seattle, Wash.

25 Yd. Pool  
\* PNA Record  
\*\* National Record

WOMEN 20-24

|                      |        |
|----------------------|--------|
| <u>50 Yd. Free</u>   |        |
| Shelly Marshall 23   | :25.9* |
| Lori Williamson 20   | :31.9  |
| Cindy Brewster 24    | :32.1  |
| Marlene Holmes 24    | :41.6  |
| <u>100 Yd. Free</u>  |        |
| Shelly Marshall 23   | :55.9  |
| Kiko Kimura 24       | 1:03.4 |
| Cindy Brewster 24    | 1:14.0 |
| Marlene Holmes 24    | 1:37.9 |
| <u>200 Yd. Free</u>  |        |
| Lori Williamson 20   | 2:39.7 |
| <u>500 Yd. Free</u>  |        |
| Kiko Kimura 24       | 6:20.9 |
| Lori Williamson      | 7:35.5 |
| <u>50 Yd. Back</u>   |        |
| Marlene Holmes 24    | 1:03.0 |
| <u>50 Yd. Breast</u> |        |
| Lori Williamson 20   | 1:40.0 |
| <u>50 Yd. Fly</u>    |        |
| Shelly Marshall 23   | :29.3  |
| Cindy Brewster 24    | :33.5  |
| Marlene Holmes 24    | :54.5  |
| <u>100 Yd. Fly</u>   |        |
| Kiko Kimura 24       | 1:13.8 |
| Cindy Brewster 24    | 1:20.0 |
| <u>100 Yd. I.M.</u>  |        |
| Shelly Marshall 23   | 1:09.1 |
| Lori Williamson 20   | 1:18.4 |
| Cindy Brewster 24    | 1:27.3 |
| <u>200 Yd. I.M.</u>  |        |
| Kiko Kimura 24       | 2:38.5 |
| <u>WOMEN 25-29</u>   |        |
| <u>50 Yd. Free</u>   |        |
| Julie Horne 29       | :29.6  |
| Karen Nyhre 25       | :32.1  |
| Marilee Fijalka 23   | :33.7  |
| Adele Lowrey 27      | :34.4  |
| Sonja Babujot 29     | :43.7  |
| Callie Weiler 28     | :46.6  |
| <u>100 Yd. Free</u>  |        |
| Julie Horne 29       | 1:05.9 |
| Julie Haugseth 25    | 1:12.5 |
| Karen Nyhre 25       | 1:13.4 |
| Betsy Jacroux 28     | 1:16.4 |
| Marilee Fijalka 25   | 1:17.2 |
| <u>200 Yd. Free</u>  |        |
| Betsy Jacroux 28     | 2:46.7 |
| Julie Haugseth 25    | 2:48.8 |
| Karen Nyhre 25       | 2:49.5 |

50 Yd. Back

|                       |        |
|-----------------------|--------|
| Julie Horne 29        | :35.7  |
| Sonja Babujot 29      | :46.8  |
| <u>100 Yd. Back</u>   |        |
| Karen Unruh 29        | 1:16.7 |
| <u>50 Yd. Breast</u>  |        |
| Mary B. Phelan 28     | :33.8* |
| Adele Lowery 27       | :42.8  |
| Callie Weiler 28      | :53.2  |
| <u>100 Yd. Breast</u> |        |
| Mary B. Phelan 28     | 1:14.1 |
| Marilee Fijalka 25    | 1:35.5 |
| Adele Lowrey 27       | 1:35.9 |
| Sonja Babujot 29      | 1:45.4 |
| Callie Weiler 28      | 2:02.5 |
| <u>200 Yd. Breast</u> |        |
| Mary B. Phelan 28     | 2:48.1 |
| Callie Weiler 28      | 4:17.7 |
| <u>50 Yd. Fly</u>     |        |
| Betsy Jacroux 28      | :38.0  |
| <u>100 Yd. I. M.</u>  |        |
| Julie Horne 29        | 1:18.9 |
| Karen Unruh 29        | 1:20.0 |
| Marilee Fijalka 25    | 1:27.7 |

WOMEN 30-34

|                     |         |
|---------------------|---------|
| <u>50 Yd. Free</u>  |         |
| Linda Kulchinski 30 | :31.0   |
| Janie Sapien 30     | :31.2   |
| Dianne Campbell 30  | :32.1   |
| Carol Murray 34     | :33.1   |
| <u>100 Yd. Free</u> |         |
| Kathy Grandell 31   | 1:06.3  |
| L. Kulchinski 30    | 1:09.7  |
| Janie Sapien 30     | 1:11.0  |
| Dianne Campbell 30  | 1:12.8  |
| Carol Murray 34     | 1:16.0  |
| Jeanette Rosham 33  | 1:27.3  |
| Heather Oesting 31  | 1:34.5  |
| <u>200 Yd. Free</u> |         |
| L. Kulchinski 30    | 2:29.8  |
| <u>500 Yd. Free</u> |         |
| L. Kulchinski 30    | 6:15.4  |
| Dianne Campbell 30  | 7:39.1  |
| Heather Oesting 31  | 9:41.7  |
| <u>50 Yd. Back</u>  |         |
| Donna Burkhardt 33  | :34.6*  |
| Cookie Justeson 32  | :38.7   |
| L. Bloomquist 33    | :45.9   |
| Heather Oesting 31  | :48.4   |
| <u>100 Yd. Back</u> |         |
| Donna Burkhardt 33  | 1:14.9* |
| Evelyn Williams 30  | 1:22.6  |
| Cookie Justeson 32  | 1:22.6  |
| L. Bloomquist 33    | 1:39.4  |

200 Yd. Back

|                       |        |
|-----------------------|--------|
| Donna Burkhardt 33    | 2:48.3 |
| L. Bloomquist 33      | 3:17.9 |
| <u>50 Yd. Breast</u>  |        |
| Kathy Grandell 31     | :39.5  |
| Evelyn Williams 30    | :40.8  |
| Cookie Justeson 32    | :42.3  |
| Heather Oesting 31    | :55.7  |
| <u>100 Yd. Breast</u> |        |
| Kathy Grandell 31     | 1:24.8 |
| Cookie Justeson 32    | 1:29.8 |
| Carol Murray 34       | 1:35.5 |
| Jeanette Rosham 33    | 1:40.5 |
| <u>200 Yd. Breast</u> |        |
| Kathy Grandell 31     | 3:07.5 |
| Jeanette Rosham 33    | 3:44.4 |
| <u>50 Yd. Fly</u>     |        |
| Janie Sapien 30       | :34.7  |
| L. Kulchinski 30      | :35.9  |
| Evelyn Williams 30    | :36.4  |
| <u>100 Yd. Fly</u>    |        |
| Janie Sapien 30       | 1:25.8 |
| <u>100 Yd. I. M.</u>  |        |
| Kathy Grandell 31     | 1:21.9 |
| Evelyn Williams 30    | 1:22.3 |
| Cookie Justeson 32    | 1:22.8 |
| Carol Murray 34       | 1:27.3 |
| L. Bloomquist 33      | 1:40.3 |
| Heather Oesting 31    | 1:48.3 |
| <u>200 Yd. I. M.</u>  |        |
| Janie Sapien 30       | 3:09.9 |
| L. Bloomquist 33      | 3:31.1 |
| <u>WOMEN 35-39</u>    |        |
| <u>100 Yd. Free</u>   |        |
| Diana Kennerud 35     | 1:14.4 |
| <u>50 Yd. Back</u>    |        |
| Gretchen Anderson     | :40.0  |
| <u>100 Yd. Back</u>   |        |
| G. Anderson 35        | 1:25.8 |
| Diana Kennerud 35     | 1:26.2 |
| <u>50 Yd. Fly</u>     |        |
| Gretchen Anderson     | :40.1  |
| <u>100 Yd. I. M.</u>  |        |
| Gretchen Anderson     | 1:23.1 |
| <u>200 Yd. I. M.</u>  |        |
| Diana Kennerud 35     | 2:58.8 |
| <u>WOMEN 40-44</u>    |        |
| <u>50 Yd. Free</u>    |        |
| Juanita Correa 43     | :28.4  |
| Sue Dearborn 43       | :33.4  |
| Jean Abrams 40        | :33.4  |
| Shirley Lehman 44     | :35.5  |
| Judy Harrison 40      | :36.6  |
| Margie Leskajan 41    | :46.2  |

## WOMEN 40-44

100 Yd. Free

Juanita Correa 43 1:02.9

Sue Dearborn 43 1:14.7

200 Yd. Free

Juanita Correa 43 2:19.9

Sue Dearborn 43 2:57.3

100 Yd. Back

Chaya Amiad 41 1:37.4

Larrietta James 40 1:44.7

200 Yd. Back

Chaya Amiad 41 3:22.3

Larrietta James 40 3:52.2

50 Yd. Breast

Judy Harrison 40 :39.9

Jill Lakin 41 :43.3

Sue Dearborn 43 :44.6

100 Yd. Breast

Judy Harrison 40 1:28.2

Sue Dearborn 43 1:39.2

Chaya Amiad 41 1:44.6

200 Yd. Breast

Jill Lakin 41 3:23.0\*

50 Yd. Fly

Jean Abrams 40 1:34.8

Jill Lakin 41 :38.5

Shirley Lehman 44 :43.4

100 Yd. I. I.

Juanita Correa 43 1:20.5

Jill Lakin 41 1:30.3

200 Yd. I. I.

Jill Lakin 41 3:11.0

Chaya Amiad 41 3:32.2

## WOMEN 45-49

50 Free

Cynthia Rosik 46 :44.7

Kathryn McElvaine 46 :48.8

Barbara Sims 47 :55.4

100 Yd. Free

Jan Twilight 48 1:27.1

Joy Ross 46 1:28.4

500 Yd. Free

Marty Dabrock 7:46.9\*

Joy Ross 46 8:40.3

100 Yd. Back

Marty Dabrock 45 1:36.1

Joy Ross 46 1:45.4

200 Yd. Back

Marty Dabrock 45 3:31.1

50 Yd. Breast

Barbara Sims 1:00.4

Kathryn McElvaine 46 1:00.6

100 Yd. Breast

Joy Ross 46 1:40.4\*

Jan Twilight 48 1:45.4

Cynthia Rosik 46 1:49.2

Barbara Sims 47 2:08.1

## 200 Yd. Breast

Joy Ross 46 3:36.0

50 Yd. Fly

Kathryn McElvaine 1:01.7

200 Yd. Fly

Jan Twilight 48 4:29.2

100 Yd. I. I.

Marty Dabrock 45 1:33.7

Jan Twilight 48 1:43.1

Kathryn McElvaine 2:09.1

200 Yd. I. I.

Marty Dabrock 45 3:22.7

## WOMEN 50-54

50 Yd. Free

Laurel Reid 53 :55.8

Norma Larson 54 :58.6

Larnetta Stratford 1:08.2

200 Yd. Free

Maryann Burke 54 4:09.3

50 Yd. Back

Maryann Burke 54 :55.1

Laurel Reid 53 1:01.0

Larnetta Stratford 1:13.9

100 Yd. Back

Maryann Burke 54 2:02.0

Larnetta Stratford 2:40.2

50 Yd. Breast

Maryann Burke 54 1:02.2

Larnetta Stratford 1:54.7

200 Yd. Breast

L. Stratford 54 5:49.6

## WOMEN 55-59

100 Yd. Free

Maxine Carlson 59 1:39.9

100 Yd. Back

Maxine Carlson 59 1:52.7

100 Yd. Breast

Maxine Carlson 59 1:57.3

100 Yd. I. I.

Maxine Carlson 59 1:52.3

## WOMEN 65-69

50 Yd. Free

Larion Lueller 67 :59.4

100 Yd. Free

D. Russelman 66 1:17.0

Lee Holm 65 1:59.6

200 Yd. Free

Lee Holm 65 4:16.4

50 Yd. Back

Larion Lueller 67 :58.2

100 Yd. Back

Dawn Russelman 66 1:35.9

Larion Lueller 67 2:08.9

Lee Holm 65 2:17.1

200 Yd. Back

Larion Lueller 67 4:31.4

Lee Holm 65 4:52.0

## MEN 20-24

50 Yd. Free

Rick Lipscomb 20 :23.4

James Shelton 24 :24.7

Monte Kintner 24 :25.3

William Marshall 24 :26.9

Patrick Briney 23 :27.6

100 Yd. Free

Rick Lipscomb 20 :51.1

Monte Kintner 24 :56.4

Patrick Briney 23 :58.5

200 Yd. Free

Rick Lipscomb 20 1:56.5

Paul Krug 23 2:49.4

500 Yd. Free

Ed Ramsey 23 6:05.5

Paul Krug 23 7:50.8

50 Yd. Back

Rick Lipscomb 20 :29.1

100 Yd. Back

Ed Ramsey 23 1:08.6

50 Yd. Breast

Jim Williams 23 :31.1

James Shelton 24 :31.3

Monte Kintner 24 :31.3

William Marshall 24 :33.2

Vennis Woods 22 :33.4

100 Yd. Breast

Monte Kintner 24 1:07.3

Jim Williams 23 1:08.9

William Marshall 24 1:13.5

Patrick Briney 23 1:17.3

Vennis Woods 22 1:20.0

200 Yd. Breaststroke

James Shelton 24 2:43.9

Vennis Woods 22 3:03.4

50 Yd. Butterfly

James Shelton 24 :28.6

Ed Ramsey 23 :29.3

100 Yd. Fly

Gary Hafer 28 1:01.0

Morre Rude 25 1:03.5

Rick Lipscomb 20 1:01.8

James Shelton 24 1:04.7

William Marshall 1:09.0

Patrick Briney 23 1:12.2

200 Yd. I. I.

Ed Ramsey 23 2:29.9

Patrick Briney 23 2:34.9

## MEN 25-29

50 Yd. Free

Steve Pandle 25 :23.3

Rick Boskovich 28 :24.9

Rick Ingraham 25 :25.4

Bob Busk 25 :25.5

MEN 25-29

|                       |        |
|-----------------------|--------|
| <u>100 Yd. Free</u>   |        |
| Norre Rude 25         | :52.6  |
| Steve Randle 25       | :53.7  |
| Jim Flynn 26          | :55.6  |
| Rick Ingrahm 25       | :56.0  |
| Dick Johnson 29       | :59.7  |
| <u>200 Yd. Free</u>   |        |
| Norre Rude 25         | 1:56.0 |
| Jim Flynn 26          | 2:08.6 |
| Wally Hampton 29      | 4:18.7 |
| <u>500 Yd. Free</u>   |        |
| Norre Rude 25         | 5:35.4 |
| Eric Beam 27          | 5:47.5 |
| <u>100 Yd. Back</u>   |        |
| Gary Hafer 28         | 1:00.9 |
| Gordon Unruh 27       | 1:08.0 |
| Lark Roehrig 29       | 1:14.6 |
| <u>50 Yd. Breast</u>  |        |
| Rick Boskovich 28     | :33.2  |
| Dick Johnson 29       | :34.1  |
| <u>100 Yd. Breast</u> |        |
| Rick Boskovich 28     | 1:14.2 |
| Dick Johnson 29       | 1:14.9 |
| <u>200 Yd. Breast</u> |        |
| Jerry Ruthrauff 29    | 2:54.7 |
| Eric Beam 27          | 2:59.3 |
| <u>50 Yd. Fly</u>     |        |
| Gordon Unruh 27       | :28.1  |
| Craig Harris 28       | :29.3  |
| Rick Ingrahm 25       | :29.9  |
| Jerry Ruthrauff 29    | :30.0  |
| <u>100 Yd. Fly</u>    |        |
| Craig Harris 28       | 1:06.9 |
| <u>100 Yd. I. L.</u>  |        |
| Gary Hafer 28         | 1:00.7 |
| Steve Randle 25       | 1:02.8 |
| Rick Boskovich 28     | 1:06.4 |
| Dick Johnson 29       | 1:06.5 |
| Rick Ingrahm 25       | 1:09.1 |
| Jerry Ruthrauff 29    | 1:16.1 |
| Eric Beam 27          | 1:17.0 |
| <u>200 Yd. I. L.</u>  |        |
| Gary Hafer 28         | 2:17.9 |
| Craig Harris 28       | 2:30.3 |
| Rick Boskovich 28     | 2:33.1 |
| Rick Ingrahm 25       | 2:35.8 |
| <u>MEN 30-34</u>      |        |
| <u>50 Yd. Free</u>    |        |
| Tom Cooper 31         | :24.7  |
| Don Swink 31          | :25.2  |
| Dale Kirkpatrick 32   | :28.3  |
| Jim Robinson 30       | :30.7  |

|                       |        |
|-----------------------|--------|
| <u>100 Yd. Free</u>   |        |
| Pete Klein 31         | :53.8  |
| Don Swink 31          | :54.7  |
| Dale Kirkpatrick 32   | 1:02.2 |
| David Olson 34        | 1:04.3 |
| Jim Robinson 30       | 1:11.0 |
| <u>200 Yd. Free</u>   |        |
| Don Swink 31          | 2:01.7 |
| Pete Klein 31         | 2:02.1 |
| Dan Rueff 32          | 2:14.6 |
| Dale Kirkpatrick 32   | 2:26.7 |
| <u>50 Yd. Back</u>    |        |
| Dale Kirkpatrick 32   | :36.1  |
| Jim Robinson 34       | :42.3  |
| <u>100 Yd. Back</u>   |        |
| Pete Klein 31         | 1:04.4 |
| Dan Rueff 32          | 1:14.0 |
| Russ Hall 32          | 1:17.3 |
| <u>200 Yd. Back</u>   |        |
| Dan Rueff 32          | 2:40.6 |
| <u>50 Yd. Breast</u>  |        |
| Tom Cooper 31         | :31.3  |
| Steve Harrell 32      | :36.7  |
| Russ Hall 32          | :37.7  |
| Jim Robinson 30       | :40.4  |
| <u>100 Yd. Breast</u> |        |
| Tom Cooper 31         | 1:11.0 |
| Steve Harrell 32      | 1:21.3 |
| <u>200 Yd. Breast</u> |        |
| Tom Cooper 31         | 2:51.8 |
| Steve Harrell 32      | 3:00.5 |
| <u>50 Yd. Fly</u>     |        |
| Russ Hall             | :31.5  |
| <u>100 Yd. Fly</u>    |        |
| Dan Rueff 32          | 1:09.3 |
| Russ Hall 32          | 1:15.0 |
| <u>100 Yd. I. L.</u>  |        |
| Dan Rueff 32          | 1:08.1 |
| David Olson 34        | 1:16.3 |
| Steve Harrell 32      | 1:20.2 |
| <u>MEN 35-39</u>      |        |
| <u>50 Yd. Free</u>    |        |
| Jim Liles 35          | :24.6  |
| Steve McCaffray 36    | :27.1  |
| <u>100 Yd. Free</u>   |        |
| Jim Liles 35          | :54.9  |
| Steve McCaffray 36    | 1:05.7 |
| Robert Remington 35   | 1:05.7 |
| Jack Miller 37        | 1:06.2 |
| <u>200 Yd. Free</u>   |        |
| Harry Lewis 37        | 2:18.8 |
| <u>50 Yd. Back</u>    |        |
| Walt Reid 39          | :33.6  |
| Jack Miller 37        | :45.0  |

|                       |        |
|-----------------------|--------|
| <u>100 Yd. Back</u>   |        |
| Robert Remington 35   | 1:22.6 |
| <u>50 Yd. Breast</u>  |        |
| Walt Reid 39          | :34.2  |
| Jack Miller 37        | :34.7  |
| <u>100 Yd. Breast</u> |        |
| Jim Liles 35          | 1:12.5 |
| Walt Reid 39          | 1:16.1 |
| Jack Miller 37        | 1:18.5 |
| <u>200 Yd. Breast</u> |        |
| Jack Miller 37        | 2:52.0 |
| <u>50 Yd. Fly</u>     |        |
| Walt Ingram 36        | :27.8  |
| Steve McCaffray 36    | :33.1  |
| <u>100 Yd. Fly</u>    |        |
| Walt Ingram 36        | 1:04.8 |
| <u>100 Yd. Fly</u>    |        |
| Robert Remington 35   | 1:24.4 |
| <u>200 Yd. Fly</u>    |        |
| Harry Lewis 37        | 2:47.0 |
| <u>100 Yd. I. L.</u>  |        |
| Jim Liles 35          | 1:09.7 |
| Robert Remington 35   | 1:13.3 |
| Harry Lewis 37        | 1:16.3 |
| Steve McCaffray 36    | 1:20.0 |
| <u>200 Yd. I. L.</u>  |        |
| Robert Remington 35   | 2:48.1 |
| <u>MEN 40-44</u>      |        |
| <u>50 Yd. Free</u>    |        |
| Jim King 43           | :28.2  |
| Jim Dukelow 40        | :29.2  |
| Don Ruckman 42        | :29.8  |
| Dale White 43         | :30.7  |
| <u>100 Yd. Free</u>   |        |
| Frank Newquist 41     | 1:01.8 |
| Don Ruckman 42        | 1:03.2 |
| Dale White 43         | 1:07.6 |
| Jim Dukelow 40        | 1:10.0 |
| Terry Conner 43       | 1:31.3 |
| <u>200 Yd. Free</u>   |        |
| Don Ruckman 42        | 2:31.3 |
| Dale White 43         | 2:39.2 |
| Terry Conner 43       | 3:47.3 |
| <u>500 Yd. Free</u>   |        |
| Dale White 43         | 7:10.0 |
| Terry Conner 43       | 9:59.6 |
| <u>50 Yd. Back</u>    |        |
| Jim Dukelow 40        | :35.5  |
| Jim King 43           | :37.8  |
| <u>50 Yd. Breast</u>  |        |
| Don Ruckman 42        | :38.9  |
| Lee Baxter 40         | :40.4  |
| <u>100 Yd. Breast</u> |        |
| Lee Baxter 40         | 1:29.1 |

MEN 40-44

50 Yd. Fly  
 Frank Newquist 41 :30.7  
 Jim Dukelow 40 :31.9

200 Yd. Fly  
 Frank Newquist 41 2:44.8

100 Yd. I. I.  
 Don Ruckman 42 1:17.4  
 Lee Baxter 40 1:31.6

MEN 45-49  
 Robert Dorse 48 :26.5  
 Jim Sherrod 49 :26.9  
 John Geyman 48 :28.6  
 Bob Blumenthal 48 :37.1

100 Yd. Free  
 Robert Dorse 48 1:01.5  
 John Geyman 48 1:04.4  
 John Ofstad 49 1:17.4  
 Bob Blumenthal 48 1:20.6

200 Yd. Free  
 John Geyman 48 2:31.2  
 John Ofstad 49 2:49.1  
 Bob Blumenthal 48 3:09.8

500 Yd. Free  
 John Ofstad 49 7:33.4  
 Bob Blumenthal 48 9:02.8

50 Yd. Back  
 Leslie Jones :40.7  
 Jim Sherrod 49 :41.6

100 Yd. Back  
 Leslie Jones 1:34.3

200 Yd. Back  
 Tom Foley 45 3:13.9

50 Yd. Breast  
 Jim Sherrod 49 :40.8

100 Yd. Breast  
 Tom Foley 45 1:32.2  
 John Ofstad 49 1:35.2

200 Yd. Breast  
 Tom Foley 45 3:20.5  
 John Ofstad 49 3:30.9

50 Yd. Fly  
 Jim Sherrod 49 :25.3\*

200 Yd. Fly  
 Tom Foley 45 3:45.0

100 Yd. I. I.  
 Tom Foley 45 1:27.5

MEN 50-54  
50 Yd. Free  
 James Mason 54 :40.0

100 Yd. Free  
 James Mason 54 1:36.4

200 Yd. Free  
 James Mason 54 4:03.6

500 Yd. Free  
 James Mason 54 11:59.1

50 Yd. Back  
 Bill Castner 52 :38.5

100 Yd. Back  
 Bill Castner 52 1:33.8

200 Yd. Back  
 Bill Castner 52 3:21.8

100 Yd. I. I.  
 James Mason 54 2:06.3

MEN 55-59  
 David Stone 55 :32.9  
 Jim Worrel 57 :33.6

100 Yd. Free  
 David Stone 55 1:17.5  
 Jim Worrel 57 1:18.4

200 Yd. Free  
 David Stone 55 2:55.4

500 Yd. Free  
 David Stone 55 8:04.2

50 Yd. Breast  
 Jim Worrel 57 :41.0

100 Yd. Breast  
 Jim Worrel 57 1:29.8

100 Yd. I. I.  
 Jim Worrel 57 1:31.5

MEN 60-64  
200 Yd. Free  
 Robert Hunt 62 3:09.6

500 Yd. Free  
 Robert Hunt 62 8:44.0

MEN 65-69  
50 Yd. Free  
 L. E. Crosse 66 65 :33.1  
 Francis Jowett 69 :33.2  
 Robert Churchill 65 :42.0  
 Nathan Budish 65 :49.4

100 Yd. Free  
 L. E. Crossett 65 1:20.7  
 Art Erickson 69 1:23.7

200 Yd. Free  
 L. E. Crossett 65 3:05.8  
 Art Erickson 69 3:09.7  
 R. Churchill 65 3:56.9  
 Nathan Budish 65 3:58.0

500 Yd. Free  
 L. E. Crossett 65 8:25.7\*  
 Nathan Budish 65 10:40.7

50 Yd. Back  
 Francis Jowett 69 :50.3

100 Yd. Back  
 Gene Caddey 65 1:39.4\*

200 Yd. Back  
 Gene Caddey 65 3:21.1  
 Nathan Budish 65 4:18.8

50 Yd. Breast  
 Karl Frederick 65 :40.6\*  
 Francis Jowett 69 :46.7  
 Art Erickson 69 :58.6

100 Yd. Breast  
 Karl Frederick 65 1:31.5

50 Yd. Fly  
 Karl Frederick 65 :37.5  
 Francis Jowett 69 :43.6  
 Art Erickson 69 :48.2

100 Yd. Fly  
 Karl Frederick 65 1:32.8  
 Gene Caddey 65 1:30.0

100 Yd. I. I.  
 Gene Caddey 65 1:29.3  
 Francis Jowett 69 1:36.8  
 Nathan Budish 65 2:10.1

200 Yd. I. I.  
 Gene Caddey 65 3:24.4

MEN 75-79  
50 Yd. Free  
 John Robinson 76 :41.7

100 Yd. Free  
 John Robinson 76 1:40.0

50 Yd. Back  
 James Matthews 76 1:04.6

100 Yd. Back  
 James Matthews 76 2:22.1

RELAYS

WOMEN

200 Yd. Free  
25+  
 SKT - D. Burkhart 2:00.5  
 J. Horne  
 J. Sapien  
 C. Justeson

35+  
 NEW - J. Lakin 2:09.7  
 S. Dearborn  
 J. Correa  
 G. Anderson

45+  
 TIG - B. Sims 3:30.1  
 H. Burke  
 H. Lueller  
 L. Carlson

200 Yd. Medley  
25+  
 SKT - J. Horne 2:21.9  
 J. Sapien  
 C. Justeson  
 D. Burkhart

Relays - continued on Page 5  
 Note: 20+ will be at end of results.....

RELAYS - (continued)

WOMEN

200 Yd. Medley

35+

TAY - L. Leskajan 4:10.0  
C. Rosik  
L. Reid  
M. Larson

45+

TIG - M. Carlson 3:48.5  
L. Holm  
M. Mueller  
E. Sims

MEN

200 Yd. Free

25+

TAY - Rude, Randle 1:38.9  
Briney, Ingraham

SKT - D. Rueff 1:42.8  
J. Miles  
H. Lewis  
T. Cooper

TAY - D. Olson 2:13.4  
T. Conner  
L. Jones  
D. Stone

45+

TIG - J. Ofstad 2:10.4  
B. Blumenthal  
J. Geyman  
T. Foley

200 Yd. Medley

25+

TAY - D. Olson 2:35.2  
J. Sherrod  
L. Jones  
T. Conner

200 YD. MIXED FREE RELAYS

25+

SKT - J. Miles 1:48.6  
J. Horne  
D. Burkhardt  
T. Cooper

SKT - J. Sapien 1:59.5  
C. Justesen  
H. Lewis  
D. Rueff

SKT - L. Bloomquist 2:02.0

D. Campbell  
G. Unruh  
L. Busk

BEST- J. Haugseth 2:02.4

J. Harrison  
J. Flynn  
K. Roehrig

FTS - S. Babujot 2:34.1

K. James  
F. Jowett  
K. Frederick

35+

NEW - J. Correa 1:55.3

G. Anderson  
S. McCaffery  
J. King

EXH.- J. Dukelow 2:14.2

B. Blumenthal  
J. Abrams  
S. Lehman

45+

TIG - L. Burke 2:44.8

M. Carlson  
J. Ofstad  
J. Geyman

TAY - Jones, Stone 3:01.0

Norma, Laurel

65+

TIG - M. Budish 3:15.7\*

A. Ericksen  
L. Holm  
M. Mueller

20+ RELAYS

200 Free Relay WOMEN

SKT - Unruh, Campbell  
Bloomquist, Williamson 2:08.9

TAY - Fijalka, Lowrey  
Marshall, Rechan 2:09.7

FTS - Dabrock, James  
Holmes, Grandell  
Medley 2:25.9

200 Yd. Mixed - WOMEN

TAY - Fijalka, Roshan  
Marshall, Lowrey 2:34.0-  
SKT - Bloomquist, Unruh  
Williamson, Campbell 2:40.9

20+ 200 Free Relay MEN

BELY- J. Williams 1:43.5  
W. Ingram  
J. Ruthrauff  
R. Lipscomb

200 Yd. Medley MEN

TAY - Rude, Randle  
Marshall Boscovich 1:58.8

TIG - Kirkpatrick, Woods  
Harrell Shelton 2:08.5

BELY- Williams, Ingram  
Ruthrauff, Lipscomb 2:08.6

200 Yd. MIXED Relay

TAY - Marshall, Marshall  
Randle, Lowery 1:49.7

TIG - Kimura, Jacroux  
Shelton, Woods 1:53.6

TAY - Rude, Roshan  
Fijalka, Ingraham 1:59.8

FTS - Hafer, Crandell  
Reid, Holmes 2:06.7

TAY - Lergie, Cynthia  
Briney, Olson 2:30.5

\*\*\*\*\*  
IMPORTANT! - Relays must be  
sure to clearly fill out all  
names with at least 1st  
initial and last name - age;  
Mark Relay Age Group; and  
category i.e. MEN, WOMEN,  
or COED. Also the Event# and  
name should be clearly  
indicated. Relays not shown  
in these results either did  
not do this or were DQ'd.  
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THE AMATEUR ATHLETIC UNION OF THE UNITED STATES  
NATIONAL A.A.U. MASTERS ONE-HOUR SWIM CHAMPIONSHIPS  
(POSTAL)

SANCTIONED BY:

Potomac Valley Association A.A.U.

Sponsored by:

DC Masters Swim Team

Location: Any pool, 25 yards in length or longer.

Time: Any time during the month of January 1980.

Eligibility: Any AAU registered Master Athlete, or Master Athlete registered with similar body in their own country.

| <u>Age Groups:</u> | <u>Code</u> | <u>Code</u> | <u>Code</u> |
|--------------------|-------------|-------------|-------------|
|                    | A 25-29     | E 45-49     | I 65-69     |
|                    | B 30-34     | F 50-54     | J 70-74     |
|                    | C 35-39     | G 55-59     | K 75-79     |
|                    | D 40-44     | H 60-64     | L 80 & over |

Team: The team shall be composed of three swimmers in the following age groups: 25+, 35+, 45+, 55+, & 65+ for both men and women. The youngest member shall determine the age group of the team. No unattached or mixed teams allowed and all teams must be associated with one AAU registered club or team.

Awards: Individual: AAU Masters Championship medals will be awarded to the first six place winners in each age group.

Team: Each member of the first three teams in each age group, will be awarded AAU Masters Championship medals.

Event: The objective of the contest is to determine who can swim the greatest distance in one hour. The person swimming the farthest will be declared the winner; the person swimming the second greatest distance will be given second place, etc. In the event that two or more swimmers complete the same distance, a tie will be declared.

Each swimmer will be required to provide his own counter, timer, starter and to insure that the "Lap counter/Distance computer" is properly used. Every effort should be made to accurately count the number of laps. All distances should be rounded off to the last completed five yard increment.

In the team event, a team shall be composed of three swimmers. The team with the highest combined cumulative total for the three swimmers' distances shall be declared the winners.

Entry fees: Individual: The entry fee for the individual event is \$3.00.  
Team: The entry fee for the team event is \$8.00 per team.

Entry: Mail entry materials to:  
Dale E. Petranec  
2059 Huntington Ave. Apt. 1112  
Alexandria, Va. 22303

Phone: Home: (703) 960-3640 Work: (202) 857-8204