

N KITSAP			ROBIN O'LEARY	37	PNA	2:27.84	100 YD. I.M.		
11-20-94			DONNA KEYSER	36	PNA	2:40.04	LYNN HOVDE	40	PNA 1:28.62
SHORT COURSE YARDS			KATIE BUCKNER	37	PNA	2:41.20	-----		
P = P.N.A. RECORD			SUSAN HIGINBOTHAM	38	PNA	3:00.38	WOMEN 45-49		
Z = NORTHWEST ZONE RECORD			500 YD. FREE				-----		
N = NATIONAL RECORD			ROBIN O'LEARY	37	PNA	6:37.47	100 YD. FREE		
W = WORLD RECORD			DONNA KEYSER	36	PNA	6:59.37	MARY WATERS	48	MACO 3:29.18
S = SPLIT TIME			CORAL BERNIER	39	PNA	7:17.14	200 YD. FREE		
U = UNOFFICAL TIME (1 WATCH)			SUSAN HIGINBOTHAM	38	PNA	7:54.22	MARY WATERS	48	MACO 6:54.36
-----			1650 YD. FREE				500 YD. FREE		
WOMEN 18-24			KIKO VAN ZANDT	38	PNA	24:04.83	JEANNE ENSIGN	48	PNA 8:25.36
-----			KATIE BUCKNER	37	PNA	24:29.50	MARY WATERS	48	MACO 14:45.14
50 YD. FREE			DONNA KEYSER	36	PNA	24:34.07	1650 YD. FREE		
LYNN GLEASON	21	PNA	50 YD. BACK				BETSY HERRING	47	PNA 25:02.98
50 YD. BRST			DEBBIE TAYLOR	37	PNA	52.13	JEANNE ENSIGN	48	PNA 29:05.94
LYNN GLEASON	21	PNA	100 YD. BACK				100 YD. BACK		
50 YD. FLY			ROBIN O'LEARY	37	PNA	1:15.15	CATHERINE BROOKS	46	AMSC 1:20.68
LYNN GLEASON	21	PNA	JEANETTE HARRIS	39	PNA	1:40.22	200 YD. BACK		
100 YD. I.M.			200 YD. BACK				JEANNE ENSIGN	48	PNA 3:49.63
LYNN GLEASON	21	PNA	JEANNIE STOUGARD	35	PNA	2:53.26	100 YD. BRST		
-----			50 YD. BRST				CATHERINE BROOKS	46	AMSC 1:32.20
WOMEN 25-29			JEANNIE STOUGARD	35	PNA	36.49	MARY WATERS	48	MACO 4:34.28
-----			LINDA SULLIVAN	38	PNA	40.03	200 YD. BRST		
100 YD. FREE			MARILYNN GOTTLIEB	38	PNA	40.83	CATHERINE BROOKS	46	AMSC 3:14.14
INGELA THOMSEN	27	PNA	NANCY SPESER	37	PNA	46.57	100 YD. FLY		
200 YD. FREE			JEANETTE HARRIS	39	PNA	46.76	CATHERINE BROOKS	46	AMSC 1:30.05
INGELA THOMSEN	27	PNA	SUSAN HIGINBOTHAM	38	PNA	48.71	100 YD. I.M.		
100 YD. BACK			DEBBIE TAYLOR	37	PNA	50.65	MARY WATERS	48	MACO 3:58.43
INGELA THOMSEN	27	PNA	100 YD. BRST				400 YD. I.M.		
200 YD. BACK			JEANNIE STOUGARD	35	PNA	1:19.36	SUZANNE DILLS	49	PNA 5:57.70
INGELA THOMSEN	27	PNA	LINDA SULLIVAN	38	PNA	1:26.08	CATHERINE BROOKS	46	AMSC 6:16.93
100 YD. FLY			MARILYNN GOTTLIEB	38	PNA	1:34.31	-----		
INGELA THOMSEN	27	PNA	DONNA KEYSER	36	PNA	1:38.18	WOMEN 50-54		
-----			NANCY SPESER	37	PNA	1:42.26	-----		
WOMEN 30-34			SUSAN HIGINBOTHAM	38	PNA	1:44.48	1650 YD. FREE		
-----			JEANETTE HARRIS	39	PNA	1:46.15	FRANCESCA DRUM	53	PNA 26:15.75
50 YD. FREE			200 YD. BRST				400 YD. I.M.		
HEIDI SMITH	30	PNA	ROBIN O'LEARY	37	PNA	2:59.49	CAROLYN BEHSE	51	PNA 6:32.93
YVONNE DYMERSKI	33	PNA	MARILYNN GOTTLIEB	38	PNA	3:31.04	-----		
TERRI CLARK	30	PNA	50 YD. FLY				WOMEN 55-59		
BETH CRISPIN	30	PNA	ROBIN O'LEARY	37	PNA	33.18	-----		
100 YD. FREE			CORAL BERNIER	39	PNA	35.34	50 YD. BACK		
HEIDI SMITH	30	PNA	100 YD. FLY				CHAYA AMIAD	56	PNA 46.02
TERRI CLARK	30	PNA	DONNA KEYSER	36	PNA	1:36.38	100 YD. BACK		
BETH CRISPIN	30	PNA	100 YD. I.M.				CHAYA AMIAD	56	PNA 1:41.62
200 YD. FREE			JEANNIE STOUGARD	35	PNA	1:12.58	50 YD. BRST		
YVONNE DYMERSKI	33	PNA	CORAL BERNIER	39	PNA	1:22.77	CHAYA AMIAD	56	PNA 50.49
HEIDI SMITH	30	PNA	LINDA SULLIVAN	38	PNA	1:23.61	100 YD. BRST		
TERRI CLARK	30	PNA	KATIE BUCKNER	37	PNA	1:24.88	CHAYA AMIAD	56	PNA 1:57.70
1650 YD. FREE			DONNA KEYSER	36	PNA	1:27.65	200 YD. BRST		
SUZANNE BIGELOW	33	PNA	JEANETTE HARRIS	39	PNA	1:42.90	CHAYA AMIAD	56	PNA 4:06.60
50 YD. BACK			NANCY SPESER	37	PNA	1:44.95	-----		
TERRI CLARK	30	PNA	DEBBIE TAYLOR	37	PNA	1:45.91	WOMEN 60-64		
50 YD. BRST			400 YD. I.M.				-----		
CATHY WALTERS	33	PNA	KIKO VAN ZANDT	38	PNA	6:01.94	100 YD. BACK		
100 YD. BRST			-----				CYNTHIA ROSIK	61	PNA 2:16.48
CATHY WALTERS	33	PNA	WOMEN 40-44				50 YD. BRST		
50 YD. FLY			-----				CYNTHIA ROSIK	61	PNA 54.06
YVONNE DYMERSKI	33	PNA	50 YD. FREE				100 YD. BRST		
200 YD. FLY			KATE HIGGINS	42	PNA	32.49	CYNTHIA ROSIK	61	PNA 2:06.06
YVONNE DYMERSKI	33	PNA	KATHY COLLINGS	42	PNA	33.16	100 YD. I.M.		
100 YD. I.M.			100 YD. FREE				CYNTHIA ROSIK	61	PNA 2:02.10
CATHY WALTERS	33	PNA	KATE HIGGINS	42	PNA	1:14.06	-----		
TERRI CLARK	30	PNA	200 YD. FREE				WOMEN 70-74		
HEIDI SMITH	30	PNA	KATE HIGGINS	42	PNA	2:49.91	-----		
-----			1650 YD. FREE				200 YD. FREE		
WOMEN 35-39			ABIGAIL MORRIS	40	PNA	29:58.61	MURIEL FLYNN	71	PNA 3:21.02
-----			50 YD. BACK				MARION CHADWICK	73	PNA 4:33.46
50 YD. FREE			LYNN HOVDE	40	PNA	40.75	500 YD. FREE		
LINDA SULLIVAN	38	PNA	100 YD. BACK				MARION CHADWICK	73	PNA 11:14.10
NANCY SPESER	37	PNA	LYNN HOVDE	40	PNA	1:30.71	1650 YD. FREE		
SUSAN HIGINBOTHAM	38	PNA	200 YD. BACK				MARION CHADWICK	73	PNA 37:16.23
DEBBIE TAYLOR	37	PNA	LYNN HOVDE	40	PNA	3:22.48	100 YD. BACK		
JEANETTE HARRIS	39	PNA	50 YD. BRST				MARION CHADWICK	73	PNA 2:45.70
100 YD. FREE			KATHY COLLINGS	42	PNA	42.82	50 YD. BRST		
KATIE BUCKNER	37	PNA	100 YD. BRST				MURIEL FLYNN	71	PNA 53.47
NANCY SPESER	37	PNA	KATHY COLLINGS	42	PNA	1:34.51	200 YD. BRST		
200 YD. FREE			50 YD. FLY				MURIEL FLYNN	71	PNA 4:03.97
JEANNIE STOUGARD	35	PNA	LYNN HOVDE	40	PNA	41.67	400 YD. I.M.		

MARION CHADWICK 73 PNA 13:26.63

RELAYS-WOMEN 200 YD. FREE

25 +
SUSAN HIGINBOTHAM 38 PNA 2:10.08
BETH CRISPIN 30
KATE HIGGINS 42
TERRI CLARK 30

RELAYS-M E N 200 YD. FREE

25 +
GORDON STUBBE 51 PNA 2:00.43
BARRY REISS 34
ERIC BROWN 34
RICK LILLEBERG 47

RELAYS-MIXED 200 YD. FREE

35 +
WAYNE METHNER 41 PNA 2:10.06
JEANNE ENSIGN 48
DONNA KEYSER 36
BRYAN SPARROWHAWK 38

RELAYS-MIXED 200 YD. MEDLEY

18 +
JAMES BROPHY 37 PNA 2:38.76
JEANETTE HARRIS 39
LYNN GLEASON 21
DAVID MOORE 33

25 +
INGELA THOMSEN 27 PNA 2:22.31
MIKE SAUNDERS 42
STEVE PETERSON 48
KATIE BUCKNER 37

RELAYS-MIXED 400 YD. MEDLEY

35 +
ROBIN O'LEARY 37 PNA 4:51.31 P
BRYAN SPARROWHAWK 38
WAYNE METHNER 41
DONNA KEYSER 36