

NATIONALS  
 05-14-06  
 SHORT COURSE YARDS  
 P = P.N.A. RECORD  
 Z = NORTHWEST ZONE RECORD  
 W = NATIONAL RECORD  
 W = WORLD RECORD  
 S = SPLIT TIME

WOMEN 45-49

50 YD. FREE				
LISA DAHL	45 # 2	24.92	Z	
50 YD. BACK				
LISA DAHL	45 # 2	30.79	P	
200 YD. BACK				
CATHY COOLEY	48 # 6	2:32.00		
50 YD. BRST				
LISA DAHL	45 # 5	35.42	P	
CATHY COOLEY	48 # 6	36.52		
100 YD. BRST				
CATHY COOLEY	48 # 5	1:17.88		
200 YD. BRST				
CATHY COOLEY	48 # 4	2:50.92		
50 YD. FLY				
LISA DAHL	45 # 1	27.56	P	
100 YD. I.M.				
LISA DAHL	45 # 1	1:03.62	N	
CATHY COOLEY	48 # 8	1:10.11		
200 YD. I.M.				
CATHY COOLEY	48 # 3	2:29.98		

JASON MERRIFIELD	20 # 5	50.12		
BRIAN DAVIS	21	54.63		
MARK FANNING	20	1:00.07		
LES MORALES	18	1:01.73		
200 YD. FREE				
LES MORALES	18 # 3	1:56.98		
500 YD. FREE				
BRIAN GOLDMAN	20 # 2	5:11.34		
100 YD. BACK				
ALDEN KROLL	23 # 3	57.12		
MARK FANNING	20 # 6	1:00.78		
200 YD. BACK				
MARK FANNING	20 # 4	2:16.94		
50 YD. BRST				
LES MORALES	18 # 4	28.97		
JASON MERRIFIELD	20 # 5	29.02		
100 YD. BRST				
ALDEN KROLL	23 # 4	1:01.57		
LES MORALES	18 # 5	1:01.71		
50 YD. FLY				
JASON MERRIFIELD	20 # 6	25.91		
MARK FANNING	20	27.36		
100 YD. FLY				
ALDEN KROLL	23 # 3	54.77		
100 YD. I.M.				
ALDEN KROLL	23 # 4	55.46		
JASON MERRIFIELD	20 # 6	57.97		
LES MORALES	18 # 8	58.60		
BRIAN DAVIS	21	1:02.64		
200 YD. I.M.				
LES MORALES	18 # 4	2:08.48		
BRIAN DAVIS	21 # 8	2:32.46		

WOMEN 55-59

50 YD. FREE				
CHARLOTTE DAVIS	56 # 1	27.28		
100 YD. FREE				
CHARLOTTE DAVIS	56 # 1	59.81		
1650 YD. FREE				
KATE SUTHERLAND	58 # 4	32:09.27		
200 YD. BRST				
KATE SUTHERLAND	58 # 3	4:03.44		
50 YD. FLY				
CHARLOTTE DAVIS	56 # 1	29.90	Z	
100 YD. FLY				
CHARLOTTE DAVIS	56 # 1	1:08.31	Z	
100 YD. I.M.				
CHARLOTTE DAVIS	56 # 1	1:10.14		
200 YD. I.M.				
KATE SUTHERLAND	58 # 5	4:09.92		
400 YD. I.M.				
CHARLOTTE DAVIS	56 # 1	5:29.63		

M E N 35-39

200 YD. FREE				
DAVID KAYS	38	1:56.05		
1000 YD. FREE				
DAVID KAYS	38 # 4	10:49.45		
1650 YD. FREE				
DAVID KAYS	38 # 3	18:28.30		
200 YD. BACK				
TODD DOHERTY	35 # 7	2:09.63		
100 YD. BRST				
TODD DOHERTY	35 # 5	1:02.77		
200 YD. BRST				
TODD DOHERTY	35 # 3	2:20.31		
DAVID KAYS	38 # 5	2:25.74		
100 YD. I.M.				
TODD DOHERTY	35 # 6	56.19		
200 YD. I.M.				
TODD DOHERTY	35 # 5	2:06.51		
400 YD. I.M.				
TODD DOHERTY	35 # 6	4:37.89		

M E N 45-49

50 YD. FREE				
JAMES LITTLEFIELD	46	26.44		
100 YD. FREE				
JAMES LITTLEFIELD	46	54.69		
FREDERICK GRAHAM	49	56.44		
200 YD. FREE				
JAMES LITTLEFIELD	46	2:03.87		
FREDERICK GRAHAM	49	2:04.77		
500 YD. FREE				
FREDERICK GRAHAM	49	5:49.64		
1650 YD. FREE				
ROBERT SCHLEMMER	46 # 8	19:41.05		
FREDERICK GRAHAM	49 # 9	20:11.75		
50 YD. BACK				
JAMES LITTLEFIELD	46	29.45		
100 YD. BACK				
JAMES LITTLEFIELD	46	1:03.23		
200 YD. BACK				
JAMES LITTLEFIELD	46 # 8	2:19.16		

M E N 50-54

50 YD. FREE				
ALDEN KROLL	23 # 4	50.10		

WOMEN 75-79

500 YD. FREE				
JANET KAVADAS	75 # 5	11:23.85		
100 YD. BACK				
JANET KAVADAS	75 # 5	2:08.22		
200 YD. BACK				
JANET KAVADAS	75 # 2	4:20.82		
100 YD. BRST				
JANET KAVADAS	75 # 2	2:23.94		
200 YD. BRST				
JANET KAVADAS	75 # 5	4:50.66		

M E N 18-24

50 YD. FREE				
ALDEN KROLL	23 # 3	22.40		
JASON MERRIFIELD	20 # 7	22.56		
MARK FANNING	20	23.92		
BRIAN DAVIS	21	24.22		
100 YD. FREE				
ALDEN KROLL	23 # 4	50.10		

WOMEN 18-24

50 YD. FREE				
SHONA PIERCE	21 # 2	25.78		
LAUREN SMITH	19	28.80		
SARAH JURICK	19	29.26		
EMIKO MAR	19	29.58		
ERICA BARTLETT	18	30.16		
ASHLEY MELSETH	19	30.26		
ERIN HUNTER	20	30.69		
100 YD. FREE				
SHONA PIERCE	21 # 8	58.02		
ELISHA NAYLOR	19	1:06.33		
SOFINA MORALES	19	1:06.95		
EMIKO MAR	19	1:07.79		
ERIN HUNTER	20	1:08.04		
MEG HARRIS	19	1:08.06		
ASHLEY MELSETH	19	1:08.36		
200 YD. FREE				
SOFINA MORALES	19 # 10	2:25.83		
MEG HARRIS	19	2:30.15		
500 YD. FREE				
SOFINA MORALES	19 # 5	6:42.20		
MEG HARRIS	19 # 6	6:46.22		
50 YD. BACK				
LAUREN SMITH	19 # 8	32.53		
ELISHA NAYLOR	19 # 10	33.65		
ERIN HUNTER	20	38.82		
100 YD. BACK				
SHONA PIERCE	21 # 7	1:08.10		
LAUREN SMITH	19 # 10	1:11.27		
50 YD. BRST				
SHONA PIERCE	21 # 6	34.57		
SARAH JURICK	19 # 7	37.81		
ERICA BARTLETT	18 # 10	42.54		
100 YD. BRST				
SHONA PIERCE	21 # 8	1:17.04		
50 YD. FLY				
LAUREN SMITH	19 # 7	29.35		
ELISHA NAYLOR	19	33.22		
ERICA BARTLETT	18	35.21		
100 YD. FLY				
LAUREN SMITH	19 # 6	1:07.33		
100 YD. I.M.				
SHONA PIERCE	21 # 6	1:06.70		
LAUREN SMITH	19	1:09.37		
ASHLEY MELSETH	19	1:18.20		

WOMEN 40-44

500 YD. FREE				
RENEE QUISTORF	41	7:15.98		
1650 YD. FREE				
RENEE QUISTORF	41 # 8	24:27.45		
100 YD. BACK				
ANNE BERNHARD	41	1:12.04		
MARGARET DIDDAMS	44	1:16.32		
RENEE QUISTORF	41	1:23.66		
200 YD. BACK				
ANNE BERNHARD	41	2:36.40		
100 YD. BRST				
MARGARET DIDDAMS	44	1:25.27		
50 YD. FLY				
ANNE BERNHARD	41	30.86		
100 YD. I.M.				
ANNE BERNHARD	41	1:11.64		
MARGARET DIDDAMS	44	1:15.98		
200 YD. I.M.				
ANNE BERNHARD	41	2:38.39		

50 YD. FREE			LAUREN SMITH	19		ALDEN KROLL	23	
FRANK LEONARD	51	26.10	EMIKO MAR	19		LAUREN SMITH	19	
100 YD. FREE						BRIAN GOLDMAN	20	
FRANK LEONARD	51	58.72	ERIN HUNTER	20 # 7	2:20.16	MARK FANNING	20	2:01.14
200 YD. FREE			ASHLEY MELSETH	19		DAVID KAYS	38	
SCOTT LAUTMAN	53 # 4	1:56.89	ELISHA NAYLOR	19		ELISHA NAYLOR	19	
500 YD. FREE			ERICA BARTLETT	18		SARAH JURICK	19	
FRANK LEONARD	51	6:50.32						
1000 YD. FREE			35 +			35 +		
FRANK LEONARD	51 #10	14:02.91	MARGARET DIDDAMS	44 # 7	2:12.16	LISA DAHL	45 # 6	1:52.74 P
50 YD. BRST			CATHY COOLEY	48		TODD DOHERTY	35	
FRANK LEONARD	51	35.16	ANNE BERNHARD	41		SCOTT LAUTMAN	53	
50 YD. FLY			RENEE QUISTORF	41		CHARLOTTE DAVIS	56	
SCOTT LAUTMAN	53 # 9	26.28						
FRANK LEONARD	51	33.63	55 +					
100 YD. FLY			KATE SUTHERLAND	58 # 4	3:07.91			
SCOTT LAUTMAN	53 # 3	56.36	JANET KAVADAS	75				
200 YD. FLY			CHARLOTTE DAVIS	56				
SCOTT LAUTMAN	53 # 1	2:05.55	ARNI LITT	60				

M E N 55-59

100 YD. FREE					
STEVEN PETERSON	59	1:00.59			
50 YD. BRST					
STEVEN PETERSON	59 # 7	32.67 P			
100 YD. BRST					
STEVEN PETERSON	59 #10	1:12.59			
50 YD. FLY					
STEVEN PETERSON	59	31.98			
200 YD. I.M.					
STEVEN PETERSON	59 # 7	2:31.94			

M E N 60-64

500 YD. FREE					
MICHAEL MCCOLLY	60 # 1	5:45.16			
1000 YD. FREE					
MICHAEL MCCOLLY	60 # 1	11:57.08			
100 YD. BACK					
MICHAEL MCCOLLY	60 # 4	1:08.11			
200 YD. BACK					
MICHAEL MCCOLLY	60 # 2	2:25.19 Z			
MICHAEL NORDBY	64	2:53.37			
200 YD. BRST					
MICHAEL NORDBY	64 #10	3:03.11			
100 YD. I.M.					
MICHAEL NORDBY	64	1:15.55			
200 YD. I.M.					
MICHAEL MCCOLLY	60 # 4	2:26.23 P			
MICHAEL NORDBY	64	2:47.86			
400 YD. I.M.					
MICHAEL MCCOLLY	60 # 2	5:10.16 Z			

RELAYS-WOMEN 200 YD. FREE

18 +					
SHONA PIERCE	21 # 5	1:55.31			
LAUREN SMITH	19				
ELISHA NAYLOR	19				
SARAH JURICK	19				
SOFINA MORALES	19 # 6	1:59.74			
MEG HARRIS	19				
ERICA BARTLETT	18				
EMIKO MAR	19				
35 +					
CHARLOTTE DAVIS	56 # 5	1:50.21			
CATHY COOLEY	48				
ANNE BERNHARD	41				
LISA DAHL	45				

RELAYS-WOMEN 200 YD. MEDLEY

18 +					
SHONA PIERCE	21 # 6	2:07.99			
SOFINA MORALES	19				

RELAYS-M E N 200 YD. FREE

18 +					
ALDEN KROLL	23 # 2	1:30.70			
JASON MERRIFIELD	20				
LES MORALES	18				
BRIAN GOLDMAN	20				
MARK FANNING	20 # 6	1:35.38			
JAMES LITTLEFIELD	46				
TODD DOHERTY	35				
DAVID KAYS	38				

RELAYS-M E N 200 YD. MEDLEY

18 +					
ALDEN KROLL	23 # 2	1:40.78			
LES MORALES	18				
BRIAN GOLDMAN	20				
JASON MERRIFIELD	20				
MARK FANNING	20 # 5	1:45.54			
TODD DOHERTY	35				
SCOTT LAUTMAN	53				
BRIAN DAVIS	21				
45 +					
JAMES LITTLEFIELD	46 # 9	1:58.58			
STEVEN PETERSON	59				
FRANK LEONARD	51				
FREDERICK GRAHAM	49				

RELAYS-MIXED 200 YD. FREE

18 +					
JASON MERRIFIELD	20 # 4	1:38.77			
SHONA PIERCE	21				
ELISHA NAYLOR	19				
BRIAN GOLDMAN	20				
MARK FANNING	20	1:45.88			
LAUREN SMITH	19				
EMIKO MAR	19				
BRIAN DAVIS	21				
35 +					
LISA DAHL	45 # 8	1:38.45			
TODD DOHERTY	35				
SCOTT LAUTMAN	53				
CHARLOTTE DAVIS	56				

RELAYS-MIXED 200 YD. MEDLEY

18 +					
SHONA PIERCE	21 # 3	1:50.33			