

MT. RAINIER

10-15-88

SHORT COURSE YARDS

P = P.N.A. RECORD

R = REGIONAL RECORD

N = NATIONAL RECORD

W = WORLD RECORD

U = UNOFFICIAL TIME (1 WATCH)

WOMEN 19-24

50 YD. FREE		
M. SARCHIAN	23 PNA	25.68
SHERYL PANTER	24 PNA	30.16
100 YD. FREE		
M. SARCHIAN	23 PNA	56.82
SHERYL PANTER	24 PNA	1:07.50
50 YD. BACK		
SHERYL PANTER	24 PNA	35.38
50 YD. BRST		
M. SARCHIAN	23 PNA	33.76 R
SHERYL PANTER	24 PNA	39.03
50 YD. FLY		
M. SARCHIAN	23 PNA	29.63
100 YD. I.M.		
M. SARCHIAN	23 PNA	1:07.75
SHERYL PANTER	24 PNA	1:15.79

WOMEN 25-29

50 YD. FREE		
RUTH POWERS	25 PNA	29.34
100 YD. FREE		
RUTH POWERS	25 PNA	1:05.30
100 YD. BACK		
KAREN JOST	27 PNA	1:12.67
50 YD. FLY		
RUTH POWERS	25 PNA	34.54
100 YD. FLY		
KAREN JOST	27 PNA	1:15.68
200 YD. I.M.		
KAREN JOST	27 PNA	2:39.42

WOMEN 30-34

50 YD. FREE		
SANDRA MACAULEY	34 PNA	33.76
100 YD. FREE		
LISA FARIN	30 PNA	1:09.95
200 YD. FREE		
LISA FARIN	30 PNA	2:31.17
SANDRA MACAULEY	34 PNA	2:56.26
500 YD. FREE		
LISA FARIN	30 PNA	6:32.38
SANDRA MACAULEY	34 PNA	8:06.36
100 YD. BACK		
LISA FARIN	30 PNA	1:23.80
200 YD. I.M.		
LISA FARIN	30 PNA	2:50.41

WOMEN 35-39

100 YD. FREE		
JANE MOORE	37 PNA	1:18.97
50 YD. BACK		
JANE MOORE	37 PNA	44.01
100 YD. BRST		
JANE MOORE	37 PNA	1:40.55
200 YD. I.M.		
JANE MOORE	37 PNA	3:26.13

WOMEN 40-44

50 YD. FREE		
SHERRY GRINDELAND	44 PNA	42.91
100 YD. FREE		
SHERRY GRINDELAND	44 PNA	1:32.02
500 YD. FREE		
SHERRY GRINDELAND	44 PNA	8:55.40
100 YD. BRST		
CATHERINE BROOKS	40 DAM	1:27.26
200 YD. BRST		
CATHERINE BROOKS	40 DAM	3:05.70
100 YD. I.M.		
SHERRY GRINDELAND	44 PNA	1:54.15
200 YD. I.M.		
SHERRY GRINDELAND	44 PNA	4:00.41

WOMEN 50-54

50 YD. FREE		
ANN GINDROZ	50 PNA	36.21
100 YD. FREE		
ANN GINDROZ	50 PNA	1:22.38
500 YD. FREE		
ANN GINDROZ	50 PNA	8:07.12
100 YD. BRST		
CAROLYN BALDWIN	54 PNA	1:47.45
50 YD. FLY		
ANN GINDROZ	50 PNA	46.36
100 YD. FLY		
CAROLYN BALDWIN	54 PNA	1:58.00
200 YD. I.M.		
CAROLYN BALDWIN	54 PNA	3:44.83

WOMEN 55-59

100 YD. FREE		
JOY ROSS	55 PNA	1:26.11
200 YD. BACK		
JOY ROSS	55 PNA	3:34.39
100 YD. BRST		
JOY ROSS	55 PNA	1:44.84
200 YD. I.M.		
JOY ROSS	55 PNA	3:28.27
400 YD. I.M.		
JOY ROSS	55 PNA	7:06.91

WOMEN 65-69

100 YD. FREE		
MAXINE CARLSON	68 PNA	1:49.50
50 YD. BACK		
MAXINE CARLSON	68 PNA	55.37
100 YD. BACK		
MAXINE CARLSON	68 PNA	1:59.59

WOMEN 75-79

100 YD. BACK		
MARION MUELLER	76 PNA	2:14.33
200 YD. BRST		
MARION MUELLER	76 PNA	7:08.55
100 YD. I.M.		
MARION MUELLER	76 PNA	2:47.18

M E N 19-24

100 YD. FREE		
DAVID WRIGHT	24 PNA	52.37
50 YD. BACK		
DAVID WRIGHT	24 PNA	29.55
100 YD. BRST		
DAVID WRIGHT	24 PNA	1:08.23
50 YD. FLY		
DAVID WRIGHT	24 PNA	26.57

M E N 25-29

50 YD. FREE		
BOB RANKIN	28 PNA	25.22
TOM KRETZLER	28 PNA	26.27
100 YD. FREE		
STEVE SCHMIDT	26 PNA	52.08
BOB RANKIN	28 PNA	55.40
ED CLARKE	25 PNA	56.56
TOM KRETZLER	28 PNA	57.70
200 YD. FREE		
BOB RANKIN	28 PNA	2:02.37
50 YD. BRST		
TOM KRETZLER	28 PNA	34.30
100 YD. BRST		
ED CLARKE	25 PNA	1:12.46
TOM KRETZLER	28 PNA	1:14.54
100 YD. I.M.		
ED CLARKE	25 PNA	1:05.47
400 YD. I.M.		
STEVE SCHMIDT	26 PNA	4:33.48

M E N 30-34

50 YD. FREE		
MARK APPLEBY	30 PNA	23.26
JOHN UNDERBRINK	30 PNA	25.15
JACK ANDERSON	30 PNA	25.80
MICHAEL EVANS	34 PNA	26.54
HUGH MOORE	34 PNA	26.95
100 YD. FREE		
MARK APPLEBY	30 PNA	52.55
STEVE FREEBORN	33 PNA	55.02

CLIFF WARD	32 PNA	55.99
JOHN UNDERBRINK	30 PNA	56.22
JOHN KOKES	33 PNA	1:06.92
500 YD. FREE		
BRAD WILLIAMS	30 PNA	5:13.22
50 YD. BACK		
MICHAEL EVANS	34 PNA	33.38
JOHN KOKES	33 PNA	39.06
100 YD. BACK		
MICHAEL EVANS	34 PNA	1:13.50
100 YD. BRST		
HUGH MOORE	34 PNA	1:19.81
JOHN UNDERBRINK	30 PNA	1:22.52
200 YD. BRST		
BRAD WILLIAMS	30 PNA	2:30.17
50 YD. FLY		
JOEL EDWARDS	30 PNA	25.01
STEVE FREEBORN	33 PNA	25.91
MARK APPLEBY	30 PNA	27.30
CLIFF WARD	32 PNA	27.58
JACK ANDERSON	30 PNA	28.55
100 YD. FLY		
JOEL EDWARDS	30 PNA	56.48
STEVE FREEBORN	33 PNA	59.80
100 YD. I.M.		
BRAD WILLIAMS	30 PNA	57.66
JOEL EDWARDS	30 PNA	59.41
STEVE FREEBORN	33 PNA	1:02.67
CLIFF WARD	32 PNA	1:03.46
JOHN KOKES	33 PNA	1:20.38
200 YD. I.M.		
BRAD WILLIAMS	30 PNA	2:10.77
JOEL EDWARDS	30 PNA	2:11.73
CLIFF WARD	32 PNA	2:25.20
JOHN UNDERBRINK	30 PNA	2:30.02
MICHAEL EVANS	34 PNA	2:32.65
400 YD. I.M.		
BRAD WILLIAMS	30 PNA	4:29.44 R
HUGH MOORE	34 PNA	5:04.18
JOHN UNDERBRINK	30 PNA	5:05.30
STEVE FREEBORN	33 PNA	5:09.05
CLIFF WARD	32 PNA	5:10.06

M E N 35-39

100 YD. FREE		
DANIEL WADE	39 HSKY	1:06.13
200 YD. FREE		
DANIEL WADE	39 HSKY	2:32.22
100 YD. BRST		
DANIEL WADE	39 HSKY	1:31.12

M E N 40-44

50 YD. FREE		
GEORGE BARNES	43 PNA	26.62
STEVE HARRELL	41 PNA	28.05
FOREST BROOKS	41 PNA	48.87
100 YD. FREE		
GEORGE BARNES	43 PNA	58.38

STEVE HARRELL	41 PNA	1:02.08
FOREST BROOKS	41 PNA	1:49.06
200 YD. FREE		
STEVE HARRELL	41 PNA	2:17.49
GEORGE BARNES	43 PNA	2:24.34
50 YD. BACK		
FOREST BROOKS	41 PNA	1:02.07
200 YD. BACK		
FOREST BROOKS	41 PNA	4:36.76
100 YD. I.M.		
STEVE HARRELL	41 PNA	1:10.91
200 YD. I.M.		
STEVE HARRELL	41 PNA	2:34.79

M E N 45-49

50 YD. FREE		
GREG HOLLADAY	45 PNA	29.57
ROBERT GRIFFITH	46 PNA	30.56
LARRY BEADLE	49 PNA	32.23
100 YD. FREE		
GREG HOLLADAY	45 PNA	1:07.18
ROBERT GRIFFITH	46 PNA	1:07.44
50 YD. BACK		
MICHAEL MCKINLAY	45 PNA	30.31
LARRY BEADLE	49 PNA	42.33
100 YD. BACK		
MICHAEL MCKINLAY	45 PNA	1:09.03
200 YD. BACK		
MICHAEL MCKINLAY	45 PNA	2:27.92
50 YD. BRST		
LARRY BEADLE	49 PNA	41.10
100 YD. I.M.		
MICHAEL MCKINLAY	45 PNA	1:15.23
200 YD. I.M.		
MICHAEL MCKINLAY	45 PNA	2:32.06

M E N 50-54

50 YD. FREE		
DAVID ADDLEMAN	53 PNA	26.85
IRV BEADLE	53 PNA	32.29
TOM FOLEY	54 PNA	37.88
100 YD. FREE		
IRV BEADLE	53 PNA	1:12.45
50 YD. BACK		
TOM FOLEY	54 PNA	44.55
50 YD. BRST		
TOM FOLEY	54 PNA	46.23
50 YD. FLY		
TOM FOLEY	54 PNA	41.77
400 YD. I.M.		
TOM FOLEY	54 PNA	7:04.94

M E N 55-59

50 YD. FREE		
BOB DORSE	56 PNA	27.23
50 YD. BRST		
BOB DORSE	56 PNA	36.04

100 YD. I.M.		
BOB DORSE	56 PNA	1:14.82
200 YD. I.M.		
BOB DORSE	56 PNA	2:52.99

M E N 60-64

50 YD. FREE		
BILL CASTNER	61 PNA	36.88
50 YD. BACK		
BILL CASTNER	61 PNA	43.48

M E N 65-69

50 YD. FREE		
CHET PALMER	65 PNA	32.78
JAMES WORREL	66 PNA	35.10
100 YD. FREE		
CHET PALMER	65 PNA	1:17.16
JAMES WORREL	66 PNA	1:31.80
500 YD. FREE		
CHET PALMER	65 PNA	8:03.94
50 YD. BRST		
JAMES WORREL	66 PNA	42.51
100 YD. BRST		
JAMES WORREL	66 PNA	1:35.29
100 YD. I.M.		
JAMES WORREL	66 PNA	1:36.03

M E N 75-79

50 YD. FREE		
ALLAN SACHS	75 PNA	36.13
100 YD. FREE		
ALLAN SACHS	75 PNA	1:23.86
50 YD. BACK		
ALLAN SACHS	75 PNA	45.40

RELAYS DROPPED BECAUSE  
NOT SUBMITTED IN PROPER  
FORMAT