

NATIONALS
 04-30-00
 SHORT COURSE YARDS
 P = P.N.A. RECORD
 Z = NORTHWEST ZONE RECORD
 N = NATIONAL RECORD
 W = WORLD RECORD
 S = SPLIT TIME
 U = UNOFFICIAL TIME (1 WATCH)

WOMEN 30-34

100 YD. FREE		
KAREN LEAHY	31	58.32
200 YD. FREE		
KAREN LEAHY	31 # 8	2:05.67
500 YD. FREE		
KAREN LEAHY	31 # 5	5:33.29
1000 YD. FREE		
KAREN LEAHY	31 # 2	11:26.40
200 YD. BACK		
KAREN LEAHY	31 # 7	2:27.37
200 YD. I.M.		
KAREN LEAHY	31 #10	2:26.58

WOMEN 35-39

50 YD. BRST		
LISA WILSON	38	34.43
100 YD. BRST		
LISA WILSON	38	1:16.56
100 YD. I.M.		
LISA WILSON	38 # 9	1:05.46 P
200 YD. I.M.		
LISA WILSON	38 # 9	2:23.73
400 YD. I.M.		
LISA WILSON	38 # 4	5:08.43

WOMEN 40-44

50 YD. FREE		
MARY LIPPOLD	44 # 5	26.47
100 YD. FREE		
MARY LIPPOLD	44 # 3	57.88
MAGGIE KINSELLA	42	1:01.09
200 YD. FREE		
MARY LIPPOLD	44 # 5	2:08.81
MAGGIE KINSELLA	42 # 9	2:11.81
500 YD. FREE		
MAGGIE KINSELLA	42 # 9	5:54.46
MARY LIPPOLD	44 #10	5:55.03
1650 YD. FREE		
MAGGIE KINSELLA	42 # 2	19:48.09 P
50 YD. BRST		
TONYA BERG	41 # 8	35.16 P
100 YD. BRST		
TONYA BERG	41 # 5	1:15.01 P
200 YD. BRST		
TONYA BERG	41 # 6	2:41.20 P
100 YD. FLY		
MARY LIPPOLD	44 # 5	1:05.57
200 YD. FLY		
MARY LIPPOLD	44 # 2	2:30.03

WOMEN 45-49

50 YD. FREE		
DEBBIE GLASSMAN	46 # 4	26.73 Z
100 YD. FREE		
DEBBIE GLASSMAN	46 # 6	59.81 Z
200 YD. FREE		
DEBBIE GLASSMAN	46 # 6	2:17.47
500 YD. FREE		
CORAL BERNIER	45	6:40.90
1650 YD. FREE		
CORAL BERNIER	45 # 8	22:55.74
50 YD. BACK		
ABBIE MORRIS	45	38.33
100 YD. BACK		
ABBIE MORRIS	45	1:19.95

50 YD. BRST		
ABBIE MORRIS	45	41.50
50 YD. FLY		
DEBBIE GLASSMAN	46 # 4	29.00
100 YD. FLY		
DEBBIE GLASSMAN	46 # 4	1:07.28
CORAL BERNIER	45 # 9	1:16.34
200 YD. FLY		
DEBBIE GLASSMAN	46 # 2	2:32.48 Z
CORAL BERNIER	45 # 7	3:01.41
400 YD. I.M.		
CORAL BERNIER	45	6:11.08
ABBIE MORRIS	45	6:17.11

WOMEN 50-54

50 YD. FREE		
DEMPSEY DYBDAHL	51 # 9	33.74
100 YD. FREE		
SALLY DILLON	53 # 4	1:04.42
KATHERINE CASEY	51 # 5	1:04.59
SARAH WELCH	53 #10	1:10.24
200 YD. FREE		
SALLY DILLON	53 # 3	2:22.50
JEANNE ENSIGN	53	3:00.22
500 YD. FREE		
KATHERINE CASEY	51 # 4	6:23.85
SALLY DILLON	53 # 6	6:31.50
JEANNE ENSIGN	53	7:59.15
1650 YD. FREE		
SALLY DILLON	53 # 3	22:10.44
JEANNE ENSIGN	53 #10	27:30.27
50 YD. BRST		
KATHERINE CASEY	51 # 7	39.03
DEMPSEY DYBDAHL	51 # 8	40.59
100 YD. BRST		
KATHERINE CASEY	51 # 2	1:22.14
SALLY DILLON	53 # 4	1:23.85
DEMPSEY DYBDAHL	51	1:31.50
200 YD. BRST		
KATHERINE CASEY	51 # 4	3:03.79
SALLY DILLON	53 # 5	3:05.83
DEMPSEY DYBDAHL	51 # 9	3:26.48
50 YD. FLY		
SARAH WELCH	53 # 6	36.03
100 YD. FLY		
SARAH WELCH	53 # 8	1:23.34
DEMPSEY DYBDAHL	51 #10	1:29.95
200 YD. FLY		
SARAH WELCH	53 # 3	3:07.96
100 YD. I.M.		
DEMPSEY DYBDAHL	51 # 8	1:27.43
200 YD. I.M.		
KATHERINE CASEY	51 # 3	2:49.34
SARAH WELCH	53 # 6	3:01.69
400 YD. I.M.		
SARAH WELCH	53 # 5	6:31.73

WOMEN 55-59

500 YD. FREE		
SUZANNE DILLS	55 # 2	6:23.94 P
1650 YD. FREE		
SUZANNE DILLS	55 # 1	22:04.44 P
100 YD. FLY		
SUZANNE DILLS	55 # 2	1:17.79 Z
200 YD. I.M.		
SUZANNE DILLS	55 # 1	2:40.81 Z
400 YD. I.M.		
SUZANNE DILLS	55 # 1	5:53.10 Z

WOMEN 75-79

200 YD. FREE		
MARION CHADWICK	78 #10	4:54.75
500 YD. FREE		
MARION CHADWICK	78 # 8	13:04.64
1650 YD. FREE		
MARION CHADWICK	78 # 4	46:32.31
100 YD. BRST		

MARION CHADWICK	78 # 4	3:41.38
100 YD. FLY		
MARION CHADWICK	78 # 3	4:21.56

MEN 35-39

50 YD. FREE		
ROBERT FISH	36	22.77
100 YD. FREE		
ROBERT FISH	36	49.37
200 YD. FREE		
ROBERT FISH	36 #10	1:51.74
STEVEN RUITER	35	1:53.70
500 YD. FREE		
STEVEN RUITER	35	5:08.27
50 YD. BACK		
ROBERT FISH	36 #10	26.57
100 YD. BACK		
ROBERT FISH	36 # 7	56.69
200 YD. BACK		
ROBERT FISH	36 # 4	2:05.43
STEVEN RUITER	35 # 8	2:07.20
200 YD. FLY		
STEVEN RUITER	35 # 5	2:01.78
200 YD. I.M.		
STEVEN RUITER	35 # 5	2:04.86
400 YD. I.M.		
STEVEN RUITER	35 # 2	4:26.13

MEN 40-44

50 YD. FREE		
J.SCHAEFFER	43	24.84
100 YD. FREE		
STEVE SUSSEX	44 # 8	50.11 P
J.SCHAEFFER	43	54.98
200 YD. FREE		
STEVE SUSSEX	44 # 3	1:48.71 P
DAVID THOMSON	40	1:55.64
ERIC DYBDAHL	40	2:04.15
500 YD. FREE		
STEVE SUSSEX	44 # 2	4:55.27 P
ERIC DYBDAHL	40	5:43.02
1000 YD. FREE		
STEVE SUSSEX	44 # 2	10:16.32 Z
DAVID THOMSON	40 # 9	11:00.49
1650 YD. FREE		
ERIC DYBDAHL	40 # 9	20:08.26
50 YD. BRST		
J.SCHAEFFER	43	32.71
100 YD. BRST		
J.SCHAEFFER	43	1:11.41
50 YD. FLY		
J.SCHAEFFER	43	28.83
200 YD. I.M.		
STEVE SUSSEX	44 # 5	2:04.35 P
400 YD. I.M.		
STEVE SUSSEX	44	4:48.48

MEN 45-49

50 YD. FREE		
RONALD JACOBS	48	23.71 P
100 YD. FREE		
RONALD JACOBS	48 #10	51.66 P
BILL REEDER	47	57.95
200 YD. FREE		
RONALD JACOBS	48	1:59.99
500 YD. FREE		
HUGH MOORE	45	6:03.69
50 YD. BACK		
RONALD JACOBS	48 # 9	28.56
100 YD. BACK		
RONALD JACOBS	48 # 9	1:01.06
200 YD. BACK		
RONALD JACOBS	48 # 6	2:14.46 P
50 YD. BRST		
BILL REEDER	47	33.27
100 YD. BRST		
BILL REEDER	47	1:15.07

50 YD. FLY		
HUGH MOORE	45	28.67
100 YD. FLY		
HUGH MOORE	45	1:02.77
200 YD. FLY		
HUGH MOORE	45 # 9	2:22.10
100 YD. I.M.		
BILL REEDER	47	1:06.54
200 YD. I.M.		
BILL REEDER	47	2:25.15
HUGH MOORE	45	2:34.27
400 YD. I.M.		
BILL REEDER	47	5:15.76
HUGH MOORE	45	5:20.69

M E N 55-59

50 YD. BACK		
WALTER REID	59 # 5	35.06
100 YD. BACK		
WALTER REID	59 # 6	1:17.90
50 YD. BRST		
WALTER REID	59	35.87
100 YD. BRST		
WALTER REID	59	1:21.14

RELAYS-WOMEN 200 YD. FREE

35 +		
MAGGIE KINSELLA	42 #10	1:56.17
MARY LIPPOLD	44	
CORAL BERNIER	45	
TONYA BERG	41	

45 +		
KATHERINE CASEY	51 # 4	1:57.93
SALLY DILLON	53	
SUZANNE DILLS	55	
DEBBIE GLASSMAN	46	

RELAYS-M E N 200 YD. FREE

35 +		
ROBERT FISH	36 # 8	1:34.06
J.SCHAEFFER	43	
STEVE SUSSEX	44	
STEVEN RUITER	35	

45 +		
BILL REEDER	47	1:47.15
RONALD JACOBS	48	
WALTER REID	59	
HUGH MOORE	45	

RELAYS-MIXED 200 YD. FREE

35 +		
STEVEN RUITER	35 # 7	1:38.24 P
LISA WILSON	38	
MARY LIPPOLD	44	
ROBERT FISH	36	

J.SCHAEFFER	43	1:47.44
TONYA BERG	41	
MAGGIE KINSELLA	42	
STEVE SUSSEX	44	

45 +		
HUGH MOORE	45 # 7	1:46.59
KATHERINE CASEY	51	
DEBBIE GLASSMAN	46	
RONALD JACOBS	48	

WALTER REID	59	1:57.27
SALLY DILLON	53	
SARAH WELCH	53	
BILL REEDER	47	

RELAYS-MIXED 200 YD. MEDLEY

25 +		
ERIC DYBDAHL	40	2:02.38
J.SCHAEFFER	43	
MAGGIE KINSELLA	42	
KAREN LEAHY	31	

35 +		
ROBERT FISH	36 #10	1:53.41 P
LISA WILSON	38	
STEVEN RUITER	35	
MARY LIPPOLD	44	

STEVE SUSSEX	44	1:59.86
TONYA BERG	41	
CORAL BERNIER	45	
DAVID THOMSON	40	

45 +		
RONALD JACOBS	48 # 5	1:59.68
BILL REEDER	47	
DEBBIE GLASSMAN	46	
KATHERINE CASEY	51	

SARAH WELCH	53	2:16.52
WALTER REID	59	
HUGH MOORE	45	
SALLY DILLON	53	