

NORTH KITSAP

11-18-90

SHORT COURSE YARDS

P = P.N.A. RECORD

R = REGIONAL RECORD

N = NATIONAL RECORD

W = WORLD RECORD

U = UNOFFICAL TIME (1 WATCH)

WOMEN 19-24

50 YD. FREE		
T. WITTENBERG	23 PNA	28.38
100 YD. BACK		
T. WITTENBERG	23 PNA	1:12.01
200 YD. BACK		
T. WITTENBERG	23 PNA	2:42.69
100 YD. I.M.		
T. WITTENBERG	23 PNA	1:14.43
200 YD. I.M.		
T. WITTENBERG	23 PNA	2:40.51

WOMEN 25-29

50 YD. FREE		
KAREN JOST	29 PNA	30.50
100 YD. FREE		
WENDY HOFFMAN	28 PNA	1:09.88
200 YD. FREE		
WENDY HOFFMAN	28 PNA	2:35.55
50 YD. BACK		
KAREN JOST	29 PNA	35.36
100 YD. BACK		
KAREN JOST	29 PNA	1:12.40
SUSAN KULSA	28 PNA	1:18.42
WENDY HOFFMAN	28 PNA	1:26.10
100 YD. BRST		
WENDY HOFFMAN	28 PNA	1:30.78
100 YD. I.M.		
KAREN JOST	29 PNA	1:14.06 U
SUSAN KULSA	28 PNA	1:19.36
WENDY HOFFMAN	28 PNA	1:21.39
400 YD. I.M.		
KAREN JOST	29 PNA	5:30.47

WOMEN 30-34

50 YD. FREE		
DEBORAH LADD	31 PNA	27.45
LYNN DEE WATKINS	34 PNA	30.82
MARILYNN GOTTLIEB	34 PNA	35.79
500 YD. FREE		
DEBORAH LADD	31 PNA	5:58.58
100 YD. BRST		
DEBORAH LADD	31 PNA	1:20.01
50 YD. FLY		
DEBORAH LADD	31 PNA	29.74
LYNN DEE WATKINS	34 PNA	33.45
100 YD. I.M.		
DEBORAH LADD	31 PNA	1:10.91

LYNN DEE WATKINS 34 PNA 1:15.78

WOMEN 35-39

50 YD. FREE		
LESLIE BABBITT	37 PNA	32.29 U
MARILYN GRINDROD	38 PNA	32.47 U
DIANE MC GEE	37 PNA	32.48
MARLENE HOLMES	35 PNA	40.92
100 YD. FREE		
MARLENE HOLMES	35 PNA	1:35.30
500 YD. FREE		
LESLIE BABBITT	37 PNA	7:20.11
50 YD. BACK		
MARILYN GRINDROD	38 PNA	40.10
MARLENE HOLMES	35 PNA	1:02.43
100 YD. BACK		
MARILYN GRINDROD	38 PNA	1:32.12
50 YD. BRST		
LESLIE BABBITT	37 PNA	42.24
200 YD. BRST		
LESLIE BABBITT	37 PNA	3:19.45
50 YD. FLY		
DIANE MC GEE	37 PNA	36.20
MARLENE HOLMES	35 PNA	1:04.54
100 YD. FLY		
MARLENE HOLMES	35 PNA	2:15.81
100 YD. I.M.		
MARILYN GRINDROD	38 PNA	1:28.33
200 YD. I.M.		
LESLIE BABBITT	37 PNA	3:08.51

WOMEN 40-44

100 YD. FREE		
KATHRINE CASEY	42 PNA	1:05.58
ROBERTA MOORE	43 PNA	1:14.87
200 YD. FREE		
ROBERTA MOORE	43 PNA	2:43.39
500 YD. FREE		
KATHRINE CASEY	42 PNA	6:09.37
1650 YD. FREE		
JANE MOORE	40 PNA	27:03.19
100 YD. BACK		
GINGER PIERSON	44 OREG	1:17.26
200 YD. BACK		
GINGER PIERSON	44 OREG	2:46.54
KATHRINE CASEY	42 PNA	2:53.72
50 YD. BRST		
GINGER PIERSON	44 OREG	34.46
KATHRINE CASEY	42 PNA	36.65
ROBERTA MOORE	43 PNA	41.72
100 YD. BRST		
GINGER PIERSON	44 OREG	1:17.70
200 YD. BRST		
GINGER PIERSON	44 OREG	2:47.17
KATHRINE CASEY	42 PNA	2:54.39
100 YD. I.M.		
ROBERTA MOORE	43 PNA	1:27.14

WOMEN 45-49

50 YD. FREE		
FRANCESCA DRUM	49 SDSM	33.70
50 YD. BRST		
FRANCESCA DRUM	49 SDSM	43.31
100 YD. BRST		
FRANCESCA DRUM	49 SDSM	1:30.41
200 YD. BRST		
FRANCESCA DRUM	49 SDSM	3:13.26

WOMEN 50-54

50 YD. FREE		
CAROL ANNING	52 PNA	41.70
100 YD. FREE		
CAROL ANNING	52 PNA	1:32.49
200 YD. FREE		
CAROL ANNING	52 PNA	3:21.79
50 YD. BRST		
CAROL ANNING	52 PNA	59.98
100 YD. I.M.		
CAROL ANNING	52 PNA	2:05.10

WOMEN 55-59

50 YD. FREE		
CAROLYN BALDWIN	56 PNA	44.48
PATRICIA NELLIS	57 SQM	58.18
100 YD. FREE		
JOY ROSS	57 PNA	1:32.25
PATRICIA NELLIS	57 SQM	2:08.72
200 YD. FREE		
JOY ROSS	57 PNA	3:06.03
500 YD. FREE		
CYNTHIA ROSIK	57 PNA	9:51.78
50 YD. BACK		
CYNTHIA ROSIK	57 PNA	1:02.84
200 YD. BACK		
JOY ROSS	57 PNA	3:32.71
100 YD. BRST		
CAROLYN BALDWIN	56 PNA	1:49.15
200 YD. BRST		
JOY ROSS	57 PNA	3:44.56
50 YD. FLY		
CAROLYN BALDWIN	56 PNA	51.46
CYNTHIA ROSIK	57 PNA	58.39
100 YD. I.M.		
CAROLYN BALDWIN	56 PNA	1:50.83
200 YD. I.M.		
JOY ROSS	57 PNA	3:34.20

WOMEN 65-69

50 YD. FREE		
MURIEL FLYNN	67 PNA	34.30
100 YD. FREE		
MARYAN BURKE	65 PNA	2:06.59
1650 YD. FREE		
NANCY LAWRENCE	67 SQM	36:08.32

100 YD. BACK
 MARYAN BURKE 65 PNA 2:05.30
 50 YD. BRST
 MARYAN BURKE 65 PNA 59.93
 100 YD. BRST
 MURIEL FLYNN 67 PNA 1:49.47
 200 YD. BRST
 MURIEL FLYNN 67 PNA 3:53.45
 100 YD. I.M.
 MARYAN BURKE 65 PNA 2:10.89

WOMEN 70-74

50 YD. FREE
 MAXINE CARLSON 70 PNA 55.92
 200 YD. FREE
 PAT MATTHIESEN 74 PNA 4:24.86
 50 YD. BACK
 MAXINE CARLSON 70 PNA 1:01.29 U
 50 YD. BRST
 MAXINE CARLSON 70 PNA 1:18.71
 100 YD. BRST
 PAT MATTHIESEN 74 PNA 2:20.33 R
 200 YD. BRST
 PAT MATTHIESEN 74 PNA 5:04.91
 50 YD. FLY
 MAXINE CARLSON 70 PNA 1:17.85
 100 YD. FLY
 PAT MATTHIESEN 74 PNA 2:17.79
 200 YD. I.M.
 PAT MATTHIESEN 74 PNA 4:49.11

WOMEN 75-79

100 YD. FREE
 MARION MUELLER 78 PNA 2:14.57
 50 YD. BACK
 MARION MUELLER 78 PNA 1:04.62
 100 YD. BACK
 MARION MUELLER 78 PNA 2:20.53
 200 YD. BACK
 MARION MUELLER 78 PNA 4:53.59
 100 YD. I.M.
 MARION MUELLER 78 PNA 2:57.32

M E N 19-24

100 YD. FREE
 DOUG TIMPE 23 PNA 1:00.37
 200 YD. FREE
 DOUG TIMPE 23 PNA 2:15.26
 50 YD. BRST
 TODD GERMAN 24 PNA 31.65
 100 YD. BRST
 TODD GERMAN 24 PNA 1:10.00
 50 YD. FLY
 TODD GERMAN 24 PNA 27.45 U
 100 YD. FLY
 DOUG TIMPE 23 PNA 1:09.56
 100 YD. I.M.

TODD GERMAN 24 PNA 1:04.83
 200 YD. I.M.
 DOUG TIMPE 23 PNA 2:34.12

M E N 25-29

50 YD. FREE
 JAY GILLEN 25 PNA 25.47
 100 YD. FREE
 JAY GILLEN 25 PNA 56.88
 DWIGHT BOLTON 26 PNA 57.28
 500 YD. FREE
 LARRY DE GROEN 29 PNA 5:36.72
 DWIGHT BOLTON 26 PNA 6:04.33
 1650 YD. FREE
 LARRY DE GROEN 29 PNA 19:52.99
 100 YD. BACK
 TOM HARRYLOCK 29 PNA 1:11.58
 200 YD. BACK
 LARRY DE GROEN 29 PNA 2:21.90
 TOM HARRYLOCK 29 PNA 2:42.44
 100 YD. BRST
 LARRY DE GROEN 29 PNA 1:10.03
 200 YD. BRST
 LARRY DE GROEN 29 PNA 2:39.38
 50 YD. FLY
 DWIGHT BOLTON 26 PNA 28.58
 JAY GILLEN 25 PNA 28.68
 100 YD. FLY
 JAY GILLEN 25 PNA 1:06.13
 DWIGHT BOLTON 26 PNA 1:06.98
 100 YD. I.M.
 JAY GILLEN 25 PNA 1:08.05
 TOM HARRYLOCK 29 PNA 1:11.58

M E N 30-34

50 YD. FREE
 MARK APPLEBY 32 PNA 22.75
 DAVID THOMSON 31 PNA 23.87
 100 YD. FREE
 MARK APPLEBY 32 PNA 51.82
 M. FITZGERALD 32 PNA 52.73
 DAVID THOMSON 31 PNA 54.33
 CURTIS TROUPE 33 PNA 54.43
 MIKE JONES 30 PNA 57.52
 200 YD. FREE
 M. FITZGERALD 32 PNA 1:56.94
 MARK APPLEBY 32 PNA 1:58.90
 CURTIS TROUPE 33 PNA 2:03.78
 MIKE JONES 30 PNA 2:06.87
 500 YD. FREE
 GEOFFREY ANDERSON 30 PNA 5:30.91
 CURTIS TROUPE 33 PNA 5:42.89
 1650 YD. FREE
 MARK VAN ACHE 30 PNA 19:16.01
 CLIFTON WARD 34 PNA 20:27.54
 ANDY WEIFFENBACH 30 PNA 21:47.92
 100 YD. BACK
 JOHN ZELL 33 OREG 1:02.45

GEOFFREY ANDERSON 30 PNA 1:05.56
 200 YD. BACK
 JOHN ZELL 33 OREG 2:18.32
 CLIFTON WARD 34 PNA 2:21.94
 50 YD. BRST
 MARK APPLEBY 32 PNA 30.11
 200 YD. BRST
 CLIFTON WARD 34 PNA 2:36.03
 GEOFFREY ANDERSON 30 PNA 2:38.16
 100 YD. FLY
 GEOFFREY ANDERSON 30 PNA 58.87
 M. FITZGERALD 32 PNA 1:00.41
 MIKE JONES 30 PNA 1:01.77
 100 YD. I.M.
 MARK APPLEBY 32 PNA 59.47
 M. FITZGERALD 32 PNA 1:02.23
 200 YD. I.M.
 CLIFTON WARD 34 PNA 2:19.73
 M. FITZGERALD 32 PNA 2:21.18
 400 YD. I.M.
 GEOFFREY ANDERSON 30 PNA 4:47.21
 CLIFTON WARD 34 PNA 5:01.83

M E N 35-39

50 YD. FREE
 RICH HENDRICKSON 38 PNA 25.28
 JAMES STRETCH 38 PNA 26.20
 ROCKY PHOENIX 36 PNA 29.89
 BRUCE LOMAX 39 PNA 35.88
 100 YD. FREE
 STEPHEN FREEBORN 35 PNA 56.75
 RICH HENDRICKSON 38 PNA 56.85
 MICHAEL EVANS 36 PNA 58.17
 JAMES STRETCH 38 PNA 58.48
 BRUCE LOMAX 39 PNA 1:24.82
 200 YD. FREE
 HUGH MOORE 36 PNA 2:04.13
 MICHAEL EVANS 36 PNA 2:07.38
 JAMES STRETCH 38 PNA 2:16.13
 1650 YD. FREE
 GREGORY HARRISON 38 PNA 22:01.41
 50 YD. BACK
 ROCKY PHOENIX 36 PNA 48.29 U
 BRUCE LOMAX 39 PNA 55.63
 100 YD. BACK
 BRUCE LOMAX 39 PNA 1:59.90
 50 YD. BRST
 ROCKY PHOENIX 36 PNA 46.37
 50 YD. FLY
 STEPHEN FREEBORN 35 PNA 26.64
 RICH HENDRICKSON 38 PNA 28.10
 100 YD. FLY
 STEPHEN FREEBORN 35 PNA 1:00.73
 HUGH MOORE 36 PNA 1:03.19
 MICHAEL EVANS 36 PNA 1:06.64
 200 YD. FLY
 HUGH MOORE 36 PNA 2:22.68
 100 YD. I.M.
 MICHAEL EVANS 36 PNA 1:06.52

HUGH MOORE 36 PNA 1:06.65
 BRUCE LOMAX 39 PNA 1:50.43
 200 YD. I.M.
 STEPHEN FREEBORN 35 PNA 2:20.63
 MICHAEL EVANS 36 PNA 2:31.07
 400 YD. I.M.
 GREGORY HARRISON 38 PNA 4:56.77
 HUGH MOORE 36 PNA 4:57.97

M E N 40-44

50 YD. FREE
 STEVEN PETERSON 44 PNA 27.39
 MILL HASBROOK 42 PNA 27.56 U
 FRED HOLM 42 PNA 36.34
 100 YD. FREE
 MILL HASBROOK 42 PNA 1:03.38
 DAVID STERN 40 PNA 1:04.89 U
 FRED HOLM 42 PNA 1:47.00
 200 YD. FREE
 FRANK WARNER 41 PNA 1:58.07
 500 YD. FREE
 DAVID STERN 40 PNA 6:34.94
 50 YD. BACK
 FRANK WARNER 41 PNA 30.02
 DAVID STERN 40 PNA 30.94
 STEVEN PETERSON 44 PNA 37.14
 FRED HOLM 42 PNA 52.61
 100 YD. BACK
 DAVID STERN 40 PNA 1:10.86
 200 YD. BACK
 FRANK WARNER 41 PNA 2:21.21
 50 YD. BRST
 STEVEN PETERSON 44 PNA 32.41
 MILL HASBROOK 42 PNA 36.45
 50 YD. FLY
 STEVEN PETERSON 44 PNA 29.99
 200 YD. I.M.
 STEVEN PETERSON 44 PNA 2:32.26

M E N 45-49

50 YD. FREE
 RICHARD GOLDEN 49 PNA 35.39
 100 YD. FREE
 RICHARD GOLDEN 49 PNA 1:19.76
 200 YD. FREE
 RICHARD GOLDEN 49 PNA 3:08.06
 500 YD. FREE
 GORDON GRAY 45 PNA 6:40.74
 1650 YD. FREE
 GORDON GRAY 45 PNA 23:16.45
 50 YD. BACK
 GORDON GRAY 45 PNA 36.22 U
 ROBERT GRIFFITH 48 PNA 40.68
 200 YD. BACK
 GORDON GRAY 45 PNA 2:47.65
 50 YD. BRST
 ROBERT GRIFFITH 48 PNA 41.73
 50 YD. FLY

ROBERT WATKINS 48 PNA 31.35
 ROBERT GRIFFITH 48 PNA 37.40
 100 YD. I.M.
 ROBERT WATKINS 48 PNA 1:15.80
 ROBERT GRIFFITH 48 PNA 1:23.71

M E N 50-54

500 YD. FREE
 LEE CARLSON 50 PNA 6:52.43
 100 YD. BACK
 LEE CARLSON 50 PNA 1:17.03
 50 YD. BRST
 WALT REID 50 PNA 34.22
 LEE CARLSON 50 PNA 39.61
 100 YD. BRST
 WALT REID 50 PNA 1:17.99
 200 YD. BRST
 WALT REID 50 PNA 2:53.21
 100 YD. I.M.
 LEE CARLSON 50 PNA 1:19.08

M E N 55-59

50 YD. FREE
 DAVE DRUM 55 SDSM 26.96
 BOB DORSE 59 PNA 27.94
 MILES YANICK 55 PNA 32.33
 DAN NELLIS 59 SQM 32.56
 JACK LYNCH 55 PNA 45.31
 100 YD. FREE
 DAVE DRUM 55 SDSM 1:02.51
 BOB DORSE 59 PNA 1:05.90
 MILES YANICK 55 PNA 1:15.81
 DAN NELLIS 59 SQM 1:16.71
 JACK LYNCH 55 PNA 1:43.65 U
 200 YD. FREE
 DAN NELLIS 59 SQM 2:55.20
 100 YD. BACK
 TOM FOLEY 56 PNA 1:38.17
 JACK LYNCH 55 PNA 2:06.19
 50 YD. BRST
 FLOYD GELLER 57 OREG 44.64
 100 YD. BRST
 FLOYD GELLER 57 OREG 1:44.20
 200 YD. BRST
 FLOYD GELLER 57 OREG 4:00.47
 50 YD. FLY
 DAVE DRUM 55 SDSM 29.21
 200 YD. FLY
 TOM FOLEY 56 PNA 3:49.24 U
 100 YD. I.M.
 DAVE DRUM 55 SDSM 1:10.53
 BOB DORSE 59 PNA 1:17.34
 TOM FOLEY 56 PNA 1:32.70

M E N 60-64

50 YD. FREE
 RALPH BREMER 61 PNA 36.82

WILLIAM HUMPHRIES 62 PNA 37.51
 100 YD. FREE
 RALPH BREMER 61 PNA 1:24.16
 500 YD. FREE
 RALPH BREMER 61 PNA 7:59.86
 50 YD. BACK
 WILLIAM HUMPHRIES 62 PNA 46.11
 100 YD. BACK
 WILLIAM HUMPHRIES 62 PNA 1:50.77
 100 YD. BRST
 RALPH BREMER 61 PNA 1:49.41
 50 YD. FLY
 WATSON LAWRENCE 63 SQM 1:00.49
 100 YD. FLY
 WATSON LAWRENCE 63 SQM 2:34.20
 400 YD. I.M.
 WATSON LAWRENCE 63 SQM 10:43.84

M E N 65-69

50 YD. FREE
 ALAN SANDERS 67 PNA 34.67
 100 YD. FREE
 ALAN SANDERS 67 PNA 1:20.58 U
 200 YD. FREE
 ALAN SANDERS 67 PNA 3:08.66
 50 YD. BACK
 ALAN SANDERS 67 PNA 49.32

M E N 70-74

50 YD. FREE
 BOB LITTLEJOHN 71 SQM 39.05
 200 YD. FREE
 BOB LITTLEJOHN 71 SQM 3:44.20
 50 YD. BACK
 GERALD HUESTIS 70 OREG 36.95
 100 YD. BACK
 GERALD HUESTIS 70 OREG 1:24.61 R
 200 YD. BACK
 GERALD HUESTIS 70 OREG 3:05.16 R

M E N 75-79

50 YD. FREE
 ALLAN DE LAY 75 OREG 34.45 U
 50 YD. BACK
 ALLAN DE LAY 75 OREG 50.48
 50 YD. BRST
 ALLAN DE LAY 75 OREG 50.44

M E N 80-84

100 YD. FREE
 JIM PENFIELD 82 PNA 1:34.68
 100 YD. BACK
 JIM PENFIELD 82 PNA 1:55.77
 200 YD. BRST
 JIM PENFIELD 82 PNA 4:33.89 R

RELAYS-M E N 200 YD. FREE

25 +

GEOFFREY ANDERSON 30 PNA 1:46.62
LARRY DE GROEN 29
TOM HARRYLOCK 29
ROBERT GRIFFITH 48

RELAYS-M E N 200 YD. MEDLEY

25 +

CLIFTON WARD 34 PNA 1:56.28 U
STEVEN PETERSON 44
JAY GILLEN 25
M. FITZGERALD 32

RELAYS-MIXED 200 YD. FREE

25 +

GEOFFREY ANDERSON 30 PNA 1:53.59
LARRY DE GROEN 29
DEBORAH LADD 31
LESLIE BABBITT 37

AN ORCA INVITATION

TEAM SEATTLE ORCA SWIM CLUB

is proud to host
and invites all PNA swimmers
to participate in:

EVENT: PNA Swim Meet

DATE: Saturday, February 9, 1991

PLACE: Helene Madison Pool
13401 Meridian N.
Seattle, WA

TIME: Warm-ups begin at 8:00 a.m.
Meet begins at 9:00 a.m.

sponsored by
PNA Masters Local Swimming Committee

UNITED STATES MASTERS SWIMMING, INC. REGISTRATION APPLICATION - NOV 1, 1990 TO DEC 31, 1991

FILL IN WITH NAME YOU WILL USE ON ALL MEET APPLICATIONS

PLEASE PRINT OR TYPE INFORMATION

THIS IS A RENEWAL MY 1990 USMS NO. IS 360-
 NEW REGISTRATION

PLEASE NOTE THE CHANGE(S) FROM MY 1990 REGISTRATION:
ADDRESS NAME OTHER

LAST NAME FIRST NAME INIT
[] [] []

	USMS FEE	LMSC FEE	TOTAL FEE
UNDER 65	\$12.00	\$13.00	\$25.00
SENIOR (65+)	\$12.00	\$ 7.00	\$19.00

STREET ADDRESS
[]

LMSC FEE INCLUDES SUBSCRIPTION TO THE WETSET
MAKE CHECK PAYABLE TO: PNA MASTERS SWIMMERS

CITY STATE ZIP CODE
[] [] []

MAIL TO: ZENA HERRMANN
16204 135TH AVE SE
RENTON, WA 98058
(206) 235-6371

AREA CODE + TELEPHONE DATE OF BIRTH AGE SEX
[] [] [] []

LOCAL AFFILIATION
TEAM [] UNATTACHED

CLUB (NATIONAL LEVEL ONLY)
PNW AQUATICS SQM HUSKY UNATTACHED

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training, practice, and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all right to claims for loss or damages arising out of participation in the Masters program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the clubs, host facilities, meets sponsors, meet committees or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming. I farther agree to abide by and be governed by the rules and regulations of USMS.

APPLICANT'S SIGNATURE _____ DATE _____