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**MEET RESULTS**  
**S.C. PMA CHAMPIONSHIPS, MT. RAINIER DIST. POOL**  
**APRIL 20-21, 1979**  
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1	Fort Steilacoom	527
2	Sno-King Tritons	489
3	Tigers	463
4	Seattle Swim Club	271
5	Highline	211
6	Tacoma	202
7	Newport Hills	173
8	The Other Team	127
9	Banger	96
10	Mercer Island	57
11	Best	53
12	Sumner	47
13	Renton Area Aquatics	43
14	Bellevue-Y	27
15	Seattle Tennis Club	22
16	Bellingham-Y	21
17	Aqua - Dive	19
18	Wedgwood	19
19	Husky S.C.	06
20	UN	219

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**MEET RESULTS**  
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EVENT #1 400 I.M. Women

25-29	Betsy Jacroux	TIG	6:33.13
30-34	Sue Dills	NEW	5:46.41
35-39	Karen Kohler Linda Jones	NEW HAC	6:42.80 6:33.21
40-44	Juanita Correa	NEW	5:49.0

EVENT #2 400 I.M. Men

20-24	William Miller	FS	5:17.70
25-29	Gary Hafer Craig Harris Bruce MacLay	FS HSC SKT	4:54.17 5:17.2 5:30.43
30-34	Dan Rueff	SKT	5:04.05
40-44	Tom Foley	TIG	6:38.06
60-64	Fred Wiggins	SKT	6:41.70
65-69	Gene Caddey	TOT	6:47.01



F.N.A. MASTERS SWIM MEET

April 20, 1979

Mt. Rainier

Des Moines, Washington

25-Yard Pool

AAU Sanctioned

WOMEN 20-24

<u>50 Yd. Free</u>		
Vickie Anderson	20	28.69
Karen Young	20	29.7
<u>100 Yd. Free</u>		
Vickie Anderson	20	1:03.2
<u>200 Yd. Free</u>		
Lori Williamson	20	2:32.3
Becky Bennett	21	2:44.7
<u>500 Yd. Free</u>		
Lori Williamson	20	7:05.9
<u>50 Yd. Back</u>		
Vickie Anderson	20	32.9
Joan Vetto	22	37.1
Jeannie Forbes	22	40.6
<u>100 Yd. Back</u>		
Vickie Anderson	20	1:14.2
<u>50 Breast</u>		
Jeannie Forbes	22	37.8
Joan Vetto	22	39.02
Lori Williamson	20	40.2
<u>100 Yd. Breast</u>		
Jeannie Forbes	22	1:25.4
<u>200 Yd. Breast</u>		
Jeannie Forbes	22	3:05.65
Lori Williamson	20	3:13.8
<u>50 Yd Fly</u>		
Joan Vetto	22	35.63
Becky Bennett	21	38.43
<u>100 Yd. I.M.</u>		
Becky Bennett	21	1:23.2
Joan Vetto	22	1:17.6
<u>200 Yd. I.M.</u>		
Lori Williamson	20	2:56.17

WOMEN 25-29

Pam Rietschel	25	29.3
Gaye Light	28	29.9
Janie Sapien	29	30.69
Marilyn Grindrod	27	31.1
Linda Kulchinski	29	31.1
Marilee Fijalka	25	34.6
<u>100 Yd. Free</u>		
Julie Horne	29	1:05.67
Linda Kulchinski	29	1:07.4
Marilyn Grindrod	27	1:12.5
Marilee Fijalka	25	1:19.55
<u>200 Yd. Free</u>		
Linda Kulchinski	29	2:30.26
Janie Sapien	29	2:44.46
Betsy Jacroux	28	2:50.3
<u>500 Yd. Free</u>		
Gaye Light	28	6:35.9
Betsy Jacroux	28	7:31.3
<u>1650 Yd. Free</u>		
Gaye Light	28	22:15.6
Betsy Jacroux	28	26:29.1

50 Yd. Back

Julie Horne	29	36.5
Marilyn Grindrod	27	39.4
<u>100 Yd. Back</u>		
Julie Horne	29	1:22.4
Marilyn Grindrod	27	1:28.1
Marilee Fijalka	25	1:31.9
Julie Horne	29	2:56.5
<u>50 Yd. Breast</u>		
Gaye Light	28	38.2
Pam Rietschel	25	39.5
Lindsey Moore	28	43.1 D.O
<u>200 Yd Breast</u>		
Janie Sapien	29	3:32.6
<u>50 Yd. Fly</u>		
Janie Sapien	29	32.5
Linda Kulchinski	29	36.1
<u>100 Yd. Fly</u>		
Pam Rietschel		1:25.7
<u>200 Yd. Fly</u>		
Janie Sapien		3:22.2
<u>100 Yd. I.M.</u>		
Gaye Light	28	1:16.2
Julie Horne	29	1:18.9
Marilyn Grindrod	27	1:22.5
Linda Kulchinski	29	1:22.8
Marilee Fijalka	25	1:35.0
<u>200 Yd. I.M.</u>		
Pam Rietschel	25	2:46.9
Betsy Jacroux	28	3:06.2
<u>400 Yd. I.M.</u>		
Betsy Jacroux	28	6:33.1

WOMEN 30-34

<u>50 Yd. Free</u>		
Kathy Grandell	30	29.8
Donna Burkhart	32	30.6
Janet Russell	34	32.4
Lynda Bloomquist	32	37.3
Bonnie Gunkel	31	37.8
Carol Miller	33	40.2
<u>100 Yd. Free</u>		
Donna Burkhart	32	1:08.7
Cookie Justesen		1:10.2
Janet Russell	34	1:14.4
Christine Robertson	34	1:17.2
Lynda Bloomquist	32	1:20.2
<u>200 Yd Free</u>		
Janet Russell	34	2:45.3
Lynda Bloomquist	32	2:54.3
Christine Robertson	34	2:59.2
<u>500 Yd. Free</u>		
Lynda Bloomquist	32	7:31.4
Carol Miller	33	10:17.1
<u>50 Yd. Back</u>		
Donna Burkhart	32	37.2
Cookie Justesen	31	38.9

\* F.N.A. Record

\*\*\* Nat'l Record



<u>100 Yd. Back</u>		
Cookie Justesen 31	1:24.1	
<u>200 Yd. Back</u>		
Diana Kennerud 34	3:04.44	
Christine Robertson 34	3:19:58	
<u>50 Yd. Breast</u>		
Kathy Grandell 30	36.3	
Carol Miller 33	45.1	
Bonnie Gunkel 31	45.5	
<u>100 Yd. Breast</u>		
Kathy Grandell 30	1:17.7	
Cookie Justesen 31	1:32.7	
Bonnie Gunkel 31	1:41.4	
Carol Miller 33	1:42.1	
<u>200 Yd. Breast</u>		
Kathy Grandell 30	2:56.6	*
Diana Kennerud 34	3:13.5	
Carol Miller 33	3:48.0	
<u>50 Yd. Fly</u>		
Sue Dills 33	32.2	*
<u>100 Yd. Fly</u>		
Sue Dills 33	1:15.4	*
<u>200 Yd. Fly</u>		
Kathy Grandell 30	4:43.35	
<u>100 Yd. I.M.</u>		
Sue Dills 33	1:14.2	
Cookie Justesen 31	1:22.3	
<u>200 I.M.</u>		
Sue Dills 33	2:41.0	*
Diana Kennerud 34	3:00.3	
<u>400 Yd. I.M.</u>		
Sue Dills 33	5:46.4	*
<u>WOMEN 35-39 50 Yd. Free</u>		
Ros Bird 36	30.4	
Gretchen Anderson 36	33.4	
Joy Rogers 37	33.6	
Bobbie Beneke 36	33.8	
Mary Culver 36	44.5	
<u>100 Yd. Free</u>		
Gretchen Anderson 36	1:12.8	
Karen Kohler 38	1:16.2	
Brenda Kulsa 38	1:29.2	
Mary Culver 36	1:46.5	
<u>200 Free</u>		
Joy Rogers 37	2:43.3	
Karen Kohler 38	2:47.4	
<u>500 Yd. Free</u>		
Karen Kohler 38	7:26.5	
<u>1650 Yd. Free</u>		
Karen Kohler 38	25:29.4	
Bobbie Beneke 36	28:28.5	
Kaylee Dean 35	28:34.6	
<u>50 Yd. Back</u>		
Bobbie Beneke 36	37.0	*
Judy Harrison 39	47.4	
Mary Culver 36	49.7	
Marietta James 39	50.6	
Joyce Peay		

<u>100 Yd. Back</u>		
Joy Rogers 37	1:20.5	
Gretchen Anderson 36	1:28.4	
Charlotte Beauchamp 39	1:50.4	
Marietta James 39	1:53.5	
<u>200 Back</u>		
Joy Rogers 37	2:58.3	
Marietta James 39	3:58.8	
<u>50 Yd. Breast</u>		
Carol Dewell 35	37.8	
Ros Bird 36	38.9	
Judy Harrison 39	40.2	
Joyce Peay 39	---	
<u>100 Yd. Breast</u>		
Carol Dewell 35	1:22.2	
Ros Bird 36	1:28.3	
Gretchen Anderson 36	1:29.1	
Judy Harrison 39	1:30.1	
Brenda Kulsa 38	1:50.0	
Joyce Peay 39	2:21.5	
<u>200 Yd. Breast</u>		
Carol Dewell 35	2:59.6	
Charlotte Beauchamp 39	3:33.0	
<u>50 Yd. Fly</u>		
Bobbie Beneke 36	42.3	
<u>100 I.M.</u>		
Carol Dewell 35	1:14.2	*
Ros Bird 36	1:20.3	
Gretchen Anderson 36	1:22.5	
Bobbie Beneke 36	1:35.0	
Brenda Kulsa 38	1:38.9	
Charlotte Beauchamp 39	1:40.3	
Joy Rogers 37	---	
<u>200 Yd. I.M.</u>		
Carol Dewell 35	2:46.4	
<u>400 Yd. I.M.</u>		
Karen Kohler 38	6:42.8	
<u>WOMEN 40-44</u>		
Juanita Correa 43	28.7	
Sue Dearborn 42	33.9	
Shirley Lehman 44	34.74	
Florence Miller 42	36.9	
<u>100 Yd. Free</u>		
Juanita Correa 43	1:02.1	
Florence Miller 42	1:18.7	
<u>200 Yd. Free</u>		
Juanita Correa 43	2:18.3	
Florence Miller 42	2:57.8	
Sue Dearborn 42	3:00.5	
<u>1650 Yd. Free</u>		
Marty Dabrock 44	27:52.0	
<u>100 Yd. Back</u>		
Chaya Amiad 41	1:42.9	
Florence Miller 42	1:46.0	
<u>50 Yd. Breast</u>		
Sylvia Powell 43	47.3	
Chaya Amiad 41	47.5	
Shirley Lehman 44	49.7	



<u>100 Yd. Breast</u>	
Sylvia Powell 43	1:46.0
Chaya Amiad 41	1:47.2
<u>200 Yd. Breast</u>	
Chaya Amiad 41	3:51.3
Sylvia Powell 43	3:54.1
<u>50 Yd. Fly</u>	
Marty Dabrick 44	41.8
Shirley Lehman 44	45.9
<u>50 Yd. Back</u>	
Sue Dearborn	47.0
Chaya Amiad 41	47.4
Shirley Lehman 44	48.2
Florence Miller 42	48.5
<u>200 Yd. Fly</u>	
Marty Dabrock 44	3:44.43
<u>100 Yd. I.M.</u>	
Juanita Correa 43	1:17.3
Sue Dearborn 42	1:35.7
Marty Dabrock 44	1:36.6
Shirley Lehman 44	1:41.99
<u>400 Yd. I.M.</u>	
Juanita Correa 43	5:49.0 *
<u>WOMEN 45-49</u>	
<u>50 Yd. Free</u>	
Marlys Chovil 43	41.3
Rosi Latta 47	42.7
Cynthia Rosik 46	47.6
Kathryn McElvaine 45	51.8
<u>100 Yd. Free</u>	
Jan Twight 48	1:27.2
Marlys Chovil 43	1:30.8
<u>500 Yd. Free</u>	
Marlys Chovil 43	3:41.1
<u>1650 Yd. Free</u>	
Marlys Chovil 43	29:40.3
<u>50 Yd. Breast</u>	
Chynthia Rosik 46	48.77
Kathryn McElvaine 45	1:01.7
<u>100 Yd. Breast</u>	
Jan Twight 43	1:43.7
Cynthia Rosik 46	1:52.7
Kathryn McElvaine 45	2:07.5
<u>200 Yd. Breast</u>	
Jan Twight 43	3:51.6
<u>50 Yd. Fly</u>	
<u>100 Yd. I.M.</u>	
Jan Twight 48	1:43.8
Rosi Latta 47	2:04.0
<u>200 Yd. I.M.</u>	
Jan Twight 48	3:41.6
<u>WOMEN 50-54</u>	
Marnetta Stratford 53	50 Yd. Free 1:07.7
<u>100 Yd. Free</u>	
Maryan Burke 53	4:09.2
<u>50 Yd. Back</u>	
Maryan Burke 53	57.14
Marnetta Stratford 53	1:18.0

<u>100 Back</u>	
Maryan Burke 53	2:00.1
Marnetta Stratford 53	2:45.9
<u>200 Yd. Back</u>	
Marnetta Stratford 53	5:56.3
<u>50 Yd. Breast</u>	
Maryan Burke 53	1:03.8
Marnetta Stratford 53	1:33.8
<u>100 Yd. I.M.</u>	
Maryan Burke 53	2:12.2
<u>WOMEN 55-59</u>	
<u>50 Yd. Free</u>	
Anna Clark 59	47.3
Evelyn Lercher 58	1:09.8
<u>100 Yd. Free</u>	
Evelyn Lercher 58	2:54.1
<u>50 Yd. Back</u>	
Anna Clark 59	55.4
Evelyn Lercher 58	1:21.9
<u>100 Yd. Back</u>	
Maxine Carlson 59	1:56.8
Evelyn Lercher 58	3:04.0
<u>50 Yd. Breast</u>	
Maxine Carlson 59	52.5
Evelyn Lercher 58	52.5
<u>100 Yd. Breast</u>	
Maxine Carlson 59	1:15.2
<u>100 Yd. I.M.</u>	
Maxine Carlson 59	1:54.7
<u>100 Yd. I.M.</u>	
Maxine Carlson 59	1:52.8
<u>200 Yd. I.M.</u>	
Maxine Carlson 59	4:04.8
<u>WOMEN 60-64</u>	
<u>100 Yd. Free</u>	
Catherine Bye 61	1:59.2
Lee Holm 64	1:59.8
<u>200 Yd. Free</u>	
Lee Holm 64	4:14.8
Catherine Bye 61	4:27.9
<u>50 Yd. Back</u>	
Lee Holm 64	1:00.7
<u>100 Yd. Back</u>	
Lee Holm 64	2:11.3
<u>200 Yd. Back</u>	
Lee Holm 64	4:41.6
<u>WOMEN 65-69</u>	
<u>50 Yd. Free</u>	
Dawn Musselman 65	34.7
Marion Mueller 67	55.3
<u>200 Yd. Free</u>	
Dawn Musselman 65	3:01.0
<u>500 Yd. Free</u>	
Marion Mueller 67	11:46.0
<u>1650 Yd. Free</u>	
Marion Mueller 67	39:25.0
<u>50 Yd. Back</u>	
Marion Mueller 67	57.0
<u>200 Yd. Back</u>	
Dawn Musselman 65	3:32.40**
Marion Mueller 67	4:16.2
<u>50 Yd. Breast</u>	
Dawn Musselman 65	53.4 *

\* P.N.A. Record      \*\* Nat'l Record



MEN 20-24

<u>50 Yd. Free</u>	
Tim Tynan 24	23.40
Michael Evans 24	25.7
<u>100 Yd. Free</u>	
Michael Evans 24	56.2
<u>200 Yd. Free</u>	
William Miller 24	2:07.5
<u>500 Yd. Free</u>	
William Miller 24	6:39.6
Michael Evans 24	6:09.1
<u>50 Back</u>	
Ronald Barnard 23	26.9 *
Tim Tynan 24	27.4
<u>100 Yd. Back</u>	
Ronald Barnard 23	57.2 *
<u>200 Yd. Back</u>	
Ronald Barnard 23	2:11.9
<u>50 Yd. Breast</u>	
Tim Tynan 24	33.19
Michael Evans 24	34.6
<u>50 Yd. Fly</u>	
Tim Tynan 24	26.20
<u>100 Yd. Fly</u>	
William Miller 24	1:05.2
<u>200 Yd. Fly</u>	
William Miller 24	2:40.4 *
<u>100 Yd. I.M.</u>	
Ronald Barnard 23	1:01.4
Tim Tynan 24	1:01.6
Michael Evans 24	1:05.4
<u>400 Yd. I.M.</u>	
William Miller 24	5:17.2

MEN 25-29

<u>50 Yd. Free</u>	
Jim Hogue 26	22.1 *
Steve Randle 25	23.5
Glenn Yocum 27	24.3
Robert Ramsey 26	24.8
Mike Kubicek 29	25.55
Jim Flynn 25	25.7
Dennis Power 29	25.8
Rick Ingraham 25	26.1
Joseph Beauregard 23	26.23
Mark Wiesinger 29	28.33
<u>100 Yd. Free</u>	
Dean Sawhill 26	52.8
Steve Randle 25	52.9
Glenn Yocum 27	54.0
Mike Kubicek 29	55.5
Jim Flynn 25	55.52
Robert Ramsey 26	56.23
Dennis Power 29	57.56
Rick Ingraham 25	58.1
Joseph Beauregard 23	58.9
Mark Wiesinger 29	1:08.5

<u>200 Yd. Free</u>	
Jim Flynn 25	2:06.6
Robert Ramsey 26	2:09.9
Bruce MacLay 29	2:14.7
Dennis Power 29	2:23.5
<u>500 Yd. Free</u>	
Morre Rude Ex	5:36.4
Glenn Yocum 27	5:51.3
Bruce MacLay 29	6:06.6
Dennis Power 29	7:11.8
<u>1650 Yd. Free</u>	
Bruce MacLay 29	20:30.3
Eric Bean 26	20:32.6
<u>50 Yd. Back</u>	
Gary Hafer 28	26.4
Mark Roehrig 29	33.3
<u>100 Yd. Back</u>	
Gary Hafer 28	57.3 *
Mark Roehrig 29	1:14.2
<u>200 Yd. Back</u>	
Mark Roehrig 29	2:45.9
<u>50 Yd. Breast</u>	
Jim Hogue 26	31.5
Dean Sawhill 26	35.6
<u>100 Yd. Breast 29</u>	
Dean Sawhill 26	1:11.7
Mike Kubicek 29	1:21.9
<u>200 Yd. Breast</u>	
Mike Kubicek 29	1:11.7
<u>50 Yd. Fly</u>	
Jim Hogue 26	2:43.4
Gary Hafer 26	25.9
Steve Randle 25	26.0
Craig Harris 28	27.6
Rick Ingraham 25	30.2
Mark Wiesinger 29	31.3
<u>100 Yd. Fly</u>	
Craig Harris 28	33.2
Glenn Yocum 27	1:07.1
<u>200 Yd. Fly</u>	
Craig Harris 28	1:08.5
Eric Bean 26	2:29.3
<u>100 Yd. I.M.</u>	
Eric Bean 26	2:40.3
<u>200 Yd. I.M.</u>	
Jim Hogue 26	59.5
Morre Rude 25 ex	1:03.1
Glenn Yocum 27	1:04.2
Steve Randle 25	1:04.6
Rick Ingraham 25	1:13.6
Mark Wiesinger 29	1:19.6
<u>400 Yd. I.M.</u>	
Gary Hafer 28	2:14.7
Craig Harris 28	2:25.6
Mike Kubicek 29	2:26.2
Eric Bean 26	2:42.0
<u>800 Yd. I.M.</u>	
Gary Hafer 28	4:54.1
Craig Harris 28	5:17.2
Bruce MacLay 29	5:30.4



MEN 30-34

<u>50 Yd. Free</u>	
James Miles 34	24.9
Bert Remington 34	27.7
<u>100 Yd. Free</u>	
John Diehm 34	1:00.5
Chip Coakley 32	1:03.8
Robert Remington 34	1:04.9
<u>200 Yd. Free</u>	
John Diehm 34	2:14.9
Chip Coakley 32	2:29.9
<u>500 Yd. Free</u>	
John Diehm 34	6:14.5
Greg Lovelady 33	6:35.3
<u>1650 Yd. Free</u>	
John Diehm 34	21:22.7
Todd Gay 32	28:13.8
<u>100 Yd. Back</u>	
Greg Lovelady 33	1:10.7
<u>200 Yd. Back</u>	
Dan Rueff 32	2:30.7
Greg Lovelady 33	2:34.4
<u>50 Yd. Breast</u>	
James Miles 34	32.6
Paul Marcotte 32	35.5
Jim Baurichter 31	35.2
<u>100 Yd. Breast</u>	
Paul Marcotte 32	1:14.3
Bert Remington 34	1:16.8
Jim Baurichter 31	1:19.13
<u>50 Yd. Fly</u>	
James Miles 34	28.58
Jim Baurichter 31	32.0
Chip Coakley 32	34.3
<u>100 Yd. Fly</u>	
Dan Rueff 32	1:00.6
<u>200 Yd. Fly</u>	
Dan Rueff 32	2:25.9
<u>100 Yd. I.M.</u>	
James Miles 34	1:03.55
Greg Lovelady 33	1:08.2
John Diehm 34	1:10.55
Jim Baurichter 31	1:15.5
Robert Remington 34	1:16.0
<u>200 Yd. I.M.</u>	
Dan Rueff 32	2:21.0
Greg Lovelady 33	2:34.1
Robert Remington 34	2:50.4
<u>400 Yd. I.M.</u>	
Dan Rueff 32	5:04.0

MEN 35-39

<u>50 Yd. Free</u>	
Paul Murphy 35	23.9
Larry Richardson 38	27.0
Steve McCaffray 35	27.2
<u>100 Yd. Free</u>	
Paul Murphy 35	56.31
Larry Richardson 38	1:00.5

David Clarke 37	1:01.1
Steve McCaffray 35	1:03.9
<u>200 Yd. Free</u>	
Paul Murphy 35	2:09.7
<u>50 Yd. Back</u>	
Walt Reid 38	33.5
Steve McCaffray 35	37.7
David Clarke 37	38.9
<u>50 Yd. Breast</u>	
Walt Reid 38	34.2
John Killian 38	37.8
Lee Baxter 39	38.9
Jack Miller 36	44.7
<u>100 Yd. Breast</u>	
Walt Reid 38	1:16.6
Lee Baxter 39	1:27.2
John Killian 38	1:30.3
Jack Miller 36	1:36.7
<u>200 Yd. Breast</u>	
Lee Baxter 39	3:12.4
John Killian 38	3:33.1
<u>50 Yd. Fly</u>	
Walt Ingram 36	27.8
Steve McCaffray 35	33.8
<u>100 Yd. Fly</u>	
Walt Ingram 36	1:04.1 *
<u>200 Yd. Fly</u>	
Walt Ingram 36	2:39.2 *
<u>100 Yd. I.M.</u>	
Larry Richardson 38	1:14.2
John Killian 38	1:31.2
Steve McCaffray 35	-----

MEN 40-44

<u>1650 Yd. Free</u>	
Tom Long 41	20:45.5
Dale White 43	27:12.1
<u>200 Yd. Back</u>	
Tom Foley 44	3:07.9
<u>50 Yd. Breast</u>	
Tom Long 41	33.3
<u>100 Yd. Breast</u>	
Tom Long 41	1:11.8
<u>200 Yd. Breast</u>	
Tom Long 41	2:37.0
<u>50 Yd. Fly</u>	
Frank Newquist 41	30.6
<u>200 Yd. Fly</u>	
Frank Newquist 41	3:06.0
Tom Foley 44	3:44.5
<u>100 Yd. Fly</u>	
Frank Newquist 41	1:12.9
Tom Foley 44	1:33.1
<u>100 Yd. I.M.</u>	
Frank Newquist 41	1:17.3
<u>200 I.M.</u>	
Frank Newquist 41	2:45.5
Tom Foley 44	3:05.4
<u>400 Yd. I.M.</u>	
Tom Foley 44	6:38.0



MEN 45-59

<u>200 Yd. Free</u>		
Robert Dorse 47	26.6	
Ron Taylor 45	27.17	
Jim Sherrod 48	27.8	
Walt Andrychowicz 49	29.5	29.5
Winslow Whitman 49	39.33	
Hans Pollinger 46	42.8	
<u>100 Yd. Free</u>		
Robert Dorse 47	1:00.3	
Jim Sherrod 48	1:03.8	
Walt Andrychowicz 49	1:07.4	
John Ofstad 48	1:19.7	
<u>200 Yd. Free</u>		
Kirk Adams 45	2:23.0	
John Gayman 48	2:31.12	
John Ofstad 48	2:56.4	
<u>500 Yd. Free</u>		
John Ofstad 48	7:45.9	
<u>1650 Yd. Free</u>		
John Gayman 48	25:11.4	
John Ofstad 48	26:34.4	
<u>50 Yd. Back</u>		
Jim Sherrod 48	43.2	
<u>50 Yd. Breast</u>		
Ron Taylor 45	34.6	*
Hans Pollinger 46	41.0	
Winslow Whitman 49	42.3	
<u>100 Yd. Breast</u>		
Ron Taylor 45	1:14.32	
Winslow Whitman 49	1:38.8	
<u>200 Yd. Breast</u>		
John Ofstad 48	3:39.9	
<u>50 Yd. Fly</u>		
Ron Taylor 45	31.1	
Jim Sherrod 48	40.30	
<u>100 Yd. I.M.</u>		
Ron Taylor 45	1:07.2	*

MEN 50-54

<u>50 Yd. Free</u>		
John Koruga 53	31.43	
Neville Johnson 50	31.5	
William Hodges 52	32.4	
David Stone 54	34.75	
Peter Rosik 50	41.3	
<u>100 Yd. Free</u>		
John Koruga 53	1:09.5	
David Stone 54	1:21.6	
<u>200 Yd. Free</u>		
David Stone 54	3:05.3	
<u>500 Yd. Free</u>		
David Stone 54	8:23.4	
<u>1650 Free</u>		
David Stone 54	28:32.7	
<u>50 Yd. Back</u>		
Pat Hill 51	34.3	*
Bill Gastner 51	37.0	
Peter Rosik 50	48.5	
William Hodges 52	----	
<u>100 Yd. Back</u>		
* P.N.A. Record	** Nat'l Record	

100 Yd. Back

Pat Hill 51	1:21.4
Bill Gastner 51	1:29.7
Warren Lindblad 52	1:43.9
<u>200 Back</u>	
Bill Gastner 51	3:20.2
<u>50 Yd. Breast</u>	
Neville Johnson 50	38.5
<u>100 Yd. Breast</u>	
Neville Johnson 50	1:26.7
<u>200 Yd. Breast</u>	
Neville Johnson 50	3:15.6
<u>50 Yd. Fly</u>	
John Koruga 53	37.7
Warren Lindblad 52	38.0
<u>100 Yd. I.M.</u>	
Warren Lindblad 52	1:27.1
Neville Johnson 50	1:28.0
<u>200 Yd. I.M.</u>	
Warren Lindblad 52	3:17.2

MEN 55-59

<u>50 Yd. Free</u>	
Jim Worrel 56	32.7
<u>100 Yd. Free</u>	
Jim Worrel 56	1:18.6
<u>1650 Free</u>	
Jim Worrel 56	31:32.1
<u>50 Yd. Breast</u>	
Jim Worrel 56	40.5
<u>100 Yd. Breast</u>	
Jim Worrel 56	1:31.6

MEN 60-64

<u>50 Yd. Free</u>	
John Downey 63	37.2
Allen Clark 60	37.5
<u>100 Yd. Free</u>	
John Downey 63	1:25.5
Allen Clark 60	1:28.5
John Downey 63	3:05.8
<u>500 Yd. Free</u>	
John Downey 63	8:32.4
<u>1650 Yd. Free</u>	
John Downey 63	29:40.0
<u>50 Yd. Back</u>	
Fred Wiggin 63	38.8
Allen Clark 60	53.0
<u>100 Yd. Back</u>	
Fred Wiggin 63	1:27.9
<u>200 Yd. Back</u>	
Fred Wiggin 63	3:05.6
<u>200 Yd. I.M.</u>	
Fred Wiggin 63	3:09.4
<u>400 Yd. I.M.</u>	
Fred Wiggin 63	6:41.7

MEN 65-69

<u>50 Yd. Free</u>	
George Jacobson 67	53.4
<u>100 Yd. Free</u>	
Francis Jowett 69	1:14.3
Art Erickson 68	1:21.6
George Eldridge 66	1:49.3
George Jacobson 67	2:01.0



<u>200 Yd. Free</u>		
Gene Caddey 65	2:59.5	
Art Erickson 68	3:07.6	
George Eldridge 66	4:05.3	
George Jacobson 67	4:18.3	
<u>500 Yd. Free</u>		
George Jacobson 67	11:38.4	
<u>1650 Yd. Free</u>		
George Eldridge 66	38.23.1	
George Jacobson 67	40.27.3	
<u>50 Yd. Back</u>		
Gene Caddey 65	42.0	*
Art Erickson 68	50.8	
<u>100 Yd. Back</u>		
Art Erickson 68	2:00.5	
<u>200 Yd. Back</u>		
Gene Caddey 65	3:20.26	
<u>50 Yd. Breast</u>		
<u>100 Yd. Breast</u>		
100 Yd. Breast		
Karl Frederick 65	1:29.3	*
<u>50 Yd. Fly</u>		
Karl Frederick 65	37.4	*
Francis Jewett 69	43.5	
Art Erickson 68	45.4	
<u>100 Yd. Fly</u>		
Gene Caddey 65	1:27.8	
Karl Frederick 65	DQ	
<u>400 Yd. I.M.</u>		
Gene Caddey 65	6:47.0	**
<u>MEN 75-79</u>		
<u>50 Yd. Free</u>		
John Robinson 676	40.6	
<u>100 Yd. Free</u>		
John Robinson 676	1:39.7	
<u>MEN 80 +</u>		
<u>50 Yd. Free</u>		
R. Simmonds 86	49.4	
<u>100 Yd. Free</u>		
R. Simmonds 86	1:54.24	
<u>200 Yd. Free</u>		
R. Simmonds 86	4:17.0	
<u>1650 Yd. Free</u>		
R. Simmonds 86	39.41.5	**
<u>RELAYS</u>		
<u>WOMEN - 200 Yd. Free</u>		
20 +		
Kathy Crandell 30	PNA "L"	
Jeannie Forbes 22		
Karen Young 20		
Vickie Anderson 20	1:53.3	
M. Fijalka 25	PNA "E"	
G. Light 28		
Cynthia R.		
B. Bennett 21	D.1. 2:24.5	
<u>WOMEN - 200 Yd. Free</u>		
25 +		
Janie Sapien 29	PNA "C"	
Julie Horne 29		
C. Justesen		
P. Rietschel	1:57.6	

<u>Sue Dills 33</u>		
Karen Koller 38		PNA "B"
<u>Gretchen Anderson 36</u>		
Juanita Correa 43	2:06.1	
<u>Joy Rogers 37</u>		
PNA "F"		
<u>L. Kulchinski 29</u>		
J. Twilight 48		
<u>Diane Timmons</u>		
C. Bye	2:28.0	
PNA "C"		
<u>Joyce Peay 39</u>		
Carol Miller 33		
<u>Ann Clark</u>		
35 +		
3:06.9		
<u>Florence Miller</u>		
PNA "L"		
M. James 39		
<u>Charlotte Beauchamp 39</u>		
Marty Dabrock 44	2:26.62	
<u>S. Lehman 44</u>		
PNA "D"		
<u>B. Beneke 36</u>		
Y. Brehan 39		
<u>R. Latta 47</u>		
2:26.64		
<u>M. Carlson 59</u>		
PNA "D"		
<u>M. Burke 53</u>		
<u>L. Holm 64</u>		
<u>M. Mueller 67</u>		
3:28.5		
<u>WOMEN 200 Yd. Medley Relay</u>		
25 +		
<u>Vickie Anderson 36</u>		
PNA "L"		
<u>Jeannie Forbes 22</u>		
<u>K. Crandell 30</u>		
Karen Young 20	2:19.0	
<u>Julie Horne 29</u>		
PNA "C"		
<u>C. Justesen 31</u>		
<u>P. Rietschel 25</u>		
J. Sapien 29	2:23.3	
<u>G. Anderson 26</u>		
PNA "E"		
<u>K. Koller 38</u>		
<u>Sue Dills 33</u>		
<u>Juanita Correa 43</u>		
2:26.1		
<u>J. Rogers 37</u>		
PNA "F"		
<u>J. Twilight 48</u>		
<u>L. Kulchinski 29</u>		
Ros Bird 36	2:33.1	
<u>M. Fijalka 25</u>		
PNA "E"		
<u>G. Light 28</u>		
<u>C. R.</u>		
<u>B. Bennett 21</u>		
2:41.7		
<u>B. Jacrouy 28</u>		
PNA "D"		
<u>Y. Brehan 39</u>		
<u>M. Burke 53</u>		
<u>R. Latta 47</u>		
3:12.8		
<u>A. Clark 59</u>		
PNA "C"		
<u>Carol Miller 33</u>		
<u>K. McElvain 45</u>		
<u>J. Peay 39</u>		
3:39.4		
35 +		
<u>Marietta James 39</u>		
PNA "L"		
<u>Charlotte Beauchamp 39</u>		
<u>M. Dabrock</u>		
<u>E. Miller 42</u>		
2:56.9		
<u>M. Carlson 59</u>		
PNA "D"		
<u>E. Lercher 58</u>		
<u>L. Holm 64</u>		

\* P.N.A. Record.

\*\* Nat'l Record



MEN 200 Yd. Free

<u>20+</u>		
Steve R.	PNA E	
Rick I.		
Jim S.		
Morree R.	1:39.7	
Jim Baurichter	PNA L	
Frank Newquist		
Bill Miller		
Ron Barnard	1:42.8	
Bruce Sawhill	PNA F	
Dean Sawhill		
Win Whitman		
Lee Baxter	2:06.4	
<u>25+</u>		
Jim Hogue	PNA L	
Larry Richardson		
Dennis Power		
Gary Hafer	1:37.8	
James Miles	PNA C	
Dan Rueff		
Glenn Yocum		
Bruce Machay	1:38.5	

<u>32+</u>		
A. Erickson 68	PNA D	
J. Ofstad 48		
B. Gastner 51		
P. Murphy 35	2:08.6	

MEN - 200 Yd. Medley

<u>20+</u>		
Ron Barnard	PNA L	
Walt Reid		
Bill Miller		
Jim Baurichter	2:00.7	
Steve R.	PNA E	
Rick I.		
Morre R.		
Jim S.	2:04.3	

<u>25+</u>		
Gary Hafer	PNA L	
Jim Hogue		
Frank Newquist		
Dennis Power	1:56.5	
James Miles	PNA C	
Glenn Yocum		
Dan Rueff		
Bruce Machay	1:57.5	

<u>32+</u>		
A. Erickson 68	PNA D	
T. Foley 44		
B. Gastner 51		
J. Ofstad 48	2:41.2	

MIXED - 200 Yd. Free

<u>20+</u>		
Morre R.	PNA E	
Steve R.		
Mirilee F.		
Lave L.	1:51.0	

Vickie Anderson	PNA L	
Karen Young		
Jim Baurichter		
Ron Barnard	1:53.6	
Dean Sawhill	PNA F	
Bruce Sawhill		
Joy Rogers		
Linda Kulchinski	1:56.2	
Cynthia R.	PNA E	
Becky		
Rick I.		
Jim S.	2:14.9	

<u>25+</u>		
Glenn Yocum	PNA C	
James Miles		
Julie Horne		
Pam Reitschel	1:46.3	
Bruce Machay	PNA C	
Chip Coakley		
Janie Sapien		
Arlene Justesen	1:57.3	
Kathy Grandell	PNA L	
Charlotte Beauchamp		
Dennis Power		
Jim Hogue	1:59.1	

Marilyn G.	PNA A	
Carol Dewell		
Bill Hodges		
Bob Ramsey	2:00.3	
Judy Harrison	PNA H	
Janet Russell		
Jim Flynn		
Mark Wissinger	2:02.0	

<u>35+</u>		
Florence Miller	PNA L	
Marietta James		
Larry Richardson		
Walt Reid	2:09.9	
P. Murphy 35	PNA D	
T. Foley 44		
Y. Breihan 39		
B. Beneke 36	2:12.1	
J. Ofstad 48	PNA D	

J. Gayman 48		
R. Latta 47		
M. Burke 53	2:40.9	
Win Whitman	PNA F	
Lee Baxter		
Jan Twight		
Chaya Amiad	2:42.3	
Allen Clark	PNA C	
Anne Clark		
Gatherine Bye		
John Downey	2:50.4	