

## PENTATHLON

25 YARD 01/13/90 PG 1

U=DQ (+10 SECS)

\*FROM OUTSIDE OREGON ASSOC

+PENDING OREGON RECORD

Software by R.Smith

				50 FLY	50BACK	50BRST	50FREE	100 IM	TOTAL
<b>19-24 WOMEN</b>									
W	LORLEE D ENGLER	21	OREG	:32.51	:33.56	:36.96	:27.88	1:11.62	202.53
	SANDI L HYDE	21	OREG	:35.39	:38.67	:44.27	:28.00	1:16.17	222.50
<b>25-29 WOMEN</b>									
W	LEISSA MILLS	29	OREG	:28.35 +	:31.69	:35.50	:25.83 +	1:04.75 +	186.12
W	LINDA FINLEY	25	OREG	:30.79	:33.38	:36.31	:26.77	1:06.85	194.10
	ANDREE DEVINE	28	OREG	:30.82	:33.50	:37.27	:28.79	1:10.50	200.88
	ANN DAGGETT	27	OREG	:29.95	:33.00	:39.23	:28.73	1:10.69	201.60
	KAREN E ORTH	27	OREG	:29.90	:34.28	:38.36	:27.07	1:12.44	202.05
	JUDY G. REX	27	OREG	:31.51	:34.78	:38.22	:27.88	1:11.94	204.33
W	LINDA NELSON	29	*PNA	:32.50	:35.38	:38.06	:27.20	1:12.01	205.15
	LISA K DAVIS	25	OREG	:31.24	:37.05	:37.96	:28.69	1:13.88	208.82
W	ANNE OCONNELL	29	OREG	:36.63	:35.08	:37.67	:28.01	1:13.08	210.47
W	NAOMI STEINBERG	28	OREG	:32.99	:39.85	:38.14	:29.15	1:14.98	215.11
W	HEATHER MCLAUCHLAN	27	MACD	:34.72	:34.56	:40.25	:29.67	1:16.36	215.56
W	SUZANNE M ZIEGLER	27	OREG	:35.94	:40.20	:42.12	:30.71	1:20.25	229.22
<b>30-34 WOMEN</b>									
W	DEBORAH LADD	30	*PNA	:29.54	:35.28	:35.82	:26.98 +	1:08.69 +	196.31
	LINDA G ANDRUS	32	OREG	:32.57	:35.82	:40.50	:29.60	1:15.75	214.25
	D KIKO KIMURA	34	*HUSK	:32.03	:34.92	:38.90	:29.61	1:23.39 U	218.85
	AMY C W EMMETT	34	OREG	:34.63	:38.73	:41.89	:31.08	1:19.30	225.63
	KIM J BOGUS	31	OREG	:38.90	:38.29	:44.66	:29.85	1:20.80	232.50
<b>35-39 WOMEN</b>									
	MARY GRILLO	35	OREG	:32.21	:40.73	:36.73	:29.29	1:15.72	214.68
	KATHLEEN P BUCK	39	OREG	:35.82	:40.21	:40.20	:30.95	1:19.94	227.12
W	CHRISTINA WONG	38	OREG	:39.80	:37.82	:41.40	:31.14	1:18.40	228.56
	SUE M. SMITH	37	OREG	:35.99	:38.86	:42.18	:31.31	1:21.02	229.36
	LESLIE B WINTON	35	OREG	:38.26	:42.50	:43.57	:33.74	1:26.92	244.99
	BARBARA LUTSOCK	39	OREG						999.99
<b>40-44 WOMEN</b>									
	GINGER L PIERSON	43	OREG	:31.60	:35.41	:35.62	:29.64	1:12.39	204.66
	KATHRINE CASEY	41	*PNA	:33.14	:36.24	:36.36	:28.85	1:14.96	209.55
	JAN M PLESNER	43	OREG	:34.73	:38.83	:42.74	:30.72	1:19.76	226.78
	MONIKA HUNSCHER	41	OREG	:34.81	:38.65	:42.26	:32.11	1:20.64	228.47
	LYNN C COX	44	OREG	:38.39	:38.41	:42.46	:31.16	1:20.27	230.69
	MARGARET LENTELL	43	MACD	:42.57	:45.18	:46.86	:35.75	1:33.12	263.48
W	YONG-SUN CHOE	42	OREG	1:00.04	:58.98	:53.90	:52.72	2:11.15	356.79
	MARY E WATERS	43	MACD	1:48.49	1:20.90	1:23.40	1:07.33	3:05.49 U	525.61
	SUSAN J CASE	40	OREG						999.99
<b>45-49 WOMEN</b>									
	BARBARA FRID	47	OREG	:32.55	:35.59	:38.51	:30.57	1:17.04	214.26
	PAMELA HIMSTREET	46	OREG	:38.40	:44.02	:41.76	:32.81	1:25.60	242.59
<b>50-54 WOMEN</b>									
	JOAN MARIE WHISMAN	53	OREG	:38.66	:46.01	:46.88	:35.81	1:34.70	262.06
	ANN GINDROZ	51	*PNA	:44.40	:44.06	:46.68	:35.30	1:32.31	262.75
<b>55-59 WOMEN</b>									
	BEVERLY UNDERWOOD	55	OREG	1:06.59	:57.87	1:06.95	:58.46	2:18.30	388.17
	LAVELLE M STOINOFF	57	MACD						999.99
<b>65-69 WOMEN</b>									
	PETEEY MH. SMITH	65	OREG	:42.75 +	:44.16 +	:52.47 +	:43.17 U	1:36.61 +	279.16
	JUDY M MELCHER	69	OREG	1:22.80	1:12.04	1:04.57	1:04.31	2:33.32 +	437.04
	ELFIE J STEVENIN	68	OREG	1:13.36	1:09.68	1:25.93	1:03.88	2:37.73	450.58
<b>70-74 WOMEN</b>									
	HELENA W HOFFMAN	74	OREG	1:20.97	1:25.15	1:27.16	1:02.55	2:42.82	478.65
	BARBARA T HAVERCAMP	73	OREG	2:06.63	1:35.65	1:51.76	1:17.46	3:30.64	622.14
<b>80-84 WOMEN</b>									
	HAZEL B BRESSIE	80	MACD	2:25.34	1:25.12	1:45.56	1:26.48	3:53.77	656.27

PENTATHLON

25 YARD

01/13/90 PG 3

U=DQ (+10 SECS)

\*=FROM OUTSIDE OREGON ASSOC

+PENDING OREGON RECORD

Software by R.Smith

			50 FLY	50BACK	50BRST	50FREE	100 IM	TOTAL
<b>45-49 MEN</b>								
	ROBERT S SMITH	46 OREG	:25.80	:27.02 +	:30.52 +	:23.57	:59.66	166.57
	RICHARD D BOYD	46 OREG	:28.46	:30.83	:32.57	:25.53	1:04.18	181.57
	DALE G VAUGHAN	45 OREG	:29.82	:33.12	:32.60	:24.97	1:05.77	186.28
W	WALT INGRAM	46 *PNA	:28.96	:34.01	:39.43	:27.22	1:11.19	200.81
	WALT E REID	49 *PNA	:31.91	:34.19	:34.00	:28.73	1:12.07	200.90
	JOHN M WIGHT	46 MACO	:32.41	:36.77	:36.56	:28.07	1:13.39	207.20
	KEITH A FINZER	45 OREG	:31.76	:41.30	:36.43	:28.93	1:14.13	212.55
	ROY L WATTERS	45 OREG	:33.25	:38.05	:40.76	:28.60	1:18.04	218.70
<b>50-54 MEN</b>								
	RONALD K NAKATA	50 OREG	:28.27	:34.13	:33.91 +	:26.18 +	1:07.03 +	189.52
	TOM FANNING	50 OREG	:31.28	:31.36 +	:35.06	:26.98	1:06.19 +	190.87
	JIM BIGLER	54 MACO	:33.65	:36.82	:37.13	:28.74	1:16.62	212.96
	BERT L PETERSEN	51 OREG						999.99
<b>55-59 MEN</b>								
	MILTON R MARKS	59 OREG	:34.61	:38.70	:35.48	:28.01	1:17.43	214.23
	ARTHUR C WELCH	57 OREG	:31.43 +	:37.67	:43.43	:29.25	1:15.97	217.75
	ROBERT R KIM	56 MACO	:33.80	:43.46	:36.30	:30.21	1:20.18	223.95
<b>60-64 MEN</b>								
	ERIC GP. GUEST	60 OREG	:32.23 +	:42.37	:37.16	:28.06 +	1:15.89 +	215.71
	SAMUEL M IERULLI	60 OREG	:57.69	:54.09	:54.00	:37.14	1:46.08	309.00
	CLARK AUSTEN	62 MACO	1:02.66	:53.50	1:08.81	:37.51	2:16.29 U	358.77
<b>65-69 MEN</b>								
	HUGH S RICHARDS	69 OREG	:34.24	:41.91	:38.67	:28.88	1:19.91	223.61
	ROBERT A MORRISON	68 OREG	:36.63	:40.83	:37.73	:34.55	1:28.15	237.89
	KHOSROW SHADBEH	68 OREG	:49.99	:51.77	:45.84	:44.41	1:45.72	297.73
<b>70-74 MEN</b>								
	FORBES J MACK	71 OREG	:42.03	:44.14	:41.46	:32.76	1:35.35	255.74
	MEL W ANDERSON	71 OREG	1:00.00	:58.01	1:08.31	:41.20	2:03.94	351.46
<b>75-79 MEN</b>								
	LEE 'KIP' KING	77 OREG	1:04.75	1:01.84	1:11.44	:47.08	2:18.43	383.54
	SYD C HENDY	76 OREG		:46.85		:38.50		999.99
<b>80-84 MEN</b>								
	JACK HOEY	80 OREG	1:11.60 U	:46.71	1:09.48	:42.54	2:07.28	357.61
	HERB EISENSCHMIDT	83 OREG	1:07.14 U	:50.19	:57.55	:40.94		999.99

PENTATHLON

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# DR. SPRINT'S ANALYSIS

Numbers show the relative percentage of your best (1000) stroke, SF=sprint factor

01/13/90 PG 2

read "DR. SPRINT" article Software by R.Smith

			50FLY	50BACK	50BRST	50FREE	100IM	TOT	SF	
<b>25-29 MEN</b>										
	RICK A. RODRIGUEZ	27	OREG	973	944	910	1000	975	4802	.6989
	HUNTER S GRAHAM	27	OREG	1000	988	940	995	991	4914	.7036
	MIKE P JONES	29	*PNA	971	839	940	1000	965	4715	.6929
	MIKE MCDONNELL	27	OREG	978	819	903	1000	903	4603	.7158
	JOHN L NAGEL	28	OREG	904	844	875	1000	923	4546	.6970
W	TYLER COLE	29	OREG	954	796	910	1000	912	4572	.7060
W	KEVIN MCCLUSKEY	28	OREG	984	881	930	1000	956	4751	.7038
<b>30-34 MEN</b>										
	PHILIP E CLARK	31	OREG	954	922	876	1000	934	4686	.7087
	STEPHEN F HARGER	30	OREG	956	874	940	1000	959	4729	.6996
	ANDY SCHRAG	33	OREG	985	951	965	1000	973	4874	.7094
	JOHN F ZELL	33	OREG	1000	995	932	988	999	4914	.6989
	TRYG STRATTE	33	OREG	944	881	988	1000	920	4733	.7243
W	JEFF MICHEL	34	OREG	1000	980	936	995	994	4905	.7005
	JOHN A BERTANI	34	OREG	977	887	961	1000	945	4770	.7131
	DAVID M COBB	30	OREG	932	907	1000	985	953	4777	.7101
	RONALD E COBB	33	OREG	936	899	920	1000	923	4678	.7153
	MICHAEL E JOHNSON	30	OREG	917	888	940	1000	900	4645	.7258
	DAVID P JOHNSON	32		981	827	1000	987	957	4752	.7027
W	EDWARD R MANN	32	OREG	878	808	912	1000	896	4494	.7072
W	JONATHAN D ISTOK	34	OREG	911	820	979	1000	927	4637	.7064
	DAVID R DOTTER	30	OREG	990	818	879	1000	907	4594	.7118
<b>35-39 MEN</b>										
	GARY HAFER	38	OREG	993	995	907	1000	963	4858	.7123
	DAVID W YEAKEL	36	OREG	984	874	938	1000	950	4746	.7065
	GORDON P HALE	36	UNAT	983	917	994	1000	990	4884	.7009
	BRUCE W CHENEY	38	OREG	967	916	911	1000	949	4743	.7072
	DANIEL P JOHNSON	36	OREG	952	864	1000	963	951	4730	.7055
	ADRIAN L KALIL	36	OREG	926	874	940	1000	933	4673	.7084
	JAMES M ELLIOTT	37	OREG	1000	897	900	996	957	4750	.7021
	DENNIS S OLSON	35	OREG	928	845	942	1000	905	4620	.7188
W	RICH MILLER	39	OREG	1000	846	918	997	951	4712	.7004
W	MICHAEL A GRANT	38	OREG	971	802	907	1000	880	4560	.7253
<b>40-44 MEN</b>										
	JON D STOUT	43	OREG	977	961	930	1000	967	4835	.7081
	KEITH MARSHALL	42	OREG	917	855	941	1000	941	4654	.7010
	STEPHEN H WARNER	41	OREG	1000	917	877	984	946	4724	.7054
	JED P CRONIN	41	OREG	1000	841	860	981	906	4588	.7118
	L BUZ CARRIKER	42	OREG	912	763	954	1000	895	4524	.7101
	RON E JERSEY	41	OREG	836	769	853	1000	855	4313	.7086
<b>45-49 MEN</b>										
	ROBERT S SMITH	46	OREG	1000	984	968	999	971	4922	.7163
	RICHARD D BOYD	46	OREG	983	936	983	1000	979	4881	.7069
	DALE G VAUGHAN	45	OREG	918	852	961	1000	935	4666	.7061
W	WALT INGRAM	46	*PNA	1000	878	841	971	914	4604	.7090
	WALT E REID	49	*PNA	931	896	1000	943	926	4696	.7175
	JOHN M WIGHT	46	MACO	949	863	963	1000	942	4717	.7084
	KEITH A FINZER	45	OREG	998	792	996	1000	961	4747	.6975
	ROY L WATTERS	45	OREG	943	849	880	1000	902	4574	.7137
<b>50-54 MEN</b>										
	RONALD K NAKATA	50	OREG	1000	854	954	985	947	4740	.7074
	TOM FANNING	50	OREG	942	969	962	996	1000	4869	.6936
	JIM BIGLER	54	MACO	936	882	971	1000	924	4713	.7196