

P.N.A. MASTERS CHAMPIONSHIPS  
 Ft. Steilacoom Pool, Tacoma, Wa.  
 April 12&13, 1980

\* PNA Record

WOMEN 25-29

<u>50 Yd. Free</u>		Jeannette Roshau 33	:36.6	<u>200 Yd. Breast</u>		Kathrine Crandell 31	3:11.8
Marilee Fijalka 26	:33.4	Catherine Barker 33	:38.8	Kathrine Crandell 31		Cookie Justesen 32	3:12.8
Adele Lowery 28	:34.3	Phyllis Mansfield 34	:41.9	Cookie Justesen 32		Jeannette Roshau 33	3:32.5
Annette Jones 25	:38.2	Margaret Davis 30	:42.8	<u>50 Yd. Fly</u>			
Lorinda Anderson 28	:39.4	<u>100 Yd. Free</u>		Darlene Pohl 30	1:06.2		:30.9
Katina Toscas 25	:39.6	Julie Horne 30	1:06.2	Janie Sapien 30	1:12.2		:33.1
<u>100 Yd. Free</u>		Janie Sapien 30	1:12.2	Suzanne Dills 34	1:16.0		:33.4
Kathy Blum 25	1:06.2	Dianne Campbell 30	1:16.0	Heather Oesting 32	1:19.6		:56.8
Lorinda Anderson 28	1:28.6	Dotty Carpenter 32	1:19.6	Dianne Campbell 30	1:19.6		DQ
<u>200 Yd. Free</u>		Pam Wagner 30	1:24.6	<u>100 Yd. Fly</u>			
Lorinda Anderson 28	3:19.3	Jeannette Roshau 33	1:30.2	Janie Sapien 30	1:22.0		1:22.0
<u>1650 Yd. Free</u>		Catherine Barker 33	1:30.2	Lynda Bloomquist 33	1:49.5		1:49.5
Adele Lowery 28	28:49.7	Heather Oesting 32	1:31.1	<u>200 Yd. Fly</u>			
<u>50 Yd. Back</u>		Margaret Davis 30	1:37.0	Janie Sapien 30	3:31.0		3:31.0
Kathy Blum 25	:33.9	<u>200 Yd. Free</u>		<u>100 Yd. I. M.</u>			
Sonja Stenberg 29	:45.2	Julie Horne 30	2:31.4	Suzanne Dills 32	1:16.1		1:16.1
Katina Toscas 25	:50.6	Dotty Carpenter 32	2:49.5	Jayne Chastain 34	1:19.6		1:19.6
<u>100 Yd. Back</u>		Dianne Campbell 30	2:50.7	Julie Horne 30	1:20.4		1:20.4
Gail Singh 27	1:12.2	Maureen Williams 33	3:09.8	Cookie Justesen 32	1:20.4		1:20.4
Karen Unruh 29	1:13.4	Margaret Davis 30	3:50.4	Dotty Carpenter 32	1:31.7		1:31.7
Kathy Blum 25	1:13.6	<u>500 Yd. Free</u>		Lynda Bloomquist 33	1:39.6		1:39.6
Sonja Stenberg 29	1:46.7	Dianne Campbell 30	7:55.0	<u>200 Yd. I. M.</u>			
<u>200 Yd. Back</u>		Janie Sapien 30	8:07.8	Suzanne Dills 32	2:48.6		2:48.6
Gail Singh 27	* 2:34.7	Maureen Williams 33	8:31.5	Donna Burkhart 33	2:53.3		2:53.3
Karen Unruh 29	2:40.1	<u>1650 Yd. Free</u>		Jayne Chastain 34	2:57.5		2:57.5
Sonja Stenberg 29	3:52.7	Cookie Justesen 32	23:18.6	Kathrine Crandell 31	3:07.9		3:07.9
<u>50 Yd. Breast</u>		Maureen Williams 33	29:04.4	Lynda Bloomquist 33	3:29.6		3:29.6
Mary Beth Phelan 28	:34.8	<u>50 Yd. Back</u>		Heather Oesting 32	4:01.3		4:01.3
Adele Lowery 28	:40.9	Donna Burkhart 33	:34.7	<u>400 Yd. I. M.</u>			
Annette Jones 25	:45.5	Jayne Chastain 34	:36.2	Donna Burkhart 33	6:21.3		6:21.3
Katina Toscas 25	:49.4	Julie Horne 30	:36.7	Kathrine Crandell 31	6:44.2		6:44.2
<u>100 Yd. Breast</u>		Phyllis Mansfield 34	:47.1				
Mary Beth Phelan 28	1:15.0	<u>100 Yd. Back</u>		<u>WOMEN 35-39</u>			
Adele Lowery 28	1:30.5	Darlene Pohl 30	1:14.1	<u>50 Yd. Free</u>			
Marilee Fijalka 26	1:33.7	Donna Burkhart 33	1:17.7	Joy Rogers 38	:32.8		:32.8
Sonja Stenberg 29	1:39.8	Jayne Chastain 34	1:19.7	Linda Jones 37	:33.6		:33.6
Annette Jones 25	1:42.8	Lynda Bloomquist 33	1:39.9	Carolyn Behse 36	:34.0		:34.0
Katina Toscas 25	1:50.6	<u>200 Yd. Back</u>		Margee Thoresen 38	:36.0		:36.0
<u>200 Yd. Breast</u>		Donna Burkhart 33	2:48.5	Carol Podoll 36	:38.0		:38.0
Adele Lowery 28	3:22.9	Jayne Chastain 34	2:55.0	Sharon Linnane 35	:42.2		:42.2
Sonja Stenberg 29	3:41.2	Lynda Bloomquist 33	3:29.6	<u>100 Yd. Free</u>			
<u>50 Yd. Fly</u>		<u>50 Yd. Breast</u>		Margee Thoresen 38	1:21.0		1:21.0
Kathy Blum 25	:32.4	Darlene Pohl 30	:38.6	Sharon Linnane 35	1:32.6		1:32.6
<u>100 Yd. I. M.</u>		Kathrine Crandell 31	:39.9	<u>200 Yd. Free</u>			
Gail Singh 27	* 1:08.7	Cookie Justesen 32	:41.6	Linda Jones 37	2:49.6		2:49.6
Karen Unruh 29	1:17.0	Jeannette Roshau 33	:42.3	Sharon Linnane 35	3:32.8		3:32.8
Marilee Fijalka 26	1:29.8	Pam Wagner 30	:44.6	<u>50 Yd. Back</u>			
<u>200 Yd. I. M.</u>		Phyllis Mansfield 34	:48.6	Joy Rogers 38	:36.1		:36.1
Gail Singh 27	2:29.3	Heather Oesting 32	:53.5	Betty Richardson 37	:46.4		:46.4
<u>WOMEN 30-34</u>		<u>100 Yd. Breast</u>		Carol Podoll 36	:50.0		:50.0
<u>50 Yd. Free</u>		Kathrine Crandell 31	1:27.8	<u>100 Yd. Back</u>			
Julie Horne 30	:30.6	Cookie Justesen 32	1:28.9	Joy Rogers 38	1:19.8		1:19.8
Dianne Campbell 30	:33.2	Jeannette Roshau 33	1:35.8	Gretchen Anderson 37	1:26.4		1:26.4
Dotty Carpenter 32	:34.6	Pam Wagner 30	1:38.9	Betty Richardson 37	1:57.3		1:57.3
Pam Wagner 30	:35.0	Phyllis Mansfield 34	1:52.3	<u>200 Yd. Back</u>			
				Joy Rogers 38	2:59.8		2:59.8



<u>200 Yd. Back</u>		<u>100 Yd. Back</u>		<u>100 Yd. Breast</u>	
Gretchen Anderson 37	3:07.7	Juanita Correa 44	1:17.1	Jan Twight 49	1:47.
Diana Kennerud 36	3:11.1	Chaya Amiad 42	1:35.2	Cynthia Rosik 47	1:50.5
<u>50 Yd. Breast</u>		<u>200 Yd. Back</u>		<u>200 Yd. Breast</u>	
Carol Dewell 36	:38.1	Florence Miller 43	1:44.2	Jan Twight 49	3:54.1
Carolyn Behse 36	:39.4	Marietta James 40	1:50.4	Cynthia Rosik 47	4:02.8
Gretchen Anderson 37	:41.4	Juanita Correa 44	* 2:39.6	<u>50 Yd. Fly</u>	
Carol Podoll 36	:50.1	Chaya Amiad 42	3:29.7	Nadine Whitehall 45	:34.5
Sherry Kennedy 36	:54.9	Marietta James 40	3:55.5	Shirley Lehman 45	:45.5
<u>100 Yd. Breast</u>		<u>50 Yd. Breast</u>		Kathryn McElvaine 46	:59.8
Carol Dewell 36	1:24.4	Judy Harrison 40	:40.0	<u>100 Yd. Fly</u>	
Carolyn Behse 36	1:27.1	Chaya Amiad 42	:45.7	Nadine Whitehall 45	1:26.9
Gretchen Anderson 37	1:33.5	Nilah Edington 40	:53.3	<u>200 Yd. Fly</u>	
Margee Thoresen 38	1:49.8	<u>100 Yd. Breast</u>		Nadine Whitehall 45	3:19.3
Carol Podoll 36	1:54.8	Judy Harrison 40	1:27.9	<u>100 Yd. I. M.</u>	
Sherry Kennedy 36	2:09.8	Charlotte Beauchamp 40	1:33.7	Jan Twight 49	1:45.2
<u>200 Yd. Breast</u>		Nilah Edington 40	2:01.5	Kathryn McElvaine 46	2:06.2
Carol Dewell 36	3:02.4	<u>200 Yd. Breast</u>		<u>200 Yd. I. M.</u>	
Diana Kennerud 36	3:15.7	Judy Harrison 40	* 3:19.4	Marty Dabrock 45	3:21.7
<u>50 Yd. Fly</u>		Charlotte Beauchamp 40	3:33.0	<u>400 Yd. I. M.</u>	
Linda Jones 37	:38.1	Susan Dearborn 43	3:42.1	Jan Twight 49	7:46.9
<u>100 Yd. I. M.</u>		<u>50 Yd. Fly</u>		<u>WOMEN 50-54</u>	
Carol Dewell 36	1:16.4	Susan Rittenhouse 42	:33.7	<u>50 Yd. Free</u>	
Carolyn Behse 36	1:25.9	<u>100 Yd. I. M.</u>		Maryan Burke 54	:52.0
Gretchen Anderson 37	1:26.1	Chaya Amiad 42	1:35.0	Laurel Reid 53	:55.8
Carol Podoll 36	1:48.3	Charlotte Beauchamp 40	1:35.5	Marnetta Stratford 54	1:09.5
<u>200 Yd. I. M.</u>		Nilah Edington 40	2:08.1	<u>200 Yd. Free</u>	
Diana Kennerud 36	2:57.9	<u>200 Yd. I. M.</u>		Maryan Burke 54	4:09.0
Joy Rogers 38	3:07.7	Susan Rittenhouse 42	2:50.5	<u>50 Yd. Back</u>	
<u>WOMEN 40-44</u>		Charlotte Beauchamp 40	3:27.6	Patricia Dotson 53	:43.2
<u>50 Yd. Free</u>		<u>WOMEN 45-49</u>		Maryan Burke 54	:54.5
Susan Rittenhouse 42	:29.3	<u>50 Yd. Free</u>		Laurel Reid 53	1:01.1
Susan Dearborn 43	:34.4	Shirley Lehman 45	:37.3	Marnetta Stratford 54	1:16.1
Florence Miller 43	:36.2	Cynthia Rosik 47	:44.2	<u>100 Yd. Back</u>	
Jane Custer 41	:43.3	Kathryne McElvaine 46	:47.2	Patricia Dotson 53	1:38.0
Marjie Leskajan 41	:48.8	<u>100 Yd. Free</u>		Maryan Burke 54	1:58.4
<u>100 Yd. Free</u>		Shirley Lehman 45	1:26.8	Marnetta Stratford 54	2:39.1
Florence Miller 43	1:22.5	<u>200 Yd. Free</u>		<u>200 Yd. Back</u>	
Jane Custer 41	1:35.9	Lavelle Stoinoff 47	2:21.7	Marnetta Stratford 54	5:35.8
Margie Leskajan 41	1:58.5	<u>500 Yd. Free</u>		<u>50 Yd. Breast</u>	
<u>200 Yd. Free</u>		Nadine Whitehall 45	7:15.9	Patricia Dotson 53	:45.9
Susan Dearborn 43	2:58.1	Marty Dabrock 45	8:01.1	Maryan Burke 54	1:04.4
Florence Miller 43	2:58.8	Kathryn McElvaine 46	10:20.0	Marnetta Stratford 54	1:42.4
Margie Leskajan 41	3:01.2	<u>1650 Yd. Free</u>		<u>100 Yd. Breast</u>	
Jane Custer 41	3:30.8	Lavelle Stoinoff 47	21:49.2	Patricia Dotson 53	1:39.5
<u>500 Yd. Free</u>		Nadine Whitehall 45	24:45.5	<u>200 Yd. I. M.</u>	
Susan Dearborn 43	8:08.8	Marty Dabrock 45	* 26:34.5	Patricia Dotson 53	3:14.4
Jane Custer 41	9:16.7	<u>50 Yd. Back</u>		<u>WOMEN 55-59</u>	
Marietta James 40	10:15.5	Shirley Lehman 45	:52.6	<u>50 Yd. Free</u>	
<u>1650 Yd. Free</u>		<u>200 Yd. Back</u>		Muriel Flynn 57	* :37.5
Marietta James 40	33:56.8	Lavelle Stoinoff 47	2:59.3	<u>100 Yd. Free</u>	
<u>50 Yd. Back</u>		Marty Dabrock 45	3:32.0	Muriel Flynn 57	* 1:24.6
Susan Rittenhouse 42	:36.5	<u>50 Yd. Breast</u>		<u>50 Yd. Back</u>	
Chaya Amiad 42	:43.8	Jan Twight 49	:47.5	Muriel Flynn 57	* :48.6
Florence Miller 43	:46.5	Cynthia Rosik 47	:48.9	<u>50 Yd. Breast</u>	
Marietta James 40	:48.9	Kathryn McElvaine 46	:55.9	Muriel Flynn 57	:50.7



100 Yd. I. M.		Rob Van Slyke	:57.5	200 Yd. Fly	
Muriel Flynn 57	* 1:44.7	200 Yd. Free		Jon F. Davison 27	2:22.5
<u>WOMEN 60-64</u>		Morre Rude 25	1:55.2	Gordon Unruh 28	2:35.9
50 Yd. Free		Chuck Kriebble 25	2:00.8	100 Yd. I. M.	
Maxine Carlson 60	1:40.4	Leif Johnson 27	2:02.0	Steve Randle 26	1:04.7
50 Yd. Back		Pete Carder 27	2:05.1	Gordon Unruh 28	1:05.7
Maxine Carlson 60	:50.8	Jim Flynn 26	2:06.9	Ray Brown 25	1:06.1
100 Yd. Back		500 Yd. Free		Leif Johnson 27	1:06.2
Maxine Carlson 60	1:53.3	Morre Rude 25	5:25.8	200 Yd. I. M.	
50 Yd. Breast		Pete Carder 27	6:06.3	Rob Van Slyke 26	2:22.2
Maxine Carlson 60	:52.7	1650 Yd. Free		Jon F. Davison 27	2:25.8
100 Yd. Breast		Morre Rude 26	18:45.1	James Shelton 25	2:28.6
Maxine Carlson 60	1:55.8	Chuck Kriebble 25	19:15.4	Ray Brown 25	2:29.3
<u>WOMEN 65-69</u>		Rick Ingraham 26	21:12.1	400 Yd. I. M.	
50 Yd. Free		Pete Carder 27	21:15.9	Gary Hafer 29	5:10.4
Dawn Musselman 66	:34.8	50 Yd. Back		Michael Evans 25	5:13.1
Lee Holm 65	:52.9	Gary Hafer 29	:26.9	Gordon Unruh 28	5:15.1
Marion Mueller 68	:56.0	Jim Hogue 27	:28.3	<u>MEN 30-34</u>	
100 Yd. Free		Rick Ingraham 26	:31.3	50 Yd. Free	
Lee Holm 65	2:01.2	Michael Krattli 29	:32.2	Tom Cooper 32	:24.8
200 Yd. Free		100 Yd. Back		Kirt Smith 31	:26.4
Dawn Musselman 66	3:09.4	Gary Hafer 29	:58.8	Ron Alexander 30	:26.7
Lee Holm 65	4:19.8	Rob Van Slyke 26	1:07.2	Dale Kirkpatrick 33	:28.5
Marion Mueller 68	4:25.1	Michael Krattli 29	1:10.9	Jim Taylor 30	:35.1
500 Yd. Free		200 Yd. Back		Todd Gay 33	:39.4
Lee Holm 65	11:23.4	Gary Hafer 29	2:12.8	100 Yd. Free	
50 Yd. Back		Chuck Kriebble 25	2:17.6	Jeff Tinius 30	:54.2
Dawn Musselman 66	:45.2	Gordon Unruh 28	2:26.2	Noel Shillito 30	:55.1
Marion Mueller 68	:56.2	Michael Krattli 29	2:39.3	Greg Lovelady 34	:56.3
Lee Holm 65	1:06.1	50 Yd. Breast		Dale Kirkpatrick 33	1:00.9
100 Yd. Back		Daniel Anderson 27	:30.2	Ron Alexander 30	1:01.7
Marion Mueller 68	2:04.0	Jim Hogue 27	:31.6	Todd Gay 33	1:11.7
200 Yd. Back		Steve Randle 26	:33.7	200 Yd. Free	
Marion Mueller 68	4:18.1	James Shelton 25	DQ	Jeff Tinius 34	2:00.7
50 Yd. Breast		100 Yd. Breast		Todd Gay 33	2:49.4
Dawn Musselman 66	:53.8	Daniel Anderson 27	* 1:05.9	500 Yd. Free	
<u>MEN 25-29</u>		James Shelton 25	1:07.8	Jeff Tinius 34	5:44.4
50 Yd. Free		Rob Van Slyke 26	1:14.4	Greg Lovelady 34	6:13.3
Jim Hogue 27	:22.8	200 Yd. Breast		1650 Yd. Free	
Rick Unrue 27	:23.4	James Shelton 25	2:36.3	David Olson 34	25:12.1
Steve Randle 26	:23.8	50 Yd. Fly		Todd Gay 33	28:18.2
Daniel Anderson 27	tie :24.5	Rick Unrue 27	* :25.3	50 Yd. Back	
Bill Miller 25	tie :24.5	Jim Hogue 27	:25.7	Noel Shillito 30	:29.6
Leif Johnson 27	tie :24.6	Bill Miller 25	:26.8	Tim Hill 30	:31.3
Jim Flynn 26	tie :24.6	Steve Randle 26	:27.9	Russell Hall 33	:35.3
Pete Carder 27	:25.0	Ray Brown 25	:28.9	Dale Kirkpatrick 33	:37.1
Rick Ingraham 26	:25.2	Rick Ingraham 26	:29.0	100 Yd. Back	
100 Yd. Free		Jon F. Davison 27	:29.0	Mike McColly 34	1:03.6
Jim Hogue 27	:50.0	100 Yd. Fly		Noel Shillito 30	1:06.7
Morre Rude 25	:50.8	Rick Unrue 27	:56.9	Greg Lovelady 34	1:08.1
Rick Unrue 27	:51.9	Gary Hafer 29	1:00.3	Tim Hill 30	1:10.4
Leif Johnson 27	:54.2	Morre Rude 25	1:02.4	Russell Hall 33	1:14.5
Bill Miller 25	:54.5	Bill Miller 25	1:02.7	200 Yd. Back	
Pete Carder 27	:55.6	Jon F. Davison 27	1:03.6	Mike McColly 34	2:22.5
Rick Ingraham 26	:55.7	Rob Van Slyke 26	1:04.8	Tim Hill 30	2:38.0
Jim Flynn 26	:57.0			Russell Hall 33	2:39.6



<u>50 Yd. Breast</u>		Bob Spiger 39	:44.8	John M. Ofstad 49	7:30.9
Tom Cooper 32	:31.3	<u>100 Yd. Breast</u>		1650 Yd. Free	
Steve Harrell 32	:35.2	Jim Miles 35	1:11.3	John M. Ofstad 49	25:36.6
Kirt Smith 31	:38.5	Walt Reid 39	1:15.2	<u>50 Yd. Back</u>	
Robert N. Lunden 32	:40.0	Robert Remington 35	1:19.3	Jim Sherrod 49	:42.0
Jim Taylor 30	:43.2	<u>50 Yd. Fly</u>		100 Yd. Back	
<u>100 Yd. Breast</u>		David Emery 38	:25.8	Jim Sherrod 49	1:34.7
Tom Cooper 32	1:11.6	Walter Ingram 37	:27.8	<u>200 Yd. Back</u>	
Steve Harrell 32	1:18.5	Bill Streeter 36	:32.8	Tom Foley 45	3:13.4
Robert N. Lunden 32	1:28.5	Kenneth Kennerud 39	:36.4	Jim Sherrod 49	3:29.1
<u>200 Yd. Breast</u>		<u>100 Yd. Fly</u>		<u>50 Yd. Breast</u>	
Steve Harrell 32	2:56.1	David Emery 38	:57.5	Ron Taylor 46	:34.1
Robert N. Lunden 32	3:19.0	Walter Ingram 37	1:03.1	John M. Ofstad 49	:42.5
<u>50 Yd. Fly</u>		<u>100 Yd. I. M.</u>		Tom Foley 45	:42.8
Noel Shillito 30	:27.6	Jim Miles 35	1:03.9	<u>100 Yd. Breast</u>	
Kirt Smith 31	:29.0	Byron Stauffer 38	1:04.6	Ron Taylor 46	1:14.2
<u>100 Yd. I. M.</u>		Glen Irwin 36	1:11.6	Tom Foley 45	1:32.7
Tim Hill 30	1:10.7	Kenneth Kennerud 39	1:20.0	John M. Ofstad 49	1:33.8
Steve Harrell 32	1:15.5	<u>400 Yd. I. M.</u>		<u>200 Yd. Breast</u>	
<u>200 Yd. I. M.</u>		Larry Richardson 39	6:16.4	Tom Foley 45	3:21.1
Russell Hall 33	2:36.5	<u>MEN 40-44</u>		John M. Ofstad 49	3:23.7
<u>400 Yd. I. M.</u>		<u>50 Yd. Free</u>		<u>100 Yd. Fly</u>	
Russell Hall 33	5:36.4	Don Ruckman 43	:27.0	James L. Davies 45	1:12.0
<u>MEN 35-39</u>		Dale White 44	:29.9	<u>200 Yd. Fly</u>	
<u>50 Yd. Free</u>		George Roberts 42	:30.4	James L. Davies 45	* 2:55.0
Jim Miles 35	:24.5	L. Terry Conner 43	:37.6	Tom Foley 45	3:50.5
Byron Stauffer 38	:25.5	<u>100 Yd. Free</u>		<u>100 Yd. I. M.</u>	
Glen Irwin 36	:26.1	Don Ruckman 43	:59.1	Jim Sherrod 49	1:22.8
Larry Richardson 39	:27.0	Frank Newquist 42	1:04.5	<u>MEN 50-54</u>	
Kenneth Kennerud 39	:30.3	Dale White 44	1:06.3	<u>50 Yd. Free</u>	
Bill Streeter 36	:31.2	George Roberts 42	1:08.5	Walt Andrychowicz 50	:29.9
Bob Spiger 39	:32.8	<u>200 Yd. Free</u>		John Koruga 53	:30.8
<u>100 Yd. Free</u>		Don Ruckman 43	2:16.0	Ben Dotson 51	:40.6
Jim Miles 35	* :54.6	Frank Newquist 42	2:25.0	<u>100 Yd. Free</u>	
David Emery 38	:55.7	Dale White 44	2:30.8	John Koruga 53	1:09.9
Glen Irwin 36	1:01.2	<u>500 Yd. Free</u>		Walt Andrychowicz 50	1:10.2
Larry Richardson 39	1:01.3	Don Ruckman 43	6:27.1	Matthew Wang 51	1:23.8
Robert Remington 35	1:04.4	Dale White 44	7:02.1	<u>50 Yd. Back</u>	
Henry Nakagawa 39	1:05.5	<u>1650 Yd. Free</u>		Bill Castner 52	:36.5
Bill Streeter 36	1:08.5	L. Terry Conner 43	34:31.9	<u>100 Yd. Back</u>	
Kenneth Kennerud 39	1:10.7	<u>50 Yd. Back</u>		Pat Hill 52	1:21.3
Bob Spiger 39	1:15.1	George Roberts 42	:44.2	Bill Castner 52	1:25.7
<u>200 Yd. Free</u>		L. Terry Conner 43	:54.0	<u>200 Yd. Back</u>	
Bill Streeter 36	2:33.5	<u>50 Yd. Fly</u>		Bill Castner 52	3:21.8
Henry Nakagawa 39	2:35.7	Frank Newquist 42	:32.0	<u>50 Yd. Breast</u>	
Bob Spiger 39	2:49.3	<u>100 Yd. I. M.</u>		Matthew Wang 51	:38.0
<u>500 Yd. Free</u>		Don Ruckman 43	1:13.3	Ben Dotson 51	:51.5
Larry Richardson 39	6:45.1	<u>MEN 45-49</u>		<u>100 Yd. Breast</u>	
<u>1650 Yd. Free</u>		<u>50 Yd. Free</u>		Matthew Wang 51	1:24.3
Robert Remington 35	24:19.3	Robert Dorse 48	:26.1	L. P. Jones 50	1:37.5
<u>50 Yd. Back</u>		<u>100 Yd. Free</u>		<u>200 Yd. Breast</u>	
Walt Reid 39	:33.9	Robert Dorse 48	1:00.4	Matthew Wang 51	3:07.5
<u>100 Yd. Back</u>		James L. Davies 45	1:01.1	<u>50 Yd. Fly</u>	
Walt Reid 39	1:18.7	<u>200 Yd. Free</u>		John Koruga 53	:36.7
Robert Remington 35	1:23.0	James L. Davies 45	2:21.0	<u>100 Yd. I. M.</u>	
<u>50 Yd. Breast</u>		Kirk Adams 45	2:22.7	John Koruga 53	1:27.2
Walt Reid 39	:33.0	<u>500 Yd. Free</u>			
		James L. Davies 45	6:38.1		



MEN 55-59

<u>50 Yd. Free</u>	
Warren Kleist 58	:28.6
Jim Holland 56	:29.5
James Worrel 57	:33.7
David Stone 55	:34.5
<u>100 Yd. Free</u>	
Jim Holland 56	1:08.6
Chet Palmer 56	1:16.2
David Stone 55	1:17.7
<u>200 Yd. Free</u>	
Warren Kleist 58	* 2:27.9
Chet Palmer 56	2:53.4
David Stone 55	3:03.6
<u>500 Yd. Free</u>	
Chet Palmer 56	8:18.4
<u>1650 Yd. Free</u>	
Warren Kleist 58	*23:49.6
David Stone 55	28:23.0
James Worrel 57	30:06.6
<u>50 Yd. Back</u>	
John Tyler 58	1:01.1
<u>100 Yd. Back</u>	
John Tyler 58	2:19.1
<u>200 Yd. Back</u>	
John Tyler 58	5:23.3
<u>50 Yd. Breast</u>	
Jim Holland 56	:40.0
James Worrel 57	:41.1
<u>100 Yd. Breast</u>	
James Worrel 57	1:31.6
<u>200 Yd. Breast</u>	
James Worrel 57	* 3:20.9
<u>50 Yd. Fly</u>	
Warren Kleist 58	* :34.4

MEN 60-64

<u>50 Yd. Free</u>	
Robert Hunt 62	:38.4
<u>100 Yd. Free</u>	
Robert Hunt 62	1:26.4
<u>200 Yd. Free</u>	
Robert Hunt 62	3:14.1
<u>50 Yd. Back</u>	
Fred Wiggin 64	:39.4
<u>100 Yd. Back</u>	
Fred Wiggin 64	1:26.4
<u>200 Yd. Back</u>	
Fred Wiggin 64	3:03.6
<u>100 Yd. I. M.</u>	
Fred Wiggin 64	1:26.5
<u>400 Yd. I. M.</u>	
Fred Wiggin 64	* 6:37.1

MEN 65-69

<u>50 Yd. Free</u>	
L. E. Crossett 66	:32.6
Karl Frederick 66	:32.8
George Eldridge 67	:46.2

100 Yd. Free

L. E. Crossett 66	1:18.7
Art Erickson 69	1:24.6
Bob Churchill 66	1:38.3
Nathan Budish 65	1:42.6
George Eldridge 67	1:46.8
<u>200 Yd. Free</u>	
L. E. Crossett 66	3:02.2
Art Erickson 69	3:10.1
Nathan Budish 65	3:47.7
Bob Churchill 66	3:49.1
George Eldridge 67	3:58.3
<u>500 Yd. Free</u>	
L. E. Crossett 66	* 8:20.4
<u>1650 Yd. Free</u>	
George Eldridge 67	37:17.4
<u>50 Yd. Back</u>	
Karl Frederick 66	:42.7
L. Crossett 66	:46.3
Art Erickson 69	:54.0
<u>100 Yd. Back</u>	
Gene Caddey 66	* 1:33.3
Art Erickson 69	1:58.5
<u>200 Yd. Back</u>	
Gene Caddey 66	3:26.0
Nathan Budish 65	4:13.9
<u>50 Yd. Breast</u>	
Karl Frederick 66	* :39.5
<u>50 Yd. Fly</u>	
Karl Frederick 66	:38.7
Art Erickson 69	:48.5
<u>100 Yd. Fly</u>	
Gene Caddey 66	1:33.8
<u>100 Yd. I. M.</u>	
Karl Frederick 66	1:27.3
<u>200 Yd. I. M.</u>	
Gene Caddey 66	3:20.4

MEN 70-74

<u>50 Yd. Free</u>	
Francis Jowett 70	* :33.4
Jim Penfield 72	:34.7
<u>50 Yd. Back</u>	
Jim Penfield 72	* :42.6
<u>100 Yd. Back</u>	
Jim Penfield 72	* 1:50.8
<u>50 Yd. Breast</u>	
Jim Penfield 72	* :42.8
Francis Jowett 70	:46.5
<u>50 Yd. Fly</u>	
Francis Jowett 70	* :44.4
<u>100 Yd. Fly</u>	
Francis Jowett 70	* 1:57.2
<u>100 Yd. I. M.</u>	
Francis Jowett 70	* 1:40.7

MEN 80+

<u>50 Yd. Free</u>	
Robert Simmonds 87	:49.1
<u>100 Yd. Free</u>	
Robert Simmonds 87	1:55.0
<u>200 Yd. Free</u>	
Robert Simmonds 87	4:26.1
<u>500 Yd. Free</u>	
Robert Simmonds 87	12:00.3
<u>1650 Yd. Free</u>	
Robert Simmonds 87	41:53.8
<u>RELAYS</u>	
<u>WOMEN - 200 Yd. Free</u>	
<u>25+</u>	
J. Horne, A. Justesen	
J. Sapien, D. Burkhart	1:59.7
A. Jones, L. Bloomquist	
D. Campbell, K. Unruh	2:14.7
S. Stenberg, K. Blum	
M. Davis, K. Crandell	2:25.6
J. Rogers, C. Amiad	
J. Twight, H. Oesting	2:28.6
<u>35+</u>	
B. Richardson, M. Dabrock	
F. Miller, M. James	2:29.4
J. Roshau, C. Beauchamp	
M. Liskajan, P. Mansfield	2:40.0
C. Podoll, S. Linnane	
S. Kennedy, J. Custer	2:43.4
<u>45+</u>	
C. Rosik, D. Musselman	
L. Reid, M. Flynn	2:48.6
M. Carlson, M. Burke	
L. Holm, S. Lehman	3:09.4
<u>WOMEN - 200 Yd. Medley</u>	
<u>25+</u>	
A. Justesen, D. Burkhart	
J. Sapien, J. Horne	2:22.8
K. Unruh, A. Jones	
L. Bloomquist, D. Campbell	2:41.2
J. Rogers, M. Williamson	
J. Twight, C. Amiad	2:50.0
<u>35+</u>	
P. Mansfield, M. Leskajan	
J. Roshau, C. Beauchamp	3:05.5
M. James, F. Miller	
M. Dabrock, B. Richardson	3:05.7
C. Podoll, N. Edington	
K. McElvaine, J. Custer	3:26.3
<u>45+</u>	
L. Reid, D. Musselman	
M. Flynn, C. Rosik	3:19.2



<u>45+</u>	S. Lehman, M. Carlson	M. Thoreson, D. Kirkpatrick	Jeannie Forbes 23	:43.7
	M. Burke, M. Mueller 3:35.7	S. Harrell, S. Lehman 2:10.2	Rebecca Michael 22	:50.7
<u>MEN - 200 Yd. Free</u>		A. Jones, B. Wilson	Marlene Holmes 24	:54
<u>25+</u>		L. Bloomquist, G. Roberts	<u>100 Yd. Back</u>	
	M. Rude, R. Unrue	2:13.1	Marlene Holmes 24	2:13.0
	S. Randle, R. Ingraham		<u>50 Yd. Breast</u>	
	*1:35.0	S. Stenberg, M. Davis	Jeannie Forbes 23	:38.5
	R. Brown, J. Miles	G. Lovelady, T. Gay 2:22.3	<u>100 Yd. Breast</u>	
	T. Cooper, J. Tinius 1:39.6	N. Shillito, M. Leskajan	Corrie Ewers 20	1:22.7
	B. Miller, J. Davison	T. Conner, C. Beauchamp	Jeannie Forbes 23	1:25.7
	G. Hafer, P. Carder 1:40.1	2:26.6	<u>200 Yd. Breast</u>	
	M. Krattli, S. Harrell	<u>35+</u>	Corrie Ewers 20	2:58.7
	B. Spiger, D. Kirkpatrick	F. Miller, B. Stauffer	Jeannie Forbes 23	3:08.3
	1:55.2	D. Emery, B. Richardson	Lynn McMurdie 23	3:11.9
<u>35+</u>		2:05.0	Rebecca Michael 22	3:31.8
	D. Emery, B. Stauffer	M. Dabrock, L. Richardson	<u>50 Yd. Fly</u>	
	M. Stauffer, G. Chase *1:36.9	G. Irwin, M. James 2:08.5	Shelley Marshall 24	:28.7
	B. Streeter, G. Irwin	C. Podoll, R. Taylor	Marlene Holmes 24	DQ
	F. Newquist, L. Richardson	J. Custer, J. Davies 2:15.6	<u>100 Yd. Fly</u>	
	1:51.8	N. Edington, M. Wang	Ruth Risley 21	*1:06.0
	J. Davies, D. White	D. White, S. Linnane 2:28.5	Kiko Kimura 24	1:13.3
	R. Taylor, M. Wang 1:55.6	G. Caddey, J. Rogers	<u>200 Yd. Fly</u>	
<u>45+</u>		J. Twight, J. Koruga DQ	Kiko Kimura 24	2:44.9
	A. Erickson, T. Foley	<u>45+</u>	Becky Bennett 22	3:18.4
	N. Budish, J. Ofstad 2:27.4	J. Sherrod, D. Musselman	<u>100 Yd. I. M.</u>	
<u>65+</u>		M. Flynn, D. Stone 2:14.5	Corrie Ewers 20	1:14.1
	K. Frederick, D. Jowett	M. Burke, M. Carlson	Pam Alley 21	1:19.5
	L. E. Crossett, G. Caddey	J. Ofstad, R. Hunt 2:51.2	Jeannie Forbes 23	1:25
	*2:09.0	<u>65+</u>	Marcia Middendorf 21	1:27
<u>MEN - 200 Yd. Medley</u>		L. Holm, M. Mueller	<u>200 Yd. I. M.</u>	
<u>25+</u>		N. Budish, A. Erickson	Ruth Risley 21	*2:24.0
	J. Hogue, G. Hafer	*3:11.0	Corrie Ewers 20	2:42.6
	B. Miller, P. Carder 1:47.8	<u>WOMEN 20-24</u>	Lynn McMurdie 23	2:55.2
	R. Brown, J. Miles	<u>50 Yd. Free</u>	Becky Bennett 22	3:01.2
	J. Tinius, J. Davies 2:00.3	Marlene Holmes 24	<u>400 Yd. I. M.</u>	
	T. Gay, L. Richardson	100 Yd. Free	Kiko Kimura 24	*5:37.3
	R. Lunden, R. Alexander	Shelley Marshall 24	Corrie Ewers 20	6:01.7
	2:19.0	Ruth Risley 21		
<u>35+</u>		Pam Alley 21	<u>MEN 20-24</u>	
	D. Emery, B. Stauffer	Lynn McMurdie 23	<u>50 Yd. Free</u>	
	M. Stauffer, G. Chase DQ	Rebecca Michael 22	Art Arpin 21	:24.5
<u>45+</u>		Marlene Holmes 24	Vennis Woods 20	:26.2
	B. Castner, T. Foley	<u>200 Yd. Free</u>	Andy Wedaman 24	:26.5
	J. Ofstad, A. Erickson 2:35.1	Pam Alley 21	Tony Miller 20	:27.4
<u>MIXED - 200 Yd. Free</u>		Lynn McMurdie 23	Bill Wilson 21	:27.9
<u>25+</u>		Marcia Middendorf 21	Todd Caspell 22	:28.5
	J. Tinius, D. Burkhart	Rebecca Michael 22	Brandon Vernon 22	:29.7
	J. Miles, J. Horne 1:48.2	<u>500 Yd. Free</u>	<u>100 Yd. Free</u>	
	T. Cooper, A. Justesen	Kiko Kimura 24	Ed Walstead 24	:50.9
	J. Sapien, R. Brown 1:51.5	Becky Bennett 22	Art Arpin 21	:56.5
	K. Blum, K. Crandell	Lynn McMurdie 23	Andy Wedaman 24	:57.1
	J. Hogue, G. Hafer 1:53.5	Rebecca Michael 22	Tony Miller 20	1:00.9
	K. Smith, J. Haugseth	<u>1650 Yd. Free</u>	Todd Caspell 22	1:01.5
	J. Flynn, P. Wagner 1:56.9	Kiko Kimura 24	<u>200 Yd. Free</u>	
		50 Yd. Back	David VanDam 24	2:02
		Marcia Middendorf 21	Andy Wedaman 24	2:12.7
		:42.0	Brandon Vernon 22	2:41.1



<u>500 Yd. Free</u>	
David VanDam 24	5:42.7
Richard Fischer 23	6:13.8
Bill Wilson 21	6:29.5
<u>1650 Yd. Free</u>	
Bill Wilson 21	23:09.5
<u>50 Yd. Back</u>	
Tony Miller 20	:33.3
Andy Wedaman 24	:34.1
<u>100 Yd. Back</u>	
Ed Walstead 24	1:01.9
Tony Miller 20	1:15.7
<u>50 Yd. Breast</u>	
Vennis Woods 22	:31.8
Richard Fischer 23	:32.0
Mark Souza 22	:32.5
Bill Marshall 24	:32.8
Brandon Vernon 22	:39.8
<u>100 Yd. Breast</u>	
Ed Walstead 24	1:07.8
Richard Fischer 23	1:10.5
Mark Souza 22	1:12.8
Bill Marshall 24	1:13.2
Tony Miller 20	1:15.3
<u>200 Yd. Breast</u>	
Mark Souza 22	2:47.0
<u>50 Yd. Fly</u>	
Art Arpin 21	:28.7
Vennis Woods 22	:29.7
Brandon Vernon 22	:32.3
Bill Wilson 21	:32.7
<u>100 Yd. Fly</u>	
Ed Walstead 24	:58.1
Brandon Vernon 22	1:26.3
<u>200 Yd. Fly</u>	
David VanDam 24	*2:10.3
<u>100 Yd. I. M.</u>	
David VanDam 24	1:02.0
Richard Fischer 23	1:05.4
Art Arpin 21	1:06.8
<u>200 Yd. I. M.</u>	
Ed Walstead 24	2:12.7
<u>400 Yd. I. M.</u>	
David VanDam 24	*4:53.5

RELAYS 20+

<u>WOMEN - 200 Yd. Free</u>	
K. Kimura, G. Singh	
P. Alley, L. McMurdie	*1:58.3
S. Marshall, A. Lowrey	
M. Fijalka, K. Toscas	2:06.4
R. Michael, R. Risley	
J. Forbes, M. Holmes	2:15.5
<u>WOMEN - 200 Yd. Medley</u>	
K. Kimura, G. Singh	
P. Alley, L. McMurdie	*2:17.5

K. Blum, R. Risley	
J. Forbes, R. Michael	2:31.8
<u>MEN - 200 Yd. Free</u>	
T. Hill, J. Shelton	
V. Woods, A. Arpin	1:40.1
B. Marshall, N. Shillito	
B. Vernon, T. Caspell	1:47.6
B. Wilson, M. Souza	
G. Roberts, G. Unruh	1:47.8
D. VanDam, T. Miller	
T. Gay, G. Lovelady	1:48.1
A. Wedaman, R. Fischer	
J. Koruga, W. Andrychowicz	1:53.8
<u>MEN - 200 Yd. Medley</u>	
R. Unrue, M. Rude	
N. Shillito, S. Randle	1:53.9
T. Hill, J. Shelton	
A. Arpin, V. Woods	1:54.4
D. VanDam, G. Lovelady	
T. Miller, J. Davison	1:57.3
B. Wilson, M. Souza	
G. Unruh, G. Roberts	DQ
<u>MIXED - 200 Yd. Free</u>	
S. Randle, R. Unrue	
S. Marshall, M. Fijalka	1:42.8
A. Arpin, G. Singh	
J. Shelton, P. Alley	1:47.0
T. Miller, R. Risley	
J. Forbes, D. VanDam	1:54.1
T. Hill, V. Woods	
K. Kimura, L. McMurdie	1:56.6
M. Rude, J. Roshau	
R. Ingraham, A. Lowery	2:01.5
R. Michael, M. Holmes	
B. Miller, P. Carder	2:12.2
M. Williams, H. Wedaman	
H. Oesting, R. Fischer	2:13.0
B. Marshall, P. Mansfield	
K. Toscas, T. Caspell	2:13.3
R. Unrue, M. Souza	
D. Campbell, G. Unruh	DQ

FOR SALE! 1980 PNA Records and Top Ten Booklets (the ones that were displayed at the banquet) are available from your team Rep. or Board member for .50¢.

TEAM SWIMMERS-The election of Team Swimmers has Produced a variety of responses: most vocal; best recruiter; good organizer;....Those honored at the Annual Banquet included: Ft. Steilacoom, Florence Miller; Triton Swim Team, Lynda Bloomquist; Seattle Swim Club, Maureen Williams; Tigers, Bill Castner; Tacoma Y, Rick Ingraham; Congratulations to all who have contributed to what Kiko said was "best swimming ever!"

See you at  
Enumclaw, June  
14!

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