

HELENE MADISON
 07-05-97
 SHORT COURSE YARDS
 P = P.N.A. RECORD
 Z = NORTHWEST ZONE RECORD
 N = NATIONAL RECORD
 W = WORLD RECORD
 S = SPLIT TIME
 U = UNOFFICIAL TIME (1 WATCH)

WOMEN 25-29

50 YD. FREE		
ELLEN FORNEY	29 PNA	29.97
100 YD. FREE		
ELLEN FORNEY	29 PNA	1:04.13
50 YD. BRST		
LARA SWIMMER	28 PNA	43.34
100 YD. BRST		
LARA SWIMMER	28 PNA	1:35.31
100 YD. I.M.		
ELLEN FORNEY	29 PNA	1:14.21

WOMEN 35-39

50 YD. BACK		
SUZIE NESS	35 PNA	39.57
100 YD. BACK		
SUZIE NESS	35 PNA	1:25.89
200 YD. BACK		
SUZIE NESS	35 PNA	3:05.43
100 YD. I.M.		
SUZIE NESS	35 PNA	1:25.32

WOMEN 40-44

200 YD. FREE		
DEBBIE GLASSMAN	43 PNA	2:21.98
50 YD. FLY		
DEBBIE GLASSMAN	43 PNA	30.97
200 YD. FLY		
DEBBIE GLASSMAN	43 PNA	2:43.80
200 YD. I.M.		
DEBBIE GLASSMAN	43 PNA	2:44.36

WOMEN 50-54

50 YD. FREE		
J.VALLANDIGHAM	50 PNA	37.77
100 YD. FREE		
J.VALLANDIGHAM	50 PNA	1:30.76
50 YD. BRST		
J.VALLANDIGHAM	50 PNA	45.78
100 YD. BRST		
J.VALLANDIGHAM	50 PNA	1:41.96
200 YD. BRST		
J.VALLANDIGHAM	50 PNA	3:45.45

M E N 19-24

200 YD. FREE		
CHRIS PALMER	24 WH20	1:55.74
50 YD. BACK		
CHRIS PALMER	24 WH20	30.52
100 YD. BACK		
CHRIS PALMER	24 WH20	1:02.49
50 YD. FLY		
CHRIS PALMER	24 WH20	26.78

M E N 25-29

50 YD. FREE		
B GLYN-WILLIAMS	29 EBSC	25.39
MIKE LAMB	28 PNA	26.26
C CHADBOURNE	25 SDSM	27.30
BARRY BROCKMAN	27 SDSM	27.53
BILL GARRISON	28 PNA	29.16
LUIS SANTANA	26 PNA	35.38
100 YD. FREE		
GREGORY FONG	28 SDSM	58.00

B GLYN-WILLIAMS	29 EBSC	59.11
MIKE LAMB	28 PNA	1:00.07
BILL GARRISON	28 PNA	1:07.52
200 YD. FREE		
GREGORY FONG	28 SDSM	2:06.23
JOHN CARROLL	28 PNA	2:10.16
500 YD. FREE		
JOHN FARKAS	25 SDSM	5:41.76
LUIS SANTANA	26 PNA	8:28.08
50 YD. BACK		
C CHADBOURNE	25 SDSM	34.73
200 YD. BACK		
JOHN FARKAS	25 SDSM	2:19.71
50 YD. BRST		
GREGORY FONG	28 SDSM	33.31
BARRY BROCKMAN	27 SDSM	36.68
C CHADBOURNE	25 SDSM	37.28
100 YD. BRST		
DAN FROST	28 PNA	1:08.13
BRIAN WEISS	28 PNA	1:12.32
BILL GARRISON	28 PNA	1:19.50
50 YD. FLY		
DAN FROST	28 PNA	28.25
BARRY BROCKMAN	27 SDSM	28.73
B GLYN-WILLIAMS	29 EBSC	28.97
BRIAN WEISS	28 PNA	30.65
C CHADBOURNE	25 SDSM	31.76
100 YD. FLY		
DAN FROST	28 PNA	1:03.15
200 YD. FLY		
DAN FROST	28 PNA	2:29.87
100 YD. I.M.		
JOHN FARKAS	25 SDSM	1:03.91
BRIAN WEISS	28 PNA	1:07.33
MIKE LAMB	28 PNA	1:07.68
BARRY BROCKMAN	27 SDSM	1:08.52
GREGORY FONG	28 SDSM	1:09.48
BILL GARRISON	28 PNA	1:10.33
200 YD. I.M.		
DAN FROST	28 PNA	2:17.77
BRIAN WEISS	28 PNA	2:34.44
BILL GARRISON	28 PNA	2:59.19

M E N 30-34

50 YD. FREE		
ROBERT YOUNG	31 SAC	25.40
JIM LASERSOHN	32 PNA	25.76
ALBER DIVITTORI	31 UNAT	26.28
TIMOTHY HEALEY	31 SDSM	29.33
KRAIG TREGO	34 PNA	30.56
100 YD. FREE		
ROBERT YOUNG	31 SAC	55.79
JAM KETTLEBOROU	30 PNA	56.75
200 YD. FREE		
DALE ZINK	34 TSUN	2:06.59
ROBERT YOUNG	31 SAC	2:11.08
500 YD. FREE		
DALE ZINK	34 TSUN	5:47.80
JIM LASERSOHN	32 PNA	5:48.15
JAM KETTLEBOROU	30 PNA	5:58.53
50 YD. BACK		
DALE ZINK	34 TSUN	33.67
200 YD. BACK		
DALE ZINK	34 TSUN	2:28.86
50 YD. BRST		
JIM LASERSOHN	32 PNA	31.41
DAN BENSON	33 PNA	31.56
MIKE MERE	30 UNAT	31.62
KRAIG TREGO	34 PNA	37.87
TIMOTHY HEALEY	31 SDSM	38.24
100 YD. BRST		
DAN BENSON	33 PNA	1:09.34
200 YD. BRST		
DAN BENSON	33 PNA	2:36.25
JIM LASERSOHN	32 PNA	2:36.89
50 YD. FLY		
JAM KETTLEBOROU	30 PNA	26.45
JIM LASERSOHN	32 PNA	27.52
ALBER DIVITTORI	31 UNAT	29.43

200 YD. FLY		
PAUL SHERMAN	33 PNA	2:18.87
100 YD. I.M.		
DAN BENSON	33 PNA	1:05.15
ALBER DIVITTORI	31 UNAT	1:09.72
200 YD. I.M.		
PAUL SHERMAN	33 PNA	2:21.15

M E N 35-39

50 YD. FREE		
CRAIG MALLERY	35 UNAT	22.11 Z
EDWARD STEBLEIN	38 NEM	25.46
DAVID CRITCHLEY	35 EBSC	30.00
MIKE NAYLOR	37 EBSC	32.48
100 YD. FREE		
CRAIG MALLERY	35 UNAT	49.34 P
MIKE MERE	39 UNAT	54.66
EDWARD STEBLEIN	38 NEM	56.83
GREGORY HEAD	36 EBSC	1:04.54
LEANDRO LUCENTE	36 UNAT	1:09.68
MIKE NAYLOR	37 EBSC	1:16.02
200 YD. FREE		
CRAIG MALLERY	35 UNAT	1:51.13
EDWARD STEBLEIN	38 NEM	2:07.68
500 YD. FREE		
PAUL IKEDA	38 PNA	6:41.91
COLIN NESS	36 PNA	7:12.93
50 YD. BRST		
ANDY BRENNAN	36 SAC	31.12
SCOTT REUSS	35 SAC	32.02
KELLY KING	38 UNAT	32.16
PAUL IKEDA	38 PNA	35.65
COLIN NESS	36 PNA	37.13
MIKE NAYLOR	37 EBSC	38.38
100 YD. BRST		
ANDY BRENNAN	36 SAC	1:07.58
MIKE MERE	39 UNAT	1:10.54
SCOTT REUSS	35 SAC	1:11.24
KELLY KING	38 UNAT	1:11.41
GREGORY HEAD	36 EBSC	1:20.04
LEANDRO LUCENTE	36 UNAT	1:29.41
200 YD. BRST		
KELLY KING	38 UNAT	2:35.55
50 YD. FLY		
ANDY BRENNAN	36 SAC	26.57
BERNIE KINGSLEY	38 PNA	26.75
SCOTT REUSS	35 SAC	28.02
MIKE NAYLOR	37 EBSC	35.33
100 YD. FLY		
BERNIE KINGSLEY	38 PNA	59.27
SCOTT REUSS	35 SAC	1:05.91
200 YD. FLY		
BERNIE KINGSLEY	38 PNA	2:22.88
100 YD. I.M.		
ANDY BRENNAN	36 SAC	1:00.41
MIKE MERE	39 UNAT	1:01.72
BERNIE KINGSLEY	38 PNA	1:03.48
KELLY KING	38 UNAT	1:03.79
SCOTT REUSS	35 SAC	1:05.83
GREGORY HEAD	36 EBSC	1:12.07
EDWARD STEBLEIN	38 NEM	1:12.67
COLIN NESS	36 PNA	1:18.49
LEANDRO LUCENTE	36 UNAT	1:24.13
MIKE NAYLOR	37 EBSC	1:25.11
200 YD. I.M.		
ANDY BRENNAN	36 SAC	2:14.00
MIKE MERE	39 UNAT	2:17.67
KELLY KING	38 UNAT	2:22.54
EDWARD STEBLEIN	38 NEM	2:43.16
LEANDRO LUCENTE	36 UNAT	3:09.73

M E N 40-44

50 YD. FREE		
J.SCHAEFFER	40 PNA	26.56
TIM MARKS	40 CALG	27.93
PAUL CLEMENTS	41 PNA	29.55
IRA COOPER	43 PNA	29.91
DAN BRIGHTWELL	41 EBSC	34.72

JOHN DOBYNS	44	SDSM	45.70
100 YD. FREE			
MIKE TOMPKINS	42	SDSM	55.17
J.SCHAEFFER	40	PNA	1:00.55
IRA COOPER	43	PNA	1:05.43
GEORGE XUEREB	40	EBSC	1:10.91
DAN BRIGHTWELL	41	EBSC	1:20.62
JOHN DOBYNS	44	SDSM	1:46.02
200 YD. FREE			
IRA COOPER	43	PNA	2:32.60
GEORGE XUEREB	40	EBSC	2:55.08
500 YD. FREE			
STEVE SUSSEX	41	UNAT	5:18.17
MALCOLM HAYES	43	EBSC	6:51.83
GEORGE XUEREB	40	EBSC	7:50.00
50 YD. BACK			
STEVE SUSSEX	41	UNAT	28.58
PAUL CISKE	40	SAC	31.52
TOM VEGH	40	SDSM	45.22
100 YD. BACK			
MALCOLM HAYES	43	EBSC	1:24.89
200 YD. BACK			
MALCOLM HAYES	43	EBSC	3:03.53
50 YD. BRST			
MARK BLAGDON	42	PNA	32.71
MIKE TOMPKINS	42	SDSM	33.50
PAUL CISKE	40	SAC	34.41
J.SCHAEFFER	40	PNA	34.50
DAN BRIGHTWELL	41	EBSC	44.08
100 YD. BRST			
J.SCHAEFFER	40	PNA	1:17.67
IAN MATTHEWS	42	EBSC	1:25.05
200 YD. BRST			
IAN MATTHEWS	42	EBSC	3:04.06
50 YD. FLY			
PAUL CISKE	40	SAC	29.80
PAUL CLEMENTS	41	PNA	32.24
TIM MARKS	40	CALG	32.37
100 YD. FLY			
STEVE SUSSEX	41	UNAT	59.23
IAN MATTHEWS	42	EBSC	1:25.53
100 YD. I.M.			
MIKE TOMPKINS	42	SDSM	1:04.26
MARK BLAGDON	42	PNA	1:04.87
PAUL CISKE	40	SAC	1:05.60
PAUL CLEMENTS	41	PNA	1:09.90
J.SCHAEFFER	40	PNA	1:14.16
TIM MARKS	40	CALG	1:16.03
MALCOLM HAYES	43	EBSC	1:17.89
JOHN DOBYNS	44	SDSM	2:04.20
200 YD. I.M.			
PAUL CISKE	40	SAC	2:22.08

M E N 45-49

50 YD. FREE			
RICK PETERSON	45	PNA	23.80 P
KEVIN SIMPSON	46	EBSC	27.99
GARY MATHER	47	PNA	30.05
100 YD. FREE			
RICK PETERSON	45	PNA	53.13 P
DANA COX	45	PNA	1:03.05
200 YD. FREE			
DAN MACGREGOR	47	CALG	2:13.32
DAN WHITESIDE	45	CALG	2:31.29
500 YD. FREE			
DAN MACGREGOR	47	CALG	5:56.49
DAN WHITESIDE	45	CALG	6:27.15
KEVIN SIMPSON	46	EBSC	6:35.12
50 YD. BACK			
KEVIN SIMPSON	46	EBSC	36.71
200 YD. BACK			
DAN MACGREGOR	47	CALG	2:28.99
50 YD. BRST			
DANA COX	45	PNA	31.57
GARY MATHER	47	PNA	39.77
100 YD. BRST			
DANA COX	45	PNA	1:11.36
GARY MATHER	47	PNA	1:27.61
200 YD. BRST			

DAN MACGREGOR	47	CALG	2:44.14
DANA COX	45	PNA	2:50.02
GARY MATHER	47	PNA	3:13.24
50 YD. FLY			
DAN WHITESIDE	45	CALG	39.15
100 YD. FLY			
DAN WHITESIDE	45	CALG	1:26.71
100 YD. I.M.			
RICK PETERSON	45	PNA	1:04.12
200 YD. I.M.			
DAN MACGREGOR	47	CALG	2:29.67

M E N 50-54

50 YD. FREE			
FRED WILL	53	SDSM	38.31
100 YD. FREE			
MICHA MONTGOMER	51	SAC	59.34
STEVEN PETERSON	50	PNA	1:01.54
200 YD. FREE			
MICHA MONTGOMER	51	SAC	2:10.67
500 YD. FREE			
STEVEN PETERSON	50	PNA	6:02.66
FRED WILL	53	SDSM	8:27.16
50 YD. BACK			
FRED WILL	53	SDSM	44.82
50 YD. BRST			
STEVEN PETERSON	50	PNA	32.41 P
100 YD. I.M.			
FRED WILL	53	SDSM	1:39.85
200 YD. I.M.			
STEVEN PETERSON	50	PNA	2:31.66

M E N 55-59

50 YD. FREE			
ILLES BOGNAR	57	PNA	36.23
50 YD. BRST			
ILLES BOGNAR	57	PNA	45.83

M E N 60-64

100 YD. FLY			
TOM FOLEY	63	PNA	1:50.55
100 YD. I.M.			
TOM FOLEY	63	PNA	1:40.52

M E N 85-89

50 YD. BRST			
JIM PENFIELD	89	PNA	59.18
100 YD. BRST			
JIM PENFIELD	89	PNA	2:30.33
100 YD. I.M.			
JIM PENFIELD	89	PNA	2:21.27

RELAYS-M E N 200 YD. FREE

25 +			
MARK BLAGDON	42	PNA	1:35.28
RICK PETERSON	45		
JIM LASERSOHN	32		
CRAIG MALLERY	35		
IRA COOPER	43	PNA	1:49.66
DANA COX	45		
PAUL IKEDA	38		
JOHN CARROLL	*28		
GARY MATHER	47	PNA	1:56.14
LUIS SANTANA	26		
PAUL CLEMENTS	41		
MIKE LAMB	28		
TOM VEGH	40	SDSM	2:22.27
TIMOTHY HEALEY	31		
JOHN DOBYNS	44		
FRED WILL	53		

35 +

MICHA MONTGOMER	51	SACR	1:45.80
ANDY BRENNAN	36		
SCOTT REUSS	35		
PAUL CISKE	40		

RELAYS-M E N 200 YD. MEDLEY

25 +			
MIKE LAMB	28	PNA	1:59.50
DAN BENSON	33		
PAUL SHERMAN	33		
PAUL CLEMENTS	41		
JOHN FARKAS	25	SDSM	2:01.84
GREGORY FONG	28		
BARRY BROCKMAN	27		
MIKE TOMPKINS	42		
COLIN NESS	36	PNA	2:11.20
KRAIG TREGO	34		
BRIAN WEISS	28		
BILL GARRISON	38		
MIKE NAYLOR	37	EBSC	2:19.25
GREGORY HEAD	36		
IAN MATTHEWS	42		
BOY GLYN-WILLIA	29		
TOM VEGH	40	SDSC	2:52.73
TIMOTHY HEALEY	31		
FRED WILL	53		
JOHN DOBYNS	44		

35 +			
PAUL CISKE	40	SACR	1:56.52
ANDY BRENNAN	36		
SCOTT REUSS	35		
MICHA MONTGOMER	51		

RELAYS-MIXED 200 YD. FREE

25 +			
SUZIE NESS	35	PNA	2:01.87
KRAIG TREGO	34		
ELLEN FORNEY	29		
BILL GARRISON	28		